REVIEW

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# **Immunotherapy for hepatocellular carcinoma patients: is it ready for prime time?**

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**Abstract** Hepatocellular carcinoma (HCC) is the most common primary liver malignancy and the second most common cause of cancer death worldwide. Current treatment options for patients with intermediate and advanced HCC are limited, and there is an unmet need for novel therapeutic approaches. HCC is an attractive target for immunomodulation therapy, since it arises in an infammatory milieu due to hepatitis B and C infections and cirrhosis. However, a major barrier to the development and success of immunotherapy in patients with HCC is the liver's inherent immunosuppressive function. Recent advances in the feld of cancer immunology allowed further characterization of immune cell subsets and function, and created new opportunities for therapeutic modulation of the immune system. In this review, we present the diferent immune cell subsets involved in potential immune modulation of HCC, discuss their function and clinical relevance, review the variety of immune therapeutic agents currently under investigation in clinical trials, and outline future research directions.

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#### **Abbreviations**



# **Introduction**

Hepatocellular carcinoma (HCC) is the most common liver malignancy, constituting about 80% of primary liver tumors [[1\]](#page-8-0). The incidence of HCC is rapidly rising in Japan, Europe, and North America due to increased incidence of HCV infection and non-alcoholic fatty liver disease, and in Africa and Middle East due to HBV infection [[2,](#page-8-1) [3](#page-8-2)].

Accepted options for treatment of the early stage HCC include liver resection, liver transplantation, and ablation (radiofrequency or microwave). Patients with intermediate stage disease are selected for locoregional therapy including trans-arterial chemoembolization (TACE) and radioembolization. These patients have relatively high 5-year survival rates of up to 70% compared to a dismal 16% in patients with advanced stage disease [[4\]](#page-8-3). The only available treatment for the latter group is sorafenib, a tyrosine-kinase inhibitor that has a limited survival beneft of 3 months [[5\]](#page-8-4). Accordingly, a novel therapeutic approach is desperately needed.

#### **HCC is a uniquely immunosuppressive cancer**

There is a growing evidence to suggest that HCC may be considered an immunogenic tumor, arising in an immunosuppressive environment. The chronic infammation, viral etiology, and cirrhosis underlying the formation of most HCC tumors highlight an intricate relationship between the immune biology and the development of this neoplasm [\[6](#page-8-5)]. The liver is constitutively immunosuppressive [\[6](#page-8-5)], as it promotes systemic tolerance to foreign antigens [[7\]](#page-8-6), which prevents excessive reactions to toxins and antigens draining from the enteric circulation [\[8](#page-8-7)]. The HCC tumor microenvironment (TME) has immunosuppressive features due to the chronic nature of the disease and to tolerogenic liver properties that include a combination of:

- (a) Active T regulatory cell (T-reg) compartment [[9\]](#page-8-8) that will be amply discussed in this work.
- (b) Underlying T-cell exhaustion due to the chronic infammation of underlying chronic liver disease [[10\]](#page-8-9).
- (c) Abundance of inhibitory myeloid cells or myeloidderived suppressor cells (MDSC) due to their accumulation in the liver  $[11]$ . MDSCs are a heterogeneous population of immature myeloid cells [\[12,](#page-8-11) [13](#page-8-12)] that suppress T-cell responses through the depletion of  $L$ -arginine [[14\]](#page-8-13) and  $L$ -cysteine [\[15](#page-8-14)], release of reactive oxygen and nitrogen species [\[16\]](#page-8-15), and the induction of T-regs [\[17\]](#page-8-16). They also inhibit NK-cell cytotoxicity and cytokine secretion [[12](#page-8-11)]. A subset of MDSC  $(CD14+HLA-DR^{-/low})$  was found to inhibit immunity in HCC by inducing T-regs [\[17\]](#page-8-16). Increased MDSCs are reported as a negative prognostic indicator when found in the pre-treatment peripheral blood of patients receiving hepatic arterial infusion chemotherapy [[18\]](#page-8-17) and post-treatment in patients receiving radiation therapy [\[19](#page-8-18)]. Accordingly, MDSCs play a suppressive role in the development of HCC tumor immunity.
- (d) Liver resident macrophages or Kupfer cells (KC) make up about 80% of the macrophages in the body [[20](#page-9-0)]. During homeostasis, they maintain immune tolerance through anti-inflammatory functions  $[21]$  $[21]$  $[21]$ . KCs can secrete IDO [\[22](#page-9-2)] and IL-10 [\[8,](#page-8-7) [23](#page-9-3)] which suppress local immunity. In chemically induced murine HCC, KCs were found to promote carcinogenesis [[24\]](#page-9-4), and in HCC patient studies, KCs were found to inhibit anti-tumor

 $CD8<sup>+</sup>$  T-cell killing through PD-L1 signaling  $[25, 26]$  $[25, 26]$  $[25, 26]$  $[25, 26]$ . Therefore, KCs are pro-tumorigenic cells central to the liver's unique immunosuppressive function.

(e) The immunosuppressive enzyme arginase 1 is commonly expressed by HCC tumor cells [[27](#page-9-7)]. Immunohistochemical detection of arginase 1 in unknown metastases is used to identify an HCC primary source [[28\]](#page-9-8).

HCC exploits this immune tolerance to initiate and promote HCC carcinogenesis and progression. These characteristics of HCC may steer immunotherapeutic strategies to those that inhibit immune suppressive mechanisms, rather than directly increase immune effector function.

## **Biology of immune cells and molecules used in immunotherapy for HCC**

*T*-*regs* are immune inhibitory cells that occur naturally and function mainly in self-tolerance and prevention of autoimmunity  $[29]$  $[29]$  $[29]$ . They are a subset of CD4<sup>+</sup> T-cells that are FoxP3<sup>+</sup> [\[30\]](#page-9-10), and generally express the interleukin 2 receptor CD25 [[31,](#page-9-11) [32](#page-9-12)] and the activation markers OX40 and CD69 [[33\]](#page-9-13). More recently, three subtypes of  $CD4+FoxP3+$  cells are characterized: a resting phenotype  $(FoxP3^{low}CD45RA^{+}CD25^{low})$ , an inhibitory phenotype (FoxP3hiCD45RA−CD25hi), and a non-T-reg pro-infam-matory phenotype (FoxP3<sup>low</sup>CD45RA<sup>−</sup>CD25<sup>low</sup>) [\[34](#page-9-14)]. T-regs reduce CD8 killer T-lymphocyte function by inhibiting their proliferation, activation, and degranulation [[35](#page-9-15)], through secretion of IL-10 and TGF-  $β$  and the action of CTLA4 and CD39/CD73 [[33](#page-9-13), [36–](#page-9-16)[39](#page-9-17)]. They also decrease NK-cell cytotoxic activity and IFNγ production [\[40](#page-9-18)]. T-regs are found in higher concentrations in HCC tumors and blood of HCC patients compared to those of healthy controls [[9,](#page-8-8) [41](#page-9-19)]. T-regs are also thought to increase the chronicity of HCV and HBV infections promoting progression to HCC [\[42,](#page-9-20) [43](#page-9-21)]. Increased Fox $P3$ <sup>+</sup> infiltration in HCC specimens is associated with worse patient survival [\[30](#page-9-10), [35,](#page-9-15) [44](#page-9-22), [45\]](#page-9-23) and higher recurrence rates [[46\]](#page-9-24). HCC induces T-reg formation and potentiates their effect by secreting TGF- $\beta$ . A higher TGF-β expression in tumor cells is reported to be a marker of worse patient outcomes  $[47]$ . CD8<sup>+</sup>FoxP3<sup>+</sup> T-regs were characterized in HCC and were found to be associated with more advanced tumor stage [[48](#page-9-26)], suggesting a role in tumor progression. Inhibiting T-reg functions in HCC may be valuable addition to other immunotherapeutic strategies.

*CD8*<sup>+</sup> *efector T*-*cells* have been repeatedly associated with improved prognosis in several malignancies including breast, lung, colon cancers, and melanoma [\[49–](#page-10-0)[52\]](#page-10-1). However, clinical data describing the efects of CD8 tumor infltration on HCC patient outcomes are conficting. A recent large study conducted in 499 patients with HCC, found CD8 tumor infltration to be associated with better patient overall (OS) and disease-free survival (DFS) [[53,](#page-10-2) [54](#page-10-3)]. The spatial distribution of  $CD8<sup>+</sup>$  TILs may influence their efficiency in tumor clearance, since their presence in the center of the tumor rather than its margin correlates with more favorable outcomes [[53\]](#page-10-2). Thus, there is a basis for hypothesizing that T-cells recognizing specifc HCC antigens may have a role in controlling HCC. Supporting this notion, T-cells were found to react to specifc tumor antigens such as glipican-3, NY-ESO-1, hTERT, and p53 in patients with HCC [\[55](#page-10-4)[–58](#page-10-5)]. On the other hand, it has been reported that CD8 infltration in the center of tumors  $<$  3 cm in diameter can be indicative of higher recurrence rates in HBV-associated HCC patients [[59\]](#page-10-6). Several other studies did not identify a correlation between CD8<sup>+</sup> TILs and clinical outcomes in HCC [[30,](#page-9-10) [45,](#page-9-23) [60,](#page-10-7) [61](#page-10-8)]. This could be due to the role that other immune cells may play in generating an immune response. In a cohort of 302 HCC patients, longer patient survival was observed in the group of patients with high activated  $CD8<sup>+</sup> TILs/T$ reg ratio but not with high  $CD8<sup>+</sup>$  TIL alone [[30\]](#page-9-10). There is no clear consensus on the prognostic signifcance of CD8<sup>+</sup> T-cell density in HCC tissue; this calls for a better characterization of the role of cytotoxic T-lymphocytes in HCC.

*CD4*<sup>+</sup> *T*-*cells* are essential for the establishment of an efective anti-tumor response. They include multiple subtypes that balance the activation of immune cells. Most prominently affecting CD8<sup>+</sup> T-cell upregulation and downregulation are the T helper 1 cells and the  $FoxP3<sup>+</sup>$  T-reg cells, respectively [[62\]](#page-10-9). A recent experimental model described an association between the loss of CD4+ T-cells and HCC development in mice with non-alcoholic fatty liver disease; this association was further validated in human HCC samples [\[63](#page-10-10)]. In another study, increasing numbers of CD4+ T-cells expressing granzyme A, B and perforin called CD4+ cytotoxic T-lymphocytes was found to have a positive effect on patient outcomes  $[64]$  $[64]$ . The available data indicate an anti-tumorigenic role of CD4+ cytotoxic T-lymphocytes in HCC.

*DCs* are pivotal antigen-presenting cells in the initiation of host defense against immune insults. They prime the adaptive immune response against HCC cells [\[65\]](#page-10-12). Mouse models suggest that tumor antigen pulsed DC vaccines decrease HCC size and increase survival through the activation of natural killer  $T$  (NKT) cells and  $CD8<sup>+</sup>$  and CD4+ T-cells [[66](#page-10-13)]. DC vaccines also potentiate a reduction in immune suppressive T-regulatory cells and tumor growth factor secretion in the TME [[67\]](#page-10-14).

*NK cells* are part of innate immunity, yet they share some features with adaptive immune cells [\[68](#page-10-15)]. NK cells can recognize specifc ligands on tumor cells such as MHC class I related chains A and B, and support the development of adaptive immunity [[68–](#page-10-15)[70\]](#page-11-0). Their physiological localization in liver sinusoids predisposes them to be more prevalent in liver tumors including HCC than in other cancers. Hepatic NK cells tend to be more cytotoxic than the hematogenous ones and may have a role in immune modulated response to metastasizing tumor cells [[71\]](#page-11-1). Furthermore, the decreased expression of CD155, a modulator of NK-cell function, was found to be associated with worse HCC patient outcomes [[72,](#page-11-2) [73\]](#page-11-3). NK cells may have a role in the defense against HCC tumors.

*Natural killer T (NKT) cells* express receptors common to T-cells including CD4 and CD3 [\[74](#page-11-4)]. Enhanced reactivity of NKT cells (as identifed by combinations of CD8 and NK1.1 markers or CD3 and DX-5 markers) to tumor antigens proved to be efective in suppressing HCC [[66](#page-10-13), [75](#page-11-5)]. Activated NKT cells, or cytokine induced killers (CIK), have been investigated in the treatment of HCC patients as will be discussed later.

*PD*-*1 and its ligand PD*-*L1* constitute an immune regulating checkpoint with a well-established role in cancer progression. Their role in HCC progression is currently being characterized based on their involvement in the development of chronic HBV [[76\]](#page-11-6) and HCV [\[77](#page-11-7)] infections. PD-L1 expression on HCC tumor cells is a marker of shortened patient DFS [[78](#page-11-8)] and OS [\[79](#page-11-9), [80\]](#page-11-10). HCC cells tend to minimally express PD-L1 [[25](#page-9-5)] which regulates the interaction between hepatic macrophages and  $CD8^+$  PD-1<sup>+</sup> T cells [[25,](#page-9-5) [26](#page-9-6)]. Provocative results from ongoing clinical trials testing the efficacy of PD-1/PD-L1 blocking antibodies in HCC are presented further along this article.

*CTLA4* inhibits T-cell function by competing with an activating surface molecule (CD28) for the binding of CD80 and CD86 on antigen-presenting cells [[81\]](#page-11-11). CTLA4 is also essential for the production of the immune suppressors IL-10 and IDO when expressed on DC in the HCC TME [[82](#page-11-12)]. CTLA4 is active in the HCC TME, making it a popular target for cancer treatment.

*Lymphocyte activation gene (LAG*-*3)* is a CD4-like molecule [\[83](#page-11-13)] expressed on activated T and NK cells [\[84](#page-11-14)]. LAG-3 binds to MHC-II or Galectin-3 and negatively regulates T-cell function [[85](#page-11-15), [86](#page-11-16)]. It is an attractive immunotherapeutic target in many cancers alone or in combination [[87](#page-11-17)], especially that LAG-3 does not compete with CD4 for MHC-II binding, and, therefore, does not afect CD4 T-cell-mediated efector functions [\[88](#page-11-18)]. In HCC, increased LAG-3 expression correlates with a decrease in the activity of anti-HBV-specifc CD8+ T-cells [\[89](#page-11-19)]. LAG-3 is currently being investigated as a single target or in combination with anti-PD-1 and PD-L1 in HCC patients.

*TGF*-*β* signaling regulates cell diferentiation, proliferation, motility, death [[90\]](#page-11-20), and angiogenesis [[91\]](#page-11-21). It plays a potent immunosuppressive role in HCC by inhibiting T- and NK-cell activation [\[92](#page-11-22)]. Furthermore, it has a central role in epithelial–mesenchymal transition that contributes to HCC metastasis [\[93,](#page-11-23) [94\]](#page-11-24). Increased TGF-β expression in HCC tumor cells [\[95](#page-11-25)] and patient serum [\[96](#page-11-26)] are associated with worse patient outcomes. Targeting TGF-β signaling is an attractive strategy for treatment of HCC patients and is currently in clinical trials as discussed later.

A summary of the immune landscape in HCC is illustrated in Fig. [1](#page-3-0).

## **Immunotherapy in HCC management (Fig. [2](#page-3-1))**

The unique immunosuppressive HCC tumor microenvironment described above makes it an attractive target for immunotherapy, particularly immune checkpoint inhibitors. In this section, we present ongoing clinical trials and currently available results.

(a) *Cancer Vaccines* are conceptually attractive for cancer therapy due to their limited adverse efect profle and potential for antigen-specifc anti-tumor efects [[97\]](#page-11-27). Prophylactic vaccines such as the HBV vaccine prevent viral infection and development of chronic liver disease, thus, dramatically decreasing the risk of developing HCC [[98](#page-12-0)]. Therapeutic cancer vac-

<span id="page-3-0"></span>

<span id="page-3-1"></span>**Fig. 2** Current immunotherapeutic strategies. Immunotherapeutic opportunities available for current and future clinical trials, and possible combinations. *TACE* transarterial chemoembolization

cines are designed to target TAA which are specifc for tumor cells or overexpressed on cancer cells. HBV and HCV antigens are unique to the HCC malignancy and present attractive therapeutic targets [[99\]](#page-12-1). Several vaccination strategies are used to target cancer cells including tumor lysate that contains all TAAs and peptide vaccines that contain specifc TAAs or full-length proteins. Those targets can also be pulsed on dendritic cells and some can be encoded in DNA or viral vectors (Table [1](#page-4-0)). These vaccines prime the immune system to target TAAs presented by MHC-I or MHC-II molecules in the TME and tumor draining lymph nodes. Among the most extensively explored cancer vaccine targets in HCC are: carcinoembryonic antigen, NY-ESO-1, alphafetoprotein, glypican-3 (GPC-3), melanoma-associated antigen, and human TERT [[100\]](#page-12-2). While the majority of cancer vaccines have demonstrated enhanced immune responses against the targets, clinical efficacy has been

limited [\[101\]](#page-12-3) (Table [1](#page-4-0)). Glypican-3, the most studied target for HCC therapy, is overexpressed in 80% of HCC tumors [[102](#page-12-4)]. GPC-3 expression in tumor cells is associated with decreased patient survival [\[103](#page-12-5)]. In clinical trials, a peptide vaccine targeting GPC-3 led to disease control [partial response (PR) and stable disease (SD)] for 2 months in 61% of patients (3% PR and 58% SD of which 21% had responses that do not meet criteria for PR), was well tolerated, and patients with higher anti GPC-3-specifc lymphocyte frequencies had better OS [[104\]](#page-12-6). In a follow-up phase II single arm trial, this vaccine resulted in a trend toward decreased recurrence rates after surgery in patients with GPC-3 positive tumors compared to selected case–control patients (24% compared to 43% with surgery alone,  $p = 0.054$ , Table [1](#page-4-0)) [\[105\]](#page-12-7) with minimal side effects.

<span id="page-4-0"></span>**Table 1** Cancer vaccine clinical trials for HCC patients

Trial Identifier	Phase	Vaccine	Route	Target	Patient population	$\boldsymbol{N}$	<b>Status</b>	Results
UMIN-CTR# 000001395	I	Peptide	Intradermal	$GPC-3$	Advanced disease. HLA-A2 or A24	33		Complete PR (3%), SD $(58\%)$ [104]
UMIN-CTR# 000002614	$\mathbf{I}$	Peptide	Intradermal	GPC-3	Post resection and <b>RFA</b>	41	Complete	Improved 1 year RFS vs surgery only [105]
NCT01522820	Ι	Fusion protein (with DEC-205)/sirolimus	Intranodal	NY-ESO-1	Post resection and TACE, NY-ESO-1 expressing tumors		30 Ongoing	<b>NA</b>
NCT02133079	1/11	Autologous tumor derived protein	<b>NA</b>	<b>Heat Shock</b> Protein gp96	Post resection	20	Ongoing	<b>NA</b>
NCT02232490	Ш	HBV-HCV derived antigens	<b>NA</b>	Hepcortespenli- simut-L	Advanced disease	100	Ongoing	<b>NA</b>
NCT02256514	$\mathbf{I}$	HBV-HCV derived antigens	Oral	Hepcortespenli- simut-L	Advanced disease	120	Ongoing	NA
NCT02338778	VII	DPT, staphylococcus aureus, typhoid and paratyphoid	Intravenous	Multiple vaccines as adjuvants	All	20	Complete NA	
NCT01974661	I	DC	Intratumoral	All TAAs	After TACE $\pm$ sorafenib	18	Ongoing	<b>NA</b>
NCT01828762	I	DC	Subcutaneous	Irradiated tumor cells	lary HCC after <b>TACE</b>	8	Complete NA	
NCT00004604	$\mathbf I$	DC	Intravenous	<b>CEA</b>	All CEA expressing solid tumors		24 Complete NA	
<b>NA</b>	$\mathbf{I}$	DC	Intravenous	HepG2 cell line	Advanced disease	35		Complete PR (4%), SD $(24\%)$ [106]
NCT00629759	Ι	Oncolytic virus $JX-549 + Sorafenib$	Intratumoral	All TAAs	Non-resectable	14		Complete Well tolerated, decreased tumor perfu- sion and necro- sis [137]
NCT02509507	I	<b>T-VEC</b>	Intratumoral	All TAAs	Advanced HCC and liver metastases	100	Ongoing	NA

*CEA* carcinoembryonic antigen; *DPT* diphtheria, pertussis, tetanus; *NA* not available; *RFA* radiofrequency ablation; *RFS* recurrence free survival; *T-VEC* talimogene laherparepvec

*Patient*-*derived DCs* present another popular method of cancer vaccine delivery. This treatment consists of isolating patient's DCs and pulsing them with a specifc antigen or tumor lysate then re-infusing them. Multiple studies used this vaccination approach to target a variety of antigens. In HCC patients, one trial tested the efficiency of DCs pulsed with tumor lysate in 35 patients with unresectable disease. Most patients had increased IFN- $\gamma$  and decreased AFP levels following vaccination, suggesting immunological response. Disease control rate according to the International Union Against Cancer Criteria for  $\geq 3$  months was 28% with no signifcant toxicities observed (PR in 1 patient and SD in 6) [[106](#page-12-8)]. Targeting tumor antigens using peptide vaccines administered directly or pulsed on DCs is an attractive modality for the treatment of HCC that should be combined with immune checkpoint inhibitors in clinical trials.

*Intratumoral in situ vaccination* using oncolytic virus with or without immune adjuvant is another approach that leads to the release of tumor antigens. A phase 2 study of the intratumoral vaccinia virus (JX-549) in 30 patients with unresectable HCC showed a 50% disease control rate at 8 weeks and median survival of 14.1 month and resulted in a single-grade 4 toxicity. A GM-CSF producing oncolytic herpes simplex virus (T-VEC) was approved for treatment of unresectable stage IIIB/C and IV melanoma in October 2015. T-VEC is currently in a phase I study for advanced HCC (NCT02509507). There may be promise for extending the benefts of this approach to HCC, alone or in combination with other modalities.

(b) *Adoptive cell therapy* is a novel immunotherapy method where patient-derived T or NKT cells are expanded and activated ex vivo then re-infused. Based on the source and the method used for cell activation, adoptive cell transfer could be classifed into: (1) TILs, (2) engineered T-cells that are specifc for cancer antigens, (3) T-cells that express a chimeric antigen receptor consisting of antibody bound to the T-cell receptor's intracellular domain, and (4) CIKs consisting of CD3<sup>+</sup> CD56+ NKT cells activated with a cocktail of anti-CD3 antibodies, IL-2, IL-1 $\alpha$ , and IFN $\gamma$  [\[107](#page-12-9)]. Treatment with T-cells specifc to AFP is showing promising results in pre-clinical studies and a clinical trial using this approach is currently ongoing [[108](#page-12-10)]. Furthermore, a retrospective study of over 400 case/ control HCC patients receiving surgery and CIK or surgery alone showed a signifcant survival beneft of CIK administration in multivariate analysis [[109](#page-12-11)]. The same group showed, in a randomized controlled study including 200 patients, that CIK treatment signifcantly prolonged median time to recurrence, but did not signifcantly prolong OS or DFS [[107](#page-12-9)] compared to standard treatment. In Korea, another randomized controlled trial included 230 patients with the early stage HCC post-complete resection. Patients who received CIK post-op had signifcantly lower hazard ratio of any death and of cancer-related deaths [[110\]](#page-12-12). Similar results were also found in a systematic review that included 13 randomized phase II and III studies [[111\]](#page-12-13). The adoptive cell transfer therapy is currently under investigation in many solid tumors including HCC and the results of these studies are eagerly awaited (Table [2](#page-6-0)).

(c) *Immune checkpoint blockade* since 2014, the FDA has approved checkpoint blocking antibodies for patients with melanoma, lung, head and neck, bladder and renal cancers, Hodgkin lymphoma, and multiple myeloma. The indication of immune checkpoint inhibitors is likely to extend beyond these indications. Many clinical trials are currently testing immune checkpoint blockade in HCC (Table [3](#page-7-0)). The CTLA4 checkpoint inhibitor tremelimumab was studied in 20 HCC patients in the setting of chronic HCV cirrhosis and mostly Child–Pugh class B, at a dose of 15 mg/kg every 90 days [[112](#page-12-14)]. Disease control was achieved in 76% (18% PR, 59% SD, according to RECIST criteria) of the 17 patients assessed for response at 3 months, along with an observed decrease in HCV viral load in most patients. Importantly, no severe immunemediated adverse events occurred, and steroid rescue was not required. The PD-1 inhibitor nivolumab has been studied in 262 HCC patients in the non-comparative phase 1/2 CheckMate-040 trial. Disease control was achieved in 64% of the 214 patients treated with nivolumab at 3 mg/kg (1% complete response, 18% PR, 45% SD, according to RECIST criteria); follow-up is currently ongoing. Nivolumab demonstrated limited antiviral activity; responses were independent of previous sorafenib treatment, HBV or HCV infection, and tumor cell PD-L1 expression. PD-L1 was expressed on  $\geq 1\%$  of tumor cells in 20% of assessed tumors and in 26% (95% confdence interval: 13–44%) of tumors with objective response  $[113]$  $[113]$ . A subsequent randomized phase of this study comparing nivolumab to sorafenib is ongoing. CheckMate-459 trial is also ongoing [\[114](#page-12-16)]; it is a phase III randomized, multi-centered trial of nivolumab vs sorafenib in patients with Child– Pugh Class A cirrhosis in 726 patients (NCT02576509, Table [3\)](#page-7-0). Another PD-1 blocking therapy, pembrolizumab, is currently being investigated in the secondline setting in HCC (NCT02702401). Biomarkers of immune response to immune checkpoint blockade including PD-L1 expression on tumor cells, lymphocytic infltration, and mutational load warrant thorough testing in the HCC setting. These biomarkers have the potential to narrow patient selection and, therefore, increase response rates. The outcome of immune

<span id="page-6-0"></span>



*CSS* cancer-specifc survival, *NA* not available

checkpoint inhibitors in HCC is promising and is likely to gain more traction as the fnal results of these studies are revealed.

- (d) *TGF-β receptor inhibitor* a novel immunotherapeutic modality constituted of a small molecule galunisertib (LY2157299) which inhibits TGF-β receptor signaling is being investigated in the treatment of HCC patients. As discussed earlier, TGF-β signaling has immunological role in promoting HCC progression. Interim analysis from 109 HCC patients who progressed on sorafenib and treated with galunisertib showed decrease in AFP levels by > 20% after treatment in 24% of patients. Patients who had a decrease in AFP had a longer median OS (21 vs 7 months,  $p = 0.0006$ ) [[115\]](#page-12-17).
- (e) *Combination therapies* several locoregional therapies have been shown to increase antigen presentation and elicit signifcant immune responses in HCC. Increased infltration of dendritic cells and activated T-cells has been demonstrated in patients treated with radiofrequency ablation [[116](#page-12-18), [117\]](#page-12-19). Similar immune stimu-

lation has been documented in patients treated with TACE [\[54\]](#page-10-3). These ablative and locoregional therapies may function as autologous cancer vaccines by abruptly exposing cancer antigens to the immune system. In some instances, shrinkage of distant untreated tumors (abscopal effect) was observed [[118](#page-12-20), [119](#page-12-21)]. A recent study of HCC patients (Child–Pugh class A/ B7 cirrhosis) treated with tremelimumab followed by TACE or radiofrequency ablation showed a 23% partial response rate in patients evaluable for response outside of locally treated lesions [\[120](#page-12-22)]. While no complete responses were reported, there was a tolerable adverse event profle, with pruritus occurring most commonly. Interestingly, responders had increased CD4/T-reg and CD8/T-reg ratios and a marked decrease in HCV viral load.

A recent study combined cyclophosphamide which suppresses T-reg activity [[121\]](#page-12-23) with low-dose hepatic radiation (3.5 Gy over 3 days) and adjuvant intratumoral injection of

Trial identifier	Phase	Target	Drug	Other treatments	Patient population	N	<b>Status</b>	Results
NCT01008358	П	CTLA4	Tremelimumab	None	Chronic $HCV +$ unresect- able	20	Completed NA	
NCT02595866 I		$PD-1$	Pembrolizumab	None	Unresectable	39	Ongoing	NA
NCT01853618	T	CTLA4	Tremelimumab	TACE or RFA	Advanced	100	Ongoing	PR: 23% [120]
NCT02239900	1/11	CTLA4	Ipilimumab	<b>SBRT</b>	Unresectable	120	Ongoing	NA
NCT02576509	Ш	$PD-1$	Nivolumab	Sorafenib	Advanced	726	Ongoing	NA
NCT02702401	$\mathbf{H}$	$PD-1$	Pembrolizumab	Best supportive care	Resistant to sorafenib	408	Ongoing	NA
NCT01658878 I		$PD-1$ CTLA4	Nivolumab and/or ipilimumab	Sorafenib	Advanced	91	Ongoing	ORR: 9%. And 6mo OS rate: 69% [138]
NCT02821754	I/II	CTLA4 $PD-L1$	Durvalumab and/or tremelimumab	TACE or RFA	Resistant to sorafenib and chemotherapy	90	Ongoing	NA
NCT02519348	IJП	CTLA4 $PD-L1$	Tremelimumab and/or dur- valumab	None	Unresectable	144	Ongoing	NA
NCT02572687 I		PD-L1 <b>VEGF</b>	Ramucirumab and durvalumab	None	Resistant to sorafenib		114 Ongoing	NA
NCT02795429	<b>I/II</b>	cMET $PD-1$	Capmatinib and/or <b>PDR001</b>	None	Advanced	108	Ongoing	NA
NCT02562755	Ш	Oncolytic virus	Pexa Vec and sorafenib	Sorafenib	Advanced	600	Ongoing	NA

<span id="page-7-0"></span>**Table 3** Immune checkpoint inhibitors and combination therapy clinical trials for HCC patients

*cMET* tyrosine-protein kinase MET, *ORR* overall response rate, *RFA* radiofrequency ablation, *SBRT* stereotactic body radiation therapy

poly-ICLC (a Toll-like receptor-3 agonist) along with arterial embolization [[122](#page-13-1)]. This study included 25 liver cancer patients and showed a mean survival of 26 months, two patients were down-staged and proceeded to transplantation, and one patient was alive at 87 months. This locoregional therapy modality may also be used in the future for tumor immune-embolization by locally injecting antibodies against specifc immune targets with the goal of inducing a localized and systemic immune response.

Tyrosine-kinase inhibitors such as sorafenib have immu-nomodulatory effects including reducing T-regs [\[123](#page-13-2)] and inhibiting MDSC [\[124\]](#page-13-3). Sorafenib is currently investigated in combination with anti-PD-1 (PDR001) in HCC. The result of this study may reveal a synergistic efect of these two agents; however, the toxicity profle of combining these two modalities needs to be clearly determined.

Many immune checkpoint inhibitors are currently investigated in combination in HCC based on the promising outcomes of single agents. Anti-CTLA4 (tremelimumab) and anti-PD-L1 (durvalumab) are currently being evaluated in combination with TACE or radiofrequency ablation and compared to single immune checkpoint inhibitor in patients with unresectable HCC with or without HBV or HCV who progressed on sorafenib [\[125](#page-13-4)]. Combination of anti-CTLA4 (ipilimumab) and anti-PD-1 (nivolumab) is also currently

being investigated in clinical trials (Table [3](#page-7-0)). The orally administered anti-TGF-β (galunisertib) in combination with nivolumab are ongoing supported by pre-clinical data that showed silencing the TGF-β pathway markedly increases sensitivity to anti-CTLA4 and anti-PD-1 antibodies [[126\]](#page-13-5) (Table [3\)](#page-7-0). The role for combination therapies in HCC remains to be determined. These combinations should be investigated based on solid rationale for synergy and should be compared to single checkpoint blockade to determine the relative risk/beneft of additional treatment.

#### **Immune targets not yet explored in HCC patients**

*4*-*1BB (CD137)* is a member of the TNF receptor superfamily. It is expressed on T- and NK-cell membranes, where its ligation inhibits apoptosis and enhances proliferation and effector functions  $[127]$  $[127]$ . 4-1BB is expressed on lymphocytes from tumor margins of HCC patients [\[128\]](#page-13-7). The therapeutic use of antibodies agonist to CD137 showed promising results in HCC animal models [\[129,](#page-13-8) [130](#page-13-9)] and is currently investigated in clinical trials in various malignancies.

*CD134 or OX40* is a TNF receptor that has a co-stimulatory function when expressed on T-cells. Targeting OX40 along other immune-related molecules increased CD8 and CD4 T-cell activation in vitro [\[131\]](#page-13-10) and increased survival in a mouse model bearing HCC [[132\]](#page-13-12). Interestingly, in HCVinduced HCC, OX40 was observed to have an immune inhibitory function when expressed on T-regs [\[133](#page-13-13), [134\]](#page-13-14), suggesting that the efectiveness of targeting this molecule will be partially dependent on the ratio of efector/regulatory T-cells in the tumor microenvironment. OX40 targeting antibodies are currently investigated in clinical trials [[135,](#page-13-15) [136\]](#page-13-16). The role and therapeutic use of OX40 and other TNF receptors have yet to be explored in the HCC setting.

#### **Summary and future direction**

Emerging data described in this article provide evidence to support the clinical investigations of novel immunotherapies in HCC. The fnal results of the ongoing trials including CheckMate-040 trial is crucial for further combination immunotherapy development in HCC based on efficacy and safety profle. Future research should explore biomarkers for response to immunotherapy in HCC beyond PD-L1 expression mechanisms of resistance to immunotherapy (adaptive immune resistance due to increase suppressor receptors), novel target antigens (neo-antigens), and the concept of locoregional immunoembolization in combination with immune checkpoint inhibitors. Future clinical trials should be designed to study these elements. This can be mostly achieved by incorporating pre- and post-treatment biopsies and by encouraging trials for combinations of therapies based on scientifc rationale. Indeed, this is the beginning of a new era for HCC treatment that is likely to expand in the near future.

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#### **Compliance with ethical standards**

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