

Inhibition of protein synthesis enhances the lytic effects of tumor necrosis factor α and interferon γ in cell lines derived from gynecological malignancies

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Summary. Few clinical responses have occurred in preliminary studies using the cytokines tumor necrosis factor α (TNF α) or interferon γ (IFN γ) in cancer patients. This may be related to the observation that many malignant cell lines are resistant to lysis by these cytokines *in vitro*. Resistance to lysis by TNF α or IFN γ in many cells is controlled by a protein-synthesis-dependent mechanism, such that when protein synthesis is inhibited cells become sensitive to lysis by these cytokines. Because there is some evidence that TNF α and IFN γ act through different lytic mechanisms and are opposed by different resistance mechanisms, we treated a panel of eight cell lines, five derived from human cervical carcinomas (ME-180, MS751, SiHa, HT-3, and C-33A) and three derived from ovarian carcinomas (Caov-3, SK-OV-3, and NIH: OVCAR-3) with both TNF α and IFN γ to determine whether such combination treatment might maximize *in vitro* cell lysis. Our results showed that pretreatment with IFN γ followed by exposure to TNF α in the presence of protein synthesis inhibitors increased lysis of seven of the eight cell lines above that seen with either TNF α or IFN γ and inhibitors of protein synthesis. Only the cell line C-33A was resistant to lysis by TNF α and IFN γ , when exposed to these agents both alone and in combination with protein synthesis inhibitors. Clinically, combining the cytokines TNF α and IFN γ with protein synthesis inhibitors may maximize the *in vivo* lytic effects of these cytokines.

Key words: TNF α – IFN γ – Gynecological cancer

Introduction

The cytokines tumor necrosis factor alpha (TNF α) and interferon gamma (IFN γ) have been shown to have *in vitro* antiproliferative activity for wide variety of malignant cell lines [8, 15, 20, 23]. In spite of this *in vitro* activity, clinical responses have been rare in early trials of TNF α and IFN γ [5–7, 11–13]. This discrepancy between laboratory and clinical results may be explained in part by our observation that TNF α , IFN γ and their combination are cytostatic for a variety of cell lines derived from human gynecological malignancies *in vitro* [17] but are not cytolytic when used at pharmacological concentrations for up to 24 h [14, 18].

Since the elimination of cancer cells rather than the inhibition of their growth is the goal of cancer therapy, we have attempted to identify agents that might increase the lytic potential of these cytokines. We and others have shown that chemotherapeutic drugs that inhibit protein synthesis are such agents. When protein synthesis is inhibited in cells that are normally resistant to the cytotoxic effects of TNF α or IFN γ , they become sensitive to these cytokines [9, 10, 14, 18].

The inability of TNF α and IFN γ to lyse many cancer cell lines in the absence of protein synthesis inhibition indicates that these cells normally express resistance mechanisms to TNF α and IFN γ . Although the inhibition of protein synthesis increases lysis by both TNF α and IFN γ , the lytic mechanisms activated by the two cytokines are different, in that the TNF α lytic mechanism exists constitutively while that of IFN γ requires induction [14, 18]. The existence of independent lytic mechanisms activated by TNF α and IFN γ , both of which are opposed by protein-synthesis-dependent resistance mechanisms, suggest that treating cells with TNF α and IFN γ while inhibiting protein synthesis may result in still further increases in the lysis of cancer cells.

Materials and methods

Cell lines. ME-180, SiHa, HT-3, MS751, and C-33A are cell lines derived independently from human cervical carcinomas. SK-OV-3,

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Caov-3, and NIH:OVCAR-3 are independent cell lines originally derived from human ovarian carcinomas. All cell lines were obtained from the American Type Culture Collection (Rockville, Md) and were maintained as exponentially growing cultures. All cell lines except HT-3 and NIH:OVCAR-3 were grown in Dulbecco's modified Eagle's medium (DMEM) supplemented with 30 mg/ml L-glutamine (Sigma Chemical Co., St. Louis, Mo.), 450 U/ml penicillin (Sigma), 40 µg/ml streptomycin (Sigma), and 10% fetal bovine serum (HyClone Lab., Logan, Utah). HT-3 cells were grown in McCoy's medium containing the same supplements as DMEM. NIH:OVCAR-3 cells were grown in RPMI-1640 medium containing the same supplements as DMEM with an additional 10 µg/ml recombinant human insulin (Eli Lilly and Co., Indianapolis, Ind.). NIH:OVCAR-3 cells were grown at 37°C in a humidified atmosphere of 5% CO₂ and 95% air. All other cells were grown at 37°C in a humidified atmosphere of 10% CO₂ and 90% air.

Cytokines. Recombinant human IFN γ (2.5×10^7 units/mg) was obtained from Genzyme (Boston, Mass.) and was reconstituted with distilled water (10^5 units/ml) and stored at -70°C . Recombinant human TNF α (3.2×10^7 units/mg) was obtained from Bachem (Torrance, Calif.) and was reconstituted with distilled water (3×10^4 units/ml) and stored at -70°C . Both cytokines were diluted in the appropriate medium used for the routine growth of cells prior to their addition to the cytolytic assay.

Protein synthesis inhibitors. Stock solutions of emetine (EM, Sigma), an inhibitor that blocks protein synthesis at the level of translation, and actinomycin-D (Act-D, Sigma), an inhibitor that blocks protein synthesis at the level of transcription, were prepared by reconstituting with sterile water or saline, as recommended by the manufacturer. Further dilutions were prepared with media used for the routine growth of cells.

The cytolytic assay. In IFN γ pretreatment experiments, $(1.0-2.0) \times 10^6$ cells were plated in 100-mm plastic tissue-culture dishes (Corning Glassworks, Corning, N. Y.) containing 10 ml medium and allowed to adhere for 6-18 h before 0.1 ml IFN γ was added at a concentration of 10000 units/ml (final concentration 100 units/ml). Following 24 h of incubation, control (no IFN γ) and IFN γ -containing media were removed and replaced with RPMI-1640 medium containing 3% bovine serum albumin (Sigma) and 50 µCi/ml ⁵¹Cr as sodium chromate (NEN/DuPont, Boston, Mass.). Cells were labelled with ⁵¹Cr for 1 h in a humidified atmosphere of 5% CO₂ and 95% air at 37°C and then washed with DMEM. Cells were removed from the plates with 0.04% EDTA in phosphate-buffered saline, pH 7.2, and washed with DMEM. Cells were suspended in medium used for the routine growth of cells, counted, and transferred to 96-well microtiter plates (Corning) at a concentration of 10^4 cells/well in a final volume of 0.15 ml. TNF α , EM, and Act-D were added to effect the final concentration indicated. Released of ⁵¹Cr was determined after 24 h of incubation at 37°C in a humidified atmosphere of 10% CO₂ and 90% air for all cell lines except NIH:OVCAR-3, which was incubated in a humidified atmosphere of 5% CO₂ and 95% air. Total incorporation of ⁵¹Cr was determined by counting the radioactivity of 1×10^4 cells. The spontaneous release of ⁵¹Cr was determined for cells incubated in medium for 24 h. Three replicate wells were assayed for the determination of the percentage specific lysis. The percentage specific lysis (⁵¹Cr release, cpm) was calculated by the following formula:
Specific lysis (%) =

$$100 \times \frac{[{}^{51}\text{Cr}(\text{experimental})] - [{}^{51}\text{Cr}(\text{spontaneous})]}{[{}^{51}\text{Cr}(\text{total})] - [{}^{51}\text{Cr}(\text{spontaneous})]}$$

Overall, the percentage spontaneous release [⁵¹Cr (spontaneous)/⁵¹Cr (total)] ranged from 30% to 52%. In those experiments that involved comparison of separate IFN γ -pretreated and control (i.e. not pretreated) cells, the percentage spontaneous release did not differ by more than 10% and was not related to the presence or absence of IFN γ .

Statistical analysis. The means of triplicate experiments were compared using Student's *t*-test. To ensure reproducibility of the results obtained, multiple such assays were performed. The results presented in Tables 1 and 2 are from representative assays. Each assay was performed using multiple concentrations of each protein synthesis inhibitor; for presenta-

tion in the tables, concentrations of EM or Act-D were selected that produced some toxicity but did not cause such high levels of cell lysis as to obscure additional lysis by cytokines. The standard errors of the means of all data sets used to calculate percentage specific lysis were in all cases less than 9%. When comparing the results of lytic experiments using cells pretreated and not pretreated with IFN γ , the δ method was employed [4]. Statistical significance was assumed when $P < 0.05$. Synergistic interactions were determined to be present when the combination of one or more inactive agents with a lytic agent or combination [3] resulted in a further increase in lytic activity. All other interactions resulting in increased lysis were presumed to be additive.

Results

The cervical carcinoma cell lines ME-180, MS751, HT-3, SiHa, and C-33A and the ovarian carcinoma cell lines Caov-3, SK-OV-3, and NIH:OVCAR-3 are resistant to *in vitro* lysis by TNF α and IFN γ under conditions that approximate those achievable *in vivo*. However, inhibiting protein synthesis in cells incubated with TNF α or preincubated with IFN γ increases their lysis to levels above those attributable to either of these cytokines alone or to protein synthesis inhibitors [14, 18]. As shown in Tables 1 and 2, the cell lines ME-180, MS751, HT-3, SiHa, Caov-3, SK-OV-3, and NIH:OVCAR-3 are sensitive to lysis by TNF α when protein synthesis is inhibited, and the cell lines ME-180, MS751, Caov-3, and SK-OV-3 are sensitive to lysis by IFN γ when exposed to IFN γ prior to protein synthesis inhibition. Because there is some evidence that the mechanism of lysis mediated by TNF α is distinct from that mediated by IFN γ [14, 18], we set out to determine whether the combination of TNF α and IFN γ in the presence of inhibitors of protein synthesis might further increase the lysis of these cells. The results of analysis of the specific lysis of cell lines derived from cervical carcinomas are shown in Table 1, while Table 2 shows the specific lysis of cell lines derived from ovarian carcinomas.

As shown in Table 1, ME-180 cells are relatively resistant to lysis by TNF α alone, reaching only 10% specific lysis at 500 units/ml (first line). Pretreatment with 100 units/ml IFN γ for 24 h did not cause any lysis of ME-180 cells (second line, 0 units/ml TNF α), nor did it increase the level of lysis by TNF α (second line, $P > 0.05$).

Table 1 shows that the exposure of ME-180 cells to TNF α and inhibitors of protein synthesis causes a level of lysis significantly greater than is observed with TNF α alone or with protein synthesis inhibitors alone. At 500 units TNF α /ml, ME-180 cells are lysed 48% in the presence of Act-D and 45% when protein synthesis is inhibited by EM (third and fifth lines). This is significantly greater than the 8% and -2% lysis of ME-180 cells in the presence of Act-D or EM alone (third and fifth lines, 0 units/ml TNF α) or the 10% lysis of ME-180 cells when protein synthesis is 500 units of TNF α /ml alone (first line). A dose response to TNF α is apparent, in that lysis by the combination of TNF α and protein synthesis inhibitors increases with increasing concentrations of TNF α (third and fifth lines).

Table 1 also shows that the lysis of ME-180 cells pretreated with 100 units/ml IFN γ is increased by subsequent exposure to protein synthesis inhibitors, although this in-

Table 1. The percentage specific lysis of cells derived from human cervical malignancies in the presence of tumor necrosis factor α (TNF α) and protein synthesis inhibitors with or without pretreatment with 100 U/ml interferon γ (IFN γ)

Cell line	IFN γ^a	Specific lysis (%) for [TNF α] =				
		0	1 U/ml	10 U/ml	100 U/ml	500 U/ml
ME-180^b						
No PSI ^c	-	0	2	6 ^d	8 ^d	10 ^d
No PSI	+	0	1	10 ^d	14 ^d	24 ^d
Act D 1 μ M	-	8	10	19 ^d	35 ^d	48 ^d
Act D 1 μ M	+	41 ^e	45 ^f	59 ^{f, g}	69 ^{f, g}	76 ^{f, g}
EM 0.1 μ M	-	-2	5 ^d	18 ^d	35 ^d	45 ^d
EM 0.1 μ M	+	7	39 ^{f, g}	55 ^{f, g}	70 ^{f, g}	73 ^{f, g}
MS751						
No PSI	-	0	-1	-1	0	2
No PSI	+	0	1	1	5 ^d	3
Act D 0.1 μ M	-	20	31 ^d	37 ^d	46 ^d	54 ^d
Act D 0.1 μ M	+	39 ^e	53 ^{f, g}	57 ^{f, g}	63 ^{f, g}	69 ^{f, g}
EM 0.1 μ M	-	13	16	15	19 ^d	23 ^d
EM 0.1 μ M	+	22	30	27 ^{f, g}	35 ^{f, g, 2D}	46 ^{f, g}
HT-3						
No PSI	-	0	-1	4	-5	6
No PSI	+	0	3	-4	-5	11 ^e
Act D 1 μ M	-	45	42	42	39 ^d	54
Act D 1 μ M	+	49	44	41	39	45
EM 10 μ M	-	25	16	29	43 ^d	55 ^d
EM 10 μ M	+	34	36 ^f	48 ^{f, g}	51 ^g	67 ^{f, g}
SiHa						
No PSI	-	0	-2	-1	-1	0
No PSI	+	0	-1	-2	-3	-2
Act D 10 μ M	-	-3	-3	2 ^d	13 ^d	19 ^d
Act D 10 μ M	+	0	6	17 ^{f, g}	33 ^{f, g}	45 ^{f, g}
EM 10 μ M	-	4	2	8 ^d	21 ^d	30 ^d
EM 10 μ M	+	0	24 ^{f, g}	32 ^{f, g}	57 ^{f, g}	65 ^{f, 3g}
C-33A						
NoPSI	-	0	-6	-4	-6	6
No PSI	+	0	-1	2	8	7
Act D 1 μ M	-	44	38	36	44	48
Act D 1 μ M	+	43	52	42	42	46
EM 1 μ M	-	45	47	43	45	41
EM 1 μ M	+	50	57	37 ^g	41	35 ^g

^a Results for experiments that did (+) or did not (-) include pretreatment of cells with 100 U/ml IFN γ for 24 h before incubation with TNF α and inhibitors of protein synthesis

^b The percentage spontaneous release of ⁵¹Cr of cells not pretreated (IFN-) or pretreated (IFN+) with IFN γ for each cell line was: ME-180 IFN-, 41%, IFN+, 39%; HT-3 IFN-, 44%, IFN+, 45%; SiHa IFN-, 30%, IFN+, 32%; MS751 IFN-, 42%, IFN+, 47%; C-33A IFN- 47%, IFN+, 43%. None of the differences between cells pretreated and not pretreated was statistically significant ($P > 0.05$)

^c Results in the absence of protein synthesis inhibitors

^d Lysis significantly greater than at the same concentration of protein synthesis inhibitor but in the absence of TNF α ($P < 0.05$)

^e Lysis of cells preincubated with IFN γ and then treated with protein synthesis inhibitor greater than lysis by protein synthesis inhibitor alone ($P < 0.05$)

^f Lysis of cells preincubated with IFN γ and then treated with protein synthesis inhibitor and TNF α greater than lysis by protein synthesis inhibitor and TNF α only ($P < 0.05$)

^g Lysis of cells preincubated with IFN γ and then treated with protein synthesis inhibitor and TNF α different from lysis by IFN γ preincubation and protein synthesis inhibition ($P < 0.05$)

Table 2. The percentage specific lysis of cells derived from human ovarian malignancies in the presence of TNF α and protein synthesis inhibitors with or without pretreatment with 100 U/ml IFN γ

Cell line	IFN γ^a	Specific lysis (%) for [TNF α] =				
		0 U/ml	1 U/ml	10 U/ml	100 U/ml	500 U/ml
Caov-3^b						
No PSI ^c	-	0	-4	8 ^d	10 ^d	15 ^d
No PSI	+	0	4	10 ^d	10 ^d	15 ^d
Act D 0.1 μ M	-	37	42 ^d	62 ^d	71 ^d	74 ^d
Act D 0.1 μ M	+	62 ^e	65 ^f	74	76 ^g	77 ^g
EM 1 μ M	-	37	51 ^d	61 ^d	77 ^d	75 ^d
EM 1 μ M	+	69 ^e	72 ^f	77 ^f	80 ^{f, g}	84 ^{f, g}
SK-OV-3						
No PSI	-	0	1	3	2	4
No PSI	+	0	2	3	2	3
Act D 10 mM	-	4	8 ^d	10 ^d	12 ^d	19 ^d
Act D 10 mM	+	16 ^e	18 ^f	16	22 ^{f, g}	22
EM 10 mM	-	20	30 ^d	40 ^d	46 ^d	52 ^d
EM 10 mM	+	25	39 ^g	52 ^{f, g}	57 ^g	67 ^{f, g}
NIH: OVCAR-3						
No PSI	-	0	1	-1	4	5
No PSI	+	0	7	9	9	15
Act D 10 mM	-	16	16	32 ^d	36 ^d	60 ^d
Act D 10 mM	+	12	26 ^g	37 ^g	45 ^g	51 ^g
EM 10 μ M	-	12	16	31 ^d	50 ^d	46 ^d
EM 10 μ M	+	12	34 ^{f, g}	48 ^{f, g}	57 ^g	48 ^g

^a Results for experiments that did (+) or did not (-) include pretreatment of cells with 100 U/ml IFN γ for 24 h before incubation with TNF α and inhibitors of protein synthesis

^b The percentage spontaneous release of ⁵¹Cr of cells not pretreated (IFN-) or pretreated (IFN+) with IFN γ for each cell line was: SK-OV-3 IFN-, 38%, IFN+, 37%; Caov-3 IFN-, 43%, IFN+, 47%; NIH: OVCAR-3 IFN-, 42%, IFN+, 52%. None of the differences between cells pretreated and not pretreated was statistically significant ($P > 0.05$)

^c Results in the absence of protein synthesis inhibitors

^d Lysis by TNF α and protein synthesis inhibitor significantly greater than lysis by protein synthesis inhibitor alone ($P < 0.05$)

^e Lysis of cells preincubated with IFN γ and then treated with protein synthesis inhibitor greater than lysis by protein synthesis inhibitor alone ($P < 0.05$)

^f Lysis of cells preincubated with IFN γ and then treated with protein synthesis inhibitor and TNF α greater than lysis by protein synthesis inhibitor and TNF α only ($P < 0.05$)

^g Lysis of cells preincubated with IFN γ and then treated with protein synthesis inhibitor and TNF α greater than lysis by IFN γ preincubation and protein synthesis inhibition ($P < 0.05$)

crease only attains significance when protein synthesis is inhibited by Act-D. ME-180 cells are lysed 41% when protein synthesis was inhibited by Act-D after IFN γ pretreatment (fourth line; 0 units TNF α /ml). This is compared to 0% lysis by IFN γ alone, and 8% lysis by Act-D alone (second and third lines; 0 units TNF α /ml). Incubation of IFN γ -pretreated ME-180 cells with EM at a concentration of 0.1 μ M caused 7% lysis (line 6). This was not significantly more lysis than the -2% caused by EM alone (line 5), but incubation of pretreated cells with higher concentrations of EM did significantly increase lysis above levels observed with either EM or IFN γ alone (data not shown).

When IFN γ -pretreated cells were exposed to TNF α (500 units/ml), 76% lysis of ME-180 cells occurred when protein synthesis is inhibited by Act-D and 73% lysis when

protein synthesis is inhibited by EM (fourth and sixth lines). This is significantly more lysis than was obtained when cells that had not been pretreated with IFN γ were exposed to TNF α and either Act-D (48% lysis) or EM (45% lysis) and also significantly more lysis than was obtained when cells pretreated with IFN γ were exposed to either Act-D (41% lysis) or EM (7% lysis). Thus the combination of TNF α and IFN γ in the presence of inhibitors of protein synthesis is more efficacious in causing lysis of ME-180 cells than either cytokine alone in the presence of protein synthesis inhibitors.

Although all the cell lines in Tables 1 and 2 show individual differences in sensitivity to particular agents, they can be broadly divided into three groups based on their sensitivity to TNF α and IFN γ . The first group is composed of the cervical carcinoma cell lines ME-180 and MS751 (Table 1) and the ovarian carcinoma cell lines Caov-3 and SK-OV-3 (Table 2). All of these cell lines are relatively resistant to lysis by TNF α and by pretreatment with IFN γ . Inhibition of protein synthesis renders each of these cell lines sensitive to lysis by TNF α . Pretreatment with IFN γ similarly increases the lysis of each of these four cell lines when protein synthesis is subsequently inhibited, although this increase in lysis attained statistical significance for ME-180, MS751 and SK-OV-3 cells only when protein synthesis was inhibited by Act-D. Finally, for all of the cell lines in this group, combining IFN γ pretreatment with exposure to TNF α and protein synthesis inhibition resulted in greater lysis than was achieved by either TNF α or IFN γ in combination with protein synthesis inhibitors.

The cervical carcinoma cell lines HT-3 and SiHa (Table 1) and the ovarian carcinoma cell line NIH:OVCAR-3 (Table 2) comprise the second group. Like the cells in group 1, all these cell lines were resistant to lysis by TNF α or by pretreatment with IFN γ , and inhibition of protein synthesis rendered all three cell lines sensitive to lysis by TNF α . However, unlike the cell lines in group 1, none of the cell lines in this second group was lysed by pretreatment with IFN γ followed by protein synthesis inhibitors. Nevertheless, pretreatment with IFN γ before exposure to TNF α and protein synthesis inhibitors increased lysis to levels above those seen when cells were exposed only to TNF α and protein synthesis inhibitors.

Group 3 contains only the cervical carcinoma cell line C-33A. Although similar to the cells in groups 1 and 2 in their resistance to lysis by TNF α and IFN γ in the absence of protein synthesis inhibitors, C-33A cells were unique in that they did not become sensitive to lysis by either TNF α or IFN γ when protein synthesis was inhibited. Combining the two cytokines also did not increase lysis when protein synthesis was inhibited.

The increased lysis resulting from the combination of TNF α and IFN γ with protein synthesis inhibitors shown by all cell lines except C-33A was analyzed for the presence of synergy [3]. For the cells that showed an increase in lysis when protein synthesis was inhibited after pretreatment with IFN γ (group 1), the increase in lysis resulting from the combination of IFN γ pretreatment, TNF α , and inhibition of protein synthesis was an additive effect when compared to lysis by either cytokine with protein synthesis inhibitors. For the cells that were resistant to IFN γ even when protein

synthesis was inhibited (group 2), the increase in lysis resulting from the combination IFN γ pretreatment, TNF α , and protein synthesis inhibitors was synergistic relative to lysis by either TNF α or IFN γ and protein synthesis inhibitors.

Discussion

In summary, Tables 1 and 2 show that all the human cervical and ovarian carcinoma cell lines tested were resistant to lysis by clinically achievable concentrations of TNF α and IFN γ during 24 h of incubation. Pretreating cells with IFN γ and then exposing them to TNF α while inhibiting protein synthesis resulted in three types of response. ME-180, MS751, SK-OV-3, and Caov-3 cells (group 1) showed additive increases in lysis when the two cytokines were combined and protein synthesis was inhibited. HT-3, SiHa, and NIH:OVCAR-3 cells (group 2) showed synergistic increases in lysis under the same conditions. C-33A cells (group 3) remained resistant to the combination of TNF α and IFN γ even when protein synthesis was inhibited.

Because the lytic and resistance mechanisms of TNF α and IFN γ are all dependent on protein synthesis, differences in the ability of Act-D and EM to increase the lysis mediated by these cytokines may reflect individual differences among cell lines in the relative induction, synthesis, or degradation of the TNF α and IFN γ lytic and resistance mechanisms. In Tables 1 and 2, there are several instances in which protein synthesis inhibition by EM but not by Act-D renders cells sensitive to TNF α . Act-D is an inhibitor of DNA-dependent mRNA transcription, while EM is an inhibitor of the translation of mRNA into protein. Sensitivity to lysis by TNF α revealed by incubation with EM but not Act-D may reflect the existence of an intracellular pool of mRNA encoding the protein-synthesis-dependent resistance to TNF α that is too large to be depleted during a 24-h incubation with Act-D. One example of a cell line in which this may occur is HT-3 (Table 1). There are also instances of protein synthesis inhibition by Act-D but not EM rendering cells sensitive to pretreatment with IFN γ . This may be because an intracellular pool of mRNA encoding the lytic mechanism induced in these cells by exposure to IFN γ continues to be translated when protein synthesis is inhibited by Act-D but not by EM. ME-180, MS751, and SK-OV-3 are all examples of cell lines that demonstrate this.

Protein synthesis inhibitors block resistance to lysis by TNF α and by preincubation with IFN γ in the cell lines in group 1. The presence of lytic mechanisms in these cell lines indicates that they possess receptors for TNF α and IFN γ . The lytic mechanisms activated by TNF α and IFN γ in these cell lines must be different, since the TNF α lytic mechanism exists constitutively while that of IFN γ requires induction [14, 18]. The lack of synergy between TNF α and IFN γ in group 1 suggests that the TNF α and IFN γ lytic mechanisms do not interact. In contrast to group 1, the cell lines in group 2 express only the TNF α lytic mechanism. Although these cells do not express the IFN γ lytic mechanism, pretreatment of these cell lines with IFN γ

results in a synergistic increase in lysis when combined with TNF α and protein synthesis inhibitors. This synergy between IFN γ preincubation and TNF α indicates that these cell lines have functional IFN γ receptors even though they are not lysed by IFN γ pretreatment followed by protein synthesis inhibition. Synergy between IFN γ and TNF α in these three cell lines also suggests that IFN γ , though not itself lytic, may amplify the TNF α lytic mechanism. IFN γ is known to increase the number of receptors for TNF α [1, 22], which might cause a synergistic increase in lysis. It is also possible that these cells express a protein-synthesis-independent resistance mechanism that prevents lysis by IFN γ and that TNF α decreases this resistance mechanism. In either case, the fact that IFN γ and TNF α are synergistic implies that the lytic mechanisms of these two cytokines are distinct. That the cell line C-33A was resistant to lysis by TNF α and IFN γ both in the presence and absence of protein synthesis inhibition suggests that C-33A cells resist both TNF α and IFN γ by mechanisms independent of protein synthesis. Absent or nonfunctional receptors or defective signalling pathways are possible specific examples of such protein-synthesis-independent mechanisms.

The possibility that TNF α and IFN γ act by increasing the sensitivity of cell lines to lysis by inhibitors of protein synthesis, rather than the converse, cannot be excluded until the molecular mechanisms of action of these agents have been fully elucidated. Data from other laboratories suggest that TNF α causes cell lysis by activating arachidonic acid metabolism and that protein synthesis inhibitors act by preventing the expression of one or more proteins that ordinarily scavenge free oxygen radicals released during arachidonic acid metabolism [24]. IFN γ also appears to exert its toxic effects through an oxygen-dependent process [2].

Although we have previously shown that exposing the eight cell lines used in this study to TNF α alone for 16 h does not cause lysis [18], the results presented in Tables 1 and 2 show that 24 h of exposure to TNF α alone causes a small but significant increase in the lysis of ME-180 and Caov-3 cells. Others have shown that there may be some lysis of certain cell lines by TNF α concentrations as high as 10000 units/ml during 72 h incubations [16, 21]. However, pharmacokinetic studies in patients with cancer have shown that the half-life of TNF α is less than 1 h, and although concentrations above 10000 units/ml can be achieved briefly, concentrations above those 500 units/ml are difficult to sustain for longer than 24 h [6, 7]. We also have shown previously that exposure to IFN γ alone for 24 h at concentrations as high as 10000 units does not cause cell lysis [14]. We and others have shown lytic effects of IFN γ on some cell lines after exposure to 100–10000 units/ml for 2–5 days [14, 16, 19]. Again, however, phase I trials have not achieved these high concentrations for such prolonged periods of time [5, 11, 12]. Significant numbers of clinical responses have not been achieved in early trials using TNF α and IFN γ , both alone and in combination, suggesting that these cytokines are not effective at eliminating cancer cells *in vivo* at doses that can be tolerated. The results presented here suggest that the role of TNF α and IFN γ as anticancer agents may lie not only in their combination with each other, but also in their combi-

nation with chemotherapeutic agents that inhibit protein synthesis.

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