




mRNA m⁵C inhibits adipogenesis and promotes myogenesis by respectively facilitating *YBX2* and *SMO* mRNA export in ALYREF-m⁵C manner

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Abstract

Although 5-methylcytosine (m⁵C) has been identified as a novel and abundant mRNA modification and associated with energy metabolism, its regulation function in adipose tissue and skeletal muscle is still limited. This study aimed at investigating the effect of mRNA m⁵C on adipogenesis and myogenesis using Jinhua pigs (J), Yorkshire pigs (Y) and their hybrids Yorkshire–Jinhua pigs (YJ). We found that Y grow faster than J and YJ, while fatness-related characteristics observed in Y were lower than those of J and YJ. Besides, total mRNA m⁵C levels and expression rates of NSUN2 were higher both in backfat layer (BL) and *longissimus dorsi* muscle (LDM) of Y compared to J and YJ, suggesting that higher mRNA m⁵C levels positively correlate with lower fat and higher muscle mass. RNA bisulfite sequencing profiling of m⁵C revealed tissue-specific and dynamic features in pigs. Functionally, hyper-methylated m⁵C-containing genes were enriched in pathways linked to impaired adipogenesis and enhanced myogenesis. In in vitro, m⁵C inhibited lipid accumulation and promoted myogenic differentiation. Furthermore, *YBX2* and *SMO* were identified as m⁵C targets. Mechanistically, *YBX2* and *SMO* mRNAs with m⁵C modification were recognized and exported into the cytoplasm from the nucleus by ALYREF, thus leading to increased *YBX2* and *SMO* protein expression and thereby inhibiting adipogenesis and promoting myogenesis, respectively. Our work uncovered the critical role of mRNA m⁵C in regulating adipogenesis and myogenesis via ALYREF-m⁵C-*YBX2* and ALYREF-m⁵C-*SMO* manners, providing a potential therapeutic target in the prevention and treatment of obesity, skeletal muscle dysfunction and metabolic disorder diseases.

Keywords Adipogenesis · Myogenesis · m⁵C modification · *YBX2* · *SMO* · ALYREF

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Introduction

Obesity, characterized by excessive deposition of adipose tissue, has emerged as a global public health issue which substantially increases the risk of metabolic diseases, such as type 2 diabetes mellitus, cardiovascular diseases and non-alcoholic fatty liver disease [1]. Adipose tissue is essential as energy storage while skeletal muscle is the energy burning “machinery” [2]. Skeletal muscle can account for ~40% of adult human body weight, and impaired myogenesis can cause muscular dystrophies and disrupted muscle regeneration, leading to physical frailty and even severe metabolic disorders [3, 4]. Several studies have demonstrated that adipose tissue is associated with skeletal muscle function and that they play a critical role in the dynamic regulation of metabolic activity and metabolic health [1, 5]. Thus, a deeper understanding of the mechanisms behind adipose and muscle development is both timely and relevant.

Numerous studies have demonstrated that RNA modifications, such as N⁶-methyladenosine (m⁶A), could serve as novel epigenetic marker with profound significance in regulating adipogenesis and myogenesis via modulating RNA metabolism [6, 7]. Recently, 5-methylcytosine (m⁵C) has been identified as another new internal mRNA modification [8]. m⁵C modification can be reversibly regulated by its methyltransferases (“writers”) and demethylases (“erasers”) [8–10]. Functionally, mRNA m⁵C modification was reported to play a critical role in the adaptation to high temperature, in ovarian germ line stem cell development, in tumorigenesis and maternal-to-zygotic transition, also known as embryonic genome activation [11–15]. Although the role of mRNA m⁵C in adipogenesis has been previously reported, the regulatory mechanism of m⁵C in adipose tissue and muscle development is still limited.

On the basis of their anatomical, physiological and genomic similarities with humans, pigs have served as ideal biomedical model system to study organ development and disease progression for decades before [16]. For example, pigs are increasingly recruited as models for research on obesity and diabetes mellitus [17]. The Jinhua pig (J), a typical fat-type breed characterized by its black head and tail, high backfat layer and body fat ratio, low growth rate and less lean mass, is one of the local, popular breeds in China [18–20]. In contrast, the Yorkshire pigs (Y), as a traditional lean-type breed originating from the United States, have less fat content, higher rapid growth ratio and more muscle mass than J [21, 22]. Here, we used Jinhua pigs, Yorkshire pigs and their hybrids Yorkshire–Jinhua pigs (YJ) to explore the role of mRNA m⁵C in adipose tissue and skeletal muscle development. RNA bisulfite sequencing (RNA-BisSeq) in tissues (adipose

tissue and skeletal muscle) and in vitro studies demonstrated that m⁵C negatively regulates adipogenesis and positively affects myogenesis. We also performed RNA-BisSeq of primary cells isolated from pig adipose tissue and skeletal muscle, and Y-box-binding protein 2 (YBX2) and smoothed (SMO) were screened out as m⁵C targets by combining RNA-BisSeq from both tissue and cell data. Mechanistically, YBX2/SMO with higher m⁵C were recognized and exported to cytoplasm from the nucleus by the Aly/REF export factor (ALYREF), leading to increased YBX2/SMO protein expression, thereby inhibiting adipogenesis and promoting myogenesis. Our findings reveal a regulatory mechanism of mRNA m⁵C-mediated impaired adipogenesis and advantaged myogenesis in pigs and provide an important resource for studying the function of the mRNA modification during the development of obesity, skeletal muscle dysfunction and diseases caused by metabolic disorders.

Materials and methods

Animals and tissue collection

A total of 4 Jinhua pigs (male), 4 Yorkshire pigs (male) and 4 Yorkshire–Jinhua pigs (male) were humanely killed at the age of 6 months, and adipose tissue (backfat layer, BL) and skeletal muscle samples (*longissimus dorsi* muscles, LDM) from the three breeds were rapidly removed from each carcass, immediately frozen in liquid nitrogen, and stored at –80 °C until RNA extraction.

Plasmid construction, siRNA, adenovirus production and cell transfection

For NOP2/Sun RNA methyltransferase 2 (NSUN2) and ALYREF recombinant adenovirus construction, the porcine NSUN2 and ALYREF were cloned into the pDC315-EGFP vector (Hanbio), respectively. shRNA sequences (GenePharma) were cloned into the pDC311-U6-MCMV-EGFP vector (Hanbio). The siRNA (GenePharma) and plasmid transfections were performed using Lipofectamine RNAiMAX (Invitrogen), Lipofectamine 2000 (Invitrogen) or EZ Trans (Life-iLab, China), according to the manufacturers’ instructions. The target sequences for shRNA and siRNA are listed in Table S1.

Cell isolation and cell culture

Porcine subcutaneous fat pre-adipocytes (PFs) and muscle satellite cells (SCs) were isolated from subcutaneous adipose tissue and *Longissimus dorsi* muscle of 5-day-old Duroc–Landrace–Yorkshire piglets under sterile conditions,

respectively [19, 23]. Cells were cultured in high-glucose Dulbecco's modified Eagle's medium (DMEM, Thermo Fisher Scientific, Waltham, MA, USA) or DMEM/F12 medium containing 10% fetal bovine serum (Thermo Fisher Scientific) and 1% penicillin–streptomycin in the cell culture dish (NEST Biotechnology, Wuxi, China). After 2 days post confluence of cells, adipocyte differentiation was induced with adipogenic differentiation medium (containing 0.5 mM IBMX, 1 μM dexamethasone and 10 μg/mL insulin). After 2 days, the medium was replaced with a maintenance medium (containing 10% 10 μg/mL insulin) to allow for adipogenic differentiation. Cell culture and myogenic differentiation of pig SCs were performed as previously described with some modifications [24]. Briefly, when SCs become 90–100% confluent, myogenic differentiation were induced with DMEM/F12 medium containing 2% horse serum and 1% penicillin–streptomycin (Thermo Fisher Scientific). The differentiation medium was changed every 24 h, and myogenic differentiation was induced for 4–6 days.

Quantitative real-time PCR (qPCR) analysis

Total RNA from cells or tissues were extracted using TRIzol reagent (Thermo Fisher Scientific) and reverse-transcribed into cDNA using M-MLV reverse transcriptase (Thermo Fisher Scientific). qPCR was performed using the SYBR Green PCR Master Mix (Sigma-Aldrich, St. Louis, MO, USA) with the ABI Step-One Plus™ Real-Time PCR System (Thermo Fisher Scientific). The data were analyzed following the $2^{-\Delta\Delta C_t}$ method. The primer sequences are presented in Table S2.

Oil red O staining

The differentiated PFs were washed with 1 × PBS twice and fixed in 10% formalin at room temperature for 1 h. Cells were incubated in 60% isopropanol for 5 min at room temperature and then allowed to dry completely. The cells were then stained with the Oil Red O working solution (Solarbio Science and Technology Co., Ltd., Beijing, China) at room temperature for 10 min followed by 3 rinses in 1 × PBS before imaging. For quantification, Oil Red O-stained lipids were eluted in 100% isopropanol for 5 min at room temperature and absorbance was measured at 510 nm.

Bisulfite conversion of RNA, RNA-BisSeq library construction and sequencing

RNA bisulfite conversion was performed as previously described [8]. In brief, 1 μg mRNAs along with 5 ng dihydrofolate reductase (*Dhfr*) RNA as methylation conversion control were fragmented into ~200-nucleotide fragments by RNA Fragmentation Reagent (Thermo Fisher Scientific).

The fragmented RNA was re-suspended in 100 μl bisulfite solution (pH 5.1), which is a 100:1 mixture of 40% sodium bisulfite (Sigma-Aldrich) and 600 μM hydroquinone (Sigma-Aldrich) and was subjected to heat incubation at 75 °C for 4 h. The reaction mixture was desalted with Nanoseq with a 3 K omega 500/pk centrifuge (Pall Corporation, New York, USA), and then desulfonated by incubation with an equal volume of 1 M Tris (pH 9.0) at 75 °C for 1 h. After ethanol precipitation, the RNAs were re-suspended in 10 μl RNase-free water and used for library construction. cDNA libraries were constructed using the KAPA Stranded mRNA-Seq Kit (Roche, Shanghai, China). Reverse transcription was carried out using ACT random hexamers and Superscript III Reverse Transcriptase (Thermo Fisher Scientific) according to the manufacturer's instructions. Sequencing was performed on an Illumina HiSeq2500 instrument with paired end 150 bp read length.

Methylated RNA immunoprecipitation real-time PCR (meRIP-qPCR)

m⁵C meRIP-qPCR was performed as previously described with some modifications [14]. Briefly, around 2 μg mRNAs were randomly fragmented into 200–300 nt fragments by fragmentation buffer (Thermo Fisher Scientific). The fragmented mRNAs were precipitated with ethanol for following reaction. One-tenth of the fragmented mRNAs were saved as input control. 4 μg anti-m⁵C antibody (Epigentek, Farmingdale, USA) or IgG antibody (ABclonal Biotechnology Co., Ltd, Wuhan, China) was incubated with 40 μl Dynabeads Protein A (Thermo Fisher Scientific) in 300 μl IP buffer (10 mM Tris–HCl pH 7.5, 150 mM NaCl, 0.05% Triton X (v/v)) for 2 h at 4 °C followed by 3 rinses with 500 μl IP buffer, then the fragmented mRNAs were incubated with the prepared antibody beads at 4 °C overnight in 300 μl IP buffer. The mRNA–antibody beads complexes were washed three times with 500 μl IP buffer and then incubated in 300 μl elution buffer (5 mM Tris–HCl pH 7.5, 1 mM EDTA, 0.05% SDS, and 80 μg proteinase K) for 1 h at 50 °C, following ethanol precipitation. The eluted mRNAs and input control mRNAs were reverse-transcribed with random hexamers, and m⁵C enrichment was determined by qPCR. The data were analyzed following the $2^{-\Delta\Delta C_t}$ method, and the relative enrichment of m⁵C in each sample was calculated by normalizing to input. The primers were listed in Table S2.

m⁵C dot blots

For m⁵C dot blots, RNAs were denatured at 65 °C for 5 min. Samples were spotted on hybond-N+ membrane (GE Healthcare, Chicago, USA). After UV crosslinking, the membrane was washed with PBST buffer, blocked with 5% non-fat milk and incubated with anti-m⁵C antibody

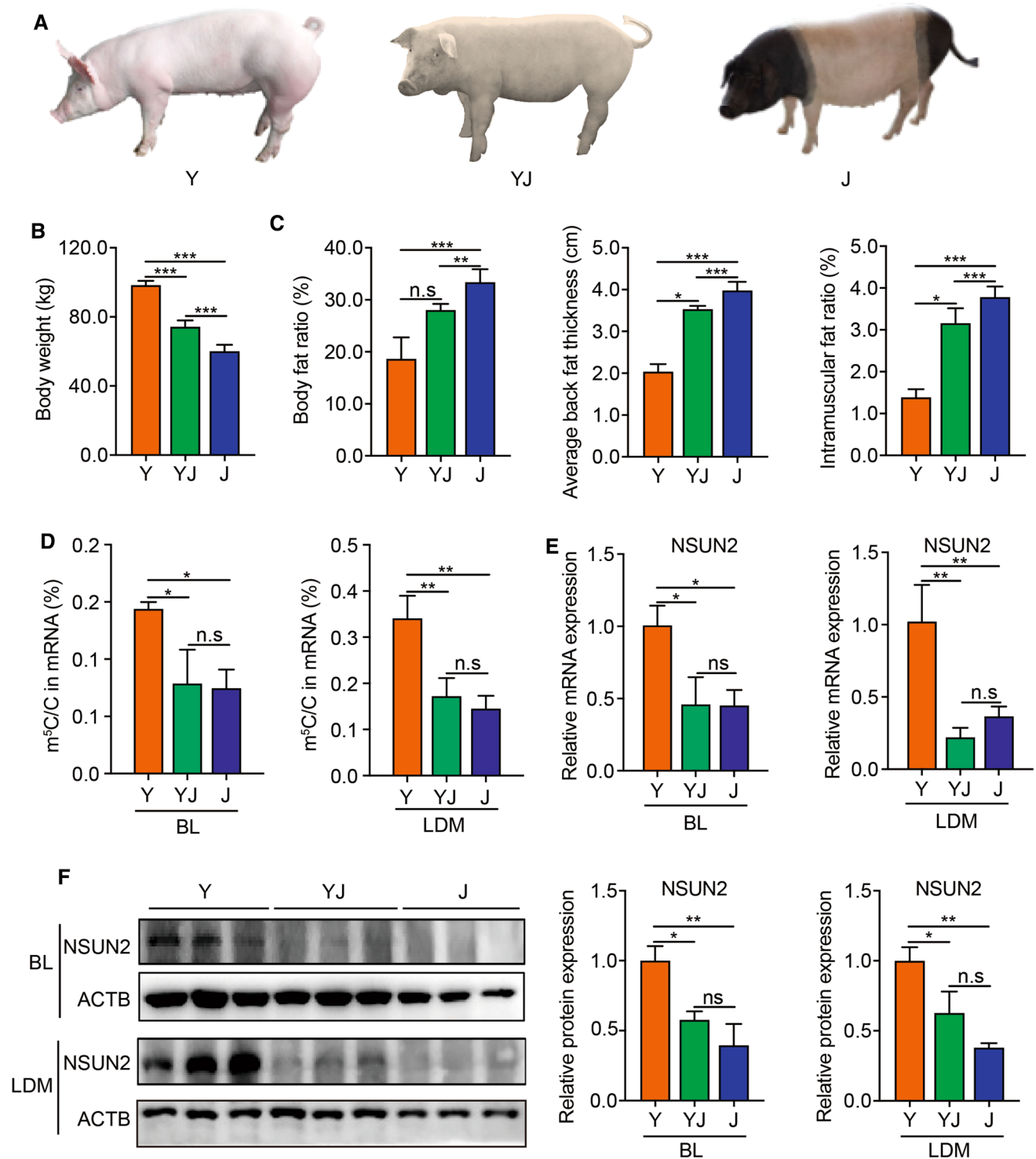


Fig. 1 Phenotypes of three pig breeds. **A** Photos of Yorkshire pigs (Y), Yorkshire×Jinhua pigs (YJ) and Jinhua pigs (J). **B** Body weights in Y, YJ and J at 180 days. Error bars, means±S.D., $n=4$. **C** Body fat ratio, average back fat thickness, intramuscular fat ratio in Y, YJ and J at 180 days of age. Error bars, means±S.D., $n=4$. **D** HPLC-MS/MS quantification of m⁵C/C in mRNA of backfat layer (BL) and longissimus dorsi muscle (LDM) in Y, YJ and J. Error bars,

means±S.D., $n=3$. **E** qPCR analysis of *NSUN2* expression in BL and LDM in Y, YJ and J at 180 days of age. 18S rRNA served as an internal RNA control. Error bars, means±S.D., $n=3$. **F** Western blotting of *NSUN2* expression in BL and LDM in Y, YJ and J at 180 days of age. ACTB was used as a loading control. Error bars, means±S.D., $n=3$. The P values were determined using one-way ANOVA. * $P<0.05$ ** $P<0.01$, *** $P<0.001$

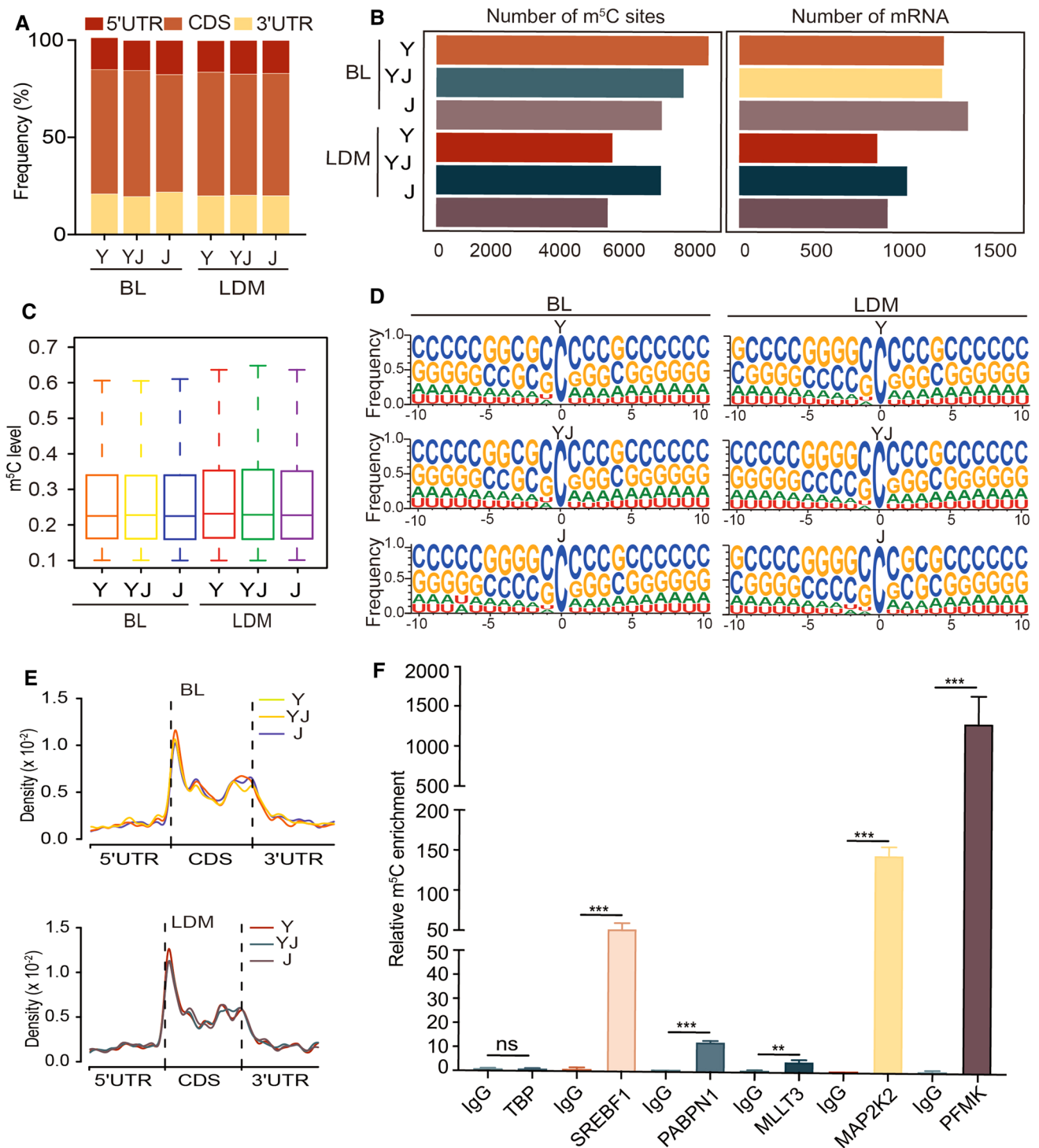


Fig. 2 Distribution of mRNA m⁵C in BL and LDM from three different pig breeds. **A** Transcriptome-wide distribution of mRNA m⁵C sites. The bar chart shows the percentages of m⁵C sites within distinct mRNA regions: the 5'UTR, the CDS and the 3'UTR. **B** Bar charts showing the numbers of m⁵C sites (left) and m⁵C-modified mRNAs (right) in BL and LDM from Y, YJ and J. **C** Boxplots showing the overall distributions of mRNA m⁵C levels in BL and LDM from Y,

YJ and J. **D** Sequence frequency logo for the sequences proximal to mRNA m⁵C sites. **E** The m⁵C distributions pattern within mRNA in different regions. **F** m⁵C-RIP-qPCR analysis of representative m⁵C-modified genes. *TBP* served as an unmodified negative control. Error bars, means ± S.D., *n* = 3. The *P* values were determined using Student's *t* tests. **P* < 0.05 ***P* < 0.01, ****P* < 0.001

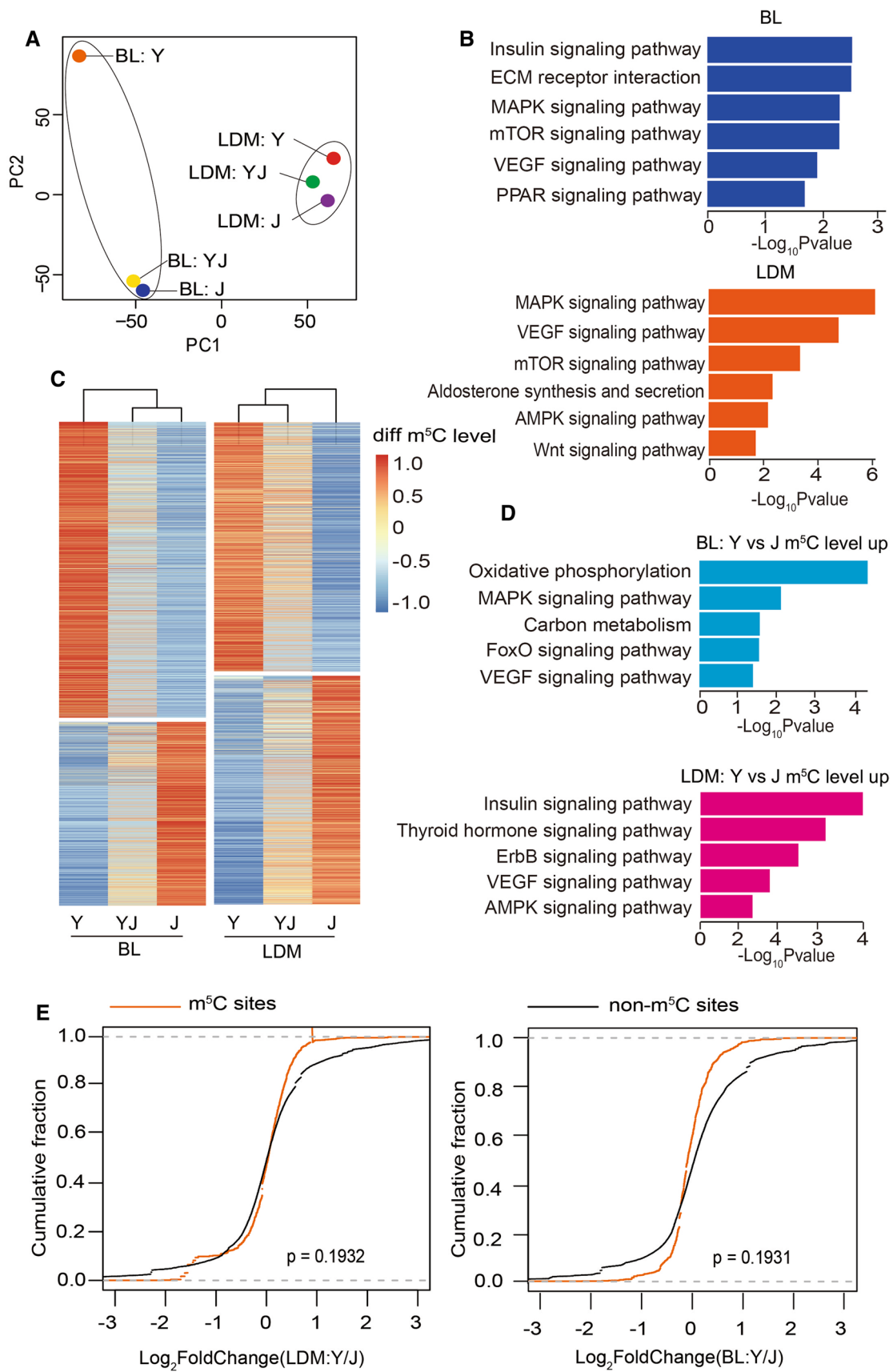


Fig. 3 Hypermethylated m⁵C in BL and LDM strongly relate to fatness/growth-related phenotypes. **A** PCA analysis of m⁵C in BL and LDM from Y and YJ. **B** Bar plot showing the result of KEGG pathway analysis of m⁵C-modified mRNAs in BL and LDM (all m⁵C-modified mRNAs combined from Y, YJ and J). **C** Heatmap and cluster analysis of differentially m⁵C-modified sites ($|Y-J| > 0.05$) in BL and LDM from Y, YJ, and J. **D** Bar plot showing the result of KEGG pathway analysis of mRNAs with hypermethylation in BL and LDM of Y compared with J. **E** Cumulative distribution analysis of the expression level changes in mRNAs with or without m⁵C modification

overnight at 4 °C. Then, the secondary antibody was incubated at room temperature for 1 h. The membrane was visualized using chemiluminescence (ECL Plus detection system). Primary antibodies are listed in Table S3.

High-performance liquid chromatography–tandem mass spectrometry (HPLC–MS/MS)

100–200 ng of mRNAs was digested by nuclease P1 (2U) in 25 µl of buffer containing 10 mM of NH₄OAc (pH = 5.3) at 42 °C for 2 h, followed by the addition of NH₄HCO₃ (1 M, 3 µl, freshly made) and 0.5 U alkaline phosphatase with incubation at 37 °C for 2 h. Then, the sample was diluted to 50 µl and filtered (0.22 µm pore size, 4 mm diameter, Millipore), and 5 µl of the solution was injected into HPLC–MS/MS. Nucleosides were separated by reverse-phase ultra-performance liquid chromatography on a C18 column with on-line MS detection using an Agilent 6410 QQQ triple–quadrupole LC mass spectrometer in positive electrospray ionization mode. The nucleosides were quantified using the nucleoside to base ion mass transitions of 258–126 (m⁵C) and 244–112 (rC). Quantification was performed in comparison with the standard curve obtained from pure nucleoside standards running on the same batch of samples. The ratio of m⁵C to C was calculated based on the calibrated concentrations.

ALREF RNA Immunoprecipitation (RIP) assay

Flag-ALYREF overexpressing cell pellets were re-suspended with two volumes of lysis buffer (150 mM KCl, 10 mM HEPES pH 7.6, 2 mM EDTA, 0.5% NP-40, 0.5 mM DTT, 1:100 protease inhibitor cocktail, 400 U/ml RNase inhibitor), and incubated at 4 °C for 30 min while rotating. Then, the lysate was centrifuged at 12,000g for 20 min and mixed with M2 beads (Sigma-Aldrich) containing 600 µl NT2 buffer (200 mM NaCl, 50 mM HEPES pH 7.6, 2 mM EDTA, 0.05% NP-40, 0.5 mM DTT, 200 U/ml RNase inhibitor) and incubated at 4 °C for 4 h with rotation. After washing three times with NT2 buffer, the beads were digested with 200 µl pre-heated (20 min at 50 °C) proteinase K solution (4 mg/

ml) for 40 min at 50 °C in rotation at 2000 rpm/min. After centrifugation at top speed for 5 min, the supernatant was transferred and RNAs were extracted with an equal volume of acid–phenol:chloroform, pH 4.5 (Thermo Fisher Scientific). The RNAs were used for qPCR analysis.

Bioinformatic analysis

Raw reads were cleaned using Trimmomatic software [25]. For RNA-seq, the cleaned reads were mapped against the *Sus scrofa* genome (*Sus scrofa*11.1) with TopHat2 (version 2.0.13) [26]. The number of reads mapped to each ensemble gene was counted using the HTSeq software. FPKM was computed as the number of reads mapped per kilobase in the exon model per million mapped reads for each gene. mRNAs with FPKM ≥ 1 were regarded as expressing genes. For RNA-BisSeq, the cleaned reads were mapped to *Sus scrofa*11.1 by meRanTK (version 1.2.0). Only sites with a coverage depth ≥ 30 , methylation level ≥ 0.1 and methylated cytosine depth ≥ 5 were considered credible. Only overlapping m⁵C sites between two replicates were used for the following analyses. The differences in m⁵C site level that were greater than 5% between two samples were considered increased or decreased m⁵C site methylations. The m⁵C sites were annotated by BEDTools' intersectBed. To acquire the sequence preference proximal to m⁵C sites, 21 nt sequences centering to each m⁵C site were extracted with Bedtools, and logo plots were generated with ggseqlogo. Gene ontology (GO) and KEGG pathway analyses were performed using the DAVID bioinformatics database.

Statistical analysis

All bioinformatics-related statistical analyses were performed using the R package for statistical computing. For experimental quantification, the unpaired t test in GraphPad Prism 6 software was applied, and error bars are given based on standard deviation of the mean (SD) (unless stated otherwise). $P < 0.05$ is considered as statistically significant.

Results

Phenotypes of three pig breeds

Here, we hybridized Yorkshire and Jinhua pigs and constructed an intermediate-type breed named Yorkshire–Jinhua pigs (YJ) (Fig. 1A). A total of 12 pigs (4 per breed) at an age of 180 days were randomly chosen to measure fatness/growth-related phenotypes. The body weights of Y were significantly higher than J, and YJ were just intermediate between Y and J (Fig. 1B), indicating that Y grow faster

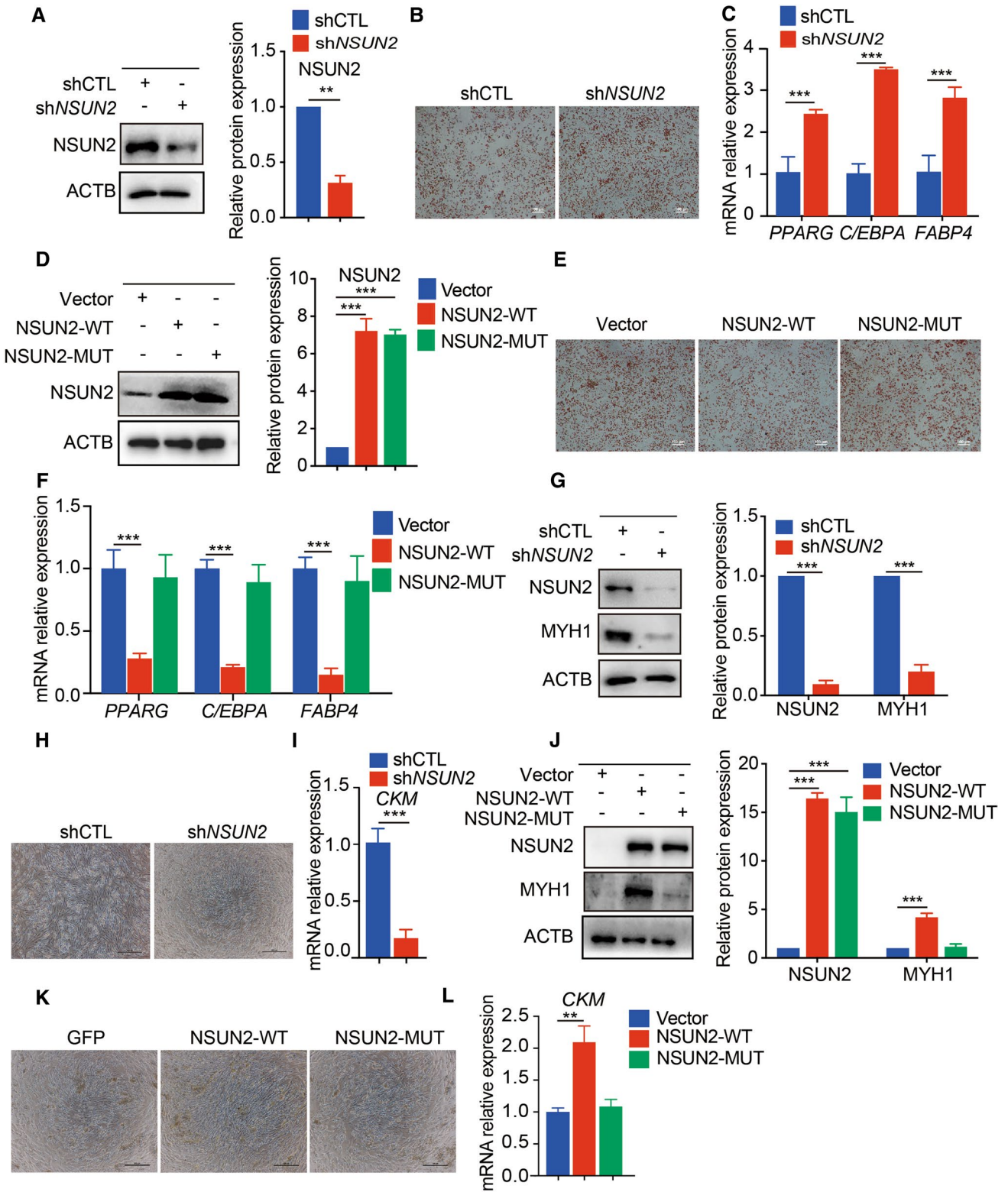


Fig. 4 m⁵C inhibited adipogenesis in PFs and promoted myogenesis in SCs. **A** Western blot analysis in porcine subcutaneous fat preadipocytes (PFs) transfected with shCTL and shNSUN2 adenovirus. ACTB was used as a protein loading control. The relative protein expression was quantified by densitometry and normalized to ACTB. All data are shown as means ± S.D. **B** Oil Red O staining analysis in porcine subcutaneous fat preadipocytes (PFs) transfected with shCTL and shNSUN2 adenovirus. Scale bar: 100 μm. **C** qRT-PCR analysis in porcine subcutaneous fat preadipocytes (PFs) transfected with shCTL and shNSUN2 adenovirus. 18S rRNA served as an internal RNA control. Error bars represent means ± SD; n=3. **D** Western blotting analysis in PFs transfected with control (Vector), NSUN2-WT and NSUN2-MUT adenovirus. ACTB was used as a protein loading control. The relative protein expression was quantified by densitometry and normalized to ACTB. All data are shown as means ± S.D. **E** Oil Red O staining analysis in PFs transfected with control (Vector), NSUN2-WT and NSUN2-MUT adenovirus. Scale bar: 100 μm. **F** qRT-PCR analysis in PFs transfected with control (Vector), NSUN2-WT and NSUN2-MUT adenovirus. 18S rRNA served as an internal RNA control. Error bars represent means ± SD; n=3. **G** Western blotting analysis in porcine muscle satellite cells (SCs) transfected with shCTL or shNSUN2. ACTB was used as a protein loading control. The relative protein expression was quantified by densitometry and normalized to ACTB. All data are shown as means ± S.D. **H** Phase images analysis in porcine muscle satellite cells (SCs) transfected with shCTL or shNSUN2. Scale bar: 100 μm. **I** qRT-PCR analysis in porcine muscle satellite cells (SCs) transfected with shCTL or shNSUN2. 18S rRNA served as an internal RNA control. Error bars represent means ± SD; n=3. **J** Western blotting analysis in SCs transfected with control (Vector), NSUN2-WT and NSUN2-MUT adenovirus. ACTB was used as a protein loading control. The relative protein expression was quantified by densitometry and normalized to ACTB. All data are shown as means ± S.D. **K** Phase images analysis in SCs transfected with control (Vector), NSUN2-WT and NSUN2-MUT adenovirus. Scale bar: 100 μm. **L** qRT-PCR analysis in SCs transfected with control (Vector), NSUN2-WT and NSUN2-MUT adenovirus. 18S rRNA served as an internal RNA control. Error bars represent means ± SD; n=3. The p values were determined using Student's t tests. *P<0.05 **P<0.01, ***P<0.001

than J and YJ. However, the body fat ratio, average back fat thickness and intramuscular fat ratio of Y were significantly lower than those of J. These fatness-related characters of YJ were just between the two breeds of Y and J (Fig. 1C).

m⁵C has been shown to be closely related to energy metabolism [15]. Therefore, we measured m⁵C abundance in BL and LDM from three pig breeds by liquid chromatography–tandem mass spectrometry (LC–MS/MS) to explore the potential relationship between m⁵C and fatness/muscle growth. We observed that the ratio of m⁵C/C in total mRNA from the BL and LDM of the three breeds ranged from 0.1 to 0.4%, and a statistically significant higher m⁵C level was found both in BL and LDM of Y compared to J or YJ (Fig. 1D). Since NSUN2 was identified as the main m⁵C methyltransferase of mRNA in many species including human and mouse [27], we analyzed its mRNA and protein expressions in BL and LDM from the three pig breeds. The results suggest that NSUN2 mRNA and protein expression

levels were much higher both in BL and LDM of Y compared to J or YJ (Fig. 1E, F). These results indicate that higher m⁵C levels in mRNA may be associated with lower fat mass, and higher muscle mass in pigs, due to intrinsic genetic, or epigenetic differences between the pig breeds.

Distribution of mRNA m⁵C in BL and LDM from three pig breeds

For a comprehensive overview of a transcriptome-wide landscape of m⁵C profiles at single-base pair resolution, we performed an improved RNA bisulfite sequencing (RNA-BisSeq) analysis on RNA samples purified from adipose tissue (backfat layer, BL) and skeletal muscle (*longissimus dorsi* muscles, LDM) of three pig breeds as previously described [8]. To ensure the efficiency of bisulfite-mediated C to T conversion, the threshold for global conversion rate (C–T) was set to > 99% using *Dhfr* control (Table S4). The results were highly reproducible between independent replicates (Fig. S1A–D). Thus, our approach was considered successful for identifying m⁵C sites in transcriptomes.

The m⁵C distribution of mRNA in distinct regions (5' untranslated region, 5'UTR; coding sequences, CDS; 3' untranslated region, 3'UTR) showed that the majority of m⁵C sites was found to be in CDS ranging from 45 to 60% in BL and LDM of Y, YJ, and J (Fig. 2A). A total of 8 384, 7 615, and 6 950 m⁵C sites within 1 127, 1 118, 1 261 mRNAs were identified in BL from Y, YJ and J, respectively (Fig. 2B, Table S5). A total of 5 430, 6 925, and 5 287 m⁵C sites within 761, 926, 819 mRNAs were identified in LDM from Y, YJ and J, respectively (Fig. 2B, Table S5). Notably, the median m⁵C level of mRNA was about 20% in all samples (Fig. 2C). Interestingly, sequence frequency logo analysis demonstrated that the majority of mRNA m⁵C sites were in CG-rich environments (Fig. 2D). Next, we determined the distribution pattern of m⁵C sites along mRNA transcripts, and m⁵C sites showed an enrichment in CDS regions immediately downstream of the translation initiation sites (Fig. 2E). These results are consistent to recently published studies from humans and mice [8], suggesting that highly conserved features not only exist in multiple species, but are observed in pig adipose and muscle tissues. To further validate our results from the RNA-BisSeq analysis, five m⁵C-modified genes were randomly selected to perform m⁵C meRIP-qPCR. We observed a significant m⁵C enrichment of all the five candidates over the IgG control (Fig. 2F).

Taken together, using the stringent m⁵C calling parameters and the alternative method, our RNA-BisSeq results allow a reliable picture of the mRNA m⁵C epi-transcriptome in adipose tissue and skeletal muscles of the three pig breeds.

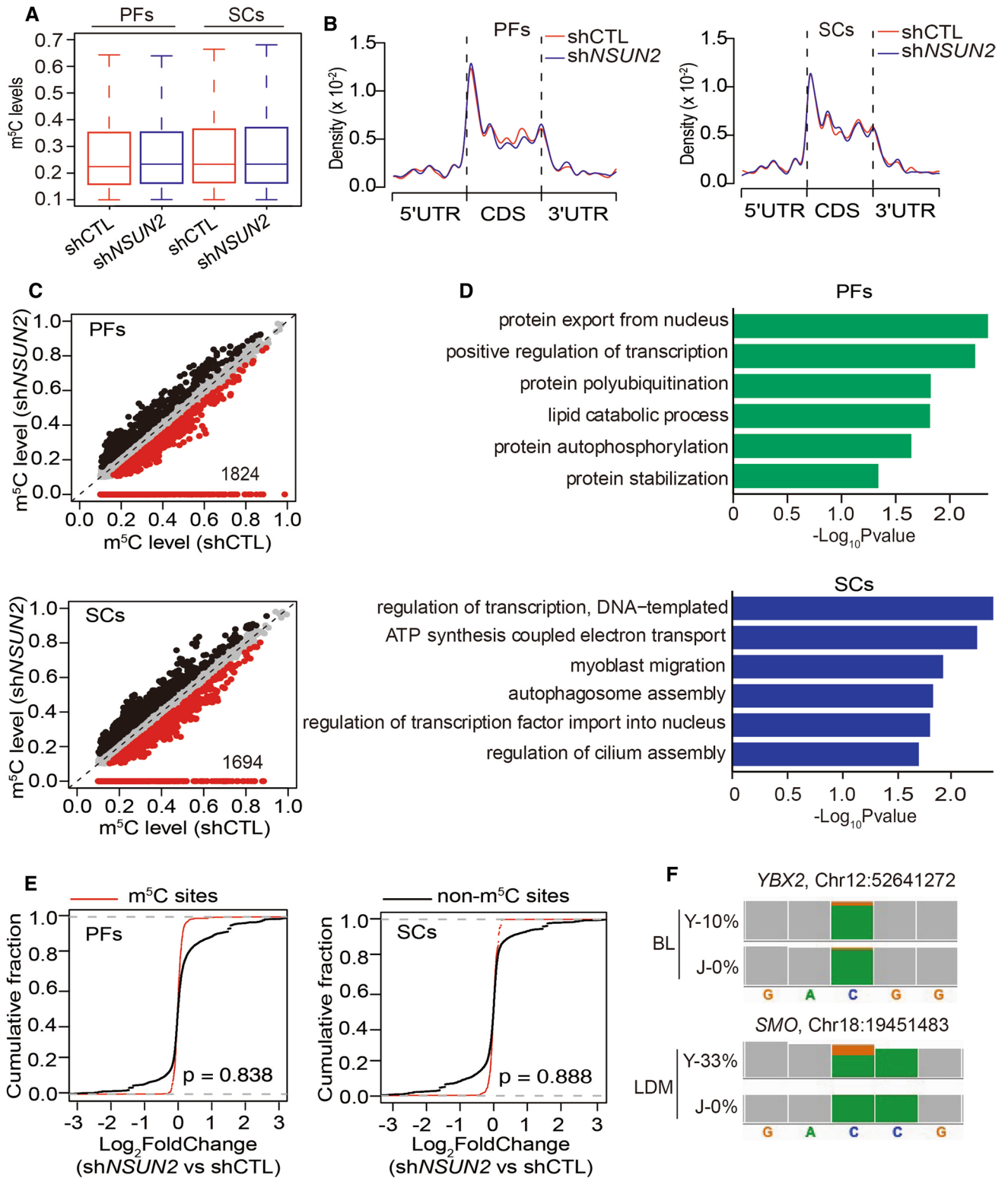


Fig. 5 YBX2 and SMO are the potential m⁵C targets for the regulation of adipogenesis and myogenesis. **A** Boxplots showing the overall distributions of mRNA m⁵C levels in PFs and SCs with or without *NSUN2* knockdown. **B** Transcriptome-wide distribution pattern of mRNA m⁵C sites within distinct mRNA regions (5'UTR, CDS and 3'UTR) in PFs and SCs with or without *NSUN2* knockdown. **C** Scatter plot showing m⁵C levels in PFs and SCs with or without *NSUN2* knockdown. For m⁵C sites in shCTL PFs, sites with increased or reduced methylation levels depending on *NSUN2* knockdown highlighted in black or red color. **D** Bar plot showing the result of GO analysis of mRNAs with differentially expressed m⁵C sites in PFs and SCs with or without *NSUN2* knockdown. **E** Cumulative distribution analysis of the expression level changes in mRNAs with or without m⁵C modification in PFs and SCs. **F** Genome browser view of differentially methylated genes, *YBX2* and *SMO*, in BL or LDM between Y and J by Integrative Genomics Viewer (IGV). The orange boxes indicate methylated cytosine. The green boxes indicate non-methylated cytosine. The proportion of orange in column represents m⁵C level in *YBX2* or *SMO*

Hypermethylated m⁵C in B Land LDM strongly relate to fatness/growth-related phenotypes

To explore the relationship between m⁵C and fatness/growth-related phenotypes between breeds, we performed a principal component analysis (PCA) based on all m⁵C sites identified by RNA-BisSeq. The result suggest that the samples were clustered into the BL and LDM group, indicating the potentially specific roles of m⁵C in different tissues (Fig. 3A). Next, we combined all m⁵C-modified genes in BL or LDM from the three breeds and performed KEGG pathway enrichment analysis. The m⁵C-containing genes in BL were clearly involved in the lipid metabolism-related pathways during adipogenesis, such as insulin signaling, ECM receptor, MAPK signaling, mTOR signaling, VEGF signaling and PPAR (Fig. 3B). In LDM, m⁵C-containing genes were involved in MAPK signaling, VEGF receptor, and mTOR signaling, Aldosterone synthesis and secretion, AMPK signaling and the Wnt signaling pathway (Fig. 3B), which are closely linked to myogenesis. These results suggest that m⁵C may play an important role for accounting for phenotype differences in BL or LDM between the three breeds pigs. As significant phenotypic differences are observed between Y and J, the significantly different m⁵C sites were screened in BL or LDM from Y and J and were subjected to hierarchical cluster analysis. The m⁵C site levels in BL or LDM showed big differences between Y and J (Fig. 3C). More importantly, the phenotypic parameters of YJ ranked intermediate among the three pig breeds (Fig. 1B, C), and the m⁵C site levels in BL or LDM from YJ were also intermediate (Fig. 3C), implying that these different m⁵C sites were strongly related to fatness/growth-related phenotypes.

Next, we explored the underlying function of different m⁵C sites in BL or LDM. Since total mRNA m⁵C levels in BL or LDM were significantly higher in Y compared with J

(Fig. 1D), genes with higher m⁵C site levels in Y than J were selected and subjected to KEGG analysis. We observed that hypermethylated genes in BL and LDM were significantly enriched in signaling pathways linked to impaired adipogenesis and enhanced myogenesis (Fig. 3D), indicating that m⁵C negatively can regulate fat deposition and positively affects muscle differentiation. Besides, hypomethylated genes in BL and LDM were related to pathways, such as metabolic pathways and mTOR signaling (Fig. S1E), indicating that mRNA m⁵C may play an important role in metabolic regulation. To identify the function of m⁵C in our study, we performed RNA-seq of BL and LDM in the three breeds (Table S6). When comparing RNA abundance between m⁵C-modified and non-m⁵C-modified mRNAs in BL and LDM between Y and J, no significant correlation between mRNA abundance and m⁵C levels was observed (Fig. 3E), suggesting that m⁵C may not influenced adipose and muscle development by maintaining mRNAs expression.

Taken together, our hypothesis that m⁵C contributes to the fatness/growth-related phenotype in pigs, suggests that it has an important mechanistic role in adipogenesis and myogenesis.

m⁵C inhibits adipogenesis in PFs and promotes myogenesis in SCs

Since *NSUN2* was identified as the main mRNA m⁵C methyltransferase in many species [27], *NSUN2* was used to manipulate the m⁵C level in our study. Expectedly, knockdown of *NSUN2* significantly decreased the m⁵C level (Fig. S2A). Next, we constructed wild-type and mutant *NSUN2* (C274A/C324A) adenovirus plasmids (*NSUN2*-WT, *NSUN2*-MUT) by changing the m⁵C methyltransferase activity based on published work [8]. HPLC-MS/MS results show that overexpressing *NSUN2*-WT could significantly increase mRNA m⁵C levels, but overexpressing *NSUN2*-MUT did not affect mRNA m⁵C levels (Fig. S2B).

To explore the role of m⁵C in regulating adipogenesis, PFs were isolated from BL. In PFs, decreasing m⁵C levels by silencing *NSUN2* significantly enhanced lipid accumulation and mRNA expression of adipogenic transcription factors including peroxisome proliferator activated receptor gamma (*PPARG*), fatty acid binding protein 4 (*FABP4*) and CCAAT/enhancer binding protein alpha (*C/EBPA*) (Fig. 4A–C). Increasing m⁵C levels by overexpressing of *NSUN2*-WT (rather than *NSUN2*-MUT) impaired PFs adipogenic differentiation and inhibited expression of *PPARG*, *FABP4* and *C/EBPA* (Fig. 4D–F). Porcine muscle satellite cells (SCs) were isolated from LDM to investigate the role of m⁵C in regulating myogenesis. In SCs, decreasing m⁵C levels by silencing *NSUN2* impaired protein expression of myosin heavy chain 1 (*MYH1*) and the mRNA expression of the myogenic differentiation marker gene creatine kinase

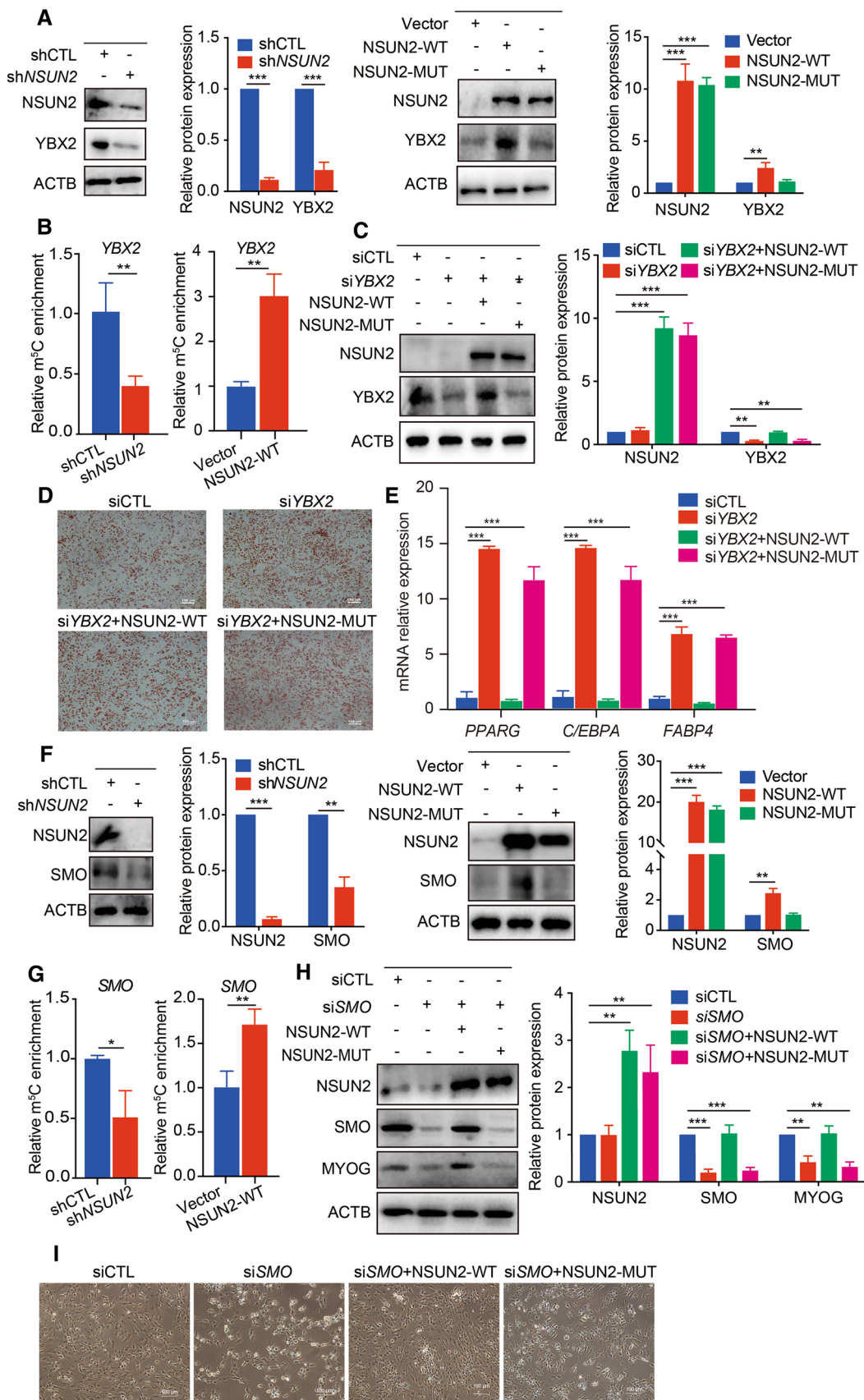


Fig. 6 YBX2 and SMO inhibit adipogenesis and promote myogenesis in m⁵C-dependent manner. **A** Western blotting of NSUN2 and YBX2 expression in PFs transfected with shCTL, shNSUN2, vector, NSUN2-WT or NSUN2-MUT adenovirus. ACTB was used as a loading control. The relative protein expression was quantified by densitometry and normalized to ACTB. All data are shown as means \pm S.D. **B** m⁵C-RIP-qPCR analysis of YBX2 in PFs transfected with shCTL, shNSUN2, Vector or NSUN2-WT adenovirus. Error bars, means \pm S.D., $n=3$. **C** Western blotting analysis in control or YBX2 knockdown PFs transfected with NSUN2-WT or NSUN2-MUT adenovirus. ACTB was used as a protein loading control. The relative protein expression was quantified by densitometry and normalized to ACTB. All data are shown as means \pm S.D. **D** Oil Red O staining analysis in control or YBX2 knockdown PFs transfected with NSUN2-WT or NSUN2-MUT adenovirus. Scale bar: 100 μ m. **E** qPCR analysis in control or YBX2 knockdown PFs transfected with NSUN2-WT or NSUN2-MUT adenovirus. 18S rRNA served as an internal RNA control. Error bars represent means \pm SD; $n=3$. **F** Western blotting of NSUN2 and SMO expression in SCs transfected with shCTL, shNSUN2, Vector, NSUN2-WT or NSUN2-MUT adenovirus. ACTB was used as a loading control. The relative protein expression was quantified by densitometry and normalized to ACTB. All data are shown as means \pm S.D. **G** m⁵C-RIP-qPCR analysis of SMO in SCs transfected with shCTL, shNSUN2, Vector or NSUN2-WT adenovirus. Error bars, means \pm S.D., $n=3$. **H** Western blotting in control or SMO knockdown SCs transfected with NSUN2-WT or NSUN2-MUT adenovirus. ACTB was used as a protein loading control. The relative protein expression was quantified by densitometry and normalized to ACTB. All data are shown as means \pm S.D. **I** Phase image in control or SMO knockdown SCs transfected with NSUN2-WT or NSUN2-MUT adenovirus. Scale bar: 100 μ m. The P values were determined using Student's t tests. * $P < 0.05$ ** $P < 0.01$, *** $P < 0.001$

M-type (*CKM*) (Fig. 4G–I). Expectedly, only increasing m⁵C levels by overexpressing NSUN2-WT rather than NSUN2-MUT could promote myogenesis in SCs (Fig. 4J–L), indicating that m⁵C triggers myogenesis. Thus, m⁵C blocked adipogenesis and up-regulated myogenesis.

YBX2 and SMO are the potential m⁵C targets for the regulation of adipogenesis and myogenesis

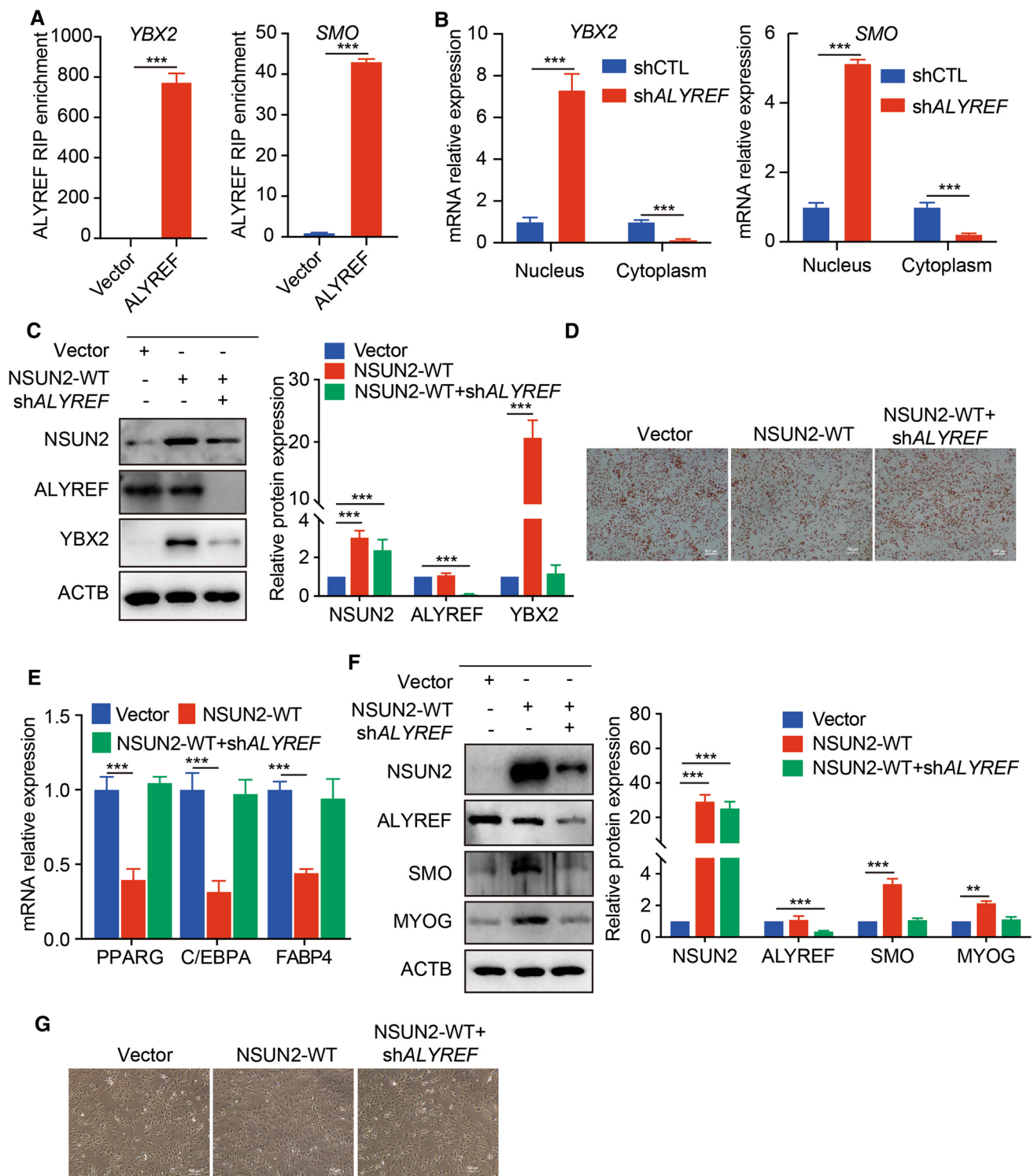
To uncover the underlying mechanism of m⁵C in adipogenesis and myogenesis, RNA-BisSeq and RNA-seq were conducted in PFs and SCs with or without knocking down of *NSUN2*. Only candidate m⁵C sites present in two replicates were used for further analyses (Fig. S3A, B, Table S7, 8). It is worth noting that median m⁵C levels (Fig. 5A) and distribution patterns of m⁵C sites in PFs and SCs (Fig. 5B) were similar in BL or LDM (Fig. 2C, E). When we identified 1824 and 1694 m⁵C sites with methylation levels reduction upon *NSUN2* knockdown in PFs and SCs (Fig. 5C), we observed almost the same result as in humans [8], suggesting that knockdown of *NSUN2* could significantly reduce the mRNA m⁵C level in PFs or SCs.

Next, enrichment analysis was performed to illustrate the potential function of m⁵C in *NSUN2*-knocked-down cells. In PFs with *NSUN2* knockdown, the differentially m⁵C-modified genes were significantly enriched in lipid catabolic processes which negatively correlated with adipogenesis (Fig. 5D). The differentially m⁵C-modified genes in *NSUN2*-knocked-down SCs were linked to myoblast migration which was essential for myogenesis (Fig. 5D). Interestingly, consistent with the tissue findings outlined above (Fig. 3E), depending on silencing of *NSUN2*, no significant RNA abundance changes were found between m⁵C-modified and non-m⁵C-modified mRNAs in PFs and SCs (Fig. 5E, Tables S9, S10), suggesting that m⁵C indeed regulated adipogenesis and myogenesis not by stabilizing mRNAs. Subsequently, to figure out potential m⁵C targets for the regulation of adipogenesis and myogenesis, we combined the RNA-BisSeq results from both tissues and cell data. *YBX2* and *SMO* were then ruled out as potential m⁵C targets for the regulation of adipogenesis and myogenesis. The methylation level of *YBX2* and *SMO* was higher in BL and LDM of Y compared with J (Fig. 5F).

Together, our results suggest that m⁵C regulation during inhibition of adipogenesis and promotion of myogenesis may occur through controlling lipid catabolism and myoblast migration via *YBX2* and *SMO*.

YBX2 and SMO inhibit adipogenesis and promote myogenesis in m⁵C-dependent manner

YBX2 belongs to the YBX family which is mainly involved in RNA binding, transcription and translation, and was previously reported to be required for cold-induced brown adipose tissue activation, which strongly relates to lipid catabolism [28]. It is worth noting that the protein levels of *YBX2* decreased when *NSUN2* was inhibited, and overexpression of *NSUN2*-WT rather than *NSUN2*-MUT could promote the expression of *YBX2* (Fig. 6A). Besides, meRIP-qPCR results showed that silencing *NSUN2* significantly decreased m⁵C level of *YBX2* mRNA, while overexpression of *NSUN2* increased the m⁵C level of *YBX2* mRNA (Fig. 6B), suggesting that *YBX2* was indeed affected in an m⁵C-dependent manner. Then, *YBX2* was blocked using *YBX2* siRNA during adipogenesis. We observed an aggravated lipid accumulation and increased mRNA expression of *PPARG*, *C/EBPA* and *FABP4* in *YBX2* knockdown PFs (Fig. 6C–E and Fig. S4A), which was consistent with the results in *NSUN2*-silenced PFs (Fig. 4A, B). More importantly, the enhanced adipogenesis in *YBX2* knocked-down PFs could be reversed by transfection with *NSUN2*-WT rather than *NSUN2*-MUT



(Fig. 6C–E and Fig. S4A). These findings demonstrate that m^5C inhibited lipid accumulation by targeting *YBX2*.

As a G protein-coupled receptor, *SMO* reportedly participates in myoblast migration and skeletal muscle development [29]. Deletion of *NSUN2* blocked protein expression of *SMO* in SCs, while only overexpression of *NSUN2*-WT

rather than *NSUN2*-MUT increased the *SMO* protein level (Fig. 6F). In addition, meRIP-qPCR showed that *SMO* mRNA could be dynamically methylated by silencing or overexpressing *NSUN2* (Fig. 6G), suggesting that m^5C was required for the regulation of *SMO* expression. To investigate the role of the candidate gene for myogenesis, we

Fig. 7 The role of YBX2 and SMO was mediated by ALYREF in a m⁵C-dependent manner. **A** RIP-qPCR analysis of YBX2 in PFs (left) and SCs (right) transfected with vector or ALYREF-Flag adenovirus. Error bars, means \pm S.D., $n=3$. **B** qPCR analysis of YBX2 and SMO mRNA in the nucleus or cytoplasm of control and ALYREF knockdown PF and SCs respectively. 18S rRNA served as an internal RNA control. Error bars represent means \pm SD; $n=3$. **C** Western blotting analysis in control or NSUN2-WT overexpressing PFs transfected with or without shALYREF adenovirus. ACTB was used as a protein loading control. The relative protein expression was quantified by densitometry and normalized to ACTB. All data are shown as means \pm S.D. **D** Oil Red O staining analysis in control or NSUN2-WT overexpressing PFs transfected with or without shALYREF adenovirus. Scale bar: 100 μ m. **E** qPCR analysis in control or NSUN2-WT overexpressing PFs transfected with or without shALYREF adenovirus. 18S rRNA served as an internal RNA control. Error bars represent means \pm SD; $n=3$. **F** Western blotting in control or NSUN2-WT overexpressing SCs transfected with or without shALYREF adenovirus. ACTB was used as a protein loading control. The relative protein expression was quantified by densitometry and normalized to ACTB. All data are shown as means \pm S.D. **G** Phase image in control or NSUN2-WT overexpressing SCs transfected with or without shALYREF adenovirus. Scale bar: 100 μ m. The P values were determined using Student's t tests. * $P < 0.05$ ** $P < 0.01$, *** $P < 0.001$

knocked down SMO and observed decreased expression of myogenin (MYOG) and a sharp decline in cell number (Fig. 6H, I and Fig. S4B). More importantly, the blocked expression of MYOG and myogenesis in SMO knocked-down SCs could be rescued by upregulating NSUN2-WT rather than NSUN2-MUT (Fig. 6H, I and Fig. S4B). Thus, m⁵C promoted myogenesis through targeting SMO.

The role of YBX2 and SMO was mediated by ALYREF in a m⁵C-dependent manner

Generally, m⁵C need to be recognized by its readers, Y-box-binding protein 1 (YBX1) or ALYREF, to exert a specific role for regulating mRNA stability and mRNA export [8, 14]. As the m⁵C modification did not affect mRNA levels of YBX2 and SMO, we examined whether ALYREF was the potential reader in controlling adipogenesis and myogenesis. To test this hypothesis, we performed RIP-qPCR analysis around the m⁵C sites and observed a significant enrichment of YBX2 and SMO in ALYREF-flag overexpressing cells (Fig. 7A). ALYREF could directly bind to YBX2 and SMO mRNA by recognizing m⁵C modification. Next, nucleus and cytoplasm RNAs were isolated to determine YBX2/SMO mRNAs subcellular location mediated by ALYREF. qPCR analysis revealed that the majority of mRNAs of YBX2 or SMO were accumulated in the nucleus when ALYREF was inhibited (Fig. 7B), suggesting that ALYREF served indeed as reader for the binding to YBX2 and SMO to regulate mRNA export. Functionally, increased YBX2 expression, decreased mRNA expression of adipogenic differentiation marker genes and reduced lipid accumulation

in NSUN2-WT overexpressing PFs could be rescued by silencing of ALYREF (Fig. 7C–E and Fig. S4C). Knockdown of ALYREF could reverse the augmented expression of SMO and MYOG and reinforcement of myogenesis when NSUN2-WT was overexpressed in SCs (Fig. 7F, G and Fig. S4D). Taken together, m⁵C inhibited adipogenesis and promoted myogenesis through ALYREF-m⁵C-YBX2 and ALYREF-m⁵C-SMO.

Discussion

Previous studies indicated that m⁵C is involved in various biological processes, including oxidative stress, adaptation to high temperatures, germ line stem cell development, maternal-to-zygotic transition and tumorigenesis, all by modulating mRNA subcellular localization, stability and translation [8, 11–14, 30, 31]. We found that m⁵C may play a critical role in tissue-specific functions including lipid metabolism and muscle development. We demonstrated that hypermethylated genes in BL and LDM were linked to reduced adipogenesis and enhanced myogenesis. NSUN2 was identified as the main m⁵C methyltransferase of mRNA in eukaryotes [8]. NSUN2-mediated m⁵C could control cell cycle progression via modulating cyclin-dependent kinase 1 (CDK1) and cyclin-dependent kinase inhibitor 1A (CDKN1A) translation in human cells [32, 33]. Moreover, reduction of m⁵C by depleting NSUN2 caused disturbed neuron differentiation and migration of neuroepithelial progenitors during brain development, resulting in Dubowitz-like syndrome [34]. Interestingly, it was demonstrated that the depletion of transcription factor MSX2 suppressed the transcription of NSUN2 [35]. In this study, we found that NSUN2 mRNA was much higher both in BL and LDM of Y compared to J or YJ, leading us to speculate that there may be some transcription factors that can regulate NSUN2 transcription in different pig breeds. In our study, we demonstrated that knockdown of NSUN2 could significantly reduce the mRNA m⁵C level in PFs or SCs. In addition to in vitro assays, we performed NSUN2 knockdown or overexpression assays to manipulate the mRNA m⁵C levels and we found that m⁵C inhibited adipogenesis and promoted myogenesis.

From the RNA-BisSeq data, we found that hypermethylated genes in BL and LDM were related to impaired adipogenesis and enhanced myogenesis. It was worth noting that the methylation level of YBX2 and SMO was higher in BL and LDM of Y compared with J, which was consistent with the RNA-BisSeq data from tissues, promoting us to explore the function of these two gene in pigs. It was observed that YBX2 is involved in the biological process of tumorigenesis, including human testicular seminoma and ovarian asexual germ cell tumor and oral squamous cell carcinoma [36, 37].

Besides, YBX2 was found to be enriched in BAT to target and maintain PPAR GC1A RNA stability during cold-induced brown fat activation [28]. In our study, we found that NSUN2-mediated m⁵C inhibition of adipogenesis by increasing YBX2 protein expression. However, whether YBX2 could regulate mitochondrial function and lipolysis via stabilizing *PPARGC1A* or other mRNAs will have to be answered in future experiments. As key regulator for fate determination of embryonic stem cells, Hedgehog signaling activation was frequently observed in development and tumorigenesis [38, 39]. SMO, the key component of Hedgehog signaling [40], was reported to promote myogenic proliferation and differentiation via the MAPK/ERK and PI3K/Akt pathway [29]. We observed restrained cell proliferation and differentiation of SCs during transfection with *SMO* siRNA. More importantly, the inhibitory effect in *SMO* knocked-down SCs could be rescued by overexpressing of NSUN2-WT, suggesting that the m⁵C-*SMO*-Hedgehog signaling axis may play a critical regulatory role during myogenesis or muscle development.

Similar to m⁶A, m⁵C readers, including ALYREF and YBX1, were required to recognize m⁵C modification in mRNA to exert its regulatory function. There is experimental evidence that ALYREF contributes to promoting mRNA export of m⁵C-containing mRNA [41]. Different from ALYREF, YBX1, a cytoplasmic mRNA m⁵C reader, regulates mRNA stability in the fruit fly, human and zebrafish [13, 14]. In our work, we could not confirm a significant difference in RNA abundance between m⁵C-modified and non-m⁵C-modified mRNA in vivo and in vitro. Presumably, m⁵C modification generally had no effect on mRNA stabilization in the development of adipose tissue and skeletal muscle. Rather, ALYREF was identified as m⁵C reader, regulating adipogenesis and myogenesis by promoting *YBX2* and *SMO* mRNA export. In conclusion, we describe a novel mechanism of mRNA m⁵C-mediated inhibition of adipogenesis and improved myogenesis. *YBX2* and *SMO* with higher m⁵C were recognized and exported to cytoplasm from nucleus by ALYREF leading to increased *YBX2* and *SMO* protein expression, thereby inhibiting adipogenesis and promoting myogenesis respectively. Although pigs are very similar to humans, it is necessary to verify the function of mRNA m⁵C in human tissues. As we known, the RNA m⁵C machinery is complex, thus further investigation focusing on systematic study of the underlying regulatory network of m⁵C-modified genes would provide significant opportunity to get insight into the coordination between mRNA m⁵C metabolism and adipose tissue or skeletal

muscle development. Our work provides a valuable resource for deciphering the function of mRNA m⁵C modification in the emergence of fatness and diseases relating to skeletal muscle dysfunction.

Conclusion

We discovered a novel mechanism of mRNA m⁵C-mediated inhibition of adipogenesis and advancement of myogenesis. *YBX2* and *SMO* with higher m⁵C are recognized and exported to the cytoplasm from the nucleus by ALYREF leading to increased *YBX2* and *SMO* protein expression, thereby inhibiting adipogenesis and promoting myogenesis respectively.

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Author contributions YHL, YY, RFW, XL, BTZ, CQH, YJL, YXL, YSC, WC, QJL, QJ, YLZ, ZB, GQG and YXY performed experiments under the supervision of XXW. YHL, CCG and XH performed bioinformatics analysis of sequence data. YHL wrote the manuscript under the supervision of XXW. YX, XJZ, YZW and XXW designed the project and XXW provided the final approval of the manuscript. Teresa G. Valencak reorganized the writing and figure layout, and revised the typo errors and grammar mistakes throughout our manuscript.

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Availability of data and material All data generated or analyzed during this study are included in this article. The datasets used during the current study have been deposited in the Genome Sequence Archive under the accession number CRA005591 linked to the project PRJCA007533.

Code availability The authors declare that the codes for data analyses from this study are available from the corresponding authors on reasonable request.

Declarations

Conflict of interest The authors declare no conflict of interest.

Ethical statement Sample collection in this study was performed according to the guidelines for the care and use of experimental animals established by the Ministry of Agriculture of China. All procedures were approved by the Committee on Animal Care and Use and Committee on the Ethics of Animal Experiments of Zhejiang University (ZJU2015-458-09).

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