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2B Determined: The Future of the Serotonin Receptor 2B in Drug Discovery

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Abstract

The cardiotoxicity associated with *des*-ethyl-dexfenfluramine (norDF) and related agonists of the serotonin receptor 2B (5-HT_{2B}) has solidified the receptor's place as a traditional "antitarget" in drug discovery. Conversely, a growing body of evidence has highlighted the utility of 5-HT_{2B} antagonists for the treatment of pulmonary arterial hypertension (PAH), valvular heart disease (VHD) and related cardiopathies. In this Perspective, we summarize the link between the clinical failure of fenfluramine-phentermine (fen-phen) with the subsequent research on the role of 5-HT_{2B} in disease progression, as well as the development of drug-like and receptor subtype-selective 5-HT_{2B} antagonists. Such agents represent a promising class for the treatment of PAH and VHD, but their utility has been historically understudied due to the clinical disasters associated with 5-HT_{2B}. Herein, it is our aim to examine the current state of 5-HT_{2B} drug discovery, with an emphasis on the receptor's role in the central nervous system (CNS) versus the periphery, as well as known and marketed compounds with 5-HT_{2B} antagonist activity as part of their broader polypharmacology.

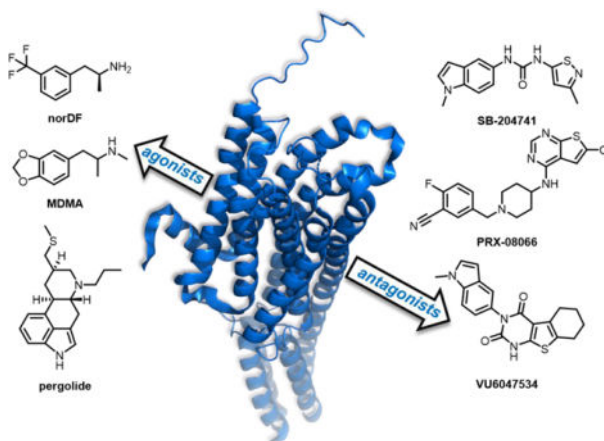
Graphical Abstract

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1. INTRODUCTION

1.1 Background and Characterization of 5-HT_{2B}.

Serotonin, 5-hydroxytryptamine (5-HT), is the endogenous ligand for the 5-HT receptor family, where it acts as a neurotransmitter and growth factor through various signaling pathways. Two superfamilies mediate the physiological actions of serotonin: G protein-coupled receptors (GPCRs) and ligand-gated ion channels, comprising fourteen total receptors between both families. The ligand-gated ion channels are currently comprised of one family: 5-HT₃. The GPCR superfamily includes 5-HT₁, 5-HT₂, and 5-HT₄₋₇ (Table 1), and was initially split into two distinct groups: the ‘D’ receptors for their irreversible interaction with the antagonist dibenzyline and the ‘M’ receptors for their ability to be blocked by morphine.¹ A 1979 study on brain homogenates identified distinct serotonin receptors: 5-HT₁ and 5-HT₂. 5-HT₁ was reported to have a higher affinity for serotonin, and 5-HT₂ had a high affinity for certain antagonists correlating with the ‘D’-type receptors previously described.² The 5-HT_{2B} subtype was first characterized in an organ bath studying the 5-HT-induced contraction of rat stomach fundus. The receptor was originally known as “5-HT_{2F}” for “stomach fundus” but was later changed to 5-HT_{2B} to match the proposed nomenclature.³ Following the discovery and characterization of 5-HT_{2B}, the receptor has been implicated in many important roles within the cardiovascular system, central nervous system (CNS), and gastrointestinal (GI) tract.

1.2 Relationship to Other Serotonin Receptors.

Currently, the seven receptor subtypes are separated by their primary signaling pathways (Table 1).⁴ The 5-HT₂ family is G_{q/11}-coupled, which activates various signaling molecules and intracellular calcium release from the endoplasmic reticulum. The family is divided into three distinct subtypes: 5-HT_{2A}, 5-HT_{2B}, and 5-HT_{2C}. While 5-HT_{2A} and 5-HT_{2C} are more closely related, 5-HT_{2B} shares similar sequence homology with both 5-HT_{2A} and 5-HT_{2C}, with up to 79% similarity within the transmembrane domain and 50% overall.⁵ There is high homology between 5-HT_{2B} across species compared to the human receptor: rat (79%), mouse (82%), dog (83%), and pig (95%).⁶⁻⁸

1.3 Roles of 5-HT_{2B} in Physiological Processes.

The primary physiological effects of 5-HT_{2B} are mediated through the canonical G_{q11} protein signaling pathway (calcium release and activation of secondary signaling molecules, see Figure 1).^{9–11} Receptor expression can be found throughout the body, with the highest expression levels in the liver, kidneys, stomach fundus, and gut. 5-HT_{2B} has relatively moderate expression in the cardiovascular system, and low expression within the CNS.¹² Within the GI tract, 5-HT_{2B} is responsible for gut motility and hypersensitivity of colonic smooth muscle.¹³ Within the CNS, 5-HT_{2B} is thought to be involved in sleep initiation as well as regulation of the central respiratory system and blood volume.^{14,15} Cardiovascular expression and activation of 5-HT_{2B} can lead to myofibroblast proliferation and valvular heart disease (VHD) by increasing valve area and causing poor valve closure, which will be discussed in this Perspective.¹⁶ It is because of this expression in the cardiovascular system that 5-HT_{2B} is considered a prototypical “antitarget” in medicinal chemistry programs.

2. ANTITARGETS

2.1. The “Antitarget” Designation.

In pharmacology, an “antitarget” is broadly defined as any biological target that “[is] detrimental towards progression of [a] compound towards becoming a drug.”¹⁷ A ligand’s activity at an antitarget falls under the broader umbrella of “off-target” activity, which is generally unanticipated at the outset of a drug discovery program (it is not explicitly designed but need not necessarily be detrimental).^{17,18} While select antitargets garner the majority of attention in the medicinal chemistry literature, and indeed seem to be encountered more frequently in drug discovery programs, the full list of known antitargets is broad and diverse (and certainly not comprehensive).¹⁸ In short, any biological target that, upon engagement by a ligand, has the potential to induce adverse drug reactions (ADRs) can be classified as an antitarget.¹ As will be further discussed, such a classification is often dependent on the specific mode of pharmacology of the ligand at the target in question (i.e. activation vs. inhibition).^{17,19}

The labelling of a specific biological target as an antitarget also need not be absolute. A given target may be unofficially reexamined and reclassified over time, and an antitarget designation is often program specific. For example, agonist activity at the serotonin receptor 2A (5-HT_{2A}) is associated with visual hallucinations and psychedelic experiences, and indeed many of the classical psychedelics are robust 5-HT_{2A} agonists (lysergic acid diethylamide (LSD), psilocin, etc.).²⁰ However, given the recent resurgence of this class of molecules in the context of psychedelic-assisted therapy,²¹ in which the overt psychedelic effects are postulated by many to be at least partly responsible for the observed efficacy,²² a blanket classification of 5-HT_{2A} as an antitarget seems inappropriate. For indications unrelated to psychedelic-assisted therapy, however, such effects would almost certainly be undesired.

2.2. Examples of Antitargets.

In addition to 5-HT_{2A} and other GPCRs,²³ the current list of biological targets deemed “anti” is broad and includes kinases,²⁴ ion channels,²⁵ cytochrome P450s,²⁶ and efflux

pumps.²⁷ Perhaps the most well-known and frequently encountered antitarget in the drug discovery literature is the human Ether-à-go-go-Related Gene, or the hERG channel.^{28–30} hERG is a potassium ion channel expressed in cardiac tissue, and plays a critical role in the regulation of the heart's electrical activity.³¹ Specifically, disruption of hERG is associated with the development of potentially fatal Long QT Syndrome (LQTS), an unnatural lengthening of the QT cardiac repolarization interval.³²

hERG has become a canonical antitarget amongst drug discovery scientists.³³ Activity at the channel is routinely screened at early stages of the drug discovery pipeline, and strategic medicinal chemistry is implemented (if necessary) to avoid hERG inhibition for next generation molecules. This is due in no small part to the channel's promiscuity; hERG-biased pharmacophores are routinely encountered in drug-like chemotypes,³⁴ and compounds across a broad range of indications have been pulled from the market following observations of hERG-related cardiac abnormalities.^{35,36} Other potential antitargets, however, are less ubiquitous and therefore are not always a component of routine counter-screening. Subsequently, many undiscovered or poorly characterized targets likely exist that have the potential to become as notorious as hERG, and conversely, screening may eventually be deprioritized for other putative antitargets as their roles in physiological processes become clearer. A selection of notable biological antitargets, their associated risks, and exemplary ligands is summarized in Table 2.

To reiterate, an antitarget label does not completely preclude the utility of a target (many of our most important and useful drugs target 5-HT_{2A}, calcium channels, and the mu opioid receptor (μ OR), Table 2). As will be further discussed, a target's physiological location (central vs. peripheral tissue) can also be deeply important concerning the manifestation of ADRs.

3. 5-HT_{2B} AS AN ANTITARGET

3.1. Fen-Phen and Related Compounds.

It is now well established that excessive activation of 5-HT_{2B} can lead to an increased risk for a number of cardiopathies including pulmonary arterial hypertension (PAH)³⁷ and valvular heart disease (VHD).³⁸ The wealth of available literature demonstrating this link^{21,22,44–47} is directly related to the 1997 withdrawal of the combination anti-obesity regimen fenfluramine/phentermine (fen-phen, Figure 2), which was associated with PAH and VHD in humans. In the original press release, the FDA stated that the basis for the withdrawal was “based on new findings from doctors who have evaluated patients taking these two drugs with echocardiograms, a special procedure that can test the functioning of heart valves. These findings indicate that approximately 30 percent of patients who were evaluated had abnormal echocardiograms, even though they had no symptoms. This is a much higher than expected percentage of abnormal test results.”⁴⁸ The year prior, Connolly et al. identified a patient population of 24 women treated with fen-phen who developed VHD despite no history of cardiac disease.⁴⁵ Additional studies from around this time demonstrated that a regimen of fenfluramine or its (*S*)-enantiomer dexfenfluramine (DF, Figure 2), increased the risk of developing PAH by a factor anywhere between 3.7 and 23-fold.^{49,50} A large population-based study of patients previously taking either fenfluramine,

DF, or phentermine revealed several cases of idiopathic valvular disorders in patients taking fenfluramine or DF (with no cases noted for the phentermine population).⁴⁷ Cumulatively, these studies strongly suggest that fenfluramine (and DF) were the agents responsible for the observed cardiopathies.

3.2. Molecular Pharmacology.

Although DF itself binds only weakly to the 5-HT_{2A}, 5-HT_{2B}, and 5-HT_{2C} receptors, its primary metabolite, *N*-des-ethyl DF (norDF, Figure 2) is a high affinity 5-HT_{2B} ligand with selectivity relative to 5-HT_{2A} and 5-HT_{2C} (5-HT_{2B} K_i = 11.2 ± 4.3 nM).³⁸ In functional assays, norDF is a potent agonist that stimulates phosphoinositide hydrolysis, intracellular Ca²⁺ levels, and the MAPK cascade (EC₅₀ = 23–24 nM in IP hydrolysis and Ca²⁺ mobilization assays).^{38,51} Phentermine, by contrast, has no appreciable 5-HT_{2B} binding affinity up to 10 μM, and is primarily a dopamine-releasing agent.³⁸ A convergent body of evidence indeed suggests that the progression of both PAH and VHD are associated with highly increased 5-HT_{2B} receptor expression levels, and that 5-HT_{2B} activation is essential for disease progression.^{37,38,46,52,53} Rodent studies have since recapitulated the DF-induced development of PAH observed in human subjects,^{37,52,53} and additional studies have noted similar cardiopathies, primarily VHD, for other 5-HT_{2B} agonists including MDMA,⁵⁴ pergolide,^{54,55} and methysergide^{38,56}. Taken together, these results strongly indicate substantial risks for treatments involving 5-HT_{2B} agonists, and it has been recommended that all serotonergic drugs be screened for this functional profile.^{38,54} (Several widely used 5-HT_{2A} agonists including DMT, LSD, psilocin and related phenethylamines and tryptamines are relatively non-selective relative to 5-HT_{2B}; the increasingly prevalent use of such compounds will need to be reconciled with the risks associated with 5-HT_{2B} activation).^{57–59}

Unsurprisingly, 5-HT_{2B} is now widely regarded as one of the primary antitargets in drug development pipelines, but it is critical that a compound's mode of pharmacology at the receptor be fully understood before de-prioritization is initiated. A variety of receptor profiling tools, *in silico* cheminformatics assays, 5-HT_{2B} functional assays, and suggested safety margins have been recommended toward this end.⁶⁰ Currently, there is no evidence to suggest a role for 5-HT_{2B} *antagonists* in the development of PAH and VD, and the paucity of such compounds, particularly those highly selective for 5-HT_{2B}, have not indicated a potential for mechanism-based toxicity (cardiac or otherwise) associated with 5-HT_{2B} inhibition. Moreover, as will be discussed in the following sections, such agents have the potential to be disease-modifying treatment strategies for these and related cardiac disorders.⁷

4. 5-HT_{2B} ANTAGONISTS AND ANIMAL MODELS

4.1. SB-204741.

Work to elucidate fen-phen's off-target 5-HT_{2B} agonism led to the hypothesis that 5-HT_{2B} antagonism is a potential therapeutic for cardiopulmonary diseases. Of the multitude of selective and non-selective 5-HT_{2B} antagonists, SB-204741 was the first synthesized (1994) and is widely used; it has a high affinity for 5-HT_{2B} (pK_i = 7.95) and high selectivity (>135

compared to 5-HT_{2C}, the receptor most closely matching 5-HT_{2B} in morphology.^{61,62} One of the first animal studies in which SB-204741 was utilized involved antagonizing individual 5-HT₂ receptors to investigate renal sympathoinhibition and mean arterial blood pressure following intracerebroventricular administration of quipazine, a 5-HT₂ agonist, in rats¹⁵. SB-204741 has been used to study the blockade of 5-HT_{2B} in the context of several cardiopulmonary diseases such as pulmonary hypertension,^{37,63,64} myocardial infarction,⁶⁵ and calcific aortic valve disease,^{66,67} with encouraging results in the prevention of disease progression.

4.2. Gene Editing.

In addition to the administration of antagonists, mouse models that target 5-HT_{2B} through genetic ablation have confirmed the receptor's role in cardiopulmonary disease. In one report, the 5-HT_{2B} allele was rendered nonfunctional in embryonic stem cells through the interruption of the protein reading frame; this was done by introducing the bacterial *neo* gene in exon 2 of the 5-HT_{2B} gene sequence.⁶⁸ Ablation of both copies of the 5-HT_{2B} gene results in viable offspring, with mutant mice growing to adulthood; however, due to its importance in heart development, 5-HT_{2B} mutant mice demonstrate ventricular hypoplasia, myocyte disarray, and ventricular dilation.^{68,69}

The gene editing technology “Cre-Lox” allows for the knockout of both 5-HT_{2B} alleles in a time- and site-specific manner through homologous recombination. It relies upon the recognition of specific DNA sequences called loxP sites by the enzyme Cre recombinase, which is activated by a tissue-specific promoter that itself is induced exogenously by a stimulus, such as tamoxifen or doxycycline.⁷⁰ Tissue-specific promoters such as Transcription factor 21(Tcf21)^{Cre}, Periostin (Pstn)^{Cre}, and Angiopoietin-1 receptor gene (Tie2)^{Cre} are useful tissue-specific promoters that provide cell-lineage tracing capabilities, as Tcf21 is expressed in resident fibroblasts, Pstn is expressed in myofibroblasts, and Tie2 is expressed in endothelial cells.^{71–73} 5-HT_{2B} conditional knockout models have been used to investigate cardiopulmonary fibrosis in diseases such as myocardial infarction⁶⁵ and PAH.⁶⁴

4.3. Relevant Signaling Pathways.

5-HT_{2B} agonism results in downstream activation of the signal transduction pathway Ras/Raf/mitogen-activated protein kinase (MAPK), leading to an increase in rate of cell division and proliferation.^{9,74} Cytoplasmic tyrosine kinases (e.g., Src) are key mediators of G protein-coupled receptor (GPCRs) signaling to the MAPK pathway.^{9,75} Additionally, transforming growth factor-β1 (TGF-β1) is a cytokine that mediates fibroblast proliferation, extracellular matrix (ECM) deposition, and myofibroblast differentiation⁷⁶ through SMADS, the substrates for TGF-β1 receptors. TGF-β1 and its fibrotic activity is upregulated upon 5-HT_{2B} agonism due to signaling pathway crosstalk via Src phosphorylation.⁶⁷

With 5-HT_{2B} leading to increased stromal fibroblast and myofibroblast proliferation, combined with the increased deposition of collagen into the ECM,⁷⁷ this provides a rational hypothesis for the pathophysiology of many cardiopulmonary diseases involving 5-HT_{2B} signaling (Figure 3). In PAH, the core etiology is unchecked muscularization of the pulmonary arterioles; the tissue-specific promoter Tie2^{Cre} allows for targeted 5-HT_{2B}

ablation in the bone marrow-derived proangiogenic cells (PACs) and results in normalized arteriole compliance.⁶⁴ Conditional 5-HT_{2B} ablation in myocardial infarction using tissue-specific Cre promoters demonstrated that resident fibroblasts and myofibroblasts were the main culprit of detrimental scar thickness and heart contractility.⁶⁵ Similarly, calcific aortic valve disease is characterized by fibrotic deposition on aortic valve leaflet cusps by aortic valve interstitial cells (AVICs), and antagonism of 5-HT_{2B} opposed AVIC activation through a myofibroblast, and therefore TGF- β 1, mechanism.^{66,67} Taken together, these studies indicate that 5-HT_{2B} inactivation is an attractive strategy for modifying cardiopulmonary fibrotic disease.

5. DEVELOPMENT OF NEXT GENERATION 5-HT_{2B} ANTAGONISTS

5.1. Preclinical Compounds.

From a medicinal chemistry perspective, a number of interesting 5-HT_{2B} structure-activity relationship (SAR) studies are reported in the literature, with programs ranging from early lead optimization^{61,78–81} through clinical development.^{82,83} In both cases, the optimization for selectivity relative to 5-HT_{2A} and 5-HT_{2C} is a critical parameter, and in many programs has proven challenging to attain for both receptors simultaneously.^{61,81,84} In the 1990s, a series of reports detailing compounds derived from yohimbine,⁸¹ and substituted indoles and indolines^{61,78–81} described reasonable (~100 fold) selectivity for 5-HT_{2A} and/or 5-HT_{2C} (see Figure 4 for a selection of reported 5-HT_{2B} chemotypes). In the latter class, the previously discussed isothiazole SB-204741 is considered to be the first reported selective 5-HT_{2B} antagonist (Figure 4).⁶¹ While these early reports are admirably thorough with respect to SAR and 5-HT_{2A/2C} selectivity profiling, they contain limited information regarding pharmacokinetics (PK) and broader ancillary pharmacology. Bonhaus et al. subsequently reported a series of naphthylpyrimidines, including RS-127445, which displays improved 5-HT_{2B} selectivity (~1,000 fold against a broader off-target profile), albeit with limited oral bioavailability in rats (Figure 4).⁸⁴ Additional reports of selective 5-HT_{2B} antagonists with more detailed PK profiles have slowly started to emerge in the literature.^{85,86} More recently, members of the 2-thiazoline pulicatin class of natural products (and synthetic derivatives) were reported to have high selectivity for 5-HT_{2B} relative to a broader panel of serotonin receptor subtypes (Figure 4).⁸⁷ As before, drug development-enabling PK information is not reported. In 2023, Schieferdecker and Vock reported detailed 5-HT_{2B} pharmacophore models which are likely to aid in the development of next-generation ligands with robust subtype selectivity.⁸⁸

5.2. Clinical Compounds.

With respect to the clinical development of more advanced molecules, thiophenylpyrimidine PRX-08066 (Figure 4) is a potent and selective 5-HT_{2B} antagonist developed by Epix Pharmaceuticals, which was shown to be highly effective in the treatment of drug-induced PAH and VHD in rats.⁸² As of 2009, a Phase 2, “3-month open label study to evaluate the safety and efficacy of PRX-08066 in patients with pulmonary hypertension and COPD” was terminated for undisclosed reasons.⁸⁹ Terguride, a potent ergoline 5-HT_{2A}/5-HT_{2B} dual antagonist,⁸³ was granted orphan drug status for PAH treatment as of 2008,⁹⁰ although clinical development was ultimately discontinued by 2011 due to lack of efficacy.^{91,92} In

the absence of more concrete findings, it is difficult to speculate on the reasons for these terminations (in the case of terguride the issue is thought to be related to appropriate plasma exposure levels),⁹² but there is clearly a need for a more thorough discussion on PK, exposure, and tolerability of clinical-stage 5-HT_{2B} antagonists in the literature. These data will be critical for the design of future clinical trials with next generation molecules.

6. 5-HT_{2B} POLYPHARMACOLOGY

6.1. Marketed 5-HT_{2B} Antagonists.

Many currently marketed drugs (as well as widely studied compounds in late stage clinical development) display robust 5-HT_{2B} antagonism in radioligand binding assays as part of their broader polypharmacological profile. This is primarily true of antipsychotic medications, although examples of antidepressants, antihypertensives, antiparkinsonians, and antisedatives with 5-HT_{2B} activity are also known. A search of the National Institute of Mental Health's Psychoactive Drug Screening Program (NIMH-PDSP)⁹³ K_i Database for 5-HT_{2B} ligands with K_i's < 100 nM returns over 500 unique results, one of which, aripiprazole, is still among the top 100 pharmaceuticals in terms of yearly sales (Table 3).⁹⁴ Although many of these compounds are promiscuous with respect to additional CNS receptor targets, it seems clear that 5-HT_{2B} antagonist activity (which should of course be rigorously characterized during development) should not preclude a compound from advancement to the clinic.

While many of the examples reported here fall into similar indication classes, a couple of examples warrant further discussion. Lisuride is a potent dopamine agonist and a synthetic ergoline derivative, a class to which cabergoline and pergolide also belong. Of these and related dopamine agonists, only cabergoline and pergolide (5-HT_{2B} agonists) were associated with VHD after long term use; 5-HT_{2B} antagonists (i.e. lisuride) demonstrate no such association. Indeed, lisuride has been prescribed for decades without a single known VHD report.^{102,103} Although a lack of association does not necessarily demonstrate prevention, examples also exist of marketed drugs with 5-HT_{2B} antagonism as part of their polypharmacology that explicitly reverse drug-induced VHD. Cyproheptadine, a first-generation tricyclic antihistamine with potent 5-HT_{2B} antagonist activity (K_i = 1.5 nM)⁹⁶, has been shown to reverse pergolide-induced valvulopathy in rats.¹⁰⁴ Future analyses of patient populations taking one or more of these compounds will be important to further understand the potential for drug repurposing toward the prevention or treatment of VHD and related disorders.

It is worth noting that the compounds in Table 3 represent only molecules that are known to be psychoactive (CNS-penetrant). As will be discussed in the next section, it will be important to understand the potential risks associated with centrally-mediated 5-HT_{2B} antagonism with the development of any next generation therapeutic.

7. NOVEL 5-HT_{2B} ANTAGONISTS FOR PAH TREATMENT

7.1. VU6047534 and Analogs.

Our group has recently disclosed a potent and highly selective 5-HT_{2B} antagonist, VU6047534, which possesses rodent PK properties suitable for proof-of-concept studies (Figure 5). Structurally, VU6047534 is derived from the SB204741-like series of urea-indoles, but is cyclized to give a substituted thieno[2,3-*d*]pyrimidine-2,4(1*H*,3*H*)-dione backbone. Encouragingly, VU6047534 demonstrated robust efficacy in Sugen-hypoxia mouse models of PAH prevention and treatment, as well as the prevention of right ventricle hypertrophy in Sugen-hypoxia and pulmonary arterial banding models. VU6047534 also displayed no significant off-target responses in the Eurofins Panlabs ancillary pharmacology screen of 68 common membrane proteins, ion channels and transporters (including the hERG channel),¹⁰⁵ and was clean with respect to cytochrome P450 inhibition across 4 major isoforms (1A2, 2C9, 2D6, 3A4 IC₅₀s >30 μM).¹⁰⁶

Although VU6047534 displays negligible brain exposure in mice (Figure 5), this compound is predicted to have moderate brain exposure in human subjects due to a relative lack of P-glycoprotein (P-gp)-mediated efflux (3.7 efflux ratio, P_{appA-B} = 18.0 10⁻⁶ cm/s). Centrally-mediated 5-HT_{2B} antagonism is thought to be associated with a variety of adverse effects including depression, aggression, impulsivity, and suicidality. The presence of a relatively common 5-HT_{2B} stop codon exclusive to Finnish populations has been associated with these types of psychiatric diseases, highlighting the potential dangers associated with a centrally-penetrant antagonist.¹⁰⁷⁻¹⁰⁹

An important caveat, however, is that all of the drugs listed in Table 3 are known to be CNS-active, and many are routinely and safely taken by millions across the globe. While the majority of these compounds tend to be promiscuous with respect to off-target activity at additional CNS receptors, it is tempting to speculate that CNS-penetrant compounds with robust 5-HT_{2B} antagonist activity may be well tolerated with long term use (at least for a majority of the population). Further research in this area is clearly needed to understand this apparent discrepancy.

Subsequent SAR on the VU6047534 scaffold, specifically the exploration of polar indole *N*-substitutions, yielded next generation molecules with comparable potency and selectivity profiles that are predicted to be robust P-gp efflux substrates (VU6055320; 69.4 efflux ratio, P_{appA-B} = 0.35 10⁻⁶ cm/s).¹⁰⁶ Further preclinical characterization (and assessment for efficacy in similar rodent models) will be needed for these next generation 5-HT_{2B} antagonists, and such studies are ongoing in our laboratories. Additionally, we have recently disclosed results from a high-throughput screen (HTS) aimed at identifying additional chemical matter for the development of structurally orthogonal 5-HT_{2B} antagonists.¹¹⁰ Our HTS campaign led to the immediate identification of potent and selective compounds (5-HT_{2B} IC₅₀s in the low nanomolar range; <50% inhibition of 5-HT_{2A/2C} at 10 μM). Furthermore, selected compounds from the most potent reconfirmed hits were selected for profiling in the P-gp assay, with exemplary compounds showing a low potential for brain exposure in human subjects.¹¹⁰

8. CONCLUSIONS AND PERSPECTIVES

While 5-HT_{2B} has historically been viewed as an antitarget by medicinal chemists, the assessment of a compound's mode of pharmacology at the receptor is crucial. The difference between 5-HT_{2B} agonism and antagonism could mean the difference between a cardiotoxic agent (fen-phen) and a disease modifying treatment for PAH, VHD, and related disorders. It is our hope that the chemical scaffolds described herein will provide a useful platform for drug discovery scientists interested in this field, as there still exists an enormous unmet need to develop a 5-HT_{2B} antagonist with the full package of properties suitable for clinical development. Strategies for 5-HT_{2B} inactivation also need not be limited to simple orthosteric antagonists; the development of negative allosteric modulators (NAMs) and 5-HT_{2B}-specific protein degraders could also prove viable. Regardless of the approach, it is our belief that the future for drug discovery at this receptor is bright.

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Biographies

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William B. Livingston received his B.S. degree from the Jacobs School of Engineering at the University of California San Diego in 2022. He then joined the Merryman Mechanobiology Laboratory in 2022 as a pre-doctoral student in the Biomedical Engineering Department at Vanderbilt University, where he is currently investigating the role of 5-HT_{2B} in hypertrophic cardiomyopathy.

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ABBREVIATIONS USED

5-HT	5-hydroxytryptamine
5-HT_{2A}	serotonin receptor 2A
5-HT_{2B}	serotonin receptor 2B
5-HT_{2C}	serotonin receptor 2C
ADRs	adverse drug reactions
AVICs	aortic valve interstitial cells
CNS	central nervous system
DF	dexfenfluramine
DMT	dimethyltryptamine
ECM	extracellular matrix
FDA	Food and Drug Administration
GI	gastrointestinal
GPCR	G protein-coupled receptor
hERG	human ether-à-go-go-related gene
i.p.	intraperitoneal
IP	inositol monophosphate
K_i	inhibition constant
K_p	total brain:total plasma ratio
LQTS	long QT syndrome
LSD	lysergic acid diethylamide
MAPK	mitogen-activated protein kinase

MDMA	3,4-methyl enedioxy methamphetamine
μOR	mu opioid receptor
NIMH-PDSP	National Institute of Mental Health's Psychoactive Drug Screening Program
norDF	<i>des</i> -ethyl-dexfenfluramine
PACs	proangiogenic cells
PAH	pulmonary arterial hypertension
P-gp	P-glycoprotein
PK	pharmacokinetic
Pstn	periostin
SAR	structure-activity relationship
Tcf21	transcription factor 21
TGF-β1	transforming growth factor-β1
Tie2	angiopoietin-1 receptor gene
VHD	valvular heart disease

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- **Significance:** Antagonists of the serotonin receptor 2B (5-HT_{2B}) are a promising and underexplored potential treatment for pulmonary arterial hypertension (PAH) and valvular heart disease (VHD).
- **Impact:** 5-HT_{2B} antagonists are disease modifying with respect to PAH and VHD in preclinical species, and could translate to a first in class treatment in human subjects.
- **Innovation:** Structurally-novel 5-HT_{2B} antagonists with favorable selectivity and pharmacokinetic (PK) profiles are being profiled for clinical development.

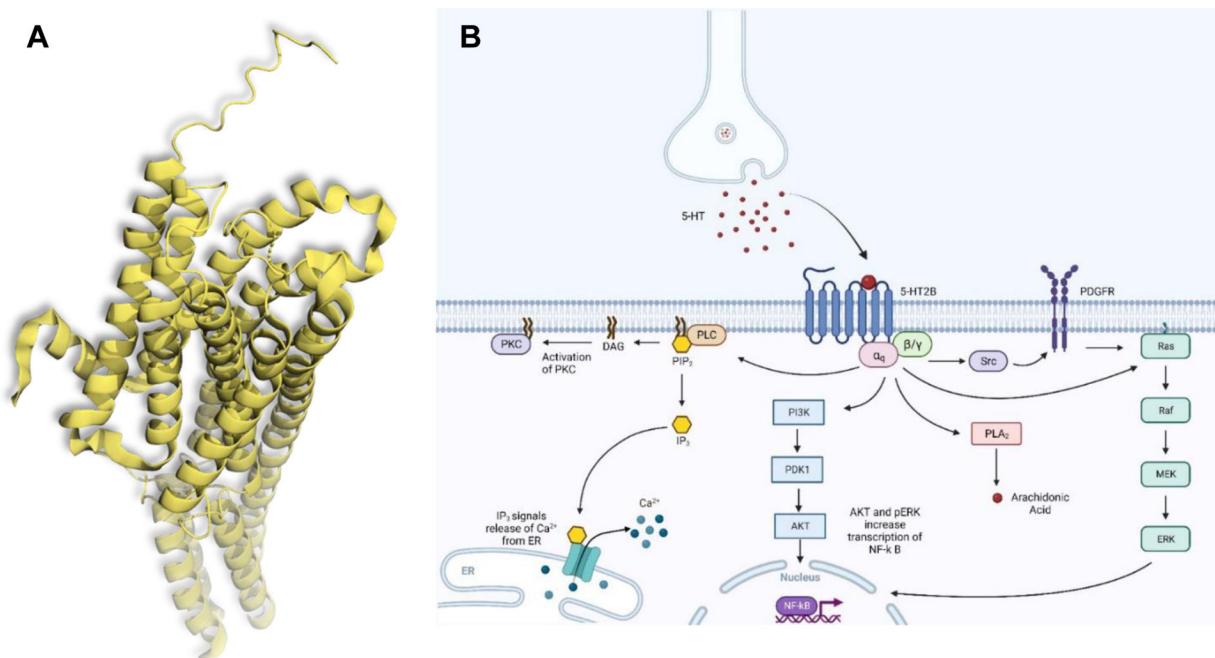


Figure 1. (A) Crystal structure of the human 5-HT_{2B} receptor, PDB: 5TVN. (B) Signaling Pathways Associated with 5-HT_{2B} (Adapted from “Activation of Protein Kinase C (PKC)”, by BioRender.com (2023). Retrieved from <https://app.biorender.com/biorender-templates>).

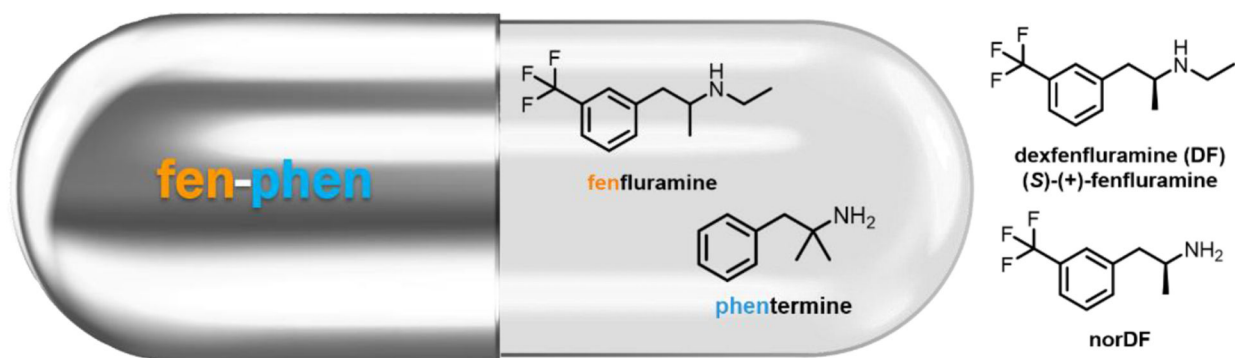


Figure 2.
Chemical Structures of Key 5-HT_{2B} Agonists

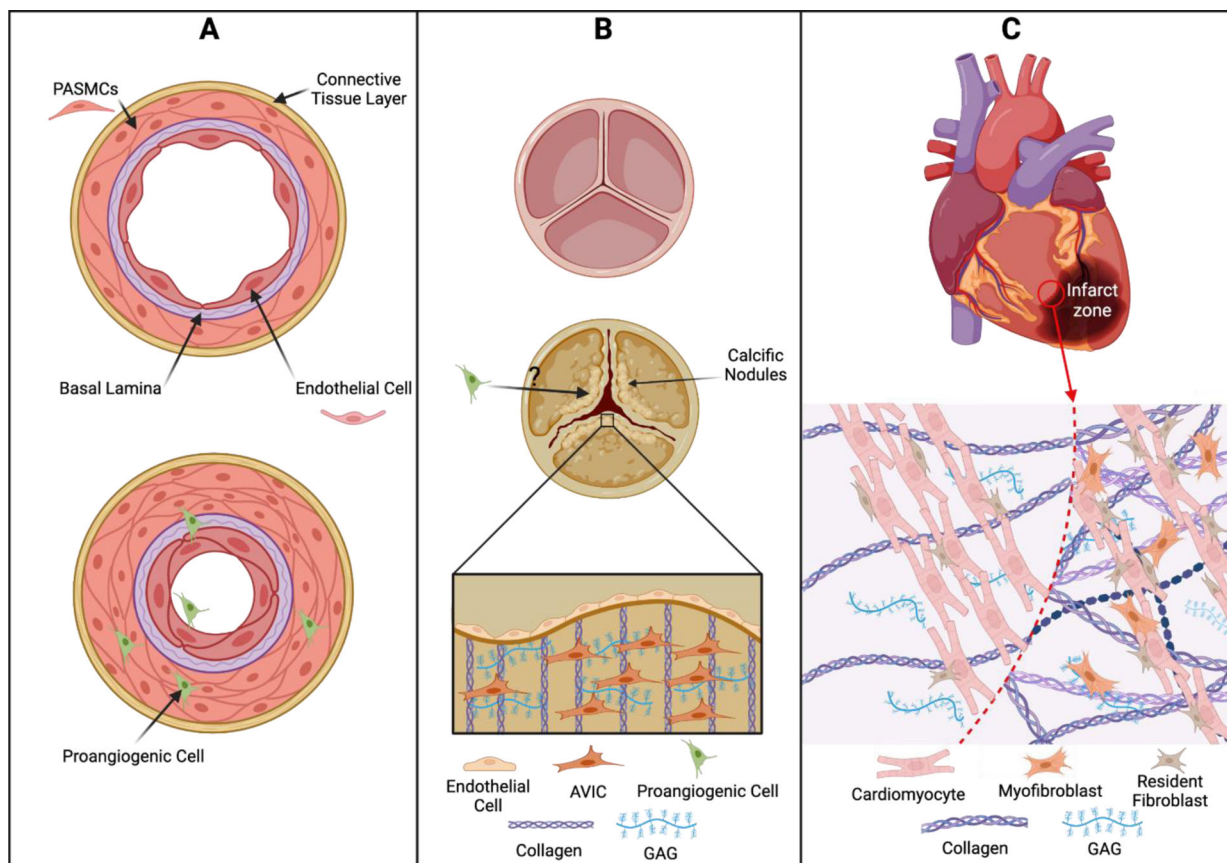


Figure 3.

(A) 5-HT_{2B}-mediated recruitment of proangiogenic cells in pulmonary arterial hypertension leads to muscularization of pulmonary arterioles, shown by proliferation of pulmonary artery smooth muscle cells (PASMCs). (B) Valve remodeling in calcific aortic valve disease is driven by aortic valve interstitial cells (AVICs) that increase deposition of collagen and glycosaminoglycans (GAG) into the ECM; this stiffens the aortic valve leaflets and decreases valve compliance. It is unknown whether proangiogenic cells play a role in remodeling the valve ECM. (C) Myofibroblasts are responsible for ECM stiffening and scar tissue formation of the infarct zone in myocardial infarction, causing cardiac tissue deterioration, decreased compliance, and decreased cardiac output. Retrieved from <https://app.biorender.com>

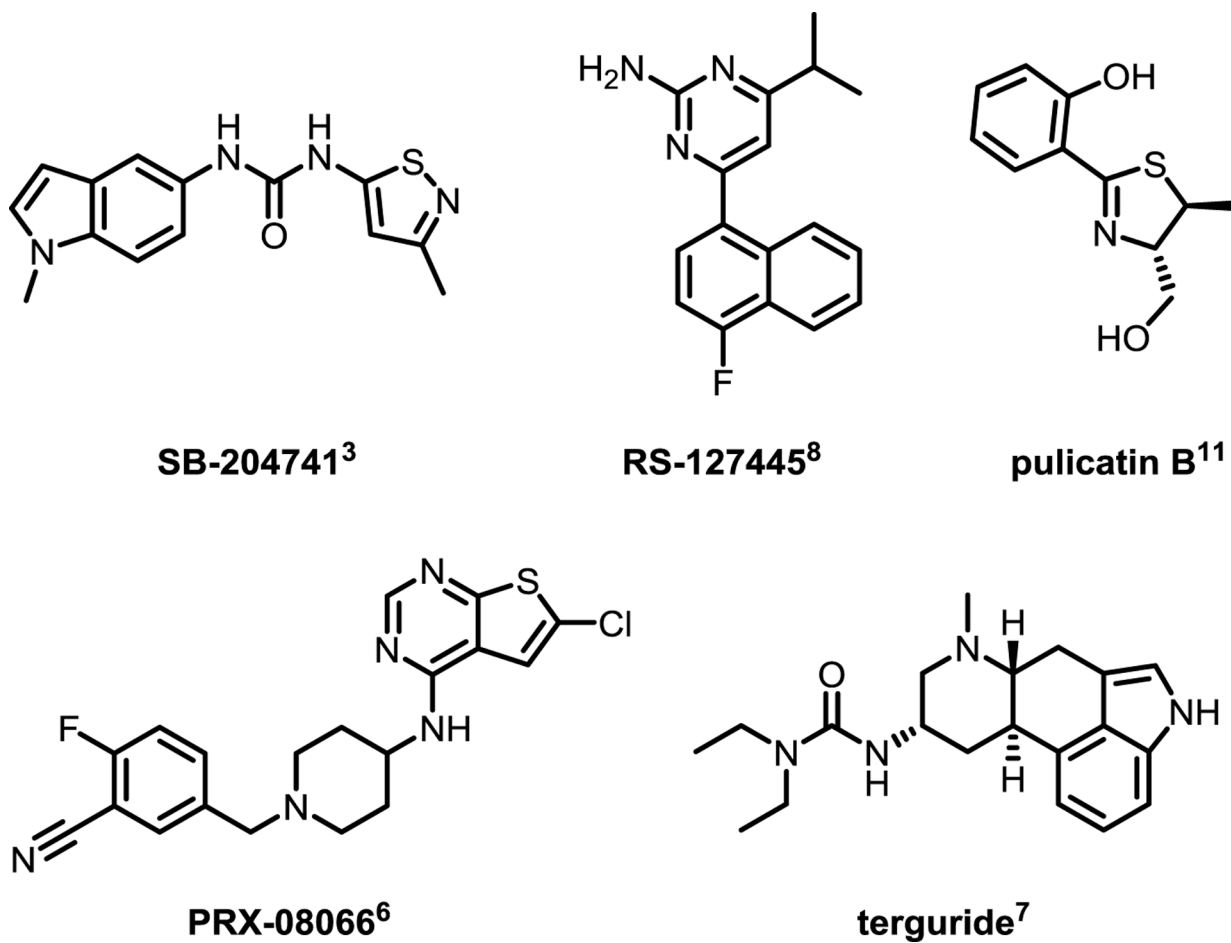


Figure 4.
Chemical Structures of Selected 5-HT_{2B} Antagonists

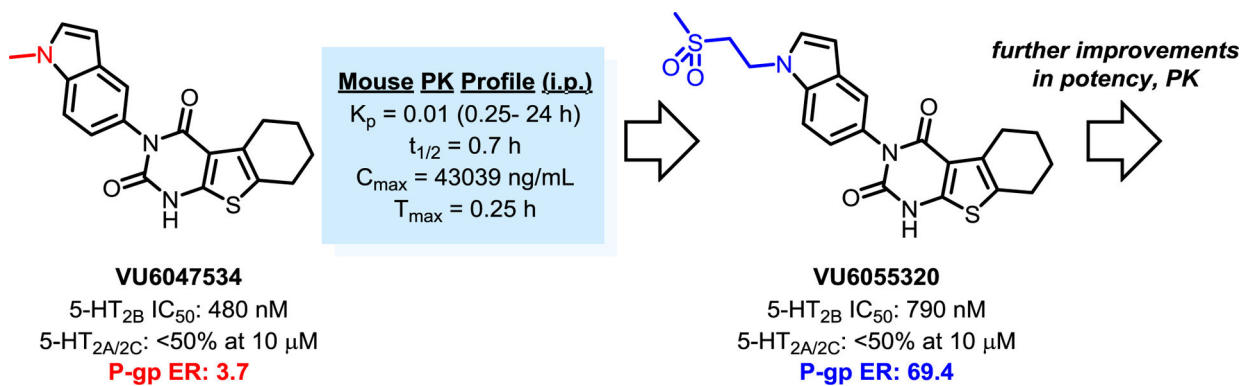


Figure 5.
Development of Selective and Peripherally-Restricted 5-HT_{2B} Antagonists for *In Vivo* Studies

Table 1.5-HT Receptor Classification.^a

Family	Potential	Type	Mechanism of Action
5-HT ₁	Inhibitory	G _i /G _o protein-coupled	Decrease intracellular concentrations of cAMP
5-HT ₂	Excitatory	G _{q/11} protein-coupled	Increase intracellular concentrations of IP ₃ , DAG, and calcium
5-HT ₃	Excitatory	Ligand-gated ion channel	Depolarization of plasma membrane
5-HT ₄	Excitatory	G _s protein-coupled	Increase intracellular concentrations of cAMP
5-HT ₅	Inhibitory	G _i /G _o protein-coupled	Decrease intracellular concentrations of cAMP
5-HT ₆	Excitatory	G _s protein-coupled	Increase intracellular concentrations of cAMP
5-HT ₇	Excitatory	G _s protein-coupled	Decrease intracellular concentrations of cAMP

^a Adapted from Reference 4.

Table 2.

Selected Antitargets and Associated Ligands.

Biological Target	Classification	Associated Deleterious Effects	Mode of Pharmacology	Example Ligand(s)
5-HT _{2A}	GPCR	Hallucinations, psychedelic-experiences, changes in perception ²⁰⁻²²	Agonism	LSD Psilocin
5-HT _{2B}	GPCR	Pulmonary arterial hypertension, valve disease ^{37,38}	Agonism	Fenfluramine Norfenfluramine MDMA
μOR	GPCR	Bradypnea, hypoxemia ³⁹	Agonism	Morphine Fentanyl Carfentanil
M ₂	GPCR	Reduction in heart rate ^{23,40}	Agonism	Oxotremorine M (non-selective)
hERG	Ion Channel	LQTS ³¹⁻³⁶	Inhibition	Cisapride
Ca _v 1.2	Ion Channel	LQTS, Brugada Syndrome ²⁵	Inhibition	Verapamil (non-selective)
CYP3A4	Cytochrome P40	Various drug-drug interactions ^{26,41}	Inhibition	Mibefradil
MDR1 (ABCB1)	Efflux Pump	Multiple drug resistance (chemotherapy) ^{42,43}	Efflux substrate	Verapamil (inhibitor) Paclitaxel (substrate)

Table 3.Selected 5-HT_{2B} Binding Affinity Data for Notable Psychoactive Compounds

Compound	Classification	5-HT _{2B} K _i (nM)	Species	Radioligand
Mianserin ⁹⁵	antidepressant	9.0	Human	[³ H]-5HT
Trazodone ³⁸	antidepressant	74	Human	[³ H]-5HT
Cyproheptadine ⁹⁶	antihistamine	1.5	Human	[³ H]-5HT
Ketanserin ⁹⁷	antihypertensive	2.4	Bovine	[³ H]-ketanserin
Lisuride ⁹⁶	antiparkinsonian	1.1	Human	[³ H]-5HT
Amisulpride ⁹⁸	antipsychotic	13	Human	[³ H]-LSD
Aripiprazole ⁹⁹	antipsychotic	0.36	Human	[³ H]-LSD
Asenapine ⁹³	antipsychotic	0.21	Human	[³ H]-LSD
Chlorpromazine ⁹⁷	antipsychotic	6.0	Bovine	[³ H]-ketanserin
Clozapine ⁹⁵	antipsychotic	7.2	Human	[³ H]-5HT
Lurasidone ⁹³	antipsychotic	24	Human	[³ H]-LSD
Olanzapine ¹⁰⁰	antipsychotic	12	Human	[³ H]-5HT
Quetiapine ⁹³	antipsychotic	86	Human	[³ H]-LSD
Risperidone ¹⁰⁰	antipsychotic	29	Human	[³ H]-5HT
Spiperone ⁹⁷	antipsychotic	0.8	Bovine	[³ H]-ketanserin
Xanomeline ¹⁰¹	antipsychotic	20	Human	[³ H]-5HT
Yohimbine ⁹⁵	antisedative (veterinary)	43	Human	[³ H]-5HT