

# Immunohistochemical Expression of *Claudin-1* and *Claudin-4* in Urothelial Carcinoma of the Urinary Bladder

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## Abstract

**Background:** In Egypt, bladder cancer occupies the second rank among reported cancers in men. Claudins are tight junctions that have a critical role in tumor pathogenesis, invasion, progression, and metastasis and currently are a focus of interest for targeting therapies. **Objectives:** We aimed to evaluate the immunohistochemical expression of *Claudin-1* and *Claudin-4* in urinary bladder urothelial carcinoma and investigate the relationship between the expressed *Claudins* with different clinicopathological parameters. **Methods:** *Claudin-1* and *Claudin-4* immunohistochemical expression was studied in 62 cases of urinary bladder urothelial carcinomas. The cases were classified into two categories; low and high *Claudin-1* and *Claudin-4* expression. **Results:** High *Claudin-1* expression was detected in 67.7% of the studied urothelial carcinomas while 32.3% showed low expression. *Claudin-1* expression was reduced significantly with high tumor grade, non-papillary tumors, muscle invasion, schistosomal infestation, and perineural invasion (p-value < 0.05). *Claudin-4* high expression was detected in 82.3% of our cases while low expression was detected in 17.7%. *Claudin-4* reduced expression was significantly associated with non-papillary tumors, muscle invasion, advanced T stages, and associated lympho-vascular emboli (P-value < 0.05). **Conclusion:** According to the results of the present study, the reduced expressions of *Claudin-1* and *Claudin-4* provide clues concerning the progression of urothelial carcinoma. Consequently, it is thought that *Claudin-1* and *Claudin-4* could help to differentiate low-grade from high-grade and muscle-invasive from non-muscle-invasive urothelial carcinomas. In addition, it can be introduced as a possible therapeutic target.

**Keywords:** Urinary bladder- urothelial carcinoma- *Claudin-1*- *Claudin-4*- immunohistochemistry.

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## Introduction

Bladder cancer has become increasingly prevalent worldwide, constituting 3% of all cancer cases and occupying the 12th rank among diagnosed cancers globally [1]. Within the United States, bladder cancer ranks as the sixth most prevalent cancer overall and the third most frequently occurring cancer among men in 2022, following prostate and lung cancers. In Egypt, the urinary bladder ranks second following liver cancer in men [2]. Bladder cancer is three to four times more frequent in men than in women and typically presents in patients aged 65 to 70 years [3]. It comprises 4.2% of all new cancer diagnoses, with 81,180 new cases diagnosed in 2022 [4].

The main factors that primarily influence the development of urothelial carcinoma are tobacco smoking and exposure to carcinogenic substances in some occupations, including polycyclic aromatic hydrocarbons, nitrosamines, aromatic amines, and arsenic. Additional risk factors include urinary schistosomal infestation, exposure to pelvic radiation therapy, the use of cyclophosphamide,

and other factors related to one's diet and lifestyle [5].

Urothelial carcinomas account for 90% of malignant tumors of the bladder. More than 70% of patients present in an early invasive or non-invasive stage and have a favorable prognosis. However, the high rate of recurrence for these tumors after transurethral resection has become a significant problem. On the other side, tumors with high histologic grade or muscle-invasive stages have significant mortality rates and are treated totally differently from non-invasive ones. Therefore, there is an emerging need for useful variables to help distinguish muscle-invasive from non-muscle-invasive carcinoma of the urinary bladder [6].

An overlap exists between the two oncogenic paths along which urothelial carcinoma develops: the luminal pathway, which results in low-grade papillary carcinoma (about 80% of bladder malignancies), and the basal pathway, which results in high-grade invasive non-papillary carcinoma (about 20% of bladder malignancies) [7].

Several studies have highlighted the important role of tight junctions, particularly claudins, in tumor

pathogenesis [8]. In recent years, accumulating evidence has suggested that claudins may play a major role in many aspects of tumorigenesis, such as inflammatory response, tumor growth, progression, epithelial mesenchymal transition (EMT), tumor dissemination, resistance to therapy, and cancer stemness [9, 10]. However, the expression of claudins differs mainly depending on the affected organ and the histologic type of the tumor [11].

Loss of claudin expression induces an inflammatory response and an activation of carcinogenic pathways because the para-cellular barrier and signal transduction activities may be involved in the putative mechanisms by which claudins inhibit carcinogenesis [10].

Claudins can be targeted by multiple therapeutic agents, most notably clostridium perfringens endotoxins (CPE) and monoclonal antibodies (mAbs), due to their recognized role in cancer development and progression and their patterns of expression [12, 13, 10].

Although the histologic grade and stage of urothelial carcinoma are well-established parameters for predicting the tumor prognosis, new investigations to predict the clinical course of cancer have turned attention to non-surgical characteristics, particularly biomarkers [14].

## Materials and Methods

### Retrieval of Cases

This retrospective cross-sectional analytical study was conducted on 62 formalin-fixed, paraffin-embedded tissue sections of bladder urothelial carcinoma collected from the archives of the Pathology Department, Faculty of Medicine, Cairo University. The authors obtained the approval of Kasr Alainy Research Ethics Committee (REC) in the Faculty of Medicine, Cairo University (MD-217-2021).

Twenty-six cases were radical cystectomy specimens and thirty-six cases were transurethral resection of tumour specimens (TUR-BT). Inclusion criteria was adequate viable tumor tissue and previous diagnosis of urothelial carcinoma. Exclusion criteria included tumour tissue with wide necrosis. TUR-BT specimens without muscularis propria, and cases with deficient data. The data collected from the pathology reports of these cases included age at the time of diagnosis, sex of patients, tumour site, maximum tumour diameter & multifocality.

### Histopathological and Immunohistochemical Staining

Three serial sections of 4 microns thick were sliced from each block, one of them was prepared for mounting on a glass slide and was subjected to the routine Hematoxylin and Eosin (H&E) stain for histological evaluation. The two other sections were mounted on charged slides for immunohistochemical staining. One was for immunohistochemical staining by *Claudin-1* antibody. The other is for immunohistochemical staining by *Claudin-4* antibody.

The histologic classification and grading of urothelial carcinoma were based on the most recent recommendations of the World Health Organization (WHO classification of urinary tract tumors, fifth edition, 2022) [15]. The cases were graded into low and high histologic grades [15,

16]. The extent of tumour invasion (T stage) and lymph nodal involvement (LN stage) were staged according to the American Joint, AJCC 2019 staging of urinary bladder cancer, 8th edition [17, 18]. The presence of lympho-vascular emboli (LVE) and perineural invasion was assessed. Associated schistosomal infestation based on detection of schistosoma ova in tumor tissues was also evaluated.

Immunohistochemical staining using BenchMark XT (Ventana) autostainer for Claudin1 and claudin-4 was done. The slides, were immunostained for *Claudin-1* polyclonal antibody Cat.#RB-9209-R7 and *Claudin-4* polyclonal antibody Cat.#RB-9043-R7, both diluted at 1:100, at room temperature for 30 minutes. Immunodetection was performed, using a labeled streptavidin-biotin (LSAB) system. A skin section with a histologically normal epidermis was used as a positive control for *Claudin-1* and a section from colonic mucosa normal epithelium was used as a positive control for *Claudin-4* [6, 19]. For negative control of both *Claudin-1* and *Claudin-4*, omitting the primary antibodies was done.

Claudin1 & Claudin4 expression were detected as cytoplasmic and/or membranous brown staining. Immunoreactivity was assessed, based on a combined multiplied score of the percentage of immunostained cells and the intensity of staining. The staining intensity was evaluated as follows: 0 indicates absent reaction; 1 denotes weak intensity; 2 indicates moderate intensity; 3 signifies strong intensity; and the percentage of positive tumour cells was evaluated as: 0 indicates 0%; 1 means less than 25%; 2 denotes 25 to 50%; 3 means more than or equal 51%. The final comprehensive score was calculated by multiplying the intensity and percentage of positive staining scores. Accordingly, it is evaluated as follows: 0 indicated negative results, 1–2 represented weak expression, 3–6 denoted moderate expression, and 9 meant strong expression. Additionally and weak expressions were classified as low, while moderate and strong were considered as high expressions [6, 19].

### Statistical Analysis

The entry of data was performed using Microsoft Excel 2013, while data analysis was carried out using the Statistical Package for Social Sciences (SPSS) version 27. Simple descriptive tests, such as arithmetic mean and standard deviation, were performed for age, but frequencies were used for qualitative data. Bivariate correlations were presented in cross-tabulations, and the comparison of proportions was applied using chi-square tests. Statistical significance was assessed by calculating the p-value, and a p-value < 0.05 was regarded as statistically significant.

## Results

This study included 62 cases of bladder urothelial carcinoma, twenty-six (26) cases were radical cystectomy specimens and thirty-six (36) cases were transurethral resection of tumour specimens (TUR-BT). The age of the patients ranged from 17 to 85 years, with a mean age of 58.27 years ± 10.59 years old. Out of the 62 enrolled

patients, 56 were males while 6 were females, with a 9.3:1 male-to-female ratio. The tumor site was documented in 38 cases only. The commonest tumor site was the lateral wall representing (42.1%) 16/38 cases. The size of the

tumor was documented in 26 cases and ranged from 1.2 cm to 9.5 cm; with a mean diameter of  $4.48 \text{ cm} \pm 2.18 \text{ cm}$  SD. According to the 2022 WHO grading system, 61.3% were high-grade tumors and 38.7% were low-grade. Papillary tumors (non-invasive and invasive) represented 54.8% of the cases and non-papillary invasive tumors represented 45.2%.

Table 1. The Clinicopathologic characteristics of the Enrolled Urothelial Carcinoma Cases

Clinicopathological Characteristics	NO. (%)
Age category	
<60 years	33 (53.2%)
≥60 years	29 (46.8%)
Sex	
Male	56 (90.3%)
Female	6 (9.7%)
Tumor location	
Bladder dome	3 (7.9%)
Lateral wall	16 (42.1%)
Anterior wall	4 (10.5%)
Posterior wall	5 (13.2%)
Bladder neck	1 (2.6%)
Multifocal	9 (23.7%)
Tumor size	
< 4.48 cm	15 (57.7%)
≥4.48 cm	11 (42.3%)
Tumor grade	
High grade	38 (61.3%)
Low grade	24 (38.7%)
Tumor histological type	
Papillary	34 (54.8%)
Non-papillary	28 (45.2%)
Muscle invasion	
Muscle invasive	26 (41.9%)
Non-muscle invasive	36 (58.1%)
Schistosomal infestation	
Present	12 (19.4%)
Absent	50 (80.6%)
Lympho-vascular emboli	
Present	19 (30.6%)
Absent	43 (69.4%)
Perineural invasion	
Present	7 (11.3%)
Absent	55 (88.7%)
T-stage	
Ta	15 (24.2%)
T1	21 (33.9%)
T2	4 (6.5%)
T3	19 (30.6%)
T4	3 (4.8%)
Lymph node stage	
N0	18 (69.2%)
N1	6 (23.1%)
N2	2 (7.7%)

Muscle invasive tumors represented 41.9% of the enrolled cases while 58.1% were non-muscle invasive. The studied cases were classified as Ta (24.2%), T1 (33.9%), T2 (6.5%), T3 (30.6%) and T4 (4.8%). Lymph node metastases were found in 8 cases (30.8%). Schistosomal infestation, LVE, and perineural invasion were present in 19.4%, 30.6%, and 11.3% of the cases respectively. The clinicopathologic characteristics of the studied cases are summarized in Table 1.

According to *Claudin-1* expression, forty-two cases (67.7%) showed high *Claudin-1* expression, and the remaining 20 cases (32.3%) showed low expression. Most of low-grade cases were high *Claudin-1* expression with a statistically significant difference (P-value= 0.008). A significant relationship between histological type and *Claudin-1* expression (P-value =0.007) was observed, where most of the studied papillary carcinoma cases tend to show high *Claudin-1* expression. Higher *Claudin-1* expression was noticed with non-muscle invasive cases with a statistically significant correlation (P-value= 0.047). *Claudin-1* expression was reduced significantly with associated schistosomal infestation and associated perineural invasion (P value= 0.031) and (P value=0.019) respectively. Although low *Claudin-1* expression was more frequently observed in higher T stages than in lower T stages, the relation between *Claudin-1* expression and T stage was statistically insignificant. The correlation of *Claudin-1* expression with various clinicopathologic parameters of the enrolled cases is summarized in Table 2.

Regarding *Claudin-4* expression, high *Claudin-4* expression was noticed in 82.3% of the studied cases. Reduced *Claudin-4* expression was found more frequently in high-grade tumors, however, no statistically significant difference was found between *Claudin-4* expression and tumor grade. A significant relationship between histological type and *Claudin-4* expression (P-value =0.007) was observed, where most of the studied papillary carcinoma cases had high *Claudin-4* expression. Most of non-muscle-invasive tumors (94.4%) showed high *Claudin-4* expression with a statistically significant correlation (P-value= 0.003). *Claudin-4* expression was reduced significantly with higher stages and associated LVE (P value= 0.024) and (P value=0.001) respectively. The correlation of *Claudin-4* expression with various clinicopathologic parameters of the enrolled cases is summarized in Table 3.

Both *Claudin-1* and *Claudin-4* expression were displayed as cytoplasmic and, or membranous brown immunostaining with either variable degrees of intensity as displayed in Figure 1 or Figure 2 respectively.

## Discussion

Bladder cancer ranks as the 13th most fatal malignancy  
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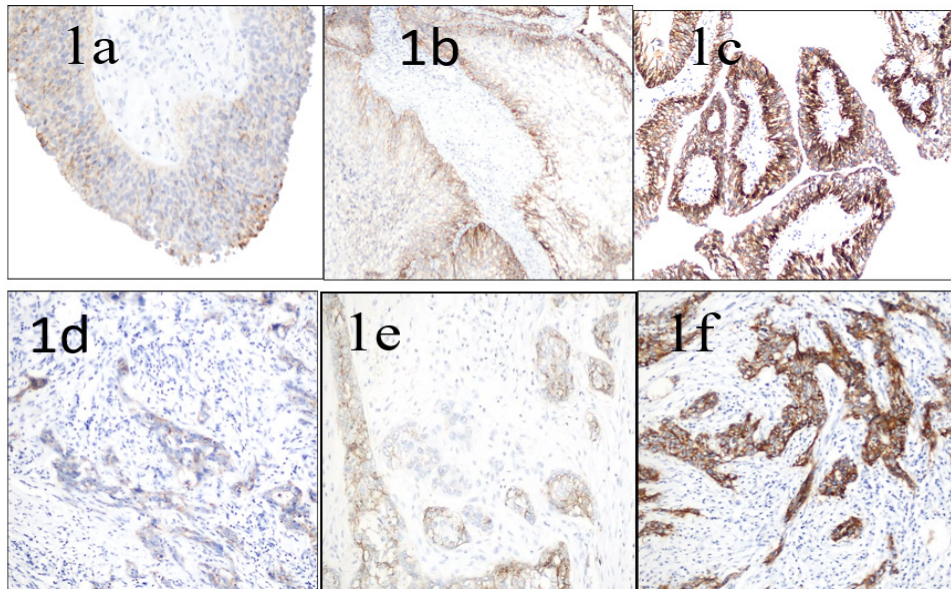


Figure 1. *Claudin-1* Expression in Urothelial Carcinoma of the Urinary Bladder (a) Low-grade papillary urothelial carcinoma, showing weak membranous and cytoplasmic *Claudin-1* immunostaining of 25- 50% of tumor cells, considered as low *Claudin-1* expression (score 2) (x400 original magnification). (b) Papillary urothelial carcinoma, low-grade, displaying moderate cytoplasmic and membranous *Claudin-1* immunostaining (especially at basal layers) of more than 50% of tumor cells, considered as high *Claudin-1* expression (score 6) (x200 original magnification). (c) High-grade papillary urothelial carcinoma, showing strong membranous *Claudin-1* immunostaining (especially at basal layers) of more than 50% of tumor cells, considered as high *Claudin-1* expression (score 9) (x400 original magnification). (d) High-grade-invasive urothelial carcinoma, showing weak membranous and cytoplasmic *Claudin-1* immunostaining of 25-50% of tumor cells, considered as low *Claudin-1* expression (score 2) (x 400 original magnifications). (e) High-grade invasive urothelial carcinoma, displaying moderate cytoplasmic and membranous *Claudin-1* immunostaining of more than 50% of tumor cells, considered as high *Claudin-1* expression (score 6) (x400 original magnification). (f) High-grade invasive urothelial carcinoma, showing strong membranous and cytoplasmic *Claudin-1* immunostaining of more than 50% of tumor cells, is considered as high *Claudin-1* expression (score 9) (x400 original magnification).

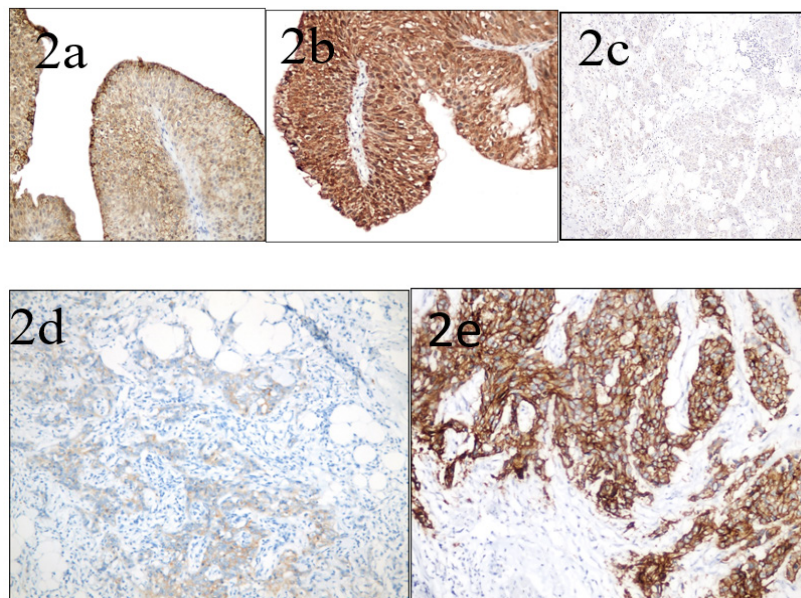


Figure 2. *Claudin-4* Expression of Urothelial Carcinoma of the Urinary Bladder among Studied Cases (a) Low-grade papillary urothelial carcinoma, showing moderate cytoplasmic and membranous *Claudin-4* immunostaining of more than 50% of tumor cells, considered as high *Claudin-4* expression (score 6) (x400 original magnification). (b) Low-grade papillary urothelial carcinoma, showing strong cytoplasmic and membranous *Claudin-4* immunostaining of more than 50% of tumor cells, considered as high *Claudin-4* expression (score 9) (x400 original magnification). (c) High-grade invasive urothelial carcinoma infiltrating fat, showing weak cytoplasmic and membranous *Claudin-4* immunostaining of 25-50% of tumor cells, considered as low *Claudin-4* expression (score 2) (x200 original magnification). (d) High-grade invasive urothelial carcinoma infiltrating fat, showing weak cytoplasmic and membranous *Claudin-4* immunostaining of more than 50% of tumor cells, considered as high *Claudin-4* expression (score 3 ) (x400 original magnification). (e) High-grade invasive urothelial carcinoma, showing strong cytoplasmic and membranous *Claudin-4* immunostaining of more than 50% of tumor cells, considered as high *Claudin-4* expression (score 9) (x400 original magnification).

Table 2. The Correlation of *Claudin-1* Expression with Various Clinicopathologic Parameters of the Enrolled Cases

Clinico-pathological parameter Criteria	NO. (%)	Claudin-1 expression		P-Value
		Low expression (%)	High expression (%)	
<b>Age category</b>				
<60	33 (53.2%)	10 (30.3%)	23 (69.7%)	0.725
≥60	29 (46.8%)	10 (34.5%)	19 (65.5%)	
<b>Sex</b>				
Male	56 (90.3%)	20 (35.7%)	36 (64.3%)	0.075
Female	6 (9.7%)	0 (0%)	6 (100%)	
<b>Tumor location</b>				
Bladder dome	3 (7.9%)	2 (66.7%)	1 (33.3%)	0.332
Lateral wall	16 (42.1%)	6 (37.5%)	10 (62.5%)	
Anterior wall	4 (10.5%)	2 (50%)	2 (50%)	
Posterior wall	5 (13.2%)	2 (40%)	3 (60%)	
Bladder neck	1 (2.6%)	1 (100%)	0 (0%)	
Multifocal	9 (23.7%)	1 (11.1%)	8 (88.9%)	
<b>Tumor size</b>				
< 4.48	15 (57.7%)	8 (53.3%)	7 (46.7%)	0.391
>4.48	11 (42.3%)	4 (36.4%)	7 (63.6%)	
<b>Tumor grade</b>				
High grade	38 (61.3%)	17 (44.7%)	21 (55.3%)	0.008*
Low grade	24 (38.7%)	3 (12.5%)	21 (87.5%)	
<b>Tumor histological type</b>				
Papillary	34 (54.8%)	6 (17.6%)	28 (82.4%)	0.007*
Non-papillary	28 (45.2%)	14 (50%)	14 (50%)	
<b>Muscle invasion</b>				
Muscle invasive	26 (41.9%)	12 (46.2%)	14 (53.8%)	0.047*
Non-muscle invasive	36 (58.1%)	8 (22.2%)	28 (77.8%)	
<b>Schistosomal infestation</b>				
Present	12 (19.4%)	7 (58.3%)	5 (41.7%)	0.031*
Absent	50 (80.6%)	13 (26%)	37 (74%)	
<b>Lympho-vascular emboli</b>				
Present	19 (30.6%)	9 (47.4%)	10 (52.6%)	0.091
Absent	43 (69.4%)	11 (25.6%)	32 (74.4%)	
<b>Perineural invasion</b>				
Present	7 (11.3%)	5 (71.4%)	2 (28.6%)	0.019*
Absent	55 (88.7%)	15 (27.3%)	40 (72.7%)	
<b>pT-stage</b>				
Ta	15 (24.2%)	3 (20%)	12 (80%)	0.119
T1	21 (33.9%)	5 (23.8%)	16 (76.2%)	
T2	4 (6.5%)	2 (50%)	2 (50%)	
T3	19 (30.6%)	10 (52.6%)	9 (47.4%)	
T4	3 (4.8%)	0 (0%)	3 (100%)	
<b>Lymph node stage</b>				
N0	18 (69.2%)	8 (44.4%)	10 (55.6%)	0.966
N1	6 (23.1%)	3 (50%)	3 (50%)	
N2	2 (7.7%)	1 (50%)	1 (50%)	

\*Statistically Significant

worldwide, resulting in a loss of about 200,000 individuals in 2018. Regions such as North and East Africa, as well as the Middle East, exhibit the highest mortality rates where

there is a high incidence due to schistosomiasis infestation. Notably, Egypt experiences the highest mortality rate, reaching 6.6 deaths per 100,000 individuals [20].

Table 3. The Correlation of Claudin-4 Expression with Various Clinicopathologic Parameters of the Enrolled Cases

Clinico-pathological parameter Criteria	NO. (%)	Claudin-4 expression		P-Value
		Low expression (%)	High expression (%)	
<b>Age category</b>				
<60	33 (53.2%)	7 (21.2%)	26 (78.8%)	0.445
≥60	29 (46.8%)	4 (13.8%)	25 (86.2%)	
<b>Sex</b>				
Male	56 (90.3%)	10 (17.9%)	46 (82.1%)	0.942
Female	6 (9.7%)	1 (16.7%)	5 (83.3%)	
<b>Tumor location</b>				
Bladder dome	3 (7.9%)	1 (33.3%)	2 (66.7%)	0.758
Lateral wall	16 (42.1%)	3 (18.8%)	13 (81.2%)	
Anterior wall	4 (10.5%)	2 (50%)	2 (50%)	
Posterior wall	5 (13.2%)	2 (40%)	3 (60%)	
Bladder neck	1 (2.6%)	0 (0%)	1 (100%)	
Multifocal	9 (23.7%)	2 (22.2%)	7 (77.8%)	
<b>Tumor size</b>				
< 4.48	15 (57.7%)	5 (33.3%)	10 (66.7%)	0.873
>4.48	11 (42.3%)	4 (36.4%)	7 (63.6%)	
<b>Tumor grade</b>				
High grade	38 (61.3%)	9 (23.7%)	29 (76.3%)	0.123
Low grade	24 (38.7%)	2 (8.3%)	22 (91.7%)	
<b>Tumor histological type</b>				
Papillary	34 (54.8%)	2 (5.9%)	32 (94.1%)	0.007*
Non-papillary	28 (45.2%)	9 (32.1%)	19 (67.9%)	
<b>Muscle invasion</b>				
Muscle invasive	26 (41.9%)	9 (34.6%)	17 (65.4%)	0.003*
Non-muscle invasive	36 (58.1%)	2 (5.6%)	34 (94.4%)	
<b>Schistosomal infestation</b>				
Present	12 (19.4%)	2 (16.7%)	10 (83.3%)	0.914
Absent	50 (80.6%)	9 (18%)	41 (82%)	
<b>Lympho-vascular emboli</b>				
Present	19 (30.6%)	8 (42.1%)	11 (57.9%)	0.001*
Absent	43 (69.4%)	3 (7%)	40 (93%)	
<b>Perineural invasion</b>				
Present	7 (11.3%)	3 (42.9%)	4 (57.1%)	0.065
Absent	55 (88.7%)	8 (14.5%)	47 (85.5%)	
<b>pT-stage</b>				
Ta	15 (24.2%)	1 (6.7%)	14 (93.3%)	0.024*
T1	21 (33.9%)	1 (4.8%)	20 (95.2%)	
T2	4 (6.5%)	1 (25%)	3 (75%)	
T3	19 (30.6%)	6 (31.6%)	13 (68.4%)	
T4	3 (4.8%)	2 (66.7%)	1 (33.3%)	
<b>Lymph node stage</b>				
N0	18 (69.2%)	4 (22.2%)	14 (77.8%)	0.06
N1	6 (23.1%)	3 (50%)	3 (50%)	
N2	2 (7.7%)	2 (100%)	0 (0%)	

\*Statistically Significant

Tight junctions, which are dynamic structures, play a major role in regulating intercellular diffusion and

maintaining cellular polarity. These tight junctions are primarily composed of transmembrane components



known as Claudins [21]. Additionally, Claudins may have an impact on signaling pathways [22, 21]. The expression patterns of various types of Claudins, both qualitatively and quantitatively, can enhance the distinction between normal and cancerous epithelium. However, it is difficult to predict the specific alterations in Claudin expression in different organs based on the assumption that malignant tumors generally experience a loss of intercellular connections during progression [23]. Some Claudins exhibit decreased expression in tumors [24], while others are overexpressed [25]. Moreover, different expression patterns were stated; as *Claudin-1* expression was documented on the basal layer of papillary tumors as well as plasma membrane of tumor cells while *Claudin-4* expression was restricted to the tumor cells plasma membrane in papillary and other nodular tumors [26].

In the current study, we detected high *Claudin-1* expression in forty-two cases (67.7%), and low expression was noticed in the remaining twenty cases (32.3%). That is near to the percentages in the study done by Saad et al. [19] which reported high *Claudin-1* expression in 60% and low *Claudin-1* expression in 40% of their studied cases. Moreover, Abd El-Fattah et al. [14] reported high *Claudin-1* expression in 50% of carcinoma cases included in their study.

As regards *Claudin-4* expression, fifty-one cases (82.3%) demonstrated high *Claudin-4* expression, and eleven cases (17.7%) demonstrated low *Claudin-4* expression. In contrary Saad et al. [19] and Abd El-Fattah et al. [14] reported high *Claudin-4* expression in 44% and 46.7% and low *Claudin-4* in 56% and 53.3% of carcinoma cases included in their studies respectively. The difference observed in these results may be attributed to the difference in the number of studied cases conducted in their studies.

Regarding the tumour histologic grade, a significant inverse correlation was detected between *Claudin-1* expression and histological grade (P-value= 0.008), where most of the low-grade cases (87.5%) showed high *Claudin-1* expression. Similarly, Törzsök et al. [27] reported significantly lower expression of *Claudin-1* in high-grade tumours in comparison to low grade ones (P-value <0.035). In contrast, Saad et al. [19] and Abd El-Fattah et al. [14] found that high *Claudin-1* expression was significantly associated with high grade urothelial carcinomas (P-value = 0.009) and (P-value= 0.012) respectively. Also, a study done by Kokenek-Unal, et al. [6] showed that *Claudin-1* had significantly lower expression in low grade non-invasive papillary urothelial carcinoma (NPUCs) compared to high grade and invasive papillary urothelial carcinoma (PUCs). In addition, they noted that *Claudin-1* expression in non-invasive papillary urothelial carcinomas (NPUCs) was lower than in papillary urothelial neoplasm of low malignant potential (PUNLMPs) (P-value= 0.025).

Săndulescu et al. [28] also documented that the high FSS (final staining score) values of *Claudin-1* were more frequent in high-grade urothelial carcinomas, but they didn't find a statistical difference between them (P-value= 0.0394). Our study didn't demonstrate a significant difference between *Claudin-4* expression and histological grade (P-value= 0.123). However, most of the

low-grade tumors were high *Claudin-4* expression. Our findings were consistent with those reported by Boireau et al. [29], Kokenek-Unal et al. [6], Saad et al. [19] and Abd El-Fattah et al. [14] as they observed that *Claudin-4* expression decreases with increasing histological grade, with a positive significant correlation (P-value= 0.029), (P-value = 0.003), (P-value <0.001) and (P-value 0.006) respectively.

In contrast, Törzsök et al. [27] showed significantly elevated *Claudin-4* expression in high-grade urothelial carcinomas in comparison to low-grade ones (P-value= 0.037). In addition, Székely et al. [30] found overexpressed CLDN4 in PUNLMP and low-grade urothelial carcinoma than in hyperplastic tissue. Also, Săndulescu et al. [31] suggested that *Claudin-4* overexpression was associated with high-grade urothelial carcinomas. The difference observed in these results may be attributed to the different scoring systems.

Maesaka et al. [32] found a correlation between *Claudin-4* promoter DNA hypomethylation with subsequent *Claudin-4* overexpression and advanced bladder urothelial grade. This result might be different from ours due to different techniques used.

Claudins may play a role in suppressing carcinogenesis through the para-cellular barrier and signal transduction functions, so loss of their expressions and/or alteration in their number or appearance leads to fluid leakage, flux of growth factors, inflammation, and activation of oncogenic pathways [10]. Hence more advanced grade of tumor was supposed to be associated with more destruction and subsequently loss of Claudins.

Regarding tumor histologic type, our study showed a significant relationship between histological type and *Claudin-1* expression (P-value =0.007), where most of the studied papillary carcinoma cases tend to show high *Claudin-1* expression. In contrast, Saad et al. [19] found most of the higher *Claudin-1* expression (82%) were non-papillary tumors, with a positive significant correlation (P-value= 0.009). When evaluating the relationship between *Claudin-4* expression and tumor histologic type, there was a significant positive association (P-value = 0.007), where most of the papillary carcinoma cases where high *Claudin-4* expressions (94.1%). The same significant correlation between *Claudin-4* immunoreaction and the tumor histologic type was also mentioned by Saad et al. [19] as they noticed high *Claudin-4* expression in papillary lesions (P-value= 0.003). As the cellular organization is lost in cancer, not uncommonly a reduction in tight junction function is detectable, consistent with changes in cellular polarity as stated Landers et al. [33] that can explain our finding.

Evaluation of *Claudin-1* expression in relation to the state of muscle infiltration in our study showed a significant negative correlation (P-value = 0.047), where higher *Claudin-1* expression was noticed with non-muscle invasive cases. On the other hand, Kokenek-Unal et al. [6] and Abd El-Fattah et al. [14] noticed that *Claudin-1* significantly had the highest expression in cases that exhibited muscle invasion (P-value= 0.001) and (P-value= 0.000) respectively. Also, Săndulescu et al. [28] reported that high FSS of *Claudin-1* was associated with invasive

tumors, but no significant difference was found between them (P-value= 0.369).

Comparison of *Claudin-4* expression with the state of muscle invasion showed high claudin-4 expression in 94.4% of non-muscle invasive tumors with a statistically significant correlation (P-value =0.003). Our result was consistent with those obtained by Boireau et al. [29], Kokenek-Unal et al. [6] and Abd El-Fattah et al. [14] whose data found an association between high claudin-4 expression and superficial urothelial carcinomas without muscle invasion (P-value=0.000) in the first and third study and (P-value <0.001) in the second study.

However, SĂndulescu et al. [31] reported that *Claudin-4* overexpression was associated with muscle invasion, and negative reactions were associated with deep-invasive carcinomas throughout the bladder wall. Their results support the involvement of *Claudin-4* in the progression of urothelial carcinomas, both in the non-invasive and tumor invasion phases. Also Maesaka et al. [32] found a correlation between *Claudin-4* promoter DNA hypomethylation with subsequent *Claudin-4* overexpression and invasion of bladder urothelial carcinoma. They found that its overexpression is due to increased levels of non-tight junction CDLN4, which promotes stemness through the activation of integrin  $\beta$ 1. These differences can be attributed to the different scoring systems in the first study and the different techniques used in the second one.

Epithelial-mesenchymal transition (EMT) is a recently recognized phenomenon associated with epithelial carcinogenesis. Nowadays it has been proved by molecular studies that two major subtypes of bladder urothelial carcinoma (superficial /papillary and invasive/ non-papillary) are two different molecular entities [34]. It was also believed that muscle-invasive tumors develop through the “epithelial-mesenchymal transition” process [35]. Some EMT-inducing transcription factors Snail and Slug were implicated as potential repressors of *Claudin-1* expression [36].

In our study, we found that *Claudin-1* and *Claudin-4* expression was decreased markedly in non-papillary muscle-invasive tumors. We believe that this result can be explained by damage of the structural integrity of claudins during epithelial-mesenchymal transition and their suppression by EMT transcription factors, causing its low expression.

Although high *Claudin-1* expression was observed more frequently in early stages (Ta and T1) than in other advanced stages, the relation between *Claudin-1* expression and tumor invasiveness (T stage) was statistically insignificant (P value= 0.119). However, other studies done by Saad et al. [19] and Abd El-Fattah et al. [14] showed that high *Claudin-1* expression was significantly correlated with higher stages (P-value= 0.03) and (P-value=0.000) respectively.

In our study, *Claudin-4* has an inverse statistically significant relationship with T stage of tumor in studied cases (P-value= 0.024), as high *Claudin-4* expression was detected in 93.3% and 95.2% of Ta and T1 stages respectively. This was found to be parallel with the previous studies done by Boireau et al. [29], Saad et al.

[19] and Abd El-Fattah et al. [14] as there was an inverse significant correlation between *Claudin-4* expression and the T stage in their studies (P-value < 0.001), (P-value=0.022) and (P-value = 0.000) respectively.

Our findings are consistent with current concepts of the carcinogenesis/invasion process and agree with the role of *Claudin-1* and *Claudin-4* in enhancing the barrier function of tight junctions and inhibiting cancer cell migration, and invasion. Therefore, their loss aid in the development of metastatic phenotype and hence, progression to more advanced stages.

A study done by Nakanishi et al. [26] on urothelial carcinoma of the upper urinary tract, demonstrated a significantly higher expression of *Claudin-1* and claudin-4 in high grade and advanced stages and had a significant impact on the reduction of survival rate, which disagreed our results on both markers. This difference may be attributed to diverse features of the urothelium of the lower and upper urinary tract.

No relationship was found between immunolabeling of cancer cells for (*Claudin-1* and Caludin-4) and the presence of lymph node metastasis (P-value= 0.966) and (P-value= 0.060) respectively. Other comparative studies didn't mention the relation of the N stage to either *Claudin-1* or claudin-4 expression in their results.

*Claudin-1* expression was negatively correlated with associated schistosomal infestation and presence of perineural invasion in the present study, (P-value= 0.031) and (P-value= 0.019) respectively, where its low expression was associated with the presence of these features. However, these parameters weren't mentioned in previous comparative studies. Our finding can be clarified as we found most of the studied cases with associated schistosomal infestation and all studied cases showed perineural invasion are high grade tumors and exhibited more advanced stages, so they were subsequently accompanied by reduced Claudin 1-expression.

Although we noticed higher *Claudin-1* expression in cases with absent LVE, this relationship was statistically insignificant (P-value= 0.091), in contrast Saad et al. [19] found a positive correlation between high *Claudin-1* expression and associated LVE.

*Claudin-4* expression was negatively correlated with LVE (P-value = 0.001), this matched with data obtained by Saad et al. [19] who also found a negative significant correlation between *Claudin-4* expression and the presence of LVE (P-value < 0.05).

Our results can be explained by, that besides the role of Claudins as tight junctions in urothelial cells, they were also noted to have a role in endothelial cell homeostasis, as it act as a barrier, regulating the passage of molecules, water, and cells. Loss of these junctions will subsequently increase vascular permeability, thus allowing tumour cells to penetrate vessels and metastasize. This finding was first described by Liebner et al. [37]. In tumor microvessels in glioblastoma (GB) and subsequently described in metastatic melanoma cases in a study done by Cohn et al. [38]. So we believe that reduced *Claudin-1* and *Claudin-4* expression in both malignant urothelial cells and endothelial cells of tumor-associated vessels were accompanied by metastasis of tumor cells and aiding in



vessel penetration.

Several explanations can be also suggested for the conflicting results reported in different studies regarding Claudins expression in bladder urothelial carcinoma. The number of analyzed cases, differences in surgical approach (TUR-BT Vs. radical cystectomy), the application of different immune-staining methods, fixation time, antigen preservation, and the variations in scoring systems, either individually or in combination may potentially account for the diverse results.

In conclusion, to sum up, the present study provides clues that reduced expression of *Claudin-1* and *Claudin-4* are indicative of the progression of urothelial carcinoma. Consequently, it is thought that *Claudin-1* and *Claudin-4* could help in differentiating low-grade from high-grade and invasive from non-invasive urothelial carcinomas. However, because of the diverse results of *Claudin-1* and *Claudin-4* staining results in several studies regarding urothelial carcinoma, it should be investigated in a larger series.

## Author Contribution Statement

All authors contributed efficiently to the study. Aya Magdy Elyamany shared in the study design, data analysis and interpretation of results. Eman Ibrahim Mahmoud shared in data collection, data analysis, interpretation of results and, writing the manuscript. Mostafa Mohamed Salem, shared in the research idea, and revising the manuscript. Rasha Ahmed Khairy shared in the data analysis, interpretation of results and writing the manuscript.

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### Scientific approval

This study was approved by the scientific committee of the pathology department, faculty of medicine, Cairo University.

### Conflict of interest

The authors declare there is no conflict of interest

### Approval of ethical committee

This study was approved by the Kasr Alainy Research Ethics Committee (REC) with an approval number code: MD-217-2021.

### Availability of data

The data is available upon request according to the institution's guidelines and approval.

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