Landscape of Baseline and Acquired Genomic Alterations in Circulating Tumor DNA with Abemaciclib Alone or with Endocrine Therapy in Advanced Breast Cancer

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ABSTRACT

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Purpose: To identify potential predictors of response and resistance mechanisms in patients with hormone receptor–positive $(HR⁺)$, HER2-negative (HER2⁻) advanced breast cancer (ABC) treated with the cyclin-dependent kinase 4 and 6 (CDK4/6) inhibitor abemaciclib \pm endocrine therapy (ET), baseline and acquired genomic alterations in circulating tumor DNA (ctDNA) were analyzed and associated with clinical outcomes.

Experimental Design: MONARCH 3: postmenopausal women with HR^+ , $HER2^-$ ABC and no prior systemic therapy in the advanced setting were randomly assigned to abemaciclib or placebo plus nonsteroidal aromatase inhibitor (NSAI). nextMONARCH: women with $\rm{HR^{+}}, \rm{HER2^{-}}$ metastatic breast cancer that progressed on/after prior ET and chemotherapy were randomly assigned to abemaciclib alone (two doses) or plus tamoxifen. Baseline and endof-treatment plasma samples from patients in MONARCH 3 and nextMONARCH (monotherapy arms) were analyzed to identify

Introduction

Cyclin-dependent kinase 4 and 6 inhibitors (CDK4/6i) have changed the treatment landscape of hormone receptor-positive $(HR⁺)$, HER2-negative (HER2⁻) advanced breast cancer (ABC; ref. 1). Three CDK4/6i, palbociclib, ribociclib and abemaciclib, have been approved for use with endocrine therapy (ET), including nonsteroidal aromatase inhibitors (NSAI) or fulvestrant, in the advanced setting (2–6). Phase III studies have demonstrated significant prolongation of progressionfree survival (PFS) with abemaciclib when used as initial therapy for

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somatic genomic alterations. Association between genomic alterations and median progression-free survival (mPFS) was assessed.

Results: Most patients had ≥1 genomic alteration detected in baseline ctDNA. In MONARCH 3, abemaciclib+NSAI was associated with improved mPFS versus placebo+NSAI, regardless of baseline alterations. ESR1 alterations were less frequently acquired in the abemaciclib+NSAI arm than placebo+NSAI. Acquired alterations potentially associated with resistance to abemaciclib \pm NSAI included RB1 and MYC.

Conclusions: In MONARCH 3, certain baseline ctDNA genomic alterations were prognostic for ET but not predictive of abemaciclib response. Further studies arewarranted to assesswhether ctDNA alterations acquired during abemaciclib treatment differ from other CDK4/6 inhibitors. Findings are hypothesis generating; further exploration is warranted into mechanisms of resistance to abemaciclib and ET.

[See related commentary by Wander and Bardia, p. 2008](https://aacrjournals.org/clincancerres/article/doi/10.1158/1078-0432.CCR-23-3413)

ABC in combination with NSAI (6), and PFS and overall survival (OS) in combination with fulvestrant following progression on ET (5, 7). In addition, abemaciclib is the only CDK4/6i FDA approved as monotherapy following disease progression after ET and chemotherapy in the metastatic setting, and for the adjuvant treatment of HR^+ , HER2⁻, node-positive, early breast cancer at high risk of recurrence and a Ki-67 score ≥20% (8).

Despite the efficacy of CDK4/6i, intrinsic resistance occurs in some patients, while others whose tumors initially respond to therapy may develop resistance during treatment, resulting in disease progression (9). While putative mechanisms of resistance have been evaluated, most current evidence comes from preclinical studies with limited clinical evidence of acquired genomic alterations associated with resistance (9–14). Resistance to CDK4/6i currently falls into two main categories: (i) cell-cycle alterations, for example, loss of the Rb tumor suppressor protein, or (ii) alterations in upstream oncogenic signal transduction (13). Greater understanding of the mechanisms of resistance to CDK4/6i will guide development of novel targeted therapeutic strategies aimed at overcoming or circumventing resistance and improving clinical outcomes.

Circulating tumor DNA (ctDNA) analysis is a noninvasive technique used to identify genomic alterations in cancer. This information may be useful for predicting treatment response, identifying mechanisms of resistance, or monitoring disease progression (15, 16). In this study, genomic alterations were analyzed in ctDNA from patients with HR^+ , $HER2^-$ ABC treated with abemaciclib in the MONARCH 3 and nextMONARCH studies.

MONARCH 3 (NCT02246621) was a phase III study of abemaciclib or placebo plus NSAI in postmenopausal women with HR^+ , $HER2^-$ ABC with no prior systemic therapy in the advanced setting. The

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Translational Relevance

This study investigated genomic alterations in the circulating tumor DNA (ctDNA) of patients in the phase III MONARCH 3 and phase II nextMONARCH studies. This study is the first to explore genomic alterations in ctDNA samples from patients with hormone receptor–positive, HER2-negative advanced breast cancer treated with abemaciclib \pm NSAI and the relationship between baseline or treatment-emergent genomic alterations and clinical outcomes. The most frequent baseline genomic alterations, similar in both studies, were previously associated with endocrine resistance and may additionally drive resistance to cyclin-dependent kinase 4 and 6 (CDK4/6) inhibitors plus endocrine therapy (ET). In MONARCH 3, abemaciclib plus NSAI was associated with improved median progression-free survival compared with placebo plus NSAI, regardless of baseline genomic alterations. Acquired alterations potentially associated with resistance to abemaciclib monotherapy or abemaciclib plus NSAI included RB1 and MYC. These findings are hypothesis generating, and further exploration is warranted into mechanisms of resistance to abemaciclib and ET. Understanding potential mechanisms of intrinsic and acquired resistance will help inform future drug development and clinical trials.

primary endpoint of PFS was significantly prolonged in the abemaciclib group [median PFS (mPFS), 28.2 months] versus placebo arm (mPFS, 14.8 months; ref. 17). The phase II nextMONARCH trial (NCT02747004) evaluated the safety and efficacy of abemaciclib plus tamoxifen or two different doses of abemaciclib monotherapy (150 or 200 mg) in women with previously treated $\rm{HR^{+}},\rm{HER2^{-}}$ metastatic breast cancer (MBC) that progressed after prior chemotherapy and ET. In the abemaciclib monotherapy arms, mPFS was similar: 6.5 months in the abemaciclib 150 mg arm and 7.4 months in the abemaciclib 200 mg arm (18).

Here, we analyzed baseline and end-of-treatment (EOT) genomic alterations in ctDNA and association with clinical outcomes to identify potential predictors of response and mechanisms of resistance to abemaciclib among patients treated with abemaciclib plus NSAI (MONARCH 3) or abemaciclib monotherapy (nextMONARCH).

Materials and Methods

MONARCH 3 study design and patients

The MONARCH 3 study design was reported previously (6) and is summarized in Supplementary Fig. S1. MONARCH 3 was a phase III, randomized, double-blind trial of abemaciclib or placebo plus NSAI in women with HR^+ , HER2 $^-$ ABC. The trial enrolled 493 postmenopausal women randomized 2:1 to receive oral abemaciclib (150 mg twice daily) or placebo, both in combination with NSAI (anastrozole or letrozole).

Eligible postmenopausal women had HR^+ , HER2[–] metastatic disease or locoregionally recurrent breast cancer not amenable to resection or radiotherapy with curative intent. Patients must have had either measurable or nonmeasurable bone-only disease as defined by RECIST Version 1.1 (RECIST V1.1), no prior systemic therapy for advanced disease, adequate organ function, and an Eastern Cooperative Oncology Group performance status (ECOG PS) ≤1. Exclusion criteria included visceral crisis, lymphangitic spread or leptomeningeal carcinomatosis; inflammatory breast cancer; evidence or history of central nervous system (CNS) metastases; or prior treatment with everolimus or a CDK4/6i.

nextMONARCH study design and patients

The nextMONARCH study design was reported previously (19) and is summarized in Supplementary Fig. S1. nextMONARCH was a phase II, randomized, open-label study that evaluated efficacy and tolerability of abemaciclib \pm tamoxifen in 234 women with previously treated HR^+ , HER2 $^-$ MBC that progressed on or after prior ET.

Eligible women had prior treatment with ≥2 chemotherapy regimens (≥1 for MBC) and must have had measurable disease as defined by RECIST V1.1 and ECOG PS ≤1. Exclusion criteria included presence of visceral crisis; evidence or history of CNS metastases or thromboembolic disease; or prior treatment with a CDK4/6i.

Enrolled patients were randomized 1:1:1 to: (i) abemaciclib 150 mg every 12 hours plus tamoxifen ($n = 78$), (ii) abemaciclib 150 mg every 12 hours ($n = 79$), or (iii) abemaciclib 200 mg every 12 hours plus prophylactic loperamide ($n = 77$).

Both studies received ethical/Institutional Review Board approval, were conducted in accordance with the Declaration of Helsinki, and patients provided informed consent before enrollment.

Plasma sample collection and ctDNA analysis

As per study protocols and in accordance with country-specific guidelines, plasma samples were to be collected at baseline and EOT (follow-up) from patients enrolled in MONARCH 3 and nextMONARCH. This analysis focuses on the abemaciclib and placebo arms of MONARCH 3 and the abemaciclib monotherapy arms (B and C) of nextMONARCH.

ctDNA analyses were conducted on three populations: the translational research population (TR) - patients with a valid ctDNA sample at baseline; TR2 - patients with a valid ctDNA sample at both baseline and EOT; and TR3 - the subset of MONARCH 3 patients in TR2 with a valid EOT ctDNA sample and progressive disease (PD; Supplementary Fig. S1). For TR3, PD must have occurred while receiving abemaciclib/placebo and NSAI or within 60 days of discontinuation if one drug was stopped early.

Alterations at the gene level that were not present at baseline but acquired by EOT were identified in the TR2 population. Specific genes were also analyzed at the individual variant level, for example, ESR1 variants D538G, Y537S, etc. Synonymous mutations were excluded from analysis. Acquired gene alterations in MONARCH 3 patients who discontinued because of PD while on both study drugs, that is, abemaciclib or placebo plus NSAI, were identified in the TR3 population.

ctDNA was analyzed using the Guardant360 73-gene nextgeneration sequencing–based assay (Guardant Health; refs. 20–22), which has been validated with high rates of sensitivity and specificity (23). Potential tumor-related (somatic) genomic alterations were identified. Genomic alterations included point mutations [i.e., singlenucleotide variants (SNV)], insertions/deletions (INDEL), amplifications [i.e., copy-number alterations (CNA)], and fusions.

Statistical analyses

To assess baseline genomic alterations, data were dichotomized by presence/absence of a somatic alteration and treated as binary variables. To assess acquired genomic alterations, data were further subsetted into patients without a baseline somatic alteration on the gene of interest and then dichotomized by presence/absence of a somatic alteration on that same gene at EOT. Where applicable, rates of acquired genomic alterations by treatment arm were compared using a likelihood ratio χ^2 test and P values were reported accordingly.

Clinical outcomes included PFS and objective response rate [ORR; percentage of patients with a best response of complete or partial response as per RECIST V1.1]. ORR was reported as the separate percentage of responders \pm detectable genomic alterations. The Kaplan–Meier method was used to estimate mPFS and 95% confidence intervals (CI) in patients \pm detectable genomic alterations and where appropriate, P values were reported using the log-rank test. HRs and 95% CIs were derived from a univariate Cox proportional hazards regression model. In MONARCH 3, this analysis modeled the effect of treatment within patients \pm detectable genomic alterations separately. In nextMONARCH, this analysis modeled the effect of presence/absence of detectable genomic alterations.

Additionally for MONARCH 3, the predictive effect of each baseline genomic alteration on PFS was assessed by likelihood ratio test comparing a multivariate Cox proportional hazards model with the following factors: treatment arm, indicators for gene alteration (s) at baseline (yes/no) for each of EGFR, TP53, FGFR1, NF1, CCND1, MYC, PIK3CA, and ESR1; and treatment-by-biomarker interaction for the gene of interest to the model with the same factors excluding the treatment-by-biomarker interaction. The predictive effect of any genomic alteration at baseline, alterations in cell-cycle genes, and alterations in MAPK genes was assessed by likelihood ratio test comparing a multivariate Cox proportional hazards model with the following factors: treatment arm, presence of any alteration in group of genes, and biomarker-by-treatment interaction to the model with the same factors excluding the treatment-by-biomarker interaction.

Data cut-off dates were October 31, 2018 for MONARCH 3 and June 28, 2019 for nextMONARCH. These trials were not powered for retrospective biomarker analyses and no adjustments were made for multiplicity. Statistical analyses were conducted using SAS Version 9.3 or higher or R Version 3.4.4 or higher.

Data availability

Lilly provides access to all individual participant data collected during the trial, after anonymization, with the exception of pharmacokinetic or genetic data. Data are available to request 6 months after the indication studied has been approved in the United States and European Union and after primary publication acceptance, whichever is later. No expiration date of data requests is currently set once data are made available. Access is provided after a proposal has been approved by an independent review committee identified for this purpose and after receipt of a signed data sharing agreement. Data and documents, including the study protocol, statistical analysis plan, clinical study report, blank or annotated case report forms, will be provided in a secure data sharing environment. For details on submitting a request, see the instructions provided at www.vivli.org/ourmember/lilly/.

Results

Patients

In MONARCH 3, 493 patients were randomized (2:1) to receive NSAI plus abemaciclib ($n = 328$) or placebo ($n = 165$) and comprise the intent-to-treat (ITT) population. An evaluable baseline ctDNA sample (TR population) was obtained from 295 patients (201 abemaciclib, 94 placebo) and 210 patients (131 abemaciclib, 79 placebo) had evaluable baseline and EOT ctDNA samples (TR2 population). In nextMONARCH, 156 patients received abemaciclib monotherapy (ITT population). An evaluable baseline ctDNA sample (TR population) was obtained from 139 patients and 79 patients had both evaluable baseline and EOT ctDNA samples (TR2 population; Supplementary Fig. S1). Baseline characteristics in both studies were similar among the respective ITT and TR populations (Supplementary Tables S1 and S2).

Genomic alterations in baseline ctDNA

A total of 81% of patients in MONARCH 3 and 90% of patients in nextMONARCH had at least one genomic alteration detected in baseline ctDNA.

The most frequently altered genes at baseline were PIK3CA (37.6%), TP53 (25.4%), EGFR (11.9%), FGFR1 (11.5%), NF1 (10.8%), GATA3 (9.2%), MYC (8.8%), and CCND1 (8.5%) in MONARCH 3 (Fig. 1A) and ESR1 (40.3%), PIK3CA (34.5%), TP53 (28.1%), FGFR1 (22.3%), GATA3 (20.9%), and MYC (20.1%) in nextMONARCH (Fig. 1B).

In both studies, the most common types of baseline alterations were SNV for patients with PIK3CA, TP53, NF1, and ESR1 alterations, CNA for patients with FGFR1, CCND1, and MYC alterations, and INDEL for patients with GATA3 alterations (Fig. 2A and B).

At baseline, 44 different PIK3CA variants were identified in MON-ARCH 3 and 69 variants in nextMONARCH. The most frequent baseline PIK3CA variants in both studies were common strong activating hotspot mutations, H1047R, E545K, E542K, and H1047L and weaker activating mutations including E726K (Supplementary Fig. S2; refs. 24, 25).

Association between baseline genomic alterations and clinical outcome

mPFS in the MONARCH 3 abemaciclib and placebo arms was 28.2 and 14.8 months (HR, 0.52; 95% CI, 0.42–0.66), respectively, in the ITT population, and 38.7 and 16.5 months (HR, 0.45; 95% CI, 0.33–0.61), respectively, in the TR population (Fig. 3). mPFS with abemaciclib monotherapy in nextMONARCH was 7.4 months in both the ITT and TR populations (Fig. 4).

In MONARCH 3, patients treated with abemaciclib had a longer mPFS than those treated with placebo irrespective of whether a baseline alteration was detected (32.8 vs. 15.4 months; HR, 0.49; 95% CI, 0.35–0.69) or not detected (not reached vs. 17.5 months; HR, 0.25; 95% CI, 0.1–0.58). A nominally significant interaction effect between the presence/absence of an alteration and efficacy of abemaciclib plus NSAI versus placebo plus NSAI was observed for EGFR, FGFR1, CCND1, and PIK3CA (Fig. 3); however, these results should be interpreted with caution because of the exploratory nature of the analysis. In the placebo group, alterations in EGFR, FGFR1, MYC, CCND1, ESR1, cell cycle–related genes (CCRG), and MAPK pathway genes were associated with a mPFS less than 12 months (Fig. 3; Supplementary Fig. S3A). In nextMONARCH, mPFS was shorter in patients with a detectable baseline alteration than those with no baseline alteration detected (6.7 vs. 13.0 months; HR, 0.5; 95% CI, 0.26–1.04; Fig. 4). Baseline genomic alterations in PIK3CA, FGFR1, MYC, NF1, EGFR, RB1, CCNE1, or CCRGs were associated with a mPFS less than 5 months. Patients with detected alterations in TP53 or ERBB2 trended toward a shorter mPFS, while patients with a GATA3 alteration had numerically longer mPFS (Fig. 4; Supplementary Fig. S3B). Given that there is no control arm in nextMONARCH, these effects cannot be clearly attributed as prognostic or predictive. A similar trend was also evident for OS in nextMONARCH (Supplementary Fig. S4). Gene amplifications were the most frequent baseline EGFR alterations in MONARCH 3 and nextMONARCH (7.2% and 7.1%, respectively; Supplementary Fig. S2).

Figure 1.

Gene alterations at baseline. Heat maps of somatic alterations at baseline by gene (TR population) for MONARCH 3 (A) and nextMONARCH (B). CNA, copy-number alterations; INDEL, insertions/deletions; SNV, single-nucleotide variant; TR, translational research.

Figure 2.

Frequency of gene alterations at baseline. Bar graphs representing frequency of gene alterations at baseline by gene and type of alteration in MONARCH 3 (A; $n =$ 295, TR population) and nextMONARCH (B; $n = 139$, TR population). CNA, copy-number alterations; INDEL, insertions/deletions; SNV, single-nucleotide variant; TR, translational research.

MONARCH3

Favors treatment Favors placebo

Figure 3.

Forest plots of PFS for patients with and without specific genomic alterations at baseline in MONARCH 3 (TR population). Cell cycle-related genes consist of CCND1, CCND2, CDK4, CDK5, CDKN2A, CCNE1, RB1, and TP53. MAPK genes consist of ARAF, BRAF, HRAS, KRAS, MAPK1, MAP2K1, MAP2K2, MAP3K1, NRAS, and RAF1 (CRAF). CI, confidence interval; ITT, intent-to-treat; NA, not achieved; PFS, progression-free survival; TR, translation research.

In MONARCH 3, ESR1 alterations were rare at baseline but were associated with numerically shorter mPFS in abemaciclib (27.5 months) and placebo (5.7 months) groups compared with those without such alterations (abemaciclib: 38.9 months; placebo: 17.6 months). In nextMONARCH, mPFS was similar with and without ESR1 alterations detected (6.1 vs. 8.8 months; HR, 0.94; 95% CI, 0.64–1.39). In nextMONARCH, there was an apparent association between having ESR1 mutation at baseline and having liver metastases (nominal $P = 0.0075$). ESR1 mutations, less common at baseline in MONARCH 3, were not associated with liver metastases (nominal $P = 0.2478$).

In MONARCH 3, ORR was numerically higher in patients treated with abemaciclib versus placebo, regardless of whether a baseline alteration was detected (54.3% vs. 47.4%) or not (64.9% vs. 16.7%; Supplementary Fig. S5A). In nextMONARCH, ORR was generally numerically higher in patients without detected alterations, with the exception of ESR1 (detected: 33.9% vs. not: 28.9%) and GATA3 alterations (detected: 44.8% vs. not: 27.3%; Supplementary Fig. S5B).

Regarding baseline mutant allele frequency (MAF), in MONARCH 3, treatment benefit was consistent regardless of highest baseline MAF (highest baseline MAF >median: HR, 0.49; ≤median: HR, 0.50), although having a highest baseline MAF >median did appear to be prognostic of shorter mPFS overall (Supplementary Fig. S6A). Similarly, in nextMONARCH, the subgroup with highest baseline MAF >median also had a somewhat shorter mPFS (5.2 vs. 9.2 months in the ≤median subgroup; Supplementary Fig. S6B).

Acquired genomic alterations

In MONARCH 3, the most commonly acquired alterations, were ESR1 (20%), TP53 (12%), and EGFR (8%) in the abemaciclib arm and ESR1 (32%), TP53 (10%), and BRCA1 (6%) in the placebo arm (Fig. 5A). Acquired alterations more frequent in the abemaciclib versus placebo arm included RB1 (5% vs. 0%, $P = 0.009$), MYC (5% vs. 0%, $P = 0.016$), APC (4% vs. 0%, $P = 0.029$), and BRCA2 (4% vs. 0%, $P = 0.029$). In nextMONARCH, alterations in TP53 (10%), EGFR (9%), RB1 (9%), and MYC (9%) were the most commonly

nextMONARCH

Figure 4.

Forest plot of PFS for patients with and without specific genomic alterations at baseline in nextMONARCH (TR population). Cell cycle-related genes consist of CCND1, CCND2, CDK4, CDK5, CDKN2A, CCNE1, RB1, and TP53. CI, confidence interval; ITT, intent-to-treat; NA, not achieved; PFS, progression-free survival; TR, translation research.

acquired. Acquired alterations in ESR1 (6%) and AR (3%) were also found. In MONARCH 3, the most frequent ESR1 alterations were D538G (9.2% abemaciclib plus NSAI; 24.1% placebo plus NSAI) and Y537S (8.4% abemaciclib plus NSAI; 13.9% placebo plus NSAI). D538G (3.8%) was the most frequent ESR1 alteration in next-MONARCH (Fig. 5B). Acquired ESR1 mutations were not associated with liver metastases in either nextMONARCH (nominal $P = 1.0$) or MONARCH 3 (nominal $P = 0.5278$).

Certain baseline alterations were undetectable at EOT in a proportion of patients (Fig. 5C). For example, in MONARCH 3, PIK3CA alterations became undetectable in 16.8% of patients treated with abemaciclib compared with 7.6% in the placebo arm. In next-MONARCH this was observed in 4.3% of patients. This should be considered if ctDNA testing is done to identify PIK3CA mutations for use of alpelisib.

Acquired alterations in patients with progressive disease

Most patients in the TR2 population of both studies discontinued because of PD: 157 (74.8%) in MONARCH 3 [88 (67.2%) in the abemaciclib arm and 69 (87.3%) in the placebo arm] and 69 (87.3%) in

Figure 5.

Genomic alterations in the abemaciclib and placebo groups in MONARCH 3 and the abemaciclib monotherapy group in nextMONARCH (TR2 population).A,Acquired genomic alterations. *, P < 0.05 abemaciclib versus placebo in MONARCH 3. B, The frequency of individual ESR1 mutations (found in ≥2 patients) acquired during treatment. C, Genomic alterations detected at baseline but not detected at EOT. TR2 population consists of patients with a valid ctDNA sample at both baseline and EOT. NSAI, nonsteroidal aromatase inhibitor.

nextMONARCH (Supplementary Table S3). The TR3 population consists of the subset of MONARCH 3 patients in TR2 with a valid EOT ctDNA sample and PD within 2 months of discontinuation of all study treatment (abemaciclib and NSAI; Supplementary Fig. S1). As in the TR2 population, ESR1 alterations were the most frequently acquired alterations in the TR3 population (abemaciclib: 19.2%; placebo: 30.4%). D538G and Y537S were the most frequently acquired individual ESR1 mutations in the TR3 population (Supplementary Fig. S7). Acquired genomic alterations in the TR3 population are displayed in Supplementary Fig. S8.

Association between acquired alterations and PFS

In the MONARCH 3 TR2 population, mPFS was 20.8 months in the abemaciclib and 14.6 months in the placebo group (HR, 0.61; 95% CI, 0.44–0.84). In the nextMONARCH TR2 population, mPFS was 7.4 months with abemaciclib monotherapy.

In MONARCH 3, mPFS was similar between patients with and without ESR1 alterations acquired during abemaciclib treatment (20.1 vs. 19.1 months; HR, 1.1; 95% CI, 0.66–1.84). In contrast, in the placebo arm, mPFS was longer in patients with ESR1 alterations acquired while on treatment compared with those without acquired alterations (23.1 vs. 11.1 months; HR, 1.66; 95% CI, 0.96–2.85; Fig. 6A). In nextMONARCH, mPFS was similar between patients with and without ESR1 alterations acquired during abemaciclib monotherapy (7.2 vs. 9.0 months; HR, 0.51; 95% CI, 0.19–1.36; Fig. 6B).

Examination of the association between the most commonly acquired gene alteration (ESR1) in MONARCH 3 and the time to second disease progression (PFS2) showed no significant difference between patients with versus without acquired ESR1 alterations (Supplementary Fig. S9).

In the abemaciclib arm of MONARCH 3, mPFS was shorter for patients with alterations in FGFR1 (HR, 0.33; 95% CI, 0.16–0.70), NF1 (HR, 0.23; 95% CI, 0.09–0.54), and PDGFRA (HR, 0.44; 95% CI, 0.21– 0.92) acquired while on treatment compared with those without such acquired alterations (Supplementary Table S4).

Discussion

Abemaciclib has demonstrated efficacy in both the metastatic and adjuvant settings in HR^+ , $HER2^-$ breast cancer (5, 7, 17, 26–28). However, a small proportion of patients with MBC exhibit primary resistance to abemaciclib and other CDK4/6i, and most develop acquired resistance. Therefore, a greater understanding of the mechanisms of resistance is critically needed (11, 29, 30).

In vitro preclinical studies in breast cancer cell lines treated with CDK4/6i have identified genomic alterations potentially involved in

Figure 6.

PFS in patients with and without acquired ESR1 alterations in MON-ARCH 3 (A) and nextMONARCH (B). CI, confidence interval; HR, hazard ratio.

resistance, including loss of RB1 and amplification of CCNE1, CCNE2, and CDK6 (9, 31, 32, 33). However, the clinical relevance of such findings in patients treated with abemaciclib is unclear. This study is the first to explore genomic alterations in ctDNA samples from patients with HR^+ , HER2⁻ ABC treated with abemaciclib \pm NSAI and the relationship between baseline or treatment-emergent genomic alterations and clinical outcomes. Though direct comparisons between the two studies cannot be made, given the differences in study populations, the analysis from MONARCH 3 provides data from a large, randomized, phase III study, while nextMONARCH allows for analysis in the context of monotherapy rather than combination with ET.

Most patients in MONARCH 3 and nextMONARCH had at least one baseline genomic alteration. While baseline gene alterations were prognostic in the abemaciclib arms of MONARCH 3 and nextMONARCH, in MONARCH 3, patients receiving abemaciclib plus NSAI consistently had improved mPFS compared with those receiving placebo plus NSAI, irrespective of baseline genomic alterations, consistent with results in the ITT population (6, 34).

Alterations in the estrogen receptor (ER) gene ESR1 were rarely present at baseline in the MONARCH 3 population (5%; initial therapy for advanced disease) but highly prevalent in the heavily pretreated nextMONARCH population (40%), reflecting the association of ESR1 mutations with exposure to ET (35). In previous studies, the detection of ESR1 mutations has been associated with inferior PFS in patients receiving aromatase inhibitor (AI)-containing therapies (36, 37). In MONARCH 3, though the frequency was low, patients in the placebo arm with baseline ESR1 alterations had a shorter mPFS than those without such alterations. Notably, patients with alterations derived substantial benefit from the addition of abemaciclib to NSAI. In nextMONARCH, mPFS was similar between patients with and without baseline ESR1 alterations receiving abemaciclib monotherapy suggesting benefit of abemaciclib despite ET resistance in this population (38). This is similar to MONARCH 2 data, where benefit from abemaciclib plus fulvestrant was observed regardless of ESR1 mutation status in an ET-resistant population (39).

The ESR1 alterations most frequently observed in this study occurred within the ligand-binding domain, at D538G and Y537S, consistent with other studies of patients on NSAI (40). While mPFS was similar between patients with and without ESR1 alterations acquired during abemaciclib treatment (both studies), mPFS was longer in patients with acquired ESR1 alterations on placebo plus NSAI (MONARCH 3), suggesting longer exposure to ET monotherapy is associated with the acquisition of ESR1 alterations. To determine whether the presence of ESR1 mutations conferred shorter PFS on the next line of therapy after initial disease progression, we evaluated PFS2 in MONARCH 3. No difference in PFS2 was observed between patients with and without acquired ESR1 alterations in MONARCH 3.

In the PALOMA-3 study of palbociclib or placebo plus fulvestrant, 12.8% of patients without a baseline ESR1 mutation had an acquired mutation at progression, with evidence of selection of ESR1 Y537S in both arms of the study (12). In contrast, fewer MONARCH 3 patients with PD acquired ESR1 alterations in the abemaciclib arm (19.2%) compared with placebo (30.4%; Supplementary Fig. S7), mainly driven by higher rates of acquisition of the ESR1 D538G alteration in patients with PD in the placebo arm (24.1%) compared with the abemaciclib arm (9.2%). Fulvestrant has demonstrated antitumor activity in ESR1 mutant disease preclinically (41, 42), in the metastatic setting (43), and in patients receiving therapy with AI plus palbociclib who experienced rising ESR1 ctDNA levels and were switched from AI to fulvestrant (while maintaining palbociclib; ref. 44). Given that abemaciclib may delay PD related to ESR1 mutation, further studies should evaluate the optimal CDK4/6i partner for selective estrogen receptor degraders and other ET.

Several baseline genomic alterations were associated with mPFS <12 months in the placebo arm of MONARCH 3, including ESR1, MYC, CCND1, EGFR, FGFR1, CCRGs, and MAPK pathway genes. In nextMONARCH, genomic alterations associated with a mPFS <5 months included CCNE1, MYC, EGFR, FGFR1, CCRGs, NF1, PIK3CA, and RB1.

Mutations in TP53, RB1, and NF1 have been previously associated with poor outcomes in patients with HR^+ , $HER2^-$ ABC, regardless of treatment (45). Our analyses are the first to suggest baseline EGFR alterations (Supplementary Fig. S2C and S2D) may also be associated with poor prognosis in patients with HR^+ , HER2⁻ ABC, although maintain a benefit with abemaciclib plus NSAI. In the exploratory analyses from MONALEESA-2 and MONALEESA-7 trials, patients with altered receptor tyrosine kinase genes, including EGFR, derived a PFS benefit from ribociclib (46, 47).

In the MONALEESA-2 trial, PIK3CA (33%) and TP53 (12%) alterations were found in baseline ctDNA, with prolonged PFS with ribociclib plus letrozole regardless of PIK3CA and TP53 alteration status (46, 48). Similarly, in our analysis, TP53 and PIK3CA alterations were frequently observed at baseline, and patients with and without TP53 or PIK3CA alterations benefited from combined abemaciclib plus NSAI. In contrast, in nextMONARCH, patients without a detected TP53 or PIK3CA alteration had a longer mPFS than those with an alteration.

Mutations in FGFR1 and FGFR2 have been associated with resistance to ET and CDK4/6i (49–51). In MONALEESA-2, baseline FGFR1 alterations were associated with a poor prognosis. Patients with baseline FGFR1 amplification treated with ribociclib plus letrozole had a shorter mPFS (10.6 months) than patients with wild-type FGFR1 (24.8 months; ref. 50). While baseline FGFR1 alterations were associated with a shorter mPFS in both treatment arms of MONARCH 3 and with abemaciclib monotherapy in nextMONARCH, patients in MONARCH 3 benefited from the addition of abemaciclib to NSAI regardless of mutation status.

Limited clinical data on acquired resistance during CDK4/6i treatment have been reported (9, 12). Acquired genomic alterations potentially associated with emerging resistance to abemaciclib \pm NSAI included alterations in RB1, MYC, or EGFR. However, these were seen in <10% of patients and could be impacted by small sample size, therefore further evaluation in a larger patient population is warranted. Acquired TP53 alterations were found in 10% of patients in both treatment arms of MONARCH 3 and the abemaciclib monotherapy arms of nextMONARCH.

Using whole-exome sequencing of metastatic tumor biopsies, Wander and colleagues (9) identified genomic alterations that could potentially drive resistance to CDK4/6i. These include loss of RB1, activating alterations in AKT1, RAS, aurora kinase A (AURKA), CCNE2, ERBB2 and FGFR2, and loss of ER expression. Loss of RB is a mechanism of both intrinsic and acquired resistance to CDK4/6i. However, this is uncommon and does not account for most of the acquired resistance observed in HR^+ , $HER2^-$ ABC. ctDNA analysis from the PALOMA-3 study revealed RB1 mutations in 5% of patients who acquired a mutation during palbociclib plus fulvestrant treatment, suggesting this is not the predominant mechanism of resistance to CDK4/6i (12). In this study, acquired RB1 alterations were detected in <10% of patients receiving abemaciclib \pm NSAI.

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In summary, we investigated genomic alterations potentially associated with resistance to abemaciclib \pm NSAI in women with HR⁺, HER2[–] ABC using ctDNA analysis from MONARCH 3 and nextMONARCH. The most frequent baseline alterations in our study have been previously associated with endocrine resistance. Importantly, in MONARCH 3, abemaciclib plus NSAI was associated with improved mPFS compared with placebo plus NSAI, regardless of baseline genomic alterations. In addition, potential mechanisms of acquired resistance were explored. Finally, this is the first study to evaluate impact of genomic alterations on CDK4/6i monotherapy. Limitations of this study include that evaluable samples were not available for all patients and that interpretation of nextMONARCH data is limited by the lack of a control arm for comparison, and thus, confirmation if these findings reflect prognostic or predictive association of these alterations is not possible. These findings are hypothesis generating and need validation in suitably powered prospective studies. Understanding potential mechanisms of intrinsic and acquired resistance will help inform future drug development and clinical trials.

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Note

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