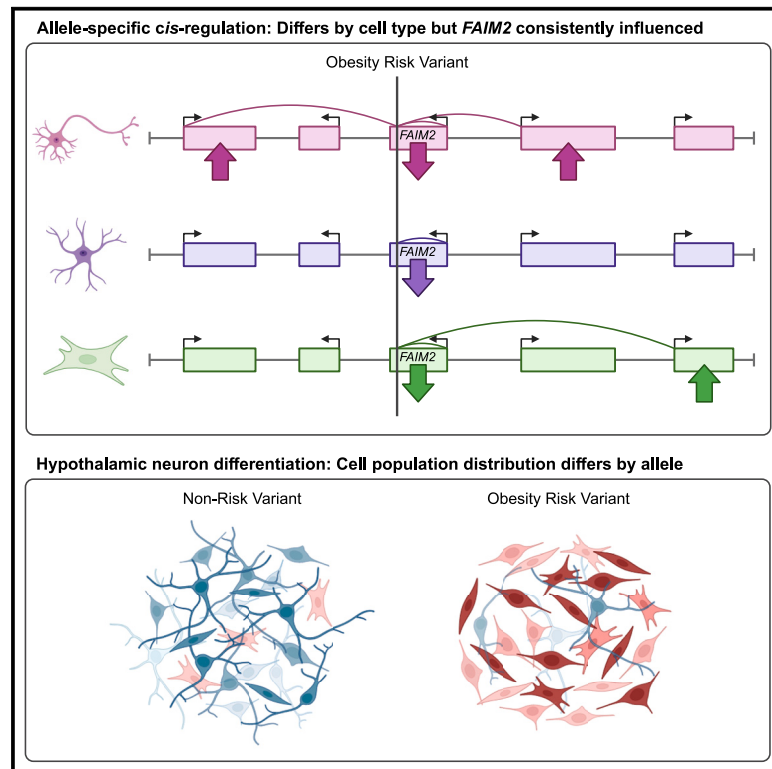


# Variant-to-function analysis of the childhood obesity chr12q13 locus implicates rs7132908 as a causal variant within the 3' UTR of *FAIM2*

## Graphical abstract



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## In brief

A locus on chr12q13 is strongly associated with childhood obesity by genome-wide associate studies. Littleton et al. identified a causal variant at this locus, which regulates gene expression in neural cell types. The obesity risk allele also decreased the proportion of appetite-regulating hypothalamic neurons generated by stem cell differentiation.

## Highlights

- rs7132908 is a causal variant at the chr12q13 obesity locus
- rs7132908 regulates nearby effector genes with allele and cell-type specificity
- Obesity risk allele decreases generation of neurons that regulate appetite



## Article

# Variant-to-function analysis of the childhood obesity chr12q13 locus implicates rs7132908 as a causal variant within the 3' UTR of *FAIM2*

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## SUMMARY

The *ch12q13* locus is among the most significant childhood obesity loci identified in genome-wide association studies. This locus resides in a non-coding region within *FAIM2*; thus, the underlying causal variant(s) presumably influence disease susceptibility via *cis*-regulation. We implicated rs7132908 as a putative causal variant by leveraging our in-house 3D genomic data and public domain datasets. Using a luciferase reporter assay, we observed allele-specific *cis*-regulatory activity of the immediate region harboring rs7132908. We generated isogenic human embryonic stem cell lines homozygous for either rs7132908 allele to assess changes in gene expression and chromatin accessibility throughout a differentiation to hypothalamic neurons, a key cell type known to regulate feeding behavior. The rs7132908 obesity risk allele influenced expression of *FAIM2* and other genes and decreased the proportion of neurons produced by differentiation. We have functionally validated rs7132908 as a causal obesity variant that temporally regulates nearby effector genes and influences neurodevelopment and survival.

## INTRODUCTION

Childhood obesity affects approximately 14.7 million individuals aged 2–19 years in the United States, corresponding to approximately one in five children and adolescents.<sup>1</sup> The global prevalence of childhood obesity has increased substantially, rising from less than 1% to more than 7% in recent decades.<sup>2</sup> Obesity increases the risk of leading causes of poor health and early death via hypertension, metabolic disorders, cardiovascular disease, and common cancers.<sup>3</sup> Common cases of obesity result from both environmental and genetic factors.<sup>4</sup> The genetic

component explains a large portion of obesity risk, with heritability estimates ranging from 40% to 85%,<sup>5</sup> but remains incompletely understood. However, it is known that neuronal pathways in the hypothalamus control food intake and are key regulators for obesity.<sup>4</sup> Several human stem cell-derived hypothalamic neuron models have been developed<sup>6–10</sup> to investigate the molecular basis of body weight regulation.<sup>6,10–18</sup>

Genome-wide association studies (GWAS) have identified genomic regions that harbor susceptibility variants conferring adult<sup>19,20</sup> and childhood obesity<sup>21–24</sup> risk. An ongoing challenge is to translate GWAS loci into meaningful discoveries that can



expand our knowledge of complex traits. Most variants identified by GWASs are non-coding, so their underlying mechanism is not obvious.<sup>4</sup> These non-coding variants likely influence disease risk by functioning within *cis*-regulatory elements and altering expression of effector genes within their topologically associating domain (TAD). These effector genes are not necessarily the most proximal gene, as *cis*-regulatory elements can influence gene expression up to megabases away. Therefore, functional characterization must be conducted to determine which variants are causal and which effector genes, near or far, confer susceptibility to disease. Most attention has been focused on only the very strongest GWAS loci, such as *FTO*,<sup>25–27</sup> while many other loci that rank lower in the signal list remain understudied.

Our latest childhood obesity *trans*-ancestral GWAS meta-analysis identified a locus on chr12q13 named after its nearest gene, *FAIM2*.<sup>21,22</sup> This signal has also been independently reported for obesity risk in children<sup>28,29</sup> and adults<sup>30–33</sup> across several ancestral populations. Crucially, this locus is more pronounced in children and ranks among more well-studied loci such as *FTO*, *MC4R*, *TMEM18*, and *BDNF* in the pediatric setting<sup>22</sup>; as such, it has been less studied given its less obvious role in adult obesity pathogenesis.

To implicate candidate causal non-coding variants at the chr12q13 obesity locus, our *trans*-ancestral fine-mapping refined this signal to a 99% credible set of six single nucleotide polymorphisms (SNPs).<sup>22</sup> More recently, Bayesian fine-mapping further refined this locus to one signal with 95% credible sets of 1–4 SNPs depending on which body weight trait definition was used (e.g., maximum weight, maximum BMI, mean weight).<sup>34</sup> These credible sets consistently implicate rs7132908 as the variant with the highest computed probability of being causal.<sup>22,34</sup> The obesity risk A allele is common, with frequencies ranging from 10.25% to 60.53% across ethnicities<sup>35</sup> and 28.86% globally.<sup>36</sup> In addition to childhood obesity, this locus is also associated with related traits: increased BMI in adults, increased weight in adults, elevated type 2 diabetes susceptibility, increased body fat percentage in children and adults,<sup>37</sup> increased risk of problematic alcohol use,<sup>38</sup> BMI variance,<sup>39</sup> increased waist circumference,<sup>40</sup> and earlier age at menarche.<sup>41</sup>

We used our established variant-to-gene mapping approach that implicates potential *cis*-regulatory elements at GWAS loci using assay for transposase-accessible chromatin with high-throughput sequencing (ATAC-seq) to identify regions of accessible chromatin and high-resolution promoter-focused Capture-C/Hi-C to identify distal promoter interactions with those open regions.<sup>11,42–47</sup> rs7132908 resides within a putative *cis*-regulatory element in several human neural cell types,<sup>11,46,47</sup> consistent with data from the Encyclopedia of DNA Elements (ENCODE) consortium's "Registry of candidate *cis*-Regulatory Elements" (version 3), which has annotated a cell-type-agnostic candidate distal enhancer encompassing rs7132908 (candidate *cis*-regulatory element EH38E3015886).<sup>48</sup>

The rs7132908 region contacts promoters of *FAIM2* and several other genes within its TAD.<sup>11,46,47</sup> We nominated these genes as candidate effector genes. *FAIM2* has additional support via colocalization with expression quantitative trait loci (eQTL) data<sup>49</sup> but has not been directly implicated in obesity

pathogenesis. We used reporter assays in astrocytes to characterize the *cis*-regulatory activity of rs7132908 and found that this variant regulated *FAIM2* expression with allele specificity. Next, we generated hypothalamic neural progenitors and a heterogeneous population of hypothalamic neurons that were homozygous for either rs7132908 allele. We used bulk ATAC-seq pre-differentiation and single-nucleus ATAC-seq post-differentiation, when the cells were heterogeneous, to assess chromatin accessibility. The rs7132908 region transitioned from closed to open chromatin during differentiation from ESCs to hypothalamic neurons. We also used bulk or single-nucleus RNA-seq to characterize changes in gene expression at three time points throughout differentiation, finding that rs7132908 genotype regulated expression of *FAIM2* and other genes in multiple cell types. Finally, we report the striking observation that the rs7132908 obesity risk A allele decreased the proportion of neurons from 61% to 11%. Our data strongly implicate rs7132908 as a causal variant at the chr12q13 obesity locus and nominates *FAIM2* as a candidate effector gene for further study.

## RESULTS

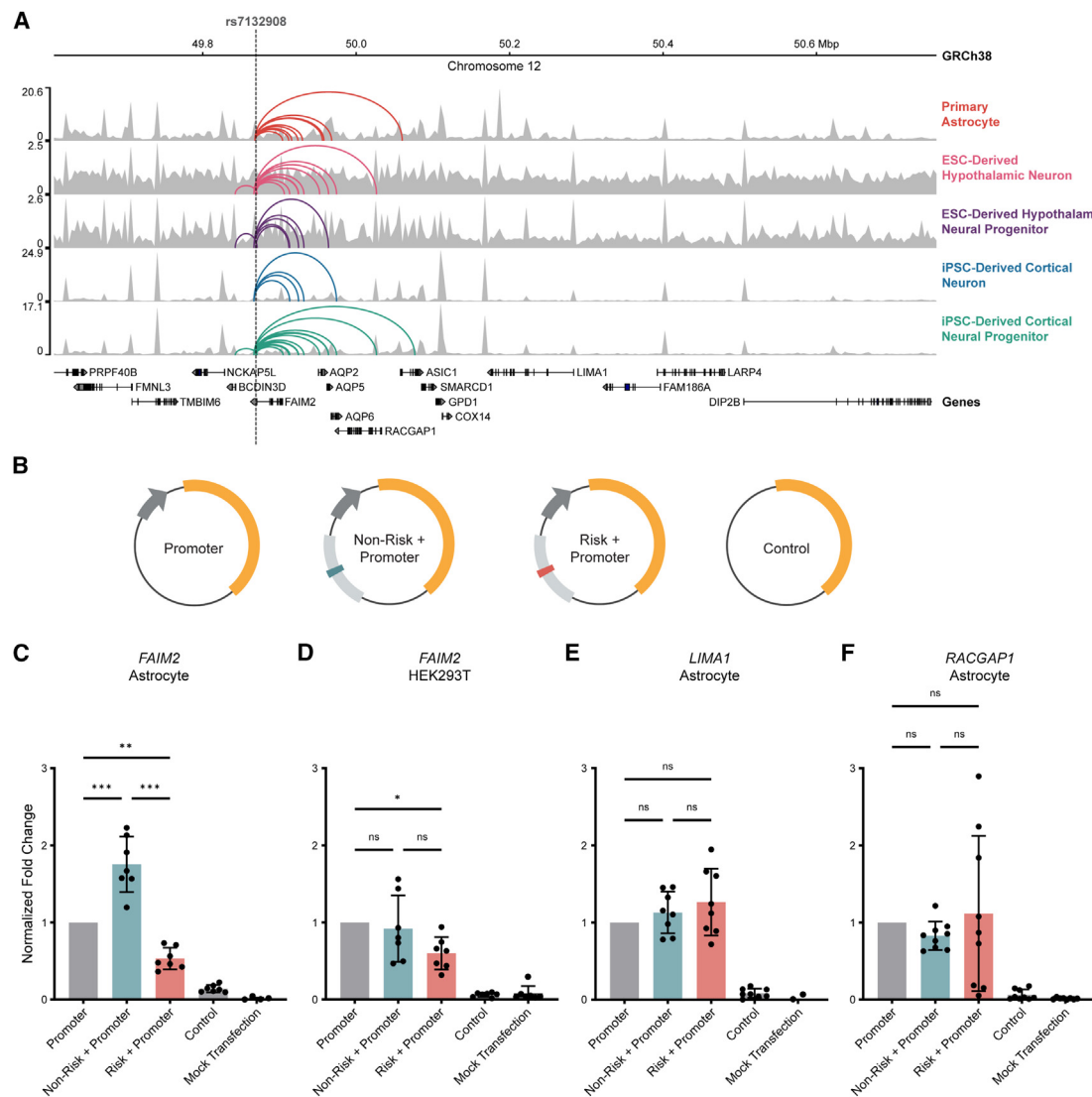
### The chr12q13 locus more strongly influences childhood BMI

The effect size of the chr12q13 locus has been shown to decrease as age increases using longitudinal data from children 3–17 years old.<sup>29</sup> We sought to determine if the association between this locus and childhood BMI is stronger than adult BMI using results from the most recent childhood<sup>50</sup> and adult<sup>20</sup> BMI GWAS. We found that the effect of the chr12q13 locus on childhood BMI ( $\beta = 0.0704$ , standard error = 0.008) was significantly stronger than its effect on adult BMI ( $\beta = 0.0303$ , standard error = 0.0018) ( $p$  value =  $1.01 \times 10^{-6}$ ).

### *FAIM2* is the lead candidate effector gene at the chr12q13 childhood obesity locus

Chromosome conformation capture methods identify physical interactions between genomic regions and can nominate possible functional relationships, such as enhancer-promoter interactions. The putative *cis*-regulatory element harboring rs7132908 interacted variably with promoters of 11 candidate effector genes (*AC025154.2*, *AQP2*, *AQP5*, *AQP6*, *ASIC1*, *BCDIN3D*, *FAIM2*, *LIMA1*, *LINC02395*, *LINC02396*, and *RACGAP1*) across neural cell types and their progenitors (Figure 1A; Table S1),<sup>11,46,47</sup> suggesting potential temporal and cell-type-specific control of multiple genes in the region, similar to the *FTO* locus.<sup>25–27</sup> We performed colocalization analysis to intersect eQTL signals from the Genotype-Tissue Expression (GTEx) project with our variant-to-gene mapping results.<sup>49</sup> With the conservative overlap of the two approaches, we found that only *FAIM2* was implicated by both analyses (Table S1). We therefore nominated *FAIM2* as the primary candidate effector gene at this locus.

We sought to identify if loss-of-function mutations in any of the coding, candidate effector genes (*AQP2*, *AQP5*, *AQP6*, *ASIC1*, *BCDIN3D*, *FAIM2*, *LIMA1*, and *RACGAP1*) are associated with cases of obesity in the Penn Medicine BioBank. We found that none were significantly associated with obesity in either



**Figure 1. rs7132908 regulates *FAIM2* expression with allele and cell-type specificity**

(A) Chromatin accessibility represented by ATAC-seq tracks depicting normalized reads and chromatin loops at the TAD containing rs7132908 in neural cell types. Chromatin loops represent significant contacts between regions of open chromatin that harbored rs7132908 and a gene promoter. Gray dashed vertical line indicates rs7132908 position.

(B) Graphic representation of firefly luciferase reporter vectors used in luciferase reporter assays.

(C–F) Fold change of firefly luciferase fluorescence normalized to the promoter only control vector driven by the *FAIM2* promoter in primary astrocytes ( $n = 7$  biological replicates) (C), *FAIM2* promoter in HEK293Ts ( $n = 7$  biological replicates) (D), *LIMA1* promoter in primary astrocytes ( $n = 8$  biological replicates) (E), and *RACGAP1* promoter in primary astrocytes ( $n = 9$  biological replicates) (F). Data are represented as mean  $\pm$  SD. \* $p$  value  $< 0.05$ , \*\* $p$  value  $< 0.01$ , \*\*\*\* $p$  value  $< 0.001$  by one-way ANOVA with Tukey's correction for multiple comparisons.

European or African populations. We note that there were relatively few rare coding variants in *FAIM2* and no individuals were homozygous for *FAIM2* mutations.

### Hypothalamic neurons and astrocytes are relevant *in vitro* models to study the effects of rs7132908 genotype

rs7132908 is in the 3' untranslated region (UTR) of *FAIM2* and 34,612 base pairs (bp) from the *FAIM2* transcription start site. The interaction between rs7132908 and the *FAIM2* promoter

was observed in three neural cell types: primary astrocytes, iPSC-derived cortical neural progenitors, and ESC-derived hypothalamic neurons (Figure 1A; Table S1).<sup>11,46,47</sup> We measured gene expression to aid in prioritizing *in vitro* models for our study. *FAIM2* expression was 2.26 transcripts per million (TPM) in iPSC-derived cortical neural progenitors, 42.85 TPM in primary astrocytes, and 136.75 TPM in ESC-derived hypothalamic neurons (Table S1).<sup>11,46,47</sup> We previously identified that BMI-associated variants are significantly enriched in *cis*-regulatory elements in a hypothalamic neuron model.<sup>11</sup> While this significant

enrichment has not been detected in primary astrocytes,<sup>47</sup> seven of nine candidate effector genes (*AC025154.2*, *AQP5*, *AQP6*, *FAIM2*, *LINC02395*, *LINC02396*, and *RACGAP1*) nominated at the chr12q13 locus in ESC-derived hypothalamic neurons were also nominated in primary astrocytes (Figure 1A; Table S1), suggesting similar genomic architecture in this region in these two cellular settings. Therefore, ESC-derived hypothalamic neurons and primary astrocytes were selected as *in vitro* models for studying the putative *cis*-regulatory relationship between rs7132908 and genes within its TAD.

### rs7132908 regulates *FAIM2* expression with allele and cell-type specificity

Many commonly used reporter assays to assess *cis*-regulatory function require a cell model that can be efficiently transfected. Neuron-like cells produced by stem cell differentiation are post-mitotic and transfection of these cells is very inefficient. For this reason, and given the comparable observations described above, we used primary astrocytes to characterize the *cis*-regulatory function of the region harboring rs7132908 with luciferase reporter assays. We used vectors containing either rs7132908 allele and promoters of interest and control vectors (Figure 1B).

The putative enhancer sequence with the non-risk allele significantly increased luciferase expression 1.75-fold (adjusted *p* value <0.001) (Figure 1C). In contrast, the same vector with a single base change to the obesity risk A allele significantly decreased luciferase expression 0.53-fold (adjusted *p* value = 0.003) (Figure 1C). We then used HEK293Ts to determine if this *cis*-regulatory activity occurs in a non-neural cell type. In HEK293Ts, the putative enhancer sequence harboring the non-risk G allele did not significantly increase luciferase expression, while the obesity risk allele decreased luciferase expression by 0.60-fold (adjusted *p* value = 0.037) (Figure 1D). We conclude that rs7132908 regulates expression from the *FAIM2* promoter in astrocytes but displays weaker effects in non-neuronal HEK293Ts.

In addition to *FAIM2*, our variant-to-gene mapping efforts in primary astrocytes also nominated *LIMA1* and *RACGAP1* as possible effector genes (Figure 1A; Table S1). However, when we assessed the *cis*-regulatory activity of this region with the *LIMA1* and *RACGAP1* promoter sequences, we observed no significant changes in luciferase expression with either rs7132908 allele, although we note the results for the risk A allele with the *RACGAP1* promoter were highly variable (Figures 1E and 1F).

Transcription factors bind at regulatory sequences, such as enhancers, and mediate the regulation of gene expression. We predicted the impact of the obesity risk A allele on transcription factor binding, identifying 12 transcription factors potentially regulating gene expression at this chr12q13 locus: HNF4A, HNF4G, PRD14, PRDM14, SRBP2, SREBF1, SREBF2, ZN143, ZN423, ZN554, ZN768, and ZNF416.

### rs7132908 genotype influences gene expression in ESC-derived hypothalamic neural progenitors

After characterizing the *cis*-regulatory activity of rs7132908 in astrocytes, we characterized the effect of the rs7132908 child-

hood obesity risk allele at multiple time points throughout differentiation to hypothalamic neurons. We used the H9 ESC line, which is homozygous for the rs7132908 non-risk G allele and leveraged CRISPR-Cas9 homology-directed repair to generate three isogenic, clonal lines that were homozygous for the rs7132908 risk A allele.

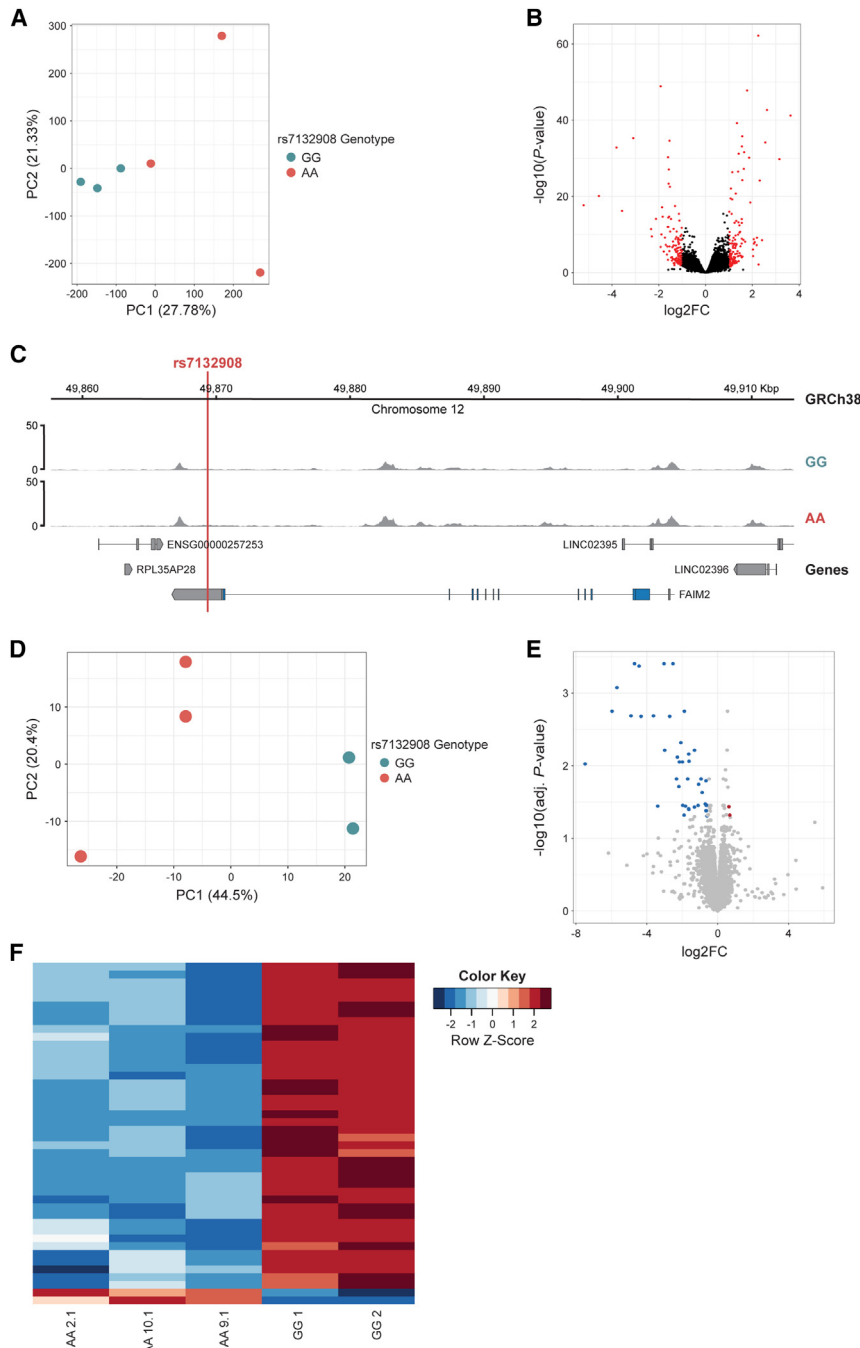
To characterize chromatin accessibility in homogeneous ESCs, we performed bulk ATAC-seq. The first principal component was due to genotype at rs7132908 (Figure 2A); 286 peaks were differentially accessible (Figure 2B; Table S2). However, rs7132908 itself was not found in a peak of accessible chromatin in these undifferentiated ESCs (Figure 2C).

To identify any transcriptional differences due to rs7132908 genotype in homogeneous ESCs, we performed bulk RNA-seq. The first principal component, explaining 44.5% of the variation between samples, was due to genotype at rs7132908 (Figure 2D). Forty-four genes were differentially expressed (Figures 2E and 2F; Table S3). Forty-two genes were significantly down-regulated in the rs7132908 risk A allele homozygote ESCs, while just two genes were up-regulated. As most enhancer-promoter interactions occur within the same TAD, we wanted to determine if rs7132908 regulated expression of genes within its TAD. However, none of the genes in the TAD harboring rs7132908<sup>51</sup> were differentially expressed in ESCs. We observed relatively small changes in expression and accessibility due to the introduction of the obesity risk allele in ESCs, consistent with the notion that rs7132908 primarily functions in neural cells.

To generate hypothalamic neural progenitors and characterize the effects of rs7132908 at this stage, we differentiated ESCs for 14 days using an established protocol (Figure 3A).<sup>6</sup> Day 14 was selected given it was the last day after direction toward ventral diencephalon hypothalamic identity and cell cycle exit but before neuron maturation.<sup>6</sup> We compared the transcriptomic profile of the hypothalamic neural progenitors homozygous for the rs7132908 non-risk allele to profiles of primary human tissues in the GTEx RNA-seq database<sup>49</sup> (donor ages 20–71 years old, with 68.1% 50 years or older) and primary human pediatric hypothalamus tissue from three donors homozygous for the rs7132908 non-risk allele (donor ages 4–14 years old, average age = 8.67). The non-risk hypothalamic neural progenitors most highly correlated with the primary human pediatric hypothalamus tissue (correlation coefficient = 0.80, *p* value <0.001) (Figure S1A).

To identify transcriptional differences due to rs7132908 genotype in homogeneous hypothalamic neural progenitors, we performed bulk RNA-seq. The first principal component, explaining 86.2% of the variation between samples, was due to batch as we differentiated pairs of non-risk and risk allele cells at two separate times (Figures S1B and S1C). Additionally, principal variance component analysis determined that the expected proportion of variance attributed to batch was 85.2% (Figure S1D). Therefore, we incorporated batch information as a covariate in our linear model to adjust for this effect for our differential expression analysis and used corrected expression data for visualizing the effects of batch correction, following best practices. As a result, the first principal component corresponded to rs7132908 genotype (Figures S1B and





**Figure 2. The putative cis-regulatory region harboring rs7132908 is inactive in ESCs**

(A) PCA plot of ESC ATAC-seq libraries (GG  $n = 3$ , AA  $n = 3$  lines).

(B) Volcano plot of adjusted  $p$  values ( $-\log_{10}$ ) and fold change ( $\log_2$ ) of ATAC-seq peaks tested for differential accessibility due to the rs7132908 obesity risk allele in ESCs. Red dots indicate differentially accessible peaks and black dots indicate peaks with no significant differences in accessibility.

(C) Chromatin accessibility represented by ATAC-seq tracks depicting normalized reads across *FAIM2* in ESCs homozygous for either rs7132908 allele. Red vertical line indicates rs7132908 position.

(D) PCA plot of ESC RNA-seq libraries (GG  $n = 2$ , AA  $n = 3$  lines).

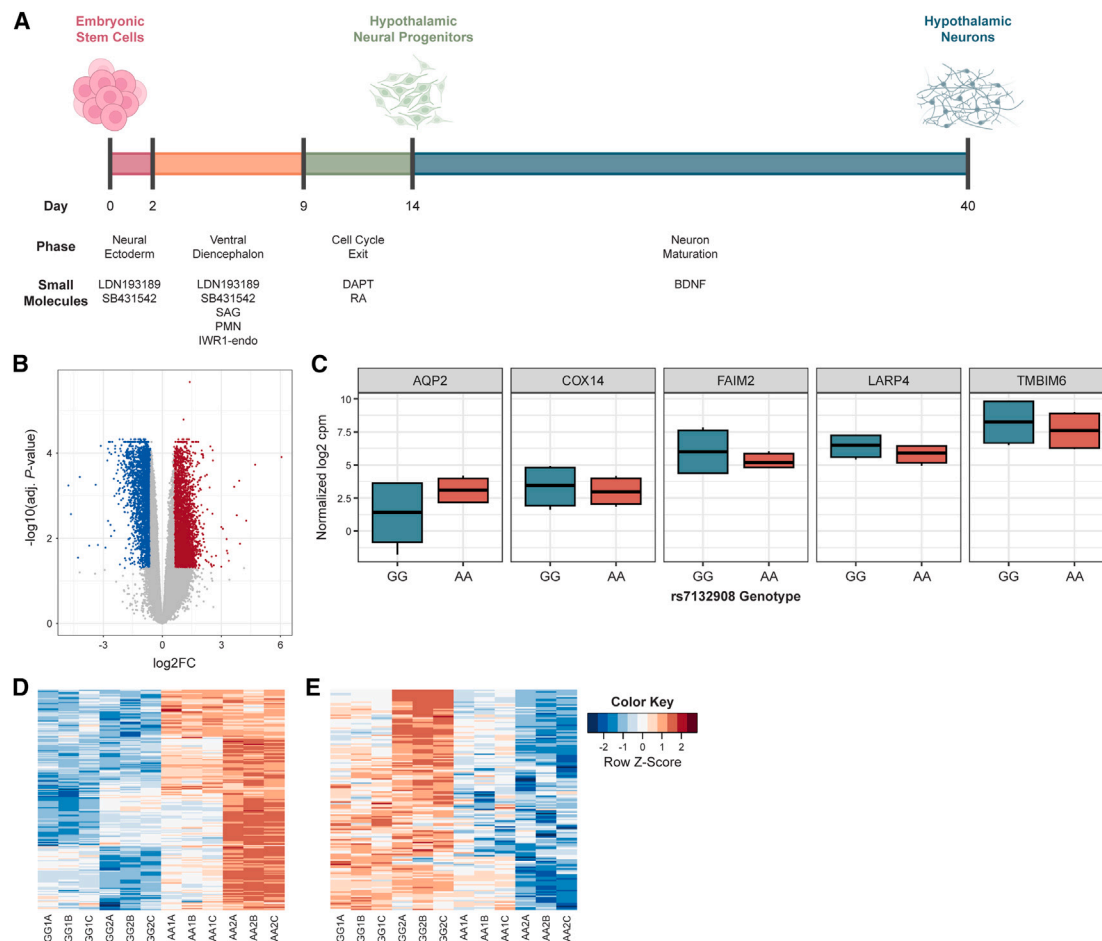
(E) Volcano plot of adjusted  $p$  values ( $-\log_{10}$ ) and fold change ( $\log_2$ ) of genes tested for differential expression due to the rs7132908 obesity risk allele in ESCs. Blue dots indicate down-regulated genes and red dots indicate up-regulated genes. Gray dots indicate genes with no significant differences in expression.

(F) Heatmap depicting differentially expressed due to the rs7132908 obesity risk allele in ESCs.

S1C) and the expected proportion of variance attributed to batch was decreased to 0% (Figure S1D); 6,494 genes were differentially expressed (Figure 3B; Table S4). Five genes in the TAD harboring rs7132908<sup>51</sup> were differentially expressed. *FAIM2* and three other genes (*TMBIM6*, *LARP4*, and *COX14*) were down-regulated in the neural progenitors homozygous for the rs7132908 risk A allele and *AQP2* was up-regulated (Figure 3C).

To explore global changes in gene expression, we clustered the differentially expressed genes into five modules with hier-

archical clustering (Figure S1E). Even after batch correction, approximately 40% of the remaining variance between samples was attributed to genes that were variable across genotype and batch (Figure S1D), which comprised three modules (modules 1, 2, and 3) (Figure S1E). Therefore, we selected the two modules (modules 4 and 5) representing the genes differentially expressed due to genotype at rs7132908 and unaffected by batch for downstream analysis (Figure S1E). Module 4 consisted of 216 genes consistently up-regulated in neural progenitors homozygous for the rs7132908 risk A allele (Figure 3D). Functional enrichment analysis of the module 4 up-regulated genes identified significantly enriched Gene Ontology terms,<sup>52,53</sup> with top-ranking biological processes involving blood vessel development, while other significant biological processes included programmed cell death, apoptotic process, and intrinsic apoptotic signaling pathway in response to endoplasmic reticulum stress (Table S5). Module 5 consisted of 152 genes consistently down-regulated in neural progenitors homozygous for the rs7132908 risk allele (Figure 3E). The module 5 down-regulated genes were also used to identify any enriched Gene Ontology terms,<sup>52,53</sup> however, no significantly enriched biological processes were identified (Table S5).



**Figure 3. rs7132908 genotype influences gene expression in ESC-derived hypothalamic neural progenitors**

(A) Schematic of differentiation of ESCs to hypothalamic neurons, including duration, phases, and key small molecules to direct cell fates.

(B) Volcano plot of adjusted  $p$  values ( $-\log_{10}$ ) and fold change ( $\log_2$ ) of a total of genes tested for differential expression in hypothalamic neural progenitors. Blue dots indicate down-regulated genes and red dots indicate up-regulated in hypothalamic neural progenitors homozygous for the obesity risk allele. Gray dots indicate genes with no significant differences in expression.

(C) Boxplots of gene expression (normalized  $\log_2$  cpm) for genes in the rs7132908 TAD that were differentially expressed.

(D) Heatmap depicting module 4 genes up-regulated due to the rs7132908 obesity risk allele in hypothalamic neural progenitors.

(E) Heatmap depicting module 5 genes down-regulated due to the rs7132908 obesity risk allele in hypothalamic neural progenitors. See also Figure S1.

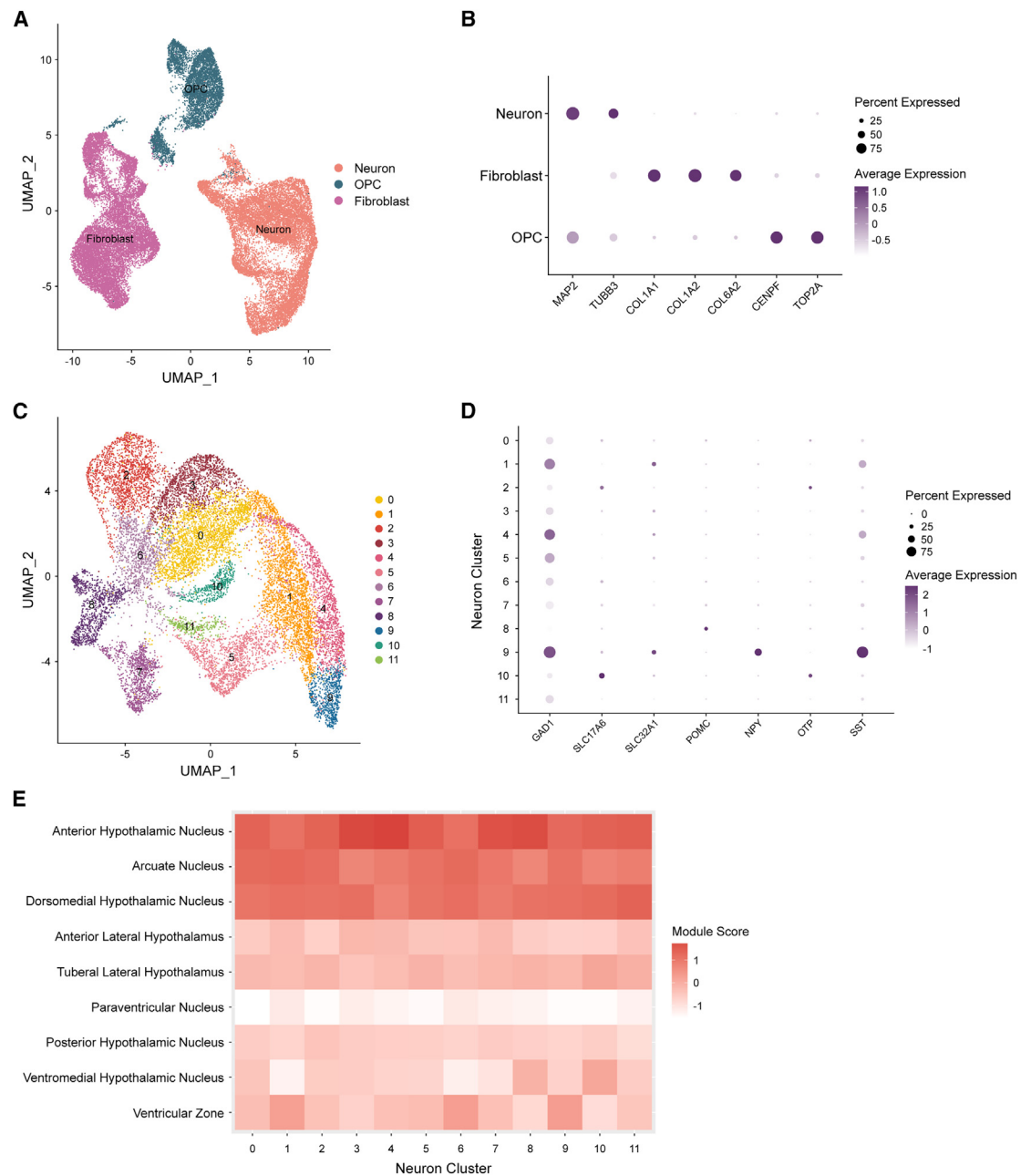
### ESC-derived hypothalamic neurons molecularly resemble the human hypothalamus

Next, we generated hypothalamic-like neurons by differentiating for 40 days using an established protocol<sup>6</sup> and then collected nuclei (Figure 3A). Day 40 was selected given a previous characterization of this protocol found that this duration was sufficient to produce heterogeneous populations of functional neurons that closely resemble those found in the human hypothalamus.<sup>6</sup> These nuclei were used to simultaneously profile gene expression and open chromatin in each cell using a multi-omic single-nucleus RNA-seq and ATAC-seq approach.

A previously published human hypothalamus single-cell RNA-seq reference dataset<sup>54</sup> was used to identify cell types in our dataset (Figure S2A). To ensure that the cell type identifications were likely to be accurate, we prioritized cells with high-confidence annotations using a classification score threshold

( $\geq 0.8$ ) that was previously demonstrated to increase accuracy.<sup>55</sup> This method identified cells as neurons, oligodendrocyte precursors (OPCs), or fibroblasts based on their transcriptional profile with classification scores above our threshold (Figure 4A). These annotations are further supported by expression patterns of known marker genes for each cell type, including *MAP2* and *TUBB3* for neurons and *COL1A1*, *COL1A2*, and *COL6A2* for fibroblasts (Figure 4B). We note that the OPC population did not highly or uniformly express conventional marker genes, such as *PDGFRA*, *CSPG4*, *OLIG1*, *OLIG2*, and *SOX10* (Figure S2B), although this population did express cell cycle genes, such as *CENPF* and *TOP2A*, which have been observed in OPCs<sup>56</sup> and neural intermediate progenitors<sup>57</sup> (Figure 4B).

Additionally, we compared the transcriptomic signatures of each cell type to expression data in the GTEx RNA-seq database<sup>49</sup> (donor ages 20–71 years old, with 68.1% 50 years or



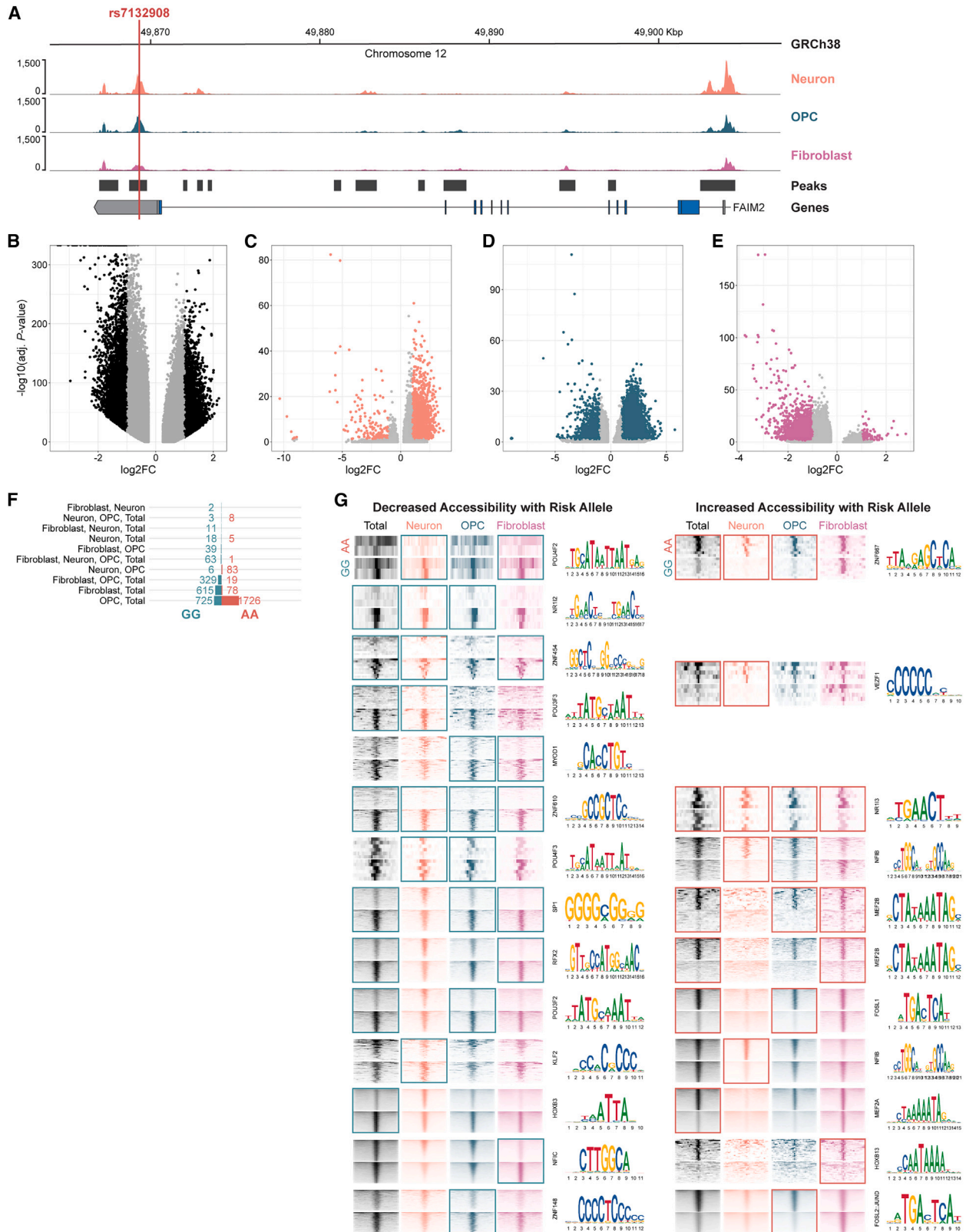
**Figure 4. ESC-derived hypothalamic neurons molecularly resemble the human hypothalamus**

(A) UMAP depicting all cells clustered by single-nucleus RNA-seq profile and annotated by cell type. (B) Dot plot depicting average expression (scaled and log<sub>2</sub> normalized counts) and percent of cells that expressed neuron (*MAP2* and *TUBB3*), fibroblast (*COL1A1*, *COL1A2*, and *COL6A2*), and OPC (*CENPF* and *TOP2A*) marker genes, split by cell type. (C) UMAP depicting all neurons clustered by single-nucleus RNA-seq profile and annotated by cluster identity. (D) Dot plot depicting average expression (scaled and log<sub>2</sub> normalized counts) and percent of cells that expressed inhibitory (*GAD1*), excitatory (*SLC17A6*), GABAergic (*SLC32A1*), and hypothalamic (*POMC*, *NPY*, *OTP*, and *SST*) neuron marker genes, split by cluster identity. (E) Heatmap showing average module scores across all neuron clusters for each human prenatal hypothalamic nucleus gene set published in the Allen Brain Atlas database, plotted as the column Z score per neuron cluster. See also [Figure S2](#).

older) and primary human pediatric hypothalamus tissue from three donors homozygous for the rs7132908 non-risk allele (donor ages 4–14 years old, average age = 8.67). We found that the neurons were most strongly correlated with pediatric hy-

pothalamus and adult hypothalamus (correlation coefficients = 0.56 and 0.54, respectively, *p* values <0.001), the OPCs correlated most strongly with fibroblasts and pediatric hypothalamus (correlation coefficients = 0.57 and 0.52, respectively, *p* values





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<0.001), and the fibroblasts most strongly correlated with fibroblasts and tibial artery (correlation coefficients = 0.66 and 0.63, respectively,  $p$  values <0.001) (Figures S2C–S2E).

Within the neuron population (Figure 4C), there were distinct expression patterns of markers for several neuron types, including inhibitory (*GAD1*), excitatory (*SLC17A6*), and GABAergic (*SLC32A1*) neurons (Figure 4D). We also identified neuronal clusters expressing known hypothalamus genes, such as *POMC*, *NPY*, *OTP*, and *SST* (Figure 4D). Next, we compared the transcriptomic signatures of each neuronal cluster (Figure 4C) to human prenatal hypothalamic subregion gene sets published in the Allen Brain Atlas database,<sup>58–61</sup> given that the neuron population displayed expression patterns most similar to pediatric hypothalamus tissue. We found that each cluster closely resembled the hypothalamic arcuate nucleus, which regulates feeding behavior and energy expenditure,<sup>62</sup> the dorsomedial hypothalamic nucleus, which regulates food intake and body weight,<sup>63</sup> and the anterior hypothalamic nucleus, which regulates defensive behaviors<sup>64</sup> (Figure 4E).

#### The putative *cis*-regulatory region harboring rs7132908 is active in ESC-derived hypothalamic cell types

We used single-nucleus ATAC-seq to characterize chromatin accessibility in the heterogeneous ESC-derived hypothalamic cells. Unlike in the ESCs, the *cis*-regulatory element containing rs7132908 was open in all cell types (Figure 5A). When comparing chromatin accessibility globally between rs7132908 genotypes across all annotated cells, 12,586 ATAC-seq peaks were differentially accessible (Figure 5B; Table S6). We found that 565 transcription factor motifs were significantly enriched in peaks more accessible with the rs7132908 non-risk G allele and 446 were enriched in peaks more accessible with the risk A allele (Table S7). The peak harboring rs7132908 at chr12:49,868,731–49,869,775 (GRCh38) displayed decreased accessibility with the risk A allele by 27.62% (adjusted  $p$  value =  $1.08 \times 10^{-88}$ ) when considering all annotated cells. We also repeated these analyses in each annotated cell type and detected 3,406, 12,386, and 7,543 significantly differentially accessible regions in neurons, OPCs, and fibroblasts, respectively (Figures 5C–5E; Table S6). The peak surrounding rs7132908 was less accessible with the risk A allele by 40.74% in fibroblasts (adjusted  $p$  value =  $1.35 \times 10^{-14}$ ), but more accessible in neurons with the risk A allele by 78.92% (adjusted  $p$  value =  $2.31 \times 10^{-21}$ ) and not significantly different in OPCs. We then identified significantly differentially accessible regions that were consistent between analyses when considering each individual cell type and

all annotated cells combined (Figure 5F) and their top enriched transcription factor motifs (Figure 5G). We conclude that rs7132908 is in an active chromatin region post-differentiation and that the rs7132908 risk A allele influences accessibility locally and globally.

#### The rs7132908 obesity risk allele dramatically decreases the proportion of neurons produced by hypothalamic neuron differentiation

As expected, during each hypothalamic neuron differentiation, we began to observe neuron morphology with brightfield microscopy once the cells were exposed to BDNF in the neuron maturation phase (days 14–40) (Figure 3A). Strikingly, there were fewer cells exhibiting neuron morphology for those homozygous for the rs7132908 risk A allele (Figure 6A). To confirm this observation, we stained day 40 cells from each genotype to detect MAP2, a marker of mature neuron dendrites. Indeed, although each well was seeded at the same density and cultured simultaneously, fewer MAP2+ cells were observed in the risk A allele condition (Figure S3).

We further confirmed this result using our annotated single-nucleus RNA-seq dataset. We partitioned the annotated cells by genotype at rs7132908 and differentiation replicate sample, then quantified the proportions of cells from each replicate identified as neurons, OPCs, or fibroblasts in each condition, which controlled for the number of nuclei sequenced per sample. On average, the cells homozygous for the rs7132908 non-risk G allele were composed of 60.90% neurons, 18.33% OPCs, and 20.77% fibroblasts (Figure 6B). In contrast, the cells homozygous for the rs7132908 risk A allele were composed of 10.69% neurons, 12.78% OPCs, and 76.53% fibroblasts (Figure 6C). A single base change from the rs7132908 non-risk G allele to the obesity risk A allele in the same genetic background was sufficient to substantially decrease the proportion of neurons produced by hypothalamic neuron differentiation.

#### rs7132908 genotype influences gene expression in ESC-derived hypothalamic cell types

We identified changes in gene expression due to genotype at rs7132908 in the ESC-derived hypothalamic cells. First, we included all cells that passed our quality control and determined that 85% of the variation between replicate samples was explained by the rs7132908 genotype (Figure S4A). We then identified that 6,409 genes were differentially expressed (Figures 7A and 7B; Table S8). Four genes in the TAD harboring rs7132908,<sup>51</sup> were differentially expressed; two were down-regulated in cells

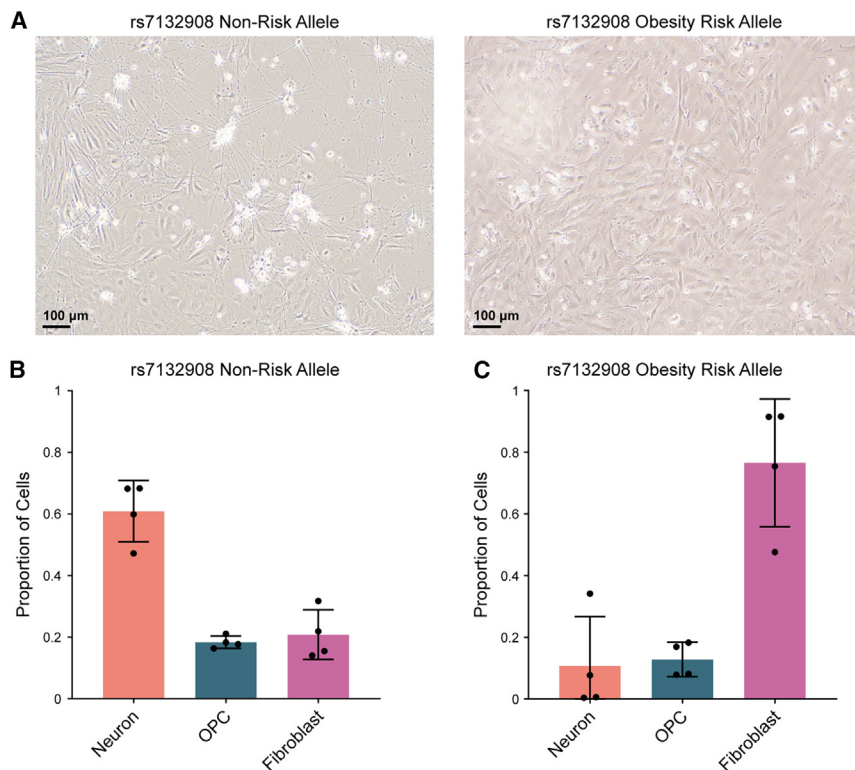
#### Figure 5. The putative *cis*-regulatory region harboring rs7132908 is active in ESC-derived hypothalamic cell types

(A) Chromatin accessibility represented by ATAC-seq tracks depicting normalized reads across *FAIM2* in ESC-derived neurons, OPCs, and fibroblasts. Red vertical line indicates rs7132908 position.

(B–E) Volcano plots of adjusted  $p$  values ( $-\log_{10}$ ) and fold change ( $\log_2$ ) of ATAC-seq peaks tested for differential accessibility due to the rs7132908 obesity risk allele in total cells (B), neurons (C), OPCs (D), and fibroblasts (E). Black or colored dots indicate differentially accessible peaks and gray dots indicate peaks with no significant differences in accessibility.

(F) Bar plot of numbers of differentially accessible regions from (B)–(E) that overlapped between analyses.

(G) ATAC-seq read enrichment heatmaps for groups of regions categorized in (F) and their corresponding top-most enriched transcription factor binding motifs. Windows indicate which cell type(s) yielded such groups of differentially accessible regions.



**Figure 6. The rs7132908 obesity risk allele dramatically decreases the proportion of neurons produced by hypothalamic neuron differentiation**

(A) Representative brightfield images of hypothalamic neurons mid-differentiation on day 29 (scale bar, 100  $\mu$ m). Cells were homozygous for either the rs7132908 non-risk allele (left) or obesity risk allele (right).

(B and C) Proportion of total cells homozygous for the rs7132908 non-risk allele annotated as each cell type ( $n = 4$  differentiation replicates) (B) and homozygous for the rs7132908 obesity risk allele annotated as each cell type ( $n = 4$  differentiation replicates) (C). Data are represented as mean  $\pm$  SD. See also Figure S3.

homozygous for the rs7132908 risk A allele (*FAIM2* and *ASIC1*) and two were up-regulated (*FMNL3* and *LIMA1*) (Figure 7C).

We identified genes differentially expressed within each annotated cell type. rs7132908 genotype explained 21%, 84%, and 78% of the variation between replicate samples in the neurons, OPCs, and fibroblasts, respectively (Figures S4B–S4D). Fifty-two, 2,678, and 1,911 genes were differentially expressed in neurons (Figures 7D and 7E; Table S8), OPCs (Figures 7F and 7G; Table S8), and fibroblasts (Figures 7H and 7I; Table S8), respectively. When considering genes located in the same TAD as rs7132908,<sup>51</sup> no genes were differentially expressed in neurons, while one gene was differentially expressed in OPCs (*LIMA1* up-regulated) (Figure 7J), and two genes were differentially expressed in fibroblasts (*FAIM2* down-regulated; *FMNL3* up-regulated) (Figure 7K). Functional enrichment analyses of up-regulated genes in both OPCs and fibroblasts identified similar Gene Ontology terms,<sup>52,53</sup> including the biological processes of cell death and apoptosis (Table S9), while processes such as nervous system development, neuron differentiation, and neuron projection development were enriched among down-regulated genes (Table S9). However, the comparably shorter lists of significantly up- and down-regulated genes in neurons did not identify any significantly enriched biological processes.

As our sequencing efforts only captured transcriptional differences at three time points, we were therefore motivated to quantify *FAIM2* expression in all cells throughout the 40-day hypothalamic neuron differentiation using real-time qPCR. *FAIM2* expression peaked around day 14 in cells homozygous for the rs7132908 non-risk allele and around day 12 in cells homozy-

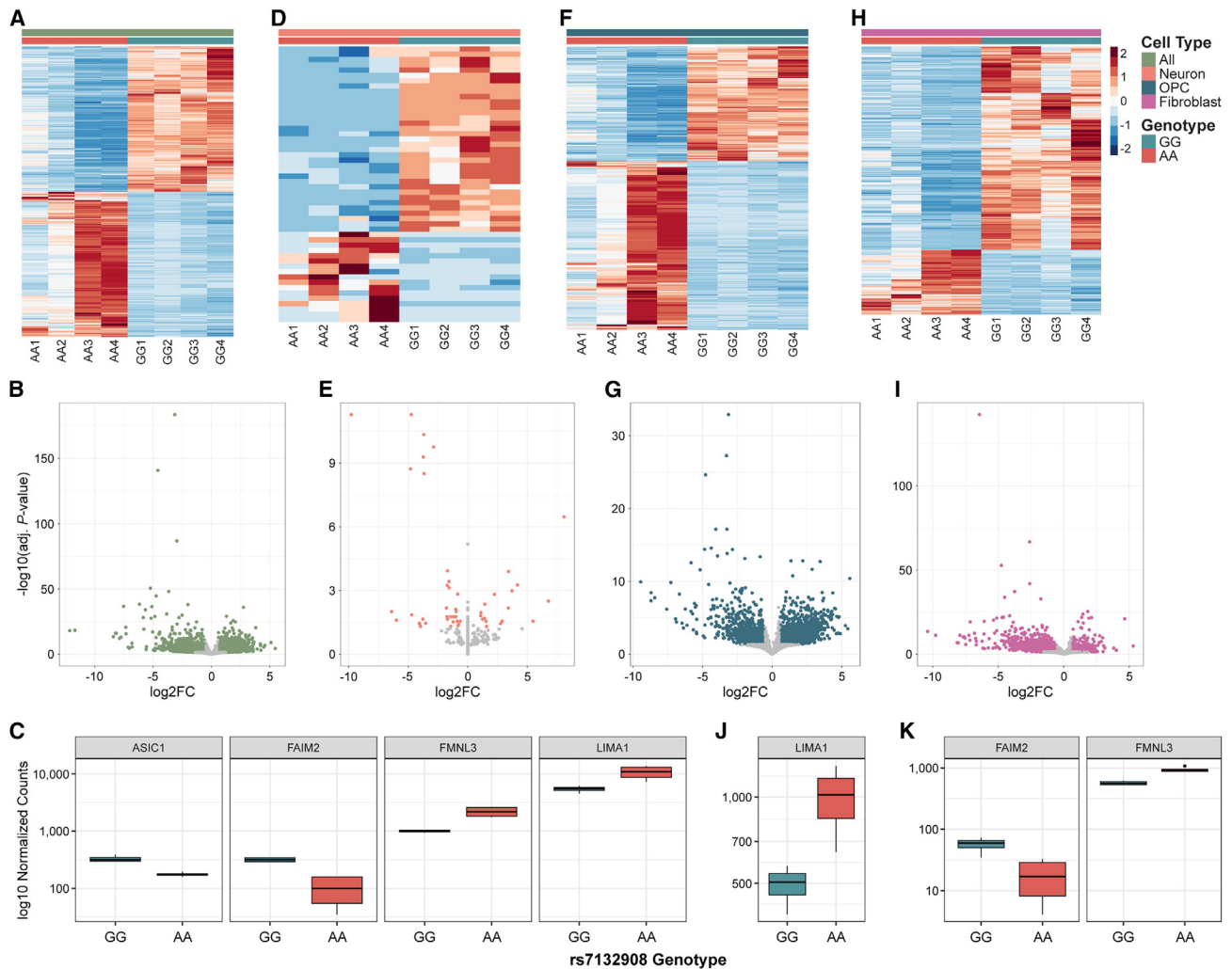
gous for the risk allele (Figures S5A and S5B), which represents the hypothalamic neural progenitor phase of the differentiation (Figure 3A). Average *FAIM2* expression was also higher with the non-risk allele on all measured days from day 14–40 (Figures S5A and S5B). We also characterized *FAIM2* expression *in vivo* using our primary human pediatric (donor ages 4–14 years old, average age = 7.5) hypothalamus tissue RNA-seq data and determined that *FAIM2* was highly expressed (median TPM = 415.66,  $n = 4$ ) (Figure S5C; Table S10).

## DISCUSSION

The chr12q13 locus was first associated with variation in adult BMI and weight in 2009,<sup>65</sup> BMI as a longitudinal trait during childhood (ages 3–17) in 2012,<sup>29</sup> and childhood obesity as a dichotomous trait in 2012.<sup>21</sup> The genotypic risk effect at the chr12q13 locus during childhood decreased as age increased,<sup>29</sup> which suggests this locus may regulate age-dependent pathways in early childhood and could explain why this locus is more pronounced in childhood. More than 1,000 independent loci are now associated with measurements of obesity<sup>24</sup> and only a few have been studied extensively enough to pinpoint a causal variant and implicate effector genes, such as the *FTO*<sup>25–27</sup> and *2q24.3* loci.<sup>66</sup>

Fine-mapping by our group<sup>22</sup> and others<sup>34</sup> has refined the chr12q13 locus to credible sets of 1–6 SNPs, depending on methods. While rs7132908 is the strongest variant detected with colocalization analysis using multiple ancestral populations,<sup>34</sup> we cannot rule out additional causal signals at this locus. A global functional investigation of BMI-associated SNPs in 3' UTRs found that the rs7132908 obesity risk allele disrupted miRNA binding activity of miR-330-5p in hamster ovary cells and human subcutaneous preadipocytes, leading to an increase in *FAIM2* expression.<sup>67</sup> These results may, however, not accurately reflect regulation of *FAIM2* expression *in vivo* as this gene is primarily expressed in the brain; furthermore, this micro-RNA (miRNA) product is a passenger strand that is typically





**Figure 7. rs7132908 genotype influences gene expression in ESC-derived hypothalamic cell types**

(A, D, F, H) Heatmaps depicting differentially expressed genes due to the rs7132908 risk allele in all cells (A), neurons (D), OPCs (F), and fibroblasts (G). (B, E, G, I) Volcano plots of adjusted  $p$  values ( $-\log_{10}$ ) and fold change ( $\log_2$ ) of genes tested for differential expression due to the rs7132908 obesity risk allele in all cells (B), neurons (E), OPCs (G), and fibroblasts (I). Colored dots indicate differentially expressed genes and gray dots indicate genes with no significant differences in expression.

(C, J, K) Boxplots of gene expression ( $\log_{10}$  normalized counts) for genes in the rs7132908 TAD that were differentially expressed in all cells (C), OPCs (J), and fibroblasts (K). See also Figures S4 and S5.

found in lower abundance due to degradation during miRNA processing.<sup>68</sup> More recently, others carrying out global analyses have implicated an enhancer in the region harboring rs7132908 with a luciferase reporter assay and found that, in mouse neuronal hypothalamus cells, the obesity risk allele significantly decreased enhancer activity with a minimal promoter,<sup>69</sup> consistent with our results.

The rs7132908 obesity risk A allele led to differential expression of zero TAD genes in ESCs, five TAD genes in hypothalamic neural progenitors (*AQP2*, *COX14*, *FAIM2*, *LARP4*, and *TMBIM6*), one TAD gene in OPCs (*LIMA1*), and two TAD genes in fibroblasts (*FAIM2* and *FMNL3*). These results, in combination with our observation that rs7132908 is not accessible in ESCs, suggest that rs7132908 does not regulate gene expres-

sion in stem cells. These results also implicate different effector genes depending on cell type, in agreement with the luciferase assay results where enhancer activity was observed in primary astrocytes but not HEK293Ts. Only *FAIM2* was implicated in more than one cell type and its expression was consistently down-regulated with the obesity risk allele. Taken together, we demonstrated that rs7132908 resides within a *cis*-regulatory element that confers allele-specific and cell-type-specific effects on the expression of *FAIM2* and other genes within its TAD. This result mirrors the well-studied *FTO* locus, where the rs1421085 obesity risk allele decreases the expression of *IRX3* and *IRX5* during early differentiation of mesenchymal progenitors to adipocytes<sup>26</sup> and increases the expression of *Fto* in brown adipocytes.<sup>27</sup>

We did not observe large differences in accessibility at rs7132908 due to genotype in any cell type. Therefore, significant changes in effector gene expression are likely due to differences in transcription factor binding affinity. We predicted that the rs7132908 risk allele disrupts binding of 12 transcription factors, many of which are known to be both activators and repressors and are ubiquitously expressed. Further investigation is warranted to determine which specific transcription factors regulate gene expression at the chr12q13 locus.

We made the striking observation that the rs7132908 obesity risk A allele decreased the proportion of hypothalamic neurons produced by stem cell differentiation. We also observed that the obesity risk allele led to up-regulation of cell death and apoptosis gene sets and down-regulation of neuron development gene sets. However, orexigenic neurons were underrepresented in our model and we could not detect if any orexigenic or anorexigenic neuronal cell cluster or subpopulation was more severely decreased, highlighting the need for more experiments to determine how the rs7132908 obesity risk allele could increase appetite and childhood obesity risk. We observed that the rs7132908 obesity risk allele most significantly led to up-regulation of blood vessel development gene sets. One possible explanation is that these neural progenitors gave rise to mostly fibroblasts and fibroblasts play a significant role in the formation of new blood vessels by secreting angiogenic growth factors.<sup>70</sup>

Our working hypothesis is that rs7132908 regulates *FAIM2* and possibly other genes that are required for normal anorexigenic neuron development or survival at a crucial time point in development and prior to adulthood. Genes downstream of rs7132908 may be less important in adulthood or a compensatory mechanism could arise later in life to decrease the effect of the rs7132908 risk allele. This is supported by our finding that *FAIM2* expression was highest in neural progenitors homozygous for the rs7132908 non-risk allele after only 14 days of differentiation and that the obesity risk allele caused an approximate 50% decrease in *FAIM2* expression at this time. Mice with reduced *Faim2* expression or *Faim2* null mice have reduced cerebellar size, internal granular layer thickness, and Purkinje neuron development, which are more severe in early developmental stages with substantial recovery over time.<sup>71</sup> These observations could help explain the difference in the magnitude of the effect of the chr12q13 risk genotype on BMI with increasing age that is reported in this study and by others.<sup>29</sup>

*FAIM2* protects neurons from Fas-induced apoptosis<sup>72,73</sup> and regulates neurite outgrowth,<sup>74</sup> neuroplasticity,<sup>75</sup> and synapse formation.<sup>76</sup> While *Faim2* null mice have only been previously used to study neurological<sup>71,77–79</sup> and immune<sup>80</sup> phenotypes, one study reported that *Faim2* null mice at 10–12 weeks of age and fed a standard diet *ad libitum* displayed subtle increases in fat content.<sup>77</sup> Rodent studies have also demonstrated that *Faim2* expression increased in the hypothalamic arcuate nucleus in response to restricted food intake<sup>81</sup> and food deprivation.<sup>82</sup> As for a mechanism that could explain the relationship between the rs7132908 risk allele and obesity, we propose that the resulting decrease in *FAIM2* expression could cause altered proportions of orexigenic and anorexigenic neurons in the hypothalamus. If an individual had fewer anorexigenic POMC neurons, they would experience an increased appetite and higher risk of becoming

overweight. *FAIM2* is expressed in neurons outside of the hypothalamus, and while no associations between the chr12q13 locus or *FAIM2* and neurological traits in children have been reported, further exploration into possible neurological comorbidities should be explored.

The rs7132908 risk allele has remained common in most human ancestral populations. This may be due to it previously providing an evolutionary advantage when food was scarcer and the risk of starvation was higher. Conversely, the impact of the rs7132908 risk allele, which like all GWAS variants should have a modest effect, may be exacerbated by our current obesogenic environment with higher caloric foods and more food availability than ever before.

We acknowledge that our methods nominate *FAIM2* as a strong candidate effector gene at this locus, but do not rule out other potentially causal genes. Future work must also be dedicated to directly test our hypothesis that *FAIM2* is a causal gene for childhood obesity. Using human exonic sequencing data from the Penn Medicine BioBank, we observed relatively few rare *FAIM2* variants and no individuals homozygous for any given *FAIM2* mutations, suggesting that *FAIM2* mutations may be strongly deleterious. *FAIM2* knockout and over expression stem cell lines could be differentiated to hypothalamic neurons to test if changes in *FAIM2* expression is responsible for our observation of decreased neurons *in vitro*. The use of *Faim2* knockout mice would also aid in determining if decreased *Faim2* expression leads to changes in appetite, body fat, hypothalamic neuron composition, or neurodevelopment, which would make progress toward identifying the precise mechanism by which the rs7132908 genotype increases childhood obesity risk.

Overall, we functionally validated rs7132908 as a causal SNP at one of the strongest but commonly overlooked childhood obesity GWAS loci, implicated *FAIM2* and other cell-type-specific effector genes, and nominated pathways acting downstream of the SNP involving nervous system development and cell death. We have also generated datasets from primary astrocytes and multiple time points throughout hypothalamic neuron differentiation that will serve as a resource to aid investigation of other loci and traits. This progress toward characterizing the precise mechanism underlying the association between the chr12q13 genomic region and obesity should enable future work with this key locus and guide comparable efforts to ultimately identify therapeutic targets.

### Limitations of the study

There are several other limitations to our study to consider. First, although our ESC-derived *in vitro* model of hypothalamic neurogenesis expresses some appropriate marker genes, it likely does not fully recapitulate the hypothalamus during childhood. All the neuron clusters most closely resembled human hypothalamic tissue from the arcuate nucleus, anterior nucleus, and dorsomedial nucleus. While we intentionally used a differentiation protocol established to generate arcuate neurons, other hypothalamic nuclei, such as the paraventricular nucleus, also play key roles in appetite regulation and we were unable to represent all relevant neuron sub-types in our model. We also generated non-neuronal cell types (OPCs and fibroblasts) that correlated most highly with



cultured fibroblasts in the GTEx RNA-seq database<sup>49</sup> but still expressed neuronal markers (*MAP2* and *TUBB3*) at some level, likely due to exposure to neuron maturation cell culture medium for 26 days. While we reported changes in gene expression and chromatin accessibility in these additional cell types, they may not be as biologically relevant. Second, we performed independent stem cell differentiations that led to batch effects, especially in the hypothalamic neural progenitor RNA-seq dataset. To reduce these effects, we included batch as a covariate in the linear model when detecting differentially expressed genes in this cell type. We also quantified the expected proportion of variance attributable to genotype and batch using principal variance component analysis and determined that post-batch correction, 40% of the remaining variance was attributable to both batch and genotype. Therefore, some genes that we detected to be significantly differentially expressed were still influenced by batch. As a result, we only included gene sets from modules that were consistent across the two differentiation batches in our downstream enrichment analysis. Third, we used the female H9 ESC line which prevented us from detecting sex-specific differences. Fourth, we did not investigate the effects of the rs7132908 obesity risk A allele *in vivo*. We were able to obtain four pediatric hypothalamus tissue samples, but with just three homozygous for the rs7132908 non-risk allele and only one heterozygote, this sample size was insufficient for allele-specific expression or eQTL analyses. In the future, increased accessibility to human pediatric hypothalamus tissue would aid investigation at the chr12q13 obesity locus.

### STAR★METHODS

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### SUPPLEMENTAL INFORMATION

Supplemental information can be found online at <https://doi.org/10.1016/j.xgen.2024.100556>.

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### AUTHOR CONTRIBUTIONS

S.H.L. and S.F.A.G. conceived the project. S.H.L. designed the experiments. S.H.L., C.M.V., N.D., and K.C. performed cell culture. S.H.L. and C.M.V. collected cell materials. S.H.L. processed human tissue. S.H.L. and C.M.V. conducted cell line validation. S.H.L. optimized transfection. S.H.L., C.M.V., and N.D. performed luciferase assays. S.H.L. performed luciferase assay analysis. J.A.M. performed CRISPR. S.H.L. and K.C. performed

immunocytochemistry and imaging. S.H.L., K.B., and S.L. prepared bulk RNA-seq libraries. J.A.P. and K.M.H. prepared bulk ATAC-seq libraries. J.A.P. and S.H.L. prepared Hi-C libraries. S.H.L. prepared nuclei for sequencing. J.A.P. sequenced bulk RNA-seq, ATAC-seq, and Hi-C libraries. J.P.B. performed effect size comparison. M.C.P. performed gene burden testing. S.H.L., K.B.T., A.C., and M.C.P. performed bulk RNA-seq analyses. M.C.P., K.B.T., and A.C. performed bulk ATAC-seq analyses. K.B.T. performed transcription factor, colocalization, and Hi-C analyses. S.H.L., K.B.T., and M.A.H. performed single-nucleus RNA-seq analyses. K.B.T. and S.H.L. performed single-nucleus ATAC-seq analyses. S.H.L. performed real-time qPCR. S.F.A.G., M.C.P., A.D.W., S.A.A., and J.A.P. provided critical feedback and supervision. S.H.L. and S.F.A.G. wrote the original manuscript draft. All authors reviewed and edited the final manuscript.

#### DECLARATION OF INTERESTS

The authors declare no competing interests.

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STAR★METHODS

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
<b>Antibodies</b>		
Anti-MAP2 (Chicken, Polyclonal)	Abcam	Cat# ab5392; Lot# GR3450786-1; RRID: AB_2138153
Anti-TTF-1/NKX2.1 (Mouse, Monoclonal)	Cell Marque	Cat# 343M-95; Lot# 0000051910; RRID: AB_1158934
Anti-NeuN (Mouse, Monoclonal)	Millipore Sigma	Cat# MAB377; RRID: AB_2298772
Anti-Chicken Alexa Fluor 488 (Goat, Polyclonal)	Abcam	Cat# ab150169; RRID: AB_2636803
Anti-Mouse Alexa Fluor 488 (Goat, Polyclonal)	Invitrogen	Cat# A-11001; RRID: AB_2534069
<b>Biological samples</b>		
Frozen hypothalamus region, left hemisphere. 1674, 8 years old, male	NIH NeuroBioBank	N/A
Frozen hypothalamus region, left hemisphere. 5309, 14 years old, female	NIH NeuroBioBank	N/A
Frozen hypothalamus region, left hemisphere. 5976, 4 years old, female	NIH NeuroBioBank	N/A
Frozen hypothalamus region, left hemisphere. 6032, 4 years old, male	NIH NeuroBioBank	N/A
<b>Chemicals, peptides, and recombinant proteins</b>		
1M HEPES	Gibco	Cat# 15630-080
0.25% Trypsin-EDTA	Gibco	Cat# 25200-056
Dulbecco's Phosphate-Buffered Saline (DPBS) without calcium and magnesium	Corning	Cat# 21-031-CV
Heat-Inactivated FBS	Gibco	Cat# 10082-147
Dulbecco's Modified Eagle's Medium (DMEM)	ATCC	Cat# 30-2002
100X Antibiotic-Antimycotic	Gibco	Cat# 15240062
200 mM L-Glutamine	Corning	Cat# 25-005-CI
PBS, pH 7.4	Gibco	Cat# 10010023
ROCK Inhibitor Y-27632	Stemcell Technologies	Cat# 72304
Matrigel hESC-Qualified Matrix, LDEV-free	Corning	Cat# 354277
Versene Solution	Gibco	Cat# 15040-066
DMSO	Sigma	Cat# D2650-100ML
mFreSR	Stemcell Technologies	Cat# 05854
Accutase	Stemcell Technologies	Cat# 07920
Opti-MEM Reduced Serum Media	Gibco	Cat# 31985-062
4% Paraformaldehyde	Biotium	Cat# 22023
Xhol	NEB	Cat# R0146S
Miller's LB Broth	Corning	Cat# 46-050-CM
LB + Ampicillin (100 µg/mL) Agar Plates	University of Pennsylvania Cell Center Service Facility	Cat# 6005
Ampicillin	Corning	Cat#61-238-RH
Afill	NEB	Cat# R0520S
Lipofectamine Stem Transfection Reagent	Invitrogen	Cat# STEM00003
Bfal	NEB	Cat# R0568S
TRIzol Reagent	Invitrogen	Cat# 15596018
DNase I	Zymo	Cat# E1009-A
100% Ethanol	Electron Microscopy Sciences	Cat#15055
TrypLE Express Enzyme	ThermoFisher	Cat# 12605036

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REAGENT or RESOURCE	SOURCE	IDENTIFIER
DMEM/F12	Gibco	Cat# 11320-033
Matrigel Growth Factor Reduced Basement Membrane Matrix	Corning	Cat# 354230
Iscove's Dulbecco's Medium (IMDM)	Gibco	Cat# 12440053
KnockOut Serum Replacement	Gibco	Cat# 10828-010
MEM Non-Essential Amino Acids Solution	Gibco	Cat# 11140050
100 mM Sodium Pyruvate	Gibco	Cat# 11360070
Penicillin-Streptomycin (10,000 U/mL)	Gibco	Cat# 15140122
$\beta$ -Mercaptoethanol	Sigma Life Science	Cat# M3148-25ML
Recombinant Human FGF basic/FGF2/bFGF (146 aa) Protein	R&D Systems	Cat# 233-FB
1M Tris-HCl Buffer, pH 7.5	Invitrogen	Cat# 15567027
Tween 20, 10% (w/v)	Roche	Cat# 11332465001
JumpStart Taq DNA Polymerase	Sigma Aldrich	Cat# D6558-50UN
AMPure XP Beads	Beckman Coulter	Cat# A63881
IGEPAL CA-630	Sigma	Cat# I8896-50ML
Triton X-100	Sigma	Cat# X100-5ML
10X PBST Buffer Strength Solution	Bio Basic	Cat# PW004
DAPI (4',6-Diamidino-2-Phenylindole, Dilactate)	Invitrogen	Cat# D3571
ProLong Gold Antifade Mountant	Invitrogen	Cat# P36930
Corticosterone	Sigma	Cat# 27840
Linoleic Acid	Sigma	Cat# L1376
Linolenic Acid	Sigma	Cat# L2376
( $\pm$ )- $\alpha$ -Lipoic Acid	Sigma	Cat# T5625
Progesterone	Sigma	Cat# P0130
Retinyl Acetate	Sigma	Cat# 46958
( $\pm$ )- $\alpha$ -Tocopherol	Sigma	Cat# T3251
DL- $\alpha$ -Tocopherol Acetate	Sigma	Cat# T3376
Bovine Serum Albumin	Sigma	Cat# A4919
Sodium Bicarbonate	Sigma	Cat# S5761
L-Ascorbic Acid	Sigma	Cat# A8960
Putrescine Dihydrochloride	Sigma	Cat# P5780
D(+)-Galactose	Sigma	Cat# G5388
Holo-Transferrin	Sigma	Cat# T0665
Catalase	Sigma	Cat# C1345
L-Carnitine Hydrochloride	Sigma	Cat# C0283
Glutathione	Sigma	Cat# G4251
Sodium Selenite	Sigma	Cat# S5261
Ethanolamine	Sigma	Cat# E9508
Triiodo-L-Thyronine Sodium Salt	Sigma	Cat# T6397
Insulin Solution, Human	Sigma	Cat# 19278
Superoxide Dismutase	Sigma	Cat# S5395
LDN-193189 (hydrochloride)	Cayman Chemical	Cat# 19396
SB-431542 (hydrate)	Cayman Chemical	Cat# 13031
SAG	Cayman Chemical	Cat# 11914
Purmorphamine	Tocris	Cat# 4551
IWR-1-Endo	Cayman Chemical	Cat# 13659
DAPT	Cayman Chemical	Cat# 13197
All-Trans Retinoic Acid	Cayman Chemical	Cat# 11017

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REAGENT or RESOURCE	SOURCE	IDENTIFIER
Human BDNF	Miltenyi Biotec	Cat# 130-093-811
Laminin	Sigma	Cat# L2020-1MG
Hanks' Balanced Salt Solution	Sigma	Cat# H8264-100ML
7.5% Bovine Serum Albumin Solution	Sigma	Cat# A8412-100ML
1M Trizma Hydrochloride, pH 7.4	Sigma	Cat# T2194-100ML
5M Sodium Chloride Solution	Sigma	Cat# 59222C-500ML
1M Magnesium Chloride Solution	Sigma	Cat# M1028-100ML
Protector RNase Inhibitor	Roche	Cat# 03335402001
100 mM DTT	Agilent	Cat# 600089-53
GlutaMAX	Gibco	Cat# 35050061

**Critical commercial assays**

AGM Astrocyte Growth Medium BulletKit	Lonza	Cat# CC-3186
mTeSR1 Complete Kit	Stemcell Technologies	Cat# 85850
LookOut Mycoplasma PCR Detection Kit	Sigma Aldrich	Cat# MP0035-1KT
Lipofectamine LTX Reagent with PLUS Reagent	Invitrogen	Cat# 15338030
Monarch DNA Gel Extraction Kit	NEB	Cat# T1020S
Gibson Assembly HiFi HC 1-Step Kit	Codex	Cat# GA1100-4X10
NEB Stable Competent E. coli (High Efficiency)	NEB	Cat# C3040H
QIAprep Spin Miniprep Kit	Qiagen	Cat# 27106
EndoFree Plasmid Maxi Kit	Qiagen	Cat# 12362
Q5 Site-Directed Mutagenesis Kit	NEB	Cat# E0552S
NEBNext High-Fidelity 2X PCR Master Mix	NEB	Cat# M0541S
Lipofectamine 3000 Transfection Reagent	Invitrogen	Cat# L3000001
Dual-Luciferase Reporter Assay System	Promega	Cat# E1960
Direct-zol RNA Miniprep Kit	Zymo	Cat# R2050
Qubit RNA High Sensitivity Assay Kit	Invitrogen	Cat# Q32855
SuperScript IV VILO Master Mix with ezDNase Enzyme	Invitrogen	Cat# 11766050
Phusion High-Fidelity DNA Polymerase	NEB	Cat# M0530S
NucleoSpin Gel and PCR Clean-Up Kit	Takara	Cat# 740609
Gibson Assembly Kit	NEB	Cat# E2611
FAIM2 TaqMan Gene Expression Assay	ThermoFisher Scientific	Cat# 4331182, Assay ID Hs00392345_m1
18S TaqMan Gene Expression Assay	ThermoFisher Scientific	Cat# 4331182, Assay ID Hs99999901_s1
TaqMan Fast Advanced Master Mix	Applied Biosystems	Cat# 4444557
Quick-DNA Miniprep Plus Kit	Zymo	Cat# D4068
Infinium Global Screening Array-24 v3.0 Kit	Illumina	Cat# 20030770
Infinium OmniExpressExome-8 v1.6 Kit	Illumina	Cat# 20024676
Quick-DNA/RNA Miniprep Plus Kit	Zymo	Cat# D7003
RNA 6000 Nano Kit	Agilent	Cat# 5067-1511
QIAseq FastSelect RNA Removal Kit	Qiagen	Cat# 333180
NEBNext Ultra II Directional RNA Library Prep for Illumina Kit	NEB	Cat# E7760S
NEBNext Oligos for Illumina (Dual Index Primers Set 1)	NEB	Cat# E7600S
Qubit dsDNA High Sensitivity Assay Kit	Invitrogen	Cat# Q32851
DNA 1000 Kit	Agilent	Cat# 5067-1504
Tagment DNA TDE1 Enzyme and Buffer Kit	Illumina	Cat# 20034197
Nextera DNA CD Indexes Kit	Illumina	Cat# 20018708
MinElute PCR Purification Kit	Qiagen	Cat# 28004

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REAGENT or RESOURCE	SOURCE	IDENTIFIER
High Sensitivity D1000 ScreenTape Assay	Agilent	Cat# 5067-5587, 5067-5585, 5067-5603, 5067-5584
High Sensitivity D5000 ScreenTape Assay	Agilent	Cat# 5067-5594, 5067-5593, 5067-5592
Chromium Next GEM Chip J Single Cell Kit	10X Genomics	Cat# 1000230
Chromium Next GEM Single Cell Multiome ATAC + Gene Expression Reagent Bundle	10X Genomics	Cat# 1000285
Dual Index Kit TT Set A	10X Genomics	Cat# 1000215
Arima-HiC Kit	Arima Genomics	Cat# A510008
Swift Accel-NGS 2S Plus DNA Library Kit	Swift Biosciences	Cat# 21024/21096
Swift 2S Indexing Kit	Swift Biosciences	Cat# 28096
KAPA Library Quantification Kit	Roche	Cat# 07960140001

**Deposited data**

Raw and processed Hi-C data	This paper	GEO: GSE241592; <a href="https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE241592">https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE241592</a>
Raw and processed RNA-seq data	This paper	GEO: GSE241050; <a href="https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE241050">https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE241050</a>
Raw and processed ATAC-seq data	This paper	GEO: GSE241591; <a href="https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE241591">https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE241591</a>
Raw and processed single-nucleus RNA-seq data	This paper	GEO: GSE241594; <a href="https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE241594">https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE241594</a>
Raw and processed single-nucleus ATAC-seq data	This paper	GEO: GSE241593; <a href="https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE241593">https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE241593</a>

**Experimental models: Cell lines**

NHA - Human Astrocytes	Lonza	Cat# CC-2565
HEK293T Cells	ATCC	Cat# CRL-3216; RRID: CVCL_0063
WA09 (H9) Human Embryonic Stem Cells (NIH Approval Number: NIHhESC-10-0062)	WiCell Research Institute	Lot# DL-05; RRID: CVCL_9773
WA09 (H9) Human Embryonic Stem Cells (NIH Approval Number: NIHhESC-10-0062), rs7132908 AA Clone 2.1	This paper	N/A
WA09 (H9) Human Embryonic Stem Cells (NIH Approval Number: NIHhESC-10-0062), rs7132908 AA Clone 9.1	This paper	N/A
WA09 (H9) Human Embryonic Stem Cells (NIH Approval Number: NIHhESC-10-0062), rs7132908 AA Clone 10.1	This paper	N/A

**Oligonucleotides**

<b>Oligonucleotides</b>	See <a href="#">Table S13</a>	N/A
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**Recombinant DNA**

LentiCRISPRv2-mCherry plasmid	Agata Smogorzewska	Addgene Cat# 99154; RRID: Addgene_99154
FAIM2 miRNA 3' UTR target clone in pEZX-MT05 reporter vector	GeneCopoeia	Cat# HmiT096491-MT05
FAIM2 promoter clone in pEZX-PG02 reporter vector	GeneCopoeia	Cat# HPRM47354-PG02
LIMA1 promoter clone in pEZX-PG02 reporter vector	GeneCopoeia	Cat# HPRM34453-PG02
RACGAP1 promoter clone in pEZX-PG02 reporter vector	GeneCopoeia	Cat# HPRM34625-PG02
pGL4.10[luc2] reporter vector	Promega	Cat# E6651
pRL-TK reporter vector	Promega	Cat# E2241
pGL4.10[luc2]-rs7132908G-FAIM2	This paper	N/A

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REAGENT or RESOURCE	SOURCE	IDENTIFIER
pGL4.10[luc2]-rs7132908A-FAIM2	This paper	N/A
pGL4.10[luc2]-FAIM2	This paper	N/A
pGL4.10[luc2]-rs7132908G-LIMA1	This paper	N/A
pGL4.10[luc2]-rs7132908A-LIMA1	This paper	N/A
pGL4.10[luc2]-LIMA1	This paper	N/A
pGL4.10[luc2]-rs7132908G-RACGAP1	This paper	N/A
pGL4.10[luc2]-rs7132908A-RACGAP1	This paper	N/A
pGL4.10[luc2]-RACGAP1	This paper	N/A
gRNA_Cloning vector	Mali et al. <sup>83</sup>	Addgene Cat# 41824; RRID: Addgene_41824
gRNA_Cloning-rs7132908gRNA vector	This paper	N/A
pCas9_GFP	Ding et al. <sup>84</sup>	Addgene Cat# 44719; RRID: Addgene_44719
<b>Software and algorithms</b>		
SnapGene v6.0.2	SnapGene	<a href="https://www.snapgene.com/">https://www.snapgene.com/</a> ; RRID: SCR_015052
Prism v10.0.0	GraphPad	<a href="https://www.graphpad.com/features/">https://www.graphpad.com/features/</a> ; RRID: SCR_002798
CRISPOR v5.01	Concordet <sup>85</sup>	<a href="http://crispor.tefor.net/">http://crispor.tefor.net/</a> ; RRID: SCR_015935
Excel v2202	Microsoft	RRID: SCR_016137
AriaMx v1.5	Agilent	<a href="https://www.agilent.com/en/product/real-time-pcr-%28qpcr%29/real-time-pcr-%28qpcr%29-instruments/ariamx-software-download">https://www.agilent.com/en/product/real-time-pcr-%28qpcr%29/real-time-pcr-%28qpcr%29-instruments/ariamx-software-download</a>
2100 Bioanalyzer Expert vB.02.11.SI824	Agilent	<a href="https://explore.agilent.com/Software-Download-2100-Expert?productURL=https%3A%2F%2Fwww.agilent.com%2Fen%2Fproduct%2Fautomated-electrophoresis%2Fbioanalyzer-systems%2Fbioanalyzer-software%2F2100-expert-software-228259">https://explore.agilent.com/Software-Download-2100-Expert?productURL=https%3A%2F%2Fwww.agilent.com%2Fen%2Fproduct%2Fautomated-electrophoresis%2Fbioanalyzer-systems%2Fbioanalyzer-software%2F2100-expert-software-228259</a> ; RRID: SCR_019715
FastQC v0.11.9	Andrews <sup>86</sup> ; FASTQC <sup>87</sup>	<a href="https://www.bioinformatics.babraham.ac.uk/projects/fastqc/">https://www.bioinformatics.babraham.ac.uk/projects/fastqc/</a> ; RRID: SCR_014583
Kallisto v0.48.0	Bray et al. <sup>88</sup> ; Bray et al. <sup>89</sup>	<a href="https://pachterlab.github.io/kallisto/">https://pachterlab.github.io/kallisto/</a> ; RRID: SCR_016582
bcl2fastq2 Conversion v2.20	Illumina	<a href="https://sapac.support.illumina.com/downloads/bcl2fastq-conversion-software-v2-20.html">https://sapac.support.illumina.com/downloads/bcl2fastq-conversion-software-v2-20.html</a> ; RRID: SCR_015058
R v4.2.2 and v4.2.3	Comprehensive R Archive Network	<a href="https://cran.r-project.org/">https://cran.r-project.org/</a> ; RRID: SCR_001905
RStudio v2022.07 and v2023.06.0 + 421	Posit	<a href="https://posit.co/download/rstudio-desktop/">https://posit.co/download/rstudio-desktop/</a>
cellSens Standard v2.3	Olympus	<a href="https://www.olympus-lifescience.com/en/software/cellsens/">https://www.olympus-lifescience.com/en/software/cellsens/</a>
ImageJ v1.54days	Schneider et al. <sup>90</sup>	<a href="https://imagej.nih.gov/ij/download.html">https://imagej.nih.gov/ij/download.html</a> ; RRID: SCR_003070
PennCNV v1.0.5	GitHub	<a href="https://penncnv.openbioinformatics.org/en/latest/user-guide/download/">https://penncnv.openbioinformatics.org/en/latest/user-guide/download/</a> ; RRID: SCR_002518
PLINK v1.90b6.18	Harvard University	<a href="https://zzz.bwh.harvard.edu/plink/download.shtml">https://zzz.bwh.harvard.edu/plink/download.shtml</a> ; RRID: SCR_001757
Cell Ranger ARC v2.0.2	10X Genomics	<a href="https://support.10xgenomics.com/single-cell-multiome-atac-gex/software/pipelines/latest/installation">https://support.10xgenomics.com/single-cell-multiome-atac-gex/software/pipelines/latest/installation</a> ; RRID: SCR_023897
Scrublet v0.2.3	Wolock et al. <sup>91</sup>	<a href="https://github.com/swolock/scrublet">https://github.com/swolock/scrublet</a> ; RRID: SCR_018098

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REAGENT or RESOURCE	SOURCE	IDENTIFIER
SoupX v1.6.2	Young et al. <sup>92</sup>	<a href="https://github.com/constantAmateur/SoupX">https://github.com/constantAmateur/SoupX</a> ; RRID: SCR_019193
Harmony v0.1.1	Korsunsky et al. <sup>93</sup>	<a href="https://cran.r-project.org/web/packages/harmony/index.html">https://cran.r-project.org/web/packages/harmony/index.html</a> ; RRID: SCR_022206
TapeStation Analysis Software v4.1.1	Agilent	<a href="https://www.agilent.com/en/product/automated-electrophoresis/tapestation-systems/tapestation-software/tapestation-software-379381">https://www.agilent.com/en/product/automated-electrophoresis/tapestation-systems/tapestation-software/tapestation-software-379381</a>
Seurat v4.3.0	Hao et al. <sup>94</sup>	<a href="https://satijalab.org/seurat/articles/install.html">https://satijalab.org/seurat/articles/install.html</a> ; RRID: SCR_016341
SCTransform v0.3.5	Choudhary et al. <sup>95</sup> ; Hafemeister et al. <sup>96</sup>	<a href="https://cran.r-project.org/web/packages/sctransform/index.html">https://cran.r-project.org/web/packages/sctransform/index.html</a> ; RRID: SCR_022146
gprofiler2 v0.2.1	Raudvere et al. <sup>97</sup> ; Kolberg et al. <sup>98</sup>	<a href="https://cran.r-project.org/web/packages/gprofiler2/vignettes/gprofiler2.html">https://cran.r-project.org/web/packages/gprofiler2/vignettes/gprofiler2.html</a> ; RRID: SCR_018190
tximport v1.24.0	Soneson et al. <sup>99</sup>	<a href="https://bioconductor.org/packages/release/bioc/html/tximport.html">https://bioconductor.org/packages/release/bioc/html/tximport.html</a> ; RRID: SCR_016752
edgeR v3.38.4 and v3.40.2	Robinson et al. <sup>100</sup>	<a href="https://bioconductor.org/packages/release/bioc/html/edgeR.html">https://bioconductor.org/packages/release/bioc/html/edgeR.html</a> ; RRID: SCR_012802
ensemldb v2.20.2	Rainer et al. <sup>101</sup>	<a href="https://bioconductor.org/packages/release/bioc/html/ensemldb.html">https://bioconductor.org/packages/release/bioc/html/ensemldb.html</a> ; RRID: SCR_019103
Ensembl.Hsapiens.v86 v2.99.0	Bioconductor	<a href="https://bioconductor.org/packages/release/data/annotation/html/Ensembl.Hsapiens.v86.html">https://bioconductor.org/packages/release/data/annotation/html/Ensembl.Hsapiens.v86.html</a>
limma v3.52.4	Ritchie et al. <sup>102</sup>	<a href="https://bioconductor.org/packages/release/bioc/html/limma.html">https://bioconductor.org/packages/release/bioc/html/limma.html</a> ; RRID: SCR_010943
bowtie2 v2.2.6	Langmead et al. <sup>103</sup>	<a href="https://bowtie-bio.sourceforge.net/bowtie2/index.shtml">https://bowtie-bio.sourceforge.net/bowtie2/index.shtml</a> ; RRID: SCR_016368
Picard v2.7.1	GitHub	<a href="https://github.com/broadinstitute/picard">https://github.com/broadinstitute/picard</a> ; RRID: SCR_006525
SAMtools v1.7	Danecek et al. <sup>104</sup>	<a href="http://www.htslib.org/">http://www.htslib.org/</a> ; RRID: SCR_002105
MACS2 v2.1.1	Zhang et al. <sup>105</sup>	<a href="https://pypi.org/project/MACS2/">https://pypi.org/project/MACS2/</a>
csaw v1.32.0	Lun et al. <sup>106</sup>	<a href="https://bioconductor.org/packages/release/bioc/html/csaw.html">https://bioconductor.org/packages/release/bioc/html/csaw.html</a>
ggplot2 v3.4.2	Wickham <sup>107</sup>	<a href="https://cran.r-project.org/web/packages/ggplot2/index.html">https://cran.r-project.org/web/packages/ggplot2/index.html</a> ; RRID: SCR_014601
pheatmap v1.0.12	Comprehensive R Archive Network	<a href="https://cran.r-project.org/web/packages/pheatmap/index.html">https://cran.r-project.org/web/packages/pheatmap/index.html</a> ; RRID: SCR_016418
plotly v4.10.1	Comprehensive R Archive Network	<a href="https://cran.r-project.org/web/packages/plotly/index.html">https://cran.r-project.org/web/packages/plotly/index.html</a>
MACS3 v3.0.0b2	GitHub	<a href="https://github.com/macs3-project/MACS">https://github.com/macs3-project/MACS</a>
Signac v1.10.0	Stuart et al. <sup>108</sup>	<a href="https://stuartlab.org/signac/articles/install.html">https://stuartlab.org/signac/articles/install.html</a> ; RRID: SCR_021158
DESeq2 v1.38.3	Love et al. <sup>109</sup>	<a href="https://bioconductor.org/packages/release/bioc/html/DESeq2.html">https://bioconductor.org/packages/release/bioc/html/DESeq2.html</a> ; RRID: SCR_015687
SingleCellExperiment v1.20.1	Amezquita et al. <sup>110</sup> ; Amezquita et al. <sup>111</sup>	<a href="https://bioconductor.org/packages/release/bioc/html/SingleCellExperiment.html">https://bioconductor.org/packages/release/bioc/html/SingleCellExperiment.html</a>

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REAGENT or RESOURCE	SOURCE	IDENTIFIER
Matrix.utils v0.9.8	Comprehensive R Archive Network	<a href="https://rdrr.io/cran/Matrix.utils/">https://rdrr.io/cran/Matrix.utils/</a>
apeglm v1.20.0	Zhu et al. <sup>112</sup>	<a href="https://bioconductor.org/packages/release/bioc/html/apeglm.html">https://bioconductor.org/packages/release/bioc/html/apeglm.html</a>
gplots v3.1.3	Comprehensive R Archive Network	<a href="https://cran.r-project.org/web/packages/gplots/index.html">https://cran.r-project.org/web/packages/gplots/index.html</a>
UCSC Genome Browser (GRCh37/hg19)	University of California Santa Cruz	<a href="https://genome.ucsc.edu/cgi-bin/hgGateway">https://genome.ucsc.edu/cgi-bin/hgGateway</a> ; RRID: SCR_005780
HICUP pipeline v0.7.4	Wingett et al. <sup>113</sup>	<a href="https://www.bioinformatics.babraham.ac.uk/projects/hicup/">https://www.bioinformatics.babraham.ac.uk/projects/hicup/</a> ; RRID: SCR_005569
Pairtools v0.3.0	Open2C et al. <sup>114</sup>	<a href="https://pairtools.readthedocs.io/en/latest/installation.html">https://pairtools.readthedocs.io/en/latest/installation.html</a> ; RRID: SCR_023038
Pairix v0.3.7	Lee et al. <sup>115</sup>	<a href="https://github.com/4dn-dcic/pairix">https://github.com/4dn-dcic/pairix</a>
Cooler v0.8.11	Abdennur et al. <sup>116</sup>	<a href="https://pypi.org/project/cooler/">https://pypi.org/project/cooler/</a>
Mustache v1.0.1	Roayaei Ardakany et al. <sup>117</sup>	<a href="https://github.com/ay-lab/mustache">https://github.com/ay-lab/mustache</a>
Fit-Hi-C2 v2.0.7	Kaul et al. <sup>118</sup>	<a href="https://github.com/ay-lab/fithic">https://github.com/ay-lab/fithic</a>
BSgenome v1.68.0	Bioconductor	<a href="https://bioconductor.org/packages/release/bioc/html/BSgenome.html">https://bioconductor.org/packages/release/bioc/html/BSgenome.html</a>
SNPlocs.Hsapiens.dbSNP155.GRCh38 0.99.24	Bioconductor	<a href="https://bioconductor.org/packages/release/data/annotation/html/SNPlocs.Hsapiens.dbSNP155.GRCh38.html">https://bioconductor.org/packages/release/data/annotation/html/SNPlocs.Hsapiens.dbSNP155.GRCh38.html</a>
MotifDb v1.42.0	Bioconductor	<a href="https://bioconductor.org/packages/release/bioc/html/MotifDb.html">https://bioconductor.org/packages/release/bioc/html/MotifDb.html</a>
motifbreakR v2.14.2	Coetzee et al. <sup>119</sup>	<a href="https://bioconductor.org/packages/release/bioc/html/motifbreakR.html">https://bioconductor.org/packages/release/bioc/html/motifbreakR.html</a>
ColoQuiaL	Chen et al. <sup>120</sup>	<a href="https://github.com/bvoightlab/ColoQuiaL">https://github.com/bvoightlab/ColoQuiaL</a>
STAR v2.7.9a	Dobin et al. <sup>121</sup>	<a href="https://github.com/alexdobin/STAR">https://github.com/alexdobin/STAR</a> ; RRID: SCR_004463
HTSeq-count v0.11.3	Anders et al. <sup>122</sup>	<a href="https://shicheng-guo.github.io/research/1941/01/08/HTseq">https://shicheng-guo.github.io/research/1941/01/08/HTseq</a> ; RRID: SCR_011867
SKAT v2.2.5	Comprehensive R Archive Network	<a href="http://cran.nexr.com/web/packages/SKAT/index.html">http://cran.nexr.com/web/packages/SKAT/index.html</a> ; RRID: SCR_009396
PVCA v3.18	Bioconductor	<a href="https://www.bioconductor.org/packages/release/bioc/html/pvca.html">https://www.bioconductor.org/packages/release/bioc/html/pvca.html</a> ; RRID: SCR_001356

**Other**

Falcon Round-Bottom Polystyrene Test Tubes with Cell Strainer Snap Cap, 35 µm, 5 mL	Fisher Scientific	Cat# 08-771-23
ZR BashingBead Lysis Tubes, 2 mm	Zymo	Cat# 56003-50
#1.5 Acid-Treated Coverslips, 12 mm diameter	Fisher Scientific	Cat# NC0706236
Nunc Cell-Culture Treated 6-well Plates	ThermoFisher Scientific	Cat# 140675
Costar 24-well Clear TC-Treated Multiple Well Plates	Corning	Cat# 3524
75 cm <sup>2</sup> U-Shaped Canted Neck Cell Culture Flask with Plug Seal Cap	Corning	Cat# 430720U
Falcon 25 cm <sup>2</sup> Rectangular Canted Neck Cell Culture Flask with Blue Plug Seal Screw Cap	Corning	Cat# 353014
Falcon 100 mm TC-Treated Cell Culture Dish	Corning	Cat# 353003
White 96-well Immuno Microplate 1+ Plates	Thermo Scientific	Cat# 7571

## RESOURCE AVAILABILITY

### Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the lead contact, Struan F. A. Grant ([grants@chop.edu](mailto:grants@chop.edu)).

### Materials availability

Vectors (pGL4.10[*luc2*]-rs7132908G-*FAIM2*, pGL4.10[*luc2*]-rs7132908A-*FAIM2*, pGL4.10[*luc2*]-*FAIM2*, pGL4.10[*luc2*]-rs7132908G-*LIMA1*, pGL4.10[*luc2*]-rs7132908A-*LIMA1*, pGL4.10[*luc2*]-*LIMA1*, pGL4.10[*luc2*]-rs7132908G-*RACGAP1*, pGL4.10[*luc2*]-rs7132908A-*RACGAP1*, pGL4.10[*luc2*]-*RACGAP1*, and gRNA\_Cloning-rs7132908gRNA) and cell lines (WA09 (H9) rs7132908 AA human embryonic stem cell clones 2.1, 9.1, and 10.1) generated in this study will be available from the [lead contact](#) with a completed Materials Transfer Agreement. This study did not generate any other new unique reagents.

### Data and code availability

Hi-C, RNA-seq, ATAC-seq, single-nucleus RNA-seq, and single-nucleus ATAC-seq data have been deposited at Gene Expression Omnibus (GEO) and are publicly available as of the date of publication. Accession numbers are listed in the [Key resources table](#). Human embryonic stem cell and tissue genotyping data reported in this study cannot be deposited in a public repository to protect donor confidentiality. To request access, contact the [lead contact](#). This paper does not report original code. Any additional information required to reanalyze the data reported in this paper is available from the [lead contact](#) upon request.

## EXPERIMENTAL MODEL AND SUBJECT DETAILS

### Primary astrocyte model

Primary Normal Human Astrocytes (NHA) of unknown sex were obtained from Lonza as cryopreserved cells. The cells were obtained at passage 1 and used before passage 10, as recommended. They were cultured following Lonza technical instructions in Lonza Astrocyte Growth Medium and in a humidified incubator at 37°C with 5% CO<sub>2</sub>. For thawing, cells were thawed quickly at 37°C, resuspended, and added slowly to an excess of warmed medium to seed at approximately 6,500 cells/cm<sup>2</sup> in a T75 flask. For passaging, 70–80% confluent cells were washed with 30 mM HEPES buffered saline solution in water, incubated at 37°C with 0.025% trypsin-EDTA in DPBS for 3–4 min or until 90% of the cells rounded up, treated with 2 volumes of 5% FBS in DPBS to neutralize the trypsin, rinsed off the culture vessel with gentle pipetting, pelleted by centrifugation at 160 rcf for 5 min at 4°C, and then resuspended and seeded at the desired density. The cells were cultured in T75 flasks, 6-well plates, and 24-well plates. For freezing, cells were lifted as for passaging, resuspended to 1,000,000 cells/mL in FBS with 10% DMSO, frozen in 1 mL aliquots at –1 °C/min, and stored long-term in liquid nitrogen. The cells tested negative for mycoplasma contamination ([Figure S6A](#)).

### HEK293T model

293T human female cells were obtained from ATCC as cryopreserved cells (ATCC Cat# CRL-3216; RRID: CVCL\_0063). They were cultured following ATCC product information in Dulbecco's Modified Eagle's Medium (DMEM) with 10% FBS, 1X Antibiotic-Antimycotic, and 2 mM L-glutamine and in a humidified incubator at 37°C with 5% CO<sub>2</sub>. For thawing, cells were thawed quickly at 37°C, resuspended, added slowly to an excess of warmed medium, pelleted by centrifugation at 125 rcf for 7 min at 25°C, resuspended in warmed medium, and seeded at approximately 17,500 cells/cm<sup>2</sup> in a 10 cm dish. For passaging, 90% confluent cells were washed with PBS, incubated at 37°C with 0.25% trypsin-EDTA for 4–5 min, treated with 2 volumes of medium to neutralize the trypsin, pelleted by centrifugation at 1,200 rcf for 2 min at 25°C, and then resuspended and seeded at the desired density. The cells were cultured in 10 cm dishes, 6-well plates, and 24-well plates. For freezing, cells were lifted as for passaging, resuspended to 1,000,000 cells/mL in medium with 5% DMSO, frozen in 1 mL aliquots at –1 °C/min, and stored long-term in liquid nitrogen. The cells tested negative for mycoplasma contamination ([Figure S6A](#)).

### ESC model

WA09 (H9) human female embryonic stem cells were obtained from the WiCell Research Institute as cryopreserved cells (WiCell Lot# DL-05; RRID: CVCL\_9773). Before use, the cells were authenticated with short tandem repeat analysis to confirm cell line identity. They were cultured following WiCell protocols in mTeSR1 medium, on Matrigel hESC-qualified matrix, and in a humidified incubator at 37°C with 5% CO<sub>2</sub>. During CRISPR editing, the cells were briefly cultured on Matrigel Growth Factor Reduced Basement Membrane Matrix diluted in IMDM and mouse embryonic fibroblasts (MEFs) and in DMEM/F12 medium supplemented with 15% volume KnockOut Serum Replacement, 100 μM non-essential amino acids, 1 mM sodium pyruvate, 2 mM L-glutamine, 50 U/mL penicillin-streptomycin, 0.1 mM β-mercaptoethanol, and 10 ng/mL human bFGF. For thawing, cells were thawed quickly at 37°C, resuspended, added slowly to an excess of warmed medium, pelleted by centrifugation at 200 rcf for 5 min at 25°C, resuspended in warmed medium, and seeded into 1 well of a 6-well plate. For passaging as colonies, cells in large colonies were washed with Versene, incubated at room temperature with Versene for 6–9 min, rinsed off the culture vessel with medium and gentle pipetting, and then split across new culture vessels, generally using a 1:12 ratio. For passaging as single cells, cells in large colonies were washed

with DPBS, incubated at 37°C with Accutase for 2–5 min, treated with 2 volumes of medium to neutralize the Accutase, pelleted by centrifugation at 200 rcf for 4 min at 25°C, and then resuspended and seeded at the desired density. For passaging when cultured on MEFs, MEFs were removed by incubating with TrypLE Express Enzyme for 3 min at room temperature. 10 μM ROCK Inhibitor Y-27632 was added to the medium for 24 h after thawing or passaging as single cells. The cells were cultured in 10 cm dishes, T25 flasks, 6-well plates, and 24-well plates. For freezing, cells were lifted as colonies as for passaging, pelleted by centrifugation at 200 rcf for 4 min at 25°C, resuspended in 2 mL mFreSR medium/lifted well of a 6-well plate, frozen in 1 mL aliquots at –1 °C/min, and stored long-term in liquid nitrogen. The cells were validated with karyotyping (Figure S6B) and tested negative for mycoplasma contamination (Figure S6A).

### Pediatric postmortem brain tissue

Frozen human pediatric hypothalamus tissue from 4 postmortem individuals were obtained. The tissue donors included a 4-year-old male, 8-year-old male, 4-year-old female, and 14-year-old female, all classified as white and with no clinical diagnoses. The number of samples was limited by tissue availability.

## METHOD DETAILS

### Mycoplasma contamination testing

Cells were cultured in the absence of antibiotics for several days and until 90–100% confluent. Medium was then collected and used to detect mycoplasma by PCR using the LookOut Mycoplasma PCR Detection kit with JumpStart Taq DNA polymerase, following manufacturer's instructions. PCR products, including positive and negative controls, were visualized with gel electrophoresis. Band sizes from experimental samples were compared to the negative control to determine that all cell cultures were negative for mycoplasma contamination (Figure S6A).

### Bulk ATAC-seq library preparation

ATAC-seq libraries were prepared from primary astrocytes with 3 technical replicates, the rs7132908 non-risk G allele ESCs with 3 technical replicates and the rs7132908 risk A allele ESCs with 3 biological replicates. 50,000–100,000 cells from each replicate were centrifuged at 550 rcf for 5 min at 4°C to pellet. Each cell pellet was washed with cold PBS and resuspended in 50 μL cold lysis buffer (10 mM Tris-HCl, pH 7.4, 10 mM NaCl, 3 mM MgCl<sub>2</sub>, and 0.1% IGEPAL CA-630) then immediately centrifuged at 550 rcf for 10 min at 4°C. Nuclei were resuspended in transposition reaction mix (25 μL 2X Tagment DNA Buffer, 2.5 μL TDE1 Tagment DNA Enzyme, and 22.5 μL nuclease-free water) on ice, then incubated for 45 min at 37°C. The tagmented DNA was then purified using the Qiagen MinElute PCR Purification kit and eluted in 10.5 μL elution buffer. 10 μL of each purified tagmented DNA sample was amplified with PCR using the Nextera DNA CD Indexes kit and NEBNext High-Fidelity PCR Master Mix for 12 cycles to generate each library. The libraries were purified using AMPure XP beads at a 1.8X concentration. Library concentrations were measured with Qubit dsDNA High Sensitivity Assays. The completed libraries were assessed with the Agilent Bioanalyzer DNA 1000 kit and 2100 Bioanalyzer Expert software (RRID: SCR\_019715). Completed libraries were pooled and sequenced on the Illumina NovaSeq 6000 platform using paired-end 51 bp reads.

### Hi-C library preparation

Hi-C libraries were prepared from primary astrocytes with two technical replicates using the Arima-HiC kit, following manufacturer's instructions and as previously described.<sup>43</sup> In brief, cells were crosslinked with formaldehyde and then chromatin was digested with multiple restriction enzymes. The purified proximally-ligated DNA was then sheared and 200–600 bp DNA fragments were selected with AMPure XP beads. The size-selected fragments were then enriched using Enrichment Beads and then converted to Illumina-compatible sequencing libraries using the Swift Accel-NGS 2S Plus DNA Library kit and Swift 2S Indexing kit. The libraries were assessed using the Agilent Bioanalyzer DNA 1000 kit and 2100 Bioanalyzer Expert software (RRID: SCR\_019715) and the KAPA Library Quantification kit. Completed libraries were pooled and sequenced on the Illumina NovaSeq 6000 platform using paired-end 101 bp reads.

### RNA extraction from cells

To extract RNA from cultured cells for RNA-seq or real-time qPCR, cells were lifted and resuspended in TRIzol. RNA was extracted from each TRIzol sample with the Zymo Direct-zol RNA Miniprep kit, following manufacturer's instructions, with recommended DNase I treatment.

### DNA and RNA extraction from tissue

DNA and RNA were extracted from frozen human pediatric hypothalamus tissue samples in parallel. Each tissue sample was homogenized in DNA/RNA Shield in 2 mm ZR BashingBead Lysis Tubes with a FastPrep-24 5G high-speed benchtop homogenizer at 10 m/s at room temperature for 45 s. DNA and RNA were then extracted using the Zymo Quick-DNA/RNA Miniprep Plus kit, following manufacturer's instructions.



### Bulk RNA-seq library preparation

RNA extracted from each cell line and tissue sample was quantified and assessed with the Agilent Bioanalyzer RNA 6000 Nano kit and 2100 Bioanalyzer Expert software (RRID: SCR\_019715). Cell line samples with an RNA integrity number (RIN) greater than 7 and tissue samples with a RIN greater than 5 were used for RNA-seq library preparation. RNA-seq libraries were prepared from each tissue sample with 3 technical replicates, primary astrocytes with 3 technical replicates, the rs7132908 non-risk G allele ESCs with 2 technical replicates, the rs7132908 risk A allele ESCs with 3 biological replicates, and hypothalamic neural progenitors with either allele from two independent differentiations (biological replicates) with 3 technical replicates. 40 ng to 1 µg of each RNA sample was used as input, depending on RNA extraction yield. Ribosomal RNA was depleted using the QIAseq FastSelect RNA Removal kit, following manufacturer's instructions. Libraries were prepared using the NEBNext Ultra II Directional RNA Library Prep for Illumina kit, NEBNext Oligos for Illumina (Dual Index Primers Set 1), and AMPure XP beads, following manufacturer's instructions. Library concentrations were quantified with Qubit dsDNA High Sensitivity Assays. 5 ng of each library was used for assessment with the Agilent Bioanalyzer DNA 1000 kit and 2100 Bioanalyzer Expert software (RRID: SCR\_019715). If the electropherogram did not display a narrow sample distribution around 300 bp, an additional bead cleanup or column purification was used to remove any contaminating primers, adapter-dimers, or large fragments generated by over-amplification. Completed libraries were pooled and sequenced on the Illumina NovaSeq 6000 platform using paired-end 51 bp reads.

### Primary astrocyte transfection optimization

To optimize transfection of the primary astrocytes, we transfected with varying amounts of LentiCRISPRv2-mCherry vector DNA, which was a gift from Agata Smogorzewska (Addgene Cat# 99154; <http://n2t.net/addgene:99154>; RRID: Addgene\_99154), Lipofectamine LTX, and PLUS Reagent and then quantified transfection efficiency and cell viability with flow cytometry in two separate experiments. Primary astrocytes were seeded at 50,000 cells/well in a 24-well plate and maintained until they reached 70–80% confluence. Lipofectamine LTX-DNA complexes with PLUS Reagent were prepared following manufacturer's instructions in Opti-MEM so that each well would receive either 0 ng, 250 ng, 500 ng, or 750 ng vector DNA, 1 µL PLUS Reagent/1 µg of vector DNA, and either a 1:1, 1:2, 1:2.5, 1:3, 1:4, or 1:5 vector DNA (µg):Lipofectamine LTX (µL) ratio.

Approximately 22 h post-transfection, the cells were lifted, resuspended in PBS, fixed in 2% paraformaldehyde for 10 min at room temperature, resuspended in PBS, strained using a 35 µm strainer, and then counted using a CytoFLEX S N2-V3-B5-R3 Flow Cytometer. 10,000 events were collected for each condition and gating was set using the non-transfected control condition. Percent single cell events was calculated by dividing the number of single cell events by all events (10,000). Percent cell viability was then calculated by dividing the percent single cell events for each condition by the average percent single cell events for 2 replicates of non-transfected controls. Transfection efficiency was calculated by dividing the number of mCherry+ single cell events by the number of single cell events in each condition. This optimization experiment determined that ideal conditions for transfecting primary astrocytes at 70–80% confluence in a 24-well plate for 22 h are 750 ng vector DNA, 0.75 µL PLUS Reagent, and 1.875 µL Lipofectamine LTX (1:2.5 ratio) diluted in Opti-MEM for a total volume of 50 µL/well, which was used for all future primary astrocyte transfection experiments. These transfection conditions yielded high transfection efficiency (11.26%) when considering that the expected efficiency is 5–12%<sup>123</sup> and high cell viability (85.69%) (Figures S7A and S7B).

### Generation of luciferase assay vectors

The ENCODE consortium's 'Registry of candidate *cis*-Regulatory Elements' (version 1) (RRID: SCR\_006793) annotated a cell type-agnostic regulatory element with a distal enhancer-like signature surrounding rs7132908 at chr12:50,262,620–50,263,581 (GRCh37).<sup>48</sup> To generate a DNA fragment containing this sequence with an additional 50 bp flanking each side for cloning, we designed PCR primers (Table S13) to amplify this region of interest and used a *FAIM2* 3' UTR miRNA target clone (purchased from GeneCopoeia) as the PCR template and NEBNext High-Fidelity PCR Master Mix. Candidate effector genes were selected using the criteria that the promoters of these genes interacted with rs7132908, the promoters of these genes and rs7132908 were both in open chromatin, and that these genes were expressed (TPM >1) in primary astrocytes. To generate DNA fragments containing the *FAIM2*, *LIMA1*, and *RACGAP1* promoter sequences, we also designed PCR primers (Table S13) to amplify these regions and used promoter clones (purchased from GeneCopoeia) as PCR templates. The promoterless pGL4.10[*luc2*] firefly luciferase reporter vector (purchased from Promega) was linearized at the multiple cloning site upstream of the *luc2* reporter gene using the *Xho*I restriction enzyme. Each PCR product and the linearized plasmid were extracted after visualization with gel electrophoresis with the NEB Monarch DNA Gel Extraction kit to ensure that a fragment of correct length was purified. The putative enhancer region containing rs7132908 and each promoter were inserted at the multiple cloning site of pGL4.10[*luc2*] using the Codex Gibson Assembly HiFi HC 1-Step kit to generate pGL4.10[*luc2*]-rs7132908G-*FAIM2*, pGL4.10[*luc2*]-rs7132908G-*LIMA1*, and pGL4.10[*luc2*]-rs7132908G-*RACGAP1* vectors. Each promoter alone was also inserted at the multiple cloning site to generate pGL4.10[*luc2*]-*FAIM2*, pGL4.10[*luc2*]-*LIMA1*, and pGL4.10[*luc2*]-*RACGAP1* control vectors. Each Gibson Assembly product was used to transform NEB Stable Competent *E. coli* which were then plated on LB agarose plates with 100 µg/mL ampicillin to select for successfully transformed colonies. Bacterial plates were incubated overnight at 37°C and then individual colonies were selected for overnight growth in LB broth with 100 µg/mL ampicillin at 30°C with shaking at 250 rpm. Vector DNA was extracted from each overnight culture using the Qiagen QIAprep Spin Miniprep kit and then Sanger sequenced (Table S13) on both strands throughout the modified region to confirm successful insertion and sequence. Electropherograms and sequence files produced from Sanger sequencing were analyzed using

SnapGene software (RRID: SCR\_015052). Once vectors with perfect sequences were identified, we used the NEB Q5 Site-Directed Mutagenesis kit and primers (Table S13) to introduce the childhood obesity risk A allele at rs7132908 and generate pGL4.10[luc2]-rs7132908A-FAIM2, pGL4.10[luc2]-rs7132908A-LIMA1, and pGL4.10[luc2]-rs7132908A-RACGAP1 vectors. We used Sanger sequencing (Table S13) on both strands throughout the modified region to confirm successful mutagenesis and lack of polymerase errors. Bacteria glycerol stocks were prepared to store each transformed strain with verified sequences long-term. Each experimental vector, the unmodified pGL4.10[luc2] control vector, and pRL-TK (purchased from Promega) co-transfection control vector were then purified for transfection using the Qiagen EndoFree Plasmid Maxi kit. Each purified vector was used for three transfections and purification from glycerol stock was repeated, as needed.

### Transfection of primary astrocytes

Primary astrocytes were seeded in three 24-well plates at varying densities so that they would reach 70–80% confluence on three different days for independent transfections. Once each plate reached 70–80% confluence, the cells were transfected in triplicate using optimized conditions to deliver 750 ng pGL4.10[luc2] firefly luciferase reporter vector DNA (unmodified, modified with promoter only, or modified with putative enhancer region and promoter) and 75 ng pRL-TK renilla luciferase reporter vector DNA. Three wells were also treated with only Opti-MEM and transfection reagents to serve as a mock transfected control. The cells were then cultured for approximately 22 h in a humidified incubator at 37°C with 5% CO<sub>2</sub>. This transfection process was repeated two more times with freshly thawed primary astrocytes with matched passage numbers and freshly purified vectors so that 9 independent transfections were completed.

### Transfection of HEK293Ts

HEK293Ts were seeded in three 24-well plates at varying densities so that they would reach 70–90% confluence on three different days for independent transfections. Once each plate reached 70–90% confluence, the cells were transfected in triplicate with 500 ng pGL4.10[luc2] firefly luciferase reporter vector DNA (unmodified, modified with promoter only, or modified with putative enhancer region and promoter) and 50 ng pRL-TK renilla luciferase reporter vector DNA with 1 μL P3000 Reagent and 0.75 μL Lipofectamine 3000 diluted in Opti-MEM for a total volume of 50 μL/well. Three wells were also treated with only Opti-MEM and transfection reagents to serve as a mock transfected control. The cells were then cultured for approximately 24 h in a humidified incubator at 37°C with 5% CO<sub>2</sub>. This transfection process was repeated two more times with freshly thawed HEK293Ts with matched passage numbers and freshly purified vectors so that 9 independent transfections were completed.

### Luciferase assay

Luciferase assay reagents were prepared using the Promega Dual-Luciferase Reporter Assay System, according to manufacturer's instructions. After transfection with luciferase reporter vectors, primary astrocytes were washed with PBS, incubated in 500 μL Passive Lysis Buffer/well with rocking at room temperature for 15 min, and then gently pipetted to aid lysis with mechanical force. After transfection with luciferase reporter vectors, HEK293Ts were washed with PBS and lysed in 500 μL Passive Lysis Buffer/well with rocking at room temperature for 10 min. Each lysate was then collected and vortexed for 10 s. 20 μL of each lysate was added to a white, flat-bottom 96-well plate in triplicate for a total of 9 wells/condition. 20 μL Passive Lysis Buffer was also added to 9 wells to serve as a negative control. Each well was assayed using a SpectraMax iD5 Multi-Mode Microplate Reader by injecting 100 μL Luciferase Assay Reagent II, waiting 2 s, measuring firefly luciferase fluorescence for 10 s, injecting 100 μL Stop & Glo Reagent, waiting 2 s, and measuring renilla luciferase fluorescence for 10 s.

### Generation of rs7132908 risk allele ESCs

A guide RNA and homology-directed repair template (Table S13) were designed to change the rs7132908 non-risk G allele to the obesity risk A allele with CRISPR-Cas9 in the ESC model. These methods were adapted from a previously published protocol for highly efficient CRISPR-Cas9 editing in human stem cells.<sup>124</sup> The guide RNA was designed with the help of the CRISPOR program (RRID: SCR\_015935).<sup>85</sup> The guide RNA was prepared by incorporating the 20 bp target sequence into two 60-mer oligos (Table S13) purchased as 25 nmol DNA oligos from IDT which were then annealed, amplified with PCR using Phusion High-Fidelity DNA polymerase, and purified with extraction with the Takara NucleoSpin Gel and PCR Clean-Up kit after visualization with gel electrophoresis. The guide RNA was then cloned into the gRNA\_Cloning vector,<sup>83</sup> which was a gift from George Church (Addgene Cat# 41824; <http://n2t.net/addgene:41824>; RRID: Addgene\_41824), at the AflIII restriction site with the NEB Gibson Assembly kit to generate the gRNA\_Cloning-rs7132908gRNA vector. The homology-directed repair template (Table S13) was prepared by designing a 100 bp single-stranded oligonucleotide centered around the gRNA sequence and with the desired base change, which was then purchased as a 4 nmol Ultramer DNA oligo from IDT. 0.5 μg gRNA\_Cloning-rs7132908gRNA vector, 0.5 μg pCas9\_GFP vector,<sup>84</sup> which was a gift from Kiran Musunuru (Addgene Cat# 44719; <http://n2t.net/addgene:44719>; RRID: Addgene\_44719), and 1 μg homology-directed repair template/well were transfected into 70–80% confluent ESCs on irradiated MEFs in a 6-well plate with 3 μL/well Lipofectamine Stem in 50 μL DMEM/F12. The cells were cultured in a humidified incubator at 37°C with 5% CO<sub>2</sub> for 48 h. After transfection, single cells were lifted and 5,000–15,000 GFP+ cells were sorted into a 10 cm dish coated with Matrigel Growth Factor Reduced Basement Membrane Matrix diluted in IMDM and MEFs with fluorescence-activated cell sorting. After 10–15 days of maintenance, individual clones were manually picked and used for both screening and expansion. Some cells from each clone were

used for Proteinase K DNA extraction. This DNA was used as a template for PCR across the edited region using the Phusion High-Fidelity DNA polymerase and the PCR products were then used for both restriction digestion screening and Sanger sequencing to confirm the base change (Figure S6C and S6D). Restriction digestion was a possible screening method because the change from the rs7132908 non-risk G allele to obesity risk A allele generated a unique Bfal restriction site. Electropherograms and sequence files produced from Sanger sequencing were analyzed using SnapGene software (RRID: SCR\_015052). Clones confirmed to be homozygous for the rs7132908 obesity risk A allele underwent further validation with karyotyping (Figure S6B), *de novo* CNV analysis (Table S11), mycoplasma contamination testing (Figure S6A), and Sanger sequencing at the top 10 most likely off-target sites (Table S12).

### Karyotyping

ESCs were passaged into a T25 flask and cultured under normal conditions until the cells reached 60–70% confluence. The flask was then packaged and shipped to Cell Line Genetics for G-band karyotyping of live cultures. Karyotyping reports indicated that all ESC lines had a normal human female karyotype (Figure S6B).

### DNA extraction from cells

To extract DNA from cultured cells for genotyping, PCR, or Sanger sequencing, cells were lifted and then DNA was extracted with the Zymo Quick-DNA Miniprep Plus kit, following manufacturer's instructions.

### SNP genotyping

Genome-wide genotyping of DNA from ESC lines for *de novo* CNV analysis was performed using the Illumina Infinium Global Screening Array v3.0 BeadChip genotyping array. Genome-wide genotyping of DNA from human pediatric hypothalamus tissue was performed using the Illumina OmniExpressExome v1.6 BeadChip genotyping array. Genotyping arrays consist of many thousands of short invariant 50mer oligonucleotide probes conjugated to silica beads. Sample DNA is hybridized to the probes and a single-base, hybridization-dependent extension reaction is performed at each target SNP. Arrays are loaded onto an iScan System and scanned to extract data. DMAP files enable identification of bead locations on the BeadChip and quantification of the signal associated with each bead. Alternate alleles (herein denoted A and B) are labeled with different fluorophores. Raw fluorescence intensity from the two-color channels is processed into a discrete genotype call (normalized to continuous value 0–1 B-Allele Frequency (BAF)) and the total intensity from both channels (normalized to continuous value with median = 0 Log R Ratio (LRR)) at each SNP which are informative for copy number.

### Screening for CRISPR off-target effects

The CRISPOR program (RRID: SCR\_015935)<sup>85</sup> was used to identify potential off-target sites for the guide RNA designed to change the rs7132908 non-risk G allele to the obesity risk A allele. Each potential off-target site was ranked by Cutting Frequency Determination score which is used to measure guide RNA specificity. Primers were designed to PCR amplify and Sanger sequence the top 10 potential off-target sites. Six potential off-target sites were excluded from screening because primers could not be designed in these regions with a melting temperature between 56°C and 70°C, likely because these regions were too repetitive. Each potential off-target site was amplified using the Phusion High-Fidelity DNA polymerase. Each PCR product was extracted after visualization with gel electrophoresis with the NEB Monarch DNA Gel Extraction kit to ensure that a fragment of correct length was purified. Each purified PCR product was then Sanger sequenced on both strands. Electropherograms and sequence files produced from Sanger sequencing were analyzed using SnapGene software (RRID: SCR\_015052). Sequences from each CRISPR clone were compared to sequences from the parent H9 ESC line to determine that there were no off-target effects in all clones at the top 10 most likely off-target sites (Table S12).

### Preparation of differentiation medium

Differentiation medium was prepared as previously published<sup>6</sup> with some modifications. This medium is an optimized, serum-free reformulation of B27 which supports high quality neuronal cultures and overcomes quality variability of B27 due to different sources of bovine serum albumin. A 50X differentiation supplement was prepared containing DMEM/F12 with 1 µg/mL corticosterone, 50 µg/mL linoleic acid, 50 µg/mL linolenic acid, 2.35 µg/mL (±)-α-lipoic acid, 0.32 µg/mL progesterone, 5 µg/mL retinyl acetate, 50 µg/mL (±)-α-tocopherol, 50 µg/mL DL-α-tocopherol acetate, 125 mg/mL bovine serum albumin, 27.15 mg/mL sodium bicarbonate, 3.2 mg/mL L-ascorbic acid, 805 µg/mL putrescine dihydrochloride, 750 µg/mL D(+)-galactose, 250 µg/mL holo-transferrin, 125 µg/mL catalase, 100 µg/mL L-carnitine hydrochloride, 50 µg/mL glutathione, 0.7 µg/mL sodium selenite, 50 µg/mL ethanolamine, 0.1 µg/mL triiodo-L-thyronine sodium salt, and 200 µg/mL insulin. Differentiation medium was then prepared containing DMEM/F12 with 1X differentiation supplement, 1X Antibiotic-Antimycotic, 1X GlutaMAX, and 2.5 µg/mL superoxide dismutase.

### Differentiation to neural progenitors

ESCs were plated as single cells at 1 million cells/well in a matrigel-coated 6-well plate or 200,000 cells/well in a matrigel-coated 24-well plate and cultured in mTeSR1 medium with 10 µM ROCK Inhibitor Y-27632 for 24 h in a humidified incubator at 37°C with 5% CO<sub>2</sub>. After 24 h, on day 0, the medium was changed to differentiation medium with 1 µM LDN-193189 and 10 µM SB-431542

for dual SMAD inhibition. On days 2, 4, 6, and 8, the medium was changed to differentiation medium with 1  $\mu\text{M}$  LDN-193189, 10  $\mu\text{M}$  SB-431542, 1  $\mu\text{M}$  SAG, 1  $\mu\text{M}$  Purmorphamine, and 10  $\mu\text{M}$  IWR-1-endo for dual SMAD and Wnt signaling inhibition and Shh activation. This method directed the ESCs toward ventral diencephalon forebrain cell identity. On days 9, 11, and 13, the medium was changed to differentiation medium with 10  $\mu\text{M}$  DAPT and 0.01  $\mu\text{M}$  retinoic acid to direct the cells to exit cell cycle. Hypothalamic neural progenitors were collected for downstream experiments on day 14 (Figure 3A). These methods were previously optimized and validated.<sup>6</sup> To confirm hypothalamic neural progenitor identity, we performed immunohistochemistry and observed expected expression of NKX2-1, which is a marker for the developing hypothalamus<sup>125</sup> (Figure S1F), and NeuN, which is a marker for post-mitotic neurons (Figure S1G).

### Differentiation to neurons

On day 14, hypothalamic neural progenitors were washed with DPBS, incubated at 37°C with Accutase for up to 7 min, treated with 2 volumes of medium to neutralize the Accutase, pelleted by centrifugation at 200 rcf for 3 min at 25°C, resuspended in differentiation medium with 10 ng/mL BDNF, and seeded at 1 million cells/well in a laminin-coated 6-well plate or 200,000 cells/well in a laminin-coated 24-well plate. Laminin-coated plates were prepared by diluting laminin to 0.05 mg/mL in cold Hanks' Balanced Salt Solution, distributing 10 mL laminin solution across each plate, incubating overnight at 4°C, incubating at 37°C for 2 h before use, and washing with PBS 3 times before use. The medium was replaced with fresh differentiation medium with 10 ng/mL BDNF every 2–3 days until day 40 to promote hypothalamic neuron maturation. These methods were previously optimized and validated.<sup>6</sup>

### Fluorescent immunohistochemistry

Cells for immunohistochemistry were cultured on acid-treated #1.5 glass coverslips. The cells were washed with PBS, fixed with 4% paraformaldehyde for 10 min at room temperature, and then incubated with PBS for 5 min at room temperature three times to wash. The cells were incubated in blocking solution (PBS with 5% (w/v) bovine serum albumin and 0.3% Triton X-100) for 1 h at room temperature. After blocking, primary antibodies (Anti-MAP2 (Abcam Cat# ab5392; RRID: AB\_2138153), Anti-NKX2-1 (Cell Marque Cat# 343M-95; RRID: AB\_1158934), and Anti-NeuN (Millipore Sigma Cat# MAB377; RRID: AB\_2298772)) diluted in blocking solution (1:500) were added to the cells, then incubated overnight at 4°C with gentle rocking. After the primary antibody incubation, the cells were incubated with PBST for 10 min at room temperature three times to wash. Appropriate secondary antibodies (Anti-Chicken (Abcam Cat# ab150169; RRID: AB\_2636803) and Anti-Mouse (Invitrogen Cat# A-11001; RRID: AB\_2534069)) diluted in blocking solution (1:500) were added to the cells, then incubated for 1 h at room temperature, protected from light. After the secondary antibody incubation, the cells were incubated with PBST for 5 min at room temperature three times to wash. The cells were then washed with PBS for 3 min at room temperature and incubated with 300 nM DAPI for 5 min at room temperature to stain nuclei. After DAPI incubation, the cells were washed with PBS three times. The glass coverslips were mounted on glass slides with ProLong Gold Antifade Mountant. The cells were visualized with an Olympus DP74 camera using appropriate fluorescent filters and Olympus cellSens Standard software. Images for each fluorescent channel were merged using ImageJ (RRID: SCR\_003070).<sup>90</sup>

### Nuclei isolation

After hypothalamic neuron differentiation, the cells were washed with PBS, incubated at 37°C with Accutase for up to 7 min, treated with 2 volumes of medium to neutralize the Accutase, and pelleted by centrifugation at 300 rcf for 5 min at 4°C. The cell pellet was resuspended in PBS with 0.04% bovine serum albumin. 1 million cells or less were pelleted by centrifugation at 300 rcf for 5 min at 4°C and then resuspended in 100  $\mu\text{L}$  chilled lysis buffer (water with 10 mM Trizma hydrochloride, 10 mM sodium chloride, 3 mM magnesium chloride, 1% bovine serum albumin, 0.1% Tween 20, 1 mM DTT, 1 U/ $\mu\text{L}$  RNase inhibitor, and 0.1% IGEPAL CA-630). The cells were incubated in lysis buffer on ice for 1 min and then 500  $\mu\text{L}$  chilled wash buffer (water with 10 mM Trizma hydrochloride, 10 mM sodium chloride, 3 mM magnesium chloride, 1% bovine serum albumin, 0.1% Tween 20, 1 mM DTT, and 1 U/ $\mu\text{L}$  RNase inhibitor) was added. The nuclei were pelleted by centrifugation at 500 rcf for 5 min at 4°C. Addition of chilled wash buffer and pelleting were repeated two more times. The nuclei were then resuspended in chilled nuclei buffer (water with 1X Nuclei Buffer, 1 mM DTT, and 1 U/ $\mu\text{L}$  RNase inhibitor) to a concentration of 8,000 nuclei/ $\mu\text{L}$  in at least 25  $\mu\text{L}$  and strained using a 35  $\mu\text{m}$  strainer.

### Single-nucleus library preparation

Single-nucleus RNA-seq and ATAC-seq libraries were prepared using the 10X Genomics Chromium Single Cell Multiome ATAC + Gene Expression workflow. Libraries were prepared from the rs7132908 non-risk G allele cells from two independent differentiations (biological replicates) for a total of 4 technical replicates and from the rs7132908 risk A allele cells from two CRISPR clones (biological replicates) and three independent differentiations (biological replicates) for a total of 4 technical replicates. In brief, isolated nuclei in chilled nuclei buffer were transposed in bulk which simultaneously fragmented DNA in regions of open chromatin and added adapter sequences to the ends of the DNA fragments. The transposed nuclei were then loaded onto a microfluidic chip which was run in the Chromium Controller instrument. In the instrument, nuclei were individually partitioned with Gel Beads-in-emulsion (GEMs). Each Gel Bead contains oligonucleotides with a unique 16 bp 10X Barcode sequence, a poly(dT) sequenced to capture mRNA, and a Spacer sequence that enables barcode attachment to transposed DNA fragments. The GEMs were then incubated to attach unique 10X Barcodes to mRNA and transposed DNA fragments which served to associate mRNA and transposed DNA fragments back to the same nucleus. Unique molecular identifiers (UMIs) were also used to distinguish individual, captured mRNA molecules for



quantification. A reverse transcription reaction converted the mRNA into full-length cDNA. The GEMs were then broken and pooled fractions were recovered and purified. The products were taken through a pre-amplification PCR step to fill gaps and ensure maximum recovery of barcoded ATAC and cDNA fragments. The pre-amplified products were then used as input for both ATAC-seq library preparation and cDNA amplification for RNA-seq library preparation. Completed RNA-seq libraries were quantified and assessed with Agilent High Sensitivity D1000 ScreenTape assays and ATAC-seq libraries were quantified and assessed with Agilent High Sensitivity D5000 ScreenTape assays. RNA-seq libraries were then pooled and sequenced on the Illumina NovaSeq 6000 platform to reach a minimum of 20,000 paired-end reads/nucleus. ATAC-seq libraries were then pooled and sequenced on the Illumina NovaSeq 6000 platform to reach a minimum of 25,000 paired-end reads/nucleus.

### cDNA generation

RNA samples were quantified with Qubit RNA High Sensitivity Assays. 30 ng of each RNA sample was used for cDNA generation using SuperScript IV VILO Master Mix after treatment with ezDNase to remove any DNA contamination. No reverse transcriptase controls were also generated using SuperScript IV VILO 'No RT' Control Master Mix.

### Real-time qPCR

TaqMan Gene Expression Assays for *FAIM2* and human *18S* ribosomal RNA were validated with standard curves generated by pooling all cDNA samples quantified in an experiment to represent average conditions of all samples. The *FAIM2* standard curve consisted of 5 points generated by a 1:5 serial dilution ranging from 0.0024 to 1.5 ng in triplicate. The *18S* standard curve consisted of 8 points generated by a 1:5 serial dilution ranging from 0.0000192 to 1.5 ng in triplicate. Each sample was quantified with TaqMan Fast Advanced Master Mix and the Agilent AriaMX Real-Time PCR System. After assay validation, 0.5 ng of each experimental cDNA sample and no reverse transcriptase control were assayed in duplicate. Additionally, no template controls were assayed in triplicate.

## QUANTIFICATION AND STATISTICAL ANALYSIS

### Effect size comparison

Effect size ( $\beta$ ) values and standard errors for the chr12q13 locus were obtained from the most recent childhood<sup>50</sup> and adult<sup>20</sup> BMI GWAS. A two-tailed two-sample z-test was used to determine if the  $\beta$  values were significantly different. A  $p$  value  $<0.05$  was considered significant.

### GWAS-eQTL colocalization

Childhood obesity GWAS summary statistics from the European ancestry population in the EGG consortium were used. Common variants (minor allele frequency  $\geq 0.01$ ) from the 1000 Genomes Project (v3)<sup>126</sup> were used as a reference panel. SNP-gene sets from our variant-to-gene mapping efforts were used as leads. We used ColoQuiaL<sup>120</sup> to test genome-wide colocalization of each lead against GTEx eQTLs (v8) (RRID: SCR\_013042)<sup>49</sup> from all 49 available tissues. Evidence of colocalization between a given childhood obesity GWAS signal and eQTL signal was identified by a conditional posterior probability of colocalization  $\geq 0.8$ .

### Gene burden testing

The Penn Medicine BioBank includes 18,573 European and 7,950 African ancestry adult individuals with recorded measurements of BMI that could be used for gene burden testing. Cases of obesity were defined as BMI  $\geq 30$  and controls were defined as BMI  $\leq 25$ . There were 9,748 cases of obesity in the European population and 6,045 in the African population. We used the R package SKAT (RRID: SCR\_009396)<sup>127</sup> to detect associations between rare variants in each candidate effector gene and obesity as a dichotomous trait while adjusting for covariates such as age, sex, and the first 5 genome-wide principal components.

### Luciferase assay data analysis

All fluorescence values were reduced by the average signal in the 9 negative control wells to correct for background fluorescence in the Passive Lysis Buffer and 96-well plate. The firefly luciferase fluorescence signal was then divided by the renilla luciferase fluorescence signal in each well to adjust for sample-to-sample variability due to differences in cell numbers, transfection efficiency, and pipetting. Normalized firefly luciferase fluorescence values were averaged for each condition ( $n = 9$ ). Normalized fold change was calculated by dividing the average normalized firefly luciferase fluorescence values for each condition by this value produced by the promoter only vector (pGL4.10[*luc2*]-*FAIM2*, pGL4.10[*luc2*]-*LIMA1*, or pGL4.10[*luc2*]-*RACGAP1*).

Assays were excluded from statistical analysis if there was fluorescence detected (normalized fold change  $>0.1$ ) in the negative control condition or if at least one normalized fold change value was greater than 2 standard deviations away from the mean of all other assays performed. Multiple independent transfections and assays were performed and are stated in the figure legend. All data are represented as mean  $\pm$  standard deviation. Statistical analyses and visualization were performed using GraphPad Prism (RRID: SCR\_002798) and ordinary one-way ANOVA tests with Tukey's correction for multiple comparisons.  $p$ -values  $<0.05$  were considered significant. \* $p$ -value  $<0.05$ , \*\* $p$ -value  $<0.01$ , \*\*\* $p$ -value  $<0.001$ .



### Transcription factor binding prediction

The genomic position and alternative allele of rs7132908 (determined using SNPlocs.Hsapiens.dbSNP155.GRCh38 and BSgenome R packages) were used to scan through all position frequency matrix databases using the R package MotifDb to identify potential transcription factor binding disruption effects. The motifbreakR function<sup>119</sup> was used with parameters filter = TRUE, threshold = 0.0005, method = 'ic', bkg = c(A = 0.25, C = 0.25, G = 0.25, T = 0.25), and BPPARAM = BiocParallelSerialParam().

### CNV detection

Samples must meet minimum quality control standards of call rate >98% and LRR standard deviation <0.3 to be used for CNV detection. We used PennCNV (RRID: SCR\_002518) as our main CNV detection algorithm of the Illumina Infinium Global Screening Array v3.0 data due to its widespread usage. We filtered PennCNV calls to include CNVs with number of SNPs supporting  $\geq 20$ , length  $\geq 100,000$ , and Segmental Duplication track coverage <0.5. Related cell line clone CNV calls were compared to ensure consistency in CNV calling. All genomic coordinates are in human genome build version GRCh37.

### De novo CNV detection

The related cell line clones annotated for each sample were verified by pairwise comparison of genome-wide SNP genotyping content using PLINK (RRID: SCR\_001757). The "child" cell line CNVs were compared to their corresponding "parent" cell line CNVs using bedtools and if at least 50% reciprocal overlap is not observed, annotated as *de novo*. Such putative *de novo* calls were BAF LRR plotted for each pair of "child" and "parent" to allow for side-by-side comparison to ensure the *de novo* was not an erroneous call.

### Bulk RNA-seq analysis

Sequencing data was demultiplexed to generate FASTQ files using Illumina bcl2fastq2 Conversion Software (RRID: SCR\_015058). FASTQ files were assessed with FastQC (RRID: SCR\_014583)<sup>86,87</sup> to verify that there was high sequence quality, expected sequence length, and no adapter contamination. Paired-end FASTQ files for each replicate of primary astrocytes were mapped to the human reference genome (GRCh38) using STAR (RRID: SCR\_004463).<sup>121</sup> Genes were annotated using GENCODE human release 40 (RRID: SCR\_014966).<sup>128</sup> Raw read counts were calculated using HTSeq-count (RRID: SCR\_011867).<sup>122</sup> Paired-end FASTQ files for each replicate of all other cell types and tissue were mapped to the Ensembl human reference transcriptome (GRCh38)<sup>129</sup> using Kallisto (RRID: SCR\_016582).<sup>88,89</sup> Abundance data generated with Kallisto was read into R (RRID: SCR\_001905) using the package tximport (RRID: SCR\_016752),<sup>99</sup> annotated with Ensembl human gene annotation data (version 86)<sup>129</sup> using ensemblDb (RRID: SCR\_019103)<sup>101</sup> and EnsDb.Hsapiens.v86, and summarized as counts per million (cpm) at the gene level using edgeR (RRID: SCR\_012802).<sup>100</sup> Genes with less than 1 cpm in 2 or 3 samples, depending on the smallest set of replicates in the analysis, were removed to increase statistical power to detect differentially expressed genes. Samples within each analysis were normalized with the trimmed mean of M values (TMM) method.<sup>130</sup> If batch effects were detected by principal component analysis, removeBatchEffects from the R package limma (RRID: SCR\_010943)<sup>102</sup> was used to correct count values to adjust for batch effects. Pre- and post-adjustment matrices were used for principal component analysis and principal variance component analysis using the R package PVCA (RRID: SCR\_001356) to visualize the effects of batch correction. The R package limma (RRID: SCR\_010943)<sup>102</sup> was used to identify differentially expressed genes by first applying precision weights to each gene based on its mean-variance relationship using the voom function and then linear modeling and Bayesian statistics were employed to detect genes that were up- or down-regulated in each condition. If batch effects were detected by principal component analysis, batch information was included as a covariate in the linear model to adjust for batch effects. Genes with an adjusted *p*-value <0.05 and  $|\log_2$  fold change| > 0.58 were considered significantly differentially expressed. Throughout the study, this fold change threshold was used for all differential expression analyses to detect genes that increased by approximately 50% or decreased by approximately 33%. Coordinates for the rs7132908 TAD were determined using the TADKB database<sup>51</sup> and considering the most conservative region documented in all reported human cell lines (GRCh37). A list of genes in the rs7132908 TAD region were exporting using the UCSC Genome Browser (GRCh37) (RRID: SCR\_005780).<sup>131,132</sup> Significantly differentially expressed genes were clustered using Pearson correlation and the R function hclust. The clustered genes were cut into 2 modules in ESCs and 5 modules in hypothalamic neural progenitors. Significantly enriched Gene Ontology terms<sup>52,53</sup> in each module were identified using gprofiler2 (RRID: SCR\_018190).<sup>97,98</sup> Results were visualized using gplot2 (RRID: SCR\_014601),<sup>107</sup> gplots, and plotly.

### Bulk ATAC-seq analysis

Sequencing data was demultiplexed to generate FASTQ files using Illumina bcl2fastq2 Conversion Software (RRID: SCR\_015058). ATAC-seq peaks were called following the ENCODE ATAC-seq pipeline (<https://www.encodeproject.org/atac-seq/>). Briefly, paired-end reads from three replicates for each cell type were aligned to the human reference genome (GRCh38) using bowtie2 (RRID: SCR\_016368),<sup>103</sup> and duplicate reads were removed from the alignment using Picard (RRID: SCR\_006525) MarkDuplicates and SAMtools (RRID: SCR\_002105).<sup>104</sup> Narrow peaks were called independently for each replicate using MACS2<sup>105</sup> with parameters -p 0.01 -nomodel -shift -75 -extsize 150 -B -SPMR -keep-dup all -call-summits. Reproducible peaks, peaks called in at least 2 replicates (with at least 1 bp overlap), were used to generate a consensus set of peaks. Signal peaks were normalized using csaw<sup>106</sup> in 10 kilobase (kb) bin background regions. A threshold of cpm >1 was used to exclude peaks with low abundance from the analysis. Tests for differential accessibility between rs7132908 genotypes were conducted with the glmQLFit approach

implemented in edgeR (RRID: SCR\_012802)<sup>100</sup> using the normalization factors calculated by csaw. Open chromatin regions with adjusted  $p$ -value  $< 0.05$  and  $|\log_2$  fold change $| > 1$  were considered differentially accessible. Results were visualized using ggplot2 (RRID: SCR\_014601).<sup>107</sup>

### Hi-C analysis

Hi-C analysis was performed as previously described.<sup>43</sup> In brief, sequencing data was demultiplexed to generate FASTQ files using Illumina bcl2fastq2 Conversion Software (RRID: SCR\_015058). Paired-end reads from each replicate were pre-processed using the HiCUP pipeline (RRID: SCR\_005569)<sup>113</sup> and aligned to the human reference genome (GRCh38) with bowtie2 (RRID: SCR\_016368).<sup>103</sup> The alignments files were parsed to pairtools (RRID: SCR\_023038)<sup>114</sup> to process and pairix<sup>115</sup> to index and compress, then converted to Hi-C matrix binary format (.cool) by cooler<sup>116</sup> at multiple resolutions (500 bp, 1, 2, 4, 10, 40, 500 kb and 1 megabase (Mb)) and normalized with the ICE method.<sup>133</sup> The matrices from different replicates were merged at each resolution using cooler.<sup>116</sup> Mustache<sup>117</sup> and Fit-Hi-C2<sup>118</sup> were used to call significant intra-chromosomal interaction loops from merged replicates matrices at three resolutions (1 kb, 2 kb, and 4 kb), with significance thresholds of  $q$ -value  $< 0.1$  and  $p$ -value  $< 1 \times 10^{-6}$ . The identified interaction loops were merged between both tools at each resolution. Lastly, interaction loops from all three resolutions were merged with preference for smaller resolution if there was overlap.

### Single-nucleus pre-processing

Cell Ranger ARC analysis pipelines were used to process sequencing data generated with the 10X Genomics Chromium Single Cell Multiome ATAC + Gene Expression workflow. Sequencing data was demultiplexed to generate FASTQ files using mkfastq. The FASTQ files were aligned to the GRCh38 human reference genome with the Cell Ranger ARC package (RRID: SCR\_023897) and cells were called using parameters `-count -min-atac-count = 2000 -min-gex-count = 1000`.

66,120 cells homozygous for the rs7132908 non-risk G allele representing two separate differentiations were sequenced. 45,916 cells homozygous for the rs7132908 obesity risk A allele representing two different clonal lines and three different differentiations were also sequenced. All 112,036 cells then underwent quality control to remove ambient RNA using SoupX (RRID: SCR\_019193)<sup>92</sup> with the contamination fraction automatically estimated for each sample and the count matrices were re-adjusted after removal. Doublets were detected and removed using the Python package Scrublet (RRID: SCR\_018098),<sup>91</sup> and cells with  $> 10\%$  mitochondrial reads were filtered out using Seurat (RRID: SCR\_016341).<sup>94</sup> After quality control, we retained 71,818 cells for downstream analyses.

RNA-seq data from all samples was SCTransformed (RRID: SCR\_022146),<sup>95,96</sup> integrated using the IntegrateData function, and then batch corrected using Harmony (RRID: SCR\_022206)<sup>93</sup> for differentiation, biological, and technical replicates. PCA and UMAP reduction were performed using the first 30 empirically selected principal components with standard pipelines (Figures S2F–S2H).

We ran peak calling using MACS3 (<https://macs3-project.github.io/MACS/>) for each sample with their corresponding ATAC-seq fragments files. Peaks from all samples were pooled and reduced to a final set of 383,029 peaks accessible in at least one sample. This peak set was used to create a ChromatinAssay using Signac (RRID: SCR\_021158).<sup>108</sup> The peaks were filtered through ENCODE hg38 blacklist regions (<https://github.com/Boyle-Lab/Blacklist/blob/master/lists/hg38-blacklist.v2.bed.gz>) and annotated with EnsDb.Hsapiens.v86. We performed quality control following metrics recommended by Signac,<sup>108</sup> including nucleosome banding pattern, TSS enrichment score, total number of fragments in peaks, fraction of fragments in peaks, and ratio of reads in genomic blacklist regions; we removed cells that were outliers by these metrics. We performed term frequency-inverse document frequency normalization with the RunTFIDF function and feature selection and dimension reduction using singular value decomposition (SVD) on the TD-IDF matrix with the RunSVD function, which produced latent semantic indexing components (LSI).<sup>134</sup> Uniform manifold approximation and projection embedding was computed based on the first 29 LSI components (second to the 30<sup>th</sup>) for visualization in two-dimensional space with the RunUMAP function. The first component, being in strong correlation with total counts, was not used. Results were visualized using Seurat<sup>94</sup> and ggplot2 (RRID: SCR\_014601).<sup>107</sup>

### Cell type identification

A previously published human hypothalamic arcuate nucleus single-cell RNA-seq dataset<sup>54</sup> was used as a reference dataset to identify cell types in our single-nucleus RNA-seq dataset. Pairwise correspondences or 'anchors' between individual cells in each dataset were defined using the Seurat (RRID: SCR\_016341) function FindTransferAnchors.<sup>55</sup> Then each cell in our dataset was classified as one of the cell types in the reference dataset (neuron, astrocyte, OPC, mature oligodendrocyte, microglia, ependymal, pericyte, immature oligodendrocyte, fibroblast, choroid, and tanycyte) using the Seurat function TransferData,<sup>55</sup> where the reference cell type with the highest observed classification score was assigned. As a result, neuron, astrocyte, OPC, ependymal, fibroblast, and tanycyte annotations were added to our dataset (Figure S2A). We then prioritized cells with a classification score  $\geq 0.8$  for downstream analyses as this threshold has been previously demonstrated to increase accuracy.<sup>55</sup> In summary, we identified 38,044 cells as neurons, OPCs, or fibroblasts with a classification score above our threshold. PCA and UMAP reduction were performed using the first 20 empirically selected principal components with standard pipelines (Figure 4A). All cells annotated as neurons were then subset and reclustered with PCA and UMAP reduction using the first 15 empirically selected principal components (Figure 4C). Results were visualized using Seurat<sup>94</sup> and ggplot2 (RRID: SCR\_014601).<sup>107</sup>

### Transcriptome correlation

Pseudobulk TPMs were calculated for each annotated cell type and replicate sample in the single-nucleus RNA-seq dataset by normalizing SoupX-corrected counts by gene size using gene annotation data from GENCODE human release 38 (GRCh37) (RRID: SCR\_014966)<sup>128</sup> and previously published code.<sup>135</sup> TPMs from all rs7132908 non-risk allele replicate samples for each annotated cell type were then averaged. Similarly, average TPMs were also calculated for the rs7132908 non-risk allele replicate samples in the bulk RNA-seq datasets generated from the hypothalamic neural progenitors and human pediatric hypothalamus tissue sequenced inhouse. Median gene-level TPM data by tissue was downloaded from the GTEx Analysis RNA-seq database (v8) (RRID: SCR\_013042).<sup>49</sup> Ensembl gene IDs with version suffixes were converted to gene names using gene annotation data from GENCODE human release 26 (GRCh37) (RRID: SCR\_014966).<sup>128</sup> Average TPMs for each cell type of interest were merged with average TPMs from the human pediatric hypothalamus tissue and GTEx data. Then, the spearman rank correlation of genes expressed at greater than 5 TPMs in at least 2 samples were calculated using the R (RRID: SCR\_001905) `cor` function. *p*-values for each correlation were calculated using the R `cor.test` function. Results were visualized in dot plots using `ggplot2` (RRID: SCR\_014601).<sup>107</sup>

To compare the transcriptome of the cells annotated as neurons in the single-nucleus RNA-seq dataset to human prenatal hypothalamic nuclei, data from the Allen Brain Atlas<sup>58–61</sup> was downloaded as upregulated gene sets from the Harmonizome database.<sup>136</sup> Left and right hemisphere gene sets for each hypothalamic nucleus were combined and used for downstream analysis. To infer the average expression of each gene set per single cell in the neuron dataset compared to random control genes, module scores for each gene set were calculated using the Seurat (RRID: SCR\_016341) function `AddModuleScore`.<sup>137</sup> Average module scores per neuron cluster were plotted as the column Z score for visualization. Results were visualized using `ggplot2` (RRID: SCR\_014601).<sup>107</sup>

### Single-nucleus differential expression

Differential expression analysis of single-nucleus RNA-seq data was performed with DESeq2 (RRID: SCR\_015687),<sup>109</sup> following the standard workflow. In brief, raw counts and appropriate metadata for cell aggregation and comparison were extracted and used to create a `SingleCellExperiment` object using the R package `SingleCellExperiment`.<sup>110,111</sup> Counts were aggregated to the sample level for each cell type using the `Matrix.utils` function `aggregate.Matrix`. DESeq2 objects were created from the raw counts, appropriate metadata, and design formula to compare the rs7132908 obesity risk allele to the non-risk allele in each cell type using the DESeq2 function `DESeqDataSetFromMatrix`.<sup>109</sup> Differential expression analysis in each cell type was run using the DESeq2 function results<sup>109</sup> and an adjusted *p*-value threshold of 0.05. The resulting log<sub>2</sub> fold changes were shrunk using the `apeglm` method.<sup>112</sup> Genes with an adjusted *p*-value <0.05 and |log<sub>2</sub> fold change| > 0.58 were considered significantly differentially expressed. Throughout the study, this fold change threshold was used for all differential expression analyses to detect genes that increased by approximately 50% or decreased by approximately 33%. Results were visualized in volcano plots using `ggplot2` (RRID: SCR\_014601).<sup>107</sup> Significantly differentially expressed genes were clustered using the R (RRID: SCR\_001905) function `hclust` and plotted in heatmaps using the R package `pheatmap` (RRID: SCR\_016418). Significantly enriched Gene Ontology terms<sup>52,53</sup> in each set of genes significantly up- or down-regulated in each cell type were identified using `gprofiler2` (RRID: SCR\_018190).<sup>97,98</sup>

### Single-nucleus differential accessibility

To find differentially accessible regions due to rs7132908 genotype, we performed differential accessibility tests between cells homozygous for either rs7132908 allele. We implemented logistic regression using the `FindMarkers` function from `Signac` (RRID: SCR\_021158),<sup>108</sup> with the total number of fragments in peaks as a latent variable to mitigate the effect of differential sequencing depth and using a `min.pct` threshold of 0.01 due to sparse single-nucleus ATAC-seq data. To ensure data correspondence, we used only the 38,044 annotated cells that had a classification score  $\geq 0.8$  by the RNA-seq analysis for this differential accessibility analysis. *p*-value adjustment was performed internally using Bonferroni correction based on the total number of peaks in the dataset. We repeated this analysis for each annotated cell type: neurons, OPCs, and fibroblasts.

We performed DNA motif analysis to identify potentially important genotype-specific regulatory sequences in different groups of differentially accessible peaks. We used motif position frequency matrices from the JASPAR 2022 CORE collection database.<sup>138</sup> We detected transcription factor motifs enriched in differentially accessible peaks with an adjusted *p*-value <0.005 and |log<sub>2</sub> fold change|  $\geq 1$ . The `FindMotifs` function from `Signac`<sup>108</sup> performed hypergeometric test on these differentially accessible peaks to test the probability of observing the motif at the given frequency by chance, compared to a background set of peaks matched for GC content. Motifs with an adjusted *p*-value <0.05 were considered significantly enriched.

### Real-time qPCR analysis

Cq values for each sample were determined with the Agilent Aria software. To validate each TaqMan Gene Expression Assay using a standard curve, Cq values from each triplicate of samples were averaged and then plotted against the log of their corresponding mass of cDNA input (ng) using Microsoft Excel (RRID: SCR\_016137). A linear trendline was then added to each graph and the R<sup>2</sup> values and linear equations were displayed. Primer efficiency was calculated with  $10^{-1/\text{slope}}$ . Percent primer efficiency was calculated

by dividing the primer efficiency by 2. TaqMan Gene Expression Assays passed standard curve validation if the  $R^2$  value was greater than 0.99 and the percent primer efficiency was between 90 and 110%. Assays were used to calculate normalized relative expression if the no reverse transcriptase and no template control samples did not generate a Cq value. Normalized relative expression was calculated using  $\frac{E_{FAIM2}^{(\text{mean FAIM2 Cq in non-risk cells on day 0}) - (\text{mean FAIM2 Cq in experimental sample})}}{E_{18S}^{(\text{mean 18S Cq in non-risk cells on day 0}) - (\text{mean 18S Cq in experimental sample})}}$ , where E is primer efficiency. Results were visualized using GraphPad Prism (RRID: SCR\_002798). Independent differentiations were performed and are represented by individual points on each graph. All data are represented as mean  $\pm$  standard deviation.