Original Article





Comparison of three blood transfusion guidelines applied to 31 feline donors to minimise the risk of transfusion-transmissible infections Journal of Feline Medicine and Surgery 2018, Vol. 20(8) 663–673 © The Author(s) 2017 Reprints and permissions: sagepub.co.uk/journalsPermissions.nav DOI: 10.1177/1098612X17727233 journals.sagepub.com/home/jfm

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Abstract

Objectives The increased demand for animal blood transfusions creates the need for an adequate number of donors. At the same time, a high level of blood safety must be guaranteed and different guidelines (GLs) deal with this topic. The aim of this study was to evaluate the appropriateness of different GLs in preventing transfusion-transmissible infections (TTI) in Italian feline blood donors.

Methods Blood samples were collected from 31 cats enrolled as blood donors by the owners' voluntary choice over a period of approximately 1 year. Possible risk factors for TTI were recorded. Based on Italian, European and American GLs, specific TTI, including haemoplasmas, feline leukaemia virus (FeLV), feline immunodeficiency virus (FIV), *Anaplasma phagocytophilum, Ehrlichia* species, *Bartonella* species, *Babesia* species, *Theileria* species, *Cytauxzoon* species, *Leishmania donovani* sensu lato and feline coronavirus (FCoV), were screened. Rapid antigen and serological tests and biomolecular investigations (PCR) were used. Several PCR protocols for haemoplasma and FeLV DNA were compared.

Results The presence of at least one recognised risk factor for TTI was reported in all cats. Results for FIV and FeLV infections were negative using rapid tests, whereas five (16.1%) cats were positive for FCoV antibodies. Four (12.9%) cats were PCR positive for haemoplasma DNA and one (3.2%) for FeLV provirus, the latter being positive only using the most sensitive PCR protocol applied. Other TTI were not detected using PCR.

Conclusions and relevance Blood safety increases by combining the recommendations of different GLs. To reduce the risk of TTI, sensitive tests are needed and the choice of the best protocol is a critical step in improving blood safety. The cost and time of the screening procedures may be reduced if appropriate tests are selected. To this end, the GLs should include appropriate recruitment protocols and questionnaire-based risk profiles to identify suitable donors.

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Introduction

Recently, the increase in indications for veterinary blood transfusion and its routine use in the veterinary practice caused a rise in the demand for animal donors. A high level of blood safety must be guaranteed to perform this procedure.

Transfusion-transmissible infections (TTI) from apparently healthy and asymptomatic blood donors represent a well-known threat in blood transfusion, in addition to other adverse events.¹⁻⁴ Therefore, the identification of risk factors and characteristics of 'low-risk' blood donors ¹Department of Veterinary Medicine, University of Perugia, Perugia, Italy

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are very important for increasing blood safety. Appropriate recruitment strategies could also reduce infection risks. In human medicine, the World Health Organization identified regular, voluntary, non-remunerated donors as those with the lowest risk for TTI.⁵ However, this model cannot be used because different situations and settings exist in veterinary medicine. In cats, different prevalences of microorganisms were found based on the source of the feline donors: a previous study found that laboratory-reared cats and cats housed indoor with no history of flea or tick infestation were ideal blood donors.⁶

Moreover, strategies and procedures ensuring blood safety for TTI change in different settings.⁷ For humans, it is well known that each country has to address specific issues or constraints that influence the safety of its blood supply, including the incidence and prevalence of TTI, the structure and level of development of blood transfusion services and the economic resources available.⁵

There are several guidelines (GLs) for testing protocols in veterinary medicine. GLs are generally developed according to the circumstances and needs of each country. No single set of GLs can ensure absolute blood safety.⁵ Both US and European GLs aim to standardise veterinary blood transfusion procedures and to guarantee blood safety.^{8–10} Additional GLs have been published in Italy to regulate veterinary blood transfusions in dogs, cats and horses.^{11,12} However, all these GLs differ in some aspects, such as the microorganism to be screened or the screening methods used.^{8–10}

The aims of this research were: (1) to evaluate the differences among existing GLs, and (2) to perform a preliminary investigation on a selected population of feline blood donors from an Italian blood bank, evaluating how blood safety can be improved using tests recommended by the different GLs.

Materials and methods

Comparison of international and national GLs

The main existing GLs for veterinary blood transfusions were compared.^{8–12} The European and US GLs were written by a panel of experts, according to evidence-based medicine, even if the level of evidence for each topic was not always explicitly declared.^{8–10} The Italian GLs for animal transfusion was written by a panel of experts commissioned by the Italian Ministry of Health.^{11,12}

Feline blood donor selection

From January 2014 to January 2015 period, blood samples were collected from cats enrolled as blood donors at the Blood Bank of the Veterinary Teaching Hospital of the University of Perugia. Cats were enrolled using the criteria of suitability indicated in the Italian GLs:^{11,12} body weight \geq 5 kg, age 2–8 years, docile character, regularly vaccinated with core vaccines (feline calicivirus,

feline herpesvirus, feline parvovirus) and two non-core vaccines (*Chlamydia felis* [formerly *Chlamydophila felis*] and feline leukaemia virus [FeLV]). Blood donors enrolled in cases of life-threatening emergencies, for which the national GLs recommend fast and restricted screening limited to feline immunodeficiency virus (FIV), FeLV and *Mycoplasma haemofelis*, were excluded from the study.

The owners of cat blood donors were asked for the following information: complete history, blood collection date, type of owner (staff or client), identification of the animal, age, sex, weight, breed, origin (adoption from breed or stray cat or purchase at a pet shop), type of housing (indoor vs outdoor or mixed), cohabitation with other cats, ectoparasite treatment and frequency, coat (long or short hair) and laboratory test results. Travel history was not systematically investigated because it was not initially included in the information required.

For each potential donor, before the collection of blood, a careful physical examination was performed, with particular emphasis on the presence of fleas or ticks, and biological samples were collected by a single operator for clinicopathological screening, consisting of a complete blood count, typing of blood group, serum chemistry, urinalysis and faecal examination.

Blood donation was a voluntary choice by the owners, who signed a written consent form to authorise blood collection and storage and the use of samples and data for scientific purposes. Therefore, based on the current regulations of our institutions, formal approval of the ethical committee was not needed for this study.

Sample collection

A 1 ml sample of blood from each donor was placed into two anticoagulated tubes containing sodium-citrate or EDTA to obtain buffy coat and plasma, respectively. Three millilitres of blood was placed in a plain Vacutainer tube (Becton Dickinson) to obtain serum by centrifugation (1000 g for 10 mins). An aliquot of each sample was stored at -80° C for further investigations.

TTI screening

Serum samples were screened by rapid tests using an ELISA for FeLV antigen and FIV antibodies (SNAP FIV/ FeLV Combo test; IDEXX Laboratories) and an immunochromatographic method for feline coronavirus (FCoV) antibodies (FASTest FIP; MegaCor Diagnostik).

For each cat a Romanowsky-stained blood smear was microscopically examined to assess the presence of morphologically detectable microorganisms, with attention given, in particular, to haemoplasmas.

DNA and RNA were extracted from 200 µl of both buffy coat and whole-blood samples according to validated protocols (supplementary material),^{13–25} using a commercial kit for viral RNA and DNA and bacterial DNA (QIAamp cador Pathogen Mini Kit; Qiagen), in accordance with the manufacturer's instructions. The concentration and purity of the extracted nucleic acids were quantified using a NanoDrop spectrophotometer (NanoDrop 2000; Thermo Fisher Scientific).

Previously published PCR assays, used for the diagnostic activities in the laboratory that performed the tests, were applied to detect the infectious agents (supplementary material).¹³⁻²⁵ Several published PCR protocols were performed in the case of haemoplasmas¹³⁻¹⁵ and FeLV¹⁸⁻²⁰ to compare the sensitivity of the assays. In this case, 10-fold dilutions of positive samples were used.

A PCR targeting the 18S ribosomal RNA gene was used as internal control to rule out possible PCR inhibitors in the samples.

With regard to FeLV, the PCR product of the expected size was purified with an extraction kit (Qiaquick PCR purification kit; Qiagen) and directly sequenced on both strands with the specific primers previously described,²⁰ using a DNA analyser (ABI 3730; Applied Biosystems) and capillary sequencer (Bio-Fab Research). The sequences were assembled and aligned using BioEdit software,²⁶ and sequence similarities were assessed by comparison with the sequences deposited in GenBank using BLAST software.²⁷

Statistical analysis

A χ^2 test, with Yates's correction, and Fisher's exact test were used to compare the proportions of positive and negative samples, stratified for the data of the animals at the time of the visit (staff- or client-owner, age, sex, breed, origin, type of housing, cohabitation with other cats, ectoparasite treatment and frequency, kind of coat), as most appropriate. Age was analysed by grouping the animals into age categories testing a cut-off \leq 3 years. A *P* value <0.05 was considered statistically significant. EpiInfo²⁸ and OpenEpi²⁹ were used for analysis.

Results

Comparison of international and national GLs

Different aspects concerning criteria of suitability, selection and TTI screening for blood donors are reported in the GLs.^{8–12} However, all GLs consider FIV, FeLV and *M haemofelis* as the minimum essential level of screening (Tables 1 and 2). Based on the epidemiological situation of the individual country,^{14,30–37} and as suggested by all GLs, Italian GLs were partially integrated with European and US GLs for increasing blood safety. Accordingly, further TTI were investigated: *Candidatus* Mycoplasma haemominutum, *Candidatus* Mycoplasma turicensis, *Anaplasmataceae* family (*Anaplasma phagocytophilum* and *Ehrlichia* species), *Bartonella* species, *Babesia* species, *Theileria* species, *Cytauxzoon* species, *Leishmania donovani* sensu lato and FCoV. In addition, biomolecular methods were added to the procedures recommended by the Italian GLs.¹²

Feline blood donor profiles

Thirty-one cats from 18 different owners were included in the study. Six (19.4%) were female (three neutered) and 25 (80.6%) male (15 neutered). Mean age was 4 years (median 5 years, range 2-8 years) and mean weight was 6.23 kg (median 6 kg, range 5–9 kg). Twenty-three (74.2%) were domestic shorthairs, whereas eight (25.8%) were Maine Coon. Twenty cats (64.5%) were client-owned and 11 (35.5%) staff-owned, including students of the veterinary medicine course. Based on the answers received, 22 (71.0%) cats were adopted stray kittens, whereas nine (29.0%) were purebred cats. Thirteen (44.8%) cats lived indoors, whereas 16 (55.2%) had access to the outdoors. Twenty-six (83.8%) lived with other cats. Only two owners performed regular ectoparasite treatments, whereas 25 others (89.3%) administered the treatments mainly in warm periods, and one never administered ectoparasite treatments. Thirteen cats (46.4%) were long-haired and 15 (53.6%) short-haired. In three cases the recording of the answers missed information on the kind of coat and treatment, and in two cases the type of housing.

At least five owners travelled with their cats to different areas of southern-central Italy.

No cats had recent illnesses. Physical examination and clinicopathological screenings were unremarkable, with all the parameters within the standard reference intervals, and cats were considered eligible for blood donation.

TTI screening

All cats were negative using FIV and FeLV rapid tests, whereas five (16.1%) were positive for FCoV antibodies.

Blood smears did not reveal morphologically detectable microorganisms.

Cats were negative using PCR for Anaplasmataceae (Anaplasma species and Ehrlichia species), Bartonella species, Babesia species, Theileria species, Cytauxzoon species, L donovani sensu lato and FCoV, whereas haemoplasma DNA was detected in four cats (12.9%) using all the PCR protocols targeting the 16S rRNA gene.^{13–15} However, the nested PCR14 was found to be 10-fold more sensitive than the other PCR protocol used.^{13,15} Further specific tests^{16,17} identified three cats as infected with *Candidatus* Mycoplasma haemominutum and one with *M haemofelis*. The latter cat was also PCR-positive for FeLV provirus using the specific nested PCR protocol,¹⁹ but not with the other protocols used to detect FeLV DNA.18,20 The specific nested protocol¹⁹ was at least 10-fold more sensitive than the others.^{18,20} Sequencing of the positive FeLV PCR product shared 98-100% identity with the homologous FeLV region long terminal repeat sequences reported in

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	Italian GLs, 2016 ¹²	Dog, cat, horse Whole blood (haemocomponents are excluded)	GLs are aimed at regulating the animal blood transfusion and its production in the country. Criteria of donor selection, requirement of welfare, structural requisites of the practice, blood collection procedures, records, delivery and traceability are described. Further specific forms are provided	Not indicated	 2–8 years >5 kg Vaccinated for FHV, calicivirus, FPV, <i>C felis</i>, FeLV Docile character 	Presence of: • Autoimmune or immune- mediated diseases • Malignant neoplasms Endocrinopathies • Cardiovascular diseases • Cardiovascular diseases • Chronic glomerulonephritis or pyelonephritis • Polycythaemia vera FIV-positive test result • Anv susoicion of FIP
	Italian GLs, 2008 ¹¹	Dog, cat, horse Whole blood (haemocomponents are excluded)	GLs are aimed at regulating animal blood transfusion and its production in the country. Criteria for donor selection, requirement of welfare, structural requisites of the practice, blood collection procedures, records, delivery and traceability are described	Not indicated	 2–8 years 5–7 kg Vaccinated for FHV, calicivirus, FPV, <i>C felis</i>, FeLV Docile character 	Presence of: Autoimmune or immune- mediated diseases Malignant neoplasms Endocrinopathies Cardiovascular diseases Cardiovascular diseases Chronic glomerulonephritis or pyelonephritis Polycythaemia vera FIV-positive test result FELV-positive test result FIP
	European GLs, 2015 ¹⁰	Cat Whole blood and haemocomponents	GLs are aimed at minimising the risks of infectious iatrogenic complications in feline blood transfusions, identifying blood donors at low risk of transmitting infectious diseases. Prevention of donor blood contamination and transmissible infections are discussed	Not indicated, but closed- colony donors, specifically bred for blood banks, are not recommended for ethical reasons	 >3 years* Regularly vaccinated No history of travel in regions endemic for vector-borne diseases or of clinical/laboratory changes consistent with vector-borne diseases 	 Free-roaming cats Shelter cats (depending on history) Presence of fleas or ticks
-	US GLs, 2016 ⁹	Dog and cat NC	GLs are aimed at minimising the risk of bloodborne infection in recipients. Optimal and minimal standards were introduced for each pathogen to create a differentiated screening based on time limits, costs and availability of the tests. A list of laboratories performing the screening test in the USA is provided	Not indicated	Not indicated	 Animals found to be positive for infectious disease screening test Animals seropositive for other selected pathogens Free-roaming cats
	US GLs, 2005 ⁸	Dog and cat NC	GLs were specifically designed to guide screening for infectious diseases. They included a brief section with general recommendations, including criteria for donor selection and care, blood collection procedure and records	Not indicated	Not indicated	 Animals found to be positive for infectious disease screening tests Animals seropositive for other selected pathogens Free-roaming cats
	Topic	Target species Application	General characteristics	Criteria for feline blood donor recruitment	Criteria for feline blood donor suitability	Criteria for permanent exclusion from donation (including previous infectious diseases)

Table 1 Criteria for donor selection of US, European and Italian guidelines (GLs). Existing previous versions are also reported

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Topic	US GLs, 2005 ⁸	US GLs, 2016 ⁹	European GLs, 2015 ¹⁰	Italian GLs, 2008 ¹¹	Italian GLs, 2016 ¹²
Criteria for temporary exclusion from donation (including previous infectious diseases)	Ŷ	Q	0 Z	 Toxoplasmosis (accepted after clinical recovery and absence of IgG) Infection by <i>M haemofelis</i> (accepted after clinical recovery, absence of parasite on blood smear and negative PCR result) Deferred for up to 6 months following treatment with haemoderivative drugs or transfusions, for up to 3 months for treatment with animal serums, for up to 3 weeks after vaccination with live vaccines, and for up to 48 h after vaccines or drug administration 	 Toxoplasmosis (accepted after clinical recovery and absence of IgG) Infection by <i>M haemofelis</i> (accepted after clinical recovery, absence of parasite on blood smear and negative PCR result) Deferred for up to 6 months following treatment with haemoderivative drugs or transfusions, for up to 3 weeks after vaccination with live vaccines, and for up to 48 h after vaccines or drug administration
Risk profile	Detailed history is required, especially history of travel and possible exposure to infectious agents	A standardised questionnaire is provided to define the risk profile	A standardised questionnaire is provided to define the risk profile	Form for declaration of healthy status for owner of the donor is provided	Form for declaration of healthy status for owner of the donor is provided
Declaration of good health by owner of the donor	Advised	Recommended (by a questionnaire provided)	Provided by questionnaire	Provided	Provided
Consent form for infectious risk for recipient	Advised	Advised	Advised	Recommended	Recommended
Distinction between blood donation for emergency and for commercial purposes	Ŷ	Kes	Ýes†	Yest	Yest

(Continued)

Table 1 (Continued)	()				
Topic	US GLs, 2005 ⁸	US GLs, 2016 ⁹	European GLs, 2015 ¹⁰	Italian GLs, 2008 ¹¹	Italian GLs, 2016 ¹²
Frequency of screening test	Not indicated	At least yearly. More frequently in endemic areas or in donors with repeated exposure to risk factors	 According to the pathogen (seasonal exposure or not) A risk assessment prior to each transfusion should be performed to reduce the frequency of tests 	At each donation, allowed every 9 weeks, to up to 1.5–2% of the total blood volume and maximum 10 ml/kg	At each donation, allowed every 3 months, to up to 1.5–2% of the total blood volume and maximum 10 ml/kg
Updating of the screening in case of epidemiological conditions	Recommended	Recommended	Recommended	Recommended [‡]	Recommended [‡]
Parasite deworming	NC	NC	NC	NC	NO
Ectoparasite prophylaxis	Advised to reduce the risk of vector-borne infections in endemic areas	Advised to reduce the Information collected by the risk of vector-borne provided questionnaire infections in endemic areas	Yes (regularly treated)	Q	ON
Heartworm prevention	Yes, in endemic areas	Yes, in endemic areas Information collected by the questionnaire provided with date	Yes, in endemic areas	Q	NC
Aliquot of sample for retrospective investigation	Recommended (plasma)	Recommended (plasma and whole blood)	Recommended (EDTA blood) [§]	Q	Recommended (1 ml serum or plasma and 1 ml whole blood in EDTA) [§]
Record and documenting of donor unit	Recommended	Recommended	Q	Recommended	Recommended (including medical records of each donor up to 3 years)
*This age is indicated tr *Limited screenings are	*This age is indicated to reduce the risk of <i>Bartonella</i> species bacteraemia *Limited screenings are planned: only FIV, FeLV and <i>M haemofells</i> investige	<i>lla</i> species bacteraemia d <i>M haemofelis</i> investigations are co	*This age is indicated to reduce the risk of <i>Bartonella</i> species bacteraemia "Limited screenings are planned: only FIV, FeLV and <i>M haemofelis</i> investigations are considered. FeLV rapid antigen test should be used in this case, and the owner of the recipient should be	ould be used in this case, and the	owner of the recipient should be

n N informed about the higher risk of infectious disease transmission Ţ

⁺Based on the judgement of the veterinarian in charge and on the epidemiological conditions. Possibility of testing a pool of samples is considered ^{\$Note:} storage of whole blood in EDTA causes the detachment of the bacteria from the surface of the red blood cells within a few hours (6 h) and false-negative results could occur³ NC = not considered; FHV = feline herpesvirus; FPV = feline parvovirus; *C felis* = *Chlamydia felis*, formerly *Chlamydophila felis*; FeLV = feline leukaemia virus; FIV = feline immunodeficiency virus; FIP = feline infectious peritonitis; *M haemofelis* = *Mycoplasma haemofelis*

Table 2 Level of recommendation and corresponding by US, European and Italian guidelines (GLs)	andation and an guideline	d correspon 3s (GLs)		diagnostic test for the main microorganisms responsible for transfusion-transmissible infections (TTI) advised	ganisms re	sponsible for tr	ansfusion-trans	imissible i	infections (TTI)) advised
Aetiological agent (disease)	US GLs, 2005 ⁸	Test advised US	US GLs, 2016 ^{9*}	Test advised	European GLs ¹⁰	Test advised	Italian GLs, 2008 ¹¹	Test advised	Italian GLs, 2016 ¹²	Test advised
FeLV	Œ	Rapid antigen ELISA	œ	Rapid antigen test (M) FeLV provirus PCR (O)	Œ	FeLV provirus PCR	Œ	Rapid antigen test	Œ	Rapid antigen test
FIV	£	Antibody ELISA	œ	Rapid antibody test (M)	Œ	Rapid antibody test	۳	Rapid test	Œ	Rapid test
Mycoplasma haemofelis, Mycoplasma haemominutum, Mycoplasma turicensis (haemoplasmosis)	R (<i>M turi-</i> <i>censis</i> is not considered)	Microscopy, PCR	R (<i>M haemominutum</i> and <i>M turicensis</i> are considered optional because they are not a primary pathogen)	PCR (M for <i>M haemofelis</i> ; O for <i>M haemominutum</i> and <i>M turicensis</i>)	Œ	Blood PCR	R (<i>M haemo-</i> <i>minutum</i> and <i>M turicensis</i> are not considered)	Micros- copy	R (<i>M haemo-</i> <i>minutum</i> and <i>M turicensis</i> are not considered)	Micros- copy, IFAT, PCR
Coronavirus (FIP)	z	1	Z	Z	z	FCoV antibody negative preferred	FCoV antibody negative	I	NCt	I
<i>Bartonella henselae</i> (bartonellosis)	R/C	IFAT, PCR, culture	£	Serology (O) PCR (M) culture (O)	œ	IFAT and/or blood PCR	NC	I	S	1
Bartonella species	R/C	IFAT, PCR, culture	O	PCR (O)	Œ	IFAT and/or blood PCR	NC	I	NC	1
Ehrlichia species (ehrlichiosis)	O	PCR	C	PCR (O)	O	Blood PCR	NC	I	NC	I
Anaplasma phagocytophilum (anaplasmosis)	O	IFAT, PCR	O	Serology (O) PCR (M)	O	IFAT and blood PCR	NC	I	NC	1
Anaplasma platys (anaplasmosis)	O	IFAT, PCR	O	PCR (O)	O	IFAT and blood PCR	NC	I	NC	1
Neorickettsia ristici (neorickettsiosis)	O	I	O	PCR (O)	NC	1	NC	I	NC	I
<i>Rickettsia</i> species (rickettsiosis)	NC	I	Z	1	Z	I	NC	I	NC	1
Toxoplasma gondii (toxoplasmosis)	Z	I	Z	I	z	1	NC [†]	I	NC†	I
<i>Cytauxzoon felis</i> (cvtauxzoonosis)	ţ Ŭ	Microscopy§	O	PCR (O)	O	Blood PCR	NC	I	NC	I
Babesia species (babesiosis)	NC	1	NC	1	C	Blood PCR	NC	I	NC	I
Leishmania infantum	NC	I	NC	1	C	Blood PCR	NC	I	NC	I

"Latest version of US GLs⁶ classified recommendations for optimal standards and minimal standards for each microorganism. Tests considered only in optimal standards are labelled 'O', whereas tests considered only in minimal standards are labelled 'O', whereas tests considered only in minimal standards are labelled 'O', whereas tests considered only in minimal standards are labelled 'O', whereas the minimal standards are labelled 'O', whereas tests considered only in the optimal standard seconsiders limits of cost and time or difficulties in finding laboratories performing specific tests. To permit the comparison among GLs in this table, microorganisms that must be investigated both in the optimal and the minimal standards are considered R (recommended), whereas that must be investigated only in the optimal standards are considered C (conditional) to the optimal standards are considered R (recommended), whereas that must be investigated only in the optimal standard are considered C (conditional) to the optimal standards are considered R (recommended), whereas that must be investigated only in the optimal standard are considered C (conditional) to the optimal standards are considered R (recommended), whereas that must be investigated on the period of standards are considered R (recommended). The US GLs advise a geographical and breed restriction⁹ "Based on the epidemiological struation. The US GLs advise a geographical and breed restriction⁹ "FCR protocols were not available at the time of the publication of the GLs FLV = feline leukaemia virus; FIV = feline immunodeficiency virus; IFAT = immunofluorescent antibody test; FIP = feline infectious peritonitis; N = not recommended; FCoV = feline connavirus; NC = not considered

(leishmaniosis)

GenBank (accession numbers AY374218, L25630, M18248, KP728112).

Statistical analysis

No statistical association with positivity to the screened microorganisms and the characteristics of the cats was found.

Discussion

In this study, Italian GLs were applied to 31 feline candidate blood donors enrolled over a 1 year period. According to these GLs, these cats were fully eligible as blood donors. However, based on donor selection criteria or recommendations of other GLs, blood safety could not be completely guaranteed. Indeed, the enrolled cats, although clinically healthy, had risk factors for harbouring TTI and were positive for some microorganisms included in the other GLs.

All 31 cats were negative using rapid tests for FIV and FeLV. One cat was positive for FeLV provirus but only when using the most sensitive PCR protocol. This cat should be excluded from the donation programme, considering that FeLV provirus carriers testing negative for the p27 antigen may transmit FeLV infection to a naïve recipient via blood transfusion.³⁸ These results show that the Italian GLs would have missed this infected cat because, as opposed to the other GLs,^{9,10,39} PCR is not recommended for detecting proviral FeLV. Furthermore, the results also raised the issue that the same animal may be classified as eligible or ineligible as a blood donor based on the different PCR assay that is applied.

Blood smears negative for haemoplasmas cannot exclude infection. The sensitivity of microscopic analysis is too low to detect haemoplasmas in chronically asymptomatic cats and does not differentiate the Mycoplasma species.^{40,41} Using sensitive PCR protocols, as suggested by European and US GLs and previous studies, 2,3,8,10 12.9% of cats were positive, with a prevalence comparable with that of previous studies on blood donors.37,40,42 This confirms the endemicity of haemoplasma in clinically healthy cats and the high probability of finding a positive cat even in a limited number of samples.^{6,40} All the PCR protocols identified the positive cats,^{13–15} but the nested PCR was 10-fold more sensitive than the other protocols.14 This protocol should be preferred for its higher sensitivity, as fluctuations in the number of circulating haemoplasmas may lead to false-negative results using less sensitive protocols.⁴¹ For the same reason, screening for TTI should always be performed on the same blood collected for donation: negative results for blood samples collected even a few days before the donation cannot rule out the presence of haemoplasmas in subsequent blood samples used for transfusion because of the fluctuation in bacteraemia. Moreover, considering that the highest risk of haemoplasma transmission by blood was found within 1 week of its collection,² and that the risk in feline blood donation was recently defined non-negligible,³⁷ sensitive PCR tests should be recommended.

M haemofelis, the only species included in the Italian and updated US GLs, was detected in only one cat, whereas three cats were positive for *Candidatus* Mycoplasma haemominutum. The Italian GLs recommend temporarily excluding cats infected by *M haemofelis* from the donation programme until PCR results are negative, whereas US GLs exclude them permanently, assuming that these cats may be chronic carriers of *Mycoplasma* species.^{41,43} The identification of haemoplasma species is considered optional by the US GLs.⁹ However, four haemoplasma species are recognised in cats, and their pathogenic significance is debated;^{40,41,44} hence, the identification of *Mycoplasma* species, although time-consuming, may be recommended.

Although not currently recommended by all GLs, the screening of FCoV antibodies using rapid tests, as is required by the Italian GLs, showed a low prevalence of infection (16.1%) vs previous studies in Italian populations.^{35,45} Furthermore, a specific nested PCR assay demonstrated that blood samples were negative for FCoV. However, the European GLs and a recent study advise that seropositive cats should be excluded from the donor programme because it is possible that passively transferred anti-FCoV antibodies could endanger the recipient, if infected, even if no evident risk of transmission of FCoV via blood has been demonstrated;^{10,46–49} no reports of transmission following blood transfusion have been described until now and there is no evidence that seropositive cats will develop FIP.9,10 With the current shortage of donor cats, the exclusion of FCoV seropositive cats is likely unnecessary and could cause a relevant reduction in the number of blood donor cats. Moreover, considering that transitory viraemia is possible, even in seronegative cats,45,50 FCoV RNA screening of blood collected for donation could be appropriate.

The comparison of analytical sensitivities of the different protocols was limited to haemoplasmas and FeLV PCR assays. However, this approach would also have been appropriate for the other tests. Therefore, validated and common protocols could be described and advised by GLs in order to guarantee the same level of accuracy in detecting blood donors with TTI everywhere, as is the case for notifiable diseases.⁵¹ As in people, however, test accuracy may be time consuming and expensive. Otherwise, a lower level of risk assessment should be accepted by the owner of the recipient by written consent, such as in the case of emergency transfusions, as is currently indicated by all GLs.^{9,10,12}

Accordingly, additional appropriate strategies for selecting 'low-risk donors' should be applied to reduce the cost and time of screenings and to guarantee a high level of blood safety. For example, the use of a questionnaire to identify suitable donors could be an inexpensive and useful tool. As is already the practice in human medicine, recently both US and European GLs provided different questionnaires to determine the risk profile.9,10 However, even if the questionnaire was not available at the time of enrolment in the study, the owners in the current study were asked specific questions and the profiles of the donor candidates showed that they had risk factors for harbouring TTI. All 31 Italian donor cats had at least one TTI-risk characteristic or behaviour, such as access to the outdoors, for which the US GLs specifically recommend repeated testing,⁹ or the irregular ectoparasite treatment performed by 89.3% of the owners. All GLs advise regular ectoparasite treatments, but the frequency of treatments is not specified. Monthly ectoparasite prophylaxis was suggested by other studies.^{3,7} The owners should be encouraged to carry out ectoparasite prophylaxis correctly, considering the relevance of this practice in the control of a wide range of vector-borne diseases. Although travel history was not systematically investigated, at least five owners travelled with their cats to different areas of southern-central Italy; these cats were at risk of some infectious diseases and therefore should be considered at high risk for harbouring TTI.^{33,34} Unfortunately, the small number of cats in this study limited the statistical power. A higher number of animals could improve the identification of specific risk factors for TTI in Italy.

The possible exclusion of cats with a TTI risk profile from donor programmes contrasts with the difficulty of finding a sufficient number of adequate donors, as is confirmed by the enrolment of only 31 cats in more than 1 year. This makes the rejection of candidate donors very difficult, even if they have a TTI risk profile. Thus, the application of a wide range of sensitive diagnostic tests should be proposed to verify the actual infectious status and to guarantee a sufficient number of adequate donors. US and European GLs recommend that donors with a high risk profile should undergo frequent or extensive TTI screening.^{9,10}

Another possible action for increasing blood safety that is currently not recommended by GLs is a recruitment strategy that can identify populations of low TTIrisk donors. No general recruitment criteria are reported in veterinary medicine, and appropriate surveys should be taken to identify the best strategy. Laboratory-reared cats could be considered the ideal donors,⁶ being negative for all the microorganisms, but enrolment of these animals is open to possible ethical issues.¹⁰ A recent survey on hospitals with blood-bank or transfusion services found that staff-owned cats are the donors enrolled most frequently, followed by colonies of feline donors and client-owned cats.⁷ These sources of donors probably reflect different infection risks. Considering the central role of the owner in managing health prophylaxis, determining the lifestyle of cats and choosing to donate blood, it is possible that informed and motivated owners could be a key point for safer blood donors that reduces the possible exposure to TTI risk factors.

Conclusions

Since the GLs recommend different protocols and can classify cats differently as eligible or ineligible for blood donation, the harmonisation of recommendations would be advisable. This is especially important for the main TTI and for the choice of the most sensitive screening tests, with possible variations according to local epidemiological situations. These additional recommendations would improve the general level of transfusion blood safety. Screening costs and time may be reduced if appropriate tests are selected. Attention should be paid to identifying donors that were stray cats, with irregular or no ectoparasite treatments, travelling or with outdoor access. The use of biomolecular methods should be recommended, at least in the case of storage in blood banks, to identify proviral FeLV DNA, considering that rapid tests are not definitively discriminatory and haemoplasma DNA may be present in blood collected for donation. Moreover, issues raised by FCoV seropositivity and the possible presence of FCoV RNA in seronegative cats should be further considered.

Finally, appropriate recruitment protocols currently not considered in GLs, educational courses for owners, the possibility of establishing permanent groups of safe blood donors and questionnaire-based risk profiles could improve the identification of suitable donors with a low risk of harbouring TTI, reducing the necessity of performing extensive screening.

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Supplementary material PCR test protocols used for the detection of transfusion-transmissible infections of feline donors.

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