



# Mechanisms of autophagy and relevant small-molecule compounds for targeted cancer therapy

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## Abstract

Autophagy is an evolutionarily conserved, multi-step lysosomal degradation process for the clearance of damaged or superfluous proteins and organelles. Accumulating studies have recently revealed that autophagy is closely related to a variety of types of cancer; however, elucidation of its Janus role of either tumor-suppressive or tumor-promoting still remains to be discovered. In this review, we focus on summarizing the context-dependent role of autophagy and its complicated molecular mechanisms in different types of cancer. Moreover, we discuss a series of small-molecule compounds targeting autophagy-related proteins or the autophagic process for potential cancer therapy. Taken together, these findings would shed new light on exploiting the intricate mechanisms of autophagy and relevant small-molecule compounds as potential anti-cancer drugs to improve targeted cancer therapy.

**Keywords** Autophagy · Tumor-suppressive · Tumor-promoting · Small-molecule compound · Targeted cancer therapy

## Introduction

Autophagy, a highly evolutionarily conserved process, is responsible for degradation and recycling of intracellular components by lysosome system. Under physiological conditions, autophagy is maintained at basal levels which contributes to the successive degradation of superabundant, abnormal, damaged or risk factors [1]. Three major types of autophagy have been characterized: macroautophagy, microautophagy, and chaperone-mediated autophagy. Among them, macroautophagy depends on specialized

double-membraned vesicles known as autophagosomes to progressively package autophagic cargo and then deliver them to the lysosomes by membrane fusion. Microautophagy relies on the direct uptake of cytoplasmic material through lysosomal membrane invagination. And chaperone-mediated autophagy involves the lysosomal-associated membrane protein 2 (LAMP2)-dependent translocation of autophagic substrates bound to cytosolic chaperones of the heat shock protein family across the lysosomal membrane [2]. Although different kinds of autophagy are all closely related to cancer, macroautophagy is the best-characterized form of autophagy and is more closely tied to cancer progression. Interestingly, many signaling pathways related to tumor transformation and progression can dramatically regulate autophagy initiation; thereby making their relationship more fascinating. In this review, autophagy refers to macroautophagy, unless otherwise specified (Fig. 1).

The process of classical autophagy mainly consists of five successive subtle steps, including (I) induction, (II) vesicle nucleation, (III) vesicle elongation and completion, (IV) docking and fusion, and finally, (V) degradation and recycle [3]. Autophagy could be directly rhythmically regulated by various autophagy-modulating genes and proteins (Fig. 2a). In the initiation step of autophagy, the widely accepted sensor is the mechanistic target of rapamycin complex I (mTORC1) and many autophagy inducers

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Jin Zhang, Guan Wang, and Yuxin Zhou contributed equally to this work.

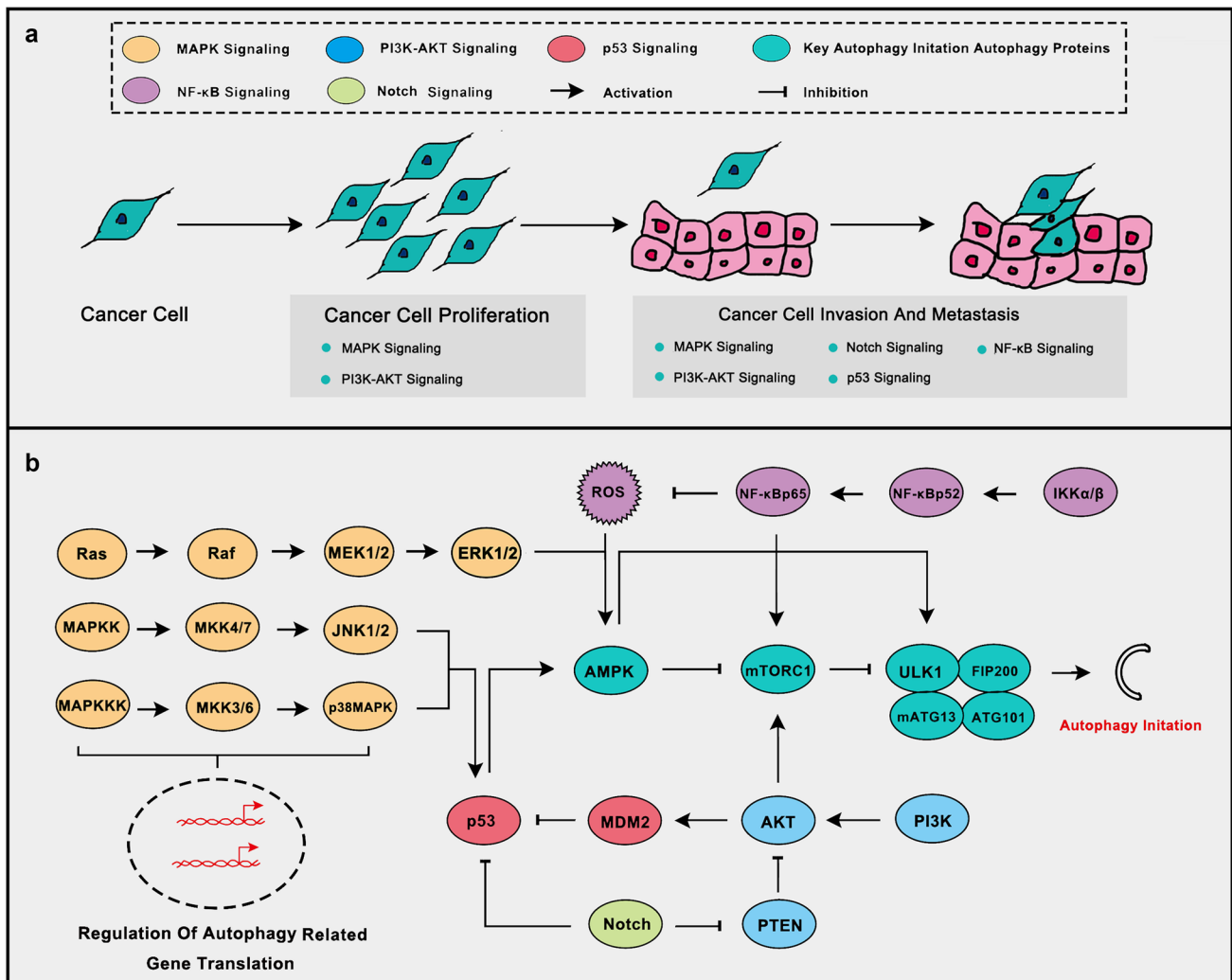
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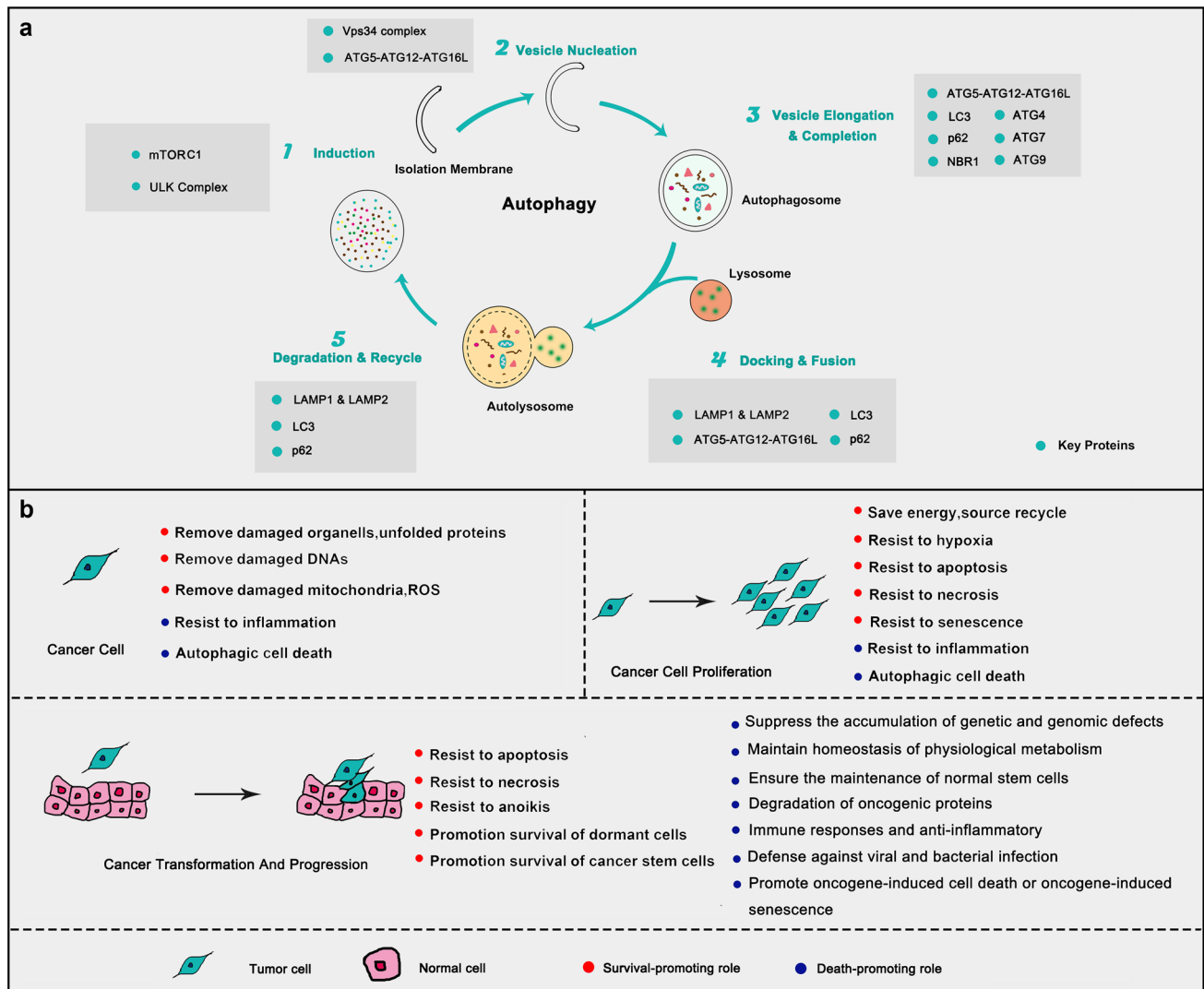
**Fig. 1** Some oncogenic and tumor suppressive signaling pathways related to tumor progression and autophagy initiate. **a** Oncogenic and tumor suppressive signaling pathways play important roles in the development of the tumor. Of which MAPK, PI3K-AKT and Notch signaling promotes the malignant process while p53 signaling inhibits it. NF-κB signaling responds to inflammation and ROS to inhibit tumor progression. **b** Oncogenic and tumor suppressive signaling

pathways are closely related to autophagy initiate. MAPK signaling can activate autophagy through AMPK activation and promotion of autophagy-related gene translation. PI3K-AKT signaling inhibits autophagy through mTOR activation and p53 inhibition. Notch signaling inhibits autophagy via p53 and PTEN inhibition. NF-κB signaling inhibits ROS aggregation thus to inhibit autophagy

trigger autophagy by initiating signal transduction cascades to tactfully inhibit mTORC1 [4]. Except for mTORC1, ULK complex members Unc51-like protein kinase 1 (ULK1), mATG13, FIP200, and ATG101 are also crucial for the initiation of autophagic responses. AMPK, the sensor of ATP/AMP, is of great importance in this step by directly regulating mTORC1 and ULK1 [5]. At the stage of vesicle nucleation, the most important complex is the Vps34 complex and Beclin1. The process of autophagy is mainly dependent on two ubiquitin-like conjugation systems to process the linkage of ATG5 to ATG12 and ATG16L1, and phosphatidylethanolamine to proteins of the microtubule-associated protein 1 light chain 3 (LC3). ATG7 is vital for the formation

of ATG5–ATG12–ATG16L complex and the maturation of LC3II [6]. In the last step of autophagy, Lysosome-associated membrane protein 1 and 2 play a crucial role for the regulation of lysosomal motility [7].

Baseline autophagy is the basis for maintaining the health of organisms [1]. Autophagy, which always sustains an adaptive response to stress, is stimulated by a lot of factors. Autophagy maintains organisms on an energetic homeostasis at the starvation state and plays a fatal role when encountering diverse stress conditions, such as oxidative damage, damaged organelles aggregation, dangerous stimulator aggregation, microbial infection [8], etc. Defective autophagy is always accompanied



**Fig. 2** Autophagy process and the key roles in cancer. **a** The form of autophagy consists of several successive steps, including (1) induction, (2) vesicle nucleation, (3) vesicle elongation and completion, (4) docking and fusion, and (5) degradation and recycling. Each step can be positively or negatively regulated by key autophagy-related pro-

teins. **b** On one hand, autophagy helps cancer cell proliferation and maintains carcinogenesis (red) in different stages of cancer. On the other hand, it suppresses its malignant transformation and promotes cancer cell death (blue). In general, autophagy plays a double-edged sword to control the cancer cell fate

by multiple diseases, such as immunodeficiency disease, geriatric disease, senescence, and cancer [9]. Compared to normal cells, cancer cells commonly display dysregulation of autophagy. It has been demonstrated that *BECN1*, the pivotal autophagy gene, is deficient in ovarian, breast and prostate cancer cells [10]. Autophagy deficiency commonly results in malignant transformation and poor prognosis of cancer. Heterozygous disruption of *BECN1* also increases the risk of malignant transformation and rapidly progress to premalignant lesions. Mice lacking *Ambra1* show a higher genetic susceptibility to cancer than wild-type ones [11]. Somatic mutations in ATG genes are frequently observed in malignant cancers [12] and the deficiency of *Atg5* or *Atg7* also increases the risk of the

malignant transformation [13]. Additionally, autophagy suppresses the carcinogenesis through several strategies [14] (Fig. 2b). It is thought that autophagy prevents cancer development, but once cancer is established, autophagy always promotes cancer cells survival, especially in those malignant types. Moreover, autophagy often promotes cancer progression and resistance to treatment, which makes the cancer treatment more difficult [14, 15]. In this review, we focus on providing an exquisite insight into the context-dependent role of autophagy including cancer-suppressive or tumor-promoting roles and elucidating related signaling pathways. Meanwhile, we illustrate a number of small-molecule compounds directly targeting autophagy executors. Together, these inspiring findings may shed light on

targeting autophagy with small molecular compounds to improve cancer therapy.

## Tumor-promoting role of autophagy in cancer

Autophagy is crucial to support organismal fitness, which also applies to cancer cells. Indeed, autophagy does promote tumor progression or protect tumor cells from stress especially in established cancer. In many aggressive cancers, autophagy often involved in chemotherapy resistance [16]. Herein, we mainly focus on the role of autophagy in stress resistance, necrosis and apoptosis resistance.

### Resistance to stress

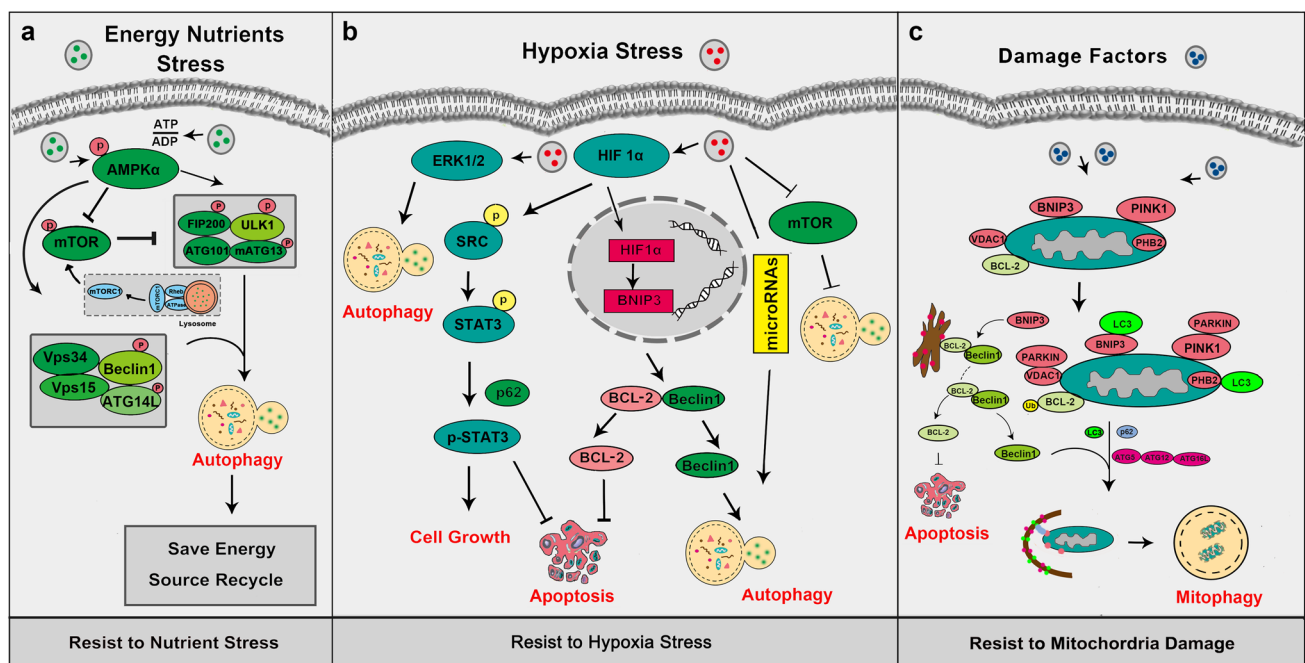
#### Energy and nutrients stress

Energy and nutrient stress is the most common but considerable threat to cancer cells. Because of their uncontrolled proliferation, cancer cells require more nutrient and energy than normal cells. Under starvation, autophagy acts as the first protector to avoid energy shortage. Autophagy is activated under energy and nutrient stress by several mechanisms (Fig. 3a). AMPK, the salient energy sensor to maintain energy homeostasis under nutrient starvation, can stimulate

autophagy through mTOR in a TSC1/2 dependent pathway [17]. Another key autophagy regulator is mTOR. Induction of autophagy can be easily triggered by mTOR inhibition. Atg1/ULK1 is a central component in autophagy and the autophagy regulator ULK complex is formed by ULK1, ATG13, FIP200, and ATG101. [18]. mTORC1 and ULK1 can be regulated by AMPK through direct phosphorylation. After the induction of autophagy by AMPK, many other key autophagy factors are involved in the latter process. Among them, the Vps34 complex is the most critical one and AMPK can directly regulate Vps34 complex through phosphorylation to initiate autophagy [19]. AMPK and mTOR can activate or regulate autophagy to protect cells from the stress of energy and nutrition under physiological and pathological conditions. During the occurrence of a tumor, higher levels of autophagy may help the malignant growth of tumor cells, so that the inhibition of autophagy can be an effective strategy for the therapy at this stage.

#### Hypoxia stress

Hypoxia in the tumor microenvironment is the most popular phenomenon during cancer progression and it has been considered as a poor prognosis marker for years. Recent reports show that hypoxia-inducible factors are closely related to cancer invasion and progression in metastatic breast cancer [20]. Tumor cells regulate the hypoxia-inducible factor



**Fig. 3** Autophagy helps cancer cell response to stress. **a** Under energy and nutrients stress, autophagy can be activated by several mechanisms. **b** When cancer cells are exposed to hypoxia, autophagy can be stimulated via HIF1 $\alpha$ -regulated pathways. **c** Cells can remove abnor-

mal mitochondria to keep mitochondria maintenance via mitophagy mechanism, and mitophagy mainly dependent on the PINK1-Parkin pathway

family of transcription factors (HIFs) to adapt to hypoxia stress. HIFs are always over-expressed in multiple cancers and are associated with tumor resistance and poor prognosis [21]. The HIFs consist of three isoforms, HIF-1, -2 and -3. HIF-1 is ubiquitously expressed, while HIF-2 and -3 are only selectively expressed in most mammalian cells. HIF-1 is a heterodimer formed by HIF-1 $\alpha$  and -1 $\beta$ . Under the hypoxia condition, the accumulation and nucleus translocation of HIF-1 $\alpha$  contribute to the activation of several transcription factors participating in different biological processes [22].

Autophagy could help tumor cells adapt to hypoxia. It has been demonstrated that autophagy could promote angiogenesis of bone marrow-derived mesenchymal stem cells under hypoxia [23]. And autophagy facilitates the invasion of salivary adenoid cystic carcinoma under the condition of hypoxia [24]. Autophagy increases hypoxia-induced IL6 to promote malignant glioma progression [25]. And the chemotherapy sensitivity in hepatocellular carcinoma cells could be reduced by autophagy induced by hypoxia [26]. Hypoxia induces autophagy mainly via the activation of HIF-1 $\alpha$  (Fig. 3b). When HIF-1 $\alpha$  is activated under hypoxia, it will induce autophagy via directly up-regulating the expression of BNIP3, which will successively lead to the disruption of Beclin1/Bcl-2 complex, resulting in the releasing of Beclin1 to stimulate autophagy. And hypoxia-sustained tumor cells can maintain their vitality by the degradation of p62 in autophagy [27]. Hypoxia also induces autophagy through microRNAs. For instance, miR-155 can target members of mTOR signaling to promote autophagy in several human cancer cells [28]. And miR-301a/b targets N-myc downstream regulated gene 2 (NDRG2) to increasing cell autophagy which contributes to the survival of prostate cancer cells under hypoxia [29]. Hypoxia induces miR210 up-regulation to enhance autophagy and reduces radio-sensitivity in colon cancer cells [30]. It is worth noting that hypoxia can induce or enhance autophagy via several other pathways. ERK1/2, mTOR, unfolded protein response (UPR) and p38/JNK-dependent pathways are also involved in Hypoxia-induced autophagy [31–34]. The highly activated HIF-1 $\alpha$  pathway can help tumor cells resist hypoxia due to the rapid proliferation.

### Mitochondria damage

Cells could remove abnormal mitochondria to keep mitochondria in maintenance through mitophagy (Fig. 3c). And the selective degradation of damaged mitochondria via autophagy was first reported as mitophagy in the year of 2007 [35]. The elimination of damaged mitochondria starts with the overexpression of BNIP3L. BNIP3L directly interacts with LC3 at the mitochondrial membranes and causes the dissipation of mitochondrial membrane potential [36]. What is more, it has been confirmed that BNIP3

competitively disrupts the formation of BCL-2/Beclin1 complex to induce mitophagy. *PINK1* and *Parkin* are two famous Parkinson's disease-related genes and also key mitophagy regulators. *PINK1* cooperates with *Parkin* to sustain mitochondrial in maintenance. PINK1 could directly target the mitochondria with its N-terminus. When mitochondria are damaged, the mitochondrial membrane potential will be decreased, resulting in the accumulation and the activation of PINK1. Activated PINK1 could respond to the decrease in mitochondrial membrane potential by recruiting *Parkin* from the cytosol to the outer mitochondria membrane [37]. Additionally, PINK1 could recruit the autophagy receptors (such as p62, NBR1, NDP52, Tax1BP1) to induce mitophagy [38]. Newly report identified PHB2 as a crucial mitophagy receptor in *Parkin*-induced mitophagy. PHB2 binds to LC3 through an LC3-interaction region domain upon mitochondrial depolarization and proteasome-dependent outer membrane rupture [39]. Key autophagy factors such as ULK1 [40], Beclin1 [41], ATG5–ATG12–ATG16L [42], VDAC1 [43] are involved in regulating this process. Beclin-1 could activate *Parkin* and PINK1 to maintain the level of mitophagy and control the process of autophagy at the same time. LC3 and ATG5–ATG12–ATG16L locate the mitochondrial membrane, then form the structural components of the double-membraned cisterns after conjugation. Other crucial autophagy factors, such as p62 and ATG7, play irreplaceable roles in eliminating the ubiquitinated damaged mitochondria by mitophagy [44].

The function of mitophagy is closely related to tumor stage [45]. Mitophagy could be suppressed to a certain extent during cancer progression, resulting in a decrease of removal of the damaged mitochondria which increased the aggregation of tumor-promoting ROS or other tumorigenic mitochondrial signals. But what is noteworthy is that mitophagy could conduce to stress adaptation and survival of established tumors. The key mitophagy modulator BNIP3 could be upregulated to impair anti-angiogenic therapy in xenograft glioma models [46]. Additionally, oncogenic K-Ras could trigger the up-regulation of mitophagy to eliminate dysfunctional mitochondria, contributing to the rapid proliferation of tumors [47].

In established cancer, tumor cells can often respond to stress through autophagy regulation in conditions of energy and nutrients, hypoxia stress and mitochondria damage. Therefore, inhibition of autophagy in established cancer might a promising strategy that prevents malignant progression of tumor cells. Thus, small molecule inhibitors targeted to autophagy will have a good application prospects.

### Resistance to necrosis

The necrosis of tumor cells has been a huge barrier to cancer progression. Necrosis has always been considered as

the passive and unregulated form of cell death [48]. During necrosis, the increasing levels of ROS and intracellular calcium will eventually lead to cell death [49]. Recent years, scientists have recognized that necrosis could be regulated by certain factors. For instance, RIP1-dependent regulated necrosis exhibits RIP1 activation and can be suppressed by RIP1 inhibitors [50]. Necroptosis is a programmed necrotic cell death. During necroptosis, one signaling is dependent on RIP activation [51]. PARP-1, a nuclear poly (ADP-ribose) polymerase involved in DNA repair, has been reported as a regulator in TRAIL-induced necroptosis [52].

Necrosis could crosstalk with autophagy through multiple cell metabolism and death pathways such as MAPK, AKT, TGF $\beta$  and NF- $\kappa$ B pathways [53, 54] (Fig. 4a) and tumor cells can avoid necrosis by inducing autophagy. Lim et al. discovered that the activation of DR4/JNK pathway-mediated autophagy made tumor cells acquire TRAIL resistance to escape from TRAIL-mediated cell death in HepG2 cells [55]. In human lung cancer cells, AGM130 induced slight autophagy to resist necrosis [56]. Autophagy induced by the ring-DIMs and DIM has a cell protective function to resist necrosis in prostate cancer cells [57]. Thus, autophagy could be a protector for cancer cells to escape from necrosis.

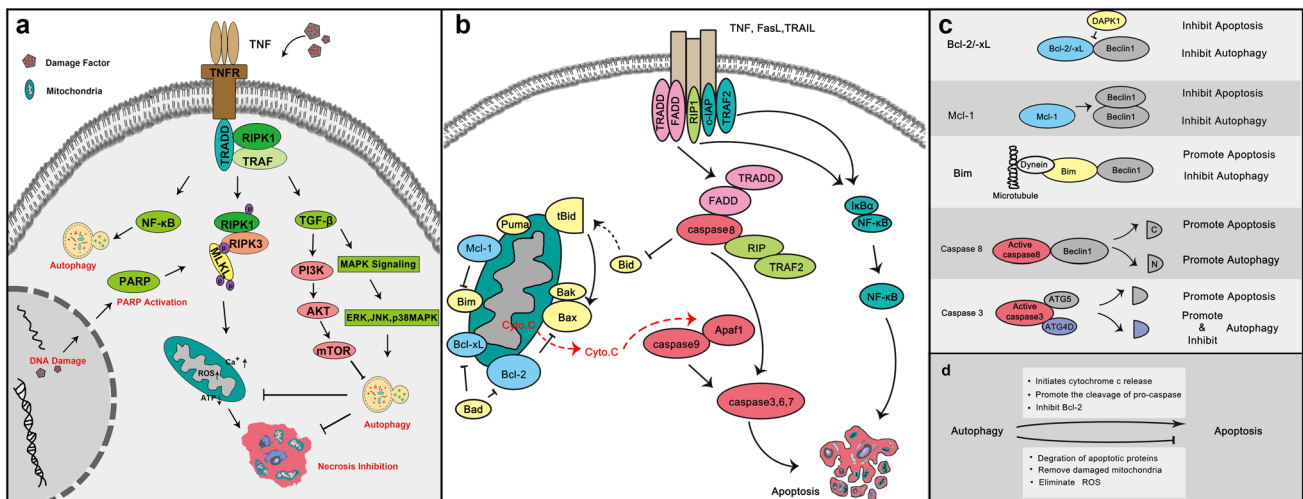
## Resistance to apoptosis

Apoptosis, also known as type I programmed cell death, is the most widely studied form of cell death. Caspases, a family of cysteine proteases, are the central executor of

apoptosis. Death receptor signaling and mitochondrial control of apoptosis are the two classical mechanisms of apoptosis (Fig. 4b). Death receptor signaling mainly relies on the activation of death receptors and their respective ligands. The induction of mitochondrial control of apoptosis mainly relies on Bcl-2 family proteins [58]. Since it plays a crucial role in cell death, apoptosis is a big threat to the survival of cancer cells and targeting apoptosis for developing the cancer therapy has been concerned and carried out for years.

Apoptosis could directly crosstalk with autophagy through several key proteins (Fig. 4c) and autophagy could regulate apoptosis by means of some strategies (Fig. 4d). In many cases, autophagy indeed can help cancer cell escape from apoptosis or at least decrease the degree of apoptosis. Wei et al. discovered that autophagy could play a positive role in promoting the resistance to apoptosis which induced by photodynamic therapy in colorectal cancer stem-like cells [59]. In 2011, it was reported that autophagy was involved in protecting breast cancer cells from apoptosis induced by epirubicin and promoting epirubicin-resistance [60]. Meanwhile, ovarian cancer cells were more susceptible to cisplatin-induced apoptosis when autophagy was down-regulated [61]. Autophagy inhibition could enhance apoptosis in different cancer cells, including breast cancer and lung cancer cells.

Autophagy resists to apoptosis through several pathways. Autophagy could induce degradation of apoptotic components including activation of caspase-8 [62] and contribute to the degradation of damaged mitochondria to prevent



**Fig. 4** Autophagy helps cancer cell resistance to necrosis and apoptosis. **a** Necrosis could crosstalk with autophagy through multiple cell metabolism patterns and death pathways. When damage factors stimulate cancer cells, necrosis can be initiated mainly through RIP-dependent pathways. To escape from necrosis, cancer cells initiate autophagy via MAPK, AKT, TGF- $\beta$  and NF- $\kappa$ B pathways. **b** Two classical apoptosis pathways. Death receptor signaling mainly relies

on the activation of death receptors including Fas, TNF $\alpha$ , and TRAF2 by their respective ligands. And the induction of mitochondrial control of apoptosis mainly relies on Bcl-2 family proteins. Blue: anti-apoptosis Bcl-2 family proteins; yellow: pro-apoptosis Bcl-2 family proteins. **c** Apoptosis could directly crosstalk with autophagy through several key proteins. **d** The strategies of autophagy positively or negatively regulate apoptosis

defective mitochondria-mediated apoptosis. The elimination of ROS by autophagy could block the activation of apoptosis-related factors such as AIF (apoptosis-inducing factor) [63]. Key autophagy regulator Beclin1 could inhibit tBid translocation to the mitochondrial membrane, resulting in apoptosis reverse [64]. In addition, apoptosis could be inhibited by autophagy-related releasing of HMGB1 [65]. Thus, autophagy has the function of supporting tumor cell to survive by apoptosis antagonist. Collectively, autophagy plays a significant role in maintaining tumor cell surviving by stress resistance, necrosis inhibition, and apoptosis antagonist.

## Tumor-suppressive role of autophagy in cancer

Autophagy can be tumor-suppressive role by preventing cancer initiation and progression. Several recent studies have demonstrated that autophagy can inhibit malignant transformation in a variety of models by different mechanisms such as maintaining genomic stability, as well as reducing harmful mutations and carcinogenic damage [14]. Autophagy can also inhibit tumor metastasis through a multitude of mechanisms, which we discussed in our previous review in 2016 [66]. Here, we mainly focus on cytotoxic and cytostatic autophagy, anti-inflammation and its synergistic effect in immunotherapy.

### Cytotoxic and cytostatic autophagy in cancer

Cytotoxic and cytostatic autophagy are closely associated with growth inhibition and cell death which could increase sensitivity to cancer therapy. Cytotoxic autophagy is the form of autophagy which promotes cell death when induced, and the cell death may be associated with subsequent apoptosis or reduced sensitivity to therapy when blocked. Cytostatic autophagy is the form of autophagy which can mediate growth inhibition, survival reducing or association with senescence [67]. Of all the cytotoxic and cytostatic autophagy, we mainly focus on autophagic cell death and autophagy-dependent cell death in cancer.

### Autophagic cell death in cancer

Autophagic cell death or type II cell death is independent of apoptosis or necrosis, which is mediated by autophagy and also can be blocked by autophagy inhibition [68]. Autophagic cell death can be initiated through several factors and pathways (Fig. 5), of which AKT-mTOR pathway, Vps34 complex and p53 are widely studied.

### AKT-mTOR pathway

Autophagic cell death is always triggered through AKT-mTOR inhibition. In MCF7 cells, PI3K-AKT-mTOR-dependent autophagic cell death is involved in enhancing breast cancer cells sensitivity to fulvestrant and tamoxifen [69]. Autophagic cell death induced by carnosic acid in HepG2 cells resulted from Akt/mTOR inhibition [70]. Autophagic cell death can improve the sensitivity of apoptosis-resistant cancer cells. mTOR dependent autophagic cell death contributes to cell death induced by liensinine and dauricine in multiple apoptosis-resistant cells [71].

### Vps34 complex

The Vps 34 complex is also the key regulator of autophagic cell death. Up-regulation of Beclin-1 expression is significant in the JNK- and XAF1-mediated autophagic cell death [72, 73]. Oncogenic Ras-induced up-regulation of autophagy regulator Beclin-1 could promote autophagic cell death which threatens the survival of cells [74]. And sorafenib was reported to induce autophagic cell death through Beclin1 activation in hepatocellular carcinoma cells [75].

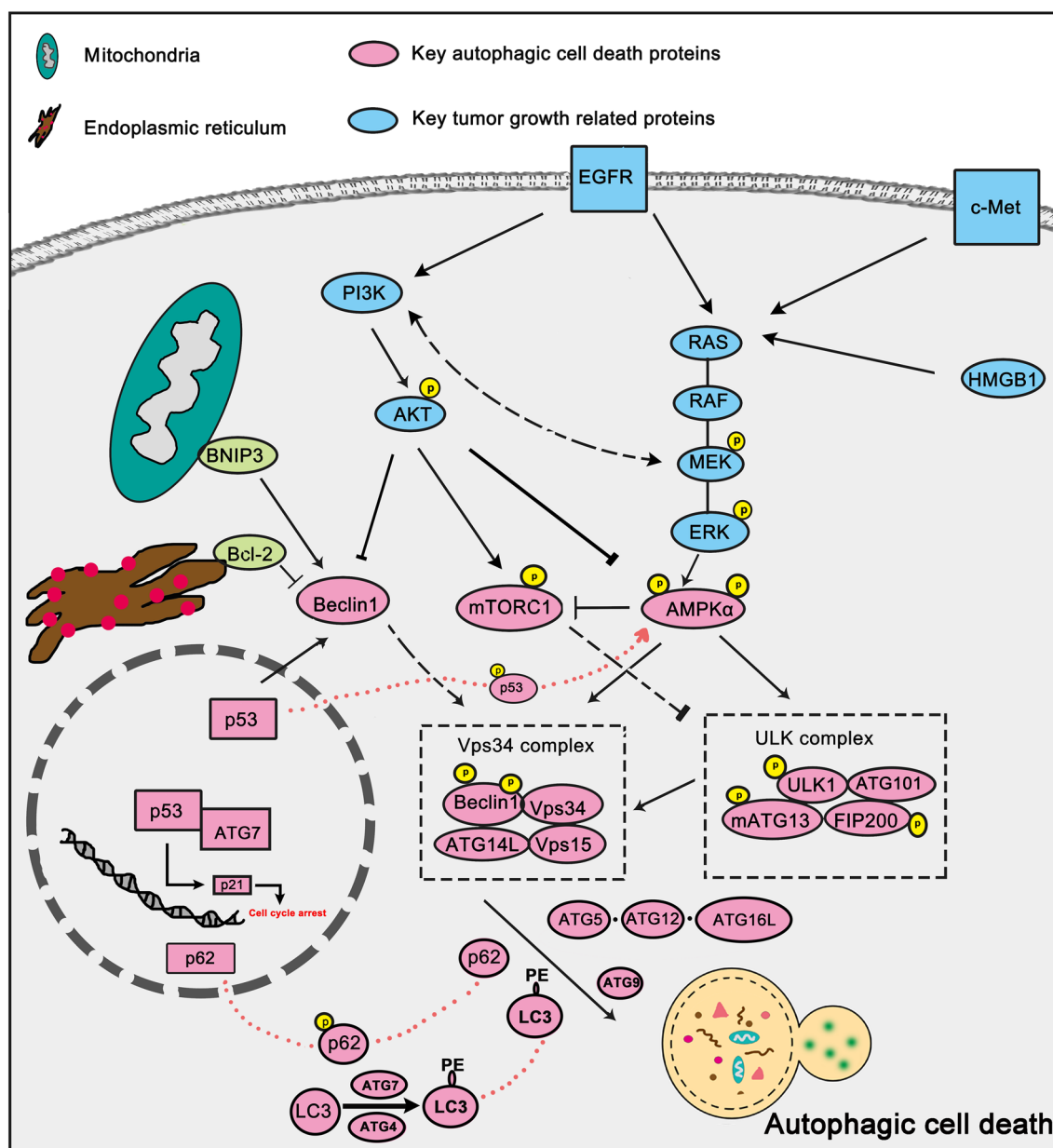
### p53

p53 is one of the most famous tumor suppressors and it has an outstanding role in promoting autophagic cell death. It has been reported that radiation induces autophagic cell death through the activation of p53-DRAM in breast cancer cells [76]. c-Met inhibitor SU11274 induces autophagic cell death in human lung cancer A549 cells via the p53-ERK-Beclin1 signaling [77]. Autophagic cell death could be induced by p53/AMPK up-regulation after Fangchinoline treatment in human hepatocellular carcinoma cells [78].

In many cases, autophagic cell death is widely involved in cancer therapy, and autophagic cell death modulated by small target molecules has been a promising strategy for decreasing the side effects of chemotherapy.

### Autophagy-dependent cell death in cancer

Autophagy-dependent cell death is the type of cell death when it is proven that autophagy is a pre-requisite for the occurrence of cell death, but it is not proven that autophagy mechanistically mediates the switch to cell death [79]. Here, we mainly discuss the autophagy-dependent apoptosis. Autophagy and apoptosis occur in the same cell, and under most circumstances, autophagy precedes apoptosis. In this context, autophagy is sensitive to cellular stress, especially if the level of stress is not lethal to initiate apoptosis. When autophagy can resist the stress, it would inhibit apoptosis to prevent cell death. When autophagy cannot prevent cell



**Fig. 5** Key signaling pathways in autophagic cell death. Several growth factors signaling pathways are involved in cancer progression and have close relationships with autophagic cell death. Key growth factor signaling such as EGFR, Akt, MAPK/ERK signaling can negatively regulate autophagic cell death by inhibiting key autophagy fac-

tors such as Beclin-1 and AMPK. BNIP3, Bax, Bcl-2 can also participate in autophagic cell death modulation by disturbing Beclin1–Bcl-2 complex. Tumor suppressor p53 can facilitate autophagic cell death directly through beclin1 activation

death, autophagy may activate apoptosis. It has been confirmed that key autophagy proteins are involved in the induction of apoptosis. Over-expression of autophagy-related genes such as Atg3, Atg4, Atg12, and Atg8 could activate apoptosis through specific signaling pathways [80]. Calpain-mediated Atg5 cleavage generates an ATG5 fragment which could be transported to the mitochondrial membrane to initiate the releasing of Cytochrome C, which leads to the loss of MMP and ultimately mitochondrial apoptosis [81]. ATG12

could bind to anti-apoptosis protein Bcl-2 to promote mitochondrial apoptosis [82]. And c-src could stimulate apoptosis via the activation of caspase-9 [83]. Furthermore, Beclin1 could be regulated by ser/thr kinase, such as DAPK, JNK, and AKT to regulate apoptosis [84].

Except for its suppressive role of autophagy on apoptosis we mentioned above, autophagy does promote apoptosis in many cases. Autophagy could effectively enhance apoptosis in human breast cancer cells after oridonin treatment [85].



LC3 silencing could abolish activation of apoptosis in A549 cells after cisplatin treatment [86]. In TPC-1 cells, the block of autophagy by ATG7 siRNA could desensitize the cells to apoptosis induced by TRAIL [87]. Since the significant role of apoptosis in cancer therapy, modulating autophagy-dependent apoptosis could be another promising adjuvant therapy for cancer.

### Anti-inflammation

Inflammation is an important host response to homeostasis imbalance. It plays vital roles in host defense, tissue remodeling, metabolism regulation and cancer development [88]. Inflammatory conditions promote cancer, on the one hand, by promoting oxidative stress and cancer-causing mutations. And on the other hand, inflammation aggregate in tumor microenvironment promotes tumor progression. Inflammation contributes to the maintenance of the cell viability and promotion of angiogenesis, metastasis, insensitive to immune responses and so on [89]. Recently, tumor-associated inflammation has become a potential prognostic tool in some type of cancers.

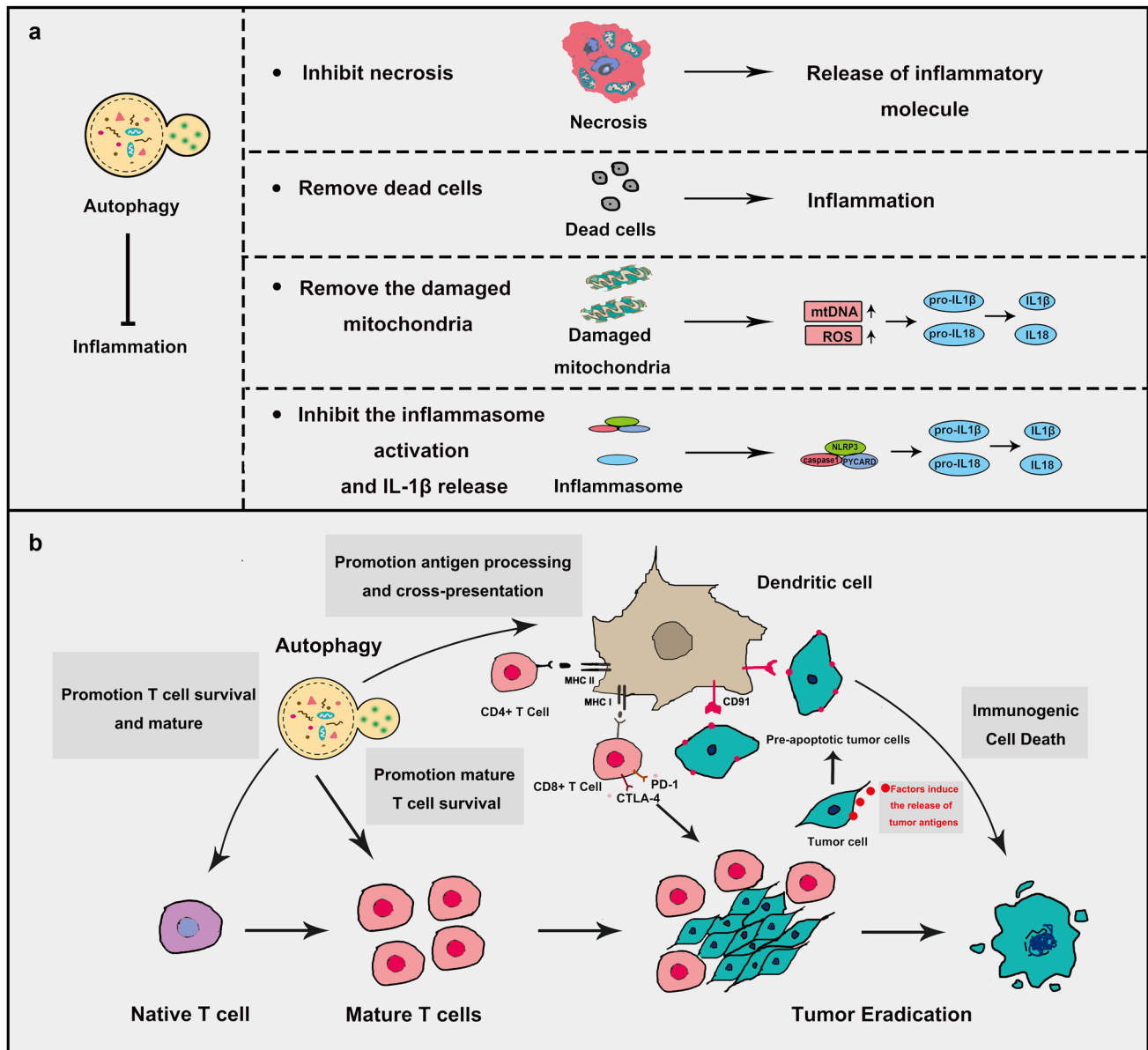
During inflammation in cancer, autophagy could resist inflammation to control the tumor process (Fig. 6a). First, autophagy could rapidly remove dead cells to prevent unwanted inflammation [90]. It was reported that autophagy-deficient *Atg5*<sup>-/-</sup> embryos were susceptible to plentiful inflammation and unable to remove apoptotic cells [91]. Second, autophagy could also remove the damaged mitochondria, which leads to the decrease in the release of inflammation activators such as ROS and mitochondrial DNA thereby resist inflammation. Additionally, autophagy could eliminate the aggregation of inflammasome structures to inhibit pro-inflammatory responses [92]. The most important effect of autophagy on inflammation is to inhibit the inflammasome activation and IL-1 $\beta$  release. Inhibition of autophagy shows higher IL-1 $\beta$  production and the promotion of autophagy presents lower IL-1 $\beta$  production [93]. Lacking ATG16L1 presents higher IL-1 $\beta$  and IL-18 levels in Mice [94]. Autophagy inhibits IL-1 $\beta$  and IL18 production through decreasing ROS release, first. Then autophagy hampers the cleavage of pro-IL-1 $\beta$  and pro-IL18. Finally, autophagy thoroughly removes pro-IL-1 $\beta$  proteins. Autophagy could regulate the activation of caspase1 through regulating NLRP3 inflammasome [95]. Autophagy could inhibit necrosis to prevent the release of inflammatory molecules, such as ATP/UTP, uric acid, HMGB1 and several damage-associated factors [96]. Given the close relationship between autophagy and inflammation, a lot of therapies targeting autophagy-modulating are on its way and some certain achievement have been made, of which immunotherapy is now an emerging and impressive one.

### Autophagy in immunotherapy

Autophagy can stimulate tumor antigen cross-presentation [97], which provides another potential mechanism of autophagy in immunotherapy. Nowadays, immunotherapy has become more and more promising in the cancer treatment, and several cancer immunotherapies have been developed, including vaccines, chimeric antigen receptor (CAR)-expressing T cells, bispecific antibodies, and immune checkpoint inhibitors [92, 98]. For instance, inhibitors of programmed death 1 (PD-1) show good therapeutic activity for a variety of cancers [99]. However, cancer cells could escape from immune destruction by various ways, which results in tumor progression.

Recent studies suggest that autophagy as an important regulator of cellular immune response is closely related to the modulation of immunotherapy (Fig. 6b). Some studies show that the stimulation of autophagy could enhance cancer immunotherapy. Autophagy could promote antigen-specific T cell responses by potentiating the processing and presentation of tumor antigens [100], which is a vital requisite for immunogenic cell death (ICD) and autophagy enhancers may increase the efficacy of cancer immunotherapy [101]. It was reported that the knockout of autophagy genes (*ATG5*, *ATG7*, and *BECN1*) resulted in a significant decrease of chemotherapy-induced immunosurveillance owing to the inhibition of releasing ATP in several human and murine cancer cell lines, which could be reversed by addition of ecto-ATPase inhibitors [102]. Several Oncolytic viruses (OVs) have been utilized in immunotherapy for several cancers. During the process, autophagy stimulates immune responses by promoting antigen presentation [103]. Conversely, autophagy is also regarded as a pro-survival mechanism in some cases. Autophagy was activated after targeting CD47 by SIRP $\alpha$ D1-Fc, which resulted in immunotherapy drug resistance by inhibiting the Akt/mTOR signaling pathway in non-small cell lung cancer [104]. It also impairs cancer immunotherapy by inhibiting iNKT cell activation which plays a key role in cancer immunotherapy [105]. PD-L1/PD1 engagement could induce autophagy in nearby T cells, resulting in decrease effect of immunotherapy and tumor resistance [106].

Cancer immunotherapy has shown great promise for several cancers, and most studies demonstrated autophagy did synergistic in immunotherapy. But we should notice the role of autophagy in cancer immunotherapy remains controversial and the mechanism remains to be investigated. When we use autophagic modulators to improve immunotherapy, a lot of factors should be considered, such as tumor type, staging and immunotherapy agents. Nevertheless, we believe that targeting autophagy is an increasingly attractive strategy for immunotherapeutic.



**Fig. 6** Autophagy, inflammation and immunogenic cell death in cancer. **a** Autophagy resists inflammation to decrease cancer progression. Autophagy inhibits inflammation mainly in four ways. (1) Resistance to necrosis which decreases the production of inflammation factors. (2) Promotion of the degradation of dead cells to remove unwanted inflammation. (3) Promotion of the degradation of damaged mitochondria. Damaged mitochondria produce a large amount of mtDNA and ROS which could induce inflammation through IL-1 $\beta$  and IL-18 activation. (4) Promotion of the degradation of inflammasome and IL-1 $\beta$ . **b** Autophagy plays a positive role in immunogenic cell death.

Several chemotherapeutic agents could induce the autophagy-dependent release of tumor antigens by tumor cells and will lead to the maturation and the activation of antigen-presenting cells. Autophagy in antigen-presenting cells can promote antigen presentation by both MHC class II and I molecules thus initiating immunogenic cell death. Autophagy can also promote the survival of activated T cells. The inhibitory receptors CTLA-4 and PD-1 will limit the activation of CD8<sup>+</sup> T cells. Immune checkpoints inhibitors inhibit the inhibitory receptors thus promoting effective CTL-mediated tumor eradication

As mentioned above, there are intractable problems using autophagy regulators to improve cancer therapy: should we try to enhance or inhibit autophagy? When to enhance and when to inhibit it? And how to judge the correct situation? Although these problems are difficult and frustrating, we believe that the proper regulation of

autophagy can bring new hope for cancer treatment, and small-molecule compounds targeting autophagy are on their way.

## Targeting autophagy by small-molecule compounds in cancer therapy

The step-by-step autophagy pathway provides potentially druggable targets to regulate autophagy. Current efforts in the clinic of autophagy-modulating are mainly focused on inhibitors of mTOR and inhibiting the lysosome using chloroquine (CQ) or the related hydroxychloroquine (HCQ). Other autophagy regulators such as ULK1, ATG4B and VPS34, have been reported to be new druggable targets as small-molecular compounds targeting them showed potential anti-tumor activity. Here, we mainly focus on these small-molecule compounds that can directly target autophagy-related proteins or autophagy process in cancer cells (Fig. 7; Table 1).

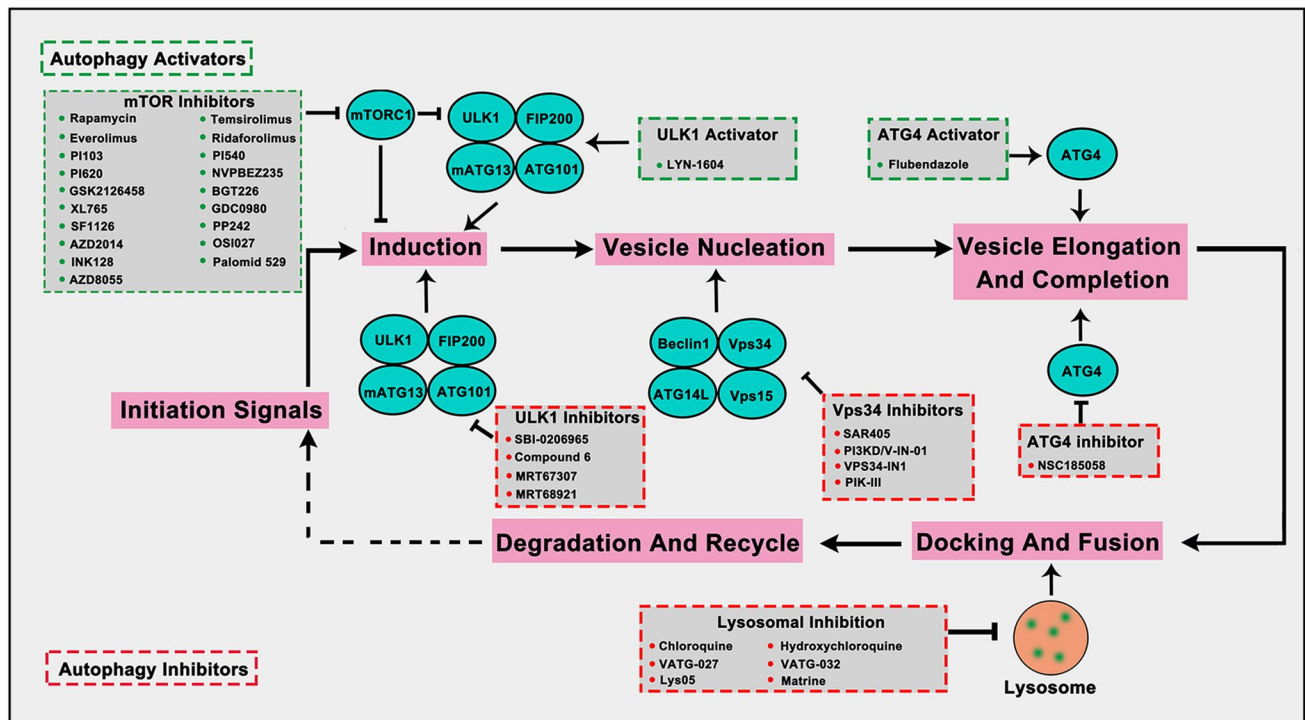
### Small-molecule compounds targeting mTORC1 in cancer

The best-characterized regulator of autophagy is mTORC1 and it can be activated or inhibited by different strategies

[4, 107]. Many mTOR inhibitors have been discovered and tested in clinical trials for years [108].

### Rapamycin analogues

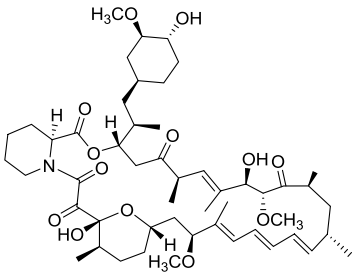
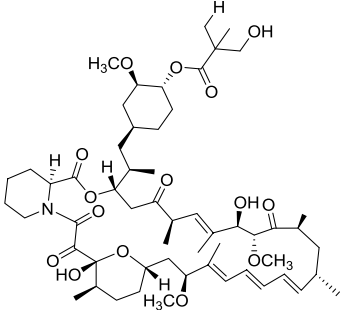
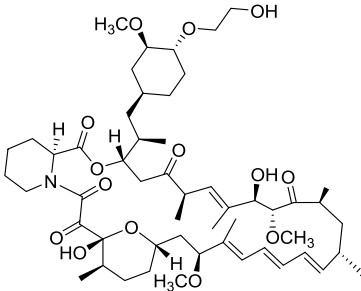
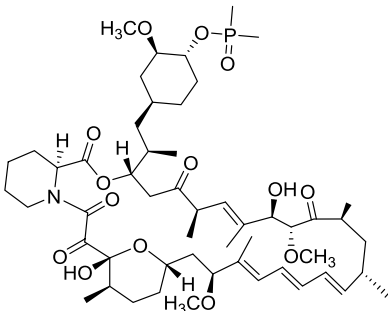
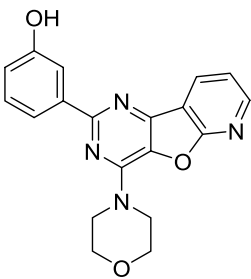
Rapamycin is the most widely studied inhibitor of mTOR but with unfavorable pharmacokinetic properties. To improve its practicality, some rapamycin analogues have been designed and discovered, of which Temsirolimus (CCI-779) and Everolimus (RAD001), are two typical compounds [108]. Temsirolimus shows an amazing anti-tumor effect across a wide variety of tumor in preclinical models, particularly those with defective *PTEN*. Notably, Temsirolimus, as a mTOR inhibitor has received Food and Drug Administration (FDA) approval for Advanced Renal-Cell Carcinoma as first-line therapy since 2007 [109]. Everolimus already has an established role in the United States in oncology. Everolimus now is under phase II trial and Temsirolimus is under phase I trial of non-small-cell lung cancer (NSCLC), respectively. Of note, Everolimus and Temsirolimus are under phase I trial for some advanced solid tumors and metastatic solid tumors, respectively [108].



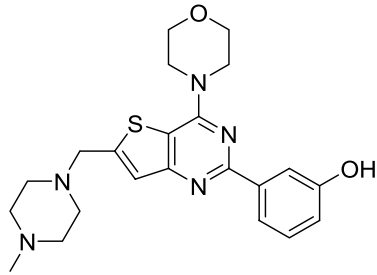
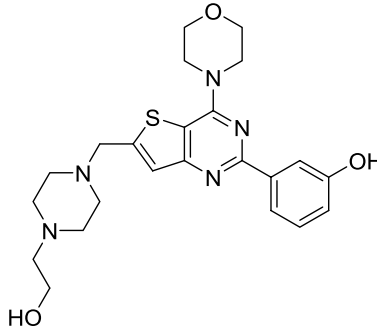
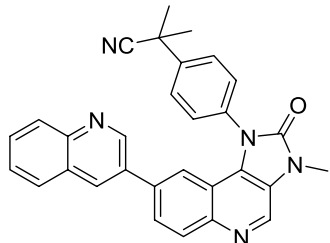
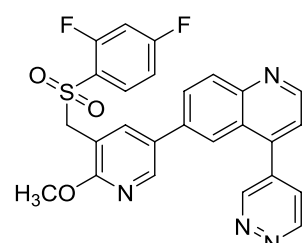
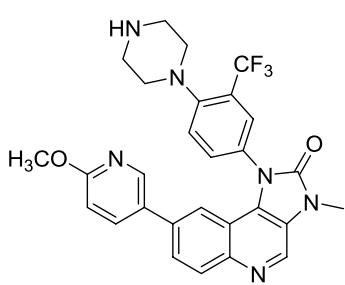
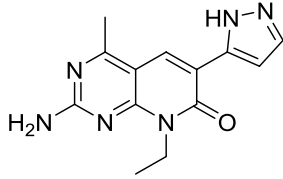
**Fig. 7** Small-molecule compounds directly target autophagy-related proteins or autophagic process in cancer. Several autophagy-targeted small molecular compounds have been discovered in cancer therapy. mTOR inhibitors and ULK1 activator can promote autophagy induction, the ATG4 activator can promote vesicle elongation and completion to up-regulate autophagy. ULK1 inhibitors inhibit autophagy

induction, the Vps34 inhibitors hinder vesicle nucleation, the ATG4 inhibitors inhibit vesicle elongation and completion, and lysosome-targeted inhibitors inhibit the normal function of lysosomes to inhibit autophagy. The compounds in green frame represent autophagy activators and in red represent autophagy inhibitors

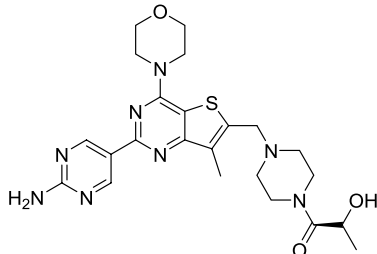
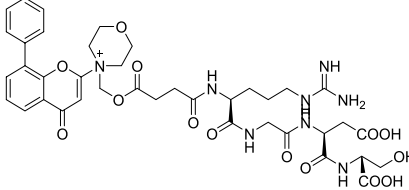
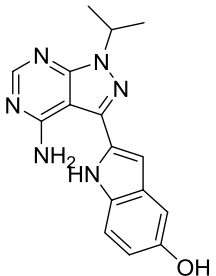
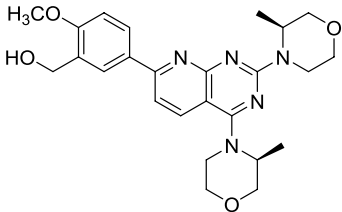
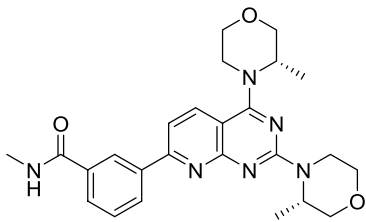
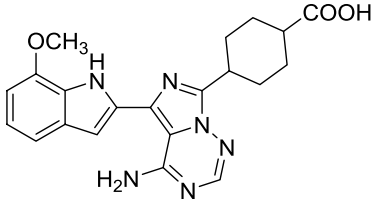
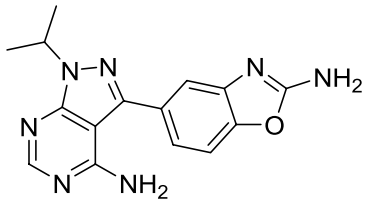
**Table 1** Small-molecule compounds targeting autophagy-related proteins or autophagic process in cancer therapy

Compound	Target	Structure	Cell type	Reference
Rapamycin	mTORC1		HEI193,08031-9,ESC-FC1801	[108, 153]
Temsirolimus	mTORC1		MDA-MB-468, MDA-MB-435, MDA-MB-231, MCF-7, T-47D, SKBR-3, BT-474	[108, 109, 154]
Everolimus	mTORC1		HEY, SKOV3, OVCAR5, IGROV1, OV433	[108, 155]
Ridaforolimus	mTORC1		MCF-7	[156]
PII03	mTOR/PI3K		PC-3, DU145, LNCaP	[108, 157]

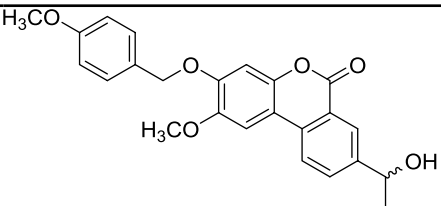
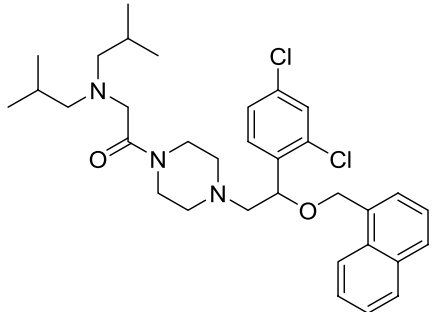
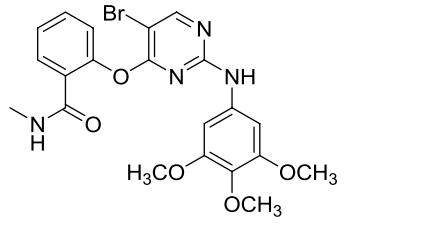
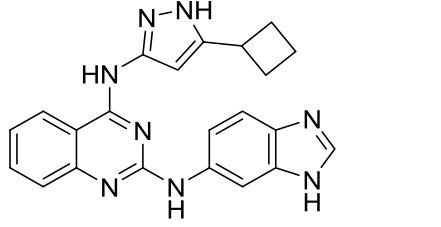
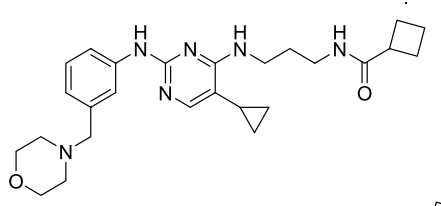
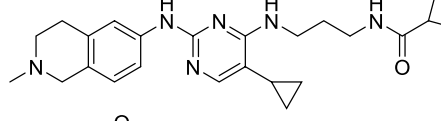
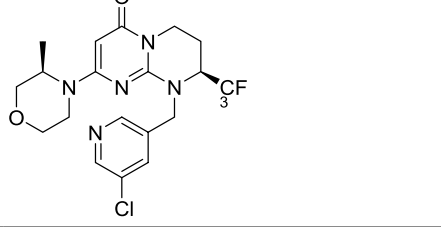
**Table 1** (continued)

Compound	Target	Structure	Cell type	Reference
PI540	mTOR/PI3K		–	[112, 157]
PI620	mTOR/PI3K		–	[112, 157]
NVPBEZ235	mTOR/PI3K		NCI-N87, SNU216, MCF-7, BT47,	[158, 159]
GSK2126458	mTOR/PI3K		CNE-1, CNE-2, 5-8F, 6-10B	[108, 160]
BGT226	mTOR/PI3K		Hep3B, HepG2, SNU449, SNU475	[108, 161]
XL765	mTOR/PI3K		CLL	[108, 162]

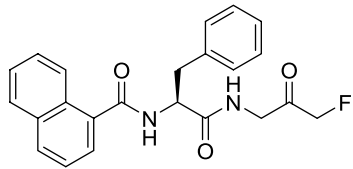
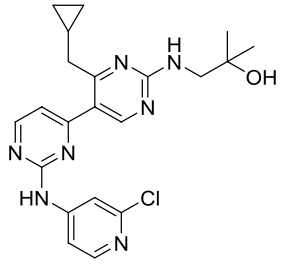
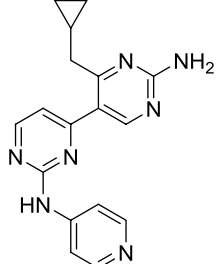
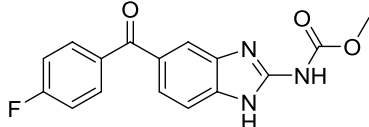
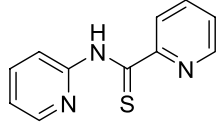
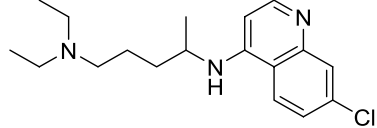
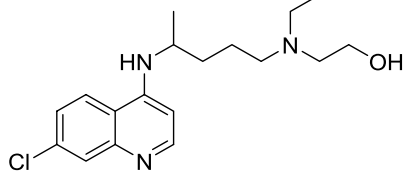
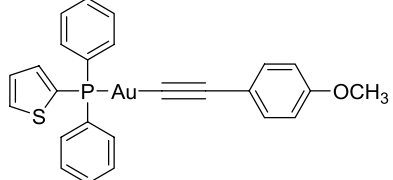
**Table 1** (continued)

Compound	Target	Structure	Cell type	Reference
GDC0980	mTOR/PI3K		LNCaP, Vcap, 22Rv1	[108, 163]
SF1126	mTOR/PI3K		Hep3B, HepG2, SK-Hep1, Huh7	[108, 164]
PP242	mTOR		OVCAR-3	[114, 165]
AZD8055	mTOR		L3.6pl, MV4-11	[117, 166, 167]
AZD2014	mTOR		MCF7, SCC4, SCC25, HCCLM3, Huh-7, SMMC-7721, HepG2, HL-7702	[117, 168–170]
OSI027	mTOR		Panc-1, BxPC-3, CFPAC-1	[118, 171]
INK128	mTOR		CHLA-255, SK-N-AS, SH-SY5Y, IMR32, LA-N-6, CHLA-255, Miapaca-2, Panc1, PSN1, MRC9, RAW264.7, MCF7, SUP-B15, MCC-2, MCC-3, MCC-5	[115, 116, 172–177]

**Table 1** (continued)

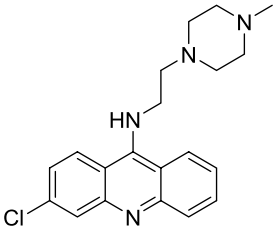
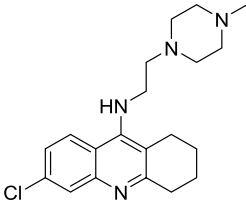
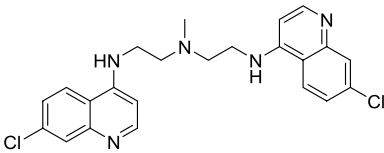
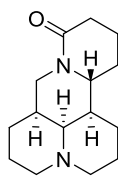
Compound	Target	Structure	Cell type	Reference
Palomid 529	mTOR		CWR22R-2152, CWR22R-2272, CWR22R-2274, LnCaP-104S, LnCaP-104R1, C4-2B, DU145, PC3, VCaP, DuCaP	[119, 126]
LYN-1604	ULK1		MDA-MB-231	[123, 124]
SBI-0206965	ULK1		A549	[125]
Compound 6	ULK1		-	[126]
MRT67307	ULK1		-	[127]
MRT68921	ULK1		-	[127]
SAR405	Vps34		HeLa, H1299	[130]

**Table 1** (continued)

Compound	Target	Structure	Cell type	Reference
PI3KD/V-IN-01	Vps34		AML, CLL	[134]
VPS34-IN1	Vps34		U2OS	[131]
PIK-III	Vps34		H4, HeLa, PSN-1, Panc10.05, RKO	[132]
Flubendazole	Atg4		MDA-MB-231	[135, 136]
NSC185058	Atg4		293T, HuH7, Saos-2	[137]
Chloroquine	Lysosome		Hs578t, MDA-MB-231, SUM159, SW1116, HCT116, HT-29, SW480, NCM460, RT4, T24, PC3, SV-Huc-1	[140–142]
Hydroxychloroquine	Lysosome		MCF-7, HDFs, RT4, 5637, T24, PC3, SV-Huc-1	[142, 143]
Au(I)-loaded NPs	Lysosome		MCF-7	[144]



**Table 1** (continued)

Compound	Target	Structure	Cell type	Reference
VATG-027	Lysosome		U2OS	[145]
VATG-032	Lysosome		U2OS	[145]
Lys05	Lysosome		HT29	[146]
Matrine	Lysosome		SGC7901	[147]

### Dual mTOR/PI3K inhibitors

The dual mTOR/PI3K inhibitors have been developed for years and most of them are in early phases or Phase I/II of clinical trials [110, 111]. For instance, PI103, the first new generation of dual mTOR/PI3K inhibitor, has an outstanding performance in mTOR inhibiting but disappointing for its poor in vivo pharmacokinetic properties [108]. To improve its physicochemical attributes, the second generation of mTOR inhibitors PI540 and PI620 have been designed and developed [112]. Structure-based designed mTOR inhibitor NVPBEZ235 showed limited anticancer activity but performs well in combination with established cancer drugs for cancer therapy [113]. Other dual mTOR/PI3K inhibitors such as BGT226, XL765, GDC0980, SF1126 are also been explored and have encouraging performance in cancer treatments [108].

### Pan-mTOR inhibitors

PP242 is the first reported comprehensive inhibitor of both mTORC1 and mTORC2. It is effective in both suppressing tumor growth and combination with other anti-tumor drugs [114]. INK128, a derivative of PP242, is currently in

Phase I trials in advanced solid tumors as well as multiple myeloma and its combination usage is now in Phase trials [115, 116]. AZD8055 and AZD2014 are now in trials on advanced solid tumors [117]. OSI027 shows promising activity against leukemia [118]. Palomid 529 performs well as a cell proliferation inhibitor as well as in combination with other anti-tumor drugs [119].

mTOR inhibitors are effective in treating tumors harboring alterations in the mTOR pathway, no matter alone or in combination [109, 120]. As time went by, some tumors get acquired resistance to mTOR inhibitors [121], although the mechanisms of resistance remain undefined, mTOR mutation might bear the main responsibility. Thus, except for developing new-generation mTOR inhibitor to overcome mTOR resistance mutations [122], the combination with immunotherapy or other targeted therapy, such as ERK1/2 inhibitors and EGFR inhibitors, might be more feasible.

### Small-molecule compounds targeting ULK1 in cancer

ULK1, the mammalian homolog of ATG1, has been well known as the autophagic initiator that may decide the subsequent cell fate. Recently, accumulating evidence has

revealed that down-regulation of ULK1 is often found in most breast cancer tissues, suggesting that ULK1 may be a novel anti-TNBC target [123]. And a ULK1 activator LYN-1604 has been reported to induce triple-negative breast cancer cell death through ULK1 activation [124]. SBI-0206965, a highly selective ULK1 inhibitor, could suppress ULK1-mediated phosphorylation to inhibit autophagy and decrease cell survival [125]. Compound 6, a chemically synthesized small molecular compound, has been identified to induce conformational changes within the ULK1 kinase domain to inhibit ULK1 activity but lack of selectivity for cellular use [126]. MRT67307 and MRT68921 show the autophagy-inhibiting capacity through ULK1 inhibition and they could disrupt autophagosome maturation in MEFs [127]. Although ULK1 is critical in autophagy initiation, there is no approved ULK1 targeted therapy in cancer up to now. Its frustrating, but it also has huge potential for development. No matter autophagy activation or inhibition, ULK1 is an irreplaceable shiny target.

### Small-molecule compounds targeting VPS34 in cancer

The class III phosphatidylinositol-3 kinase, Vps34, which could convert the phosphatidylinositol (PI) membrane lipid to PI3P, thereby controlling PI3P-mediated intracellular vesicular trafficking and initiate autophagy by forming different complexes. Core components of the Vps34 complexes include Vps34, Vps15, Beclin1, Atg14L/Barkor and UVRAG [19]. Full body deletion of Vps34 is embryonically lethal [128] and deletion of Vps34 inhibits autophagosome formation in different tissue types [129]. In 2010, the structure solution of Vps34 shelled new light on the development of selective Vps34 inhibitors. SAR405, a structure-based designed selective ATP-competitive inhibitor of Vps34, prevents autophagy in HeLa and H1299 cells [130]. VPS34-IN1 can inhibit the phosphorylation of PtdIns in U2OS tumor cells [131]. PIK-III inhibits the catalytic function of VPS34 thus to inhibit autophagy in different tumor cells [132].

Since the significant role of the Vps34 complex in autophagy and tumorigenesis [133], more small-molecule compounds targeting Vps34 are on their way to cancer therapy. Nowadays, some research has demonstrated that Vps34 inhibitor synergized with mTOR inhibition in tumor cells [134]. For instance, combining Vps34 inhibitor SAR405 with mTOR inhibitor everolimus may have a significant synergy on the reduction of cell proliferation using renal tumor cells. Thus, targeting Vps34 would be a good potential strategy for future cancer therapy.

### Small-molecule compounds targeting ATG4 in cancer

ATG4B, a key autophagy protein, cleaves Atg8 to regulate the bind or releases of Atg8-PE into the membrane to control autophagy. It has been reported that abnormal expression levels of some human Atg4 proteins occur in several types of cancer cells, which may be closely related to tumor progression, tumor suppression and cancer therapy resistance [135]. Flubendazole, a potential Atg4B agonist, could induce autophagic cell death and ROS release in breast cancer cells [136]. Except for ATG4B activator, ATG4B inhibitors have been considered to promote the inhibition of autophagy. NSC185058 inhibits autophagy in several different tumor cells by inhibiting ATG4B [137]. To date, a series of highly potent FMK-based covalent ATG4B inhibitors have been discovered with the lack of biological activity data [138]. As the key supervisor of LC3 conjugation system, ATG4B controls the progress of autophagy. The development of ATG4B-targeted small molecular compounds is still in its infancy, but we believe targeting ATG4B would be also a promising strategy.

### Small-molecule compounds affecting the lysosome or autophagosome

The formation of autophagosome and autolysosome is two crucial processes during autophagy. Strategies to interfere and prevent these autophagic processes have been proposed to negatively affect tumor growth. Chloroquine (CQ), developed as an antimalarial drug, was discovered that could suppress autophagy through inhibiting lysosomal protease and blocking the fusion of autophagosomes–lysosome [139, 140]. It was reported that CQ could be used to treat colorectal cancer, breast cancer, bladder cancer and so on [140–142]. Hydroxychloroquine (HCQ), the analog of CQ, was also approved to enter the clinical trial phase of many types cancers, such as estrogen receptor positive breast cancer, prostate cancer, non-small cell lung cancer and so on [143]. Au(I)-loaded NPs, a compound that combines pH-sensitive polymeric nanoparticles with gold(I) compound Au(I), can block autophagy to induce cell death [144]. VATG-027 and VATG-032 function through lysosomal deacidification mechanisms and ultimately disrupt autophagosome turnover in U2OS cells [145]. Lys05 inhibits autophagy by deacidifying the Lysosome in HT29 cells [146]. Matrine blocks trafficking and the proteolytic activation of lysosomal proteases to inhibit autophagy in SGC7901 cells [147].

The function of lysosomes is essential to a perfect autophagy process. As the final link to affect autophagy, the inhibition of autophagy by their functional defects

is significant, thus small-molecule compounds affecting the lysosome or autophagosome as autophagy inhibitors are very talented, and clinical trials of CQ or HCQ as autophagy inhibitors have demonstrated the safety of targeting autophagy for cancer therapy.

## Conclusions

Alterations in multiple signaling pathways reflect a powerful means of adjusting the development, maintenance and overall adaption of cancer cells. Accumulating studies have revealed that nearly all major oncogenic signaling pathways are found to be deregulated and most of which are closely associated with the defective autophagy. Tumor cells often present unusual levels of autophagy that contributes to the survival mechanisms in tumor cells. In cancer cells, content dependent autophagy acts both tumor suppressive and tumor-promoting roles, while how to choose the appropriate regulation to treat a tumor is still a scientific problem. Moreover, autophagy has also been implicated in resistance to multiple standard chemotherapeutic agents [148]. It has also been involved in the survival of dormant tumor cells and may be crucial for their recurrence. Thus, the autophagy-targeted therapy seems to be indispensable and more promising.

With the rapid development of research on autophagy, the mechanism of autophagy controlling cancer cells fate has been gradually unveiled. Modulation of autophagy has been accepted as novel therapeutic approaches for cancer therapy. Since the role of autophagy helps tumor cells respond to different stress conditions, including energy stress, hypoxia and cellular damage, development of autophagy inhibitors is an attractive strategy for cancer therapy. Except for the classical autophagy inhibitors for cancer treatment, CQ and HCQ, several new kinds of autophagy inhibitors, such as ULK1 inhibitors (SBI-0206965, MRT68921), as well as an ATG4B inhibitor (NSC185058) and Vps34 inhibitor (SAR405), have exhibited the promising potential for cancer therapy. Considering the tumor-suppressive role of autophagy, several activators have been applied to improve cancer therapy, of which mTOR inhibitors is the most famous kind. What is more, some classic cancer targets, such as BRD4 and ERK1/2, are closely associated with autophagy. Recently, a small-molecule inhibitor targeting BRD4 could induce AMPK modulated autophagy-associated cell death in breast cancer [149]. It suggests that autophagy-related protein could be the candidate of dual-target cancer therapy. Moreover, some autophagy-modulating compound database or webserver [150, 151], may help us to discover more potential small-molecule drugs targeting autophagy.

The content-dependent role of autophagy in cancer cell fate has provided an insight into the development of novel

strategies for cancer therapy; however, we should take care of identifying the conditions which autophagy inhibition will be beneficial or harmful. For example, it has been reported in many cancer cell lines with activated RAS are highly dependent on autophagy for survival [152], in this type of tumor, autophagy inhibition will be beneficial, and autophagy inhibitors combine with ERK1/2 inhibitors will be effective. While in many cancer cell lines lacking the expression of Beclin1, autophagy activation seems advantageous, and autophagy activators combine with chemotherapy drugs might be beneficial.

A new hope of utilizing autophagy for targeted cancer therapy may lie in discovering candidate small-molecule compounds that modulate tumor-promoting or tumor-suppressive autophagic pathways and even the entire autophagic signaling network (the autophagic multiple-target strategy), rather than an individual (single target). On the basis of this viewpoint, further elucidation of the intricate mechanisms of autophagy will be regarded as a promising strategy for the discovery of more and more new small-molecule drugs targeting the autophagic signaling network in future cancer therapy.

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## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no competing interest.

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