

# **The role of the protein–RNA recognition code in neurodegeneration**

**Jozef Nahalka1,[2](http://orcid.org/0000-0002-2415-6005)**

Received: 2 January 2019 / Revised: 14 March 2019 / Accepted: 8 April 2019 / Published online: 12 April 2019 © Springer Nature Switzerland AG 2019

## **Abstract**

MicroRNAs are small endogenous RNAs that pair and bind to sites on mRNAs to direct post-transcriptional repression. However, there is a possibility that microRNAs directly infuence protein structure and activity, and this infuence can be termed post-translational riboregulation. This conceptual review explores the literature on neurodegenerative disorders. Research on the association between neurodegeneration and RNA-repeat toxicity provides data that support a protein–RNA recognition code. For example, this code explains why hnRNP H and SFPQ proteins, which are involved in amyotrophic lateral sclerosis, are sequestered by the (GGGGCC)*n* repeat sequence. Similarly, it explains why MNBL proteins and (CTG)*n* repeats in RNA, which are involved in myotonic dystrophy, are sequestered into RNA foci. Using this code, proteins involved in diseases can be identifed. A simple protein BLAST search of the human genome for amino acid repeats that correspond to the nucleotide repeats reveals new proteins among already known proteins that are involved in diseases. For example, the (CAG)*n* repeat sequence, when transcribed into possible peptide sequences, leads to the identifcation of PTCD3, Rem2, MESP2, SYPL2, WDR33, COL23A1, and others. After confrming this approach on RNA repeats, in the next step, the code was used in the opposite manner. Proteins that are involved in diseases were compared with microRNAs involved in those diseases. For example, a reasonable correspondence of microRNA 9 and 107 with amyloid-β-peptide (Aβ42) was identifed. In the last step, a miRBase search for micro-nucleotides, obtained by transcription of a prion amino acid sequence, revealed new microRNAs and microRNAs that have previously been identifed as involved in prion diseases. This concept provides a useful key for designing RNA or peptide probes.

**Keywords** Molecular recognition · Non-coding RNA · Huntington's disease · Alzheimer's disease · Parkinson's disease · Prion diseases

## **Background**

## **Non‑coding RNA and its role**

The genome, a complete set of genes, has been said to be responsible for the storage of information on how to develop, organize and control all molecular, cellular and multicellular life. The genome, the complete list of nucleotides, is organized into polynucleotides with specifc sequences;

however, defning exactly what section of the sequence comprises a gene is difficult. The concept "one gene makes one protein" [[1](#page-12-0)] clearly had to be shifted to the concept of "a union of genomic sequences encoding a coherent set of potentially overlapping functional products" [[2\]](#page-12-1). According to the ENCODE project  $[3]$ , the vast majority (80.4%) of human DNA participates in at least one biochemical RNA or chromatin-associated RNA in at least one cell type. Unsurprisingly, much of the genome is important for regulation, and only a minimal portion (less than 2%) is important for protein-coding [\[3\]](#page-12-2). Epigenetics is widely accepted to cause changes in gene expression that do not result from alterations in nucleotide sequences [\[4](#page-12-3)]. Multiple epigenetic mechanisms orchestrate neurofunction through coordinated responses to extracellular cues, which determine the spatial and temporal expression of key regulators that control neuron function fate or even neurogenesis (diferentiation and proliferation of neural stem cells) [\[5\]](#page-12-4). Several epigenetic mechanisms have

 $\boxtimes$  Jozef Nahalka nahalka@savba.sk

<sup>&</sup>lt;sup>1</sup> Institute of Chemistry, Centre for Glycomics, Slovak Academy of Sciences, Dubravska cesta 9, 84538 Bratislava, Slovak Republic

Institute of Chemistry, Centre of Excellence for White-green Biotechnology, Slovak Academy of Sciences, Trieda Andreja Hlinku 2, 94976 Nitra, Slovak Republic

been extensively investigated: DNA methylation and demethylation, histone methylation and demethylation, histone acetylation and deacetylation, chromatin-remodelling, and regulation mediated by non-coding RNAs [\[5](#page-12-4)]. Non-coding RNAs (ncRNAs) are probably critical components for epigenetic control, representing a main part of the transcriptome [\[3](#page-12-2)] and a main part of the chromatin network  $[6, 7]$  $[6, 7]$  $[6, 7]$ . A length of more or less than 200 nt divides ncRNAs into two main groups—small (sncRNAs) and long (lncRNAs). ncRNAs are particularly abundant in the CNS; an estimated 40% of the genes for lncRNAs are specifcally expressed in brain tissue, and sncRNAs have also been reported to be enriched in the CNS [[8\]](#page-12-7).

MicroRNAs (miRNAs) are sncRNAs of ~22 nt in length that mediate gene silencing by guiding Argonaute (AGO) proteins to target sites in mRNAs [[9](#page-12-8)]. AGOs constitute a large family of proteins that use single-stranded small nucleic acids as guides to complementary sequences in RNA or DNA targeted for silencing [\[10](#page-12-9)]. Prokaryotic AGOs participate in host defence by DNA interference, whereas eukaryotic AGOs control a wide range of processes by RNA interference [\[10](#page-12-9)]. More than 60% of human protein-coding genes harbour predicted miRNA target sites [[11\]](#page-12-10). miRBase lists 1917 precursor miRNAs and 2654 mature miRNAs in Homo sapiens [\[12\]](#page-12-11). miRNAs not only are responsible for gene silencing but also can fne-tune protein expression [\[13](#page-12-12)], thereby buffering "noise" at the level of gene expression [\[14](#page-12-13)]. The miRNA pool is controlled by various mechanisms, for example, by direct modifcation of miRNA sequences (mature miRNA variants that difer in length, sequence or both), by editing the sequence of miRNA precursors, by nontemplated nucleotide addition, by sequestration, by miRNA transport modulation or by modulation of miRNA turnover [[9\]](#page-12-8). Interestingly, viruses often modulate host miRNAs for their replication [[9\]](#page-12-8). Many of the miRNAs are loaded into extracellular vesicles for cell–cell communication, and miRNA sorting into extracellular vesicles can be regulated by chromosome location, regulation of miRNA biosynthesis, AGO activity, and sequence-specifc sorting by RNAbinding proteins (RBPs) [[15\]](#page-12-14).

The human genome contains thousands of lncRNAs, but specifc biological functions and biochemical mechanisms have been discovered for only about a dozen. lncRNAs maintain features common to protein-coding genes such as promoter regions, intron–exon boundaries and alternative splicing; however, in contrast, lncRNAs are mainly nuclear localized, less polyadenylated and far more tissue-specifc than protein-coding genes [[16\]](#page-13-0). It has been reported that approximately 40% of lncRNAs are directly associated with diverse chromatin-modifying complexes; the extensive number of associations between lncRNAs and chromatinmodifying enzymes suggests, in general, that lncRNAs directly guide chromatin-remodelling proteins to target loci and function as scaffolds for the recruitment of tran-scription factors to activate or repress gene expression [[7,](#page-12-6) [16](#page-13-0)]. Evolutionarily, lncRNAs appear later than sncRNAs; approximately one-third seem to have arisen within the primate lineage, a large fraction of tissue-specifc lncRNAs are expressed in the brain, and lncRNAs are generally less conserved than protein-coding genes [\[16](#page-13-0)]. Protein-coding genes are more conserved, and species from worm to man house similar numbers of protein-coding genes, which indicates that many aspects of complex organisms arise from regulation from non-protein-coding regions. lncRNAs are generally expressed at lower levels than protein-coding genes, and their expression positively correlates with the expression of antisense coding genes [\[16](#page-13-0)]. In contrast to the readily identifable open reading frames (ORFs) of protein-coding genes, lncRNA sequence features or functional elements cannot presently be used to identify novel lncRNAs [\[17](#page-13-1)]. In addition, their lower conservation during evolution makes identifying their orthologues or paralogues by sequence similarity challenging. Consequently, lncRNA annotation relies almost entirely on physical transcriptomic evidence [[17\]](#page-13-1). Specifc lncRNAs activated by DNA damage (NORADs) stand out among lncRNAs. These lncRNAs are more highly conserved than other lncRNAs, are abundantly expressed in many cell types, are upregulated upon DNA damage and induce chromosomal instability and aneuploidy when deleted [\[18](#page-13-2)].

## **Protein–RNA interactome**

Interactions between tRNAs and mRNAs to translate genetic code represent basic examples of RNA–RNA interactions [[19](#page-13-3)]. However, interactions between miRNAs and premRNAs [\[20](#page-13-4)] and between miRNAs and lncRNAs [[21\]](#page-13-5) stand out among the RNA–RNA interactions to enable the basic regulatory functions of RNA.

The main part of the RNA–RNA interactome is mediated by RNA-binding proteins (RBPs), such as AGOs mentioned above. RBPs are typically thought of as proteins that bind RNA through one or multiple globular RNA-binding domains and change the fate or function of the bound RNAs [[22\]](#page-13-6). RBPs participate in the formation of ribonucleoprotein complexes (RNPs) that are principally involved in gene expression and regulation. Pre-mRNAs, containing exons and introns, are subjected to processing by a range of RNPs that include uridine-rich small nuclear RNPs that make up the spliceosome, the large RNP that removes non-coding introns [[23\]](#page-13-7). Protein biosynthesis is mediated by another large RNP, the ribosome, which directs mRNA translation through the combined actions of its small and large RNP subunits. The ribosome further cooperates with the signal recognition particle RNP to translocate some newly synthesized proteins into the endoplasmic reticulum [[23](#page-13-7)]. Indeed, spliceosomes and ribosomes, large RNP machines,

reveal that protein–RNA interactions do not require canonical globular RNA-binding domains [[22](#page-13-6)]. Many RBPs or regions in them are found to be intrinsically disordered, and this property helps them to recognize and bind RNA-partner sequences [[24\]](#page-13-8). RBDmap, which was recently developed to determine the RNA-binding sites of native RBPs, identifed 1174 binding sites within 529 HeLa cell RBPs; nearly half of the RNA-binding sites mapped to intrinsically disordered regions, uncovering unstructured domains as prevalent partners in protein–RNA interactions [[25](#page-13-9)]. This fnding implies that disordered short sequences of a protein could help to bind RNA and adopt stable structures upon binding. In light of this observation, RNA-binding peptides or micropeptides (RBMs) should be included in the RNA interactome; interestingly, functional small peptides have been identifed in transcripts previously annotated as lncRNAs [\[26\]](#page-13-10). Conventional RBDs change the fate or function of bound RNAs, but there is ample room for considering the possibility that the known biological function of a protein can be altered through riboregulation [\[22](#page-13-6)].

#### **Protein–RNA recognition code**

A protein–RNA recognition code was proposed after the 3D5A crystal structure, which revealed release factor 1 (RF1) interacting with tRNA [\[27\]](#page-13-11), or earlier, after crystal structures of aminoacyl transfer RNA synthetases interacting with tRNA [\[28](#page-13-12)]. The code is depicted in Fig. [1](#page-2-0). The second position in the codon is used for the CCA sequence readout, proposed as the one-letter code [[27\]](#page-13-11) or primary code [\[28](#page-13-12)]. The frst position in the codon is used as "more specifcally recognizing addition" and is proposed as the two-letter code [\[27\]](#page-13-11) or secondary code [[28\]](#page-13-12).



<span id="page-2-0"></span>**Fig. 1** Protein–RNA recognition code. CCA trinucleotide is recognised as two dinucleotides—two-letter code (P-CC, Q-CA), or each nucleotide is recognised separately—one-letter code (T-C, T-C, N-A). One-letter code—second nucleotide in codons; two-letter code—frst two nucleotides in codons. 3D5A crystal structure which contain release factor 1 (RF1) interacting with tRNA, as example [\[27\]](#page-13-11)

The protein–RNA recognition code is still controversial at present; however, as will be shown later, this code can be used to explain or predict the involvement of miRNAs in neurodegeneration. The third position in the fnal codon code, the three-letter code (triplet), was perhaps also derived from some sort of ancient reactions or protein–RNA interactions [[28\]](#page-13-12), especially in the case of amino acids with two codons, for example cysteine, or methionine with the single codon, but in this case, only very low-specifc interactions could infuence the establishment of the third position.

## **Neurodegeneration**

The protein–RNA interactome is the most abundant cellular phenomenon that regulates cell function and fate and is associated with a number of human diseases, such as cancer [\[29](#page-13-13)] and rheumatic diseases [[30](#page-13-14)], but it is especially associated with neurodegeneration [[31\]](#page-13-15). In neurons, basic biological processes that drive neurodegeneration are abnormally altered expression of some disease-driving RNAs and proteins, dysfunction of specifc cellular organelles such as mitochondria or lysosomes, and neuroinfammation and altered responses of glia in the brain [\[32](#page-13-16)].

As mentioned above, ncRNAs fulfl the regulation of gene expression and are particularly abundant in the CNS. Unsurprisingly, "dysfunction of the regulation software" leads to molecular processes contributing to neurodegeneration. Six basic mechanisms exist by which ncRNAs may afect pathology in neurodegenerative disorders [\[8](#page-12-7)]: (1) epigenetic regulation; (2) RNAi (post-transcriptional repression of gene expression by miRNAs or small-interfering RNAs is collectively termed RNAi); (3) alternative splicing (shifting the splicing profles of transcripts); (4) mRNA stability change; (5) translational regulation (ncRNAs have a direct impact on the translation of mRNA transcripts); and (6) molecular decoys (ncRNAs can act as molecular traps that titrate away RNAs or RBPs).

Toxic, improperly processed RNA usually contains repeat sequences, consisting of 3–6 nucleotides; the expanded RNA adopts unusual secondary structures that afect its function or sequesters RBPs and RNAs specialized to repeated sequence motifs [\[33\]](#page-13-17). Non-transported RNA accumulates in the nucleus, it makes nuclear inclusions, or RNA with nuclear function is improperly transported to the cytoplasmic compartment and form cytosolic inclusions, and insoluble RNA or RNP aggregates are observed as RNA foci [\[33](#page-13-17)]. Theoretically, toxic RNA can be purposely driven to RNA inclusion bodies to act as a sink for toxic RNA to provide neuroprotection [\[33\]](#page-13-17). In 2011, Laura Ranum's group observed protein synthesis that was initiated not at the canonical ATG start codon but instead directly on the expanded repeats [\[34\]](#page-13-18). This repeat-associated non-ATG translation (RAN translation) results in the formation-accumulation of toxic homopolymeric proteins, which should be considered in pathogenic models [\[34](#page-13-18)].

## **Amyotrophic lateral sclerosis (ALS)**

ALS, also known as motor neuron disease, is characterized by the degeneration of both upper and lower motor neurons, which leads to muscle weakness and eventual paralysis [\[35](#page-13-19)]. Within populations of European descent, up to 20% of individuals with ALS have a family history of either ALS or FTD (frontotemporal dementia, a behavioural variant), and of these, four genes account for up to 70% of all cases of familial ALS, namely, C9orf72 (encoding guanine nucleotide exchange), TARDBP (encoding TAR DNA-binding



M...RAEVRTHYDPPRKLMAMQRPGPYDRPGAGRGYNSIGRGAGFERMRRGAYGGGYGG YDDYNGYNDGYGFGSDRFGRDLNYCFSGMSDHRYGDGGSTFQSTTGHCVHMRGLPYRAT ENDIYNFFSPLNPVRVHIEIGPDGRVTGEADVEFATHEDAVAAMSKDKANMQHRYVELFLN STAGAS<mark>GGA</mark>YEHRYVELFLNSTAGAS<mark>GGA</mark>YGSQMMGGMGLSNQSSY<mark>GGP</mark>ASQQL<mark>SGGYG</mark> GGYGGQSSMSGYDQVLQENSSDFQSNIA

#### SFPQ: (GGGGCC)n

M...<mark>PGPAPG</mark>VGSAPPASSSAPPATPPTSGAP<mark>PG</mark>SGPGPTPTPPPAVTSAP<mark>PG</mark>APPPTPPSSGV PTTPPQAGGPPPPPAAVPGPGPGPKQGPGP <mark>?GGP</mark>KGGKM<mark>PGGP</mark>K<mark>PGGGPG</mark>LST<mark>PGG</mark>HPK PPHRGGGEPRGGRQHHPPYHQQHHQGPPPGGPGGRSEEKISDSEGFKANLSLLRRPGEKT. ...KKPRF

<mark>HSF1: (CAG)n</mark><br>md<mark>lp</mark>vgpgaag<mark>psn</mark>vpafltklwtlv<mark>sdpdtd</mark>alicwsp<mark>sgn</mark>sfhvfd<mark>qgq</mark>fakevlpkyfkhn NMASFVRQLNMYGFRKVVHIEQGGLVKPERDDTEFQHPCFLRGQEQLLENIKRKVTSVSTLKSED IKIRQDSVTKLL<mark>TD</mark>VQLMKGKQECMDSKLLAMKHENEALWREV<mark>AS</mark>L<mark>RQ</mark>KH<mark>AQ</mark>QQKVVNKLIQFL ISLVQ<mark>SNR</mark>ILGVKRKIPLMLN<mark>DSGS</mark>AHSMPK<mark>YSRQ</mark>FSLEHV<mark>HG</mark> <mark>YSA</mark>PSPAYSSSSLYAPDAV<mark>AS</mark>S GPIISDITELAP<mark>AS</mark>PM<mark>AS</mark>PGGSID<mark>ERP</mark>LSSSPLVRVKEEPPSPP<mark>QSP</mark>RVEE<mark>AS</mark>PGRPSSV<mark>DT</mark>LLSPTALI DSILRESEPAPASVTALTDARGHTDTEGRPPSPPPTSTPEKCLSVACLDKNELSDHLDAMDSNLDNL QTMLS<mark>SHG</mark>FSV<mark>DTSA</mark>LLDLFSPSVTVPDMSLPDLDSSL<mark>AS</mark>IQELLSPQEPPRPPEAENSS<mark>PDSGK</mark>QL VHYT<mark>AQ</mark>PLFLL<mark>DPGSVDTGSN</mark>DLPVLFELG<mark>EGSYFSEG</mark>DGFAEDPTISLLT<mark>GSEP</mark>PKAKDPTVS

<span id="page-3-0"></span>**Fig. 2** Proteins sequestered into RNA foci (**a**–**c**); and the recognition of polyadenylation signal by polyadenylation factor subunit 2 (**d** WDR33). **a** H component of the heterogeneous nuclear RNP (hnRNP H), recognising toxic (GGGGCC)*n* repeat; **b** muscleblind-like proprotein 43, TDP43), SOD1 (encoding superoxide dismutase) and FUS (encoding FUS-RBP) [\[35](#page-13-19)].

The (GGGGCC)*n* hexanucleotide repeat expansion in intron 1 of C9orf72 is a major cause of ALS and FTD [\[35](#page-13-19)]. Various interactomes containing C9orf72 RNA and RBPs have been proposed, and a comparative analysis has been performed on RBPs that bind to C9orf72 RNA in fve studies [[36\]](#page-13-20). hnRNP H (H component of the heterogeneous nuclear RNP) shows the most overlap across studies, followed by splicing factor proline and glutamine-rich (SFPQ), interleukin enhancer binding factor 2 and myelin basic protein [\[33](#page-13-17)]. Figure [2](#page-3-0)a depicts the reasons why hnRNP H and SFPQ are sequestered by the (GGGGCC)*n* repeat sequence: the hnRNP H is rich in GGA, and SFPQ is rich in GGP amino acid sequences, and according to the protein–RNA recognition code, GGA and GGP can be transcribed exactly to



MNBL1: <mark>(CTG)n (CCTG)n</mark><br>mavsvtpirdtkwltlev<mark>c</mark>refqrgt<mark>c</mark>srpdte<mark>c</mark>kfahpsks<mark>c</mark>qvengrvi<mark>ac</mark>fdslkgr CSRENCKYLHPPPHLKTQLEINGRNNLIQQKNMAMLAQQMQLANAMMPGAPLQPVPMFSV APSLATNASAAAFNPYLGPVSPSLVPAEILPTAPMLVTGNPGVPVPAAAAAAAQKLMRTD RLEVCREYQRGNCNRGENDCRFAHPADSTMIDTNDNTVTVCMDYIKGRCSREKCKYFHPP AHLQAKIKAAQYQVNQAAAAQAAATAAAMTQSAVKSLKRPLEATFDLGIPQAVLPPLPKR PALEKTNGATAVFNTGIFQYQQALANMQLQQHTAFLPPVPMVHGATPATVSAATTSATSV PFAATATANQIPIISAEHLTSHKYVTQM



tein 1 (MNBL1), recognising toxic (CTG)*n* repeat; **c** the heat shock transcription factor 1 (HSF1), recognising toxic (CAG)*n* repeat; and **d** WDR33 recognising polyadenylation signal

GGGGC and GGGGCC nucleotide sequences. Both proteins are rich in G and R amino acids for the G nucleotide readout. The C nucleotide readout is based on A and P amino acids, and S is used for both variants, the C and G readout (Fig. [2a](#page-3-0)).

A BLAST search of the GGPGGPGGPGGPGGPGGP amino acid sequence shows that various isoforms of Ewing Sarcoma Protein are the frst hits. Ewing Sarcoma Protein (EWS, EWSR1 gene) is an RBP that is a well-known player in cancer biology due to its role in the specifc translocations occurring in sarcomas [\[37\]](#page-13-21). EWS is also known to be involved in ALS, and postmortem analysis of sporadic ALS cases revealed cytoplasmic mislocalization of EWS and identifed disease-specifc variants that also afected EWS localization in motor neurons [\[38\]](#page-13-22). Various isoforms of regulator of nonsense transcripts 1 (UPF1) represent the next hits in the BLAST search. UPF1 is also known to be involved in ALS, showing signifcant protection of mammalian neurons from TDP43- and FUS-related toxicity [[39\]](#page-13-23). UPF1 is an RNA helicase and master regulator of nonsense-mediated mRNA decay; it contains N-terminal PGGPGGPGGGGAG GPGGA (no other GGP), which perfectly recognizes the (GGGGCC)*n* repeat sequence and perhaps initiates decay. Another hit, PNUTS, a protein phosphatase 1 (PP1) nuclear targeting subunit (or serine/threonine-protein phosphatase 1 regulatory subunit 10), has PGGP and similar motifs in the C-terminal region. PNUTS is a protein that targets PP1 to the nucleus and inhibits its activity, and its C terminus contains three distinct domains involved in RNA binding [\[40\]](#page-13-24). The C-part of the protein seems to well recognize the (GGGGCC)*n* repeat sequence. However, this protein has not yet been studied in relation to ALS.

## **Autosomal‑dominant myotonic dystrophy (DM)**

Myotonic dystrophy (DM) is the most common adult muscular dystrophy and is characterized by autosomal-dominant progressive myopathy, myotonia and multiorgan involvement [\[41\]](#page-13-25). To date, two distinct forms caused by similar mutations have been identifed. Myotonic dystrophy type 1 (DM1, Steinert's disease) is caused by a (CTG)*n* expansion in DMPK (myotonic dystrophy protein kinase gene), while myotonic dystrophy type 2 (DM2) is caused by a (CCTG)*n* expansion in ZNF9/CNBP (nucleic acid-binding protein— CNBP gene; previously known as zinc fnger 9 gene—ZNF9 gene) [\[41](#page-13-25)].

Three human RBPs that regulate alternative splicing, muscle blind-like proteins 1–3 (MNBL1–3), are co-localized with RNA foci in DM1 and DM2 [\[31\]](#page-13-15). MNBL knockout in mouse models, resulting in loss of MNBL protein function, can mimic the disease, while the overexpression of MNBL proteins can rescue repeat RNA-induced toxicity in both *Drosophila* and mouse models of DM1, strongly supporting

a role for these proteins in DM [\[31\]](#page-13-15). Other human RBPs have been identified in connection with DM, including CUG-binding protein 1 (CUGBP1), which can interact with CTG repeats [[42\]](#page-13-26). However, this member of the CELF family of proteins, which plays a role in RNA splicing processing, is not sequestered into RNA foci, inconsistent with the hypothesis that some RBPs may be sequestered and inhibited by repeat-containing RNA [\[31\]](#page-13-15). Overexpression of CUGBP1 in mice results in splicing changes that are also observed in patients; increases in CUGBP1 expression can contribute to disease [\[43\]](#page-13-27).

DM1 and DM2 are now largely believed to be due to defects in alternative splicing that arise as a result of the sequestration of MNBL proteins into RNA foci and a disruption in the expression of other RBPs, including CUGBP1 [[31](#page-13-15)]. Figure [2](#page-3-0)b depicts why MNBL proteins are sequestered into RNA foci; the proteins are rich in cysteines and LA duplet amino acid sequences. The TGC nucleotide triplet represents exactly one form of a two-cysteine codon, and the LA duplet can be exactly transcribed to the CTGC nucleotide sequence, according to the two-letter recognition code. Interestingly, proteins could also be identifed by one LGPV sequence that can be transcribed exactly to the TGCT nucleotide sequence by the one-letter recognition code. Using these sequences for BLAST search, various proteins can be identifed, for example, sphingomyelin phosphodiesterase (SMPD1 gene) has similar distributions of cysteines: LA-AL and LP-PL duplets, LGP-PGL triplets, and one LGPV quartet and one  $(LA)$ <sub>5</sub> repeat. In humans, deficient SMPD1 enzymatic activity leads to the type A and B forms of Niemann-Pick disease. Type A is a rapidly progressing neurodegenerative disorder that generally leads to death by 3 years of age. Patients with type B have little or no neurologic involvement and may survive into late adolescence [[44](#page-13-28)]. No data exist in the literature describing the coexistence of both DM and Niemann-Pick disease. Another protein that shows a similar distribution of cysteine and the mentioned amino acid duplets and triplets identifed by BLAST is the DIRC2 protein (disrupted in renal cancer 2). This gene encodes a membrane-bound protein from the major facilitator superfamily of transporters. Disruption of this gene by translocation has been associated with haploinsufficiency and renal cell carcinomas  $[45]$  $[45]$ . There is one report describing the coexistence of both DM and renal cancer [[46](#page-13-30)].

## **Huntington's disease (HD)**

Huntington's disease is a progressive, fatal, neurodegenerative disorder caused by an expanded (CAG)*n* repeat in the huntingtin gene, which encodes an abnormally long (*n*>36) polyglutamine repeat in the huntingtin protein [[47](#page-13-31)]. Huntington's disease has served as a model for the study of other more common neurodegenerative disorders, such as Alzheimer's disease and Parkinson's disease. As in some other neurodegenerative disorders, neurodegeneration in afected individuals begins many years before the onset of diagnosable signs and symptoms of Huntington's disease, and it is accompanied by subtle cognitive, motor, and psychiatric changes [\[47](#page-13-31)].

Pure (CAG)*n* repeats have been shown to be responsible for the toxicity; placing a pure expanded (CAG)*n* repeat in the 3′-untranslated region of a reporter construct leads to neuronal toxicity and behavioural defects in *C. elegans*, *Drosophila*, and mice [[31\]](#page-13-15). Moreover, these pure CAG repeats accumulate into RNA foci in these models [[31](#page-13-15)]. Additionally, the levels of the heat shock transcription factor 1 (HSF1) protein were recently shown to be lower in HD models, in diferentiated human inducible pluripotent stem cells and in HD patient striatum and cortex, with a concomitant defect in target gene expression [[48](#page-13-32)]. Expression of the cellular protein folding and pro-survival machinery by HSF1 ameliorates the biochemical and neurobiological defects caused by protein misfolding [\[48](#page-13-32)].

Figure [2](#page-3-0)c depicts the relatedness between the HSF1 amino acid sequence and the (CAG)*n* repeat sequence. DTD and QGQ are interesting triplets, according to the two-letter code. DTD is specific for the  $3'$ -5' readout, frame (G)AC(G) A, and QGQ is more specifc for the 5′–3′ readout, frame (C)AG(C)A. BLAST search for (DTD)*n* showed pentatricopeptide repeat domain 3 (PTCD3) as the frst hit. PTCD3 (MRP-S39) associates with the mitochondrial small ribosomal subunit and regulates translation [[49](#page-14-0)]. Lowering PTCD3 in cells decreased mitochondrial protein synthesis, the activity of complexes III and IV, and mitochondrial respiration [\[49](#page-14-0)]. Interestingly, in HD, one putative pathological mechanism reported to play a prominent role in the pathogenesis of this neurological disorder is mitochondrial dysfunction [\[50](#page-14-1)]. PTCD3 has an TSDSDTDSSSDSDSDTSEGK –*C*-*end* that is well designed for (CAG)*n* repeat recognition, according to the code. In human neuronal cells, the expression of the (CAG)*n*-expanded exon 1 of the huntingtin gene caused an increase in (CAG)*n* repeat-derived *sncRNAs*, which were found to be cleaved by Dicer, the enzyme that generates mature miRNAs from pre-miRNAs [\[51\]](#page-14-2). These (CAG)*n* repeat-derived miRNAs could potentially dysregulate the functions of many proteins. As mentioned above, there is ample room for considering the possibility that the known biological function of a protein can be altered through riboregulation [[22\]](#page-13-6), and the protein–RNA recognition code strongly supports this possibility. The Rem2 GTPase is the second hit in the BLAST search for (DTD)*n*. Rem2 controls the proliferation and apoptosis of neurons during embryo development [[52\]](#page-14-3) and is known to be involved in neuronal development, such as in the control of neuron synapse formation. The expression of Rem2 is enriched in the central extended amygdala, and Rem2 is an important part of a homeostatic mechanism that controls synapse number [[53](#page-14-4)]. REM2 has *N*-*end*-MHTDLDTDMDMDTE that is well designed, according to the code, for the recognition of (CAG)*n* repeat-derived miRNAs.

For the (QGQ)*n* sequence, the BLAST search identifed mesoderm posterior protein 2 (MESP2), a downstream gene in the Notch signalling pathway [[54\]](#page-14-5), as the frst hit. Mutations in MESP2 were found in spondylocostal dysostosis [[55\]](#page-14-6). Spondylocostal dysostosis is a heterogeneous group of disorders with severe axial skeletal malformation radiologically characterized by multiple vertebral segmentation defects [[55\]](#page-14-6). There is no direct link between MESP2 and HD, but activation of Notch signalling has been demonstrated to result in increased microtubule stability and changes in axonal morphology and branching [\[56](#page-14-7)]. In contrast, Notch inhibition leads to an increase in cytoskeleton plasticity with intense neurite remodelling [\[56\]](#page-14-7). When microtubules are too destabilized, axonal trafficking is impaired, and synaptic contacts collapse [\[57](#page-14-8)]. Indeed, aberrant mobility and trafficking of mitochondria are observed in an early event in HD pathophysiology [\[58\]](#page-14-9). In MESP2, the amino- and carboxy-terminal domains are separated by a (GQ)*n* repeat region, which is also found in MESP1 (*n*=2) but expanded in MESP2  $(n=13)$ . Mouse MESP1 and MESP2 do not contain GQ repeats. According to the protein–RNA recognition code,  $(GQ)_{13}$  is an ideal sequence recognized and impaired by toxic (CAG)*n* repeats (Fig. [2](#page-3-0)c). Synaptophysin-like 2 (SYPL2) is the second protein identifed in the BLAST search of (GQ)*n*. Downregulation of this gene has been reported in Alzheimer's disease and multiple sclerosis, and SYPL2 appears to be upregulated in HD [[59](#page-14-10)]. SYPL2 has a (GQ)*n*-like (CAG)*n*-compatible sequence at the carboxyterminus (HGQGQGQDQDQDQDQGQGPSQESAAEQ-GAVEKQ-*C*-*end*), which can be infuenced according to the code. According to the two-letter code, DQD can also be transcribed to a GACAGA hexanucleotide, which is another frame in (CAG)*n* repeats. Synaptophysin (SYP) has an GQ and QG-rich *C end* and the strongest (CAG)*n*readout by QGP, GPQ, PQG, GQP triplets (one-letter code). SYP is able to read (CAG)*n* in various frames, QGP(AGC), GPQ(GCA), PQG(CAG), YGP(AGC) in the 5′–3′ readout and GQP(GAC), SGY(CGA) in the 3′–5′ readout (see frames in Fig. [2c](#page-3-0)). The SYP-*C*-*end* will be recognized by (CAG)*n* repeat-derived sncRNAs or (CAG)*n* repeat-derived miR-NAs. In early papers, the decreased contents of SYP, a glycoprotein component of synaptic vesicle membranes, were shown to be closely correlated with synapse loss; therefore, SYP has been frequently used as a sensitive marker in neurological cases and disease models [[60](#page-14-11)].

Using (QGP)*n* in a BLAST search, polyadenylation factor subunit 2 (WDR33) was found as the frst hit. 3′-polyadenylation is a key step in eukaryotic mRNA biogenesis. In mammalian cells, this process is dependent on the recognition of the AAUAAA hexanucleotide in the pre-mRNA, as a polyadenylation signal (PAS), by the cleavage and polyadenylation specifcity factor (CPSF) complex. A core CPSF complex comprising CPSF160, WDR33, CPSF30 and Fip1 is sufficient for PAS recognition  $[61]$  $[61]$ . The N-terminal KRMRK motif in WDR33 was identifed as a critical deter-minant of specific AAUAAA motif recognition [[61](#page-14-12)]. This year, a 3.1-Å-resolution cryo-EM structure of a core CPSF module bound to the PAS was presented, revealing that the recognition is more complicated [\[62\]](#page-14-13). Nevertheless, WDR33 is a critical component for polyadenylation signal recognition, and mRNA 3′-untranslated region isoform changes are a feature of molecular pathology in the HD brain [[63\]](#page-14-14). Isoform shifts in the HD motor cortex are not limited to huntingtin; 11% of alternatively polyadenylated genes change the abundance of their 3′-untranslated region isoforms [\[63](#page-14-14)]. Figure [2](#page-3-0)d depicts how disordered sequences, KRMRK and NKVK, plus the ETILQ-ordered sequence recognize the AAUAAA hexanucleotide. Unfortunately, the most important N-terminal QQQAMQQ sequence, according to the code, is probably disordered and not present in the structure. As shown in Fig. [2d](#page-3-0), *C*-QQM-A-QQQ-*N* is responsible for the 5′AAUAAA3′ readout and is composed of two triplets spaced by alanine. WDR33 was the first hit in the (OGP)*n* BLAST search, and the other proteins listed were collagens. (QGP)*n* provides various frames for the readout; for example, the CAG nucleotide triplet is well recognized by the PQG amino acid triplet. Collagens are rich in combinations of various frames, PQG (18 in COL11A1), QGP (19 in COL11A1), GPQ (18 in COL11A1), GQP (2 in COL11A1), and PGQ (5 in COL11A1). According to the one-letter code and two-letter code, collagens are even rich in the strongest amino acids for the recognition of (CAG)*n* repeat frames, PKG (eight in COL11A1; codons CCC, AAA, GGG), KGP (fve in COL11A1), GPK (eight in COL11A1), GKP (six in COL11A1), and PGK (fve in COL11A1), which explains why (CAG)*n* repeats are so toxic. If direct riboregulation exists, then (CAG)*n* repeat-derived miRNAs will interfere with miRNAs designed for targeted proteins. Theoretically, there is ample room for considering the possibility that the known biological function of a protein can be directly modulated by miRNAs.

Compared to other repeats, (CAG)*n* repeats are more toxic, and they provide much more reading frames than (GGGGCC)*n* repeat sequences in ALS or (CTG)*n* repeat sequences in DM. For example, a BLAST search for (PKG)*n* identifed COL23A1 (collagen XXIII, alpha-1 chain). Collagen XXIII is a component of adherens junctions, focal adhesions, and synaptic adhesions and is expressed by excitatory neurons in the accessory olfactory bulb and by cells in the retina [\[64\]](#page-14-15). In HD, the most prominent early pathological changes are observed in the striatum (dorsal)

[[65](#page-14-16)], and the ventral striatum is well connected with the olfactory bulb and olfactory sensory input into the striatum [[66\]](#page-14-17). Collagen XXIII is upregulated in metastatic prostate cancer and is important for anchorage-independent growth and cell seeding to the lung. Collagen XXIII can be used as a tissue and fuid biomarker for non-small cell lung cancer and prostate cancer [[67](#page-14-18)]. Toxic (CAG)*n* repeat-derived miRNAs may afect collagen function, such as the function of collagen XXIII. This hypothesis is supported by the observation that cancer is rarely reported on the death certifcates of patients with HD, and cancer has a signifcantly lower incidence among patients with HD [\[68](#page-14-19)]. This fact has been even recently used to slow tumour growth by (CAG)*n* repeats in a preclinical mouse model of ovarian cancer with no signs of toxicity to the mice [\[69\]](#page-14-20). A lack of collagen VI has also been shown to promote neurodegeneration by impairing autophagy and inducing apoptosis during ageing [[70\]](#page-14-21). COL6A1 was seventh in the (QGP)*n* BLAST search, and sequestration of collagen VI by (CAG)*n* is toxic. Therefore, collagens are likely the largest protein group afected by (CAG)*n* repeat degradation products. Human collagens comprise a family of 28 or more proteins, each of which is characterized by the presence of a triple-helical structure, formed as three separate protein strands that are sometimes diferent gene products and wind around one another to form a right-handed superhelix [\[71\]](#page-14-22). This defning conformation is facilitated by a repetitive (GXX′)*n* structure, where n may be as large as 350, and the amino acids X and X′ are quite often proline and polar amino acid.

Figure [2](#page-3-0)c shows the QAS amino acid sequence in contact with the (CAG)*n* repeat; the (CAG)*n* repeat sequence is strongly recognized using the two-letter code, and the amino acids have  $CA(G)$ ,  $GC(A)$ , and  $AG(C)$  codons. A BLAST search for the (QAS)*n* repeat identifed the NMP4 (nuclear matrix transcription factor 4), also named ZNF384 (zinc fnger protein 384), protein. Interestingly, this protein regulates collagen I expression in osteoblasts [[72\]](#page-14-23); therefore, if riboregulation of proteins exists, then the (CAG)*n* repeat sequence will infuence collagen I and its regulator. Generally, NPM4 is known to function as a regulator of promoters of extracellular matrix genes and suppress bone anabolism [[73](#page-14-24)]. Fusion genes involving NPM4 have been identifed in B cell precursor acute lymphoblastic leukae-mia [[74\]](#page-14-25). NPM4 has a  $(QA)_{10}(QAS)_{2}Q_{16}$  sequence at the *Cend* designed for (CAG)*n* repeat; (AQ)*n* will also recognize  $(CAG)n$  (Fig. [2](#page-3-0)c). Interestingly, NPM4 has  $(CAG)_{14}$  repeats in its gene sequence. There is a hypothesis that (CAG)*n* repeats could be part of a mechanism used during evolution to maintain genome integrity and, in the context of multicellular organisms, to prevent cancer formation by producing toxic siRNAs [\[69](#page-14-20)]. The clearest connection may be the (CAG)*n* repeats in the androgen receptor gene and prostate cancer. While longer repeats (*n*>20) confer a protective

efect among prostate cancer patients, shorter CAG repeats  $(n<18)$  have been shown to result in a twofold increase in cancer risk, a more aggressive disease, and a high risk of distant metastases [\[69\]](#page-14-20). Indeed, both the androgen receptor and the huntingtin genes contain some of the longest CAG repeats in the human genome; however, those are not found in the mouse orthologues at the same positions in the ORF [[69\]](#page-14-20). In summary, there is a very close balance between anticancer protection and neurological disorders such as HD or spinocerebellar ataxia (the prevalent types of SCA are connected with (CAG)*n* repeats—SCA1, 2, 3, 6, 7, 8, 12, and 17 [[75](#page-14-26)]).

Finally, the data from HD literature suggest that riboregulation of proteins exists; proteins involved in HD can be found by BLAST search by amino acid sequence repeats transcribed from (CAG)*n* repeats. An examination of miRNAs shows that miRNAs that repress prostate cancer have compatible nucleotide sequences to the amino acid sequences of their targets and the CAG triplet. For example, MIR34a was reported as an inhibitor of prostate cancer stem cells and metastasis, directly repressing the CD44 adhesion molecule [\[76](#page-14-27)]. Figure [3](#page-7-0)a shows amino acid sequences that can be recognized in CD44 by the one-letter transcription of MIR34a. The presence of the recognition sequences indicates that MIR34a could directly infuence the CD44 protein and regulate its conformation and activity. The second part of Fig. [3](#page-7-0)a shows that MIR34a could directly infuence collagens; MIR34a has only one CAG nucleotide triplet, but collagens have many amino acid sequences that recognize the GCAG nucleotide quartet.

## **Alzheimer's disease (AD)**

AD is a progressive neurodegenerative disorder that is the most common cause of dementia and imposes immense suffering on patients and their families [\[77](#page-14-28)]. AD was initially defned as a clinical-pathologic entity that was defnitively diagnosed at autopsy and as possible or probable AD in life; consequently, the term AD is often used to describe two very diferent entities: prototypical clinical syndromes without neuropathologic verifcation and AD neuropathologic changes [\[78](#page-14-29)]. Currently, the defnition of AD in living people is shifted from a syndromal to a biological construct. AD is defned by its underlying pathologic processes that can be documented by biomarkers in vivo or postmortem [\[78](#page-14-29)]. Biomarkers are divided into three groups: (1) amyloid deposition, (2) pathologic tau, and (3) neurodegeneration [[78\]](#page-14-29):

1. In the brain, extracellular deposition of amyloid- $β(Λβ)$ is formed by Aβ-peptides that arise from the sequential



<span id="page-7-0"></span>**Fig. 3** Illustrated protein sequences that are recognised by **a** MIR34a, **b** MIR9, and **c** MIR107; and **d** cartoon of the Aβ42 fbril core, structure (5KK3)

cleavage of membrane-spanning amyloid precursor protein (APP) by the beta-secretase APP cleaving enzyme 1 (BACE1) and the γ-secretase complex containing the presenilin (PSEN) proteins in the catalytic domain [\[79](#page-14-30)].

2. Intracellular neurofbrillary tangles, another hallmark of AD, are composed of tau. Tau is a microtubule-associated protein working as scafolding proteins that are enriched in axons. In pathological conditions, increasing tau hyperphosphorylation renders the protein prone to aggregation, reduces its afnity for microtubules, and thereby infuences neuronal plasticity, thus causing neurodegeneration [\[77](#page-14-28)].

Aβ deposited in the brain is believed to originate from the brain tissue itself; however, blood-derived Aβ was recently shown to be able to enter the brain, form the Aβ-related pathologies and induce functional deficits of neurons [[80](#page-14-31)]. In vitro, picomolar concentrations of Aβ42-oligomers induced  $Ca^{2+}$  influx into lipid vesicles; therefore, aggregations of the Aβ-peptide itself could be the cause of toxic-ity [\[81](#page-14-32)]. Simulations show that the Aβ42 β-sheet tetramer triggers experimentally observed permeabilization and can further assemble into a pore structure [[82](#page-14-33)]. Aβ-peptide is commonly thought to be intrinsically unstructured, meaning that in solution, it does not acquire a unique tertiary fold but rather forms a set of structures. As such, Aβ-peptide cannot be crystallized, and most structural knowledge on Aβ-peptide comes from NMR and molecular dynamics. However, Aβ-peptide can have signifcant secondary and tertiary structures [\[83](#page-15-0)]. Aβ40 and Aβ42 also seem to feature highly diferent conformational states, with the C-terminus of Aβ42 being more structured than that of the Aβ40 frag-ment [[84\]](#page-15-1). The formation of a β-hairpin in the sequence IIGLMVGGVVIA may be responsible for the higher propensity of Aβ42 to form amyloids  $[84]$  $[84]$ .

Here, we show that the MVGGVVIA sequence is strongly recognized by MIR9 miRNA through the one-letter code. As mentioned above, sncRNA regulators are highly enriched in the brain, where they play key roles in neuronal development, plasticity and disease. In neurodegenerative disorders such as AD, brain miRNA profles are altered; thus, miRNA dysfunction could be both a cause and a consequence of the disease [ $85$ ]. Aβ is a powerful regulator of miRNA levels, and the usual downregulation of mature miRNAs is extremely rapid [[85\]](#page-15-2). MIR9 is highly expressed in the hippocampus, the region of the brain associated with memory and learning. MIR9 reduction in AD has been shown in various human AD brain samples, mouse models and neuronal cell culture models, and MIR9 is generally regarded as being neuroprotective  $[79]$  $[79]$ . Overexpression of MIR9 was sufficient to restore Aβ42− induced dendritic spine loss and rescued Aβ42 induced tau phosphorylation at Ser 262 mediated by the CAMKK2–AMPK pathway [[86\]](#page-15-3). Figure [3](#page-7-0)b depicts how MIR9 recognizes Aβ-peptide. The MVGGVVIA *C*-*end* is strongly recognized by the one-letter code, and the next DVGSNKGAIIGL sequence shows features of recognition by the two-letter code. The VFFA core of Aβ42 is also recognized by the one-letter code, and the DVGSNKGAIIGL N-terminal sequence also shows features of recognition by the two-letter code. In summary, MIR9 recognizes Aβ42, especially from the C-terminus.

MIR107 is probably the most important miRNA in AD; its expression has a negative correlation with neurofbrillary tangle formation, and its downregulation is a major contributor to AD progression. MIR107 targets BACE1 and the metalloproteinase ADAM10, which is also involved in APP processing, and has also been shown to target coflin, an actin-binding protein that dissembles actin flaments in dendritic spine heads and is therefore important in memory and learning [\[79](#page-14-30)]. Figure [3c](#page-7-0) shows how MIR107 recognizes Aβ42. The DAEFRHDSGY N-terminus is recognized by the one-letter code, but MIR107 also well recognizes the KGAIIGL sequence at the C-terminus. Aggregation of Aβ42 forms cross-β amyloid fbrils, and the atomic resolution structure (5KK3) of a monomorphic form of Aβ42 shows that the fibril core consists of a dimer of  $Aβ42$  molecules, each containing four β-strands in an S-shaped amyloid fold [\[87](#page-15-4)]. The cartoon in Fig. [3](#page-7-0)d depicts the fbril core and shows regions where MIR9 and MIR107 will interact. MIR107 recognizes more accessible region and free disordered N-terminal region; therefore, MIR107 could be sequestered on the fbril surface. MIR9 is likely more involved in interactions with the monomer during the process of fibril formation, and several intermediate forms, such as nuclei, oligomers, and protofbrils of various sizes, forms, and structures, may exist [[87\]](#page-15-4).

## **Parkinson's disease (PD)**

PD is a progressive neurological disorder characterized by a large number of motor and non-motor features [[88\]](#page-15-5). Loss of substantia nigra neurons and the presence of Lewy body inclusions (insoluble protein aggregates composed mainly but not exclusively of α-synuclein) in some of the remaining neurons are the hallmark pathology seen in the fnal stages of PD; however, attempts to correlate Lewy body pathology to either cell death or severity of clinical symptoms have not been successful [[89](#page-15-6)]. The clinical symptoms of PD suggest that a failure of synapses (a structure that permits a neuron to pass an electrical or chemical signal to another neuron), not loss of neurons, is the pathophysiological mechanism of the disease [\[89](#page-15-6)]. Ninety percent or even more of  $\alpha$ -synuclein aggregates are not localized in Lewy bodies, but at the presynapse in the form of aggregates much smaller than Lewy bodies  $[89]$  $[89]$ .  $\alpha$ -Synuclein is a highly conserved protein encoded by the *SNCA* gene and is involved

in clustering synaptic vesicles at the presynaptic terminals; therefore, primary aggregation in the presynapse is logical.

α-Synuclein has long been defined as a 'natively unfolded' monomer of approximately 14 kDa that is believed to acquire an α-helical secondary structure only upon binding to lipid vesicles. Native  $\alpha$ -synuclein has been shown to have an α-helical tetramer structure without lipid addition, and this structure has a much greater lipid-binding capacity than the recombinant α-synuclein studied previously [\[90\]](#page-15-7). In light of this observation, disruptions in chaperons (chaperons can prevent aggregation by protein folding-facilitation or mediated-degradation, or they can prone aggregation), such as heat shock proteins, are considered to play a key role in α-synuclein aggregation in PD [\[91](#page-15-8)]. miRNAs could regulate chaperone pathways [\[91](#page-15-8)], or miRNAs could be small molecules that directly stabilize (or destabilize) the physiological tetramer structure. As mentioned above, there is ample room for considering the possibility that the known biological function of a protein can be altered through riboregulation [[22\]](#page-13-6).

MIR7 and MIR153 have been identified to regulate α-synuclein levels post-transcriptionally (mRNA sequestration and translational repression) [[92\]](#page-15-9). Their overexpression significantly reduces endogenous  $\alpha$ -synuclein levels, whereas their inhibition enhances translation of a luciferase construct bearing the  $\alpha$ -synuclein 3-untranslated region in primary neurons; these miRNAs bind specifically to the 3′-untranslated region of α-synuclein and downregulate its mRNA and protein levels [[92\]](#page-15-9). MIR7 and MIR153 can be predicted to regulate α-synuclein aggregation, but whether this is performed only on the post-transcriptional/ translational level or if they can also directly control the α-synuclein structure remains an open question. On the posttranscriptional/translational level, the results indicate that MIR7 and MIR153 are co-expressed with  $\alpha$ -synuclein in neurons to regulate its levels through a transcription feedforward loop that fne-tunes rather than blocks α-synuclein mRNA expression and translation [[92\]](#page-15-9).

Figure [4](#page-9-0)a, b depict the relatedness between the α-synuclein amino acid sequence and the sequence of these miRNAs. According to the protein–RNA recognition code, important parts of the  $\alpha$ -synuclein sequence can be directly transcribed to MIR7 and MIR153 sequences by the oneletter code. This observation indicates a strong interaction, which suggests that these miRNAs also post-translationally regulate α-synuclein and infuence α-synuclein structure. Additionally, overexpression of MIR7 was recently observed to facilitate the degradation of α-synuclein aggregates by promoting autophagy with an unknown mechanism [[93](#page-15-10)]. MIR221 is a serum miRNA that shows a positive correlation with part III of the united Parkinson's disease rating scale, leading to its proposal as a potential biomarker for PD



KKD<mark>QLGK</mark>NEEGAPQE<mark>GILE</mark>DMPVDPDNEAY<mark>EMPSE</mark>EGYQDYEPEA

<span id="page-9-0"></span>**Fig. 4** Illustrated protein sequences that are recognised by **a** MIR7, **b** MIR153-1, and **c** MIR221-3p

[\[94\]](#page-15-11). MIR221 has also been found to regulate cell viability and apoptosis by targeting PTEN (phosphatase and tensin homologue) [[95\]](#page-15-12); however, Fig. [4c](#page-9-0) shows that according to the one-letter code, MIR221 could recognize and riboregulate  $\alpha$ -synuclein. A number of other miRNAs are predicted to regulate  $\alpha$ -synuclein aggregation; many of them will most likely recognize the α-synuclein amino acid sequence according to the protein–RNA recognition code.

## **Prion diseases (PDs)**

Prion diseases, a group of disorders caused by abnormally shaped proteins called prions, occur in sporadic (Jakob–Creutzfeldt disease), genetic (genetic Jakob–Creutzfeldt disease, Gerstmann–Straussler–Scheinker syndrome, and fatal familial insomnia), and acquired (kuru, variant Jakob–Creutzfeldt disease, and iatrogenic Jakob–Creutzfeldt disease) forms [[96](#page-15-13)]. Unfortunately, to date, all human PDs clinical trials have failed to show survival beneft. However, very rare polymorphisms in the prion protein gene have been identifed that appear to protect against PDs [[96](#page-15-13), [97](#page-15-14)]. The prion disease model states that the pathologic disease-causing misfolded form of the prion protein, PrP<sup>Sc</sup> (in which "Sc" stands for scrapie, the prion disease of sheep and goats) acts as a template, such that when it comes into contact with a prion protein, PrP<sup>C</sup> (in which "C" stands for the normal, cellular form of the protein),  $PrP^{C}$  is transformed into  $PrP^{Sc}$ , resulting in two PrP<sup>Sc</sup> [[96\]](#page-15-13). The PrP<sup>C</sup> population, with a primarily  $\alpha$ -helical structure, is changed to an abnormal population of PrP<sup>Sc</sup>, which stands for proteinaceous infectious particles (prions), and has a primarily β-pleated sheet structure  $[96]$  $[96]$ .

Figure [5a](#page-11-0) shows the crystal structure of wild-type PrP<sup>C</sup> (5YJ5) and pathogenic mutations in full-length human PrP<sup>C</sup> [[98\]](#page-15-15). The structure of the huPr $P^C$  is similar to that of the E219K mutant [[99\]](#page-15-16) and consists of a disordered *N*-terminal tail and a well-structured C-terminal segment containing two short antiparallel β-strands and three α-helices. Interestingly, the most frequently pathogenically mutated region is between the end of the second and beginning of the third α-helices (yellow in Fig. [5a](#page-11-0)). The spacer of the second and third α-helices (red in Fig. [5](#page-11-0)a) is seemingly important for the conformational transition of  $PrP^{Sc}$  to β-sheets. Transcribing the amino acid sequence of this spacer to the nucleotide sequence using the one-letter code can lead to the identifcation of miRNAs in the miRBase [\(http://www.mirbase.org](http://www.mirbase.org)). Table [1](#page-12-15) presents examples of miRNAs found in the miR-Base. MIR361 represents the best match with the spacer found in the database. The FirePlex Discovery Engine ([https](https://www.fireflybio.com) [://www.freflybio.com](https://www.fireflybio.com)), which assembles a list of the most important miRNAs associated with the prion keyword, did not identify this miRNA. MIR146a is frst in the list and seems to be the most important in PDs. However, one study reported an association between MIR361-5p and PDs [\[100](#page-15-17)]. In this study, the authors investigated miRNA expression changes in synaptoneurosomes prepared from the forebrains and hippocampi of mice at two time points during PDs. At the preclinical stage (105 days post-infection), MIR146a showed an 1.1-fold increase in the hippocampus and an 0.2 fold decrease in the forebrain, and MIR361 showed an 1.7 fold increase in both the hippocampus and forebrain [\[100](#page-15-17)]. At the terminal stage of PDs (167 days post-infection), MIR146a showed an 6.95-fold increase in the forebrain, and MIR361 showed an 2.8-fold decrease in the forebrain [[100](#page-15-17)]. According to the protein–RNA recognition code, MIR361 recognizes the frequently mutated region more strongly (Fig. [5b](#page-11-0)) than it recognizes the MIR146a (Fig. [5c](#page-11-0)), and MIR361 even well recognizes the octapeptide repeat region (Fig. [5](#page-11-0)b). At the end-stage of PDs, MIR361 appears to be sequestered by the amyloid fbrils.

## **Conclusion**

ncRNAs are likely critical components for epigenetic control. An estimated 40% of the genes for lncRNAs are specifcally expressed in brain tissue, and miRNAs have also been reported to be enriched in the CNS. More than 60% of human protein-coding genes harbour predicted miRNA target sites [\[11\]](#page-12-10). Many of the miRNAs are loaded into extracellular vesicles for cell–cell communication; interestingly, viruses often modulate host miRNAs for their replication. Large RNP machines reveal that protein–RNA interactions do not require canonical globular RNA-binding domains; many regions in RBPs are found to be intrinsically disordered, and this property helps them to recognize and bind RNA-partner sequences, adopting stable structures upon binding. Conventional RBDs change the fate or function of the bound RNAs, but there is ample room for considering the opposite possibility that the known biological function of a protein can be altered through riboregulation, for example, by miRNAs. miRNAs, or sncRNAs that arise as RNA degradation products, can directly infuence the activity and structure of proteins. These events can be programmed or coded by nucleotide-amino acid sequences. The protein–RNA recognition code [[27](#page-13-11)], which is still controversial, plays an important role in this case [\[103](#page-15-18)]. In the interactome, interruption of protein–RNA recognition harmony leads to molecular processes contributing to neurodegeneration. ALS, also known as motor neuron disease, shows how toxic (GGGGCC)*n* hexanucleotide repeat expansion improperly sequesters hnRNP H and SFPQ. These proteins are rich in G and GGP and GGA triplets that support the protein–RNA recognition code hypothesis. DM1 is caused by a (CTG)*n* expansion in the DMPK gene, and repeat



<span id="page-11-0"></span>**Fig. 5** Prion diseases. **a** Pathogenic mutations (red, [\[98\]](#page-15-15)) shown in the sequence and crystal structure of human wild-type PrPC (5YJ5), short important amino acid sequences can be transcribed into nucleo-

RNA-induced toxicity sequesters MNBL1–3 proteins into RNA foci. The proteins are rich in cysteines, L, A and LA amino acid duplets that can be exactly transcribed to the CTGC nucleotide sequence. HD, a neurodegenerative disorder caused by an expanded (CAG)*n* repeat in the huntingtin gene, teaches us how (CAG)*n* repeats can be toxic to neurons on one hand but have anticancer properties on the other. The system creates a balance between anticancer tide sequences and searched via the online miRBase. **b**, **c** Illustrated protein sequences that are recognised by MIR361 and MIR146a respectively

properties  $(n > 20)$  and neurodegeneration  $(n > 36)$ . The protein–RNA recognition code explains why (CAG)*n* repeats can be so toxic. According to the code, many proteins have sequences at the N- or C-terminus that recognize various (CAG)*n* repeat reading frames. Dysregulation of these proteins can lead to cell death. Theoretically, there is ample room for considering the possibility that the known biological function of a protein can be directly

<span id="page-12-15"></span>



Mature miRNAs, SSEARCH, *E* value cutoff (10,000), human

modulated by miRNAs. (CAG)*n* repeat-derived sncRNAs, which were found to be cleaved by the enzyme that generates mature miRNAs from pre-miRNAs (Dicer), would compete with miRNAs designed for the riboregulation. For example, MIR34a, which directly represses the CD44 adhesion molecule, has one GCAG motif (also MIR107 from AD has one). A reduction in MIR9 in AD has been shown in various human AD brain samples, mouse models and neuronal cell culture models, and MIR9 is generally regarded as being neuroprotective. According to the protein–RNA recognition code, MIR9 strongly recognizes Aβ42, especially the MVGGVVIA *C*-*end* sequence, which may be responsible for the higher propensity of Aβ42 to form amyloids. MIR107 also well recognizes Aβ42, especially the disordered N-terminal region. In PD, MIR7 and MIR153 can be predicted to regulate  $\alpha$ -synuclein aggregation. According to the protein–RNA recognition code, important parts of the α-synuclein sequence can be directly transcribed to MIR7 and MIR153 sequences. Similarly, in PDs, a group of disorders caused by prions, transcribing amino acid sequences to the nucleotide sequence may lead to the identifcation of miRNAs potentially involved in the disease. It provides useful key to design miRNA probes.

In my opinion, future research should focus on "contactless" recognition. There is a possibility that protein–RNA recognition can be performed without contact and binding. In that case, co-crystallization or crosslinking and precipitation will not occur. Based on this concept, bioinformatics research could provide evidence and explanations for processes like this in the near future, and all needed datasets for this task likely already exist in public databases. Paradoxically, neurodegenerative disorders and cancer could provide the datasets to comprehend the molecular, cellular and multicellular life in all his details.

**Acknowledgements** This work was supported by "Vedecká grantová agentúra MŠVVaŠ SR a SAV" (VEGA 2/0058/17) and the Research and Development Operational Programme (ITMS 26220120054).

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