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Expanding and Underscoring the Hepato-Encephalopathic Phenotype of *QIL1/MIC13*

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Mitochondrial disease can present with rapid infantile liver failure. Two sibling pairs with variants in *QIL1*, a gene important for mitochondrial contact site and cristae organizing system (MICOS) function, were recently reported on. They had intermittent liver disease, mild cardiac hypertrophy, cerebellar atrophy, acquired microcephaly, neurological impairment, and death before age 5 (12 months to 5 years). Patients also had lactic acidosis and urinary excretion of 3-methylglutaconic acid (3MCGA).^(1,2) An additional case had renal stones, liver failure, and progressive neurological decline with death at 22 months.⁽³⁾ We discuss 7 unreported patients.

Clinical History

Patients 1 and 2 were monozygotic twin sisters who presented with fulminant liver failure at 3 months (Table 1). Electron microscopy (EM) demonstrated unusual cristae configurations in hepatocytes and Kupffer cells, but subtle abnormalities in skeletal muscle mitochondria initially interpreted as normal (Fig. 1). Their mild neurological findings were attributed to liver disease, so they were listed for transplant but died of liver failure. A younger sister (patient 3) had elevated liver function studies at birth. At 9 months, her liver disease was stable. She died at 13 months. Patient 4 had neonatal onset of transient liver disease with death at 10 months from acute respiratory distress syndrome (ARDS). His older sister (patient 5) exhibited a similar course. Liver histology showed enlarged mitochondria (Fig. 1). A sister of the father (patient 6) had a similar course 24 years earlier. Patient 7 had neonatal onset of transient liver failure. She had bouts of liver disease with severe diarrhea and neurological deterioration and died at age 3 in the course of acute liver disease with vomiting and seizures.

Discussion

Extrahepatic manifestation of *QIL1* hepato-encephalopathy varies, but all 7 patients had liver disease with acute liver failure (ALF) in all but 2 patients (5 and 6). In patients 1 and 2, ALF initially appeared to be isolated prompting evaluation for liver transplantation. However, given the high rate of neurological deterioration, mitochondrial hepatopathy attributed to *QIL1* ought to be a contraindication for transplantation. Whereas liver disease was the entry point in all patients, its characteristics and severity varied even within the same family. Patients 3, 4, and 7 exhibited neonatal-onset ALF. At presentation, cholestatic jaundice was present in all but 1 patient (patient 5), and gamma-glutamyl transferase (GGT)

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was normal in 4 patients (1, 2, 5, and 7) and elevated in the other 3. Ammonia was normal or mildly elevated. Lactic acid ranged from 2.7 to 8.6 mmol/L. All patients exhibited urinary excretion of 3MCGA. Therefore, a consistent *QIL1* clinical scenario is of early onset and recurrent liver disease of variable severity, most often with cholestatic jaundice and elevated or normal GGT. In that setting, subsequent extrahepatic findings (neurological disease, optic atrophy, and ARDS) and 3MCGA are highly suggestive of *QIL1*.

For patients 1 and 2, anesthesia exposure likely contributed to their decline given that their sister survived 13 months without anesthesia. ARDS was striking (patients 4 and 5), along with respiratory failure in the literature.⁽³⁾ This may reflect poor brainstem function with aspiration or be part of the *QIL1* phenotype given that *QIL1* is expressed in lung tissue.⁽⁴⁾

Characteristic findings on liver EM helps to differentiate this condition. The stacking dysmorphia of the mitochondrial cristae may allow one to distinguish *QIL1*-related pathology from other metabolic or mitochondrial (mitochondrial DNA depletion syndromes) conditions. However, EM findings vary in different cell types and can be subtle. Although it is not always routine to attain biopsies, multiple images of muscle and liver tissue should be evaluated when attained.

Ultimately, whole-exome sequencing or next-generation sequencing mitochondrial panel (patients 4-6) identified the causative variants in all three families. Because there are only 5 reported cases, *QIL1* is not yet on infantile liver failure gene panels. Based on the clinical and management implications of an early diagnosis, we propose that the evaluation of an infant with ALF should include broader genetic testing, especially in the setting of transplant evaluation.

Acknowledgments

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Abbreviations:

3MCGA	3-methylglutaconic acid
ALF	acute liver failure
ARDS	acute respiratory distress syndrome
EM	electron microscopy
GGT	gamma-glutamyl transferase.

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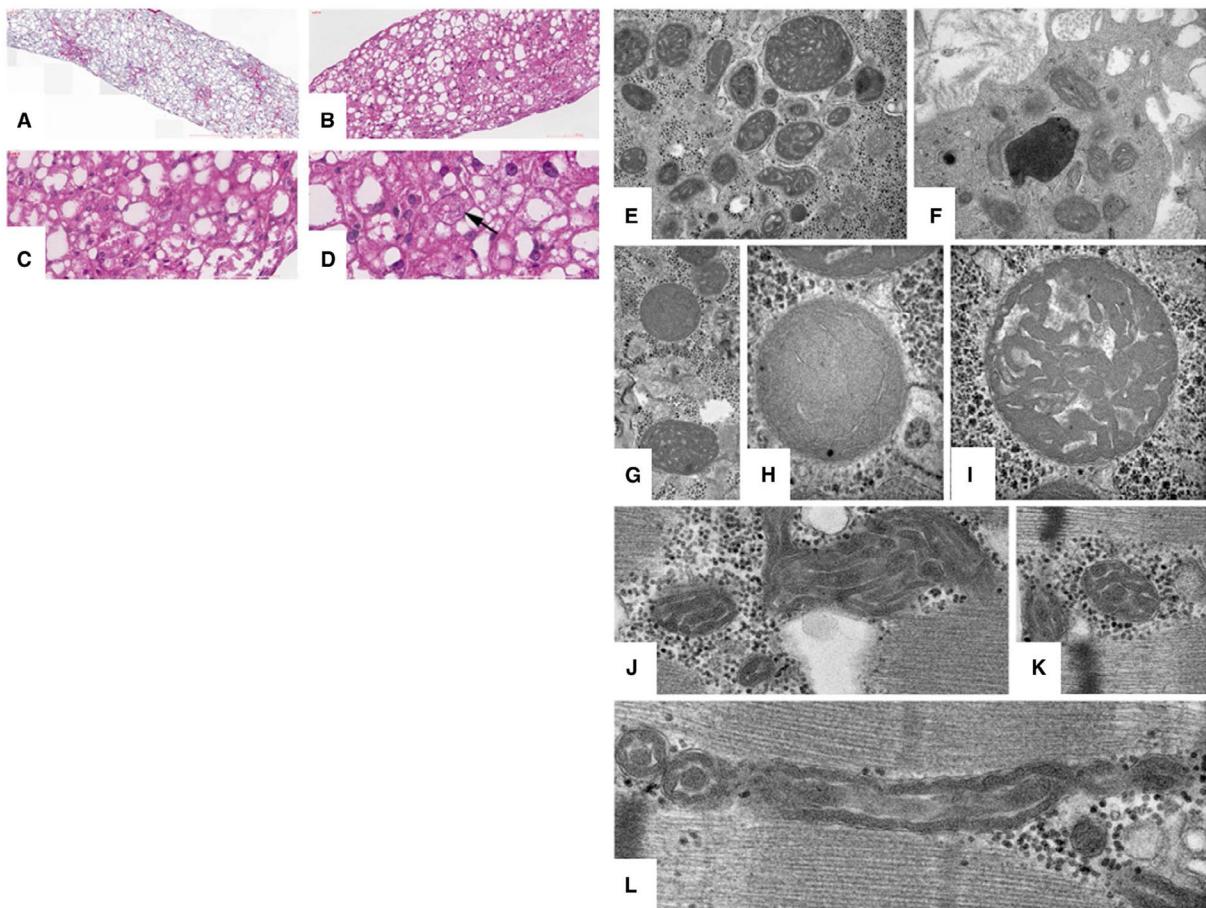
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**FIG. 1.**

Histopathology and ultrastructure of patients 2 and 5. Liver histology on patient 5 (A-D). (A) Liver parenchyma with irregular portal fibrosis and perisinusoidal fibrosis at 25 \times . (B) Abnormal hepatocytes with diffuse macro- and microvesicular steatosis at 200 \times . (C) Oxyphilic transformation at 400 \times . (D) Megamitochondria (denoted with arrow) at 800 \times . EM images of patient 2 (E-L). (E-I) Pleiomorphic mitochondria in hepatocytes exhibit abnormal size variation, with the larger mitochondria exhibiting unusual dysmorphic convoluted stacked cristae resembling a ball of yarn. Intermixed are a few almost normal mitochondria. In all panels, matrix granules are abnormally reduced. (F) The cristae of Kupffer cell mitochondria are also abnormal to a lesser degree. (J,K) Skeletal muscle mitochondria of the same patient exhibit a subtle abnormality consisting of stacked undulating cristae with reduced matrix. (L) The cristae of the smallest muscle mitochondria differ from normal small mitochondria by unusual wavy undulating contours notable in both cross- and longitudinal profiles.

Key Clinical Features of 7 Patients From Three Families With Variants in *QIL1*

TABLE 1.

Patients	Birth Parameters	Presentation	Laboratory Findings	Medical Course
1 (Family 1) Female Hispanic d. 4 mo Genetic variant: c.260del (p.Gly87Alafs*3)	Gestation: 34 weeks Weight: 1,800 g Monzygotic twins	Month 2: elevated liver enzymes	Month 2: ALT 131 (12.49 uL); AST 227 (20.98 uL); total Bili 4.2 (0.1-10.3 mg/dL); direct Bili 3.6 (0.0-0.4 mg/dL) Month 3: ALT 1,206; AST 2,153; ALP: 923 (81-316 uL); GGT 88 (7-168 uL); total Bili 12.4; ammonia <10 (<49 μmol/L); lactic acid: 2.7 (1.0-3.5 mmol/L); INR: 2.5; fibrinogen: 96 (200-400 mg/dL); factor V: 27.04 (50%-150%) Urine 3MCGA	Day 1: poor feeding; 17-day NICU stay Month 1: newborn screen with elevated tyrosine, repeat with methionine elevated Month 2: elevated liver enzymes without jaundice or coagulopathy Month 3: jaundice with worsening liver enzymes and coagulopathy developing into ALF; poor feeding; brain MRI with normal spectroscopy. Month 4: decompensated quickly in the OR with anesthesia and line placement; liver transplant aborted and returned intubated; died 10 days later at 4 months old with multiorgan failure
2 (Family 1) Female Hispanic d. 4 mo Genetic variant: c.260del (p.Gly87Alafs*3)	Gestation: 34 weeks Weight: 1,990 g Monzygotic twins	Month 2: elevated liver enzymes	Month 2: ALT 229 (12.49 uL); AST 296 (20.98 uL); total Bili 3.3 (0.1-10.3 mg/dL); direct Bili: 2.7 (0.0-0.4 mg/dL) Month 3: ALT 829; AST 1,372; ALP 974 (81-316 uL); GGT 80 (7-168 uL); total Bili 7.5; ammonia <10 (<49 μmol/L); lactic acid 4.4 (1.0-3.5 mmol/L); INR: 2; fibrinogen 129 (200-400 mg/dL); factor V 30.02 (50%-150%) Urine 3MCGA	Day 1: poor feeding; 17-day NICU stay Month 1: newborn screen with elevated tyrosine, repeat with methionine elevated Month 2: elevated liver enzymes without jaundice or coagulopathy Month 3: jaundice with worsening liver enzymes and coagulopathy developing into ALF; poor feeding; liver biopsy with subacute massive hepatic necrosis with collapse, prominent giant cell transformation of residual parenchyma with early micronodular cirrhosis; normal muscle and skin biopsy and brain MRI spectroscopy Month 4: unlisted for liver transplant given biopsy and sister's clinical course; died at 4 months with worsening coagulopathy
3 (Family 1) Female Hispanic d. 13 mo Genetic variant: c.260del (p.Gly87Alafs*3)	Gestation: 40 weeks Weight: 3,005 g Length: 56.8 cm APGAR: 9/10	Day 1: poor feeding, hypoglycemia, hypothermia; ALF with elevated liver enzymes on day 2	Day 2: low glucose 40 (47-110 mg/dL); ALT 85 (12.49 uL); AST 332 (20-98 uL); ALP 438 (81-316 uL); GGT 588 (7-168 uL); total Bili 10.7 (0.1-10.3 mg/dL); direct Bili 0.6 (0.0-0.4 mg/dL); ammonia 60 (<49 μmol/L); lactic acid 8.6 (1.0-3.5 mmol/L); PT 29.1 (9.6-11.6 seconds); INR 2.94; fibrinogen <70 (200-400 mg/dL); Factor V 22.57 (50%-150%) Urine 3MCGA	Day 1: poor feeding and hypoglycemia requiring gavage feeds and intravenous fluids Day 2: elevated liver enzymes and coagulopathy with ALF Week 1: brain MRI with subtle bilateral cerebral white matter signal abnormality and slight broadening/undersulcation of the frontal lobe gyri Week 3: severe obstructive sleep apnea with associated hypoxemia and oxygen at night; coagulopathy normalized; home with palliative care avoidance of surgery or anesthesia Month 9: all oral feeds, developmental delays Died at 13 months
4 (Family 2) Male Tunisian d. 10 mo Genetic variant: c.143dupT (p.Ala51Argfs*32)	Gestation: 40 weeks Weight: 2,840 g Length: 47 cm HC: 35 cm APGAR: 10/10	Day 3: hypoglycemia, ALF	Day 3: low glucose 29 (47-110 mg/dL); ALT 742 (5-110 uL); AST 365 (5-55 uL); ALP 653 (117-270 uL); AFP 50,480 (150-15,000 ng/mL); GGT 445 (10-270 uL); total Bili 18.5 (0.1-10.3 mg/dL); direct Bili 2.2 (0.0-0.4 mg/dL); ammonia 67 (<50 μmol/L); lactic acid 6 (1.5-2.0 mmol/L); PT ratio: 23% (70%-100%); factor V 27 (50%-150%) Day 6: ALT 120; AST 76; ALP 802; GGT 276; total Bili 7.5;	Month 6: mild elevation of liver enzymes with normal coagulation profile, mild cholestasis, mild hypotonia; microcephaly (-2 SDs) Month 9: respiratory insufficiency and ARDS Died at 10 months from ARDS

Patients	Birth Parameters	Presentation	Laboratory Findings	Medical Course
5 (Family 2) Female Tunisian d. 5 mo Genetic variant: c.143dupT (p.Ala51Argfs*32)	Gestation: 40 weeks Weight: 2,820 g Length: 46.5 cm HC: 34 cm APGAR: 10/10	Month 1.5: cyanosis	direct Bili 3.5; lactic acid 1.2; normal PT and factor V Month 9: ALT 52; AST 122; ALP 391; GGT 317; normal Bili, PT, and factor V Urine 3MCGA	Month 2: respiratory distress and hepatomegaly Month 4: feeding difficulty with psychomotor regression and microcephaly (HC -2 SDs); breathing difficulties leading to ARDS Died at 5 months from ARDS
6 (Family 2) Female Tunisian d. 9.5 mo Genetic variant: c.143dupT (p.Ala51Argfs*32)	Gestation: 39 weeks Weight: 3,270 g APGAR: 10/10	Month 8: psychomotor regression, microcephaly	1.5 mo: ALT 109 (5-110 u/L); AST 190 (5-55 u/L); ALP 630 (117-270 u/L); GGT 237 (10-270 u/L); normal total Bili; PT ratio 100% (70%-100%) Month 2: ALT 152; AST 165; ALP 458; GGT 297; AFP 1,990 (150-15,000 ng/mL) Month 4: ALT 147 IU/L; AST 78 IU/L; GGT 490 IU/L; ALP 433 IU/L; lactic acid 2.4 (1.5-2.0 mmol/L); no lactaturia; CSF lactate 2.2 (<2 mmol/L); PT ratio 100% Urine 3MCGA	Month 8: psychomotor regression, microcephaly at -2.5 SDs, optic atrophy, white matter changes, and cerebellar atrophy; muscle biopsy showed lipodosis, mitochondrial aggregates, and respiratory chain complexes (II + III) and intravenous deficiencies; in liver: deficiency of respiratory chain complexe (II + III) Died at 9.5 months of age from respiratory distress
7 (Family 3) Female Tunisian d. 3 yo Genetic variant: c.143dupT (p.Ala51Argfs*32)	Gestation: 41 weeks Weight: 3,440 g Length: 52 cm HC: 35 cm APGAR: 10/10	Day 1.5: liver failure, hypotonia	Day 8: ALT 537 (5-110 u/L); AST 418 (5-55 u/L); ALP 760 (117-270 u/L); total Bili 3.5 (0.1-10.3 mg/dL); direct Bili 1.8 (0.0-0.4 mg/dL); lactic acid 2 (1.5-2.0 mmol/L); CSF lactate 2.5 (<2 mmol/L); PT ratio 100% (70%-100%) Urine 3MCGA	Day 10: liver biopsy with multiple respiratory chain complexes deficiency and mtDNA depletion Month 2: psychomotor delay with cerebellar and optic atrophy on brain MRI Intermittent liver failure when febrile 2 years 10 months: fever, vomiting, neurological deterioration, and associated seizures Died at age 3 from severe neurological deterioration and liver disease

All families are of consanguineous descent. The proband in each family was identified on exome sequencing or mitochondrial nuclear gene panel by next-generation sequencing (patients 4-6) with Sanger confirmation for the proband and all affected relatives.

Abbreviations: AFP, alpha-fetoprotein; ALP, alkaline phosphatase; ALT, alanine aminotransferase; APGAR, Appearance, Pulse, Grimace, Activity, and Respiration; AST, aspartate aminotransferase; CSF, cerebrospinal fluid; d, died; direct Bili, direct bilirubin; HC, head circumference; INR, international normalized ratio; mo, months; MRI, magnetic resonance imaging; mtDNA, mitochondrial DNA; NICU, neonatal intensive care unit; OR, operating room; PT, prothrombin; total Bili, total bilirubin; yo, years old.