

Natural history of mesenchymal stem cells, from vessel walls to culture vessels

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Abstract Mesenchymal stem/stromal cells (MSCs) can regenerate tissues by direct differentiation or indirectly by stimulating angiogenesis, limiting inflammation, and recruiting tissue-specific progenitor cells. MSCs emerge and multiply in long-term cultures of total cells from the bone marrow or multiple other organs. Such a derivation in vitro is simple and convenient, hence popular, but has long precluded understanding of the native identity, tissue distribution, frequency, and natural role of MSCs, which have been defined and validated exclusively in terms of surface marker expression and developmental potential in culture into bone, cartilage, and fat. Such simple, widely accepted criteria uniformly typify MSCs, even though some differences in potential exist, depending on tissue sources. Combined immunohistochemistry, flow cytometry, and cell culture have allowed tracking the artifactual cultured mesenchymal stem/stromal cells back to perivascular

anatomical regions. Presently, both pericytes enveloping microvessels and adventitial cells surrounding larger arteries and veins have been described as possible MSC forerunners. While such a vascular association would explain why MSCs have been isolated from virtually all tissues tested, the origin of the MSCs grown from umbilical cord blood remains unknown. In fact, most aspects of the biology of perivascular MSCs are still obscure, from the emergence of these cells in the embryo to the molecular control of their activity in adult tissues. Such dark areas have not compromised intents to use these cells in clinical settings though, in which purified perivascular cells already exhibit decisive advantages over conventional MSCs, including purity, thorough characterization and, principally, total independence from in vitro culture. A growing body of experimental data is currently paving the way to the medical usage of autologous sorted perivascular cells for indications in which MSCs have been previously contemplated or actually used, such as bone regeneration and cardiovascular tissue repair.

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Abbreviations

AGM	Aorta-gonad-mesonephros
BGP	β -glycerophosphate
BM	Bone marrow
BMP	Bone morphogenetic protein
CB	Cord blood
CD	Cluster of differentiation
CFU	Colony-forming unit
CPD	Cumulative population doubling
CSC	Cardiac stem cell
DLK-1	Delta-like 1
ECM	Extracellular matrix
EPC	Endothelial progenitor cell
FACS	Fluorescence-activated cell sorting
FDA	Food and Drug Administration
HGF	Hepatocyte growth factor
HLADR	Human leukocyte antigen-DR
HSC	Hematopoietic stem cell
IBMX	3-isobutyl-1-methylxanthine
IGF	Insulin-like growth factor
ISCT	International Society for Cellular Therapy
Lep-R	Leptin receptor
mAbs	Monoclonal antibodies
MAPC	Multipotent adult progenitor cell
MASC	Multipotent adult stem cell
MCAM	Melanoma cell adhesion molecule
MI	Myocardial infarction
MIAMI	Marrow-isolated adult multilineage inducible cell
MLPC	Multilineage progenitor cell
MSC	Mesenchymal stem cell
NELL1	Nel-like molecule 1
OVX	Ovariectomized
PDGFR β	Platelet-derived growth factor receptor β
PSC	Perivascular stem cell
SCF	Stem cell factor
SVF	Stromal vascular fraction
SVP	Saphenous vein pericyte
USSC	Unrestricted somatic stem cell
VCAM	Vascular cell adhesion molecule
VEGF	Vascular endothelial growth factor
VESL	Very small embryonic-like stem cell
vWF	von Willebrand factor

Introduction

It is intuitive that any adult tissue with the capacity to repair or regenerate harbors specific stem cells, defined by their ability to self-renew and retain sufficient proliferative

and differentiation potential. Bone has an impressive ability to repair and it is therefore not surprising that stem cells with bone-regenerative characteristics have been identified from cultures of bone-derived cells. The presence of non-hematopoietic stem cells in the bone marrow (BM) was first described by Conheim, who proposed that bone marrow was also a source of fibroblasts contributing to bone healing [1]. In the 1960s, the Russian scientist Friedenstein [2–4] identified a population of cells within rodent bone marrow that were rapidly adherent to plastic, had the appearance of fibroblasts, and formed clonal colonies in vitro (colony-forming unit (CFU)—fibroblast). These cells were also capable of osteogenic differentiation in culture and could generate bone when implanted in ectopic locations in vivo. In addition, their demonstrated ability to regenerate heterotopic bone tissue in serial implants suggested their self-renewal [5]. Since Friedenstein's early descriptions, numerous laboratories have confirmed and expanded these findings, showing that cells with similar abilities to be sub-passaged and differentiated in vitro into a variety of mesodermal cell types such as osteoblasts, chondrocytes, adipocytes, and myoblasts could be isolated from human bone marrow [6–9]. Some investigators suggested that perivascular cells in the bone marrow are the precursors of connective tissue lineages in vivo [10, 11]. Friedenstein had isolated from the bone marrow of rodents what would later be coined “mesenchymal stem cells (MSCs)” by Caplan [12].

MSCs have now been isolated from multiple different human tissue types including fat [13, 14], dental pulp [15], periodontal ligament [16], tendon [17, 18], umbilical cord [19], skin [20], placenta [21], amniotic fluid [22], synovial membrane [23], muscle [24], indeed almost all post-natal [25, 26], and fetal tissues [27, 28] (Table 1). Considerable work has been done to characterize and expand these cells in vitro, and to explore strategies to maintain these cells in their stem-like state [29–34]. This work was driven by the promise of therapeutic translation using these progenitors to replace or repair damaged musculoskeletal tissues. Therefore, current knowledge of MSCs is almost entirely based on characterization and observations of behavior in culture—the setting in which they are defined—and until recently the in vivo counterpart of culture-expanded MSCs remained a mystery.

With interest so far focused on multipotency and tissue engineering, little is currently understood regarding the ontogeny of these cells, their anatomical localization or their natural role in tissue homeostasis, physiology, or pathology. Characterization of native MSCs could allow for either pharmacological or genetic manipulations of this cellular pool in vivo, or facilitate the purification of populations for tissue engineering applications. In this review, we summarize recent developments in our understanding of the

Table 1 Human MSCs derived from different sources

Human tissue	Study
Aorta	[25]
Adipose	[13, 27, 228–233, 257]
Amniotic fluid	[22, 41]
Bone marrow	[2–4, 7, 15, 25, 27, 234]
Blood	[235]
Brain	[25, 27, 113]
Cartilage	[236, 237]
Cord blood	[234, 238–241]
Dental pulp	[15, 44, 242–246]
Endometrium	[247, 248]
Eye	[27]
Gut	[27, 249]
Heart	[27]
Kidney	[25]
Liver	[25, 234]
Lung	[25, 27]
Muscle	[24, 25, 27]
Pancreas	[25, 27]
Perichondrium	[250, 251]
Periodontal ligament	[16]
Placenta	[21, 27, 252]
Salivary gland	[253]
Skin	[20, 27]
Spleen	[25]
Synovial membrane	[23]
Tendon	[17, 18]
Thymus	[25]
Umbilical cord	[19, 27, 254]
Vein	[25, 255]

anatomical and developmental origins of MSCs and discuss related ongoing controversies. We discuss how advances in our understanding of the *in vivo* location of MSCs will facilitate the expanding medical applications of these cells.

Definitions and *in vitro* behaviors of MSCs

Attempts have been made to standardize the nomenclature used in MSC research, however the variation in methods of isolation, culture, and assays used to examine them has made this issue both difficult and at times misleading. In 2006, the International Society for Cellular Therapy (ISCT) produced a position statement in which it suggested the minimum criteria required to define MSCs [35]. They stated that cells must:

- Be plastic adherent
- Express the cell surface antigens CD105, CD73, and CD90

- Not express the cell surface antigens CD45, CD34, CD14, CD11b, CD79 α , CD19, or HLA-DR
- Differentiate into osteoblasts, adipocytes, and chondroblasts *in vitro*

These criteria were established to standardize human MSC isolation but may not apply uniformly to other species. For example, murine MSCs differ in marker expression and behavior compared with human MSCs [36].

Although not included within defining criteria, MSCs are recognized to perform a number of roles beyond multipotency including immune modulation, hematopoiesis support, and the release of trophic factors in response to injury.

Multilineage potential

The ability of MSCs to differentiate into mesodermal cell lineages (cartilage, bone, tendon, ligament, adipose tissue, marrow stroma, connective tissue) in appropriate conditions is well established [12]. This is routinely achieved *in vitro* by supplementation of cultures with lineage-specific growth factor combinations. For example, dexamethasone, 3-isobutyl-1-methylxanthine (IBMX), and insulin are used to induce adipogenic differentiation while dexamethasone, β -glycerophosphate (BGP), and ascorbic acid are used to promote osteogenic differentiation.

Support of hematopoiesis

The crucial role of BM stromal progenitors in supporting hematopoiesis was first described by Friedenstein et al. [3] who observed the formation of heterotopic ossicles containing bone and hematopoietic tissue upon ectopic CFU-fibroblast-derived colony transplantation in semi-syngeneic animals. The hematopoietic cells were of recipient origin whereas bone-forming cells originated from the donor suggesting that transplanted colonies provided a micro-environment favorable for hematopoietic stem cell (HSC) homing and subsequent establishment of hematopoiesis. Subsequently, Dexter et al. [37] established a system of murine long-term cultures to demonstrate that BM stromal cells can maintain hematopoiesis for several months. It was confirmed that a subset of human BM stromal cells expressing the STRO-1 antigen possesses hematopoiesis supporting ability, along with the potential to differentiate into multiple mesenchymal cell lineages [38, 39]. There is accumulating evidence to suggest that BM MSCs also have promoting effects on HSC engraftment and repopulation. Several studies have demonstrated that co-transplantation of human HSCs and MSCs results in increased chimerism and/or hematopoietic recovery, in both animal models and humans [40–46].

Immune regulation

The immunomodulatory properties of bone marrow-derived MSCs, including their immunosuppressive effects during allogeneic stem cell transplantation, have been well documented [47–51]. The immunoactivity of the cells is mediated by direct cell-to-cell contact and through secreted bioactive molecules involving dendritic cells, B and T cells including T regulatory cells, and T helper cells and killer cells [51, 52]. The immunomodulatory effect of MSCs has been suggested to involve the release of bio-molecules (IL-10, interferon- γ , indoleamine 2,3-dioxygenase [53]), cell-to-cell contacts [54], T-cell regulation [55], and alloantigen-pulsed dendritic cells [56]. Furthermore, umbilical cord perivascular mesenchymal progenitors [57] as well as pericytes purified from pancreas, skeletal muscle and placenta [Corselli et al., unpublished] can reduce lymphocyte proliferation as bone marrow MSCs do. More studies will be required to elucidate thoroughly the role of MSCs and related perivascular mesenchymal progenitors during the inflammatory and immunosuppressive responses.

Secretion of trophic factors

Experiments using transplantation of cultured MSCs into animals led to the realization that MSCs' therapeutic effects could not be explained by differentiation into tissue-specific cells alone [58, 59]. As such, transplanted MSCs may exert beneficial effects through their vast secretome beyond immune regulation [60, 61]. Bioactive factors secreted by MSCs have angiogenic and antiapoptotic properties that serve to limit the extent of tissue damage at the injured sites, re-establish blood supply, and possibly recruit local progenitors. These MSC paracrine effects have been referred to as trophic effects [54].

Due to the lack of a unique MSC function and anatomic identity, these cells were termed MSCs or more or less synonymously “marrow stromal cells”, “BM stromal cells” and “mesenchymal stromal cells” [1, 62, 63]. Populations of cells that fulfilled the ISCT MSC criteria yet exhibit broader differentiation capacity have also been described [64]. Investigators described such cells as multipotent adult progenitor cells (MAPC) [65], marrow isolated multilineage inducible cells (MIAMI) [66], or multipotent adult stem cells (MASC) [67]. The relationship of these cells to MSCs is currently not clear.

For example, cord blood (CB) contains different non-hematopoietic CD45 $^{-}$, CD34 $^{-}$ adherent cell populations: cord blood mesenchymal stromal cells (CB MSCs) that behave almost like MSCs from bone marrow (BM MSCs), very small embryonic-like stem cells (VSEL), and unrestricted somatic stem cells (USSCs) that differentiate into cells of all three germ layers [68–70]. Distinguishing

between these populations is difficult due to overlapping features such as the immunophenotype or the osteogenic and chondrogenic differentiation pathways. Functional differences in the differentiation potentials suggest different developmental stages or different cell populations.

The immunophenotype of MSCs

Assuming that MSCs represent a distinct cell population, it is intuitive that they would have a specific repertoire of cell surface antigens that would enable identification, isolation, and purification based on phenotype. Flow cytometry is a powerful and relatively easy-to-handle approach for phenotyping of cells using fluorescence labeled monoclonal antibodies (mAbs) against cell surface antigens. The cell surface antigen profile of MSCs has been well explored, and in recent years various combinations of cell surface markers were published for characterizing MSCs (Tables 2, 3) [71, 72]. A particular challenge for the field has been the absence of any specific marker to define MSCs, although a large number of different determinants have been associated, albeit not exclusively, with them (reviewed by Lindner et al. [73] 2010; for human MSCs).

Simmons et al. reported that a population of human bone marrow-derived cells expressing STRO-1 was considerably enriched in clonogenic cells that were capable of differentiation into multiple mesenchymal cell lineages and included CFUs. It was subsequently demonstrated that the homogeneity of the STRO-1-positive population could be further improved by co-selecting for VCAM-1 [74]. Similarly, CD146 (MCAM)+ populations isolated from bone marrow were shown to adhere to plastic, demonstrate clonogenicity, and self renew in vitro [75, 76]. When transplanted subcutaneously into mice, this CD146+ population can generate bone and support hematopoiesis. Any relationship between the STRO-1+VCAM-1+ population and the CD146+ population remains to be determined. While these markers have been used to enrich MSC-like populations, they do not appear to participate in the molecular processes regulating self-renewal versus differentiation [77].

Defining MSCs in vitro adds complexity to their study because the culture conditions may introduce experimental artifacts. It has been proposed that certain natively expressed surface markers are modified following explantation, while new markers may be acquired. For example, an MSC line was isolated that uniformly expressed human leukocyte antigen-DR (HLA-DR) (a marker that should not be expressed on MSCs by the above definition) while also expressing CD90 and CD105, adhering to plastic in culture, and being capable of differentiating into osteoblasts, adipocytes, and chondroblasts [78].

Table 2 Markers used for the POSITIVE identification of MSCs and MSC precursors

Marker	Also known as	“Conventional” MSCs	Pericytes	Adventitial cells
CD3		[256]		
CD9	Tetraspanin-29	[256–259]		
CD10	Neural endopeptidase	[27, 257]	[27]	
CD13	Alanine aminopeptidase N	[27, 257]	[27]	
CD18		[261]		
CD29	Integrin beta 1	[148, 256–259, 261, 262]	[260]	
CD34*	Mucosialin	[106, 135, 257, 258, 262, 263, 265]		[135, 263–265]
CD44	Receptor for hyaluronic acid	[148, 256–259, 261, 262]	[27, 260, 263, 295]	[135]
CD49A	Half of $\alpha 1\beta 1$ integrin duplex	[256, 257, 259, 261]		
CD49B	Half of $\alpha 2\beta 1$ integrin duplex	[256, 257, 259, 261]		
CD49C	Integrin $\alpha 3$	[256, 257, 259, 261]		
CD49E	Integrin $\alpha 5$	[256, 257, 259, 261]		
CD49F	Integrin $\alpha 6$	[256, 257, 259, 261]		
CD51	Integrin αV	[261]		
CD54	Intercellular adhesion molecule 1	[257–259, 261]		
CD55		[257–259]		
CD56	Neural cell adhesion molecule (NCAM)	[261, 263]		
CD58	Lymphocyte function-associated antigen 3	[256]		
CD59	Protectin	[257, 266]		
CD61	Integrin $\beta 3$	[258]		
CD63	Lysosomal-associated membrane protein 3 (LAMP-3)	[258]		
CD71	Transferrin receptor	[256, 258, 259]		
CD73	5'-nucleotidase, ecto	[27, 35, 148, 256, 259, 262]	[27, 106, 260, 264]	[106, 135]
CD90	Thy-1	[27, 35, 148, 256, 258, 259, 262, 263]	[27, 106, 260, 263–265, 295]	[13, 15–17]
CD97	Leucocyte antigen	[258]		
CD98		[258]		
CD99	E2 antigen	[258]		
CD104	Integrin $\beta 4$	[261]		
CD105	Endoglin	[27, 35, 148, 257–259]	[27, 260, 264, 295]	[135]
CD106	Vascular cell adhesion molecule 1 (VCAM1)	[257, 261]		
CD120A	Tumor necrosis factor receptor	[7]		
CD124	Interleukin-4 receptor	[7]		
CD140	Platelet-derived growth factor receptor beta (PDGFR β)	[27, 263, 267, 268]	[27, 260, 263, 264]	
CD146	Melanoma cell adhesion molecule (MCAM)	[27, 106, 257, 263, 265]	[27, 106, 260, 263–265, 295]	
CD166	Activated leukocyte cell adhesion molecule (ALCAM)	[257–259, 261, 262]	[295]	
CD271	Low-affinity nerve growth factor receptor (LNGFR)	[263, 267, 269]		
CD276		[258]		
CD304		[258]		
CD324		[261]		
CD340		[267]		
CD349		[267]		
α SMA		[27, 263]	[27, 263, 264]	
NG2		[258, 263]	[27, 260, 263, 264]	[263]
STRO-1			[264, 295]	

* CD34 expression is rapidly lost in culture

Table 3 Markers used for the NEGATIVE identification of MSCs and MSC precursors

Marker	Also known as	“Conventional” MSCs	Pericytes	Adventitial cells
CD11a	Integrin α L chain	[7, 35]		
CD11b	Integrin α M chain	[35]		
CD14	LPS receptor	[7, 35, 148, 258]	[260, 295]	
CD16		[256]		
CD19		[7, 35]		
CD27		[256]		
CD28		[256]		
CD31	Platelet/endothelial cell adhesion molecule 1 (PECAM-1)	[106, 256, 259, 265]	[27, 106, 260, 263, 264, 270, 295]	[263, 264, 270]
CD33		[256]		
CD34	Mucosialin	[35, 148, 256, 263]	[27, 106, 263, 264, 270]	
CD36		[256]		
CD45	Leucocyte common antigen (LCA)	[35, 148, 256, 258, 259]	[27, 106, 260, 264, 270, 295]	[135, 270]
CD50		[261]		
CD56			[27, 264]	
CD79a	Ig- α	[35]		
CD102	Intercellular adhesion molecule 2	[261]		
CD106	Vascular cell adhesion molecule (VCAM1)		[295]	
CD117	c-kit	[270]	[270]	[270]
CD133	Prominin-1	[148, 258]	[27]	
CD144	Vascular endothelial (VE)-cadherin	[27, 148]	[27]	
CD146	Melanoma cell adhesion molecule (MCAM)			[106, 135, 263, 270]
CD243		[256]		
α SMA				[135, 263]
NG2				[135]

Similarly, the expression of CD105, CD73, and CD90 is not uniform and can be modulated by *in vitro* conditioning. The expression or absence of these factors does not appear to be inclusive or exclusive of multipotency and discrete subpopulations of MSC-like cells have been isolated with varying levels of expression [79]. Numerous other markers have been suggested, including platelet-derived growth factor receptor β (PDGFR β), CD271 [80, 81], and recently decorin, a marker specific to MSCs in adipose tissue has been identified [82]. A nomenclature that focuses on anatomically defined *in vivo* populations is preferential to one that is based on inherently variable and imprecise *in vitro* populations.

MSCs isolated from different organs exhibit unique features

The equivalency of MSC populations of distinct anatomic origins has not been robustly demonstrated. Despite fulfilling the ISCT criteria, differences have been observed with respect to the immunophenotype, secreted cytokine profile, and results obtained by proteome analysis depending on the

source and the native or cultivated state of the MSC population characterized [83–85]. Cloned human MSCs isolated from fat and bone marrow default to an adipogenic or osteogenic potential respectively, suggesting that the tissue environment of origin imprints such character. Clonal analysis varies between donors and tissues yielding values between 30 and 50 % for tripotent cells that can differentiate into adipocytes, chondrocytes and osteoblasts [86, 87]. The ability of MSCs to differentiate *in vitro* into adipocytes, chondrocytes, osteoblasts, myoblasts, and of late into hematopoiesis- or osteogenesis-supporting stromal cells has been used to stratify the multipotency of these cells as well as to search for markers indicative of lineage commitment. While surface antigens like CD105, CD73, and CD29 are conserved by most MSCs [35], others such as Sca-1 (rodents), CD24 [88–90], CD140-a, -b, CD146 [91], CD271 [92, 93], CD338 [94], and many others [88] betray the underlying heterogeneity in these cells. Some markers like PDGFR α correlated with the adipogenic potential of these cells, both in humans and in rodents, while others like CD146 may be associated with greater multipotency, and a higher colony-forming efficiency and proliferation rate [87].

Anatomical location of MSCs

With interest focused on multipotency and tissue engineering and repair, the native origin and physiological roles *in vivo* of MSCs have been considerably overlooked. As such, cells that could be identified only retrospectively in long-term culture were being proposed for therapeutic purposes, without a true understanding of their native origin or function. The real, *in vivo* counterpart of culture expanded MSCs was unknown, and it could be argued that based on the ISCT definition, MSCs represented a mere artifact of culture with no exact equivalent in the living organism. Somewhat surprisingly, the lack of understanding of the *in vivo* origin of these cells did not constrain their clinical uses. However, such a retrospective characterization *in vitro* meant that any clinical exploitation of MSCs would make use of a heterogeneous population of cells exposed to the hazards of extended culture. In search of ways to fully exploit the therapeutic characteristics of MSCs, researchers sought an improved understanding of the native identity and biology of these cells.

The massive stem cell recruitment, expansion, migration, and differentiation that can be visualized at early embryonic stages wanes with maturity. As development proceeds, stem cells become less prevalent and tissue regeneration and repair become quantitatively marginal. This makes the documentation of stem cell presence and activity in anatomic terms increasingly challenging. It is established that adult tissue-specific stem cells are located in specialized “niches” in their corresponding tissues of origin [95]. For example, HSCs can be found in the bone marrow [96] [93], epidermal stem cells in mammalian hair follicles [97], and neural SCs in the subventricular zone [98]. MSCs have perhaps proved to be the most elusive of all adult stem cells.

The main cell types suggested to descend from MSCs including bone, cartilage, fat, and muscle are not limited to one anatomical region. Wherever MSCs originate, they must be capable of reaching these tissues throughout the body or be locally available. With this in mind, a number of potential explanations have been suggested [99]. Firstly, MSCs may originate from a single organ, from which they migrate towards areas of need in response to systemic signals. In support of this, experiments using rats exposed to low-oxygen conditions suggest that MSCs are specifically mobilized into peripheral blood as a consequence of hypoxia [100], while elevated numbers of MSCs were noted in the peripheral blood of patients immediately following traumatic hip injury [101]. However, the origin(s) of the mobilized cells remains unclear and it has proved extremely difficult to establish MSC cultures from conventional blood either in physiological

conditions or following stimulation with cytokines [25, 102, 103].

Conversely, the ability to derive apparently identical MSCs from multiple tissues led to the hypothesis that these cells share a common *in vivo* location. A growing body of published reports has described perivascular cells that appear indistinguishable from vascular pericytes as a possible source of MSCs [15, 27, 43, 75], a situation that would explain why MSCs can be isolated from all vascularized organs. Association of these mesenchymal progenitor cells with the vasculature would allow them to function as a source of new cells for physiological turnover and for the repair or regeneration of local lesions. The establishment of MSC-like cultures from blood vessels alone supports this hypothesis [9]. Lineage tracing studies have confirmed that vascular pericytes do contribute to regeneration of bone following tooth injury although other populations of cells are also involved [44]. More recently, another subset of vascular cells, namely adventitial cells, have been identified that may behave in a similar manner to pericytes [135].

Pericytes at the origin of MSCs

Recent results have acknowledged the regenerative potential, under certain conditions, of a subset population residing in the wall of blood vessels [45, 46]. Pericytes have been recognized as a distinct cellular entity that share a common immunophenotype and differentiation potential to mesenchymal stem/progenitor cells [26]. In a variety of human organs, perivascular mesenchymal progenitor cells can be identified by a combination of perivascular (CD146, NG2, PDGFR β) and MSC (CD29, CD44, CD73, CD90, CD105, alkaline phosphatase) markers, as well as lack of hemato-endothelial cell markers [CD31, CD34, CD45, CD144, von Willebrand factor (vWF)] expression. Pericytes have been shown to differentiate into multiple mesodermal lineages including bone [104, 105], fat [106], cartilage [27], and skeletal muscle [107, 108]. The T-lymphocyte surveillance shut-down effects observed with culture-expanded bone marrow-derived MSCs have also been reported in studies evaluating pericytes [109, 110].

Tottey et al. [111] demonstrated that perivascular cells isolated from human fetal muscle proliferate at a higher rate under hypoxic conditions (6 %) than normoxia (21 %) and that they migrate more rapidly when exposed to degraded ECM products. This indicates some degree of activation in the presence of injury. Perivascular cells can release various cytokines, including basic-fibroblast growth factor (b-FGF), a well-known chemotactic and mitogenic agent and vascular endothelial growth factor (VEGF), a regulator of angiogenesis, which can also participate in tumor progression [112].

Pericytes participate in vivo in the development, renewal, and repair of several distinct tissues

Most interestingly, there is now increasing evidence that pericytes—aka mural cells—can play a natural role as progenitor cells in development and in various injured tissues. Perivascular cells represent a ubiquitous cell population, distinct from tissue-specific stem cells such as brain neural stem cells [113], hepatic stellate cells [114], supra adventitial-adipose stromal cells [106], and myogenic satellite cells [115]. However, Leydig cells in the rat testis were suggested to be regenerated by pericytes following chemical injury [116] and mural cells were proposed as normal progenitors of white adipocytes in murine fat tissue [117]. It has also been demonstrated that pericytes resident in postnatal skeletal muscle differentiate into muscle fibers and generate satellite cells following chemical damage to the muscle [118]. Most recently, direct differentiation of pericytes into follicular dendritic cells was documented in the mouse [119]. More generally, pericytes appear to give rise in situ to multiple mesodermal derivatives [120], in response notably to PDGFR β signaling [121]. Therefore it appears that the ability of pericytes to yield MSCs in culture mirrors an intrinsic broad developmental potential of these cells, or at least of subsets thereof.

Pericytes and the bone marrow hematopoietic niche

Although hematopoietic stem cells were originally localized in the endosteal regions of bone marrow, recent findings suggested the existence of a distinct perivascular niche in which pericytes support HSC *stemness*. Perivascular reticular cells expressing CXCL12 were found to play a role in murine HSC maintenance [122]. Mendez-Ferrer et al. [123] demonstrated the existence in mouse bone marrow of perivascular nestin+ MSCs associated with HSCs. Ablation of these nestin+ MSCs led to a significant reduction in the number and homing ability of HSCs. Furthermore, a direct role for perivascular cells in hematopoiesis regulation was recently confirmed by Ding et al. [124] in a stem cell factor (SCF) knock-in mouse model. Here, selective shut-off of c-kit ligand expression in leptin receptor (Lep-R)-positive cells surrounding bone marrow blood vessels significantly reduced the frequency of long-term reconstituting hematopoietic stem cells. More recently, Corselli et al. [125] demonstrated that human bone marrow and adipose tissue-resident pericytes express in vivo nestin, CXCL12, and Lep-R, and support the ex vivo maintenance of human HSCs. Furthermore, it was found that pericytes support HSCs through direct contact and *Notch/Jagged1* signaling. Conversely, conventional unfractionated MSCs did not maintain HSC *stemness*, favoring differentiation. Pericytes can therefore be considered as the bona fide

human equivalents of the hematopoietic perivascular niche components recently described in the mouse.

Nonpericyte perivascular cells as MSC ancestors

Multipotent progenitors displaying MSC phenotypic and developmental properties have also been described in the bovine artery wall [126] and have recently been isolated from the tunica adventitia of the human pulmonary artery [127]. The tunica adventitia was long considered an inactive component of blood vessels mainly functioning as structural support for the tunica media. Only recently has it been demonstrated that the adventitia plays a crucial role in vascular remodeling and the development of vascular diseases including arteriosclerosis and restenosis [128]. Activation of adventitial cells has been described in response to physical stressors including injury [129], vein grafting [130], hypoxia [131], and hypertension [132]. In these settings, adventitial cells may differentiate into myofibroblasts that migrate into the inner layers of the vascular wall, alter extracellular matrix deposition, and release paracrine factors regulating vascular remodeling [133]. In apoE^{-/-} mice, Hu et al. [130] identified and isolated Sca1+ adventitial progenitor cells that are able to differentiate in vitro and in vivo into smooth muscle cells. Following transplantation of Sca1+ β gal- cells carrying the LacZ gene under the control of the smooth muscle-specific promoter SM22 into the adventitia of murine vein grafts, the authors observed the presence of β -gal+ smooth muscle cells in the neointima up to 4 weeks after grafting. This indicates the contribution of adventitial progenitors in the progression of vascular diseases. It has subsequently been demonstrated that the differentiation potential of adventitial cells is not restricted to myofibroblasts. These observations suggest, indirectly, that pericytes exclusively present around capillaries and microvessels are not the only ancestors of MSCs, as hypothesized previously [134].

Along a systematic search by flow cytometry purification for alternative non-pericyte cells at the origin of MSCs, Corselli et al. identified a subset of CD34+ CD45- CD56- CD146- NG2- cells in the tunica adventitia of human arteries and veins [135]. These adventitial cells grew like MSCs in culture and exhibited typical MSC differentiation properties. Interestingly, adventitial progenitor cells express natively the MSC markers CD44, CD73, CD90, and CD105. No potential to give rise to MSCs in culture was detected outside the perivascular subsets including pericytes and adventitial cells.

Although pericytes and adventitial perivascular cells have been described for more than a century, it is only recently that the blood vessel wall was demonstrated as a reservoir of progenitor cells. We showed that perivascular cells, i.e., pericytes and adventitial cells, are in vivo

counterparts of MSCs obtained in culture from various organs [27, 135]. These perivascular cells can be prospectively purified by flow cytometry using a well-defined surface marker combination, common in all human organs tested. Importantly, pericytes and adventitial cells dissociated from vessel walls contain multipotent precursors with robust regeneration properties similar to those of classic heterogeneous MSCs.

Mesenchymal stem cells from umbilical cord blood: do pericytes enter the blood circulation?

Over the last years, the clinical use of allogeneic umbilical CB for hematopoietic cell transplantation has increased dramatically. In comparison with other stem cell sources, well-characterized CB grafts are immediately available in numerous CB banks worldwide [136, 137]. Despite publication of many relevant reports over the past 10 years, controversy still exists as to whether MSCs or their fore-runners are present in human CB. Clearly though, non-hematopoietic cells contributing to tissue repair circulate in fetal blood at term, as recently reported by some of us [138–140] and confirmed by others [141].

Even though cells present in CB possess overlapping features with MSCs derived from usual sources, some particularities have fed the debate on their very nature. One of the differences between regular MSCs and CB-derived cells is the isolation rate, which varies considerably between investigators [138, 142, 143]. In addition, the growth of the latter can be markedly delayed, up to 20 days from the seeding.

Moreover, at least two different cell population kinetics can be described within CB MSC like cells, endowed with short-term (a few passages) or long-term (more than ten passages) expansion ability, characterized by different growth curves with lower or higher cumulative population doublings (CPD). There is no consensus either regarding the nomenclature of these multipotent cells, diversely named USSCs [68, 69, 144], multilineage progenitor cells (MLPCs) [145], embryonic-like stem cells [146], very small embryonic-like stem cells (VSELs) [70], or more simply CB MSCs.

The morphology of CB-derived stromal cells is quite similar to that of bone marrow MSCs, even though CB stromal cells are smaller and less spindle-shaped, with a higher nucleus/cytoplasm ratio. Over the long term, these cells remain healthy, homogenous, and non-senescent till numerous passages, and reach higher CPD than BM MSCs.

Flow cytometry analysis showed that these cells are negative for lineage markers such as CD45 and CD34, but positive for human MSC markers such as CD90, CD105, and CD73, as well as other integrins and matrix receptors, defining an immunophenotype consistent with that of

BM-derived MSCs [147]. The ability of CB stromal cells to differentiate into osteoblasts that produce mineralized matrices and chondrocytes that produce type-II collagen has been confirmed by several authors [148]. Regarding adipogenic differentiation, some authors report very poor potential [141] and others a complete absence [149]. Some authors claimed to distinguish short- and long-term CB stromal stem cells by their adipogenic differentiation potential and delta-like 1 (DLK-1) expression profile [69], but others did not confirm these differences [141]. Worthy of consideration is the fact that the proliferation and differentiation abilities of customary MSCs may decrease with donor age, while the MSC-like cells contained in CB can be considered as, by essence, very young. Therefore, a considerable volume of work has already been carried out investigating the use of CB stromal stem cells in animal tissue regeneration, including kidney and lung repair [138, 140]. Clinical trials are already going on (see <http://www.clinicaltrials.gov>) to evaluate the safety and efficacy of CB-derived MSCs to promote hematopoietic stem cell engraftment and prevent graft-versus-host disease. Clinical applications are also contemplated in patients affected by focal glomerulosclerosis and preterm newborns with bronchopulmonary dysplasia.

Nothing is known regarding the origin of CB MSCs and the possible affiliation thereof with perivascular cells. Some authors have speculated that short- and long-term CB MSCs are released from fetal bone marrow or liver into the blood circulation [69]. Considering the physical trauma inflicted to the placenta and umbilical cord at birth and during blood collection, it remains possible that perivascular cells have simply been released mechanically from severed blood vessels, their presence in blood being of no physiological relevance.

Developmental origins of MSCs

There have been few basic studies on the emergence of MSCs and their developmental origins remain an area of considerable ongoing mystery. However, the limited available data do suggest that MSCs derive from multiple developmental origins [150–152] (Fig. 1). The mesoderm is the primary source of mesenchymal cells giving rise to skeletal and connective tissues [153]. Pericytes that develop around the developing trunk vessels in the axial and lateral plate areas are thought to derive from mesoderm [154]. Coronary vessel mural cells may derive from epicardial cells, which are themselves derived from the splanchnic mesoderm [155]. An early Flk1+ mesodermal precursor, with the potential to differentiate into endothelial cells, blood, muscle, and mesenchymal lineage cells (bone and cartilage), was identified in the E9.5 mouse dorsal aorta

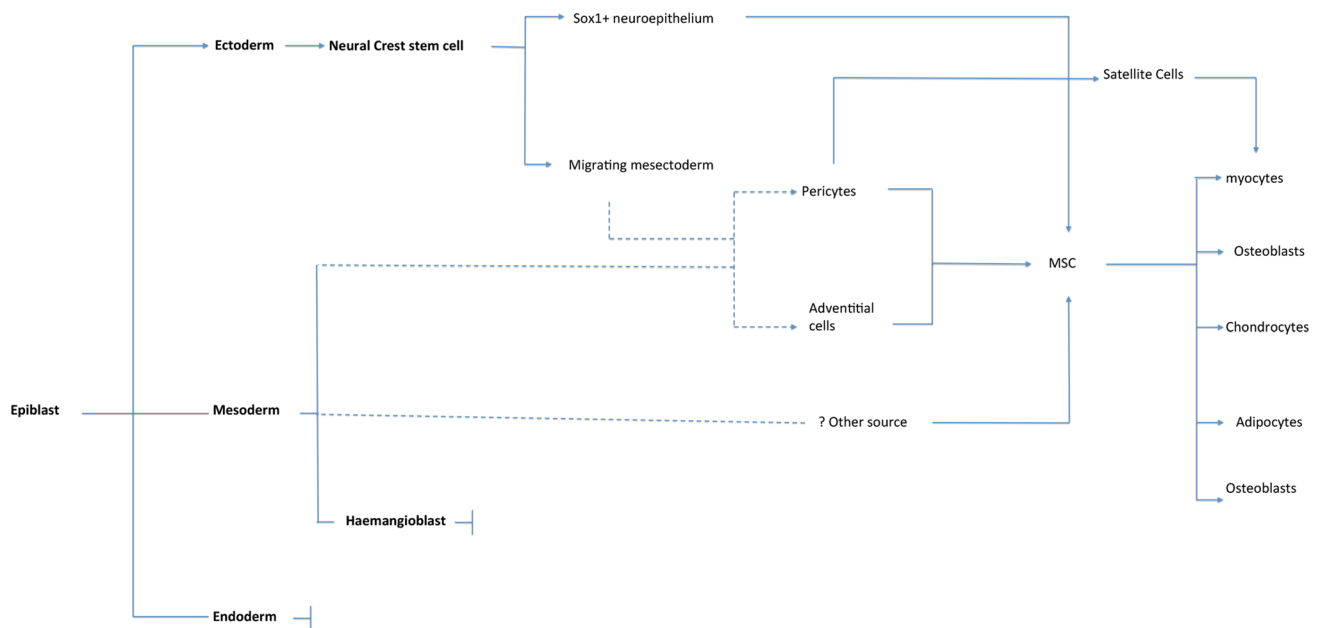


Fig. 1 Schematic illustrating the known developmental and anatomical origins of MSCs. *Dashed lines* indicate where associations are inferred

[156]. Evaluation of osteogenic, chondrogenic, and adipogenic potentials of cells isolated from different anatomical sites in the E11.5 mouse embryo revealed intraembryonic hematopoietic tissues [aorta-gonad-mesonephros (AGM)] as a site of origin for cells with mesenchymal differentiation potential [157]. However, immediate mesodermal precursors that give rise to expandable multipotential MSC lines are not identified and characterized.

Studies in the mouse embryo demonstrated the origin of some MSCs from neural crest [158, 159]. A recent study showed that the earliest lineage providing MSC-like cells during embryonic trunk development is generated from Sox1(+) neuroepithelium, at least in part through a neural crest intermediate stage [150]. These early MSCs are then replaced, later in development, by MSCs from other origins. As embryogenesis progresses, the neural crest cells can be classified in different series, with respect to the territory they colonize: (1) the cranial neural crest, (2) the cardiac neural crest, (3) the trunk neural crest, and (4) the vagal and sacral neural crest. Terminal differentiation of these cells gives rise to neural as well as mesenchymal tissues. In the peripheral nervous system, these cells contribute to neurons and glia of sensory, sympathetic and parasympathetic systems, and the neural plexuses within specific tissues and organs. Neural crest cells migrating to the pharyngeal arches form a mixed tissue type known as “mesectoderm” or “ectomesenchyme” to distinguish them from mesenchymal cells derived from the mesoderm [152].

Similarly, using interspecies transplantation of quail and chick embryonic tissues, the lineage of cephalic pericytes

was traced to neuroectodermal tissue [160]. The vasculature of the avian embryo exhibits a mosaic pattern where neural crest- and mesoderm-derived pericytes and smooth muscle cells occupy sharply delineated and mutually exclusive regions in the face and brain [161]. Evidence that these neural crest-derived cells persist in some adult tissues has come from several studies [162]. The neural lineage potential of neural crest-derived MSCs is preserved in adult rats and can be reactivated when they form mesenspheres, express various neural crest cell markers, and undergo differentiation, *in vitro*, into neuron- and glia-like cells [163–166]. While the gene expression profiles of neural crest cells and MSCs are unique [167], there is evidence that cultivation of neural crest cells in the presence of serum evokes an MSC-like phenotype. For example, human embryonic stem cells differentiated *in vitro* toward a neural crest cell phenotype can differentiate into neurons and glia when cultured under serum-free conditions, while cultivation in medium containing serum evokes an MSC-like phenotype capable of differentiation to mesodermal cells [168].

Perhaps relevant to these observations, it has been recently demonstrated that neural crest-derived cells migrate to the bone marrow through the bloodstream [169]. These cells are still present in the adult bone marrow, and can differentiate *in vitro* into neurons, glial cells, and myofibroblasts. The potential link, if any, between these cells, the cells identified by Takashima et al. [150] and conventional MSCs isolated according to Friedenstein’s protocol [4] remains unclear.

It has also been reported that endothelial progenitors and mural cells may derive from a common vascular progenitor [170]. Lineage-tracing experiments have shown that cells originated from the primary vascular plexus also give rise to mural cells with the capability to differentiate into osteoblasts and adipocytes [171]. These findings may suggest that MSCs, HSCs, and endothelium progenitor cells (EPCs) arise from a common progenitor.

The mixed developmental origins of pericytes, and thus MSCs, may reflect the finding that a core set of expressed genes governs the general hallmarks of MSCs [172]. Regulation of this battery of genes may allow cells originating from different germ layers to undergo mesenchymal “activation”. As such, the ontogeny of MSCs is different from that of other specialized cell types, for which the traditionally held view is that they undergo differentiation along a linear path, requiring successive specifications of progenitor cells paralleled by progressive restrictions in potency.

There is a need to define developmentally distinct MSC subsets and the hierarchy of their progenitors to advance our understanding of heterogeneity within MSCs and its implications for the developmental and therapeutic potential of these cells.

Therapeutic significance of understanding the native anatomical origins of MSCs

The multipotency as well as the trophic and immunoregulatory effects of MSCs have vast potential clinical applications, with many treatments already in the stages of clinical trials (305 registered on clinicaltrials.gov at the time of writing) (Table 4). However, conventional unpurified MSC preparations have significant drawbacks including contamination from non-MSC populations and the requirement of *in vitro* culture to enrich the MSC population. Approaches to delivering cell-based therapies are increasingly being guided by regulatory frameworks. Within these frameworks, cells that require *in vitro* manipulation or culture must undergo stringent safety trials prior to approval for clinical use while cells that can be directly implanted bypass much of this legislation. Many of these drawbacks can be addressed with the ability to identify and isolate pure populations of MSC precursors as perivascular cells using FACS. The practical and therapeutic consequences of understanding the identity and anatomical origin of native MSCs have therefore been considerable.

Perivascular stem cells (PSCs) can be sorted to purity

Whole bone marrow cell suspensions and the stromal vascular fraction (SVF) of adipose tissue have been used

Table 4 Partial list of potential clinical applications of MSCs

Bone regeneration
Skeletal defect healing ^a [271]
Osteoporosis [201, 202]
Osteogenesis imperfecta [272]
Cartilage regeneration
Cartilage defect healing ^a [271]
Meniscus injury [273]
Osteoarthritis ^a [276]
Muscle regeneration
Skeletal muscle regeneration ^a [279]
Cardiac muscle regeneration ^a [214]
Smooth muscle regeneration [277]
Tendon regeneration
Repair of tendon defects ^a [278]
Neural regeneration and injury prevention
Traumatic brain injury [296]
Spinal cord injury ^a [297]
Multiple sclerosis ^a [298]
Parkinson’s disease ^a [299]
Multiple system atrophy ^a [300]
Ischemic stroke ^a [280]
Prevention of injury in acute ischemia
Limb ischemia ^a [281, 282]
Acute lung injury ^a [283]
Myocardial infarction ^a [284]
Acute kidney injury ^a [285, 286]
Other immunomodulatory applications
Diabetes, type I ^a [287]
Sepsis ^a [301]
Acute lung injury ^a [302]
Rheumatoid arthritis ^a [274, 275]
Hepatic cirrhosis [288–290]
GVHD ^a [291, 292]
Other
Renal failure ^a [303]
Skin grafting ^a [293]
Urinary incontinence ^a [294]

^a Phase 1 trials started for this application

directly with the aim of harnessing the potential of the contained stem cells. However, both represent highly heterogeneous cell populations, which include non-mesenchymal stem cell types, such as inflammatory cells, hematopoietic cells, endothelial cells, and non-viable cells, among others [173]. Available studies using SVF show poor and unreliable tissue formation [174], or lower tissue regeneration efficacy relative to cultured MSCs [175]. In fact, recent studies have suggested that the presence of endothelial cells has inhibiting effects on bone differentiation, among other lineages [176, 177]. Despite the process of enrichment through

plastic adherence, it is inevitable that preparations will be contaminated by non-MSC populations, and the contribution of each contained population to the repair process cannot be definitively established. However, it is likely that subsets of functionally distinct cells exist even within purified populations of PSCs and MSCs. Identification of MSC subsets with the most desirable characteristics for clinical applications is likely to be a major focus of future research. Finally, variability in cell composition presents clear disadvantages for regulatory body [for example the Food and Drug Administration (FDA)] approval of a future stem cell-based therapy, potentially including reduced safety, purity, identity, potency, and efficacy. With these regulatory hurdles in mind the use of purified MSCs, i.e., pericytes and adventitial cells, collectively designated as PSCs, has clear practical advantages.

PSCs do not require in vitro selection

The selection and preparation of MSCs through adherence to culture plastic is time consuming, and introduces additional risks such as immunogenicity and infection through exposure to animal-derived culture products. Investigators have documented the influence of MSC culture on genetic instability [178], and tumorigenicity [179, 180], although these results have been challenged [181]. Multipotency, and hence therapeutic potency, has been shown to diminish with serial passaging, with human BM MSCs progressively losing their adipogenic and chondrogenic differentiation potentials as the number of cell divisions increases [86]. In addition, expression of adhesion molecules and chemokines, and the ability to respond to chemokines decline with time in culture [86].

PSCs can be isolated in sufficient numbers to negate ex vivo expansion

In addition to the advantages of negating the need for in vitro selection of MSCs, the ability to isolate PSCs from adipose tissue in clinically relevant numbers has significant therapeutic implications. Low stem cell numbers and high donor site morbidity limit the use of fresh autologous bone marrow [179, 182], periosteum [183], and the majority of other MSC sources. Adipose tissue represents a largely dispensable source of MSCs that are readily accessible through lipoaspiration, even in patients of healthy weight [184]. It has attracted much attention as a potentially plentiful source of MSCs, particularly using uncultured cells (SVF or PSCs) but also with cells following in vitro expansion. Relative to the lower yield, limited donor sites, and high morbidity associated with bone marrow or periosteal harvest, adipose tissue is now a well-documented, easily accessible, abundant source of such cells. James et al. [105]

reported the yields from lipoaspirates isolated from 60 consecutive donors in cosmetic procedures. From 100 ml of whole lipoaspirate, the mean yield of total nucleated cells (SVF) was 39.4×10^6 (range, 10×10^6 – 70×10^6). On FACS sorting pericytes most frequently represented 30 % or less of total SVF (mean 19.5 %) with adventitial cells representing 40 % or less (mean, 23.8 %) of total SVF. When added in combination, the total PSC content most commonly fell between 30 and 60 % of total viable SVF (mean, 43.2 %, median, 41.7 %). Given this prevalence of PSCs, it has been estimated that <200 ml of lipoaspirate would be sufficient starting material for the clinical application of PSCs in localized bone repair. For example, 200 ml of lipoaspirate would theoretically yield 31 million cells, which would be sufficient for healing of a 2-cm mid-diaphyseal femoral defect (cell seeding density of 1 million per 0.4 ml) [105, 185]. In cases where there is a requirement for an extremely large number of cells (for example GVHD where 1–2 million cells/kg body weight may be required for infusion) or where the availability of fat for lipoaspirate is limited, some expansion in culture would inevitably be required.

In addition to the requirement for robust trials to demonstrate safety and efficacy of PSCs for tissue regeneration, a number of practical challenges must also be overcome before widespread clinical application of this technology. There are currently few flow sorting facilities with formal accreditation from the relevant regulatory bodies to produce clinical-grade cells. The financial costs of clinical-grade sorting, taking into account the price of the antibodies (also certified for clinical purposes) is high. However, this may be offset by savings made by the lack of requirement for expansion in culture. The use of an automated clinical-grade immunodepletion system has been proposed as a more affordable alternative for bulk sorting to FACS. However, the complex phenotype of PSCs, and the requirement for both positive and negative selections render this impractical.

In summary, the therapeutic consequences of understanding the native identity of MSCs are considerable. MSCs can now be prospectively purified to homogeneity based on expressed cell surface markers from adipose tissue in quantities large enough to avoid ex vivo expansion with its associated risks and disadvantages. Sorting of MSC precursors in this way addresses many of the issues that currently limit the translation of MSC-related therapies including the availability, purity, and potency of progenitors isolated through conventional culture methods, and the poor regenerative efficiency of SVF. The high numbers of MSC precursors that can be sorted from adipose tissue reduce the delays associated with expansion and may prevent exposure of patients to multiple anesthetic procedures while widening possible applications to include trauma

where a time delay between extraction and implantation excludes their use. Furthermore, the high degree of MSC purity and potency will greatly facilitate demonstration of the product safety and efficacy required for regulatory body approval.

Conventionally derived MSCs and purified PSCs—emerging pre-clinical and clinical data

There is a rapidly expanding body of pre-clinical data evaluating the potential therapeutic benefits of exogenous MSCs. Both autologous and allogeneic MSCs isolated from multiple sources have been injected into tissue such as the heart or infused within the bloodstream and have been observed to localize to sites of injury involving damaged or inflamed blood vessels. The list of MSC-related applications includes a broad and diverse range of clinical targets and indications including graft-versus-host disease, stroke, acute myocardial infarction (MI), spinal cord lesions, acute kidney failure, liver fibrosis, multiple sclerosis (MS), amyotrophic lateral sclerosis, tendinitis, burns and wound healing, bone regeneration, juvenile diabetes, lupus, autism, inflammatory bowel disease, urinary incontinence, and sepsis [51]. Almost all of these trials and pre-clinical models utilize conventionally derived MSCs for their immunomodulatory or trophic effects rather than their ability to differentiate in different cell lineages. The limited emerging data from animal studies confirm that PSCs are at least as effective as conventionally derived MSCs in terms of clinical effect [28, 185]. It is expected that the added benefits of prospective isolation and the avoidance of culture will enable these treatments to become more accessible to patients from a wider range of conditions. Here we summarize the results of pre-clinical studies evaluating MSCs in bone healing and cardiac regeneration and where available compare results of studies using PSCs.

Conventionally derived MSCs and PSCs in bone healing

Osseous defects and other diseases of bone have been treated with success in preclinical studies using conventionally derived MSCs. Multiple investigators have shown the efficacy and feasibility of either allogeneic or autologous MSC-based implants to heal large osseous defects [186–188], including critical-sized defects of the appendicular and calvarial skeleton in mouse [189–191], rat [192–194], dog [195, 196], and sheep [197–199] models among others [200]. Notably, the majority of successful MSC-based healings of skeletal defects have been reported using pre-differentiated cells, although studies have also determined that pre-differentiation is not an absolute requirement. The success in MSC-mediated regeneration of osseous defects

led some investigators to look into autologous MSC-based treatments of osteoporosis [201, 202]. Several *in vivo* studies demonstrated that transplantation of pre-differentiated autologous MSCs strengthened osteoporotic bone in ovariectomized (OVX) animal models, including rabbit [203] and rat [204]. Furthermore, direct intra-osseous injection of differentiated allogeneic MSCs showed potential in the improvement of osteoporotic trabecular bone in terms of increased osteogenic differentiation as well as collagen synthesis [204]. Finally, genetic manipulation of autologous MSCs has been investigated, utilizing MSCs as a vehicle for gene therapeutics [75]. Most prominently, the bone morphogenetic protein family, including bone morphogenetic protein (BMP)-2, BMP-4, BMP-6, and BMP-7, have been investigated for their bone-forming effects and ability to direct MSCs towards an osteogenic lineage [205]. BMPs are involved in various developmental processes including embryogenesis, skeletal formation, hematopoiesis, and neurogenesis, and belong to the transforming growth factor- β superfamily [206, 207]. For instance, MSCs transduced with BMP-2 and seeded onto a coral-hydroxyapatite scaffold led to successful healing of large mandibular defects in OVX rats [208]. In osteoporotic mice and sheep, MSCs transduced with BMP-2 were shown to increase bone regeneration and improve fracture healing [205, 209, 210]. BMP-4, BMP-7, and BMP-9 gene transduction of MSCs have yielded similar results to BMP-2 *in vivo* [211, 212].

Non-cultured adipose-derived PSCs show an enhanced ability to repair bone defects when compared to unsorted SVF. In addition, cells lose their osteogenic potential with increasing passage [185]. In a murine gluteo-femoral muscle pocket model, James et al. [185, 213] reported that PSCs undergo osteogenic differentiation *in vitro* and form bone after intramuscular implantation without the need for pre-differentiation. Patient-matched, purified PSCs formed significantly more bone in comparison with traditionally derived SVF by all parameters tested. Recombinant BMP-2 increased *in vivo* bone formation but with a massive adipogenic response. In contrast, recombinant Nel-like molecule 1 (NELL-1: a novel osteoinductive growth factor) selectively enhanced bone formation.

Conventionally derived MSCs and PSCs in cardiac regeneration

In the case of cardiac muscle, various studies have shown improved cardiac function following the delivery of MSCs in animals, either via direct injection or intravenous administration [214, 215]. Although not as effective as cardiac stem cells (CSCs) [216], MSCs serve to reduce fibrosis, contractile strain alterations, and cardiomyocyte apoptosis while upregulating angiogenesis through secretion of multiple

paracrine factors [214, 217, 218]. In the case of cardiac therapy, MSCs function primarily through the promotion of trophic responses in myocytes, and the elaboration of HGF, IGF-II, and VEGF, which contribute to the cardiac repair mechanism through enhancement of cell survival and angiogenesis [219–221]. Interestingly, allogeneic MSCs retain neither their immunoprivilege nor functional efficacy late after myocardial implantation [222]. Various studies have explored factors to optimize MSC efficacy, which include selection for MSC overexpressing regulators of cardiogenesis [223], use of MSCs induced via co-culture with cardiomyocytes [224], and exogenous expression of VEGF to recruit CSCs [225]. In summary, preclinical studies have demonstrated efficacy in the use of MSCs for cardiac diseases, primarily through a trophic effect on surrounding cells, and to a lesser extent through direct myogenic differentiation.

A recent study has reported long-term improvement in cardiac function following direct implantation of pericytes using a mouse myocardial infarction model [226]. In this study, the transplantation of saphenous vein pericytes (SVPs) into the peri-infarct zone of immunodeficient CD1/Foxn1(nu/nu) or immunocompetent CD1 mice attenuated left ventricular dilatation and improved ejection fraction compared to control. Moreover, pericytes reduced myocardial scar, cardiomyocyte apoptosis, and interstitial fibrosis, improved myocardial blood flow and neovascularization, and attenuated vascular permeability. The authors demonstrated that pericytes secrete VEGF-A, angiopoietin-1, and chemokines and induce an endogenous angiocrine response by the host, through recruitment of VEGF-B expressing monocytes. The association of donor- and recipient-derived stimuli activates the proangiogenic and prosurvival Akt/eNOS/Bcl-2 signaling pathway. Moreover, microRNA-132 (miR-132) was constitutively expressed and secreted by SVPs and remarkably upregulated, together with its transcriptional activator cyclic AMP response element-binding protein, on stimulation by hypoxia/starvation or VEGF-B. In vitro, SVP conditioned medium stimulates endothelial tube formation and reduces myofibroblast differentiation through inhibition of Ras-GTPase activating protein and methyl-CpG-binding protein 2, which are validated miR-132 targets. Furthermore, miR-132 inhibition by anti-miR-132 decreased SVP capacity to improve contractility, reparative angiogenesis, and interstitial fibrosis in infarcted hearts.

In a separate study, human skeletal muscle-derived pericytes were significantly better than myogenic progenitors at treating ischemic heart disease and mediating associated repair mechanisms in a murine model of myocardial infarction [227]. Echocardiography revealed that pericyte transplantation attenuated left ventricular dilatation and significantly improved cardiac contractility, being superior to CD56+ myogenic progenitor transplantation in acutely infarcted mouse hearts. Pericyte treatment substantially

reduced myocardial fibrosis and significantly diminished infiltration of host inflammatory cells at the infarct site. Hypoxic pericyte-conditioned medium suppressed murine fibroblast proliferation and inhibited macrophage proliferation in vitro. High expression by pericytes of immunoregulatory molecules, including interleukin-6, leukemia inhibitory factor, cyclooxygenase-2, and heme oxygenase-1, was sustained under hypoxia, except for monocyte chemotactic protein-1. Host angiogenesis was significantly increased. Pericytes supported microvascular structures in vivo and formed capillary-like networks with or without endothelial cells in three-dimensional co-cultures. Under hypoxia, pericytes dramatically increased expression of VEGF-A, platelet-derived growth factor- β , transforming growth factor- β 1 and corresponding receptors while expression of basic fibroblast growth factor, hepatocyte growth factor, epidermal growth factor, and angiopoietin-1 was repressed. The capacity of pericytes to differentiate into and/or fuse with cardiac cells was revealed by green fluorescence protein labeling, although to a minor extent.

Conclusions

The recent discovery that MSCs derive from a perivascular location where they reside as pericytes or adventitial cells has generated some momentum in the field of adult stem cell research and provided some insight into the developmental origins of these much exploited but little understood cells. It is now evident that the perivascular represents an MSC niche in vivo, where local cues coordinate the transition to progenitor and mature cell phenotypes. Here, MSCs can stabilize blood vessels and contribute to tissue and immune system homeostasis under physiological conditions and assume a more active role in tissue repair in response to injury. The establishment of a perivascular compartment as the MSC niche provides a basis for the rational design of additional in vivo therapeutic approaches.

Disclosure B.P., and C.S. are inventors of perivascular stem cell-related patents filed from UCLA. Dr C.S. is a founder of Scarless Laboratories Inc. which sublicenses perivascular stem cell-related patents from the UC Regents, and who also hold equity in the company. Dr C.S. is also an officer of Scarless Laboratories, Inc. This work was supported by the CIRM Early Translational II Research Award TR2-01821.

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