

EW-7197 inhibits hepatic, renal, and pulmonary fibrosis by blocking TGF- β /Smad and ROS signaling

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Abstract Fibrosis is an inherent response to chronic damage upon immense apoptosis or necrosis. Transforming growth factor-beta1 (TGF- β 1) signaling plays a key role in the fibrotic response to chronic liver injury. To develop anti-fibrotic therapeutics, we synthesized a novel small-molecule inhibitor of the TGF- β type I receptor kinase (ALK5), EW-7197, and evaluated its therapeutic potential in carbon tetrachloride (CCl₄) mouse, bile duct ligation (BDL) rat, bleomycin (BLM) mouse, and unilateral ureteral obstruction (UUO) mouse models. Western blot, immunofluorescence, siRNA, and ChIP analysis were carried out to characterize EW-7197 as a TGF- β /Smad signaling inhibitor in LX-2, Hepa1c1c7, NRK52E, and MRC5 cells. In vivo anti-fibrotic activities of EW-7197 were examined by microarray, immunohistochemistry, western blotting, and a survival study in the animal models. EW-7197 decreased the expression of collagen, α -smooth muscle actin (α -SMA), fibronectin, 4-hydroxy-2, 3-nonenal, and integrins in the livers of CCl₄ mice and BDL rats, in the lungs of BLM mice, and in the kidneys of UUO

mice. Furthermore, EW-7197 extended the lifespan of CCl₄ mice, BDL rats, and BLM mice. EW-7197 blocked the TGF- β 1-stimulated production of reactive oxygen species (ROS), collagen, and α -SMA in LX-2 cells and hepatic stellate cells (HSCs) isolated from mice. Moreover, EW-7197 attenuated TGF- β - and ROS-induced HSCs activation to myofibroblasts as well as extracellular matrix accumulation. The mechanism of EW-7197 appeared to be blockade of both TGF- β 1/Smad2/3 and ROS signaling to exert an anti-fibrotic activity. This study shows that EW-7197 has a strong potential as an anti-fibrosis therapeutic agent via inhibition of TGF- β -/Smad2/3 and ROS signaling.

Keywords ALK5 inhibitor · CCl₄ hepatic fibrosis · BDL hepatic fibrosis · UUO renal fibrosis · BLM pulmonary fibrosis

Abbreviations

4-HNE	4-Hydroxy-2,3-nonenal
α -SMA	Alpha-smooth muscle actin
ALK5	Activin receptor-like kinase 5
BDL	Bile duct ligation
BLM	Bleomycin
CCl ₄	Carbon tetrachloride
ECM	Extracellular matrix
EW-7197	<i>N</i> -[[4-([1,2,4]Triazolo[1,5- <i>a</i>]pyridin-6-yl)-5-(6-methylpyridin-2-yl)-1 <i>H</i> -imidazol-2-yl]methyl]-2-fluoroaniline
GOx	Glucose oxidase
HSCs	Hepatic stellate cells
IHC	Immunohistochemistry
NOX	Nicotinamide adenine dinucleotide phosphate oxidase
Prdx	Peroxiredoxin

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qRT-PCR	Quantitative real-time reverse-transcriptase polymerase chain reaction
ROS	Reactive oxygen species
TGF- β	Transforming growth factor-beta
UUO	Unilateral ureteral obstruction

Introduction

Fibrosis enhances the deposition of extracellular matrix (ECM) proteins produced by myofibroblasts, resulting in distorted tissue architecture and organ failure [1–3]. Transforming growth factor-beta (TGF- β) is associated with stimulation of ECM production, reactive oxygen species (ROS) generation, and myofibroblast activation, which are the major events in tissue fibrosis [4, 5]. The production of collagen and α -smooth muscle actin (α -SMA), which are common hallmarks of fibrotic disease, is mediated by profibrotic cytokines and their intracellular signaling pathways, especially TGF- β -mediated Smad activation and ROS signaling [5, 6]. TGF- β signaling is activated by binding of TGF- β to the TGF- β type II receptor. Initially, this binding facilitates activation of the TGF- β type I receptor, also called activin receptor-like kinase 5 (ALK5), which contains a kinase domain that phosphorylates the cellular substrates Smad2/3. Phosphorylated Smad2/3 combines with Smad4 to form a heteromeric complex that translocates into the nucleus and regulates gene expression by binding to the promoters of its target genes [7]. In addition to the canonical Smad pathway, other pathways have been implicated in the transduction and regulation of TGF- β signaling [8]. However, the molecular mechanisms connecting Smad-independent pathways to the TGF- β receptor signaling complex remain elusive. TGF- β stimulates ROS generation by various mechanisms, resulting in up-regulation of profibrotic gene expression. ROS stimulate the activation of hepatic stellate cells (HSCs) and the production of type I collagen, which act as a mediator of TGF- β . Because oxidative stress causes pathological wound healing and leads to fibrosis, inhibitors of ROS generation typically have anti-fibrotic effects [9]. Based on these data, TGF- β signaling is a potential target for the prevention and treatment of fibrotic diseases, and direct inhibition of ALK5 shows potential in the prevention of detrimental profibrotic effects of TGF- β . Various agents that are capable of blocking the TGF- β signals, including antibodies and soluble receptors, have been tested as treatments for fibrosis in animal models [10–13]. Recently, synthetic inhibitors of ALK5 have been shown to specifically inhibit the effects of TGF- β in cellular assays [14–21]. However, their activities in animal fibrosis models are still unknown. Orally bioavailable small-molecule ALK5 inhibitors may overcome the limitations of tissue

penetration and the delivery issues of antibody therapies. Because small-molecule inhibitors of ALK5, including SB-431542 [14], SB-505124 [15], SD-093 [16], SD-208 [17], LY-580276 [18], GW6604 [19], LY2157299 [20], and EW-7195 [21], were devised to directly block the catalytic activity of ALK5, they act as competitive inhibitors of the ATP-binding site in ALK5. Thus far, the ALK5 inhibitor GW6604 has shown anti-fibrotic effects at a dose of 80 mg/kg, bid, in a dimethylnitrosamine (DMN)-induced rat liver fibrosis model [19]. However, there is no proven drug for treatment of liver fibrosis patients [2, 12]. Recently, we reported that a novel small-molecule inhibitor of ALK5, EW-7197, shows high specificity and selectivity, and little toxicity [22].

In this study, we show that EW-7197 inhibits TGF- β /Smad and ROS signaling to exert its anti-fibrotic activity. EW-7197 inhibits the activation of HSCs and the deposition of collagen and α -SMA both in vitro and in vivo including carbon tetrachloride (CCl₄) mouse, bile duct ligation (BDL) rat, unilateral ureteral obstruction (UUO) mouse, and bleomycin (BLM) mouse models. Furthermore, EW-7197 showed low toxicity in a 4-week toxicity study of rats when administered at up to 120 mg/kg, qd. Additionally, EW-7197 (1.25, 2.5, or 5 mg/kg, qd) prolonged the lifespan of CCl₄ mice, BDL rats, and BLM mice. These data support that EW-7197 efficiently alleviates fibrosis in vivo and in vitro and might be a therapeutic option for treatment of tissue fibrosis.

Materials and methods

Reagents

N-[[4-([1,2,4]Triazolo[1,5-*a*]pyridin-6-yl)-5-(6-methylpyridin-2-yl)-1*H*-imidazol-2-yl]methyl]-2-fluoroaniline (EW-7197) [22] and LY2157299 were synthesized by Dr. D.K. Kim (Ewha Womans University, Seoul, Korea). Rotenone, diphenyleiodonium (DPI), catalase, and *N*-acetylcysteine (NAC) were purchased from Sigma-Aldrich (St Louis, MO, USA). Recombinant human TGF- β 1 was purchased from R&D Systems (Minneapolis, MN, USA) and 2 ng/ml of TGF- β 1 was used in vitro experiments because in preliminary experiments it showed TGF- β responsiveness. CCl₄ was purchased from Duksan Pure Chemical (Seoul, Korea) and BLM sulfate was purchased from MB cell (Los Angeles, CA, USA).

Cell culture and transfection

LX-2 immortalized human activated HSCs were supplied by Dr. S.G. Kim (Seoul National University, Seoul, Korea). Hepa1c1c7 mouse hepatocytes, NRK-52E rat renal

proximal tubular cells, LX-2 cells, and 3TP-Lux stably transfected HaCaT cells (HaCaT-3TP-Lux) [21] were maintained in Dulbecco's modified Eagle's medium containing 10 % fetal bovine serum (FBS). MRC-5 human lung fibroblasts were maintained in minimum essential medium containing 10 % FBS. All media were purchased from Invitrogen (Carlsbad, CA, USA). Cells were maintained at 37 °C in a humidified incubator in the presence of 5 % CO₂. Mouse HSC-enriched cells and primary hepatocytes were obtained from normal C57BL/6 or *Prx I*^{-/-} mouse livers by collagen perfusion methods (see below). For ALK5 silencing, cells were transfected in six-well plates with 100 nM (final) antisense ALK5 (Bioneer, Daejeon, Korea) using Lipofectamine 2000 (Invitrogen) according to the manufacturer's protocol. On-target plus nontargeting (NT) small interfering (si)RNA (Bioneer) was used as a negative control (Supplementary Table S1). Expression levels of mRNA and protein were measured at 24 h after transfection.

Isolation of primary crude liver cells by collagen perfusion methods

Male normal C57BL/6 and *Prdx I*^{-/-} mice were obtained from Dr. H.A. Woo (Ewha Womans University). Mouse HSC-enriched cells and primary hepatocytes were isolated from the livers of 6- to 7-week-old male mice weighing 20–25 g as described previously [23].

Animals, treatment and specimen collection

Male C57BL/6 mice and Sprague–Dawley (SD) rats were purchased from Orient Bio (Seoul, Korea). Mice and rats were housed at 5–7 animals per cage at room temperature with a 12-h light/dark cycle. A normal chow diet and water were provided ad libitum. All experimental procedures were approved by the Animal Care Committee of Ewha Womans University and complied with the NIH Guide for the Care and Use of Laboratory Animals (Institute of Laboratory Animal Resources, National Research Council, WA). Because treatment with 5 mg/kg EW-7197 every day for 5 days per week resulted in the maximal effect, we performed EW-7197 treatment at 0.625, 1.25, 2.5, or 5 mg/kg five times a week for 4 weeks to examine a possible dose relationship. EW-7197 was dissolved in an artificial gastric fluid formulation (Veh). Rats and mice were randomly divided into six groups for efficacy and survival models: Sham control + Veh, fibrosis + Veh, fibrosis + 0.625 mg/kg EW-7197 (EW, qd), fibrosis + 1.25 mg/kg EW, fibrosis + 2.5 mg/kg EW, fibrosis + 5 mg/kg EW ($n = \sim 10$). EW-7197 was administered five times a week for 4 weeks in the efficacy model. In other experiments, male 6-week-old SD rats were randomly divided

into nine EW-7197 dose groups: 0, 5, 10, 20, 30, 40, 50, 60, and 120 mg/kg, qd. EW-7197 was administered orally five times a week for 4 weeks. At 5 h after the last EW-7197 administration, the animals were deeply anesthetized by an intraperitoneal injection of Zoletil/Rompun (2:1 mixture). The animals were exsanguinated via the axillary artery, followed by collection of sera and excision of the liver, spleen, kidneys, and lungs. The sera and tissues were immediately stored at -80 °C until use.

Immunohistochemistry (IHC)

Tissues were fixed and stained with hematoxylin and eosin. Masson's trichrome staining of collagen was performed to quantify the fibrosis area. For IHC analysis, deparaffinized sections were washed with phosphate-buffered saline (PBS) and then treated with 3 % hydrogen peroxide for 5 min. The sections were blocked with 10 % normal goat serum in Tris-HCl-buffered saline or horse serum in PBS for 1 h and then incubated with primary antibodies for 1 h at room temperature (Supplementary Table S2). After washing, the sections were incubated with appropriate secondary antibodies (biotin-conjugated IgG; Vector Laboratories, Burlingame, CA, USA) and then developed with a Vecta-Elite streptavidin-peroxidase kit (Vector Laboratories). The sections were counterstained with diluted hematoxylin and examined by light microscopy. The staining intensity was measured in four fields of every section and quantified morphometrically using Image J software.

Immunofluorescence

Cultured cells and animal tissues were fixed with a 4 % paraformaldehyde solution (pH 7.4), blocked in 5 % bovine serum albumin (BSA) or 1 % BSA with normal serum in 0.1 % Triton X-100, and then incubated with primary/secondary antibodies or Rhodamine Phalloidin (Cytoskeleton, Denver, CO, USA). The cells were then counterstained with 4',6-diamidino-2-phenylindole (DAPI). Images were obtained by fluorescence microscopy at magnification of 200× or 400×, or using an LSM 510 META laser confocal microscopy system (Carl Zeiss, Jena, Germany) at a magnification of 400× or 800×.

Microarray analyses

Total RNA from $\sim 5 \times 5$ mm³ tissue pieces (right lobe of liver) was isolated using Trizol reagent (Invitrogen) and purified with RNeasy columns (Qiagen, Valencia, CA, USA) according to the manufacturer's instructions. After purification, aliquots of the RNA samples from each group of mice were pooled ($n = 4$). Experiments were performed

on Affymetrix GeneChip Mouse Gene 1.0 ST arrays that cover 21,041 genes (RefSeq-Entrez gene count; Affymetrix, Santa Clara, CA, USA). Arrays were scanned using a GeneChip™ Scanner 3000 7G controlled by GeneChip® Operating Software (GCOS, Affymetrix). Microarray scan data were analyzed with GeneChip® Operating and Expression Console Software (Affymetrix) and GenPlex v3.0 (ISTECH, Goyang, Korea). To compare the results of separate hybridization experiments, the signal intensity of each gene from different arrays was normalized according to the total intensity of all the genes in each array. The corresponding normalized signals on different arrays were compared to determine the fold induction or reduction in the gene expression between samples.

RNA isolation and reverse transcription-polymerase chain reaction (RT-PCR) analyses

Total RNA from $5 \times 5 \text{ mm}^3$ tissue pieces or cultured cells was isolated using Trizol reagent. cDNAs were synthesized from 2 μg of total RNA by M-MLV reverse transcriptase (Invitrogen) using random primer (Invitrogen) for 1 h at 37 °C. Synthesized cDNAs were subjected to PCR amplification using *Taq* polymerase (Promega, Madison, WI, USA) or SYBR green real-time qRT-PCR reagents (Applied Biosystems, Foster City, CA, USA). The primers used are listed in Table 1. Cycling conditions were 5 min of preincubation at 95 °C, and then 30 s of denaturation at 95 °C and 30–45 s of annealing at 57–61 °C for 23–40 cycles using a GenePro™ Thermal Cycler (Bioer, Hangzhou, China) or StepOne Real-Time PCR System (Applied Biosystems).

Western blot analysis

About $5 \times 5 \text{ mm}^3$ tissue pieces and cultured cells were lysed in 10× the volume of RIPA buffer [50 mM Tris-HCl (pH 7.5), 150 mM NaCl, 1 mM EDTA, 0.1 % sodium dodecyl sulfate, 0.5 % sodium deoxycholate, 1 % NP-40, 50 mM NaF, 1 mM Na_3VO_4 , 1 mM phenylmethylsulfonyl fluoride, and a protease inhibitor cocktail (Roche Diagnostics, Mannheim, Germany)] for 20 min on ice. The lysates were clarified by centrifugation at 15,700g at 4 °C for 20 min. The protein content of the lysates was determined using a bicinchoninic acid protein assay kit (Pierce, Rockford, IL, USA). Proteins (20–60 μg) were separated by 6–12 % sodium dodecyl sulfate-polyacrylamide gel electrophoresis and then transferred to nitrocellulose (Whatman, Middlesex, UK) or polyvinylidene fluoride membrane (Millipore, Billerica, MA, USA). The membranes were blocked in solutions of 5 % BSA or 5 % nonfat dry milk and then probed with appropriate antibodies at 4 °C overnight. Following three washes in Tris-

buffered saline, the membranes were incubated with horseradish peroxidase-conjugated secondary antibody for 1 h. Proteins were detected using an enhanced chemiluminescence kit (GE Healthcare, Princeton, NJ). Band intensities were analyzed by a LAS-3000 densitometer (Fujifilm, Tokyo, Japan).

Chromatin immune precipitation (ChIP) assays

LX-2 cells were treated with EW-7197 or LY-2157299 in the absence or presence TGF- β 1 for 3 h. The cells were then harvested and subjected to ChIP assay to analyze Smad4 on the upstream promoter region of the mouse *PAIL* gene.

Measurement of intracellular reactive oxygen species formation

LX-2 cells were seeded in a 96-well plate and treated with various ROS scavengers, such as rotenone (1 nM), diphenyleneiodonium (100 nM), catalase (500 U/ml), *N*-acetylcysteine (5 mM), LY2157299 (50 nM), or EW-7197 (50 nM) in the presence of glucose oxidase (GOx) (5 mU/ml) for 18 h. In other experiments, LX-2 cells were pretreated with LY2157299 or EW-7197 for 10 min and then stimulated with TGF- β 1 (2 ng/ml) for 20 min. After treatment, the cells were incubated with redox-sensitive dye, 2',7'-dichlorofluorescein diacetate (DCFDA; Molecular Probes, Eugene, OR) for 20 min at 37 °C. Intracellular ROS generated by oxidation of DCFDA were measured at an excitation wavelength 488 nm and emission wavelength of 535 nm in a Gemini EM fluorescence plate reader (Molecular Devices, Munich, Germany).

Statistical analyses

Results are expressed as the mean \pm standard error of the mean (SEM) or standard deviation (SD). Statistical comparisons were determined by one-way analysis of variance followed by the Dunnett's two-tailed post-hoc test (SPSS ver. 10.0; SPSS, Chicago, IL, USA). Values of $p < 0.05$, 0.01 or 0.001 were considered significant.

Results

EW-7197, blocks TGF- β 1/Smad signaling

We investigated whether an ALK5 inhibitor blocked nuclear translocation of p-Smads by immunofluorescence. A potent and specific ALK5 inhibitor, EW-7197 [22, 24] suppressed TGF- β 1-induced nuclear translocation of p-Smad2/3 in LX-2 HSCs more effectively than

Table 1 Primers for qRT-PCR and ChIP assay

	Forward	Reverse
Mouse		
<i>α-sma</i>	GACGCTGAAGTATCCGATAGAACACG	CACCATCTCCAGAGTCCAGCACAAAT
<i>Col-1a1</i>	ACCTGTGTGTTCCCTACTCA	GACTGTTGCCTTCGCCTCTG
<i>Fn</i>	CAACAACCGGAATTACACC	GGTCTCGGAGCTGGGAGTAG
<i>Gapdh</i>	ATGTGTCCGTCGTGGATCTGA	TTGAAGTCGCAGGAGACAACC
<i>HO-1</i>	AAGCCGAGAATGCTGAGTTCA	GCCGTGTAGATATGGTACAAGGA
<i>Nox1</i>	CGCTCCCAGCAGAAGGTCGTGATTACCAAG	GGAGTGACCCCAATCCCTGCCCAACCA
<i>Nox2</i>	TGCAGTGCTATCATCCAAGC	CTTTCTCAGGGGTTCAGTG
<i>Noxa1</i>	CACTGCTTGTCAAATGCC	TTCTCAGATGTCCGAGAGCC
<i>Noxo1</i>	CATCAGGAAGCTTGGGAAGA	AGGAGCTGGGATGAGTTTCAG
<i>Nox4</i>	TCAGGACAGATGCAGATGCT	CTGGAAAACCTTCCTGCTGT
<i>Nqo1</i>	AGGATGGGAGGTAATCGAATC	AGGCGTCCTTCCTTATATGCTA
<i>Nrf2</i>	GCCCACATCCCAAACAAGAT	CCAGAGAGCTATTGAGGGACTG
Rat		
<i>α-sma</i>	GTGATCACCATCGGGAATGA	CAGCAATGCCTGGGTACATG
<i>Col-1a1</i>	AACCCCAAGGAGAAGAAGCA	AGCGTGCTGTAGGTGAATCG
<i>Fn</i>	GCTTCAAGCTGGGTGTACGA	AAGTTGGTTGGGGGAGACAG
<i>Gapdh</i>	ACCACAGTCCATGCCATCAC	ACGGATACATTGGGGGTAGG
Human		
<i>GAPDH</i>	TGGCAAATCCATGGCACCG	CGCCCCACTTGATTTTGGAGG
<i>NOX1</i>	AGATGAACAAGCGTGGCTTC	AGATTGAGGGGCAATTAACA
<i>NOX4</i>	TCTGTTGTGGACCCAATTCA	AGCTGATTGATTCGCTGAG
ChIP assay		
<i>COL-1</i> promoter	AAATTCTGCCCATGTCCGGG	AAACTCTGGCTCGTTGTCTGC
<i>PAI-1</i> promoter	CCTCCA ACCTCAGCCAGACAAG	CCCAGCCCAACAGCCACA

Fn fibronectin

LY2157299, an ALK5 inhibitor that is currently in clinical studies but does not have any reported effects on fibrosis (Fig. 1a). Western blot analysis showed that EW-7197 inhibited phosphorylation of Smad3 in LX-2, Hepa1c1c7, NRK52E, and MRC5 cells in vitro (Fig. 1b). We also examined the effect of EW-7197 on transactivation of TGF-β1 signaling in HaCaT 3TP-Lux cells. Luciferase activity was increased 65-fold following TGF-β1 treatment (2 ng/ml), and EW-7197 showed stronger inhibition of ALK5 than other ALK5 inhibitors (Supplementary Fig. S1a). Regulation of the expression of *PAI-1*, a profibrotic and TGF-β-responsive target gene, is mediated by Smad activation through ALK5 [25]. A ChIP assay was carried out to examine whether EW-7197 inhibit regulation of *PAI-1* transcription. We found that EW-7197 inhibited transactivation of Smads on the promoter region of *PAI-1* (Fig. 1c). To confirm the specificity of EW-7197 in the inhibition of ALK5-mediated phosphorylation of Smad3, an ALK5 knockdown experiment using siRNA was carried out in LX-2 and Hepa1c1c7 cells. Compared with NT siRNA, ALK5 gene expression was effectively decreased by ALK5 siRNA (Supplementary Fig. S1b). The TGF-β1-

induced Smad3 phosphorylation was almost completely abolished in cells that were transfected with ALK5 siRNA compared with that in cells transfected with NT siRNA (Fig. 1d). These results confirm that EW-7197 inhibited the ALK5-dependent phosphorylation of Smad3. In contrast, EW-7197 did not inhibit TGF-β1-induced phosphorylation of Smad1/5/8 in LX-2 and Hepa1c1c7 cells (Supplementary Fig. S1c). These results showed that targeting ALK5 by EW-7197 selectively inhibited TGF-β/Smad2/3 signaling. EW-7197 also inhibited phosphorylation of Smad3 in CCl₄-, and BDL-induced fibrotic livers, UUO-induced fibrotic kidneys, and BLM-induced fibrotic lungs in vivo (Fig. 1e–h; Supplementary Figs. S1d–S1g).

EW-7197 ameliorates α-SMA and collagen accumulation in the fibrotic liver, kidney, and lung

The appearance of α-SMA-positive myofibroblasts is considered to be a key event in the progression of tissue fibrosis [26]. Because TGF-β is an important mediator of transdifferentiation, we assessed the accumulation of fibrogenic myofibroblasts by morphometric quantification of

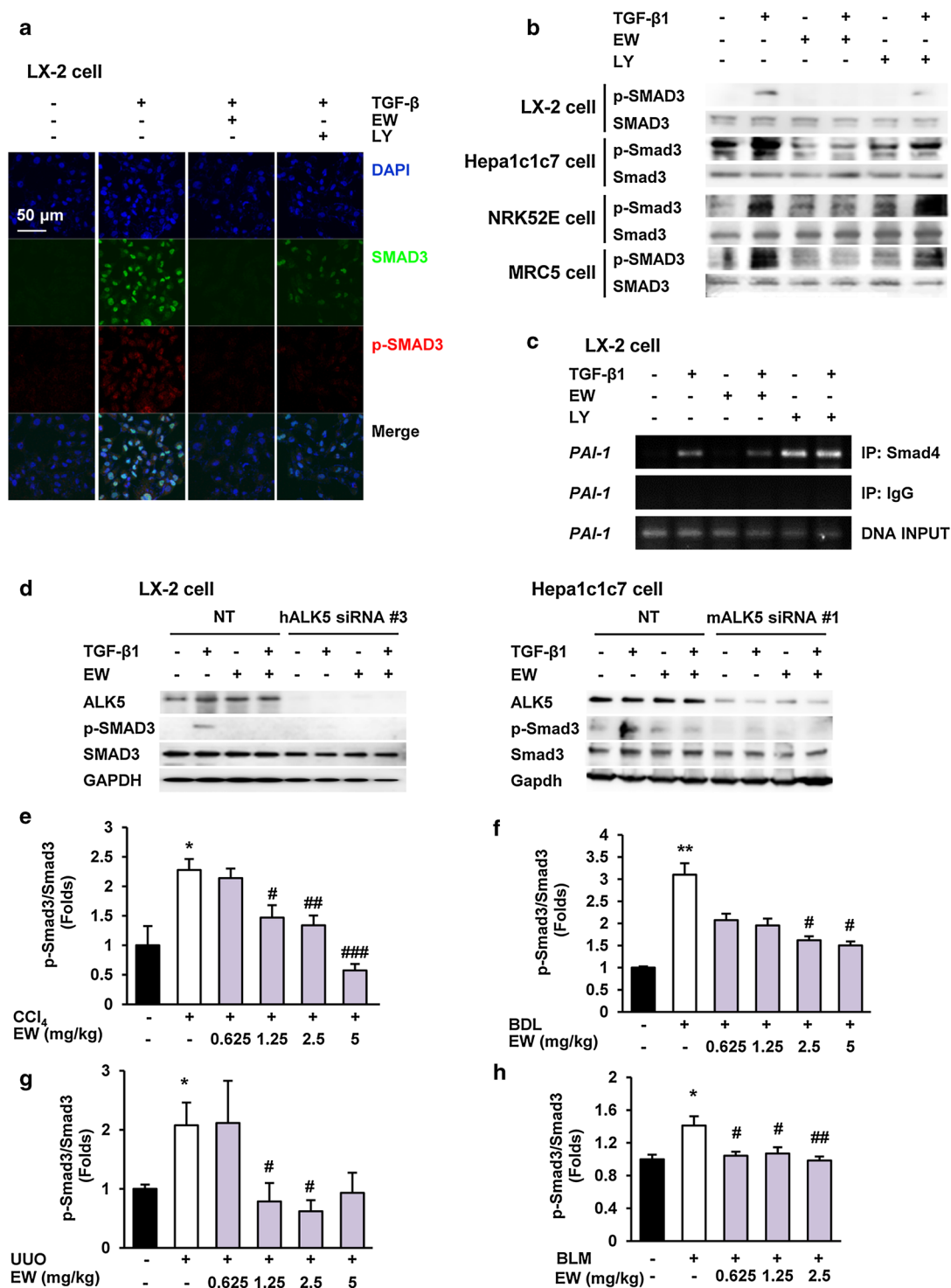


Fig. 1 The ALK5 inhibitor, EW-7197, blocks TGF- β 1/Smad signaling. **a** Effects of EW-7197 (EW) and LY2157299 (LY) on nuclear translocation of p-Smad3 in LX-2 cells. LX-2 cells were treated with 0.5 μ M of the indicated drug in the presence or absence of TGF- β 1 (2 ng/ml) for 3 h. p-Smad3 and nuclei were stained with Alexa Fluor 488 (green) and DAPI (blue), respectively. Scale bars 50 μ m. **b** Effects of EW-7197 and LY2157299 on phosphorylation of Smad3 in LX-2, Hepa1c1c7, NRK52E, and MRC5 cells. Smad3 was used as a reference.

c Effects of EW-7197 and LY2157299 on promoter activation of PAI-1 in LX-2 cells. **d** Effects of EW-7197 on phosphorylation of Smad3 in ALK5 siRNA-transfected LX-2 and Hepa1c1c7 cells. Smad3 and GAPDH were used as references. Densitometric analysis of western blot analysis of Smad3 phosphorylation in CCl₄ mice (**e**), BDL rats (**f**), UUO mice (**g**), BLM mice (**h**). Smad3 was used as a reference. * p < 0.05 vs. Sham, ** p < 0.01 vs. Sham, # p < 0.05 vs. Vehicle, ## p < 0.01 vs. Vehicle, ### p < 0.001 vs. Vehicle

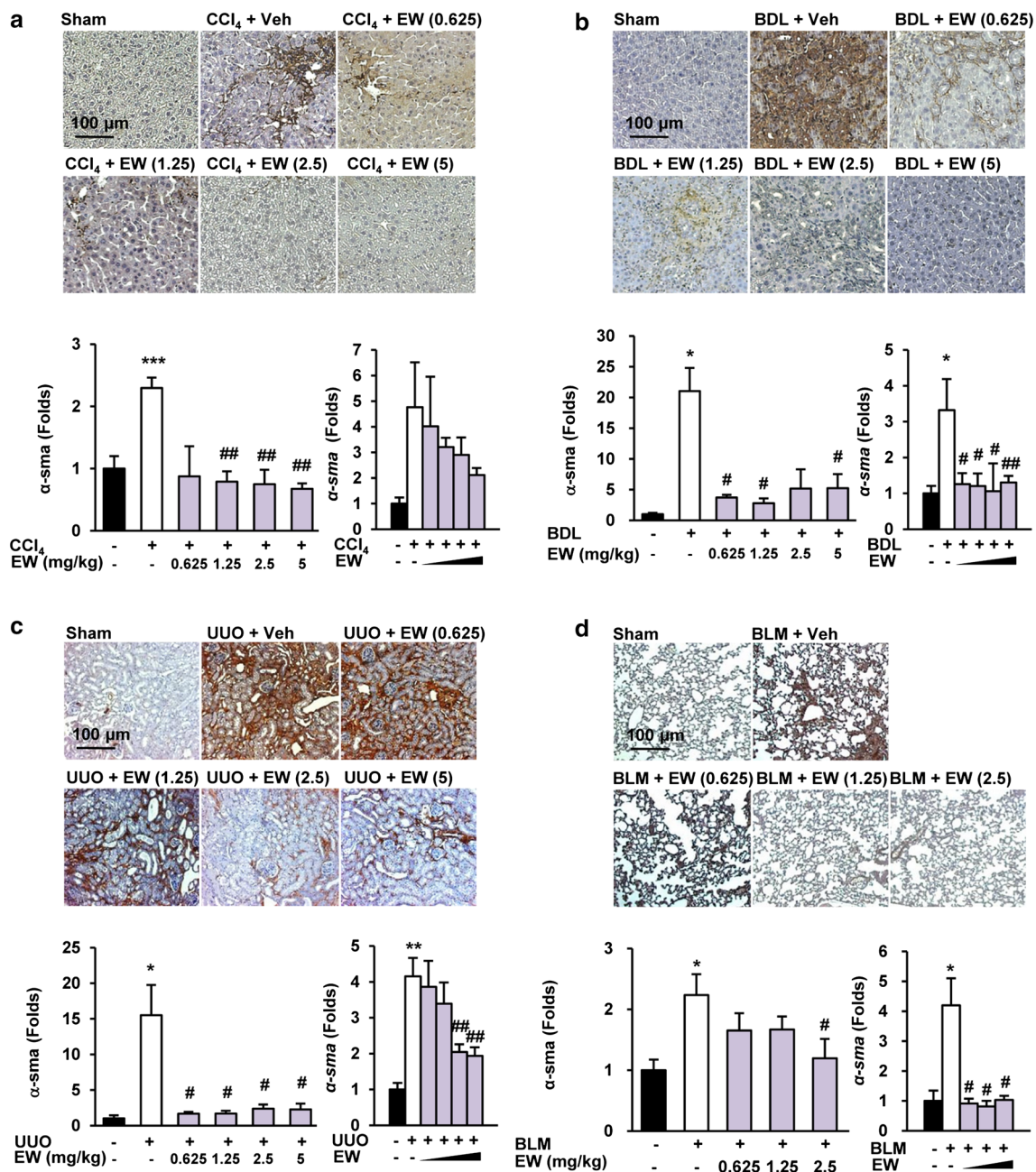


Fig. 2 EW-7197 ameliorates the accumulation of α -SMA in fibrotic tissue. **a–d** IHC (upper), western blot (lower left), and qRT-PCR (lower right) analysis of α -SMA in liver tissues of CCl₄ mice (**a**), BDL rats (**b**), UUO mice (**c**), and BLM mice (**d**). GAPDH was used

as a reference. * $p < 0.05$ vs. Sham, ** $p < 0.01$ vs. Sham, *** $p < 0.001$ vs. Sham, # $p < 0.05$ vs. Vehicle, ## $p < 0.01$ vs. Vehicle. Scale bars 100 μ m

α -SMA-positive cells. EW-7197 reduced α -SMA levels in the interstitial and tubular areas of liver tissues in both CCl₄ mice and BDL rats according to the IHC staining intensity. Moreover, EW-7197 decreased the elevated protein and mRNA levels of α -SMA in CCl₄- and BDL-induced fibrotic livers (Fig. 2a, b; Supplementary Figs. S2a, S2b). In addition, EW-7197 treatment decreased the

protein and mRNA levels of α -SMA in UUO mouse kidneys and BLM mouse lungs (Fig. 2c, d; Supplementary Fig. S2c, S2d). Tissue fibrosis, regardless of its cause, is characterized by rapid accumulation of ECM proteins, mainly collagen. To examine the anti-fibrotic effect of EW-7197, we measured collagen content as a marker of fibrosis. Histopathologically, EW-7197 treatment resulted in

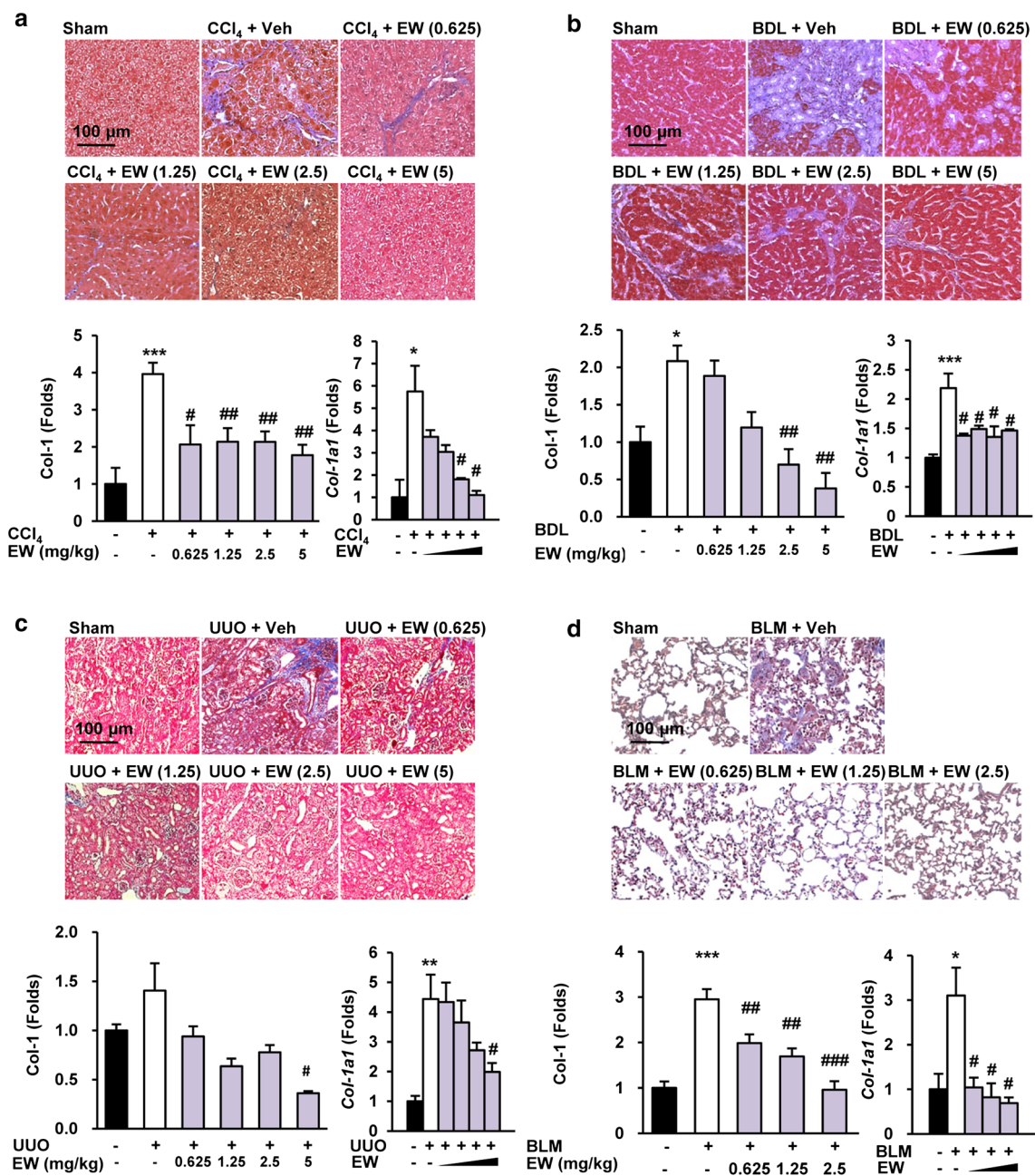


Fig. 3 EW-7197 ameliorates collagen accumulation in fibrotic tissue. **a–d** Masson's trichrome staining (upper), western blot (lower left), and qRT-PCR (lower right) analysis of collagen in liver tissues of CCl₄ mice (**a**), BDL rats (**b**), UUO mice (**c**), and BLM mice (**d**).

GAPDH was used as a reference. * $p < 0.05$ vs. Sham, ** $p < 0.01$ vs. Sham, *** $p < 0.001$ vs. Sham, # $p < 0.05$ vs. Vehicle, ## $p < 0.01$ vs. Vehicle, ### $p < 0.001$ vs. Vehicle. Scale bars 100 μ m

dose-dependent inhibition of collagen accumulation in CCl₄ mouse and BDL rat livers, UUO mouse kidneys, and BLM mouse lungs based on Masson's trichrome staining (Fig. 3). Protein and mRNA levels of COL1A were also elevated in the fibrosis models and reduced by EW-7197 treatment (Fig. 3; Supplementary Fig. S3). Myofibroblasts express α_v integrins that may be critical for tissue fibrosis

[27]. Therefore, we investigated the effect of EW-7197 on α_v integrin and fibronectin expression. EW-7197 reduced the increase in protein and mRNA levels of α_v integrin and fibronectin in CCl₄ mice, BDL rats, and UUO mice (Fig. 4; Supplementary Fig. S4). In BLM mice, there was no significant change in α_v integrin and fibronectin expression (data not shown).

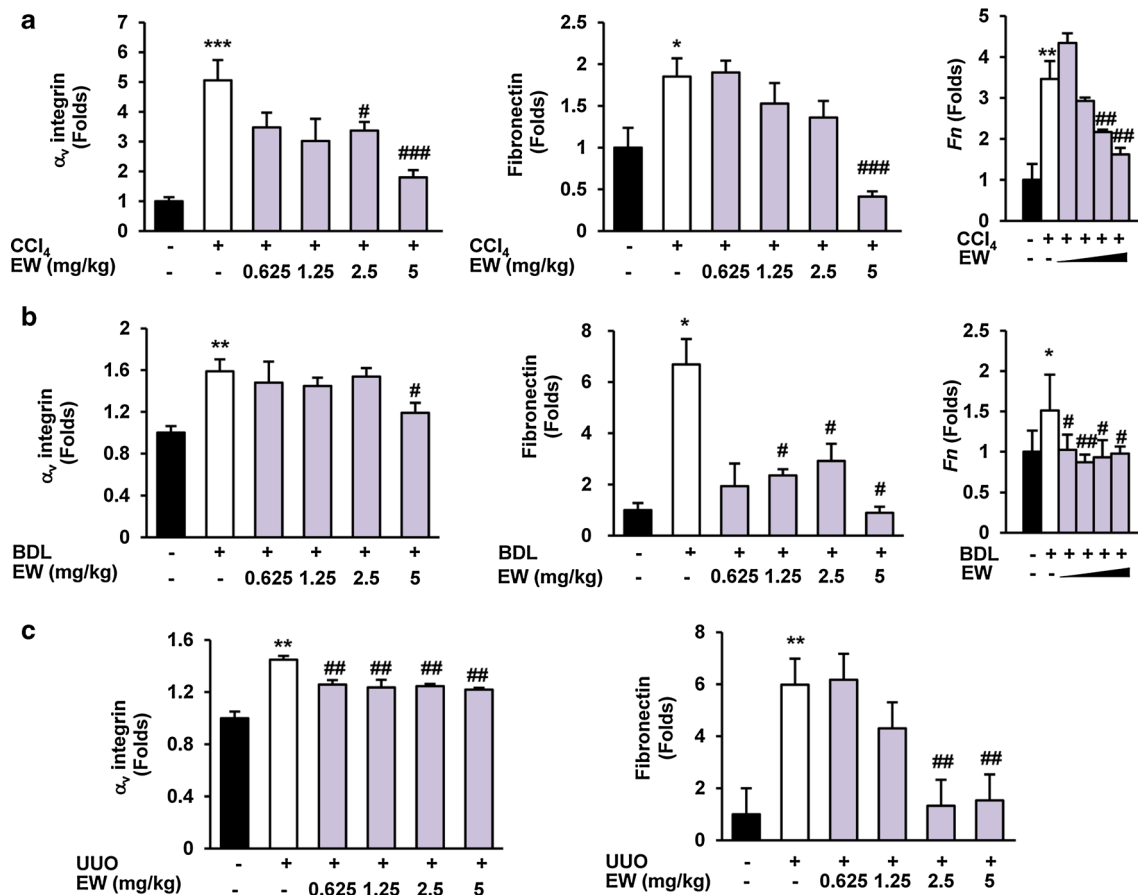


Fig. 4 EW-7197 decreases integrin and fibronectin expression in fibrotic tissue. **a, b** Protein expression levels of α_v integrin (left) and fibronectin (middle), and mRNA levels of fibronectin (right) in liver tissues of CCl₄ mice (**a**) and BDL rats (**b**). **c** Protein expression levels

of integrin α_v (left) and fibronectin (right) in kidney tissues of UUU mice. GAPDH was used as a reference. * $p < 0.05$ vs. Sham, ** $p < 0.01$ vs. Sham, *** $p < 0.001$ vs. Sham, # $p < 0.05$ vs. Vehicle, ## $p < 0.01$ vs. Vehicle, ### $p < 0.001$ vs. Vehicle

EW-7197 extends the lifespan and improves tissue function of fibrotic models

EW-7197 treatment did not affect healthy mice in terms of body weight and necroscopic observations (Table 2). Therefore, in vivo experiments exploring the anti-fibrotic efficacy of EW-7197 were performed without a sham-treated group with EW-7197 alone.

We investigated the effect of EW-7197 on the survival time of CCl₄ mice and found that both 1.25 and 2.5 mg/kg qd EW-7197 increased the survival of CCl₄ mice. In 2.5 and 1.25 mg/kg groups, 80 and 50 % of CCl₄ mice were still alive at 85 days after the start of treatment, respectively (Fig. 5a). We further investigated whether EW-7197 has a therapeutic effect on the CCl₄-induced fibrotic liver. We injected CCl₄ into mice twice per week, and EW-7197 treatment was started when development of liver fibrosis was confirmed by autopsy. EW-7197 extended the lifespan of the mice with liver fibrosis at dose of both 2.5 and 5 mg/kg (Fig. 5b). We examined whether EW-7197

prolonged the survival of BLM mice and BDL rats, and found that EW-7197 increased the survival of BLM mice (Fig. 5c). Up to 64 days, BDL rats treated with EW-7197 exhibited a significantly prolonged lifespan, although there was no statistically significant difference for the overall treatment period (Fig. 5d). In the in vivo experiments, there was no significant change in body weights (Tables 3, 4, 5, 6). These data showed that EW-7197 improved the lifespan of the fibrosis models without toxicity.

EW-7197 reduces oxidative stress

Oxidative stress is a major microenvironmental factor in the development of tissue fibrosis and a mediator of the fibrogenic effects of TGF- β [6, 28]. The aldehyde products of lipid peroxidation, such as 4-hydroxy-2,3-nonenal (4-HNE), have been implicated in the etiology of pathological changes under oxidative stress [28]. We found that 4-HNE elevation in CCl₄ mouse and BDL rat livers, the UUU mouse kidney, and BLM mouse lungs was inhibited by

Table 2 Effects of EW-7197 on body weight changes for 4 weeks oral repeat dose toxicity study in Sprague–Dawley rats

Groups (mg/kg)	Mean body weight (g)				Gain body weight change (%)
	Initial	Day 14	Day 21	Day 28	
0	200.9 ± 1.1	290.0 ± 6.7	322.0 ± 6.5	364.0 ± 5.5	81.2 ± 0.02
5	204.1 ± 1.6	275.0 ± 8.3	336.0 ± 8.6	356.5 ± 8.7	82.5 ± 0.04
10	205.8 ± 3.4	295.0 ± 5.0	360.0 ± 7.7	376.5 ± 8.1	83.0 ± 0.03
20	205.1 ± 3.0	295.0 ± 5.0	369.0 ± 7.1	388.5 ± 6.1	89.5 ± 0.03
30	199.9 ± 2.5	310.0 ± 10.0	347.0 ± 6.8	365.0 ± 6.1	82.5 ± 0.01
40	201.9 ± 1.3	290.0 ± 6.7	352.0 ± 6.8	371.0 ± 4.9	83.8 ± 0.02
50	205.4 ± 5.4	330.0 ± 8.2	357.0 ± 8.8	376.0 ± 8.7	83.5 ± 0.03
60	204.3 ± 1.8	325.0 ± 8.3	350.0 ± 6.3	373.5 ± 7.5	82.8 ± 0.03
120	184.4 ± 18.5	300.0 ± 7.5	340.0 ± 7.5	353.5 ± 8.4	81.9 ± 0.03

EW-7197 (0, 5, 10, 20, 30, 40, 50, 60, or 120 mg/kg, $n = 10$) dissolved in artificial gastric fluid formulation was given to rats orally five times per week for 4 weeks

Fig. 5 EW-7197 extends the lifespan of CCl_4 mice, BDL rats, and BLM mice. **a**, **b** Kaplan–Meier plot of the overall survival of CCl_4 mice. Arrows indicate the start of EW-7197 treatment and the end of the experiment. Scale bars 1 cm. **c** Kaplan–Meier plot of the overall survival of BLM mice. **d** Kaplan–Meier plot of the overall survival of BDL rats. # $p < 0.05$ vs. Vehicle, ## $p < 0.01$ vs. Vehicle, ### $p < 0.001$ vs. Vehicle

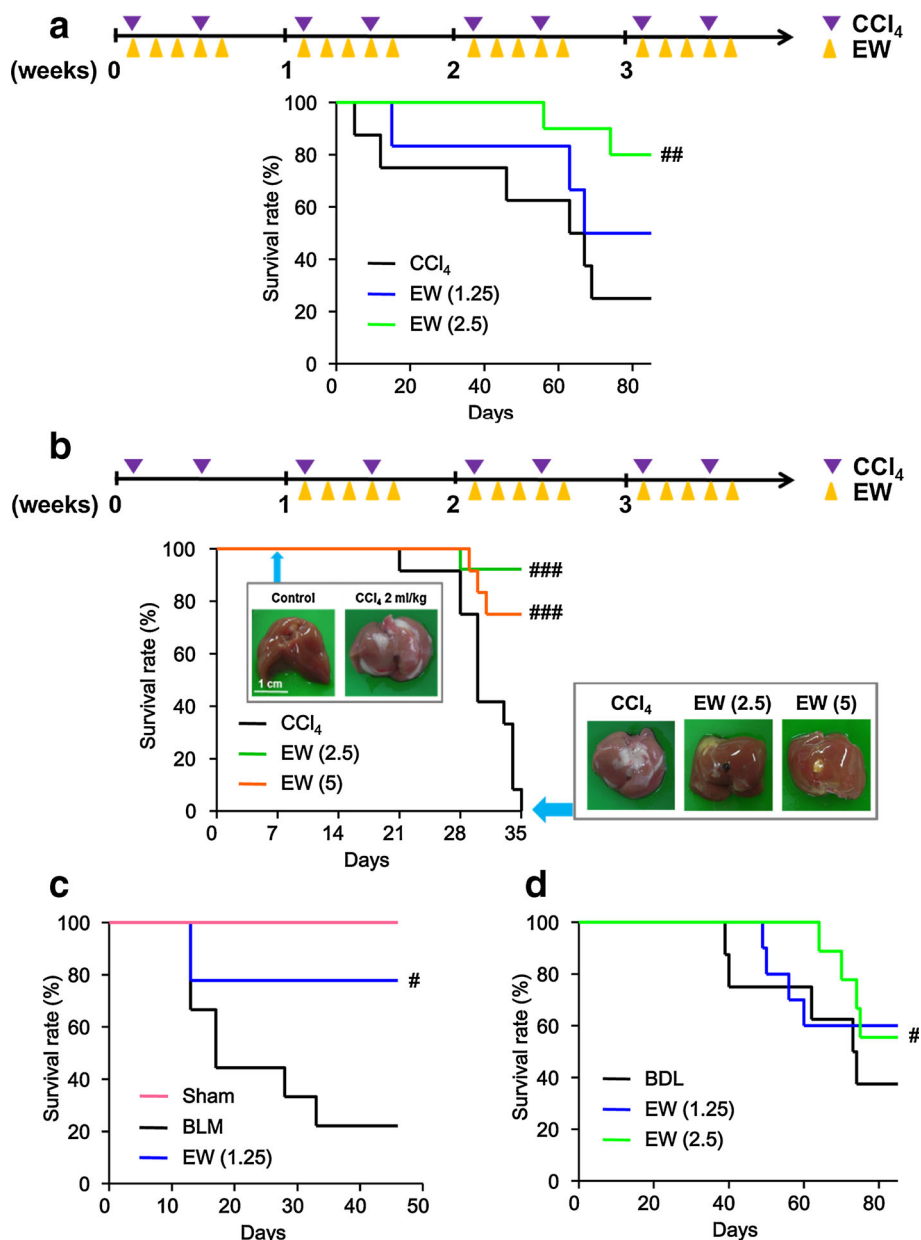


Table 3 Effects of EW-7197 on body and organ weight changes in CCl₄ mice

Groups (mg/kg)	Body weight (g)	Organ weight	
		Liver/body (%)	Spleen/body (%)
Sham			
Veh	21.8 ± 0.6	4.25 ± 0.25	0.33 ± 0.02
CCl ₄			
Veh	22.7 ± 0.5	5.54 ± 0.13***	0.43 ± 0.02*
EW (0.625)	21.3 ± 0.6	5.13 ± 0.20	0.34 ± 0.03 [#]
EW (1.25)	21.9 ± 0.5	5.19 ± 0.19	0.39 ± 0.02
EW (2.5)	22.4 ± 0.5	5.30 ± 0.15	0.38 ± 0.02
EW (5)	22.4 ± 0.4	5.83 ± 0.16	0.41 ± 0.02

EW-7197 (EW: 0.625, 1.25, 2.5, or 5 mg/kg qd) dissolved in artificial gastric fluid formulation (Veh) was given to mice orally five times per week for 4 weeks following CCl₄ injection. The body and organ weights were determined 48 h after the last dosing. Data are expressed as means ± SEM

* $p < 0.05$ vs. Sham, *** $p < 0.005$ vs. Sham, [#] $P < 0.05$ vs. CCl₄ (ANOVA)

Table 4 Effects of EW-7197 on body and organ weight changes in BDL rats

Groups (mg/kg)	Body weight (g)	Organ weight	
		Liver/body (%)	Spleen/body (%)
Sham			
Veh	380.5 ± 11.2	3.12 ± 0.08	0.25 ± 0.01
BDL			
Veh	305.5 ± 8.5**	4.60 ± 1.04***	0.66 ± 0.06***
EW (0.625)	318.9 ± 11.4	3.99 ± 0.88	0.62 ± 0.09
EW (1.25)	302.5 ± 10.1	3.99 ± 0.96	0.49 ± 0.09
EW (2.5)	326.5 ± 6.9	3.46 ± 1.01	0.48 ± 0.12
EW (5)	327.5 ± 4.8 [#]	3.25 ± 0.95	0.44 ± 0.09

EW-7197 (EW: 0.625, 1.25, 2.5, 5 mg/kg qd) dissolved in artificial gastric fluid formulation (Veh) was given to rats orally five times per week for 4 weeks following bile duct ligation (BDL). The body and organ weights were determined 48 h after the last dosing. Data are expressed as means ± SEM

** $p < 0.01$ vs. Sham, *** $p < 0.005$ vs. Sham, [#] $P < 0.05$ vs. BDL (ANOVA)

EW-7197 treatment (Fig. 6; Supplementary Fig. S5a). EW-7197 also reduced phosphorylation of p38 in CCl₄ mice (Supplementary Fig. S5b).

Nicotinamide adenine dinucleotide phosphate oxidase (NOX)-derived ROS facilitates TGF- β -mediated fibrosis by activation of myofibroblasts and accumulation of ECM proteins [9, 29]. Microarray analysis of CCl₄ mouse livers revealed alterations in the expression of many genes involved in ROS signaling (Fig. 7a). EW-7197 decreased up-regulation of the mRNA levels of NOX1, NOX2, and

Table 5 Effects of EW-7197 on body and organ weight changes in UUO mice

Groups (mg/kg)	Body weight (g)	Organ weight	
		L-Kidney/body (%)	Spleen/body (%)
Sham			
Veh	17.8 ± 0.2	0.73 ± 0.03	0.30 ± 0.02
UUO			
Veh	18.1 ± 0.3	3.01 ± 0.17***	0.53 ± 0.02*
EW (0.625)	18.4 ± 0.5	2.83 ± 0.16	0.43 ± 0.01 ^{###}
EW (1.25)	18.2 ± 0.5	2.50 ± 0.15 [#]	0.47 ± 0.06
EW (2.5)	19.0 ± 0.3	2.41 ± 0.15 [#]	0.46 ± 0.02 ^{##}
EW (5)	19.1 ± 0.5	2.76 ± 0.12	0.43 ± 0.02 ^{###}

EW-7197 (EW: 0.625, 1.25, 2.5, 5 mg/kg qd) dissolved in artificial gastric fluid formulation (Veh) was given to mice orally five times per week for 4 weeks following unilateral ureteral obstruction (UUO). The body and organ weights were determined 48 h after the last dosing. Data are expressed as means ± SEM

* $p < 0.05$ vs. Sham, *** $p < 0.005$ vs. Sham, [#] $p < 0.05$ vs. UUO, ^{##} $p < 0.01$ vs. UUO, ^{###} $p < 0.001$ vs. UUO (ANOVA)

Table 6 Effects of EW-7197 on body and organ weight changes in BLM mice

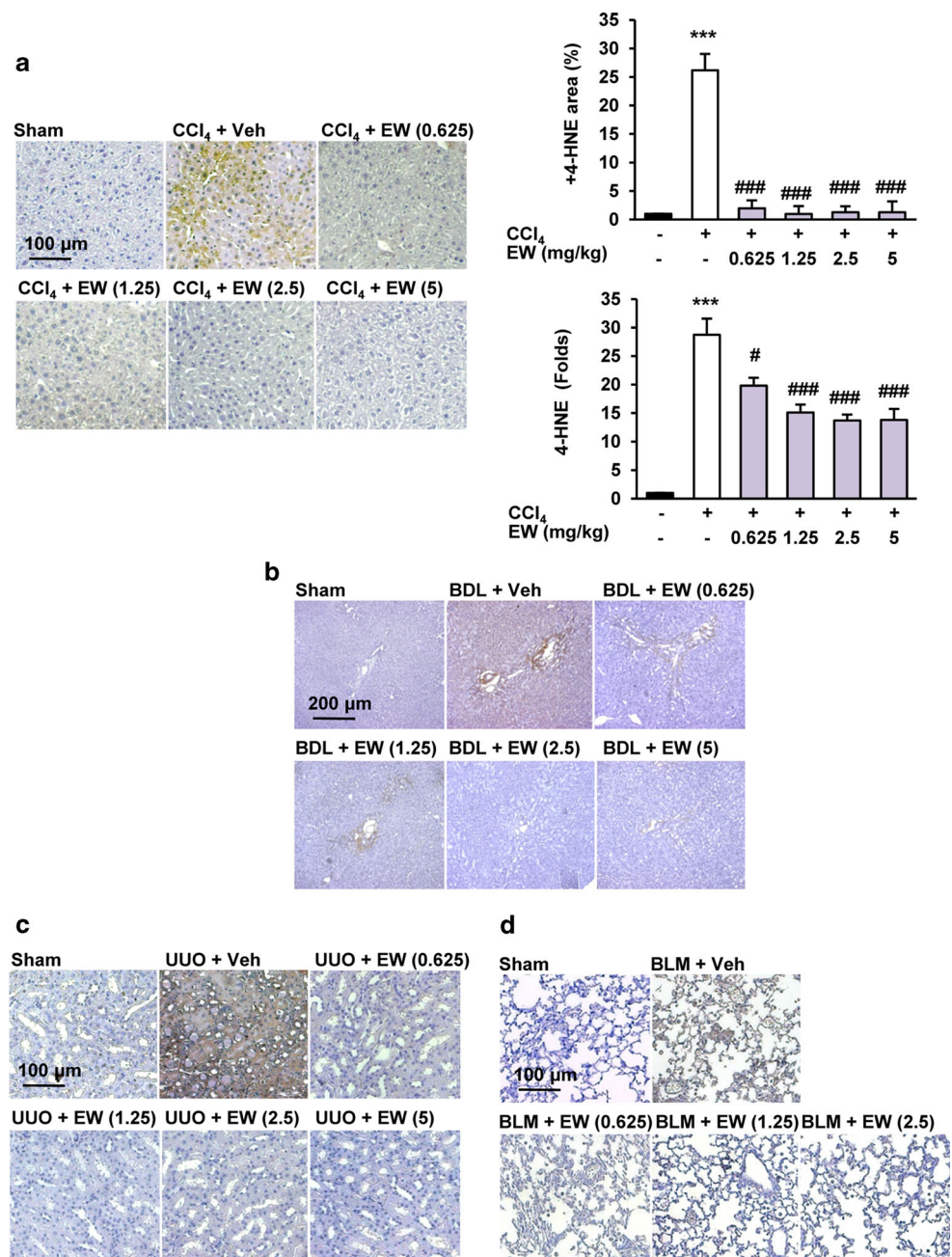
Groups (mg/kg)	Body weight (g)	Organ weight	
		Lung/body (%)	Spleen/body (%)
Sham			
Veh	21.5 ± 0.5	0.97 ± 0.13	0.26 ± 0.03
BLM			
Veh	20.7 ± 0.8	1.51 ± 0.11*	0.26 ± 0.02
EW (0.625)	21.2 ± 0.4	1.28 ± 0.13	0.27 ± 0.01
EW (1.25)	20.9 ± 0.4	1.18 ± 0.03 [#]	0.24 ± 0.01
EW (2.5)	21.4 ± 0.5	1.12 ± 0.05 [#]	0.24 ± 0.02

EW-7197 (EW: 0.625, 1.25, 2.5, or 5 mg/kg qd) dissolved in artificial gastric fluid formulation (Veh) was given to mice orally five times per week for 4 weeks following bleomycin (BLM) injection. The body and organ weights were determined 48 h after the last dosing. Data are expressed as means ± SEM

* $p < 0.05$ vs. Sham, [#] $p < 0.05$ vs. BLM (ANOVA)

NOX components as well as the protein levels of NOX1 and NOX2 in CCl₄ mouse livers (Fig. 7b, c; Supplementary Fig. S6a). However, EW-7197 treatment did not change the protein or mRNA levels of NOX4 in CCl₄ mouse livers (data not shown). In UUO mouse kidneys, EW-7197 decreased the elevation in protein levels of NOX4 (Fig. 7d; Supplementary Fig. S6b). In addition, EW-7197 reduced the increase in mRNA levels of NOX1 and NOX4 in LX-2 cells (Fig. 7e). We detected the expression of NOX1 and NOX4 in LX-2 cells by immunofluorescence. TGF- β 1 increased the expression of NOX1 and NOX4, which was inhibited by EW-7197. However,

Fig. 6 EW-7197 reduces lipid peroxidation. **a** IHC staining of 4-HNE and densitometric analysis of IHC staining (*upper panel*) and western blots (*lower panel*) of liver tissues in CCl₄ mice. GAPDH was used as a reference. ****p* < 0.001 vs. Sham, #*p* < 0.05 vs. CCl₄, ###*p* < 0.001 vs. CCl₄. **b** IHC staining of 4-HNE in liver tissues of BDL rats. **c** IHC staining of 4-HNE in kidney tissues of UUO mice. **d** IHC staining of 4-HNE in lung tissues of BLM mice. *Scale bars* 100 μm (**a**, **c**, **d**); 200 μm (**b**)



treatment with LY2157299 had almost no effect in LX-2 cells (Fig. 7f). Taken together, ALK5 inhibition by EW-7197 reduced oxidative stress both in vivo and in vitro.

EW-7197 attenuates TGF- β - and ROS-induced HSC activation and ECM accumulation

To investigate the effect of ALK5 inhibition by EW-7197 on ROS level, we assessed ROS generation in DCFDA-loaded HSCs. Treatment with TGF- β 1 significantly increased DCF fluorescence in LX-2 cells, which was comparable to the effect observed upon treatment with

GOx. EW-7197 suppressed TGF- β 1-induced intracellular ROS levels in LX-2 cells more effectively than LY2157299. Interestingly, EW-7197 also inhibited GOx-induced ROS level (Fig. 8a). These results indicated that EW-7197 not only inhibits ROS generation via inhibition of TGF- β 1-induced NOX expression, but also eliminates ROS that occur independently of TGF- β signaling. Both TGF- β and ROS play key roles in the pathogenesis of liver fibrosis by activation of HSCs and production of ECM proteins including collagen [2, 6]. Immunofluorescence staining showed that both TGF- β 1 and GOx stimulated the expression of α -SMA, filamentous actin, and collagen in

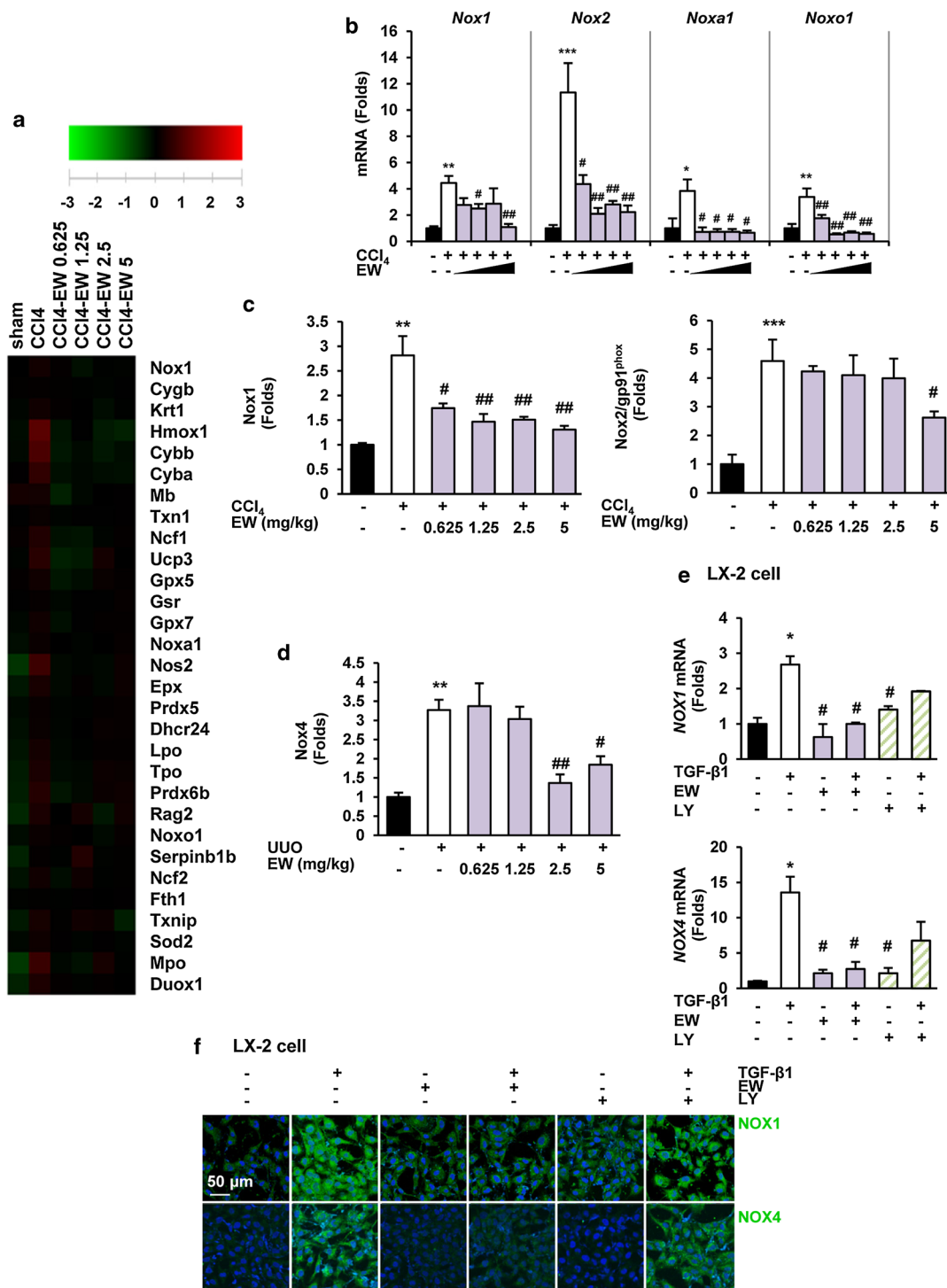


Fig. 7 EW-7197 attenuates TGF-β-induced NOX expression. **a** Heat maps depicting mRNA expression of oxidative stress-related genes in liver tissues of CCl₄ mice (*n* = 4). Gene expression levels are presented as the log₂ ratio to the mean intensity and depicted as color variation from red (high expression) to green (low expression). **b** mRNA expression levels of NOXs and NOX components in liver tissues of CCl₄ mice. **c** Densitometric analysis of western blots of NOX1 and NOX2 in liver tissues of CCl₄ mice. **d** Densitometric analysis of western blots of NOX4 in kidney tissues of UUO mice.

GAPDH was used as a reference. **p* < 0.05 vs. Sham, ***p* < 0.01 vs. Sham, ****p* < 0.001 vs. Sham, #*p* < 0.05 vs. Vehicle, ##*p* < 0.01 vs. Vehicle. **e** mRNA expression levels of NOX1 (upper) and NOX4 (lower) in LX-2 cells. LX-2 cells were treated with the indicated drugs in the presence or absence of TGF-β1 for 24 h. GAPDH was used as a reference. **p* < 0.05 vs. untreated control, #*p* < 0.05 vs. TGF-β-treated control. **f** Immunofluorescence staining of NOX1 and NOX4 in LX-2 cells. Both NOX1 and NOX4 were stained with Alexa Fluor 488 (green) and images were merged. Scale bars 50 μm

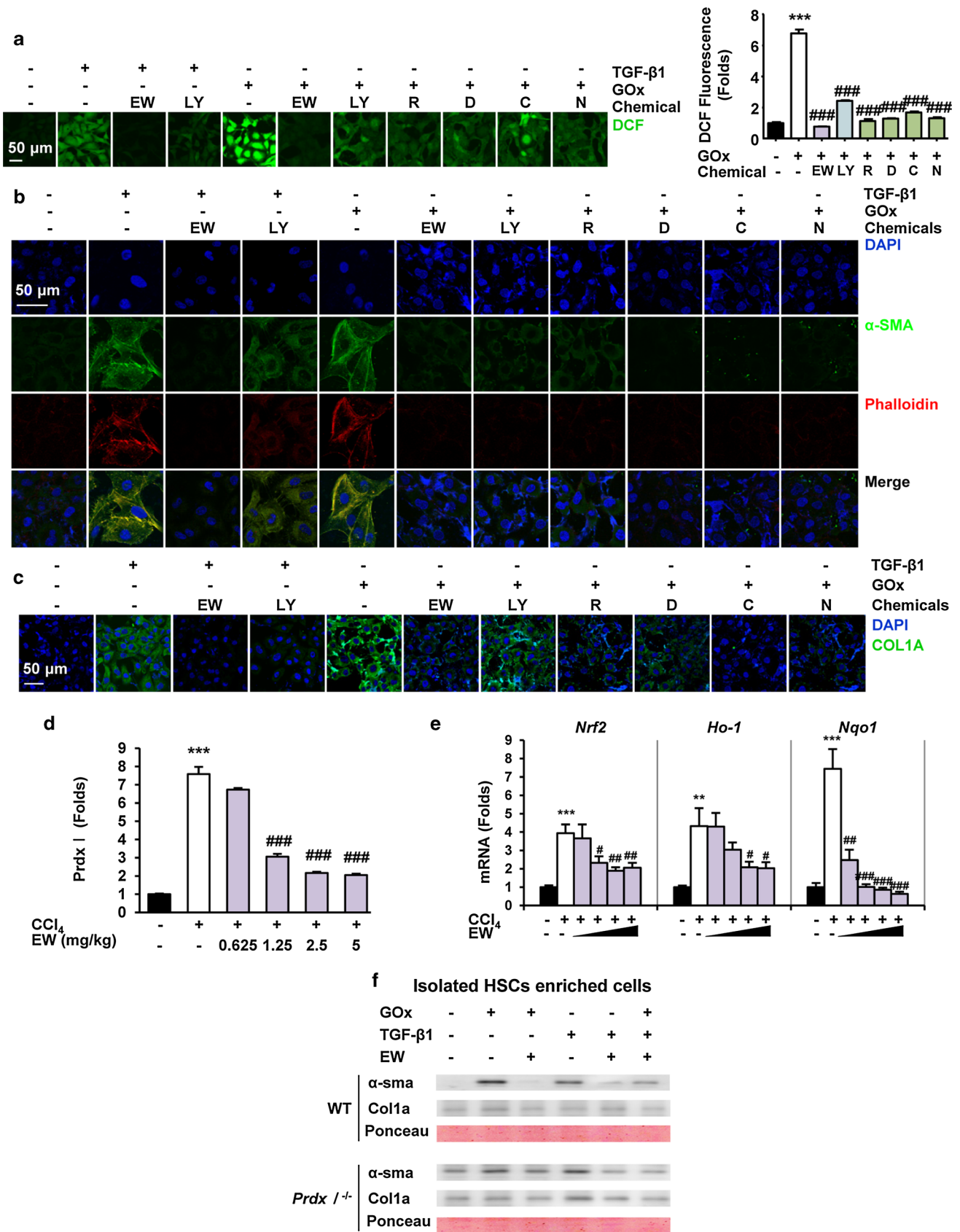
LX-2 cells. Treatment with EW-7197 and ROS scavengers led to similar reductions in TGF- β 1- and GOx-induced expression of α -SMA, filamentous actin, and collagen levels in LX-2 cells (Fig. 8b, c). These data showed that ALK5 inhibition by EW-7197 inhibits the TGF- β - and/or ROS-induced activation of HSCs and accumulation of ECM proteins. Peroxiredoxin (Prdx) expression is induced by oxidative stress, and its induction is faster and more sensitive than that of other antioxidants. Therefore, Prdx is considered to be the most efficient protector against oxidative stress [30]. We observed that Prdx I was greatly increased in CCl₄ mouse livers compared with that in sham-treated mouse livers (Supplementary Fig. S7a). We therefore investigated the possibility that Prdx I might be associated with CCl₄-induced liver fibrosis. EW-7197 reduced the protein level of Prdx I which was increased in CCl₄ mouse livers (Fig. 8d; Supplementary Fig. S7b). Nuclear factor-erythroid 2-related factor 2 (Nrf2) is a ROS-sensitive transcriptional factor of many antioxidant enzymes and stress-responsive proteins such as NAD(P)H:quinone oxidoreductase (NQO1), heme oxygenase-1 (HO-1), and Prdx I [31]. To determine whether ALK5 inhibition by EW-7197 regulates ROS-induced transcription, we analyzed the mRNA expression levels of Nrf2 and Nrf2-dependent enzymes (HO-1 and NQO1). In CCl₄ mouse livers, the increased mRNA expression levels of *Nrf2*, *Ho-1*, and *Nqo1* were decreased by EW-7197 treatment (Fig. 8e). The inhibitory effect of EW-7197 on ROS-sensitive genes may attenuate fibrosis in CCl₄ mice. Therefore, we investigated the effect of EW-7197 on the increased oxidative stress in *Prdx I*-deficient mice. In HSCs isolated from *Prdx I*-deficient mice, EW-7197 inhibited the induction of α -SMA and collagen expression that would otherwise be stimulated by either TGF- β - or GOx-treatment (Fig. 8f). This result suggested that Prdx I might be involved in the anti-fibrotic effect of ALK5 inhibition by EW-7197 in CCl₄ mouse livers.

Discussion and conclusions

Fibrosis is closely linked to wound healing and prevents tissues from dismantling when inflammation, apoptosis, and necrosis occur. Chronic tissue damage results in cellular scar tissue even after removal of the causative triggers [32, 33]. Mild fibrosis remains mostly asymptomatic, but its progression to cirrhosis is the major cause of fibrosis-related morbidity and mortality. Thus, there is an urgent need for anti-fibrotic drugs that prevent progression to cirrhosis [34–36]. TGF- β is the most potent primary inducer of fibrogenesis in various organs such as the kidney, heart, and lung [5]. TGF- β is associated with stimulation of ECM production, one of the major events in

Fig. 8 EW-7197 attenuates TGF- β - and ROS-induced HSC activation and ECM accumulation. **a** Representative images and measurement of intracellular ROS levels in LX-2 cells. Cells were treated with rotenone (1 nM, R), DPI (100 nM, D), catalase (500 U/ml, C), NAC (5 mM, N), LY2157299 (50 nM), or EW-7197 (50 nM). *** p < 0.001 vs. untreated control, ### p < 0.001 vs. GOx-treated control. **b** Immunofluorescence staining of α -SMA and phalloidin in LX-2 cells. α -SMA and rhodamine phalloidin were stained with Alexa Flour 488 (green)- and 555 (red)-conjugated IgGs, respectively. **c** Immunofluorescence staining of COL1A in LX-2 cells. COL1A was stained with Alexa Flour 488 (green)-conjugated IgG and images were merged. Scale bars 50 μ m. **d** Densitometric analysis of western blots of Prdx I in liver tissues of CCl₄ mice. **e** mRNA expression levels of *Nrf2*, *Ho-1* and *Nqo1* in liver tissues of CCl₄ mice. GAPDH was used as a reference. ** p < 0.01 vs. Sham, *** p < 0.001 vs. Sham, # p < 0.05 vs. CCl₄, ### p < 0.01 vs. CCl₄, #### p < 0.001 vs. CCl₄. **f** Effects of EW-7197 on GOx and TGF- β induced α -SMA and COL1A expression in the *Prdx1*^{+/+} and *Prdx1*^{-/-} mouse HSCs enriched cells. Cells were treated with EW-7197 in the presence or absence of GOx or TGF- β 1 for 24 h. Ponceau S-stained membrane was used as reference

tissue fibrogenic progression [4, 5]. Based on these findings, TGF- β signaling appears to be a potential target for the prevention or treatment of fibrotic diseases, and direct inhibition of ALK5 might be an attractive approach to prevent the detrimental profibrotic effects of TGF- β . A small-molecule ALK inhibitor, GW6604, at a dose of 80 mg/kg, shows anti-fibrotic efficacy in DMN-induced liver fibrosis in vivo. However, GW6604 does not suppress the body weight loss of DMN-treated rats [19]. Conversely, in our study, EW-7197 extended the lifespan of various animal fibrosis models at a low dose (<5 mg/kg, qd). Although a long-term safety study is required to determine its toxicity profile, a preclinical 4-week-old rat study with EW-7197 at dose up to 120 mg/kg revealed little toxicity (Table 2). The maximum tolerated dosage of EW-7197 in rats appeared to be 50 mg/kg/day for males and 20 mg/kg/day for females. Based on kinase assay results, the IC₅₀ value of GW6604 (140 nM) [19] is larger than that of EW-7197 (13 nM) [22]. Although it is difficult to compare the efficacy and toxicity of GW6604 with those of EW-7197 because of the differences in the animal models, EW-7197 appears to be a more potent anti-fibrotic agent than GW6604. TGF- β increases the generation of ROS that mediate many of the fibrotic effects of TGF- β and decreases the concentration of antioxidants such as glutathione and Prdxs, in various cell types [6, 28, 37, 38]. This study demonstrated that EW-7197 exerts an anti-fibrotic effect by inhibition of both canonical Smad and non-canonical ROS signaling pathway in CCl₄- and BDL-induced fibrotic liver, UUO-induced fibrotic kidney, and BLM-induced fibrotic lungs (Figs. 1, 2, 3, 4, 5, 6, 7). However, the molecular mechanisms connecting Smad-independent pathways to the TGF- β receptor signaling complex remain unclear and might involve crosstalk between ALK5 and other cellular signaling components.



Currently, EW-7197 is under a phase II clinical trial for breast cancer in the USA (US IND 119528). In this study, we found that EW-7197 has an anti-fibrotic efficacy in vitro and in vivo. This is the first report showing that a novel small-molecule ALK5 inhibitor prolongs the life-spans of CCl₄ mice, BDL rats, UUO mice, and BLM mice. Although further long-term studies are required to identify the optimal drug dosage, our studies provides a proof of concept for the use of the novel ALK5 inhibitor EW-7197 as a potential anti-fibrosis drug.

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Conflict of interest The authors have no conflicts of interest.

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