

Biological implications of preformed mast cell mediators

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Abstract Mast cells store an impressive array of preformed compounds (mediators) in their secretory granules. When mast cells degranulate, these are released and have a profound impact on any condition in which mast cell degranulation occurs. The preformed mast cell mediators include well-known substances such as histamine, proteoglycans, proteases, and preformed cytokines, as well as several recently identified compounds. Mast cells have recently been implicated in a large number of novel pathological settings in addition to their well-established contribution to allergic reactions, and there is consequently a large current interest in the molecular mechanisms by which mast cells act in the context of a given condition. In many cases, preformed mast cell mediators have been shown to account for functions ascribed to mast cells, and these compounds are hence emerging as major players in numerous pathologies. In this review we summarize the current knowledge of preformed mast cell mediators.

Keywords Mast cells · Mediators · Secretion · Granules · Inflammation

Introduction

Recent research has put the mast cell (MC) at the center stage of immunology. This development is in large part based on numerous studies demonstrating a crucial role for MCs in

various types of disease. Most of these studies have utilized genetically MC-deficient mice, in which MC-deficiency is a result of defective c-kit signaling (reviewed in [1]). By using such experimental systems, it has been possible to demonstrate a detrimental role for MCs in, e.g., arthritis, experimental autoimmune encephalitis, bullous pemphigoid, atherosclerosis, cancer, and abdominal aortic aneurysm formation (reviewed in [1]). However, MCs have also been shown to possess a number of beneficial functions, most notably in the context of innate immunity towards bacteria and parasites (reviewed in [2]). In addition, recent research has revealed a role for MCs in the suppression of immune responses, including the promotion of allograft tolerance [3] and secretion of immunomodulatory IL-10 [4].

As a consequence of this development, many laboratories worldwide are currently studying the impact of MCs on many different immunological settings. Importantly, although it is established that MCs participate in various diseases, it is in many cases not clear exactly how they contribute, i.e., the molecular mechanisms. One major route by which MCs could affect a given condition is through effects mediated by the various preformed compounds (“mediators”) that are stored within the MC secretory granules, and are released upon MC degranulation. MC degranulation can be accomplished by a multitude of mechanisms, of which binding of multivalent antigen to IgE molecules bound to the high affinity IgE receptor, FcεRI, is the best characterized pathway [5–7]. In addition, MC degranulation can be triggered by various other mechanisms, including exposure to anaphylatoxins, stem cell factor, endothelin-1, and various neuropeptides [8]. However, it should be pointed out that MCs can be induced to secrete compounds without signs of ongoing degranulation [8]. It is also important to emphasize that stimuli which cause MC degranulation can induce de novo

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synthesis of numerous compounds, such as eicosanoids, cytokines, and chemokines [8, 9].

The preformed granule components include a number of biologically active substances (Table 1), and their release is likely to influence any pathological condition in which

MC degranulation occurs (Fig. 1). In this review we focus on the preformed MC mediators and discuss their biological implications.

MC granule compounds

Biogenic amines

Out of all MC mediators, histamine is undoubtedly the most well known. It has been established since several decades that preformed histamine is a prominent component of MC granules and that histamine release accompanies MC degranulation [10]. Histamine is synthesized in one step, by decarboxylation of histidine, in a reaction catalyzed by histidine decarboxylase (HDC). Accordingly, HDC is expressed by MCs [11] and the HDC expression levels increase during the process of MC maturation [12]. Histamine possesses a multitude of biological activities, including induction of vasodilation, increased capillary permeability, bronchoconstriction, and bronchial smooth muscle contraction (Fig. 1). Recently, more insight into the *in vivo* function of histamine has been acquired through the genetic targeting of HDC [13]. By evaluating the HDC^{-/-} strain in various animal models for disease, a role for histamine has been established in numerous pathological conditions, including allergic airway inflammation [14], systemic anaphylaxis [15], atherosclerosis [16], and experimental autoimmune encephalitis [17] (reviewed in [18]). However, it should be noted that HDC expression is not entirely restricted to MCs, and it is thus not certain that consequences of HDC deficiency result from histamine deficiency in MCs, as opposed to effects related to HDC expressed by cells other than MCs.

It has also been known for a long time that serotonin is present in MC granules [19]. It was initially thought that serotonin was mainly present in MCs of rodents, and that human MCs lacked stored serotonin [20]. However, limited evidence early suggested the presence of serotonin also in human MCs [21] and this notion was further strengthened when Metcalfe et al. [22] demonstrated that human peripheral blood-derived MCs contain serotonin and that plasma serotonin levels were elevated in some patients with mastocytosis. Serotonin is synthesized in one step, by hydroxylation of tryptophan, in a reaction catalyzed by tryptophan hydroxylase (TPH). TPH is present in two isoforms, TPH1 and TPH2. Out of these, TPH1 appears to be the predominant isoform in MCs and its level of expression correlates positively with the degree of MC maturation [12]. Several functions of serotonin have been implied based on animal strains lacking TPH1 and TPH2, respectively ([23] and references therein). However, since serotonin expression is far from unique to MCs, a firm

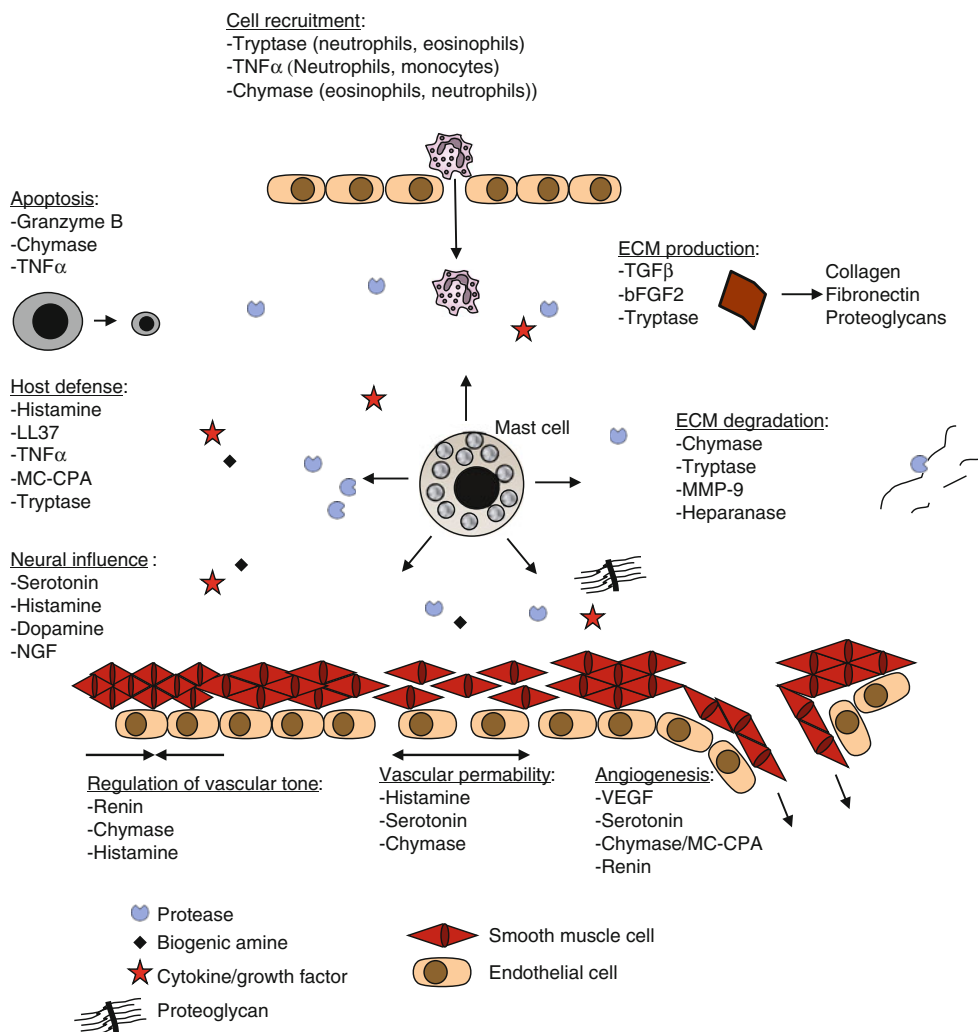
Table 1 Preformed mediators stored within MC secretory granules

Biogenic amines
Histamine
Serotonin
Dopamine
Polyamines ^a
Lysosomal enzymes
β -Hexosaminidase
β -Glucuronidase
β -D-galactosidase
Arylsulfatase A
Cathepsin C
Cathepsin B
Cathepsin L
Cathepsin D
Cathepsin E
Proteoglycans
Serglycin (with heparin and/or CS GAG chains)
Proteases
Chymase ^b
Tryptase ^b
MC-CPA
Cathepsin G
Granzyme B
MMP-9
Renin
Cytokines
TNF α
IL-4
TGF β
bFGF-2
IL-15
NGF
VEGF
Stem cell factor
Other
Heparanase
MBP
Peroxidase
LL-37/cathelicidine

^a As suggested by indirect evidence [25]

^b The specific expression profile of chymase and tryptase genes varies considerably between MCs of different species and between different MC subclasses. For further details, see previous review articles [45, 46]

Fig. 1 Examples of biological functions of secreted, preformed MC mediators



establishment of the function for MC serotonin has to await the conditional targeting of TPH1 in MCs.

Limited evidence suggests that dopamine may also be synthesized and stored in MCs and that MC activation results in depletion of cell-associated dopamine [24], the latter suggesting that dopamine is present within MC granules. However, mRNAs coding for the enzymes that catalyze the formation of dopamine from tyrosine, i.e., tyrosine hydroxylase and DOPA decarboxylase, have, to our knowledge, not been identified in MCs.

In a recent study, it was demonstrated that MC granules contain antizyme inhibitor 2 (AZIN2) [25]. Since AZIN2 is an activator of ornithine decarboxylase, a key enzyme in polyamine (putrescine, spermidine, spermine) synthesis, these findings suggest that polyamines may be present within MC granules. In support of this notion, depletion of polyamines was shown to inhibit the IgE-mediated release of serotonin from human MCs [25]. However, direct evidence for the presence of polyamines within MC granules has to date not been presented.

Lysosomal enzymes

MC secretory granules share many features with lysosomes, e.g., acidic pH and similar membrane components such as VAMP-8 [26, 27], and it has also been known for a long time that MC granules contain a number of components that are also present in lysosomes (Table 1). Hence, the distinction between lysosomes and secretory granules is not well defined and, consequently, secretory granules in many cells, including MCs, are often referred to as “secretory lysosomes” [5, 28]. Out of the lysosomal enzymes known to be present in MC granules, β -hexosaminidase is the most well known and, since β -hexosaminidase is ubiquitously present in MC granules of all subtypes and species, its release is frequently used as a means of quantifying the extent of MC degranulation. MC degranulation also leads to the release of a number of other saccharide-degrading enzymes, including β -glucuronidase, β -D-galactosidase, and arylsulfatase A [29, 30]. The biological function of these enzymes in the context of MCs is not clear. Most

likely, they play a role in normal intracellular turnover processes but it cannot be excluded that they may have extracellular functions following MC degranulation.

It has also been known for some time that MC granules contain a number of lysosomal proteases. These include several cysteine cathepsins, e.g., cathepsin C, B, and L [31, 32], but also the aspartic acid proteases, cathepsin D [32] and cathepsin E [33]. Notably, IgE-mediated MC activation was shown to induce the release of cathepsin D, B, and L [32], thus indicating their presence in secretory granules.

The lysosomal enzymes all have a low pH optimum and, therefore, the traditional view has been that these enzymes are mainly active within the acidic environment of lysosomes/granules, and that they become rapidly inactivated after exposure to extracellular/cytosolic pH. However, recent research has revealed that several of the lysosomal cathepsins possess considerable enzymatic activity also after cellular release [34]. Hence, it cannot be excluded that lysosomal enzymes secreted as a consequence of MC degranulation can exert extracellular functions. However, extracellular biological functions of lysosomal enzymes secreted from MCs remain to be established.

Proteoglycans

It has been recognized for a long time that serglycin proteoglycan is a major constituent of MC granules. Serglycin, like all proteoglycans, contains a protein core to which heavily sulfated (and thereby negatively charged) glycosaminoglycan (GAG) chains are attached. Importantly, the nature of the GAG chains attached to the serglycin protein core varies to a large extent, depending on the cell type in which serglycin is expressed. In connective tissue-type MCs (CTMCs) of rodents, highly sulfated GAGs of heparin type are main constituents whereas in mucosal MCs (MMCs), highly sulfated (“oversulfated”) chondroitin sulfate (CS) is the predominant GAG component of serglycin [35, 36]. In contrast, serglycin in human MCs contains both heparin and CS, in ~2:1 ratio of heparin over CS [37, 38]. A distinguishing feature of MC serglycin, as opposed to serglycin produced by cell types other than MCs, is that the GAG chains have a remarkably high extent of sulfation, which enables them to engage in tight electrostatic interactions with the various basic compounds that co-exist in the granules (reviewed in [39]; see also under “Regulation of storage”). The reason behind the high extent of sulfation of MC serglycin is not fully understood, although recent data suggest that MC maturation correlates positively with the expression of a number of CS and heparin sulfotransferases [40].

Histologically, MCs are easily distinguished by their strong granular staining with various cationic dyes such as

Toluidine Blue, Alcian Blue, Berberine sulfate, and May Grünwald/Giemsa. The staining with these dyes is most likely explained by their strong binding to serglycin present in MC granules, as indicated by the complete lack of metachromatic staining in serglycin^{-/-} MCs [41]. The binding properties of these dyes can be employed to distinguish GAG subtypes and different MC subclasses, with Alcian Blue preferentially binding to MMCs, safranin preferentially binding to CTMCs, and Berberine sulfate staining predominantly for heparin rather than CS [42, 43].

Proteases

MCs granules constitute one of the major sites for stored proteases, with proteases accounting for more than 25% of the total MC protein [44]. Remarkably, the MC proteases are all stored as active enzymes, i.e., with their activation peptides removed before storage. The latter is in sharp contrast with most other proteases, e.g., the pancreatic digestive proteases, in which the activation peptides usually are cleaved off after secretion. The term “MC proteases” usually refers to a number of enzymes that are specifically expressed by MCs, including proteases of chymase, tryptase, and carboxypeptidase A (MC-CPA) type (Table 1). Notably, the specific MC protease expression profile differs extensively between MC subclasses and also between species (described in detail elsewhere [45, 46]). Recent studies involving the evaluation of various MC-protease knockout strains have revealed important roles for the MC proteases in numerous conditions in which MCs have previously been implicated, such as arthritis [47, 48], allergic airway inflammation [49], abdominal aortic aneurysm formation [50], and glomerulonephritis [51], as well as in the defense towards bacteria [52] and parasites [53]. Hence, MC proteases may in many cases account for the detrimental as well as beneficial effects ascribed to MCs.

In addition to expressing MC-specific proteases, MCs of different types have been shown to express other, non-MC-specific proteases. Early histological evidence suggested that human MCs contain cathepsin G [54], a serine protease also expressed by neutrophils, and mRNA encoding cathepsin G was identified in MC-containing skin from patients with urticaria pigmentosa [55]. It has also been demonstrated that human peripheral blood-derived MCs contain matrix metalloprotease 9 (MMP-9) [56] and that human cardiac MCs as well as HMC-1 cells (an MC-like cell line) contain renin [57]. Renin is responsible for the generation of angiotensin I from its precursor, angiotensinogen, whereas MC chymase is known to be one of the key enzymes involved in conversion of angiotensin I into the active component, i.e., angiotensin II [58]. Hence, MCs granules are equipped with all of the components necessary

to generate angiotensin II from its precursors, suggesting a role for MCs in the modulation of angiotensin II-mediated events such as the regulation of blood pressure. Indeed, it has been demonstrated that MC-mediated mechanisms contribute to the angiotensin I-converting enzyme-independent regulation of arterial blood pressure [59].

More recently, it has been discovered that MCs express and store large amounts of granzyme B, a serine protease mainly implicated in apoptosis but also in extracellular matrix remodeling [60]. It was shown that MCs could induce apoptosis in target cells, through a mechanism involving granule-contained granzyme B. Hence, these data add a new dimension of MC function by introducing the possibility that MC degranulation may contribute to induction of apoptosis at inflammatory sites.

Cytokines

Through the pioneering work of Paul, Galli, Dorf and their and coworkers, it was realized that MCs are capable of generating cytokines [61–63]. Not only that, it was demonstrated that MCs can actually store preformed cytokines within secretory granules, as initially shown for tumor necrosis factor α (TNF α) [61]. Following the identification of the MC as a TNF α -producing cell, numerous functions for MC-derived TNF α have been demonstrated [64–67]. For example, it has been shown that MC TNF α is critical for inducing the lymph node hypertrophy that is associated with bacterial infection [68] and, interestingly, it was recently shown that the delivery of TNF α to the draining lymph nodes may be dependent on packaging of TNF α in heparin (serglycin)-containing MC-derived particles [66]. However, it should be pointed out that, in some experimental systems, the bulk of TNF α released by MCs may be derived from de novo synthesis rather than from preformed pools [69]. MCs have also been demonstrated to express and secrete a large number of additional cytokines, growth factors, and chemokines [8]. In many cases, these are most likely released as a consequence of de novo synthesis rather than being released from preformed pools. However, collective evidence suggests that a number of different cytokines/growth factors may actually be stored within the granules, including vascular endothelial growth factor (VEGF) [70, 71], IL-4 [72, 73], nerve growth factor (NGF) [74], IL-15 [75], basic fibroblast growth factor-2 (bFGF-2) [76], transforming growth factor- β (TGF β) [77] and stem cell factor (SCF) [78] (Table 1). Notably, since MCs show a strong tendency of background immunohistochemical staining, due to unspecific binding of IgG to the secretory granule proteoglycans (serglycin), some caution should be taken when interpreting data showing positive staining for any compound in MC granule. Therefore, in order to firmly establish the presence of preformed compounds within MC granules, it is

preferable that its presence is confirmed by other means. For example, rapid release (<30 min) after IgE cross-linking strongly supports the presence of a preformed compound within granules. Examples of the latter include the rapid release of TNF α , TGF β , NGF, SCF, and IL-4 from various types of MCs after IgE-mediated degranulation. Another useful criterion that identifies a cytokine (or any compound) as a true MC product is if the corresponding mRNA can be identified. Further, lack of staining in MCs genetically targeted to lack the respective compound, as exemplified by the lack of positive IL-15 staining in IL-15^{-/-} MCs [75], provides strong evidence for presence within granules.

Other granule components

Eosinophil major basic protein (MBP) has been identified in nasal and ileal human MCs and also in MCs from cutaneous mastocytosis specimens [79], although normal skin MCs do not stain for MBP [79, 80]. Early reports suggested that peroxidase may be present within MC granules [81, 82], but this finding has been questioned as most likely being the result of eosinophil contamination of the MC population studied [83]. Further, it has been shown that MC granules contain heparanase [84], an enzyme involved in degradation of heparin and its close relative, heparan sulfate. Heparanase exocytosed from MCs was shown to cleave heparan sulfate chains present in extracellular matrix, but it remains to be shown whether MC heparanase has a role in the intracellular turnover of the heparin chains present within MC granules. There is also limited evidence that MC granules contain preformed LL-37, an antimicrobial peptide belonging to the cathelicidin family, suggesting that MC degranulation could unleash direct anti-bacterial activity [85].

Regulation of storage

Several recent studies have pointed to a key role for serglycin in maintaining proper granule storage, with serglycin-deficient MCs displaying an almost complete inability to store a number of MC proteases as well as histamine and serotonin [12, 41, 86]. Importantly, the absence of serglycin does not affect the levels of mRNA coding for the respective proteases, suggesting effects at the level of storage rather than synthesis. The fate of the MC proteases in cells lacking serglycin is still not clear, although limited evidence suggests that they may become either degraded or secreted [87]. It is also noteworthy that serglycin does not have a universal role in promoting MC mediator storage, i.e., certain compounds rely strongly on serglycin for storage whereas others are stored independently of serglycin (reviewed in [39]). Although serglycin certainly has a key role in promoting

storage of granular compounds, it should be emphasized that serglycin does not affect the actual granule biogenesis; when examining granules of bone marrow-derived MCs, approximately equal numbers of granules were found in WT and serglycin^{-/-} cells and granules were of approximately equal size. However, granules from serglycin^{-/-} cells lacked the dense core formation that is characteristic of WT counterparts, suggesting a key role for serglycin in promoting granular condensation [86]. An even more striking effect of serglycin-deficiency was observed in fully mature peritoneal MCs. Here, the WT cells contained granules entirely filled with highly electron dense material, whereas serglycin-deficient MCs instead contained only a few but dramatically enlarged vesicles virtually devoid of electron-dense content [88], the latter being reminiscent of the granule ultrastructure observed in MCs lacking *N*-deacetylase/*N*-sulfotransferase-2 [89]. Hence, the absence of serglycin appears to result in collapsed granule structure in mature

MCs, although granule biogenesis occurs independently of serglycin.

Several observations point to additional complexity in terms of granule subtypes and subdivision. In human MCs, it has been known for a long time that the granules are ultrastructurally subdivided into regions containing scroll-like or crystalline structures, particles, or a mixture of such structural elements [90]. Although the mechanisms and implications for this subdivision have not been elucidated, an interesting observation is that tryptase and chymase are localized in regions of different ultrastructural appearance, with tryptase being predominantly contained within crystalline regions whereas chymase preferentially localizes to electron-dense regions of amorphous appearance [91]. In contrast, similar ultrastructural subdivision of rodent MC granules is not apparent (Fig. 2). On the other hand, recent evidence has suggested that different granules of individual murine MCs have distinct contents, with some granules

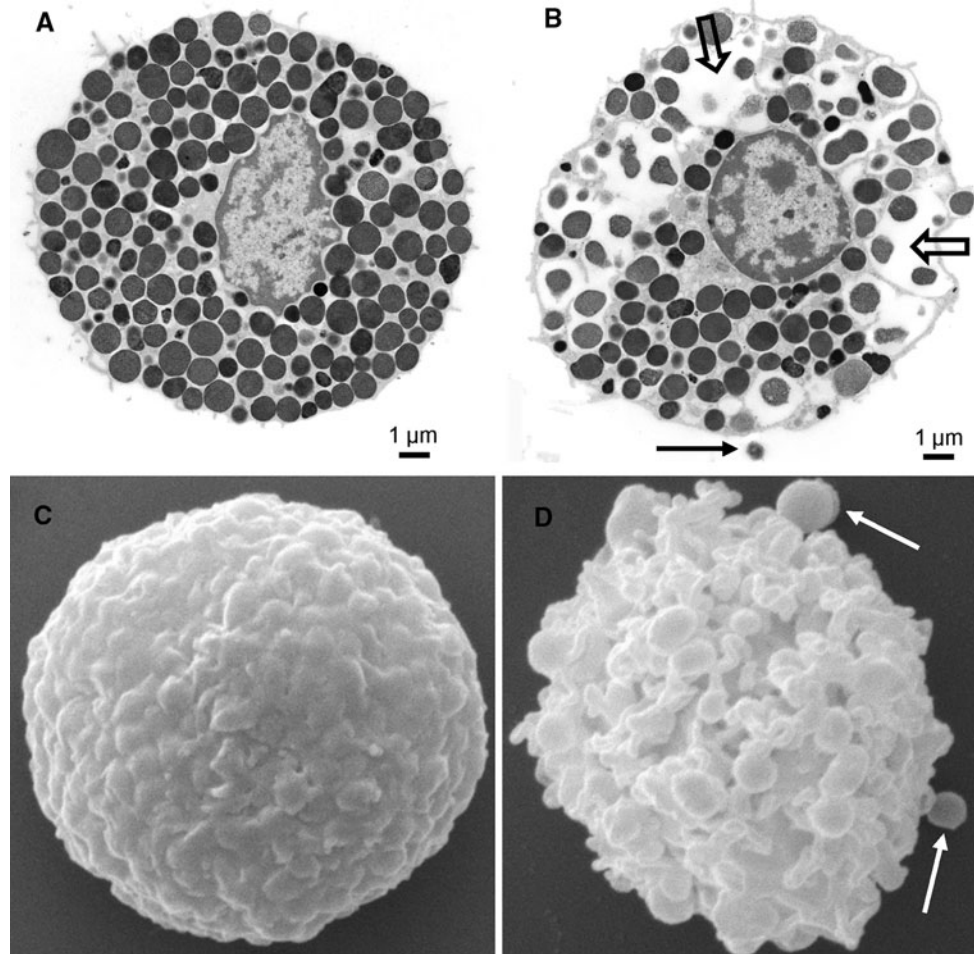


Fig. 2 **a, b** Transmission electron micrographs showing an intact rat peritoneal MC (**a**) and a MC undergoing anaphylactic degranulation (**b**). The *block arrows* indicate regions where multiple granules have fused; the *arrow* depicts an exocytosed granule remnant. **c, d** Scanning electron micrographs showing an intact (**c**) and degranulated (**d**) rat

peritoneal MC. Note the extensive membrane alterations in **d**. *Arrows* in **d** depict exocytosed granule remnants. Images are courtesy of Prof. Giuliano Zabucchi, Prof. Maria Rosa Soranzo, and Dr. Francesca Vita (Electron Microscopy Section of Centro Coordinamento e Sviluppo Progetti e Apparecchiature (CSPA), University of Trieste)

containing serotonin and cathepsin D preferentially and with others instead containing histamine and TNF α [27]. Similar subdivision into preferentially serotonin- or histamine-containing granules is also supported by other studies [25, 92]. However, the mechanisms explaining this granule segregation remain to be clarified.

Sorting into MC granules

There is very limited knowledge of the mechanisms that lead to proper targeting of MC mediators into the secretory granules. For example, although it appears likely that the mannose-6-phosphate system has a role in sorting of typical lysosomal compounds and granzyme B into MC granules, there is so far no experimental evidence supporting such a notion. An attractive hypothesis would be that serglycin acts as an intracellular carrier and sorting vehicle for a number of granule compounds, i.e., those whose storage is serglycin-dependent. However, the evidence available so far suggests that serglycin-dependent mediators are correctly targeted to granules even in the absence of serglycin, but that serglycin rather has a role in promoting their retention within the granules [87].

Granule dynamics

The exact composition of the MC granules is a net result of a number of different processes interacting in a dynamic fashion. Undoubtedly, serglycin has a main function in promoting histamine storage but, interestingly, there also appears to exist an inverse relationship, as shown by the reduced proteoglycan (and protease) content of MCs lacking histamine [13]. Although the exact mechanism behind this finding is not clear, it appears likely that histamine, being positively charged, has a role in balancing the negative electric charge of serglycin. A reduction in histamine may thus lead to impaired proteoglycan storage, which, in turn, will lead to impaired protease storage. There is also evidence suggesting that MC mediators can show interdependence in terms of storage, in addition to their dependence on serglycin. One example of this is the strong interdependence of mouse mast cell protease 5 (mMCP-5) and MC-CPA, as shown by the complete lack of mMCP-5 protein in MC-CPA^{-/-} MCs [93] and vice versa, i.e., a complete lack of MC-CPA protein in mMCP-5^{-/-} MCs [94]. Notably, the interdependence of MC-CPA and mMCP-5 does not require that MC-CPA is enzymatically active, as indicated by the preserved mMCP-5 storage seen in mice in which the active site of MC-CPA is mutated [95]. As another example of interaction between different granule constituents, it has been shown that MCs

lacking either cathepsin S or -C accumulate excessive amounts of MC-CPA and of mMCP-5, suggesting that MC-CPA and mMCP-5 levels in granules are controlled by proteolytic processing catalyzed by cathepsin S and -C [96]. Moreover, it has been shown that cathepsin C is essential for the processing of pro-chymases into active enzymes [97] and that cathepsin E located within granules has a role in the processing of pro-MC-CPA into mature enzyme [33]. Interestingly, the processing of MC protease precursors into active enzymes may in fact take place within the granules [98].

Another important example demonstrating potential interdependence of granule constituents is the findings of Zhao et al. [99] who demonstrated that MC proteases can degrade certain cytokines that were endogenously produced by MCs. Hence, MC proteases could have a role in down-regulating the magnitude of the effects caused by MC-produced cytokines. On a more controversial angle, it has been suggested that RNA and ribosomes may in fact be found associated with (and even within) MC secretory granules, implying an ongoing protein synthesis within this compartment [100].

The bulk of MC granule content is most likely the result of endogenous synthesis within the MC. However, there is substantial evidence suggesting that several compounds may be efficiently taken up by MCs and deposited in the granules. An early example of this phenomenon is the reported uptake of MBP by human skin MCs [79]. It has also been shown that MCs can take up peroxidase [83], dopamine [101], and histamine [102], and store these compounds within granules. We may thus envisage that tissue MCs may take up and act as reservoirs for various biologically active compounds, sequester these, and release them when needed. Further, we cannot exclude that some of the compounds that have been reported to be present in MC granules, especially when shown by immunohistological techniques only (without confirmation by mRNA analysis), may in fact be present in granules as a result of uptake from the surrounding milieu rather than having been synthesized by the MC itself.

Granule biogenesis

There is only limited knowledge of the mechanisms regulating MC granule biogenesis. Most of the general knowledge of secretory granule biogenesis comes from studies of neuroendocrine cells [103] and, considering that the secretory granules in MCs and neuroendocrine cells share many characteristics, it appears likely that mechanisms of granule biogenesis are similar in these cell types. In line with such a notion, it was recently shown that MC granule biogenesis was promoted by over-expression of

secretogranin III, a protein that also has a key role in the formation of secretory granules in neuroendocrine cells [104].

There is also very little knowledge of the mechanisms that regulate the size of the MC secretory granules. However, it was recently proposed that the size of the MC secretory granules is tightly regulated by the fusion of Golgi-derived pro-granules of defined size (unit granule) either to each other or to pre-existing granules [105]. Moreover, there is evidence suggesting that synaptotagmin III has an important role in regulating the size of the MC secretory granules, although not being involved in the actual granule biogenesis [106].

Granule release

The signaling events involved in MC degranulation, in particular following stimulation through the IgE receptor, have been the subject of intense investigations and have been extensively reviewed in the past [1, 5–7]. MC activation through the IgE pathway typically leads to massive degranulation, referred to as anaphylactic degranulation (Fig. 2), in which a large portion of the stored granule compounds is released. Recent findings suggest that CD63 [107] and CD203c [108] are exposed on the surface of degranulated human MCs, but are only weakly expressed on non-activated cells, and thus can be used as selective markers for degranulated MCs. Anaphylactic degranulation has been shown to involve fusion of several granules into “degranulation channels”, followed by fusion of granule membranes with the plasma membrane and extrusion of membrane-free “granule remnants” into the surrounding milieu (reviewed in [109]) (Fig. 2). In addition to undergoing anaphylactic degranulation, it has been known for a long time that MCs can also release granule material in a slow fashion, a process termed “piecemeal degranulation” [90]. Typically, piecemeal degranulation leads to emptying of secretory granules without any visible plasma- or granule membrane alterations, and there is evidence that piecemeal degranulation involves vesicular transport of granule contents to the plasma membrane [90]. A feature that distinguishes MCs from many other granule-containing immune cells is that they, after undergoing massive degranulation, can rebuild their granular stores, i.e., regranulate [110]. This process appears to be completed within 24 h [111].

Concluding remarks and future directions

MCs are currently emerging as highly versatile cells capable of influencing pathological conditions at multiple levels.

Following this realization, it is also clear that strategies aimed at neutralizing various harmful effects of MCs may constitute attractive directions for developing new therapeutic regimens. As reviewed here, MCs contain a plethora of pathogenic compounds stored within their secretory granule, and many of these are potential (or already proven) targets that can be utilized for therapeutic intervention. Since many of the preformed MC mediators are not uniquely expressed by MCs, a major future challenge will be to establish their specific roles in the MC context, as opposed to functions of the same compound when expressed by other cell types. To this end, experiments in which MC-deficient mice are reconstituted with either WT MCs or MCs deficient in the expression of a gene of interest have in many cases been successful. However, considering that such reconstitution approaches often encounter problems due to uneven (or failure of) reconstitution of MCs to different organs/tissues [112], this approach has some limitations. We therefore anticipate that future research will also focus on conditional targeting of genes of interest in MCs, an approach that recently has been made possible through the generation of mouse strains expressing the Cre recombinase under control of MC-specific promoters [113, 114].

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