

Clinical significance of serum NM23-H1 protein in neuroblastoma

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We have previously reported that *NM23* genes are overexpressed in various hematological malignancies and that serum NM23-H1 protein levels are useful for predicting patient outcomes. In this study we assessed the clinical implications of serum NM23-H1 protein on neuroblastoma. We examined serum NM23-H1 protein levels in 217 patients with neuroblastoma, including 131 found by mass-screening and 86 found clinically by an enzyme-linked immunosorbent assay, and determined the association between levels of this protein, and known prognostic factors or the clinical outcome. The serum NM23-H1 protein level was higher in neuroblastoma patients than in control children ($P < 0.0001$). Patients with *MYCN* amplification had higher serum NM23-H1 levels than those with a single copy of *MYCN*. Overall survival was assessed in the 86 patients found clinically, and was found to be worse in patients with higher serum NM23-H1 levels (≥ 250 ng/mL) than in those with lower levels (< 250 ng/mL; $P = 0.034$). The higher level of NM23-H1 was correlated with a worse outcome in patients with a single *MYCN* copy, or in those younger than 12 months of age. Serum NM23-H1 protein levels may contribute to predictions of clinical outcome in patients with neuroblastoma. (*Cancer Sci* 2005; 96: 653–660)

The *NM23* gene was identified by differential hybridization of a cDNA library with total RNA extracted from slightly and highly metastatic melanoma cell lines.⁽¹⁾ The *NM23* gene has been identified as a family of genes encoding different isoforms of nucleoside diphosphate kinase (NDPK).⁽²⁾ *NM23* genes play critical roles in cellular proliferation, differentiation, oncogenesis, and tumor metastasis.^(1,3) The mechanisms for these pleiotropic effects are not well understood. Eight isoforms of the human *NM23* gene (*NM23-H1*, *NM23-H2*, *NM23-H3/DR-NM23*, *NM23-H4*, *NM23-H5*, *NM23-H6*, *NM23-H7*, and *NM23-H8*) have been identified.⁽²⁾ Among these, only *NM23-H1* and *NM23-H2* have been studied extensively in human cancers.

The level of *NM23-H1* expression is inversely correlated with the tumor's metastatic potential in experimental rodent cells and in human tumors such as breast, ovarian, cervical and gastric cancer, hepatocellular carcinoma, and melanomas.⁽⁴⁾ Therefore, *NM23-H1* is implicated in the regulation of metastasis in a variety of human cancers. However, overexpression of the *NM23-H1* gene has been reported in various neoplasms including neuroblastoma, hematological malignancies, and pancreatic, lung, ovarian and gastric cancers.^(5–8) Overexpression of *NM23-H1* is indicative of a poor patient prognosis for

patients with neuroblastoma, acute myelogenous leukemia (AML), or non-Hodgkin's lymphoma (NHL).^(8–10)

In neuroblastoma, a gain of 17q is the most frequent genetic abnormality, followed by 1p deletion and *MYCN* amplification, both of which correlate closely with 17q gain. The three genetic events are strong predictors of unfavorable prognosis.^(11,12) The *NM23* genes are located at the edge of the common chromosomal region of 17q gain. Godfrid *et al.* identified genes that are activated in the *MYCN* downstream pathway using SAGE libraries of *MYCN*-transfected and control neuroblastoma cell lines.⁽¹³⁾ The *NM23-H1* and *NM23-H2* genes are strongly induced in *MYCN*-expressing cells. Neuroblastoma tumor and cell line panels reveal a striking correlation between *MYCN* amplification and mRNA or protein expression of both *NM23* genes. These findings suggest that *NM23-H1* and *NM23-H2* expression may be increased by 17q gain in neuroblastoma, and can be further upregulated by *MYCN* overexpression. These observations suggest a role of *NM23-H1* and *NM23-H2* in the tumorigenesis of an unfavorable type of neuroblastoma.

We previously established an enzyme-linked immunosorbent assay (ELISA) technique for determining the serum level of NM23-H1 protein.⁽¹⁴⁾ Serum levels of NM23-H1 in patients with NHL and AML are significantly higher than those in controls, and elevated NM23-H1 levels correlate with poor prognosis in these patients.^(10,15) It has been strongly suggested that serum NM23-H1 protein is produced directly by tumor cells and its level depends on the total mass of malignant cells overexpressing *NM23-H1*.^(14,16) These results indicate that the serum level of NM23-H1 protein may be clinically useful as a prognostic factor in NHL and AML. The present study assessed the clinical implications of serum NM23-H1 protein levels in patients with neuroblastoma, in whom tumor samples were used to determine the biological prognostic factors.

Materials and Methods

Patients and controls

Serum NM23-H1 protein was measured in 217 untreated neuroblastoma patients who were admitted to various institutions in Japan and underwent biopsy or surgery between 2000 and 2002. The 217 patients included 131 who were found by

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a mass-screening (MS) program for infants at 6 months of age by measuring urinary catecholamine metabolites and 86 who were found clinically.⁽¹⁷⁾ Of the 86 patients, 29 who were younger than 12 months old were mostly found before MS, and 57 who were 12 months old or older underwent MS with a negative result, or did not undergo MS. Patients were staged according to the International Neuroblastoma Staging System (INSS).⁽¹⁸⁾ Patients of any age with stage 1 or 2 disease, and those younger than 12 months of age with stage 3 disease were treated by surgery or surgery and chemotherapy consisting of cyclophosphamide and vincristine; patients 12 months or older with stage 3 or stage 4 disease and those younger than 12 months of age with stage 4 disease were treated according to the protocol published by the Japanese Neuroblastoma Study Group.⁽¹⁹⁾ Serum samples from 23 children consisting of 22 with inguinal hernias and one with an edematous scrotum before surgery were analyzed for comparison. The median age of the children was 23 months (range: 3–49 months). Informed consent was obtained from patients and/or their parents, and the ethics committee of Saitama Cancer Center approved the study design.

Venous blood samples

Peripheral venous blood samples were collected in sterile test tubes with heparin and placed on ice. The samples were centrifuged at 2000*g* for 15 min at 4°C, and stored at –20°C. As a marker of hemolysis, free serum hemoglobin (Hb) was determined according to the method of Testa *et al.*⁽²⁰⁾

ELISA for human NM23-H1 protein

NM23-H1 protein levels in serum were determined using a sandwich ELISA assay, as described previously.^(14,15) Recombinant NM23-H1-GST protein was used as a standard.

Examination of *MYCN* copy number, *TRKA* expression and ploidy

DNA preparation, digestion, and Southern blot analysis using the *MYCN* probe were carried out as described previously.⁽¹²⁾ The presence of more than three copies of the *MYCN* gene per haploid genome was considered to indicate amplification.⁽²¹⁾ *TRKA* expression was examined by northern blotting as reported previously.⁽²²⁾ DNA index was analyzed on a Becton-Dickinson FACScan flow cytometer by DNA cell-cycle analysis software (version C).

Statistical analysis

The significance of differences in various clinical and biological aspects of the disease among the patient groups was examined by using the Mann–Whitney *U* or Kruskal–Wallis test (non-parametric analysis). Spearman’s correlation coefficient (*rs*) by ranks was used to evaluate the correlation between paired values. Survival analysis was performed according to the Kaplan–Meier method, and the significance of differences in survival was determined by using the generalized Wilcoxon’s and log-rank tests. A multivariate analysis of prognostic factors was performed using Cox’s proportional-hazards regression model. All statistical analyses were performed with Excell Statcel and Stat Flex software (version 5.0, Artech Co. Ltd, Osaka, Japan), and *P* < 0.05 was taken to indicate significance.

Results

Examination of serum NM23-H1 protein levels in neuroblastoma patients and control children

The serum level of NM23-H1 was examined in 217 neuroblastoma patients and 23 control children. The serum levels of NM23-H1 were significantly higher in patients with neuroblastoma (*n* = 217, mean ± SD 176 ± 280 ng/mL) than in the control children (*n* = 23, 27 ± 41 ng/mL, *P* < 0.0001; Fig. 1a). The serum NM23-H1 levels of the control children were higher than those of the healthy adults (data not shown). The serum NM23-H1 levels in patients with neuroblastoma were significantly higher than those in patients with various hematological malignancies (data not shown). Next, the relationship between serum levels of NM23-H1 and Hb was examined in 217 neuroblastoma patients and 23 control children, because the NM23-H1 protein leaked from red blood cells by hemolysis may have elevated the serum NM23-H1 levels.⁽²³⁾ The results showed a weak correlation (*rs* = 0.3958, *P* = 7.5356 × 10^{–10}, Spearman’s correlation coefficient by ranks), although some patients had a higher Hb level but a lower NM23-H1 level, or a lower Hb level but a higher NM23-H1 level (Fig. 1b). When we chose samples from 156 patients

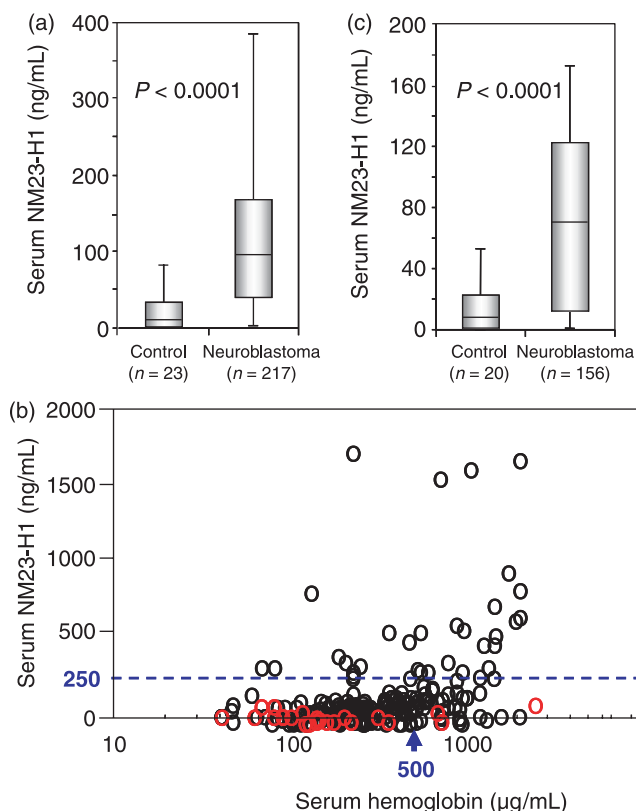


Fig. 1. Serum NM23-H1 levels in patients with neuroblastoma and in control children. (a) Box plots of NM23-H1 serum levels for 217 patients with neuroblastoma and 23 control children with any serum hemoglobin levels. (b) Relationship between the serum levels of NM23-H1 and hemoglobin in all samples examined (black circles, neuroblastoma patients [*n* = 217]; red circles, control children [*n* = 23]). (c) Box plots of NM23-H1 serum levels for 156 patients with neuroblastoma and 20 control children with serum hemoglobin levels less than 500 µg/mL.

Table 1. Relationship between serum NM23-H1 protein levels and clinicopathological findings in 217 patients with neuroblastoma and 23 control children

Clinicopathological findings	Number of patients (mean ± SD)	Serum NM23-H1 (ng/mL)	P-value (analysis)
Control children	23	27 ± 41	
All patients	217	176 ± 280	< 0.0001 (MW)
Method of detection			
Mass-screening	131	135 ± 206	
Found clinically	86 [†]	239 ± 357	0.0595 (MW)
Age of patients			
< 12 months	134	168 ± 292	
≥ 12 months	83	190 ± 260	0.2427 (MW)
Stage of the disease			
1 + 2 + 4s	122	136 ± 159	
3 + 4	95	227 ± 378	0.8088 (MW)
Primary site			
Mediastinum	31	145 ± 212	
Adrenal	101	187 ± 290	
Abdomen	78	184 ± 302	0.3393 (KW)
Others	7	74 ± 82	
MYCN copy number			
1	186	143 ± 204	
> 3	31	378 ± 519	0.0006 (MW)
TRKA expression	173		
Medium or high	125	150 ± 209	
None or low	48	238 ± 373	0.4629 (MW)
Ploidy	168		
Diploid	69	188 ± 273	
Hyperdiploid	99	185 ± 284	0.9012 (MW)
Others	7	112 ± 126	

MW, Mann–Whitney *U*-test; KW, Kruskal–Wallis test. [†]Table 2.

and 20 control children with serum Hb less than 500 µg/mL, the correlation between serum NM23-H1 and Hb levels was negligible ($r_s = 0.2351$, $P = 0.0035$). Even in these patients, the serum levels of NM23-H1 were significantly higher ($n = 156$, 113 ± 184 ng/mL) than in the control children ($n = 20$, 20 ± 35 ng/mL, $P < 0.0001$; Fig. 1c).

Relationship between serum NM23-H1 protein levels and clinicopathological features in neuroblastoma

The relationship between serum NM23-H1 levels and various clinical and biological features in the 217 patients is shown in Table 1. The serum NM23-H1 levels tended to be higher in patients found clinically than in those found by MS ($P = 0.0595$), and were significantly higher in patients with amplified *MYCN* copies than in those with a single *MYCN* copy ($P = 0.0006$; Table 1). There was a correlation between *MYCN* amplification and the elevated serum NM23-H1 level (≥ 250 ng/mL) in all 217 patients ($r_s = 0.6970$, $P = 0.0005$). However, serum Hb concentrations did not correlate with *MYCN* amplification ($P = 0.6320$), or other factors (data not shown). There was no significant difference in the serum NM23-H1 levels between two groups of patients classified by age of the patients, stage of the disease, expression levels of *TRKA*, or tumor cell ploidy (Table 1).

Serum NM23-H1 levels and overall survival

Of the 217 patients, the 86 patients who were found clinically were included and the 131 patients found by MS

were excluded from survival analysis, because all the 131 patients were alive at the last follow-up (18–51 months), and the clinical and biological features are different for the patients found by MS and those found clinically.⁽¹²⁾ The relationship between serum NM23-H1 levels and various clinical and biological features in the 86 patients was similar to that found for all 217 patients (Tables 1, 2). The 86 patients were divided into two groups according to various cut-off points over 100 ng/mL, which was the upper limit in control serum (mean + 2 × SD = 20 + 2 × 35 = 90). The cut-off points used here were 100 ng/mL (< 100, $n = 39$, vs ≥ 100 , $n = 47$), 150 ng/mL (< 150, $n = 54$, vs ≥ 150 , $n = 32$), 200 ng/mL (< 200, $n = 60$, vs ≥ 200 , $n = 26$) and 250 ng/mL (< 250, $n = 64$, vs ≥ 250 , $n = 22$). The cut-off value of greater than 250 ng/mL showed the most significant prognostic effects with generalized Wilcoxon's and log-rank test analysis (data not shown). Therefore, we used 250 ng/mL of serum NM23-H1 as a cut-off value. As shown in Figure 2a, patients with the higher serum NM23-H1 levels had worse overall survival than those with the lower levels ($P = 0.0219$ according to the generalized Wilcoxon test, $P = 0.0340$ according to the log-rank test). Overall survival was significantly worse for patients who were 12 months or older than for those younger than 12 months of age ($P = 0.0364$ and $P = 0.0158$), for patients at stages 3 and 4 than for those at stages 1, 2 and 4S ($P = 0.0157$ and $P = 0.0082$), and for patients with *MYCN* amplification than for those with a single copy of *MYCN* ($P = 0.0195$ and $P = 0.0054$; Fig. 2b,c,d). These results

Table 2. Relationship between serum NM23-H1 protein levels and clinicopathological findings in 86 patients with neuroblastoma found clinically

Characteristics	No. of patients (mean ± SD)	Serum NM23-H1 (ng/mL)	P-value (analysis)
All patients	86	239 ± 357	
Age			
< 12 months	27	282 ± 471	0.7694 (MW)
≥ 12 months	59	219 ± 294	
Stage			
1 + 2 + 4s	21	154 ± 187	0.3900 (MW)
3 + 4	65	266 ± 394	
Primary site			
Mediastinal	11	124 ± 207	0.0982 (KW)
Adrenal	46	285 ± 383	
Abdominal	26	220 ± 375	
Others	3		
MYCN copy number			
1	59	157 ± 193	0.0028 (MW)
> 3	27	418 ± 534	
TrkA expression	63		
Medium + high	28	154 ± 189	0.1865 (MW)
0 + low	35	296 ± 422	
Ploidy	66		
Diploid	37	255 ± 436	0.4304 (MW)
Hyperdiploid	27	234 ± 352	

MW, Mann-Whitney U-test; KW, Kruskal-Wallis test.

indicate that the serum NM23-H1 level serves as a useful prognostic factor for neuroblastoma, as well as the other well-known prognostic factors.

Subsequently, we classified the 86 patients into two groups according to the age of the patients, stage of the disease, or copy numbers of *MYCN*, and evaluated the influence of the serum NM23-H1 levels on the overall survival in each one of the six groups (Fig. 3). Of the 29 patients younger than 12 months of age, the seven patients with higher levels of NM23-H1 had a worse outcome than the 22 patients with the lower levels ($P = 0.0401$ according to the generalized Wilcoxon test and $P = 0.0273$ according to the log-rank test; Fig. 3a). The seven patients with higher levels of NM23-H1 had the following attributes: stage 1 + 2 + 4S ($n = 3$); stage 3 + 4

($n = 4$); with non-amplified *MYCN* ($n = 4$); with more than three *MYCN* ($n = 3$). Likewise, of the 19 patients with a stage 3 tumor, four patients with higher levels had a worse outcome than the 15 patients with lower levels ($P = 0.0005$ and $P < 0.0001$; Fig. 3c). The four patients with higher levels of NM23-H1 had the following attributes: < 12 months of age ($n = 0$); > 12 months of age ($n = 4$); with non-amplified *MYCN* ($n = 1$); with more than three *MYCN* ($n = 3$). Of the 59 patients with a single copy of *MYCN*, the 11 patients with higher levels had a worse outcome than the 48 patients with lower levels of serum NM23-H1 ($P = 0.0301$ and $P < 0.0366$; Fig. 3e). The 11 patients with higher levels of NM23-H1 had the following attributes: < 12 months of age ($n = 4$); > 12 months of age ($n = 7$); stage 1 + 2 + 4S ($n = 2$); stage 3 + 4 ($n = 9$). In contrast, a higher serum NM23-H1 level did not influence overall survival in the 57 patients 12 months old or older, in the 46 patients with stage 4 disease, or in the 27 patients with *MYCN* amplification (Fig. 3b,d,f).

Four prognostic factors, including the age of the patients, stage of the disease, *MYCN* copy number, and the serum NM23-H1 level, were available for multivariate analysis in the 217 patients (Table 3a) and 86 patients (Table 3b). According to multivariate analysis, the serum NM23-H1 level provided no significant influence on overall survival in either group of patients (Table 3).

Discussion

The *NM23-H1* gene is overexpressed in various hematological malignancies and other neoplasms including neuroblastoma. Overexpression of *NM23-H1* mRNA is indicative of a poor prognosis in patients with neuroblastoma, and mutations and increased copy numbers of *NM23-H1* have been reported in advanced neuroblastoma.^(6,24) In the present study, we found that the serum NM23-H1 level was significantly higher in patients with neuroblastoma than in the control children (Fig. 1), and that the serum NM23-H1 level predicted a poor outcome for patients with tumors (Fig. 2a). Furthermore, the higher level of NM23-H1 was correlated with a worse outcome in patients younger than 12 months of age, in those with stage 3 disease, or in those with a single *MYCN* copy (Fig. 3). In contrast, a higher serum NM23-H1 level did not influence overall survival in patients who were 12 months old or older, in those with stage 4 disease, or in those with *MYCN*

Table 3. Univariate and multivariate analysis for predictors of survival in neuroblastoma

Prognostic factors	Univariate (χ^2 , log-rank)	P-value	Multivariate (relative risk & 95% CI)	P-value
Patients found by mass-screening or clinically ($n = 217$)				
Serum NM23-H1(< 250/> 250 ng/mL)	11.211	0.0008	1.7294 (0.7997–3.7398)	0.1639
Age (< 12/≥ 12 months)	32.353	< 0.00001	3.8979 (1.3818–10.996)	0.0101
Stage (1, 2, 4s/3, 4)	33.142	< 0.00001	8.2514 (1.8173–37.466)	0.0063
<i>NMYC</i> amplification (–/+)	43.997	< 0.00001	2.3253 (1.0541–5.1297)	0.0366
Patients found clinically ($n = 86$)				
Serum NM23-H1(< 250/> 250 ng/mL)	4.493	0.0340	1.6143 (0.7386–3.5282)	0.2299
Age (< 12/≥ 12 months)	5.825	0.0158	1.4742 (0.4877–4.4563)	0.4916
Stage (1, 2, 4s/3, 4)	6.994	0.0082	3.5721 (0.7158–17.826)	0.1206
<i>NMYC</i> amplification (–/+)	7.749	0.0054	1.9682 (0.9016–4.2967)	0.0892

CI, confidence interval.

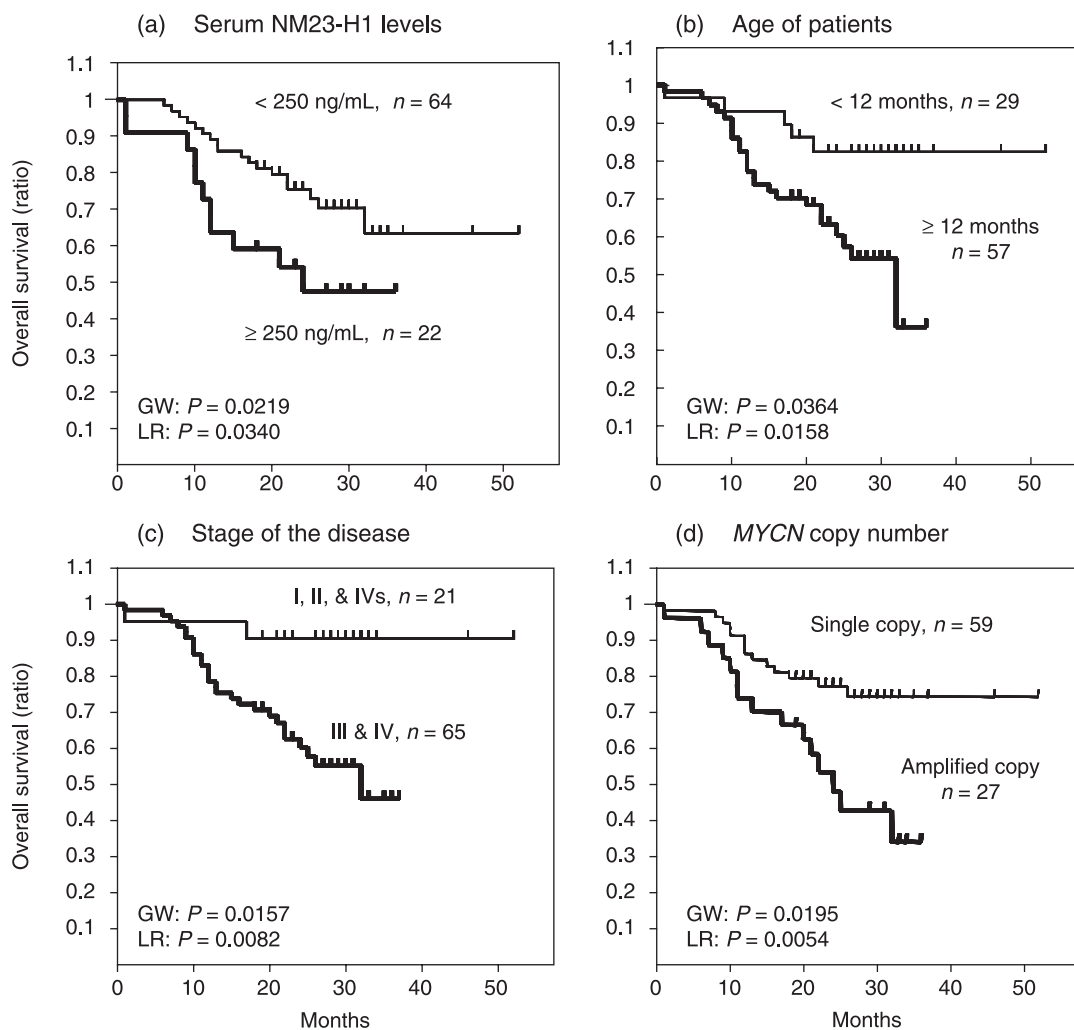


Fig. 2. Overall survival curves for 86 patients with neuroblastoma who were found clinically. (a) Overall survival curves for 22 patients with a serum NM23-H1 level ≥ 250 ng/mL, and for 64 patients with a level < 250 ng/mL. (b) Overall survival curves for 57 patients 12 months of age or older, and for 29 patients younger than 12 months. (c) Overall survival curves for 65 patients at stages 3 and 4 of the disease, and for 21 patients at stages 1, 2 and 4s. (d) Overall survival curves for 27 patients with *MYCN* amplification, and for 59 patients with a single copy of *MYCN*. GW, generalized Wilcoxon's test; LR, log-rank test.

amplification (Fig. 3). These findings suggest that the NM23-H1 level may be an important factor for predicting the outcome of patients in these low or intermediate risk groups (i.e. patients younger than 12 months of age, with stage 3 disease, or with a single copy of *MYCN*). In addition, the serum NM23-H1 level may be a clinically useful prognostic factor, because the measurement of serum NM23-H1 protein is easily and quickly carried out prior to treatment.

According to multivariate analysis, the serum NM23-H1 level provided no significant influence on overall survival in either group of patients shown in Table 3. These results might be due to the short observation time, the small number of cases, or the strong correlation between *MYCN* amplification and the elevated serum NM23-H1 level.

Although all the 131 patients found by MS were alive at the last follow-up (18–51 months) and were excluded from

survival analysis, they contained 15 patients (the last follow-up: 19–37 months) with higher levels than 250 ng/mL of serum NM23-H1. It might be interesting to follow up these patients to clarify the clinical significance of serum NM23-H1 in the MS group.

Prognostic factors in neuroblastoma have been thoroughly investigated and include *MYCN* copy number, *TRKA* expression level, chromosomal ploidy, 1p loss, and 17q gain in tumor cells. Laborious and time-consuming work is required to examine these biological factors in tumor tissues. Therefore, serum markers that are easily measurable and can predict a clinical outcome are desired. Serum levels of lactate dehydrogenase (LDH) and ferritin are high in advanced stage neuroblastomas, but both may reflect a rapid cellular turnover or a large tumor burden.^(25,26) Neuron-specific enolase (NSE) is a cytoplasmic protein that is associated with neural cells,

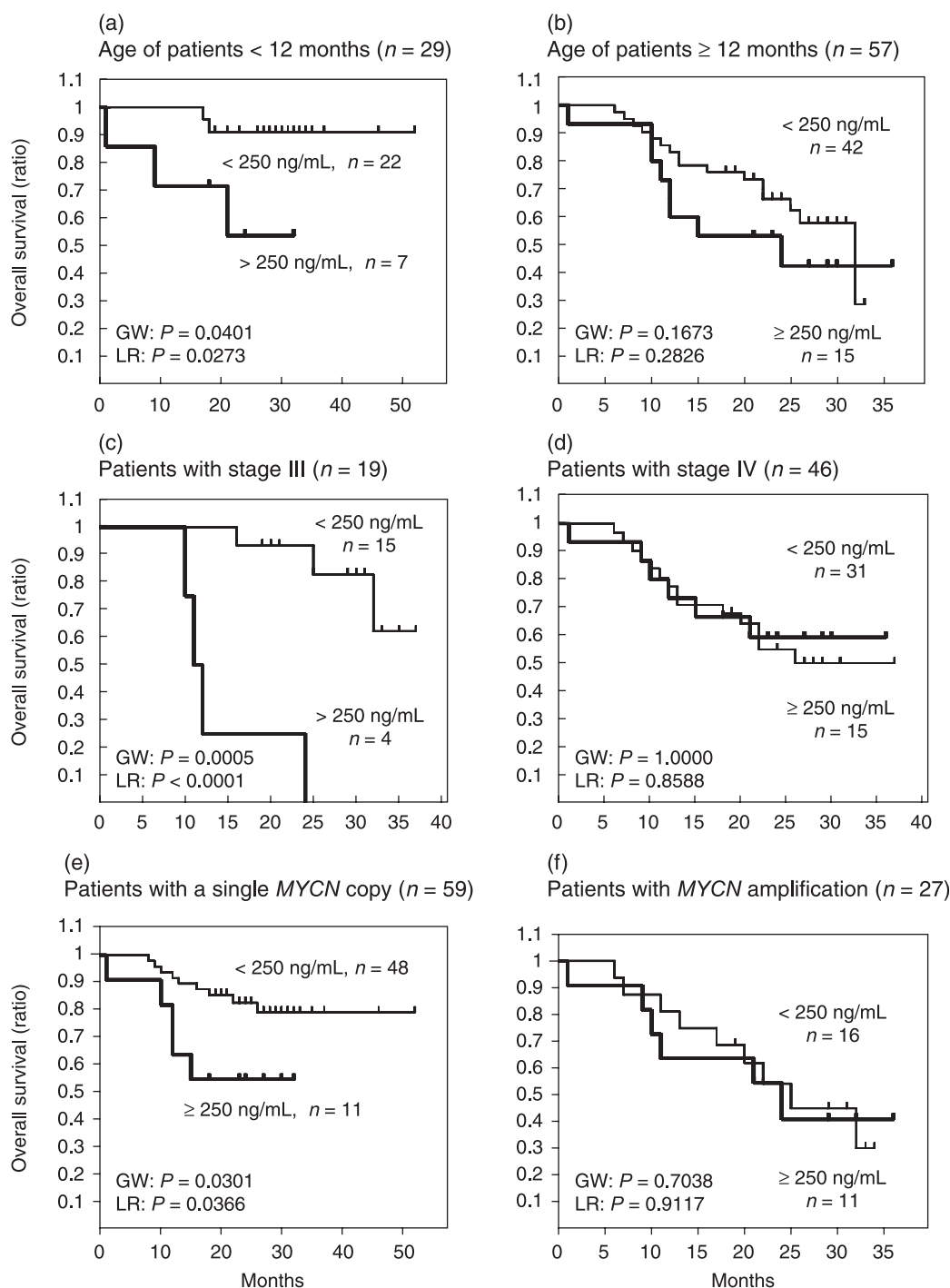


Fig. 3. Clinical significance of the serum NM23-H1 levels in the groups classified according to the age of the patients, or stage of the disease, or copy number of *MYCN*. (a) Survival curves for seven patients with a serum NM23-H1 level of ≥ 250 ng/mL, and for 22 patients with a level < 250 ng/mL. Both groups of patients were younger than 12 months of age. (b) Survival curves for 15 patients with a serum NM23-H1 level of ≥ 250 ng/mL, and for 42 patients with a level < 250 ng/mL. Both groups of patients were 12 months old or older. (c) Survival curves for four patients with a serum NM23-H1 level of ≥ 250 ng/mL, and for 15 patients with a level < 250 ng/mL. Both groups of patients were at stage 3 of the disease. (d) Survival curves for 15 patients with the serum NM23-H1 level ≥ 250 ng/mL, and for 31 patients with the level < 250 ng/mL. Both groups of patients were at stage 4 of the disease. (e) Survival curves for 11 patients with a serum NM23-H1 level of ≥ 250 ng/mL, and for 48 patients with a level < 250 ng/mL. Both groups of patients had a single copy of *MYCN*. (f) Survival curves for 11 patients with a serum NM23-H1 level of ≥ 250 ng/mL, and for 16 patients with a level < 250 ng/mL. Both groups of patients had *MYCN* amplification in the tumor. GW, generalized Wilcoxon's test; LR, log-rank test.

and serum NSE is a useful marker for patients with advanced neuroblastoma in whom the elevated levels are associated with a poor outcome.⁽²⁷⁾ The disialoganglioside GD2 is found on the surface of most neuroblastoma cells, and elevated plasma levels have been found in patients.⁽²⁸⁾ Nevertheless, none of these markers is used at present to predict clinical outcomes or to choose treatment protocols. Therefore, serum NM23-H1 levels might be useful for clinical purposes.

The elevated serum level of NM23-H1 was correlated with a poor prognostic feature, namely, *MYCN* amplification (Table 1). Godfrid *et al.* identified genes that are part of the *MYCN* downstream pathway using SAGE libraries of *MYCN* transfected and control neuroblastoma cell lines.⁽¹³⁾ The chromosome 17q genes *NM23-H1* and *NM23-H2* were strongly induced in *MYCN*-expressing cells. A striking correlation between *MYCN* amplification and mRNA or protein expression of both *NM23* genes was found in the cell lines. The present multivariate analysis showed no influence of serum NM23-H1 level on overall survival, and this finding might be caused by the overlap of patients with *MYCN* amplification with those with a high serum level of NM23-H1. However, within the group of patients with a single copy of *MYCN*, patients with a higher level of NM23-H1 had a worse outcome (Fig. 3e). The findings suggest that *MYCN* amplification may influence serum NM23-H1 levels as well as clinical outcome, and that neuroblastomas with a single copy of *MYCN* and a higher serum NM23-H1 level may have had a mutation or an increased copy number of the *NM23-H1* gene.^(6,24,29) *MYCN* overexpression in some neuroblastomas with a single copy of *MYCN* may have resulted in higher serum NM23-H1 levels and a poor outcome; however, a recent study showed that *MYCN* overexpression did not affect the prognosis of advanced-stage neuroblastomas with a single *MYCN* copy.⁽³⁰⁾

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In patients with NHL and AML, it is thought that serum NM23-H1 protein is produced directly by the tumor cells, and its serum level depends on the total mass of malignant cells overexpressing *NM23-H1*.⁽¹⁴⁾ High concentrations of NM23 protein were found in the serum and body fluid of patients with lung cancer overexpressing the *NM23* genes.⁽³¹⁾ Tumor cells may secrete this protein through some unknown mechanism, because there is no signal peptide sequence for secretion in the NM23 molecule. Serum NM23-H1 in patients with neuroblastoma might be derived from tumor cells and might be induced by *MYCN* amplification/overexpression or by *NM23-H1* overexpression independent of *MYCN*.

The serum level of NM23-H1 protein is clinically useful as an important prognostic factor in NHL or AML, and the present study showed that the protein could be a factor predicting an outcome of patients with neuroblastoma. It would be interesting to examine whether the serum NM23-H1 level generally predicts a poor outcome for patients with other tumors. The mechanisms by which the NM23-H1 protein is secreted into the serum and how it affects patient outcome are unclear. We are now studying the possibility that a high concentration of serum NM23-H1 may positively affect tumor cell growth or negatively affect normal cells.

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