Inhibitory effect of coenzyme Q₁ on eukaryotic DNA polymerase γ and DNA topoisomerase II activities on the growth of a human cancer cell line

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Coenzyme Q (CoQ) is an isoprenoid guinine that functions as an electron carrier in the mitochondrial respiratory chain in eukaryotes. CoQ having shorter isoprenoid chains, especially CoQ₁ and CoQ₂, selectively inhibited the in vitro activity of eukaryotic DNA polymerase (pol) γ , which is a mitochondrial pol. These compounds did not influence the activities of nuclear DNA replicative pols such as α , δ and ϵ , and nuclear DNA repair-related pols such as β , η , ι , κ and λ . CoQ also inhibited DNA topoisomerase II (topo II) activity, although the enzymatic characteristics, including modes of action, amino acid sequences and three-dimensional structures, were markedly different from those of pol γ. These compounds did not inhibit the activities of procaryotic pols such as Escherichia coli pol I, and other DNA metabolic enzymes such as human immunodeficiency virus reverse transcriptase, T7 RNA polymerase and bovine deoxyribonuclease I. CoQ₁, which has the shortest isoprenoid chains, had the strongest inhibitory effect on pol y and topo II activities among CoQ_1 -CoQ_10, with 50% inhibitory concentration (IC₅₀) values of 12.2 and 15.5 μ M, respectively. CoQ₁ could prevent the growth of human promyelocytic leukemia cells, HL-60, and the 50% lethal dose (LD_{so}) value was 14.0 µM. The cells were halted at S phase and G₁ phase in the cell cycle, and suppressed mitochondrial proliferation. From these results, the relationship between the inhibition of pol y/topo II and cancer cell growth by CoQ is discussed. (Cancer Sci 2006; 97: 716-723)

he lipid-soluble compound CoQ is well known as a biomolecule. It is composed of a quinoid nucleus and a hydrophobic side chain containing a number of monounsaturated *trans*-isoprenoid units (-CH₂-CH=C[CH₃]-CH₂-). The isoprenoid chain length of CoQ varies among species. For instance, in primates, CoQ₁₀ (CoQ with 10 isoprenoid units) is the major form, whereas CoQ₉ is the major form in mice and rats, and the shorter CoQ_n is the major form in microorganisms.⁽¹⁾ CoQ analogs having a long hydrophobic tail are likely to become embedded in the mitochondrial membrane and to act as electron carriers in the mitochondrial respiratory chain by reversible oxidation/reduction conversion.

The purpose of the present study is to investigate the biochemical action, such as the inhibition of DNA metabolic enzymes, by CoQ in vitro and its use as an antineoplastic agent. In DNA metabolic enzymes, DNA pol catalyzes the addition of deoxyribonucleotides to the 3'-hydroxyl terminus of primed double-stranded DNA molecules.⁽²⁾ The human genome encodes 16 DNA pol that conduct cellular DNA synthesis.⁽³⁾ Eukaryotic cells reportedly contain three replicative types (α , δ and ϵ), mitochondrial pol γ , and at least 12 repair types (β , δ , ϵ , ζ , η , θ , ι , κ , λ , μ and σ) and REV1.⁽⁴⁾ In contrast, DNA topo catalyzes the concerted breaking and rejoining of DNA strands and is involved in producing the necessary topological and conformational changes in DNA.^(2,5) Therefore, there are no enzymatic similarities between pol and topo, although they are critical to many cellular processes such as DNA replication, repair and recombination, and may act in harmony with each other. The characteristics of both enzymes, including their modes of action, amino acid sequences and three-dimensional structures, are markedly different from each other. We found that CoQ could inhibit not only the activities of pol γ but also of topo II. Hence, the influence of the compounds on human cancer cell growth, cell cycle arrest and apoptosis induction was investigated. We also observed the effect of differences in the length of the isoprenoid side chains of CoQ.

Materials and Methods

Materials

Coenzyme Q such as CoQ_1 , CoQ_2 , CoQ_4 , CoQ_6 , and CoQ_{10} were purchased from Sigma (St Louis, MO, USA). Nucleotides

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E-mail: mizushin@nutr.kobegakuin.ac.jp Abbreviations: CoQ_n, coenzyme Q_n; DAPI, 4',6-diamino-2-phenyl-indole; DMSO, dimethyl sulfoxide; DNAse I, deoxyribonuclease I; dTTP, 2'-deoxythymidine 5'triphosphate; EDTA, ethylenediamine tetraacetic acid; HIV-1, human immuno-deficiency virus type-1; IC_{sp} 50% inhibitory concentration; K_m , Michaelis constant; LD_{sp} , 50% lethal dose; MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide; PBS, phosphate-buffered saline; pol, DNA-directed DNA polymerase (EC 2.7.7.7); topo, DNA topoisomerase; V_{max}, maximum velocity

and chemically synthesized DNA template primers such as poly(dA), poly(rA), and oligo(dT)₁₂₋₁₈ and [³H]-dTTP (16TBq/ mmol) were purchased from Amersham Biosciences (Buckinghamshire, UK). Supercoiled pUC19 plasmid DNA and pBR322 plasmid DNA were obtained from Takara (Tokyo, Japan). Mito Tracker Green FM was purchased from Molecular Probes (Eugene, OR, USA). All other reagents were of analytical grade and purchased from Nakarai Tesque (Kyoto, Japan). HL-60, a human promyelocytic leukemia cell line (IFO 050022), was supplied by the Health Science Research Resources Bank (Osaka, Japan). The enzyme Pol α was purified from calf thymus by immunoaffinity column chromatography as described by Tamai et al.⁽⁶⁾ Recombinant rat pol β was purified from *Escherichia coli* JMp β 5 as described by Date *et al.*⁽⁷⁾ The human pol γ catalytic gene was cloned into pFastBac. Histidine-tagged enzyme was expressed using the BAC-TO-BAC HT Baculovirus Expression System according to the supplier's manual (Life Technologies Inc., Gaithersburg, MD, USA) and purified using ProBoundresin (Invitrogen Japan, Tokyo Japan).⁽⁸⁾ Human pol δ and ϵ were purified by nuclear fractionation of human peripheral blood cancer cells (Molt-4) using the second subunit of pol δ and ϵ -conjugated affinity column chromatography, respectively.⁽⁹⁾ Recombinant human pol η and ι tagged with His₆ at their C-terminus were expressed in SF9 insect cells using the baculovirus expression system, and were purified as described previously.(10,11) A truncated form of pol κ (hDINB1DC) with 6 × His-tags attached at the Cterminus was overproduced using the BAC-to-BAC Baculovirus Expression System kit (Gibco BRL, Grand Island, NY, USA) and purified as described previously.⁽¹²⁾ Recombinant human His-pol λ was overexpressed and purified according to a method described previously.⁽¹³⁾ Fish pol α and δ were purified from the testis of cherry salmon (Oncorhynchus *masou*).⁽¹⁴⁾ Fruit fly pol α , δ and ε were purified from the early embryos of Drosophila melanogaster as described previously.^(15,16) Pol I (α -like) and II (β -like) from a higher plant, cauliflower inflorescence, were purified according to the methods outlined by Sakaguchi et al.⁽¹⁷⁾ Recombinant rice (Oryza sativa L. cv. Nipponbare) His-pol λ was overexpressed and purified according to a method described previously.⁽¹⁸⁾ HIV-1 reverse transcriptase (recombinant) and the Klenow fragment of pol I from E. coli were purchased from Worthington Biochemical Corporation (Freehold, NJ, USA). T4 pol, Taq pol, T7 RNA polymerase and T4 polynucleotide kinase were purchased from Takara (Kyoto, Japan). Calf thymus terminal deoxynucleotidyltransferase and bovine pancreas DNase I were obtained from Stratagene Cloning Systems (La Jolla, CA, USA). Purified human placenta DNA topo I and II were purchased from TopoGen (Columbus, OH, USA).

DNA polymerase assays

The reaction mixtures for pol α , pol β , plant pol and prokaryotic pol were described previously.^(19,20) Those for pol γ , and pol δ and ε were as described by Umeda *et al.*⁽⁸⁾ and Ogawa *et al.*⁽²¹⁾ respectively. The reaction mixtures for pol η , ι and κ were the same as that for pol α , and the reaction mixture for pol λ was the same as that for pol β . For DNA-dependent pol, poly(dA)/oligo(dT)₁₂₋₁₈ (A/T = 2/1) and dTTP

were used as the DNA template-primer and nucleotide (dNTP) substrate, respectively. For RNA-dependent pol γ and HIV-1 reverse transcriptase, poly(rA)/oligo(dT)₁₂₋₁₈ (A/T = 2/1) and dTTP were used as the template-primer and nucleotide substrate, respectively. For terminal deoxynucleotidyl transcriptase, oligo(dT)₁₂₋₁₈ (3'-OH) and dTTP were used as the DNA template-primer and nucleotide substrate, respectively.

Coenzyme Q were dissolved in distilled DMSO at various concentrations and sonicated for 30 s. Aliquots of 4 µL of sonicated samples were mixed with 16 µL of each enzyme (final amount 0.05 units) in 50 mM Tris-HCl (pH 7.5) containing 1 mM dithiothreitol, 50% glycerol and 0.1 mM EDTA, and kept at 0°C for 10 min. These inhibitor-enzyme mixtures (8 μ L) were added to 16 μ L of each of the enzyme standard reaction mixtures, and incubation was carried out at 37°C for 60 min, except for Taq pol, which was incubated at 74°C for 60 min. Activity without the inhibitor was considered 100%, and the remaining activity at each concentration of the inhibitor was determined relative to this value. One unit of pol activity was defined as the amount of enzyme that catalyzed the incorporation of 1 nmol of dNTP (i.e. dTTP) into synthetic DNA template-primers in 60 min at 37°C under the normal reaction conditions for each enzyme.^(19,20)

DNA topoisomerase assays

The relaxation activity of topo II was determined by detecting the conversion of supercoiled plasmid DNA to its relaxed form.⁽²²⁾ The topo II reaction was carried out in 20 µL of reaction mixture containing 50 mM Tris-HCl buffer (pH 8.0), 120 mM KCl, 10 mM MgCl₂, 0.5 mM ATP, 0.5 mM dithiothreitol, supercoiled pUC19 DNA (0.25 µg), 2 µL of inhibitor solution (10% DMSO) and topo II. The reaction mixtures were incubated at 37°C for 30 min and terminated by adding 2 µL of loading buffer consisting of 5% sarkosyl, 0.0025% bromophenol blue and 25% glycerol. The mixtures were subjected to 1% agarose gel electrophoresis in Tris-acetate-EDTA running buffer. The agarose gel was stained with ethidium bromide and DNA was visualized on an ultraviolet transilluminator. The relaxation activity of topo I was analyzed in the same manner as described above except that the reaction mixtures contained 10 mM Tris-HCl (pH 7.9), pBR322 DNA (0.25 µg), 1 mM EDTA, 150 mM NaCl, 0.1% bovine serum albumin, 0.1 mM spermidine, 5% glycerol and topo I. One unit was defined as the amount of enzyme capable of relaxing 0.25 µg of DNA in 15 min at 37°C.

Other enzyme assays

The DNA primase activity of pol α , the activities of T7 RNA polymerase, T4 polynucleotide kinase and bovine DNase I were measured in standard assays according to the manufacturer's specifications as described by Tamiya-Koizumi *et al.*⁽²³⁾ Nakayama and Saneyoshi,⁽²⁴⁾ Soltis and Uhlenbeck,⁽²⁵⁾ and Lu and Sakaguchi,⁽²⁶⁾ respectively.

Investigation of cytotoxicity on cultured cells

For investigation of the effects of CoQ in cultured cells, we used the human cancer cell line HL-60, derived from a cancer patient. The cells were cultured routinely in RPMI-1640

medium supplemented with 10% fetal bovine serum, 100 µg/mL streptomycin, 100 units/mL penicillin, and 1.6 µg/mL NaHCO₃. The cells were cultured at 37°C in standard medium in a humidified atmosphere of 5% CO₂– 95% air. The cytotoxicity of the compound was investigated as follows: High concentrations (10 mM) of the compounds were dissolved in DMSO and stored. Approximately 1×10^4 cells per well were inoculated in 96-well microplates, then the compound stock solution was diluted to various concentrations and applied to each well. After incubation for 24 h, the survival rate was determined by MTT assay.⁽²⁷⁾

Cell cycle analysis

Cellular DNA content for cell cycle analysis was determined as follows. Aliquots of 3×10^5 HL-60 cells were harvested into a 35 mm dish, and incubated with medium containing CoQ₁ for various times. The cells were then washed with icecold PBS three times with centrifugation. The cells were fixed with 70% (v/v) ethanol and stored at -20°C. DNA was stained with DAPI staining solution for at least 10 min at room temperature in the dark. Fluorescence intensity was measured by flow cytometry (Partec cell counter analyzer, CCA; Partec GmbH, Munster, Germany). Cell cycle distribution was analyzed using the Multicycle software program (version 2.5; Phoenix Flow Systems, San Diego, CA, USA).

Quantitative analysis of mitochondria in cancer cells

HL-60 cell density was adjusted to 1×10^5 cells/mL, and cells were treated with a 50% inhibitory concentration of CoQ₁ (i.e. 14.0 µM) for various times. The cells were centrifuged to obtain a cell pellet and the supernatant was aspirated. The cells were suspended in prewarmed (37°C) medium containing Mito Tracker Green FM, and then incubated 15 min under growth conditions. The cells were washed twice with ice-cold PBS with centrifugation. The fluorescence intensity of the stained cells was analyzed using a FACSCanto flow cytometer in combination with FACSDiVa software (Becton Dickinson, Rutherford, NY, USA).

Analysis of DNA fragmentation

Apoptosis was determined using a DNA fragmentation assay by means of agarose electrophoresis. Total DNA was extracted from 6×10^5 HL-60 cells following the method of Sambrook *et al.*⁽²⁸⁾ and 5-µg aliquots were separated by 1.5% (w/v) agarose gel electrophoresis in 40 mM Tris–5 mM sodium acetate–1 mM EDTA (pH 7.8) and stained with ethidium bromide. DNA bands were visualized under ultraviolet light.

Results and Discussion

Effects of CoQ on pol activities

First, inhibition of the activities of mammalian pol by CoQ was investigated (Table 1). Of the five CoQ tested, CoQ₁, CoQ₂ and CoQ₄ indicated pol γ inhibitory activity, but CoQ₆ and CoQ₁₀ did not influence the activity of pol γ . CoQ₁ had the strongest inhibitory effect among the CoQ, and in order of their effect, the CoQ were ranked as follows: CoQ₁ > CoQ₂ > CoQ₄ > CoQ₆ > CoQ₁₀. Fig. 1 shows the dose–response curves of CoQ₁ for mammalian pol α – ϵ . CoQ₁



Fig. 1. Dose–response curves of coenzyme Q_1 (CoQ; 0–50 μ M) for mammalian DNA polymerases (pol). The enzymes used (0.05 units each) were calf pol α (**D**), rat pol β (**A**), DNA-dependent pol activity of human pol γ (**O**), RNA-dependent pol activity of human pol γ (**O**), human pol ϵ (**V**). The pol activities were measured as described in the text. Enzymatic activity in the absence of CoQ₁ was taken as 100%.

selectively inhibited pol γ activity, and did not suppress the activities of other mammalian pol at all. Pol γ is the sole pol in animal mitochondria. Biochemical and genetic evidence document a key role for pol γ in mitochondrial DNA replication, whereas DNA repair and recombination were thought to be limited or absent in animal mitochondria.⁽²⁹⁾ As pol γ has not only DNA-dependent pol activity but also RNA-dependent pol activity,⁽²⁹⁾ the influence of both activities by CoQ₁ was investigated. The inhibitory activity of CoQ₁ on RNA-dependent pol γ was as strong as that on DNA-dependent pol γ , with 50% inhibition observed at doses of 14.5 and 12.2 μ M, respectively (Fig. 1). When activated DNA (i.e. DNA digested by bovine DNase I) was used as the template-primer, the mode of inhibition by these compounds did not change (data not shown).

Coenzyme Q had no inhibitory effect on fish pol α and δ , insect pol α , δ and ε , plant pol I (α -like), pol II (β -like) and pol λ , or procaryotic pols such as the Klenow fragment of *E. coli* pol I, *Taq* pol and T4 pol (Table 1).

Mode of pol γ inhibition by CoQ₁

Next, to elucidate the mechanism of inhibition, the extent of inhibition as a function of the DNA template-primer or dNTP substrate concentrations was studied (Table 2). In kinetic analysis, poly(dA)/oligo(dT)₁₂₋₁₈ (A/T = 2/1) and dTTP were used as the DNA template-primer and dNTP substrate, respectively. Double reciprocal plots of the results showed that the CoQ₁-induced inhibition of human pol γ activity was competitive with both the DNA template-primer and dNTP substrate. In the case of the DNA template-primer, the apparent K_m was unchanged at 6.06 µM, whereas 68.8%, 81.6% and 87.0% decreases in the V_{max} were observed in the

	IC_{so} values of coenzyme Q (μ M)					
Enzyme	CoQ ₁	CoQ ₂	CoQ ₄	CoQ ₆	CoQ ₁₀	
Mammalian DNA polymerases						
Calf DNA polymerase α	>200	>200	>200	>200	>200	
Rat DNA polymerase β	>200	>200	>200	>200	>200	
Human DNA polymerase γ						
*DNA polymerase activity	12.2	45.6	145	>200	>200	
**Reverse transcriptase activity	14.5	49.0	151	>200	>200	
Human DNA polymerase δ	>200	>200	>200	>200	>200	
Human DNA polymerase ε	>200	>200	>200	>200	>200	
Human DNA polymerase η	>200	>200	>200	>200	>200	
Human DNA polymerase 1	>200	>200	>200	>200	>200	
Human DNA polymerase κ	>200	>200	>200	>200	>200	
Human DNA polymerase λ	>200	>200	>200	>200	>200	
Fish DNA polymerases						
Cherry salmon DNA polymerase α	>200	>200	>200	>200	>200	
Cherry salmon DNA polymerase δ	>200	>200	>200	>200	>200	
Insect DNA polymerases						
Fruit fly DNA polymerase α	>200	>200	>200	>200	>200	
Fruit fly DNA polymerase δ	>200	>200	>200	>200	>200	
Fruit fly DNA polymerase ε	>200	>200	>200	>200	>200	
Plant DNA polymerases						
Cauliflower DNA polymerase I (α-like)	>200	>200	>200	>200	>200	
Cauliflower DNA polymerase II (β-like)	>200	>200	>200	>200	>200	
Rice DNA polymerase λ	>200	>200	>200	>200	>200	
Procaryotic DNA polymerases						
E. coli DNA polymerase I (Klenow fragment)	>200	>200	>200	>200	>200	
Taq DNA polymerase	>200	>200	>200	>200	>200	
T4 DNA polymerase	>200	>200	>200	>200	>200	
Other DNA metabolic enzymes						
Calf primase of DNA polymerase α	>200	>200	>200	>200	>200	
Calf terminal deoxynucleotidyltransferase	>200	>200	>200	>200	>200	
HIV-1 reverse transcriptase	>200	>200	>200	>200	>200	
T7 RNA polymerase	>200	>200	>200	>200	>200	
Human DNA topoisomerase I	>200	>200	>200	>200	>200	
Human DNA topoisomerase II	12.5	>55.0	>200	>200	>200	
T4 polynucleotide kinase	>200	>200	>200	>200	>200	
Bovine deoxyribonuclease I	≥200	≥200	≥200	≥200	≥200	

Table 1. 50% inhibitory concentration (IC_{so}) values of coenzyme Q (CoQ) for the activities of various DNA polymerases and other DNA metabolic enzymes

These compounds were incubated with each enzyme (0.05 units). The enzymatic activity was measured as described in Materials and Methods. The enzymatic activity in the absence of the compounds was taken as 100%. *The template-primer is poly(dA)/oligo(dT)₁₂₋₁₈, A/T = 2/1. **The template-primer is poly(rA)/oligo(dT)₁₂₋₁₈, A/T = 2/1. HIV-1, human immunodeficiency virus type-1.

Table 2.	Kinetic analysis of the inhibitory effects of coenzyme Q_1 (Co Q_1) on the activities of DNA polymerase γ , as a function of the DNA
template	primer dose and the dNTP substrate concentration

Substrate	CoQ ₁ (μ M)	K _m (μΜ)	V _{max} (pmol/h)	K _i (μM)	Inhibitory mode
DNA template-primer [†]	0		41.7		
	5.0	6.06	13.0	5.0	Competitive
	10		7.69		
	15		5.43		
dNTP substrate [‡]	0		47.6		
	5.0	1.54	20.4	3.3	Competitive
	10		12.8		
	15		9.26		

⁺Poly(dA)/oligo(dT)₁₂₋₁₈, ⁺dTTP. The amount of calf polymerase γ in the assay mixture was 0.05 units. K_µ, inhibition constant; K_m, Michaelis constant; V_{max}, maximum velocity.



Fig. 2. Inhibitory effects of coenzyme Q (CoQ) on human DNA topoisomerase (topo) II. pUC19 supercoiled plasmid DNA was mixed with the enzyme and inhibitor. Lanes 3–7, 100 μ M of CoQ₁, CoQ₂, CoQ₄, CoQ₆ and CoQ₁₀, respectively; lanes 2–7, 0.05 units of topo II; lane 1, no enzyme. Plasmid DNA (0.25 μ g) was added in each of the lanes. A photograph of the ethidium bromide-stained gel is shown.

presence of 5.0, 10 and 15 μ M CoQ₁, respectively. The K_m for the dNTP substrate was 1.54 μ M, and the V_{max} for the dNTP substrate decreased from 47.6 to 9.26 pmol/h in the presence of 15 μ M CoQ₁. The inhibition constant value, obtained from Dixon plots, was found to be 5.0 μ M and 3.3 μ M for the DNA template-primer and dNTP substrate, respectively. When activated DNA and four deoxynucleoside triphosphates were used as the DNA template-primer and dNTP substrate, respectively, the inhibition of human pol γ by CoQ₁ was competitive with both the DNA template-primer and dNTP substrate. These results suggest that CoQ₁ binds directly to the DNA template-primer binding site and dNTP binding site of pol γ .

Inhibitory effect of CoQ on the activities of topo and other DNA metabolic enzymes

Coenzyme Q did not inhibit the activities of other DNAmetabolic enzymes such as calf primase of pol α , HIV-1 transcriptase, T7 RNA polymerase, T4 reverse polynucleotide kinase, bovine deoxyribonuclease I, or human topo I, except for human topo II (Table 1). As shown in Fig. 2, 100 μ M of CoQ₁ and CoQ₂ completely inhibited the relaxation activity of topo II, with IC₅₀ values of 15.5 and 55.0 μ M, respectively, although CoQ₄, CoQ₆ and CoQ₁₀ had no influence. The inhibitory effect of CoQ₁ was the strongest among the CoQs tested, and the $IC_{\rm 50}$ value for pol γ was almost the same as that for topo II. These results suggest that longer isoprenoid chains of the benzquinone ring in CoQ weaken the inhibitory effect on pol γ and topo II.

From the thermal transition of double-stranded DNA with or without CoQ, CoQ did not intercalate with DNA, and the compound might bind directly to pol γ and topo II and then inhibit the activity (data not shown). Three-dimensional

Table 3. Inhibitory effect of coenzyme Q on the proliferation of human cancer cells

Compound	LD ₅₀ values (μM)
Coenzyme Q ₁	14.0 ± 1.2
Coenzyme Q ₂	56.5 ± 1.8
Coenzyme Q ₄	168 ± 2.5
Coenzyme Q ₆	>200
Coenzyme Q ₁₀	≥200

Human promyelocytic leukemia cells, HL-60, were incubated for 24 h and then assayed with 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide.⁽²⁷⁾ Data are expressed as the mean \pm SD (*n* = 5). LD₅₀, 50% lethal dose.

structural analysis of the binding shorter chain CoQ and pol y/topo II should be examined in future studies.

Effects of CoQ on cultured human cancer cells

Polymerases and topo have emerged recently as important cellular targets for chemical intervention in the development of anticancer agents. CoQ-related compounds could therefore be useful in chemotherapy. We tested the cytotoxic effects of the five compounds against the human promyelocytic leukemia cell line HL-60.

As shown in Table 3, CoQ_1 to CoQ_4 had potent growth inhibitory effects on this cancer cell line, whereas CoQ_6 and CoQ_{10} did not prevent cell growth. The inhibitory effect of each CoQ varied markedly in the following order: $CoQ_1 > CoQ_2 > CoQ_4 > CoQ_6 > CoQ_{10}$, and the suppression of cell growth had the same tendency as the inhibition of pol γ and topo II among the compounds. CoQ_1 was the strongest inhibitor of human cancer cell growth, and the concentration required for LD_{50} was 14.0 μ M. As the IC_{50} values of CoQ_1 were 12.2 μ M for pol γ and 15.5 μ M for topo II (Table 1), the LD_{50} value was clearly the same as the IC_{50} values *in vitro* for these enzymes. Therefore, we concentrated on the properties of CoQ_1 in the latter part of this study.

Effects of CoQ₁ on the cell cycle of human cancer cells

Coenzyme Q_1 was suggested to inhibit the activities of pol γ and topo II in intact cells. These observations suggested that cell growth inhibition occurs in a manner dependent on enzyme inhibition, and that enzyme inhibition influences cell growth in vivo. To confirm this suggestion in detail, we examined the effect of this compound on the cell cycle of HL-60 cells by flow cytometry. As shown in Fig. 3a,c, the cells were arrested in S phase (increase of 9.7%) and decreased the rate of G_1 phase and G_2/M phases (decreases of 6.0 and 3.7%) by 14.0 μ M CoQ₁ (i.e. the LD₅₀ value) with incubation for 12 h. After 24 h and 48 h treatment with CoQ₁, the S block was partially released and G₁ phase was increased (Fig. 3d,e). Etoposide (VP-16), which is a DNA topo II inhibitor, blocked the cell cycle at G₂/M phase.⁽³⁰⁾ It was suggested that CoQ_1 inhibited the activity of pol γ in the cell, and then could arrest the cell cycle in S phase for 12 h, although the enzymatic inhibitory activity of pol γ by CoQ₁ was as strong as that of topo II (Table 1). Furthermore, CoQ₁ may influence the second step of the cell cycle at G₁ phase by pol γ after 24 h and 48 h exposure to CoQ₁.



Effect of CoQ_1 on mitochondrial amplification of human cancer cells

Next, the effect of CoQ_1 on the amount of mitochondria in the human cancer cells was investigated (Fig. 4). After HL-60 cells were exposed to 14.0 µM of CoQ_1 for various times (0, 6, 12, 24 and 48 h), the cells were stained with Mito Tracker Green FM, which selectively stains the plasma membrane in mitochondria.⁽³¹⁾ Flow cytometric analysis showed that the amount of mitochondria in the cells was significantly reduced after 12 h incubation (Fig. 4a), and the decreased value was approximately 60% (Fig. 4b). These results suggest that CoQ_1 must inhibit cell growth mainly by blocking the primary step of mitochondrial DNA replication, proliferation of mitochondria, and then cell division, by acting as pol γ . As CoQ are present at high concentrations in the mitochondrial matrix,⁽³²⁾ CoQ might regulate pol γ activity and mitochondrial proliferation.

Effect of CoQ₁ on apoptotic cell death

To examine whether the detection of sub-G₁ phase in the cells treated with CoQ₁ (Fig. 3) was due to apoptosis, DNA fragmentation was analyzed by electrophoresis. Time-dependent DNA ladder formation was observed in HL-60 cells treated with 14.0 μ M CoQ₁ (Fig. 5). Such ladders were not evident for the initial 6 h but were apparent at 12 h and thereafter. CoQ₁ could be a strong inducer of apoptosis. The effect of CoQ₁ must occur in combination with growth arrest, mitochondrial proliferation and cell death. Mitochondria are central to activating apoptosis;⁽³²⁾ pol γ inhibition by CoQ may therefore lead to cell death.

These results indicate that inhibition of pol γ and/or topo II leads to cell growth inhibition *in vivo*. CoQ-related compounds such as CoQ₁ could be novel cancer chemotherapy agents.

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Fig. 3. Flow cytometric analysis of cell cycle perturbation by coenzyme Q₁ (CoQ₁). (A–E) HL-60 human cancer cells were incubated with 14.0 μ M CoQ₁ for 0, 6, 12, 24 and 48 h, respectively. DNA was stained with 4',6-diamino-2-phenyl-indole (DAPI) solution. Fluorescence intensity was measured by flow cytometry.



Fig. 4. The effect of coenzyme Q_1 (Co Q_1) on the amount of mitochondria in human cancer cells. HL-60 human cancer cells were incubated with 14.0 μ M Co Q_1 for 0, 6, 12, 24 and 48 h. There were no stained cells at 0 h (negative control). (A) Fluorescence intensity of MitoTracker Green FM per stained cells was measured by flow cytometry. (B) The mean values of the stained cells are indicated. Data are shown as the mean \pm SEM for five independent experiments.



Fig. 5. DNA fragmentation of coenzyme Q₁ (CoQ₁)-treated cells by agarose gel electrophoresis. HL-60 human promyelocytic leukemia cells were incubated with 14.0 μ M CoQ₁ for the times indicated. Total DNA was then extracted and analyzed by 1.5% agarose gel electrophoresis. A photograph of the ethidium bromide-stained gel is shown.

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