Significant increase of colonic mutated crypts correlates with age in sporadic cancer and diverticulosis cases, with higher frequency in the left- than right-side colorectum

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Mild periodic acid-Schiff (mPAS) staining can discriminate non-Oacetylated (mPAS-positive) from O-acetylated (mPAS-negative) epithelial sialoglycoproteins in human colonic mucosa, allowing the three haplotypes expressed from a single polymorphic autosomal gene (oat) to be distinguished. In heterozygotes, we previously demonstrated wholly mPAS-positive (stem cell mutated) crypts and clusters of two or more mPAS-positive crypts to be significantly increased with duration of ulcerative colitis. To establish whether such an increase in the number of mutated crypts with age also occurs in normal individuals or in cases with diverticulosis, the O-acetylation phenotype in the non-cancerous colonic mucosa of 47 sporadic colorectal cancer patients who were heterozygotes for oat was tested with mild-PAS staining. PAS-positive crypts were assessed histologically in relation to age and compared between the left (sigmoid colon and rectum) and right (cecum and ascending colon) sides of the colorectum. Wholly mPAS-positive (stem cell mutated) crypts and foci in heterozygotes were found to be increased significantly (P < 0.0001) in the left side with aging (r = 0.598 and 0.643, respectively). Such a positive correlation with aging was also confirmed in 19 diverticulosis cases without cancer (r = 0.797 and 0.793, respectively). The frequency of mutated crypts and foci on the right side was significantly lower than on the left side in both spontaneous colorectal cancer and diverticulosis cases. The results provide support for an intimate relationship between accumulation of mutated crypts with aging, possibly with significance for colorectal cancer development. Furthermore, the environment in the right side of the colon may be different from that in the left side in this regard. (Cancer Sci 2006; 97: 362-367)

t is widely accepted that the likelihood of developing sporadic colorectal carcinoma increases with age.⁽¹⁻³⁾ Colorectal tumorigenesis is a multistage process,⁽⁴⁾ with increased colonic mucosal cell proliferation believed to be important for initiation and subsequent growth,^(5,6) acting together with the cumulative effects of protracted exposure to cancer-causing agents. Recently, it was demonstrated that mPAS staining can discriminate non-O-acetylated (mPAS-positive) from O-acetylated (mPASnegative) epithelial sialoglycoproteins.⁽⁷⁾ Thus, three patterns of staining may result from expression of a single polymorphic autosomal gene (oat): (i) uniformly mPAS positive, reflecting

the homozygous recessive genotype for low or absent Oacetylation (oat^{b}/oat^{b}) ; (ii) uniformly mPAS negative, reflecting the homozygous dominant genotype for normal or high O-acetylation (oat^a/oat^a); and (iii) mPAS-negative mucosa containing scattered positive discordant crypts, representing heterozygotes (oat^{a}/oat^{b}). In fact, the frequency distribution of these three phenotypes in different racial groups, including Japanese and British people, is consistent with that predicted by the Hardy–Weinberg law.⁽⁸⁾ This suggests that they result from expression of a single polymorphic autosomal gene (oat) encoding the O-acetyl transferase active in generating colonic sialomucins. Further, the three phenotypes are similar to those seen in C57BL/6 J \times SWR F1 mice, where the Dlb-1 gene determines another intestinal mucus glycoprotein phenotype that can be visualized by virtue of Dolichos biflorus agglutinin binding.⁽⁹⁾ In this mouse model, discordant crypts are produced in heterozygotes by mutation. The altered crypts seen in humans using the mPAS technique are also similar in morphology to carcinogen-induced crypts with changes in glucose-6-phosphate dehydrogenase expression in the mouse colon, indicating a role for somatic mutations.⁽¹⁰⁾ It is conceivable that somatic mutations of the high acetylator allele in colonic crypt stem cells in heterozygous subjects followed by crypt colonization by mutant progeny leads to conversion of the crypt phenotype from mPAS negative to mPAS positive. In fact, radiotherapy of heterozygotes induces a considerable increase in the mPAS-positive crypt frequency, which subsequently remains significantly elevated for 2-34 years, indicating that crypts with a mutant phenotype are stable.(11,12)

Recently, we demonstrated that the number of wholly mPASpositive (stem cell mutated) crypts and clusters of two or more mPAS-positive crypts in foci significantly increases with the duration of ulcerative colitis in heterozygote individuals, pointing to a possible role in the chronic inflammationcarcinoma sequence.⁽¹³⁾ Using the same staining approach in the present study, we assessed mutated crypts in non-cancerous mucosa of patients with sporadic colorectal cancers and

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E-mail: isaokaya@med.kitasato-u.ac.jp Abbreviation: mPAS, mild periodic acid-Schiff staining.

mucosa of diverticulosis patients without colorectal cancers to ascertain whether they might similarly accumulate with age without the background of ulcerative colitis. The frequency of mutated crypts was also compared between the right and left sides of the colorectum.

Materials and Methods

Colorectal cancer cases

Large bowel resection specimens of 153 sporadic (nonhereditary) primary sigmoid colon and rectum cancer patients (left side), and 29 cases of 70 years or older with cecum or ascending colon cancers (right side) were selected randomly. Tissue blocks sampled at a sufficient distance to guarantee non-involvement with cancers were fixed with 10% buffered formalin (pH 7.0) and processed routinely for embedding in paraffin. The *O*-acetylation phenotype was thus tested with mPAS staining in a total of 182 cases with sporadic colorectal carcinomas. Those for which tissue blocks were not sufficient for study were excluded from the final analysis.

Diverticulosis cases without colorectal cancer

Forty-five large bowel resection specimens from patients with diverticulosis in the sigmoid colon and rectum on the left side and 28 specimens from patients with diverticulosis in the cecum and ascending colon on the right side were subjected to mPAS staining for comparison. A total of 19 heterozygotes for the left side (diverticula: median, 19; range, 7–40) and seven heterozygotes for the right side (diverticula: median, 11; range, 5–17) were available for the study.

mPAS-positive crypts

The numbers of crypt profiles adjacent to the muscularis mucosa present in one central step section in each case were counted manually by a single observer (IO), according to the methods of Fuller *et al.*⁽⁷⁾ and Campbell *et al.*⁽⁸⁾ The total number of crypt profiles present was then calculated by multiplying the number of step sections by the count for the central section. For mPAS staining, 4-µm sections were cut from paraffin-embedded blocks and step sections were taken at 80-um intervals to obtain the necessary size of sample while reducing the chance of counting the same crypt in adjacent sections. The sections were stained with the mPAS technique.⁽¹⁴⁾ Individual discordant crypts were considered to be wholly involved when all of the goblet cells showed mPAS positivity, and partially involved when both mPASpositive and mPAS-negative cells were present in a crypt profile. Wholly involved, positive crypts, indicating stem cell mutation,⁽¹¹⁾ were identified and counted in longitudinal sections showing uniform staining of goblet cells from the base of the crypt to the luminal surface (complete replacement by the mutant phenotype) in >10 000 crypt profiles and expressed as the number of positive crypts $\times 10^{-4}$. As goblet cells forming hyperplastic polyps and metaplastic Paneth cells show weak mPAS positivity, crypts consisting of these cells were strictly excluded. Identification of single crypts was carefully confirmed to avoid duplication. The total number of crypts examined with mPAS staining was 15043 ± 5382 (mean \pm SD; median, 12 996; range, 10 023-33 945) in the 88 mPAS-heterozygote cases.

This work using surgical pathology samples was approved by the Kitasato University School of Medicine and the University Hospital Ethics Committee (B01-20).

Statistics

Statistical comparisons between groups were carried out using the non-parametric Mann–Whitney *U*-test. For demonstration of associations, the Pearson's correlation coefficient test was applied. Significance was concluded at P < 0.05 and r > 0.5.

Results

Sigmoid colon and rectum cancer cases (left-sided colon)

All 123 non-cancerous colorectum specimens removed surgically for primary colorectal cancers in the left-sided colon (sigmoid colon and rectum) clearly showed one of the three phenotypes of uniformly mPAS-positive, uniformly mPAS-negative or mPAS-negative heterozygotes with scattered positive discordant crypts (44 : 25 : 54; Fig. 1A–C) by screening mPAS positivity (crypts tested for screening in latter, two phenotypes, median, 8340; range, 3630–17 760). Finally, 47 cases who were mPAS-negative with scattered mPAS-positive crypts (heterozygotes) were obtained (median age, 58; range, 30–89; men : women, 37 : 10). Seven cases (heterozygotes) were not sufficient for further analysis.

The numbers of mPAS-positive crypts, clusters of two or more positive crypts (Fig. 1D) and foci of mPAS-positive crypts in the left-sided colon in mPAS heterozygotes were median, 9.8×10^{-4} (range, $4.0-29.6 \times 10^{-4}$), 0.9×10^{-4} (range, $0.0-2.8 \times 10^{-4}$) and 10.7×10^{-4} (range, $2.4-25.1 \times 10^{-4}$) crypts, respectively. Foci of mPAS-positive crypts refer to both individual crypts and clusters of two or more positive crypts, each counted as one event. The numbers of mPAS-positive crypts (range = $4.0-29.6 \times 10^{-4}$, r = 0.598, P < 0.0001) and foci of mPAS-positive crypts (range, $2.4-25.1 \times 10^{-4}$, r = 0.643, P <0.0001) were significantly increased with age (Fig. 2A,B). No significant increase with age could be shown for clusters of two or more positive crypts (range, $0.0-2.8 \times 10^{-4}$, r = 0.050, P = 0.7369).

Comparison between the left and right sides in colorectal cancer cases

Fifteen mPAS heterozygotes (median age, 73 years; range, 70-88 years; men : women, 9:6) were included in the 29 cecum or ascending colon cancer cases for the right-sided colon. There were six uniformly mPAS-negative cases and eight mPAS-positive cases. The numbers of mPAS-positive crypts, clusters of two or more positive crypts and foci of mPAS-positive crypts were median, 3.8×10^{-4} (range, 2.9– 7.9×10^{-4}), 0.0×10^{-4} (range, $0.0 - 0.8 \times 10^{-4}$) and 3.8×10^{-4} (range, $2.8-7.9 \times 10^{-4}$), respectively. For comparison, 16 mPAS heterozygotes from the 47 sigmoid colon and rectum cancer cases (left-sided) were selected as age-matched counterparts (median age, 77 years; range, 74-89 years; men : women, 12:4). The numbers of mPAS-positive crypts, clusters of two or more positive crypts and foci of mPAS-positive crypts in the left-sided colon were median, 16.1×10^{-4} (range, 8.5- 29.6×10^{-4}), 0.9×10^{-4} (range, $0.0 - 2.8 \times 10^{-4}$) and 13.9×10^{-4} (range, $8.5-25.1 \times 10^{-4}$), respectively, the difference being

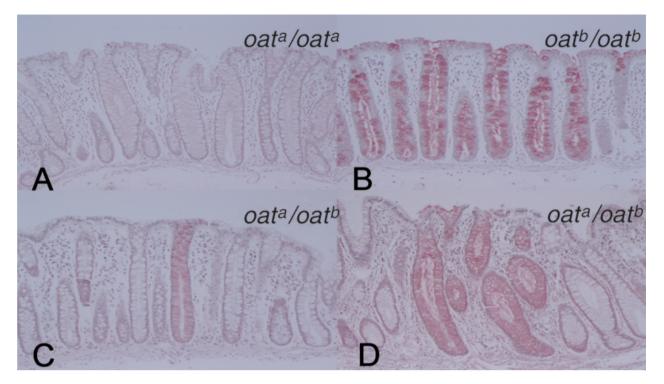


Fig. 1. Mild periodic acid–Schiff (mPAS) staining (×128). (A) Uniformly mPAS-negative mucosa (×128). (B) Uniformly mPAS-positive mucosa (×128). (C) Uniformly mPAS-negative mucosa with scattered positive discordant crypt (heterozygote). One mPAS-positive crypt (positive from the base of the crypt in touch with the muscularis mucosa to the luminal surface) in a focus of mPAS-positive crypts is evident in this figure. (D) Cluster of mPAS-positive crypts in a heterozygote. Two mPAS-positive crypts (positive at the base of crypts in touch with the muscularis mucosa) in a focus of mPAS-positive crypts are shown.

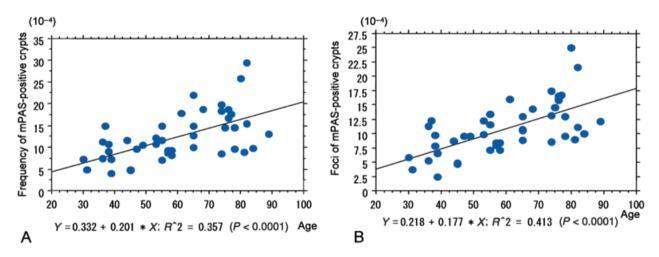


Fig. 2. Colorectal cancer cases. (A) Note the positive correlation between the frequency of discordant mild periodic acid–Schiff (mPAS)positive crypts and age. (B) Positive correlation between values for foci of mPAS-positive crypts and age.

significant for those from the right-sided colon (P < 0.0001, P = 0.0091 and P < 0.0001, respectively) (Table 1).

Diverticulosis cases without colorectal cancers

Twenty-two mPAS heterozygotes were included in the 45 diverticulosis patients who received rectosigmoidectomy for diverticulosis of the sigmoid colon or rectum. Three hetero-zygotes were excluded because their tissue blocks were not sufficient for further analysis, so that 19 mPAS heterozygotes

were examined (median age, 66 years; range, 42–91 years; men : women, 11 : 8). There were eight uniformly mPASnegative cases and 15 mPAS-positive cases. The numbers of mPAS-positive crypts, clusters of two or more positive crypts, and foci of mPAS-positive crypts in the left-sided colon in mPAS heterozygotes were median, 8.8×10^{-4} (range, 5.3– 17.9×10^{-4}), 1.1×10^{-4} (range, 0.0– 5.7×10^{-4}) and 7.9×10^{-4} (range, 1.0– 16.6×10^{-4}), respectively. The numbers of mPAS-positive crypts (r = 0.797, P < 0.0001) and foci (r =

Table 1. Comparison of frequencies of mild periodic acid–Schiff (mPAS)-positive crypts in colonic mucosa between the right and left sides of the colorectum (colorectal cancer cases)

Side	No. cases	Age (years) median (range)	Sex	Frequency of mPAS- positive crypts (×10 ⁻⁴) median (range)	Clusters of mPAS- positive crypts (×10 ⁻⁴) median (range) [†]	Foci of mPAS- positive crypts (×10 ⁻⁴) median (range) [‡]
Right	15	73 (70–88)	M9 : F6	3.8 (2.9–7.9)	0.0 (0.0-0.8)	3.8 (7.9–2.8)
Left <i>P</i> -value	16	77 (74–89)	M12 : F4	16.1 (8.5–29.6) <0.0001§	0.9 (0.0–2.8) <0.0091 [§]	13.9 (8.5–25.1) <0.0001§

[†]Clusters of two or more mPAS-positive crypts. [‡]Both individual crypts and clusters of two or more positive crypts, each counting as one event. [§]Compared with the right-sided colon.

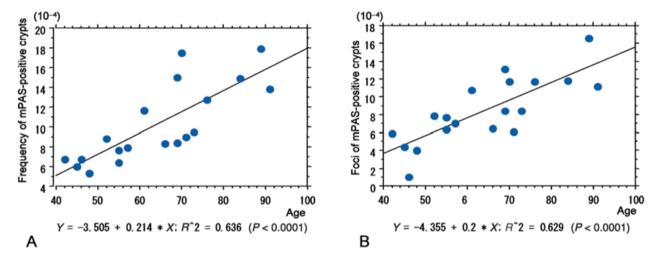


Fig. 3. Diverticulosis cases without colorectal cancers. (A) Note the positive correlation between the frequency of discordant mild periodic acid–Schiff (mPAS)-positive crypts and age. (B) Values for foci of mPAS-positive crypts also correlate with age.

0.793, P < 0.0001) increased significantly with age (Fig. 3A,B). No significant increase with age could be shown for clusters of two or more positive crypts (r = 0.031, P = 0.9008).

Comparison between the left and right sides in diverticulosis cases without colorectal cancers

Fifteen mPAS heterozygotes were included in the 28 cases with diverticulosis of the cecum or ascending colon (rightsided). There were five uniformly mPAS-negative cases and eight mPAS-positive cases. Finally, seven mPAS heterozygotes (median age, 49 years; range, 42–53 years; men : women, 7 : 0) were examined. Eight heterozygotes were excluded because their tissue blocks were not sufficient for further analysis. The median numbers of mPAS-positive crypts, clusters of two or more positive crypts and foci of mPAS-positive crypts were 3.8×10^{-4} (range, $2.0-7.0 \times 10^{-4}$), 0.0×10^{-4} (range, $0.0-1.6 \times 10^{-4}$) and 3.8×10^{-4} (range, $1.0-5.4 \times 10^{-4}$), respectively. For comparison, eight mPAS heterozygotes from the 19 cases with diverticulosis of the sigmoid colon and rectum (left-sided) were selected as age-matched counterparts (median age, 50 years; range, 42-57 years; men : women, 7 : 1). The median numbers of mPAS-positive crypts, clusters of two or more positive crypts and foci of mPAS-positive crypts were 6.7×10^{-4} (range, $5.3 - 8.8 \times 10^{-4}$), 0.9×10^{-4} (range, $0.0 - 10^{-4}$) 5.7×10^{-4}) and 6.1×10^{-4} (range, $1.0 - 7.9 \times 10^{-4}$), respectively, the differences being significant from the right-sided values

(P = 0.0078 and P < 0.0372, respectively) except for the clusters of two or more positive crypts (Table 2).

Discussion

Concerning mPAS positivity in the present study, the ratios of uniformly mPAS-positive mucosa : uniformly mPAS-negative mucosa : uniformly mPAS-negative with scattered positive discordant crypts (heterozygotes) were 44 : 25 : 54 in colorectal cancer cases and 23 : 13 : 37 in diverticulosis cases, in line with those predicted for Japanese cases in a previous report (34 : 17 : 49),⁽⁸⁾ indicating consistency of the staining method. The median frequency of mPAS-positive crypts in 10⁴ crypts in sigmoid colon or rectum cancer cases was 9.8×10^{-4} (range, $4.0-29.6 \times 10^{-4}$) (median age, 58 years; age range, 30-89 years), similar to the values in another earlier report (median 10.0×10^{-4} ; range, $1.5-44.0 \times 10^{-4}$; median age, 70 years; age range, 51-83 years),⁽¹⁵⁾ suggesting that our assessment method was accurate. All of the quantitative data were obtained by one pathologist (IO) in the present study.

The results clearly showed the number of both mPASpositive crypts and foci in heterozygotes to increase significantly with age in the left-sided colon, indicating accumulation of mutations in line with expectations. Although materials from individuals younger than 30 years were not available in the present study, coefficient curves showed almost zero values

Side	No. cases	Age (years) median (range)	Sex	Diverticula <i>n</i> (range)	Frequency of mPAS- positive crypts (×10 ⁻⁴) median (range)	Clusters of mPAS- positive crypts (×10 ⁻⁴) median (range) [†]	Foci of mPAS- positive crypts (×10⁻⁴) median (range) [‡]
Right	7	49 (42–53)	M7 : F0	11 (5–17)	3.8 (2.0–7.0)	0.0 (0.0–1.6)	3.8 (1.0–5.4)
Left <i>P</i> -value	8	50 (42–57)	M7 : F1	16.5 (7–34)	6.7 (5.3−8.8) 0.0078⁵	0.9 (0.0–5.7)	6.1 (1.0–7.9) 0.0372 [§]

Table 2. Comparison of frequencies of mild periodic acid–Schiff (mPAS)-positive crypts in colonic mucosa between the right and left sides of the colorectum (diverticulosis cases)

[†]Clusters of two or more mPAS-positive crypts. [‡]Both individual crypts and clusters of two or more positive crypts, each counting as one event. [§]Compared with the right-sided colon.

of mPAS-positive crypts and foci of mPAS-positive crypts at age 0 years (Fig. 2), suggesting that mutated crypts appear after birth and increase with age. This is in line with an earlier report by Fuller *et al.*⁽⁷⁾ in which the colonic mucosa of 18 infants and children revealed only two patterns of staining reaction, either uniformly negative or uniformly positive mPAS staining, indicating no demonstration of mutated crypts. This tendency would explain the increase in colorectal cancer development with age,⁽¹⁶⁾ supporting multistep carcinogenesis.⁽⁴⁾

According to the previous report.⁽⁷⁾ no difference was found in the mutation frequencies of colonic crypts between age-matched individuals with sporadic colorectal cancer and benign colonic conditions. Therefore, it is worthwhile to see the age influence on mutation frequencies in the present study, although non-cancerous mucosa is not completely normal in cases with sporadic colorectal cancer. No significant correlations were described between any categories of mPASpositive crypts and patients' ages in previous reports,⁽¹³⁾ and the frequency of mutated crypts was clearly lower in our elderly patients than in patients with long-standing ulcerative colitis in our previous study (mPAS-positive crypts, $37.7 \pm$ 16.5×10^{-4} (mean ± SD); clusters of two or more mPASpositive crypts, $7.9 \pm 3.6 \times 10^{-4}$; and foci of mPAS-positive crypts, $12.5 \pm 4.0 \times 10^{-4}$).⁽¹³⁾ This suggests differences in the genesis of ulcerative colitis-associated cancers from sporadic colorectal cancers, although mild, non-specific latent colitis may be able to accelerate sporadic colorectal cancer development, according to recent reports that anti-inflammation treatment suppresses colorectal cancer development and progression.⁽¹⁷⁻¹⁹⁾ Thus, mPAS staining might be a useful biomarker to predict mutation status in colonic crypts, although histological analysis of many colonic crypts with mPAS staining is rather difficult in practice.

In the present study, the frequencies of mPAS-positive (mutated) crypts and foci were both significantly higher (approximately three times more) on the left side (sigmoid colon and rectum) than on the right side (cecum and ascending colon). Furthermore, clusters of two or more mPAS-positive crypts were also significantly higher (approximately 10 times more) in the left-sided colon. Whereas Campbell *et al.* described no significant difference between the frequencies of wholly involved mPAS-positive crypts in background mucosa of left-sided and right-sided colon cancers (median frequency, 10.0×10^{-4} vs 6.8×10^{-4} , P = 0.4569),⁽¹⁵⁾ partially involved mPAS-positive crypts were significantly more frequent in mucosa from the left-sided cases (P < 0.05). Our

results differ from those obtained in a study carried out in British patients but the assessment of mPAS-positive crypts were carried out consistently by one pathologist, with the same method used by Campbell *et al.*⁽¹⁵⁾ As all of our samples were obtained from Japanese patients, the differences might have been caused by racial or environmental factors, including food intake and lifestyle.

Our results may help to explain why the prevalence of colorectal cancers in Japanese people is higher (approximately 3.3 times more) in the left-sided colon (sigmoid colon and rectum) than in the right-sided colon (cecum and ascending colon).⁽²⁰⁾ It is in line with the fact that right-sided colon cancers have a tendency for distinct clinicopathological features, including relatively more variable differentiation types, serrated tumor structures, high microsatellite instability and low incidence of p53 mutations, suggesting differences in carcinogenesis from left-sided colon cancers.^(21,22) It has been suggested that chronic exposure to carcinogenic substance might be more important for left-sided colorectal carcinogenesis.⁽²³⁾

The frequencies of mPAS-positive crypts and foci of mPASpositive crypts in diverticulosis patients without colorectal cancers showed basically the same tendencies as for colorectal cancer cases. It was confirmed that mPAS-positive crypts and foci increase significantly with age in the left-sided colon with diverticulosis, although the available sample numbers were relatively small. Furthermore, no significant differences were revealed between colorectal cancer cases and diverticulosis cases by comparison of two regression slopes with age. The frequencies of mPAS-positive crypts and foci in patients aged 40–60 years were significantly higher in the left-sided than in the right-sided colon with diverticulosis, similar to the colorectal cancer cases, although with comparatively lower values.

In conclusion, the present study demonstrated a significant increase in the number of wholly mPAS-positive (somaticmutated) crypts in heterozygotes with age, indicative of accumulation of genetic mutations. This is in line with an increase in colorectal carcinoma development in the elderly.

Acknowledgments

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