

# Proximal Bilateral Arm Transplantation with Left Shoulder Reconstruction: Outcomes at 24 Months

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**Background:** Arm transplantation has been proposed as a valid therapeutic option for arm amputees. A bilateral arm transplantation including reconstruction of the left shoulder was performed on January 13, 2021 in Lyon (France).

**Methods:** The recipient was a 48-year-old man with bilateral amputation at proximal arm level on both sides following an electric shock in 1998. He had received a liver transplant in 2002. The donor was a 35-year-old man. On the right side, the donor humerus was fixed on the remaining 9-cm-long proximal stump, and was reinforced with the donor fibula in an intramedullary fashion. On the left side, the whole donor humerus (including the humeral head) was transplanted with reconstruction of the gleno-humeral joint, including a suspension ligamentoplasty. The immunosuppressive protocol was based on antithymocyte globulins as induction therapy, and tacrolimus, steroids and mycophenolate mofetil as maintenance therapy.

**Results:** Good bone healing and a well-positioned ligamentoplasty on the left side were achieved. At 2 years, the recipient was able to flex both elbows, and wrist extension, finger flexion, and extension were appreciated on both sides. Intrinsic muscle activity was detectable by electromyography during the eighth posttransplant month, and sensitivity was recovered. The patient is satisfied with his autonomy in some daily activities, but his greatest satisfaction is the recovery of his body image.

**Conclusions:** These results confirm that it is possible to propose this transplantation to proximal-level arm amputees. The patients' information about risks and limits as well as their compliance and determination remain important prerequisites. (*Plast Reconstr Surg Glob Open* 2024; 12:e5884; doi: [10.1097/GOX.0000000000005884](https://doi.org/10.1097/GOX.0000000000005884); Published online 10 June 2024.)

## INTRODUCTION

Since the first case in 1998,<sup>1</sup> hand transplantation has proven able to restore form and function, achieving good

success rates with functional recovery, body image restoration, and social acceptance. An arm loss causes severe disability and compromise of body image. For many years, arm allotransplantation was considered to entail many challenges, including quality of nerve regeneration, hand function, and the high immunogenicity of the transplant due to the mass of transplanted tissues.<sup>2</sup>

The first bilateral arm transplantation was performed in July 2008 with encouraging results; it was followed by another case of arm and forearm allotransplantation in November 2008.<sup>3</sup> To our knowledge, until now, 17 patients with bilateral or unilateral arm amputation at different levels have received arm allografts worldwide.<sup>4-7</sup>

A bilateral arm transplantation, including reconstruction of the left shoulder, was performed on January 13, 2021 in Lyon, France, 21 years after the first bilateral hand

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transplantation.<sup>8</sup> We report here the 2-year outcomes of this patient.

## MATERIALS AND METHODS

The patient was a 48-year-old man who had sustained a high-voltage electrical injury (a working accident) on January 12, 1998. The upper extremities were burned, then several infections occurred, necessitating several surgical procedures and amputations, which finally ended in amputation of both arms at a proximal level. (See figure, Supplemental Digital Content 1, which displays patient picture before transplantation. <http://links.lww.com/PRSGO/D269>.) In addition, the patient sustained fracture of the cervical and thoracic spine (which required osteosynthesis at the thoracic level), fracture of the right clavicle (which evolved into a nonunion) and lesions of the left pectoralis major and latissimus dorsi. Subsequently, the patient developed alcoholic cirrhosis and received liver transplantation in July 2002, followed by portal thrombosis requiring hepatic re-transplantation in August 2002.

### Patient Assessment before the Transplantation

The immunosuppressive therapy at the moment of the bilateral arm transplantation included tacrolimus and mycophenolate mofetil (2 mg/d and 2 gr/d, respectively). The patient had a normal renal function (creatinine was 54  $\mu$ M with a clearance >90 mL/min/1.73 m<sup>2</sup>) and euglycemia. He underwent a hepatic biopsy on January 7, 2021, which showed minimal signs of rejection, concurrent with a slight increase of hepatic enzymes. He used upper extremity mechanic prostheses with poor satisfaction. His DASH and independence scores were 66 and 93 out of 126, respectively.

The recipient met the medical team for the first time 14 years before the arm transplantation, and during this period he underwent several interviews. He showed neither signs of posttraumatic stress disorder nor symptoms of anxiety or depression during this long period. After adequate informed consent, he entered the waiting list, where he remained for 5 years.

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### Transplantation

The donor was a 35-year-old man, who died of anoxia. He had the same blood group as the recipient (donor: A-, recipient: A+). There were five HLA mismatches, but the crossmatch was negative.

Both donor and recipient were positive for CMV and EBV and negative for HBV, HCV, HIV, and SARS-CoV-2. The size of the limbs and the skin complexion of the donor were similar to those of the patient.

The recovery of the donor arms was performed simultaneously with that of the left fibula and both peroneal tendons. All structures were identified, isolated, and

## Takeaways

**Question:** Arm transplantation at a high level is a challenge. Outcomes in proximal bilateral arm allotransplantation with reconstruction of the shoulder are reported.

**Findings:** The functional results were encouraging. Wrist extension and elbow flexion and extension were complete and possible also against resistance on both sides. Partial sensitivity recovery was achieved. Although the patient's capacity to eat alone and to take care of his personal hygiene dramatically improved, the most important results are his satisfaction and increase of self-esteem.

**Meaning:** Bilateral arm transplantation may be proposed to proximal-level arm amputees.

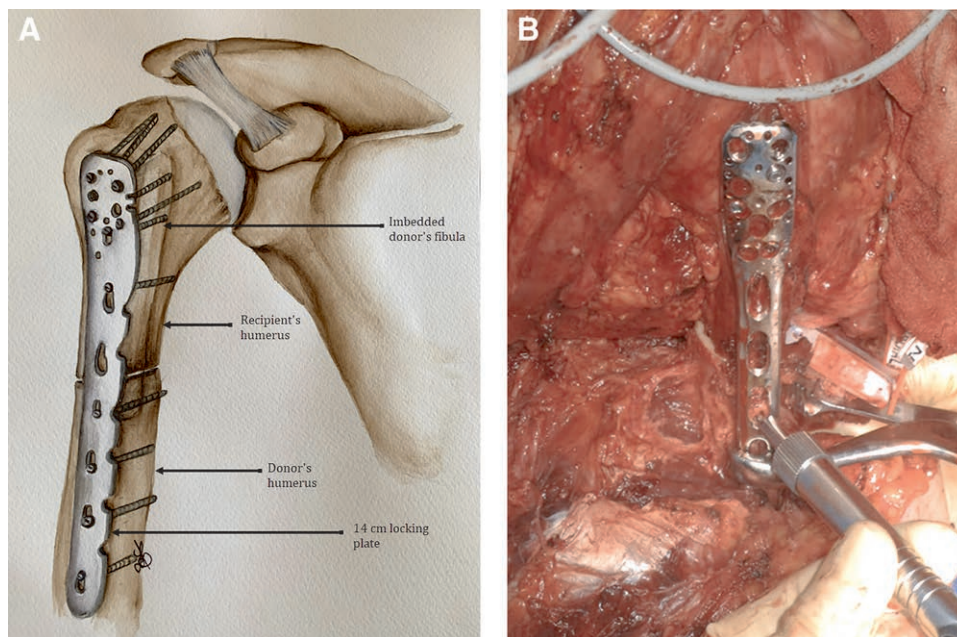
tagged during the recovery procedure. The grafts were perfused and preserved in IGL-1 solution. The procedure time was 4 hours on the right side and 4 hours 32 minutes on the left side.

Simultaneously in the recipient, all the structures were identified, isolated, and tagged on both stumps. On the right side, the donor humerus was fixed on the remaining 9-cm-long proximal stump, and was reinforced with the donor fibula in an intramedullary fashion as bone graft to improve consolidation and increase stability (Fig. 1). On the left side, the whole donor humerus (including the humeral head) was transplanted, with reconstruction of the gleno-humeral joint, including a suspension ligamentoplasty using a 5-mm-thick peroneus longus graft slipped into the humeral head in a 6-mm tunnel. The graft runs through the rotator interval, bridges the coracoid process, and reaches the upper surface of the acromion where a second 6-mm tunnel was made. Repair of rotator cuff ligaments was performed at the level of the gleno-humeral joint (Fig. 2). On the right side, vascular anastomoses were performed between the donor and recipient axillary arteries and veins. On the left side, the arterial anastomoses were performed between the donor and recipient subclavian arteries, and the venous anastomoses between the donor axillary vein and the recipient subclavian vein; moreover, a venous bypass was performed using the donor iliac vein, which was anastomosed between the donor axillary vein and the recipient's jugular vein to improve venous drainage. Vascular anastomoses were performed by overedge Prolene 6.0 stitches under surgical loupes. Heparin was injected intraoperatively before performing the sutures.

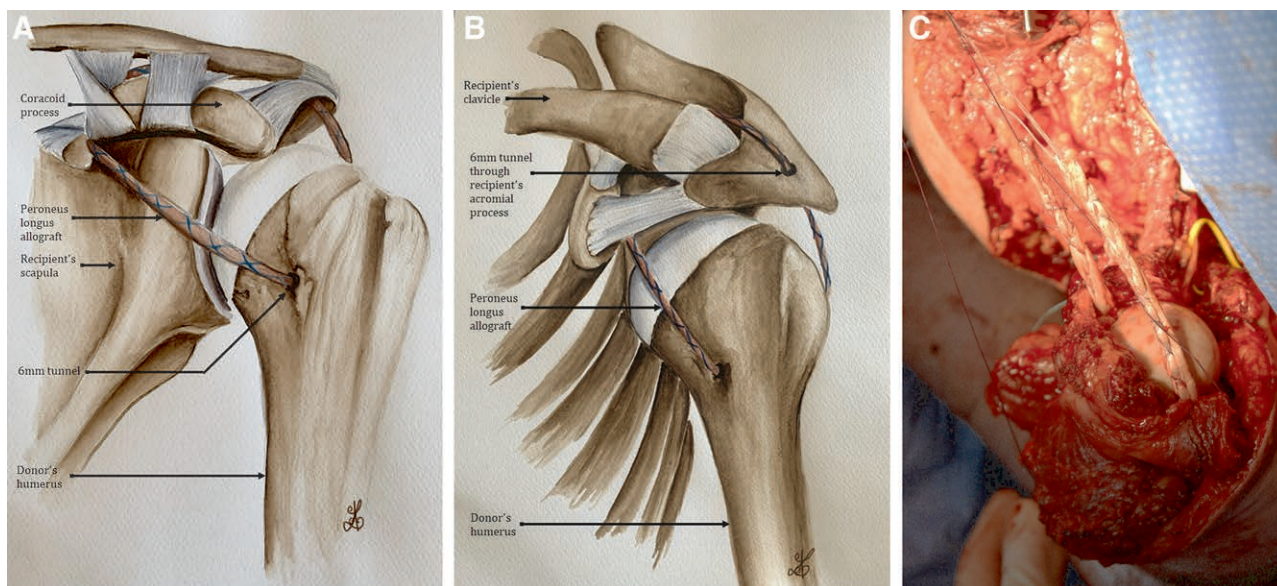
Nervous repair was performed at the origin of the radial, median, ulnar, musculocutaneous and medial cutaneous nerves of the arm and the forearm on the right side. The recipient's axillary nerve was preserved. On the left side, sutures were performed at the level of the anteromedial and anterolateral cords and axillary and radial nerves. Sutures were performed by separate Ethilon 9.0 stitches under a microscope (Fig. 3).

On the right side, recipient humeral tenodesis of pectoralis major, long head triceps, biceps, and deltoid was performed. The coraco-brachial and pectoralis minor were sutured on the coracoid process. On the left side,





**Fig. 1.** Osteosynthesis of the right humerus. A, Anterior view. B, Intraoperative view.



**Fig. 2.** Suspensive ligamentoplasty of the left shoulder. A, Anterior view of the reconstruction. B, Supero-lateral view. C, Intraoperative view.

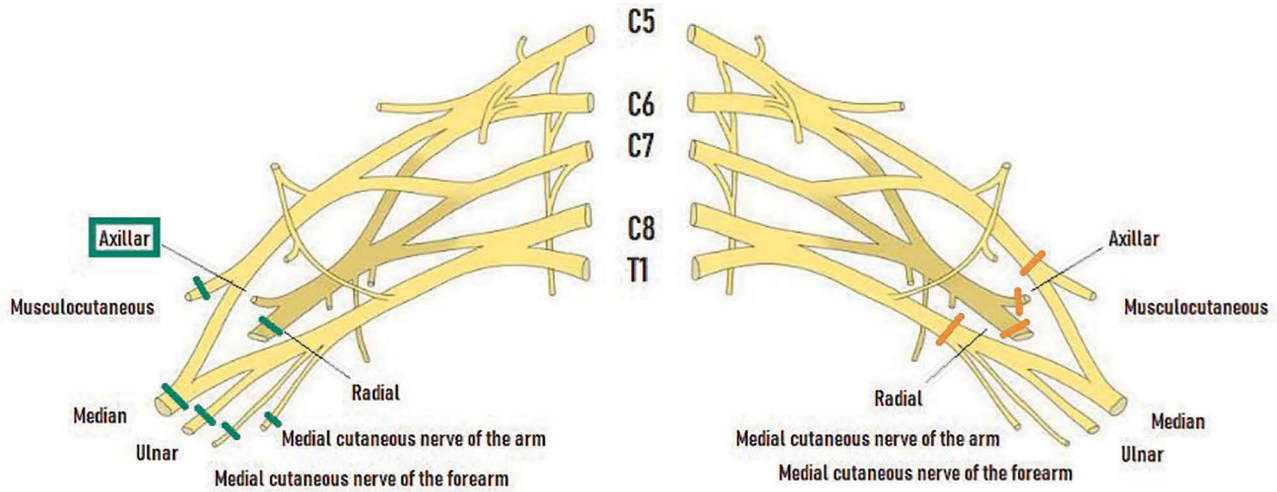
humeral tenodesis of the coraco-biceps and triceps was performed. The recipient deltoid was fixed to the acromion and clavicle. Myorrhaphy of recipient major and minor pectoralis muscles to the donor's pectoralis major was performed. The donor deltoid was reported posteriorly with its innervation (Table 1).

Cold ischemia time was 46 minutes on the right side and 47 minutes on the left side. Anastomosis time was 55 minutes on the right side and 1 hour and 26 minutes on the left side. The transplantation procedure lasted 9 hours and 22 minutes on the right side and 12 hours and 58 minutes on the left side.

To avoid metabolic complications, a continuous veno-venous hemodialysis session was initiated immediately after anesthesia induction. The dialysis catheter was inserted in the right femoral vein, and an arterial catheter and a central venous line were placed at the left femoral site.

The patient remained 6 days in the intensive care unit. No metabolic complications developed during this period. The patient was weaned from mechanical ventilation and vasopressor support after 48 hours.

The immunosuppressive protocol included an induction therapy based on antithymocyte globulins



**Fig. 3.** Nerve sutures. On the right side: the recipient’s axillary nerve was preserved.

**Table 1. Summary of the Surgical Procedure**

	Right	Left										
Bone	Fixation with a 14-cm plate on the 9 cm recipient’s stump with the donor’s fibula embedded in the medullary cavity of both humerus bones	Reconstruction of the gleno-humeral joint with suspension ligamentoplasty using peroneus longus graft										
Arteries	Axillary anastomosis	Axillary anastomosis										
Veins	Axillary anastomosis	Subclavian anastomosis augmented with retro clavicular bypass inbetween the axillar and medial jugular vein										
Muscles	<table border="0"> <tr> <td>Long head of triceps</td> <td rowspan="4">} Humeral tenodesis</td> </tr> <tr> <td>Biceps</td> </tr> <tr> <td>Pectoralis major</td> </tr> <tr> <td>Noninnervated deltoid</td> </tr> </table>	Long head of triceps	} Humeral tenodesis	Biceps	Pectoralis major	Noninnervated deltoid	<table border="0"> <tr> <td>Rotatory cuff tendons repair</td> <td rowspan="4">} Humeral tenodesis</td> </tr> <tr> <td>Long head of triceps</td> </tr> <tr> <td>Coraco-biceps</td> </tr> <tr> <td>Pectoralis minor + pectoralis major</td> </tr> </table>	Rotatory cuff tendons repair	} Humeral tenodesis	Long head of triceps	Coraco-biceps	Pectoralis minor + pectoralis major
	Long head of triceps	} Humeral tenodesis										
Biceps												
Pectoralis major												
Noninnervated deltoid												
Rotatory cuff tendons repair	} Humeral tenodesis											
Long head of triceps												
Coraco-biceps												
Pectoralis minor + pectoralis major												
	<table border="0"> <tr> <td>Coraco-biceps</td> <td rowspan="2">} Coracoid suture</td> </tr> <tr> <td>Pectoralis minor</td> </tr> </table>	Coraco-biceps	} Coracoid suture	Pectoralis minor	Deltoid → Acromial and clavicular suture							
Coraco-biceps	} Coracoid suture											
Pectoralis minor												
Nerves	Peripheral nerves suture	Cords level suture										
Skin coverage	Deltoid flap from the donor inserted in the delto-pectoral incision of the recipient and axillary skin flap	Double ogival-shaped incision										

(1 mg/kg/d) for 6 days and a maintenance therapy based on tacrolimus (trough blood levels between 8 and 10 ng/mL), steroids (5 mg/d at 6 posttransplant months) and mycophenolate mofetil (MMF; 1.5 g/d).

Rehabilitation therapy started on postoperative day 1; it progressively included manual lymphatic drainage and passive motion of all joints in a total range (except for the shoulders) during the first 6 weeks. Pressure therapy was applied during the first 6 months to reduce edema of the grafted arms. Electrostimulation on denervated muscles started 7 weeks after the transplantation.

After 6 weeks, the rehabilitation protocol included physiotherapy, electrostimulation, occupational therapy, physical activities, and psychomotricity. The sensorimotor recovery was stimulated by several simulation tools, such as motor imagery, virtual mirror therapy, and virtual reality.

The patient worked 5 hours per day for 5 days per week during the first 12 months after the transplantation, and thereafter, 4 days per week. Electromyography (EMG) of the grafted upper extremities was performed 6, 12, 18, and 24 months after the transplantation.

**RESULTS**

After the transplantation, the patient was installed in a special bed with customized arm elevation cushions. Both arms were in a splint to support them and to limit graft movements.

He quickly recovered mobilization of the extrinsic musculature of the right shoulder, but the healed tendons permitted passive mobilization only 8 weeks after the transplantation. At 3 months, bony consolidation allowed active mobilization under professional guidance to develop mobility and strengthening. At 6 months, motor recovery

started at the proximal level in the deltoid, biceps, and triceps muscles bilaterally. At 2 years, good bone healing on the right side and a well-positioned ligamentoplasty on the left side were seen. A slight ptosis of the right humeral head was evidenced. The patient also reported pain and sensation of instability at the level of the right shoulder, partly due to the previous clavicle nonunion.

### Functional Recovery

Two years after the transplantation, passive ranges of motion of upper limbs were considered normal (no functional limitations). Wrist extension and elbow flexion and extension were complete and possible also against resistance on both sides (Table 2). Movements of the extrinsic flexors and extensor muscles of the fingers have been evidenced on both sides, and are improving, particularly on the right side, where finger flexion against gravity is possible (Tables 3 and 4). Recovery of muscular strength at the shoulder, arm and forearm level on both sides (particularly on the right one) was noted (Table 5). [See Video 1 (online), which displays the patient working to improve his functional recovery.]

Intrinsic muscle activity was detectable by EMG during the 24th posttransplant month.

Sensitivity recovery was detected 8 months after the transplantation. Protective sensibility for pain was recovered on both upper limbs at 24 months, whereas thermal sensibility was recovered only on the anterolateral side of the left upper limb. At 2 posttransplant years, the Semmes-Weinstein monofilament test for sensory threshold was 4.56 and 6.65 on the right and left palm, respectively. Deep pressure sensation reappeared in both hands at 1 year after the transplantation, whereas discriminative sensibility reappeared only on D1 and D2 of the left side (15mm) at 24 months after the transplantation.

The patient is now able to perform pinch and power grip bilaterally, and on the left upper extremity he can grasp 10kg. Two years after the transplantation, he can perform the daily activities, which were possible with his prostheses before the transplantation. The DASH score<sup>9</sup> is 50.8, and the IRHCTT score<sup>10</sup> is 63 (good) on the right side and 56.5 (fair) on the left side. The patient's capacity to eat alone and to take care of his personal hygiene without help dramatically improved, and he is satisfied of the acquired ability to perform these daily activities as shown in the Canadian Occupational Performance Measure<sup>11</sup> (Table 6). [See Video 2 (online), which shows that the patient is able to perform some daily activities which were impossible with the prostheses before the transplantation.] [See Video 3 (online), which shows that the patient's capacity to take care of his personal hygiene without help improved.]

With yet some difficulties, he can use a mobile phone and a credit card, take care of a pet, and drive a car, but he is unable to prepare a meal. His score of independence (Table 7) is 109 out of 126.

### Psychological Issues

The patient was psychologically tested during the follow-up using the Montgomery-Åsberg Depression Rating Scale, Hamilton and Rosenberg tests<sup>12</sup> (Table 8). During the early posttransplant period the patient was very tired, experienced pain and insomnia, and developed slight depression, which was easily reversed with amitriptyline (30mg/d). During the first 6 months, the patient experienced all the difficulties associated with the transplantation, the complete dependence on the nursing staff, and the hard rehabilitation program. Thereafter, he started to appreciate his "new" image and to use his grafted upper extremities; particularly, he was very glad to explore the "surrounding world" by touching it. At 1 posttransplant

**Table 2. Functional Motion Range of Shoulder, Elbow, and Wrist (Degrees) at 24 Posttransplant Months**

Joint	Motion	Passive (Degrees)		Active (Degrees)	
		Right	Left	Right	Left
Shoulder	Flexion				
	Global	145	145	145	135
	Gleno-humeral	95	100	95	NA
	Extension	75	70	40	25
	Abduction				
	Frontal plane	100	100	90	65
	Scapular plane	130	100	130	95
	Adduction	65	40	50	0
	Internal rotation	110	130	90	110
External rotation (RE1)	45	55	45	-10	
Elbow	Flexion	140	140	140	140
	Extension	0	0	-10	0
	Pronation	70	45	70	40
	Supination	90	90	70	20
Wrist	Flexion	85	80	45	40
	Extension	80	85	65	50
	Radial deviation	10	15	0	0
	Ulnar deviation	25	30	0	0

NA, not available; RE1, external rotation elbow to body.



**Table 3. Passive Range of Motion of Hands (Degrees) at 24 Posttransplant Months**

Right Hand		I	II	III	IV	V	Trapezo-metacarpal Joint
MCP (degrees)	Flex	65	90	95	95	95	Abduction: 40
	Ext	0	35	30	30	40	Adduction: 25
PIP (degrees)	Flex	90	130	135	140	140	Ante-pulsion: 20
	Ext	0	0	0	0	0	
DIP (degrees)	Flex		45	45	45	45	Retropulsion: 30
	Ext		5	0	0	0	
Passive Kapandji index: 0 1 2 3 4 5 6 7 8 9 10							
Left Hand		I	II	III	IV	V	Trapezo-metacarpal joint
MCP (degrees)	Flex	60	95	110	110	100	Abduction: 45
	Ext	15	40	60	60	60	Adduction: 20
PIP (degrees)	Flex	90	120	120	120	120	Ante-pulsion: 45
	Ext	0	0	0	0	0	
DIP (degrees)	Flex		80	80	80	90	Retropulsion: 30
	Ext		0	0	0	0	
Passive Kapandji index : 0 1 2 3 4 5 6 7 8 9 10							

DIP, distal interphalangeal joint; MCP, metacarpophalangeal joint; PIP, proximal interphalangeal joint.

**Table 4. Active Range of Motion of Hands (Degrees) at 24 Posttransplant Months**

Right Hand		I	II	III	IV	V	Trapezo-metacarpal Joint
MCP (degrees)	Flex	10	70	90	90	90	Abduction 0
	Ext	10	20	20	30	30	Adduction - 20
PIP (degrees)	Flex	45	130	135	140	140	
	Ext	0	-15	-10	-20	-30	Ante-pulsion 0
DIP (degrees)	Flex		45	45	45	45	Retropulsion 10
	Ext		-10	-20	20	10	
PDPCD (cm)			1.5	0	0	0.5	
Kapandji Index		0 1 2 3 4 5 6 7 8 9 10					
Left Hand		I	II	III	IV	V	Trapezo-metacarpal Joint
MCP (degrees)	Flex	40	30	30	30	10	Abduction: 0
	Ext	-15	25	25	35	25	
PIP (degrees)	Flex	80	90	90	90	90	
	Ext	0	-15	-15	-15	-15	Ante-pulsion 10
DIP (degrees)	Flex		45	45	45	45	Retropulsion 10
	Ext		0	0	0	0	
PDPCD (cm)			3	3.5	2.5	2	
Kapanji Index		0 1 2 3 4 5 6 7 8 9 10					

The patient has almost a full flexion of long fingers on the right side as shown by the pulp-to-palm distance.

Flex, flexion; Ext, extension; DIP, distal interphalangeal joint; MCP, metacarpophalangeal joint; PIP, proximal interphalangeal joint; PDPCD, pulp to distal palmar crease distance.

year, he had no signs of depression and was satisfied with his body image with strong self-esteem (Table 8). At 2 post-transplant years, the patient developed very slight depression, due to the heavy rehabilitation program and the pain at the level of the right shoulder; however, he is still satisfied with his body image and has strong self-esteem (Table 8). Body image scores (BIQ20)<sup>13</sup> were 21 out of 40 on Rejecting Body Image and 37 out of 60 on Body Vital Dynamics<sup>14</sup> at 2 years. The impact of his image on daily life was assessed by the Body Image Quality of Life Inventory.<sup>15</sup> The score was -8 before transplantation and +40 two years after the transplantation.

**Clinical Course and Complications**

The hepatic function was carefully monitored. A biopsy was performed 10 days after the bilateral arm transplantation because of increased values of hepatic enzymes secondary to his treatment drugs (namely Bactrim), which

normalized after its withdrawal. No signs of hepatic rejection were observed. The hepatic function remained stable during the follow-up. The renal function was also monitored. His serum creatinine values were 72 μM (eGFR > 90 mL/min/1.73 m<sup>2</sup>), 92 μM (eGFR 86 mL/min/1.73 m<sup>2</sup>), and 98 μM (eGFR 77 mL/min/1.73 m<sup>2</sup>) at 3, 12, and 24 months, respectively.

On the second postoperative day, partial thrombosis of the venous bypass performed on the left side occurred. Anticoagulant treatment was started, causing a hematoma in the left pectoralis, which was successfully treated with percutaneous drainage.

A specific antibiotic therapy (amoxicilline) was given against *Propionibacterium acnes*, which was detected in the biopsies performed in the recipient’s bones during the transplantation. In the early postoperative period, the patient experienced neuropathic pain of the grafted upper extremities.

**Table 5. Muscular Strength (MRC Grading) at Shoulder, Arm and Forearm Level at 24 Posttransplant Months**

Muscles		Right	Left
Forearm	Extensor carpi radialis longus and brevis	4	4
	Extensor carpi ulnaris	3	3
	Flexor carpi radialis and palmaris longus	4	1
	Flexor carpi ulnaris	4	1
	Pronator teres and pronator quadratus	4	1
	Supinator	3	1
	Abductor pollicis longus	0	0
	Extensor digitorum communis	3	3
	Extensor pollicis brevis	0	0
	Extensor pollicis longus	3	1
	Flexor digitorum profundus	4	2
	Flexor digitorum superficialis	4	1
	Flexor pollicis longus	3	2
Muscles		Right	Left
Shoulder	Deltoideus anterior	4-	2
	Deltoideus medius	3	2
	Deltoideus posterior	3	3-
	Coracobrachialis	4-	2
	Infraspinatus and Teres minor	4	2
	Latissimus dorsi	3	*
	Teres major	4	2
	Supraspinatus	4	2
	Subscapularis	4	4
	Pectoralis major	4	1
	Arm	Biceps brachii	4
Brachialis		4	4
Brachioradialis		4	4
Triceps brachii		2-	4

Extrinsic muscles of the hands are recovering (particularly on the right side) while contraction of the intrinsic muscles of both hands was not detected.

\*The patient has no latissimus dorsi on the left side.

Fungal folliculitis developed during the first postoperative period on both proximal arms and was successfully treated with local applications of ketoconazole gel and oral itraconazole treatment. At 13 months posttransplantation, the patient also developed also two molluscum contagiosum lesions on the cheek, which were treated with excisional biopsy and cryotherapy. During the early posttransplant period, the patient developed two acute rejection episodes diagnosed on days 26 and 87, respectively. They manifested clinically with erythematous skin macules on both arms. Histologically, the Banff rejection grades<sup>16</sup> were II and I, respectively. The lesions completely regressed after IV steroids and topical treatment with

clobetasol cream and tacrolimus ointment. No donor-specific antibodies have been detected so far.

## DISCUSSION

Functional recovery in upper extremity transplantation is considered better and faster in recipients with a distal level of amputation; consequently, a bilateral arm transplantation at a very high level on both sides, requiring also the reconstruction of the left shoulder, was considered a considerable challenge. Initially, the patient was not considered an ideal candidate because of the uncertain functional result, rendering the risk/benefit balance unfavorable. Finally, after careful evaluation and exhaustive information of the candidate, he was accepted, firstly because he was already immunosuppressed (he had undergone liver transplantation in 2002) and compliant to the treatment, and because his expectations of the transplantation were realistic, body image restoration being the main one. He was not deterred by the probable limitations in functional recovery. Interestingly, in upper extremity transplantation, the aesthetic aspect of the grafted extremities and the recovered body image play an important role in patients' satisfaction.

The initial posttransplant period was difficult because of the neuropathic pain, the complete dependence on the nursing staff, and the hard rehabilitation program. Thereafter, the patient was very satisfied with his "new and complete" body image and adhered to the rehabilitation program. Only two episodes of mild acute rejection occurred, which were easily reversed. The hepatic graft function was not influenced by the new transplantation, although a slight decrease in renal function occurred. Several uni- and bilateral arm transplantations have been performed worldwide, but reconstruction of the glenohumeral joint has been performed only in one other case.<sup>5</sup> In our patient, reconstruction of the left shoulder was realized using a suspension ligamentoplasty and repair of rotator cuff ligaments; the donor deltoid was reported posteriorly and separately reinnervated. During the follow-up, different imaging studies showed a perfectly-positioned glenohumeral joint. The ischemia times were short, reducing significantly the ischemia/reperfusion injury, particularly on the musculature. In the other case,<sup>5</sup> suture of the capsuloligamentous structures and rotator cuff and reinnervated deltoid transplantation on the right side associated with trans-humeral transplantation on the left side were performed. The authors reported, at 18 months, ptosis of the right humeral head with focal

**Table 6. Canadian Occupational Performance Measure**

Activities	Importance	Performance Before	Performance After	Satisfaction Before	Satisfaction After
Using a toilet	10	5	7	2	7
Eating alone	8	4	5	2	6
Personal hygiene	8	1	7	1	7
Meal preparation	6	2	4	1	5
Taking care of his granddaughter	8	1	10	1	10

Performance and satisfaction evaluated by the patient (before and after the transplantation) considering the most important activities for him. Twenty-four months after transplantation was the considered follow-up point.

**Table 7. Functional Independence Measure**

Activity	Score
Eating	2
Grooming	4
Bathing	6
Dressing (upper body)	4
Dressing (lower body)	3
WC use	6
Bladder management	7
Bowel management	7
Bed, chair, wheelchair	7
Toilet	7
Tub, shower	7
Walk, wheelchair	7
Stairs	7
Comprehension	7
Expression	7
Social interaction	7
Problem solving	7
Memory	7
Total score	109/126

7: Complete independence (timely, safely); 6: Modified independence (device); 5: Supervision; 4: Minimal assist; 3: Moderate assist; 2: Maximal assist; 1: Total assist.

**Table 8. Results of the Psychological Tests at 3, 6, 12, and 24 Months**

	M3	M6	M12	M24
MADRS	20/60	24/60	10/60	11/60
Hamilton test	13/50	18/50	5/50	12/50
Rosenberg test	21/30	23/30	20/30	19/30

Montgomery-Asberg Depression Rating Scale and Hamilton rating scale were used to evaluate depression severity; Rosenberg self-esteem scale is a self-esteem measure.

damage of the posterior labrum and good consolidation of the left humerus.<sup>5</sup> The functional recovery was encouraging also in that case, and the functional results were similar to those achieved in our patient.

Our patient has recovered a functional active range of motion. Since the 18th posttransplantation month, he has been able to flex both elbows. Normal flexion and extension of the elbow were considered the goal of motor recovery in arm transplantation when this procedure was initially performed. Wrist extension was appreciated on both sides (particularly on the right one) as well as finger motion. At 2 posttransplant years, recovery of hand intrinsic muscles was not detected clinically, but was evidenced by EMG. Sensitivity recovery is slowly improving, and at the 24th posttransplant month, partial recovery of the protective sensibility on both arms, and discriminative sensibility in some fingers was evidenced. The functional results are encouraging, although the most important results are the patient's satisfaction and increase of self-esteem; indeed, although the patient is satisfied with his autonomy in some daily activities, which are important for him, his greatest satisfaction is restoration of his body image.

Although significant technical progress has been achieved with myoelectric prostheses and targeted reinnervation without any risk, compliance to these devices

remains poor,<sup>17</sup> and human assistance is still required to set them up. The great difference between upper extremity transplantation and prostheses are the recovery of sensibility, and overall, the restitution of a complete body image.<sup>18</sup>

In conclusion, two years after transplantation, the functional results are unexpectedly encouraging. The patient has no complete autonomy yet, but he can spend several days alone, something that was impossible before the transplantation. He is now able to perform those daily activities which he considers essential, and is satisfied with his new body image and his abilities.

Our immunological results in a liver-grafted patient are similar to those reported in the other arm transplantations, suggesting that it is possible to propose this transplantation to proximal-level arm amputees not yet on immunosuppression for other reasons. The patients' information about risks and limits, as well as their compliance and determination, remain important prerequisites.

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#### DISCLOSURE

The authors have no financial interest to declare in relation to the content of this article.

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