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Development and validation OPEN of an interpretable model for predicting sepsis mortality across care settings

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There are numerous prognostic predictive models for evaluating mortality risk, but current scoring models might not fully cater to sepsis patients' needs. This study developed and validated a new model for sepsis patients that is suitable for any care setting and accurately forecasts 28-day mortality. The derivation dataset, gathered from 20 hospitals between September 2019 and December 2021, contrasted with the validation dataset, collected from 15 hospitals from January 2022 to December 2022. In this study, 7436 patients were classifed as members of the derivation dataset, and 2284 patients were classifed as members of the validation dataset. The point system model emerged as the optimal model among the tested predictive models for foreseeing sepsis mortality. For community-acquired sepsis, the model's performance was satisfactory (derivation dataset AUC: 0.779, 95% CI 0.765–0.792; validation dataset AUC: 0.787, 95% CI 0.765–0.810). Similarly, for hospitalacquired sepsis, it performed well (derivation dataset AUC: 0.768, 95% CI 0.748–0.788; validation dataset AUC: 0.729, 95% CI 0.687–0.770). The calculator, accessible at [https://avonlea76.shinyapps.](https://avonlea76.shinyapps.io/shiny_app_up/) [io/shiny_app_up/,](https://avonlea76.shinyapps.io/shiny_app_up/) is user-friendly and compatible. The new predictive model of sepsis mortality is user-friendly and satisfactorily forecasts 28-day mortality. Its versatility lies in its applicability to all patients, encompassing both community-acquired and hospital-acquired sepsis.

Keywords Sepsis, Mortality, Prognosis, Modeling, Point system

Sepsis is a signifcant global health issue due to its steep mortality rates and economic impact. While our understanding and treatment of sepsis have evolved, sepsis-related deaths still account for an alarming 30–45% of global mortality, representing almost 20% of all deaths worldwide^{1-[4](#page-8-1)}. Considering that the prognosis of sepsis is infuenced by an individual's clinical condition and the nature of the pathogen, timely individual risk assessment using a prognostic predictive model is crucial. This allows for proper allocation of medical resources and can potentially reduce mortality^{5-[8](#page-8-3)}.

There are numerous prognostic predictive models for evaluating mortality risk^{[9–](#page-8-4)[14](#page-8-5)}. Notably, the Acute Physiological and Chronic Health Assessment (APACHE) score and the Simple Acute Physiology Score (SAPS) are frequently employed in intensive care units (ICUs) to gauge mortality risk^{[10,](#page-8-6)11}. With evolving patient demographics in ICUs, such as increasing numbers of elderly, multimorbid, and immunocompromised patients, these scoring systems have been periodically updated to ensure effectiveness^{[10](#page-8-6),[15](#page-8-8),[16](#page-8-9)}. While beneficial, these models have

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limitations. Designed primarily for critically ill patients in ICUs, their application is typically upon ICU admission rather than at the initial diagnosis. Given that sepsis can be diagnosed in diverse settings, from ICUs to general wards or emergency rooms, and the crucial nature of timely intervention, current scoring models might not fully cater to sepsis patients' needs. There is a pressing need for a predictive model that facilitates rapid mortality prediction and individualized treatment planning for sepsis patients across all care settings.

Tis study developed and validated a new model for sepsis patients that accurately predicts the 28-day mortality, which is user-friendly and suitable for any care setting. Particularly, we have prioritized ensuring that the fnal model is interpretable, thereby enhancing its usability for clinicians.

Results

Clinical characteristics of patients in the derivation dataset and the validation dataset

In the sepsis registry database, 10,440 patients were assigned to the derivation dataset, whereas 3344 patients were assigned to the validation dataset. Of these, 26 patients with coronavirus disease 2019 (COVID-19) in the derivation dataset and 226 patients with COVID-19 in the validation dataset were excluded. In addition, 2978 patients in the derivation dataset and 834 patients in validation dataset were excluded because of unclear survival status at 28 days afer sepsis diagnosis. Finally, 7436 patients were included in the derivation dataset, and 2284 patients were included in the validation dataset (Fig. [1](#page-1-0)).

The clinical characteristics of the study population for the derivation and validation datasets are described in Table [1.](#page-2-0) In both datasets, nonsurvivors were older and more likely to be male compared to survivors. In addition, nonsurvivors had higher clinical frailty scale (CFS), sequential organ failure assessment (SOFA), and Charlson's comorbidity index scores compared to survivors. Comorbidities were similar between the two groups, except malignancies. Sepsis caused by a respiratory infection had a poorer prognosis than sepsis caused by other infections. The use of steroids, ventilators, and continuous renal replacement therapy (CRRT) was higher in nonsurvivors than in survivors. Nonsurvivors had a lower blood pressure and body temperature and higher heart and respiratory rates compared to survivors at the time of diagnosis of sepsis. In addition, nonsurvivors had a greater rate of organ dysfunction based on initial laboratory fndings compared to survivors at the time of diagnosis of sepsis (Supplementary Table S1).

New models for predicting 28‑day mortality in sepsis patients

In the derivation dataset, multivariable logistic regression identifed the following as signifcant predictors for 28-day mortality: age, CFS, presence of malignancy, SOFA score, sepsis originating from respiratory infections, use of CRRT, body temperature, albumin levels, international normalized ratio (INR), C-reactive protein (CRP) levels, and lactic acid levels at the time of sepsis diagnosis (Supplementary Table S2). These 11 factors were used as predictive variables across the seven prediction models.

To identify the most precise models for predicting sepsis mortality, we assessed the point system (PS), ordinary logistic regression (OL), random forest (RF), regularized discriminant analysis (RDA), support vector machine (SVM), gradient-boosting machine (GBM), and ensemble method (ENS) predictive models using multiple metrics. Based on the analysis of the area under the receiver operating characteristic curve (AUC), calibration plots, the Hosmer–Lemeshow test statistic, and Brier score in both datasets, including cross-validation, the performance of the PS model demonstrated similarity to that of other models in predicting sepsis mortality (Fig. [2](#page-3-0) and Supplementary Tables S3–5). Additionally, the PS model's ease of interpretation for clinical application led to its selection as the fnal model.

Figure 1. Flow chart of this study.

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Table 1. Clinical characteristics of study population in derivation dataset and validation dataset. *CCI* Charlson comorbidity index, *SOFA* sequential organ failure assessment, *ICU* intensive care unit, *CRRT* continuous renal replacement therapy, *LOS* length of stay. *Data are presented as means±standard deviations. Other variables are presented as numbers and percentages.

The final predictive model for sepsis mortality was structured as follows: Age (scored from 0 for $<$ 40 years to 7 for>80 years in increments based on decade ranges), CFS (scored from 0 for 1–3, up to 7 for 6–9), presence of malignancy (7 points), SOFA score (scored from 0 for 2–7 up to 13 for 18–21), sepsis due to respiratory infection (6 points), CRRT usage (7 points), body temperature (scored from 0 for>38℃ to 7 for<36 ℃), albumin level (scored from 0 for≥3.5 g/dL to 7 for<2.5 g/dL), INR (>1.3 earns 3 points), CRP level (scored from 0 for≤10 mg/ dL up to 2 for > 20 mg/dL), and lactic acid level (scored as 0 for <4 mmol/L and 7 for \geq 4 mmol/L). The maximum attainable score was 73 points (Table [2](#page-3-1)). The associated mortality risk based on the total score can be found in Supplementary Table S6.

New predictive model of sepsis mortality in diferent clinical situations

To assess the efficacy of the new model across diverse clinical scenarios, we examined the ROC curve in both the derivation and validation datasets for community-acquired and hospital-acquired sepsis. For communityacquired sepsis, the model's performance was satisfactory (derivation dataset AUC: 0.779, 95% CI 0.765–0.792;

Table 2. New predictive model of sepsis mortality. *SOFA* sequential organ failure assessment, *CRRT* continuous renal replacement therapy, *INR* international normalized ratio, *CRP* C-reactive protein.

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validation dataset AUC: 0.787, 95% CI 0.765–0.810; Fig. [3\)](#page-4-0). Similarly, for hospital-acquired sepsis, it performed well (derivation dataset AUC: 0.768, 95% CI 0.748–0.788; validation dataset AUC: 0.729, 95% CI 0.687–0.770; Fig. [3\)](#page-4-0).

To further assess its efficacy for predicting outcomes for critically ill patients, we compared its ability to predict 28-day mortality against the established SAPS 3 system using both datasets. Among the 3,612 critically ill sepsis patients in the derivation dataset, the performance of the new scoring model (AUC: 0.745) was comparable to that of the SAPS 3 model (AUC: 0.722) (difference in AUC; 95% CI 0.005–0.042; P=0.012), indicating similar predictive accuracy. Similarly, in the validation dataset comprising 949 critically ill sepsis patients, the new model (AUC: 0.750) tended to show statistically insignifcant non-inferior predictive accuracy compared to SAPS (dif-ference in AUC; 95% CI – 0.001 to 0.071; P = 0.063) (Fig. [4\)](#page-5-0).

Clinical utility of new predictive model of sepsis mortality

To enhance the clinical utility of the new model, we developed a calculator app using shinyapps.io. The calculator, accessible at https://avonlea76.shinyapps.io/shiny_app_up/, is user-friendly and compatible with both smartphones and computers (e.g. electronic medical record). Given the criticality of swif decision-making for patients with sepsis, this app promises to be an invaluable tool for predicting sepsis mortality in clinical settings.

Figure 3. Performance of the new predictive model for predicting sepsis mortality in community-acquired sepsis and hospital-acquired sepsis. The 4 panels show receiver operating characteristic curves for patients in the (**a**) derivation dataset in community-acquired sepsis, (**b**) validation dataset in community-acquired sepsis, (**c**) derivation dataset in hospital-acquired sepsis, and (**d**) validation dataset in hospital-acquired sepsis afer predicting 28-day mortality according to their score using the new predictive model.

Figure 4. Comparison of 28-day mortality predictive ability between the new predictive model and simplifed acute physiology score III(SAPS 3) in sepsis patients admitted to an intensive care unit. The new predictive model of sepsis mortality was more accurate than the SAPS 3 scoring system in predicting 28-day mortality from sepsis in critically ill patients. (**a**) Derivation dataset (new predictive model vs. SAPS 3, 0.745 vs. 0.722; diference in AUC; 95% CI 0.005–0.042; P=0.012). (**b**) Validation dataset (new predictive model vs. SAPS 3, 0.750 vs.0.715; diference in AUC; 95% CI−0.001–0.071; P=0.063.

Discussion

Tis study introduced a new model for predicting 28-day mortality among sepsis patients, incorporating 11 variables. The model exhibited commendable performance across various clinical scenarios, including both community- and hospital-acquired sepsis, positioning it as a valuable instrument for assessing mortality risk across all sepsis patients.

Despite advancements in sepsis strategies informed by numerous studies, the overall prognosis for sepsis remains suboptimal^{1-[4](#page-8-1)}. For better outcomes, it is imperative for clinicians to differentiate between patients with likely favorable outcomes and those at higher risk, ensuring tailored treatment approaches. Mismanagement of medical resources can escalate mortality rates, which makes efficient resource allocation vital^{[17](#page-8-10)–19}. If prognostic predictions can be made at the time of sepsis diagnosis, those with a poorer outlook could be prioritized for ICU beds and resources over those with a more optimistic prognosis.

While established scoring models such as APACHE and SAPS are renowned for their predictive accuracy across diverse cohorts of critically ill patients¹⁴, they primarily target this patient subset and not the broader population. Their adaptation for sepsis patients might be less than ideal. Following the revised sepsis-3 definition²⁰, new prognostic models (encompassing biomarker models, immune dysfunction scores, and machine-learning models) have been developed and validated^{13[,21–](#page-8-14)[26](#page-8-15)}. Yet, small sample sizes and restricted accessibility limit some, such as the biomarker model and immune dysfunction score^{[25,](#page-8-16)26}. Machine-learning models, although superior in terms of predictive accuracy compared to older scoring models, are typically institution-specifc and their performance may not be generalizable. Notably, any lack of laboratory data can postpone the presentation of results^{[13](#page-8-13),[21](#page-8-14),[22](#page-8-17)}.

The sepsis mortality prediction model presented here has noteworthy advantages over its predecessors. First, this study established an optimal scoring point system for predicting the sepsis mortality among seven predictive models. The predictive models ranged from original logistic regression models to the latest machine learning models.

Based on the AUC, calibration plots, Hosmer–Lemeshow test statistics, and Brier score, the PS model did not exhibit inferior performance to other machine learning techniques in the fvefold cross validation and the validation dataset. In fact, it demonstrated superior performance in terms of calibration. In addition, the PS model ofered interpretive advantages, leading to its selection as the fnal prediction model. We concluded that our model is the most suitable among several models for predicting sepsis mortality. Second, its applicability spans both community- and hospital-acquired sepsis, demonstrating robust performance in both patient categories (Fig. [3\)](#page-4-0). Furthermore, it consistently demonstrated performance comparable to SAPS in terms of predicting outcomes, even among critically ill sepsis patients (Fig. [4\)](#page-5-0). Tird, the model's design readily accommodates real-time clinical data, enabling prompt prognosis predictions concurrent with sepsis diagnosis. Fourth, to augment the practicality of our model, we developed a user-friendly calculator app, which provides rapid mortality prediction, facilitating informed decision-making regarding clinical management and potentially mitigating sepsis-associated mortality rates. Finally, the model encompasses foundational clinical parameters such as age, CFS, and malignancy presence, infection sites, infammation metrics, and severity indicators (including organ

dysfunction) making it clinically intuitive. Notably, the inclusion of the CFS, recently identifed as a predictor of sepsis prognosis, strengthens the model²⁷.

However, this study had several limitations. First, potential selection bias arose in determining survival outcomes for patients discharged within 28 days afer sepsis diagnosis. Second, only Korean patients participated in this study. However, the number of included patients was relatively large. Finally, the sepsis mortality rate in this study was relatively high because it was conducted in a university-afliated hospital. During the study period, these hospitals admitted more severe patients compared to other periods, primarily because of the low medical resources during the COVID-19 pandemic. Despite these limitations, our model was developed using a relatively large sample size and diverse modeling techniques. In addition, the calculator based on our model is user-friendly and convenient for clinical settings.

In conclusion, the new predictive model of sepsis mortality is user-friendly and efectively forecasts 28-day mortality. Its versatility lies in its applicability to all patients, encompassing both community-acquired and hospital-acquired sepsis, at the time of diagnosis. To further validate this novel model, multinational studies with larger cohorts across diverse scenarios are needed.

Methods

Nationwide multicenter prospective sepsis cohort

The cohort was supported by a research program from the Korea Disease Control and Prevention Agency. Clinical data were amassed by the Korean Sepsis Alliance (KSA), encompassing tertiary referral and universityafliated hospitals, to study the epidemiology, clinical practices, and outcomes of sepsis patients in the Republic of Korea. Between September 2019 and December 2021, 20 hospitals contributed to the sepsis cohort project (KSA 3 database). From January 2022 to December 2022, this participation narrowed to 15 hospitals (KSA 4 database). The database differentiated patients into community-acquired sepsis (diagnosed in emergency rooms) and hospital-acquired sepsis (diagnosed 48 h post-admission to a general ward). The study cohort comprised adults aged≥19 years diagnosed with life-threatening organ dysfunction caused by a dysregulated host response to infection, characterized by a≥2-point increase in the SOFA score²⁰. Data spanned from "time zero" (either when community-acquired sepsis was identifed in emergency rooms or when hospital-acquired sepsis was diagnosed by medical professionals after 48 h of admission in the general ward) until hospital discharge or death $27-31$ $27-31$ $27-31$.

Study design

Tis research was a multicenter prospective observational cohort study using data from the Korean Sepsis Alliance's sepsis cohort. The derivation dataset (KSA 3) was gathered from 20 hospitals between September 2019 and December 2021; the validation dataset (KSA 4) was collected from 15 hospitals between January 2022 and December 2022. We designed and assessed various predictive models for sepsis mortality using both datasets, aiming to select the most accurate model. Subsequently, we developed an app to implement the fnal model, facilitating its clinical application. The primary outcome was the 28-day mortality post-sepsis diagnosis. Due to the lack of follow-up data in the KSA database, we established an arbitrary defnition for 28-day mortality following the diagnosis of sepsis. For patients discharged more than 28 days afer the diagnosis of sepsis, the 28-day mortality was recorded. However, patients discharged within 28 days were categorized as survivors if they received antibiotics for more than 7 days and did not require life-sustaining treatment. Tis decision was based on the observation that most infections are treated with antibiotics for more than 7 days afer the diagnosis. Patients from other categories were excluded due to uncertainty regarding their 28-day mortality status. In addition, patients with coronavirus disease 2019 (COVID-19) were excluded due to the potential impact on clinical outcomes.

Defnition of variables

The CFS is a robustly validated nine-point scale that classifies patients based on clinical insight. It was used at sepsis diagnosis, leveraging clinical data from up to 2 weeks prior to diagnosis^{27[,32](#page-8-20),[33](#page-8-21)}. Comorbid patients had prior disease diagnoses at the sepsis detection time, and the infection site was identifed as the infection's origin. Comorbidities and infection sites were classifed following the management of severe sepsis in Asia's intensive care units (MOSAICS) study method^{2,[34](#page-8-23)}. Malignancy, including hematological and solid tumors, indicated current malignancy presence at sepsis diagnosis. Vital signs and laboratory results were recorded at sepsis diagnosis; the usages of ventilators and CRRT were determined based on need at sepsis diagnosis.

Statistical analysis

We followed the Transparent Reporting of a Multivariable Prediction Model for Individual Prognosis or Diagnosis (TRIPOD) guidelines in developing and validating a 28-day mortality predictive model for sepsis patients³⁵. All statistical analyses were conducted using R sofware [\(http://www.r-project.org\)](http://www.r-project.org). Descriptive statistics for both derivation and validation datasets are presented as means±standard deviation (SDs) or frequencies with percentages for continuous and categorical variables, respectively. For predicting 28-day mortality, various models including OL, RDA, and three machine learning algorithms (RF, SVM, and GBM) were employed.

The RDA employs a classification rule rooted in regularized group covariance matrices, targeting enhancement against multicollinearity of covariates. The RF, an ensemble learning theory derivative, produces multiple decision trees during training³⁶. The final class prediction arises from the majority prediction across all trees. RF efectively captures both simple and intricate classifcation functions by recognizing predictor interactions. SVM identifes a hyperplane in a high-dimensional space that distinctly separates data points of varying classes. It showcases robustness in processing high-dimensional data and employs an infuential regularization method to prevent overfitting³⁷. GBM, another ensemble learning algorithm, strengthens predictions by progressively

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optimizing the log-likelihood loss function, starting from a base model[38](#page-9-3). Its strengths include discerning complex nonlinear relationships and adeptly managing diverse data types. In addition, we contemplated two other techniques for final model selection: the PS³⁹ and an ENS amalgamating OL, RF, RDA, SVM, and GBM, which averaged mortality probabilities for a fnal prediction. Among machine learning models, various options exist for hyperparameter selection, including grid search, random search, genetic algorithm, and Bayesian optimization. However, current research suggests that none of these methods are extensively employed. Typically, the default option is widely utilized in medical data modeling⁴⁰⁻⁴². Nonetheless, hyperparameter selection was conducted for RF. The hyperparameters were determined through five-fold cross-validation on the derivation dataset; the R package tuneRanger was employed for hyperparameter selection during RF modeling. The hyperparameters for other machine learning techniques were selected based on the default settings.

To pinpoint pivotal predictive variables, univariable logistic regression models were initially ftted, with variables with a p-value <0.1 becoming primary candidates for predictive models. Multicollinearity was addressed by iterative removal of the least signifcant variable in the multivariable logistic regression model, scrutinized via the variation infation factor index (VIF). Following intensive consultations with clinical and statistical experts, we chose 11 predictive variables for the concluding model. For continuous variables such as age, CRP level, and SOFA score, which were included in the logistic model, linearity was examined using multivariable fractional polynomial models based on the R package *mfp* (Multi-variable Fractional Polynomials[\)43.](#page-9-7) Considering that no signifcant nonlinear relationships were observed, the logistic model was ftted in its original scale without any variable transformations. We also ftted a PS model based on a logistic model. Unlike other machine learning models, a risk score was assigned to each risk factor, which has interpretive advantages. For this purpose, continuous variables were categorized and scored according to the level of each category corresponding to a patient profle. Each patient's risk characteristics were assigned a score, which was used to determine the overall risk. PS models provide interpretable results compared with black box models, thus facilitating decision-making for clinical researchers involved in patient care. However, PS models require an underlying base model, and thus, the logistic model previously fitted is considered the base model. The main principle comprises approximating the linear combination of covariates as an overall risk score with respect to the risk. For detailed construction of the PS model, please refer to Sullivan et al., Zhang et al., and Greving et al.^{39[,44](#page-9-8),[45](#page-9-9)}. In the derivation dataset, the rate of missing data was not high. Variables with a relatively high rate of missing data were body mass index (4.78%), international normalized ratio (INR) (4.96%), and albumin (1.29%), all of which were< 5%. Indeed, 6730 individuals from the derivation dataset and 2033 individuals from the validation dataset, afer excluding those with signifcant missing data, were included in the analyses for model ftting. We performed model ftting by categorizing variables with well-established categories. In general, ML methods do not require variable categorization. However, the creation of a PS model requires categorization. In this case, we categorized variables according to clinical criteria or socially recognized categories (e.g. age). The categories for continuous variables were decided based on the ease of model interpretability. For example, CFS and body temperature values were derived from prior studies^{[27](#page-8-18),[30](#page-8-24)}. Values for albumin, INR, and lactate were established based on clinical significance (for instance, albumin levels: \geq 3.5 g/dL as normal, 2.5 g/dL \leq albumin < 3.5 g/dL as low, and < 2.5 g/dL indicating signifcant hypoalbuminemia; INR>1.3 as abnormal; lactic acid≥4 mmol/L as hyperlactatemia). Furthermore, no scaling or other variable transformations for continuous variables were performed prior to PS and logistic regression modeling. However, in other machine learning techniques, continuous variables were standardized before modeling.

Model performances of PS, OL, RF, RDA, SVM, GBM, and ENS were gauged through various metrics: the area under the AUC, calibration plots, the Hosmer–Lemeshow test statistic, and the Brier score. The AUC gauges patient risk discrimination, and the calibration plot juxtaposes predicted against observed probabilities. For calibration assessment, patients were categorized into 10 risk factions. Recognizing the known calibration measurement inefficiencies of the Hosmer–Lemeshow test, we abstained from p-value calculations, emphasizing test statistic model comparisons instead.

Internal validation was conducted to evaluate the apparent performance of the derivation set using the AUC, Hosmer–Lemeshow test statistics, and Brier score. Additionally, fvefold cross-validation was employed to assess predictive performance. Furthermore, external validation was conducted to evaluate model performance in the validation dataset. In addition, our fnal model was juxtaposed with the SAPS 3 scoring system using Delong's AUC comparison method⁴⁶. RF, RDA, SVM, and GBM implementations employed R packages: randomForest, klaR, e1071, and mboost, respectively^{47-[50](#page-9-12)}. ROC curves were used to gauge the discrimination capability of the predictive model across clinical scenarios such as community-acquired or hospital-acquired sepsis, evaluated via R packages pROC and 'predictABEL'. All p-values were two-sided, with values under 0.05 deemed statistically signifcant.

Ethics statement

The study received approval from the institutional review board (IRB) of each participating hospital (Supplementary Tables S7, 8). In alignment with the principles outlined in the Declaration of Helsinki, we prioritized patient privacy and confidentiality. The requirement for written informed consent was waived by the IRBs of the participating hospitals.

Data availability

Data will be shared upon reasonable request to the corresponding author only afer permission by the institutional review board of each participating hospital.

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Author contributions

Lee YS, Han S, and Moon JY had full access to all the data in the study and take responsibility for the integrity of the data as well as the accuracy of the data analysis. Lee YS, Han S, and Moon JY performed study concept and design. Lee YS, Han S, Lee YE, and Moon JY performed acquisition, analysis, and interpretation of data. Lee YS, Han S, and Moon JY performed drafing of the manuscript. All authors performed critical revision of the manuscript for important intellectual content. Lee YS, Han S, and Lee YE carried out statistical analysis. Lim CM and Han S obtained funding. Cho J, Choi YK, Yoon SY, Oh DK, Lee SY, Park MH, and Lim CM provided administrative, technical, or material support. Lee YS and Moon JY performed study supervision. All authors made manuscript approval. All authors read and approved the fnal manuscript.

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Competing interests

The authors declare no competing interests.

Additional information

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