ORIGINAL RESEARCH

Reduction of Filamin C Results in Altered Proteostasis, Cardiomyopathy, and Arrhythmias

Joyce C. Ohiri, PhD; Lisa Dellefave-Castillo , MS; Garima Tomar , RS; Lisa Wilsbacher , MD, PhD; Lubna Choudhury , MD; David Y. Barefield , PhD; Dominic Fullenkamp , MD, PhD; Anthony M. Gacita, MD, PhD; Tanner O. Monroe , PhD; Lorenzo Pesce , PhD; Malorie Blancard , PhD; Lauren Vaught , MS; Alfred L. George , Jr, MD; Alexis R. Demonbreun, PhD; Megan J. Puckelwartz , PhD; Elizabeth M. McNally , MD, PhD

BACKGROUND: Many cardiomyopathy-associated *FLNC* pathogenic variants are heterozygous truncations, and *FLNC* pathogenic variants are associated with arrhythmias. Arrhythmia triggers in filaminopathy are incompletely understood.

METHODS AND RESULTS: We describe an individual with biallelic *FLNC* pathogenic variants, p.Arg650X and c.970-4A>G, with peripartum cardiomyopathy and ventricular arrhythmias. We also describe clinical findings in probands with *FLNC* variants including Val2715fs87X, Glu2458Serfs71X, Phe106Leu, and c.970-4A>G with hypertrophic and dilated cardiomyopathy, atrial fibrillation, and ventricular tachycardia. Induced pluripotent stem cell-derived cardiomyocytes (iPSC-CMs) were generated. The *FLNC* truncation, Arg650X/c.970-4A>G, showed a marked reduction in filamin C protein consistent with biallelic loss of function mutations. To assess loss of filamin C, gene editing of a healthy control iPSC line was used to generate a homozygous *FLNC* disruption in the actin binding domain. Because filamin C has been linked to protein quality control, we assessed the necessity of filamin C in iPSC-CMs for response to the proteasome inhibitor bortezomib. After exposure to low-dose bortezomib, *FLNC*-null iPSC-CMs showed an increase in the chaperone proteins BAG3, HSP70 (heat shock protein 70), and HSPB8 (small heat shock protein B8) and in the autophagy marker LC3I/II. *FLNC* null iPSC-CMs had prolonged electric field potential, which was further prolonged in the presence of low-dose bortezomib. *FLNC* null engineered heart tissues had impaired function after low-dose bortezomib.

CONCLUSIONS: *FLNC* pathogenic variants associate with a predisposition to arrhythmias, which can be modeled in iPSC-CMs. Reduction of filamin C prolonged field potential, a surrogate for action potential, and with bortezomib-induced proteasome inhibition, reduced filamin C led to greater arrhythmia potential and impaired function.

Key Words: arrhythmia ■ autophagy ■ BAG3 ■ filamin C ■ proteostasis

Pathogenic variants in *FLNC*, the gene encoding the actin binding protein filamin C, lead to cardiomyopathy and myofibrillar myopathy.¹ Multiple cardiomyopathy subtypes have been described in association with *FLNC* mutations, including dilated, hypertrophic, restrictive, and arrhythmogenic.^{2–4} The

myofibrillar myopathy associated with *FLNC* mutations affects distal or proximal skeletal muscles and features intracellular aggregates in myofibers.⁵ With *FLNC* mutations, cardiomyopathy can occur in the absence or presence of skeletal muscle myopathy. *FLNC* variants associated with myofibrillar myopathy

Correspondence to: Elizabeth M. McNally, MD, PhD, Center for Genetic Medicine, Northwestern University Feinberg School of Medicine, 303 E. Superior St. SQ5-500, Chicago, IL 60611. Email: elizabeth.mcnally@northwestern.edu

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RESEARCH PERSPECTIVE

What Is New?

- Filamin C is important for protein quality control and in *FLNC*-null induced pluripotent stem cellcardiomyocytes, bortezomib, a proteosome inhibitor, caused an increase in the chaperone proteins and autophagy markers.
- Low dose bortezomib treatment prolonged field potential duration in *FLNC*-null induced pluripotent stem cell-cardiomyocytes and intensified functional deficits in *FLNC*-null engineered heart tissues.

What Question Should Be Addressed Next?

• Further study is needed to understand the mechanism that hearts lacking filamin C to proteotoxic stress and how disruption of *FLNC* ultimately leads to cardiomyopathy with increased risk of arrhythmia.

Nonstandard Abbreviations and Acronyms

| ABD | actin binding domain | | | |
|---------|---|--|--|--|
| DCM | dilated cardiomyopathy | | | |
| EHT | engineered heart tissue | | | |
| FLNC | filamin C | | | |
| iPSC-CM | induced pluripotent stem cell-derived cardiomyocyte | | | |
| NSVT | nonsustained ventricular tachycardia | | | |

include both missense and truncating mutations, and the inheritance pattern is primarily autosomal dominant with some cases of recessive inheritance.^{1,6} Cardiomyopathy-associated *FLNC* variants are most commonly associated with dominant inheritance, and the most readily interpretable cardiomyopathy-*FLNC* variants are premature truncations.

Ventricular arrhythmias are associated frequently with *FLNC* cardiomyopathy and include nonsustained and sustained ventricular tachycardia. Notably, ventricular arrhythmias occur even with mildly reduced left ventricular dysfunction or in minimally hypertrophied left ventricles, indicating that risk assessment strategies should take into consideration *FLNC* genotype.^{7–9} In the myofibrillar myopathies, intracellular aggregates are a characteristic finding in skeletal muscle; however, these aggregates are not readily apparent in cardiomyopathic hearts.^{3,10,11} The presence of intracellular aggregates in skeletal muscle and the lack of finding aggregates in the heart might reflect the limited

sampling of the heart. Alternatively, the lack of detectable aggregates could derive from intrinsic differences between heart and skeletal muscle, or more likely the nature of specific *FLNC* variants.

In heart and skeletal muscle, filamin C is enriched near Z discs, and there is a concentration of filamin C protein at the plasma membrane. In the heart, filamin C is also found at intercalated discs.^{12,13} Filamin C has an actin binding domain at its amino terminus, followed by 24 immunoglobulin-like repeat domains. Between the 15th and 16th repeat domains is a region that is variably spliced with inclusion or exclusion of exon 31.¹⁴ This splicing event encodes an additional flexible hinge into the filamin C protein. Exon 31-containing transcripts are increased in failed hearts.¹⁴ The final immunoglobulinlike repeat domain mediates dimerization of filamin C, and a premature truncation in this domain, W2710X, was first identified in German families with myofibrillar myopathy and associated cardiomyopathy.^{15,16}

Mice engineered with the equivalent of human W2710X, called W2711X in mice, express both the truncated filamin C protein and the full-length form in skeletal muscle, demonstrating that truncated filamin C protein escapes nonsense-mediated decay in skeletal muscle.¹⁷ Heterozygous W2711X mice develop an exercise-induced myopathic process characterized by intracellular aggregates in skeletal myofibers.¹⁷ Mice with homozygous W2711X similarly develop skeletal muscle myopathy with a faster time course to disease. In contrast to the W2711X mice, homozygous deletion of the last eight exons of *Flnc* (Δ 41-48), which removes the last 5 immunoglobulin domains, results in early postnatal lethality from respiratory muscle weakness.¹⁸ Unlike the W2711X mice, there is little expression of filamin C protein in the Δ 41-48 muscle, supporting the idea that some FLNC truncations may be subject to nonsensemediated decay or protein instability. Multiple lines of evidence support a role for filamin C in regulating protein homeostasis, and this is especially important in striated muscle.¹⁹ Filamins, including filamin C, can undergo unfolding of specific immunoglobulin domains under mechanical and other stressors.²⁰ BAG3 and small heat shock proteins interact with filamin C to mediate the chaperone-assisted selective autophagy pathway to remove damaged and misfolded proteins.²¹⁻²³ BAG3 is essential to stabilize the interaction with heat shock factor proteins and to maintain proteostasis.²⁴

Here we describe multiple *FLNC* variants and a range of cardiomyopathy outcomes. Induced pluripotent stem cell-derived cardiomyocytes (iPSC-CMs) were generated from individuals with *FLNC* truncating pathogenic variants with focus on the severe reduction in filamin C seen in a patient with biallelic *FLNC* truncating muations. To better understand the effect of reduced filamin C protein, we used gene editing to generate a truncation in the actin binding domain of filamin

C in iPSC-CMs. We found that *FLNC*-null iPSC-CMs displayed increased sensitivity to proteotoxic stress with an altered response in heat shock proteins and components of the autophagy pathway. To model clinically relevant arrhythmias associated with *FLNC* mutations, we assessed extracellular field potential as a reflection of action potential, and we identified prolonged field potential duration in *FLNC* null iPSC-CMs. Furthermore, when subjected to proteotoxic stress with bortezomib, field potential prolonged even more, providing a link between proteostasis and arrhythmia susceptibility. In engineered heart tissues lacking filamin C, bortezomib produced functional impairment. Together, these findings identify that reduction in filamin C leads to impaired proteostasis and enhanced arrhythmogenesis.

METHODS

The authors declare that all supporting data are available with the article and its supplemental files.

Data Access and Responsibility

All data are contained within the manuscript.

Dissertation

A portion of this work was published as a PhD dissertation. $^{\rm 25}$

Generation and Differentiation of iPSC Lines

Human iPSCs were generated from human skin fibroblasts (Coriell, sample GM03348), urine-derived cells or peripheral blood mononuclear cells and reprogramed by electroporation with pCXLE-hOCT3/4shp53-F (Addgene plasmid 27077), pCXLE-hSK (Addgene plasmid 27078), and pCXLE-hUL (Addgene plasmid 27080) as described previously.^{26,27} iPSCs were maintained on Matrigel[™]-coated 6-well plates in mTeSR-1 (Stem Cell Technologies, Cat#85850) and passaged approximately every 5 days. iPSC-CMs were differentiated using Wnt modulation as described previously.²⁸ Differentiation was conducted in CDM3 (RPMI 1640 with L-glutamine, 213µg/mL L-ascorbic acid 2-phosphate, 500 µg/mL recombinant human albumin).²⁸ When cells reached ~95% confluency, they were treated with 6 to $10\,\mu$ M CHIR99021 for 24 hours and allowed to recover for 24 hours. Cells were then treated with 2 µM Wnt-C59 for 48 hours and the media was changed with CDM3 every 2 days. After differentiation (~day 6-12) when cells were visibly beating, cells were passed through a 100 µm cell strainer and purified by MACS-based cardiomyocyte enrichment (Miltenyi, Cat#130-110-188), counted, and replated. iPSC-CMs were maintained by changing chemically

defined cardiomyocyte differentiation media (RPMI, Cat#11875-119 supplemented with CDM3) every other day.²⁸ Cells (2×10^6) were collected from each differentiation and tested for cardiomyocyte purity by staining for cardiac troponin T (BD, Cat#565744) and assessing by flow cytometry (BD, Acuri C6 Plus flow cytometer). Differentiations were >90% TNNT2 positive (Figure S1).

Gene Editing/Off Target Analysis, Genotyping

The quide RNA targeting FLNC exon 1 was designed using CRISPOR²⁹ (Table S1). iPSCs at 70% confluency were digested with TrypLE (Thermo, Cat#12563011), resuspended, and treated with 3µg of guide RNA with pSpCas9(BB)-2A-GFP (Addgene plasmid #48138) control, or no DNA control in resuspension buffer (Neon, Cat#MPK10096) and replated onto a 6-well Matrigelcoated plate with 10% CloneR (Stem Cell, Cat#5888) and 2 µM Thiazovivin Rock Inhibitor (Sigma, Cat#SML1045) in mTESR. After 24 hours, cells were treated with 0.15 µg/ mL puromycin (Thermo, Cat#A1113803), and then switched to puromycin at $0.2 \mu g/mL$ from 48 to 72 hours after guide electroporation. After 14 days, colonies were isolated manually. Individual clones were genotyped by Sanger sequencing. Clones with Sanger sequencing suggestive of successful editing were further subjected to amplicon sequencing using the same primers to verify the purity of clones (Amplicon EZ sequencing, Azenta Life Sciences). Analysis of potential off-target mutations was conducted using primers targeting regions identified by CRISPOR. These regions were amplified and subjected to Sanger sequencing to confirm absence of inadvertent mutations (Tables S2 and S3). Chromosomal analysis was conducted using the hPSC Genetic Analysis kit (Stem Cell, Cat#07550).

Quantitative Polymerase Chain Reaction

iPSC-CMs (day 30) were washed with cold 1X PBS and collected. RNA was isolated in TRIzol (Thermo, Cat#15596-018) following the manufacturer's instructions. Isopropanol was used to precipitate RNA, which was collected in ultrapure water. The NanoDrop 2000 (Thermo) was used to measure RNA concentration. One microgram RNA was used to make complementary DNA (cDNA). Fifty nanograms of cDNA, Amplitaq gold 360 Master Mix (Thermo, Cat#4398881), and primer sets amplifying the 5'UTR to exon 1 and exon 48 to the 3'UTR were used to conduct quantitative polymerase chain reaction on the Thermocycler (Biorad) (Table S1). Gene expression was measured to calculate the $\Delta\Delta$ Cg values by averaging Cg values of technical replicates, normalizing to MYBPC3, and normalizing the Δ Cq value of each sample to the average Δ Cq value for the unedited control.

Immunoblotting, Immunofluorescence Microscopy, and Antibodies

iPSC-CMs (day 30) were washed with cold 1X PBS and collected in cell lysis buffer containing protease (Sigma, Cat#11836170001) and phosphatase inhibitor (Sigma, Cat# 4906837001) cocktails using a cell scraper. Samples were centrifuged at 7500 rpm for 5 minutes at 4°C and the supernatant was collected. Bradford assay was conducted by mixing sample with Bradford 1X Dve Reagent (Biorad, Cat#5000205) in a 1:50 ratio and monitored in a 96-well plate on a plate reader. Samples were aliquoted using cell lysis buffer with protease and phosphatase inhibitors and 4X Laemmli protein sample buffer (Biorad, Cat#1610747). Samples were warmed for 10 minutes at 75 °C and separated using a 4% to 15% precast protein gel (Biorad, Cat#4561083) at 100V for 1 hour. Gels were transferred onto PVDF membrane (Biorad, Cat#1620177) for 3 hours at 900 mA at 4°C. PVDF membranes were blocked with T20 blocking buffer (Thermo, Cat#37543) for 1 hour at room temperature (RT) and probed with primary antibodies FLNC (Sigma, Cat#HPA006135, 1:1000, ABClonal Cat#13018, 1:1000), BAG3 (Proteintech, Cat#10599-1-AP, 1:1000), HSPB8 (small heat shock protein B8; Proteintech, Cat#15287-1-AP, 1:1000), HSP70 (heat shock protein 70; Proteintech, Cat#10995-1-AP, 1:1000), p62/ SQSTM1 (Proteintech, Cat#18420-1-AP, 1:1000), LC3 (Sigma, Cat#L8918, 1:1000), and α-sarcomeric actin (Sigma, Cat#A2172, 1:1000) in T20 blocking buffer o/n at 4°C. Immunoblots were washed with 1X TBS-Tween and secondary antibodies goat antimouse (Jackson ImmunoResearch, Cat#115-035-003, 1:2500) and goat antirabbit (Jackson ImmunoResearch, Cat#111-035-003, 1:2500) conjugated to horseradish peroxidase in T20 blocking buffer for 1 hour at RT. Immunoblots were imaged using PICO (Thermo, Cat#34580) and Femto (Thermo, Cat#34096) chemiluminescent substrates on the iBright 1500 (Invitrogen). Protein loading was measured using the Memcode reversible protein stain kit (Thermo, Cat#24585). The National Institutes of Health Image J Fiji plug-in was used to quantify blots.

For immunofluorescence microscopy, iPSC-CMs $(3 \times 10^5$ cells) were replated on Matrigel-coated 12mm Micro coverglass slips (Electron Microscopy Sciences, Cat#72231-01) in a 24-well plate. At days 19 to 25, coverglass slips were washed with 1X PBS and fixed with 2% paraformaldehyde. Glass coverslips were washed with 1X PBS, permeabilized with 0.2% Triton, and blocked with 5% BSA for 1 hour at RT. Coverslips were incubated with primary antibodies FLNC (ABClonal, Cat#A13018, 1:200) and alpha-actinin (Sigma, Cat#A7811, 1:1000) in 5% BSA overnight at 4°C. Coverslips were washed with 0.1% Tween and secondary antibodies goat antirabbit IgG (immunoglobulin G; Invitrogen, Cat#A11012, 1:1000) and donkey antimouse IgG (Invitrogen, Cat#A21202, 1) were added at 1:1000 in 5% BSA for 1 hour at RT. Coverslips were washed and mounted onto glass slides with Prolong Gold (Thermo, Cat#P36930) and imaged (Zeiss, Axio Imager M2).

Proteotoxic Stress With Bortezomib

iPSC-CMs were replated onto 12-well plates at 2×10^6 cells/well and treated at day 30 with proteasome inhibitor, bortezomib (Cell Signaling, 2204S) at varying concentrations or 0.01% DMSO for 24 hours. Cells were collected and protein was isolated and aliquoted as described. Protein expression was measured using immunoblotting.

Multielectrode Array Measurements

iPSC-CMs were replated onto a 96-well multielectrode array plate (Nanion Technologies, Cat#201003). Media change was completed 1 hour before the treatment plate was read on the CardioExcyte 96 platform (Nanion Technologies). iPSC-CMs were paced at 1 Hz, 20 ms burst length and 10% intensity at a sweep duration of 30 seconds with a repetition interval of 10 minutes. iPSC-CMs were treated with bortezomib or DMSO when stabilized after ~10 sweeps by adding to existing media in a 1:4 dilution for final concentration of 0.1 μ M or 0.01%, respectively. Quality control and data analysis was performed using DataControl software for the CardioExcyte Nanion.

Engineered Heart Tissue Generation

Engineered heart tissue (EHTs) were generated as described across 2 posts.^{30,31} Contractility index was determined using both strength and rate of contraction using postdeformation of beating EHTs. EHTs were exposed to either 0.1 μ M bortezomib or 0.01% DMSO on day 20 for 24 hours, and the contractility index was determined at 24 hours. Images were acquired and scored blinded to genotype and treatment. EHTs were scored separately for both strength and rate of contraction on a 0 to 5 scale across a minimum of 4 videos per condition. Scores were summed for strength and rate across each genotype/treatment group. A score of 0 in either category represented no contraction and a score of 5 in either category represented strong or fast contraction, respectively.

Statistical Analysis

Data were analyzed using GraphPad Prism and specific statistical tests are indicated in text and figure legends. When 2 or more groups were analyzed, ANOVA was implemented across groups with testing for multiple comparisons, specific tests are described based on distribution of data; unpaired *t* tests were used to compare across 2 groups. Experimental outcomes were described as means \pm SEM, significance was assessed as *P*<0.05.

Ethical Approval

All participants provided informed consent for cell donation and access to medical record information under the approval of the Northwestern University Institutional Review Board. Probands underwent clinical next generation-based sequencing as part of standard of care. Additional family members underwent cascade screening when available. All subjects were of European or European/Ashkenazi Jewish ancestry.

RESULTS

Cardiomyopathy and Arrhythmias With *FLNC* Mutations

A 40-year-old woman presented with cough and shortness of breath 8 weeks after giving birth to her fifth child. She was found to have a dilated left ventricle with severely globally reduced function (Figure 1 and Table, Family A, III-1). Cardiac magnetic resonance imaging reported a left ventricular (LV) end diastolic volume index=170 mL/m² and LV ejection fraction of 20%. There was a midmyocardial stripe of late gadolinium enhancement in the midbasal interventricular septum extending into the midbasal inferior wall. Laboratory values were significant for normal troponin and markedly elevated NT-proBNP (N-terminal pro-B-type natriuretic peptide; >4000 pg/mL). Cardiac telemetry showed nonsustained ventricular tachycardia (NSVT) (Figure 1), so she was discharged from the hospital with an external defibrillator vest while she recovered from presumed peripartum cardiomyopathy. Over the next several months, she had limited improvement in LV ejection fraction despite up titration of guideline-directed medical therapy, and she continued to have NSVT.

She had hypotonia at birth, delayed walking, scoliosis requiring surgery, and internally rotated tibia and metatarus adductus of the feet. Because of these findings, she had a muscle biopsy at age 8, which was read as lipid storage myopathy (images unavailable). At the time of her adult presentation with heart failure, she was fully ambulatory and participated regularly in exercise activities with minimal to no weakness. Her history included 5 successful pregnancies, including the most recent uneventful delivery. Clinical genetic testing with a 168gene cardiomyopathy and arrhythmia panel identified 2 FLNC variants in exon 5 (c.970-4A>G) and exon 12 (c.1948C>T, p.Arg650X) (Figure 2). The premature truncation p.Arg650X is not found in population databases. The exon 5 variant is present in 0.005% of the gnomAD cohort and was shown to disrupt splicing and cause

a range of arrhythmogenic cardiomyopathy in 4 unrelated families characterized from multiple centers.³² Her mother was found be heterozygous for c.970-4A>G but did not carry p.Arg650X, and at age 70, she had a long history of ventricular ectopy without syncope and normal LV function (Figure 2 and Table, Family A, II-5). Her children had either the p.Arg650X or c.970-4A>G, confirming the compound heterozygous status, and other family members were not available for testing.

A second proband (Family B) was found with heterozygous FLNC c.970-4A>G and dilated cardiomyopathy (DCM; Figure 2 and Table, Family B, III-1). This proband had DCM with a LV ejection fraction of 35%, left bundlebranch block, and NSVT in her 50s. Her sister was diagnosed with DCM at age 47 (Figure 2 and Table 1, Family B, III-2) with an LV ejection fraction of 8%; both sisters were confirmed to carry heterozygous FLNC c.970-4A>G. The proband's mother, before her death, was diagnosed with DCM and underwent cardiac transplant in her early 60s (Figure 2 and Table, Family B, II-5). Family A and Family B both carry FLNC c.970-4A>G, but these 2 families derive from different parts of the United States and share no known relationship. This variant has been linked to cardiomyopathy and arrhythmias in independent reports^{1,8,32} and is interpreted as pathogenic in ClinVar (Accession Number SCV002587791.1). The c.970-4A>G variant activates a cryptic splice site, introducing a 3bp insertion creating a premature termination codon documented in patient-derived cells.³² iPSC-CMs with the c.970-4A>G variant display spontaneous irregular action potentials, recapitulating the arrhythmogenic propensity seen in patients.³²

The proband in Family X was heterozygous for the *FLNC* frameshift variant (c.8143_8144delGT, p.Val2715fs87X) (Figure 2 and Table, Family X III-1). This patient was evaluated because of chest pain and intermittent episodes of dizziness at age 52. On telemetric monitoring he had NSVT, and treadmill stress testing identified runs of VT. Cardiac magnetic resonance imaging showed normal LV cavity size and function with an LV ejection fraction of 66%, mild concentric hypertrophy, and evidence of midmyocardial enhancement highly suspicious of infiltrative cardiomyopathy. His father died suddenly at age 69, and 2 of the proband's uncles died suddenly in their 40s.

The proband in Family Y (II-5) came to medical attention when his son suffered sudden cardiac death at age 17 (III-4), and his autopsy identified hypertrophic cardiomyopathy with a septum thickness of 2.0 cm. Whole genome sequencing on the proband identified heterozygous *FLNC* c.7371deIT, p.Glu2458Serfs71X. This proband had mild hypertrophic cardiomyopathy and NSVT, and an implantable cardioverter-defibrillator was implanted (Figure 2 and Table, Family Y, II-5). The proband's mother had a diagnosis of hypertrophic cardiomyopathy at age 65 and died suddenly at age 93,



Figure 1. Clinical findings in a woman with dilated cardiomyopathy and mild, nonprogressive skeletal myopathy.

This individual presented 8 weeks postpartum with progressive heart failure symptoms and markedly reduced LV function. Her LV was markedly dilated (LV internal dimension in diastole, 6.1 cm with LV ejection fraction of 30%). (A) Parasternal long axis view. (B) Short axis view. (C) NSVT was present on telemetric monitoring. The top tracing represents a continuous strip; in the second row of the tracing, an idioventricular tachycardia was seen which then accelerates into ventricular tachycardia in the third row. Atrioventricular dissociation is present consistent with ventricular tachycardia. LV indicates left ventricular; and NSVT, nonsustained ventricular tachycardia.

and a maternal great uncle died suddenly at age 16 without a clear cause. One relative (Family Y, III-1) was found with extensive delayed enhancement on cardiac

magnetic resonance imaging. Site-specific testing of this person (Family Y, III-1) in a clinical genetic laboratory identified the same *FLNC* variant (*FLNC* c.7371deIT,

| Pedigree (person) | Heterozygous FLNC variants | Number | AF | Clinical information |
|-------------------|-------------------------------------|-------------|--------------|--|
| A, III-1*.† | c.1948C>T, p.Arg650X/ c.970-4A>G | rs532143625 | NA 0.005% | DCM, NSVT |
| A, II-5 | c.970-4A>G | | 0.005% | NSVT |
| B, III-1* | c.970-4A>G | rs532143625 | 0.005% | DCM, NSVT |
| B, III-2 | c.970-4A>G | | 0.005% | DCM, NSVT |
| B, II-5 | Inferred from proband | | 0.005% | DCM, NSVT, cardiac transplant |
| X, III-1* | c.8143_8144delGT, p. Val2715fs87X | | NA | |
| Y, II-5* | c.7371delT, p. Glu2458SerfsX71 | | NA | |
| Y, III-4 | Inferred from proband | | NA | Sudden cardiac death |
| Z, II-1* | c.318C>G, Phe106Leu | rs886037829 | 0.005% | LGMD, atrial fibrillation, hypertrophy |
| Z, II-2 | c.318C>G, Phe106Leu | | 0.005% | LGMD |
| Z, II-3 | NA | | | Aborted cardiac arrest |

Table 1. Summary of Genetic and Clinical Findings

AF indicates allele frequency gnomAD; DCM, dilated cardiomyopathy; LGMD, limb-girdle muscular dystrophy; NA, not found in gnomAD; and NSVT, nonsustained ventricular tachycardia.

*Proband.

[†]The two genotypes for A, III-1 (compound heterozygote) are shown.

p.Glu2458Serfs71X), which was interpreted by the testing laboratory as pathogenic.

Family Z had 2 brothers who developed muscle weakness in their 30s. The proband was heterozygous for a FLNC variant of uncertain significance (c.318C>G, p.Phe106Leu). His brother had a similar presentation and carried the same FLNC variant of uncertain significance (Figure 2 and Table, Family Z, II-1, II-2). The proband had a history of atrial fibrillation, and cardiac magnetic resonance imaging showed mild basal anterior wall hypertrophy with a maximal wall thickness of 1.5 cm with focal increased signal of delayed enhancement in the midanteroseptal wall. A summary of the pedigrees is shown in Figure 2 with genetic and clinical findings presented in Table. These findings underscore the association of FLNC with variable cardiomyopathy, arrhythmia, and limb-girdle muscular dystrophy subtypes.

Filamin C Is Markedly Reduced in iPSC-CMs From the Individual With Biallelic *FLNC* Pathogenic Variants

iPSC-CMs were generated from probands representing the different *FLNC* pathogenic variants. Quantitative reverse transcription polymerase chain reaction using primers to both the 5' and 3' portions of the *FLNC* transcript showed no consistent difference in the *FLNC* iPSC-CM lines compared with healthy control iPSC-CMs, suggesting that nonsense mediated decay was not present (Figure S2). Using immunoblotting with an antibody to the filamin C carboxy-terminus, we evaluated filamin C protein production in iPSC-CMs from healthy control lines and lines carrying *FLNC* variants p.Arg650X,c.970-4A>G, p.Glu2458SerfsX71 (referred to as p.Glu2458fs), p.Val2715fs87X (referred to p.Val2715fs), and p.Phe106Leu (Figure 3A, Figure S3). Compared with healthy control iPSC-CMs, the amount of full-length filamin C protein was reduced in the 3 lines with FLNC truncation variants (p.Arg650X, p.Glu2458fs, p.Val2715fs) but not in the missense line p.Phe106Leu (Figure 3B). The heterozygous FLNC iPSC-CMs retained some expression of filamin C, as expected. The smaller 30 kDa band in the p.Val2715fs lane was present in the healthy control iPSC-CMs, so the smaller band is unrelated to a specific FLNC mutation (Figure S3). An antibody generated to amino acids 2160-2340 was also tested and detected relatively normal amounts of filamin C in the heterozygous iPSC-CMs and reduced but detectable full length filamin C in the IPSC-CMs with Arg650X/c.970-4G>A (Figure S4). The differences in these antibodies may relate to differences in sensitivity or specificity, since the Arg650X/c.970-4G>A FLNC line is not expected to produce filamin C, consistent with immunoblots in Figure 3B and Figure S3. Both antibodies concur that filamin C protein was most reduced in p.Arg650X iPSC-CMs, consistent with 2 FLNC variants in trans as a compound heterozygote (c.970-4A>G), and the reduction in this line is consistent with the more severe phenotype in this patient.

iPSC-CMs were evaluated for protein localization using immunofluorescence microscopy, comparing it to healthy control iPSC-CMs. Localization of α -actinin was used to evaluate sarcomere organization (green imaging in Figure 3C), with sarcomeres visualized in each of the patient-derived iPSC-CM lines. In healthy control human iPSC-CMs, filamin C colocalized with α -actinin (merged images in Figure 3C) and appeared qualitatively less in patient-derived iPSC-CMs, despite



Figure 2. Summary of FLNC variants and pedigrees in this study.

(A) Schematic of the filamin C protein and the position of the *FLNC* variants in the pedigrees. (B) Pedigrees of the families. The proband in family A carries 2 different *FLNC* variants in trans, p.Arg650X, and c.970-4A>G, making her a compound heterozygote. The remaining families have a single *FLNC* variant in the heterozygous state. Family B has 1 of the 2 *FLNC* alleles (c.970-4A>G) seen in the proband in Family A, but these 2 families are not related. Family X and Y have premature truncations in *FLNC* (p.Glu2458fsX71, p.Val2515fsX87), whereas family Z has a missense *FLNC* variant (p.Phe106Leu). ABD indicates actin binding domain; DD, dimerization domain; LV, left ventricular; and NSVT, nonsustained ventricular tachycardia.+ denotes that individual carries familial *FLNC* variant; circle denotes female, square denotes male; rhombus, live birth, sex unavailable, number indicates number of individuals; line indicates deceased.

sarcomere structures being present (Figure 3C, red channel). This phenomena was previously reported in 2 other *FLNC* truncating variants.³³ In addition, Z-line disorganization was observed in iPSC-CM lines with p. Glu2458fs, p.Val2715fs, and p.Phe106Leu (Figure 3C, green boxes). The p.Arg650X line had no obvious filamin C (red) (Figure 3C, bottom row of images), consistent with the immunoblotting data.

Defective Response to Proteotoxic Stress in the Absence of Filamin C

As an actin crosslinking protein, filamin C is a regulator of cellular stress and injury.³⁴ After exercise or with experimentally induced cell injury, filamin C is enriched at sites of injury in skeletal myofibers and in cardiomyocytes, where it participates in the repair response including sarcomere rebuilding.^{20,35} Under conditions of



Figure 3. Filamin C protein expression and localization in iPSC-CMs from patients carrying truncating variants.

(A) Immunoblotting of iPSC-CMs derived from *FLNC* missense p.Phe106Leu and *FLNC* truncations, p.Arg650X, p.Glu2458fs, and p.Val2715fs. (B) Quantification of immunoblots from 4 different differentiations is shown. Data are shown as mean \pm SEM with significance determined using a 1-way ANOVA, Dunnett's multiple comparisons test was used to determine significance. ***P*=0.017, ****P*=0.0074. (C) Immunofluorescence microscopy showed reduced filamin C in patient-derived iPSC-CMs. The left column shows α -actinin (green) and demonstrates sarcomeres in each iPSC-CM line. The appearance of the sarcomeres was similar between the truncation variants and the missense line, with all *FLNC* variants demonstrating some degree of Z band disruption (examples in green boxes in merged image). The middle column shows filamin C staining highlighting sarcomere-associated filamin C in the healthy control and in the patient-cell lines (red channel). Scale bar, 20 μ m. iPSC-CM indicates induced pluripotent stem cell-cardiomyocytes.

mechanical stress, filamin C is upregulated to manage injury and repair responses in skeletal muscle and cardiomyocytes.^{36,37} In skeletal muscle, unfolded or misfolded filamin C is disposed of by chaperone-assisted selective autophagy, which engages BAG3 and heat shock proteins to target unfolded proteins to lysosomes for degradation.^{19,21} To evaluate the role of filamin C in iPSC-CMs, we generated *FLNC* null iPSCs

from a healthy control cell line using CRISPR-Cas9 using guide RNAs targeting an exon encoding the actin binding domain (ABD) of filamin C. This line is referred to as *FLNC* ABD^{-/-}, and this approach provides an isogenic control (ABD, Figure 4A and Figure S5). *FLNC* ABD^{-/-} iPSCs carried 2 different alleles that disrupted the reading frame, and no specific off-target mutations were detected (Figures S6 and S7). *FLNC* ABD^{-/-} iPSC-CMs had reduced mRNA expression, and filamin C protein expression was undetectable (Figures S8 and S9).

BAG3 and heat shock proteins are chaperones that sequester and concentrate misfolded proteins, which is an important function for mechanically stressed cardiomyocytes and skeletal myofibers^{19,24,38,39} (Figure 4B). Additionally, abnormal lysosomal accumulation was previously described as a feature of *FLNC* disruption in iPSC-CMs.⁴⁰ Therefore, we assessed expression of proteins after proteasome inhibition using bortezomib, an inhibitor of the 26S proteasome. We treated both isogenic control and *FLNC* ABD^{-/-} iPSC-CMs with bortezomib (0.1 µm) for 24 hours (Figure 4C



Figure 4. Impaired response to proteotoxic stress in human iPSC-CMs lacking filamin C (FLNC ABD-/-).

(A) A healthy control human iPSC line was gene edited in the ABD to generate *FLNC* ABD^{-/-} cells (blue arrow marks position of deletion). (B) Filamin C is found at the Z disk and plasma membrane. Misfolded or unfolded filamin C protein is bound by chaperones like BAG3 and heat shock proteins and then disposed through proteasomal degradation or autophagy.¹⁹ (C) An unedited, isogenic control and *FLNC* ABD^{-/-} iPSCs (ABD) were differentiated to cardiomyocytes and then treated with the proteasome inhibitor bortezomib (0.1 μm) for 24h. In the absence of filamin C, bortezomib exposure results in an increase in chaperone proteins and autophagy markers in iPSC-CMs. D) Compared with the unedited, isogenic control, *FLNC* ABD^{-/-} iPSC-CMs displayed an increase in the chaperone proteins BAG3, HSP70 and HSPB8 when exposed to bortezomib. *FLNC* ABD^{-/-} iPSC-CMs also had an increase in LC3-1 and LC3-1I after bortezomib compared with unedited control iPSC-CMs. Expression levels for *FLNC* are shown as fold change compared with unedited control. Expression levels for all other proteins are normalized to bortezomib response in the unedited control cells. ***P*=0.006 *FLNC*, *0.013 BAG3, *0.032 HSP70, *0.045 HSPB8, *0.017 LC3-I and **0.006 LC3-II. The normalized data were analyzed with an unpaired t-test and is shown as mean±SEM. ABD indicates actin binding domain; DD, dimerization domain; iPSC-CM, induced pluripotent stem cell-cardiomyocytes; and UE, unedited control.

and Figure 4D, Figures S10 and S11). Under these conditions, this low dose of bortezomib is expected to partially perturb the proteasome, whereas higher doses elicited toxicity. Treatment of FLNC ABD-/- iPSC-CMs with low-dose bortezomib (0.1 μ m) showed an increase in the chaperone proteins BAG3, HSPB8 (small heat shock protein B8), and HSP70 (heat shock protein 70) compared with isogenic unedited control iPSC-CMs. Bortezomib also stimulated an increase in the autophagy markers LC3-I and LC3-II (Figure 4D) compared with the isogenic control. We interpret the increase of chaperones and autophagy markers as consistent with the role of filamin C as a scaffold to help concentrate misfolded proteins for disposal. In the absence or reduction of filamin C, cardiomyocytes as less able to tolerate perturbations in protein turnover, including during cardiomyocyte hypertrophy or regression.

Prolonged Extracellular Field Potential in *FLNC* Mutant iPSC-CMs Is Enhanced Under Proteasomal Inhibition

Although the cardiomyopathic expression of FLNC truncation variants is variable, a major clinical complication in FLNC cardiomyopathic mutations is ventricular arrhythmia.^{2,8,9} To assess arrhythmic potential of iPSC-CMs, we measured extracellular field potential as a proxy for action potential duration in paced iPSC-CMs. For these studies, we tested isogenic control iPSC-CMs and FLNC ABD-/- iPSC-CMs. We also included the p.Arg650X/c.970-4A>G patientderived iPSC-CMs (referred to as p.Arg650X for simplicity) because this line had the greatest reduction in filamin C. At baseline, extracellular field potential was prolonged in both FLNC ABD-/- and p.Arg650X iPSC-CMs compared with the unedited control iPSC-CM line (compare y axes in Figure S12). These findings are consistent with prolonged action potential duration. When treated with 0.1 µm bortezomib, extracellular field potential remained normal in the isogenic control iPSC-CMs. However, with this dose of bortezomib, the extracellular field potential remained prolonged in FLNC ABD^{-/-} iPSC-CMs and further prolonged in p.Arg650X iPSC-CMs, consistent with a stress-induced substrate for arrhythmia risk (Figure 5A). We also generated EHTs from isogenic control and FLNC ABD-/- iPSC-CMs because this format can be more readily used to assess function given that EHTs display greater cardiomyocyte and sarcomere alignment compared with iPSC-CMs in 2 dimensional cell culture (Figure 5B). We measured the contractility of FLNC ABD^{-/-} and isogenic control EHTs blinded to genotype before and after 24 hours treatment with 0.1 µm bortezomib. At baseline, the contractility index of FLNC ABD-/- EHTs was significantly lower compared with isogenic controls (P=0.026), consistent with reduced function. Isogenic control EHTs had a 1.8-fold reduction in their contractility index after bortezomib, whereas *FLNC* ABD^{-/-} EHTs had a 3-fold reduction in contractility after bortezomib (Figure 5C). The observation that *FLNC* ABD^{-/-} EHTs had greater impairment after partial proteasome inhibition highlight the necessity of filamin C for normal proteostasis.

DISCUSSION

Variable Cardiomyopathy Expression With *FLNC* Mutations

Heterozygous truncating FLNC mutations have been associated with hypertrophic, dilated, and arrhythmogenic cardiomyopathy.^{1,3} Among the probands reported here, we also observed multiple forms of cardiomyopathies including hypertrophic cardiomyopathy and DCM. FLNC p.Phe106Leu associated with a mild myopathic process affecting both cardiac and skeletal muscle. This variant was previously described in 2 siblings with early-onset, lethal cardiomyopathy with FLNC compound heterozygous variants, consistent with its role in filaminopathy.⁴¹ We previously reported one of the first cases of sudden cardiac death linked to FLNC in a young woman carrying c.3791-1G>C, which was subsequently identified in the Ashkenazi population.42,43 The FLNC c.3791-1G>C variant disrupts a splicing acceptor at the end of intron 21 and was associated with reduced filamin C transcript expression in fibroblasts. Genetic assessment of targeted populations with arrhythmias and cardiomyopathies identified an enrichment of FLNC mutations, especially truncating variants.^{2,3,8,9,44} On a population cohort level, a genotype "first" approach, where genetic findings are then correlated with electronic health record reports, also confirmed that FLNC truncations increase risk of cardiac disease. A survey of 171 948 subjects in a medical biobank found FLNC loss of function (truncation) variants associated with an increased risk of ventricular arrhythmia and dysfunction. Biobank participants with FLNC truncation variants had significantly increased odds of DCM, LV dysfunction, supraventricular tachycardia, and arrhythmia.⁴⁵ Because of findings like these and other reports,⁴⁶ the American College of Medical Genetics and Genomics recently recommended reporting pathogenic FLNC variants incidentally identified through genome sequencing citing the high penetrance and elevated risk for cardiomyopathy and sudden death. In these studies, the penetrance of FLNC variants was relatively low, supporting the idea that additional stressors or second "hits" likely contribute to disease manifestation. Our studies identify cell stimuli that further stress protein turnover may contribute to that risk.



Figure 5. Bortezomib-induced proteotoxic stress prolonged field potential duration and reduced contractility in cultured *FLNC* iPSC-CMs and in *FLNC* ABD^{-/-} engineered heart tissues.

Extracellular field potential duration was monitored on the Nanion CardioExcyte-96 platform. (**A**) Time course of field potential duration with bortezomib exposure (repeated measures ANOVA, Bonferroni correction P<0.001 at 20 h, and P<0.001 at 24 h) (red lines) compared with vehicle (black lines) (n=16 wells per time point, per each genotype). (**B**) Representative images of EHTs containing the isogenic, unedited control (top) and *FLNC* ABD^{-/-} (bottom) iPSC-CMs. (**C**) Contractility index was determined for EHTs before and after bortezomib treatment. Isogenic, unedited controls exhibited a 1.8-fold reduction in contractility after bortezomib whereas *FLNC* ABD^{-/-} EHTs had a 3-fold reduction in contractility. These data demonstrate that proteotoxic stress creates a substrate for arrhythmia that can be monitored in cultured iPSC-CMs and EHTs. Data are shown as ±SEM. ABD indicates actin binding domain; DD, dimerization domain; EHT, engineered heart tissues; FP, field potential; iPSC-CM, induced pluripotent stem cell-cardiomyocytes; and UE, unedited control.

Pregnancy as a Risk With *FLNC* Pathogenic Variants

The index case presented here developed symptomatic heart failure and ventricular arrhythmias in the peripartum interval. During her evaluation, she was found to have biallelic *FLNC* variants, both of which disrupted filamin C expression. *FLNC* pathogenic variants have been described in peripartum cardiomyopathy.⁴⁷ During pregnancy, in response to increased cardiac demand, the heart grows, and in the postpartum interval this cardiac growth recedes.⁴⁸ Therefore, it is possible that filamin C is especially critical during windows of sarcomere growth or reduction. *TTN* gene truncations also manifest as peripartum cardiomyopathy. Both titin and filamin C are key proteins that regulate sarcomerogenesis and formation of intercalated disks, which may be especially subject to turnover with the cardiac adaptations during late pregnancy.^{49,50} Altered proteostasis has been previously linked to atrial fibrillation, where it has been suggested to modulate intercellular communication and potentially be a target for therapeutic intervention,^{51–53} and aspects of these same mechanisms may also be critical for ventricular arrhythmias.

Roles of Filamin C in Cardiomyocytes

In skeletal muscle, resistance exercise is associated with an increase in chaperone-assisted selective autophagy components including filamin C.³⁶ When mouse hearts are subjected to transaortic construction or isoproterenol stress, filamin C is upregulated.³⁷ Acute injury to myotubes is associated with recruitment of FInc mRNA and filamin C protein to the site of injury where it plays an essential role in injury repair.^{35,54} Similarly, injury to iPSC-CMs is also associated with recruitment of filamin C to the injury site.²⁰ Filamin C may serve as a scaffold onto which small and larger heat shock proteins assemble to manage excess or misfolded proteins at the sites of injury.⁵⁵ A recent study on FLNC-related myofibrillar myopathy suggests that distinct FLNC truncations may differentially alter protein quality control.⁵⁶ Filamin C has been linked to cellular repair and protein homeostasis, and our study suggests impaired proteostasis may contribute to arrhythmia risk because even mild proteotoxic stress was sufficient to further prolong action potential in the absence of filamin C. We hypothesize improper removal of misfolded proteins creates a cellular milieu that impedes conduction unevenly across the myocardium, which increases irregular action potential firing and transmission.

A recent study using *FLNC* iPSC-CMs identified an accumulation of Iysosomal proteins.⁴⁰ Homozygous *FLNC* null lines showed reduced Z band and select sarcomere proteins, whereas heterozygous loss of *FLNC* resulted in an accumulation of Iysosomal proteins. The heterozygous *FLNC* iPSC-CMs not only had increased lysosomal content but also displayed increased autophagic flux and depletion of autophagy proteins, which could reflect a compensation for impaired proteasomal degradation and disposal of proteins through the proteasome pathways.

CONCLUSIONS

Our findings are consistent with the increase in autophagic flux based on the observed increase of LC3I/II under proteasome inhibition in IPSC-CMs with markedly reduced filamin C. In a separate line of experiments, gene expression profiling identified excess PDGFRA (platelet derived growth factor A) signaling in FLNC null iPSC-CMs, and the authors demonstrated that crenolanib, a receptor tyrosine kinase inhibitor with preference for mutant receptor tyrosine kinases was effective at improving contractile dysfunction in FLNC mutant iPSC-CMs.³³ How these signaling pathways may intersect with enhanced proteasomal sensitivity and autophagy is not known, and additional investigation may help further identify how FLNC disruption leads to cardiomyopathy with enhanced arrhythmia.

ARTICLE INFORMATION

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Affiliations

Center for Genetic Medicine, Feinberg School of Medicine (J.C.O., L.D., G.T., D.Y.B., D.F., A.M.G., T.O.M., L.P., L.V., A.R.D., M.J.P., E.M.M.) and Feinberg Cardiovascular and Renal Research Institute, Feinberg School of Medicine (L.W.), Northwestern University, Chicago, IL, Bluhm Cardiovascular Institute, Northwestern Medicine, Chicago, IL (L.C.); Cell and Molecular Physiology, Loyola University Stritch School of Medicine, Maywood, IL (D.Y.B.); and Department of Pharmacology, Feinberg School of Medicine, Northwestern University, Chicago, IL (M.B., A.L.G., A.R.D., M.J.P.).

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Supplemental Material

Tables S1–S3 Figures S1–S12

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