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The movement of syringes and medication during anesthesiology delivery: An observational study in laparoscopic surgeries

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Abstract

The movements of syringes and medications during an anesthetic case have yet to be systematically documented. We examine how syringes and medication move through the anesthesia work area during a case. We conducted a video-based observational study of 14 laparoscopic surgeries. We defined 'syringe events' as when syringe was picked up and moved. Medications were administered to the patient in only 48 (23.6%) of the 203 medication or syringe events. On average, 14.5 syringe movements occurred in each case. We estimate approximately 4.2 syringe movements for each medication administration. When a medication was administered to the patient (either through the IV pump or the patient port), it was picked up from one of 8 locations in the work area. Our study suggests that the syringe storage locations vary and include irregular locations (e.g., patient bed or provider's pockets). Our study contributes to understanding the complexity in the anesthesia work practices.

Keywords

Anesthesia providers; Work system; Medication preparation and storage

Declaration of competing interest

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1. Introduction

Medication administration in anesthesia is a complex process that involves multitasking tasks that include clinical decisions, diagnosis, and medication preparation. This occurs within a complex sociotechnical system that involves a number of system risk factors for patient safety events (Sonoda et al., 2018). As many as 1 in 20 perioperative medication administrations result in errors that may lead to patient harm (Nanji et al., 2016). Rather than attributing these events to people alone, it has become increasingly valuable to find causes within the clinical sociotechnical system (Sonoda et al., 2018). Anesthesia providers need to prepare, maintain, and administer multiple medications at the same time (Munoz-Price et al., 2019), while monitoring, communicating, and making decisions (Göras et al., 2019; McDowell et al., 2009), often within environments not designed to support the work (Jurewicz, et al., 2021), and under the conditions of time pressure and uncertainty.

Observing how medication preparation and anesthesia care is actually performed (i.e., work as done) can provide insights into the interactions between people, tasks, tools, and the working environment. A rich understanding of the anesthesia work system can create opportunities to mitigate harm through the design and implementation of informed and integrating interventions. Direct observational studies of medication administration have found that around 4%–10% of medication administrations may contain errors (Samost-Williams and Nanji, 2020). The physical patterns of movement and organization associated with the preparation and administration of medications during an anesthetic case have yet to be systematically documented.

Interventions used to address medication administration adverse events and potential patient harm have yielded a number of innovative and technologically complex solutions (Berdot et al., 2016). While these interventions may work well within one sociotechnical system or for specific case types, few interventions have broadly addressed issues related to medication administration adverse events. An additional issue is how these interventions are evaluated in terms of their success in preventing errors or shaping provider behaviors. This is often done by counting errors and patient safety events, but organizations, units, and individuals may define (and thus report) errors differently (Biro et al., 2022), which can lead to systematic errors in multi-institution evaluations of interventions.

In this study, we explore how anesthesia medication syringes are used, stored, and moved within an operating room (OR), in order to understand more about the processes, variability, efficiency, and risks associated with the anesthetic workspace and physical work environment. Specifically, if we understand where syringes are placed during the medication delivery process within a surgical case and how they are moved through the workspace, then we can better design interventions to reduce the risks of medication-related patient harm events. This supports efforts to examine system vulnerabilities and potential patient safety risks associated with those tools, supplies, and equipment. Using a traditional "time and motion" approach, this work examined the number of times syringes and medications move through the environment, the number of times multiple drugs were handled simultaneously, the anesthesia work areas that are used to store medication within anesthesiology delivery, and the phases of the surgery in which syringe movements occurred.

2. Materials and methods

Video recordings of operating room cases were captured as a part of a prior investigation of operating room systems. Videos consist of 4 camera views of the operating room with one camera focused specifically on the anesthesia work area. (Joseph et al., 2019; Mousavi et al., 2018; Nevens et al., 2019; Wingler et al., 2018, 2020). Our approach included an observational analysis of existing video data to examine the detailed movement of syringes and medications by anesthesia providers. This study was approved by the Medical University of South Carolina's Institutional Review Board IRB# Pro00048787. All individuals who were recorded in these videos consented to be recorded in the study (including both providers and patients). For this analysis, videos of 14 laparoscopic surgeries were examined that occurred in the same operating room and included five cholecystectomy procedures, six gastric bypasses and/or band removals, one hernia repair, and two gastrectomy procedures. All of the anesthetics were general anesthesia with an endotracheal tube. Anesthesia care was provided in a care-team model with an anesthesiologist supervising a certified registered nurse anesthetist (CRNA) or anesthesia resident. Each surgical case may have involved multiple anesthesia providers providing patient care during the case due to staff breaks and lunches. Syringe motion analysis was limited to the time between the patient entering the OR and leaving the OR, and thus any medication preparation done before the patient entered the room was not included in the analysis.

2.1. System for video coding

The videos were manually coded using a data collection sheet with specific events defined. As this study aimed to examine the medication-related tasks and the position of syringes and medications throughout the anesthesia work area, only medication events were coded. These codes were created based on previous observations in the operating rooms, interviews, and the literature related to medication errors in anesthesia. All of the events that were coded started with a *trigger event* that had one of two types: a syringe trigger or a storage cabinet trigger. A *syringe event* was triggered when an anesthesia provider picked up a syringe. Even if a vial was picked up right before a syringe event, the event did not begin until the syringe was picked up. A *storage cabinet event* was triggered when an anesthesia provider opened the door or a drawer and reached into the medication storage cabinets.

When an event occurred, several variables were coded for the event as outlined in Table 1. The variables coded in this study were determined by the research team with the collaborating clinicians to identify meaningful and identifiable variables in the videos of the anesthesia delivery. These variables were used to describe the tasks associated with the medication management and locations. If a provider's actions were not visible from any of 4 camera angles, the view was coded as obstructed. Two members of the research team coded the videos and all coding elements were in agreement between the two coders. After the first few videos were coded, the research team and the clinical collaborators reviewed the coding and the videos to verify that the events and the variables were correctly identified in the videos.

2.2. Analysis approach

As this was a descriptive study, descriptive statistics were used to evaluate and summarize the video coding data. The movement of the syringe was then mapped on the architectural drawings of the anesthesia work area layout.

3. Results

The total procedure duration for the 14 surgical cases was on average 75.6 min (standard deviation = 44.8 min). In total, there were 203 medication-related events that involved a syringe. These syringe events mainly occurred during the intraoperative phase (65%), followed by pre-operative phase (31%) and post-operative phase (3.9%). On average, 14.5 syringe movements occurred in each case. For the cases included within this study, interactions with a syringe (the syringe movements) occurred about 7.7 times per hour on average.

3.1. Multitasking

We documented the instances in which an anesthesia provider interacted with more than one medication during one of the events. The data shows that anesthesia providers removed more than one medication from the storage cabinet in 35.3% (41) of the storage cabinet triggered events and in 16.6% (24) of the syringe triggered events. In our study, administrating more than one medication typically occurred more frequently in the intraoperative phase (58.5%) of the surgery, followed by the patient preparation phase (39%), and postoperative phase (2.4%).

3.2. Locations of syringes and medications during syringe involved events

The initial pickup locations of syringes or medication (that is, where the syringes or medication was picked up from) in all the syringe involved events is coded in Table 2 below. The most common initial locations of syringes or vials were work surface (33.0%), storage cabinet drawer (25.6%) and anesthesia machine (23.7%).

We mapped the initial pickup location and the final location for each syringe event. These pathways are shown in Tables 2 and are graphically shown on a layout of the physical environment of the specific OR (Fig. 1). Within Fig. 1, the thickness of the line pathway, the initial and put-down location pathways, represent the frequency of that location pair. More frequent pairings are presented with a thicker line. We observed 33 different pathways of the picked-up and put-down locations of syringes. The most frequently occurred pathways were work surface to work surface (13.3%), storage cabinet drawer to work surface (8.9%) and anesthesia machine to anesthesia machine (8.9%). Approximately 3.5% of the pathways either started or ended with something stored in the providers' pocket, including storage cabinet drawer to pockets (n = 2), work surface to pockets (n = 2), pockets to garbage (n = 1), anesthesia machine to pockets (n = 1) and work surface of drawer unit to pockets (n = 1).

3.3. Syringe movement during medication administration

Within our coding of the initial trigger and then set down of the syringes, we also documented when a medication was administered to the patient. Of the 203 syringe

movements, the medication was retrieved from one location and administered to the patient in 48 (23.6%) of these events. In aggregate, we estimate that there were 4.2 syringe movements for each medication administration. When a syringe was used to administer medication to the patient, it was retrieved from one of 8 locations in the work area (see Table 3). The locations of syringes, immediately preceding medication administration, are shown in Fig. 2.

3.4. Events with syringes being filled with medications

About 31% of events were related to filling syringes with medication. The frequency of filling syringes varied across the phases of the surgical cases. Filling syringes occurred mostly in the intra-operative phase (82%). Filling syringes only occurred 12.5% and 4.7% in the preoperative phase and postoperative phase, respectively. Additionally, when a syringe was labeled, it was frequently not directly administered to the patient, with 76.5% of the syringes that were labeled being set aside for later use.

4. Discussion

The objective of this study was to examine how syringes and medication move through the anesthesia work environment and the anesthesia workstation during laparoscopic surgical cases, and how they are used for medication administration within anesthesiology delivery. Across the cases in this study, there are 8 different areas where medications were picked up and then immediately administered to the patient: storage cabinet drawer, work surface and work surface drawer, IV pump, and the anesthesia machine. Across the surgical cases evaluated, there were approximately 14.5 syringe movements per case which correspond to an average of 4.2 syringe movements for each medication administration across these cases. The different work surfaces and the locations used, in combinations with the frequent movements of the syringes, suggests that there are opportunities for reducing the complexity associated with the task of medication administration during the intraoperative period.

It is important that interventions designed to reduce the likelihood and severity of medication related patient safety events account for the work environment within which the tasks are conducted. Our results provide insights that reveal potential design considerations for interventions to reduce potential patient harm events. The complexity in the organization and the number of locations that syringes are stored is a critical component of intervention design. For example, interventions need to support the quantity of syringes used in anesthesia care and account for the number of locations that are used to store syringes during a case. Additionally, interventions need to account for the cognitive complexity associated with the layout and complexity of mental models associated with the work organization (Biro et al., 2022).

The results also present data that has not previously been well documented. The network of movements of syringes and medications in the anesthesia workstation illustrates that future research should build on the work being done with respect to how people, devices, and equipment are used and move throughout the areas within which anesthesia providers work. Thus, it is possible that interventions may also impact the efficiency and reduced complexity of the work and the work environment while also improving patient safety.

One particular patient safety-related event is a "syringe swap", when an anesthesia provider picks up a prepared syringe that is not the one they intend to administer to the patient (Grissinger, 2018). Efforts to address syringe swaps and improve the organization of medications have resulted in different types of interventions [e.g., syringe holders (Long et al., 2019), mats (Grigg et al., 2017), and trays (Almghairbi et al., 2018; Wu et al., 2020)] but these events still present a safety risk (Degnan et al., 2020). Generally, studies have focused on standardization in processes or procedures to reduce patient safety risk (Leotsakos et al., 2014; Rozich et al., 2004; Salzwedel et al., 2016), and have not focused on the variability inherent in the process. Interventions for syringe swaps and other medication-related patient safety events need to account for the work environment, the tasks, and the tools used (Grigg et al., 2017; Jurewicz et al., 2021).

There are numerous studies that examine the frequency and propensity of medication events associated with the medication-related care provided in anesthesia delivery (Jones et al., 2018; Portuondo et al., 2019; Preckel et al., 2020) and there is work examining the tasks and the frequency of switching between tasks that occurs for anesthesia providers that are managing multiple sources of information and tasks simultaneously (Betza et al., 2016). Within a systems framework, it has been shown that the work environment (e.g., workspace, work surfaces and general environmental conditions) impacts the tools used, the way work is done, and the patient outcomes associated with that work (Braithwaite et al., 2017). Interventions designed to integrate into this system need to fit within the complex system and the work environments to support the people and tasks required to complete the work. In a review of 896 medication related incidents reported in anesthetic practice in Australia, half (50.4%) of the medication related incidents were related to syringe and medication preparation and 18.9% were syringe swap related (Abeysekera et al., 2005). As shown in our results, the number of locations that syringes and medications were placed represented opportunities for these syringe swaps and medication preparation related patient safety events. Within a systems view of this work, there appears to be a mismatch between the tasks, environment, and tools used to do the work. Thus, there is insufficient work surface area, or a lack of syringe storage tools or spaces for the medications to be set up and organized for use in a case. These are systemic factors that might contribute to the risk of medication related patient safety events.

Future research should examine what factors lead to the storage of syringes in a variety of locations during a case. That is, examining why so many locations are used, and if those locations have some cognitive structure that facilitates a mechanism for case management, or if it is due simply to not enough work surface area for proper medication storage. There may be tools that may assist with organizational strategies or case management that can represent 'knowledge in the world' in which information is displayed in such a way that an individual does not need to maintain progress cognitively (Nemeth et al., 2008). Examples of interventions that have been implemented include medication syringe holders and trays (Almghairbi et al., 2018; Wu et al., 2020) and mats (Grigg et al., 2017) with specific spaces allocated for the different syringes and organizes the syringes in meaningful ways that account for how the work is done and how the information can be organized in meaningful ways. The lack of widespread adoption of these tools may not indicate that the tools do not

work, but rather that there is a mismatch between the environment, the tools, tasks, and the people within the systems view of this work.

4.1. Limitations

As this study is an analysis of existing videos of laparoscopic procedures, there are some obstructed views. The speed of movement and the tracking of locations may be quicker than a skilled, trained observer could record in real-time (via in-person observations), so video remains a primary means of extracting this type of data. We were not able to track a specific syringe or medication from trigger to administration or storage due to the number of syringes and medications stored in specific areas and the number of syringes and movements. Future work should track specific syringes and medications and their movements. Future studies may also consider adding additional video camera angles to minimize the likelihood of obstructed views. All of the surgery cases we examined occurred in the same OR and all were laparoscopic cases in an intentional effort to control for case complexity and room size and layout. The layout and work surfaces available to anesthesiology providers are not consistent across OR designs, the needs for surgical teams for the patient, and surgical table orientations (Joseph et al., 2021). Thus, these results may not translate to other ORs or surgical case types. Future work should examine if the same types of movement patterns occur in different ORs and with varying case complexity as well as tracking the specific medications and ampules.

4.2. Conclusions

Understanding the specific way syringes are stored, placed, and moved throughout the anesthesia work area can lead to a better understanding of the impact of workstation design and task organization on how medications are used in the delivery of anesthesia care. This can identify opportunities for interventions designed to support the workflow which may, in turn, reduce the risk of some medication related safety events (e.g., syringe swaps). The movement of syringes around the anesthesia work area represents an aspect of the delivery of anesthesia care that has not been well documented and thus is a potential opportunity for systems-based interventions. The complexity of syringe movements across cases may serve as motivation to help organize the medications in a way that helps the providers with organizational solutions that may lead to a reduced patient safety risk. While our study does not seek to link to medication errors or potential patient safety issues, understanding the complexity of the work processes and environment is critical to identifying how interventions will function in those complex environments. Future research should track specific medications, evaluate provider differences in syringe storage and movements, and investigate providers' decision-making strategies to design interventions that reduce the risk of patient harm while supporting provider resilience in providing care. Additionally, future research should expand this study to other types of cases, and in different OR environments that may have impacts on the syringe storage and movements. Interventions specifically designed to assist with the storage and the handling of syringes may impact the movement of syringes, thus reducing the opportunities for syringe swap events as well as other potential patient harm events. Our results suggest that, in these cases, syringes are stored in multiple locations right before the medication is delivered to patients, including not only regular locations such as anesthesia machine, work surface, storage cabinet drawer, work surface

drawer, and IV pumps, but also including irregular locations such as another provider, patient bed, and anesthesia provider's pockets. Failing to account for the interaction between components of the work system (e.g., the tasks, equipment and tools, the people, and the environment) will continue to result in interventions or policies that do not address systems issues and the associated risks to patient safety.

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LEGEND			
	Provider's pocket		
	Provider II		
	To patient		
	Percentage		
	13.3%		
	8.9%		
	6.4%		
	5.4%		
	4.9%		
	3.0%		
	2.5%		
	2.0%		
	1.5%		
	1.0%		

Fig. 1.

Movement of initial pickup locations and final locations of syringes in syringe involved events across all 14 cases mapped on the room layout. Note: Dotted lines indicate that the medication was administered to the patient.



LEGEND	
۲	Provider's pocket

Provider II

To patient

Fig	g. 2.

Movement of initial pickup locations and the administration of the medications to the patient across all 14 cases mapped on the room layout.

Table 1

Variable definitions used for all events in the data coding.

Variable	Definition
Trigger type	A storage cabinet triggered event, or a syringe triggered event.
Pick up location of vial or syringe	Initial location of the vial or syringe being described in the event. The options for the initial location included: the storage cabinet drawer, storage cabinet bottom, work surface, work surface drawer, top of the anesthesia machine, the boom, or a provider's pockets.
Syringe involved	This variable was used to determine if a syringe was picked up and used at any time during the event [Yes] or not [No].
Medication or vial involved	This variable was used to determine if a medication or vial was involved in the event [Yes] or not [No].
More than one medication or syringe at a time	Indicate if multiple medications or syringes were being picked up and moved at the same time [Yes] or only a single item was picked up and moved [No].
Administer medication	The administered medications variable was used to indicate if and how a medication was administered. Options were IV pump, direct, and not administered.
Final location of vial or syringe	The final location of vial or syringe at the end of the event. The options for the final location were storage cabinet drawer, work surface drawer, work surface, anesthesia machine, pockets, storage cabinet bottom, boom, garbage, bed, and nothing removed.
Phases of surgery	The phases of surgery variable were used to indicate the corresponding phase of the surgery when an event was triggered. Options of this variable include patient preparation phase, intraoperative phase (anesthesia maintenance), or postoperative phase (including emergence).

Table 2

Pathways of initial location and put-down location of syringe or vials in syringe involved events.

Initial pickup location [*]	Final location	Frequency	Percent
Work surface	Work surface	27	13.3%
Storage cabinet drawer	Work surface	18	8.9%
Anesthesia machine	Anesthesia machine	18	8.9%
Storage cabinet drawer	Anesthesia machine	13	6.4%
Anesthesia machine	Patient port	11	5.4%
Work surface	Anesthesia machine	10	4.9%
Another provider	Anesthesia machine	6	3.0%
Work surface	Another provider	6	3.0%
Work surface drawer	Work surface	5	2.5%
Anesthesia machine	Garbage	4	2.0%
Storage cabinet drawer	Patient port	4	2.0%
Work surface	Patient port	4	2.0%
Work surface drawer	Patient port	4	2.0%
Work surface	Storage cabinet drawer	4	2.0%
Work surface	Garbage	3	1.5%
Work surface drawer	Anesthesia machine	2	1%
Anesthesia machine	Another provider	2	1%
Work surface drawer	Garbage	2	1%
Storage cabinet drawer	Pockets	2	1%
Work surface	Pockets	2	1%
Anesthesia machine	Storage cabinet drawer	2	1%
Storage cabinet drawer	Storage cabinet drawer	2	1%
Storage cabinet bottom	Anesthesia machine	1	1%
Storage cabinet drawer	Boom	1	1%
Pockets	Garbage	1	1%
Another provider	Patient port	1	1%
IV pump	Patient port	1	1%
Anesthesia machine	Pockets	1	1%
Work surface drawer unit	Pockets	1	1%
Work surface drawer unit	Storage cabinet drawer	1	1%
Anesthesia machine	Work surface	1	1%
Another provider	Work surface	1	1%
Patient bed	Work surface	1	1%

NOTE:

* any event with obstructed views for either the initial location or final location has been omitted from this table n = 41.

Table 3

Syringe location immediately preceding medication administration.

Initial pickup location	Frequency	Percent
Anesthesia machine	20	41.7%
Work surface	9	18.8%
Storage cabinet drawer	7	14.6%
Work surface drawer	6	12.5%
Another provider	3	6.3%
IV pump	1	2.1%
Patient bed	1	2.1%
Pockets	1	2.1%