1 Title: Loss of the systemic vitamin A transporter RBPR2 affects the quantitative

- 2 balance between chromophore and opsins in visual pigment synthesis
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Running Title: Genetics and the diet influences visual function in RBPR2 mice

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29 Abbreviations:

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- 31 ROL: all-*trans* retinol
- 32 11-*cis* RAL: 11-*cis* retinaldehyde
- RBPR2: Retinol binding protein 4 receptor 2
- 34 LRAT: Lecithin:ROL acyltransferase
- 35 atRA: all-trans retinoic acid
- 36 STRA6: stimulated by retinoic acid protein 6
- 37 RBP4: Retinol binding protein 4
- 38 Stra6I: Stimulated by retinoic acid protein 6 like
- 39 HPLC: High Performance Liquid Chromatography

41 ABSTRACT

The distribution of dietary vitamin A/all-trans retinol (ROL) throughout the body is critical 42 43 for maintaining retinoid function in peripheral tissues and for generating visual pigments for photoreceptor cell function. ROL circulates in the blood bound to the retinol binding 44 protein 4 (RBP4) as RBP4-ROL. Two membrane receptors, RBPR2 in the liver and 45 46 STRA6 in the eye are proposed to bind circulatory RBP4 and this mechanism is critical for internalizing ROL into cells. Here, we present a longitudinal investigation towards the 47 importance of RBPR2 and influence of the diet on systemic retinoid homeostasis for visual 48 function. Age matched Rbpr2-KO (Rbpr2-/) and wild-type (WT) mice were fed either a 49 vitamin A sufficient (VAS) or a vitamin A deficient (VAD) diet. At 3- and 6-months, we 50 performed retinoid quantification of ocular and non-ocular tissues using HPLC analysis 51 and complemented the data with visual physiology, rhodopsin quantification by 52 spectrophotometry, and biochemical analysis. At 3-months and compared to WT mice, 53 *Rbpr2^{-/-}* mice fed either vitamin A diets displayed lower scotopic and photopic 54 electroretinogram (ERG) responses, which correlated with HPLC analysis that revealed 55 *Rbpr2^{-/-}* mice had significantly lower hepatic and ocular retinoid content. Interestingly, with 56 57 the exception of the liver, long-term feeding of Rbpr2^{-/-} mice with a VAS diet promoted alltrans retinol accumulation in most peripheral tissues. However, even under VAS dietary 58 conditions significant amounts of unliganded opsins in rods, together with decreased 59 visual responses were evident in aged mice lacking RBPR2, when compared to WT mice. 60 Together, our analyses characterize the molecular events underlying nutritional blindness 61 in a novel mouse model and indicate that loss of the liver specific RBP4-ROL receptor. 62

RBPR2, influences systemic retinoid homeostasis and rhodopsin synthesis, which
 causes profound visual function defects under severe vitamin A deficiency conditions.

65

66 **INTRODUCTION**

67 Vitamin A/all-trans retinol (ROL) has pleiotropic functions in the human body, attributable to its several biologically active forms¹. These processes include vision, corneal 68 69 development, immune system functioning, maintaining epithelium integrity, cellular 70 growth and differentiation, fetus and central nervous system development¹⁻⁵. Dietary vitamin A is the precursor for the visual chromophore (11-*cis* retinaldehyde/11-*cis* retinal) 71 72 and all-trans retinoic acid (atRA). The vitamin A active metabolite in the eye 11-cis retinal 73 binds with photoreceptor opsin, a G-coupled protein receptor, to form rhodopsin that is a critical pigment for light perception^{4,5}. Upon light exposure, 11-*cis* retinal is isomerized to 74 all-trans retinal, causing a photobleaching process where rhodopsin forms several 75 different intermediate states that trigger a G-protein signaling pathway. The vitamin A 76 77 metabolite atRA is a hormone-like molecule that regulates gene expression through 78 interactions with nuclear receptors that are critical for the differentiation and patterning of the eyes. Vitamin A deficiency in the eye leads to impaired night vision due to deficient 79 rhodopsin formation and if left untreated can cause photoreceptor cell death and 80 81 blindness⁴. Thus, an understanding of mechanisms that facilitate and regulate the uptake, transport, and long-term storage of dietary vitamin A/ROL for systemic retinoid 82 homeostasis is significant to the design of strategies aimed at attenuating retinal 83 degenerative diseases associated with ocular ROL deficiency in conditions like Retinitis 84 Pigmentosa or Leber Congenital Amaurosis⁶⁻¹⁸. 85

The main transport form of dietary vitamin A in the circulation to peripheral tissues 86 is all-trans retinol (ROL), which is bound to the retinol binding protein 4 (RBP4) as holo-87 RBP4 (RBP4-ROL)^{1,2,19-20}. Two membrane receptors that bind to RBP4 and facilitate the 88 internalization of ROL into tissues from the circulation have been proposed. Previously, 89 biochemical and genetic evidence have shown the involvement of Stimulated by Retinoic 90 91 Acid 6 (STRA6) that is highly expressed in the retinal pigmented epithelium (RPE), in the uptake of circulatory RBP4-ROL into the eye²¹⁻²³. STRA6 is however not expressed in 92 major peripheral/non-ocular tissues, including the liver that functions as the main storage 93 organ for dietary vitamin A^{2,24-29}. This indicates that alternate vitamin A receptors might 94 exist in such tissues, which may be responsible for whole-body retinoid homeostasis in 95 the support of chromophore production. First identified by the Graham laboratory in 2013, 96 the retinol binding protein 4 receptor 2, RBPR2 or STRA6like (STRA6l), is implicated in 97 the systemic tissue uptake and storage of ROL from RBP4³⁰. Our previous biochemical 98 and genetic analysis of RBPR2 in cell lines, and in zebrafish and mice deficient in RBPR2, 99 showed that it was a bona fide RBP4-vitamin A receptor and involved in ROL 100 internalization²⁶⁻²⁸. Additionally, we have previously showed that RBPR2 contains specific 101 102 RBP4-ROL binding motifs and loss of the systemic vitamin A transporter, RBPR2, in mice resulted in visual function defects^{24,25}. However, it is yet unknown what long-term effects 103 of the diet are in *Rbpr2^{-/-}* mice in maintaining systemic and ocular retinoid homeostasis, 104 105 and on the quantitative relationship between chromophore and opsins in the generation of rhodopsin for visual function and in maintaining retinal health. 106

107 To answer these questions, we have now conducted a longitudinal study in *Rbpr2*-108 ^{/-} and WT mice fed with either a vitamin A sufficient (VAS) or vitamin A deficient (VAD)

diet, to better understand the consequences of the diet and genetics on systemic vitamin 109 A uptake, whole-body retinoid and ocular retinoid homeostasis. We also aimed to 110 investigate the long-term effects of the diet under these genotypes on chromophore 111 production for visual function. By comparing RBPR2-deficient mice to control mice under 112 different conditions of dietary vitamin A supply, we studied the effects of the systemic 113 114 RBP4-ROL receptor, RBPR2, on visual pigment biogenesis and photoreceptor cell function. Even though RBPR2 is not expressed in the eye, we observed that mice lacking 115 the systemic vitamin A receptor, RBPR2, display characteristic features of not only 116 systemic retinoid deficiency, but also lower ocular retinoid levels, which result in 117 decreased phototransduction. We further show that in the absence of RBPR2 and under 118 long-term dietary vitamin A restriction, these mice are more susceptible to ocular 119 consequences of vitamin A deprivation, which included lower rhodopsin concentrations, 120 delayed kinetics in rod and cone opsin regeneration under scotopic and photopic 121 122 conditions, and the presence of unliganded opsins in rod photoreceptors, altogether affecting visual function. 123

Together, our study demonstrates the importance of the systemic RBP4-ROL receptor, RBPR2, for maintaining liver retinoid homeostasis that is important for the critical balance between chromophore and opsins in visual pigment synthesis. Our study establishes the RBP4-ROL transporter, RBPR2, as an important component of wholebody retinoid homeostasis and mammalian visual function, especially under fasting or restricted dietary vitamin A conditions, where it plays a critical role in preventing retinal pathologies associated with ocular vitamin A deprivation.

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132 MATERIALS AND METHODS

133 Materials

All chemicals unless stated otherwise were purchased from Sigma-Aldrich (St. Louis, MO,

135 USA) and were of molecular or cell culture grade quality.

136

137 Animals, animal husbandry, and diets

*Rbpr*2-knockout (*Rbpr*2^{-/-}) mice used in the study have been previously described²⁴. Six-138 week-old wild type (WT) mice (C57BL/6J) were purchased from JAX labs. Breeding pairs 139 and litters of *Rbpr2^{-/-}* and WT mice were genotyped and found to be negative for the 140 known *Rd8* and *Rd1* mutations, as previously described by us^{24,31}. Breeding pairs of mice 141 were fed purified chow diets containing 8 IU of vitamin A/g (Research diets) and provided 142 water ad libitum and maintained at 24°C in a 12:12 hour light-dark cycle. All animal 143 experiments were approved by the Institutional Animal Care and Use Committee (IACUC) 144 of the University of Minnesota (protocol # 2312-41637A), and performed in compliance 145 146 with the ARVO Statement for the use of Animals in Ophthalmic and Vision Research. Post weaning (P21), equal numbers of male and female mice were randomly distributed to 147 vitamin A feeding groups. For experiments, WT or *Rbpr2^{-/-}* mice (n=16 per group) were 148 149 fed purified rodent diets (AIN-93G; Research Diets, New Brunswick, NJ) containing the recommended 4 IU of vitamin A/g (Vitamin A sufficient diet; VAS) or specially formulated 150 and purified low vitamin A /vitamin A deficient (VAD) diets contained 0.22 IU vitamin A/g 151 based on the AIN-93G diet (Research Diets, New Brunswick, NJ)^{10-12,24,34} for up to 6-152 153 months. The percentage difference of dietary vitamin A between the two diets is ~180%.

154 Immunohistochemistry and Fluorescence Imaging

155 Mice at 3- and 6-months on vitamin A diet conditions were euthanized by CO2 156 asphyxiation and cervical dislocation. Eyes were enucleated and fixed with either 4% PFA 157 in 1X PBS or in Davidson's fixative for 4 hours at 4°C. Paraffin-embedded retinal sections (~8 µm) were processed for antigen retrieval and immunofluorescence. Primary 158 159 antibodies were diluted in 1% normal goat serum (NGS) blocking solution as follows: antirhodopsin 1D4 for mouse rod opsin (1:200; Abcam, St. Louis, MO, USA), R/G cone opsins 160 (1:100; Millipore, St. Louis, MO, USA), and 4',6-diamidino-2-phenylendole (DAPI; 1:5000, 161 Invitrogen) or Hoechst (1:10,000, Invitrogen) to label nuclei. All secondary antibodies 162 (Alexa Fluor 488) were used at 1:5000 concentrations (Molecular Probes, Eugene, OR, 163 USA). In addition, the TrueVIEW vector autofluorescence guenching kit SP-8500-15 was 164 used to help reduce background noises and non-specific stains. Optical sections were 165 obtained with a Nikon AXR confocal and processed with the Nikon Viewer software, or 166 167 using a Keyence BZ-X800 scope. All fluorescently labeled retinal sections on slides were analyzed by the BioQuant NOVA Prime Software (R & M Biometrics, Nashville, TN, USA) 168 and fluorescence within individual retinal layers were quantified using Image J or Fiji 169 170 (NIH). After mounting, images were captured using 40X and 60X objectives. The acquired retinal images were calibrated with the ZEISS ZEN 3.4 software package and intensities 171 were quantified and data were plotted in GraphPad Prism. 172

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174 Electroretinogram (ERG) Analysis

Dark-adapted Scotopic ERG: Mice were dark-adapted for 12-16 hours. Under single 175 source red light, eyes were dilated with tropicamide and phenylephrine before being 176 sedated with Isoflurane using a calibrated Isoflurane machine (equipped with precision 177 vaporizer, flow meter, and oxygen). A drop of 2.5 percent Hypromellose ophthalmic 178 demulcent solution (Systane) was placed onto the cornea just before the 179 180 electroretinogram. Dark adapted electroretinograms (ERG) were obtained (0.01 to 100 cd s/m2) using a Celeris instrument (Diagnosys). Before running a combined dark and 181 light protocol (Diagnosys Espion software), the electrodes were placed on the cornea and 182 183 an impedance was measured. The Rod response recovery after bleaching, Celeris ERG protocols were performed with pulse frequency 1 and pulse intensity 1. The protocol was 184 set to acquire prebleach amplitudes and to initiate the bleaching protocol using Light 185 186 adaptation time 180 secs. After bleaching the amplitudes of the a- and b-waves were measured under scotopic conditions (1 cd s/m2) for every minute till 10 minute post 187 bleaching. The curves were plotted in GraphPad Prism and the half-life were measures 188 using the formula $Y=(Y0-NS)^*exp(-K^*X) + NS$. K is the rate constant in inverse units of 189 the X axis. The half-life equals the ln(2) divided by K. 190

191

Light-adapted Photopic ERG: The light adapted mice were sedated and eyes were dilated and the ERG electrodes were placed as mentioned in dark adapted mice methods section. To measure the photoreceptor Cone response *a*, *b*-wave and retinal ganglion response photopic Negative Response ERG, Celeris ERG protocol phNR were performed under light adapted condition with pulse frequency 2 and pulse intensity 20[P] and

background intensity 40[P] and color green. The amplitudes were recorded and plotted inGraphPad Prism.

199

200 Purification of Rhodopsin and absorbance spectroscopy

201 Mice were dark-adapted for 12-16 hours. Under single source red light, the mice were 202 then (CO2) euthanized, and the retina was harvested surgically. In strict dark conditions, 203 the retinal tissues were homogenized with 20 mM bis-tris propane, 150mM NaCl, and 204 1mM EDTA buffer pH 7.5 with protease inhibitor. The homogenates were centrifuged 15min at 16000g refrigerated. The supernatants were discarded, and the pellets 205 206 solubilized for 1 hour on a rotating platform at 4°C in 20 mM bis-tris propane, 150mM 207 NaCl, 20 mM n-dodecyl-b-D-maltoside (DDM) buffer pH 7.5 with protease inhibitor. The lysate was centrifuged for 1 hour at 16000g at 4°C. The supernatant was incubated for 1 208 hour with 30 µL HighSpec Rho1D4 MagBeads (Cat 33299 Cube Biotech Germany). The 209 resin was washed on a magnetic stand with 20 mM bis-tris propane, 500 NaCl pH7.5 210 buffer two times and three times with low salt 20 mM BTP, 100 NaCl, and 2 mM DDM 211 buffer. The VAPA peptides dissolved in low salt buffer were used at a concentration of 212 0.1mg/mL volume 60 µL to elute the Opsins from 1D4 resin. The eluted Opsin was 213 analyzed on an Agilent Cary 60 spectrophotometer Instrument; the measured 214 215 absorbances were plotted in GraphPad Prism Version 10.1 and calculated for free Opsin using a 280 nm/500 nm absorbance ratio³², using the extinction coefficient 216 $\epsilon_{500} = 40,600 \text{ M}^{-1} \text{ cm}^{-1}$. The concentration of ligand-free opsin was calculated using the 217 extinction coefficient $\varepsilon_{280} = 81.200 \text{ M}^{-1} \text{ cm}^{-1}$. 218

219 High-Performance Liquid Chromatography (HPLC) analyses of retinoids

220 Retinoid isolation procedures was performed under a dim red safety light (600 nm) in a dark room. Animals were first euthanized with CO₂ asphyxiation, and pertinent tissues 221 222 were removed from the carcass. The tissue was the homogenized in 0.9% saline with a 223 handheld tissue grinder, consisting of a glass tube and glass pestle. Methanol (2 mL) was added into the homogenate to precipitate the proteins within the homogenate. The 224 225 retinoid content from the tissue homogenate was then extracted with 10 mL of hexane (twice), with the aqueous layer subsequently removed. The combined hexane extracts 226 were then evaporated with a vacuum evaporator, resuspended in 100 µL of hexane, then 227 228 injected into an HPLC for analysis. HPLC analysis was performed on an Agilent 1260 Infinity HPLC with a UV detector. The HPLC conditions employed two normal-phase 229 Zorbax Sil (5 µm, 4.6 × 150 mm) columns (Agilent, Santa Clara, CA, USA), connected in 230 series within the Multicolumn Thermostat compartment. Chromatographic separation was 231 achieved by isocratic flow of mobile phase containing 1.4% 1-Octanol/2% 1.4-232 Dioxane/11.2% Ethyl Acetate/85.4% Hexane, at a flow rate of 1 ml/min for 40 minutes. 233 Retinaldehydes, Retinols, and Retinyl esters were detected at 325 nm using a UV-Vis 234 DAD detector, while the UV absorbance spectra was collected from 200 nm - 700nm. 235 236 For quantifying molar amounts of retinoids, the HPLC was previously calibrated with synthesized standard compounds and as previously described by us²⁴. Calculation of 237 concentration (µM): Standards were injected in concentrations ranging from 0-3.5µM 238 prepared solutions in the mobile phase. The plotted concentrations were fit through linear 239 regression to obtain R-equation (y=mx+c) where y is the peak area (mAU*sec); m is the 240 slope of the calibration curve and c is the y-intercept. The area from the HPLC peaks of 241

the samples (mAU*sec) are interpolated into concentration and expressed as picomoles. 242

For eyes the values are expressed as picomoles/eye; for Liver the values are expressed 243

as picomoles/mg; For Serum the values are expressed as picomoles/microliter. 244

245

 $Concentration X (picomoles) = \frac{Peak Area Y (mAU * Sec) + Y - intercept}{Peak Area Y (mAU * Sec) + Y - intercept}$ 246

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Statistical Analysis 249

250 Data were expressed as means ± standard error mean, statistical analysis by ANOVA and student t-test. Differences between means were assessed by Tukey's honestly 251 significant difference (HSD) test. P-values below 0.05 (p<0.05) were considered 252 253 statistically significant. For western blot analysis, relative intensities of each band were guantified (densitometry) using the Image J software version 1.54 and normalized to the 254 loading control β -actin. The gRT-PCR analysis was normalized to 18S RNA, and the $\Delta\Delta$ Ct 255 method was employed to calculate fold changes. Data of gRT-PCR were expressed as 256 mean ± standard error of mean (SEM). Statistical analysis was carried out using 257 GraphPad Prism v 10.1. 258

259

RESULTS 260

Design of mouse studies and dietary vitamin A intervention 261

In this study, we used the previously established RBPR2-deficient (*Rbpr2^{-/-}*) mouse line 262 and isogenic C57BL/6J wild-type (WT) mice²⁴. Breeding pairs and litters of *Rbpr2^{-/-}* and 263

264 WT mice were genotyped and found to be negative for the known Rd8 and Rd1 mutations. Breeding pairs were fed a breeder chow diet containing 8 IU vitamin A/g, to avoid 265 developmental complications. Each group had males and females and were of the same 266 C57BL/6J background. Groups of WT and Rbpr2-/- mice were fed either a vitamin A 267 sufficient (VAS; 4 IU vitamin A/q) or vitamin A deficient (VAD; 0.22 IU/q) diet post weaning 268 269 at P21, which are custom diets routinely used to control vitamin A status in mice^{34,35}. The percentage difference of dietary vitamin A between the two diets is ~180%. Additionally, 270 271 the 4 IU retinol/g concentration in the VAS diet is consistent with the recommended 272 vitamin A intake for rodents and corresponds to 1.2 mg retinol activity equivalent (RAE), which is also a recommended intake in humans. After 3-months of dietary intervention, 273 the first cohort of mice were sacrificed to determine the short-term effects, while the 274 second cohort of mice were sacrificed after 6-months of dietary intervention to determine 275 276 the long-term effects of vitamin A deficiency on systemic all-*trans* retinol uptake and liver storage and on ocular health in the different genotypes (Figure 1). 277

278

279 Effect of the diet on systemic and ocular all-*trans* retinol levels in *Rbpr2^{-/-}* mice

Unlike STRA6, the vitamin A receptor, RBPR2, is highly expressed in the liver and to a lesser extent in systemic/ non-ocular tissues to support dietary vitamin A storage and reabsorption of circulatory ROL from RBP4-ROL^{2,20,24,25,30,36,37,38}. Thus, the RBPR2 receptor is proposed to regulate whole-body retinoid homeostasis, which is important to the supply of all-*trans* ROL to the eye for maintaining ocular rhodopsin levels for phototransduction, especially under fasting conditions^{2,30,37}. We first examined how global loss of RBPR2 in mice affects systemic all-*trans* retinol (ROL) levels in ocular and non-

ocular tissues by high-performance liquid chromatography (HPLC) analysis and 287 compared these results to age-matched wild-type (WT) mice. At the early time-point, in 288 3-month old *Rbpr2^{-/-}* mice on either VAS or VAD diets, all-*trans* ROL levels in the liver 289 and eve were significantly lower (p < 0.005 and p < 0.05 respectively), when compared to 290 age-matched WT mice on VAS diets (Figures 2A, 2B, 2E, 2F, Supplemental Figures 291 **S1** and **S2**). Additionally, total retinoids in liver and eves of *Rbpr2^{-/-}* mice on VAD diets, 292 were lower to those observed in *Rbpr2*^{-/-} or WT mice on VAS diets (Figures 2C and 2G, 293 Supplemental Figures S1 and S2). Similarly, when we measured all-trans ROL levels 294 in various non-ocular tissues we observed lower ROL concentrations in *Rbpr2^{-/-}* mice on 295 VAD diets, compared to WT mice on VAS diets (**Supplemental Figure S3**). These results 296 indicate that in the absence of RBPR2 and under vitamin A restriction, Rbpr2^{-/-} mice are 297 more susceptible to vitamin A deficiency, which affects liver and eye retinoid stores 298 (Figure 3). 299

We then investigated the long-term effects of the diet in *Rbpr2*^{-/-} and WT mice on 300 ROL levels in the liver and eye. In WT mice under either diets, ROL levels in the liver 301 were not significantly affected, however, total retinoids in liver were lower in WT mice 302 303 under VAD diets, indicating that stored retinoids were likely being distributed under vitamin A restriction (Figures 4A-C). In *Rbpr2^{-/-}* mice under either diets, ROL and total 304 retinoid concentrations in liver were lower to those of WT mice (Figures 4A-C). The total 305 306 mass loss of ROL stores in *Rbpr2-/-* mice under either diet was ~80% lower compared to WT mice under VAS diets (Figure 4D). In the eye of WT mice at the 6-month time point, 307 while ROL levels were lower under VAD conditions, total ocular retinoids concentrations 308 were unchanged. Similarly, 11-cis retinal levels in the eye in WT mice under VAD 309

conditions were higher than WT mice under VAS diets, indicating that ROL was being 310 converted to 11-cis RAL under vitamin A deficiency in WT mice, which also corresponds 311 to lower ocular ROL levels in these mice under VAD diets (Figures 4F and 4G). 312 313 Conversely, in *Rbpr2^{-/-}* mice under VAD conditions, ocular ROL and total retinoid levels were significantly lower to WT mice under VAS or VAD or Rbpr2-/- mice under VAS 314 conditions (Figures 4E-G). Additionally, 11-cis retinal levels in Rbpr2^{-/-} mice under VAD 315 diets, were significantly lower those WT mice under VAD or VAS conditions (Figure 4G). 316 Similarly, when we measured all-trans ROL levels in various non-ocular tissues at the 6-317 month time point we observed lower ROL concentrations in these tissues of *Rbpr2-/-* mice 318 on VAD diets, compared to Rbpr2-/- mice on VAS diet or WT mice on VAD or VAS diets 319 (Supplemental Figure S4). These results suggest a major role for RBPR2 in maintaining 320 ROL and total retinoid homeostasis in the liver and other non-ocular/ systemic tissues for 321 RBP4-ROL uptake and re-distribution to the eye especially under fasting conditions 322 (Figure 3B). 323

324

325 Visual responses are significantly reduced in *Rbpr2^{-/-}* mice under vitamin A 326 deficiency

We next recorded the electrical responses to light generated by rod photoreceptors, in 327 dark-adapted mice eyes of *Rbpr2^{-/-}* and WT mice, fed either a VAS or VAD diet, and the 328 responses generated by cones in light-adapted eyes, by electroretinography (ERG) 329 ranging from 0.01 to 100 cd.s/m². The ERG analysis showed that scotopic a-wave and b-330 wave amplitudes were significantly decreased in 3-month old Rbpr2^{-/-} mice on VAD diet, 331 compared to *Rbpr2^{-/-}* or WT mice on VAS diet (Figures 5A-C). This picture changed 332 under long-term VAD diets. WT mice showed no changes in ERG amplitudes under either 333 diets, however, Rbpr2^{-/-} mice showed an even more severe decrease in a-wave and b-334 wave visual responses, compared to either *Rbpr2^{-/-}* on VAS or WT mice on VAD and VAS 335 diets at the 6-month analysis time-point (Figures 5D-F). Kinetic measurement of rod 336 opsin recovery were also found to be slower in *Rbpr2^{-/-}* mice on VAS or VAD diets, 337 compared to WT mice on VAS diet, likely indicating decreased concentrations of the 338 visual chromophore rhodopsin (Figures 6A-6D). 339

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Rod photoreceptors of *Rbpr2^{-/-}* mice display significant levels of apoprotein opsin 341 Since *Rbpr2^{-/-}* mice display reduced scotopic visual responses and decreased kinetics 342 343 of rod opsin recovery, we hypothesized that this phenotype is caused by imbalances between chromophore and opsin concentrations in rod photoreceptors and likely to the 344 presence of unliganded rod opsins or apoprotein opsins. It has been proposed previously 345 346 that accumulation of apoprotein opsin/unliganded opsin can activate the phototransduction cascade even under dark conditions^{13-15,18,32}. The constitutive activity 347 of apoprotein opsin in photoreceptors is considered equivalent to background light and 348 can result in a reduction in phototransduction gain^{17,18,33}. We first analyzed the 349

photoreceptor localization of rhodopsin in WT compared to $Rbpr2^{-/-}$ mice retinal sections by IHC at 6-months of age. In WT mice fed either a VAS or VAD diet, rhodopsin was properly localized to the photoreceptor outer segments (**Figure 7A**). Conversely, in *Rbpr2*^{-/-} mice fed either a VAS or VAD diet significant (p<0.05) presence of mislocalized rod opsins were evident in the photoreceptor inner segments (**Figures 7A and 7B**).

355 We next determined the levels of unliganded/ apoprotein opsin in Rbpr2^{-/-} mice fed different vitamin A diets by performing UV-visible spectrophotometry with the isolated 356 retinal protein fractions from WT and Rbpr2^{-/-} mice using 1D4 antibody and compared 357 the theoretical 280/500 nm ratio with the experimental ratio of absorbance³². We observed 358 an ~31% and ~18% decrease in rhodopsin concentrations in dark-adapted 359 photoreceptors of *Rbpr2^{-/-}* mice fed either a VAD or VAS diet, compared to age-matched 360 WT mice on VAS or VAD diets, respectively (Figure 7C). Similar results were observed 361 362 in light-adapted photoreceptors, where lower Meta II rhodopsin concentrations were observed in *Rbpr2^{-/-}* mice, compared to WT mice on either diets (Figure 7D). 363 Quantification of unliganded opsin in dark-adapted retinas showed that *Rbpr2^{-/-}* mice had 364 significant amounts of apoprotein opsin, compared to WT mice on either diets (p<0.05, 365 Figure 7E). 366

367

368 Cone visual responses are significantly reduced in *Rbpr2-/-* mice on long-term 369 vitamin A deficient diet

We next determined the ERG responses in light-adapted *Rbpr2^{-/-}* mice fed either the VAS or VAD diets and using different light color sources (green, red, white, and UV/blue). Under photopic light conditions, ERG responses of *Rbpr2^{-/-}* mice under green, white, and

UV color sources were significantly diminished at the 3-month time point, while red light 373 source ERG responses were not changed, when compared to WT mice on VAS diets 374 (Figures 8A-D). Light-adapted ERG responses for green and white light intensity 375 improved in Rbpr2-/- mice under VAS diets at the 6-month time point, but remained 376 significantly diminished under blue/ UV-light exposure (Figures 8A'-D'). Kinetic 377 measurement of cone opsin recovery under photopic blue light were slower in Rbpr2-/-378 mice on VAS or VAD diets, compared to WT mice on VAS diet (Figure 9). IHC for Red-379 green opsins (Opn1mw) in photoreceptors, showed that in WT mice fed either a VAS or 380 381 VAD diet, cone opsins were properly localized to the photoreceptor outer segments (**Figure 8E**). Conversely, in *Rbpr2*^{-/-} mice fed either a VAS or VAD diet significant (p<0.05) 382 amounts of mislocalized cone opsins were evident in the photoreceptor inner segments 383 (Figure 8F). 384

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386

387 **DISCUSSION**

Dietary vitamin A (all-trans retinol/ROL) obtained from plant and animal sources is known 388 to play an important role in metabolism, cell growth, immunity, reproduction, and visual 389 function in humans³⁹⁻⁴¹. Vitamin A deficiency (VAD) is a serious health issue, which is 390 391 correlative with higher rates of mortality, childhood obesity, and nutritional blindness, especially among children in poorer countries around the world^{39,40,42}. Vitamin A 392 constitutes a group of biochemical compounds, including retinol, retinaldehyde, retinoic 393 acid, and beta-carotene³⁹⁻⁴¹. Most pertinent for visual function, 11-cis retinaldehyde 394 (retinal) combines with the GPCR protein opsin in the photoreceptor outer segments to 395

generate rhodopsin^{2,4}. Prolonged VAD in the eye leads to impaired night vision due to
deficient rhodopsin formation and can cause photoreceptor cell death and blindness⁴.
Thus, an understanding of mechanisms that facilitate and regulate the uptake, transport,
and long-term storage of ROL for systemic and ocular retinoid homeostasis is significant
to the design of strategies aimed at attenuating retinal degenerative diseases associated
with ocular ROL deficiency⁶⁻¹⁸.

In this study, we investigated the systemic and ocular consequences resulting from 402 loss of the second RBP4-vitamin A transporter, RBPR2, on a longitudinal timescale. 403 Previously, we have established a global Rbpr2-knockout (Rbpr2-/) mice and have 404 demonstrated that these mice are susceptible to visual deficiencies¹⁹. Here, we sought to 405 expand upon that study in several critical ways. First, through a modified normal phase 406 HPLC method, we are able to resolve retinaldehyde and retinol isomers, rather than just 407 408 resolve total retinoid content. This is especially important for retinoid analysis in ocular 409 tissues and allows us to directly detect and quantify critical retinoid isomers such as 11cis retinal, the visual chromophore responsible for activation of the phototransduction 410 cascade. Second, we have performed this analysis on multiple systemic tissues across 411 412 multiple organs systems, rather than just in ocular tissue. Given that RBPR2 is hypothesized to regulate systemic vitamin A homeostasis, we aimed to examine the 413 changes to retinoid content on a systemic level in these *Rbpr2^{-/-}* mice. Third, to investigate 414 415 the underlying causes for reduced electroretinogram responses in Rbpr2-/- mice, we 416 utilized UV-Vis spectrophotometry to determine whether the ocular levels of vitamin A affect the stoichiometric balance between GPCR protein opsin and the visual 417 chromophore, 11-*cis* retinal, in the photoreceptors. 418

419 All-trans retinol bound to RBP4 (RBP4-ROL) is the fundamental transport form of vitamin A found within the circulation, and its distribution must be tightly regulated in the 420 support of multiple body functions including visual function. RBPR2 is the analogous 421 RBP4-vitamin A receptor to ocular STRA6 and is expressed in major peripheral organs 422 including the liver, the main storage organ for dietary vitamin A. Prior to its discovery and 423 424 characterization in 2013, various groups of researchers have hypothesized about the existence of a mechanism that allows for the liver to intake circulatory RBP4-ROL. Now 425 426 that the existence of RBPR2 is known and its molecular functions are characterized, 427 investigations towards the understanding of its physiological functions has since been conducted. Given its ability to uptake circulatory RBP4-ROL, we hypothesize that RBPR2 428 could be responsible for systemic retinoid homeostasis, and that disruption of RBPR2 429 might result in altered retinoid levels in peripheral organs, including the eye. 430

To investigate if loss of RBPR2 affected retinoid concentrations on a systemic 431 432 level, we performed HPLC analysis on various systemic organs, including the liver, on wildtype and *Rbpr2^{-/-}* mice. Furthermore, we have performed this age-matched analysis 433 at both the 3-month and 6-month timepoints. In all analyzed tissues, all-trans retinol (ROL) 434 435 was the predominant (if not only) retinoid found in all analyzed systemic tissue, with the exception of retinyl esters in liver and retinaldehydes in ocular tissue. This is congruent 436 437 with ROL being the predominant transport form of dietary vitamin A in mammalian organisms. Hence, quantification of ROL will serve as viable metric for determination of 438 439 retinoid levels in these tissues. To provide a more intuitive representation of the normalized ROL quantification data, a heatmap plot of ROL levels across analyzed 440 tissues, genotypes, and time points was generated. From this heatmap plot, a clear 441

pattern emerges. Wild-type (WT) mice at both 3-month and 6-month timepoints are able 442 to maintain ROL levels, for both VAS and VAD diets. However, while *Rbpr2^{-/-}* mice at the 443 3-month timepoint for both VAS and VAD diets are able to maintain similar levels of ROL 444 when compared to WT mice, the ROL quantity in Rbpr2^{-/-} mice fed a VAD diet at the 6-445 month significantly decreases (Figure 3). Retinoid metabolism, like many other 446 447 biochemical pathways, contains redundant pathways. In particular, circulatory retinyl esters within chylomicrons originating from the VAS diet provides the most likely 448 explanation for maintenance of ROL levels comparable to WT in these Rbpr2^{-/-} mice at 449 both 3-month and 6-month time points, since this pathway bypasses the loss of Rbpr2***. 450 Similar, observations were obtained in Stra6^{-/-} mice fed a high vitamin A diet^{29,32}. 451 However, for the *Rbpr2^{-/-}* mice fed a VAD diet, this supplementary pathway does not exist. 452 Once residual retinoid stores from gestation run out at the 6-month timepoint, these 453 *Rbpr2^{-/-}* mice fed a VAD diet exhibit greatly decreased ROL levels. 454

We next examined the retinoid supply and consumption axis in the support of 455 visual function, by examining retinoid quantities in the liver and eye. While the liver was 456 found to contain ROL like all other systemic tissues, the liver additionally contains 457 458 considerable levels of retinyl palmitate, congruent with its role as the main storage organ of dietary vitamin A, with storage of retinoids predominantly in the form of retinyl esters 459 460 within hepatic stellate cells. At both the 3-month and 6-month timepoints, hepatic ROL 461 levels were found to be significantly lower for *Rbpr2^{-/-}* mice on both VAS and VAD diets (Figures 2B and 4B). However, Rbpr2-/- mice fed the VAS diet generally exhibited 462 comparable total hepatic retinoid levels when compared to WT mice fed a VAS diet at 463 both the 3-month and 6-month time points, while *Rbpr2^{-/-}* mice fed VAD diets exhibited 464

significantly decreased hepatic total retinoid levels (Figures 2C and 4C). Under VAS
conditions, both WT and *Rbpr2-/-* mice are continually converting retinyl ester stores into
ROL for distribution into the bloodstream, thus exhibiting lower ROL levels but still
displaying comparable total retinoid levels. In VAD conditions *Rbpr2-/-* mice are less
capable in coping with vitamin A restriction, thus displaying both lower total retinoid and
ROL levels in liver analysis.

This overall pattern of depressed levels of retinoids for Rbpr2-/- mice under VAD 471 472 conditions in both systemic and hepatic tissue is thus reflected in ocular tissue, where the 473 total retinoid content, ROL content, and 11-cis retinal content were found to be significantly lower (Figures 2F, 2G, and Figures 4F-4I). More critically, these depressed 474 retinoid levels coexist with changes on the phenotypic level, with Rbpr2-/- mice under VAD 475 conditions exhibiting mislocalized opsins within photoreceptor inner segments (Figures 476 7A-B), increased ratios of unliganded apoprotein opsin (Figures 7C-7E), and decreased 477 478 rod and cone responses as measured with scotopic and photopic ERGs respectively (Figures 5, 6, 8, and 9). 479

In the past, investigations into mice exhibiting disruptions in the generation of 11-480 cis retinal has displayed phenotypes such as elevated levels of apoprotein opsins and 481 subsequent retinal degeneration, such as in mice with disrupted Stra6 and 482 *Rpe65*^{14,15,17,32}. In particular, *Rpe65*^{-/-} mice, a mice model for the retinal degenerative 483 disease Leber Congenital Amaurosis, has been shown to exhibit an elevated 484 485 concentration of apoprotein opsin. RPE65 is an isomerohydrolase responsible for the 486 conversion of retinyl esters to 11-cis retinol within the visual cycle, which is in turn 487 necessary for the generation of 11-cis retinal chromophore in photoreceptors. The

488 authors of that study have attributed the cause of retinal degeneration in Rpe65^{-/-} mice to elevated levels of apoprotein opsin, which constitutively stimulates the phototransduction 489 cascade though stimulation of transducin signaling, where disruption of transducin 490 signaling partially rescues the retinal degenerative phenotype¹⁵. In a study investigating 491 the phenotypic effects of Stra6^{-/-} mice, which disrupts not only the intake of ROL from 492 circulatory RBP4-ROL into the RPE, but also the subsequent generation of the 11-cis 493 retinal chromophore, these mice exhibited elevated concentrations of apoprotein opsin 494 and retinal degeneration much like Rpe65^{-/-} mice, but additionally also mislocalization of 495 rod and cone opsins within the photoreceptors³². These observations in Stra6^{-/-} and 496 Rpe65^{-/-} mice were also reflected in Rbpr2^{-/-} mice, where significant rhodopsin 497 mislocalization was observed in these mice fed VAS or VAD diets, but not in WT mice 498 499 even on the VAD diet (Figures 7A, 7B). Moreover, studies examining the phenotypic effects of Stra6^{-/-} mice additionally studied the effects of applying pharmacological doses 500 501 of vitamin A as a means rescuing the ocular phenotypes in these mice. These studies show that interventions with high doses of ROL increase the total retinoid content found 502 within ocular tissues, despite lacking a vitamin A membrane receptor to access circulatory 503 504 RBP4-ROL due to its lack of functional STRA6. This is a result that was also reflected in *Rbpr2^{-/-}* mice, where a VAS diet is able to supplement systemic retinol levels despite the 505 disruption of vitamin A homeostasis through disruption of RBPR2^{29,32}. As mentioned 506 507 above, the retinoid delivery system in mammalian organisms exhibits plasticity in redundancy, where chylomicron transport of retinyl esters originating from the diet can 508 act as a possible alternate pathway for delivering retinoids to systemic tissues¹⁹. 509

510	Given that RBPR2 is hypothesized to function as a systemic regulator of vitamin A
511	homeostasis and that Rbpr2-/- mice display similar ocular phenotypes as other mouse
512	models with disrupted chromophore generation, including apoprotein opsin accumulation,
513	decreased scotopic and photopic responses, and opsin mislocalization, our study
514	indicates that RBPR2 is an important facilitator of visual function through its mechanistic
515	role as a systemic regulator of vitamin A homeostasis.
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529 AUTHOR CONTRIBUTIONS

530 Conceptualization, G.P.L.; writing-original draft preparation, G.P.L., R.R., and M.L., 531 performed experiments, R.R., A.L., S.M., and M.L., manuscript writing, review, and 532 editing, G.P.L., R.R., S.M., M.L.; supervision, G.P.L.; project administration, G.P.L.; 533 funding acquisition, G.P.L. All authors have read and agreed to the published version of 534 the manuscript.

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540 CONFLICTS OF INTEREST

541 The authors declare no conflict of interest. The funders had no role in the design of the

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543 or in the decision to publish the results.

544

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Figure 1: Schematic overview of the mouse study and vitamin A diet intervention. At P21, we fed cohorts of WT and *Rbpr2*^{-/-} mice with a vitamin A sufficient (VAS) or vitamin A deficient (VAD) diet. At the 3-month (early time point analysis) and 6-month time point (late time point analysis), non-invasive tests for retinal function and integrity were performed. Ocular and multiple non-ocular tissues were harvested and subjected to High performance liquid chromatography (HPLC) analysis to quantify all-*trans* ROL and retinoid concentrations.

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Figure 2: Quantification of all-*trans* ROL and total retinoids in mice tissue at 3 months of age.

High performance liquid chromatography (HPLC) analysis and quantification of all-*trans* ROL and total retinoid content in the liver (**A-C**), and eyes (**E-G**), isolated from WT and *Rbpr2*^{-/-} mice at 3-months of age on VAS or VAD diets. Absorbance peaks of individual retinoids in the liver (**D**) and eye (**H**). Values are presented as \pm SD. Student *t*-test, *p<0.05; **p<0.005; ***p<0.001; ****p<0.001. VAS, vitamin A sufficient diet; VAD, vitamin A deficient diet; WT, wild-type mice. n=3-4 animals per group.

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Figure 3: All-*trans* ROL distribution in ocular and non-ocular tissues of WT and
 Rbpr2^{-/-} mice on VAS or VAD diets.

(A) Heat map of all-*trans* ROL levels in WT and *Rbpr2^{-/-}* mice at 3- and 6-months of age,
in various tissues. (B, C) data clustering and variance by Principal Component Analysis
(PCA). (D) Correlation matrix showing the all-*trans* ROL distribution pattern in tissue
samples. VAS, vitamin A sufficient diet; VAD, vitamin A deficient diet; WT, wild-type mice.





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Figure 4: Quantification of all-*trans* ROL and total retinoids in mice tissue at 6months of age.

High Performance Liquid Chromatography (HPLC) was used to determine the all-*trans* ROL and total retinoid content in the liver (**A-C**) and eyes (**E-G**) isolated from WT and *Rbpr2*^{-/-} mice at 6-months of age, which were fed either a VAS or VAD diet. Quantification of percentage mass loss of all-*trans* ROL in liver (**D**) and eyes (**H**) of *Rbpr2*^{-/-} vs. WT mice. Values are presented as \pm SD. Student *t*-test, *p<0.05; **p<0.005; ***p<0.001; ****p<0.0001. VAS, vitamin A sufficient diet; VAD, vitamin A deficient diet; WT, wild-type mice. n=3-7 animals per group.

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Figure 5: Rod photoreceptor cell functional analysis by Electroretinogram (ERG). 783 Photopic ERG responses of WT and Rbpr2-/- mice at 3-months (A-C) and 6-months (D-784 F) of age fed either a VAS or VAD diet, showing the dark-adapted ERG responses of rod 785 photoreceptor cell function by a-wave amplitudes (B, E) and inner neuronal bipolar cell 786 function by *b*-wave amplitude (**C**, **F**). Values are presented as ±SD. Student *t*-test, 787 *p<0.05; **p<0.005; ***p<0.001. VAS, vitamin A sufficient diet; VAD, vitamin A deficient 788 diet; WT, wild-type mice. n=8-17 animals per group at 3-months of age; n=6-11 animals 789 790 per group at 6-months of age.

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Figure 6

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Figure 6: Rhodopsin physiological kinetics assessment by ERG photobleach recovery response.

(A) Time series of ERG response in pre-bleaching, bleaching with full intensity blue
stimulant light, and recovery response showing the kinetics curve of rod opsin in Wild
Type and *Rbpr2-/-* mice fed with either a vitamin A sufficient (VAS) or vitamin A deficient
(VAD) diet for six months. (B-D) One-phase association of a-wave amplitude showing the
stability and half-life of rod opsin response recovery.

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Figure 7: Presence of apoprotein opsin in rod photoreceptors of *Rbpr2*^{-/-} mice.

807 (A) IHC staining for Rhodopsin in photoreceptor OS in green and mislocalization in IS analyzed by the threshold in Red, Outer nuclear layer (ONL) stained with DAPI in Blue 808 and merged images showing the localization of mislocalized Rhodopsin. (B) Threshold-809 based quantification of mislocalized Rhodopsin in the IS of retinas from WT and Rbpr2-/-810 811 mice fed different vitamin A diets. (C) UV-visible spectra of the immune-purified rhodopsin fractions from retinas of adult WT and Rbpr2-/- mice fed different vitamin A diets at the 6-812 month time point. Rhodopsin absorbance showing the peak absorbance at 500 nm for 813 dark-adapted and 380 nm for 30-second high-intensity light-exposed samples (D). (E) 814 Free opsin quantification shows the 11-cis retinal free apoprotein opsin percentage in the 815 retinas of Rbpr2-/- mice compared to WT mice. VAS, vitamin A sufficient diets; VAD, 816 vitamin A deficient diets. Values are presented as ±SD. Student t-test, *p<0.05; 817 **p<0.005; ***p<0.001. 818



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820 Figure 8: Cone Photoreceptor functional analysis by Electroretinogram.

Photopic ERG of WT and *Rbpr2^{-/-}* mice fed with either a VAS or VAD diet and stimulated 821 822 with Green, Red, White, or Blue wavelength light intensities series showing the response curves, at 3-months of age (A-D) or 6-months of age (A'-D'). IHC staining for cone opsin 823 (Opn1mw) in photoreceptor OS in green and mislocalization in IS was analyzed by the 824 825 threshold in Red, Outer nuclear layer (ONL) stained with DAPI in Blue and merged images showing the localization of mislocalized cone opsins (E). Threshold-based quantification 826 of mislocalized cone opsin in the IS of retinas from WT and Rbpr2^{-/-} mice fed different 827 828 vitamin A diets (F).



Figure 9

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Figure 9: Short wavelength cone opsin Opn1sw physiological kinetics assessment

832 by ERG photobleach recovery response.

(A-E) time series of ERG response in pre-bleaching, bleaching with full intensity blue and

green stimulant light and recovery response showing the kinetics curve in WT and Rbpr2-

⁴ mice fed with either a VAS or VAD diet at 6-months of age. (**F, G**) One-phase association

of a-wave amplitude and b-wave amplitude showing the stability and half-life of cone

- 837 opsin response recovery.
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839 SUPPLEMENTARY FIGURES



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- 841 Supplementary Figure S1: Representative HPLC chromatogram of retinoids from Wild-
- 842 type mice liver.



- **Supplementary Figure S2:** Representative HPLC chromatogram of retinoids from wild-
- 846 type mice eyes.



Supplementary Figure S3: HPLC analysis and quantification of all-*trans* retinol at 3-months of age in various tissues. WT and $Rbpr2^{-/-}$ mice on different vitamin A diet showing the comparative box plots of all-*trans* retinol (atROL) in various non-ocular tissues among the genotypes and dietary conditions. Values are presented as ±SD. Student *t*-test, *p<0.05; **p<0.005; ***p<0.001; n.s., not significant.

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Supplementary Figure S4: HPLC analysis and quantification of all-*trans* retinol at 6-months of age in various tissues. WT and $Rbpr2^{-/-}$ mice on different vitamin A diets showing the comparative box plots of all-*trans* retinol (atROL) levels in various non-ocular tissues among the genotypes and dietary conditions. Values are presented as ±SD. Student *t*-test, *p<0.05; **p<0.005; ***p<0.001; ****p<0.0001.; n.s., not significant.

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Scotopic ERG1cds/m² 6-month



Scotopic ERG1cds/m² 6-month









One-phase ass	ociation		
Best-fit	RBPR2 KO VAS	RBPR2 KO VAD	WTVAS
Y0	10.95	15.19	16.46
Plateau	49.69	102.9	68.87
к	0.1399	0.03653	0.6837
Tau	7.149	27.38	1.463
Half-time	4.955	18.97	1.014
Span	38.74	87.67	52.41







Best-fit values	RBPR2 KO VAS	RBPR2 KO VAD	WTVAS
Y0	19.98	14.84	14.06
Plateau	26.44	17.54	22.6
к	1.017	Unstable	0.95
Tau	0.9832	Unstable	1.053
Half-time	0.6815	Unstable	0.7296
Span	6.462	2.693	8.533

Green Stimulus One-phase association a-wave amplitude					
Best-fit values	RBPR2 KO VAS	RBPR2 KO VAD	WTVAS		
Y0	5.553	6.607	5.108		
Plateau	10.33	106568	16.44		
к	0.6741	1.69E-06	0.3885		
Tau	1.484	590906	2.574		
Half-time	1.028	409585	1.784		
Span	4.778	106561	11.33		