






## Association between the *IL1B-511 C>T* polymorphism and the risk of hematologic malignancies: data from a meta-analysis

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### ABSTRACT

The relationship between the *IL1B-511C>T* (rs16944) polymorphism and the risk of developing hematologic malignancies remains controversial. Thus, we performed a meta-analysis to evaluate the association between *IL1B-511C>T* polymorphism and the risk of developing hematologic malignancies. A comprehensive search was conducted to identify all eligible studies on *IL1B-511C>T* polymorphism and hematologic malignancies. Twelve case-control studies, with 2,896 cases and 3,716 controls, were selected for the analysis. The overall data failed to indicate a significant association between *IL1B-511C>T* polymorphism and the risk of hematologic malignancies (OR:1.06, 95% Confidence Interval [CI]: 0.93–1.22). Moreover, non-significant associations were observed in a stratified analysis according to neoplasm type (multiple myeloma, Hodgkin's lymphoma, and non-Hodgkin's lymphoma), ethnicity (European and Asian), and Hardy-Weinberg equilibrium. In summary, our results suggest that there is no association between the *IL1B-511C>T* polymorphism and the risk of hematologic malignancies. As such, further large-scale studies are needed to confirm our findings.

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## Introduction



Hematologic malignancies are a group of malignant diseases that are derived from myeloid and lymphoid hematopoietic lineages<sup>1</sup> and account for approximately 9% of all cancers. It is also the fourth most frequently diagnosed cancer in both men and women in developed countries.<sup>2</sup> According to the World Health Organization (WHO), lymphoid neoplasms are grouped into lymphatic precursor neoplasms; mature B-, T-, and NK-cell neoplasms; and lymphomas. Myeloid neoplasms are subdivided into multiple myeloma (MM) and myelodysplastic syndromes (MDS). Leukemias are classified as either acute or chronic based on the rapidity of proliferation and as myelocytic or lymphocytic based on the cell of origin.<sup>3,4</sup> Overall, each leukemia subtypes presents different clinical conditions and each has a specific treatment protocol.


It is well established that chronic inflammation drives tumor progression in multiple types of cancer.<sup>5</sup> Increased basal inflammatory status seems to promote mutagenesis through the induction of chronic oxidative stress and subsequent DNA oxidative damage, and elicits epigenetic changes that further promote inflammation.<sup>6</sup> In addition, a common feature of many hematologic malignancies is the overproduction of proinflammatory cytokines. Although several cytokines are overexpressed in hematological malignancies,

overproduction of tumor necrosis factor-alpha (TNF- $\alpha$ ), interleukin 6 (IL-6), and interleukin 1 (IL-1) is most commonly observed in patients, suggesting that these cytokines play a role in the development and/or manifestation of hematologic malignancies.<sup>7-9</sup>

Evidence supporting a pro-tumorigenic role of IL-1 $\beta$  in all cancer types has been described recently.<sup>10</sup> IL-1 $\beta$  plays a pleiotropic role in cancer by modulating gene expression and cytokine production and regulating cellular adhesion and migration, angiogenesis, cancer cell proliferation, and metastasis.<sup>10</sup> While acute IL-1 $\beta$  exposure contributes to hematopoietic stem cell (HSC) regeneration after myeloablation and transplantation,<sup>11</sup> chronic exposure after infection or injury promotes uncontrolled HSC division and eventual exhaustion of the HSC pool.<sup>6,12</sup>

IL-1 $\beta$  is a key mediator of carcinogenesis via the promotion of chronic inflammation, and genetic variations with gain function in this gene have been extensively studied in recent years with regards to cancer.<sup>13</sup> The Interleukin 1 Beta (*IL1B*) gene is highly polymorphic, and base transitions between C and T at positions -511 (C>T; dbSNP: rs16944) have been associated with increased IL-1 $\beta$  secretion.<sup>14,15</sup> Numerous epidemiological studies have investigated the association between

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*IL1B-511 C>T* in many types of cancer;<sup>16,17</sup> however, in hematologic malignancies, the results remain unclear and many are inconclusive due to inconsistent findings in individual studies. Therefore, this study performed a meta-analysis to provide accurate data on the association between genetic variation and the risk of hematologic malignancies.

## Results

### Baseline study characteristics

After careful evaluation of the literature based on the search strategy and eligibility criteria, we identified 11 studies that were included in this meta-analysis. As shown in the flow chart depicting the process of selection of studies (Figure 1), one study was excluded because it did not describe genotype frequency.<sup>18</sup> One study had information on Hodgkin lymphoma (HL) and non-Hodgkin lymphoma (NHL), and for this reason, it was duplicated. Therefore, for statistical analysis, we used 12 studies.

The studies enrolled 2,892 patients diagnosed with a specific hematologic malignancy and compared them with 3,716 cancer-free controls. All studies had a case-control design, were published between 2007 and 2021, and targeted one or more of the following hematologic malignancies: (1) ALL, (1) AML, (1) CLL, (1) CML, (2) HL, (2) NHL, (1) MDS, (2) MM and/or (1) Philadelphia chromosome-negative myeloproliferative neoplasm (MPN).

The detailed characteristics of the data gathered from the 12 case-control studies are summarized in Table 1. Eleven studies were in accordance with the Hardy-Weinberg Equilibrium (HWE). However, one was outside the HWE. Six studies

involved the Asian population, four involved the European population, one involved the Caucasian population, and one involved the mixed population of Brazil. Most of the studies included adult patients in the case group (91%).

### Quality assessment results

The evaluation of the methodological aspects with regard to quality showed that one study had a low score (9 points), nine studies reached a score between 10 and 11 points, and two studies reached a score of 14 points, as shown in Table 1.

### Meta-analysis of the *IL1B-511 C>T* polymorphism and its relationship with hematologic malignancies

Table 2 shows the overall and stratified analyses of this polymorphism according to the type of neoplasm (MM, HL, and NHL), ethnicity (European and Asian), and HWE in allelic and genotypic evaluations. The results of the pooled studies showed that there were no significant associations between the *IL1B-511 C>T* polymorphism and the risk of hematologic malignancies (OR:1.06; 95% Confidence Interval (CI):0.93–1.22;  $p = .37$ ) (Figure 2). Likewise, non-significant associations were found in the stratified analysis by *i*) type of neoplasm: MM (OR: 1.28, 95% CI: 0.81–2.02,  $p = .29$ ), HL (OR: 1.02, 95% CI: 0.84–1.24,  $p = .85$ ) and NHL (OR: 1.00, 95% CI: 0.63–1.61,  $p = .98$ ), *ii*) ethnicity: European (OR: 0.86, 95% CI: 0.57–1.30,  $p = .48$ ) and Asian (OR: 1.09, 95% CI: 0.99–1.20,  $p = .09$ ) and *iii*) HWE (OR: 1.05, 95% CI: 0.91–1.20,  $p = .54$ ). In this study, we used the random-effects statistical

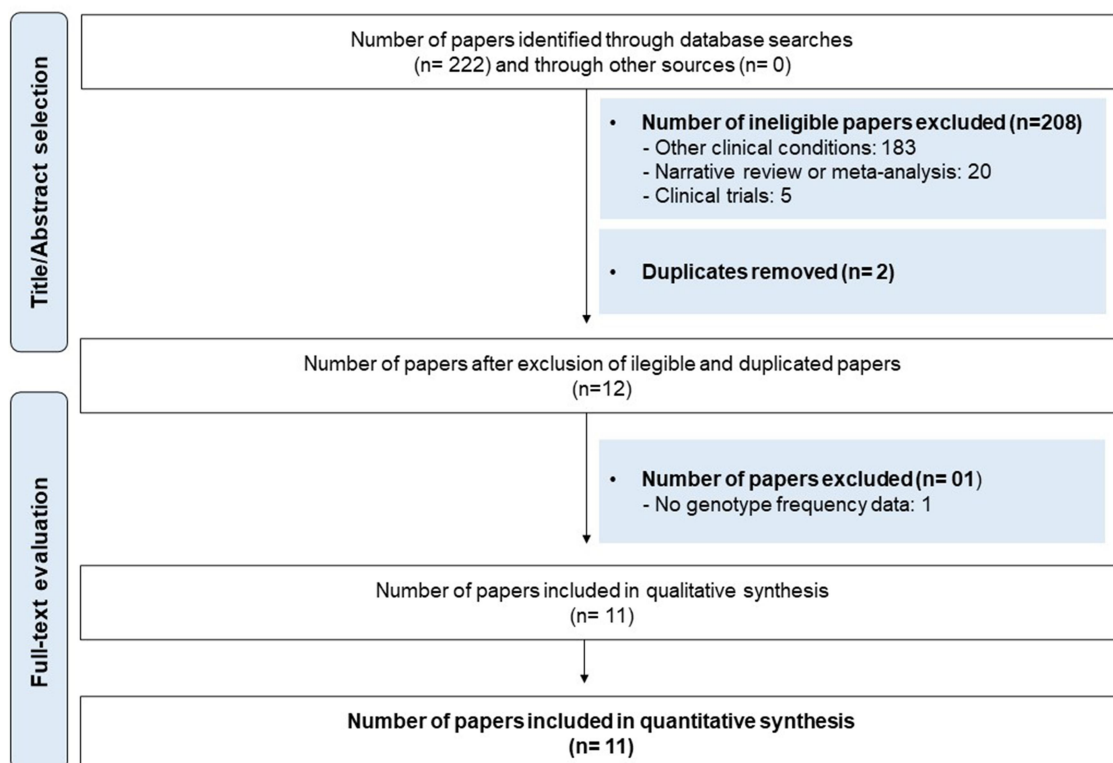


Figure 1. Flowchart for identification, screening and selection of the studies.

**Table 1.** Characteristics of studies included in the quantitative synthesis (meta-analysis).

First Author and Reference	Year	Disease Type	Ethnicity	Country	Study Design	Age (male/female)	Subject Type	Sample Size (case/control)	HWE	Score
Abazis-Stambulieh <sup>19</sup>	2007	MM	European	Greece	C/Cc	65 (42–80)/65.7 (40–85)	C-healthy	74/160	Yes	10
Alves <sup>20</sup>	2021	ALL	Mixed	Brazil	C/Cc	12 (14–17)/38 (26–52)	C-healthy/relapse	158/192	Yes	11
Ennas <sup>21</sup>	2008	CLL	European	Italy	C/Cc	57.9 ± 12.5/56.5 ± 13.2	C-healthy	40/112	Yes	10
Hoefl I <sup>22</sup>	2008	NHL	European	Germany	C/Cc	56.1 (Nos)	C-healthy	640/658	Yes	14
Hoefl II <sup>22</sup>	2008	HL	European	Germany	C/Cc	56.1 (Nos)	C-Healthy	105/658	Yes	14
Sarani <sup>23</sup>	2021	NHL	Caucasian	Iran	C/Cc	20–90/21–75	C-healthy	151/165	No	9
Wang <sup>24</sup>	2017	AML	Asian	China	C/Cc	48 (16–89)	C-healthy/CCRS (cytogenetics risk stratification)/refractory/age/gender/bone marrow blast	383/300	Yes	10
Yin <sup>25</sup>	2016	MDS	Asian	China	C/Cc	56 (16–95)/42 (17–85)	C-healthy/Age/gender/hemogram change	160/96	Yes	11
Zhang <sup>26</sup>	2017	CML	Asian	China	C/Cc	47 (16–81)/45 (21–83)	C-healthy/risk stratification score/BCR-ABL response	267/344	Yes	10
Zhao <sup>27</sup>	2017	HL	Asian	China	C/Cc	54 (13–85)/48 (21–85)	C-healthy	390/385	Yes	10
Zhao <sup>27</sup>	2018	MM	Asian	China	C/Cc	60 (25–89)/55 (26–90)	C-healthy/age/gender/classification/bone damaged/hemogram change/BM myeloma cell	355/350	Yes	11
Zhou <sup>28</sup>	2020	MPN	Asian	China	C/Cc	59 (16–84)/55 (16–88)	C-healthy	269/291	Yes	11

MM: multiple myeloma; ALL: acute lymphoblastic leukemia; CLL: chronic lymphocytic leukemia; NHL: non-Hodgkin lymphoma; HL: Hodgkin lymphoma; AML: acute myeloid leukemia; MDS: myelodysplastic syndrome; CML: chronic myeloid leukemia; MPN: Philadelphia chromosome-negative myeloproliferative neoplasm.

C case, Cc control, HWE Hardy–Weinberg equilibrium.

NOS: not otherwise specified.

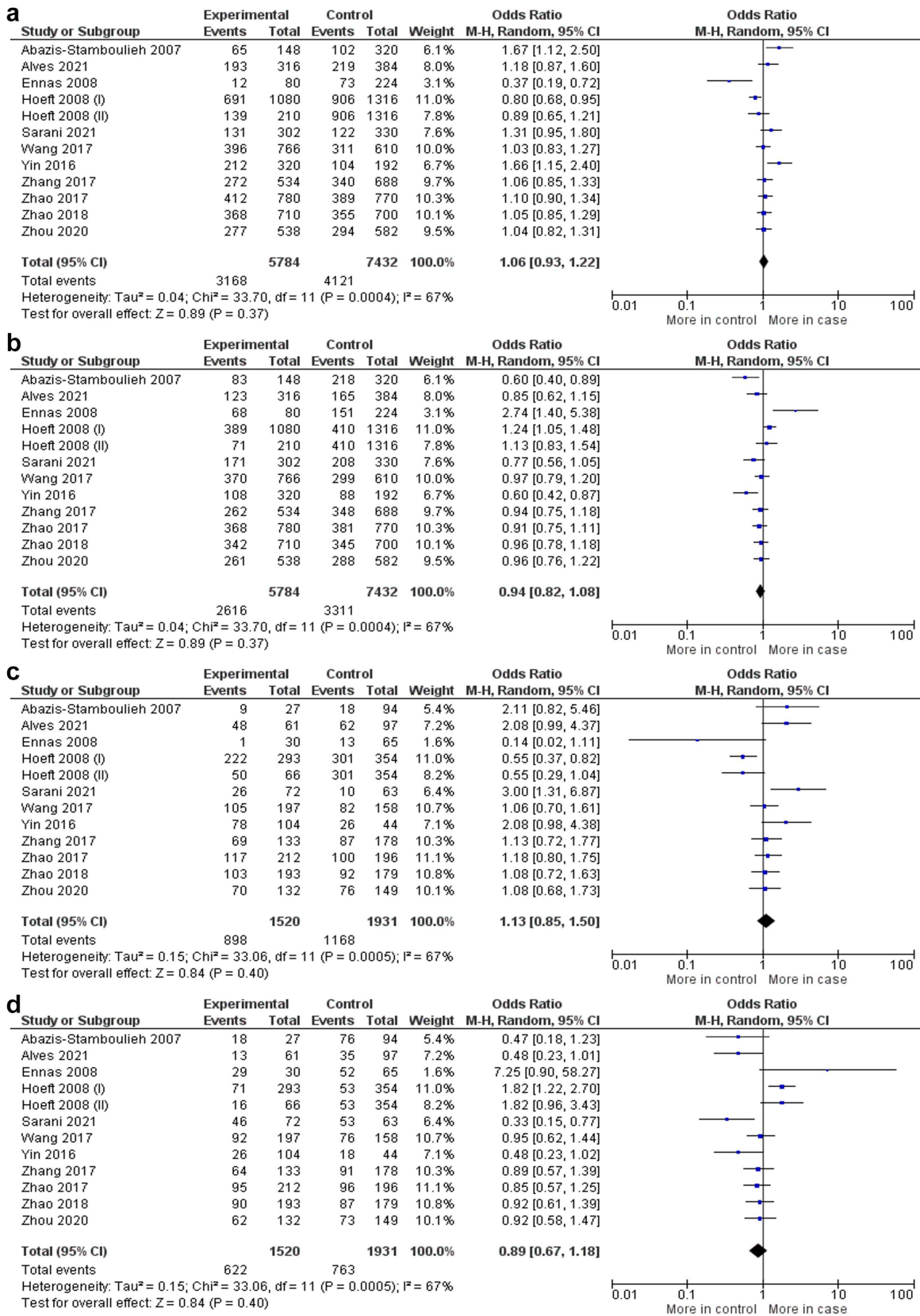
**Table 2.** Meta-analysis of the association between the IL1B–511 C>T (rs16944) polymorphism and the risk of hematological malignancies (allelic and genotypic comparisons; and stratified analysis).

Variable	Comparison	Case/Control	M versus m		m versus M	
			OR (95% CI)	p-value	OR (95% CI)	p-value
rs16944	(n)					
Overall	12	2,892/3,716	1.06 (0.93, 1.22)	.37	0.94 (0.82, 1.08)	.37
MM	2	429/510	1.28 (0.81, 2.02)	.29	0.78 (0.49, 1.23)	.29
HL	2	495/1,043	1.02 (0.84, 1.24)	.85	0.98 (0.80, 1.20)	.85
NHL	2	791/823	1.00 (0.63, 1.61)	.98	1.00 (0.62, 1.60)	.98
European	4	859/930	0.86 (0.57, 1.30)	.48	1.16 (0.77, 1.74)	.48
Asian	6	1,824/1,766	1.09 (0.99, 1.20)	.09	0.92 (0.83, 1.01)	.09
HWE yes	11	2,741/3,551	1.05 (0.91, 1.20)	.54	0.96 (0.83, 1.10)	.54
Variable	Comparison	Case/Control	MM versus mm		mm versus MM	
rs16944	(n)		OR (95% CI)	p-value	OR (95% CI)	p-value
Overall	12	2,892/3,716	1.13 (0.85, 1.50)	.40	0.89 (0.67, 1.18)	.40
MM	2	429/510	1.31 (0.72, 2.36)	.37	0.76 (0.42, 1.38)	.37
HL	2	495/1,043	0.84 (0.40, 1.77)	.65	1.19 (0.56, 2.50)	.65
NHL	2	791/823	1.23 (0.23, 6.49)	.80	0.81 (0.15, 4.27)	.80
European	4	859/930	0.67 (0.34, 1.32)	.24	1.50 (0.76, 2.94)	.24
Asian	6	1,824/1,766	1.15 (0.96, 1.38)	.13	0.87 (0.72, 1.04)	.13
HWE yes	11	2,741/3,551	1.05 (0.80, 1.38)	.70	0.95 (0.72, 1.25)	.70
Variable	Comparison	Case/Control	MM versus mm/Mm		Mm versus mm/MM	
rs16944	(n)		OR (95% CI)	p-value	OR (95% CI)	p-value
Overall	12	2,892/3,716	1.31 (0.94, 1.84)	.11	1.15 (0.81, 1.64)	.44
MM	2	429/510	1.14 (0.84, 1.55)	.41	1.43 (0.52, 3.95)	.49
HL	2	495/1,043	2.23 (0.54, 9.16)	.27	3.23 (0.14, 73.44)	.46
NHL	2	791/823	1.55 (0.41, 5.87)	.52	0.86 (0.61, 1.22)	.39
European	4	859/930	0.89 (0.70, 1.14)	.37	0.97 (0.57, 1.64)	.90
Asian	6	1,824/1,766	1.54 (0.93, 2.56)	.10	1.35 (0.73, 2.51)	.34
HWE yes	11	2,741/3,551	1.23 (0.87, 1.73)	.23	1.21 (0.83, 1.76)	.32

M, mutant allele; m, wild-type allele; OR, odds ratio; CI, confidence interval.

MM: multiple myeloma, HL: Hodgkin's lymphoma, NHL: non-Hodgkin's lymphoma.

HWE: Hardy–Weinberg equilibrium.



**Figure 2.** Forest plots for comparison of the (a) mutant allele versus wild-type allele, (b) wild-type allele versus mutant allele, (c) homozygous mutant versus homozygous wild-type, and (d) homozygous wild-type versus homozygous mutant in *IL1B-511 C>T* (rs16944) polymorphism and hematologic malignancies.



model for OR calculation because of the increased heterogeneity value ( $I^2 = 59\%$ ,  $p = .00$ ).

### Publication bias and sensitivity analysis

The results of the evaluation of publication bias showed the absence of apparent asymmetry in the funnel plot graphics for the comparisons of the overall evaluation (Figure S1). These data were supported by the non-significant values from the Begg test and Egger's linear regression tests, as shown in Table S1. Sensitivity analysis also demonstrated that no single study affected the pooled OR values in the validation of our results.

### Discussion

To the best of our knowledge, this is the first meta-analysis to comprehensively evaluate the association between *IL1B-511 C>T* polymorphism and the risk of hematological malignancies. Single-nucleotide variants (SNVs) is a term that describes a nucleotide variation in the DNA sequence, and is intrinsically associated with drug resistance, disease susceptibility, and ethnic differences.<sup>29</sup> Published data regarding the biological functions of *IL1B* polymorphisms have shown that the *IL1B-511 C>T* polymorphism strongly influences transcriptional activity only in the context of other *IL1B* promoter polymorphisms, such as *IL-1B -31 C>T*.<sup>15</sup> Moreover, a C to T single base polymorphism in the promoter of *IL1B* gene C(-511)→T has been reported to affect IL-1 and IL-1Ra levels.<sup>30</sup>

Few studies have demonstrated the role of the *IL1B -511 C>T* polymorphism in patients with hematologic malignancies. Hence, owing to the inconsistency in results and the limited number of studies available, we performed this meta-analysis. The results of the overall and stratified studies showed that there were no statistically significant associations between *IL1B-511 C>T* and the risk of hematologic malignancies. In addition, owing to the limited number of studies on mixed and Caucasian ethnicities ( $n = 1$ ), we could not perform a stratified analysis. Despite this, the use of the suggested guidelines for the evaluation of these studies demonstrated the acceptable quality of studies in this meta-analysis (Table 1 and Table S1), which demonstrated the accurate methodological aspects of the studies.

Although our data showed non-significant associations for allelic or genotypic evaluations, in previous reports, the studied alleles and genotypes for the *-511 C>T* polymorphism in *IL1B* have been associated with the risk of some hematologic malignancies and clinical implications. The T allele is associated with an increased risk of MM.<sup>19</sup> In acute leukemia, the CT and TT genotypes are associated with the risk of pediatric ALL,<sup>20</sup> and CT has been associated with a favorable-risk cytogenetic group in AML.<sup>24</sup> In chronic leukemia, the T allele has been associated with a lower risk of CLL<sup>21</sup> and CT with an early molecular response at 6 months for *BCR:ABL* in CML.<sup>26</sup> Patients with the *IL1B-511 C>T* polymorphism had a higher score on the International Prognostic Scoring System (IPSS), which might serve as a novel biomarker and potential target for MDS.<sup>25</sup> Enhanced IL-1 $\beta$  signaling is a common event in patients with hematological malignancies,<sup>13</sup> and knowledge of their genetics and molecular mechanisms will allow us to

determine the true potential of IL-1 $\beta$  targeting as a therapy for hematological malignancies and their related complications.

Ethnicity directly influences the incidence of hematologic malignancies in a given population.<sup>31</sup> According to previous studies, American descendants are more susceptible to developing Hodgkin and non-Hodgkin lymphoma, multiple myeloma, acute myeloid, and lymphoblastic leukemia,<sup>32</sup> while people of South Asian and African descent have the lowest risk.<sup>31,33</sup> It is important to note that in our study, Brazilians were exclusively composed of a mixed population, which is characterized by a high degree of admixture from Amerindian, African, and European ancestors.<sup>34</sup> In the literature, children of admixture ethnicity had a high risk of developing ALL due to the Amerindian genetic background.<sup>35</sup> This corroborates the study by Alves et al. (2021), which described the *IL1B-511 C>T* polymorphism as a risk factor for ALL in children from the Amazon region,<sup>20</sup> which is a region where Amerindian ancestry is predominantly found.<sup>36</sup>

Although our meta-analysis is the first to approach the association between this polymorphism and hematological malignancies and, as such, brought robust and accurate results with the absence of publication bias, this study has some important limitations that should be cited and discussed: (i) the limited number of studies may explain the non-significant associations observed so far; therefore, a larger sample size is necessary to validate the results, since in a stratified analysis, the number of each subgroup seems to be lower; ii) besides, we were unable to include a global representative population since the frequency of *IL1B-511 C>T* polymorphism is influenced by population analyzed which in our study was Asian population was predominant, iii) hematologic malignancies are multifactorial diseases caused by the interaction of several factors such as age, sex, infections, exposure to radioactive and/or chemical agents, and ethnicity. Hence, a completed stratified analysis could provide a better understanding of the influence of the *IL1B -511 C>T* polymorphism and its development; however, it was not possible to perform this due to the limited available data in the studies. (iv) More specific analyses might be conducted if individual data were available, such an analysis would have allowed us to adjust for other covariates, such as age, family history, and environmental factors and v) Finally, and our data are accurate and demonstrate non-significant associations. Further studies with larger sample sizes are required to investigate the association between the *IL1B-511 C>T* polymorphism and hematologic malignancies.

In conclusion, the overall and stratified analyses of this meta-analysis, composed of 12 case-control studies with 2,892 patients and 3,716 cancer-free controls, did not find any evidence of an association between the *IL1B-511 C>T* polymorphism and the risk of hematologic malignancies.

### Materials and methods

#### Literature search strategy

This meta-analysis followed the Preferred Reporting Items for Systematic Reviews and Meta-Analyses) statement.<sup>37</sup>

Electronic databases (PubMed, Web of Science, and Google Scholar) were comprehensively searched using the following combined keywords or medical subject headings (MeSH): “polymorphism,” “rs16944,” “inflammasome” and “cancer.” There were no language restrictions in the search strategy, and all studies published before November 30, 2022, were considered. We screened the abstracts of the studies found as well as their references to identify potential additional studies.

### Inclusion and exclusion criteria

In this meta-analysis, studies were included according to the following criteria: (1) studies evaluating the association between the *IL1B-511 C>T* (rs16944) polymorphism and the risk of some hematologic malignancy; (2) case-control studies; and (3) studies with sufficient genotype data in cases and controls to calculate the odds ratio (OR) with 95% confidence intervals (95% CIs). The main reasons for exclusion of studies were as follows: (1) no genotype frequency data and (2) duplication of an earlier publication.

### Data extraction

Two researchers (Fabiola Silva Alves Hanna [FSAH] and Felipe Rodolfo Pereira Silva [FRPS]) independently reviewed all the studies and extracted the data using a standardized form. Disagreements were resolved by discussion with the coauthors. The following information was extracted: the first author’s surname, year of publication, disease type, ethnicity, country of origin, study design, age, subject type, number of cases and controls in the sample, and whether the allelic and genotypic frequencies were in Hardy – Weinberg equilibrium (HWE).

### Quality score assessment

Two reviewers independently assessed the quality of studies (FSAH and FRPS) according to the scale for quality assessment described by Tian et al. (2016).<sup>38</sup> The quality scale was based on the methodological aspects of the included studies, such as the source of cases, source of controls, specimens collected, HWE in controls, and total sample size. These scores were selected on both traditional epidemiological considerations and cancer genetic issues. The scores ranged from 0 to 15, and quality was measured by the variation from low (worst) to high (best) scores (Table S1).

### Statistical analysis

The statistical program Review Manager version 5.3 (RevMan, Nordic Cochrane Centre, The Cochrane Collaboration, 2012) was used for the systematic reviews and meta-analyses. Publication bias was evaluated using Comprehensive Meta-analysis statistical software version 3.3.070 (2014).

The presence or absence of true heterogeneity ( $I^2$ ) was calculated using Cochran’s  $X^2$  test or chi-squared Q-based statistical test.  $I^2$  was also analyzed for heterogeneity by visualizing the funnel plot graph. When the observed value of  $I^2$  presented not statistically significant and was defined as

mild or moderate ( $I^2 < 50\%$ ,  $p > .05$ ), the authors used the fixed-effects model for the pooled odds ratio (OR) calculation. When  $I^2$  presented a statistically significant value and was defined as elevated ( $I^2 > 50\%$ ,  $p < .05$ ), the random-effects statistical model was used for OR calculations. Statistical significance was set at  $p < .05$ . To quantify the exact influence of genetic variation on the risk of disease development, six genetic models were measured using “M” as the mutant allele and “m” allele as the wild-type allele. Therefore, the calculations were composed of allelic comparisons: (I) M versus m, (II) m versus M; genotypic comparisons: (III) MM versus mm, (IV) mm versus MM, and combinations of genotypic variations: (V) MM versus mm + Mm, and (VI) Mm versus MM + mm. In addition, a sensitivity analysis was performed by omitting one study at the time of the pooled OR calculation for the mutant allele in order to detect any type of single interference. A sensitivity analysis was performed by omitting one included study at a time to verify any possible significant changes in the OR value. To assess publication bias, the Begg’s test and Egger’s linear regression test were used to estimate potential publication bias ( $p < .05$ ). In this meta-analysis, asymmetry of the funnel plot for publication bias was also considered to validate the results of Begg’s test and Egger’s test. All the included studies had dichotomous data expressed as OR with 95% confidence intervals (CI) to verify the possible association between the aforementioned genetic variations and hematologic malignancies.

### Disclosure statement

No potential conflict of interest was reported by the author(s).

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### Author contributions

Study design: FSAH, DSP, FM-G, and AGC. Searched databases and collected full-text papers: FSAH and FRPS. FSAH and FRPS were extracted and analyzed. Statistical analyses: FRPS and ALABL. FSAH and AGC wrote the manuscript. All authors have reviewed the final version of the manuscript.

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