1	
2	
3	
4	
5	
6	
7	
8	
9	The progression of neurovascular features and chemokine signatures of the intervertebral disc with
10	degeneration
11	
12	Remy E. Walk ¹ , Kaitlyn S. Broz ² , Liufang Jing ¹ , Ryan P. Potter ³ , Christian E. Gonzalez ¹ , Alec T.
13	Beeve ^{1,4} , Erica L. Scheller ^{1,4} , Munish C. Gupta ⁵ , Lori A. Setton ^{1,3,5} , Simon Y. Tang ^{1-3,5}
14	
15 16 17 18 19 20 21	 ¹Department of Biomedical Engineering, Washington University in St. Louis, St. Louis, MO ²Institute of Material Science and Engineering, Washington University in St. Louis, St. Louis, MO ³Department of Mechanical Engineering and Materials Science, Washington University in St. Louis, St. Louis, St. Louis, MO ⁴Department of Medicine, Washington University School of Medicine, St. Louis, MO ⁵Department of Orthopaedic Surgery, Washington University School of Medicine, St. Louis, MO
22 23 24 25 26 27 28 29	Corresponding Author: Simon Y. Tang, Ph.D., MSCI Associate Professor Orthopedic Surgery, Biomedical Engineering, Mechanical Engineering & Materials Science Washington University in St. Louis simon.tang@wustl.edu
30	
31	Keywords: intervertebral disc degeneration; inflammatory chemokines; intradiscal vascularization;
32	innervation; low back pain pathoanatomy

33 Abstract (200 words)

34 Inflammatory cytokine production and de novo neurovascularization have been identified in painful, degenerated intervertebral discs (IVDs). However, the temporal trajectories of these key pathoanatomical 35 36 features, including the cascade of inflammatory chemokines and neo-vessel and neurite infiltration, and 37 their associations with IVD degeneration, remain relatively unknown. Investigating this process in the caudal mouse IVD enables the opportunity to study the tissue-specific response without confounding 38 39 inflammatory signaling from neighboring structures. Thus this study aims to define the progression of chemokine production and neurovascular invasion during the IVD degeneration initiated by injury in the 40 41 caudal spine 3-month-old C57BL6/J mice. Forty-nine IVD-secreted chemokines and matrix metalloproteinases (MMPs) was measured using multiplex ELISA, and the intradiscal infiltrating vessels 42 43 (endomucin) and nerves (protein-gene-product 9.5) was quantified in the tissue volume using 44 immunohistochemistry. Injury provoked the increase secretion of IL6, CCL2, CCL12, CCL17, CCL20, 45 CCL21, CCL22, CXCL2 and MMP2 proteins. The centrality and structure of inflammatory networks in 46 IVDs evolved over the 12 post-injury weeks, highlighting distinct responses between the acute and chronic phases. Neurites propagated rapidly within 2-weeks post-injury and remained relatively constant 47 48 until 12-weeks. Vascular vessel length was observed to peak at 4-weeks post-injury and it regressed by 49 12-weeks. These findings identified the temporal flux of inflammatory chemokines and pain-associated pathoanatomy in a model of IVD degeneration using the mouse caudal spine. 50

51 **1. Introduction**

Low back pain affects up to 85% of the population worldwide^{1,2}, and intervertebral disc (IVD) 52 degeneration is a significant contributing factor.³ The IVD is a cartilaginous soft tissue and is considered 53 avascular and aneural.⁴ Sandwiched between vertebral bodies, the IVD provides resistance against 54 55 compressive loads and shock absorbance for the axial skeleton. With aging and injury, the IVD degenerates with the compromised ability to perform these essential functions and ultimately leading to 56 low back pain.³ In addition to the structural collapse and the depletion of proteoglycan-rich matrix, other 57 58 hallmarks of the degenerating IVD may be culprits to chronic pain, including the production of inflammatory chemokines, expression of catabolic enzymes^{5,6}, and the invasion of neurites and 59 vessels.^{7,8,9,10} Chemokines canonically recruit immune cells, which in turn secrete more chemokines that 60 further exacerbate the inflammatory state of the degenerating IVD¹¹, and the immune cells can further 61 accelerate the breakdown of the extracellular matrix.^{12,13} Chemokines produced by the IVD may also 62 contribute to neuron and vessel propagation around and into the outer annulus fibrosus which may 63 mediate of IVD degeneration associated low back pain.¹⁴ Further, chronic presence of these chemokines 64 can sensitize nociceptive neurons to produce more pain signals.⁵⁸ 65 66 Animal models are a common tool for studying IVD degeneration. Injury such as via mechanical

overloading^{15–18} or needle puncture^{19–33} are used to provoke degeneration of the IVD. Though the lumbar 67 spine is more clinically relevant as a site of pain generation compared to the caudal spine, the surgical 68 exposure required to access the lumbar IVD is traumatic, and the surrounding inflammation may 69 70 confound the IVD-specific responses. Puncture injury to the caudal IVD does not require surgical exposure and can be implemented with relatively simple surgical exposure or radiographic guidance.²⁵ 71 72 Furthermore, the murine caudal spine consists of 27 intervertebral discs, compared to just 5 in the lumbar spine,³⁴ and thus enable better control of inter-animal variability by allowing comparisons of IVDs 73 74 subjected to different treatment conditions within the same mouse. Therefore, the caudal spine may be 75 more experimentally efficient for investigating IVD-specific disease mechanisms.

To effectively leverage the advantages of the caudal model, it is crucial to define the progression of the inflammatory cascade and pain-related neurovascular features over time. Both neurites and vessels have been observed in aged mouse lumbar IVDs³⁵ and in human degenerated IVDs⁸, but the time course of how the caudal IVD recapitulates these features is unclear. Therefore, the objective of this study is to define the temporal progression of neurites, vessels, and the local production of chemokines during injury-induced degeneration of the mouse caudal IVD.

82 2. Materials and Methods

83 2.1 Animal model

All animal procedures were performed with Washington University School of Medicine IACUC 84 85 approval. Three-month-old C57BL6/J female mice (N = 35) were used in this study. They were housed 86 under standard animal husbandry conditions (in a temperature-controlled $[21 \square \pm \square 1^{\circ}C]$ room with normal 12-h light/dark cycles). Bilateral puncture with 30G needle of caudal (Coccygeal - Co) intervertebral 87 88 discs (IVD) was performed and adjacent IVDs were used as internal controls. Pre- and post-procedural X-89 ray (Faxitron UltraFocus 100) was used to locate the IVDs of interest to confirm puncture. Co4/5 and 90 Co6/7 were injured with Co3/4 and Co7/8 acting as internal controls. A group of animals (n = 5)91 underwent a sham procedure to create a superficial injury where the only the skin and surrounding soft 92 tissue was punctured without injury to the IVD. Longitudinal assessment of pain behavior and locomotive 93 performance was performed on a subset of animals (Supplemental methods). The mice were euthanized at 2, 4 and 12 weeks (n = 9-10 per timepoint) after injury; all sham mice were taken out to 12 weeks. Paired 94 95 control and injured IVDs from bilateral puncture mice were divided between OCT embedded histology (Co3/4 and Co4/5; n = 9-10 per timepoint), paraffin embedded histology (Co7/8 and Co6/7; n = 5 per timepoint)96 97 timepoint) and organ culture (Co7/8 and Co6/7; n.= 4-5 per timepoint). Sham control and punctured IVDs 98 were divided between immunohistochemistry (Co3/4 and Co4/5) and paraffin embedded histology (Co7/8 99 and Co6/7). The lumbar dorsal root ganglions were also extracted from a subset of animals and 100 underwent staining for TRPV1 (Supplemental methods). All samples for histology were immediately 101 fixed in 4% paraformaldehyde at time of sacrifice for 24-48 hours.

102

103 2.2 Paraffin embedded histology

104 Spinal segments with Co7/8 and Co6/7 (n = 5 per timepoint) were embedded in paraffin and 10 μ m thick

105 sagittal sections were stained with Safranin-O against FAST green. IVDs were graded using a

106 standardized 35-point histopathology scale.³⁶ Three independent blinded individuals graded all

107 histological sections to consensus.

108 2.3 Quantification of Secreted Factors

100	2.5 Quantification of Secreted 1 actors
109	Co7/8 and Co6/7 ($n = 4-5$ each per timepoint) functional spinal units (FSUs) were immediately placed in
110	tissue culture media at time of sacrifice. Culture media consisted of 1:1 Dulbecco's modified Eagle's
111	medium: Nutrient mixture F-12 (DMEM:F12) supplemented with 20% fetal bovine serum and 1%
112	penicillin-streptomycin. FSUs were cultured for 6 days at 37°C and 5% CO ₂ with a complete media
113	change after 3 days. Media that was collected on Day 6 was analyzed as described here.
114	The chemokines were measured using the Luminex TM 200 system (Luminex) using two separate kits, a
115	32-plex and a 12-plex assays (MilliporeSigma) to detect a total of 44 markers. The 32-plex included
116	Eotaxin (CCL11), granulocyte colony-stimulating factor (GCSF), granulocyte-macrophage colony-
117	stimulating factor (GMCSF), IFN-γ, IL-1α, IL-1β, IL-2, IL-3, IL-4, IL-5, IL-6, IL-7, IL-9, IL-10, IL-12
118	(p40), IL-12 (p70), IL-13, IL-15, IL-17, IP-10 (CXCL10), KC (CXCL1), leukemia inhibitory factor
119	(LIF), LIX (CXCL5), MCP-1 (CCL2), MCSF, MIG (CXCL9), MIP-1a (CCL3), MIP-1β (CCL4), MIP-2
120	(CXCL2), RANTES (CCL5), TNFa, and VEGFA. The 12-plex measured 6Ckine/Exodus2 (CCL21),
121	Fractalkine (CX3CL1), IFN-β1, IL-11, IL-16, IL-20, MCP-5 (CCL12), MDC (CCL22), MIP-3α
122	(CCL20), MIP-3 β (CCL19), TARC (CCL17), and TIMP-1. Assay sensitivities of these markers range
123	from 0.3–30.6 pg/mL. Matrix metalloproteases (MMPs) were quantified using a single 5-plex kit
124	(MilliporeSigma). This kit measured MMP-2, MMP-3, MMP-8, proMMP-9 and MMP-12. Assay
125	sensitivities of these markers range from 1.6 – 8.4 pg/mL. Individual analyte sensitivity values for all kits
126	are available in the MilliporeSigma MILLIPLEX® MAP protocol.
127	2.4 Evaluation of intradiscal vascularization and innervation
128	The spinal segments including Co3/4 and Co4/5 IVDs ($n = 9-10$ per timepoint) were embedded in OCT
129	and sectioned along the sagittal plane at a 50 µm thickness. Frozen sections were stained with anti-protein
130	gene product 9.5 (PGP9.5) and anti-endomucin (EMCN) against DAPI. PGP9.5 is a neuronal marker for
131	sensory and autonomic nerve fibers and EMCN is an endothelial cell marker. Visualization of PGP9.5

132 and EMCN was achieved with Alexa Fluor 488 (green) and Alexa Fluor 647 (red) antibodies,

133 respectively.

Three-dimensional image stacks were obtained via confocal fluorescence microscopy (DMi8, Leica Microsystems) and a maximum intensity image of each 50 µm section was generated for analysis. Nerves and vessels were semi-automatically traced using ImageJ 2.3.0 SNT plugin.³⁷ Individual structure lengths were tabulated and total neurite and vessel length was calculated including both the posterior and anterior sides of the IVD. The outer annulus fibrosus and immediately adjacent tissues were included as the region of interest (ROI) for quantification.

140

141 2.5 Cytokine Network Analysis

To further characterize the temporal variation in inflammatory signaling, networks of cytokine 142 143 interactions were constructed and analyzed using a custom MATLAB (Version: 9.13.0.2080170 R2022b) 144 script. Networks were generated by calculating a Pearson correlation matrix for each timepoint by ratioing each analyte's concentration between injured and uninjured discs for each animal. To focus only 145 on strong protein correlations, a threshold $(|\mathbf{r}| > 0.7)$ was applied to the correlation matrices and self-loops 146 were removed. The filtered matrices were used to create undirected graphs, with nodes representing 147 148 cytokines and edges representing significant interactions. Eigenvector centrality and betweenness centrality were computed to determine important cytokines for each timepoint network. High-ranking 149 cytokines shared between timepoints and unique to each timepoint were identified. Additionally, key 150 151 network characteristics were extracted to understand the structure and function of the cytokine networks. The path length was computed as an average of the shortest finite paths between all pairs of nodes; 152 153 modularity was computed using the Louvain community algorithm (Blondel et al., 2008). The Jaccard 154 index calculated for all pairs of networks with 2-hop reachability matrices to allow for quantifying 155 similarity between networks with a slight tolerance for indirect edge comparisons. Finally, networks were 156 visualized using force-directed layouts with nodes colored by eigenvector centrality and sized by 157 betweenness centrality.

158

159 2.6 Statistics

- 160 A paired two-way ANOVA was used to test for an effect of injury and week post-injury between the
- 161 experimental and control segments, at a significance level of 0.05 with a post hoc Tukey HSD (Prism
- 162 10.2.2, GraphPad). A paired t-test was used to test for an effect of the superficial injury on experimental
- 163 levels versus control segments in the sham-injured group only (12 weeks).
- 164 {Figure 1}

165 **Results**

- 166 3.1 Direct injury to the intervertebral disc causes rapid and sustained degeneration
- 167 Bilateral puncture of the caudal intervertebral disc (IVD) resulted in mild to severe IVD degeneration (Fig
- 168 2A). Complete collapse of the IVD was observed in the most severe cases. Co6/7 and Co7/8 IVDs from
- sham and bilateral puncture mice were graded on a histopathologic scale for IVD degeneration and total
- 170 IVD grade was significantly increased in punctured IVDs compared to internal controls of injured
- 171 (p<0.05, ANOVA) but no differences were detected in these levels in the sham mice (p=0.1, t-test; Fig.
- 172 2B). Multiple compartments of the IVD showed degenerative changes, including the nucleus pulposus,
- annulus fibrosus and the interfaces at all timepoints after injury while cartilaginous endplates were only
- significantly degenerated at 12 weeks following injury (Fig. 2C). No effect of injury was observed in any
- pain behavior or locomotive assessments {Supplemental}.
- 176 {Figure 2}

177 3.2 Chemokine production peaks at 2 weeks after injury

178	Forty-four distinct chemokines and five MMPs were measured from the culture media of control and
179	punctured functional spinal units from injured mice. An effect of injury was seen in both pro-
180	inflammatory chemokines (IL6 and TNF α) and immune cell recruitment chemokines (CCL4, CCL12,
181	CCL17, CCL20, CCL21, CCL22 and CXCL2) (Fig 3). TNF α and IL1 β are pivotal inflammatory
182	chemokines in IVD degeneration, and in this experimental model we only see increased
183	$TNF\alpha$ expression. ^{38,39} The greatest difference between injured and control IVDs in chemokine production
184	occurred 2 weeks after injury where significantly higher expression of CCL12, CCL17, CCL20, CCL22
185	and TNF α with all but CCL20 returning to control levels by 4 weeks post injury and CCL20 by 12 weeks
186	post injury (Fig 3A-E). CCL21 was elevated at 12 weeks after injury (Fig 3G). MMP-2 was detected as
187	being affected by injury with the peak at 12 weeks post injury (Fig. 3J). Approximately x chemokines
188	were not detectable at any of the time points, while Y chemokines were not different over time
189	(Supplemental Table 1).
190	{Figure 3}
191	
192 193	3.3 Innervation and vascularization propagate at different temporal trajectories
194	PGP9.5+ neurite and EMCN+ vasculature structures were manually segmented on a maximum projection
195	image (Fig 4A). The region of interest (ROI) contained the anterior and posterior outer annulus fibrosus
196	and surrounding tissue. High magnification ROIs show innervation and vascularization that colocalize in

- 197 these areas (Fig 4B). Nerve and vessel structures were semi-automatically traced and lengths were
- tabulated in each IVD.

199 {Figure 4}

200 Sham mice showed negligible amounts of innervation and vascularization within their IVDs. Total length

- 201 of each feature in each IVD was measured and an increased presence of both structures was observed as
- 202 early as 2 weeks after injury (Fig 5A-B). PGP9.5+ neurite structures are observed 2 weeks following

injury and remain consistently increased through the 12 week period; in comparison, EMCN+ vessels
peak at 4 weeks and appear to recede by 12 weeks after injury. Violin plots of punctured IVDs from
injured mice show the tabulation of individual nerve and vessel lengths that were measured with the total
number of structures written above the plot (Fig 5C-D). The distribution of nerves remains consistent
through all 12 weeks while the number of vessels in the 150-300 µm range is dramatically reduced at 12
weeks compared to 4 weeks post injury.

209 {Figure 5}

210 3.4

211 There were several novel findings in identifying influential cytokines in the networks across the 3 timepoints in this study. At 2 weeks post injury, pro-inflammatory (IL-4) and immune-cell recruiting 212 213 $(IFN\gamma, CCL2, CCL5)$ cytokines are high ranking in centrality. By week 4, these are no longer highly 214 central, but IFNB1, IL12p70, and CXCL1 (which are immune-cell recruiting cytokines also highly central 215 in the week-2 network) are still high-ranking nodes in centrality measures. Additional chemotactic and 216 immune-cell regulating cytokines (CX3CL1, IL-16, and LIF) are highly influential in the network at week 4. In moving to week 12, a unique set of cytokines and pleiotropic factors (IL9, CXCL2, CXCL9, CCL17, 217 218 CCL20, and VEGF) are central to network activity. Throughout all time points, IL-11 and CCL4 were consistently highly ranked in both centrality measures. In analyzing the network characteristics, 219 220 modularity greatly increases as time progresses after injury (0.269, 0.368, 0.466 for week 2, 4, 12 221 respectively). This finding is corroborated by the increase in path length as time progresses (1.41, 1.69, 222 and 1.80), wherein regulatory relationships become more distinct and linear while being less interactive and autoregulatory at later timepoints. In comparing network intersections, week 2 and week 4 are the 223 most similar (0.327 Jaccard Index) while week 2 vs week 12 and week 4 vs week 12 are equally 224 dissimilar (0.238 and 0.237 Jaccard Index respectively). 225 226 {Figure 6}

227 Discussion

IVD injury models are a commonly utilized tool for studying the progression of IVD degeneration. In 228 contrast to the lumbar spine, where degeneration is known to evoke changes in pain behavior^{24,40}, we did 229 not observe any behavioral changes following injury in the caudal spine (Fig. S1). Thus, the caudal IVD 230 231 injury model is best suited to evaluate IVD-specific responses during degeneration. The advantage of a 232 non-invasive surgical approach and access to multiple levels promotes the reduction in number of research animals used in accordance to the 3R principle.⁴¹ The use of the caudal spine also minimizes the 233 234 interference due to the disruption and inflammation of surrounding tissues compared to the complex surgical access to the lumbar spine. While there have been extensive studies showing the structural and 235 compositional degenerative changes following caudal puncture^{25,29,30,42,43}, limited data exists on additional 236 aspects of IVD degeneration including innervation^{27,28} and vascularization and chemokine secretion from 237 the explanted IVD.⁴⁴ Our results here show that the caudal IVD produces a significant amount of diverse 238 239 chemokines, and it is susceptible to developing pain-associated features after injury.

240 Bilateral puncture of the caudal IVD resulted in quick and sustained IVD degeneration up to 12 weeks post-injury. Both proinflammatory (IL6 and TNFa) and chemokines (CCL4, CCL12, CCL17, 241 242 CCL20, CCL21, CCL22 and CXCL2) were elevated with injury, with the highest expression of a subset of chemokines compared to controls at 2 weeks following injury. These chemokines canonically recruit 243 monocvtes, T-cells, and lymphocytes.⁴⁵ Yet chemokines are known to be pleiotropic and have been 244 associated with additional functions such as IVD degeneration, pain, neurite growth and angiogenesis.⁴⁶ 245 For example, CCL4 has been shown to be elevated in degenerated human IVDs and associated with pain 246 behavioral changes in a rat model of IVD degeneration.^{6,47,48} TNFα injected into rat lumbar IVDs has 247 been shown to enhance pain behavior changes, possibly through irritation of nerve endings.³³ CCL17 and 248 CCL21 induced dorsal root ganglion (DRG) axonal growth ^{49,50} and CXCL2 is a known mediator of 249 250 angiogenesis.⁵¹ CCL17 and CCL22 through the receptor CCR4 were indicated to play a role in pain development and CCL22 was able to activate neurons and increase neuron excitability.⁵² Chemokines 251 252 production of the IVD following injury may help provide further insights into the pathoanatomy of

innervation and vascularization as well as provide possible pathways for IVD degeneration associated low
back pain.

Correlative network analysis of the cytokine production revealed several key factors in both the 255 256 acute and chronic phases of injury. CCL4, a factor significantly upregulated in the IVD within this injury 257 model, is highly central in the cytokine network at all time points. In contrast, factors like CXCL2, CCL17, and CCL20 are also upregulated during injury but are only highly central at the latest timepoint 258 259 of 12 weeks. This highlights two distinct regimes of chronic inflammatory degeneration within the IVD. Initially, factors like CCL4 may serve as directors early on and remain notably influential within the 260 cytokine network all the way till the chronic timepoint of 12 weeks. In the end, however, there is a latent 261 inflammatory network change in which CXCL2, CCL17, and CCL20 become prominent only during this 262 263 final timepoint. This suggests that CCL4 may be a target for early intervention given its consistent 264 influence on the expression of other cytokines, elevated expression during injury, and its suggested role in 265 IVD degeneration and pain development previously mentioned. On the other hand, CXCL2, CCL17, and 266 CCL20 may be more appropriate as targets of late-stage intervention in chronic painful degeneration of the disc, given their aforementioned roles in angiogenesis, pain development, immune cell recruitment. 267 268 Network comparison revealed that both modularity and path length increase greatly with time after injury. 269 This suggests that earlier timepoints are characterized by a broad variety of inflammatory pathways 270 functioning in parallel (a notion supported by the peak upregulation of cytokines at 2 weeks post injury). 271 Contrarily, later timepoints are characterized by a more specific and linear set of chronic cytokine 272 relationships. This is further supported by the network similarity scores, with week 12 being highly dissimilar from week 2 and week 4. This ultimately suggests that the microenvironment of the injured 273 274 IVD switches from promoting acute inflammation to promoting chronic inflammation between week 4 275 and week 12, which could serve as the critical window for the mechanistic underpinnings of chronic 276 inflammatory signaling to develop.

277 Innervation of the IVD may be the potentiator of low back pain observed with lumbar puncture 278 models and this feature is recapitulated here in the caudal spine. Studies have previously illustrated

innervation of the IVD following injury with detection of PGP9.5+ or CGRP+ staining injured IVDs, but 279 without any quantification of the structures.^{19,26,28} Further, the coincidence of vascularization with neo-280 innervation has been previously observed but the time course of vessel propagation into the IVD 281 282 following injury has not been documented. To overcome these limitations, we semi-automatically traced 283 neurite and vascular structures on maximum projection images of PGP9.5 and EMCN stained thick sections.³⁷ This allowed for the tabulation of neurites and vessels present in the region of interest and their 284 285 lengths for comparison. We observed a time-dependent vessel infiltration of the outer annulus fibrosus and surrounding tissue. In contrast, neurites quickly infiltrated within two weeks of injury and remained 286 at similar levels in the subsequent time post injury. It is likely that the penetration of the IVD by vessels 287 would be considered prerequisite to infiltration by circulating cells, including monocytes and other 288 289 immune cells that might be responsible for secretion of the chemokines.

Behavioral assays can be used following lumbar puncture to quantify pain.^{20,23,24,26} A caveat of the 290 caudal puncture model is that it does not produce axial low back pain as it does not endure the axial torso 291 292 loadings. Correspondingly, we observed no differences in behavioral measures between sham and bilateral puncture mice. Although not measured here, there may have been localized measures of pain 293 including sensitization of the tail to mechanical and thermal stimuli (e.g., Hargreave's test, tail-flick).^{28,53} 294 295 Another possible surrogate of pain-related change is to quantify molecular expression of neurotrophic 296 factors in the innervating lumbar dorsal root ganglia (DRG). The DRG has been linked to chronic pain, and the increase in the expression of pain-related neuropeptides as well as neuronal excitability may be 297 the mediators of discogenic pain.⁵⁴ Ongoing work utilizes immunohistochemical staining for altered 298 presence of neurotrophic factors in lumbar DRGs that have a demonstrated role in mediating pain 299 300 transmission in the spine such as transient receptor potential cation channel subfamily V member 1 301 (TRPV1).

The method for quantifying innervation and vascularization of the IVD enabled measuring these features with greater fidelity. Protein analysis the IVD secreted chemokines revealed potential molecular mediators of IVD degeneration, innervation and vascularization with relevance to generation of

305 inflammation and pain. Many of the secreted chemokines found to be elevated may be associated with increased presence of infiltrating monocytes that may include macrophages, B-cells or T-cells.^{55,56} Not 306 surprisingly, the key angiogenic factor, VEGFA, was not elevated at any of the measured timepoints. 307 308 VEGFA is critically expressed early following tissue repair promote early angiogenesis, ⁵⁵ and by two-309 weeks following injury VEGFA has already exerted its effects as evidenced by robust vessel formation. In this study, we intentionally measured locally produced chemokines which will remove the effects of 310 systemic changes in the animal. Recent work shows that the chronic NFKB activation in the caudal IVD 311 produces a secretome that promote macrophage migration.⁵⁷ Our data here confirm that a degeneration-312 causing injury will upregulate a plethora of chemokines that will likely recruit multiple immune cell 313 types⁵⁵, concomitant with increasing neurovascular features. Future studies quantifying the presence of 314 these immune cells would advance our understanding of a role for local versus systemic changes in 315 316 modulating chemokine secretion, as well as key factors that govern the infiltration of these pain-317 associated features.

318 Acknowledgements

- 319 We gratefully acknowledge the support of the Washington University Musculoskeletal Research Center.
- 320 Multiplex Luminex cytokine panels were analyzed by Eve Technologies Corp.

321

- 322 Funding
- 323 This work was conducted with funding support from National Institute of Health: R01AR074441,
- 324 R01AR077678, R21AR081517, T32 DK108742, and P30AR074992.

325 Literature Cited

- 1. Hoy D, March L, Brooks P, et al. The global burden of low back pain: estimates from the Global
- 327 Burden of Disease 2010 study. *Ann Rheum Dis*. 2014;73(6):968-974.
- 328 doi:10.1136/ANNRHEUMDIS-2013-204428
- 2. Luoma K, Riihimäki H, Luukkonen R, Raininko R, Viikari-Juntura E, Lamminen A. Low back
- pain in relation to lumbar disc degeneration. *Spine (Phila Pa 1976)*. 2000;25(4):487-492.
- doi:10.1097/00007632-200002150-00016
- 332 3. Hoy D, Bain C, Williams G, et al. A systematic review of the global prevalence of low back pain.
- 333 Arthritis Rheum. 2012;64(6):2028-2037. doi:10.1002/ART.34347
- 4. Zehra U, Tryfonidou M, Iatridis JC, Illien-Jünger S, Mwale F, Samartzis D. Mechanisms and
- clinical implications of intervertebral disc calcification. *Nat Rev Rheumatol.* 2022;18(6):352.
- doi:10.1038/S41584-022-00783-7
- 337 5. Phillips KLE, Chiverton N, Michael ALR, et al. The cytokine and chemokine expression profile of
- nucleus pulposus cells: Implications for degeneration and regeneration of the intervertebral disc.

339 Arthritis Res Ther. 2013;15(6):1-15. doi:10.1186/AR4408/FIGURES/8

- 3406.Risbud M V., Shapiro IM. Role of cytokines in intervertebral disc degeneration: pain and disc
- 341 content. *Nat Rev Rheumatol 2013 101*. 2013;10(1):44-56. doi:10.1038/nrrheum.2013.160
- Lama P, Le Maitre CL, Harding IJ, Dolan P, Adams MA. Nerves and blood vessels in degenerated
 intervertebral discs are confined to physically disrupted tissue. *J Anat.* 2018;233(1):86.
- 344 doi:10.1111/JOA.12817
- Binch ALA, Cole AA, Breakwell LM, et al. Nerves are more abundant than blood vessels in the
 degenerate human intervertebral disc. *Arthritis Res Ther*. 2015;17(1). doi:10.1186/S13075-015 0889-6
- Silva MJ, Holguin N. Aging aggravates intervertebral disc degeneration by regulating transcription
 factors toward chondrogenesis. *FASEB J.* 2020;34(2):1970-1982. doi:10.1096/FJ.201902109R
- 10. Le Maitre CL, Hoyland JA, Freemont AJ. Catabolic cytokine expression in degenerate and

- herniated human intervertebral discs: IL-1β and TNFα expression profile. *Arthritis Res Ther.*
- 352 2007;9(4):1-11. doi:10.1186/AR2275/FIGURES/3
- 11. Kikuchi T, Nakamura T, Ikeda T, Ogata H, Takagi K. Monocyte chemoattractant protein-1 in the
- intervertebral disc. A histologic experimental model. *Spine (Phila Pa 1976)*. 1998;23(10):1091-
- 355 1099. doi:10.1097/00007632-199805150-00003
- 12. Haro H, Shinomiya K, Komori H, et al. Upregulated expression of chemokines in herniated
- 357 nucleus pulposus resorption. *Spine (Phila Pa 1976)*. 1996;21(14):1647-1652.
- 358 doi:10.1097/00007632-199607150-00006
- 359 13. Bohaud C, Johansen MD, Jorgensen C, Kremer L, Ipseiz N, Djouad F. The Role of Macrophages
- 360 During Mammalian Tissue Remodeling and Regeneration Under Infectious and Non-Infectious

361 Conditions. *Front Immunol*. 2021;12. doi:10.3389/FIMMU.2021.707856

- 36214.Burke JG, Watson RWG, McCormack D, Dowling FE, Walsh MG, Fitzpatrick JM. Intervertebral
- discs which cause low back pain secrete high levels of proinflammatory mediators. *J Bone Joint*

364 Surg Br. 2002;84(2):196-201. doi:10.1302/0301-620X.84B2.12511

- 15. Easson GWD, Savadipour A, Gonzalez C, Guilak F, Tang SY. TRPV4 differentially controls
- inflammatory cytokine networks during static and dynamic compression of the intervertebral disc.
- *JOR spine*. 2023;6(4). doi:10.1002/JSP2.1282
- 16. Easson GWD, Savadipour A, Anandarajah A, et al. Modulation of TRPV4 protects against
- degeneration induced by sustained loading and promotes matrix synthesis in the intervertebral

370 disc. FASEB J. 2023;37(2):e22714. doi:10.1096/FJ.202201388R

- 17. Paul CPL, Schoorl T, Zuiderbaan HA, et al. Dynamic and static overloading induce early
- degenerative processes in caprine lumbar intervertebral discs. *PLoS One*. 2013;8(4).
- 373 doi:10.1371/JOURNAL.PONE.0062411
- 18. MacLean JJ, Lee CR, Grad S, Ito K, Alini M, Iatridis JC. Effects of immobilization and dynamic
- 375 compression on intervertebral disc cell gene expression in vivo. *Spine (Phila Pa 1976)*.
- 376 2003;28(10):973-981. doi:10.1097/01.BRS.0000061985.15849.A9

- 19. Lee S, Millecamps M, Foster DZ, Stone LS. Long-term histological analysis of innervation and
- 378 macrophage infiltration in a mouse model of intervertebral disc injury–induced low back pain. J

379 Orthop Res. 2020;38(6):1238-1247. doi:10.1002/JOR.24560

- 380 20. Millecamps M, Lee S, Foster DZ, Stone LS. Disc degeneration spreads: long-term behavioural,
- 381 histologic and radiologic consequences of a single-level disc injury in active and sedentary mice.

382 *Eur Spine J.* 2021;30(8):2238-2246. doi:10.1007/S00586-021-06893-2/FIGURES/3

- 21. Liu JW, Abraham AC, Tang SY. The high-throughput phenotyping of the viscoelastic behavior of
- 384 whole mouse intervertebral discs using a novel method of dynamic mechanical testing. *J Biomech*.
- 385 2015;48(10):2189-2194. doi:10.1016/j.jbiomech.2015.04.040
- 386 22. Walk RE, Moon HJ, Tang SY, Gupta MC. Contrast-enhanced microCT evaluation of degeneration
- following partial and full width injuries to the mouse lumbar intervertebral disc. *Sci Rep.*
- 388 2022;12(1). doi:10.1038/S41598-022-19487-9
- 23. Qiu S, Shi C, Anbazhagan AN, et al. Absence of VEGFR-1/Flt-1 signaling pathway in mice
- results in insensitivity to discogenic low back pain in an established disc injury mouse model. J
- 391 *Cell Physiol*. 2020;235(6):5305. doi:10.1002/JCP.29416
- 392 24. Shi C, Das V, Li X, et al. Development of an in vivo mouse model of discogenic low back pain. J
- 393 *Cell Physiol.* 2018;233(10):6589-6602. doi:10.1002/JCP.26280
- 394 25. Tian Z, Ma X, Yasen M, et al. Intervertebral Disc Degeneration in a Percutaneous Mouse Tail
- 395 Injury Model. *Am J Phys Med Rehabil*. 2018;97(3):170-177.
- 396 doi:10.1097/PHM.00000000000818
- 26. Millecamps M, Stone LS. Delayed onset of persistent discogenic axial and radiating pain after a
- single-level lumbar intervertebral disc injury in mice. *Pain.* 2018;159(9):1843-1855.
- 399 doi:10.1097/J.PAIN.00000000001284
- 400 27. Orita S, Ohtori S, Taniguchi A, et al. Direct evidence for sensory innervation of the dorsal portion
- 401 of the Co5/6 coccygeal intervertebral disc in rats. *Spine (Phila Pa 1976)*. 2010;35(14):1346-1352.
- 402 doi:10.1097/BRS.0B013E3181C099B0

- 403 28. Mohd Isa IL, Abbah SA, Kilcoyne M, et al. Implantation of hyaluronic acid hydrogel prevents the
- 404 pain phenotype in a rat model of intervertebral disc injury. *Sci Adv.* 2018;4(4).
- 405 doi:10.1126/SCIADV.AAQ0597/SUPPL_FILE/AAQ0597_SM.PDF
- 406 29. Martin JT, Gorth DJ, Beattie EE, Harfe BD, Smith LJ, Elliott DM. Needle puncture injury causes
- 407 acute and long-term mechanical deficiency in a mouse model of intervertebral disc degeneration. J
- 408 Orthop Res. 2013;31(8):1276-1282. doi:10.1002/JOR.22355
- 409 30. Han B, Zhu K, Li FC, et al. A simple disc degeneration model induced by percutaneous needle
- 410 puncture in the rat tail. *Spine (Phila Pa 1976)*. 2008;33(18):1925-1934.
- 411 doi:10.1097/BRS.0B013E31817C64A9
- 412 31. Xia D, Yan M, Yin X, et al. A Novel Rat Tail Needle Minimally Invasive Puncture Model Using
- 413 Three-Dimensional Printing for Disk Degeneration and Progressive Osteogenesis Research. Front
- 414 *Cell Dev Biol.* 2021;9:587399. doi:10.3389/FCELL.2021.587399/BIBTEX
- 415 32. Leimer EM, Gayoso MG, Jing L, Tang SY, Gupta MC, Setton LA. Behavioral Compensations and
- 416 Neuronal Remodeling in a Rodent Model of Chronic Intervertebral Disc Degeneration. *Sci Rep.*
- 417 2019;9(1):1-10. doi:10.1038/s41598-019-39657-6
- 418 33. Lai A, Moon A, Purmessur D, et al. Annular puncture with tumor necrosis factor-alpha injection
- 419 enhances painful behavior with disc degeneration in vivo. *Spine J.* 2016;16(3):420-431.
- 420 doi:10.1016/J.SPINEE.2015.11.019
- 421 34. The Anatomy of the Laboratory Mouse. Accessed May 22, 2024.
- 422 https://www.informatics.jax.org/cookbook/
- 423 35. Vincent K, Mohanty S, Pinelli R, et al. Aging of mouse intervertebral disc and association with
 424 back pain. *Bone*. 2019;123:246-259. doi:10.1016/j.bone.2019.03.037
- 425 36. Melgoza IP, Chenna SS, Tessier S, et al. Development of a standardized histopathology scoring
- 426 system using machine learning algorithms for intervertebral disc degeneration in the mouse
- 427 model—An ORS spine section initiative. JOR Spine. 2021;4(2):e1164. doi:10.1002/JSP2.1164
- 428 37. Arshadi C, Günther U, Eddison M, Harrington KIS, Ferreira TA. SNT: a unifying toolbox for

- 429 quantification of neuronal anatomy. *Nat Methods* 2021 184. 2021;18(4):374-377.
- 430 doi:10.1038/s41592-021-01105-7
- 431 38. Johnson ZI, Schoepflin ZR, Choi H, Shapiro IM, Risbud M V. Disc in Flames: Roles of TNF-α
- 432 and IL-1β in Intervertebral Disc Degeneration. *Eur Cell Mater*. 2015;30:104.
- 433 doi:10.22203/ECM.V030A08
- 434 39. Wang Y, Che M, Xin J, Zheng Z, Li J, Zhang S. The role of IL-1 β and TNF- α in intervertebral
- disc degeneration. *Biomed Pharmacother*. 2020;131. doi:10.1016/J.BIOPHA.2020.110660
- 436 40. Olmarker K, Iwabuchi M, Larsson K, Rydevik B. Walking analysis of rats subjected to
- 437 experimental disc herniation. *Eur Spine J.* 1998;7(5):394. doi:10.1007/S005860050096
- 438 41. Tannenbaum J, Bennett BT. Russell and Burch's 3Rs Then and Now: The Need for Clarity in
- 439 Definition and Purpose. *J Am Assoc Lab Anim Sci.* 2015;54(2):120. Accessed July 12, 2024.
- 440 /pmc/articles/PMC4382615/
- 441 42. Yang F, Leung VYL, Luk KDK, Chan D, Cheung KMC. Injury-induced sequential transformation
- 442 of notochordal nucleus pulposus to chondrogenic and fibrocartilaginous phenotype in the mouse. J

443 Pathol. 2009;218(1):113-121. doi:10.1002/PATH.2519

- 444 43. Piazza M, Peck SH, Gullbrand SE, et al. Quantitative MRI correlates with histological grade in a
 445 percutaneous needle injury mouse model of disc degeneration. *J Orthop Res.* 2018;36(10):2771-
- 446 2779. doi:10.1002/JOR.24028
- 44. Kang JD, Georgescu HI, Mc Lntyre-Larkin L, Stefanovic-Racic M, Evans CH. Herniated cervical
 intervertebral discs spontaneously produce matrix metalloproteinases, nitric oxide, interleukin-6,
- 449 and prostaglandin E2. *Spine (Phila Pa 1976)*. 1995;20(22):2373-2378. doi:10.1097/00007632-
- 450 199511001-00001
- 45. Sokol CL, Luster AD. The Chemokine System in Innate Immunity. *Cold Spring Harb Perspect*452 *Biol.* 2015;7(5):1-20. doi:10.1101/CSHPERSPECT.A016303
- 453 46. Dimberg A. Chemokines in Angiogenesis. Published online 2010:59-80. doi:10.1007/82_2010_21
- 454 47. Li Z, Liu H, Yang H, et al. Both expression of cytokines and posterior annulus fibrosus rupture are

- 455 essential for pain behavior changes induced by degenerative intervertebral disc: An experimental
- 456 study in rats. *J Orthop Res*. 2014;32(2):262-272. doi:10.1002/JOR.22494
- 457 48. Zhang J, Li Z, Chen F, et al. TGF-β1 suppresses CCL3/4 expression through the ERK signaling
- 458 pathway and inhibits intervertebral disc degeneration and inflammation-related pain in a rat model.
- 459 *Exp Mol Med.* 2017;49(9). doi:10.1038/EMM.2017.136
- 460 49. Urbantat RM, Blank A, Kremenetskaia I, Vajkoczy P, Acker G, Brandenburg S. The
- 461 CXCL2/IL8/CXCR2 Pathway Is Relevant for Brain Tumor Malignancy and Endothelial Cell

462 Function. Int J Mol Sci. 2021;22(5):1-19. doi:10.3390/IJMS22052634

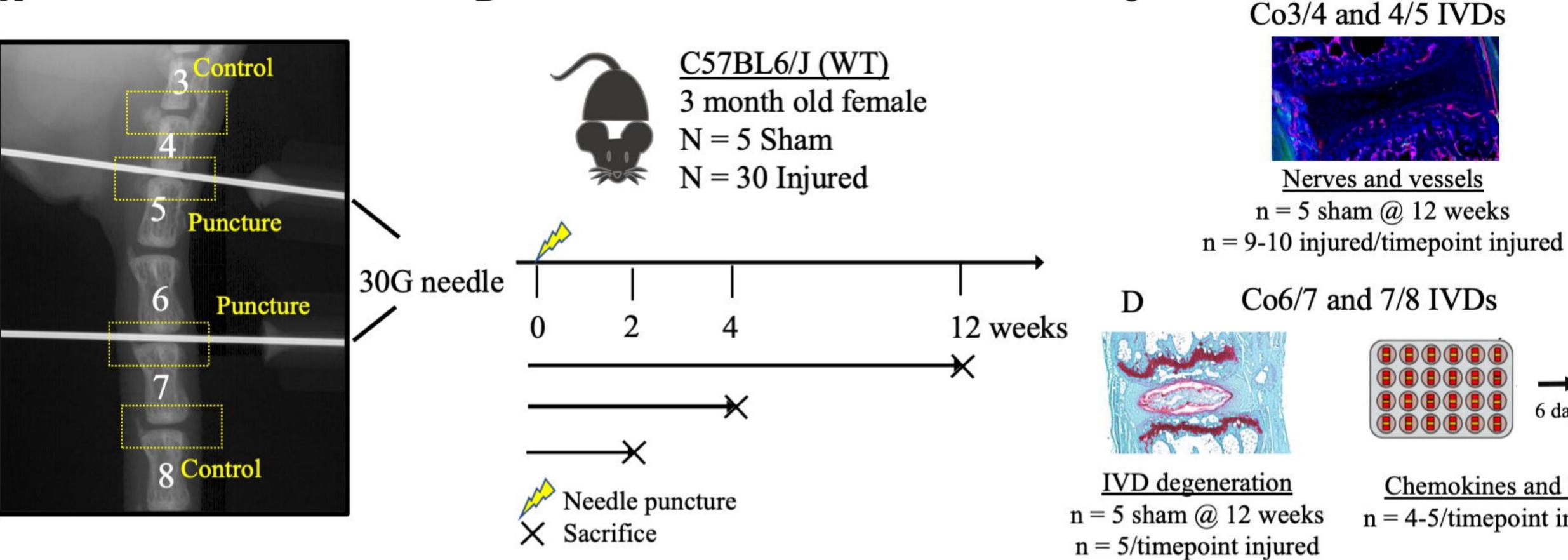
- 463 50. Mesquida-Veny F, Hervera A. Neuronal chemokines: new insights into neuronal communication
 464 after injury. *Neural Regen Res.* 2023;18(11):2379. doi:10.4103/1673-5374.371352
- 465 51. Mehrad B, Keane MP, Strieter RM. Chemokines as mediators of angiogenesis. *Thromb Haemost*.
 466 2007;97(5):755. doi:10.1160/TH07-01-0040
- Silva JR, Iftinca M, Gomes FIF, et al. Skin-resident dendritic cells mediate postoperative pain via
 CCR4 on sensory neurons. *Proc Natl Acad Sci U S A*. 2022;119(4).
- 469 doi:10.1073/PNAS.2118238119/-/DCSUPPLEMENTAL
- 470 53. Allen KD, Griffin TM, Rodriguiz RM, et al. Decreased physical function and increased pain
- 471 sensitivity in mice deficient for type IX collagen. *Arthritis Rheum*. 2009;60(9):2684-2693.
- 472 doi:10.1002/ART.24783
- 473 54. Krames ES. The role of the dorsal root ganglion in the development of neuropathic pain. *Pain Med*474 (*United States*). 2014;15(10):1669-1685. doi:10.1111/pme.12413
- 475 55. Clayton SW, Walk RE, Mpofu L, Easson GWD, Tang SY. Analysis of Infiltrating Immune Cells
- 476 Following Intervertebral Disc Injury Reveals Recruitment of Gamma-Delta ($\gamma\delta$) T cells in Female
- 477 Mice. *bioRxiv*. Published online March 2, 2024. doi:10.1101/2024.03.01.582950
- 478 56. Rohanifar M, Clayton SW, Easson GWD, et al. Single Cell RNA-Sequence Analyses Reveal
- 479 Uniquely Expressed Genes and Heterogeneous Immune Cell Involvement in the Rat Model of
- 480 Intervertebral Disc Degeneration. *Appl Sci.* 2022;12(16). doi:10.3390/APP12168244/S1

- 481 57. Burt KG, Kim MKM, Viola DC, Abraham AC, Chahine NO. Nuclear factor κB overactivation in
- the intervertebral disc leads to macrophage recruitment and severe disc degeneration. *Sci Adv*.

483 2024;10(23). doi:10.1126/SCIADV.ADJ3194

- 484 58. White FA, Wilson NM. Chemokines as pain mediators and modulators. Curr Opin Anaesthesiol.
- 485 2008 Oct;21(5):580-5. doi: 10.1097/ACO.0b013e32830eb69d. PMID: 18784482; PMCID:
- 486 PMC2702665.
- 487
- 488

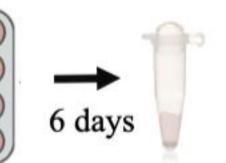


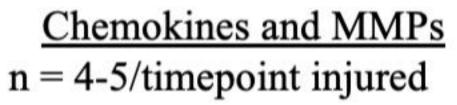


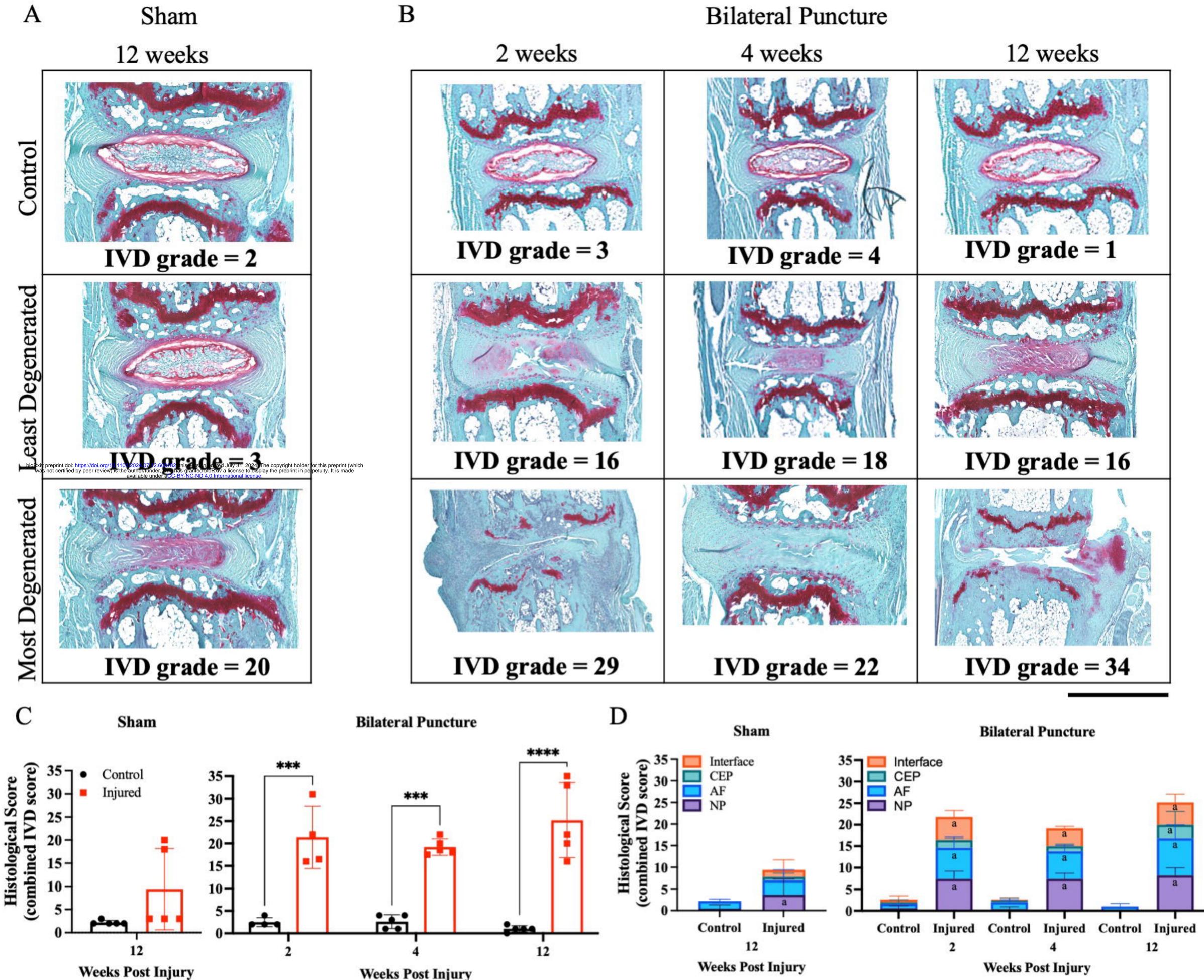
С

В

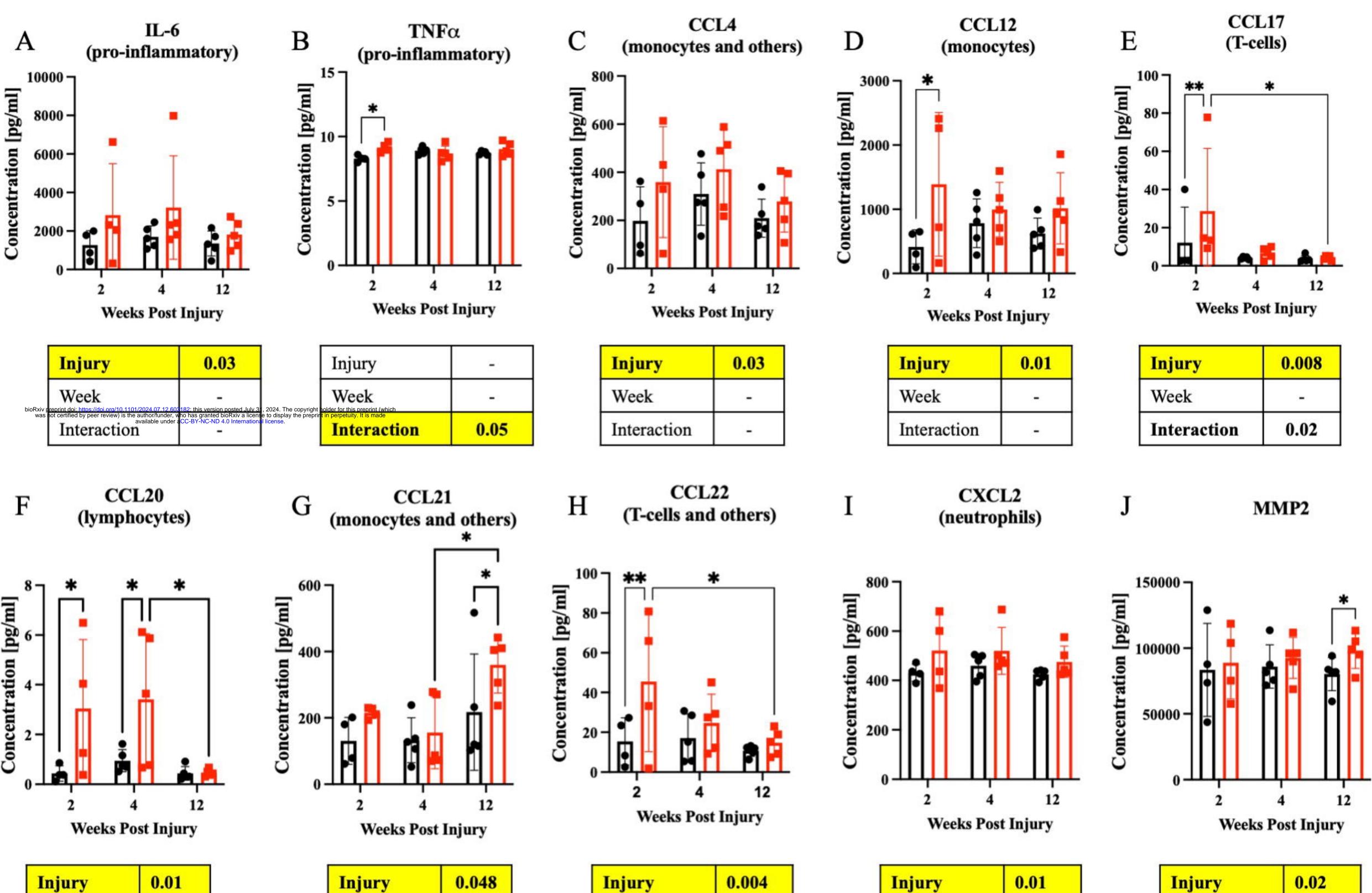


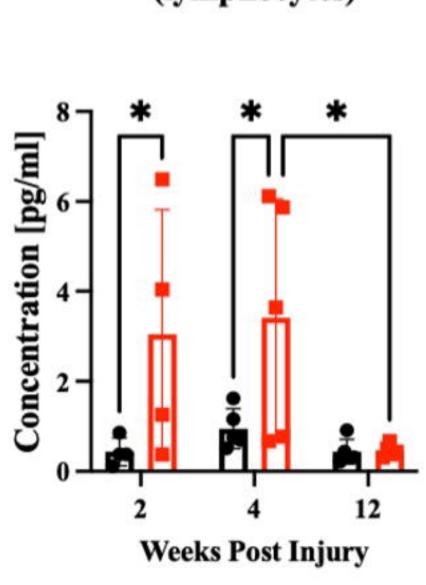




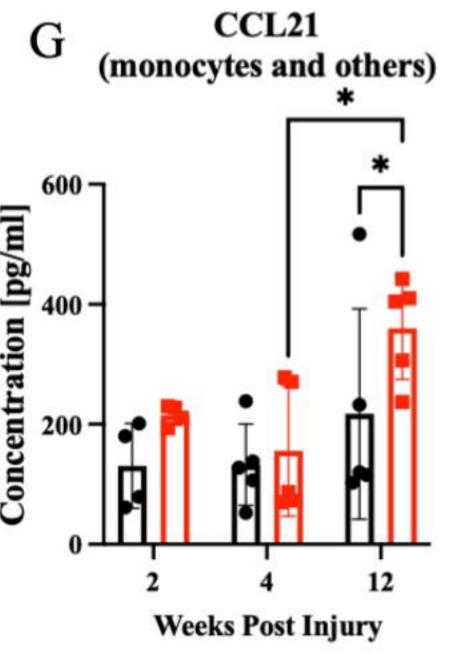


Weeks Post Injury

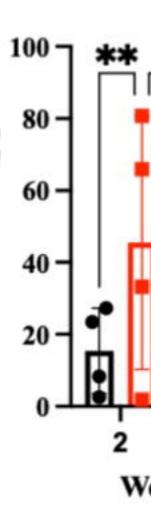




Injury	0.01
Week	-
Interaction	



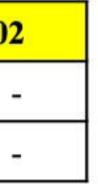
Injury	0.048
Week	0.03
Interaction	-

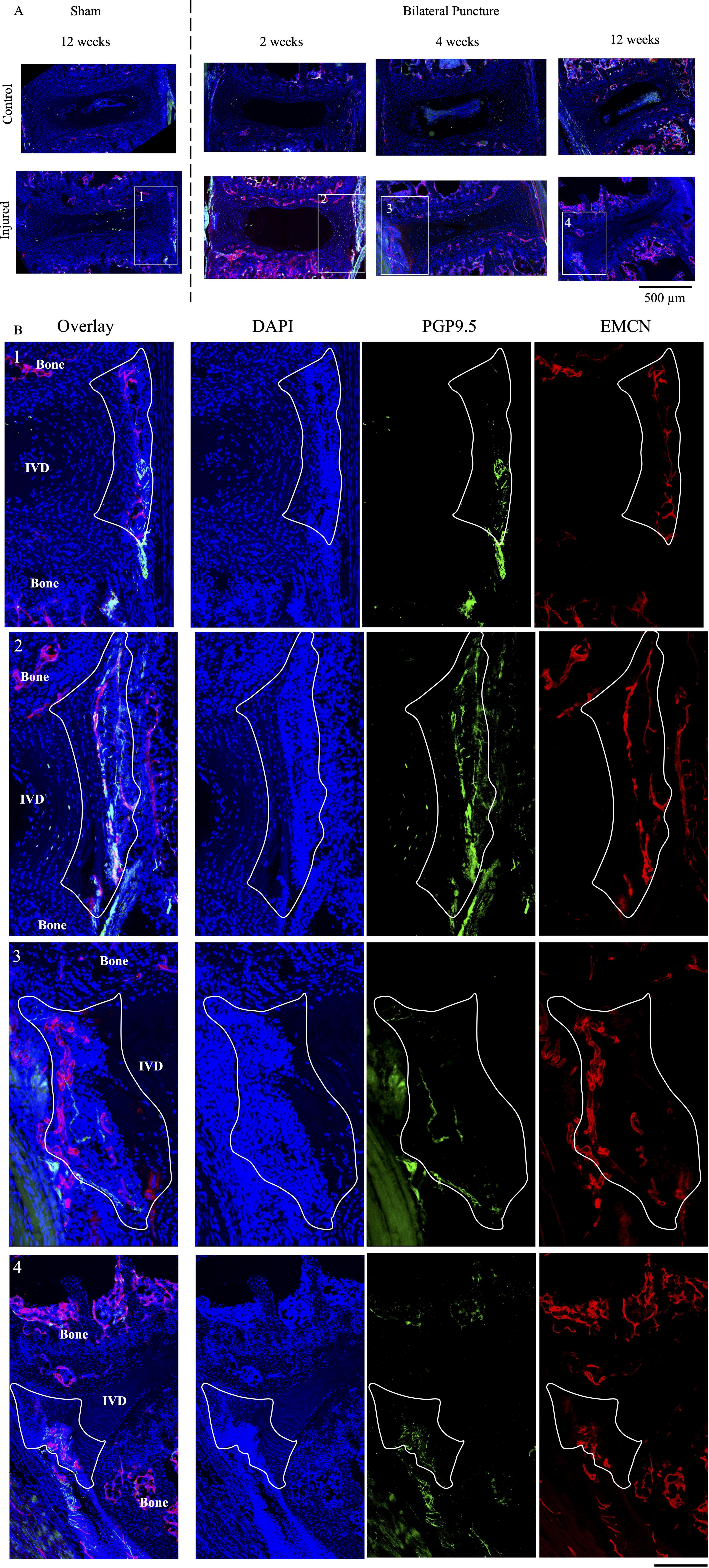


Injury	0.004
Week	-
Interaction	0.04

Week -Interaction -

Injury	0.0
Week	
Interaction	





100 µm

