



## Original Article

## Potential of the muscarinic acetylcholine receptor 1 modulates neurophysiological features in a mouse model of Rett syndrome

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## ABSTRACT

Rett syndrome (RTT) is a neurodevelopmental disorder primarily caused by mutations in the X chromosome-linked gene *Methyl-CpG Binding Protein 2 (MECP2)*. Restoring MeCP2 expression after disease onset in a mouse model of RTT reverses phenotypes, providing hope for development of treatments for RTT. Translatable biomarkers of improvement and treatment responses have the potential to accelerate both preclinical and clinical evaluation of targeted therapies in RTT. Studies in people with and mouse models of RTT have identified neurophysiological features, such as auditory event-related potentials, that correlate with disease severity, suggesting that they could be useful as biomarkers of disease improvement or early treatment response. We recently demonstrated that treatment of RTT mice with a positive allosteric modulator (PAM) of muscarinic acetylcholine subtype 1 receptor (M<sub>1</sub>) improved phenotypes, suggesting that modulation of M<sub>1</sub> activity is a potential therapy in RTT. To evaluate whether neurophysiological features could be useful biomarkers to assess the effects of M<sub>1</sub> PAM treatment, we acutely administered the M<sub>1</sub> PAM VU0486846 (VU846) at doses of 1, 3, 10 and 30 mg/kg in wildtype and RTT mice. This resulted in an inverted U-shaped dose response with maximal improvement of AEP features at 3 mg/kg but with no marked effect on basal EEG power or epileptiform discharges in RTT mice and no significant changes in wildtype mice. These findings suggest that M<sub>1</sub> potentiation can improve neural circuit synchrony to auditory stimuli in RTT mice and that neurophysiological features have potential as pharmacodynamic or treatment-responsive biomarkers for preclinical and clinical evaluation of putative therapies in RTT.

## Introduction

Rett syndrome (RTT) is a neurodevelopmental disorder (NDD) that predominantly affects girls and women and is characterized by loss of hand skills and spoken language, repetitive hand movements, and gait problems [1]. The majority of people with RTT have loss-of function mutations in the X-linked gene *Methyl-CpG-binding Protein 2 (MECP2)*, which encodes the transcriptional regulatory protein MeCP2 [2,3]. Affected individuals also exhibit a number of other clinical features such as seizures, growth failure, breathing irregularities and other autonomic

abnormalities [4–7] and are dependent on caregivers for all activities of daily living throughout their lives [8].

Mouse models of RTT display numerous phenotypic abnormalities similar to clinical features found in people with RTT [1,9–11]. Restoration of *MECP2* expression in RTT mice, even after symptom onset, reverses phenotypes and provides hope for the development of meaningful disease modifying/reversing therapies in RTT [12,13]. These findings have led to the evaluation of a number of novel therapeutic approaches in RTT disease models, including modulation of glutamate signaling [14–17], treatment with growth factors [18–21], gene therapy [22–26],

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and re-expression of MeCP2 [27–31]. A number of human clinical trials in RTT have been conducted, initiated, or proposed [15,20,32–34] including a recent successful phase 3 clinical trial and FDA approval of rofetinide, the first drug for RTT [35].

Rapid therapeutic development in RTT is hindered by the lack of well-validated biomarkers of early treatment response and clinical improvement. Biomarkers that are consistent between pre-clinical disease models and affected individuals have the potential to improve preclinical therapy evaluation, informing and accelerating efficient clinical trials. Recent work in people with RTT has detected changes in neurophysiological measures, such as changes in quantitative EEG frequency power and alterations in evoked potentials, that correlate with disease severity [36, 37]. Interestingly, similar neurophysiological features have been found to correlate with phenotypic abnormalities in RTT mouse models [13, 38–40], and can be normalized in mice expressing a partial loss-of-function (LOF) allele of MeCP2 by increasing expression of the partial LOF MeCP2 variant [40], suggesting that these neurophysiological features may serve as translatable biomarkers of disease progression and improvement.

Here, we characterized changes in neurophysiological features in a RTT mouse model after acute treatment with a positive allosteric modulator (PAM) targeting muscarinic acetylcholine receptor activity (mAChRs). Alterations in the expression of various mAChRs have been seen in human RTT brain autopsy samples and in animal models with RTT syndrome [41–45]. Selective removal of MeCP2 function from cholinergic neurons in mice causes phenotypic and physiological abnormalities that are similar to those seen in RTT mouse models lacking MeCP2 protein expression [46–48]. Treatment with compounds that increase cholinergic tone or selective restoration of MeCP2 function in cholinergic neurons improves phenotypes in RTT model animals [46–50]. Further, mRNA levels of the M<sub>1</sub>, M<sub>2</sub>, M<sub>3</sub> and M<sub>5</sub> mAChR subtypes were significantly decreased in cortical autopsy samples from people with RTT relative to unaffected cortical samples; however, only M<sub>1</sub> expression demonstrated a linear relationship with MeCP2 expression [44,45]. Additionally, similar decreases in M<sub>1</sub> expression were also found in *Mecp2*<sup>+/-</sup> mice, and treatment of these animals with an M<sub>1</sub> positive allosteric modulator (PAM), VU0453595, corrected deficits in social preference, spatial memory, associative memory deficits, and apneas [45]. In the present study, we evaluated changes to neurophysiological features after acute administration of an M<sub>1</sub> PAM, VU0486846 (VU846), to *Mecp2*<sup>+/-</sup> mice; we have shown this compound to be a highly selective ligand for M<sub>1</sub> receptors that exhibits robust pro-cognitive efficacy in animal models without cholinergic adverse effects and has a pharmacokinetic profile suitable for chronic dosing [51,52]. In the current study, we show that acute treatment with VU846 across a dose range from 1 to 30 mg/kg results in an inverted U-shaped dose-response relationship with the most robust improvement in auditory event-related potential (ERP) (also known as auditory evoked potential [AEP]) features at 3 mg/kg. These results point to the potential for translatable neurophysiological features such as AEP to be useful in preclinical as well as early-stage clinical studies to conduct dose-finding experiments and validate treatment options.

## Methods

### Animals

Heterozygous female *Mecp2*<sup>+/-</sup> (MUT) and littermate wildtype (WT) animals at 8 weeks were purchased from Jackson Laboratory (3860 B6.129P2(C)-*Mecp2*<tm1.1Bird>/J). All procedures used in this study adhered to the published guidelines of the National Institutes of Health and were approved by the Institutional Animal Care and Use Committee at Vanderbilt University Medical Center. Mice were maintained in an AAALAC accredited facility in 12 h light/dark cycles with food and water ad libitum.

### EEG headmount implantation

Headmount implantation for EEG recording was performed at 16 weeks of age as described previously [38]. Briefly, animals were anesthetized and secured in a stereotaxic apparatus. A midline sagittal incision was made along the scalp to expose the skull. An EEG/EMG headmount (#8201-SS, Pinnacle Technology Inc.) was positioned along the middle of the exposed skull with the front edge 2.0 mm anterior to bregma, and fixed with four screw electrodes (#8209, Pinnacle Technology Inc.) at the four attachment sites of the headmount. Two stainless wires mounted to the tail of the headmount were inserted into the two side trapezius muscles for EMG recording, and the electrodes and base of the headmount were covered in fast-setting dental cement. After recovery from anesthesia and resuming free mobility, animals were returned to the vivarium and housed individually.

### Compound administration

VU0486846 (VU846), a positive allosteric modulator (PAM) of the M<sub>1</sub> muscarinic acetylcholine receptor, was synthesized at Warren Center for Neuroscience Drug Discovery (WCNDD) of Vanderbilt University. The compound was dissolved in 10% Tween 80 and sonicated for 1 h before administration. Vehicle (10% Tween 80) and VU846 (1, 3, 10 and 30 mg/kg) were administered to *Mecp2*<sup>+/-</sup> and wildtype female mice via intraperitoneal (i.p.) injection. VU846 dosing started 2 weeks after headmount implantation. All the doses were administered in a randomized, within-subject design, in which animal received a dose with a week washout interval [51]. Animals were dosed from weeks 18–23 and euthanized at 24 weeks of age.

### Data collection

After a two-week recovery from surgery, EEG recordings were collected from freely moving mice with EEG headmount rigidly connecting to a preamplifier system (#8202-SL, Pinnacle Technology Inc., Lawrence, KS). The signals were pre-amplified 100 × with initial high pass filter of 0.5 Hz, sampled at 400 Hz and digitized using a 14bit A/D converter and routed to a PC-based acquisition and analysis software package via USB. All EEG data were obtained using Sirenia Software from Pinnacle Technologies, Inc. Animal activity was monitored using an on-line camera and data were stored for offline analysis. AEPs were evoked during EEG recordings. Auditory stimuli consisted of a series of 200 white-noise pips (10-ms duration, 0.25 Hz frequency) and were generated using RVPDX software and RZ6 hardware (Tucker Davis Technologies FL) and presented through multi-field magnetic speakers (Tucker Davis Technologies, FL) which were located at a distance of 12 inches directly above the cage. Sound delivery was synchronized with EEG recordings using a TTL pulse to annotate the onset of each sound in a train. Stimuli were calibrated using a sound pressure meter at 80 ±3 dB SPL. During data collection, 1 h baseline EEG and basal AEP were recorded before either vehicle or VU846 administration. AEPs were tested again 30 min after compound administration, and 1 h EEG was subsequently recorded.

### Data analysis

#### EEG power spectrum

The saved EEG data was first determined as Wake (continuous movement) and Sleep (prolonged periods of no movement) according to the captured video, EEG and EMG waveform [38]. Two minutes of EEG data in the Wake and Sleep states from baseline and after drug/vehicle administration were retrieved and imported into MATLAB (MathWorks, Inc) for power spectrum analysis. Spectral plots were generated with the Fast Fourier Transformation (FFT) function with rectangular binning of 1s with 50% window overlap and a spectral resolution of 0.5 Hz. The average power (μV<sup>2</sup>/Hz) was calculated from 1 to 100 Hz and further binned into standard frequency bands: Delta (0.5–4 Hz), Theta (4–8 Hz), Alpha (8–12 Hz), Beta (12–30 Hz), low Gamma (30–55 Hz) and high Gamma (65–100

Hz). For comparisons across the individuals, the spectral power was normalized by the total power under 0–100 Hz. To investigate the potential role of abnormal neural network activities in RTT mice, and the effect of neural noise in shaping the power spectrum seen in these mice, the  $1/f$  slope of the power spectrum was calculated in the 2–20 Hz frequency range via linear regression in log-log scale [38,53].

#### Auditory evoked potential (AEP)

For AEP analysis, EEG data were imported into Matlab and extracted as –100 ms to 500 ms epochs relative to the auditory stimulation. All trials were visualized in the Matlab browser. Signals from –100 ms to 0 before the stimulation were taken as the baseline. The trials shown as artificial noise, unstable baseline or epileptiform discharging were eliminated from the calculation; the grand average of AEP was then calculated for individual mice. Peak components were extracted from grand average waveforms as follows: P1 (positive deflection between 10 and 70 ms), N1 (negative deflection between 50 and 150 ms), P2 (positive deflection between 100 and 350 ms) and N2 (negative deflection between 150 ms and 400 ms). The rising-slope of the P2 phase was calculated by  $\Delta$  (change) in peak amplitude (P2–N1)/ $\Delta$  in peak time (P2–N1) and the decay slope of P2 was calculated by  $\Delta$  peak amplitude (N2–P2)/ $\Delta$  peak time (N2–P2).

#### Event-related spectral perturbation and inter-trial phase coherence calculations

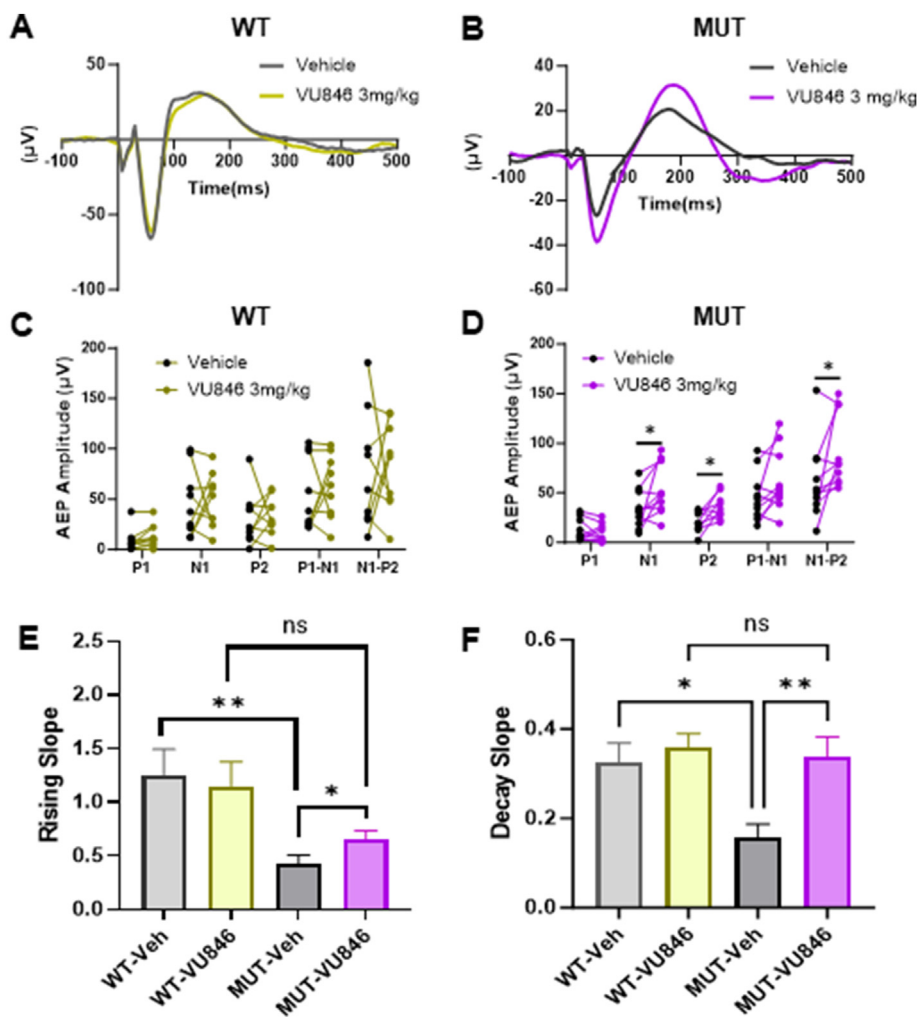
Event-related spectral perturbation (ERSP) measures average dynamic changes in amplitude of the broad band EEG frequency

spectrum as a function of time relative to the auditory stimulation. In this study, ERSF was calculated from the Morlet wavelet-transformed data according to the common methods by Cohen (Cohen 2014). The raw power values (from 0 to 500 ms) were corrected by dividing each time point by the mean activity in a pre-stimulus baseline period (–100 to 0 ms) at each frequency [54]. The resulting values were then converted to decibels (dB) by taking the base 10 logarithm.

Inter-trial phase coherence (ITPC, also referred as phase locking factor [PLF]) is a descriptive statistical measure characterizing the circular variance of even-related phase information (the phase consistency across trials). It is defined by the magnitude of the vector average of the oscillatory phases at every point of the time-frequency channel domain across the trials. A value of 0 represents random phase distribution, whereas a value of 1 represents identical phase values in all trials. In this study, ITPC was calculated from the Morlet wavelet-transformed epoch time-frequency with wavelet cycles of 6 using Matlab script derived from Cohen's method [54].

#### Epileptiform discharge

One hour baseline EEG and 1 h EEG post AEP detection after drug administration were exported to Clampfit 10 and bandpass filtered at 0.5–20 Hz. Waveforms were characterized as epileptiform by their spike-wave appearance with peak voltage of at least 1.5-fold of background, occurring in a rhythmic train with frequency between 6 and 10 Hz and duration of at least 0.25 s. The detected events were verified by visual



**Fig. 1.** Acute treatment with the  $M_1$  PAM VU846 at 3 mg/kg improved AEP in RTT mice. **A.** Grand average AEP in wildtype (WT,  $n = 11$ ) animals 30 min after acute injection of vehicle (gray) or 3 mg/kg VU846 (yellow), showing no change in AEP after VU846 injection. **B.** Grand average AEP in  $Mecp2^{+/-}$  mice ( $n = 11$ ) after vehicle (black) or 3 mg/kg VU846 (purple) injection, showing increased N1 and P2 amplitudes. **C.** Individual WT animal AEP peak amplitudes after vehicle or VU846 injection. **D.** Individual MUT animal peak amplitudes after vehicle or VU846 injection. 3 mg/kg VU846 treatment increased N1, P2 and N1–P2 amplitudes in MUT mice ( $*p < 0.05$ , paired  $t$ -test). **E.** P2 rising slope in WT and MUT animals after vehicle or 3 mg/kg VU846 injection. P2 rising slope was reduced in MUT animals compared to WT after vehicle injection but increased after VU846 injection. **F.** P2 decay slope in WT and MUT animals after vehicle or 3 mg/kg VU846 injection. P2 decay slope was decreased in vehicle treated MUT animals but increased to WT levels after VU846 injection. (E and F,  $*p < 0.05$  and  $**p < 0.01$  one-way ANOVA followed by posthoc Tukey's multiple comparisons test). (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article).

confirmation. Incorrect detections were eliminated from the final calculation.

### Statistics

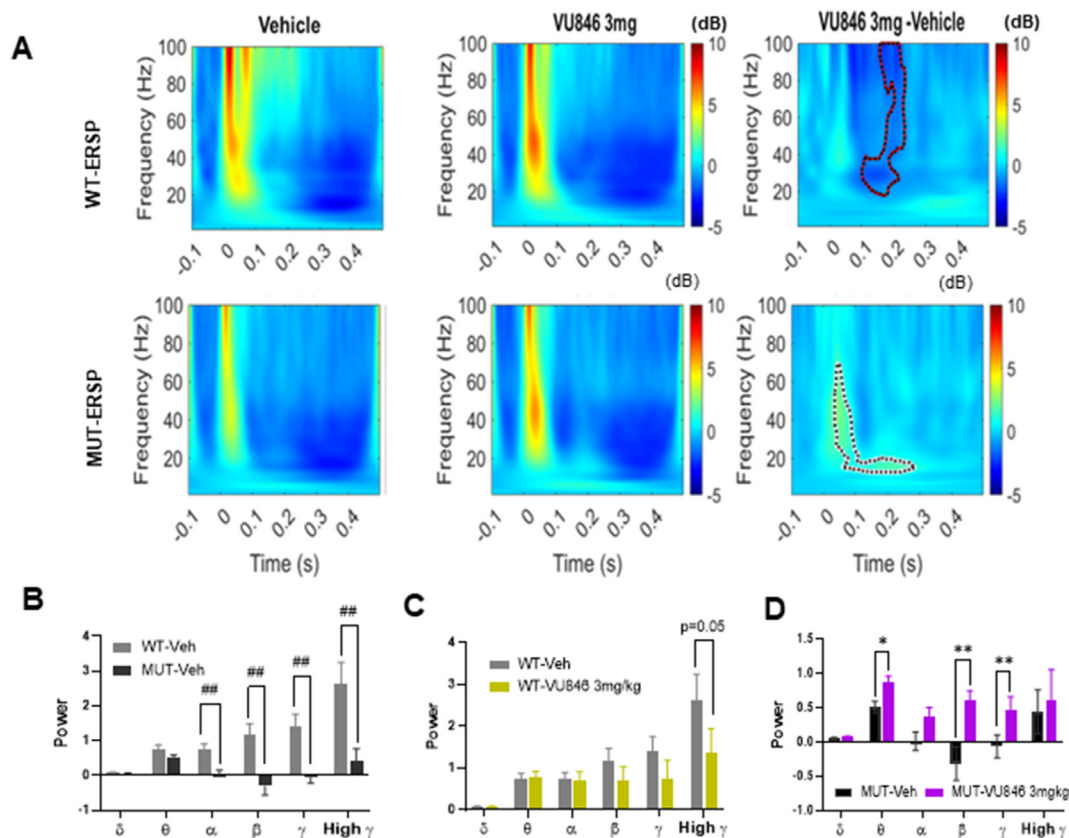
Statistics and graphical representation of data were performed using Prism 9.0 (San Diego, CA). Data were expressed as mean  $\pm$  SEM. Comparisons between vehicle and a specific VU846 dose within genotype were compared using paired Student's t-test. One-way ANOVA followed by posthoc Tukey multiple comparison was used when comparing the difference among multiple dosing treatments within genotype. Comparisons between genotypes under the same dose were evaluated using Student's t-test, and among the multiple doses using two-way ANOVA following by Tukey multiple comparison test.  $p < 0.05$  was set as a significant difference. Statistical group comparisons of ERSP and ITPC were conducted by binning time into 240 parts and frequency into 100 parts, resulting in a 100X240 matrix. Nonparametric cluster analysis was used to determine contiguous regions in the matrix that were significantly different from a distribution of 1000 randomized Monte Carlo permutations based on previously published method [55,56]. If the cluster sizes of the real assignments (both positive and negative direction, resulting in a two-tailed alpha of  $p = 0.025$ ) were larger than 97.25% of the random group assignments, those clusters were considered significantly different between treatment. The statistical method was described in detail in each applicable section.

### Results

To assess the effect of acute  $M_1$  PAM administration on neurophysiological features, vehicle and VU846 (1, 3, 10 and 30 mg/kg) were administered in a randomized manner to *Mecp2*<sup>+/-</sup> (MUT) and wildtype (WT) littermate female mice. This dose range of VU846 was chosen based on previous work which demonstrated that 10 mg/kg VU846 treatment reversed risperidone-induced deficits in contextual fear conditioning, with a minimal effective dose of 1 mg/kg and a moderate effect at 3 mg/kg [51]. We observed significant effects on various AEP parameters with the 3 mg/kg dose of VU846; to demonstrate VU846's effect on each neurophysiological feature, the data for this dose are presented first. We then used the same analysis to evaluate the drug's dose-response.

#### Acute injection of 3 mg/kg $M_1$ PAM VU846 improved auditory evoked potential peak amplitudes and waveforms in RTT mice

VU846 at 3 mg/kg and an equal volume of vehicle were administered to 11 female MUT and 11 WT mice, and AEP was evaluated before and 30 min after treatment. As previously observed in a different female RTT mouse model [38], vehicle-treated MUT animals showed alterations in AEP features compared to vehicle-treated WT animals, including decreased AEP N1 amplitude, P2 amplitude, increased P2 latency (Fig. 1A–B, Supplemental Table 1) and broadening of the P2 waveform as shown by decreased rising slope (Fig. 1E–Supplemental Table 1) and



**Fig. 2.** Acute treatment with  $M_1$  PAM VU846 at 3 mg/kg increased auditory ESRP in RTT mice. A. Heat maps of ESRP after auditory stimulus (time 0, X-axis) with color gradient indicating power changes (legend). WT animals are shown in the top panels and MUT animals in the bottom panels, with vehicle treatment in the left panels, VU846 treatment in the middle panels, and the difference between treatment in the right panels. The right panel shows the difference of the power (VU846-Vehicle) between treatments, with significant differences (permutation testing) outlined in the red-dotted area for WT (top right) and black-dotted area for MUT (bottom right). B. Mean ESRP in defined frequency from 0 to 250 ms after vehicle injection in WT and MUT mice (## $p < 0.01$ , t-test comparing between genotypes). Mean frequency band ESRP in WT (C) or MUT (D) animals after vehicle or VU846 injection (\* $p < 0.05$ , \*\* $p < 0.01$ , paired-t-test between vehicle and VU846 injection within genotype). (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article).

decaying slope (Fig. 1F–Supplemental Table 1). Vehicle-treated MUT animals also showed increased variability in the shape of the AEP waveform compared to vehicle-treated WT animals as demonstrated by an increased coefficient of variation (CV) of the P1 peak amplitude, P1 and N1 peak latency, and P2 rising slope (Supplemental Fig. 1A and B).

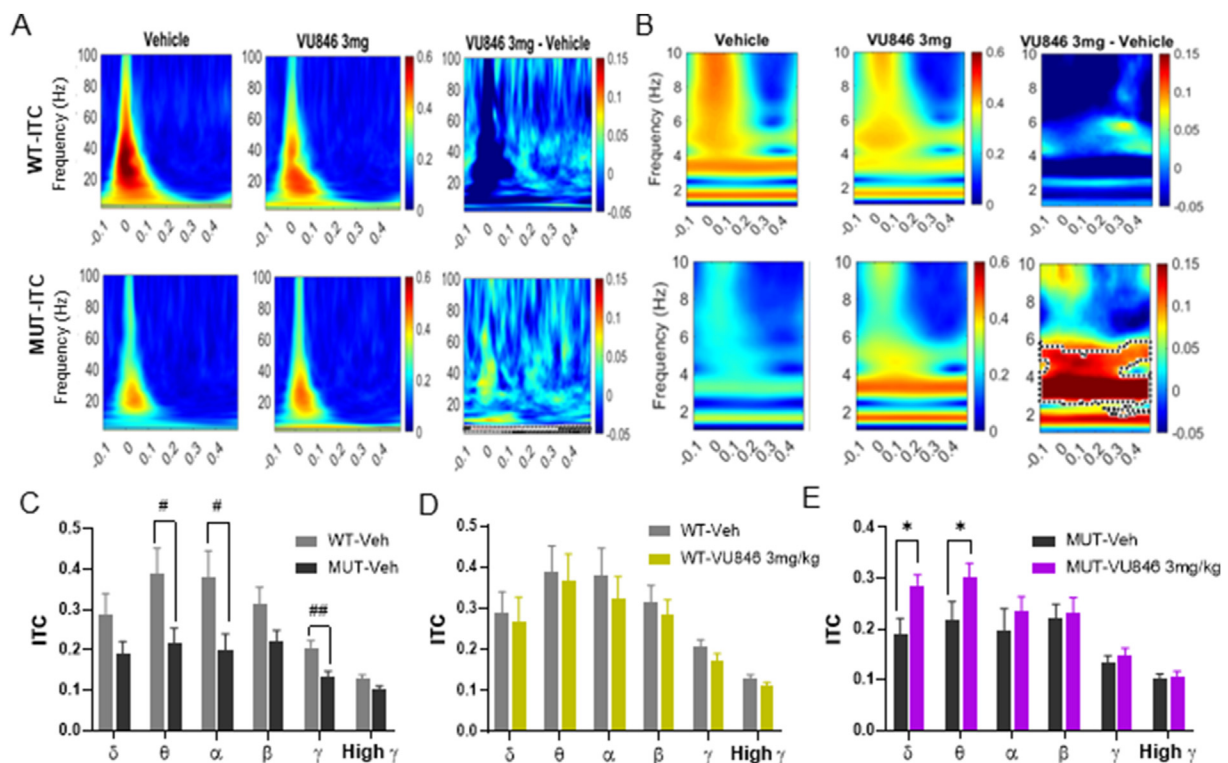
Acute treatment with VU846 (3 mg/kg, i.p.) in WT animals did not change AEP peak amplitudes (Fig. 1A–C), latency (Supplemental Table 1), P2 rising and decay slope (Fig. 1E–F) or CV of AEP features including peak, latency and P2 rising and decay slopes (Supplemental Fig. 1). In contrast, acute injection of VU846 (3 mg/kg) in MUT animals increased the N1 and P2 peak amplitudes compared to vehicle-treated control (Fig. 1 B, D); additionally, treatment increased both the N1–P2 rising slope (Fig. 1E), P2–N2 decay slope (Fig. 1F), and decreased both N1 and P2 latency CV (Supplemental Fig. 1). 3 mg/kg VU846 treatment in MUT mice did not affect AEP peak latencies (Supplemental Table 1).

#### Acute injection of 3 mg/kg M<sub>1</sub> PAM VU846 improved auditory event-related power in RTT mice

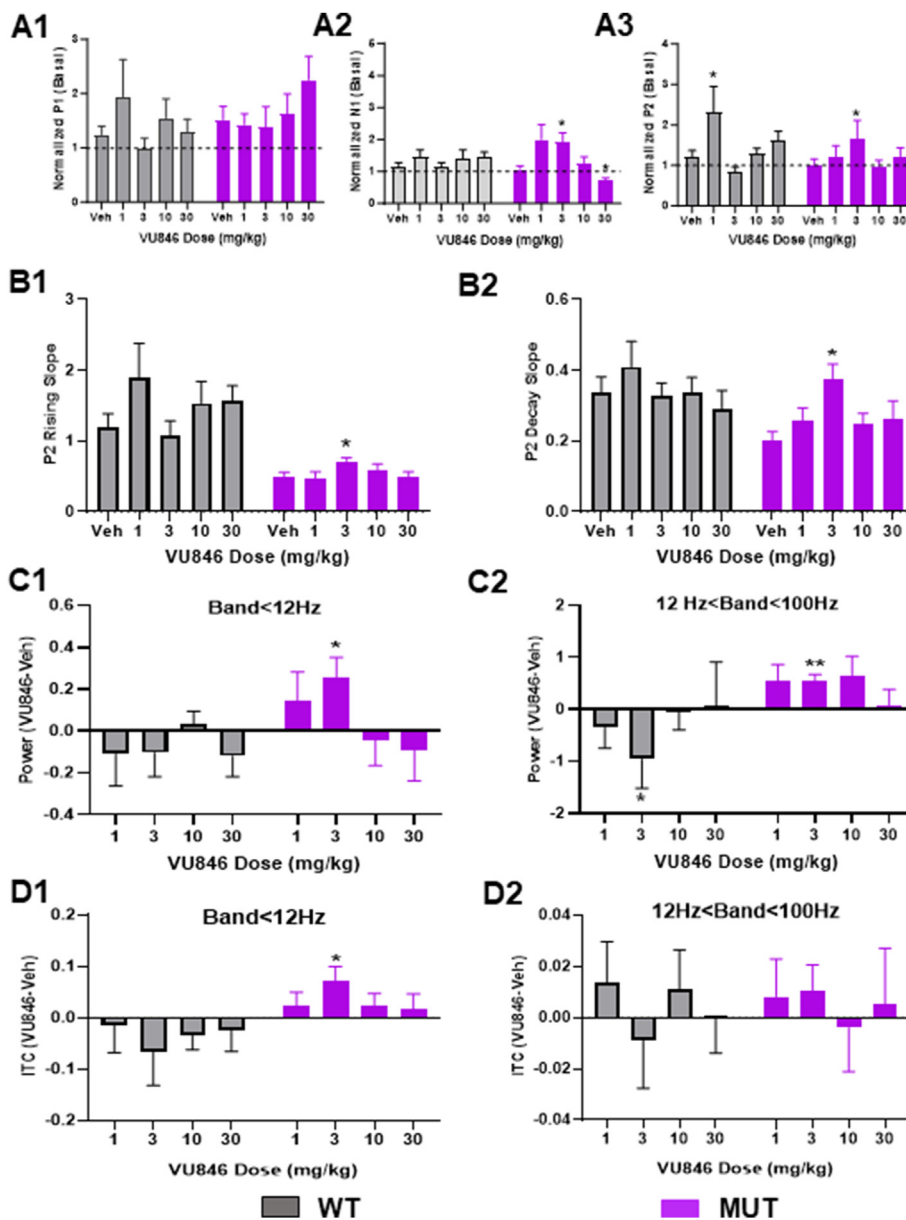
Previous work using time-frequency decomposition analysis found alterations in auditory time-locked oscillatory activity in RTT mice, with changes in both auditory event-related spectral perturbation (ERSP), a measure of frequency power averaged across trials, and inter-trial phase coherence (ITPC), which assesses oscillatory phase locking across trials [39,57,58]. Because ERSP and ITPC both correlate with phenotypic severity and age in RTT mice [38,39], we sought to evaluate the effect of VU846 on these putative neurophysiological biomarkers. Consistent with prior studies, vehicle-treated MUT animals exhibited decreased auditory ERSP compared to WT animals (Fig. 2A, left panels), with decreased alpha, beta, gamma, and high gamma frequency power

(Fig. 2B). Compared to vehicle injection, acute administration of 3 mg/kg VU846 in MUT animals increased high frequency (30–70Hz) ESRP in the first 100 ms after stimulation as well as low frequency (10–20Hz) ESRP between ~100 and 250 ms after stimulation (Fig. 2A, bottom right panel, black dotted area  $p < 0.05$  using permutation testing). In contrast, acute injection of 3 mg/kg VU846 in WT animals did not change ESRP in the early time window ( $<100$  ms) but decreased ESRP in frequencies  $>20$ Hz in the 100–250 ms time period after stimulation (Fig. 2B, top right panel, red dotted area  $p < 0.05$  using permutation testing). We calculated ESRP power averaged over 0–250 ms for individual frequency bands and found that acute injection of 3 mg/kg VU846 in WT animals decreased high gamma ESRP but did not affect other frequency bands (Fig. 2C). Acute injection of 3 mg/kg VU846 in MUT animals increased averaged ESRP in the theta, beta, and gamma frequency bands (Fig. 2D).

Consistent with our previous findings [38], vehicle-treated MUT animals showed decreased phase locked power (ITPC) compared to vehicle-treated WT animals (Fig. 3A–B), specifically in the theta, alpha, and gamma frequency bands (Fig. 3C). Acute injection of 3 mg/kg VU846 did not change ITPC in WT animals (Fig. 3A–B, 3D), but increased ITPC in MUT animals (Fig. 3A, lower row, black dotted area), specifically in the low frequency range of 2–6 Hz (Fig. 3B,  $p < 0.05$ , lower row, black dotted area, permutation testing). ITPC average power between 0 and 250 ms after stimulation showed increased ITPC in delta and theta frequencies between MUT animals treated with vehicle versus VU846 (Fig. 3E). The increased phase-locked low frequency power in MUT animals after VU846 injection supports the concept that M<sub>1</sub> activation increases auditory stimulus-induced cortical neuronal synchrony in MUT animals, consistent with the effects on grand average AEP observed in MUT animals after VU846 injection, specifically the increased P2 amplitude



**Fig. 3.** Acute treatment with the M<sub>1</sub> PAM VU846 at 3 mg/kg increased ITPC in RTT mice. A. Heat maps showing average ITPC in WT (top row) and MUT mice (bottom row) after vehicle injection (left panels), VU846 injection (middle panels), and difference in ITPC between treatment (right panels, significant differences outlined in black-dotted area, permutation testing). B. Heat maps as in A, with frequency range displayed (y-axis) restricted to the 0–10Hz range to highlight low frequency ITPC changes observed in MUT animals after VU846 injection. C. Mean ITPC (0–250 ms) in defined frequency bands in WT and MUT animals after vehicle injection ( $\#p < 0.05$  and  $\#\#p < 0.01$ ,  $t$ -test comparing between genotypes). Mean frequency band ITPC in WT (D) and MUT (E) after vehicle or VU846 injection ( $*p < 0.05$ , paired- $t$ -test between vehicle and VU846 injection within genotype).



**Fig. 4.** Dose-response of VU846 auditory-event related features. A. Normalized AEP peak amplitudes (normalized to individual animal baseline values prior to injection: A1-P1; A2-N1; A3-P2) after treatment with vehicle or doses of VU846 indicated along the X-axis. B. VU846 dose-response effects on P2 rising (B1) and decay (B2) slopes. C. Change in ESRP after VU846 injection at various doses compared to vehicle injection in low frequency bands (C1, 0–12 Hz) and high frequency bands (C2, 12–100Hz). D. Change in ITPC after VU846 injection at various doses compared to vehicle injection in low frequency bands (C1, 0–12 Hz) and high frequency bands (C2, 12–100Hz). \* $p < 0.05$ , \*\* $p < 0.01$ , within genotype ANOVA with post-hoc Tukey pairwise comparison between VU846 dose and vehicle.

(Fig. 1D), increased P2 rising and decay slope (Fig. 1E–F) and decreased intra- and inter-animal AEP response variability (Supplemental Fig. 1).

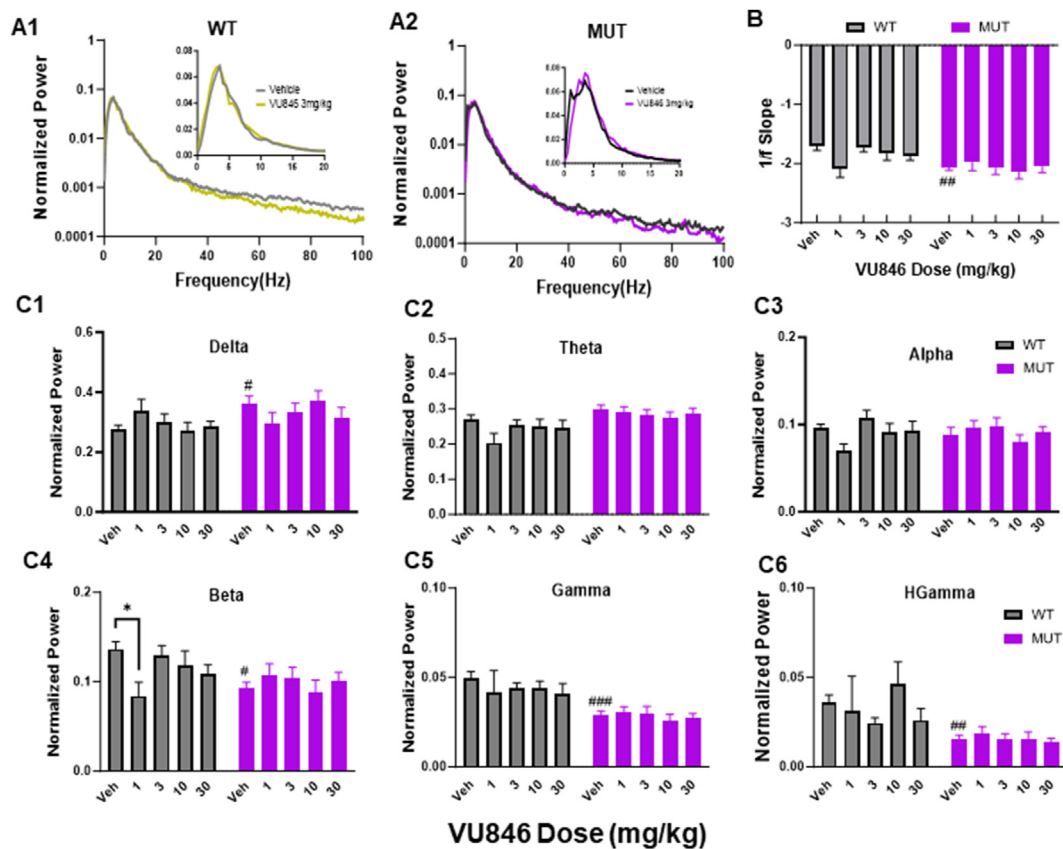
#### Dose-dependent effect of the M1 PAM VU846 on AEP

As acute treatment of MUT animals with 3 mg/kg VU846 improved a variety of auditory-event related neurophysiological features, we evaluated the dose-dependent effects of VU846 by acutely treating WT ( $n = 8–13$ ) and MUT ( $n = 10–14$ ) mice with an additional range of VU846 doses (1, 10, and 30 mg/kg). To compare across doses, AEP features after vehicle or VU846 treatment were normalized to individual animal values captured immediately before treatment (Fig. 4A–B). VU846 treatment at any dose did not affect AEP latencies in WT or MUT mice (Supplemental Table 1). In WT animals, VU846 treatment only showed an effect on P2 amplitude at 1 mg/kg compared to vehicle injection, with no effect at any dose on normalized P1 amplitude, N1 amplitude, or P2 rising or decay slope (Fig. 4A–B, Supplemental Table 1). In MUT mice, 3 mg/kg injection of VU846 increased normalized N1 and P2 peak amplitudes (Fig. 4A), but this effect was not seen at other doses of VU846; however, 30 mg/kg injection of VU846 decreased the normalized N1 peak amplitude

(Fig. 4A2, Supplemental Table 1). Similarly, the increase in P2 rising (Fig. 4B1) and decay slope (Fig. 4B2) was only seen after 3 mg/kg injection of VU846 and not after treatment with other VU846 doses (Supplemental Table 1). We observed a similar inverted U-shaped VU846 dose-response curve in MUT animals in the ESRP (Fig. 4C) and ITPC (Fig. 4D), with increased ESRP in low frequency bands (<12Hz, Fig. 4C1) and high frequency bands (12–100Hz, Fig. 4C2) and increased ITPC in low frequency bands (<12Hz, Fig. 4D1) only observed after injection of 3 mg/kg VU846. Aside from a decreased high frequency ESRP in WT mice after injection of 3 mg/kg VU846 (Fig. 4C2), no other changes in ESRP or ITPC were seen in WT animals at any VU846 dose (Fig. 4C–D). Overall, the inverted U-shaped dose response seen in MUT animals suggests a narrow response range for VU846.

#### VU846 treatment did not alter basal EEG power or epileptiform discharges

We previously found changes in basal EEG power in a mouse model of RTT with increased delta power, decreased alpha and gamma power, and increased 1/f slope between 2 and 20 Hz in MUT animals compared to WT, similar to that observed in people with RTT [36,38,53]. Here, we



**Fig. 5.** EEG power spectrum after acute VU846 treatment. A. Normalized EEG power (log scaled, normalized by total power) from parietal cortex during sleep after vehicle or VU846 administration (3 mg/kg) in WT (A1) or MUT mice (A2). Insets show normalized power between 2 and 20 Hz in non-log scale. B. 1/f slope for WT and MUT animals after acute VU846 doses. C. Mean total parietal sleep EEG power in WT or MUT animals after acute dosing as indicated along the X-axis showing (C1) delta, (C2) theta, (C3) alpha, (C4) beta, (C5) gamma, and (C6) high gamma frequency band power. # $p < 0.05$ , # $p < 0.01$ , ### $p < 0.001$  between genotype comparisons after vehicle injection. \* $p < 0.05$  within genotype comparison between VU846 and vehicle injection. Two-way ANOVA followed by Tukey's post-hoc pairwise comparison.

observed similar changes in a different RTT mouse model (Fig. 5A, parietal cortex EEG power during sleep), with increased 1/f slope (Fig. 5B), increased delta power (Fig. 5C1), and decreased beta (Fig. 5C4), gamma (Fig. 5C5), and high gamma (Fig. 5C6) in vehicle-treated MUT animals compared to vehicle-treated WT. Treatment of WT animals with 1 mg/kg VU846 decreased beta power compared to vehicle (Fig. 5C4), but did not affect other features of basal EEG at any VU846 dose (Fig. 5). VU846 treatment in MUT animals did not change EEG power or 1/f slope at any dose (Fig. 5, Supplemental Table 2). Similar results were observed in active state parietal EEG as well as frontal cortex EEG in sleep and active states (Supplemental Table 2).

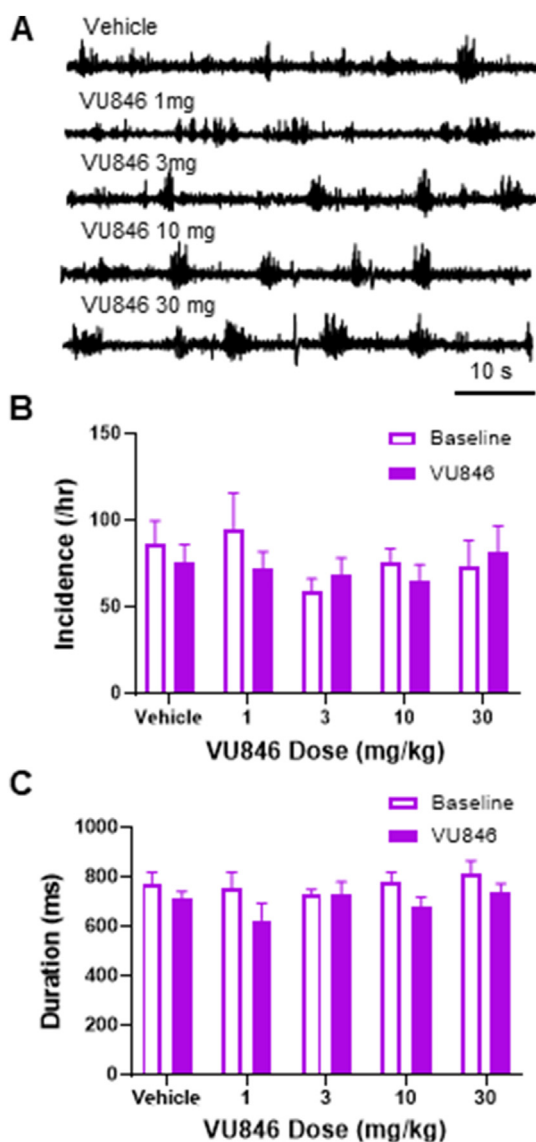
As seizures and frequent epileptiform discharges are common in people with RTT [4], and frequent spontaneous epileptiform discharges have been observed in both hemizygous male and heterozygous female *Mecp2* mutant mice [38,59], we evaluated the effect of acute treatment of VU846 on epileptiform discharges in MUT mice (Fig. 6). No changes in the incidence (Fig. 6B) or duration (Fig. 6C) of epileptiform discharges was observed in any of the doses of VU846 tested.

## Discussion

Recent studies in people with RTT and animal models of RTT have demonstrated consistent changes of neurophysiological features that correlate with age and clinical/phenotypic severity, suggesting the potential for these neurophysiological measures to serve as biomarkers of clinical progression [36–39,60–64]. However, it has not been determined if these neurophysiological features have the potential to serve as treatment-responsive biomarkers. In this study, we found that VU846, a

PAM targeting the  $M_1$  mAChR, improved neurophysiological features by increasing AEP peak amplitudes, enhancing auditory evoked power, and increasing stimulus-driven neuronal synchronous activity as seen by improvement of the AEP waveform and increased inter-trial phase coherence. By evaluating the dose-dependent response, we found that VU846 treatment showed an inverted dose-response effect on these AEP features with a narrow effective dose range. Additionally, VU846 treatment across a range of doses had no marked effect on basal EEG power or the frequency of epileptiform discharges. These results suggest that neurophysiological features such as AEP could serve as biomarkers to evaluate early treatment response and pharmacodynamic dose finding in preclinical trials.

The inverted U-shaped response of  $M_1$  PAM VU846 on AEP in RTT mice suggests a narrow dose range for efficacy in this outcome measure. We previously reported the activity of a 10 mg/kg dose of another  $M_1$  PAM, VU0453595, which effectively rescued social preference, spatial memory, and associative memory deficits in RTT mice [45]; however, dose-response experiments were not performed. Our studies here were based on the development of VU846 as an improved  $M_1$  PAM with enhanced potency and pharmacokinetics compared to VU0453595 [51, 65] as well as studies showing that acute administration of VU846 dose-dependently enhanced recognition memory in naive rats and reversed risperidone-induced deficits in acquisition of contextual fear conditioning with minimum effective dose of 3 mg/kg with no inverted U response observed [51]. Based on these findings, there appears to be a disconnect between behavioral efficacy and changes in AEP that will require cross validation of multiple  $M_1$  PAMs in dose-response format in both behavior and EEG/AEP evaluation in RTT mice. Interestingly,



**Fig. 6.** VU846 has no effect on epileptiform discharges in RTT mice. **A.** Representative EEG traces showing epileptiform discharges in MUT mice after vehicle or VU846 injection. **B.** Quantitation of frequency of epileptiform discharges in MUT mice after vehicle or VU846 injection. **C.** Quantitation of average epileptiform discharge duration after vehicle or VU846 injection.

chronic dosing of 10 mg/kg VU846 in either an Alzheimer's or a prion disease model for several weeks resulted in efficacy in reversing cognitive deficits as well as benefits in neuronal survival and amyloid processing with no loss of efficacy over time [52,66,67]. This suggests that chronic dosing of VU846 may induce differential efficacy compared to acute administration; as VU846 has been optimized for use in chronic dosing paradigms, these could form the basis of future studies. We would note, however, that a similar inverted U-shaped dose response in RTT mice was reported in our study of the  $M_4$  PAM VU0467154 (VU154), which rescued anxiety, social preference, associative memory, and respiratory phenotypes in RTT mice after several weeks of dosing, but benefit was seen only with 3 mg/kg but not with 1 or 10 mg/kg doses [44,68]. Based on our findings, future studies evaluating compound behavior on both behavior and AEPs with RTT mice using dose-response and chronic dosing studies would be informative in positioning AEPs as a biomarker for muscarinic mechanisms. Regardless, the studies here show that effects on AEPs are detected in RTT mice, suggesting that they have the

potential to serve as translatable biomarkers for dose-finding and treatment outcomes in the clinic.

In general, the effects of PAMs are often subtle based on their mechanism of action. However, it is not unexpected to observe a more robust effect in a disease model with reduced expression of the receptors being targeted by the PAM, as seen here with the RTT mouse model. Experiments of VU846 in slices from WT mice examining the prefrontal cortex (PFC) layer V or the ventral hippocampal-PFC synapse in the prefrontal cortex from WT mice showed that the compound did not induce LTD when applied alone; however, it potentiated the LTD induced by mAChR agonists [51]. In contrast, *in vivo* treatment of naïve WT rats with VU846 showed a dose-dependent improvement in novel object recognition, with minimal effect at 3 mg/kg [51], but no effect on contextual fear conditioning. In the current study, we did observe an effect of VU846 on neurophysiological features in WT mice, with decreased ESRP >20 Hz in the time window of 100–240 ms following the stimulation after 3 mg/kg treatment (Fig. 2B, top right panel, red dotted area), and decreased basal EEG beta band power after 1 mg/kg treatment. However, we did not observe the same dramatic changes in the AEP in WT mice as we did in RTT mice. We hypothesize that this difference reflects potentially altered sensitivity to an  $M_1$  PAM in RTT mice due to decreased  $M_1$  receptor expression in this disease context. These results suggest a potentially important pathophysiological change in RTT mice and provide guidance for future mechanistic exploration of the underlying neurocircuitry.

Previous studies have observed that abnormalities in the cholinergic system in RTT and increasing cholinergic tone in RTT animal models improved phenotypic responses [41–45,69,70]. We predict that improvements in AEP features in RTT mice after VU846 treatment are due to potentiating cholinergic tone. Studies in people or animals (not with RTT) also have shown that altering cholinergic tone affects AEP [71,72]. For examples, treatment with rivastigmine, a cholinesterase inhibitor, enhances AEP features and this effect is blocked by an mAChR antagonists [71,73]. Additionally, a study on vagal nerve stimulation (VNS) demonstrated that increased cholinergic tone enhances AEP evoked in the primary auditory cortex (A1) [74], further supporting the relationship between cholinergic signaling and AEP responses. Interestingly, cortical recordings found that the VNS-induced strengthening of the AEP response was observed in the superficial, but not the deep, cortical A1 layer. This cortical layer-specific response was proposed by the authors to be due to differences in cortical laminar ACh innervation, with increased ACh nerve terminal density in superficial compared to deep cortical layers [75]. Further, VNS-induced modulation of EEG oscillatory activity was more robustly observed in stimulus-evoked conditions compared to resting state [76–78], consistent with our results showing that VU846 treatment did not alter the basal EEG power but increased auditory event-related power in RTT mice. Finally, VNS treatment decreased auditory stimulus-specific adaptation only with repeated stimuli [74]. All of these findings suggest that VNS treatment affects sensory gain control [74], and that the modulation of cholinergic tone might be related to basal cholinergic activity, providing insight to the observed inverted U-shaped VU846 dose-response on AEP observed here.

Event-related potentials (ERPs), such as AEPs, are thought to reflect the synchronized firing of similarly oriented cortical pyramidal neurons during information processing elicited by a variety of sensory, cognitive or motor events [79,80]. Changes in ERP could reflect variation of neural network activity, capability of neuronal crosstalk, or alterations in the local excitatory/inhibitory (E/I) balance [58,81–83]. Previous studies have shown that variation of local neurocircuit E/I balance alters AEPs evoked in RTT animal models [58]. In this study, we found that treatment with 3 mg/kg VU846 increased both AEP peak amplitudes and enhanced stimulus-driven neuronal synchronous activity, reflected by normalization of P2 latency, increased P2 rising and decay slope, decreased AEP waveform variation, and increased inter-trial phase coherence in RTT mice. Thus, it is possible that the improvement of VU846 on neural network synchronous activity occurs by its modulation of the local



neurocircuit cholinergic tone that then influences network E/I balance. Interestingly, VNS paired with sound stimulation in a rat model of RTT improved cortical A1 sound stimulus response and synchrony [84]. The effects of VNS on AEPs are thought to involve the modulation of sensory gain to enhance cortical output via a feedforward mechanism [74,85]. Thus, we hypothesize that a similar mechanism underlies the improvement of AEP by VU846 in RTT mice, in which VU846 treatment may shift the E/I balance within feedforward neurocircuitry in auditory processing pathways and result in the enhancement of auditory evoked responses [77,86–88].

Excitingly, Adcock et al. demonstrated that VNS treatment of a RTT rat model improved cortical response strength to sounds, supporting the concept that VNS treatment increased the auditory stimulus induced neural response and information [84]. Combined with previously observed effects of VNS on AEP, the connection of these effects to cholinergic signaling, and the role of modulating cholinergic tone in RTT to improve both AEP features and phenotypic abnormalities points to the therapeutic potential of cholinergic modulation in people with RTT. Importantly, positive modulation of M<sub>1</sub> cholinergic tone via VU846 did not increase epileptic discharges in RTT mice, which is important given the high incidence of seizures in people with RTT and previous work showing that PAMs with agonist activity at M<sub>1</sub> can induce seizures [51,89–91]. Future work is needed to further evaluate the effects of sub-acute or chronic dosing of VU846 on neurophysiological responses and phenotypic improvement to validate the utility of these neurophysiological features as biomarkers of treatment response. Furthermore, these findings provide both insight into and experimental approaches to characterize neural circuit level pathophysiological mechanisms in RTT related to cortical processing of sensory stimuli and the role of the cholinergic system in modulating cortical responses.

#### Authorship contribution statement

Conceptualization and Study Design: HWD, JLN, CMN.  
 Supervision and Project Administration: HWD, JLN, CMN.  
 Funding acquisition: HWD, JLN, CMN.  
 Methodology, Investigation, and Data Acquisition: HWD, KW, KB, MJM.  
 Formal Analysis: HWD.  
 Software: HWD.  
 Visualization and Illustration: HWD.  
 Writing-Original Draft: HWD and JLN.  
 Writing-Reviewing and Editing: HWD, JLN, CMN, KW, KB, MJM, CMN.

#### Submission declaration

The work described in this article has not been published previously or is under consideration for publication elsewhere. All authors have approved the submission of this article.

#### Declaration of competing interest

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: Jeffrey Neul reports financial support was provided by National Institute for Child Health and Development. Jeffrey Neul reports financial support was provided by International Rett Syndrome Foundation. Colleen Niswender reports financial support was provided by International Rett Syndrome Foundation. Colleen Niswender reports a relationship with ACADIA Pharmaceuticals Inc that includes: funding grants. Colleen Niswender reports a relationship with Neumora Therapeutics that includes: funding grants. Colleen Niswender received royalties from Acadia Pharmaceutical and Neumora Therapeutics for various classes of muscarinic receptor modulators. If there are other authors, they declare

that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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#### Appendix A. Supplementary data

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