# Inhibition of folate-dependent enzymes by non-steroidal anti-inflammatory drugs

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Many non-steroidal anti-inflammatory drugs (NSAIDs) (including sulphasalazine, sulindac, indomethacin, naproxen, salicylic acid, ibuprofen, piroxicam and mefenamic acid) were found to be competitive inhibitors (with respect to folate) of avian liver phosphoribosylaminoimidazolecarboxamide formyltransferase (AICAR transformylase, EC 2.1.2.3) and bovine liver dihydrofolate reductase (EC 1.5.1.3). In contrast, aspirin and the antipyretic-analgesic drugs acetaminophen and antipyrine were weak inhibitors of these enzymes. Structure-activity correlation suggests that an aromatic ring with a side chain containing a carboxylic acid is a requirement for competitive inhibition of the transformylase. The abovelisted NSAIDs also inhibited the folate-coenzyme-mediated biosynthesis of serine from glycine and formate (i.e., the C index) by human blood mononuclear cells (BMCs) in experiments where the drug was added to <sup>a</sup> culture of BMCs. Acetaminophen had a weak inhibitory effect on the  $C_1$  index. Consistent with the results obtained in vitro is the observation that the  $C_1$  index of BMCs from rheumatoid-arthritis patients treated with drugs which possess little antifolate activity (e.g. acetaminophen) is higher than the  $C_1$  index of BMCs from rheumatoid-arthritis patients treated with NSAIDs possessing more potent antifolate activity (e.g. sulindac, sulphasalazine, naproxen and ibuprofen). The mean activity of the transformylase in BMCs taken from healthy humans was 1.98 nmol of product/h per 10<sup>6</sup> cells and the activity was positively correlated with BMC folate levels. These results are consistent with the hypothesis that (1) the antifolate activity of NSAIDs, and hence cytostatic consequences, are important factors in producing anti-inflammatory activity and (2) aspirin exerts its anti-inflammatory effects after its conversion into salicylic acid, which possesses greater antifolate activity than its parent compound.

# INTRODUCTION

It is generally accepted that non-steroidal anti-inflammatory drugs (NSAIDs) are inhibitors of prostaglandin biosynthesis and that this property alone is sufficient to explain many of their clinical effects. Yet, discrepancies exist between the extent of inhibition of prostaglandin biosynthesis and the anti-inflammatory activity of certain NSAIDs and NSAID-like drugs. For example, relatively small concentrations of aspirin are required to inhibit prostaglandin biosynthesis in vitro and, consequently, small doses produce antipyretic and analgesic effects. In contrast, only large doses of aspirin have anti-inflammatory activity (Smith, 1975; Abramson et al., 1985; Abramson & Weissmann, 1989). Aspirin is irreversibly and rapidly converted into salicylic acid (Rainsford, 1985) which, although not an inhibitor of prostaglandin biosynthesis in vitro, is clinically equivalent to aspirin as an anti-inflammatory agent (Rainsford, 1985; Paulus, 1989). On the other hand, antipyrine, a good inhibitor of prostaglandin biosynthesis in vitro, has little anti-inflammatory activity (Brune et al., 1976). Finally, some agents useful in the treatment of inflammatory disorders, including sulphasalazine and azathioprine, are not known to be direct inhibitors of prostaglandin biosynthesis (Flower et al., 1972; Rainsford, 1985). It seemed evident that inhibition of prostaglandin biosynthesis per se does not satisfactorily explain the activity of NSAIDs. Furthermore, it seemed unlikely that all NSAIDs would have this as their main single property (Flower, 1974; Vane, 1978).

During a study of the folate-requiring enzyme phosphoribosylaminoimidazolecarboxamide formyltransferase (AICAR transformylase; EC 2.1.2.3), naproxen and ibuprofen were found to be inhibitors (Ha et al., 1990). This finding suggested that antiinflammatory and antifolate activities might be related. Therefore, the ability of other NSAIDs and NSAID-like drugs to inhibit AICAR transformylase, dihydrofolate reductase (5,6,7,8 tetrahydrofolate: NADP+ oxidoreductase, EC 1.5.1.3) and the folate-coenzyme-mediated biosynthesis of serine by human blood mononuclear cells (BMCs) was investigated.

### MATERIALS AND METHODS

All NSAIDs and other drugs, NADPH and AICAR, were purchased from Sigma Chemical Co. and were used without further purification. AICAR transformylase (from chicken liver) and 10-formyltetrahydrofolate (10-CHO-H<sub>4</sub>folate) were prepared, quantified and assayed as described previously (Baggott et al., 1986). The AICAR concentration was <sup>1</sup> mm and the 10- CHO-H<sub>4</sub>folate concentration was varied from 12 to 200  $\mu$ M in the assays. AICAR transformylase was assayed in human blood mononuclear cells (BMCs) with  $100 \mu$ M concentrations of AICAR and 10-CHO-H<sub>4</sub>folate as described previously (Ha et al., 1990). The activity of the transformylase in BMCs is expressed as the amount of the folate-degradation product, p-aminobenzoylglutamate (pABG) produced/h per 10<sup>6</sup> cells.

Dihydrofolate  $(H<sub>2</sub>$ folate) was prepared by the method of Futterman (1963). Dihydrofolate reductase from bovine liver was purchased from Sigma Chemical Co. and was used without further purification. Dihydrofolate reductase was assayed with H2folate as the substrate by the method of Scheufler (1981), with the following modifications: the pH of the assay was 7.4; [NADPH] was 100  $\mu$ M; H<sub>2</sub>folate concentration was varied from 1.3 to 40  $\mu$ M; the reaction was monitored continuously.

Folic acid was purchased from Sigma Chemical Co., purified by butanol extraction (three times) of an aqueous solution (pH 6.5). Dihydrofolate reductase was assayed with folic acid as

Abbreviations used: NSAID, non-steroidal anti-inflammatory drug; AICAR transformylase, phosphoribosylaminoimidazolecarboxamide formyltransferase (EC 2.1.2.3); BMCs, blood mononuclear cells; 10-CHO-H4folate, 10-formyltetrahydrofolate; pABG, p-aminobenzoylglutamate; H2folate, dihydrofolate; RBC, red blood cell; RA, rheumatoid arthritis.

#### Table 1. Competitive inhibition of folate-dependent enzymes by drugs used in diseases of inflammation, daily drug doses and peak plasma and tissue concentrations



\*  $K_m$  of 10-CHO-H<sub>4</sub>folate was 118  $\mu$ M.

 $\uparrow K_m^{\text{m}}$  of folic acid was 4.6  $\mu$ M.<br>  $\downarrow K_m$  of H<sub>2</sub>folate was 0.53  $\mu$ M.

 $\S$  [I]/[S] = the maximum drug-to-substrate (i.e. 10-CHO-H<sub>4</sub>folate, folic acid or H<sub>2</sub>folate) concentration ratio tested.

From Selhub et al. (1978).

**S.I.**, stoichiometric inhibition.

\*\* 'Inactive' means that less than 10% inhibition was found at highest  $\text{[I]/[S]}$  concentration ratios.

†† From Physicians Desk Reference (1990) and Flower et al. (1985).

## In serum and RBCs of RA patients treated with low dose (Kremer et al., 1986); polyglutamates of methotrexate are better inhibitors of the transformylase when compared with methotrexate itself (Baggott et al., 1986).

§§ Estimated from the results obtained by Dugan (1981), using reported tissue/plasma concentration ratios of 3-10.

 $\| \$  Estimated from the results obtained by Weissenborn et al. (1985), using a reported tissue/plasma concentration ratio of 3.

¶¶ Palmoski & Branot (1985); Raghoebar et al. (1988).

\*\*\* Simchowitz et al. (1979).

††† Estimated from the results obtained by Kemmelmeir & Bracht (1989), using a reported tissue/plasma concentration ratio of 16.

### Raghoebar et al. (1988).

the substrate by using the following method. Each assay tube contained 0.01 unit of enzyme and (final concentrations) 0.05 Mpotassium phosphate, pH 7.4, 200  $\mu$ M-NADPH and 13–130  $\mu$ Mfolic acid in a total volume of 0.5 ml. The reaction was initiated by the addition of the enzyme and allowed to proceed for 4 h at 37 °C. The reaction was stopped by the addition of 0.6 ml of 5 M- $H<sub>9</sub>SO<sub>4</sub>$ , followed by 1.1 ml of 0.3 M-NaCl with mixing. Under these conditions, any  $H_a$  folate formed is quantitatively degraded with the formation of pABG, which was measured by using a modified Bratton-Marshall reaction. The tube was placed in a water/ice bath, and 0.2 ml of 0.1% NaNO<sub>2</sub> was added with mixing. After 5 min, 0.2 ml of  $0.5\%$  ammonium sulphamate was added with mixing, followed by 0.2 ml of 0.1% N'-napthylethylene diamine. The tubes were removed from the water/ice bath and the colour was allowed to develop overnight. Absorbance at 560 nm was read against a blank containing all components except NADPH.

NSAIDs and other drugs were dissolved in 0.005 M-potassium phosphate buffer and the pH was adjusted to 7.4. Except for sulphasalazine, none of the drugs developed colour with the modified Bratton-Marshall assay method and none altered the colour yield of an assay tube containing a 400  $\mu$ M concentration of pABG.

Initial velocities and corresponding substrate concentrations were estimated by the method of Waley (1981) in the noncontinuous spectrophotometric assay. All kinetic parameters were estimated by the method of Cleland (1979), and at least two drug concentrations were used to estimate  $K_i$  values.

The assay that measures the BMC incorporation of  $[$ <sup>14</sup>C]formate into serine in the presence of excess glycine (i.e. the  $C_1$ index) was performed as described previously (Morgan et al., 1987). Whole blood was obtained from rheumatoid-arthritis (RA) patients and healthy volunteers. The RA patients have been described previously (Morgan et al., 1990). In experiments using BMCs from healthy volunteers, NSAIDs were added (without diluting or changing the pH of the medium) to the culture medium at the beginning of the assay. Red-blood-cell (RBC) and BMC folate levels were measured as described previously (Morgan et al., 1987).

# **RESULTS AND DISCUSSION**

Inhibition of AICAR transformylase and dihydrofolate reductase by NSAIDs is shown in Table 1. High drug-to-substrate concentration ratios (i.e. [I]/[S] ratios) were attempted because the daily dose of many of these agents is large (i.e. gram

quantities) compared with the usual daily folate intake (i.e. microgram quantities). The [I]/[S] ratios were limited by drug solubility or its high absorbance at 340 nm or 312 nm.

#### Inhibition of AICAR transformylase and dihydrofolate reductase

Most NSAIDs tested were inhibitors of AICAR transformylase. The following observations suggest that this property may be related to anti-inflammatory activity.

(1) Sulphasalazine, a compound which possesses substantial anti-inflammatory activity, was found to be a potent inhibitor of AICAR transformylase. On the other hand, its sulpha-drug metabolite, sulphapyridine, was found to be inactive. Thus the inhibition of the transformylase by sulphasalazine is not simply a general property shared by sulpha drugs, but is found in this particular compound which possesses anti-inflammatory properties. Selhub et al. (1978) have also found that sulphasalazine, but not sulphapyridine, is an inhibitor of other folate-requiring enzymes.

(2) Salicylic acid is a better inhibitor of the transformylase than is aspirin. This may account for the fact that equal doses of salicylic acid and aspirin have similar anti-inflammatory effects, since, in vivo, aspirin is irreversibly hydrolysed to salicylic acid.

(3) Penicillamine and chloroquine, which are not primarily anti-inflammatory agents, were inactive as inhibitors of the transformylase. It must be noted, however, that chloroquine could only be tested at relatively low [IJ/[S] ratios and that weak inhibition could have been missed.

(4) Both antipyrine and acetaminophen have analgesic and antipyretic activities, but little anti-inflamamatory activity. Both of these drugs were inactive as inhibitors of the transformylase.

(5) Inhibition was always competitive with respect to 10-CHO- $H<sub>4</sub>$ folate, suggesting that it was not due to non-specific binding or denaturation.

Dihydrofolate reductase was assayed with both H<sub>a</sub>folate and folic acid as substrates (Table 1). Most of the NSAIDs tested were inhibitors of the reductase. This property may be related to the anti-inflammatory activity as suggested by the following observations:

(a) Penicillamine and hydroxychloroquine were also inactive as dihydrofolate reductase inhibitors, even at very high [I]/[S] ratios. Antipyrine was inactive, whereas acetaminophen. proved to be a relatively weak inhibitor. This again suggests that drugs with weak or no antifolate activity have little anti-inflammatory effect, and that the antipyretic and analgesic effects are not related to antifolate activity.

(b) Aspirin was inactive as an inhibitor of the reductase, in contrast with salicylic acid. This suggests, again, that aspirin, when considered as an anti-inflammatory agent, is a pro-drug and that salicylic acid is the active compound.

(c) The inhibition was always competitive (with respect to H<sub>2</sub>folate or folic acid), suggesting that this was not a non-specific effect.

# Comparisons of  $K_i$  values with peak plasma concentrations

Table 1 shows that the  $K<sub>i</sub>$  values of sulphasalazine and salicylic acid for AICAR transformylase are lower than the peak plasma concentrations achieved with the usual daily dosages of these drugs. With the exception of piroxicam, other drugs investigated had at least one  $K<sub>i</sub>$  value within an order of magnitude of its peak plasma concentration or its intracellular concentration (Table 1). Therefore inhibition of one or both of these enzymes could occur in vivo under routine levels of drug administration.

# Effect of NSAIDs in vitro on the  $C_1$  index

The incorporation of ['4C]formate into serine in the presence of excess glycine requires catalytic amounts of folate coenzymes;

#### Table 2. Inhibition of the  $C_1$  index by NSAIDs

The  $C_1$  index measures the incorporation of  $[^{14}C]$ formate into serine by cultured human BMCs. Assay conditions are described in the Materials and methods section.



### Table 3.  $C_1$  indices of RA patients receiving NSAIDs and of healthy controls

The C<sub>1</sub> index measures the incorporation of  $[^{14}C]$ formate into serine by cultured human BMCs. Assay conditions are described in the Materials and methods section.



\* One patient in the group had RBC folate below <sup>150</sup> ng/ml.

all three enzyme activities on the trifunctional folate-metabolizing protein [i.e. 10-CHO-H4folate synthetase (EC 6.3.4.3), methenyltetrahydrofolate cyclohydrolase (EC 3.5.4.9) and methylenetetrahydrofolate dehydrogenase (EC 1.5.1.5)] and the enzyme serine hydroxymethyltransferase (EC 2.1.2.1). The amount of <sup>14</sup>C incorporated/1 × 10<sup>6</sup> peripheral BMCs is reported as the C<sub>1</sub> index and is shown in Table 2. The effect on the  $C_1$  index of NSAIDs was not due to a general cytotoxic activity, since cell viability at the end of the 3 h assay was 70-100  $\%$  and comparable with that of the controls. Both acetaminophen and phenylbutazone, which were weak inhibitors of the transformylase and reductase, were also weak inhibitors of the  $C<sub>1</sub>$  index. Aspirin was a relatively strong inhibitor of the  $C_1$  index, which is somewhat inconsistent with its weak inhibition of the transformylase and dihydrofolate (Table 1). Intracellular conversion of aspirin into salicylic acid or acylation of the enzymes could account for these results. Also, the  $C<sub>1</sub>$  index requires only catalytic amounts of folate coenzymes to be present, in contrast with stoichiometric amounts used in the other enzyme assays, thus [I]/[S] ratios may be very high.

Rowe et al. (1985) have demonstrated that the  $\beta$ -carbon of



#### Fig. 1. Chemical structure of some drugs used in diseases of inflammation: aromatic and carbonyl moieties of some agents which are (a) and are not (b) inhibitors of AICAR transformylase

The aromatic group and the side chain containing the carboxylic acid or other carbonyl moiety are drawn with heavy lines.

serine is the major source of one-carbon fragments required for in contrast with the weak effect of acetaminophen and penicillthe biosynthesis of purine nucleotides and thymidylate by amine. mitogen-activated lymphocytes. This leaves the folate-mediated NSAIDs were tested at, or above, peak plasma concentration reactions of the  $C_1$ -index pathway as the main, and perhaps the in the 'in vitro'  $C_1$  index assay. Under these conditions, mechanonly, metabolic route to the synthesis de novo of one-carbon isms other than direct inhibition of the  $C_1$ -index enzymes may fragments. Inhibition of these enzymes may, therefore, blunt have influenced the results. For e lymphocyte mitogen activation. Panush (1976) has, in fact, interfered with the cellular transport of glycine or [14C]formate. demonstrated that a number of NSAIDs, including aspirin, Thus the data is only suggestive of a direct effect of NSAIDs on indomethacin and naproxen, are inhibitors of mitogen and the  $C$ , index and it is necessary to test antigen-mediated lymphocyte activation in vitro, whereas acetaminophen and penicillamine were found to be comparatively Effect of NSAIDs in vivo on the  $C_1$  index weaker inhibitors. These results could be explained by the The  $C_1$  index was measured in patients with RA receiving a relatively potent antifolate effect of naproxen and indomethacin, variety of NSAIDs, as shown in Tabl

have influenced the results. For example, NSAIDs may have the  $C_1$  index and it is necessary to test their effect in vivo.

variety of NSAIDs, as shown in Table 3. There is a consistent

trend to lower  $C_1$  indices in patients using the more potent antiinflammatory drugs (e.g. sulphasalazine, sulindac and naproxen) versus those with weak anti-inflammatory activity (.e.g acetaminophen), with aspirin use (as a single therapy) falling somewhere in between. Folate-replete healthy controls (not using prescription drugs) also had intermediate  $C<sub>1</sub>$  indices. The possible confounding effects of drug transport and metabolism are eliminated, since all patients had been receiving the drug(s) for extended periods before the assay. The relatively low  $C<sub>1</sub>$  indices in patients taking the NSAIDs with more potent anti-inflammatory activity was not simply due to a systemic depletion of folate (i.e. low RBC folate). The rank order in Table <sup>3</sup> is unchanged if patients with RBC folates less than <sup>150</sup> ng/ml are removed from the data analysis. The finding of low RBC folate in  $10\%$  (i.e. 3 of 30) of the RA patients is not, however, unexpected, since Alter et al. (1971), Gough et al. (1964) and Omer & Mowat (1968) have shown low folate levels among RA patients treated with NSAIDs.

The inhibition of the  $C_1$  index by NSAID therapy is consistent with the finding of Hine et al. (1990) that BMCs from both methotrexate-treated RA patients and NSAID-treated RA patients have a blunted proliferative response to phytohaemagglutinin when compared with a population not using prescription drugs. The blunted response was more pronounced when the test was conducted in a medium containing physiological levels of folic acid as opposed to a medium with very high folate levels. This finding is mechanistically consistent with high intracellular folate coenzyme concentrations relieving, in part, the competitive inhibition produced by the NSAIDs.

#### AICAR transformylase activity in BMCs

The activity of the transformylase was assessed in isolated human BMCs from healthy volunteers. The mean activity was found to be  $1.98 \pm 0.68$   $\mu$ M nmol of pABG/h per 10<sup>6</sup> cells (range 1.23-4.14). This cellular activity is greater than the rate of biosynthesis of purine nucleotides in resting BMCs (0.03 nmol/h per <sup>106</sup> cells) or in mitogen-stimulated BMCs (0.59 nmol/h per 106 cells), suggesting that the transformylase is not rate-limiting in the biosynthetic pathway (McCairns et al., 1983). However, the assay contains high concentrations of both 10-CHO-H<sub>4</sub>folate and AICAR, a situation unlikely to occur in vivo. For example, the  $K_{\text{m}}$  for AICAR is approx. 15  $\mu$ M for both the chicken liver and mouse BMC transformylase (Ha et al., 1990), which is below the concentration in the assay (i.e.  $100 \mu M$ ). McCairns et al. (1983) failed to detect any intermediate of the pathway in human BMCs actively synthesizing purine nucleotides, and Bokkerink et al. (1986) detected only 1-5  $\mu$ M intracellular levels of AICAR in cultures of acute-lymphoblastic-leukaemia cells. In addition, human BMC folate-coenzyme concentrations may be as low as 25 pg/10<sup>6</sup> cells or approx. 0.05  $\mu$ M (Morgan et al., 1987), which is well below the concentration used in the assay (i.e. 100  $\mu$ M). Thus relatively low concentrations in vivo of both AICAR and the folate coenzyme may make the transformylase rate-limiting in purine-nucleotide biosynthesis, especially in activated BMCs.

AICAR transformylase in human BMC activity was positively correlated [Spearman's  $\rho$  (rank correlation coefficient) = 0.66;  $n = 20$ ;  $P = 0.002$ ] with BMC folate levels (range 92-3500 pg/ <sup>106</sup> cells). There was essentially no correlation of the BMC transformylase activity with the C<sub>1</sub> index ( $\rho = 0.22$ ;  $P = 0.3$ ) or with RBC folate ( $\rho = 0.18$ ;  $P = 0.4$ ), which argues that its correlation with BMC folate levels does not merely reflect <sup>a</sup> general-activity folate-dependent enzyme in these cells or the general level of folate nutriture in the body. The transformylase from BMCs may be stabilized, or protected from catabolism, by relatively high intracellular folate levels.

#### Structure-activity correlation

There is only <sup>a</sup> weak correlation between the inhibitory potency against AICAR transformylase when compared with dihydrofolate reductase. For example, piroxicam is inactive as an inhibitor of the transformylase, but it is a fairly potent inhibitor of the reductase.

All inhibitors of AICAR transformylase listed in Table <sup>1</sup> contain <sup>a</sup> carboxylic acid group and an aromatic ring. The carboxylic acid group may be proximal (e.g. salicylic acid) or distal (e.g. sulindac) from the aromatic ring (Fig. 1). The data suggest that both <sup>a</sup> carboxylic acid moiety and an aromatic ring are necessary for competitive inhibition of AICAR transformylase, since penicillamine has <sup>a</sup> carboxylic acid moiety but not aromatic ring; piroxicam, acetaminophen, phenylbutazone, antipyrene and chloroquine all have aromatic rings, but no carboxylic acid moiety, and none of the above agents is an effective inhibitor. A nitrogen in the para position to the carboxylic acid group (i.e., sulphasalazine and methotrexate) produced relatively tight binding, possibly better mimicking the structure of the p-aminobenzoylglutamate moiety of folate coenzymes (Fig. 1).

In contrast with those of AICAR transformylase, inhibitors of dihydrofolate reductase may have no carboxylic acid group (e.g. piroxicam). This finding is not unexpected. For example, both pyrimethamine and trimethoprim are good inhibitors of the reductase and neither have carboxylic acid moieties.

# **Conclusion**

The results presented are consistent with the hypothesis that the anti-inflammatory properties of NSAIDs results in part from interference with folate-coenzyme metabolism. Interference of folate metabolism will have <sup>a</sup> cytotoxic or cytostatic effect and may explain why general cytotoxic agents (e.g. cytoxan) are useful in the treatment of diseases of inflammation. This finding may also explain why <sup>a</sup> variety of non-prostaglandin-mediated cytostatic and anti-proliferative effects are observed when cells are exposed to NSAIDs (Panush, 1976; Hine et al., 1990; Weissman, 1991). Antifolate properties are not observed in drugs which have only antipyretic or analgesic activity. NSAID antifolate activity, anti-prostaglandin activity and other properties (Weissman, 1991) may work together to produce the entire complement of anti-inflammatory effects.

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