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Benefits of Aerosolized, Point-of-care, Autologous Skin Cell Suspension (ASCS) for the Closure of Full-thickness Wounds From Thermal and Nonthermal Causes

Learning Curves From the First 50 Consecutive Cases at an Urban, Level 1 Trauma Center

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Background: Although ASCS has documented success in closing partial-thickness burns, far less is known about the efficacy of ASCS in FT defects.

Methods: Fifty consecutive patients with FT defects (burn 17, necrotizing infection 13, crush 7, degloving 5, and other 8) underwent closure with the bilayer technique of 3:1 widely meshed, thin, split-thickness skin graft and 80:1 expanded ASCS. End points were limb salvage rate, donor site reduction, operative and hospital throughput, incidence of complications, and re-epithelialization by 4, 8, and 12 weeks.

Results: Definitive wound closure was achieved in 76%, 94%, and 98% of patients, at 4, 8, and 12 weeks, respectively. Limb salvage occurred in 42/43 patients (10 upper and 33 lower extremities). The mean area grafted was 435 cm²; donor site size was 212 cm², representing a potential reduction of 50%. The mean surgical time was 71 minutes; the total operating room time was 124 minutes. The mean length of stay was 26.4 days; the time from grafting to discharge was 11.2 days. Four out of 50 patients (8%) required 6 reoperations for bleeding (1), breakdown (4), and amputation (1). Four out of 50 patients (8%) developed hypertrophic scarring, which responded to silicone sheeting (2) and laser resurfacing (2). The mean follow-up was 92.7 days.

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DOI: 10.1097/SLA.00000000006387

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Conclusions: When used for the closure of FT wounds, point-of-care ASCS is effective and safe. Benefits include rapid re-epithelialization, high rate of limb salvage, reduction of donor site size and morbidity, and low incidence of hypertrophic scarring.

Keywords: burn injury, burn care, wound care, autologous skin cell suspension, skin graft

(Ann Surg 2024;280:452-462)

ue in part to constraints imposed during the COVID era, breakthroughs have emerged that have changed how we treat patients with deep partial-thickness (PT) and full-thickness (FT) wounds.¹ Resuscitation practices have become more conservative, in terms of fluid requirements, as colloids and pressors help titrate goal-directed therapy.² Noninvasive, point-of-care ultrasound is emerging as an important adjunct to monitor and optimize oxygen delivery and end-organ perfusion. Lessons learned from the care of COVID patients have improved pulmonary, cardiac, and renal critical care.^{3–5} Furthermore, antibiotic stewardship and infection control continue to decrease the incidence of hospital-acquired infections.⁶⁻⁹ Nutrition and metabolic support have become increasingly important to optimize and even accelerate wound healing.^{10,11} Given the limited access to the operating theater during the early COVID era, even the timing and methods of wound excision have been reassessed.^{1,12,13} Finally, options for temporary and permanent wound closure have increased exponentially, with the commercialization of new synthetic and biologic skin substitutes.14

Cellular therapy for wound closure has possibly reached a tipping point, in which both large and small defects can be closed more efficiently and more robustly, and certainly with smaller donor sites, than previous approaches. Recent innovations are quickly progressing from experimental to adjunctive to definitive methods of wound closure,^{15,16} sometimes at a fraction of the cost of other alternatives. Autologous Skin Cell Suspension (ASCS), or "spray-on skin," has documented success in closing PT burns,^{17–20} but far less is known about the efficacy of ASCS in FT injuries. Three recent multiinstitutional, randomized, controlled trials support the efficacy of ASCS compared to standard of care, with the

Ann Surg • Volume 280, Number 3, September 2024

Objective: To determine the utility of Autologous Skin Cell Suspension (ASCS) in closing full-thickness (FT) defects from injury and infection.

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Presented at the 144th Annual Scientific Meeting of the American Surgical Association, Washington, DC, April 4 to 6, 2024.

C.S.H.: consultant for Avita Medical and Vericel Corporation, receives royalties from Walters Kluwer for UpToDate. C.A.M.: consultant for Kerecis. The remaining authors report no conflicts of interest.

Supplemental Digital Content is available for this article. Direct URL citations are provided in the HTML and PDF versions of this article on the journal's website, www.annalsofsurgery.com.

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major benefit of donor site reduction.^{21–23} However, questions remain about optimal wound bed preparation, timing of closure, impact on operative and hospital throughput, and cost-effectiveness of this new technology. The purpose of this project was to determine the utility of ASCS in closing FT defects, from a variety of thermal and nonthermal causes.

METHODS

Study Design

We performed a retrospective, descriptive review of our first 50 consecutive patients who underwent autologous skin suspension for the closure of FT wounds and defects. These patients were treated at a single center, using the bilayer technique of point-of-care ASCS (which includes keratinocytes, fibroblasts, and melanocytes) sprayed over 3:1 widely meshed, split-thickness skin graft (STSG). This operative procedure was introduced at the same time as the creation of a new service line for hospitalbased plastic and reconstructive surgery. This research was approved by our institutional review board (WakeMed IRB# 28) and followed all Strengthening the Reporting of Observational studies in Epidemiology guidelines for cohort studies.https://www.strobe-statement.org (see supplemental digital material, Table 1, for Strengthening the Reporting of Observational studies in Epidemiology checklist, Supplemental Digital Content 1, http://links. lww.com/SLA/F152). All researchers completed CITI training.

Patient Population and Setting

From August 2022 through November 2023, 50 adults and children with full-thickness wounds and defects throughout the body due to diverse causes were managed by a single surgical team at an urban, level 1 trauma center. WakeMed Health and Hospitals is a not-for-profit, independent, community health care system with 4 hospitals, 970 licensed in-patient beds, and over 300K ED visits per year. The Raleigh campus serves as a teaching facility for residents, medical students, and physician assistant students from both Campbell University and the University of North Carolina at Chapel Hill. The Department of Plastic and Reconstructive Surgery belongs to an integrated group practice of over 800 physicians and advanced practice providers.

Main Outcome Measures

The primary end point of wound closure was defined as nearly complete (>98%) re-epithelialization, assessed at 4, 8, and 12 weeks after ASCS. Additional outcomes included size of donor site reduction and limb salvage rate. Secondary outcome measures included incidence of complications (both within and after 30 d), need for reoperation, incidence of hypertrophic scarring at both the donor site and reconstructed area, development of neuropathic pain, and additional reconstructive procedures, such as laser resurfacing, nerve release, and fat grafting. For operative and hospital throughput, we examined operative times (in-room to incision, in-room to out-of-room, and incision to closure), plus the total length of stay and number of days from the index procedure to discharge. For financial considerations, we looked at total hospital charges, hospital charges over the duration of admission, and physician charges for the index case.

Data Collection and Analysis

Patients were prospectively entered into a registry for performance and quality improvement. After obtaining IRB approval, we then performed a retrospective data extraction from the EPIC electronic health record (EHR), which included clinical, photographic, throughput, and financial information. To minimize bias, the authors used only objective data obtained from the EHR. In addition to descriptive statistics, we compared burn to nonburn patients, using two-tailed, nonpaired Student *t* test with unequal variance for continuous data and χ^2 analysis for categorical data. *P* values < 0.05 were assigned statistical significance.

Surgical Technique

Wound Bed Preparation

FT wounds and mixed FT/PT wounds throughout the body underwent excisional preparation with a combination of scalpel, curette, scissors, and Versajet (Smith + Nephew, London, UK), removing necrotic and infected debris, back to healthy appearing, viable tissue. Hemostasis was achieved with a combination of direct pressure and epinephrine/ thrombin solution, with only minimal use of electrocautery. Infected, contaminated, or questionably viable wounds were temporarily closed with xenograft, allograft, or synthetic skin substitute. Clean, mature wounds with good vascularity underwent one-stage, definitive closure with STSG and ASCS.

TABLE 1. Patient Characteristics

		Nonburn	Burn	
	Total $N = 50$	N = 33	N = 17	Р
Age (Med, IQR)	48 (31, 67)	55 (44, 69)	33 (26, 41)	0.0001
BMI (Med, IQR)	26.2 (23.9, 33.2)	26.5 (23.9, 33.2)	25.8 (23.3, 32.9)	0.62
Sex, N (%)				
Female	20 (40.0)	15 (45.5)	5 (29.4)	0.27
Male	30 (60.0)	18 (54.6)	12 (70.6)	
Race, N (%)	_			0.12
Asian	2 (4.1)	2 (6.1)	0	
Black	17 (34.7)	8 (24.2)	9 (52.9)	
Hispanic	3 (6.1)	1 (3.0)	2 (11.8)	
Other	2 (4.1)	2 (6.1)	0	
White	26 (51.0)	20 (60.6)	6 (35.3)	
Comorbidities,	, N (%)			
Diabetes	7 (14.0)	6 (18.2) Mal-	1 (5.9)	0.26
nutrition	5 (10.0)	3 (9.1)	2 (11.8)	0.77
Heart	18 (36.7)	16 (48.5)	2 (12.5)	0.01
Liver	2 (4.0)	2 (6.1)	0	0.30
Lungs	9 (18.0)	8 (24.2)	1 (5.9)	0.11
Kidneys	9 (18.0)	9 (27.3)	0	0.02
Substance use	5 (10.0)	2 (6.1)	3 (17.7)	0.20
Any	37 (64.0)	30 (90.9)	7 (41.2)	< 0.01
Smoking, N (?		· · · ·		
Former	12 (24.0)	8 (24.2)	4 (23.5)	0.47
Current	10 (20.0)	5 (15.2)	5 (29.4)	
ASA, N (%)		_		0.01
1	1 (1.9)	0	1 (5.9)	
2	11 (22.6)	3 (11.1)	8 (47.1)	
3	25 (47.2)	19 (52.8)	6 (35.3)	
4	13 (28.3)	11 (36.1)	2 (11.8)	

BMI indicates body mass index.

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Calculation of STSG and ASCS Needed for Wound Closure

The total surface area of the wound was measured, and the STSG needed for closure (anticipating a 2:1 expansion from 3:1 meshing) was calculated by dividing this area by a factor of 2. The total volume of ASCS needed, based on an 80:1 expansion, to treat both the primary wound and the STSG donor site was determined by combining the surface area of both wounds and dividing this by a factor of 80. Each square centimeter of skin harvested for ASCS was used to cover 80 cm² of wound and reconstituted in 1 mL of buffer. As an example, a 500 cm² wound would require a 250 cm² donor site, to provide a functional 2-fold STSG expansion, plus a 9.375 cm² donor site, to provide an 80:1 ASCS expansion, used to spray over the primary wound and secondary STSG donor site (which combined would total 750 cm² + 9.375 cm²).

Donor Skin Harvesting

STSG was harvested at 0.012 to 0.014-inch thickness, and the ASCS donor was harvested at 0.006 to 0.008-inch thickness, with an air-powered Zimmer dermatome (Zimmer Biomet, Warsaw, IN). STSG was meshed at 3:1 ratio.

ASCS Preparation

The ReCell Autologous Skin Harvesting Device was used to prepare ASCS (Avita Medical, Valencia, CA). Trypsin was activated and heated for 10 minutes, followed by a 10-minute incubation with the thin biopsy specimen. After deactivation of the trypsin with a buffer soak, the epidermis was then scraped off of the dermis, and epidermal fragments were mechanically disaggregated with a scalpel. These fragments were reconstituted in an additional buffer, and this solution was passed through a microscopic filter to create a single-cell suspension. Previously published work indicates that ASCS contains 1.7×10^6 cells/mL, with 75.5% viability by trypan blue staining. The cell population, as determined by flow cytometry, includes keratinocytes (64.3%), fibroblasts (30.3%), and melanocytes (3.5%).²⁴

ASCS Grafting

After placing the expanded STSG over the wound and securing the graft with staples or sutures, fibrin sealant (Tisseel, Baxter, Deerfield, IL) was sprayed over the interstices and used as a tissue glue for the ASCS, which was aerosolized and delivered onto the graft. ASCS was then covered with a nonadherent, small pore, low-absorbency primary dressing (Telfa Clear Wound Dressing, Cardinal Health, Dublin, OH), followed by a secondary antimicrobial 3% bismuth dressing (Xeroform Occlusive Petrolatum Gauze, Covidian, Dublin, IR), and a tertiary compressive dressing to mechanically secure the construct, such as a crepe bandage, elastic wrap, or negative pressure wound therapy (Wound VAC, 3M, Maplewood, MN).

Postoperative Care

Dressings were kept in place until postoperative days 3 to 5, at which point the secondary and tertiary dressings were removed and replaced. The primary dressing was kept intact until postoperative days 6 to 8. Wound care was transitioned to a nonadherent oil-emulsion layer (Adaptic, 3M, Maplewood, MN) plus bacitracin, covered with a compressive absorbent layer that was changed daily until the keratinocyte-STSG construct was stable and dry

(indicative of functional keratin production). Regarding systemic antibiotics, patients continued treatment with their pregrafting regimen or were started on prophylactic antibiotics, which were discontinued at the time of their first dressing change. Topical silver antibiotics were not used, due to potential keratinocyte cytotoxicity. Activity restrictions were determined on a case-by-case basis in collaboration with occupational and physical therapy. Management of edema remained a priority not only in the immediate postoperative period but for weeks to months after wound closure.

Wound Biopsies

After accruing 50 patients in our cohort study, we obtained 3 mm punch biopsies on an additional patient at 1, 2, and 6 weeks postoperatively to assess and document the evolving architecture of the epidermal-dermal interface. The patient, who provided written consent, had sustained a right leg degloving injury after a fall, and he underwent 3:1 STSG and ASCS, for a 252 cm² full-thickness defect. In clinic, after anesthetizing the area with 1% lidocaine with epinephrine injected deep into the wound, we sampled a representative area that included both STSG and ASCS only with a 3-mm punch biopsy probe. Specimens were fixed in formalin, sectioned with a microtome, stained with hematoxylin and eosin, and reviewed with а dermatopathologist.

RESULTS

Patient Demographics

From August 2022 through November 2023, 50 patients with FT wounds from diverse etiologies underwent excision and closure with 3:1 meshed STSG and 80:1 ASCS, across 53 sessions. The mean age was 48.7, with a range of 1 to 94 years. The population included 30 males and 20 females. Distribution of race was White (26), Black (17), Hispanic (3), Asian (2), and other (2). Risk factors for wound healing or significant past medical history included obesity (BMI>30) (16), cardiovascular disease (16), active smoking (10), pulmonary disease (9), renal dysfunction (9), substance abuse (8), diabetes (8), malnutrition (6), and hepatic dysfunction (4); 37 patients had at least one risk factor or medical illness. The distribution of ASA score was ASA 1 (1), ASA 2 (11), ASA 3 (25), and ASA 4 (13) (Table 1).

Wound Characteristics

Etiology of the wounds included burns (17), necrotizing soft tissue infection (12), crush injury (7), open abdomen (5), degloving (5), skin necrosis from intravenous drug use (1), keloid resection (1), and ulcer from peripheral vascular disease (2). Seventy-six percent of patients had FT-only defects, and 24% had mixed FT and deep PT defects. Location of wounds included lower extremities (33), abdomen (11), upper extremities (10), and chest (5), with 9 patients having multiple locations. The mean MESS (Mangled Extremity Severity Score) for our 30 trauma patients with extremity injuries was 3.87, with a range of 1 to 8 and an SD of 1.96. Seven patients had MESS scores of 6 or greater. See Table 2 (53 wounds in 50 patients).

Characteristics of Treated Areas

Twelve patients (24%) had excision with immediate grafting, but 38 patients (76%) had staged excision before

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	Total	>Nonburn	Burn N = 17	Р
	N = 53	N = 36		
Wound depth, N (%)				< 0.00
Full-thickness	41 (77.4)	34 (94.4)	7 (41.2)	_
Partial and full thickness	12 (22.6)	2 (5.6)	10 (58.8)	—
MESS grade (30	N = 30	N = 13	N = 17	_
trauma patients)				
Mean	3.87	4.85	3.11	0.01
SD	1.96	1.68	1.87	_
1 (no. patients, %)	4 (13.3)	0 (0)	4 (23.5)	_
2	4 (13.3)	0 (0)	4 (23.5)	
3	6 (20)	4 (30.8)	2 (11.8)	
4	5 (16.7)	2 (15.4)	3 (17.6)	
5	4 (13.3)	2 (15.4)	2 (11.8)	
6	4 (13.3)	3 (23.1)	1 (5.9)	
7	2 (6.7)	1 (7.7)	1 (5.9)	
8	1 (3.3)	1(7.7)	0 (0)	
Wound preparation,	()	,		0.07
N (%)				
Allograft	11 (20.8)	6 (16.7)	5 (29.4)	
Integra	3 (5.6)	3 (8.3)	0	
Kerecis	26 (49.1)	21 (58.3)	5 (29.4)	0.05
Myriad	1 (1.9)	1 (2.8)	0	_
None	12 (22.6)	5 (13.9)	7 (41.2)	_
Wound size, cm ²	350 (154,	400 (149,	296 (158,	0.12
(Med, IQR)	610)	691)	420)	
Donor size, cm ²	175 (77,	180 (79,	120 (70,	0.10
(Med, IQR)	300)	350)	210)	
Recell size, cm ²	498 (220,	590 (236,	436 (213,	0.10
(Med, IQR)	915)	993)	630)	
Donor site coverage,))		0.70
n (%)				
Kerecis	29 (54.7)	21 (58.3)	8 (47.1)	
Suprathel	17 (32.1)	11 (30.6)	6 (35.3)	
Xeroform	7 (13.2)	4 (11.1)	3 (17.7)	
EBL, mL (Med,	50 (25,	50 (23, 75)	50 (30,	0.42
IQR)	100)	20 (20, 70)	100)	5.12

definitive closure. Temporary graft material included xenograft in 27 patients, allograft in 8 patients, and synthetic skin substitute in 3 patients. Patients with nonburn wounds were more likely to be treated with piscine xenograft than patients with burn injury. The mean surface area of the wounds grafted was 435 cm² (range 30-1608 cm²). The mean area of the donor site was 212 cm² (15–804 cm²). This represents a 50% reduction in donor site if compared with grafts normally meshed at 1.5:1 (which functionally effects a 1:1 expansion) and a 25%

reduction if compared with grafts meshed at 2:1 (which yields a 1.5:1 expansion). Mean size of ASCS application was 636 cm² (45–2212 cm²). See Table 2 (53 wounds in 50 patients).

Healing Outcomes

Definitive wound closure was achieved in 76%, 94%, and 98% of patients, at 4, 8, and 12 weeks, respectively. Limb salvage occurred in 42/43 patients (10 upper and 33 lower extremities). One patient, who sustained a crush injury

	Total	Nonburn	Burn	Р
Incision time, min (Med, IQR)	64 (52, 82)	66 (54, 88)	58 (52, 76)	0.65
OR time, min (Med, IQR)	116 (101, 140)	115 (101, 139)	112 (100, 136)	0.70
Incision/OR time ratio (Med, IQR)	0.55 (0.48, 0.61)	0.57 (0.50, 0.62)	0.52 (0.48, 0.58)	0.55
Total length of stay, days (Med, IQR)	21 (12, 35)	26 (19, 37)	12 (6, 21)	0.01
Post-ASCS LOS, days (Med, IQR)	7 (4, 14)	10 (5, 14)	5 (4, 7)	0.09
Total charges for hospitalization (Med, IQR)	\$336, 176	\$469,131	\$185,391	0.000
	(\$185,391, \$524,962)	(\$310,715, \$685,409)	(\$116,719, \$276915)	
Physician charges for index case (Med, IQR)	\$23,190	\$23,852	\$20,960	0.43
	(\$18,317, \$43,325)	(\$18,956, \$51,155)	(\$13,816, \$25,759)	
Follow-up, days (Med, IQR)	59 (35, 101)	61 (40, 135)	49 (23, 88)	0.26

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from a forklift, with a MESS of 7, required below-knee amputation several months later for intractable distal lymphedema and recurrent cellulitis. Four patients had delayed healing of donor sites beyond 4 weeks, with three patients receiving additional biologic grafts (1 xenograft, 2 allograft) to facilitate wound closure. Two patients developed pseudomonas soft tissue infections that responded to topical and systemic antibiotics. One patient required repeat STSG for partial graft loss at the recipient site, due to mechanical shearing. One patient with closed wounds at 8 weeks had donor and recipient site breakdown by 12 weeks, due to Munchausen's syndrome.

Complications and Adverse Events

Four patients (8%) required 6 reoperation for bleeding (1), breakdown (4), and amputation (1). One patient with a previous open abdomen developed a transient enterocutaneous fistula that healed spontaneously with bowel rest. In terms of late sequelae, only four patients (8%) developed hypertrophic scarring, which responded to laser resurfacing (2) or compression and silicone sheeting (2); 2 patients developed hypertrophic scars at their donor sites, which were successfully managed with lasers. One patient underwent successful nerve decompression and fat grafting for refractory neuropathic pain. No patients developed scar contractures, banding, or excessive tightness. Overall complications and adverse events occurred in 12 patients or 24% of the cohort.

Comparison of Burn With Nonburn Patients

Compared with nonburn patients, burn patients, on average, were younger (33.1 vs 56.7 y), had a lower ASA class (2.5 vs 3.2), had a lower MESS score (3.1 vs 4.8), and had a shorter length of stay (13.6 vs 32.5 d) (all *P* values < 0.05), due in part to a shorter time from ASCS to discharge (6.8 vs 13.2 d) (P = 0.055). Wound size, donor site reduction, estimated blood loss, case time, operating room (OR) time, wound closure rates, complication rates, and length of follow-up were similar between burn and nonburn patients. See Tables 1, 2, and 3 [data reported as medians, with interquartile range (IQRs)].

Case Studies

Case 1

This patient was a 57-year-old man with Fournier's gangrene who underwent radical excision of his scrotum, penile shaft skin, and lower abdominal skin and fascia. Following transposition of the testes to a subcutaneous pocket in the thighs, he had staged closure of his defect with allograft, piscine xenograft, and finally, ASCS sprayed over 3:1 meshed STSG. His penis was reconstructed with sheet grafts and circumcision. His diverting colostomy was taken down 3 months later, and he reports the ability to have an erection with penetrative intercourse. See Supplemental Digital Figure 1, Supplemental Digital Content 2, http://links.lww.com/SLA/F153.

Case 2

This patient was a 49-year-old man who developed necrotizing fasciitis of his chest and left upper extremity, after wrestling with his son, who had just tested positive for a group A streptococcal infection of his oropharynx. After radical debridement, he underwent staged closure with piscine xenograft, bilaminate synthetic skin substitute, and eventually ASCS sprayed over 3:1 meshed STSG. Negative pressure wound therapy was used at most stages to secure his grafts. See Supplemental Digital Figure 2, Supplemental Digital Content 2, http://links.lww.com/SLA/F153.

Case 3

This patient was a 66-year-old woman who sustained a severe crush injury to her right leg, after being pinned between 2 golf carts, resulting in a tibial fracture and loss of soft tissue. She underwent staged closure with a xenograft and ultimately ASCS sprayed over a 3:1 meshed STSG. Although she developed early hypertrophic scarring of her recipient and donor site, she responded well to 3 sessions of pulsed dye laser photothermolysis and fractional CO_2 laser ablation. She also underwent open superficial peroneal nerve decompression and percutaneous sural nerve release with fat grafting, for focal neuropathic pain. See Supplemental Digital Figure 3, Supplemental Digital Content 2, http://links.lww.com/SLA/F153.

Biopsy Data

The patient selected for sequential punch biopsies was a 70-year-old man with congestive heart failure with atrial fibrillation and pulmonary hypertension, on apixaban, who fell and sustained a laceration with hematoma, resulting in a full-thickness defect over his leg and knee. He underwent staged closure with a piscine xenograft and negative pressure wound therapy, followed 1 week later by 3:1 STSG and 80:1 ASCS (Fig. 1). One week after closure, a fragile neoepidermis was observed, 6 to 8 keratinocytes thick, over disorganized granulation tissue (Fig. 2). By 2 weeks, biopsies demonstrate early lining up of the stratum basale and stratum corneum, with elements of the strata spinosum and granulosum emerging (Fig. 3). At 6 weeks after grafting, mature keratin sheets are forming on the outer epidermis, along with rete ridges and a clear basement membrane. Deep to an organized layer of basal keratinocytes, a pseudopapillary dermis has emerged, which includes a myxoid extracelluar matrix and maturing collagen bundles, all devoid of sweat glands and hair follicles (Fig. 4).

Financial Analysis

The median total hospital charge for all patients was \$336,176 (IQR \$185,391–\$524,962), while the median physician charge for the index case was \$23,190 (IQR \$18,317–\$43,325). Median total hospital charge was significantly higher for nonburn patients (\$469,131) than burn patients (\$185,391) (P < 0.001), although median physician charge was similar for both groups (\$23,852 vs \$20,960) (NS) (Table 3).

Throughput Analysis

Mean surgical time, from "incision to close," was 71 minutes (range 35–173 min). Mean total operative time, from "in-room to out-of-room" was 124 minutes (range 71–231 min). The mean time from in-room to incision was 41 minutes (range 19–83 min). Surgical and operative times tended to improve over the course of the study but did not reach statistical significance, due in part to the high variability observed throughout the period (Supplemental Fig. 4, Supplemental Digital Content 2, http://links.lww. com/SLA/F153). Mean length of stay was 26.4 days (range 0–129 d). Time from ASCS grafting to discharge was 11.2 days (0–67 d). Four patients underwent STSG and ASCS as an out-patient (Table 3).

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70-year-old man with CHF, AF on eliquis, pulmonary hypertension s/p fall with laceration and delayed hematoma Xenograft, 3:1 STSG, ASCS, VAC





FIGURE 1. 70-year-old man with congestive heart failure, atrial fibrillation, and pulmonary hypertension, on apixiban, who fell and sustained a laceration, delayed hematoma, and full-thickness tissue loss. He underwent excision and coverage with a piscine xenograft, followed 1 week later by STSG and ASCS, with negative pressure wound therapy.

DISCUSSION

In this retrospective review of our first 50 patients with FT wounds, treated at an urban, level 1 trauma center with "spray-on skin," we provide compelling data that support the use of 80:1 expanded ASCS sprayed over 3:1 meshed STSG, for the definitive closure of these defects. Wound closure was achieved in 76%, 94%, and 98% of patients, at 4, 8, and 12 weeks after grafting, respectively. Limb salvage occurred in 42/43 patients. The mean area grafted was 435 cm², while the donor site size was 212 cm². This represents a potential 50%–25% reduction in skin graft requirements, depending on STSG mesh ratios used without

ASCS. The mean surgical time was 71 minutes; total OR time was 124 minutes. The mean length of stay was 26.4 days; the time from grafting to discharge was 11.2 days. In terms of complications, 4/50 patients (8%) required reoperation for bleeding (1), breakdown (2), and amputation (1). Four out of 50 patients (8%) developed hypertrophic scarring with neuropathic pain, which responded to laser resurfacing and fat grafting.

Compared with nonburn patients, burn patients were younger (33.1 vs 56.7 y), had a lower ASA class (2.5 vs 3.2), had a lower MESS score (3.1 vs 4.8), and had a shorter length of stay (13.6 vs 32.5 d), due in part to a shorter time

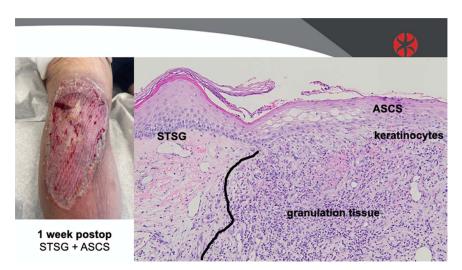


FIGURE 2. Biopsy data: 1 week after grafting with ASCS and 3:1 meshed STSG.

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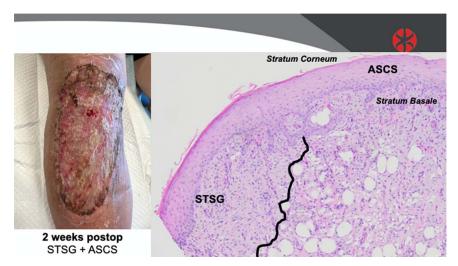


FIGURE 3. Biopsy data: 2 weeks after grafting with ASCS and 3:1 meshed STSG.

from ASCS to discharge (6.8 vs 13.2 d) (all *P* values < 0.05). Wound size, donor site reduction, estimated blood loss, case time, OR time, wound closure rates, complication rates, and length of follow-up were similar between burn and nonburn patients. Total hospital charges for burn patients were significantly lower than nonburn patients (\$185,391 vs \$469,131, P < 0.001), whereas physician surgical charges were similar (\$20,960 vs \$23,852, NS).

Since Rheinwald and Green first described the ability to culture keratinocytes in 1975,²⁵ and Cuono reported using cultured epidermal autografts (CEAs) in pediatric burn patients in 1986,²⁶ cellular therapy has been pursued as both a primary and secondary method of wound closure for PT and FT defects²⁷—with mixed success. Munster documented that the use of CEAs was associated with improved mortality in patients with large burns,²⁸ but CEAs still have considerable limitations, including the 2 to 3 week period needed to grow confluent sheets, the intensive nursing care required to protect the grafts (requiring a 1:1 nursing ratio), the long-term fragility of the grafts (which delay and limit both occupational and physical therapy), and the considerable cost, which remains around \$10,000 for every 1% TBSA covered (or \$50/

cm²).²⁹ We also demonstrated that CEAs contain persistent, foreign antigens that can elicit an inflammatory, second-set response.³⁰ However, CEAs save lives and remain an integral part of the wound closure algorithm for burn surgeons, especially for injuries > 50% TBSA.

In 2007 and 2012, Wood et al^{31,32} demonstrated that an aerosolized, skin cell suspension of keratinocytes, melanocytes, and fibroblasts could be used to achieve durable wound closure. Advantages of this innovative technique included point of care preparation in the OR, short learning curve for the surgical team, in vivo confluence of the grafted keratinocytes, simplified dressing and wound care, early patient mobilization, and significantly decreased cost (\$7500 per 1920 cm² application, or \$3.9/cm²). Multiple refinements and applications have been reported in abundant cases series since then,³³⁻⁴⁷ including the use of ASCS in pediatric patients, the utility of ASCS in wounds other than burns, the efficacy of ASCS in FT defects, and success of ASCS when used with other technologies, such as tissue glue and negative pressure wound therapy.

Over the past 5 years, 3 robust randomized controlled trials have been published, supporting the use of ASCS for

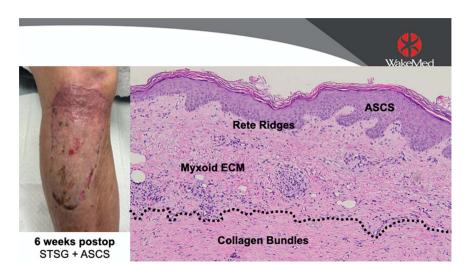


FIGURE 4. Biopsy data: 6 weeks after grafting with ASCS and 3:1 meshed STSG.

458 | www.annalsofsurgery.com This paper can be cited using the date of access and the unique DOI number which can be found in the footnotes. wound closure.²¹⁻²³ In burn patients with deep PT injuries, Holmes provided evidence that ASCS induces stable shortterm and long-term healing, with significantly reduced donor site size and pain, plus improved appearance, compared with STSG alone. The mean ASCS donor site was ~40 times smaller than that of the STSG, and donor sites treated with ASCS healed faster than those treated with conventional dressings. Combining ASCS with widely meshed STSG as a bilayer construct, Holmes also demonstrated, in patients with mixed depth burns without contiguous dermis, that ASCS plus expanded STSG reduced donor site requirements by 32%, and resulted in a similar safety and efficacy profile, compared with minimally expanded STSG. Eight weeks after grafting, 92% of the ASCS wounds were closed, compared to 85% of the control group.

With strong data that ASCS plus widely meshed STSG (ASCS+STSG) is not inferior to the standard of care (minimally expanded STSG) and that ASCS yields benefits in reduction of donor site size and pain, Henry recently published the first randomized control trial in patients with full-thickness defects due to surgical and traumatic wounds, but excluding burns.²³ Eight weeks after grafting, complete closure was observed in 65% of the ASCS+STSG group, compared with 58% of the STSG control group (P < 0.01). Furthermore, the ASCS+STSG group required 27.4% less donor skin (P < 0.001). The mean area treated by ASCS +STSG was 216 cm², compared with 212 cm² for the STSG control group. No differences were observed between the groups, regarding patient complications, adverse devicerelated events, or final scarring measured by patient and observer scar assessment score.

Several logistical, operational, and financial issues are relevant. Over the course of this case series, total procedural times tended to improve, despite some variability in preincision anesthesia induction. ASCS preparation can add ~ 30 minutes to operative time if done sequentially, but we utilize a 2-team approach, which allows for simultaneous skin processing on the back table, with concurrent wound preparation and grafting with expanded STSG, by the primary team. The learning curves for keratinocyte harvest and processing are quite short; surgical assistants rapidly learn this skill and can be supervised by the attending surgeon. Communication at the start of the procedure is critical to establish the anticipated flow and momentum of the operation, which requires a dermatome, a mesher capable of at least 3:1 expansion, the ASCS kit, tumescence for the donor site, topical epinephrine and thrombin solution for wound hemostasis, adhesive tissue glue, skin substitutes for the donor site, and copious dressing supplies.

The relative cost of the ASCS kit is quite small (\$7500), compared with total hospital charges generated for burn patients (\$185,391), but especially for patients with nonburn wounds (\$469,391). Because the surgical team does the actual work to harvest and prepare ASCS for grafting, the only charges incurred are the purchase of the kit and the professional fees of the surgeon, not the actual graft materials, driving down the cost of ASCS to <10% of CEAs. Furthermore, ASCS may be the critical event that drives the timing of discharge, since this occurs in the final third of hospitalization. These patients tend to have 3 cost spikes during their stay: the initial workup and treatment in the emergency department, the primary intervention (repair of fracture, debridement of necrotizing infection, stabilization of soft tissue injury, as examples), and definitive closure with ASCS and STSG.

Although the current study has limitations as a retrospective review, this cohort of 50 consecutive patients with full-thickness defects is the largest cases series of ASCS and widely meshed STSG reported by a single team, at a single institution-and at the start of a new service line. Given the previous positive experience of our providers with ASCS, at other academic medical centers (Johns Hopkins University, University of North Carolina, University of Indiana, and University of Alabama-Birmingham), we did not feel compelled to include a control group, since ASCS plus widely meshed STSG was already our preferred practice and considered by many as one of several best practices for closing deep PT, mixed-depth, and FT wounds. As such, these patients were entered into a departmental registry, for later data extraction and analysis. With a wound closure rate of 94% at 8 weeks and 98% at 12 weeks, and a donor site reduction of 50%, our results are similar to and perhaps better than those of the 3 previously published RCTs.²¹⁻²³

Future research will help answer questions about whether or not ASCS induces accelerated healing and if so, what cellular and biochemical mechanisms may account for these effects. Combining real-world data with financial modeling, Carter and colleagues provide convincing evidence that ASCS reduces the length of stay by over 2 days for large (>20% TBSA) and small burns.^{48,49} However, the impact of ASCS on length of stay for nonburn patients is not yet clear, but given the high cost associated with these wounds, the potential for an increased return on investment may be greater than for burn patients. We also recognize the need to design and execute a prospective, blinded trial comparing the use ASCS with differing STSG mesh ratios in varying locations of the body and the need to collect both patient-reported outcome measures and objective scar assessments.

In summary, when used for closure of FT wounds, point-of-care ASCS plus widely meshed STSG is effective and safe for both burn and nonburn patients. Particular benefits include rapid re-epithelialization, high rate of limb salvage, reduction of donor site size and morbidity, and low incidence of hypertrophic scarring. In our series, ASCS was not financially nor operationally prohibitive in burn or nonburn patients and was often the catalyst for discharge in both cohorts. ASCS should be considered as a method of wound closure for most FT defects.

ACKNOWLEDGMENTS

The authors thank Diana Rhyne, MBA, for assistance with IRB submission, data extraction from EPIC, and analysis of financial data.

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DISCUSSANT

Dr Ron J. Weigel (Iowa City, IA):

The discussion will be opened by Dr Amalia Cochran from Gainesville.

Dr Amalia Cochran (Gainesville, FL):

Good afternoon. I do not have any financial disclosures.

I will acknowledge that I am a burn surgeon who routinely uses ASCS in my grafting procedures. I hope that the nonburn surgeons here in this room, which I fully recognize is almost everyone, understand the importance of Dr Hultman's group's work. While the introduction of ASCS for partial-thickness injuries was a mark of progress in and of itself, the role and relevance in the management of large and complex wounds, both burns and those of other etiology, is incredibly relevant for us. Your presentation did result in a few questions that I hope can clarify the true benefit of using ASCS and simply not just justify its efficacy.

First, I appreciate that you all were able to document patient outcomes with both wound closure during the 12 weeks following skin grafting as well as key wound complications. Do you have evidence, anecdotal or otherwise, that the wound closure rates were accelerated or that complication rates were reduced in patients in your series versus patients who may not have received ASCS historically?

Continuing in a similar vein regarding the biopsy findings, how might these differ from a regular wound healing specimen, or do we know? And based upon what you all are seeing, what impact do you anticipate the use of ASCS having on the scarring process for these patients?

A final point of comparison that I'm curious about is the financial data that you all reported. It isn't a surprise to me that the nonburn wounds were more costly as measured by the hospital charges and physician charges because of the complexity of these patients and their injuries. Do you have any sense of how these charges might differ from non-ACSC patients?

Thank you.

Response from Charles Hultman:

Thank you, very much, Dr Cochran. I'd love to address your questions. Thank you so much for discussing the paper and for providing your insights.

So the first question was about the experience with wound closure and complications not using this particular technology, the spray-on skin, or the ASCS. We actually started this practice the week that I began my new practice at WakeMed in Raleigh, so I don't have any historical controls.

I can say that when I was at Johns Hopkins, I had a couple of years' worth of experience prior to COVID with burn patients that would have been candidates for ASCS, before FDA approval of "spray-on skin." When approved by the FDA, ReCell turned out to be a lifesaving measure, especially during COVID, because CEA, cultured epidermal autografts, were not available consistently due to supplychain issues. This was a way that we could obtain wound closure in our patients with > 50% burns. I looked at this initially as an alternative to CEA but now probably a superior approach, given the cost savings and similar efficacy.

In terms of the biopsy results, we were quite surprised to see early keratin-forming cells as early as day six. For those of you who may have seen this in real time, you'll notice that the wounds are sort of wet by day 4 or 5 when the first dressing change is done, and then within about 3 or 4 days, they become more opaque, and lose that reflective sheen, and that correlates with the production of the keratin. What we really don't know is: are these cells migrating from the skin grafts or are from the original spray-on skin cells and I don't have that answer, and that has been vexing me this entire time. Either way, we do see a much more stable wound earlier on in the healing process, so there is some cellular communication going on.

Your third question had to do with scarring, and one of the concerns that we all had is that if we are meshing skin now not at 1.5:1 or 2:1 but rather 3:1, 4:1, 5:1, the idea is that we're going to have more scarring because there's less dermis, but what we've seen, though, is that this is not the case whether you have large burns or small burns. Reconstruction in this series was really limited to just a couple of patients. The gentleman with the Fournier gangrene was going to probably end up with that circumcision anyway regardless of his outcome, and the abdominal wall reconstruction was something that we could do after we'd gotten his wound closed. There was a really limited amount of lasering that I needed to do for these scars.

And the last question has to do with cost, and it really is hard to pin down, what is that sweet spot where we get the maximum benefit? I don't know the answer in terms of how small. I can tell you this. For the larger burn wounds, this technology is lifesaving. That's clear. For the burn wounds that may be going to a burn center, between 20% and 50% TBSA, there's really good data now that's been published looking at real-world insurance claims that the use of this technology drives down length of stay by a couple of days, so if you save one day of hospitalization, you've paid for the kit. I think future work will be necessary to determine what the true cost of this technology will be, and again, I don't have the financial data for patients who did not get the technology. There work

Thank you.

Dr Carl Schulman (Miami, FL):

Hi, Carl Schulman from Miami. I have no relevant disclosures.

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Really nice paper, well presented. My kudos to you for getting those biopsies on those postgrafted wounds. That is so hard to achieve, but really great. I have a couple of questions. One is kind of a math question, so you said you had a 51% reduction in donor size, and they're relatively small wounds from a burn perspective. The average was like 430 cm sq, and you reduced it to 215. Does that mean you always do a sheet graft? I mean, that seems like it's compared with a sheet graft, and I think most of us would maybe do a 2:1 on wounds like that, so that's question number one is really how much is the donor site reduction, especially in a small wound? I mean the difference is not that dramatic for a small wound.

And then that sort of leads into the next question, and you touched on it in both the discussions about cost, so we also have incorporated spray-on skin cells into our burn practice over the last few years, and we looked at it as a way to really reduce donor site morbidity in the very large burns when you have a small amount of donor site availability and also to get those patients further along a little quicker because in those patients, larger burns, the length-of-stay reduction I think is really significant, but when you take a small wound, say 1% or 2% or the 500 or 600 cm sq, really what is the efficacy, and what is the real driver to pop open that \$7500 kit, right? Does it really make a difference? While the numbers are dramatic, you know, for a \$300,000 hospital stay, \$7500 is nothing, but in the grand scheme of things, if every single one of these patients now gets an extra \$7500 charge, you're still looking at millions or, however, many dollars of extra health care costs, so I wonder what your thought is on do you have a threshold, "This is too small, this is just right, and this is absolutely necessary?"

Response from Charles Hultman:

These are great questions, and this is really humbling to have to answer these questions because I struggle with this myself, so regarding the calculation of the percent reduction, for those of us who mesh our grafts and use these larger mesh ratios, we all know that if you mesh it 3:1, you're really going to get about a 2:1 expansion. A 4:1 mesh might give you 3fold expansion, so what I'm doing is calculating what I would have had to do if I'd used, let's say, a 1.5:1 or 1:1 mesh.

There are other ways of doing that. Jeff Carter from LSU and Jimmy Holmes from Wake Forest, in their RCT paper using the ReCell did it a different way. They compared a 2:1 standard of care with a 3:1 mesh," and so their calculations were a little bit smaller in terms of the reduction. I think it was about 30% to 40%.

Now if you ask a patient, "Do you want a smaller donor site?" I have never seen a patient say they want a larger one, and when you talk to patients years later, oftentimes, it's their donor site that's bothering them the most. There are burn surgeons who've been burned who will verify this, Dr Bill Hickerson, for example, and so this gets back to the question, how small is reasonable, and I have a rule of thumb, around 100 cm sq, but I don't know if that's going to be borne out by the data and cost efficacy, and you're right, every \$7500 charge, whether it be for a medication or nursing intervention or in the OR, is going to add up to that \$350,000 price tag, so we have to be very conscious of how much we're spending.

So again, I don't really have an answer to your question except that these are the same questions that I have, and through additional accumulation of patients and by pooling patients like the RCTs have done, we'll hopefully get closer to answering those questions.

Thank you.