

*Review*

# The Application of Artificial Intelligence in Atrial Fibrillation Patients: From Detection to Treatment

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## Abstract

Atrial fibrillation (AF) is the most prevalent arrhythmia worldwide. Although the guidelines for AF have been updated in recent years, its gradual onset and associated risk of stroke pose challenges for both patients and cardiologists in real-world practice. Artificial intelligence (AI) is a powerful tool in image analysis, data processing, and for establishing models. It has been widely applied in various medical fields, including AF. In this review, we focus on the progress and knowledge gap regarding the use of AI in AF patients and highlight its potential throughout the entire cycle of AF management, from detection to drug treatment. More evidence is needed to demonstrate its ability to improve prognosis through high-quality randomized controlled trials.

**Keywords:** artificial intelligence; atrial fibrillation; machine learning; deep learning

## 1. Introduction

Atrial fibrillation (AF) is the most common cardiac arrhythmia in the world [1]. The incidence is steadily rising and poses significant health challenges in adults [2]. Though significant progress has been made over the last 20 years, the diagnosis and management of AF remains an important clinical issue [3]. First, patients may be asymptomatic with insidious onset and the electrocardiograph (ECG) could be atypical in routine medical examinations. Second, the causative mechanism is not clear. Therefore, the progression of AF is a heterogeneity process in different patients which needs more precise risk stratification. Comprehensive management of AF is of vital importance, and includes anticoagulation, rhythm and rate control. Thus, cardiologists need better decision-making strategies to achieve better long-term outcomes for their patients.

Due to significant advantages in big data processing, the use of artificial intelligence (AI) in cardiovascular fields has aroused much recent attention. The use of AI in AF research has also continued to significantly increase since 2012 [4]. The concept of AI, machine learning (ML) and deep learning (DL) is being increasingly used in the management of AF. In this review, we review the use of AI methodology in detecting, risk stratification and clinical decision support systems in AF patients, along with proposing prospects for future applications (Fig. 1).

## 2. Concepts of AI, ML and DL

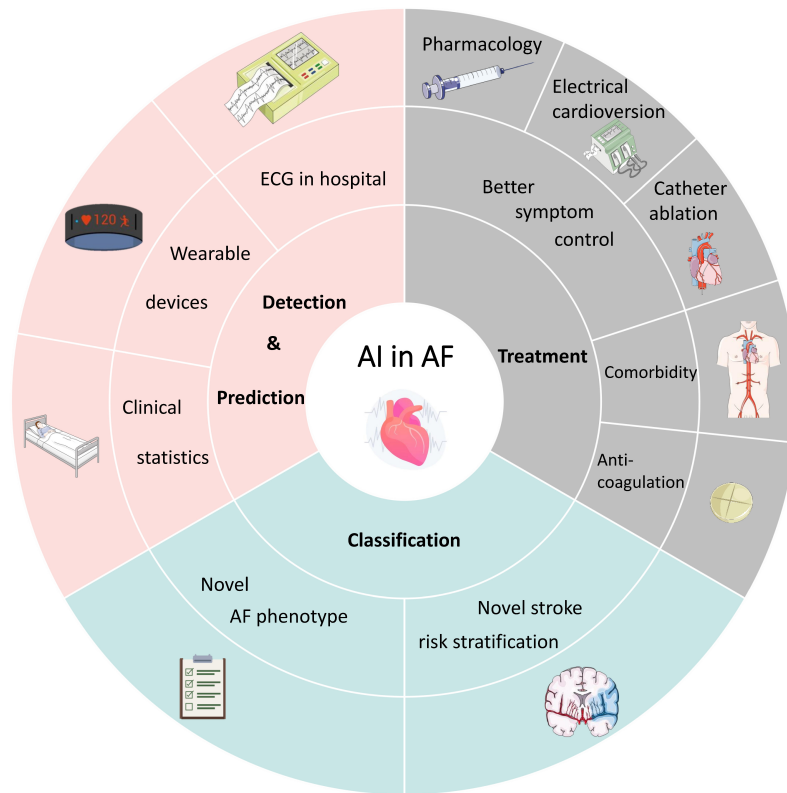
Though AI has become a popular method used in medical studies, researchers are still uncertain about its related

concepts, especially AI, ML, and DL. AI is a machine that has the ability to replicate human behaviors. ML is the application of AI. It requires features from humans and studies rather than explicit programming. DL is the subset of ML; however, DL does not require any human-defined rules. Inspired by the human brain that consists of millions of neurons, an artificial neural network is based on complex algorithms. Deep neural network, or DL, means that the network has multiple layers to train the model [5].

ML can be categorized into supervised learning and unsupervised learning. Supervised learning requires human labeling of continuous or categorical data, such as patients' baseline characteristics and their outcomes. In clinical fields, this method mainly includes linear regression, Cox regression, Logistic regression, decision tree, random forest, and vector support machines. Most have been widely used in AF detection and outcomes (such as stroke) prediction. Unlike supervised training, unsupervised training analyses data finds similarities, and detects relationships by itself, rather than using a specific label. Clustering analysis is a typical example of an unsupervised training method. By this method, AF patients with similar characters (such as age, previous history and comorbidities) could be classified into the same category, which may share similar management strategies and obtain a better prognosis [6].

DL, imitating human neural networks, has the ability to identify features from raw data and use them to detect additional data. It has multiple hidden layers to perform complex tasks, although each layer is not defined by different weights. In specific fields, especially interpreting imaging and ECG data, conventional processes are widely used to





**Fig. 1. The application of AI in the detection, classification and treatments of AF.** This cover has been designed using assets from “[smart.servier.com](https://www.smart.servier.com)” and “[freepik.com](https://www.freepik.com)”. AI, artificial intelligence; AF, atrial fibrillation; ECG, electrocardiograph.

recognize features, establish connections, and produce feature maps from massive datasets. In the following sections, we will discuss the application of each AI method based on different types of databases and clinical needs.

### 3. The Use of AI in AF Prediction and Detection

Though patients may share some risk factors, many of them are asymptomatic until a major adverse cardiovascular and cerebrovascular event occurs. Acute prediction of AF among asymptomatic patients could initiate appropriate interventions earlier and reduce medical costs. Previous studies have focused on AF prediction using demographic information, ECG screening and cardiovascular comorbidities. With the help of AI, the ability to detect AF has been significantly enhanced.

#### 3.1 Based on ECG Materials in the Hospital

The clinical diagnosis of AF depends on an ECG which shows no discernible P waves and irregular RR intervals [7]. Before the onset of AF, subtle changes may have already appeared on the ECG, which are hard to identify by the human eye. These changes represent atrial hypertrophy, fibrosis, or enlargement [8]. Therefore, normal sinus rhythm on the ECG may hide some pre-clinical lesions that can be more easily detected with the help of AI. In recent studies, ML has been widely used in AF screening in elec-

trocardiography, including P waves, RR interval, heart rate variability (HRV) and other ECG features (Table 1, Ref. [9–23]).

In 2019, the *Lancet* first demonstrated the use of a convolution neural network (CNN) for AF identification during sinus rhythm [9]. The input feature map to the first CNN consists of an  $8 \times 5000$  matrix. The temporal axis (5000) represents time, allowing the model to analyze temporal changes in the ECG signal. The spatial axis (8) represents the different leads, providing information from different perspectives on the heart’s electrical activity. The total database size included 180,922 patients and 649,931 normal sinus rhythm ECGs. These datasets were allocated in a specific ratio: 7:1:2 (Training:Internal Validation:Testing). The results showed that sensitivity is 79.0%, specificity is 79.5% and overall accuracy is 79.4%, which demonstrated the advantage of screening AF by standard 10-second 12-lead ECG rather than prolonged monitoring. This study did not reveal criteria for identification of these changes; although some researchers suggested it may be based on P wave characteristics [24]. Apart from the P wave, other ECG features were also taken into account from the single lead ECG. Lai *et al.* [10] made use of RR intervals and F-wave frequency spectrum to train a CNN model classifying AF rhythms. Adding PQRST morphologic characteristics, researchers from Australia and China reported an AF detection model from 12,186 ECG records with a 0.80 F1 score

**Table 1. Examples of AF electrocardiography detection and prediction researches based on different ML algorithms.**

Funtion	ML algorithm	Sensitivity	Specificity	Reference
AF detection	CNN	79.0%	79.5%	[9]
	CNN	97.4%	97.2%	[10]
	SVM, KNN, RF	98.9%	95.1%	[11]
	Lightweight detail-semantic network	93.0%	99.1%	[12]
	DNN	N/A	N/A	[13]
	DNN	91.8%	95.8%	[14]
	U-Net architecture, ResNet modules, Transformer encoders	99.1%	99.3%	[15]
	CART, KNN, SVM, ResNet18, CNN, ANN, long short term memory	N/A	N/A	[16]
	Minimum redundancy maximum relevance algorithm	N/A	N/A	[17]
DNN	99.2%	99.4%	[18]	
AF prediction	CNN	88.0%	89.0%	[19]
	SCM	96.3%	92.8%	[20]
	SVM	94.8%	89.4%	[21]
	Mixture of Experts	100.0%	95.5%	[22]
	SVM	86.8%	88.7%	[23]

AF, atrial fibrillation; ANN, artificial neural network; CART, classification and regression tree; CNN, convolution neural network; DNN, dense neural network; KNN, k-nearest neighbor; RF, random forest; SCM, supervised contractive map; SVM, support vector machine; N/A, not mentioned; ML, machine learning.

[25]. More than one ML algorithm has been applied into a single screening model. Bashar *et al.* [11] used multiple ML methods, including support vector machine, k-nearest neighbor, and random forest to detect AF from premature atrial and ventricular contractions.

Apart from detecting AF based on ECG signals during AF, research has been performed to predict AF using ECG signals prior to its occurrence. In 2021, Tzou *et al.* [19] developed a CNN model called MVPNet to predict paroxysmal AF by analyzing template and frequency of P wave that further improved predictive accuracy. With the use of linear, time-frequency, and nonlinear HRV, Ebrahimzadeh *et al.* [22] validated a method with a sensitivity of nearly 100%. In 2022, Singh *et al.* [26] trained a series of neural network to predict short-term AF with the use of 24 h Holter monitoring, which may benefit patients with long time recording. More detection models and algorithms have been reported in both computer and medical journals [4,27,28].

### 3.2 Based on Wearable Devices

In addition to utilizing ECG data in hospitals, wearable devices such as the smart watch and bracelet also have wide potential application in screening for AF. Photoplethysmography (PPG) has made it possible to detect AF in real-time and automatic settings since there are significant differences between AF and normal sinus rhythm for PPG wave morphology [29]. Models based on PPG via CNNs could significantly increase the accuracy, sensitivity, and specificity of detecting AF [30]. A systematic review has demonstrated that PPG is a reliable alternative for monitoring abnormal rhythm in daily life [31]. Although the confirmatory diagnosis relies on a hospital 12-lead ECG, wearing

smart devices is a cost-effective way to screen individuals in to assure anticoagulation and reduce the risk of stroke. In recent years, several related studies have been published such as the Apple Heart Study and the Huawei Heart Study to support these results (Table 2). Wearable devices with advanced algorithms that can accurately detect AF present a great opportunity to screen for AF [32].

In 2019, the *NEJM* published the Apple Heart Study, which sought to evaluate the ability of identifying AF in participants using the Apple Watch device (app) [33]. Once irregular an pulse was sensed, participants would receive mailed ECG patches to be worn for 7 days to obtain a diagnosis. During the following period, 34% had AF among participants with an irregular pulse detected by the app, while 84% were concordant with ECG patches. In the Huawei Heart Study reported in *JACC* [34], 186,956 individuals were enrolled in AF screening with the use of the PPG algorithm, and further confirmed by network hospitals. In patients suspecting of having AF by the wristband or wristwatch, 87.0% were confirmed as having AF and 95.1% agreed to join AF integrated management with the guidance of the smartphone app. At the end of the study, nearly 80% of the high-risk patients received anticoagulation therapy. These large-scale studies showed that PPG-based screening is a promising way to effectively detect AF outside of a hospital environment.

More importantly, it helps to start prophylactic anticoagulation in a timely manner and improve the care in those patients at a high risk for stroke. In a cluster randomized trial followed by the Huawei Heart Study, individuals supported by mobile health technology significantly reduced rehospitalization and clinical adverse events compared with the normal care group [35]. Patients still obtained good ad-

**Table 2. Comparison of apple heart study and huawei heart study.**

	Apple heart study	Huawei heart study
The number of participants	419,297	186,956
Monitoring time	Nov. 29, 2017–Aug. 1, 2018	Oct.26, 2018–May 20, 2019
Overall participants' age	41 ± 13	34.7 ± 11.5
Suspecting AF by app	2161	424
Confirmed AF by doctors	153	227
Positive predictive value	84.0%	91.6%

AF, atrial fibrillation.

herence and better outcomes in the long-term use of mobile health technology over a 1 year followup period [36]. Other PPG software are also reported to detected undiagnosed AF and achieve high positive predictive values [37]. However, it still remains unclear whether such screening strategies will decrease the rate of stroke [38]. In these trials, a certain percentage of individuals did not actively seek medical attention even after they received notification of suspected AF. Studies in older patients may more effective and achieve better adherence.

Therefore, screening for AF based on wearable devices has great clinical potential worldwide [39]. Even in complex situations such as patients undergoing coronary revascularization, a handheld single-lead thumb ECG algorithm to detect AF has been well validated [40]. Many frameworks have also been updated by computer scientists. Chen *et al.* [41] developed a novel framework for accelerating hardware and lower energy consumption to detect AF in real-time. Ukil *et al.* [42] proposed a new single lead ECG sensor that has a smaller size and better performance. A confirmatory test for AF from a derived 12-lead ECG has been proposed in a wireless body area network that could minimize patients' anxiety and improve the efficiency of medical care [43].

### 3.3 Based on Clinical Statistics

Currently, clinical risk scores for predicting AF have been well recognized, such as the Framingham Heart Study (FHS) [44], Atherosclerosis Risk In Communities study (ARIC) [45], Cohorts for Heart and Aging Research in Genomic Epidemiology-Atrial Fibrillation (CHARGE-AF) [46], and C2HEST [47]. Some risk factors were overlapped such as age, smoking history, hypertension, diabetes mellitus, and coronary heart disease. The average area under the receiver operator curve (AUC) was about 0.70. But these risk scores are not widely used in real-world practice. These assessments are complex, and sensitivity and specificity also needs to be improved. With the use of ML, data processing capacity would be markedly improved and more clinical factors could be analyzed simultaneously. Thus, novel predictors have been discovered and have been well validated.

Tiwari *et al.* [48] established a model to assess the risk of the 6-month incidence of AF based on the data from

200 electronic health records. It used random oversampling combined with a single-layer neural network. The AUC is 0.80 that is only slightly better than traditional logistic regression models comprising known AF risk factors. By including more patients and prolonging the followup period, investigators from the UK developed a ML model involving a neural network, L1 regularized logistic regression (LASSO), random forests and support vector machines (SVM). The AUC is 0.83 and was significantly better than CHARGE-AF [49]. The predictive performance was excellent in the external validation while the AUC was 0.87 [50]. Surprisingly, they discovered some time-varying predictors in this model: proximity of cardiovascular events, the change of body mass index, and increasing frequency of blood pressure recordings. These new variants demonstrated that the progression of hazard factors play an important role in the pathogenesis of AF. In 2022, researchers from Germany also identified some novel factors with the use of ML [51]. Patients with hemiplegia or paroxysmal tachycardia have an increased risk of AF, whereas patients with pulmonary heart disease are more likely to suffer from post-stroke AF. When AF recurs following catheter ablation or cryoballoon ablation, ML models also predict the recurrence of AF [52,53]. The addition of phenotypic data, such as cardiac magnetic resonance and computed tomography may be the next area of study to improve the accuracy of ML prediction [54,55].

## 4. The Use of AI in Classification of Patients with AF

AF has an heterogeneous pathophysiology with various comorbidities and is associated with poor outcomes. The conventional classification of AF focuses on the time duration, the presence of symptoms or possible recurrence, which may not adequately reflect the disease burden [3]. Thus, it is necessary to refine the stratification of different types of patients based on their outcomes. The primary adverse event of AF patients is stroke. Except for the CHA<sub>2</sub>DS<sub>2</sub>-VASc score, other tools for estimating stroke risk have been developed with ML algorithms and show different predictive values. In this section, we briefly discuss the progress in newly developed AF classification and stroke prediction system using the ML technique.

#### 4.1 Novel AF Phenotype Based on Cluster Analysis

Cluster analysis is one type of unsupervised learning by separating samples into homogenous groups according to their dissimilarities. It helps us better understand the natural history of AF, the diverse phenotype in AF patients to be able to more effectively determine the efficacy of various clinical interventions. A series of cluster analyses have been performed derived from different registry studies (Table 3, Ref. [56–64]).

Most patients were enrolled from nationwide AF registry studies. Some studies also extracted data from randomized controlled trials used to validate the efficacy and safety of anticoagulants [64]. Baseline characteristics stratified by clusters are composed of clinical and biochemical characteristics, classical AF types, comorbidities, and medications. Age and cardiovascular are the most specific features in each cluster. Older, female, patients with atherosclerosis factors more commonly decrease overall survival compared with other clusters. Traditional AF classifications based on duration and spontaneous termination of episodes were still crucial components in some studies [59,60]. Certain clinical features still had significant influence in patient stratification and outcomes. In the Outcomes Registry for Better Informed Treatment of Atrial Fibrillation (ORBIT-AF) registry, individuals with a history of tachycardia-bradycardia and device implantation were divided into one group which had worse outcomes [61]. Non cardiovascular comorbidities such as anemia, chronic kidney dysfunction became specific variables in a single cluster [64]. Patients with low cardiovascular risk factors and a high prevalence of cancer were classified into one cluster and ranked second in all-cause mortality [62].

Nevertheless, novel classification using cluster analysis cannot replace traditional classifications at this time. The key to ML methodology is to determine overlooked similarities of AF patients, provide targets for intervention and improve overall outcomes [65]. The followup time period in these studies varied between 6-month and several years, and affected the predictive value. New categories describe a statistical association rather than a causative relationship. Furthermore, regional registries are essential supplements for global randomized clinical trials, but their results also have limitations and their findings should be reviewed with caution [66]. Asian individuals have a higher risk of thromboembolism and intracranial haemorrhage [67], while the use of oral anticoagulation in patients from Balkan countries was suboptimal [68]. Most included cohorts are limited to one country and lacked external validation. Thus, the generalization of these results should be viewed with caution and need to be further explored.

#### 4.2 Novel Stroke Risk Stratification Based on Multiple ML Algorithms

The CHA<sub>2</sub>DS<sub>2</sub>-VASc score has been recommended to evaluate stroke risk among AF patients, but it still faces

challenges and criticisms due to its weak discriminatory ability and inconvenience. In the derivation cohort, the C statistic of the CHA<sub>2</sub>DS<sub>2</sub>-VASc score was only 0.60 which suggests that some high risk patients could be underestimated [69]. A meta-analysis containing 99,996 patients has demonstrated that non-paroxysmal AF patients have a higher possibility of thromboembolism [70]. Left atrial enlargement also increases the risk of an ischemic event [71]. In the most recent research, Sposato *et al.* [72] found that AF detected after a stroke may have a lower risk for ischemia compared with known AF prior to the stroke. With the help of ML, these clinical and radiologic parameters could be more effectively utilized to automatically detect the risk for stroke.

In 2019, researchers extracted data from the Veterans Health Administration to train a stroke prediction model in AF patients using CNN, random forest, and LASSO. Compared with the CHA<sub>2</sub>DS<sub>2</sub>-VASc in which the AUC was less than 0.5, the AUC of the CNN model reached 0.70 in the validation cohort which showed better prognostic value for risk stratification for the near-term risk of stroke [73]. In 2022, non-linear formulations using the ML approach also gained a higher C index than CHADS<sub>2</sub> and CHA<sub>2</sub>DS<sub>2</sub>-VASc in predicting stroke in non-anticoagulated AF/non-AF patients [74]. Whereas such improvement was shown to be inconsistent in different cohorts and ML algorithms, in 2022, a study reported that multilabel ML models provided improved performance for stroke risk compared to CHA<sub>2</sub>DS<sub>2</sub>-VASc, but the results were not statistically significant (0.685 vs 0.652,  $p = 0.1$ ) [75]. In addition to stroke, the classification and prediction of major bleeding or other adverse events in patients with multiple comorbidities maybe the next scenario for the application of ML.

### 5. The Use of AI for the Treatment of AF Patient

In 2020, the European Society of Cardiology (ESC) updated the management of AF patients using the ABC pathway. A: anticoagulation and avoid stroke; B: better symptom management; C: cardiovascular and comorbidity optimization [7]. In 2023, the American Heart Association (AHA) recommended three pillars of AF management: stroke risk assess and treatment, optimize all modifiable risk factors, and symptom management including rate and rhythm control [76]. These important updated guidelines highlight the era of AF integrated management via multiple pathways. Nevertheless, cardiologists still face challenges in the management of AF patients. For instance, anticoagulant adherence has been improved but still is deficient in primary care. Both the selection of drugs and surveillance of their adverse effects can be difficult [77]. Patients with combined multi-comorbidities are difficult to manage. AI using ML algorithms may be a valid solution for these patients.

**Table 3. Novel reported AF clinical phenotypes using cluster analysis in different cohorts.**

Country/Region	Derivation cohort	External validation cohort	Phenotype	Reference
Japan	SAKURA AF registry (n = 3055)	RAFFINE registry (n = 3852)	(1) younger men with a low prevalence of comorbidities (2) high prevalence of hypertension (3) older patients without hypertension (4) female, oldest patients with a high prevalence of heart failure history (5) older patients with high prevalence of diabetes and ischaemic heart disease	[56]
Japan	Fushimi AF Registry (n = 4304)	N/A	(1) younger ages with low prevalence of risk factors and comorbidities (2) elderly with low prevalence of risk factors and comorbidities (3) patients with atherosclerotic risk factors, but without atherosclerotic disease (4) patients with atherosclerotic comorbidities (5) patients with history of any-cause stroke (6) the very elderly	[57]
Japan	J-RHYTHM registry (n = 7406)	N/A	(1) younger age and low rate of comorbidities (2) high rate of hypertension (3) high bleeding risk (4) prior coronary artery disease and other atherosclerotic comorbidities	[58]
Japan	KiCS-AF Registry (n = 2458)	N/A	(1) atherosclerotic comorbid (2) persistent/permanent AF with left atrial enlargement (3) younger paroxysmal AF	[59]
France	Loire Valley Atrial Fibrillation cohort (n = 3434)	N/A	(1) younger patients with low prevalence of co-morbidities (2) old patients with permanent atrial fibrillation, cardiac pathologies and a high burden of cardiovascular co-morbidities (3) old female patients with a high burden of cardiovascular co-morbidities	[60]
USA	ORBIT-AF registry (n = 9749)	ORBIT AF II registry (n = 12679)	(1) atherosclerotic-comorbid (2) tachy-brady/device implantation (3) low comorbidity (4) younger behavioral disorder	[61]

**Table 3. Continued.**

Country/Region	Derivation cohort	External validation cohort	Phenotype	Reference
Italy	START registry (n = 5171)	N/A	(1) youngest patients, with low comorbidities (2) patients with low cardiovascular risk factors and high prevalence of cancer (3) men with diabetes and coronary disease and peripheral artery disease (4) oldest patients, mainly women, with previous cerebrovascular events	[62]
Europe-wide	ESC-EHRA EORP Atrial Fibrillation General LongTerm Registry (n = 9363)	N/A	(1) younger men with a low prevalence of comorbidities (2) high prevalence of hypertension (3) older patients without hypertension (4) female, oldest patients with a high prevalence of heart failure history (5) older patients with high prevalence of diabetes and ischaemic heart disease	[63]
World-wide	AMADEUS and BOREALIS trials (n = 3980)	N/A	(1) younger ages with low prevalence of risk factors and comorbidities (2) elderly with low prevalence of risk factors and comorbidities (3) patients with atherosclerotic risk factors, but without atherosclerotic disease (4) patients with atherosclerotic comorbidities (5) patients with history of any-cause stroke (6) the very elderly	[64]

AF, atrial fibrillation; SAKURA AF registry, Real World Survey of Atrial Fibrillation Patients Treated with Warfarin and Non-vitamin K Antagonist Oral Anticoagulants; RAFFINE registry, Registry of Japanese Patients with Atrial Fibrillation Focused on Anticoagulant Therapy in New Era; J-RHYTHM study, the Japanese Rhythm Management Trial for Atrial Fibrillation; KiCS-AF Registry, Keio interhospital Cardiovascular Studies-Atrial Fibrillation; ORBIT-AF registry, Outcomes Registry for Better Informed Treatment of Atrial Fibrillation; START registry, Survey on anTicoagulated pAtients RegisTer; ESC-EHRA EORP-AF, European Society of Cardiology - European Heart Rhythm Association EURObservational Research Programme in AF.

### 5.1 A: Anticoagulation

Most AF patients have a higher risk of mortality and need life-long anticoagulation. In elderly patients, the use of anticoagulation can be difficult to manage [78]. Warfarin, the Vitamin K antagonist, has been used for decades and is preferred in patients with valvular AF [79]. The pharmacokinetics of warfarin is influenced by many factors, such as genetics, diet, and drug interactions. Thus, the dose of warfarin needs to be varied among individual patients. The foundation of the most widely pharmacogenetic algorithm is multivariate linear regression. Nowadays, researchers have developed ML algorithms to predict the dose of warfarin in the international warfarin pharmacogenetic consortium (IWPC) cohort which shows better performance [80]. In consideration of racial differences, similar methods also have validated in patients from sub-Saharan Africa [81], Caribbean Hispanics [82] and Latin Americans [83]. In the Korean population, the performance of linear regression and gradient boosting machine models were similar, but linear regression was preferred because of its simplicity and interpretability [84].

The evidence for novel oral anticoagulants (NOAC) in AF patients has been gradually increasing and is now recommended in more clinical scenarios. Compared with warfarin, it has been demonstrated that dabigatran significantly reduced the risks for cardiac and renal events [85]. However, it is still not clear whether the effects of NOACs are heterogeneous in subgroups of AF patients. Before restoring sinus rhythm, the duration of NOACs is still controversial which may be related to left atrial appendage morphology and function [86]. Researchers from Mayo Clinic utilized ML method to identify various subgroups with different outcomes related to the type of NOACs. Apixaban is the most favored based on population studies [87]. Anticoagulant strategies will be optimized individually and accurately by the future adoption of ML.

### 5.2 B: Better Symptom Control

Symptom control requires appropriate rate and rhythm management. Digoxin is one of first line options of rate control, particularly in patients with left ventricular ejection fraction <40% [88]. Its narrow therapeutic range and complex drug interactions has limited its use in clinical practice. Using demographic information, laboratory data and comorbidities, Hu *et al.* [89] developed machine learning software to improve adequate digoxin dosage, using six ML algorithms, tree-based approaches and multilayer perceptron and demonstrated superior accuracy with this methodology. Asai *et al.* [90] constructed a decision tree system to predict digoxin toxicity in heart failure patients. The accuracy was 88.2%, providing a potential tool to determine the initial dose. However, this research mainly focuses on heart failure patients. The predictive ability in AF patients requires further studies. Dofetilide, the Vaughan Williams class III agent, is an effective antiarrhythmic agent

for rhythm control in AF patients. Due to a higher risk of torsades de pointes and other fatal arrhythmias, it is necessary to meticulously monitor patients for prolonged QT interval. But QT interval is not linearly related with dofetilide plasma concentration. The measurement of QT interval is variable amongst cardiologists. In addition to the QT interval, Attia *et al.* [91] applied CNN in the assessment of other ECG morphological changes and its relation to dofetilide plasma concentrations. The predictive performance of the CNN algorithm is superior to analyzing the QT interval alone. It is also possible to use the reinforcement learning strategy to improve the accuracy of dofetilide dosing decisions [92].

In addition to drug treatment, electrical cardioversion is well recognized as an effective method of rhythm control for AF patients. Nevertheless, more than two thirds of patients are estimated to have recurrence of AF less than 1 year [93]. Thus, selecting proper energy and identifying patients with higher rate of success before cardioversion are important in guiding the management of AF patients. It has been shown that males with longer AF duration, increasing body surface area, and chronic respiratory disease are associated with higher efficient cumulative energy [94], while females are less likely to receive cardioversion after being evaluated by cardiologists [95]. Clinical predictors of AF recurrence include a history of AF, a dilated left atrium, and right atrial size [85,93]. A logistic regression model was developed to establish a prediction score of AF recurrence after successful external electrical cardioversion using discrimination power [96]. ML models may further improve the accuracy of restoring and maintaining sinus rhythm following elective electrical cardioversion [97].

In recent years, catheter ablation ranks as the first-line treatment for symptom improvement in AF patients. In the 2020 ESC guidelines, catheter ablation is recommended in symptomatic AF patients for rhythm control after drug therapy failure or combined with heart failure [7]. In the 2023 AHA guidelines, catheter ablation receives a class I indication as first-line therapy in younger patients with few comorbidities [76]. However, some issues still exist with this therapy in that ablation outcomes are highly operator-dependent, interpreting maps of AF is difficult, and recurrence of AF after ablation treatment is still high. AI may provide the solution for these issues. Researchers from France developed an AI software named VX1 to adjudicate multipolar electrogram dispersion and showed good performance in a robust standardization of ablation outcomes from different centers [98]. To analyze intracardiac activation in AF, Alhousseini *et al.* [99] established a CNN model and improved the classification of intracardiac AF maps. AI Models of predicting recurrence of AF after catheter ablation have also been well validated using clinical data, from commonly used ECG, to complex algorithm with late gadolinium enhanced magnetic resonance imaging [100,101].



### 5.3 C: Cardiovascular and Comorbidity Optimization

The management of cardiovascular comorbidities is a crucial part in the process of treating AF. Comorbidities such as diabetes mellitus, heart failure and coronary artery disease promote the progression of AF. Xiong *et al.* [102] reported on an ML assisted meta-analysis, demonstrating that diabetes mellitus (DM) is a strong risk factor for AF, especially for women. This method shed lights on the screening application of ML, included studies from systemic reviews. Among elderly patients combined with coronary heart disease and type 2 diabetes mellitus, Xu *et al.* [103] used 5 ML algorithms to predict the risk of AF. Predicting models constructed by extreme gradient lifting (XGBoost) and random forest are more effective. Total bilirubin was the most important factor in both predictive models [103]. This ML-based research may help physicians screen AF earlier and implement targeted treatment.

## 6. Prospects and Limitations

In the future, the application of AI may be enhance clinical outcomes in AF patients in multiple areas. For detection, the increased use of wearable devices provides more opportunities to screen latent AF patients. Clinicians could access the data from smart devices form hospital information systems following patients' permissions, which is beneficial for long-term following up after discharge. For risk stratification, once new-onset AF is predicted form routine 12-lead ECG by AI, it may simultaneously identify patients at risk of AF-related stroke [104]. AI helps integrate AF patients' demographic characteristics and laboratory testing results, identifying patients at high risk for stroke or bleeding, and making it more convenient for clinicians to make changes in anticoagulant management [105]. For management, chat-based AI algorithms (like ChatGPT) could offer professional and timely suggestions under updated clinical guidelines both for AF patients' health education and cardiologist' continuous study. The appropriateness of ChatGPT's responses has been well validated [106].

These methodologies still have serious weakness. First, business factors should be taken into consideration, since the development of smart wearable devices relies on various scientific and technical corporations. The consistency of different algorithms and their reliability of integrating medical services still need further validation. Second, the accuracy of ML also needs to be further improved. While some novel AF classifications were reported with the use of clustering analysis, they merely show approximate characteristics in a specific population. It is not reliable to divide AF patients arbitrarily by such clusters rather than classic phenotypes. Moreover, the cost of a clinical decision system is still high that limits its promotion in communities of developing countries. The beneficial effect of such a system in primary care institutions is now being determined by randomized controlled trials [107].

## 7. Conclusions

AI's excellent image identification technology makes it possible for AF detection in patients based on ECG screening in hospitals and portable devices at home. Its advantage of processing big data enables cardiologists to make better decisions and perform comprehensive treatment, especially in complex situations such as prescribing anti-coagulation in patients with multiple comorbidities. Future studies will demonstrate its potential in individualizing management and improving prognosis in AF patients.

## Abbreviations

AF, atrial fibrillation; AI, artificial intelligence; AUC, area under the curve; CNN, convolution neural network; DL, deep learning; ECG, electrocardiograph; HRV, heart rate variability; KNN, k-nearest neighbor; SCM, supervised contractive map; SVM, support vector machine; ML, machine learning; NOAC, novel oral anticoagulants; PPG, photoplethysmography; RF, random forest; SVM, support vector machine.

## Author Contributions

HYL, YMY and JYW contributed to the conception, design and data collection. HYL, JST and LLW contributed to the creation of attached tables and figures. HYL, WX, SQL and SW contributed to conducting a literature review. HYL, XHS, JW and HZ contributed to the interpretation of data and participated in reviewing/editing of the manuscript. All authors contributed to editorial changes in the manuscript. All authors read and approved the final manuscript. All authors have participated sufficiently in the work and agreed to be accountable for all aspects of the work.

## Ethics Approval and Consent to Participate

Not applicable.

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## Conflict of Interest

The authors declare no conflict of interest.

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