

Hydrogen peroxide cytotoxicity

Low-temperature enhancement by ascorbate or reduced lipoate

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The principal mechanism of H₂O₂ toxicity is thought to involve the generation of hydroxyl (HO[•]) radicals through its interactions with Fe²⁺ ions by the Fenton reaction. Of particular interest has been the demonstration by Ward, Blakely & Joner [(1985) *Radiat. Res.* **103**, 383–392] that the cytotoxicity of H₂O₂ is diminished at low temperature. We have now examined this phenomenon further with a mammalian epithelial cell line (CNCMI-221). Resistance of these cells to 100 μM-H₂O₂ added extracellularly exhibits a transition in the temperature range between 27 °C and 22 °C. We have found that the low-temperature resistance to cytotoxic concentrations of H₂O₂ is abolished by preincubation of cells with reductants such as ascorbate or reduced lipoic acid. This implies that the low-temperature resistance to H₂O₂ cytotoxicity may be due to inhibition of cellular reductive processes. The restoration of the cytotoxic action of H₂O₂ at 4 °C by ascorbate is prevented by pre-exposure of cells to desferrioxamine. This is evidence that transition-metal ions (such as iron ions) are involved in the cytotoxicity and is consistent with a mechanism of cell damage that depends on the Fenton reaction and a metal ion in the reduced state. Restoration of H₂O₂ cytotoxicity at low temperature by ascorbate is consistent with the artificial production of an intracellular reducing environment that at normal temperatures is sustained by cellular metabolism.

INTRODUCTION

In recent years there has been a growing interest in H₂O₂ as a source of hydroxyl (HO[•]) radicals in studies of cytotoxic mechanisms. The toxicity of H₂O₂ has been studied in a variety of different cell lines (Ward *et al.*, 1983; Jones & Kennedy, 1983; Hoffmann *et al.*, 1984; Starke & Farber, 1985; Dallergrö *et al.*, 1987; Link & Riley, 1988). Several studies have demonstrated that the cytotoxicity is dose-dependent (Hoffmann & Meneghini, 1979; Rubin & Farber, 1984; Spitz *et al.*, 1987).

The principal mechanism of cytotoxicity produced by H₂O₂ is thought to involve HO[•] radicals generated by the Fenton reaction in close proximity to the DNA strands. Several studies have provided support for this: (i) scavenger studies with chromatin *in vitro* show that the HO[•] radical is the principal species damaging DNA (Tullis, 1987); (ii) studies with bacterial spores demonstrate that HO[•] radicals are not damaging when generated extracellularly (Jacobs *et al.*, 1985); (iii) from studies with λ and T bacteriophages it has been proposed that damage to DNA is caused by a site-specific Fenton reaction (Samuni *et al.*, 1983); (iv) in V79 cells (Larramendy *et al.*, 1987) or human fibroblasts (Mello-Filho & Meneghini, 1984) this could be prevented by pretreatment with *o*-1,10-phenanthroline.

Ward *et al.* (1985) have suggested that the cytotoxicity of H₂O₂ is associated with local multiply damaged sites in DNA. This suggestion arose as a result of failure to observe cell killing from singly damaged sites following exposure of Chinese-hamster ovary cells at 0 °C to doses of H₂O₂ that are toxic at 37 °C.

Our findings confirm that at low temperature (4 °C) H₂O₂ is non-toxic in a concentration range shown to

produce a dose-dependent diminution of survival at 37 °C. Also, we demonstrate conditions in which H₂O₂ toxicity is restored at low temperature and provide further support for the involvement of reduced transition-metal ions in this effect.

MATERIALS AND METHODS

Materials

H₂O₂ [aq. 30% (w/v) solution, stabilizer-free] was obtained from Aldrich Chemical Co. Sodium dehydroascorbate was obtained from Koch-Light Laboratories. Ascorbic acid was obtained from Sigma Chemical Co. Reduced (sealed ampoules) and oxidized lipoic acid (DL-1,2-dithiolane-3-pentanoic acid) were obtained from Sigma Chemical Co. Desferrioxamine methanesulphonate was obtained from CIBA-GEIGY. [*Me*-³H]-Thymidine (specific radioactivity 5 mCi/nmol) was obtained from Amersham International and diluted in phosphate-buffered saline (see below) to give a stock solution of 20 μCi/ml. Eagle's medium and Earle's salts were obtained from Flow Laboratories.

Sodium dehydroascorbate, ascorbic acid and desferrioxamine methanesulphonate were dissolved in distilled water immediately before each experiment. H₂O₂ was diluted in distilled water immediately before addition to cells. Lipoic acid was dissolved in dilute ethanol. Phosphate-buffered saline was prepared by dissolving 8 g of NaCl, 0.2 g of KCl, 0.132 g of CaCl₂·H₂O, 0.1 g of MgCl₂·6H₂O, 1.5 g of Na₂PO₄·2H₂O and 0.2 g of KH₂PO₄ in 1 litre of distilled water. All reagents were sterilized by filtration through a 0.22 μm-pore-size filter (Millipore).

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Cell line

An established mammalian epithelial cell line (CNCM I-221) was used for all experiments. To minimize any variation due to repeated subculturing, the experiments were conducted with cells between passage numbers 21 and 30. Cells were grown in multi-well trays, each of diameter 1.5 cm (1.77 cm²) (Falcon Plastics, Scientific Supplies). The culture medium consisted of Eagle's minimal essential medium with Earle's salts supplemented with 10% (w/v) foetal bovine serum (Imperial Labs), penicillin (10 µg/ml), streptomycin (10 µg/ml) and 20 mM-Hepes.

Delayed-thymidine-incorporation assay for cell survival

The cytotoxic effect of H₂O₂ is not observable directly after treatment and takes several hours to become manifest. Changes in membrane permeability were found to be late in onset and unreliable indicators of the toxic action of H₂O₂. In the present studies we have used the delayed-[³H]thymidine-incorporation assay as an index of toxicity, since this correlates very well with the plating efficiency assay, and is an index of reproductive viability (Jonas *et al.*, 1988). The method for determining cell survival as estimated by the delayed-thymidine-incorporation assay is as follows. After cells had been exposed to the agents to be tested (see Table 1 for protocol), the medium was removed and the cells were washed twice in fresh phosphate-buffered saline and re-incubated in serum-containing medium at 37 °C in an atmosphere of 2% CO₂ in air. After 18–24 h (which permits at least one cell division to occur) the cells were exposed to 1 µCi of [³H]thymidine/ml for 30 min at 37 °C. The cells were then washed in phosphate-buffered saline, fixed with 5% (w/v) trichloroacetic acid and washed twice with phosphate-buffered saline. The multi-wells were then dried and the acid-insoluble material was digested overnight in 250 µl of 1 M-NaOH per well. Samples (100 µl)

of the digest were each mixed with 5 ml of scintillation fluid [consisting of 4 g of 2,5-bis-(5-t-butylbenzoxaz-2-oyl)thiophen/1 of toluene/naphthalene/2-methoxyethanol (55:8:37, by vol.)] and radioactivities were counted in an Intertechnique SL40 counter. The mean radioactivity count from four wells was expressed as a percentage of the radioactivity obtained from control cells that had not been exposed to the agents under test. These data are referred to as the survival index.

Incubation with H₂O₂

The numbers of attached cells at the time of exposure were in the region of 5 × 10⁵ cells/well for different experiments. Cells were incubated for 60 min at 4 °C or 37 °C in phosphate-buffered saline containing H₂O₂. The concentration of H₂O₂ used was between 5 µM and 80 µM, corresponding to a cell concentration of up to 800 fmol/cell.

In a separate experiment cells at a density of 1.5 × 10⁵ cells/ml were incubated in phosphate-buffered saline containing 100 µM-H₂O₂ for 60 min at temperatures ranging from 4 °C to 37 °C.

Preincubation and incubation protocols

A series of experiments were carried out that involved the preincubation of cells with reducing agents at 4 °C or 37 °C in growth medium. This was followed by washing the cells twice with phosphate-buffered saline and replacing the medium by phosphate-buffered saline containing 50 µM-H₂O₂ at either 4 °C or 37 °C.

The sequence of treatment procedures is listed in Table 1. In experiments with reducing agents or their oxidized analogues, the agents were added immediately before preincubation III (stage 5). In experiments with desferrioxamine, the drug was added immediately before preincubation II (stage 3), when the cells had reached a density of approx. 5 × 10⁴ cells/well.

Table 1. Experimental protocol

For full experimental details see the text. Abbreviations: SC MEM, culture medium consisting of Eagle's minimal essential medium with Earle's salts, 10% foetal bovine serum, penicillin (10 µg/ml), streptomycin (10 µg/ml) and 20 mM-Hepes; PBS, phosphate-buffered saline (see the text).

Stage	Procedure	Incubation conditions		
		Medium	Temperature	Time
1	1 ml of 2 × 10 ⁴ cells inoculated into multi-wells			
2	Preincubation I	SC MEM	37 °C	24 h
3	Preincubation II (± desferrioxamine)	SC MEM	37 °C	24 h
4	Wash 2 × with PBS			
5	Preincubation III (± reductants)	SC MEM	4 °C/37 °C	120 min
6	Wash 2 × with PBS			
7	Add 50 µM-H ₂ O ₂			
8	Incubation in H ₂ O ₂	PBS	4 °C/37 °C	60 min
9	Wash 2 × with PBS			
10	Post-incubation I	SC MEM	37 °C	24 h
11	Add [³ H]thymidine (1 µCi/ml)			
12	Post-incubation II (labelling)	SC MEM	37 °C	30 min
13	Wash 5 × with PBS			
14	Add trichloroacetic acid			
15	Wash 2 × with PBS			
16	Digest and assay			

Table 2. Survival index of CNCM I-221 cells after exposure to H₂O₂ at different temperatures and cell concentrations

For experimental details see the text. Survival indexes are given as means \pm s.d. ($n = 4$).

Temperature (°C)	Concn. of H ₂ O ₂ (μ M)	Cell density (cells/ml)	Concn. of H ₂ O ₂ (fmol/cell)	Survival index (%)
37	5	2×10^5	25	88 \pm 4
37	10	2×10^5	50	75 \pm 7
37	10	1×10^5	100	79 \pm 13
37	30	1.5×10^5	200	54 \pm 12
37	30	8×10^4	375	22 \pm 4
37	40	1.5×10^5	268	28 \pm 3
37	50	2×10^5	250	30 \pm 13
37	50	1.5×10^5	500	18 \pm 7
37	50	1.2×10^5	417	14 \pm 3
37	80	1.5×10^5	400	21 \pm 4
4	10	4×10^5	25	101 \pm 22
4	30	4×10^5	75	94 \pm 13
4	50	4×10^5	125	87 \pm 13
4	50	1.5×10^5	334	94 \pm 11
4	50	6×10^4	834	114 \pm 4
4	50	1×10^5	500	104 \pm 17
4	50	1×10^5	500	104 \pm 16
4	50	6×10^4	834	103 \pm 18
4	50	1.5×10^5	334	100 \pm 6
4	50	1.5×10^5	334	104 \pm 10
4	50	1.6×10^5	313	121 \pm 16
4	80	4×10^5	200	88 \pm 16

RESULTS

Table 2 gives the data from several experiments that show a dose-dependence of survival at 37 °C but not at 4 °C. The Table also demonstrates the dependency of survival on cell density, which accounts for the large variation in survival index at particular concentrations of H₂O₂. The concentration of H₂O₂ to which the cells were exposed is expressed in terms of fmol/cell to eliminate these effects of cell density, to which the system was found to be very sensitive, as also noted by others (Ziegler-Sylakakis & Andrae, 1987; Spitz *et al.*, 1987). The data show clearly that lowering of the incubation temperature to 4 °C abolishes the cytotoxic effect of H₂O₂ exhibited at 37 °C.

In a further study a range of temperatures between 0 °C and 37 °C was investigated. Cells at a density of 1.5×10^5 cells/ml were exposed to 100 μ M-H₂O₂ for 60 min. The data show that there is a slight fall in survival index to 80 % as the temperature is raised from 0 °C to 22 °C, as illustrated in Fig. 1. A steep gradient between 22 °C and 27 °C was observed, suggesting a transition temperature at about 25 °C.

Preincubation with ascorbate

Cytotoxicity of H₂O₂ in the concentration range that is effective at 37 °C was observed at 4 °C in cells that had been exposed during preincubation III to 1 mM-ascorbate (Table 3). A 2 h preincubation period was required. Periods of exposure to 1 mM-ascorbate for less than 2 h had little or no effect. Analogous experiments with dehydroascorbate demonstrated that the effect was dependent on the temperature of the preincubation (Table 3). Preincubation with dehydroascorbate at 4 °C ex-

hibited a toxic action independent of H₂O₂, but at 37 °C preincubation with dehydroascorbate had the effect of restoring the toxic action of H₂O₂ at 4 °C in a manner similar to that observed with ascorbate.

Preincubation with lipoic acid

Cells were exposed during preincubation III to 100 μ M- or 500 μ M-lipoic acid (oxidized or reduced) before treatment with H₂O₂ at 4 °C. Preincubation with

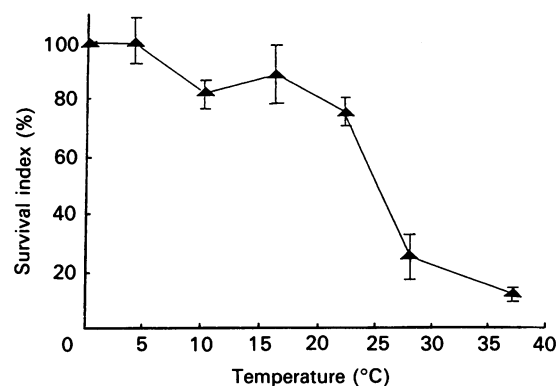


Fig. 1. Survival data for cells exposed to 100 μ M-H₂O₂ at temperatures between 0 °C and 37 °C

Cells at a density of 1.5×10^5 cells/ml were exposed for 30 min to 100 μ M-H₂O₂ in phosphate-buffered saline at pH 7.4 at the temperatures indicated. The plot shows the variation of survival index with temperature. Means \pm s.d. are shown ($n = 4$).

Table 3. Effect of preincubation of cells with reducing agents (120 min) on the cytotoxicity of H₂O₂ (50 μM for 60 min)

Reducing agents were present during preincubation III (stage 5 of the experimental protocol). H₂O₂ incubation was in phosphate-buffered saline in all cases (stage 8 of the experimental protocol). Cell density was 1.5 × 10⁵ cells/ml. Survival indexes are given as means ± S.D. (n = 4).

Incubation temperatures			Survival index (%)				
			Control	Ascorbate (1 mM)	Dehydro- ascorbate (1 mM)	Reduced lipoate (100 μM at 37 °C) (500 μM at 4 °C)	Oxidized lipoate (100 μM at 37 °C) (500 μM at 4 °C)
Preincubation III	Incubation	Preincubation additions ...					
Control	37 °C	37 °C	100 ± 14	107 ± 20	—	—	—
+H ₂ O ₂	37 °C	37 °C	46 ± 6	39 ± 8	—	—	—
Control	37 °C	4 °C	100 ± 7	99 ± 14	90 ± 11	113 ± 19	100 ± 10
+H ₂ O ₂	37 °C	4 °C	97 ± 16	43 ± 4	46 ± 12	71 ± 4	98 ± 12
Control	4 °C	37 °C	100 ± 18	—	—	—	—
+H ₂ O ₂	4 °C	37 °C	42 ± 16	—	—	—	—
Control	4 °C	4 °C	100 ± 18	108 ± 17	55 ± 13	91 ± 10	83 ± 9
+H ₂ O ₂	4 °C	4 °C	90 ± 15	89 ± 21	69 ± 20	103 ± 8	76 ± 13

reduced lipoic acid re-established the H₂O₂-induced cytotoxicity at 4 °C (Table 3), but to a lesser extent than ascorbate. The ethanol solvent of lipoic acid limited the maximum concentration that could be used, and 500 μM-lipoic acid applied at 37 °C was found to be toxic by itself (results not shown). Despite the greater lipophilicity of lipoic acid, preincubation at 4 °C with reduced lipoic acid did not restore the cytotoxic action of H₂O₂ even at the higher concentrations used.

Protection by desferrioxamine

Pre-exposure to desferrioxamine for 24 h at 37 °C

Table 4. Effect of desferrioxamine on the restoration of H₂O₂-induced cytotoxicity at 4 °C by ascorbate

Desferrioxamine was present during preincubation II (stage 3 of the experimental protocol), followed by ascorbate during preincubation III (stage 5), followed by incubation with H₂O₂ (stage 7). Survival indexes are given as means ± S.D. (n = 4).

Pre-exposure to desferrioxamine (200 μM) for 24 h at 37 °C	Preincubation with ascorbate (1 mM) for 120 min at 37 °C	Exposure to H ₂ O ₂ (50 μM) for 60 min at 4 °C	Survival index (%)
0	0	0	100 ± 11
0	0	+	116 ± 16
0	+	0	109 ± 20
0	+	+	46 ± 8
+	0	0	100 ± 15
+	0	+	80 ± 14
+	+	0	83 ± 18
+	+	+	112 ± 22

* P < 0.005.

(preincubation II) before treatment with ascorbate (preincubation III) protected the cells from the toxic effect of H₂O₂ incubation at 4 °C observed with ascorbate preincubation alone (Table 4). This desferrioxamine-induced protection increased in a dose-dependent manner and was complete at a concentration of 200 μM-desferrioxamine. No toxic effect was evident in cells treated with desferrioxamine alone.

DISCUSSION

The addition of ascorbate to cells that were subsequently incubated at 4 °C with H₂O₂ was shown to restore the cytotoxicity to the same degree as was observed with H₂O₂ treatment alone at 37 °C. The requirement for an incubation period of 2 h and the fact that dehydroascorbate at concentrations of 1 mM also restores the cytotoxic effect of H₂O₂ at 4 °C if preincubation takes place at 37 °C suggest that ascorbate autoxidizes extracellularly and is taken up by the cells as dehydroascorbate. The half-life of ascorbate oxidation is less than 2 h (Lewin, 1976). Intracellularly it then becomes metabolically re-reduced to ascorbate. This process has been proposed by Bridges & Hoffmann (1986), who measured the rate of ascorbate uptake by K562 cells. Cells incubated with ¹⁴C-labelled ascorbate for 2 h exhibited a linear uptake rate of 0.029 nmol/min per 10⁷ cells. Cells were also found to have a high content of ascorbate as measured by h.p.l.c. following exposure to dehydroascorbate. This would explain why dehydroascorbate was equally effective when applied to cells at 37 °C and why it did not restore the cytotoxicity when cells were preincubated with dehydroascorbate at 4 °C.

In the present experiments prolonged preincubation with desferrioxamine abolished the action of ascorbate. The requirement for a 24 h preincubation period suggests a low rate of desferrioxamine uptake, or alternatively a slow release of iron from the cells. Low rates of uptake of desferrioxamine by cells have been reported previously (Halliwell & Gutteridge, 1985). Desferrioxamine speci-

ically binds Fe³⁺ rather than Fe²⁺ and is known to inhibit superoxide-driven reduction of Fe³⁺ (Halliwell & Gutteridge, 1985). It is probable that desferrioxamine also prevents reduction of Fe³⁺ by ascorbate.

Ward *et al.* (1987) have demonstrated that different extents of DNA damage result from exposure to H₂O₂ at 0 °C and 37 °C. Numerous double-strand breaks are observed at 37 °C, whereas only single-strand breaks are found at 0 °C. This could result either from differences in the extent of damage inflicted or differences in the activity of repair processes, or a combination of these factors. Our data on cell survival suggest that less damage is inflicted at low temperature.

The restoration of the full toxic effect of H₂O₂ at 4 °C by reducing agents and its abolition by pretreatment with desferrioxamine are consistent with the proposal that the toxic damage is produced by HO· radicals generated through the agency of the Fenton reaction. The difference in DNA damage produced by H₂O₂ at 37 °C and at 4 °C is a reflection of the amount and degree of reduction of iron ions (or similar transition-metal ions) associated with chromatin. Studies by Imary *et al.* (1988) indicate that DNA damage in *Escherichia coli* following exposure to low concentrations of H₂O₂ is dependent on cell metabolism and suggest that NADH may be involved.

A similar argument could also be applied to other potential cellular targets in which the density of HO· radicals generated in their vicinity determines the degree and distribution of damage sustained. This may be of relevance in connection with reperfusion injury (Bulkley, 1987; Garlick *et al.*, 1987; Halliwell *et al.*, 1985).

The above interpretation depends on the assumption that intracellular iron tends to be in the oxidized state in cells kept at low temperatures. This might be due to the lack of reducing equivalents normally generated by cellular metabolism. In their absence, the redox potential of the iron–oxygen couple would rapidly convert most of the iron into Fe(III), which is unreactive towards H₂O₂. It cannot be ruled out that superoxide may be a potential reductant that becomes less available at low temperature (Kyle *et al.*, 1988). In the case of damage to the genome some of the most vulnerable sites would be those in the locality of 'zinc finger' domains of DNA-binding proteins (Sunderman & Barber, 1988). Although zinc does not undergo redox reactions, if the zinc were replaced by redox-reactive metal ions then damaging free-radical reactions may result (Willson, 1977, 1988; Williams, 1984). Under normal circumstances the concentration of reduced metal ions in chromatin would be expected to be low. Consequently the production of a high local density of lesions in DNA by HO· radicals derived from the Fenton reaction will depend on a large proportion of the potentially reactive metal ions being in the reduced state or capable of being reduced by an intrinsic mechanism or by reductants introduced from outside the cell.

Although our data on cytotoxicity are consistent with this argument, the mechanism cannot be regarded as simple. The existence of a transition temperature at about 25 °C suggests that membrane-related functions may be involved. Any influence of membrane fluidity on the penetration of H₂O₂ into the cell can be excluded by the re-establishment of H₂O₂ toxicity at low temperature by pre-exposure to the reducing agents. The low-tem-

perature data suggest that any membrane involvement is indirect, since the effect of the lipid-soluble reductant (lipoic acid) was similar to that of ascorbate.

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