Review

Regulatory RNAs

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Abstract. In addition to mRNA, rRNA and tRNA, which play central roles within cells, there are a number of regulatory, non-coding RNAs (ncRNAs). Of varying lengths, ncRNAs have no long open reading frame. While not encoding proteins, they may act as riboregulators, and their main function is posttranscriptional regulation of gene expression. Many ncRNAs have been identified and characterized both in prokaryotes and eukaryotes, and are involved in the specific recognition of cellular nucleic acid targets through complementary base pairing, controlling cell growth and differentiation. Some are associated with the abnormalities in imprinted inheritance that occur in several well-known developmental and neurobehavioral disorders. Other ncRNAs accomplish regulation by modulating the activity of proteins. Several rRNAs are able to sustain enzymatic reactions implicated in the translation process including synthesis of peptide bonds within the ribosome. The different roles played by widely distributed RNAs acting in diverse ways, suggest the flexibility and versality of these molecules in regulatory processes. This review summarizes the available biochemical and structural data on known regulatory RNAs.

Key words. Non-coding RNA; antisense RNA; regulatory RNA.

Introduction

RNA plays a variety of structural, informational, catalytic, and regulatory roles in the cell. Certain RNAs show catalytic properties and act as ribozymes. 23S and 28S rRNAs have peptidyltransferase activity. As aptamers, some RNAs bind small molecular compounds, e.g., metal ions and nucleotides. Much data has accumulated in recent years showing that various non-translatable, noncoding RNA (ncRNA) transcripts are synthesized in different cells. These RNAs lack protein-coding capacity and may exert their action mainly or exclusively at the RNA level. RNAs functioning as genetic regulators (riboregulators) by acting either in cis or in trans have been demonstrated widely in bacteria, and eukaryotes including nematodes, plants, and mammals. Regulatory RNAs are synthesized in most cases by pol II, are polyadenylated and spliced. Although much effort has been invested in trying to identify functions and, in particular, mechanisms of action of ncRNAs, they still remain mysterious. This knowledge will come through better understanding of their origin, synthesis, structure, and the nature of their interactions with other components of the cell. An analysis of the origin, functions, and properties of ncRNAs suggests they may be divided five groups:

1) DNA markers. These are involved in dosage compensation and imprinting. This group consists of *Xist*, *roX, PAT-1, Tsix, XistAS, H19,* and *IPW.*

2) Gene regulators. These affect the activity of genes by different mechanisms such as silencing or RNA-RNA interaction. The group includes *NTT, DGCR5*, *KvLQTI-AS*, *Nesp/GNAS, SCA8, CMPD, lin-4, let-7, UBE3A,*

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ZNF127-AS, ScYc, DISC2, sok CopA, RNAI, pnd, and *RNA-OUT.*

3) Abiotic stress signals. These RNAs are synthesized in response to abiotic stress (e.g., oxidation) and include *gadd7*/*adapt15*, *adapt33*, *hsr*w, *G90*, *OxyS, DsrA,* and *PCGEM1.*

4) Biotic stress signals. RNAs that belong to this group are inducible by biologically active molecules, e.g., cytokinins. They are *His-1, ENOD40*, *lbi*, *CR20,* and *GUT15*. 5) Other RNAs in this group have various origins and functions. It includes *Bsr, BC1, BC200, SRA, meiRNA, UHG* and *Xlsirt.*

The above grouping of ncRNAs is not very precise. Lacking structural information, it is based on limited biochemical data (Table 1) [1, 2]. Their nucleotide sequences are stored in the Non-Coding RNA database at http://biobases.ibch.poznan.pl/ncRNA/ [1].

Table 1. List of non-coding RNAs and their characteristics (kb, kilobases; n/d, not determined; n/a, not available; nt, nucleotides).

Non-coding RNA	Size	EMBL/GenBank Acc. No. or Reference	Remarks
DNA markers			
1) Dosage compensation RNAs Homo sapiens Mus musculus Bos taurus Equus caballus Oryctolagus cuniculus Drosophila melanogaster roX1 Drosophila melanogaster roX2 $HZ-1$ virus $PAT-1$ Tsix (Homo sapiens) Tsix XistAS mouse Mus musculus	16.5 kb 14.7 kb n/d n/d n/d 3749 nt 1293 nt 2937 nt 40 kb n/d	M97168 L04961 AF104906 U50911 U50910 U85980 U85981 U03488 [12] [13]	partial sequence partial sequence partial sequence
2) H19 Homo sapiens Mus musculus Rattus rattus Oryctolagus cuniculus Pongo pygmaeus Felis catus Lynx lynx Ovis aries Thomomys monticola Elephantidae Gen. sp Peromyscus maniculatus	2313 nt 1899 nt 2297 nt 1842 nt 1644 nt 1747 nt 879 nt 397 nt 875 nt 856 nt 2094 nt	M32053 X58196 X59864 M97348 AF190058 AF190057 AF190056 AF105429 AF190055 AF190054 AF214115	partial sequence partial sequence partial sequence partial sequence partial sequence partial sequence partial sequence
$3)$ IPW Homo sapiens Mus musculus	2075 nt 734 nt	U12897 U69888	partial sequence
Gene regulators 1) <i>NTT</i> Homo sapiens $2)$ DGCR5	17kb	U54776	
Homo sapiens 3) KKvLOTA-AS Homo sapiens Mus musculus 4) Nesp/GNAS Homo sapiens Mus musculus	1284 nt n/d n/d 828 nt 1083 nt	X91348 n/a AF119385 AJ251760 AF173359	partial intron sequence partial sequence
5) SCA8 Homo sapiens 6) CMPD associated RNA Homo sapiens	32.3 kb 3414 nt	AF252279 D43770	partial sequence
7) Developmental timing Caenorhabditis brigsae let-7 Caenorhabditis elegans lin-4	21 nt 22 nt/61 nt	AF210771 U01830	

Table 1 (continued)

DNA markers

Dosage compensation RNAs

Most genes are inherited in two copies, one from each parent. The sex-linked genes in males and mitochondrial genes are exceptions. Whereas most genes have identical properties, imprinted genes usually function only when inherited from either the mother or the father. These genes are 'imprinted' by one of the parents, a phenomenon termed parental, genomic, or gametic imprinting. It is an epigenetic event in which gene activity is reversibly modified depending on the sex of the parent who transmits it. Genomic imprinting leads to allele-specific expression depending on the parent of origin of the allele. Thus, in contrast to the expectations of simple Mendelian inheritance, imprinting results in the unequal expression of maternally and paternally derived alleles in an individual: one of the alleles is usually suppressed during development. The imprinted copy of the gene is considered to be the silent one. In the simplest case, the silent copy of the gene is the one actively regulated, or imprinted, in one of the gametes, while the active copy is in the default state. However, in some cases, the active copy may be actively regulated in the gamete, with the silent copy in the default state. Over 40 imprinted genes have been identified to date in the combined human and mouse genomes (http://www.geneimprint.com/ and http://www.mgu.har. mrc.ac.uk/anomaly/anomaly.html).

Imprinted genes are not distributed as single units throughout the genome, but tend to cluster together [3–5]. Normal mammalian development requires the correct parental contribution of imprinted genes. Their lack or aberrant expression leads to a variety of abnormalities [6]. One fundamental difference between male and female cells is the number for X chromosomes. The difference in their content and the requirement for equal expression of X genes in both sexes has led to the evolution of several types of dosage-compensation mechanism. In mammals and *Drosophila*, this process involves expression of specific genes, whose products (RNA transcripts) do not contain long open reading frames [1, 2, 7–13]*.* They act as RNA and together with specific proteins are responsible for chromatin remodeling. In mammals, both X chromosomes are transcriptionally active at the early stages of XX embryo development. However, upon differentiation, a single X chromosome is inactivated in early embryogenesis and that state is then stably maintained through subsequent cell generations. Inactivation of the paternally or maternally inherited X chromosome is random in somatic cells. Spontaneous non-programmed reactivation is extremely rare [14].

The inactive X chromosome is distinguished from the active one by the following properties: transcriptional down-regulation of nearly the entire chromosome, heterochromatic condensation at interphase of the cell cycle, late replication during S phase, DNA methylation of cytosine residues at CpG dinucleotides in the 5¢ region of X-linked genes, hypoacetylation of histone H4 and expression of *Xist* (\underline{X} -inactive specific transcript) located at the X inactivation centre (*Xic*).

Xic loci on the X chromosome are initially 'counted', given that at least two copies of *Xic* are present per diploid genome for inactivation to occur. The counting process ensures that one X chromosome remains active in diploid cells [14]. The essential function of *Xic* is assured by a 450-kb region containing the *Xist* gene (in mouse) or *XIST* (in human). *XIST*/*Xist* is expressed exclusively from the inactive X chromosome in somatic cells and produces a large RNA of 19.3 kb in humans [15] and 17.4 kb in the mouse [16], for which no protein products have been identified [17]. The presence of the *Xist* gene in cis is both necessary and sufficient for X inactivation. *Xist* RNA is not exported from the nucleus and is associated with the inactive X chromosome. In differentiated cells, *Xist* RNA is produced solely from the inactive X chromosome (*Xi*), binding to and coating it. It does not interact directly with DNA but is likely to participate in a ribonucleoprotein complex. The protein content of *Xi* differs from that of the active X chromosome (*Xa*) and the autosomes [18]. The large increase in quantity of *Xist* RNA in the nucleus at the onset of X chromosome inactivation results from stabilization of the *Xist* RNA rather than an increase in the rate of transcription. Multiple copies of *Xist* transgenes inserted into mouse chromosome 12 produced an RNA transcript that coated the autosome, which became hypoacetylated, was replicated late, and transcriptionally inactive [19, 20].

In mouse embryonic stem cells, *Xist* is expressed from two active X chromosomes, but *Xist* is up-regulated prior to the inactivation of one X chromosome. This developmental activation is a consequence of the stabilization of *Xist* RNA due to a promoter switch, which is an effect of chromatin hyperacetylation upstream of *Xist.* On the other hand, hypoacetylation leads to the further progression of X inactivation involving a cascade of events. An increase in the level of *Xist* RNA associated with the X that will become inactivated is essential for the downstream events such as late replication, H4 hypoacetylation, DNA methylation, and down-regulation of gene expression which seems to proceed in a different order during differentiation. Histone deacetylases are also components of an X inactivation machinery that is recruited to the promoters of genes that are silenced on *Xi* [19–21]. Two functionally distinct promoters, P1 and P0, have been suggested to act within the *Xist* gene. P1 (and P2) is used in differentiated female cells for production of a stable transcript that coats the inactive X chromosome. A second promoter (P0) is located 6.6 kb upstream of P1 and produces unstable *Xist* transcripts in undifferentiated cells that have not undergone X inactivation. The location of P0 coincides with a ribosomal protein S12 pseudogene, and transcription of the *Xist* P1 promoter is antisense to *Xist* and represents the 3['] end of the *Tsix* gene [22]. The transcribed *Xist* allele on *Xi* is more compact than the silenced *Xist* allele on *Xa* but its promoter region remains accessible to nucleases [23].

Imprinted genes in mammals are expressed from only one chromosome, but either the maternally or paternally inherited one is silenced. Such genes include *Igf2* and other factors involved in growth control. Imprinting might work to balance maternal and paternal demands on the size of the embryo. Differential methylation which distinguishes the two copies of an imprinted gene originates in the parental germ cells, in the egg or sperm. Gene methylation ensures that it cannot be translated. DNA sequences involved in spreading of RNA and silencing into attached autosomes are not specific to the X chromosome. However, because the spread and inactivation are less efficient in autosomes, they must be promoted by something other than X chromatin. It turned out that the X chromosome of human and mouse are rich in L1 LINE elements (26%), of which there are only 13% in autosomal DNA [24–27]. These properties of L1 distribution on the X chromosome provide strong evidence that L1 elements may serve as DNA signals to propagate X inactivation along the chromosome [27, 28]. Monitoring with antibodies against acetylated H4 histone shows accelerated shortening of telomere repeats in the inactive X chromosome. This suggests that epigenetic factors modulate not only the length but also the rate of age-associated telomere shortening in human cells in vivo [29].

Deletion of a 65-kb region downstream of *Xist* results in its constitutive expression and X inactivation, implying the presence of a *cis*-regulatory element. In this region, the *Tsix* gene codes for an RNA anti-sense to *Xist* RNA [30, 31]. *Tsix* regulates *Xist* in *cis* and determines X chromosome choice without affecting silencing. Therefore, counting, choice, and silencing are genetically separable [14, 32]. *Tsix* is a 40-kb RNA originating 15 kb downstream of *Xist* and transcribed across the *Xist* locus [33–35]. Human *Tsix* RNA, which has no conserved open reading frames (ORFs), is seen exclusively in the nucleus, is localized at *Xic* and dynamically regulated during. Similar characteristics are found for anti-sense *Xist (XistAS*) in mouse [30, 31, 36, 37].

X chromosome inactivation and genome imprinting are associated with DNA methylation but the mechanism that initiates de novo modification remains obscure. One can speculate that non-coding RNAs (*Xist* RNAs) which are involved in imprinting direct DNA methylation. Before X inactivation *Tsix* is biallelically expressed but becomes monoallelically expressed at the onset of X inactivation, marking only the future active X and therefore raising the possibility that *Tsix* blocks *Xist* accumulation. Fluorescence in situ hybridization (FISH) experiments revealed that *Tsix* RNA co-localized with *Xist* RNA in the X inactivation centre [30]. Although the methylation status of *Xist* gene promoters of the active and inactive X chromosomes have not been precisely correlated with the presence or absence of *Tsix*, one can assume that an RNA-directed DNA methylation mechanism can contribute to the X inactivation process. *Xist* RNA probably triggers X chromosome methylation, leading to its inactivation [4]. In *Drosophila*, compensation for the reduced dosage of genes located on the single male X chromosome involves doubling their expression relative to their counterparts on female X chromosomes. This mechanism utilizes noncoding, spliced and polyadenylated *roX* RNAs. The location of genes encoding these unusual RNAs mark the X chromosome, which is the target of regulation. *roX* RNAs are associated with a specific acetylated form of histone 4 and elevated gene expression [38]. Dosage compensation is an epigenetic process based on the specific acetylation of histone 4 at lysine 16 by histone acetyltransferase (HAT) , which is part of a chromosome-associated d osage compensation complex (DCC) comprising male-specific lethal (MSL) proteins and *roX* RNA. The HAT chromodomain interacts with rox RNA in vivo, contributing to the integration of HAT into the DCC on the male X chromosome. Chromodomains are important for the function of a number of chromatin regulators, but their modes of action remain enigmatic [39]. The dosage compensation process involves products of two genes, *roX1* and *roX2*, which are male specific and do not encode proteins [25, 40]. *roX1* RNA becomes associated with the X chromosome at sites determined by the binding of the *msl* (malespecific lethal) gene products complex. One of the MSL proteins is HAT, the other is DNA helicase, and their action probably leads to the chromatin remodeling allowing increased transcription [12].

rox RNAs are expressed in all somatic cells in males and in diploid cells they co-localize with the MSL proteins in a subregion of the nucleus corresponding to the X chromosome [41]. A two-step process for recognition of the X chromosome by the MSL protein complex has been proposed [38]. In the first step, MSL 1 and MSL 2 together recognize 30–40 sites distributed along the length of the X chromosome, to which they recruit other MSL proteins. Two of these sites encode *rox* RNAs which are incorporated into the growing MSL complex. This can associate with chromatin entry sites on the X chromosome and then spread along the chromosome in *cis* to locate all genes utilizing MSL-mediated dosage compensation [38, 42, 43].

Both flies and mammals face the same problem of equalizing gene expression of two X chromosome in females and one in males. Female mammals inactivate most of the genes of one X chromosome in each cell forming the Barr body. Female flies actively transcribe both X chromosomes and the male is forced to hypertranscribe his single X. Both mechanisms apparently utilize ncRNA to coat the dosage compensated chromosome: *Xist* in mammals and *roX* RNA in flies [18]. In summary, the RNA species currently knwon to be involved in gene regulation are human *Xist* and *Tsix* RNA, mouse *Xist* and *XistAS* RNA and *Drosophila roX1 and roX2* RNA. Partial *Xist* RNA sequences have been determined for *Oryctolagus cuniclulus* and *Equus caballus*. The Hz-1 virus persistence associated gene 1 (*pag1*) encoding a 2.9-kb non-coding viral *PAT1* RNA shows similarity to *Xist* [44].

RNA in imprinting

The *H19* encodes a capped, spliced and polyadenylated oncofetal 2.3-kb-long RNA [45–48]. It is a developmentally regulated gene and highly expressed in several fetal tissues, except the nervous system and thymus, and is repressed after birth in most organs. In adulthood, basal *H19* gene expression has been detected only in mammary gland, cardiac and skeletal muscles and, to a lesser extent, in kidney, adrenal gland, and lung. Cells with a high *H19* level stop proliferation after 48 h when cultivated in a low-serum-containing medium, while those lacking *H19* continue proliferation [49]. *H19* RNA has been suggested as an adjuvant tumor marker for diagnosis, staging, and follow-up of patients with ovarian serous carcinoma [50, 51].

The maternally expressed *H19* is located 90 kb downstream from the paternally expressed *Igf2* gene on human chromosome 11 and mouse chromosome 7. Due to their reciprocal imprinting and similar expression, these two genes are assumed to be functionally coupled. The intrinsic purpose of $H19$ is apparently to imprint *Igf2*. Its 5' region forms a boundary on the maternal chromosome that prevents downstream enhancers regulating the *Igf2* promoters. Knock-out of the *Igf2* upstream region releases the dominance of *H19*, identifying a mesoderm-specific silencer regulated by methylation and operating independently [52].

The imprinting results from methylation of a 7 to 9-kb domain on the paternal allele of *H19*. The 5' flank of the *H19* gene contains an imprinting mark region characterized by paternal-allele-specific methylation. An evolutionarily conserved 42-bp upstream element might play a role in imprinting and/or transcriptional regulation of *H19* [53, 54]. The G-rich repeat 1.5 kb upstream of mouse *H19* is present in rats but not in humans and is not essential for *H19* imprinting [55]. The transcriptionally active maternal allele is unmethylated whereas the inactive paternal is methylated. The differentially methylated region (DMR) in the mouse *H19* locus extends over 2 kb at about 4 kb upstream of the gene promoter. A similar pattern of methylation is observed for human *H19*. The exact timing of the erasure of the old and establishment of the new modification pattern remains a very interesting

question. *H19* and another imprinted gene, *MESTP/ PEG1*, are unmethylated in fetal spermatogonia, suggesting that all pre-existing methylation imprints are already erased by this stage. Methylation of *H19* typical of the paternal allele first appears in a subset of adult spermatogonia and is then maintained in spermatocytes, spermatids and mature spermatozoa. This means that the methylation imprint inherited from the parents is first erased in the male germ line at an early fetal stage and that the paternal-specific imprint is reestablished only later, during spermatogonial differentiation in adult testes [56]. The loss or inactivation of the maternal copy of *H19* has been found to be associated with several tumors, including Wilms' tumor [57]. Human *H19* RNA contains four attachment sites for the oncofetal IGF2 mRNA-binding proteins with K_d s of 0.4–1.3 nM. They are located within a 700-nucleotide segment encoded by exons 4 and 5 [58]. The *H19* genes isolated from human and mouse consist of five exons separated by four unusually short introns. No conserved ORF was found by sequence comparisons. There is a putative ORF in human *H19* that could encode a 256-amino-acid-long protein, but no translation product has been identified. The gene product seems to act as a regulatory RNA and its function requires the ability to fold into a specific secondary structure [59]. Absolutely conserved sequences often lie next to helical parts in both hairpin loops and join regions, suggesting that the structure serves as a framework for presenting these invariant nucleosides [59].

H19 RNA is associated with polysomes in a variety of cell types both in mouse and human [60] and may be an antagonist of *IGF2* expression in trans [57, 61]*.* Comparison of the mouse and rat gene versions indicates that the RNA is under stabilizing selection and hence is most likely functional [57]. Recently, a chromatin boundary model of genomic imprinting has been proposed. In this scheme, chromatin boundary domains (insulators) act as cis-acting elements that insulate a gene and its regulatory elements from position effects and block transcription when placed between a gene and its enhancer. An insulator located upstream of the *H19* gene isolates *Igf2* from its enhancers. When the regulatory elements are moved between the two genes (upstream of the putative insulator), the enhancers are accessible to *Igf2* but not to *H19*. When the imprinted-control region (ICR) is unmethylated on the maternally inherited chromosome, there are two nuclease-hypersensitive regions which overlap with several short CG-rich repetitive elements conserved in human and mouse. These repeats are targets for the conserved DNA-binding zinc finger protein CTCF. The CCCTCbinding factor interacts with the core insulator sequence via a domain containing 11 zinc fingers. The resulting insulator blocks activation of the maternal copy of *Igf2* by *H19.* The methylated ICR contains no hypersensitive sites and this prevents CTCF binding, thereby inactivating the insulator and allowing the *H19* enhancer to activate *Igf2* [62–70]. *H19* gene expression was recently demonstrated to be highly expressed in steroid-hormonesensitive organs when the hormonal stimulation is accompanied by morphological repair [71]. To date, *H19* RNA sequences are known for human, mouse, rat, rabbit and, recently, for lynx, cat, orangutan, elephant, and gopher [65].

IPW RNA

IPW (imprinted gene in the Prader Willi syndrome) has been mapped in the Prader-Willi Syndrome (PWS) region, where it is exclusively expressed from the paternal chromosome. Clinical features of PWS include postnatal failure to thrive with childhood onset of hyperphagia, severe obesity and short stature with neurosecretory growth hormone deficiency. PWS is caused by genomic alterations that inactivate imprinted, paternally expressed genes on human chromosome 15q11–q13. *IPW*, a paternally expressed gene cloned from that region, is not expressed in individuals with PWS, and is therefore a good candidate for involvement in this disorder [72]. The *IPW* (human) and *ipw* (mouse) transcripts are alternatively spliced and do not show long ORFs. They contain multiple copies of a 147-bp repeat arranged in a head-to-tail orientation [45, 46]. However, unlike *H19* and *Xist*, *IPW* is rather poorly conserved between mouse and human in both overall structure and nucleotide sequence. Similarity is restricted to a 500-bp region [72]. A mechanism for *IPW* RNA action has not yet been elucidated.

Gene regulators

NTT **RNA**

NTT is a human gene (non-coding transcript in T cells) expressed in activated CD4+ T cells. There is a single copy of the *NTT* gene per haploid genome and both alleles are transcriptionally active. It produces a 17-kb noncoding, polyadenylated and non-spliced nuclear RNA. *NTT* has no ORF larger than 270 bp. It may play a role in regulating of neighbouring gene expression, e.g. the interferon-gamma receptor gene [73].

DGCR5

Most cases of DiGeorge syndrome are associated with deletions within 22q1. A critical region of 500 kb is presumed to contain genes of major effect in haplo-insufficiency syndromes. It also contains sequences disrupted by a balanced translocation, which is associated with the ADU breakpoint. The gene encoding alternatively spliced transcripts of sequences including the ADU breakpoint has been named *DGCR5.* It codes non-translated *DGCR5* RNA and its function is not known [74, 75].

KvLQT1-AS

A relatively small number of genes are imprinted and expressed from either the paternally or the maternally inherited allele. Recently, transcription of the silenced allele of the imprinted gene, antisense RNA (AS-RNA), has been implicated in the imprinting mechanism of some of these marked genes. Specific synthesis of these AS-RNAs is made possible through the existence of regions in the imprinted genes whose methylation pattern differs in the two alleles (DMR).

Beckwith-Wiedeman syndrome (BWS) is a human disease characterized by tissue overgrowth, macroglossia, abnormal wall defects, and predisposition to embryonal tumors. Loss of imprinting at the *Igf2* locus is associated with the cancer predisposition condition, BWS. *IGF-2* expression may be responsible for the tissue hypertrophy, but a high level of IGF2 mRNA is connected with Wilms' tumor, rhabdomyosarcoma, and hepatoblastoma [76]. BWS is also related to hypomethylation at KvDMR1, a maternally methylated CpG island within an intron of the *KvLQT1* gene. Imprinting control elements are proposed to exist within this *KvLQT1* locus. Recently, an antisense transcript, *KvLQT1-AS* or *LIT1*, has been found. It is transcribed, exclusively from the paternal allele starting at the above-mentioned locus and in reverse orientation with respect to the maternally expressed *KVLQT1* gene located on chromosome 11p15.5. Its function is not known [6]. *KvLQT1*-AS (*LIT1*) could be an imprinter gene that competes with the target-imprinted gene *KvLQT1* for expression and is silenced by DNA methylation, probably directed by RNA [4]. Down-regulation of *KvLQT1-AS* expression during developmental relaxation of *KvLQT1* imprinting would support the notion of a functional role for antisense RNA in this epigenetic process [6, 77, 78].

Nesp/GNAS

The *Gnas* locus in the distal part of chromosome 2 contains three imprinted genes in the order *Nesp-Gnasxl-Gnas.* These form a single transcription unit because RNA transcripts of *Nesp* and *Gnasxl* are alternatively spliced into exon 2 of *Gnas*. They are expressed from opposite parental alleles and are good candidates for imprinting phenotypes. *Nesp* is paternally imprinted and maternally expressed whereas *Gnasxl* is maternally imprinted and paternally expressed. *Nesp* provides an antisense transcript from the paternally derived allele, which could act as a regulatory element [79–81].

SCA8

Spinocerebellar ataxia type 8 (SCA8) is a neurodegenerative disorder caused by the expansion of a CTG trinucleotide repeat that is transcribed as part of the untranslated RNA. It has been found that the SCA8 is transcribed only through the repeat in the CTG orientation, as in the case for myotonic dystrophy (DM), but not in the CAG orientation, as in the other dominantly inherited ataxias SCA1, 2, 3, 6 and 7. In these latter cases, the CAG expansion is translated into a polyglutamine tract that adds a toxic gain of function to the respective proteins, whereas the CTG expansions in DM and SCA8 are not translated. A mechanism for DM is not known. The RNA transcripts containing the SCA8 CTG are alternatively spliced, polyadenylated, and finally expressed in various brain tissues. No extended ORF has been found [82, 83]. The SCA8 CTG repeat is preceded by a polymorphic but stable CTA tract with the configuration $(CTA)_{1-21} (CTG)_n$. Analyzed affected individuals had an uninterrupted CTG repeat tract or an allele with one or more CCG, CTA, CTC, CCA, or CTT interruptions. In addition, the SCA8 repeat tract in sperm undergoes contractions, with nearly all the resulting expanded alleles having repeat lengths of <100 CTG, a size that is not often associated with disease. These repeat contractions in sperm likely underlie the reduced penetrance associated with paternal transmission [84].

*CMPD-***associated RNA**

Analysis of chromosomal translocations in patients with campomelic dysplasia (CMPD) suggested that gene disruption at 17q24–q25 might be responsible for this disease, which often involves sex reversal in genotypical males. Positional cloning allowed the identification and isolation of a 3.5-kb cDNA that was located close to the SOX9 gene. Northern blot analysis showed that it is specifically expressed in adult testes. No long ORFs were detected in this RNA and no protein was produced in in vitro translation experiments. These results suggest that RNA plays an important role in differentiation and sex determination [85].

Developmental timing RNA

The *Caenorhdabditis elegans* heterochronic gene pathway consists of a cascade of regulatory genes that are temporally controlled to specify the timing of developmental events. The products of the heterochronic genes include transcriptional and translational regulators and two different cases of novel small translational regulatory RNAs [86–90]. Other genes of the pathway encode evolutionarily conserved proteins [88].

The *C. elegans* heterochronic gene *lin-14* generates a temporal gradient of LIN-14 and LIN-28 proteins to control stage-specific patterns of cell lineage during development. Down-regulation of LIN-14 is mediated by the *lin-14* and *lin-28* 3'-untranslated region through interactions with *lin-4* RNAs of 22 and 61 nucleotides [86, 91–94].

Another heterochronic swich gene is *let-7.* Loss of its activity causes reiteration of larval cell fates during the adult stage, whereas increased *let-7* gene dosage causes precocious expression of adult fates during larval stages. *let-7* encodes a temporally regulated 21-nucleotide RNA complementary to the 3'-untranslated regions of *lin-14*, *lin-28, lin-41, lin-42*, and *daf-12.* The sequential stagespecific expression of the *lin-4* and *let-7* regulatory RNAs triggers transitions in the complement of heterochronic regulatory proteins to coordinate developmental timing [86–88]. The *lin-4* and *let-7* genes are the only ones known to encode small RNAs that specifically regulate others, but how they affect gene expression is not known [89, 90]. However, *lin-14* is clearly regulated by *lin-4* RNA at a step after transcription [92–96]. This observation is similar to the *nanos* gene [97]. In that case, the 90-nucleotide translational control element, which has a bipartite secondary structure, is recognized by a repressor and an activator. Two separate but overlapping recognition motifs for translational repressors and localization factors have been identified and provide a mechanism for the switch between translational deactivation and activation [94].

Other ncRNA transcripts

A non-coding antisense RNA overlapping with the ubiquitin protein ligase gene (*UBE3A*) has been found in association with Angelman syndrome [98]. It covers the 3' half of *UBE3A* and additional sequence downstream. The 5' end of the antisense transcript is 6.5 kb from the stop codon of *UBE3A* [99].

A novel locus in the human PWS region encodes the antisense *ZNF127* gene [100, 101].

A balanced translocation segregating with schizophrenia can disrupt gene function. Two genes are known: *DISC1*, a protein encoding gene and *DISC2,* which is an ncRNA antisense to *DISC1* [102].

The myoplasm is a cytoplasmic region involved in axis determination, gastrulation, muscle cell specification, and pattern cell division during ascidian development. One-cell zygotes of the ascidian *Styela clava* contain 1.2-kb polyadenylated RNA (yellow crescent RNA, *ScYc* RNA), present throughout embryonic development and associated with the cytoskeleton. *ScYc* RNA contains no long ORF, but a short ORF could encode a putative peptide of 49 amino acids without significant homology to known proteins [103]. It is localized in the cytoplasm and segregates with the larval muscle cells during cleavage. Probes containing the 3¢ region of *Yc* RNA were used to identify maternal *Yc*-related RNAs. A cDNA clone encoding the ascidian proliferating cell nuclear antigen (PCNA) has a long 3¢-untranslated region containing a 521-nucleotide segment with antisense complementary to part of the 3¢ region of *Yc* RNA. This suggests that differential cell proliferation in the embryo may be limited by localization of maternal PCNA in RNA and protein [104]. The role of *Yc* RNA may be to promote PCNA mRNA degradation in myoplasm.

Antisense plasmid RNAs

Many genes are involved in programmed cell death in bacteria. Their function has primarily been ascribed to their ability to mediate plasmid maintenance by killing plasmid-free cells. At the same time, bacterial chromosomes encode numerous genes that are homologous to plasmid-encoded killer genes. Two types of loci that mediate plasmid stabilization by postsegregational killing (PSK) have been described. The first, the toxin-antitoxin gene system, encodes a stable toxin and an unstable protein anti-toxin. The other type of PSK genes are regulated by antisense RNAs. The toxins are encoded by stable mRNAs, whose translation is inhibited by unstable antisense RNAs. Non-translated RNAs exert regulatory functions via binding to complementary sequences. Most antisense RNAs have been identified in prokaryotic cells, mainly in their plasmids, transposons, and bacteriophages. Transient structures in RNA can be functionally important, as the final structure of an RNA often depends on a specific folding pathway determined by RNA itself.

The transient structures in RNA play a very important key role in the *hok-sok* system of plasmid R1. The locus encodes a very stable mRNA, which specifies the toxic Hok (host-killing) protein that can kill cells by damaging their membranes. Translation of *hok* is regulated by *sok* (suppression of killing) RNA, an unstable antisense RNA of 63 nucleotides complementary to the *hok* mRNA leader [105–107].

The initiation frequency of plasmid R1 is controlled by antisense RNA (*CopA*) which binds to the leader region of the *repA* mRNA (*CopT*). The *CopA-CopT* association process is woven as a series of reactions leading to progressively more stable complexes. *CopA* and *CopT* are fully complementary and both RNAs contain a major stem-loop structure that is essential for high pairing rates. The initial step involves a transient loop-loop interaction (kissing complex) between complementary hairpin loops [108, 109].

In the plasmids of the ColE1 family, control of replication is mediated by an antisense RNA, *RNAI*, that interacts with the preprimer, *RNAII*, via initial and transient base pairing between complementary loops [110, 111]. Crystallography showed that the stem-loop structures had melted to a duplex. In the stem-loop conformation, the RNA oligos bind the plasmid-encoded four-helix bundle protein rop [112].

Very similar interactions are observed in other plasmids: *pnd-pndB* of R483 [107] and *RNA-IN/RNA-OUT* of IS10 [113].

Abiotic stress signals

Oxidative stress response RNAs (*gadd7***/***adapt15, adapt33***)**

The oxidative stress caused by exposure to UV radiation or reactive oxygen species is responsible for significant damage in biological cells. The effects of stress involve the inactivation of enzymes and transport proteins, peroxidation of lipids, DNA damage including mutations, as well as cleavage of cellular macromolecules. Oxidative stress has been shown to be responsible for several human disorders including cataract, arteriosclerosis, cancer, and aging. Although much is known about the chemical and biochemical consequences of oxidant exposure, little information is available about its effect on gene expression. In bacteria, a number of genes are involved in regulation by oxidative stress. These include catalase, superoxide dismutase, and glutathione reductase, which are involved in detoxification of cells. In mammals, several groups of genes are expressed in response to UV irradiation or the exposure to hydrogen peroxide and other reactive oxygen species. However, transcripts of some of these genes apparently lack protein products and likely act as riboregulators.

One them, *gadd7*, is expressed in response to treatment with UV radiation. It belongs to the family of *gadd* genes induced by various types of growth arrest signals and by DNA damage. The *gadd7* transcript is a 0.9-kb-long polyadenylated RNA species, lacking a long ORF [114]. Sequence analysis showed that there might be three short ORFs for 38-, 37- and 43-amino-acid long peptides. However, in vitro translation of the *gadd7* transcript did not reveal any protein product. *gadd7* RNA may play its function in the regulation of other genes following DNA damage [114].

RNA species produced in response to oxidative stress induced by hydrogen peroxide are *adapt15* and *adapt33*. Their expression is correlated with the adaptive response to H_2O_2 [115]. Transcription products of both these genes lack long ORFs and are polyadenylated. The *adapt15* RNA is 0.95 kb long and is almost identical to *gadd7* RNA, whereas for *adapt33*, two homologous RNA species of 1.46 and 0.99 kb have been isolated [116]. *gadd/adapt* RNAs known to date have been isolated from Chinese hamster cells and include *gadd7*, *adapt15* and *adapt33* (two species). v-src end-associated peptide 1 RNA (*vseap1*) shows high similarity to *gadd7/adapt15* RNA. This RNA is translated and a peptide is formed. Its specific function is not known [117].

Heat shock response RNA (*hsr*w**)**

Protection against environmental stress is mainly conferred by the induction of heat shock genes. This mechanism is common in both prokaryotic and eukaryotic organisms. The amino acid sequences of heat-shock-induced proteins isolated from a variety of organisms are highly conserved. In *Drosophila*, a major site of transcription in temperature stress is the h sr ω gene. It is located in the polytene region 93D. An interesting feature of this domain is that it is induced independently by the rest of the heat shock genes encoding all major groups of heat shock proteins [118]. The product of this gene is a polyadenylated and spliced RNA with very short ORFs. It shows very little conservation among different species. The expression of *hsr* ω is constitutive and elevated by heat shock. Most of the h sr ω transcripts are located in the nucleus [119]. In both normal and stressed cells, transcription from the *hsr* ω locus gives rise to three transcripts – ωl , ω 2, and ω 3. The *hsr* ω *l* transcript is about 10 kb long and results from transcription of the entire locus. This RNA is present at very high levels in the nucleus. At the 3¢-end of the *hsr*w*1* transcript there is a 7 to 8-kb-long region consisting of a short tandem repeat unit. The h sr ω ² (about 1.9 kb) RNA also accumulates in the nucleus and results from the use of an alternative polyadenylation site located just upstream of the tandem repeat region. The ω 3 transcript (1.2–1.3 kb) is a cytoplasmic species produced from ω ² by removal of a single intron. This RNA does not contain any long ORF. One of the short ORFs that is conserved in three *Drosophila* species would encode a 23- to 27-mino-acid-long peptide. This RNA likely does not act as a message for protein synthesis but performs other functions as regulatory RNA. However, no accumulation of a protein product was observed but some results suggest that the short ORF is translated. The act of translation alone and not the generation of a functional protein product may be important [120, 121]. The sequences of *hsr*^w genes have been determined for *Drosophila melanogaster, D. hydei,* and *D. pseudoobscura*.

G90 **RNA**

The murine *G90* gene has been identified by substractive hybridization based on the differential presence of its transcript in large and small intestine. The *G90* gene was mapped to a region of mouse chromosome 6. G90 is transcribed at very high levels in the small intestine and at lower levels in large intestine, testis, and kidney of the mouse [122]. The full-length cDNA produces a 1.5-kb transcript that is polyadenylated but has no ORF larger than 249 bp. Its highly specific expression pattern might suggest that *G90* is involved in cell cycle arrest in intestinal epithelium and perhaps in testis. Another possibility is that *G90* is just a marker for cellular differentiation [122].

OxyS **RNA**

During exponential growth, the expression of several hydrogen-peroxide-inducible proteins in *Escherichia coli* is controlled by the transcriptional regulator, OxyR [123, 124]. This induces the expression of an abundant 109 nucleotide-long untranslated regulatory *OxyS* RNA. This RNA acts as a global regulator by affecting the expression of as many as 40 genes in *E. coli*, which coordinate adaptation to hydrogen peroxide with other cellular stress responses and help to protect cells against oxidative damage. *OxyS* inhibits the translation of fhlA, the transcriptional activator for formate metabolism, by an antisense mechanism. *OxyS* contacts two separate target RNA regions more than 40 nucleotides apart and both interactions are important for *OxyS*-target binding as well as for blocking ribosome access to the *fhlA* translation initiation site [125, 126]. A main target of *OxyS* is an mRNA encoding the σ_s subunit of RNA polymerase. *OxyS* RNA is one of the elements in the cascade of factors that modulate the stability of a region of σ_s -encoding mRNA. *OxyS* RNA can pair with a short sequence overlapping the Shine-Dalgarno sequence in that mRNA [127–131].

DsrA **RNA**

Regulation of capsular polysaccharide synthesis in *E. coli* K-12 depends on the level of the unstable positive regulator RcsA. The amount of RcsA protein is small because of its rapid degradation and low synthesis level due to transcriptional silencing by the histone-like protein H-NS. A small 85-nucleotide-long *DsrA* RNA activates *RcsA* transcription by counteracting H-NS silencing [132–136]. *DsrA* contains regions of sequence complementary to at least five different genes: *hns, argR, ilvIH, rpoS,* and *rbsD,* but acts in trans by RNA-RNA interactions with only two mRNAs: *hns* and *rpoS.* H-NS is a major nucleoid-structuring, histone-like protein responsible for silencing a number of bacterial genes, $RpoS(G^s)$ in the stationary phase, and the stress response sigma-factor of RNA polymerase. *DsrA* antagonizes HN-S function by decreasing the level of H-NS protein in the cell and increasing RpoS especially at low temperature. Thus *DsrA* has opposite effects on these two targets, both mediated by RNA, with global regulatory consequences for the transcriptional state of the cell. Whereas the mechanism of *DsrA* action at *Hns* is not known, *DsrA* binds the operator of *rpoS* to open a stable stem-loop of *rps* RNA [132–136] enabling access to the Shine-Dalgarno sequence and thus enhancing translation. Structure predictions using thermodynamic calculations suggest that *DsrA* consists of three stem-loop structures, the last being the transcription terminator of *DsrA* [132]. The *hns* complementary region in the center of the molecule resides within the predicted second stem-loop but the *rpoS* region occupies the predicted first stem-loop and the base of the second stem [135, 136]. Footprinting in the presence or absence of *hns* RNA in vitro shows a distinct *DsrA-rpoS* interaction involving stem-loop 1, whereas a two-parts *DsrA-hns* interaction involves stem-loop 2. There is base pairing between *DsrA* and two regions of *hns*, near the 5' and 3' ends of its coding region, resulting in a contiguous coaxial stack, looping out in the middle part of *hns* mRNA exposed to nucleases. These interactions are proposed to circularize *hns* mRNA and define the structural basis of *DsrA* activity at *hns.* On the other hand, the structure of stem-loop 2 of *DsrA* remains intact while base paired to *rpoS* mRNA, stabilizing *rpoS* and reducing mRNA turnover [137].

DD3/PCGEM1 **RNA**

The prostate-specific genes, *DD3* and *PCGEM1*, are specifically expressed in human prostate tissue. The *PCGEM1* locus has been mapped to chromosome 2q32. cDNA sequence analysis revealed that *PCGEM1* lacks protein-coding capacity and suggests that it may belong to the ncRNAs. There are two RNAs which have highly prostate specific expression in cancer versus normal prostate [138, 140].

Another gene, *DD3* maps to chromosome 9q21–22. No extensive ORF has been found, and the transcript may function as a ncRNA [139, 140].

Biotic stress signals

His-1 **RNA**

His-1 is a single-copy gene that has been found in a variety of vertebrate species. Upon viral insertion in murine myeloid leukemias, the *His-1* gene is activated. It is not expressed in uninfected cells. *His-1* RNA is expressed as a 3-kb-long, spliced and polyadenylated RNA. An analysis of the RNA sequence did not reveal any ORF that would exceed 219 nucleotides (73 amino acids). The lack of a long ORF suggests that it can function as a riboregulator. *His-1* is expressed at low levels in the epithelial cells of the adult mouse stomach, prostate, seminal vesicle, and developing choroid plexus. The presence of *His-1* RNA is correlated with a viral insertion and carcinogenesis, since no transcripts were detected in normal tissues. They can be readily identified in mouse leukemias and carcinomas. This finding suggests that expression of the *His-1* gene is highly restricted and that its inappropriate activation may contribute to carcinogenesis [141–143]. *His-1* RNAs known to date are those from human and mouse.

Early nodulin 40 (*ENOD40***)**

Genes that are activated in plants by Nod (nodulin) factors are called nodulins. In the symbiosis between rhizobia and legumes, nitrogen-fixing nodules are formed the an outcome of a complex process that includes new organ

development, microbial invasion of plant tissues, internalization of bacteria in plant cells, and functional differentiation of the two partners. During nodule development, several plant genes are expressed in subsequent stages. Genes that are transcribed early in the interaction (*ENOD* genes) seem to play a role in organogenesis and bacterial invasion. Several *ENOD* clones have been isolated, but their individual contribution to nodule formation is often unclear. Some nodulins have been employed as early markers to study the initiation of nodulation [144–146]. One of them, *ENOD40*, an early nodulin gene, is expressed following inoculation with *Rhizobium meliloti* or by adding *R. meliloti*-produced Nod factors or the plant hormone cytokinin to non-inoculated roots [147, 148]. It is detectable in the root pericycle opposite the nodule primordium even before the appearance of infection threads, and is also found later, associated with vascular strands in mature nodules. Comparison of the *ENOD40* sequence isolated from several legumes and one non-legume did not reveal any conserved large ORF. Instead, a conserved region, which might allow the production of stable cytoplasmic RNA was found. *ENOD40* has therefore been proposed to encode RNA with a regulatory function. The different *ENOD40* RNAs have only one short ORF for peptides $10-13$ amino acids long, and the 3' end region appears to have important functions as a riboregulator [149–152].

ENOD40 RNAs known to date are those from *Glycine max*, *Pisum sativum*, *Phaseolus vulgaris*, *Vicia sativa*, *Trifolium repens*, *Lotus japonicus*, *Medicago sativa*, *M. truncatula*, *Nicotiana tabacum*, *Vigna radiata,* and *Sesbania rostrata*.

lbi **RNA**

The *lbi* (lipopolysaccharide biosynthesis interfering) RNA of phage Acm1, a non-translated RNA species of 97 nucleotides, was shown to affect the biosynthesis of the O-specific polysaccharide of lipopolysaccharide in various *E. coli* strains and to down-regulate the synthesis of the D-glucan component of the O-specific polysaccharide in *Klebsiella pneumoniae* serotype 01. *lbi* RNA consists of two consecutive stem-loop structures. The 5[']-proximal hairpin loop function is a key structural element in the mechanism leading to the inhibition of D-glucan biosynthesis due to its antisense interactions with cellular target RNAs [153, 154].

Cytokinin response RNA (*CR20***)**

CR20 is one of several genes repressed by cytokinins in excised cotyledons of cucumber. Detailed analysis showed that there are several *CR20* transcripts generated by alternative splicing of precursor RNA. However, none of the isolated and sequenced *CR20* transcripts contained a

long ORF. This suggests that these RNAs are not translated into a protein and may function as riboregulators. A comparison of the two known *CR20* sequences from cucumber and *Arabidopsis thaliana* revealed that although they show little overall homology, there is a highly conserved 180-nt region that seems to form a stable secondary structure [155].

GUT15 **RNA**

The majority of transcripts in eukaryotic cells are stable, with half-lives in the order of hours. In contrast to these relatively stable mRNAs, a subset of transcripts is rapidly degraded, with half-lives of the order of minutes. The tobacco genes with unstable transcripts (*GUT*) have been isolated and characterized. *GUT15* RNA has a polyA tail and one intron, but does not contain an ORF. It has a long segment similar to that of *CR20* [156, 157]. Similar RNAs may also be present in aspen, poplar, soybean, rice and maize [Ambro van Hoof, personal communication].

Other functions of ncRNAs

Brain-specific RNAs (*Bsr, BC1, BC200* **RNA)**

Brain-specific repetitive RNA (*Bsr* RNA) is an ncRNA that consists of tandem repeats of similar sequences, approximately 0.9 kb in length. The isolated clones may contain one or more repeats. In rat, *Bsr* RNA is preferentially expressed in the central nervous system [158].

BC1 RNA is generated by retroposition of tRNA^{Ala}. It is a 152-nucleotides-long transcript expressed preferentially in the brain by polymerase III. The sequence similarity between tRNA^{Ala} and the 5['] half of *BC1* RNA is approximately 80%. However, this domain does not fold in a tRNA-like manner, but forms a stable stem-loop structure. The level of this RNA increases during the period of synaptogenesis [159, 160].

BC200 RNA is a small cytoplasmic ncRNA identified in a number of primate species. Its expression is almost exclusively restricted to neural tissues. In the cell, it is present as a ribonucleoprotein particle. The gene encoding *BC200* arose from a monomeric Alu element, and the RNA it encodes has been recruited into a function in the nervous system $[160-162]$. The 5' domain consists of about 120 nt with identity to monomeric Alu element. *BC200* RNA has been identified in all *Anthropoidea* [163].

SRA **RNA**

SRA RNA, a steroid receptor RNA activator, is selective for steroid hormone receptors and mediates transactivation via its amino-terminal domain. The transcript is a 0.7- to 0.85-kb RNA. It is a *bona fide* transcriptional coactivator selective for the AF1 domain of steroid receptors. It is expressed as multiple isoforms in a cell-specific manner and present in a steady-state co-regulator complex with the AF2 co-activator SRC-1 [164].

meiRNA

Fission yeast protein Mei2 is an RNA-binding protein required for both premeiotic DNA synthesis and meiosis I. It binds to polyadenylated *meiRNA* of about 0.5 kb, the loss of which blocks meiosis I, and is required for nuclear localization of Mei2 [165–167].

UHG **RNAs**

Small nucleolar RNAs (snoRNAs) are essential for maturation of rRNA. They are encoded within different introns of the unusually compact mammalian *U22* host gene (*UHG*). *U22* RNA is essential for the maturation of 18S rRNA. The *U22* snoRNA gene lies within an intron of the single-copy gene *UHG* that encodes a polyadenylated ncRNA. *UHG* RNAs in human and mouse are 1114 and 590 nucleotides, respectively [168]. Recently, three other non-protein-coding snoRNA host genes, *Gas5* [169], *U17HG* [170], and *U19HG* [171], have been identified. *Gas5* spliced RNA becomes polyadenylated and associates with translating ribosomes [169]. The transcript of *U17HG* is enriched in the cytoplasm but does not associate with translating ribosomes [170]. Both the *Gas5* and *H17HG* transcripts initiate with a C nucleotide followed by a pyrimidine-rich tract and belong to the 5¢-terminal oligopyrimidine gene family (5¢-TOP) [172]. *U19HG* remains in the nucleus after splicing and has a 5['] sequence reminiscent of 5'-TOP [171].

Xlsirt **RNA**

Xlsirt RNAs have been identified as RNA species localized to the vegetal cortex of *Xenopus* oocytes during early stages of oogenesis. They have been proposed to play a structural role and to be used to localize other RNAs such as *Vg1* mRNA. *Xlsirt* RNAs form a family of heterogenous molecules originating from both strands of the genes. Those from one strand (sense) are localized in the vegetal cortex, while others are found throughout the cytoplasm. The transcripts contain 3–13 repeat units that are flanked by unique sequences [173, 174].

Conclusion

To date, more than 100 ncRNAs have been identified, some of which are partly characterized. They differ in origin, function size and structure. None have long ORFs and toghether form a collection of stable RNA molecules

involved in many cellular regulatory pathways. These ncRNAs are developmentally regulated or show highly restricted patterns of gene expression. They provide important insights into RNA-based mechanisms of gene expression, genomic imprinting, cell cycle progression, and differentiation. Some ncRNAs influence complex neurobehavioral phenotypes including psychiatric disorders [175]. In many cases, this is done by interaction with 3[']untranslated regions of mRNA [176]. Data exist that some ncRNAs are integral components of the 'compensasome' involved in dosage compensation and genomic imprinting. These RNAs might also function as chromatin remodeling factors. Some of the RNAs resemble very closely those involved in gene silencing mediated by double-stranded RNA (dsRNA), called interference RNA (RNAi) [177]. dsRNA is cleaved into short RNAs of 21–23 nucleotides which mediate RNA degradation of the complementary sequences [178, 179]. Although RNAi acts by a different mechanism, the structural similarity to some ncRNAs is striking.

The interesting question is why so many different noncoding regulatory RNAs with various functions occur within the cell. The answer may lie in the amazing variety of structures, mechanisms, and biological functions acquired by RNAs that provide the basis to use them in various regulatory processes. Many small RNAs require a protein component for their activity as in the case of *tmRNA* [180], *M1* RNA of RNase P [181] and the RNA chaperone Hfg (*HF1*) [182].

The energetic cost of synthesis of small RNAs may be much lower than for a protein, for which mRNA has to be synthesized first, followed by translation into a chain of amino acids [125]. However, this argument is not quite so convincing for large RNAs such as *Xist* or *H19*.

Finally, there is the general question concerning finding and analyzing ncRNAs in the era of genomics. They are not easy identifiable, and in most cases do not shown conserved motifs or signals [183]. New structural data are urgently needed. They will form a basis to improve our understanding of the mechanisms of ncRNA action.

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