Research Article

Carboxypeptidase E and thrombospondin-1 are differently expressed in subcutaneous and visceral fat of obese subjects

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Abstract. The aim of this study was to identify candidate genes for visceral obesity by screening for genes strongly differentially expressed between human subcutaneous and visceral adipose depots. A cDNA microarray with human adipose-derived cDNAs was used as an initial screening to identify genes that are potentially differentially expressed between human subcutaneous and visceral abdominal fat tissues. For the two best candidates, carboxypeptidase E (CPE) and thrombospondin-1 (THBS1) (EST N72406), real-time RT-PCR was performed to confirm their depot specific expression in extremely obese individuals. Both genes appeared to be strongly differentially expressed, having a higher expression in the visceral depot than in the subcutaneous one. For THBS1, the difference in expression between the depots was greater in women than in men. The involvement of CPE and THBS1 in obesity allows us to suggest that the physiological processes controlled by these genes contribute to depot and gender-related differences in the metabolic complications of obesity.

Key words. Visceral adiposity; real-time RT-PCR; CPE; THBS1; differential gene expression.

The existence of different phenotypes of obesity was established over 50 years ago [1]. Vague [2] described how body fat was differently distributed among people, and that upper-body fat (abdominal obesity), in particular, was associated with an increased risk of obesity-related health problems such as insulin resistance, non-insulin-dependent diabetes mellitus (NIDDM), dyslipidaemia, hypertension and atherosclerosis. This has been confirmed more recently in several studies that measured the amount of subcutaneous and visceral fat by computed tomography and showed that the detrimental influence of abdominal obesity on metabolic processes is mediated by the visceral fat depot [reviewed in ref. 3].

Visceral adipocytes are more metabolically active, more sensitive to catecholamine-induced lipolysis and less sensitive to anti-lipolytic effects of insulin, than subcutaneous adipocytes [4, 5]. This observation together with the anatomical location of the visceral fat depot resulted in the 'portal theory' [6], in which the differential health effects of the different fat depots are explained by the higher metabolic activity of the visceral one, which results in increased delivery of non-esterified fatty acids (NEFAs) into the portal vein. NEFAs have direct effects on hepatic metabolism, such as the stimulation of glucose production, very low density lipoprotein secretion and interference with hepatic insulin clearance, and would ultimately lead to glucose intolerance, hypertriacylglycerolaemia and hyperinsulinaemia, respectively [7]. A more recent hypothesis, in line with the adipose organ concept [8], is based on the fact that adipose tissue has important secretion functions [9]. Systemic metabolic disturbance would be caused by bioactive factors secreted differently

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by the two fat depots. Examples are leptin [10, 11], plasminogen activator inhibitor-1 (PAI-1) [12] and interleukin (IL)-6 [13].

Despite physiological differences between visceral and subcutaneous adipocytes, the molecular basis for these differences is still largely unknown, and identification of genes whose expression is strongly site related may contribute to identifying candidate genes for visceral obesity [14]. Up to date, a limited number of known genes have been studied. Of these, leptin [10, 11, 15–18] expression was consistently higher in the subcutaneous as compared to the visceral depot, while angiotensinogen expression was higher in the visceral fat [19]. Contradictory results were published for hormone-sensitive lipase, lipoprotein lipase, tumor necrosis factor-alpha and peroxisome proliferator-activated receptor gamma [15, 16, 18, 20, 21]. Uncoupling protein 2 (UCP2) [22] and glucose transporter 4 (GLUT4) [16] were only analysed in a single study. UCP2 was found to be highly expressed in the visceral depot compared to the subcutaneous one, while GLUT4 showed the inverse pattern. 11-Beta hydroxysteroid dehydrogenase type 1 has recently been identified as a gene involved in visceral obesity [23], and its shown expression was greater in visceral fat than in subcutaneous fat of obese patients [24].

Here, we used a two-step procedure to identify new genes that are differentially expressed by different fat depots. An initial screening to find good candidate genes with a putative depot-specific expression was performed by hybridisation of a cDNA microarray with human adipose tissue-derived cDNA clones with two visceral and two subcutaneous adipose tissue samples. The differential expression of the two best candidate genes was subsequently confirmed in a larger number of visceral and subcutaneous adipose depots from morbidly obese men and women using real-time RT-PCR.

Materials and methods

Subjects and adipose tissue biopsies

The study group consisted of 9 men and 14 women, all morbidly obese (age $23-58$ years, BMI 39-81 kg/m²), who were undergoing weight reduction surgery by biliopancreatic diversion [25]. The study was approved by the Ethics Committee of the 'Hospital Universitari Son Dureta' (Palma de Mallorca, Spain) and all subjects gave written consent for biopsies. Fat biopsies were removed from both the abdominal subcutaneous and visceral (omental) adipose tissue of each subject obtained within 20 min after the start of general anaesthesia. Part of the tissue was immediately frozen in liquid nitrogen and stored at –80°C for subsequent mRNA analysis. Fresh samples of adipose tissue from 9 subjects (5 men and 4 women) were taken in Krebs-Ringer bicarbonate (KRB) buffer (pH 7.4), containing 10 mM HEPES and 6 mM glucose for adipocyte isolation.

Adipocyte isolation

Adipocytes were isolated using the method described by Robdell [26] with some minor modifications. Briefly, tissue samples were minced at room temperature and incubated for 35 min with 1.5 g/l of collagenase (Sigma, Barcelona, Spain) in 10 ml KRB buffer (pregassed with 95% O₂–5% CO₂, pH 7.4), containing 10 mM HEPES, 6 mM glucose and 30 g/l bovine serum albumin (Sigma), at 37°C in a shaking bath. Cells were filtered though a nylon mesh $(250 \mu m)$ and subsequently washed three times with a collagenase-free buffer. Three hundred microliters of isolated adipocytes were stored at –80°C for subsequent mRNA analysis.

Culture of PAZ-6 cell line

PAZ-6 preadipocytes (human immortalised brown adipocytes) kindly provided by Prof. D. Strossberg [27] were cultured in a medium consisting of DMEM/ F12/Glutamax-I (Invitrogen, Breda, The Netherlands), supplemented with glucose (4.5 g/l), 15 mM HEPES, penicillin (100 μ g/ml), streptomycin (0.1 μ g/ml) and 8% fetal calf serum (Invitrogen). Cells were cultured at 37°C in a 95% air-5% CO₂ atmosphere. The culture medium was replaced every other day. Cells were harvested at 90% confluence.

mRNA isolation

Total RNA was isolated from both fat biopsies and isolated adipocytes using Tripure (Roche, Barcelona, Spain) and also from the PAZ-6 cell line using Trizol (Invitrogen), both according to instructions of the manufacturers. Isolated RNA was quantified by spectrophotometry and its integrity was checked by electrophoresis on a 1% agarose/TBE gel containing ethidium bromide. mRNA was isolated using the quickprep micro mRNA purification kit according to the instructions of the manufacturer (Amersham Pharmacia Biotech, Roosendaal, The Netherlands).

cDNA-microarray construction

A cDNA microarray was constructed using 154 named human cDNAs, 286 human adipose cDNAs, a set of luciferase cDNA clones as positive controls and a *Salmonella* cDNA as a negative control. All clones were printed in duplicate onto the slides. Of the 286 adipose cDNAs, 244 clones were from the WATM1 library. This lambda gt11 library was made from poly(A) mRNA isolated from subcutaneous white adipose tissue from an adult female using random oligonucleotides and ligation adaptors *Eco*RI/*Not*I. Five clones were from the BATM1 library (lambda gt10), similarly constructed from perirenal brown adipose tissue from children. The same tissue sample was used for construction of the BATM2 library, but in this case, the $poly(A)$ mRNA was primed with oligodT primers and the cDNA was cloned in the *Pst*I and *Bam*HI sites of pTZ18 after dGdC tailing. Thirty-three BATM2 clones were on the array. Finally, 4 cDNA clones were from the Clontech adult human fat cell library HL1108A. All cDNA clone sequences have been deposited at EMBL/GenBank by Bouillaud. The full list of named genes is given in Appendix 1.

The 286 adipose cDNAs were reamplified from 3 ul original PCR product using their original PCR oligonucleotide primers 5¢-TGG CGA CGA CTC CTG GAG CCC G and 5¢-TGA CAC CAG ACC AAC TGG TAA TGG for WATM1 and Clontech (lambda gt11); 5¢-GAG CAA GTT CAG CCT GGT TAA GTC C and 5'-ATG AGT ATT TCT TCC AGG G for BATM1 (lambda gt10) and 5'-GTT GTA AAA CGA CGG CCA GTG CC and 5'-CAC ACA GGA AAC AGC TAT GAC CAT G for BATM2 (PTZ-18) in a total reaction volume of 50 µl containing 20 pmol forward and 20 pmol reverse primer, 1.5 mM MgCl₂, $1 \times PCR$ buffer (Invitrogen, Breda, The Netherlands), 0.2 mM dNTPs and 2.5 U Taq polymerase (Invitrogen). The reaction was denatured for 2 min at 94°C, and amplified during 35 cycles of 40 s 94°C, 1 min 65°C (lambda gt11) or 58°C (lambda gt10 and pTZ18) and 1.5 min 72°C, with a final incubation of 10 min 72°C. The resulting PCR products were diluted 1000 times and used as template in a nested PCR. One microlitre was amplified using the same PCR conditions and the following 5'-amine-C6 linked oligonucleotide primers 5'-TCC TGG AGC CCG TCA GTA TC and 5'-ACC GGC GCT CAG CTG GAA TT for WAT1 and Clontech (lambda gt11); 5¢-GCC TGG TTA AGT CCA AGC TG and 5¢-TCC AGG GTA AAA AGC AAA AG for BATM1 (lambda gt10) and 5'-AAC GAC GGC CAG TGC CAA and 5'-TTA ATA CGA CTC ACT ATA GGG for BATM2 ($pTZ18$) in a total volume of 100 μ l containing 40 pmol forward and 40 pmol reverse primer, 1.5 mM $MgCl₂$, 1 \times PCR buffer (Invitrogen), 0.2 mM dNTPs, 5 U Taq polymerase (Invitrogen).

The 154 named human cDNA fragments and the positive and negative controls were amplified using the 5' Amine-C6 AGG CGA TTA AGT TGG GTA AC and 5' Amine-C6 AGC GGA TAA CAA TTT CAC AC oligonucleotide primers in a 100-µl reaction volume containing 40 pmol forward and 40 pmol reverse 5'-C6-amine-linked primers, 1.5 mM MgCl_2 , $1 \times PCR$ buffer (Invitrogen), 0.2 mM dNTPs, 5 U Taq polymerase and 1 µl bacterial glycerol stock. The PCR conditions were as follows: 2 min 94 °C followed by 35 cycles of 40 s 94 °C, 1 min 55 °C, 2.5 min 72°C and subsequently a final incubation of 10 min 72°C. To check the quality of the PCR reactions, 1 µl of each PCR product was run on a 1% agarose/TBE gel. Subsequently, amplification products were purified with the Qiaquick purification kit (Qiagen-Westburg,

Leusden, The Netherlands) using Millipore filtered water as an elution buffer; eluates were evaporated using vacuum and dissolved in 10 μ l spotting buffer (5 \times SSC). Microarray slides were produced as described elsewhere [28].

Sample preparation, labelling and microarray hybridisations

Four mRNA samples, two from subcutaneous and two from visceral abdominal adipose tissues from morbidly obese women, were used for the cDNA microarray screening. mRNA from PAZ-6 cells was used as a reference to allow the comparison of sample hybridsed on different slides. Labelled cDNA was obtained from 1 µg mRNA by incorporation of either Cy5-dCTP (fat biopsy sample mRNA) or Cy3-dCTP (reference PAZ-6) during a reverse transcription as previously described [28]. Before labelling, 0.5 ng luciferase mRNA (Promega, Leiden, The Netherlands) was spiked into each sample mRNA, to check the efficiency of the labelling reaction based on the hybridisation signals of the luciferase spots present on the array. Each slide was prehybridised for 5 h and subsequently hybridised overnight at 42°C simultaneously with a 1:1 (y:y) mixture of the sample cDNA (labelled with Cy5) and the reference cDNA (labelled with Cy3) dissolved in hybridisation buffer. Prehybridisation and hybridisation protocols and subsequent washing steps are been described by Boeuf et al. [28].

Microarray scanning

Slides were scanned as previously described [28]. Two image files were obtained for every slide, corresponding to the Cy3 (λ ex 550 nm, λ em 570 nm) and the Cy5 (λ ex 649 nm, lem 670 nm) measurements. The image files generated by the scanner were analysed using the software package ArrayVision (Imaging Research, St Catharines, Canada), obtaining the fluorescence intensity for every spot.

CDNA microarray data analysis

Data analysis was performed using the average intensity of duplicate spots. For data normalisation, two corrections were performed. The first correction was performed to normalise for (i) the amount of spotted PCR product, (ii) local hybridisation conditions within a slide and (iii) hybridisation conditions between slides. For every two slides that were compared, corrected Cy5 values were calculated according to the following equation: $Cy5_{spot i, slide 2}$ $= Cy5_{spot i, slide 2} × (Cy3_{spot i, slide 1}/Cy3_{spot i, slide 2})$. The first correction was followed by a second correction step to normalise for the amount of mRNA labelled and the difference in labelling efficiency between the various samples. For this purpose, corrected Cy5 values were calculated for every two slides that were compared according to the following equation: $Cy5_{spot i, slide 2} = Cy5_{spot i, slide 2} × (me-$

dian Cy5 signals_{slide 1}/median Cy5 signals_{slide 2}). Genes with a ratio of the normalised fluorescence intensity, obtained from the second equation, between both depots equal to higher or than 2 were considered to be differentially expressed. All genes with a ratio ≥ 2 but with signal intensities lower than the threshold (a signal intensity ≥ 1) in at least one of the tissues being compared) were excluded from further analysis.

Real-time RT-PCR

To validate differential expression, real-time RT-PCR was used. RNA from subcutaneous and visceral fat depots from both adipose tissue (9 men and 14 women) and isolated adipocytes (5 men and 4 women) was used. Five micrograms of total RNA from each sample was incubated for 15 min at 37°C with 2 U RNase-free DNase (Promega) and 80 U RNase OUT (Invitrogen) in a final volume of 100μ . The reaction was stopped by adding 10 ml of stopping buffer (10 mM TRIS-HCl pH 7.4, 1 mM EDTA and 3 mM NaCl) and the DNase treated RNA was ethanol precipitated. cDNA was synthesised from 1 µg of DNase-treated total RNA with 150 ng random hexamers using Super Script First Strand Synthesis (Invitrogen) according to the protocol of the supplier. Each cDNA was diluted 1/25, 1/250 and 1/2500 and aliquots were frozen at -20° C for subsequent PCR reactions. Real-time PCR was done for three housekeeping genes: beta-2 microglobulin (B2M), glyceraldehyde-3 phosphate dehydrogenase (GAPDH) and hexokinase 1 (HK) and two target genes: carboxypeptidase E (CPE) and thrombospondin-1 (THBS1/EST N73406) using oligonucleotide primers as given in table 1. PCRs were performed using the LightCycler (Roche Diagnotics Nederland, Almere, The Netherlands). Each reaction contained $0.5 \mu M$ of the relevant oligonucleotide primers (table 1), $4 \text{ mM } MgCl₂$, $2 \text{ ul } LightCycle$ -FastStart DNA Master SYBR Green I (containing FastStart enzyme,

 $dNTPs$, MgCl₂, and SYBR Green I dye; Roche) and 5 µl of the cDNA dilution buffer (Roche Diagnostics Nederland) in a final volume of 20 μ l. The amplification program consisted of a preincubation step for denaturation of the template cDNA (10 min at 95°C), followed by 45 cycles consisting of a denaturation step [95°C for 0 s (B2M, HK, GAPDH, THBS1) or 2 s (CPE)], an annealing step [5 s at 58°C (B2M, HK, GAPDH) or at 55°C (CPE and THBS1)] and an extension step (18 s at 72 °C for all). After each cycle, fluorescence was measured at 72°C (λ ex 470 nm, λ em 530 nm). PCR products were subjected to a melting curve analysis on the Light Cycler and subsequently 1% agarose/TBE gel electrophoresis to confirm amplification specificity $(T_m$ and amplicon size). Real-time RT-PCR was performed in duplicate and a negative control without cDNA template was run in every assay. To allow relative quantification of a target gene between the two tissues, a relative standard curve was constructed for every subject as previously described [29] with some minor modifications. To perform the relative standard curve, arbitrary template concentration values (0.1, 0.01 and 0.001) were given to the three cDNA dilutions (mentioned above) from the visceral tissue, which, according to the microarray results, showed higher expression levels. The $1/25$ dilution from the subcutaneous tissue (with a lower expression) was analysed as unknown. Data analyses were performed with the LightCycler analysis software version 3.5 (Roche). To correct for the quality and amount of starting RNA and reverse transcription efficiency, three housekeeping genes were used (B2M, HK and GAPDH). These were analysed for every tissue sample and dilution. The mean was used to normalise the target genes that were tested from a different aliquot of the same cDNA dilution. Normalised target concentrations from the 1/25 dilution were used to compare the expression levels in subcutaneous and visceral fat samples.

Oligonuclotide primer sequences used for real-time RT-PCR of housekeeping and target genes and the specificity parameters (length and T_m) of the resulting amplicons. B2M, beta-2 microglobulin; HK, hexokinase 1; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; CPE, carboxypeptidase E; THBS1, thrombospondin-1.

The paired t test was used to compare levels of the normalised target concentrations in paired subcutaneous and visceral adipose tissues. Student's t test was used to compare the visceral versus subcutaneous ratios between men and women. Analyses were performed using Windows SPSS version 10.0 software.

Results

We constructed a cDNA microarray containing 154 selected named genes and 286 human adipose tissue-derived cDNA clones. The named genes encompass cDNAs that are involved in basic cellular processes such as apoptosis, the cell cycle, lipid metabolism and adipocyte development. The use of cDNA microarray technology potentially allowed us to simultaneously screen among 440 genes for those that are differentially expressed by the two fat depots. Four slides, two with subcutaneous and two with visceral adipose tissue-derived Cy5-labelled cDNA were hybridised. On all four slides, cDNA from the human adipose PAZ-6 cell line, labelled with the Cy3 dye, was hybridised as a reference; therefore, four comparisons were allowed (two samples from subcutaneous fat were compared with two samples from visceral fat). Differential expression levels between depots could be analysed for approximately 110 cDNAs due to signal limitations in either the sample or the reference. The relatively large number of genes that could not be interpreted was caused by a combination of a stringent threshold that was set at twice the background, to the absence of expression of a significant number of genes in the undifferentiated PAZ-6 cells and, especially, to the small amounts of mRNA $(1 \mu g)$ that were used for labelling.

The genes that showed a differential expression higher or equal to twofold between depots in three or four of the comparisons performed are given in table 2. Three genes were identified with a consistently higher expression level in the visceral than in the subcutaneous depot: carboxypeptidase E (CPE), expressed sequence tag (EST) N73406 and glucagon receptor (GCGR). A BLAST search (http://www.ncbi.nlm.nih.gov/BLAST/) showed that EST N73406, originating from human perirenal brown adipose tissue, is 100% homologue to thrombospondin-1 (THBS1) and will be considered identical and here referred to as THBS1. Three of four comparisons showed a differential expression in muscle glycogen phosphorylase, transcobalamin 2 and prostaglandinendoperoxide synthase 1, which were also all higher in the visceral depot.

Of the genes from which differential expression has previously been described, lipoprotein lipase and UCP-2

Gene	Accession numbe	Comparison	Normalised fluorescence intensity		Vs/Sc ratio
			subcutaneous (Sc)	visceral (Vs)	
Carboxypeptidase-1 (CPE)	NM_001873		1.1	10	8.8
		2	1.3	13	10
		3	1.1	6.2	5.5
		4	1.3	20	15
Glucagon receptor (GCGR)	NM_000160		0.53	2.7	5.0
		2	0.78	4.6	5.9
		3	0.53	1.8	3.4
		4	0.78	6.2	7.9
Thrombospondin-1 (THBS1)	XM_031617 N73406		0.16	1.1	7.1
		2	1.2	3.2	2.7
		3	0.16	1.1	7.3
		4	1.2	2.9	2.4
Muscle glycogen phosphorylase (PYGM)	NM_005609	2	0.18	2.3	13
		3	0.17	1.4	8.5
		4	0.18	1.1	5.9
Transcobalamin 2 (TCN2)	NM_000355		0.53	1.5	2.8
		3	0.53	1.3	2.4
		4	1.2	2.4	2.1
Prostaglandin-endoperoxide synthase 1 (PTGS1)	NM_000962		0.59	1.4	2.3
		2	1.3	2.8	2.2
		4	1.3	3.2	2.6

Table 2. Microarray hybridisation results.

Normalised fluorescence intensities for subcutaneous (Sc) and visceral (Vs) fat, and Vs/Sc ratios are presented. Comparisons: 1, VsA/ScA; 2, VsB/ScB; 3, VsB/ScA; 4, VsA/ScB. Only those with a ratio ≥ 2 in three or four of the comparisons are presented.

Figure 1. CPE mRNA expression. Normalised mRNA expression levels as determined by real-time RT-PCR for carboxypeptidase E (CPE) in paired samples of subcutaneous and visceral fat depots from adipose tissue (*A*) and isolated adipocytes (*B*) from morbidly obese men and women. Both individual data and means \pm SE are presented. Results were statistically compared by paired t test (*p < 0.03).

were above threshold, but neither showed a clear consistent differential expression level (ratio \geq 2) between subcutaneous and visceral fat depots. Since leptin did not meet the stringent requirements set for analysis, and because it constitutes a gene with a wide documented differential expression between depots [10, 11, 15–18], we conducted individual examination. This further microarray data analysis pointed to a higher expression in the subcutaneous than in the visceral depot. Moreover, leptin mRNA levels from the samples used for the microarray hybridisations were also checked by semiquantitative RT- PCR (data not shown) and the differential expression was confirmed.

To validate depot-differential expression and to obtain information on the interindividual differences in more subjects, real-time RT-PCR was performed for two selected genes, CPE and THBS1 (EST N73406). These genes were chosen because consistent and strong signals were obtained in the microarray analysis and a role for these genes in obesity could be envisaged. The expression of these genes was analysed in adipose tissue samples from 14 women (11 for THBS1) and 9 men, all morbidly obese

Figure 2. THBS-1mRNA expression. Normalised mRNA expression levels as determined by real-time RT-PCR for thrombospondin-1 (THBS1) in paired samples of subcutaneous and visceral fat depots from adipose tissue (*A*) and isolated adipocytes (*B*) from morbidly obese men and women. Both individual data and means \pm SE are presented. Results were statistically compared by paired t test (*p \leq 0.01).

subjects. The normalised expression levels obtained by real-time PCR for the CPE and the THBS1 genes in paired tissue samples are shown in figures 1A and 2A. Expression levels were confirmed as being significantly higher in the visceral than in the subcutaneous adipose tissue depot (paired t test $p \le 0.03$). Although there were some interindividual variations, the tendency for higher expression in the visceral depot was maintained in all the subjects studied. When the visceral (Vs) subcutaneaous (Sc) ratio between men (BMI 58 \pm 2) and women (BMI

 53 ± 3) was compared (fig. 3A), a significant difference was found for THBS1, which was greater in women (Student's t test $p < 0.03$), mainly due to a significantly lower expression of this gene in the subcutaneous depot. To confirm that the difference in mRNA expression levels of CPE and THBS1 in the different fat depots was mainly due to the adipocytes themselves, real-time RT-PCR was also performed in adipocytes isolated from subcutaneous and visceral adipose tissues. The expression levels of both genes in paired fat cell samples (figs. 1B,

Figure 3. Vs/Sc ratio. Gene expression ratio between visceral and subcutaneous fat depots (Vs/Sc) from adipose tissue (*A*) and isolated adipocytes (B) from morbidly obese men and women for CPE and THBS1. Data are the mean \pm SE. Results were statistically compared by Student t test (*p < 0.03).

2B) followed the same pattern seen in the tissue samples (paired t test $p < 0.03$). Moreover, the significant gender difference for the Vs/Sc ratio found in the tissue for THBS1 was also found in isolated adipocytes (fig. 3B) (Student's t test $p < 0.03$).

Discussion

Subcutaneous and visceral adipose tissues are differently involved in the risk for obesity-related chronic disorders. In our attempt to contribute to elucidating of the molecular basis underlying the metabolic differences between these depots, we used a strategy that combined cDNA microarray screening and real-time RT-PCR. In this study, CPE and THBS1 were found to be more highly expressed in visceral than in subcutaneous adipose tissue from morbidly obese subjects.

From the cDNA microarray screening, six candidate genes were identified with a putativly higher expression in the visceral depot (listed in table 2). Genes that are causally involved in visceral obesity are expected to be consistently different in all individuals examined. Of the six candidate genes, CPE and THBS1 were selected for further analysis and their differential expression in both depots was confirmed by real-time RT-PCR in a larger number of subjects. Interestingly, differential expression levels were higher in the real-time RT-PCR than in the array experiments. This is consistent with the findings for Rajeevan et al. [29] who showed for some genes that array results pointed in the same direction, but were not identical to real-time results. In our case, the discrepancy may be caused by the small amount of mRNA that was used in the labelling protocol and subsequent hybridisation. However, this does not influence the validity of the data obtained with real-time RT-PCR. In our screening, only some of the spots on the array were informative, which raises the possibility that a number of differentially expressed genes could have been overlooked. This fact is substantiated by the observation that leptin was not identified as a differentially expressed gene in our overall analysis due to the stringent criteria that we set. However, when it was further examined with less stringent criteria, differential expression was found, in agreement with the literature [10, 11, 15–18].

CPE was one of the genes confirmed to be more highly expressed in visceral than in subcutaneous adipose tissue. CPE is a prohormone-processing exopeptidase found in secretory granules of endocrine and neuroendocrine cells [30], and is strongly implicated in obesity. The autosomal recessive fat mutation, which produces maturity-onset obesity, hyperglycaemia and infertility in Cpefat/Cpefat mice, was identified as a single mutation Ser202Pro in the CPE gene that results in a fully inactive enzyme [31]. Development of obesity in the Cpefat/Cpefat mice is attributed to the pleiotropic disturbances in the full maturation of a variety of peptide hormones associated with the control of body fat mass and nutrient partitioning [32]. CPE has been shown to play a role in the conversion of proinsulin to fully mature insulin. The R238W mutation that results in a mutant protein with altered enzymatic properties has been identified in humans [33]. This mutation occurred in four Ashkenazi NIDDM families of which the heterozygous members displayed an earlier age of onset for NIDDM, which is characterised by elevated levels of proinsulin.

To date, only one study has reported the expression of the CPE gene in human adipose tissue [34]. In this study, three CPE clones were present among 1422 randomly sequenced clones of a human adipose tissue cDNA expression library. The differential expression of CPE that we found in visceral as compared to subcutaneous adipocytes might reflect an altered endocrine activity of these cells – supported by the fact that neuroendocrine cells abundantly express CPE [34] – and might explain the elevated release of certain biomolecules from the visceral ompared to the subcutaneous depot.

THBS1 (EST N73406) was the second gene that was confirmed as being more highly expressed in visceral versus the subcutaneous adipose tissue and isolated adipocytes. THBS1 is an extracellular matrix glycoprotein that interacts with structural macromolecules as well as growth factors, cytokines and proteases forming multiprotein complexes [35]. Among the reported functions of THBS1, its ability to inhibit angiogenesis and to activate transforming growth factor- β (TGF- β) are the better-documented ones [36]. TGF- β has been shown to be a strong inducer of PAI-1 mRNA synthesis and PAI-1 release by human adipose tissue explants [12] and human adipocytes [37]. One can speculate that the elevated plasma levels of PAI-1 that are found in obesity and correlate strongly with parameters that define the insulin resistance syndrome may be due to TGF- β activation by THBS1. A factor pointing in this direction is the higher expression of THBS1 in the visceral adipose tissue, in agreement with the higher levels of PAI-1 in this depot [37]. THBS1 is also more directly implicated in abdominal obesity. In the analysis of differential gene expression between visceral adipose tissue of Otsuka Long-Evans Tokushima fatty (OLETF) rats, a model for NIDDM, and its diabetes-resistant counterpart, the Long-Evans Tokushima Otsuka (LETO) rats, Hida et al. [38] found THBS1 as a gene specifically expressed in accumulated visceral adipose tissue of obese OLETF rats. This suggests that it may participate in the pathogenesis of both abdominal obesity and its vascular complications, possibly due to the inhibitory angiogenic activity. Moreover, THBS1 has been recently identified as a possible downstream target of PPARy in adipocyte differentiation [39]. Our result that THBS1 (EST N73406) was differentially expressed in the visceral and the subcutaneous adipose tissues of morbidly obese subjects may therefore constitute a highly relevant finding. Regional adipose tissue differences in both metabolic activity [40, 41] and gene expression [10] are gender dependent. In line with this, of interest is the lower expression of THBS1 (EST N73406) in the subcutaneous fat of women, which results in a significant gender difference for the Vs/Sc ratio. This agrees with the observation in human endometrium cells that THBS-1 is hormonally regulated [42].

In conclusion, the use of a cDNA microarray as a screening tool combined with the validation by real-time RT-PCR was useful for identifing the differential expression of CPE and THBS1 (EST N73406) in visceral and subcutaneous adipose depots from morbidly obese subjects. Although the expression of these genes remains to be investigated in persons with normal weight and different degrees of obesity, the involvement of both genes in obesity together with the differential expression of THBS1 between men and women allow us to suggest that these genes are contributing factors for depot and gender-related differences in the metabolic complications of obesity.

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