Regulation of *myo*-inositol transport during the growth and differentiation of thyrocytes: a link with thyroid-stimulating hormone-induced phospholipase A_2 activity

Gillian GRAFTON,*† Michael A. BAXTER, Michael C. SHEPPARD and Margaret C. EGGO

Department of Medicine, University of Birmingham, Queen Elizabeth Hospital, Edgbaston, Birmingham B15 2TH, U.K.

The $V_{\text{max.}}$ of *myo*-inositol transport increased 3-fold during epidermal growth factor (EGF)-induced growth and thyroidstimulating hormone (TSH)-induced differentiation in primary cultures of sheep and human thyrocytes. The K_{m} remained unaltered. This up-regulation required the presence of insulin. The TSH-induced rise in *myo*-inositol transport commenced 8 to 16 h after the initial stimulus and achieved a plateau at 24 h. In human thyrocytes the change in $V_{\text{max.}}$ was accompanied by an increase in the steady-state levels of mRNA for the *myo*-inositol transporter following treatment with either ligand. Examination of the metabolites of *myo*-inositol showed few significant changes

INTRODUCTION

Although epidermal growth factor (EGF) and thyroidstimulating hormone (TSH) both stimulate thyroid growth, their effects on thyroid function are antagonistic [1,2]. EGF inhibits thyroid iodide uptake, prothyroid hormone synthesis, thyroperoxidase synthesis and iodide organification, all of which are required for thyroid hormone synthesis [3]. The signalling events mediated by these ligands in fully differentiated thyroid cells, and the interactions between the signalling pathways, remain ill-defined. The TSH receptor is coupled to adenylate cyclase activation and many of the effects of TSH on thyroid function are mimicked by forskolin and dibutyryl cyclic AMP (dbcAMP). However, transfection of the cloned human TSH receptor into Chinese hamster ovary cells has shown that the receptor can also be coupled to second messengers generated following inositol lipid hydrolysis [4]. This coupling is presumably through G_a and phospholipase $C\beta$ (PLC β) activation. Whether TSH activates this pathway in thyroid cells from all species is a matter of controversy which may be resolved by the findings of regulation of TSH receptor signalling by purinergic receptors. Adenosine has been shown to sensitize the TSH-coupled PLC pathway in FRTL5 cells [5], a rat thyroid-derived cell line which shows some differentiated thyroid function. In this cell line, antibodies to the TSH receptor have been shown to activate phospholipase A, (PLA₂) [6] and, consistent with this, many earlier studies have shown TSH-induced increases in arachidonate and prostaglandins [7-11]. The actions of TSH in stimulating thyroid cell growth and differentiation require the presence of insulin or insulin-like growth factor 1 (IGF-1) [12-14], implying that cooperation is required with a second signalling pathway. Thus TSH clearly utilizes a range of signalling mechanisms.

after treatment of sheep thyrocytes with EGF for 24 h. This is consistent with maintenance of the intracellular concentration of *myo*-inositol as the cells enlarge in preparation for cell division. In TSH-treated cells, however, up-regulation of *myo*-inositol transport was linked with increased *myo*-inositol cycling across the cell membrane, increased phospholipase A_2 -mediated turnover of phosphatidylinositol and a concomitant increase in arachidonic acid turnover. Increased levels of *myo*-inositol phosphates were also noted 24 h after TSH treatment. These results indicate the initiation of secondary signalling events many hours after the primary stimulus.

A similar conclusion can be made with regard to EGF-induced signalling. The EGF receptor has intrinsic tyrosine kinase activity which is revealed upon EGF binding. This receptor has recently been shown to activate PLC γ 1 through phosphorylation of its SH2 domain [15]. Consistent with activation of this pathway, which would result in protein kinase C (PKC) activation, the phorbol ester phorbol 12-myristate 13-acetate can mimic many of the EGF effects in the thyroid and elsewhere [16]. EGF can inhibit many aspects of TSH-induced thyroid cell differentiation in functional primary cell cultures [1,2,17,18]. In v-ras-transformed FRTL5 cells, activation of PKC inhibited the migration of the catalytic subunit of protein kinase A (PKA) to the nucleus, illustrating the possible basis for interactions between the signalling pathways [19]. At the cell membrane, however, there is no evidence for interference by EGF in the response of thyroid cells to acute challenge with TSH in cyclic AMP assays, although accumulated levels of cyclic AMP were reduced in EGF plus TSH-treated cells [16].

There is no reason to suppose that all of the signalling pathways involved in either TSH or EGF actions are known. Indeed evidence exists that there may be more pathways awaiting discovery. One long-standing unexplained observation is that of Scott et al. [20], who demonstrated a TSH-stimulated increase in *de novo* phosphatidylinositol (PtdIns) synthesis in sheep and dog thyroid slices. In their study, the amount of PtdIns synthesis was well in excess of that which would be required to resynthesize PtdIns(4,5) P_2 after PLC-mediated hydrolysis.

Metabolism of *myo*-inositol is central to cell signalling pathways, e.g. PtdIns $(4,5)P_2$ hydrolysis and receptor-mediated PtdIns $(3,4,5)P_3$ synthesis [21]. However, these pathways consume only a small fraction ($\approx 5\%$) of the total *myo*-inositol present in cells. *myo*-Inositol is present in many cells at high concentrations

Abbreviations used: ANOVA, analysis of variance; dbcAMP, dibutyryl cyclic AMP; EGF, epidermal growth factor; GroPIns, glycerophosphoinositol; IGF-1, insulin-like growth factor 1; PKA, cyclic AMP-dependent protein kinase A; PKC, protein kinase C; PLA₂, phospholipase A₂; PLC, phospholipase C; PtdIns, phosphatidylinositol; TEAB, triethylammonium bicarbonate; TSH, thyroid-stimulating hormone; inositol phosphates are described according to Biochem. J. (1989) **258**, 1–2.

^{*} Present address: Department of Immunology, University of Birmingham, Edgbaston, Birmingham B15 2TT, U.K.

[†] To whom correspondence should be addressed.

as free *myo*-inositol, *myo*-inositol phosphates, PtdIns and its phosphorylated derivatives, and inositol glycans (reviewed in [22,23]). In most cell types the intracellular *myo*-inositol concentration is regulated by the rate of *myo*-inositol transport [24], and the transporter itself is regulated during differentiation [24,25]. There is therefore potential for greater involvement of *myo*-inositol in signalling pathways than is presently appreciated. Using fully differentiated sheep and human thyroid cell cultures we have examined *myo*-inositol transport and its subsequent metabolism following treatment of the cells with TSH and EGF. These cells have advantages over studies with the rat thyroid cell line (FRTL5) or studies with primary dog thyroid cultures because they maintain the synthesis of thyroid hormones *de novo* [3].

EXPERIMENTAL

Cell culture

The isolation of sheep thyroid cells and their serum-free culture were as previously described [12]. Cells were used 7 to 10 days after isolation when a confluent monolayer had formed. Cultures were incubated in the absence of TSH or insulin for days (two medium changes) prior to the start of the experiment. Following these pre-incubation conditions TSH did not stimulate thyroid cell growth to any appreciable extent [2]. Human thyroid tissue was obtained from the Queen Elizabeth Hospital, Birmingham and cells were isolated and cultured as described for sheep thyroids. The thyroid samples were of histologically normal tissue as determined by the hospital Pathology Department.

Assessment of myo-inositol synthesis

To determine whether thyrocytes synthesized *myo*-inositol from glucose, cultures were labelled with $41 \,\mu \text{Ci}/10^6$ cells of D-[U-¹⁴C]glucose (292 mCi/mmol, Amersham International, Aylesbury, U.K.) for 24 h. Total lipid extracts were isolated from the labelled cells and chemically degraded to yield samples of their fatty acid, glycerol and *myo*-inositol components, for all of which glucose is the only, or a major, biosynthetic precursor [26]. These moieties were separated by paper chromatography and their identity confirmed by ion-moderated partition chromatography on an Aminex HPX-87C carbohydrate column [26].

myo-Inositol transport assay

For assays of myo-inositol transport, cultures were washed three times with 1 ml of incubation buffer (20 mM Hepes, 140 mM NaCl, 5 mM KCl, 2 mM CaCl₂, 0.8 mM MgCl₂, pH 7.4). Buffer (500 μ l) containing 0.1–1.0 μ Ci of inulin[¹⁴C]carboxyl $(1-3 \mu Ci/mg, ICN Flow, High Wycombe, Bucks., U.K.)$ was added. After 10 min incubation at 37 °C, 500 μ l of incubation buffer containing myo-inositol (5-100 μ M) and 0.2-4.0 μ Ci/ nmol of myo-[2-3H]inositol (10-20 Ci/mmol, Amersham International, Aylesbury, Bucks., U.K.) were added. The cultures were incubated for a further 10 min at 37 °C. The assay was stopped by aspiration of the medium. The cells were washed three times in incubation buffer and the cell layer dissolved in $200 \,\mu l$ of 0.1 M NaOH. The lysates were transferred to scintillation vials containing scintillation fluid and the radioactivity determined. Kinetic parameters were determined from Hanes plots of the data.

Extraction of myo-inositol and its derivatives

To determine the steady-state levels of myo-inositol and its derivatives, cultures were equilibrium labelled (4 days) with myo-

 $[2-^{3}H]$ inositol $(2 \mu Ci/ml)$ in NCTC135:mF12M (serum-free) medium in the ratio 7:5 (v/v) (final myo-inositol concentration of 42 μ M). To determine the non-equilibrium distribution of myo-inositol, unlabelled cultures were exposed to pre-warmed incubation buffer containing 50 µM myo-inositol and myo-[2-³H]inositol (0.58 μ Ci/nmol) for 15 min at 36 °C. The cells were either washed and extracted (pulse-labelled cells), or the buffer was removed and the cells were further exposed to incubation buffer containing 50 μ M myo-inositol for 15 min at 37 °C before extraction (pulse-chase-labelled cells). To determine the efflux of myo-inositol from cells to the medium, cultures were nonequilibrium labelled for 15 min as above, were quickly washed three times with a 5-fold excess of incubation buffer, and were then incubated for 15 min with incubation buffer containing 50 μ M unlabelled myo-inositol only. The buffer was collected and the radioactivity determined.

In equilibrium experiments amounts of soluble *myo*-inositol metabolites in cells were presented as μ M averaged throughout the cell volume. For non-equilibrium experiments data were expressed as d.p.m./10⁶ cells per fl. The specific activity of labelling was not the same for the equilibrium and non-equilibrium experiments; therefore direct comparisons of d.p.m./10⁶ cells per fl would not be valid. To allow for comparison of data the non-equilibrium data were also presented as μ M averaged throughout the cell volume. It should be pointed out that these are not true concentrations. These procedures were necessary to correct for the large volume changes found upon treatment of the cells with the various hormones. *myo*-Inositol recycled to the medium was expressed as pmol/10⁶ cells.

In all cases myo-inositol and its derivatives were extracted according to the method of Wregget and Irvine [27]. The lipid fraction was deacylated according to Clarke and Dawson [28]. The soluble and deacylated lipid fractions were separated by ionexchange chromatography on Sep-Pak QMA columns (Waters, Maidstone, U.K.) using a modification of the method of Maslanski and Busa [29]. Specifically, extracts were first brought to a pH greater than 9.0 by the addition of a few drops of 1 M NaOH. myo-Inositol was eluted in 15 ml of water, glycerophosphoinositol (GroPIns), InsP₁, InsP₂, InsP₃, InsP₄, InsP₅, and $InsP_6$ were eluted with 5 ml each of 0.01 M, 0.10 M, 0.25 M, 0.325 M, 0.40 M, 0.50 M, and 0.60 M triethylammonium bicarbonate (TEAB) respectively. For separation of deacylated lipids GroPIns, GroPInsP, and GroPInsP, were eluted with 5 ml each of 0.10 M, 0.25 M, and 0.325 M TEAB respectively. Separation of all fractions was monitored by the addition of myo-[U-14C]inositol (304 mCi/mmol; Amersham International, Aylesbury, U.K.) labelled standards prepared according to French et al. [26]. Typical separations are shown in Figure 1.

Arachidonic acid extractions

To determine the steady-state levels of arachidonic acid, cultures were equilibrium labelled (4 days) with 0.3 μ Ci/ml of [1-¹⁴C]acetic acid, sodium salt (56 mCi/mmol, Amersham International, Aylesbury, U.K.). Where specified, indomethacin (Sigma, Poole, U.K.) was added to a final concentration of 15 μ M for the last 2 h of culture. To determine the non-equilibrium levels of arachidonic acid, cultures were labelled for 2 h with 2.5 μ Ci/10⁶ cells of [1-¹⁴C]acetic acid (sodium salt) in the presence of 15 μ M indomethacin. Eicosanoids were extracted according to McDonald-Gibson [30] and were separated by TLC using the A9 solvent system, employing the following standards: arachidonic acid, prostaglandin F_{2a}, 6-keto-prostaglandin F_{1a}, prostaglandin D₂, prostaglandin E₂, (15S)-hydroperoxy-(5Z,8Z,11Z,13E)-eicosatetraenoic acid, and (5S,15S)-dihydroxy-(6E,8Z,11Z,13E)-



Figure 1 Separation of inositol and inositol phosphates on Sep-Pak QMA columns

Labelled cell extracts were prepared as described in the Experimental section. Extracts were applied to Sep-Pak QMA columns and the various inositol classes (solid line) were eluted with a stepwise gradient of TEAB (dotted line). (a) Typical elution profile of the soluble fraction. (b) Typical elution profile of the deacylated lipid fraction.

eicosatetraenoic acid (all from Sigma) made up to 1 mg/ml in ethyl acetate [31]. Location of radioactivity on the plates was determined by autoradiography and the appropriate spots were scraped into scintillation fluid and the radioactivity assayed. To account for differences in loading of the lanes, results were calculated as the ratio of d.p.m. in the arachidonic acid spot to d.p.m. in the phospholipid (origin) spot [31].

Cell volume determinations

Cell volumes were determined by indirect immunofluorescence staining using a primary rabbit anti-PKC ζ antibody (Gibco, Uxbridge, U.K.) and a secondary fluorescein-conjugated sheep anti-rabbit IgG antibody (Gibco, Uxbridge, U.K.). Cells were counterstained with propidium iodide. Cell surface areas and volumes were determined by laser scanning confocal microscopy (Bio-Rad MRC 500 laser scanning confocal microscope) at 400 times magnification using 0.6 μ m scans in the x-y and x-z sections. It was previously determined that treatment of the cells with EGF did not induce significant rearrangement in the subcellular localization of PKC ζ , while TSH treatment induced

Northern-blot analysis

For Northern-blot analysis, total RNA was extracted according to the method of Chomczynski and Saachi [33], and was separated on a 1.0% agarose gel in 2.2 M formaldehyde. Blots of the gel were probed with random-primer-labelled cDNA to canine kidney Na⁺/myo-inositol co-transporter (a kind gift from Dr. M. Kwon, Johns Hopkins University: [34]) using the procedures described by Church and Gilbert [35].

Statistical analyses

Statistical analysis of the results was by analysis of variance (ANOVA). Data are presented as the mean \pm S.E.M.

RESULTS

Assessment of myo-inositol synthesis by thyrocytes

The ability of sheep thyrocytes to synthesize *myo*-inositol was determined in cultures which had been treated with insulin $(1 \ \mu g/ml)$ alone or insulin plus TSH (0.3 nM) for 24 h in the presence of [¹⁴C]glucose. The total lipid fraction was isolated and chemically degraded to yield the glycerol and *myo*-inositol components for which glucose is the only, or a major, biosynthetic precursor. The glycerol moieties were effectively labelled by ¹⁴C



Figure 2 Synthesis of myo-inositol from glucose in sheep thyrocytes

Sheep thyrocytes were exposed to [¹⁴C]glucose for 24 h, total lipids were extracted and acid hydrolysed, and the glycerol and *myo*-inositol fractions were isolated as described in the Experimental section. The identity of the *myo*-inositol fraction (solid line) was determined by ion-moderated partition chromatography using [³H]*myo*-inositol standards (dotted line), for thyrocytes treated with insulin alone (**a**) or insulin plus 0.3 nM TSH for 24 h (**b**).



Figure 3 Characteristics of myo-inositol transport in sheep thyrocytes

myo-Inositol transport in sheep thyrocytes was assayed as detailed in the Experimental section. The Figure shows the rate of *myo*-inositol transport (pmol/min per 10⁶ cells) with respect to substrate concentration (μ M). A Hanes plot of the data is inset. All data points represent the mean \pm S.E.M. of 12 separate experiments.

derived from glucose (insulin-treated cells, $4407 \pm 308 \text{ d.p.m.}/10^6$ cells; insulin + TSH-treated cells, $7555 \pm 680 \text{ d.p.m.}/10^6$ cells; mean \pm S.E.M., n = 3) but the majority of the *myo*-inositol remained unlabelled (insulin-treated cells, $58 \pm 5 \text{ d.p.m.}/10^6$ cells; insulin + TSH-treated cells, $200 \pm 18 \text{ d.p.m.}/10^6$ cells; mean \pm S.E.M., n = 3) (Figure 2). It was estimated that under the conditions of culture used, thyrocytes derived the majority (87% in TSH-stimulated cells and 93% in control cells) of their *myo*-inositol from the extracellular medium. The low levels of endogenous *myo*-inositol synthesis thus allowed the accurate measurement of *myo*-inositol transport and of the intracellular levels of *myo*-inositol and its derivatives.

Characteristics of the myo-inositol transporter

myo-Inositol transport in sheep thyrocytes was linear with respect to cell number over the range of $(0.4-1.0) \times 10^6$ cells and with respect to time over at least 10 min, suggesting that the time course examined represented initial rates of accumulation. Data presented in Table 3 show rapid cycling of myo-inositol between the intracellular and extracellular compartments with an influx rate exceeding the efflux rate by approximately 2-fold. The measured myo-inositol transport rate represents the accumulation of myo-inositol over and above the efflux rate, and as such is probably an underestimate of the true transport rate. The prolonged linearity of myo-inositol uptake is a characteristic of myo-inositol transport reported in a number of cell types (e.g. [36,37]). A plot of uptake rate versus substrate concentration showed that at higher substrate concentrations, transport was saturable (Figure 3). Kinetic analysis of the data (Figure 3, inset) yielded a $K_{\rm m}$ of $41.8 \pm 4.5 \,\mu {\rm M}$ (n = 12) and a $V_{\rm max}$ of 4.5 ± 0.29 pmol/min per 10⁶ cells (n = 12). These values closely match the kinetic parameters of myo-inositol transport from a wide variety of tissues and species [24,36].

myo-Inositol transport in all cell types so far examined is sodium dependent [38]. Transport in sheep thyroid cells was assayed at a substrate concentration of 25 μ M in the presence or absence of sodium (140 mM) in the incubation buffer. Where sodium was omitted it was replaced with 140 mM CsCl. At 140 mM sodium the transport rate was 1.04±0.07 pmol/min per 10⁶ cells (n = 3), while at 0 mM sodium the rate was 0.08±0.007



Figure 4 Regulation of myo-inositol transport in sheep thyrocytes

myo-Inositol transport in sheep thyrocytes was assayed as described in the Experimental section. Both Figures show the *myo*-inositol V_{max} (pmol/min per 10⁶ cells) with respect to agonist concentration. (a) Cells were treated for 24 h with various concentrations of TSH in the presence (\bigcirc) or absence (\bigcirc) of 1 μ g/ml insulin. (b) Cells were treated for 24 h with various concentrations of EGF in the presence of 1 μ g/ml insulin (\bigcirc).

(n = 3; P < 0.001) pmol/min per 10⁶ cells. Therefore in 25 μ M myo-inositol 92% of transport is sodium-dependent.

The allosteric effect of Mg^{2+} on *myo*-inositol binding to the sheep thyrocyte transporter [39] was examined. In the absence of Mg^{2+} the K_m was $82.2 \pm 15.6 \ \mu M$ (n = 8) which fell to $42.8 \pm 4.5 \ \mu M$ at $0.8 \ m M \ Mg^{2+}$ (n = 12; P < 0.01). This represented a doubling in the affinity of the transporter for its substrate in the presence of Mg^{2+} . The V_{max} was unaffected by Mg^{2+} .

TSH, insulin, and EGF effects on myo-inositol transport

The effect of TSH concentration on the $V_{\text{max.}}$ for *myo*-inositol transport, following treatment for 24 h, is shown in Figure 4(a). The effect was maximal at 0.3 nM TSH (the value obtained for 3.0 nM TSH was not significantly different from that at 0.3 nM). High TSH concentrations (10 nM) produced a fall in $V_{\text{max.}}$ from the plateau value to 8.13 ± 2.0 pmol/min per 10⁶ cells (n = 3; P < 0.05). An inhibition of differentiated function at high doses of TSH has previously been reported for other TSH-induced functions [18,32]. Thus the dose response for the increase in $V_{\text{max.}}$ by TSH parallels that for the induction of differentiated function. There was no effect on the K_m across the dose range. The effects of TSH on the $V_{\text{max.}}$ of *myo*-inositol transport were reproduced by 1 mM dbcAMP, which induced a rise in $V_{\text{max.}}$ from 4.05 \pm 0.29 pmol/min per 10⁶ cells (n = 12) to 21.96 \pm 2.36 pmol/min per 10⁶ cells (n = 3; P < 0.005).



Figure 5 Temporal regulation of myo-inositol transport by TSH in sheep thyrocytes

myo-Inositol transport in sheep thyrocytes was assayed as described in the Experimental section. Thyrocytes were exposed to 0.3 nM TSH in the presence of insulin (1 μ g/ml) for various periods of time. Data are the mean \pm S.E.M. of 3–13 separate experiments.

There was a low rate of *myo*-inositol transport in the absence of insulin ($V_{\text{max.}}$ of 1.58 ± 0.46 pmol/min per 10⁶ cells; n = 5) which rose with insulin dose to reach 4.05 ± 0.29 pmol/min per 10⁶ cells (n = 12) in the presence of 1 µg/ml of insulin (P < 0.01). There was no change in K_m at the insulin doses used in this experiment. In the absence of insulin the $V_{\text{max.}}$ was unaltered by concentrations of TSH up to 3.3 nM (Figure 4a).

The effects of EGF treatment for 24 h in the presence of insulin $(1 \ \mu g/ml)$ are shown in Figure 4(b). EGF increased the $V_{max.}$ without affecting the K_m of *myo*-inositol transport. The magnitude of the effect was dependent on EGF concentration and was optimal at 1×10^{-8} M.

Optimal doses of TSH (0.3 nM) and EGF $(1 \times 10^{-8} \text{ M})$ were simultaneously given to the cells for 24 h in the presence of insulin $(1 \,\mu g/\text{ml})$. This treatment produced a $V_{\text{max.}}$ of $9.62 \pm 0.82 \text{ pmol/min}$ per 10^8 cells (n = 5), which was not significantly different from the $V_{\text{max.}}$ obtained in the presence of TSH or EGF alone.

Time course of the effect of TSH on myo-inositol transport

Sheep thyrocytes were cultured in the presence of insulin $(1 \ \mu g/ml)$ and were treated with 0.3 nM TSH for various time periods (Figure 5). There was no acute effect of TSH when examined after 10 min or 8 h. However, at 16 h the V_{max} was significantly elevated over control values and continued to rise until a plateau was achieved at 24 h. There were no further changes in V_{max} up to the longest time point examined (96 h), nor was there any significant alteration in K_m across the time course. The rise in V_{max} paralleled the time course for acquisition of other differentiated characteristics such as the ability to trap iodine and to synthesize thyroglobulin [18,40].

myo-Inositol transport in human thyrocytes

Human thyrocytes were cultured in the presence of $1 \mu g/ml$ insulin and were exposed to 0.3 nM TSH or 1×10^{-8} M EGF for 24 h. In control cells (insulin alone) the K_m (29.9±4.3 μ M; n = 3) and V_{max} . (4.10±0.71 pmol/min per 10⁶ cells; n = 3) were not significantly different from the values obtained with sheep thyrocytes. TSH treatment for 24 h produced a rise in V_{max} . to 24.60±2.18 pmol/min per 10⁶ cells (n = 3) with no significant change in K_m . EGF treatment for 24 h produced a rise in V_{max} . to



Figure 6 Northern-blot of total RNA from human thyrocytes

Total RNA was extracted from human thyrocytes cultured in the absence of insulin (lane 1), or in the presence of insulin (lane 2), insulin plus 0.3 nM TSH (lane 3), or insulin plus 1×10^{-8} M EGF (lane 4) for 24 h, and was run on a 1.0% denaturing gel as described in the Experimental section (upper panel). A photograph of the gel before blotting showed that all lanes were equally loaded (lower panel). A blot of the gel was probed with a canine kidney Na⁺/myo-inositol co-transporter cDNA. A 10.5 kb message was observed which was up-regulated by treatment with TSH or EGF.

 10.35 ± 1.24 pmol/min per 10⁶ cells (n = 3) also with no significant change in $K_{\rm m}$.

Regulation of human thyroid myo-inositol transporter mRNA

To examine transcriptional regulation, total RNA extracted from human thyrocytes treated with TSH, EGF, or a combination, was analysed on a 1.0% agarose gel in formaldehyde. A canine kidney Na⁺/myo-inositol co-transporter cDNA [34] was used to probe a blot of the gel (Figure 6; representative of three separate blots). A photograph of the ethidium bromidestained gel before blotting shows that all lanes were equally loaded. No cross-hybridization of the probe with sheep RNA was observed (data not shown). Hybridization with a band of 10.5 kb human mRNA was observed. The levels of this mRNA were increased by treatment of human thyroid cells with TSH or EGF, indicating that the increases in V_{max} seen were due to increased steady-state levels of mRNA.

Effects of TSH, EGF and TSH + EGF on *myo*-inositol metabolism: equilibrium labelling study

To determine the consequences of the up-regulation of *myo*inositol transport, the fate of transported *myo*-inositol in response to TSH or EGF treatment of sheep thyrocytes was determined. Thyrocytes were labelled to equilibrium (4 days), treated for 24 h with the appropriate ligand, and *myo*-inositol and its derivatives were extracted (Table 1). EGF treatment resulted in a significant rise in the level of PtdInsP₂ from 11.0 ± 0.99 pmol/10⁶ cells to 18.32 ± 2.09 pmol/10⁶ cells (P < 0.025). Elevations in Ins(1,4,5)P₃ can last for several hours after receptor activation [41] and the increase in PtdInsP₂ may be related to the resynthesis of this lipid after the termination of the PLC γ 1mediated hydrolysis. There was no significant change in concentration of *myo*-inositol or any of its soluble derivatives with the exception of InsP₆, which showed a small but significant rise from $0.72\pm0.11 \ \mu$ M to $1.09\pm0.12 \ \mu$ M (P < 0.05).

Table 1 Equilibrium levels of inositol metabolites in sheep thyrocytes

Sheep thyrocytes were equilibrium labelled with $[^{3}H]myo$ -inositol and were treated with either TSH (0.3 nM), EGF (1 × 10⁻⁸ M), TSH plus EGF (0.3 nM plus 1 × 10⁻⁸ M), or dbcAMP (1 mM) for 24 h in the presence of insulin (1 μ g/ml). Inositol metabolites were extracted and analysed as described in the Experimental section. The concentrations of soluble inositol metabolites are expressed as μ M averaged throughout the cell volume. (Insulin-treated cells had an average volume of 2025 μ m³; this rose to 2902 μ m³ after 24 h of EGF treatment, and fell to 898 μ m³ after 24 h of TSH treatment.) The concentrations of inositol lipids are expressed as pmol/10⁶ cells. Data points represent the mean ± S.E.M. of 3–14 separate experiments. Values marked with an asterisk are significantly different from the corresponding value in insulin-alone-treated cells at a least P < 0.05.

Metabolite	Treatment	Equilibrium level of metabolite					
		Insulin	Insulin + TSH	Insulin + EGF	Insulin + TSH + EGF	Insulin + dbcAMP	
myo-Inositol		1635 <u>+</u> 205	2681 <u>+</u> 446*	1824 ± 278	2960 ± 398*	5630 ± 68*	
GroPIns		21.14 ± 4.3	29.70 ± 7.19	19.15 ± 3.27	65.45 ± 4.49*	29.71 ± 7.58	
Ins <i>P</i>		1.67 ± 0.26	2.72 ± 0.79	2.39 ± 0.35	$3.99 \pm 0.61^*$	19.39 ± 4.17*	
InsP ₂		1.21 ± 0.14	$3.29 \pm 0.31^{*}$	1.16 ± 0.11	$3.84 \pm 0.39^{*}$	$3.26 \pm 0.54^{*}$	
InsP ₃		0.28 ± 0.07	$0.71 \pm 0.15^{*}$	0.30 ± 0.04	$1.05 \pm 0.15^{*}$	0.62 ± 0.15*	
Ins <i>P</i> ₄		1.22 ± 0.29	3.77 ± 1.00*	0.92 ± 0.23	$3.51 \pm 0.72^*$	0.43 ± 0.18	
InsP ₅		2.30 ± 0.22	6.01 ± 1.11*	2.82 ± 0.31	6.70 ± 0.55*	2.51 ± 0.91	
InsP ₆		0.72 ± 0.11	1.66 ± 0.399	$1.09 \pm 0.12^{*}$	$2.38 \pm 0.26^{*}$	$2.36 \pm 0.72^{*}$	
PtdIns		383 ± 31	445 ± 28	434 ± 25	387 ± 37	356 ± 16	
PtdIns <i>P</i>		20.9 ± 1.6	26.4 ± 3.2	28.7 ± 3.9	$28.6 \pm 2.9^{*}$	53.8 ± 13.6*	
PtdInsP ₂		11.0 ± 0.99	12.95 ± 1.89	$18.32 \pm 2.09^{*}$	11.97 ± 1.77	8.32 ± 2.75	
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TSH treatment of the thyrocytes produced a markedly different result. There was a 1.6-fold increase in the intracellular concentration of *myo*-inositol (P < 0.025) accompanied by significant rises in the concentrations of the soluble inositol phosphates, $InsP_2$, $InsP_3$, $InsP_4$, $InsP_5$ and $InsP_6$ (Table 1). The rise in intracellular myo-inositol concentration is in accordance with the rise in myo-inositol transport $V_{\text{max.}}$ seen in TSH-treated thyrocytes. The rise in the levels of $InsP_{2}$, $InsP_{3}$ and $InsP_{4}$ is consistent with a PtdInsP, hydrolysis signalling event. Changes in intracellular concentrations of $InsP_5$ and $InsP_6$ have previously been noted in HL60 cells and normal blast cells undergoing differentiation [26,42,43]. DbcAMP was able to reproduce many of the effects of TSH as shown in Table 1. The relative differences in the levels of InsP and $InsP_4$ probably reflect increased flux down these pathways in dbcAMP-treated cells, in accordance with the greater increase in myo-inositol transport $V_{\rm max}$.

Treatment of thyrocytes with TSH plus EGF resulted in a significant rise in the levels of *myo*-inositol and all of its soluble derivatives and also in the levels of PtdIns*P*. One major difference from that seen with either ligand alone was a noticeable rise in the levels of GroPIns from $21.14 \pm 4.30 \,\mu\text{M}$ to $65.45 \pm 6.49 \,\mu\text{M}$ (*P* < 0.01). This molecule reflects PtdIns deacylation by PLA₂ and a lysophospholipase [44].

Effects of TSH, EGF and TSH plus EGF on *myo*-inositol metabolism: pulse labelling study

Maximal changes in the up-regulation of *myo*-inositol transport occurred after 24 h of treatment with ligand. The immediate fate of the transported *myo*-inositol at this time point was therefore determined by pulse labelling of thyrocytes after incubation for 24 h in the presence of agonist (Table 2). No significant amounts of label were found in $InsP_3$, $InsP_4$, $InsP_5$, or $InsP_6$ under any of

Table 2 Pulse labelling (15 min) of inositol metabolites in sheep thyrocytes

Thyrocytes were incubated with TSH (0.3 nM), EGF (1×10^{-8} M), or TSH plus EGF (0.3 nM plus 1×10^{-8} M) for 24 h in the presence of insulin ($1 \mu g/m$). Cultures were pulse-labelled with [³H]*myo*-inositol for 15 min and the various inositol metabolites extracted as described in the Experimental section. The levels of soluble inositol metabolites are expressed as d.p.m./ 10^{6} cells per fl averaged throughout the cell volume. Values in parentheses are the same data presented as μ M averaged throughout the cell volume as described in the Experimental section. The levels of soluble inositol inte Experimental section. The concentrations of inositol lipids are expressed as pmol/ 10^{6} cells. Data points represent the mean \pm S.E.M. of 3–5 separate experiments. Values marked with an asterisk are significantly different from the corresponding value in insulin-alone treated cells at at least P < 0.05.

		Level of metabolite				
Metabolite	Treatment	Insulin	Insulin + TSH	Insulin + EGF	Insulin + TSH + EGF	
myo-Inositol		19078 + 2540	153 467 <u>+</u> 19 368*	33835±5096*	87 443 <u>+</u> 10 958*	
		(14.87 ± 1.98)	(119.59 ± 15.09*)	$(26.36 \pm 3.97^{*})$	$(68.41 \pm 8.54^{*})$	
GroPIns		259.8 ± 125.0	1330.2 ± 483.0	406.1 ± 113.6	3271.2 ± 905.2*	
		(0.20 ± 0.10)	(1.04 ± 0.38)	(0.32 ± 0.09)	(2.55 ± 0.71*)	
InsP		15.99 ± 3.10	71.06 ± 15.72*	21.8 ± 7.36	15.53 ± 1.44	
		(0.01 ± 0.00)	$(0.05 \pm 0.01^*)$	(0.02 ± 0.01)	(0.01 ± 0.00)	
InsP ₂		9.33 ± 0.48	49.05 ± 8.75*	6.42 ± 0.85	16.02 ± 1.81	
2		(0.01 ± 0.00)	$(0.04 \pm 0.01^{*})$	(0.01 ± 0.00)	(0.01 ± 0.00)	
PtdIns		0.1006 + 0.0195	$0.4113 \pm 0.0404^*$	0.2301 ± 0.0729	0.3097 ± 0.0277*	
PtdInsP		0.0075 ± 0.0041	0.0747 ± 0.0354	0.0189 ± 0.0087	0.0143 <u>+</u> 0.0015	
PtdInsP ₂		0.0066 ± 0.0034	0.0430 ± 0.0265	0.0342 ± 0.0197	0.0124 ± 0.0036	

Table 3 Pulse-chase labelling of inositol metabolites in sheep thyrocytes

Thyrocytes were incubated with TSH (0.3 nM), EGF (1×10^{-8} M), or TSH plus EGF (0.3 nM plus 1×10^{-8} M) for 24 h in the presence of insulin ($1 \mu g/m$). Cultures were pulse-labelled with [³H]*myo*-inositol for 15 min followed by a chase for 15 min with unlabelled *myo*-inositol. Inositol metabolites were extracted as described in the Experimental section. The levels of soluble inositol metabolites are expressed as d.p.m./10⁶ cells per fl averaged throughout the cell volume. Values in parentheses are the same data presented as μ M averaged throughout the cell volume as described in the Experimental section. The concentrations of inositol lipids are expressed as pmol/10⁶ cells. The amount of *myo*-inositol recycled to the extracellular medium is expressed as pmol/10⁶ cells. Data points represent the mean \pm S.E.M. of 3–5 separate experiments. Values marked with an asterisk are significantly different from the corresponding pulse-labelled cells (Table 2) at at least P < 0.05.

Metabolite	Treatment	Level of metabolite				
		Insulin	Insulin + TSH	Insulin + EGF	Insulin + TSH + EGF	
myo-Inositol		2304.5 ± 1063.0*	4604.6 ± 1708.9*	1930.3 <u>+</u> 583.2*	5401.4 + 2038.2*	
		$(1.80 \pm 0.82^{*})$	(3.56 ± 1.33*)	$(1.50 \pm 0.45^{*})$	(4.21 + 1.59*)	
GroPIns		26.68 ± 5.31	74.15 ± 8.41*	19.90 ± 1.24*	96.15 ± 12.79*	
		(0.02 ± 0.003)	$(0.055 \pm 0.0075^*)$	$(0.014 \pm 0.002^*)$	$(0.076 \pm 0.010^*)$	
Ins <i>P</i>		33.65 ± 5.10*	92.32 ± 22.85	46.00 ± 18.38	62.31 ± 7.41*	
		(0.028 ± 0.004*)	(0.072 ± 0.018)	(0.036 ± 0.015)	$(0.048 \pm 0.005^*)$	
InsP ₂		8.46 ± 0.83	16.53 ± 1.32	5.36 ± 0.42	16.91 ± 1.30	
-		(0.01 ± 0.00)	(0.03 ± 0.016)	(0.002 ± 0.00019)	(0.012 ± 0.0019)	
PtdIns		0.4271 <u>+</u> 0.1364*	0.7190 ± 0.0147*	0.6043 ± 0.1126*	0.5936 ± 0.0980*	
PtdInsP		0.0807 ± 0.0217*	0.1629 ± 0.0855	0.0808 ± 0.0253*	0.1077 ± 0.0260*	
PtdInsP ₂		0.0206 <u>+</u> 0.0118	0.0058 <u>+</u> 0.0009	0.0054 <u>+</u> 0.0041	0.0092 ± 0.0013	
Efflux		41.63 ± 3.89*	167.69 ± 41.46	201.84 ± 9.81*	238.34 ± 24.86*	

the conditions examined. There was a modest (1.8-fold) increase in the incorporation of label into free *myo*-inositol in EGFtreated cells compared with control cells (P < 0.025). Otherwise there were no changes in the immediate destinations of *myo*inositol following EGF treatment when compared with controls. TSH treatment, however, resulted in a large increase in the incorporation of label into free *myo*-inositol (8.0-fold rise; P < 0.005), increases in incorporation into GroPIns, InsP and InsP₂, and a 4.1-fold increase in the incorporation of *myo*-inositol into PtdIns (P < 0.01); the levels of the remaining lipids were unchanged. The increased incorporation of label into InsP and InsP₂ again suggests the presence of a PLC-mediated signalling event. The increased incorporation of label into PtdIns suggests that, in TSH-treated cells, the rate of PtdIns synthesis is increased over control cells.

Simultaneous treatment with TSH and EGF resulted in an increase in the incorporation of label into free *myo*-inositol (4.6-fold, P < 0.01), an increase in incorporation into GroPIns, and an increase in the incorporation of *myo*-inositol into PtdIns (3.1-fold rise, P < 0.01). The increase in incorporation of label into GroPIns in TSH plus EGF-treated cells was more than additive.

The results obtained with pulse labelling of TSH-treated cells suggested that there was an increased synthesis of PtdIns, yet the equilibrium labelling study showed no alteration in PtdIns levels. One possible explanation of these results is that PtdIns is rapidly turning over in TSH-treated cells. To examine this, pulse-chase labelling studies were performed.

Effects of TSH, EGF and TSH plus EGF on *myo*-inositol metabolism: pulse-chase labelling study

Thyrocytes were pulse-labelled with [${}^{8}H$]myo-inositol for 15 min, followed by a chase with 50 μ M unlabelled myo-inositol for 15 min. Data are shown in Table 3. After the 15 min chase the amount of label found in the free myo-inositol pool had significantly decreased from that found after the 15 min pulse, suggesting that myo-inositol entering this pool is quickly diverted elsewhere. The rate of flux of myo-inositol through this pool was similar in insulin- and EGF-treated cells, but was greatly increased in TSH- and TSH plus EGF-treated cells. Label from the *myo*-inositol pool appeared in GroPIns, InsP, $InsP_2$, PtdIns, PtdInsP, and PtdInsP₂, but the majority of it (91–98% in all cases) reappeared in the extracellular medium (Table 3), suggesting that there was rapid cycling of *myo*-inositol between the intracellular and extracellular media. A similar finding was observed with GroPIns. This pool appeared to be rapidly turning over and there was a greater turnover rate in TSH- or TSH plus EGF-treated cells than there was for insulin- or EGF-treated cells. The incorporation of label into InsP and InsP₂ respectively increased slightly after the 15 min chase or remained the same. Although levels of InsP and InsP₂ in TSH-treated cells were increased, their rates of turnover were the same as in the control cells.

In all cases there was a significant increase in label in PtdIns after the 15 min chase compared with the 15 min pulse, indicating that a proportion of the *myo*-inositol was used for PtdIns synthesis. The rate of synthesis of PtdIns was higher in TSH- or TSH plus EGF-treated cells than in insulin- or EGF-treated cells. Increased amounts of label were found in PtdIns*P* and unchanged amounts in PtdInsP₂ in all cases, indicating the synthesis of these lipids from PtdIns. In TSH- or TSH plus EGFtreated cells the increase in label found in PtdIns at 30 min was half that found in EGF- or insulin-treated cells (1.7-fold increase versus 3.4-fold increase), suggesting that in these cells a proportion of the PtdIns is metabolized rapidly and hence at 30 min the label has been diverted elsewhere.

Arachidonic acid metabolism

The increased turnover of GroPIns (Tables 2 and 3) is consistent with PLA₂-mediated turnover of PtdIns. Therefore metabolism of arachidonic acid, which is a product of this reaction, was examined. Thyrocytes were equilibrium labelled with [¹⁴C]acetate and were treated with TSH (0.3 nM), EGF (1×10^{-8} M), or TSH plus EGF (0.3 nM plus 1×10^{-8} M) in the presence of insulin (1 µg/ml) for 24 h and eicosanoids were extracted. Arachidonic

Table 4 Equilibrium and pulse labelling of arachidonic acid in sheep thyrocytes

Thyrocytes were equilibrium labelled with [¹⁴C]acetate and were treated with TSH (0.3 nM), EGF (1×10^{-8} M), or TSH plus EGF (0.3 nM plus 1×10^{-8} M) for 24 h in the presence of insulin (1 μ g/ml). In some cases 15 μ M indomethacin was added for the final 2 h of culture. In a separate experiment cultures were treated with the various ligands for 24 h and exposed to [¹⁴C]acetate and 15 μ M indomethacin for the final 2 h of culture (pulse-labelled cells). Arachidonic acid (AA) was analysed by TLC as described in the Experimental section. Results are expressed as the ratio of d.p.m. in the arachidonic acid spot to d.p.m. in phospholipids to correct for uneven loading. Data points represent the mean \pm S.E.M. of 3–5 separate experiments. Values marked with an asterisk are significantly different from the corresponding insulin-alone treated cells at t least P < 0.05.

	AA level (ratio of label in AA: label in phospholipid)			
Treatment	Equilibrium labelled (no indomethacin)	Equilibrium labelled (15 μ M indomethacin)	Pulse labelled (15 μ M indomethacin)	
Insulin	0.220 ± 0.029	0.150 ± 0.023	0.99±0.05	
Insulin + TSH	0.166 ± 0.015	0.204 ± 0.045	1.44 ± 0.09*	
Insulin + EGF	0.197 ± 0.028	0.182 ± 0.010	1.06 <u>+</u> 0.17	
Insulin + TSH + EGF	0.152 ± 0.005	0.171 ± 0.006	1.67 <u>+</u> 0.28*	

acid was the only major eicosanoid detected; the only other spots on the TLC plate corresponded to cholesterol esters, triacylglycerols, and phospholipids. There was no change in the amount of ¹⁴C-labelled arachidonic acid under any of the conditions described (Table 4). To eliminate the possibility that arachidonic acid was being rapidly metabolized, indomethacin (15 μ M), a cyclo-oxygenase inhibitor, was added for the final 2 h of culture. This also had no effect on the levels of arachidonic acid.

To determine whether turnover of arachidonic acid could explain these data, thyrocytes were treated with TSH (0.3 nM), EGF (1×10^{-8} M) or TSH plus EGF in the presence of insulin ($1 \mu g/ml$) for 24 h. [1^{-14} C]acetic acid, sodium salt ($2.5 \mu Ci/10^6$ cells), and indomethacin (15μ M) were added for the final 2 h of culture and eicosanoids were extracted. The results (Table 4) show that in the presence of TSH or TSH plus EGF there is increased turnover of (but not net production of) arachidonic acid. These results are in accord with the increased turnover of PtdIns and GroPIns under these two conditions. The data suggest that the TSH-mediated increase in *myo*-inositol transport V_{max} is associated with the PLA₂-mediated turnover of PtdIns and an increased turnover of arachidonic acid.

DISCUSSION

Previous studies have suggested that the rate of myo-inositol transport regulates the intracellular concentration of myo-inositol [24,25] and that the rate of PtdIns synthesis is dependent on the extracellular myo-inositol concentration [45-48]. The data presented in this study confirm those observations and further demonstrate that the rate of PtdIns synthesis is ultimately regulated by the rate of myo-inositol transport. The increase in GroPIns turnover associated with the increased PtdIns turnover demonstrates that PtdIns turnover occurs via hydrolysis and resynthesis of this lipid and not via the PtdIns-inositol exchange reaction. The data suggest the presence of specific pools of myoinositol which are preferentially used for PtdIns synthesis. Similar observations have been made in nerve and renal epithelium [47,48]. The enzyme PtdIns synthase (CDP-diacylglycerol-myoinositol-3-phosphatidyltransferase; EC 2.7.8.11; [49]) regulates PtdIns synthesis. This enzyme is found in the endoplasmic reticulum [50], and a PtdIns synthase has been described in the plasma membrane of a pituitary tumour cell line [51]. The plasma membrane enzyme has a considerably lower K_m for myoinositol (67 μ M) than the endoplasmic reticulum enzyme (1.5-4.5 mM; [50]) which would allow it to regulate the turnover

of plasma membrane PtdIns in response to small (μM) changes in the local *myo*-inositol concentration.

These observations provide an explanation for early results using dog and sheep thyroid slices in which increased PtdIns turnover was noted following TSH stimulation [20]. They also link with previous observations that TSH can cause increases in the non-equilibrium levels of arachidonic acid [9,52–54]. GroPIns is a product of the metabolism of PtdIns by PLA₂ followed by a lysophospholipase [44]. PtdIns is enriched for arachidonic acid in the 2-position [55]; therefore the production of arachidonic acid and GroPIns associated with PtdIns turnover strongly suggests that TSH induced the PLA₂-mediated turnover of PtdIns. The effects are also found during the differentiation of HL60 cells towards monocytes, where there is an increase in the rate of *myo*inositol transport [25] and in the levels of arachidonic acid [56].

An increase in the equilibrium levels of GroPIns has previously been postulated as either a marker for the transformation of cells with an oncogene [44] or as a product of the differentiation of certain cell types [43]. Elevation of the levels of GroPIns has been observed during HL60 cell differentiation towards neutrophils, and the differentiation of normal myeloid blast cells towards monocytes [26,42,43]. In the present study an increase in the equilibrium levels of GroPIns was not observed in TSH-stimulated (differentiating) cells, or in EGF-stimulated (growing) cells, but was observed in the presence of the two antagonistic stimuli. Elevations in the level of GroPIns may therefore be a marker of cross-talk between several cellular signalling pathways.

The data demonstrate that in sheep and human thyrocyte cultures the rate of myo-inositol transport can be regulated during growth and differentiation. This phenomenon has previously been observed in myeloid cells differentiating towards monocytes or neutrophils [24,25], and in neuroblastoma cells [57]. However, this is the first report of regulation of myo-inositol transport during the growth and differentiation of non-transformed cells in response to physiological ligands. Regulation of the availability of myo-inositol may be a generalized feature of growth and differentiation. In human cells the up-regulation of myo-inositol transport was achieved via increased steady-state levels of the mRNA for the transporter. Together with the increased $V_{\text{max.}}$ and the time course for the increase, these data suggest that up-regulation occurred via an increase in the number of transporters at the cell surface. Previous studies have also suggested that myo-inositol transport is regulated by altering the number of transporters at the cell surface [34,58].

The differences in the fate of the transported *myo*-inositol following TSH or EGF treatment illustrate the profound pheno-

typic differences that these ligands induce. In the EGF-treated cells there are few significant changes in the metabolites of myoinositol compared with controls, and the increased uptake is probably related to the maintenance of the intracellular concentration of myo-inositol as the cells enlarge in preparation for division. Following TSH treatment, the increased cycling of myoinositol and PLA₂-mediated turnover of PtdIns suggest activation of further signalling pathways involved in cell differentiation. Generally, dbcAMP produced the same or similar results as TSH stimulation, suggesting that the TSH effects were mediated through cyclic AMP production. The peak increase in myoinositol transport occurred 24 h after TSH, and the same is also true for the turnover of PtdIns and arachidonic acid. Membraneassociated signalling events usually occur within seconds of the original stimulus and are attenuated, at most, several hours afterwards [41]. The protracted time course of the TSH-induced PtdIns turnover may be required for the temporal regulation of events many hours after the initiating stimulus. A recent report on FRTL5 cells shows that TSH induces an increase in diacylglycerol content and PKC activity 24 h post-addition [59]. Results described in this study demonstrate that there is more to the involvement of myo-inositol in cell signalling than the PLCmediated turnover of PtdIns $(4,5)P_2$, and that signalling events may be closely regulated hours and even days after the generation of the original second messenger.

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