

# Effects of full-fat high-oleic soybean meal in layer diets on performance, egg quality and chemical composition

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**ABSTRACT** The utilization of full-fat high-oleic soybean meal in layer diets could lead to value-added poultry products. To test this idea, 336 hens were randomly assigned to 4 isonitrogenous (18.5% CP) and isocaloric (2,927 kcal/kg) formulated diets and fed the following diets for eight weeks: conventional control solvent-extracted defatted soybean meal (**CON**); extruded-expressed defatted soybean meal (**EENO**); full fat normal-oleic soybean meal (**FFNO**); or full fat high-oleic soybean meal (**FFHO**). Body weights (**BW**) were collected at week 0 and week 8. Eggs were collected daily, and the totals counted each week. Feed consumption was measured weekly, and egg quality was measured bi-weekly. Eggs were collected at wk 0 and wk 8 for fatty acid analysis. There were no significant treatment

differences in any of the production parameters measured, BW, feed consumption, feed conversion ratio or egg production ( $P > 0.05$ ). Eggshell strength was significantly greater in eggs produced from the EENO group as compared to the control ( $P < 0.01$ ), while egg yolk color was significantly darker in eggs of the control and EENO treatment groups relative to the FFNO and FFHO treatments ( $P < 0.0001$ ). Eggs produced by hens fed the FFHO diet had a 52% increase in monounsaturated n-9 oleic acid content ( $P < 0.0001$ ) and reduced palmitic ( $P < 0.01$ ) and stearic ( $P < 0.0001$ ) saturated fatty acid levels as compared to the conventional controls. These results validate the utilization of FFHO as a value-added poultry feed ingredient to enrich the eggs and/or poultry meat produced.

**Key words:** layer, high-oleic soybean, oilseed, alternative poultry feed ingredient, egg

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## INTRODUCTION

The U.S. poultry and swine industry utilizes approximately 60% of U.S. produced commercial defatted soybean meal annually (United Soybean Board, 2020). Poultry feeding trials have demonstrated the effective use of protease supplemented diets containing full-fat soybean meal prepared from whole normal-oleic soybeans (Park et al. 2017; Erdaw et al. 2017a, 2018; Karimi et al. 2022). However, few studies have examined the use of full-fat high-oleic soybean meal in the diets of poultry. Weld et al. (2018) demonstrated that dairy

cows fed whole high-oleic soybeans had an increase in milk fat secretion compared to whole normal-oleic soybeans. Moreover, layer and broiler feeding trials conducted within the Food Science & Market Quality and Handling Research Unit, Agricultural Research Service, U.S. Department of Agriculture (Raleigh, NC) demonstrated an approximate 2-fold increase in yolk color,  $\beta$ -carotene and oleic fatty acid content in eggs, with a reduction in saturated and trans-fatty acids in eggs (Toomer et al., 2019) and chicken breast (Toomer et al., 2021) produced from birds fed whole high-oleic peanuts.

Traditionally, defatted soybean meal and supplemental dietary vegetable oil are commonly utilized in poultry and livestock feed within the U.S. However, full-fat soybean meal could potentially be utilized in animal food production as a replacement to these feed ingredients.

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Conventional soybean oil has a fatty acid profile of 11 % palmitic acid (16:0), 4 % stearic acid (18:0), 25 % oleic acid (18:1), 52 % linoleic acid (18:2), and 7 % linolenic acid (18:3) (Fehr 2007). These relatively high levels of linoleic and linolenic acid in conventional soybean oil cause low oxidative stability and rapid rancidity (Warner and Fehr, 2008). As a result, industry began the process of hydrogenation, in which hydrogen atoms are added to some of the double bonds of the unsaturated fatty acids (Shurtleff and Aoyagi, 2007) in the oil to reduce the low oxidative stability and rapid rancidity of conventional soybean oil for end use industrial food applications. Nonetheless, the hydrogenation process introduced artificial trans fats in conventional soy oil, which has been shown to increase the risk of obesity and heart disease (Mozaffarian et al. 2009) and in 2018 the US Food and Drug Administration banned partially hydrogenated oils containing artificial trans-fats in food products (US Food and Drug Administration, 2024). As a result, soybean oil with a high-oleic acid and low linolenic acid profile has become more desirable due to improved oxidative stability, increased shelf-life and reduced artificial trans-fats.

High-oleic soybeans are resultant of molecular genetic mutations of microsomal Delta 12 fatty acid desaturase enzymes *FAD2-1A* (Glyma10g42470) and *FAD2-1B* (Glyma20g24530) which are responsible for the step conversion of the precursor oleic acid (18:1) to linoleic (18:2) in the soybean seed lipid biosynthesis pathway (Schlueter et al., 2007; Pham et al., 2010). Hence, these 2 key genes have been the target of soybean breeding programs aimed at altering the oleic acid content in soybeans (Tang et al., 2005; Pham et al., 2010). High-oleic soybeans launched commercially in 2012 and currently grown in 13 states throughout the U.S with more than 800,000 acres of high-oleic soybeans grown in 2022, with varieties such as Plenish from Corteva, Vistive Gold from Bayer and SOYLEIC (United Soybean Board, 2024).

Currently, the U.S. food industry is the top end user of more than 70% of high-oleic soybean oil in food manufacturing. Therefore, we aim to conduct applied research studies to increase the utilization of high-oleic oilseeds beyond edible human foods and to identify new uses within animal food production markets. In this study we aim to determine the value-added utilization of high-oleic soybeans to produce FFHO for use as a feed ingredient to enhance the performance of food production animals and to enrich the nutritional value of the products produced for human consumption. To achieve this, we aimed to determine the effects of feeding full-fat high-oleic soybean meal to layers on performance, egg quality and fatty acid composition in an 8-week feeding trial.

High-oleic soybean oil containing approximately 75% oleic acid, 13% linoleic acid and 4% linolenic acid (U.S. Soy, 2021) has been used in the diets of swine to extend the shelf product life and fry life of pork due to its increased oxidative stability as a dietary fat source compared to conventional normal-oleic soybean oil with 51% linoleic acid and 23% oleic acid (Knowlton, 2022; Gaffield et al. 2022a). Interestingly,

swine feed supplemented with high-oleic soybean oil had increased visual marbling in loin chops and increased red color ( $a^*$ ) in loin chops compared to loin chops from pigs fed a diet containing dried distiller's grains with solubles (Gaffield et al., 2022a). Saturated fatty acid level was greatest in meat produced from pigs fed the DDGS diets as compared to the meat produced from pigs fed diets containing high-oleic soybean oil (Gaffield et al., 2022a).

Studies conducted in layers fed diets containing high-oleic soybean oil (40 g/kg diet) and co-supplemented with flaxseed oil (40 g/kg diet), reported elevated oleic acid levels and reduced omega 3 fatty acid levels in egg yolks as compared to the egg yolks produced by hens fed a flaxseed oil supplemented diet alone (Elkin et al., 2018). These results parallel high-oleic peanut layer feeding trials demonstrating that eggs produced from hens fed a 20% high-oleic peanut diet had reduced omega 3 fatty acid content and elevated oleic acid content as compared to eggs produced from hens fed a conventional layer diet (Toomer et al., 2019). Interestingly, the stearic acid, linoleic acid, and total omega 6 fatty acid levels were similar in eggs produced by layers fed a high-oleic peanut diet (20%) and an oleic acid oil supplemented diet (3%) in an 8-week layer feeding trial. In contrast the palmitic acid, oleic acid, linolenic acid, and omega 3 fatty acids levels were significantly different between these 2 treatment groups (Toomer et al., 2021), suggesting that dietary supplementation with oil extracted from high-oleic oilseeds may have differing effects on egg enrichment as compared to feeding whole high-oleic oilseeds or full-fat high-oleic meals.

While a number of animal feeding trials have investigated the dietary supplementation of oil extracted from high-oleic oilseeds in the diets of production animals (Martínez-Marín et al., 2012; Toomer et al., 2021; Elkin et al., 2018; Gaffield et al., 2022a, 2022b), there are few published poultry or animal feeding trials investigating the effects of full-fat high-oleic soybean meal (FFHO) on performance, meat or egg quality and nutritional content of the meat or eggs produced and intended for human consumption.

## MATERIALS AND METHODS

### *Experimental Design, Animal Husbandry and Dietary Treatments*

All methods and procedures used for animal research in this feeding trial were approved by the North Carolina State University Institutional Animal Care and Use Committee (19-761-07-A) following an accredited internal research animal protocol review set forth by the Association for Assessment and Accreditation of Laboratory Animal Care Institution accreditation program.

### *Soybean Analysis, Processing, Meal Preparation and Experimental Diets*

Near isogenic lines of normal oleic soybean (<25% oleic acid, >7% linolenic –USDA NC-Roy) and high-

oleic soybean (>80% oleic acid, <2% linolenic-USDA N16-1286 BC4 NIL) cultivars were bred and harvested by the U.S. Department of Agriculture, Agriculture Research Service, Soybean and Nitrogen Fixation Research Unit, ARS (SNFRU, Raleigh, NC). Upon harvesting, all foreign material was removed using an Eclipse 324 seed and grain cleaner (Seedburo, Equipment Company, Des Plaines, IL) and all whole soybeans were dried to approximately 10% moisture using ambient temperature and natural air drying.

Soybean sub-samples were analyzed for mycotoxins using standard methodologies (vomitoxin, aflatoxin, fumonisin, ochratoxin, T-2 toxin, zearalenone) and fatty acid composition at a commercial laboratory (ATC Scientific, Little Rock, AR) using AOAC-approved methods. Vomitoxin analysis was conducted using high-performance liquid chromatography (Schweighardt et al., 1980) with DONtest reference column purchased from Vicam (Watertown, MA). AOAC official method 991.31 (2002) was utilized for the determination of aflatoxins B1, B2, G1, and G2 using immunoaffinity column cleanup with liquid chromatography. AOAC official method 2001.04 (2001) was utilized for the determination of fumonisin using high-performance liquid chromatography (HPLC) methods. Ochratoxin, T-2 toxin, and zearalenone levels were determined by modified HPLC-Mass Spectrometry (MS)/MS methods (Zhang et al., 2023) using respective HPLC reference columns purchased from Vicam (Watertown, MA). Levels of mycotoxins in the soybean sub-samples were below the detection thresholds (Vomitoxin <0.10 ppm, Aflatoxin <2.0 ppb, Fumonisin <100.0 ppb, Ochratoxin < 1.0 ppb, T-2 Toxin <25.0 ppb, Zearalenone <100.0 ppb) and the proximate composition and fatty acid analysis were within the expected parameters. The nutrient and energy values of the soybeans were obtained by the NC State University Feed Mill (Raleigh, NC) using near-infrared spectroscopy (Pérez-Marín et al., 2004) and AOAC-approved methods (Crude fat-AOAC 954.02 (2023) acid hydrolysis, fatty acid-AOCS Ce 2-66 / Ce 1e 91 and AOAC 996.06 (2008)) at a commercial laboratory (ATC Scientific, Little Rock, AR). Gross energy was also performed by ATC Scientific using an adiabatic oxygen bomb calorimeter with standard methods. A total of 5 replicates per soybean source were analyzed to obtain near-infrared spectroscopy (NIRS) values, and the average value was used in the diet formulation. Levels of mycotoxins in the soybean sub-samples were below the detection thresholds for each analysis, the proximate composition, and fatty acid analysis were within the parameters expected (Table 1).

Solvent extracted defatted soybean meal for use in the control diets was purchased commercially from Perdue Agribusiness (Cofield, NC). The production of the 3 different soybean meals was done at a local commercial feed mill, Mule City Feeds (Benson, NC). Whole soybeans having a moisture content of  $10 \pm 0.5\%$  were coarsely ground using a hammer mill to break the soybeans roughly into 4 pieces. The broken soybeans were fed through a hopper to a single screw dry extruder

**Table 1.** Proximate composition from normal-oleic and high-oleic raw soybean cultivars.

Parameters	Normal-oleic <sup>1</sup>	High-oleic <sup>1</sup>
Crude protein (%)	36.6	38.15
Crude fat (%)	17.94	16.38
Gross energy(kcal/kg)	5238	5236
Palmitic acid (%)	10.5	6.92
Stearic acid (%)	2.89	0.58
Oleic acid (%)	19.5	81.53
Linoleic acid (%)	51.56	4.76

<sup>1</sup>High-oleic: high-oleic and low linoleic soybean cultivar N16-1286 BC4 NIL; Normal oleic=NC-Roy variety normal oleic and normal linolenic. A total of 5 replicates per soybean source was analyzed to obtain all values. Near-infrared spectroscopy (NIRS) was utilized to determine crude protein, and standard AOAC methods at a commercial laboratory (ATC Scientific (Little Rock, AR, USA) were used to determine crude fat, gross energy, and fatty acids. The average values were used in the diet formulation. Crude Protein content = g crude fat/g total sample weight \* 100; Crude Fat content = g crude protein/g total sample weight \* 100. Fatty acid content (palmitic acid, stearic acid, oleic acid, linoleic acid) = g of fatty acid/g total lipid content \* 100.

(InstaPro 2000 R, Grimes, IA). The soybeans exited the extruder through a die which had a temperature of 155° C to produce the full-fat normal oleic, full-fat high-oleic soybean meal. Further, a portion of the full-fat normal oleic soybean meal was diverted to a mechanical expeller using an inclined cleated conveyor belt to extract the oil to produce extruded-expelled normal oleic soybean. Sub-samples of each of the 4 soybean meals (Control-solvent extracted defatted soybean meal, EENO-extruder expelled soybean meal, FFNO-full-fat normal-oleic soybean meal, FFHO-full-fat high-oleic soybean meal) were analyzed using 3 replicates for particle size (PS) using the ANSI/ASAE S319.4 “Method of determining and expressing fineness of feed materials by sieving” standard using 13 sieves and an electric sieve shaker (ANSI). The lowest particle size was 950  $\mu$ m for SENO, therefore the particle size of all other experimental SBMs produced were reduced to approximately the same PS, using a 2-pair roller mill (Model C128889, RMS, Sea, SD) at 2 different roller settings. A roller mill was used instead of the commonly used hammer milling to prevent clogging of the sieves of the hammer mill due to its inherent oil content. The 50:50 setting was used for FFNO and FFHO; while the particle size reduction of EENO was achieved by setting 50:25. Both settings had a roller pair spacing that ranged from 0.03 inch (0.76 mm) at setting 0 to 0.09 inch (228.6 mm) at setting 50. After grinding, the soybean meal sub-samples were analyzed for chemical composition (protein, lipid, anti-nutritional factors, amino acid, and fatty acid content) and is shown in Table 2.

Subsequently, 4 experimental diets (control diet with solvent extracted defatted soybean meal, extruded-expelled soybean meal diet, full-fat normal oleic soybean meal diet, full-fat high-oleic soybean meal) were formulated to be isocaloric (2927 kcal/kg) and isonitrogenous (18.5% crude protein) using Concept 5 (level 2, version 10.0) software to meet and/or exceed the nutrient requirements for layers (Table 3). Three hundred and thirty-six (6 replicates per treatment, 14 birds per

**Table 2.** Chemical composition of experimental soybean meals postproduction.

Parameters	Type of soybean meal			
	SE-SBM	EENO	FFNO	FFHO
<sup>1</sup> Crude protein (%)	45.7	43.8	39.6	39.9
<sup>1</sup> Crude fat (%)	4.75	7.12	17.3	15.5
<sup>1</sup> Crude fiber (%)	5.50	7.20	6.90	7.90
<sup>1</sup> Crude ash (%)	6.16	6.02	5.39	5.10
<sup>1</sup> Moisture content (%)	10.0	5.58	5.43	7.83
UAI ( $\Delta$ pH)	0.07	0.06	0.29	0.27
Trypsin inhibitor (mg/g)	2.40	7.64	7.99	6.92
Gross energy (kcal/kg)	4105	4598	4863	4890
Palmitic acid (%)	14.1	11.3	11.1	7.74
Stearic acid (%)	3.67	3.68	3.55	3.11
Oleic acid (%)	14.3	19.7	18.0	71.7
Linoleic acid (%)	55.9	53.2	55.2	11.0

SE-SBM: solvent extracted defatted soybean meal commercially purchased from Perdue Agribusiness (Cofield, NC).

EENO: extruder expelled normal oleic soybean meal.

FFNO: full-fat normal-oleic soybean meal.

FFHO: full-fat high-oleic soybean meal.

Solvent extracted defatted soybean meal was purchased commercially from Perdue Agribusiness (Cofield, NC, USA). Soybean meals (EENO, FFNO and FFHO) were manufactured at Mule City Feeds (Benson, NC, USA). The proximate composition and fatty acid analysis of the various meals was analyzed by a commercial lab (ATC Scientific, Little Rock, AR, USA) using standard AOAC-approved methods. UAI: Urease Activity Index-measured as the change in pH.

Fatty acid content (palmitic acid, stearic acid, oleic acid, linoleic acid) = g of fatty acid/g total lipid content \* 100.

<sup>1</sup>Parameters measured as g/g total sample weight \* 100

replicate) White Shaver hens at 36 wk of lay were randomly assigned to one of 4 experimental diets 1) control (solvent extracted defatted soybean meal/corn diet), 2) extruded-expelled normal-oleic defatted soybean meal/

**Table 3.** Composition of formulated experimental laying hen diets.<sup>1,\*</sup>

Feed ingredient, %	Control	EENO	FFNO	FFHO
Yellow corn	57.9	58.1	57.9	58.4
Soybean meal	20.6	21.4	24.6	23.9
Calcium carbonate	9.69	9.72	9.69	9.69
Dicalcium phosphate	1.64	1.62	1.59	1.59
Corn gluten meal	3.75	3.75	3.22	3.46
Sodium bicarbonate	0.15	0.15	0.20	0.20
Sodium chloride	0.25	0.25	0.23	0.25
DL-methionine	0.10	0.12	0.12	0.12
Pro Fam 974 (soy protein)	2.00	2.00	1.97	2.00
Soybean oil	3.51	2.48	0.00	0.00
Santoquin <sup>2</sup>	0.05	0.05	0.05	0.05
Choline chloride	0.07	0.06	0.06	0.07
Trace mineral premix <sup>3</sup>	0.20	0.20	0.20	0.20
Vitamin premix <sup>4</sup>	0.05	0.05	0.05	0.05
Selenium premix <sup>5</sup>	0.05	0.05	0.05	0.05
Metabolizable energy (kcal/kg)	2927	2927	2927	2927

<sup>1</sup>Four experimental isonitrogenous (18.5% crude protein) diets were formulated: Control=conventional diet containing solvent extracted defatted soybean meal and corn; EENO=diet containing extruded-expelled defatted normal-oleic soybean meal and corn; FFNO = diet containing full fat normal-oleic soybean meal and corn; FFHO = diet containing full fat high-oleic soybean meal and corn

<sup>2</sup>Santoquin<sup>®</sup> = Feed antioxidant and preservative to prevent fat oxidation in stored feed (Novus International, St. Charles, MO).

<sup>3</sup>Mineral premix provides per kg of diet: manganese, 120 mg; zinc, 120 mg; iron, 80 mg; copper, 10 mg; iodine, 2.5 mg; and cobalt 500ppm.

<sup>4</sup>Vitamin premix provides per kg of diet: 13,200 IU vitamin A, 4000 IU vitamin D3, 33 IU vitamin E, 0.02 mg vitamin B<sub>12</sub>, 0.13 mg biotin, 2 mg menadione (K3), 2 mg thiamine, 6.6 mg riboflavin, 11 mg d-pantothenic acid, 4 mg vitamin B<sub>6</sub>, 55 mg niacin, and 1.1 mg folic acid.

<sup>5</sup>Selenium premix=1 mg Selenium premix provides 0.2 mg Se (as Na<sub>2</sub>SeO<sub>3</sub>) per kg of diet. ME = metabolizable energy (kcal/kg).

corn diet (EENO), 3) full-fat normal-oleic soybean meal/corn diet (FFNO), 4) full-fat high-oleic soybean meal/corn diet (FFHO). Hens were housed individually in cages 12 inches wide × 18 inches deep × 23.5 inches tall with 14:10 L:D and provided water and feed ad libitum for 8 wk in House 8 at the Chicken Education Unit, NC State University (Raleigh, NC). Body weights were individually recorded for each hen at wk 0 and 8, with feed weights recorded bi-weekly. Shell eggs were collected daily, labeled, and stored at 4°C in a walk-in cooler. At the end of each week the total number of collected eggs was counted for each replicate and treatment. Feed intake was calculated as the 8-week daily average feed consumed per bird (56 d). Feed Conversion Ratio (FCR) was calculated as the average 8-wk feed consumed (grams)/8-wk average egg weight (grams) for each treatment. At wk 0 and wk 8, 6 pooled egg samples were collected from each treatment (24 pooled egg samples total at each time point) with each pool consisting of 12 homogenously combined whole eggs (2 eggs from each replicate). Crude fat (AOAC 954.02 acid hydrolysis), total cholesterol (AOAC 976.26, 2023), and fatty acid (AOCS Ce 2-66 / Ce 1e 91 (AOAC 996.06, 2008) analysis were conducted by ATC Scientific (Little Rock, AR) using AOAC-approved methods.

## Egg Quality

Egg quality was assessed at wk 0, 2, 4, and 6 using a 120 sub-sample of eggs randomly selected from each treatment (6 eggs/replicate) in the Egg Quality Lab, Prestage Department Poultry Science, NC State University (Raleigh, NC, USA). Egg quality parameters measured included shell strength, vitelline membrane elasticity (VME), egg weight, albumen height, Haugh unit (HU), yolk color, shell color, and shell thickness. Eggshell strength was determined using the TA-HDplus texture analyzer (Stable Micro Systems, Surrey, UK) with a 250 kg load cell measuring in grams of force. The TA-HDplus has a trigger force of 0.02 kg and a testing speed of 1 mm/s. Vitelline membrane elasticity (VME) was measured using methods described in the manufacturers' instructions for the TA.XTplus Texture Analyzer (Stable Micro Systems, Surrey, UK) and modified methods described by (Anderson et al., 2011) with a 1mm blunt probe and 500-gram load cell. The trigger force was 0.0001 kg with a 3.2 mm/s testing speed. HU was calculated using the following calculation:  $HU = 100 * \log(h - 1.7w + 7.6)$ , with h = egg albumen height (mm) and w=weight of egg (g). Values range from 0 to 130, and HU scores below 60 indicate un-fresh eggs (Nematina et al. 2018). Yolk color was also determined using the TSS QCD System yolk color scan. The yolk color scan was calibrated using the DSM Yolk Color Fan that determines color density from lightest to darkest with a scale of 1 to 15 (Vuilleumier, 1969). Shell color was determined using refractometry of black, blue, and red wavelengths combined to score 83.3% (white) to 0% (black).

## Statistical Analysis

Linear mixed-effects models were fit to the data to assess the effect of diet treatment on each response variable. Experimental diet treatment was included in the model as a fixed effect. For response variables that were measured on each individual at week 8 only or summed across the entire measurement period (body weight, absolute liver weight, liver weight relative to body weight, and total number of eggs produced), we included a random intercept for each row and for each replicate nested within the row. For response variables that were measured for each replicate at week 8 only or summed across the entire measurement period (total feed intake, feed conversion ratio, and all individual and total fatty acid concentrations), we included only a random intercept for each row. Variables on a ratio scale (relative liver weight and feed conversion ratio) were logarithmically transformed before model fitting. Individual fatty acid concentrations were transformed with an  $\ln(x + 0.01)$  transformation. Logarithmic transformations were done because multiplicative changes in ratios or concentrations are more biologically meaningful than additive changes. Egg quality variables that were measured bi-weekly (shell strength, elasticity, vitelline membrane elasticity, shell color, egg weight, albumen height, and Haugh units) were also analyzed with linear mixed-effects models with the fixed effect of treatment and random intercepts for row and replicate nested within row. Roche yolk color score, which is an ordered categorical variable ranging from 1 to 8, was analyzed with a cumulative link mixed model with treatment as a fixed effect and random intercepts for row and replicate nested within row.

In all cases, we conducted an analysis of variance (ANOVA) using Type III sum of squares and Satterthwaite's method to estimate denominator degrees of freedom for the F distribution. For the Roche yolk color model, we conducted a chi-squared likelihood ratio test comparing the model that includes treatment as a fixed effect with a null model including only the random effects of row and replicate. For all response variables, we estimated marginal means for each diet treatment and did pairwise t-tests comparing each pair of treatments, using the Kenward-Roger approximation of the degrees of freedom. The Sidak adjustment was used to correct the *p*-values and 95% confidence intervals to account for multiple comparisons (4 treatments resulting in 6 pairwise comparisons). For the case of Roche yolk color, we estimated the marginal means of each treatment by taking an average per treatment of the scores on the color scale weighted by the marginal mean probability of each score, then compared the means between treatments with z-tests and adjusted for multiple comparisons with the Tukey adjustment. Principal component analysis was done on the scaled fatty acid concentration variables to determine whether the bulk of the variation in overall fatty acid profile between the 4 diet groups could be explained with fewer dimensions. A 95% confidence ellipse around the centroid of each

treatment was calculated for plotting purposes. Analyses were conducted using R software version 4.1.2 (R Core Team, 2021), including the lme4 (Bates et al., 2015), lmerTest (Kuznetsova et al., 2017), emmeans (Lenth, 2022), multcomp (Hothorn et al., 2008), and ordinal (Christensen, 2019) packages.

## RESULTS AND DISCUSSION

Crude protein (normal-oleic-37%, high-oleic-38%), crude fat (normal-oleic-18%, high-oleic-16%), and gross energy (normal-oleic-5238 kcal/kg, high-oleic-5236 kcal/kg) levels were similar between the normal-oleic and high-oleic whole unprocessed soybeans used in preparation of the various soybean meals (Table 1). However, levels of palmitic acid (normal-oleic-11%, high-oleic-6.9%), stearic acid (normal-oleic-2.9%, high-oleic-0.58%), oleic acid (normal-oleic-20%, high-oleic-82%) and linoleic acid (normal-oleic-52%, high-oleic-4.8%) were dissimilar between the 2 soybean cultivars used. Hence, while normal-oleic and high-oleic soybeans have similar levels of crude fat, the fatty acid composition is modified between the 2 cultivars.

In parallel, FFHO soybean meal prepared from high-oleic soybeans had lower levels of palmitic acid, and linoleic acid with higher levels of oleic acid relative to the EENO and FFNO soybean meals prepared from the normal-oleic soybeans (Table 2). Crude protein, crude fiber, crude ash, and gross energy levels were relatively similar between the 4 types of soybean meals. All 4 soybean meal varieties had low urease activity (0.3 or below) and within conventional quality control standards (University of Georgia-Athens Extension, 2023). Trypsin inhibitor levels were highest in the EENO, FFNO, and FFHO soybean meals (range 7.0 to 8.0%) relative to the control soybean meal (solvent extracted defatted soybean meal) and were above the recommended level of 4mg/g (Erdaw et al., 2017b).

All experimental diets were formulated to be isonitrogenous (18.5% crude protein) and isocaloric (metabolizable energy of 2927 kcal/kg). All 4 experimental diets contained yellow corn (58% inclusion), soybean meal source (21–25% inclusion), 60% crude protein corn gluten meal (3.22–3.75% inclusion) and soy protein (2.0%). Supplemental soybean oil was included in the control (3.5% inclusion) and EENO (2.48% inclusion) experimental diets to balance energy (Table 3). Chemical analysis revealed that the 4 experimental diets ranged in crude fat content between 5% and 6%, crude protein content between 17% and 19%, with each experimental diet providing approximately 4,000 kcal/kg gross energy (Table 4). In parallel to the nutrient analysis of the FFHO soybean meal (Table 2), the FFHO experimental diet had higher levels of oleic acid (Table 4) relative to the other treatment groups.

There were no significant differences in the production parameters measured, average body weights (at wk 8), feed intake, feed conversion ratio (FCR), or egg production between the treatment groups (Table 5,  $P \geq 0.05$ ).

**Table 4.** Chemical analysis and absolute fatty acid content of experimental layer diets.<sup>1</sup>

Analyzed values	Control	EENO	FFNO	FFHO
Crude fat <sup>2</sup> , %	5.28	5.76	4.63	6.09
Crude protein <sup>2</sup> , %	19.1	18.2	17.2	17.3
Gross energy, kcal/kg	3966	3976	4079	4007
AMEn, kcal/kg	2578	2518	2524	2622
*Palmitic (C16:0), g/100g	0.59	0.63	0.52	0.47
*Stearic (C18:0), g/100g	0.19	0.21	0.16	0.18
*Saturated fat, g/100g	0.84	0.91	0.73	0.73
*Omega 3 fatty acids, g/100g	0.39	0.44	0.36	0.16
*Omega 6 fatty acids, g/100g	2.91	3.16	2.56	0.70
*Omega 9 fatty acids, g/100g	1.11	1.22	0.96	4.46
*Trans fats, g/100g	0.001	0.001	0.002	0.001
*Oleic acid, C 18:1, g/100g	1.08	1.19	0.94	4.44
*Linoleic (C18:2), g/100g	2.89	3.16	2.55	0.69

<sup>1</sup>All data represent the mean of the chemical analysis of 3 individual samples from the finished feed of the 4 experimental diets. Four dietary treatments were chemically analyzed by an AOAC-certified lab, (ATC Scientific, Little Rock, AR, USA) using standard AOAC-approved methods. Dietary treatments: Control=conventional diet containing solvent extracted defatted soybean meal and corn; EENO=diet containing extruded-expelled defatted normal-oleic soybean meal and corn; FFNO=diet containing full fat normal-oleic soybean meal and corn; FFHO=diet containing full fat high-oleic soybean meal and corn.

<sup>2</sup>Crude Fat content = g crude fat/g total sample weight \* 100; Crude Protein content = g crude protein/g total sample weight \* 100

\* Absolute fatty acid content (g/100g diet) = (g of fatty acid/g total lipid content) \* % crude fat.

Moreover, there were no significant treatment differences in the relative liver weights at termination ( $P \geq 0.05$ ). These results parallel other layer feeding trials demonstrating that feeding full-fat soybean meal in layer diets does not adversely affect hen body weights, feed conversion ratio or egg production (Maharjan et al. 2023). Similarly, Elkin et al. (2018) demonstrated that supplementing the diets of layers with high-oleic soybean oil did not adversely impact production performance parameters (egg production, egg weights, feed efficiency). Also, feeding high-oleic peanuts to layers did not adversely affect hen's 8-wk body weights (Toomer et al. 2021), 8-wk feed conversion ratio (Redhead et al. 2021; Toomer et al. 2021) or hen egg production (Redhead et al. 2021).

The 8-wk average of each egg quality parameter (egg weight, vitelline membrane elasticity, shell color, shell

strength, albumen height, Haugh Unit, yolk color) measured at wk 2, 4, 6, and 8, is represented in Table 6. There were no significant ( $P > 0.05$ ) treatment differences in the following egg quality parameters: shell color, vitelline membrane elasticity, albumen height and Haugh Unit. Haugh Unit is the most widely used measurement of egg white quality (Stadelman, 1995), with higher Haugh Unit values indicating fresher higher quality eggs. This suggests that all eggs produced in this study had similar freshness and egg white quality. Vitelline membrane mechanical properties are an important measure for egg freshness with vitelline membrane elasticity as an important measured parameter during egg breaking operations for intact separation of the egg white from the yolk (Alig et al. 2023). Also, there were no significant treatment differences in the egg vitelline membrane elasticity (Control 0.280 mm, EENO 0.270 mm, FFNO 0.283 mm, FFHO 0.275 mm,  $P = 0.75$ ). There was significant variation in egg weights between the treatment groups ( $P < 0.05$ ), with the average egg mass of the conventional controls larger compared to the egg mass of the FFNO treatment group. Average egg masses were similar between the conventional controls, EENO, and FFHO treatment groups.

Hens fed the EENO produced eggs with significantly greater shell strength compared to conventional control eggs ( $P < 0.01$ ). Eggshell strength is an important egg quality parameter for layer production and serves to prevent the entry of bacteria and to prevent eggshell breakage, which enhances durability during transport and storage. Thus, many commercial egg producers aim to develop feeding regimens that support increased eggshell strength to prevent economic losses. Hence, a number of studies have been conducted to determine dietary strategies to enhance eggshell strength (Kim et al. 2013a,b; 2022). Several studies have reported that dietary supplementation of magnesium enhances eggshell strength (Seo et al. 2010; Kim et al. 2022). More recently, a study by Heo et al. (2023) demonstrated that reductions in dietary crude protein levels did not affect eggshell qualities including eggshell thickness, and eggshell strength of the eggs produced. In this study the EENO and

**Table 5.** Comparative body weights of hens fed a full-fat high-oleic soybean meal diet.<sup>1</sup>

Treatments	BW <sup>2</sup> (kg)	Relative Liver Weight <sup>3</sup>	Feed intake <sup>4</sup> (gm)	FCR <sup>5</sup> (gm feed/gm egg mass)	Ave hen house egg production <sup>6</sup> (%)
<b>Control</b>	1.64	0.02	117	1.90	99.8
<b>EENO</b>	1.62	0.02	111	1.82	98.3
<b>FFNO</b>	1.62	0.02	115	1.96	98.5
<b>FFHO</b>	1.61	0.02	111	1.84	98.4
SEM	0.02	0.001	2.74	0.05	0.8
<i>P</i> -value	0.76	0.10	0.15	0.06	0.56

<sup>1</sup>Three hundred and thirty-six hens were fed 4 diets (18.5% crude protein, 2927kcal/kg), 6 replicates/treatment for 8 weeks. Diets: Trmt1-Control=conventional diet containing solvent extracted defatted soybean meal and corn; Trmt2-EENO=diet containing extruded-expelled defatted normal-oleic soybean meal and corn; Trmt3-FFNO = diet containing full fat normal-oleic soybean meal and corn; Trmt4-FFHO = diet containing full fat high-oleic soybean meal and corn.

<sup>2</sup>Eight-week average body weights.

<sup>3</sup>Relative Liver Weight Ratio= weight of fresh liver (g)/final layer carcass body weight (g).

<sup>4</sup>Average daily 8-week feed consumed per bird (56 d).

<sup>5</sup>Feed Conversion Ratio (FCR)= average 8-week feed consumed (grams)/average 8 average egg weight (grams).

<sup>6</sup>Eight-week average House Egg Production= total number of eggs produced per bird over number of days fed each dietary treatment. \**P*-value= statistically significant treatment effect ( $P < 0.05$ ) from analysis of variance.<sup>a,b,c</sup>Means within the same column lacking a common superscript differ significantly ( $P < 0.05$ ) after adjusting for multiple comparisons.

**Table 6.** Comparative egg quality of eggs produced by hens fed a full fat high-oleic soybean meal diet.<sup>1</sup>

Treatments	Egg Wt <sup>3</sup> (g)	Haugh Unit (HU)	Albumen Ht (mm)	Shell Color <sup>2</sup> (%)	Vitelline membrane elasticity (mm)	Shell strength (g force)	Yolk color
<b>Control</b>	61.8 <sup>a</sup>	90.5	8.40	80.9	0.28	4603 <sup>a</sup>	5.03 <sup>b</sup>
<b>EENO</b>	61.1 <sup>ab</sup>	90.7	8.41	80.3	0.27	4888 <sup>b</sup>	5.26 <sup>b</sup>
<b>FFNO</b>	59.7 <sup>b</sup>	90.9	8.35	80.8	0.28	4660 <sup>ab</sup>	4.73 <sup>a</sup>
<b>FFHO</b>	59.9 <sup>ab</sup>	91.1	8.42	80.7	0.28	4762a <sup>ab</sup>	4.50 <sup>a</sup>
SEM	0.56	0.65	0.11	0.36	0.01	62	0.06
<i>P</i> -value	0.04	0.92	0.97	0.73	0.75	0.01	< 0.0001

<sup>1</sup>All data represent the 8-week average of each (2, 4, 6 and 8 week) egg quality parameter. Egg quality analysis was conducted at weeks 0, 2, 4, 6 and 8 using a 120 sub-sample of eggs randomly selected from each treatment (6 eggs/replicate) using Technical Services and Supplies QCD system, with calibration with the DSM Color Fan for yolk color. Egg wt=egg weight, HU=Haugh Unit, Albumen Ht.=albumen height, yolk color=index 1–15 (lightest to darkest color intensity). Three hundred and thirty-six hens were fed 4 diets (18.5% crude protein, 2,927 kcal/kg), 6 rep/trmt for 8 wk. Diets: Trmt1-Control=conventional diet containing solvent extracted defatted soybean meal and corn; Trmt2-EENO=diet containing extruded-expelled defatted normal-oleic soybean meal and corn; Trmt3-FFNO = diet containing full fat normal-oleic soybean meal and corn; Trmt4-FFHO = diet containing full fat high-oleic soybean meal and corn.

<sup>2</sup>Shell color is based on the reflectance of the shell surface; White shell = 83.3% reflectance; Black = 0% reflectance.

<sup>3</sup>Egg weight *p*-value from the F-test was  $P < 0.05$ , however, *t*-test means separation did not indicate any 2 of the means were significantly different from each other. \**P*-value= statistically significant treatment effect ( $P < 0.05$ ) from analysis of variance.

<sup>a,b</sup>Means within the same column lacking a common superscript differ significantly ( $P < 0.05$ ) after adjusting for multiple comparisons.

control diets had similar nutrient composition (19% crude protein control diet, 18% crude protein EENO) with similar dietary levels of all feed ingredients, especially in the calcium carbonate, dicalcium phosphate, trace mineral, vitamin, and selenium premixes, with the slight exception of the quantities of soybean oil included in the 2 diets (Table 3). Therefore, additional layer feeding trials are warranted to better assess the dietary effects of full-fat soybean meal on shell egg quality and to explain the mechanisms of action.

Egg yolk color was significantly different between the treatment groups ( $P < 0.0001$ ), with darker yolk color in the conventional control and EENO-fed treatment groups and a lighter color in the FFNO and FFHO treatment groups. These results parallel results published by Maharjan et al. (2023) demonstrating that eggs produced by layers fed a full-fat normal-oleic or high-oleic soybean meal diet had lower yolk color scores relative to layers fed diets containing defatted soybean meal. Egg yolk color is one of the most important egg quality parameters that affect consumer perception and choices, which is typically associated with geographical location and culture, with most consumers around the world preferring deeply hued yolks (Beardswort and Hernandez, 2004; Czarnowska-Kujawska et al. 2021). Egg yolk color is strongly determined by the levels of carotenoids present in the diet, which transfer from the diet to the eggs especially when the feeds contain high levels of dietary fat and is also dependent upon the health status of the bird and layer production management practices (Maguregui, 2020). It has been demonstrated that plant-derived compounds in layer diets readily transfer to the yolk of the eggs produced (Olson et al. 2008). Additionally, egg yolk color has been shown to be enhanced with dietary lipids and/or the lipid profile found within the feed (Suksombat et al. 2006). The pigmented carotenoids in yellow corn and corn gluten meal are often contributors to egg yolk color. However, in this layer feeding trial, there was a very small difference (<1%) in the inclusion of yellow corn between the treatment groups (57.87% yellow corn Control diet, 58.06%

yellow corn EENO diet, 57.93% yellow corn FFNO and 58.35% yellow corn FFHO), and mostly likely too small of a dietary difference in between the treatment groups to attribute to yolk color variation. Also, there were very small difference (<1%) in the inclusion of corn gluten meal between the treatment groups (3.75% corn gluten meal Control diet, 3.75% corn gluten meal EENO diet, 3.22% corn gluten meal FFNO diet, and 3.46% corn gluten meal FFHO diet) and most likely too small of a dietary difference in this feed ingredient between the treatment groups to attribute to yolk color variations. Hence, we conjecture that yolk color may have been enhanced in the control and EENO diets containing 3.51% and 2.48% soybean oil, respectively as compared to the FFNO and FFHO diets containing no inclusion of soybean oil in the diets. The dietary inclusion of soybean oil in the control and EENO diets may have facilitated improved nutrient absorption and uptake of the carotenoid pigments found in the diet and transfer to the yolk of the eggs produced. Also, studies by Heo et al. (2023) demonstrated that decreasing dietary crude protein levels in layer diets reduces yolk color in the eggs produced. Therefore, this may be a plausible cause of reduced egg yolk color in the FFNO and FFHO (control-19% crude protein, EENO-18% crude protein, FFNO-17% crude protein, FFHO-17% crude protein) treatment groups.

At week 8, egg samples were analyzed to determine the crude fat, total cholesterol, and fatty acid composition. Fatty acids values >0.01 were reported in Table 7. The following fatty acids had values <0.01: myristoleic acid (14:1), pentadecyclic acid (15:0) and pentadecenoic acid (15:1). Crude fat was measured by acid hydrolysis and reported as gram individual fatty acid/gram crude fat \*100 (Table 7). There were no significant differences in crude fat or total cholesterol content between egg samples of the 4 treatment groups ( $P > 0.05$ ). Individual fatty acids were reported in Table 7 as Absolute fatty acid content (g/100g diet) = (g of fatty acid/g total lipid content) \* % crude fat. There were no significant differences in the saturated fatty acid (SFA) content of eggs

**Table 7.** Comparative fatty acid profile and total cholesterol of eggs produced by hens fed full fat high-oleic soybean meal diet.<sup>1</sup>

Classification	Fatty acid** (Carbon:# double bonds)	Dietary treatments <sup>1</sup>				SEM	P-value
		Control	EENO	FFNO	FFHO		
*Crude Fat		7.69	6.72	7.00	7.22	0.65	0.71
**SFA	myristic acid (C14:0)	0.027	0.025	0.023	0.022	0.003	0.51
	palmitic acid (C16:0)	1.88	1.64	1.69	1.69	0.24	0.76
	margaric acid (C17:0)	0.020	0.017	0.020	0.015	0.004	0.48
	stearic acid (C18:0)	0.742	0.695	0.740	0.547	0.10	0.19
	arachidic acid (C20:0)	0.001	0.003	0.003	0.002	0.002	0.86
	heneicosanic acid (C21:0)	0.015	0.017	0.022	0.010	0.004	0.10
	lignoceric acid (C24:0)	0.023	0.020	0.015	0.017	0.009	0.77
**MUFA	palmitoleic acid (C16:1)	0.033	0.019	0.019	0.030	0.019	0.10
	margaroleic acid (C17:1)	0.015	0.015	0.017	0.012	0.004	0.70
	oleic acid (C18:1)	2.64 <sup>b</sup>	2.29 <sup>b</sup>	2.21 <sup>b</sup>	3.74 <sup>a</sup>	0.78	0.0008
	n9 t elaidic acid (C18:1)	0.007	0.007	0.003	0.007	0.003	0.61
	gondoic acid (C20:1)	0.022 <sup>ab</sup>	0.018 <sup>b</sup>	0.017 <sup>b</sup>	0.028 <sup>a</sup>	0.003	0.007
**PUFA	linoleic acid (C18:2)	1.73 <sup>a</sup>	1.49 <sup>a</sup>	1.74 <sup>a</sup>	0.71 <sup>b</sup>	0.56	< 0.0001
	$\alpha$ -linolenic acid (C18:3)	0.09 <sup>a</sup>	0.08 <sup>a</sup>	0.10 <sup>a</sup>	0.03 <sup>b</sup>	0.01	< 0.0001
	$\gamma$ -linolenic acid (C18:3)	0.02	0.01	0.01	0.01	0.003	0.25
	eicosadienoic acid (C20:2)	0.03 <sup>a</sup>	0.02 <sup>ab</sup>	0.03 <sup>a</sup>	0.01 <sup>b</sup>	0.006	0.04
	arachidonic acid (C20:4) <sup>2</sup>	0.15	0.13	0.14	0.14	0.02	0.71
	docosahexaenoic acid(C22:6)	0.08	0.08	0.09	0.07	0.01	0.26
Total Cholesterol <sup>3</sup>	(mg/100 g)	350 <sup>a</sup>	297 <sup>a</sup>	323 <sup>a</sup>	306 <sup>a</sup>	28.7	0.44

<sup>1</sup>Three hundred and thirty-six hens were fed 4 diets (18.5% crude protein, 2927 kcal/kg), 6 replicates/treatment for 8 weeks. Diets: Trmt1-Control=conventional diet containing solvent extracted defatted soybean meal and corn; Trmt2-EENO=diet containing extruded-expelled defatted normal-oleic soybean meal and corn; Trmt3-FFNO=diet containing full fat normal-oleic soybean meal and corn; Trmt4-FFHO=diet containing full fat high-oleic soybean meal and corn. Each value represents the average of pooled egg samples (n=6). Each pool contained 12 homogenously combined whole eggs (2 eggs from each replicate) collected at week 8. Each fatty acid level is represented as a percentage of the total lipids (total lipids=total cholesterol + crude fat + fatty acids). analysis conducted by a commercial lab, ATC Scientific (Little Rock, AR), using AOAC-approved methods.

<sup>2</sup>Arachidonic acid P-value from the F-test was  $P < 0.05$ , however, t-test means separation did not indicate any 2 of the means were significantly different from each other.

<sup>3</sup>Total cholesterol is presented as mg/100g of whole egg minus the shell as per USDA FoodData Central

<sup>a,b</sup>Means within the same column lacking a common superscript differ significantly ( $P < 0.05$ ) after adjusting for multiple comparisons.

\*Crude fat was measured by acid hydrolysis and reported as gram crude fat /total gram of the sample \*100.

\*\*Fatty acid content presented as Absolute fatty acid content (g/100g diet) = (g of fatty acid/g total lipid content) \* % crude fat; SFA-saturated fatty acid, MUFA-monounsaturated fatty acid, PUFA-polyunsaturated fatty acid.

produced by hens fed the 4 dietary treatment groups at 8 weeks ( $P > 0.05$ ). While the absolute stearic acid content was lowest in eggs produced from hens fed the FFHO dietary treatment (0.547), there was no significant statistical ( $P > 0.05$ ) the absolute stearic acid levels between the 4 dietary treatments (Control=0.742, EENO=0.695, FFNO=0.740). Moreover, there were no significant differences in the absolute content of palmitoleic acid, margaroleic acid and n9 t elaidic acid monounsaturated fatty acid content between the 4 dietary treatments ( $P > 0.05$ ). Previous layer feeding trials have demonstrated that eggs produced by hens fed a diet containing 20% whole unprocessed high-oleic peanuts had significantly lower levels of palmitoleic acid ( $P < 0.001$ ) as compared to eggs produced by hens fed a control conventional layer diet (Toomer et al. 2019). Elkin et al. (2018) demonstrated a dose dependent reduction in palmitoleic acid levels with decreasing dietary supplementation of HOSO (0, 10, 20, 40 g HOSO/kg diet).

Palmitoleic acid is produced in the liver through the conversion of palmitic acid (16:0) via desaturation by the enzyme stearoyl-CoA desaturase *in vivo* (Carta et al. 2017). Palmitoleic acid is an n-7 monounsaturated fatty acid found in plants (Yang and Kallio, 2001) and marine sources (Ozogul et al. 2008), such as macadamia and codfish liver oil. Epidemiology studies have reported that dietary intake of palmitoleic acid has been associated with reduced risk of type 2 diabetes in humans

(Guillocheau et al. 2020), with benefits for insulin sensitivity, cholesterol metabolism, and glucose hemostasis (Morgan and Dhayal, 2010).

The absolute oleic acid (18:1) content was significantly higher in eggs produced by hens fed the FFHO dietary treatment as compared to eggs produced by hens fed the other dietary treatments ( $P < 0.001$ ). Absolute oleic acid levels were similar in eggs produced by hens fed the control, EENO and FFNO dietary treatments. Similarly, chemical analysis of the experimental diets (Table 4) demonstrated that the oleic acid content was highest in FFHO dietary treatment as compared to the other 3 experimental diets. Likewise, other studies have demonstrated that dietary supplementation of layer diets with high-oleic oilseeds (Toomer et al. 2019, 2021, Elkin et al. 2018) or the oil extracted from high-oleic oilseeds enriches the eggs produced with oleic acid. Oleic acid (cis-18:1 n-9) is a nonessential monounsaturated n-9 fatty acid that is found in various animal and vegetable dietary sources. Fatty acid analysis of various olive oils has reported a fatty acid profile of 64 to 75% oleic acid, 7 to 15% linoleic acid, < 1.0% linolenic acid, < 2.0% palmitoleic acid, 11 to 16% palmitic acid, and < 3.0% stearic acid (Di Serio et al. 2016; Revelou et al. 2021). Hence, the high levels of oleic acid in olive oil have been attributed to multiple health benefits associated with the dietary consumption of olive oil. Increased dietary intake of oleic acid has been shown to reduce



low-density lipoprotein serum cholesterol levels in humans (Kwon and Choi, 2015; Nogoy et al. 2020) and to increase beneficial high-density lipoprotein serum cholesterol levels (Gilmore et al. 2011; Nogoy et al. 2020).

Gondoic acid (20:1) levels were significantly higher in eggs produced by hens fed the FFHO dietary treatment as compared to eggs produced by hens fed the EENO and FFNO diets ( $P < 0.01$ ), with similar levels to eggs produced by hens fed the control diet. Gondoic acid is an n-9 monounsaturated long-chain fatty acid generated as an elongation product of oleic acid. Gondoic acid is found in various botanical oils, such as camelina seed oil. While a few studies have examined the use of gondoic acid in transdermal application (Morimoto et al. 1996), there is a paucity of published data reporting the health benefits or risks associated with dietary consumption of gondoic acid.

Absolute linoleic acid (18:2) levels were highest in eggs produced by hens fed the control, EENO and FFNO diets as compared to the levels in eggs produced by hens fed FFHO dietary treatments ( $P < 0.0001$ ), which parallels the absolute linoleic acid levels found in the 4 experimental diets, with the lowest total n-6 fatty acid levels being in the FFHO dietary treatment (Table 4). Linoleic acid is an essential n-6 fatty acid that must be supplied by the diet and is the predominant polyunsaturated fatty acid found in the Western diet. It can be found in nuts, seeds, and vegetable oils such as sunflower, safflower, soybean, corn, and canola oils. Epidemiological studies have shown that replacing that replacing 5% of the dietary energy derived from saturated fatty acids with linoleic acid reduces low-density lipoprotein serum cholesterol by up to 10%, with a significant reduction in cardiovascular risk (Mozaffarian et al. 2010; Mensink, 2016).

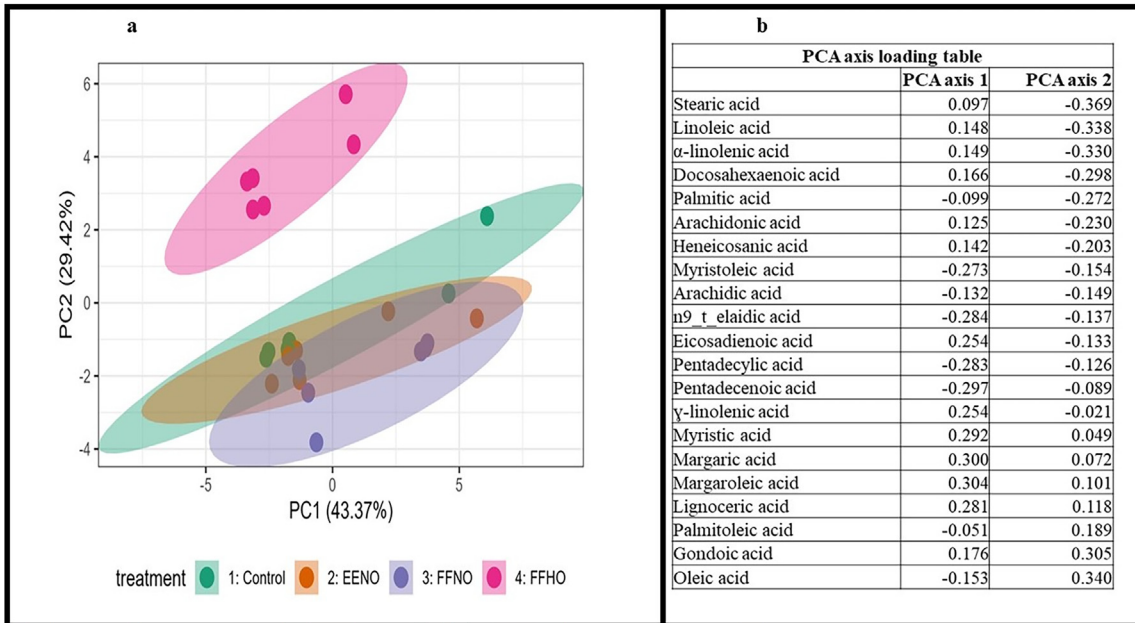
Alpha ( $\alpha$ )-linolenic acid (18:3) levels were the lowest in eggs produced by hens fed the FFHO dietary treatment as compared to the other 3 dietary treatments ( $P < 0.0001$ ). In parallel, the FFHO experimental diet had the lowest total n-3 fatty acid levels compared to the other treatment groups (Table 4). Alpha ( $\alpha$ )-linolenic acid levels were similar in eggs produced by hens fed the control, EENO and FFNO dietary treatments. Elkin et al. (2018) demonstrated that the conversion efficiency of alpha ( $\alpha$ )-linolenic acid to very long chain n-3 polyunsaturated fatty acids was significantly decreased by increasing dietary levels of HOSO with supplemental flax oil resulting in egg yolks with lower omega 3 fatty acids. Our earlier published feeding trials demonstrated that 20% inclusion of whole unblanched high-oleic peanuts (Toomer et al. 2021, 2019) or 3% high-oleic acid oil (Toomer et al. 2021) corresponded to lower egg levels of linolenic acid and linoleic acid. Alpha ( $\alpha$ )-linolenic acid is an n-3 essential fatty acid and must be consumed in the diet, and it can be found in small amounts in almonds, hazelnuts, and cashews, moderate amounts in rapeseed oil, soybean oil, corn oil, and olive oil, and relatively high amounts in flaxseed oil, perilla oil, chia seed oil, Agastache rugosa oil, peony oil, and Sichuan pepper

oil (Yuan et al. 2022). Studies have shown that increased dietary intake of n-3 fatty acids, such as alpha-linolenic acid, has been shown to improve cardiovascular health (Stanley et al., 2007) and brain function (Bourre et al., 1991).

It has been shown in a number of studies that feeding laying hens diets containing high levels of oleic acid attenuates the deposition of alpha-linolenic acid in the egg yolk and tissue (Maharjan et al. 2023) along with the reduced deposition of hepatic synthesized very long chain n-3 derivatives, such as docosahexaenoic acid (Elkin et al. 2018; Elkin et al. 2021), which parallels this study. Therefore, it has been conjectured that these effects are resultant of increased mixed micelle formation with bile salts and subsequent increased digestive absorption of oleic acid which competitively inhibits the absorption of alpha ( $\alpha$ )-linolenic acid (Elkin et al. 2018). Thereafter, reducing the availability of alpha ( $\alpha$ )-linolenic acid substrates for hepatic elongation and desaturation to produce very long chain n-3 polyunsaturated fatty acids and ultimately reduced egg deposition of alpha ( $\alpha$ )-linolenic acid and docosahexaenoic acid. In contrast, our previously published feeding trial demonstrated no significant difference in docosahexaenoic acid levels between eggs produced from hens fed a 20% whole unprocessed high-oleic peanut diet, 3% oleic acid oil supplemented diet and a control conventional layer diet (Toomer et al. 2021). Consequently, we aim to conduct additional layer feeding trials with high-oleic oilseeds and extracted oils to better define the mechanisms of action responsible for these effects.

Eicosadienoic acid levels were very low in all eggs (absolute fatty acid values  $\leq 0.03$ ) from the 4 dietary treatments. Nonetheless, absolute eicosadienoic values were lowest in eggs produced from hens fed the FFHO dietary treatment as compared to the control and FFNO treatment groups ( $P < 0.05$ ).

In summary, there were no significant treatment differences in the following saturated fatty acids: myristic acid, palmitic acid, margaric acid, stearic acid, arachidic acid, heneicosanic acid, lignoceric acid; monounsaturated fatty acids: palmitoleic acid, margaroleic acid, n9 t elaidic acid; and polyunsaturated fatty acids:  $\gamma$ -linolenic acid, arachidonic acid, docosahexaenoic acid in eggs collected at week 8 of the feeding trial (Table 7,  $P > 0.05$ ). Additionally, a principal component analysis (PCA) was conducted to identify the overall patterns and variation in the 21 fatty acids measured in eggs produced by hens fed the 4 dietary treatments (Figure 1A). Axis 1 (PC1) explained 43.37% of the variation and axis 2 (PC2) explained 29.42% of the variation. The PCA ordination plot shows that eggs produced by hens fed the FFHO dietary treatment were clearly differentiated in fatty acid composition along axis 2 as compared to the other treatment groups. PCA axis loading table results show that axis 1 is positively associated with the following fatty acids: margaric, margaroleic,  $\gamma$ -linolenic, myristic, and lignoceric. The PCA axis loading table shows negative loadings on axis 2 for stearic, linoleic, and alpha-linolenic, and positive loadings for palmitoleic,



**Figure 1.** Principal components analysis (PCA) of the fatty acid profile of eggs produced by hens fed a full-fat high-oleic soybean meal diet. The ellipse surrounding the points for each treatment represents a 95% confidence interval. Three hundred and thirty-six hens were fed 4 diets (18.5% crude protein, 2,927 kcal/kg), 6 replicates/treatment for 8 wk. Treatments: Control=conventional diet containing solvent extracted defatted soybean meal and corn; Trmt2-EENO=diet containing extruded-expelled defatted normal-oleic soybean meal and corn; Trmt3-FFNO = diet containing full fat normal-oleic soybean meal and corn; Trmt4-FFHO=diet containing full fat high-oleic soybean meal and corn. Each data point represents one replicate, with 6 replicates of pooled egg samples per treatment. Each pool contained 12 homogeneously combined whole eggs (2 eggs from each replicate) collected at week 8.

gondoic, and oleic acids, with the FFHO dietary treatment having higher values of axis 2 than the other 3 treatments.

This study suggest that replacement of conventional solvent extracted defatted soybean meal with full-fat high-oleic soybean meal in layer diet enriches the eggs produced with oleic acid. Nonetheless, eggs produced from hens fed full-fat high-oleic soybean meal and full-fat normal-oleic soybean meal had reduced yolk color as compared to the controls. There were very small variations in the dietary inclusion levels of yellow corn (<1%) and corn gluten meal (<1%) between the treatment groups and most likely not major contributors to differences seen in yolk color between the treatment groups. We conjecture that inclusion of conventional soybean oil at 3.6% and 2.4% in the control and EENO diets, respectively possibly enhanced the absorption carotenoids in the diet which significantly influenced yolk color. These adverse effects on egg yolk color can be potentially overcome with increased inclusion of corn gluten meal in layer diets, which contain more than 300 mg/kg xanthophylls. Studies have demonstrated that 10% dietary inclusion of corn gluten meal in layer diets significantly enhances yolk color, whereas in this study we utilized approximately 4% dietary inclusion of corn gluten meal. Overall, we documented a > 50% increase in monounsaturated n-9 oleic acid levels as compared to conventional (control) eggs with the inclusion of full-fat high-oleic soybean meal in layer diets, without adversely impacting egg quality or performance. Recently, the [American Heart Association \(2023\)](#) has reported that increased dietary intake of monounsaturated fats, such as oleic acid, reduces “the bad” cholesterol and lowers the risk for

heart disease and stroke. Moreover, a review of several clinical trials demonstrated that increased dietary intake of monounsaturated fatty acids promotes healthy blood lipid profiles, mediates hypertension, and improves and regulates blood glucose levels ([Gillingham et al. 2011](#)). For decades, the nutrition science community has regarded plant proteins as preferable dietary choices in animal and human nutrition, providing high-quality protein, low in saturated fats, and rich in unsaturated fatty acids. Studies like this one demonstrate that the use of high-oleic oilseeds in livestock rations (broilers, layers, dairy, swine, fish) may serve as a nutritional means to produce animal proteins intended for human consumption that are rich in high-quality protein, low in saturated fat and enriched with monounsaturated fatty acids.

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## DISCLOSURES

The authors declare no conflicts of interest.

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