Prostate Cancer Risk Stratification by Digital Histopathology and Deep Learning

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ABSTRACT

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INTRODUCTION

Prostate cancer (PCa) is the second most commonly diagnosed and sixth deadliest cancer among men worldwide.^{[1](#page-8-0)} It is a heterogeneous disease with a diverse range of histologic patterns. PCa diagnosis and therapeutic decisions are driven primarily by histologic descriptors of prostate tissue samples obtained by prostate needle biopsy under transrectal ultrasound guidance. The biopsy Gleason score (GS) is currently the most common grading system of prostate adenocarcinoma,^{[2](#page-8-1)[,3](#page-8-2)} where a grade is determined by a pathologist on the basis of the glandular architectural features observed in hematoxylin and eosin (H&E)–stained tissue samples. Although the GS is the strongest clinicopathologic predictor for clinical outcomes,⁴ its ability to predict clinical outcome is limited by the spatial heterogeneity of PCa⁵ and high interobserver variability.⁶

diotherapy after RP.

In addition to GS, a number of other clinicopathologic variables such as age, tumor stage or volume, margin status, and prostate-specific antigen (PSA) levels, as well as their various combinations, have been used to predict PCa outcomes. For example, the Cancer of the Prostate Risk As-sessment (CAPRA)^{[7](#page-8-6)} and its analogous derivative, CAPRA Post-Surgical (CAPRA-S), 8 8 represent well-validated risk stratification solutions by offering easy-to-use and clinically accurate prediction models. However, variance in PCa grading among pathologists can still lead to undertreatment or overtreatment of patients, affecting their survival rates and quality of life, as well as their cost to the health care system.

Recent applications of machine learning (ML) in digital pathology images have shown great potential in a range of

CONTEXT

Key Objective

To develop a risk stratification model on the basis of Cancer of the Prostate Risk Assessment Post-Surgical (CAPRA-S) and hematoxylin and eosin (H&E)– and Ki-67–stained tissue microarrays to predict the risk scores for biochemical recurrence and overall survival in prostate cancer (PCa).

Knowledge Generated

The comparison of concordance indices for the outcomes of interest revealed that using CAPRA-S, H&E, and Ki-67 features is the most effective method among various models accessing different data. Moreover, reclassifying patients on the basis of risk scores demonstrated the importance of digital pathology in outcome prediction for disease management.

Relevance

Machine learning and image-based pipelines to link digital histopathology images directly to cancer outcomes are of value, as they may provide improved risk classification (as demonstrated here in PCa). Additionally, this approach may be the basis for automatization and reduction of inter-observer variability in pathology.

tasks, where the majority of the effort has been focused on malignancy detection from needle biopsies and GS prediction.[9-](#page-8-8)[15](#page-8-9) However, because of the high interobserver variability in GS assessment, the ground truth used to develop image-based prediction algorithms remains elusive. There has been little research on directly linking digital histopathology to PCa outcome or response to therapies.^{[16](#page-8-10)[-19](#page-8-11)} For example, Nagpal et al^{[16](#page-8-10)} reported that the GS predicted by the ML algorithm, as opposed to assigned by pathologists, achieved slight improvement in risk stratification (concordance index [CI], improved from 0.63 to 0.65). In a follow-up study by the same group on a larger cohort, Wulczyn et al 17 achieved a CI value of 0.82 for PCa-specific mortality using ML-based Gleason grading warranting further evaluation for improving disease management.

Building on this body of work, we propose CCHEK (CAPRA-S 1 CNN H&E & Ki-67), an ML-driven PCa risk assessment method that combines clinicopathologic data with computer-generated features from H&E- and Ki-67– stained tissue microarrays. Compared with the state-ofthe-art CAPRA-S model for patient risk stratification, CCHEK is more accurate in predicting biochemical recurrence (BCR), as well as overall survival (OS), as evaluated on our radical prostatectomy (RP) patient data set.

MATERIALS AND METHODS

Cohort Construction and Clinical Data

A total of 502 treatment-na¨ıve PCa patients who underwent RP between 2000 and 2012 were included in this study ([Table 1\)](#page-2-0). The study was approved by the University of British Columbia institutional Clinical Research Ethics Board (CREB H15-01064). As previously described,^{[20](#page-8-13)} tissue microarray (TMA) blocks (one to four cores per patient) constructed from RP and stained by H&E and Ki-67 markers were

scanned at $40\times$ magnification using an SCN400 Slide Scanner (Leica Microsystems, Wetzlar, Germany). The cores were scored on the basis of the currently recommended International Society of Urological Pathology GS standards.^{[21](#page-8-14)}

CAPRA and CAPRA-S

The CAPRA method generates a pretreatment score. Cooperberg et al²² introduced a new postsurgical score (CAPRA-S) that is improved over CAPRA via incorporation of pathologic data. On the basis of PSA, pathologic GS, surgical margins, extracapsular extension, seminal vesicle invasion, and lymph node invasion, the CAPRA-S score was developed and validated as a predictor of downstream oncologic end points including BCR and systemic progression.[8](#page-8-7) The CAPRA-S score divides the patients into three groups of low-risk (CAPRA-S ≤2), intermediate-risk (CAPRA-S 3-5), and high-risk (CAPRA-S ≥6).

Proposed Risk Stratification Pipeline

A schematic representation of our proposed risk stratification method CCHEK is shown in [Figure 1](#page-3-0). We first extracted up to 48 768 \times 768-pixel patches from each TMA core image. In addition to manually engineered feature sets, 23 23 23 we trained a CNN to extract the most relevant features from individual image patches. A survival regression model on the basis of the Cox proportional hazards model^{[24](#page-8-17)} with elastic net regularization was then trained to predict a risk score for every image patch. Finally, in an aggregation step, a smooth maximum function estimated a patient's overall risk score from all their patch-wise risk scores.

The CCHEK risk stratification models were trained on three categories of data: clinicopathologic data, manually engineered image features consisting of 276 features from H&E images and 282 features from Ki-67 images, 23 23 23 and CNN-

TABLE 1. Patient Cohort Summary: Clinical and Surgical Parameter Distribution

Abbreviations: GS, Gleason score; PSA, prostate-specific antigen; RP, radical prostatectomy; SD, standard deviation.

extracted features from the 48 patches of each core image. The details of the proposed ML pipeline can be found in the Data Supplement Text.

Statistical Methods

To evaluate the proposed models, we used a five-fold crossvalidation strategy. CI was used to evaluate the performance of various risk stratification models, and the Student's t-test 25 was used to evaluate whether the differences between the performance of various models were statistically significant. Statistical tests were performed on the bootstrap sets of 100 held-out samples.

RESULTS

[Table 2](#page-4-0) shows the CI results for the risk stratification models on the basis of (1) time to BCR and (2) OS after treatment (surgery/radiation). The median follow-up time was 65.9 months after surgery/radiation. Of the 502 patients, 102 had experienced BCR.

GS From RP Remains the Most Significant Risk Predictor for PCa

We evaluated the contribution of various clinicopathologic factors in the risk stratification of our PCa cohort. In line with previous findings, $16,23$ $16,23$ GS from RP (CI = 0.70 and 0.82 on row 9) remains the most significant postsurgical risk predictor for both BCR and OS. This provides evidence that our patient cohort was representative of the entire PCa population.

ML-Based H&E Image Features Outperform Most Clinicopathologic Predictors

We next sought to evaluate the performance of the CCHEK model in predicting BCR and OS from H&E- and Ki-67– stained histopathology slides. Although ML models built upon handcrafted features did not improve over GS from RP, deep learning (DL)–based models applied to H&E- and Ki-67–stained TMA slides [\(Table 2](#page-4-0), rows 11 and 15) improved CIs associated with BCR and OS. It is important to note that although the DL-based features were extracted from TMA cores, they improved upon risk stratification on the basis of GS that was assessed by pathologists through the inspection of the entire RP specimen. This suggests that DL models extract subtle information in the TMA images that are not captured by conventional and previously characterized morphologic features and Gleason grading.

ML Improves Upon CAPRA-S

We next sought to investigate whether the CCHEK risk scores could complement CAPRA-S.

In a multivariate Cox regression model, when ML-based H&E features were added, the CIs improved from 0.68 in BCR and 0.80 in OS (CAPRA-S, [Table 2](#page-4-0) row 16) to 0.73 and 0.83, respectively (combined CAPRA-S and image features, row 18; P: .00998 and .0112). Furthermore, when Ki-67 was added, the CIs further increased to 0.76 and 0.85 (row 22; P: .00013 and .00016, respectively). The Ki-67 protein is a cellular marker of cell proliferation. Its prognostic value has been investigated in various cancer types, including breast, soft tissue, lung, and prostate. $26-29$ $26-29$ Overall, these results indicate that integrating clinicopathologic data with MLbased digital histopathology in our complete CCHEK model

FIG 1. Overview of the proposed ML method to link histopathology to outcome (eg, BCR or OS). The signal processing pipeline takes as input the H&E and Ki-67 images and produces as output the risk score (eg, BCR) for a given patient. BCR, biochemical recurrence; CNN, convolutional neural network; CPH, Cox proportional hazards; H&E, hematoxylin and eosin; ML, machine learning; OS, overall survival; RF-QMI, Random Forest Quadratic Mutual Information.

could enhance patient risk stratification in comparison with existing state-of-the-art models.

Furthermore, we experimented the classification power of CAPRA-S, CCHE (CAPRA-S $+$ CNN H&E), and CCHEK in estimating whether a patient might have a BCR in 5 years. We censored patients whose last follow-up was <5 years. We used the risk scores and set the threshold in a way to predict BCR for the same ratio of patients who had BCR in 5 years. 19.58% of the patients had recurrence in the 5-year period. After sorting the risk scores, we picked the threshold for the methods on the basis of the patient who had lower risk score than 19.58% of the patients. We predicted that those patients are going to have BCR in 5 years. The macro averaged F1 score, precision, and recall was 62% for CAPRA-S, 67% for CCHE, and 73% for CCHEK. Moreover, decision curve analysis to compare the net benefit of CAPRA-S, CCHE, and CCHEK on the basis of BCR in 5 years suggested that CCHEK has the most net benefit compared with other methods ([Fig 2\)](#page-4-1).

We next divided patients into three risk groups on the basis of CAPRA-S scores as suggested in the previous study^{[8](#page-8-7)}: lowrisk (CAPRA-S ≤2), intermediate-risk (CAPRA-S 3-5), and high-risk (CAPRA-S ≥6). The risk groups are used in determining patient management. To facilitate comparison between our proposed AI-based risk models and CAPRA-S through Kaplan-Meier survival analysis, we also divided the cohort into the low-risk, intermediate-risk, and high-risk groups of the same ratio as the CAPRA-S groups, but with patient grouping determined on the basis of our two MLbased risk stratification models: (1) combination of CAPRA-S- and CNN-based features from H&E images ([Table 2](#page-4-0) row 18), and (2) combination of CAPRA-S– and CNN-based features from H&E and Ki-67 images ([Table 2](#page-4-0) row 22). CAPRA-S predicts 52.23% of patients as low-risk, 38.26% of patients as intermediate-risk, and the rest 9.51% are grouped as high-risk. Therefore, after sorting risk scores, we chose the risk-score threshold for low-risk group on the basis of the patient who has higher risk score than 52.23% of patients. We also chose the risk-score threshold for highrisk group on the basis of the patient who has lower risk score than 9.51% of the patients. The patients who have a risk score between these two values are grouped as the intermediaterisk group. With this process, we would end up having the same ratio of patients as in CAPRA-S groups.

Kaplan-Meier survival curves^{[30](#page-8-21)} associated with BCR and OS corresponding to the three groups (Fig_3) suggest that the CCHEK risk stratification model performed better than CAPRA-S and CCHE by correctly identifying more low- and high-risk patients.

Although 84.3% of low-risk patients on the basis of CAPRA-S were BCR-free 10 years after surgery/radiation, the CCHE model (row 18) identified a low-risk group in which 88.0% were BCR-free after 10 years. Interestingly, when we added Ki-67 to the model (row 22), we identified a

Data	Row	Risk Score	Follow-Up After Surgery/Radiation. Censor: BCR	Follow-Up After Surgery/Radiation. Censor: Death
Clinicopathologic data		Biopsy GS	0.63 ± 0.07	0.68 ± 0.10
	$\mathbf{2}^{\prime}$	Clinical T stage	0.56 ± 0.07	0.64 ± 0.10
	3	Preop PSA	0.57 ± 0.06	0.60 ± 0.08
	$\overline{4}$	Preop PSA, biopsy GS	0.64 ± 0.07	0.68 ± 0.09
	5	Preop PSA, biopsy GS, clinical T stage	0.66 ± 0.07	0.71 ± 0.10
	6	Pathologic T stage	0.69 ± 0.05	0.79 ± 0.09
		Pathologic T stage, clinical T stage	0.70 ± 0.06	0.81 ± 0.08
	8	GS from TMA cores	0.66 ± 0.07	0.74 ± 0.10
	q	GS from RP	0.70 ± 0.06	0.82 ± 0.07
ML	10 [°]	Handcrafted H&E	0.69 ± 0.08	0.68 ± 0.09
	11	CNN H&E	0.72 ± 0.06	0.72 ± 0.10
	$12 \overline{ }$	Handcrafted Ki-67	0.66 ± 0.07	0.67 ± 0.09
	13	CNN Ki-67	0.68 ± 0.07	0.70 ± 0.09
	14	Handcrafted H&E, Ki-67	0.71 ± 0.07	0.70 ± 0.10
	15	CNN H&E, Ki-67	0.74 ± 0.08	0.75 ± 0.09
Postsurgical	16	CAPRA-S	0.68 ± 0.06	0.80 ± 0.09
	17	CAPRA-S, handcrafted H&E	0.71 ± 0.07	0.82 ± 0.09
	18	CAPRA-S, CNN H&E	0.73 ± 0.07	0.83 ± 0.09
	19	CAPRA-S. handcrafted Ki-67	0.69 ± 0.06	0.81 ± 0.08
	20	CAPRA-S, CNN Ki-67	0.71 ± 0.06	0.82 ± 0.10
	21	CAPRA-S, handcrafted H&E, Ki-67	0.73 ± 0.07	0.83 ± 0.08
	22	CAPRA-S, CNN H&E, Ki-67	0.76 ± 0.07	0.85 ± 0.09

TABLE 2. CI Results and the Associated SDs (100 bootstrap sets) for Risk Stratification Models on the Basis of Various Clinicopathologic and ML-Driven Features

NOTE. Preop represents measurements before RP. Bold values indicate highest numbers in each column.

Abbreviations: BCR, biochemical recurrence; CAPRA-S, Cancer of the Prostate Risk Assessment Post-Surgical; CI, concordance index; CNN, convolutional neural network; GS, Gleason score; H&E, hematoxylin and eosin; ML, machine learning; PSA, prostate-specific antigen; RP, radical prostatectomy; SD, standard deviation; TMA, tissue microarray.

FIG 2. Decision curve analysis for CAPRA-S, CCHE, and CCHEK. CCHEK has the most net benefit compared with other methods. CAPRA-S, Cancer of the Prostate Risk Assessment Post-Surgical; CCHE, CAPRA-S + CNN H&E; CCHEK, CAPRA-S + CNN H&E & Ki-67.

low-risk group in which 90.7% were free of BCR 10 years after surgery/radiation. Investigation of the Kaplan-Meier curves associated with OS also revealed similar findings. More specifically, while 95% of low-risk patients on the basis of CAPRA-S survived beyond 10 years, the CCHE (row 18) and CCHEK (row 22) models identified a low-risk group in which 100% were alive after 10 years. Furthermore, when we added Ki-67 to the model (row 22), all the patients in our identified low-risk group survived beyond 10 years after surgery/radiation.

The median 10-year BCR-free survival in the high-risk groups decreased from 69.6 (CAPRA-S) to 51.8 (CCHE) and 48.2 months (CCHEK), suggesting that both CNNbased models identify higher-risk patients compared with CAPRA-S. Further investigation revealed that four (1.6%) of the patients identified by CAPRA-S as low-risk were reclassified as high-risk and three (6.4%) of high-risk patients were reclassified as low-risk by the CCHE model [\(Fig 4A\)](#page-6-0). Interestingly, all four new high-risk patients experienced BCR and the three new low-risk patients did not. Upon pathologic review of the TMA cores associated

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FIG 3. Kaplan-Meier plots associated with the time to BCR for (A) CAPRA-S, (B) CCHE (CAPRA-S + CNN H&E), and (C) the proposed CCHEK risk stratification model (CAPRA-S + CNN H&E, Ki-67 model) and with OS for (D) CAPRA-S, (E) CCHE, and (F) CCHEK. Patients are divided into three risk groups on the basis of CAPRA-S scores: low-risk (CAPRA-S ≤2), intermediate-risk (CAPRA-S 3-5), and high-risk (CAPRA-S ≥6). The cohort is also divided into similar-sized groups on the basis of the ML-based risk stratification models. BCR, biochemical recurrence; CAPRA-S, Cancer of the Prostate Risk Assessment Post-Surgical; CCHE, CAPRA-S + CNN H&E; CCHEK, CAPRA-S + CNN H&E & Ki-67; CNN, convolutional neural network; H&E, hematoxylin and eosin; ML, machine learning; OS, overall survival.

with these patients, we did not observe any revision in Gleason grades, suggesting that the ML models identify subtle features in the images that were not captured by Gleason grading. When we investigated the risk groups on the basis of the CCHEK model (row 22: CAPRA-S $+$ CNN H&E, Ki-67), we identified 10 high-risk patients (representing 3.9%) by CAPRA-S who were reclassified as lowrisk and 10 low-risk patients (representing 21.3%) who were reclassified as high-risk (Fig \angle B). Although all the newly identified high-risk patients experienced BCR, none of the newly classified low-risk patients did. A pathologic review of H&E TMA cores associated with these 20 patients did not result in the revision of GSs. However, Ki-67 scores associated with the newly identified high-risk group were higher than the low-risk group (mean Ki-67 score 15 v 51 per 1 mm²), suggesting that Ki-67 likely contributes to better risk stratification.

Interestingly, of the seven patients who were reclassified by the H&E-based ML model, six were a subset of the 20 patients identified by the H&E + Ki-67 ML model. These results suggest that H&E images potentially contain subtle features that are not captured by GS but contribute to risk stratification. This is evidenced by new ML model developments in which Ki-67–stained images were virtually constructed from H&E images,^{[31](#page-8-22)} suggesting that H&E images carry information about the Ki-67 status.

DISCUSSION

We proposed an ML- and image-based pipeline for linking digital histopathology images directly to PCa outcome after RP. Our proposed pipeline achieved superior performance compared with the current GS-based risk stratification and CAPRA-S, which suggests that artificial intelligence (AI)– based risk stratification models could potentially introduce significant changes in PCa management. Our work validates the findings of other studies 17 as it confirms the effectiveness of ML in PCa risk stratification. Furthermore, we show the utility of ML in predicting BCR and improving patient stratification relative to well-validated nomograms (ie, CAPRA-S). Finally, our work gleans on the links between Ki-67 status and patient outcome, as the Ki-67 scores in the patients who were reclassified as high-risk by our model were higher than those in the low-risk group.

Using the proposed CCHEK risk stratification model, 21.3% of patients identified to be high-risk by CAPRA-S were reclassified as low-risk and another 3.9% of patients identified to be low-risk by CAPRA-S were reclassified as high-risk. These patients may have been counseled and managed differently had this information been available after RP. For example, the digital pathology risk classification could steer one higherrisk patient with adverse pathologic features toward adjuvant radiation but another lower-risk patient with the same pathologic features toward surveillance.

FIG 4. Sankey diagrams showing reassignment of patients from CAPRA-S risk categories to new ML-based risk groups. (A) CAPRA-S ([Table 2](#page-4-0) row 16) versus CAPRA-S + CNN H&E model [\(Table 2](#page-4-0) row 18), and (B) CAPRA-S (row 16) versus CAPRA-S + CNN H&E Ki-67 model (Table 2 row 22). Each row represents one patient. CAPRA-S, Cancer of the Prostate Risk Assessment Post-Surgical; CNN, convolutional neural network; H&E, hematoxylin and eosin; ML, machine learning.

Accurate risk stratification is critically important also in deciding on initial management of men with newly diagnosed, localized PCa. Men predicted to have indolent disease may undergo active surveillance (AS), while men with high-risk disease may require aggressive multimodal therapy. Current risk stratification tools on the basis of clinical and pathologic parameters have clinical utility but still do not allow optimal distinction of patients best suited for AS versus single or combined modality therapy. Our CCHEK model was developed on RP specimens and not prostate biopsies. If it can be validated on prostate biopsies, it could be evaluated as a biomarker to guide patients to either AS or definitive treatment.

Our CCHEK model was trained on TMA images rather than RP sections. As PCa is a multifocal cancer with different biology in

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each focus, TMA cores sampled from RP material do not overcome the limitations of spatial heterogeneity and therefore the proposed models may perform even better if the whole RP sections were used. Nonetheless, our models outperform established models even with this limitation. Furthermore, our study only considered H&E and Ki-67 histopathology data with CAPRA-S. Other predictive tools, such as Decipher^{[32](#page-8-23)} or $ArteraAI₁₈$ could be used in future studies.

Although our results suggest that AI-based models have the promise to refine practice in PCa, further training and validation of our methods on larger multi-institutional external data sets are necessary. Nevertheless, our models show the potential of ML analysis of histopathology data to influence disease management on the basis of outcome prediction.

AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

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