


REVIEW

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Research progress and application prospect of adipose-derived stem cell secretome in diabetes foot ulcers healing

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Abstract

Diabetic foot ulcers (DFUs) are chronic wounds and one of the most common complications of diabetes, imposing significant physical and mental burdens on patients due to their poor prognosis and treatment efficacy. Adipose-derived stem cells (ADSCs) have been proven to promote wound healing, with studies increasingly attributing these beneficial effects to their paracrine actions. Consequently, research on ADSC secretome as a novel and promising alternative for DFU treatment has been extensively conducted. This article provides a comprehensive review of the mechanisms underlying refractory DFU wounds, the secretome of ADSCs, and its role in promoting wound healing in diabetes foot ulcers. And the review aims to provide reliable evidence for the clinical application of ADSC secretome in the treatment of refractory DFU wounds.

Keywords Diabetic foot ulcers, Adipose-derived stem cells, Secretome, Wound healing

Background

Diabetes mellitus (DM) is a severe metabolic condition affecting over 10.5% of the world's adult population [1], with China currently having the highest number of diabetic patients globally [2]. DFUs, characterized by chronic and difficult-to-heal wounds, are one of the most common complications of DM, with high morbidity, recurrence, amputation, and mortality rates, as well as high treatment costs, imposing a substantial weight

on patients, families and society [3]. The current clinical treatment for diabetic foot ulcer wounds focuses on debridement, anti-infection, improvement of blood supply to the lower limbs and foot decompression and bracing [4], but these methods often have poor therapeutic efficacy. In recent years, new strategies, such as various wound debridement techniques, dressings, gas therapy, wound physical therapy, skin substitutes, cell products, medications, negative pressure wound therapy, have shown promise for the treatment of severe diabetic foot ulcers [5]. However, in 2023 the International Working Group on the Diabetic Foot (IWGDF) incorporated the feasibility and equity of intervention implementation into the assessment criteria and made 29 separate recommendations. They concluded that existing strategies do not provide a cost-effective solution to this persistent condition, highlighting the need for continuous exploration of new treatments [6].

Since the first clinical application of mesenchymal stem cells (MSCs) therapy in 1995, the therapeutic

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capacity of stem cell therapy for various diseases has gained significant attention [7]. Among these, ADSCs have consistently demonstrated the ability to enhance the process of wound healing [8–10], a finding supported by preliminary studies from our research team [11]. Moreover, the secretome of ADSCs has demonstrated significant therapeutic effects in wound healing [12], although the underlying mechanism remains unclear. To further investigate, we conducted a literature search on PubMed and Web of Science using keywords such as ‘adipose-derived stem cells,’ ‘secretome,’ and ‘diabetic foot ulcers’ to identify relevant cell studies, animal research, and clinical trials published in the past 10 years. This paper reviews the mechanisms of delayed healing in DFUs and the role of the ADSC secretome in promoting wound healing in diabetic foot ulcers, aiming to establish a reliable basis for the clinical application of ADSC secretome in treating difficult-to-heal DFUs.

Mechanisms of delayed healing in diabetic foot ulcer wounds

The process of skin wound healing typically involves four consecutive and overlapping stages: hemostasis, inflammation, proliferation, and remodelling [13]. However, this process is hindered by various factors in diabetic foot ulcer wounds, leading to delayed healing (Fig. 1).

Neuropathy

Diabetic neuropathy occurs in nearly 90% of diabetic foot ulcers [14]. It is a peripheral neurodegenerative disease primarily affecting sensory and autonomic nerves, and eventually, motor nerves [15]. Sensory neuropathy leads to neuropathic pain and/or sensory loss, while motor neuropathy causes muscle atrophy and functional deterioration, both of which result in uneven foot loading, increased plantar pressure, subcutaneous edema, and an 8 to 18-fold increased risk of falls and foot ulcers, and a 2 to 15-fold increased risk of lower limb amputation. Autonomic neuropathy impairs the function of sweat

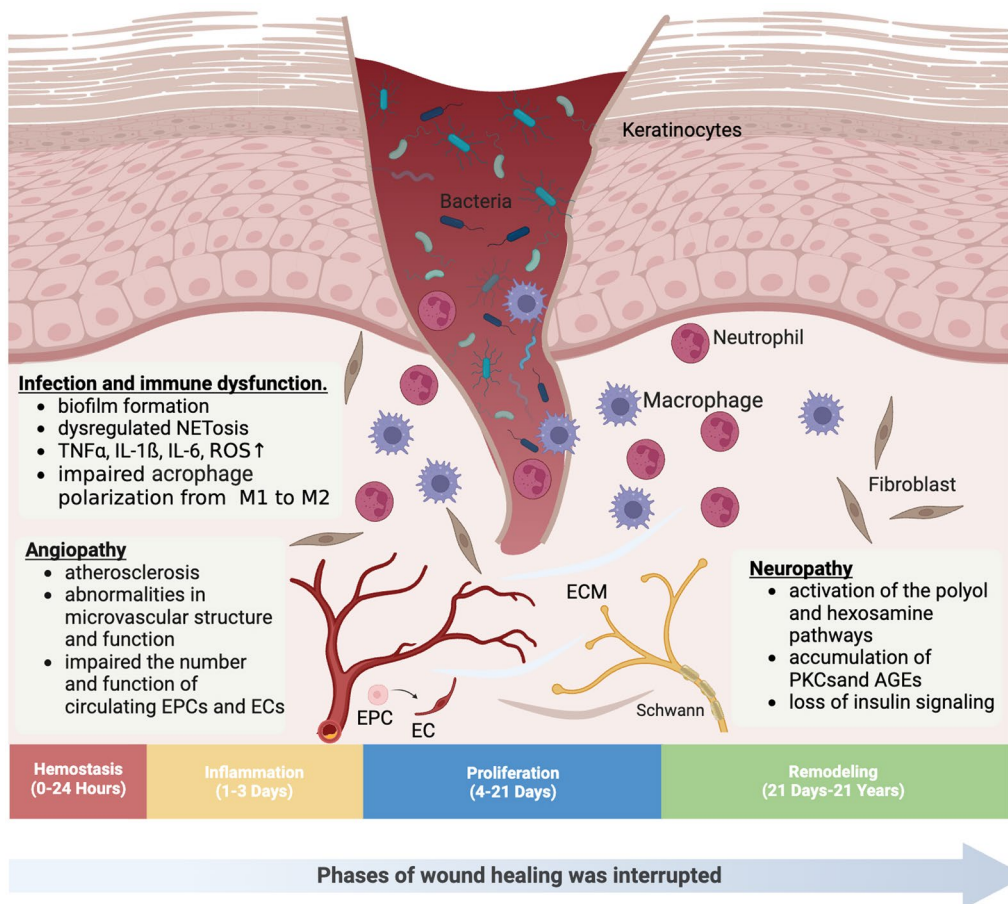


Fig. 1 Mechanisms of diabetes foot ulcers (Created with BioRender.com). PKC Protein kinase C, AGE Advanced glycation end product, TNFα Tumor Necrosis Factor-alpha, IL Interleukin, ROS Reactive oxygen specie, EPC Endothelial progenitor cell, EC Endothelial cell, ECM Extracellular matrix

and sebaceous glands in the feet, coupled with vasomotor paralysis, leading to dry, cracked, and damaged skin. This impairs the skin's natural barrier function, providing an entry point for bacteria and other microorganisms [16]. The above biological, behavioral, or combined effects have resulted in the elevated recurrence rate of DFUs [17].

Further exploration of its mechanism revealed that hyperglycemia, dyslipidemia, and/or insulin resistance promote the activation of the polyol and hexosamine pathways, the accumulation of protein kinase C (PKC) subtypes and advanced glycation end products (AGEs), as well as the loss of insulin signaling, collectively leading to imbalanced mitochondrial redox status and excessive formation of reactive oxygen species (ROS) [18]. Subsequently, Schwann cells and dorsal root ganglion (DRG) neurons undergo metabolic and oxidative damage, inducing axonal degeneration, loss of neurotrophic signaling, and local blood supply decreases, which ultimately causes irreversible damage to the nervous system [15]. Preventing neurodegeneration can improve healing, such as using the C-X-C chemokine receptor type 4 (CXCR4) antagonist AMD3100 to improve wound healing in db/db mice by selectively targeting the CXCR4 receptor, which is lacking in DRG neurons [14].

Angiopathy

Peripheral vascular dysfunction is one of the main causes of DFUs formation in most diabetic patients. Diabetic vasculopathy can be divided into macroangiopathy and microangiopathy. The former manifests primarily as atherosclerosis, with the formation of plaques that rupture to trigger peripheral arterial thrombosis, particularly in the diabetic setting, leading directly to arterial occlusion and lower limb ischemia, ultimately resulting in DFUs [19]. Research confirms hyperglycemia in diabetes can lead to glycated hemoglobin, vascular narrowing, red blood cell membrane changes, dyslipidemias, and foam cell formation from macrophages, triggering the formation of atherosclerosis, that causes vascular damage, and stimulating endothelial cells to generate ROS. And ROS utilizes the Nuclear Factor-kappa B (NF- κ B) pathway to induce leukocyte recruitment and apoptosis, leading to inflammation, ischemia, and neuronal cell damage [20]. The latter manifests as abnormalities in microvascular structure and function, and important theories that can explain this phenomenon are the hemodynamic hypothesis and capillary steal syndrome [21]. Furthermore, additional research has confirmed that diabetic neuropathy can be caused by microvascular ischemia involving the nerve [22]. Therefore, vascular repair and reconstruction are crucial for wound healing.

However, vascular regeneration exists in two modes, one being angiogenesis, which denotes the growth of new blood vessels either by budding or non-budding forms, based on existing capillaries or venules through proliferation, differentiation, and migration of endothelial cells. The other mode is vasculogenesis, which involves endothelial progenitor cells (EPCs) from bone marrow that differentiate into endothelial cells to form new blood vessels [23]. Nevertheless, fully developed endothelial cells are specialized cells that have reached their final stage of differentiation and have a restricted ability to proliferate, especially when functioning in a diabetic environment, thus inhibiting angiogenesis [24]. Therefore, EPCs significantly contribute to angiogenesis by mobilizing, proliferating, nesting and differentiating into endothelial cells to promote angiogenesis and accelerate wound healing [25]. Nonetheless, diabetic patients experience reduced counts and functionality of circulating EPCs, leading to impaired neovascularization and delayed wound healing [26].

Infection and immune dysfunction

50% of diabetic foot ulcers will develop infections, and recurrent or chronic ulcers increase the risk of infection [27]. Inadequate blood flow to the lower extremities, along with various neuropathies, elevates the likelihood of Diabetic Foot Infections (DFIs) [19]. Diabetic infections result from the combined effects of pathogenic virulence and immune dysfunction.

A multi-omic study found that in the majority of mild to moderate DFIs, *Staphylococcus aureus* and *Streptococcus species* are abundant and highly active, with a significant enrichment of related virulence genes. In extreme DFIs, individuals demonstrate increased microbial diversity, encompassing *Pseudomonas aeruginosa* and other bacteria, along with *Candida albicans* and other fungi. The variance in gene expression of these organisms suggests an abundance of multi-species virulence genes [28]. When planktonic pathogenic bacteria or fungi, together with certain bacteria previously considered non-pathogenic or unable to sustain chronic infections, form a polymicrobial pathogenic biofilm, it can protect them from the immunological response of the host and the impact of antibiotics, leading to multidrug resistance and delayed wound healing [29].

Furthermore, persistent DFIs are closely associated with abnormal immune cell activity. In the diabetic microenvironment, neutrophil extracellular traps (NETosis) are dysregulated, resulting in an overproduction of pro-inflammatory cascades, cytokines, and ROS, thereby delaying wound healing [30]. Concurrently, sustained hyperglycemia levels upregulate pro-inflammatory factors such as Tumor Necrosis Factor-alpha (TNF α),

Interleukin-1 beta (IL-1 β), and Interleukin-6 (IL-6), increasing macrophage sensitivity to these cytokines while downregulating the expression of Cluster of Differentiation 36 (CD36) and Class B Scavenger type I receptors required for phagocytic activity, hindering M1 macrophage phagocytic activity, and promoting a senescent-associated secretory profile (SASP) in macrophages, which ultimately leads to impaired polarization from pro-inflammatory (M1) to anti-inflammatory (M2) phenotype [31]. Additionally, macrophages can secrete large amounts of proteases, including matrix metalloproteinase-9 (MMP-9), which degrades newly synthesized extracellular matrix (ECM) and hinders cell migration, thus inhibiting wound healing [32, 33].

Adipose-derived stem cells secretome

Adipose-derived stem cells

In 2001, Zuk et al. discovered and isolated ADSCs from human adipose tissue using a negative pressure suction technique [34]. ADSCs provide benefits such as minimal invasiveness, easy accessibility, low immunogenicity, high regenerative potential, low carcinogenicity, and no ethical concerns, making them a prominent focus of research. Their therapeutic potential in treating a range of diseases, including wound healing, is well-established [35]. ADSCs fall into the mesenchymal stem cell category and display typical mesenchymal stem cell characteristics in vitro: (1) ADSCs adhere to plastic culture bottles under standard culture conditions; (2) they exhibit similar surface markers to bone marrow mesenchymal stem cells (BMSCs), such as CD13, CD29, CD49d, CD73, CD90, CD105, and Stro-1, but do not express CD45, CD14, CD133, and CD144 [36]; (3) they possess multipotent differentiation potential, capable of differentiating into adipocytes, osteocytes, chondrocytes, hepatocytes, endothelial cells, keratinocytes, Schwann cells, myocytes, and pancreatic acinar cells, and can be rewired into induced pluripotent stem cells (iPSCs) [37, 38]. Despite these advantages, challenges remain in standardized cell extraction, stable storage, and transportation. High costs further complicate the widespread use of traditional ADSC cell therapy [39].

Adipose-derived stem cells secretome

While recent studies have shown that ADSCs mediate wound repair and regeneration through paracrine signaling by secreting various bioactive factors, known as ADSC secretome [40]. In 2000, the concept of the secretome was first introduced by Tjalsma to describe all proteins released by bacteria out of cells and their secretion mechanisms [41]. Currently, the secretome is broadly defined as various soluble factors released directly from cells into the extracellular space, and the

carriers including extracellular vesicles (EVs) and migrasomes that transport these factors [42]. Numerous studies use conditioned media to obtain the secretome, exploring its role in various diseases and tissue repair [43]. Gregorio et al. identified a total of 569 factors through proteomic analysis of ADSC-conditioned medium (ADSC-CM) [44]. Presently, EVs are the most extensively studied components of the secretome [45]. According to the latest international guidelines, “Minimal Information for Studies of Extracellular Vesicles 2023 (MISEV2023),” EVs are defined as particles released by cells, enclosed by a lipid bilayer, and incapable of self-replication due to the lack of a functional nucleus [46]. EVs are broadly classified into three subtypes based on their biogenesis, release pathways, size, content, and functions: apoptotic vesicles (apoVs), 50–5000 nm; microvesicles (MVs), 100–1000 nm; and exosomes (Exos), 30–200 nm [47]. In terms of molecular composition, EVs include abundant proteins, lipids, nucleic acids, polysaccharides, playing roles in intercellular communication and participating in physiological processes like cell proliferation, apoptosis, migration, and differentiation. They show great potential in wound repair and tissue regeneration [48]. Furthermore, in 2014, Ma et al. first observed ellipsoid membrane-bound structures secreted by migrating cells in vitro, defining them as migrasomes [49]. Migrasomes are rich in signaling molecules such as chemokines, cytokines, and angiogenic factors, fulfilling a crucial function in the spatially precise delivery of these signaling molecules, influencing key physiological processes including organ morphogenesis and angiogenesis [50]. Therefore, using ADSC secretome to enhance tissue regeneration may be a promising alternative to traditional ADSCs therapy. Table 1 summarizes the key components of the ADSC secretome.

Mechanism of ADSC secretome in promoting diabetic foot ulcer wound healing

Research has demonstrated that the secretome of ADSCs promotes wound healing through multiple mechanisms. These include improving neuropathy, promoting angiogenesis, modulating inflammation and immune response, as well as facilitating tissue remodeling and re-epithelialization (Fig. 2). The following sections will elucidate these processes in detail.

Improvement of neuropathy

Neuropathic changes significantly contribute to the occurrence and development of diabetic foot. Research has demonstrated that the neuroprotective effects of the ADSC secretome are attributed to the inhibition of apoptosis, reduction of neuronal energy depletion, promotion of cerebral blood vessel formation, and reduction

Table 1 The key components of the ADSC secretome

	Category	Component	References
Soluble Protein	Growth factors	VEGF, PDGF, KGF, EGF, TGF-β, HGF, bFGF, IGF, BDNF, GDNF, NGF, IGFBP1, IGFBP2, CNTF, NT-3 and NT-4	[52, 59, 87–89]
	Cytokines	IL-1α, IL-1β, IL-2, IL-4, IL-5, IL-6, IL-7, IL-8, IL-9, IL-10, IL-11, IL-12, IL-15, MCP-1, GM-CSF, IFN-γ, RANTES	[90]
	Chemokines	CXCL1, CXCL2, CXCL3, CXCL5, CXCL12, CCL27, CCL2, CCL5, CCL27, CX3CL1, XCL1	[91–94]
Carriers	EVs	apoVs, MVs, Exos	[47]
	Migrasomes		[64]

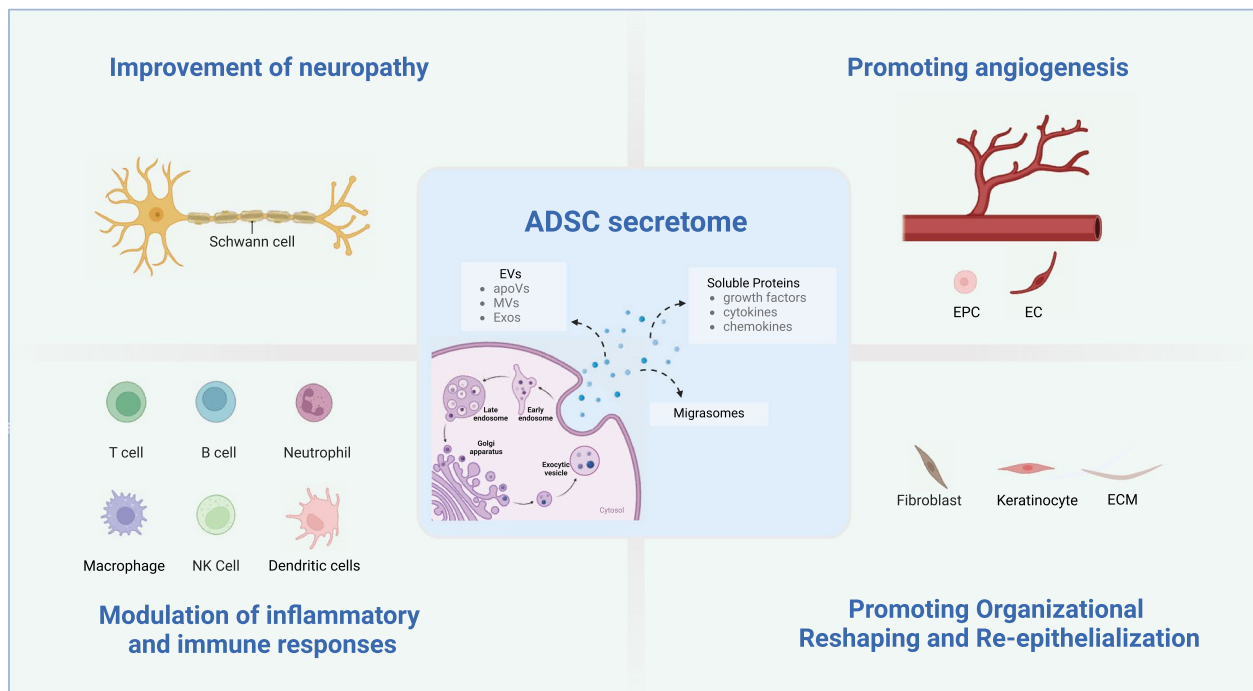


Fig. 2 Mechanism of ADSC secretome in promoting diabetic foot ulcers (Created with BioRender.com). ADSC Adipose-derived stem cell, EVs Extracellular Vesicles, apoVs Apoptotic Vesicles, MVs Microvesicles, Exos Exosomes, EPC Endothelial progenitor cell, EC Endothelial cell, ECM Extracellular Matrix, T cell T lymphocyte cell, B cell B lymphocyte cell, NK cell Natural Killer cell

in astrocyte proliferation [51]. ADSCs secrete numerous neurotrophic factors that promote nerve regeneration, including brain-derived neurotrophic factor (BDNF), glial cell-derived neurotrophic factor (GDNF), ciliary neurotrophic factor (CNTF), basic fibroblast growth factor (bFGF), insulin-like growth factor-1 (IGF-1), nerve growth factor (NGF), and neurotrophins-3 and -4 (NT-3 and NT-4) [52]. Chen et al. found that ADSC-EVs carrying miR-130a-3p promote Schwann cell proliferation and prevent diabetic peripheral neuropathy through the DNMT1/NRF2/HIF1α/ACTA1 axis [53]. Yin et al. found that ADSC-Exos enhance the autophagy of injured Schwann cells induced by nerve damage by reducing miRNA-26b targeting Kpna2, thereby promoting remyelination [54]. Additionally, studies have shown that the

bioactive medium mixture present in ADSC-CM can transform a neurodestructive/pro-inflammatory micro-environment into a neuroprotective/anti-inflammatory one, improve thermal mechanical sensitivity, restore epidermal nerve fiber density, stimulate Schwann cell proliferation, inhibit neuronal autophagy and apoptosis, and promote remyelination to enhance nerve regeneration [44].

Promoting angiogenesis

Vascular regeneration is crucial for wound healing as it increases immune cell recruitment, provides oxygen and nutrients to metabolically active wounds, and removes toxic metabolites and waste. Numerous studies have shown that ADSCs upregulate the expression of

miR-125a [55], miR-126 [56], miR-128 [57], miR-132 [58], increase the secretion of vascular growth factors such as vascular endothelial growth factor (VEGF), epidermal growth factor (EGF), and fibroblast growth factor (FGF), regulate endothelial cell proliferation and migration, promote vascular regeneration, and improve wound healing efficiency [59]. In addition, the miR-21-5p-enriched secretion of ADSCs activates the PI3K/AKT/PTEN or mTOR signaling pathway, promoting the expression of HIF-1 α and VEGF which contributes to vascular regeneration in the diabetic microenvironment [60]. Research has also shown that ADSC-Exos upregulate the expression of lncRNA-SENCR through EGR-1 to activate the DKC1/VEGF-A axis, promoting the proliferation and migration of human umbilical vein endothelial cells (HUVECs), thus improving vascular regeneration, and facilitating wound healing [61]. Similarly, Zhang et al. found that ADSC-exos can regulate the expression of SIRT3 and its downstream protein SOD2, improve oxidative stress and inflammatory microenvironment, improve endothelial cell dysfunction caused by hyperglycemia, promote vascular regeneration, and further facilitate the healing of chronic diabetic wounds [62]. Li et al. found that overexpression of Nrf2 in ADSC-Exos can increase granulation tissue formation, vascular regeneration, and growth factor expression levels, decrease levels of inflammation and oxidative stress-related proteins, and eventually promote wound healing in rat diabetic foot ulcers [63]. In addition, SDF-1 was detected in MSC migratory bodies by Deniz et al. [64], and Zhang et al. found that SDF-1 mediates the mobilization of endothelial progenitor cells and neovascularization, promoting wound healing in diabetic mice [65].

Modulation of inflammatory and immune responses

Diabetic foot ulcer non-healing is related to excessive oxidative stress, persistent inflammatory response, and imbalanced activation of signaling pathways, which lead to abnormal immune cell function, induce excessive inflammation, and ultimately disrupt the microenvironment for wound healing. ADSCs secrete pro-inflammatory cytokines (IL-7, IL-8, IL-9, IL-11, IL-12, IL-15, IL-17 and INF- γ) and anti-inflammatory cytokines (IL-1Ra, IL-4, IL-10, and IL-13) [35]. The release of these factors is enhanced under inflammatory conditions, resulting in inhibition of T cell function (proliferation, differentiation, and cytotoxicity), B cell function, NK cell cytotoxicity, decreased maturation and activation of dendritic cells, and increased regulatory T cells, effectively participating in human inflammation and immune response and playing a positive role through immune regulation [66]. In addition, the conversion of macrophages from a pro-inflammatory phenotype (M1) to an anti-inflammatory

phenotype (M2) is crucial during the inflammatory and proliferation phase of wound healing. Multiple studies have found that the TLR4/NF- κ B pathway is associated with enhanced M1 macrophage polarization promoting the production of ROS, TNF- α , IL-1 β , and oxidative stress, significantly activating MAPKs and NF- κ B pathways, while anti-inflammatory M2 macrophages inhibit NF- κ B-mediated expression of inflammatory factors [67]. Other studies have shown that ADSC-Exos inhibit MIF and promote M1 to M2 macrophage polarization through miR-451a, thereby reducing inflammation and shortening the inflammatory phase of wound healing in diabetic wounds [68]. In addition, ADSCs release antimicrobial peptides (AMPs), which are effective and safe for combating bacterial, viral, and fungal infections, and can block the pro-inflammatory M1 macrophage response [69]. Furthermore, Yu et al. found that ADSC-CM can inhibit *Propionibacterium acnes*-induced NETosis [70].

Facilitating organizational reshaping and re-epithelialization

An essential indicator of wound healing is the remodeling of tissue and re-epithelialization, which forms a complete epidermal structure to restore the skin's barrier function, thereby regulating the deposition and remodeling of ECM and improving late-stage scar formation. ADSC-EVs can promote the proliferation and migration of human dermal fibroblasts (HDF) and keratinocytes (HaCaT) via lncRNA MALAT-1 targeting miR-124 [71]. Furthermore, research indicates that ADSC-Exos can effectively inhibit ECM production in scar fibroblasts by suppressing the gene and protein expression of collagen I (COL-1), collagen III (COL-3), fibronectin (FN), and α -smooth muscle actin (α -SMA), as well as the TGF- β /Smad signaling pathway and Notch-1/Jagged-1 pathway, thereby promoting wound healing [72]. Additionally, the inhibition of scar proliferation can be significantly enhanced by the combination of ADSC-CM and in situ cross-linking of polysaccharide hydrogels [73].

The proper functioning of keratinocytes during re-epithelialization is crucial. The secreted proteome of PL-cultured ADSC contains more proteins, such as proliferative, differentiation or pro-angiogenic factors, which enhance keratinocyte movement and survival and improve wound healing [74]. In addition, epidermal stem cells from hair follicles can migrate to the wound site to differentiate into epidermal cells and contribute to re-epithelialization [75]. ADSC-EVs also contain VEGF and FGF, cytokines that stimulate follicle growth and activate the Wnt signaling pathway necessary for hair follicle induction [76]. Moreover, the stratum corneum (SC) is responsible for providing the epidermal barrier of the skin. It is composed of keratinocytes and a combination

Table 2 Clinical Trials of ADSC Secretome

NCT no	Title	Status	Conditions/disease	Interventions	Results
NCT04544215	A Clinical Study of Mesenchymal Progenitor Cell Exosomes Nebulizer for the Treatment of Pulmonary Infection	Unknown	Drug resistant pulmonary infection	8 × 10 ⁸ or 16 × 10 ⁸ or no exosomes nano vesicles/3 mL per day for 7 days	N/A
NCT05296863	Adipose-derived Stem Cell Conditioned Media as a Novel Approach for Hair Regrowth in Male Androgenetic Alopecia	Completed	Alopecia, Androgenetic Hair Loss/Baldness	2 ml intradermal injection of non- or concentrated ADSC-CM or Placebo + 1 ml of 5% topical Minoxidil daily	N/A
NCT04276987	A Pilot Clinical Study on Inhalation of Mesenchymal Stem Cells Exosomes Treating Severe Novel Coronavirus Pneumonia	Completed	Coronavirus	Conventional treatment or 2 × 10 ⁸ MSCs-derived exosomes /3 mL per day for 5 days	N/A
NCT04223622	Effects of ASC Secretome on Human Osteochondral Explants	Recruiting	Osteoarthritis	The osteochondral explants isolated from arthroplasty patients will be induced to an OA phenotype and treated with ASC secretome (either complete conditioned medium or extracellular vesicles) in order to investigate its therapeutic potential	N/A

of intercellular lipids, including ceramides, free fatty acids, and cholesterol. ADSC-Exos effectively restore the function of the outermost layer of the skin in Atopic Dermatitis (AD) by stimulating the production of new ceramides [77].

Limitations and challenges in the clinical translation of ADSC secretome

The secretome of ADSCs has been well validated in the healing of DFU and other conditions, making it an ideal non-cellular therapy in regenerative medicine. According to data from ClinicalTrials.gov, the quantity of officially recorded clinical trials utilizing ADSC secretome as an intervention is increasing (see Table 2, available online at <http://www.clinicaltrials.gov/>, accessed July 8, 2024). However, the clinical translation of ADSC secretome continues to encounter significant challenges. First, the composition of secretome is highly variable due to differences in donors, tissue sources, culture conditions, extraction methods, and identification techniques. This variability complicates the precise determination of the secretome's components and active ingredients. For instance, Kalinina et al. identified over 600 secreted proteins in the ADSC-CM using LC-MS [78], whereas Gregorio et al. identified 569 factors [44]. Additionally, Huang et al. demonstrated that varying isolation methods could alter the protein composition of exosomes [79]. Thus, accurately identifying the specific components of the secretome, efficiently extracting them, and eliminating irrelevant molecules are critical challenges that must be addressed. Moreover, successful clinical translation requires large-scale production while ensuring batch-to-batch consistency and reproducibility. Currently, there is no standardized protocol for the isolation and amplification of secretome components suitable for large-scale production. Furthermore, the method of administration, pharmacokinetics, and extension of the half-life of active ingredients present additional challenges for clinical translation. Lastly, Wang et al. discovered that ADSC-Exos could promote breast cancer cell growth by activating the Hippo signaling pathway [80]. The potential tumorigenic risks and immunogenicity associated with the use of biological products continue to be subjects of significant debate. In response to these concerns, a substantial number of *in vivo* and *in vitro* studies aim to address these challenges, focusing on pretreatment strategies and material phase aspects. It has been found that the biological activity of the secretome of ADSCs can be enhanced and wound healing can be promoted by physicochemical factors (e.g., hypoxia) [81], drugs (e.g., lipopolysaccharides, hydrogen peroxide) [82, 83], genetic engineering or inheritance (e.g., surface modification, genetic modification, and epigenetic reprogramming)

[84], and by combining a variety of biomaterials (e.g., hydrogels, 3D printed biomimetic scaffold) [85, 86]. Nevertheless, more systematic and extensive studies are needed to fully understand the specific components and mechanisms of action of the ADSC secretome and to facilitate its translation from the laboratory to clinical settings.

Conclusion

DFU is a prevalent condition associated with diabetes, resulting from the combined effects of neuropathy, vascular disease, and infection. Increasing research indicates that the beneficial effects of ADSCs are primarily due to their paracrine actions, which promote tissue repair by mediating intercellular communication. The secretome of ADSCs includes various components such as cytokines, growth factors, proteins, lipids, mRNAs, microRNAs, lncRNAs, and DNA. These components, delivered via EVs and Exos, create an anti-inflammatory microenvironment that enhances diabetic wound healing. They also promote the proliferation and migration of M2 macrophages, endothelial cells, Schwann cells, fibroblasts, and keratinocytes, regulating inflammation and immune responses, promoting angiogenesis, improving neuropathy, facilitating tissue remodeling and re-epithelialization, and ultimately accelerating wound healing. Although extensive research and clinical trials are needed for clinical translation, the ADSC secretome holds promise for significant breakthroughs not only in chronic wound repair but also in other areas of regenerative medicine.

Abbreviations

DFUs	Diabetes foot ulcers
ADSCs	Adipose-derived stem cells
DM	Diabetes mellitus
IWGFDF	The international working group on the diabetic foot
MSCs	Mesenchymal stem cells
PKC	Protein kinase C
AGEs	Advanced glycation end products
ROS	Reactive oxygen species
DRG	Dorsal root ganglion
CXCR4	C-X-C chemokine receptor type 4
NF- κ B	Nuclear factor-kappa B
EPCs	Endothelial progenitor cells
DFIs	Diabetic foot infections
NETosis	Neutrophil extracellular traps
TNF α	Tumor necrosis factor-alpha
IL	Interleukin
CD	Cluster of differentiation
SASP	Senescent-associated secretory profile
MMP-9	Matrix metalloproteinase-9
ECM	Extracellular matrix
BMSCs	Bone marrow mesenchymal stem cells
iPSCs	Induced pluripotent stem cells
EVs	Extracellular vesicles
ADSC-CM	Adipose-derived stem cell conditioned medium (ADSC-CM)
MISEV2023	Minimal information for studies of extracellular vesicles 2023
apoVs	Apoptotic vesicles
MVs	Microvesicles

Exos	Exosomes
VEGF	Vascular endothelial growth factor
PDGF	Platelet-derived growth factor
KGF	Keratinocyte growth factor
EGF	Epidermal growth factor
HGF	Hepatocyte growth factor
bFGF	Basic fibroblast growth factor
IGF	Insulin-like growth factor
BDNF	Brain-derived neurotrophic factor
GDNF	Glial cell line-derived neurotrophic factor
NGF	Nerve growth factor
HUVECs	Human umbilical vein endothelial cells
IGFBP	Insulin-like growth factor binding protein
MCP-1	Monocyte chemoattractant protein-1
GM-CSF	Granulocyte-macrophage colony-stimulating factor
IFN- γ	Interferon gamma
RANTES	Regulated on activation, normal T cell expressed and secreted
CXCL	C-X-C motif chemokine ligand
CCL	CC Chemokine ligand
CX3CL1	C-X3-C motif chemokine ligand 1
XCL1	X-C motif chemokine ligand 1
CNTF	Ciliary neurotrophic factor
NT	Neurotrophin
miR	MicroRNA
DNMT1	DNA (cytosine-5)-methyltransferase 1
NRF2	Nuclear factor erythroid 2-related factor 2
ACTA1	Actin, alpha 1, skeletal muscle
PI3K	Phosphoinositide 3-kinase
AKT	RAC-alpha serine/threonine-protein kinase
PTEN	Phosphatase and tensin homolog
mTOR	Mechanistic target of rapamycin
lncRNA	Long non-coding RNA
SENCr	Smooth muscle and endothelial cell-enriched migration/differentiation-associated long non-coding RNA
DKC1	Dyskerin pseudouridine synthase 1
EGR-1	Early growth response 1
SIRT3	Sirtuin 3
SOD2	Superoxide dismutase 2, mitochondrial
MAPKs	Mitogen-activated protein kinases
AMPs	Antimicrobial peptides
HDF	Human dermal fibroblasts
HaCaT	Keratinocytes
SC	Stratum corneum
AD	Atopic dermatitis
T cell	T lymphocyte cell
B cell	B lymphocyte cell
NK cell	Natural killer cell

Acknowledgements

Not applicable. (The authors declare that they have not used Artificial Intelligence in this study.)

Author contributions

XW and XN conducted the literature review, collected data, authored the manuscript, and drafted the figures. BW and XS conceived the project and revised the manuscript. YX and LC edited the manuscript, while BC, QL, RK and TH designed the outline and also revised the manuscript. All authors have read and approved the final version of the manuscript.

Funding

This study was funded by Young and Middle-aged Key Personnel Training Project of Fujian Provincial Health Commission (No.2020GGB029); Joint Funds for the Innovation of Science and Technology, Fujian Province (No.2020Y9124); Natural Science Foundation of Fujian Province (No.2021J01244).

Availability of data and materials

Not applicable.

Declarations**Ethics approval and consent to participate**

Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

Received: 17 July 2024 Accepted: 29 August 2024

Published: 4 September 2024

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