

# Sex differences in neural networks recruited by frontloaded binge alcohol drinking

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## Abstract

Frontloading is an alcohol drinking pattern where intake is skewed towards the onset of access. This study aimed to identify brain regions involved in frontloading. Whole brain imaging was performed in 63 C57Bl/6J (32 female, 31 male) mice that underwent 8 days of binge drinking using drinking-in-the-dark (DID). On Days 1–7 mice received 20% (v/v) alcohol or water for 2 h. Intake was measured in 1-min bins using volumetric sippers. On Day 8 mice were perfused 80 min into the DID session and brains were extracted. Brains were processed to stain for Fos protein using iDISCO+. Following light sheet imaging, ClearMap2.1 was used to register brains to the Allen Brain Atlas and detect Fos+ cells. For network analyses, Day 8 drinking patterns were used to characterize mice as frontloaders or non-frontloaders using a change-point analysis. Functional correlation matrices were calculated for each group from log<sub>10</sub> Fos values. Euclidean distances were calculated from these R values and clustering was used to determine modules (highly connected groups of brain regions). In males, alcohol access decreased modularity (three modules in both frontloaders and non-frontloaders) as compared to water (seven modules). In females, an opposite effect was observed. Alcohol access (nine modules for frontloaders) increased modularity as compared to water (five modules). Further, different brain regions served as hubs in frontloaders as compared to control groups. In conclusion, alcohol consumption led to fewer, but more densely connected, groups of brain regions in males but not females and we identify several brain-wide signatures of frontloading.

## KEYWORDS

binge drinking, frontloading, iDISCO+

## 1 | INTRODUCTION

Frontloading is an alcohol drinking pattern where intake is skewed towards the onset of access which results in intoxication.<sup>1</sup> As discussed in our recent review,<sup>1</sup> we theorized that alcohol frontloading is driven by the rewarding effects of alcohol and, importantly, alcohol

frontloading may predict long-term maladaptive alcohol drinking patterns leading to the development of alcohol use disorder (AUD). Therefore, identification of the brain regions which drive frontloading may lead to the detection of novel AUD risk factors and treatment targets. Despite a growing interest in frontloading in the field, there are no studies to date which identify the brain regions that drive alcohol

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frontloading behaviour. The objective of the current project was to leverage whole brain imaging coupled with graph theory analyses to identify which brain regions/networks are recruited during frontloading.

Advancements in tissue clearing approaches coupled with immunolabelling have opened the door to the unbiased assessment of whole brain networks with single-cell resolution, for reviews, see previous works.<sup>2,3</sup> Immunolabelling-enabled imaging of solvent-cleared organs (iDISCO+)<sup>4,5</sup> with light sheet imaging is increasingly being utilized in the alcohol field.<sup>6-9</sup> Immunostaining for Fos protein, from the immediate early gene *c-fos*, is commonly paired with the iDISCO+ technique to explore brain wide neural activation associated with a behavioural state.<sup>4-6,8-10</sup> A typical analysis approach is to create functional connectivity matrices through calculating a Pearson correlation between Fos + cell counts of one brain region and every other brain region from subjects within a given treatment group.<sup>6-13</sup> Prior work using these techniques has shown an increase in the strength of positive correlation between most brain regions in alcohol dependent male mice, with a cluster of amygdala regions displaying anticorrelations with the rest of the brain, suggesting that amygdala brain regions may be uniquely involved in the development of alcohol dependence.<sup>8</sup> Alcohol drinking has similarly been shown to increase co-activation in the isocortex, cortical subplate, striatum, and pallidum in male mice following 4 weeks of intermittent access to two-bottle choice drinking as compared to water drinkers.<sup>6</sup> However, this effect was opposite in females, with female alcohol drinking mice displaying more negative correlations in most brain regions.<sup>6</sup> Together, these results suggest that alcohol drinking results in sex-specific effects on brain region co-activation.

Covariance in activity patterns has been interpreted to reflect groups of brain regions that work together to generate some aspect of behaviour. These groups have been characterized as 'modules', which are defined by brain regions that share several, dense connections within the module and (typically) have sparse connections to other brain regions and/or modules.<sup>14</sup> It is hypothesized that brain networks are organized in a modular fashion<sup>15</sup> that are subject to remodelling depending on experience or behavioural state.<sup>8,16</sup> Prior work using alcohol vapour exposure with intermittent two-bottle choice drinking has demonstrated that alcohol-dependent mice exhibit a decrease in modularity following 1 week of abstinence after their final alcohol exposure.<sup>8</sup> This suggests that alcohol dependence remodels brain networks into a baseline state where they are more correlated.<sup>8</sup> Further, this suggests that alcohol dependence results in a less efficient network structure, where more brain regions show highly correlated activity leading to fewer modules.<sup>8</sup> Other recent work has shown that alcohol re-access following withdrawal leads to increased modularity,<sup>7,9</sup> suggesting that alcohol re-access results in remodelling of brain networks to become more efficient. Additionally, or alternatively, alcohol re-access may serve as a behavioural event capable of recruiting different brain regions as compared to alcohol drinking alone without a withdrawal period.<sup>7,9</sup> Together, these studies indicate that the structure of brain networks is altered by the stage of alcohol use, which may reflect differences in how efficiently behaviour is generated.

An advantage of using iDISCO+ is the unbiased identification of brain regions and modules recruited by alcohol frontloading. This allowed

us to determine how alcohol drinking and frontloading lead to remodelling of brain-wide networks. Few studies have assessed alcohol's impact on the whole brain using immunolabelling and none have assessed alcohol frontloading, thus motivating this approach in the current paper.

Only one published study within the alcohol field has used iDISCO+ whole brain clearing coupled with Fos immunohistochemistry in both sexes, which reported sex differences in co-activation and hub brain regions following 4 weeks of drinking.<sup>6</sup> Across strains and species, female rodents typically outdrink males in a variety of alcohol self-administration protocols<sup>17-21</sup>; and a recent study provides direct evidence for linking frontloading in female rats as a reason for their greater alcohol intake during operant alcohol self-administration as compared to males.<sup>22</sup> Outside of the alcohol field, several studies have reported sex differences in modularity with differing results. For example, human men with tobacco use disorder have been shown to have greater decreases in network efficiency.<sup>23</sup> More broadly, others have reported that sex differences in connectivity can manifest as a function of age.<sup>24</sup> Therefore, the current study included both sexes to assess how frontloading and alcohol drinking may differentially impact functional network architecture.

## 2 | METHODS

Additional detail for some sections is provided in the Extended Methods within the supporting information.

### 2.1 | Subjects

Sixty-four adult C57BL/6J mice (32 female, 32 male) were ordered from Jackson laboratories. Mice arrived at the School of Science Vivarium at Indiana University-Purdue University Indianapolis (IUPUI) and were single-housed in standard shoebox cages in a room with a 12-h reverse light-dark cycle for 7-9 days prior to the beginning of drinking-in-the-dark (DID). Mice were post-natal day 84 ± 3 days on the first day of DID. One male mouse was excluded from all analyses due to a leaky sipper. All procedures were approved by the IUPUI School of Science Animal Care and Use Committee and conformed to the Guidelines for the Care and Use of Mammals in Neuroscience and Behavioural Research.<sup>25</sup>

### 2.2 | Volumetric drinking monitor drinking-in-the-dark

A binge drinking protocol, DID, was utilized, where mice were given access to 20% EtOH or water (control) for 2 h a day, 3 h into the dark cycle for a consecutive week.<sup>26</sup> On Day 8, access was given to the assigned DID fluid for 80 min. Frontloaders had an average change point at 20 min (Figure S2). It is reported that *fos* expression peaks 60 min after behaviour.<sup>27</sup> Therefore, an average 20-min change point plus allowing 60 min for *fos* expression to take place provided rationale for the 80-min perfusion and blood draw time point on Day 8.

During the DID sessions, EtOH or water was consumed from volumetric drinking monitors (VDMs) (Columbus Instruments Inc., Columbus, Ohio, USA) which recorded intake in 1-min bins. Cage changes occurred 1 day prior to the start of DID and were not performed again during the 8-day DID experiment. Mice had ad libitum access to LabDiet 5001 (a standard rodent chow), including during DID testing. Mice had ad libitum access to water through standard home cage water bottles, except during the DID sessions where their standard home cage water bottles were replaced with volumetric drinking monitor sippers containing 20% EtOH (or water if they were in the water drinking group). Home cage water bottles did not utilize the volumetric drinking sippers but did contain sippers with identical-sized drinking orifices.

### 2.3 | Blood ethanol concentrations (BECs)

The 50  $\mu$ L of retro-orbital sinus blood was drawn from all mice on Day 8 of DID 80 min after DID sipper access. Blood samples were centrifuged in a chilled 4°C centrifuge at 14,000 rotations per minute for 5 min. Plasma was then withdrawn and stored at -20°C. BECs were determined using an Analox EtOH Analyser (Analox Instruments, Lunenburg, Massachusetts, USA).

### 2.4 | Perfusions

Eighty minutes into drinking on Day 8, mice were deeply anaesthetised with urethane (injection volume of 0.15 mL with a concentration of 1.5 g/mL) for transcardial perfusion with 1x phosphate-buffered saline (PBS) followed by 4% paraformaldehyde (PFA). Following perfusion, brains were extracted and placed in 4% PFA overnight. The following day, brains underwent 3 30-min washes shaking in 1x PBS. Following the washes, brains were placed in 1x PBS with 0.02% sodium azide at 4°C for up to 1 week and then were processed according to the iDISCO+ protocol.

### 2.5 | iDISCO+ tissue clearing with Fos immunostaining

iDISCO+ with Fos immunohistochemistry was performed using the protocol reported by the creators of the technique.<sup>4,5</sup> Reagents used are displayed in Table S1. Of note, c-fos rabbit primary antibody (Synaptic Systems, #226008) was used at a concentration of 1:3000, in PBS with 0.2% Tween and 10  $\mu$ g/mL heparin/5% DMSO/3% donkey serum at 37°C. The secondary antibody (Donkey anti-rabbit Alexa647, Thermo-Fisher, # A-31573) was used at a concentration of 1:500 in 3% NDS in PtwH at 37°C.

### 2.6 | Light sheet imaging

Light sheet imaging was conducted using previously published methods.<sup>10</sup> For full detail, please see the Extended Methods in the

supporting information. Representative images of the Fos staining can be found in Figure S1.

## 3 | DATA ANALYSIS

### 3.1 | Statistical assessment of frontloading

Mice were categorized daily as frontloaders or non-frontloaders using a change-point detection approach recently described by our laboratory,<sup>28</sup> (Figure 1A,E). The change point is defined as the time where the rate of intake differed the most in the session. MATLAB code for this analysis is available on Github: [https://github.com/cardinger/Detect\\_Frontloading](https://github.com/cardinger/Detect_Frontloading). Day 8 classification (i.e. frontloader, non-frontloader, or water control group) was used for subsequent brain network analyses as this is the day brains were extracted and the behaviour was displayed and captured in the fos expression.

### 3.2 | Statistical assessment of Behavioural data

Behavioural data referring to the following were all analysed: mean daily DID total intake, daily DID intake within the first 20 min, and change point. As a main goal of the study was to determine differences between frontloaders and non-frontloaders, these dependent variables were first analysed using 2 (sex)  $\times$  2 (group: frontloaders vs. non-frontloaders)  $\times$  7 (day) three-way mixed methods ANOVAs, first excluding the water group from analyses to determine if there were main or interaction effects of sex within the alcohol groups. Results are in Table S2. The water group was then added to intake analyses when they were recalculated separately for each sex; see below.

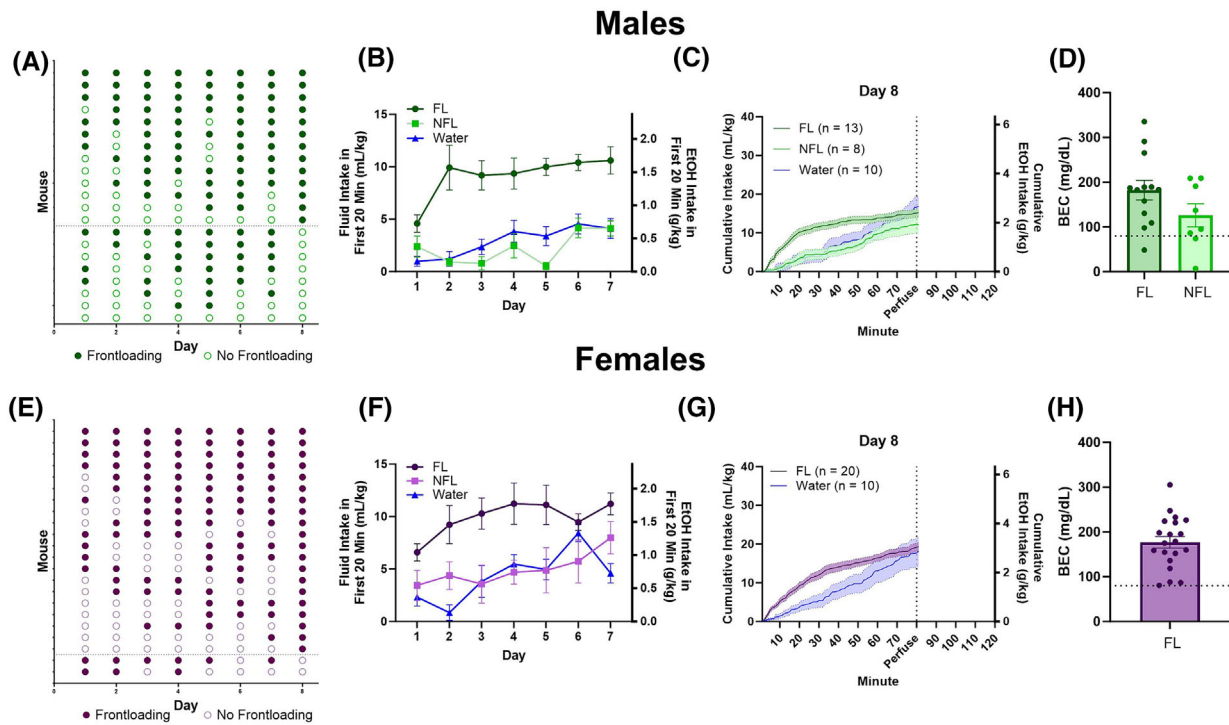
Although many of the behavioural dependent variables indicated main effects of sex, there were interaction effects of sex observed in the brain network data. Therefore, all graphs and subsequent reported behavioural analyses were recalculated using 3 (group: frontloaders vs. non-frontloaders vs. water)  $\times$  7 (day) two-way mixed methods ANOVAs separately for females and males. Greenhouse-Geisser corrections were applied to these analyses when appropriate.

### 3.3 | Statistical assessment of BECs

Independent samples *t* tests (frontloaders vs. non-frontloaders) were used to compare BEC and intake (g/kg) at 80 min on Day 8. These were calculated separately for each sex.

### 3.4 | ClearMap2.1 to detect Fos+ nuclei

Fos+ cells were detected using ClearMap2.1 (<https://github.com/ChristophKirst>), the current version of the ClearMap software which has been validated in previous whole brain imaging studies.<sup>4,8-10</sup>



**FIGURE 1** Frontloading classification across days for males (A) and females (E). Intakes in the first 20 min indicate that male (B) and female (F) frontloaders consumed more alcohol in the early part of the session. Intake patterns on Day 8 for males (C) and females (G) are displayed. There were no differences between male (D) and female (H) frontloaders and non-frontloaders in blood ethanol concentration (BEC) when mice were sacrificed at 80 min on Day 8. The dashed line on Panels (D) and (H) represents 80 mg/dL, which is the NIAAA-defined threshold for binge drinking.

### 3.5 | Correlation matrices

Functional correlation matrices were calculated from Pearson correlations of  $\text{Log}_{10}$  Fos+ values between brain regions. These data were then organized anatomically using the Allen Brain Atlas for visualization purposes. Further details are provided in the Extended Methods.

### 3.6 | Hierarchical clustering

Following previous literature,<sup>7,8,10,11,29</sup> the Fos+ Pearson correlations were used to calculate Euclidean distances between brain region pairs. These were calculated separately within sex and group. R studio was used to hierarchically cluster these Euclidean distance matrices. Modules were determined through cutting these dendrogram trees at 50% height.

### 3.7 | Creation of networks and identification of hub brain regions

Key brain regions were identified using a graph theory approach for each group and sex (i.e., five networks total were assessed: male frontloaders, male non-frontloaders, male water, female frontloaders,

female water). The connectivity metrics within module degree z-score (WMDz) and participation coefficient were calculated as described by Guimerà and Nunes Amaral (2005), but modified for networks with weighted edges using a similar approach as previously published research.<sup>8</sup> To describe the networks, modules were given names based on regions with the highest WMDz values. Once intramodule connectivity (WMDz) and intermodule connectivity (participation coefficient) were calculated for each brain region, it was possible to categorize the role of each brain region (e.g., hubs or nodes) in each network to identify brain regions of interest. For full detail about this process, please see the Extended Methods. The distribution of types of nodes and hubs (i.e., network cartography) was assessed statistically between groups using chi-square analyses.

## 4 | RESULTS

### 4.1 | Total DID session intake

In males and females, there was a main effect of day,  $F(4.185, 111.6) = 4.518$ ,  $p < 0.01$  (males),  $F(4.853, 135.1) = 8.827$ ,  $p < 0.0001$  (females) and a main effect of group,  $F(2,37) = 29.65$ ,  $p < 0.0001$  (males),  $F(2, 35) = 25.54$ ,  $p < 0.0001$  (females), where water-drinking mice consumed more fluid than alcohol-drinking mice and intakes generally increased over days, Figure S3A,B, respectively.

## 4.2 | Frontloaders display greater alcohol intake early in the session

In males and females, for intake in the first 20 min, there was a main effect of day,  $F(4.561, 120.9) = 3.794$ ,  $p < 0.01$  (males),  $F(4.365, 122.2) = 3.200$ ,  $p < 0.05$  (females), where intakes tended to increase over days, and a main effect of group,  $F(2,37) = 65.25$ ,  $p < 0.0001$  (males),  $F(2,35) = 23.02$ ,  $p < 0.0001$  (females), where frontloaders consumed more in this early period than non-frontloaders and water drinkers on most days, Figure 1B,F, respectively. For change point, there was a main effect of group in both sexes,  $F(2,37) = 115.4$ ,  $p < 0.0001$  (males),  $F(2,35) = 69.78$ ,  $p < 0.0001$  (females), where frontloaders had earlier change points than non-frontloaders and water drinkers on most days (Figure S2).

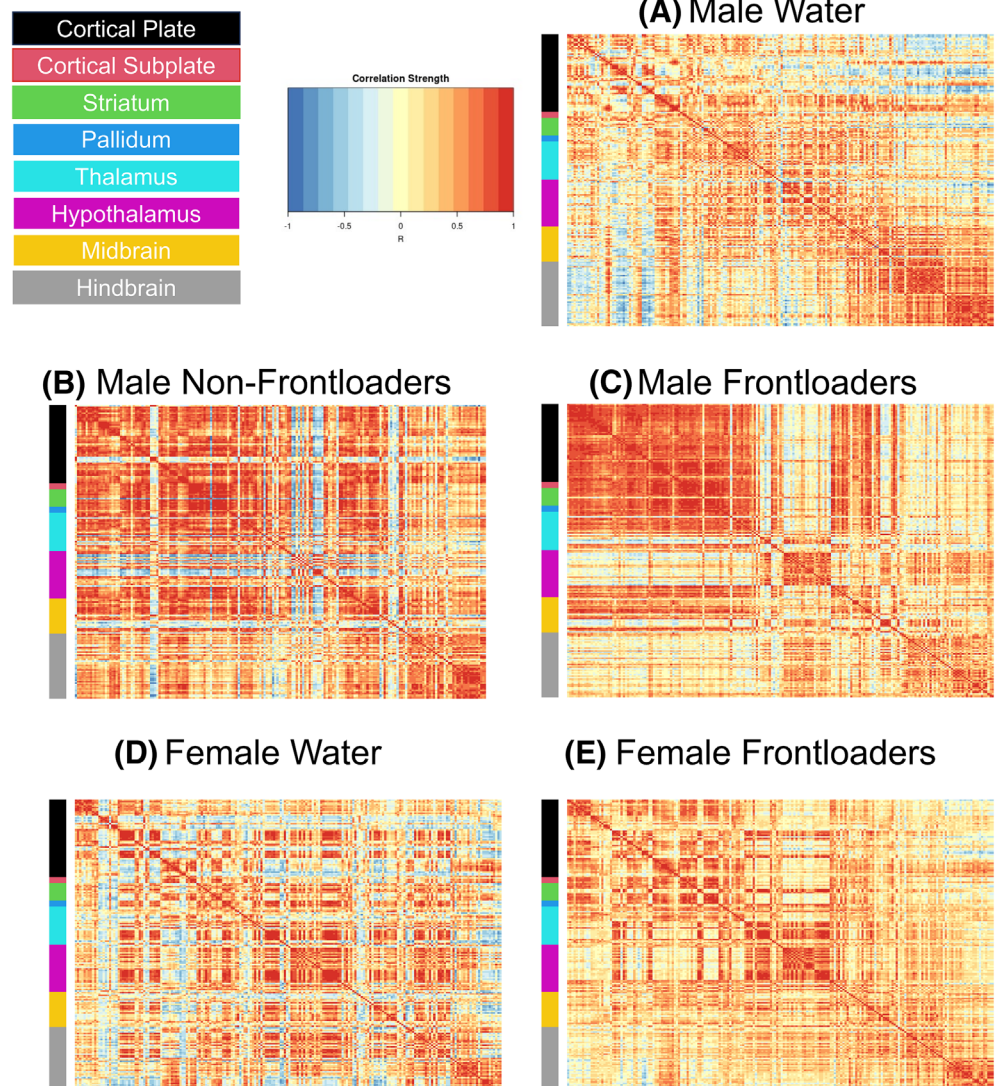
Note that only two female mice did not frontload on Day 8 (Figure 1E). For the network analyses, it was deemed important for frontloading behaviour to have occurred on the day that brains were extracted (Day 8) to ensure that Fos activity was reflecting frontloading or non-frontloading behaviour. Therefore, we are limited in our

ability to make conclusions about female non-frontloader brain networks in the current dataset due to a small  $n$  in this group.

On Day 8 in males, there was no difference in total intake between frontloaders and non-frontloaders when mice were sacrificed for perfusion and brain extraction 80-min into the DID session,  $t(19) = 1.1137$ ,  $p > 0.05$ . There was also no difference in BEC at this time,  $t(19) = 1.167$ ,  $p > 0.05$  (Figure 1D), and most mice regardless of group (i.e., both frontloaders and non-frontloaders) drank to intoxication as indicated by BECs  $> 80$  mg/dL. Intake patterns on Day 8 can be seen in Figure 1C,G for males and females, respectively.

## 4.3 | Functional correlation matrices

Fos functional correlation matrices for males can be visualized in Figure 2A–C. One-way ANOVAs calculated to assess differences in  $R$  value within anatomical subdivisions between groups were significant for the cortical plate,  $[F(2, 1132) = 134.5, p < 0.0001]$ , striatum,  $[F(2, 1179) = 42.26, p < 0.0001]$ , hypothalamus,  $[F(2, 1282) = 3.561,$



**FIGURE 2** Functional correlation matrices organized using the Allen Brain Atlas. Males (A–C) and females (D, E) are represented. Note that there is no non-frontloading group represented for females as there were only two female mice who did not frontload when brains were extracted on Day 8, which inhibits the ability to make meaningful conclusions about female non-frontloaders in the current study.

$p < 0.05$ ], midbrain, [ $F(2, 835) = 7.610, p < 0.01$ ] and hindbrain, [ $F(2, 1132) = 134.5, p < 0.0001$ ]. Šidák's multiple comparisons post hoc tests indicated that frontloaders had lower  $R$  values in the cortical plate, midbrain and hindbrain as compared to both control groups. Male frontloaders displayed higher  $R$  values in the striatum and

hypothalamus as compared to male water drinkers. These results suggest frontloading alters the strength of functional connectivity differently across some anatomical subdivisions (Figure S4). Note only significant  $R$  values ( $p < 0.05$ ) were included in the ANOVAs.

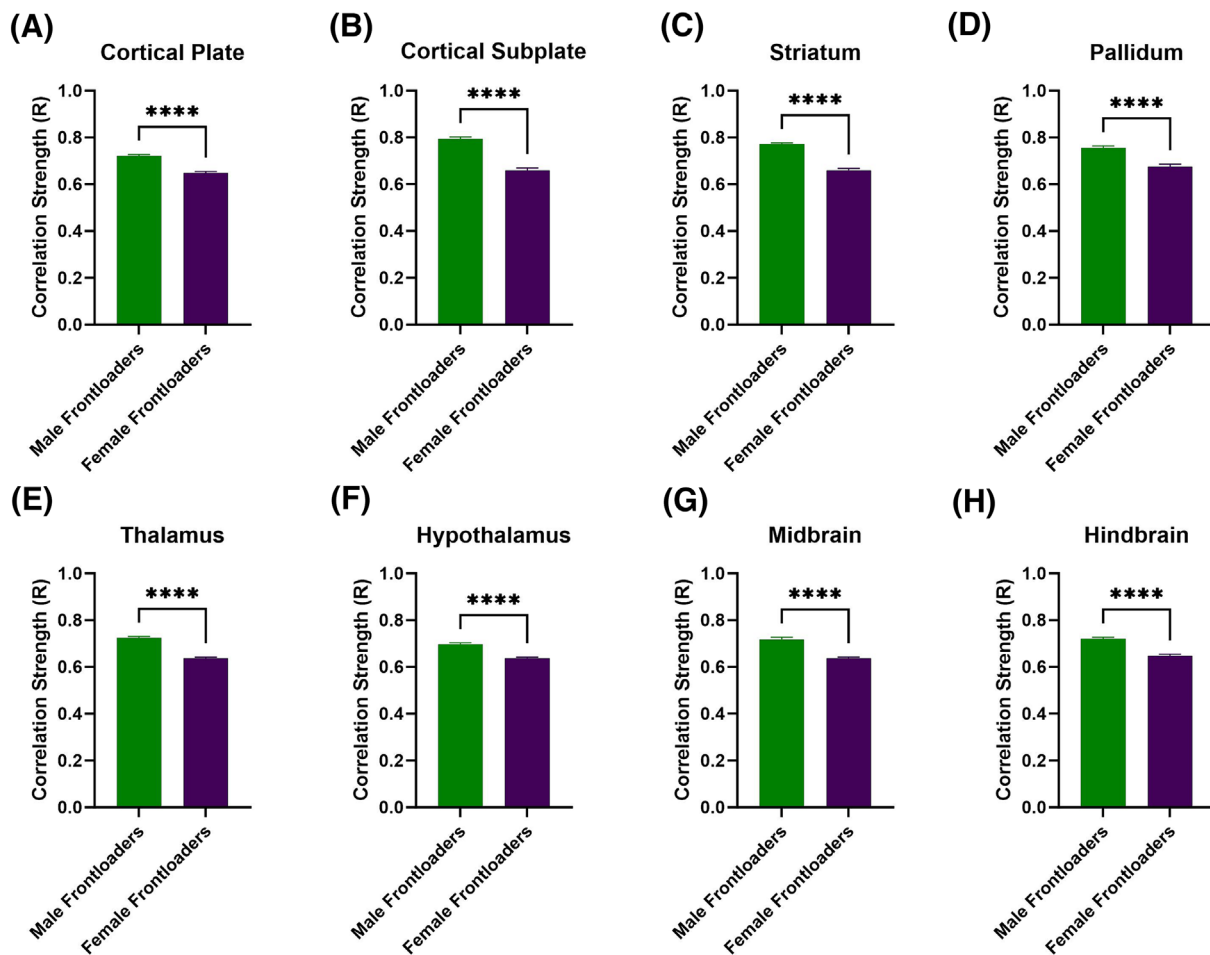
Fos functional correlation matrices for females are shown in Figure 2D,E. In order to compare between the sexes, independent samples  $t$  tests comparing  $R$ -values of male and female frontloaders were conducted. Results of this analysis are displayed in Table 1 and Figure 3. This analysis indicated that male frontloaders displayed higher  $R$  values than female frontloaders in all anatomical divisions (Figure 3). These results suggest males may be uniquely vulnerable to changes in functional connectivity during alcohol frontloading.

**TABLE 1** Results of the independent samples  $t$  tests comparing  $R$  values between male and female frontloaders (see results displayed in Figure 3).

Anatomical division	$t$ (df)	$P$ value
Cortical plate	$t(760) = 7.45$	$p < 0.0001$
Cortical subplate	$t(374) = 10.36$	$p < 0.0001$
Striatum	$t(949) = 11.92$	$p < 0.0001$
Pallidum	$t(314) = 5.93$	$p < 0.0001$
Thalamus	$t(1563) = 11.14$	$p < 0.0001$
Hypothalamus	$t(1590) = 8.81$	$p < 0.0001$
Midbrain	$t(1223) = 7.448$	$p < 0.0001$
Hindbrain	$t(760) = 7.451$	$p < 0.0001$

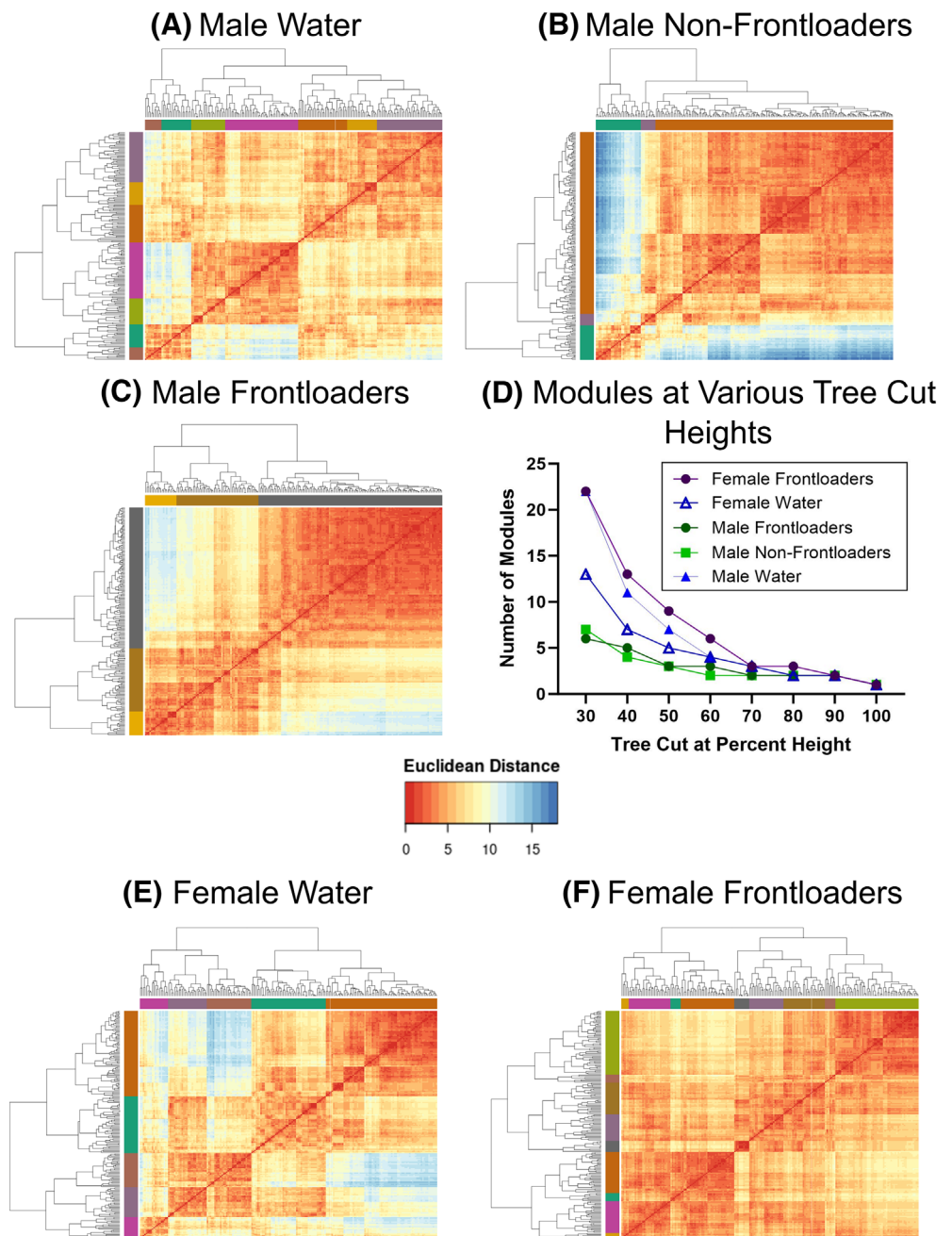
#### 4.4 | Binge drinking reorganizes functional connections in the brain

In males, the hierarchical clustering procedure identified seven modules in water drinkers (Figure 4A), three in non-frontloaders (Figure 4B) and three in frontloaders (Figure 4C). This decreased



**FIGURE 3** Correlation strength ( $R$  value) is compared across female and male frontloaders within anatomical subdivisions. Male frontloaders displayed higher  $R$  values in all anatomical divisions than female frontloaders. These results suggest that correlation strength is altered differently between sexes following alcohol frontloading.

**FIGURE 4** Hierarchical clustering of Euclidean distance matrices for each group. Modules for all groups were determined using a tree-cut height of 50%. Colours on the sides of the graphs indicate where the modules are. In male water drinkers, seven modules were identified (A). In male non-frontloaders, three modules were identified (B). In male frontloaders, three modules were identified (C). The decreased modularity in male alcohol drinking groups (i.e., non-frontloaders and frontloaders) is observed regardless of tree cut percentage height chosen (with the exception of extreme cut off values) (D). In female water drinkers, five modules were identified (D). In female frontloaders, nine modules were identified (E). The increased modularity in frontloaders is observed regardless of tree cut percentage height chosen (with the exception of extreme cut off values) (D).



modularity identified in alcohol-drinking male mice was observed regardless of the tree-cut threshold used (Figure 4D). The modules that each brain region were clustered into are listed in Tables S4 (water), five (non-frontloaders), and six (frontloaders). These results indicate that alcohol binge drinking in males alters the structure of a network.

In females, the hierarchical clustering procedure identified five modules in water drinkers (Figure 4E), and nine in frontloaders (Figure 4F). This increased modularity identified in frontloaders was observed regardless of the tree-cut threshold used (Figure 4D). These results suggest alcohol frontloading alters the structure of the network (increased modularity), but interestingly in the opposite way than it did in males.

#### 4.5 | Identification of specialized nodes in brain networks during alcohol frontloading

An example of how the relationship between participation coefficient and WMDz was used to characterize every brain region's role in its network is shown in Figure S5. Brain regions classified as non-hub connector nodes (having a high participation coefficient), provincial hubs (having a high WMDz), and connector hubs (having both high WMDz and high participation coefficient), were potential key brain regions within a network—each with their own necessary role in the network. Non-hub connector nodes play a role in connecting modules to one another and facilitating connectivity between modules.<sup>32</sup> Provincial hubs play a crucial role in how the modular structure of a network is

determined and facilitate connectivity within a module.<sup>33</sup> Connector hubs enable the flow of information both between and within modules.<sup>33</sup> The use of these connectivity metrics to assess prominent network features has proven fruitful in the field of addiction.<sup>8,10</sup> To describe the networks, modules were given names based on regions with the highest WMDz values. Lists of full brain region names and corresponding abbreviations are in Table S3. Note that these brain region names and abbreviations are from the Allen Brain Atlas.

#### 4.6 | Male water drinkers

Seven modules were identified in the male water drinking functional connectivity network using the hierarchical clustering procedure. There were 1808 edges within this network. One brain region (the VMH) did not have any connections above the 0.7 *R* value threshold as was thus excluded from this network. Modules in the water drinking network were relatively even in size and can be visualized in Figure 5. Further, a relatively even number of connector hubs was observed in each module. A full list of WMDz values, participation coefficient values, module, and categorization for each brain region in the network can be seen in Table S4.

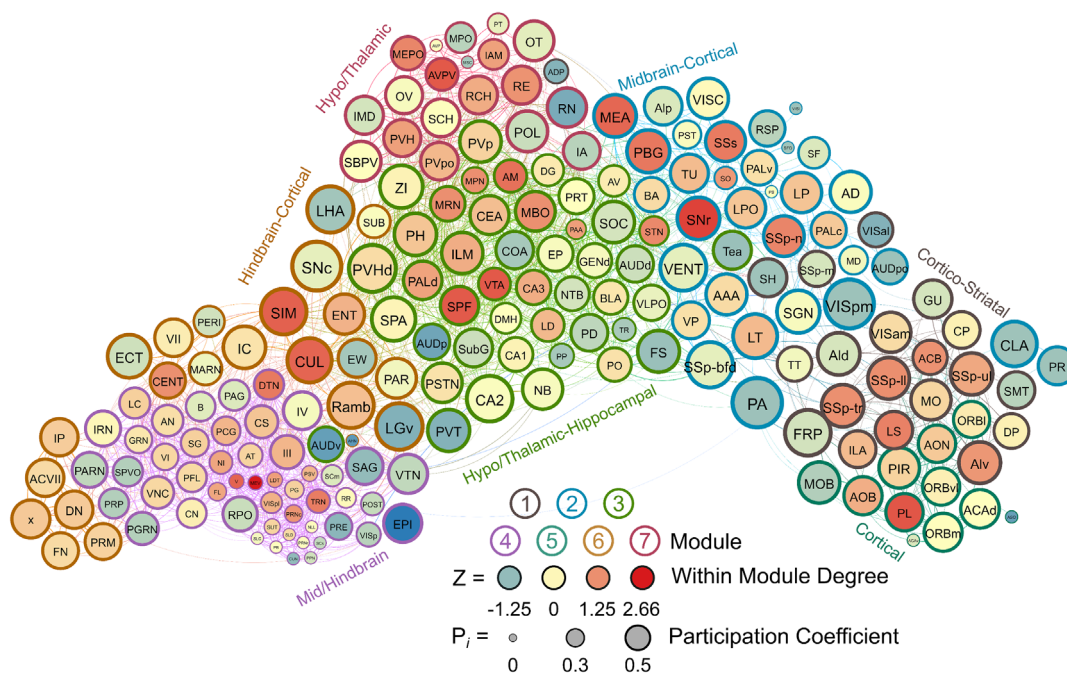
#### 4.7 | Male non-frontloaders

Three modules were identified using the hierarchical clustering procedure in male non-frontloaders. There were 4875 edges within this network. All brain regions had at least one connection to another

brain region at the 0.7 *R* value threshold in this network. Module 1 consisted of provincial hubs, peripheral nodes and ultra-peripheral nodes. This module was driven by intramodular connectivity from hypothalamic-thalamic provincial hubs (e.g., RE, PH, PVpo, SCH and SPA). The peripheral nodes provided sparse connection to the other two modules. In Module 1, the PAG connected to the MSC, providing the only direct connection between Modules 1 and 2. The CS in Module 1 connected to the PG in Module 3 and the RPO (Module 1) also provided connection to the PG, SUT and PSV (Module 3). Module 2 was the largest module in the network (159 brain regions) and consisted primarily of ultra-peripheral nodes (53%), followed by provincial hubs (31%), and peripheral nodes (16%). Though the cartography of Module 2 in male non-frontloaders was similar to that of module 1 in male frontloaders, there were different regions acting as provincial hubs driving within-module connectivity in this largest non-frontloader module. These provincial hubs were comprised of midbrain-hypothalamic-amygdalar-hippocampal regions (e.g., CUN, ZI, CEA, CA3 and CA2). The third module was the smallest and consisted only of connector hubs and peripheral nodes. The connector hubs in this region were all from the hindbrain (IP, SPVO and PRM). Interestingly, the peripheral nodes in this module were also all from the hindbrain (e.g., PSV, SUT, x, PG and TRN). This male non-frontloader network is visualized in Figure 6. See also Table S5.

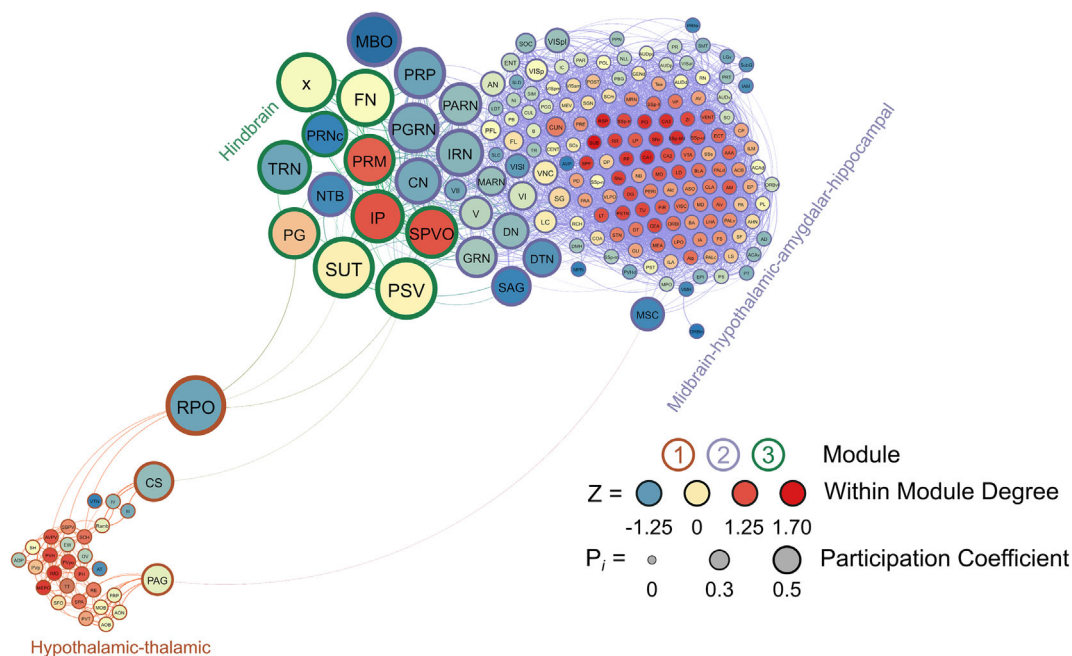
#### 4.8 | Male frontloaders

Like in male non-frontloaders, three modules were identified using the hierarchical clustering procedure in male frontloaders. There were 3853



**FIGURE 5** A visualized network of functional connectivity in male water drinkers. Each brain region is a circle. The size of the circle represents the participation coefficient. The colour inside the circle represents the WMDz. The colour on the outside of the circle represents the module. Seven distinct modules were identified using hierarchical clustering (Figure 4A) and each is represented by a different colour.





**FIGURE 6** A visualized network of functional connectivity in male non-frontloaders.

edges within this network. All brain regions had at least one connection to another brain region at the 0.7  $R$  value threshold in this network. Module 1 represented a majority of the network (123 brain regions) and was comprised primarily of ultra-peripheral nodes (61%), then provincial hubs (30%) and peripheral nodes (9%). This largest module was driven by high intramodule connectivity from cortico-striatal-hippocampal provincial hubs (e.g., CP, Alv, CA3, AAA, LS, ACB and PIR). The peripheral nodes (e.g., VTA, CN and V) provided connection to Module 2, but not to Module 3. Module 2 was the mid-sized module, and it was driven by hypothalamic-hindbrain connector hubs (e.g., PG, SBPV, RPO, MEPO and PVHd) and provincial hubs (e.g. FL, SCH, LC and IRN). Module 2 also housed the only two non-hub connector nodes in the entire male front-loader network, the MPO and PS (both hypothalamus), suggesting that the intermodule connections facilitated by these hypothalamic-hindbrain connector hubs and non-hub connector nodes in Module 2 are crucial for information flow throughout the entire network. This is important as Module 1 did not have any direct links to Module 3. Module 3 was the smallest module and was driven by hypothalamic-thalamic-mid/hindbrain connector hubs (PVH, RE, and TRN) and a provincial hub (PVT). Of note, the PVT (paraventricular nucleus of the thalamus) had the third largest WMDz within the entire network (WMDz = 1.63). The PVT uniquely stood as a single provincial hub in Module 3 (where Module 1 had 37 and Module 2 had 10 provincial hubs), suggesting that the PVT is uniquely responsible for Module 3's partition within the network and that the PVT plays a large role in intramodule connectivity in this hypo/thalamic-mid/hindbrain module. This male front-loader network is visualized in Figure 7. See also Table S6.

#### 4.9 | Female water drinkers

Five modules were identified in female water drinkers using the hierarchical clustering procedure. There were 2695 edges in this network. Four brain regions (PP, ASO, ZI and SAG) did not have any connections above the 0.7  $R$  value threshold as were thus excluded from this network. Interestingly, unlike in the male water drinking network, not all modules contained connector hubs. Female water drinking modules were driven by connector or provincial hubs, with only two of five modules containing both types of hubs. Module 1 contained 12 connector hubs and two provincial, and both types of hubs were primarily hypothalamic-hindbrain regions (e.g., PRP, SBPV, SG and MEPO). Module 2 was driven by mid/hindbrain-hypothalamic provincial hubs (e.g., B, VTA, DMH, PAG and VLPO). Module 3 was driven by cortico-amygdalar-hindbrain connector hubs (e.g., EP, MEA, V, VII and Alp). Module 4 was driven by visual-auditory provincial hubs (e.g., VISI, VISal, AUDv and AUDp). Lastly, Module 5 was driven by thalamo-cortical-hindbrain connector hubs (e.g., PO, CUL, ENT and PFL) and a cortical provincial hub (DG). Module 4 was the smallest, containing only 16 brain regions. The other four modules were relatively even in size. These results suggest that, in female water drinkers, some modules specialize in inter-modular communication (those driven by primarily connector hubs, i.e., Modules 1, 3 and 5) and some modules specialize in intramodular communication (those driven by provincial hubs, i.e., Modules 2 and 4). This female water drinking network is visualized in Figure 8. See also Table S7.

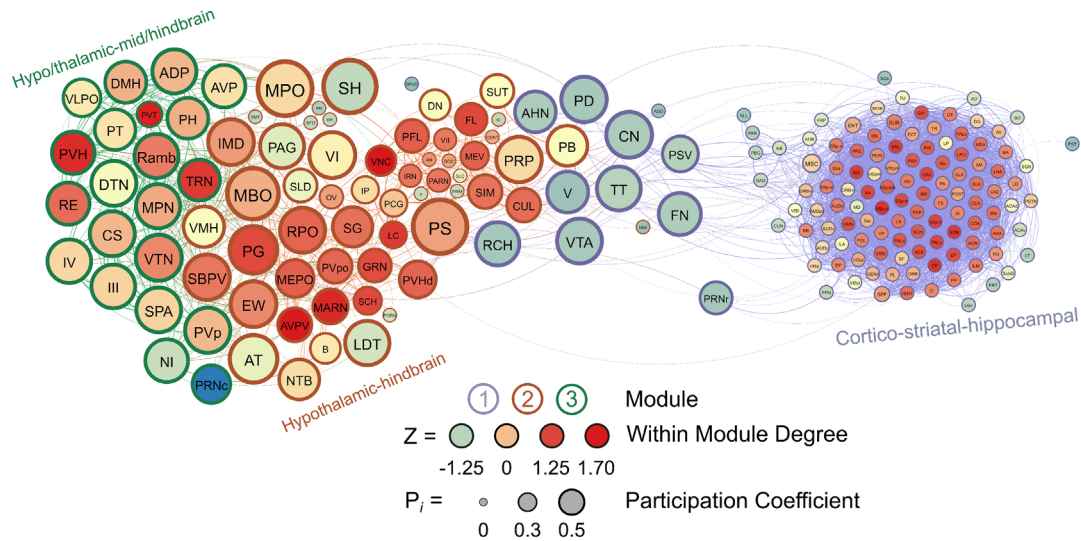


FIGURE 7 A visualized network of functional connectivity in male frontloaders.

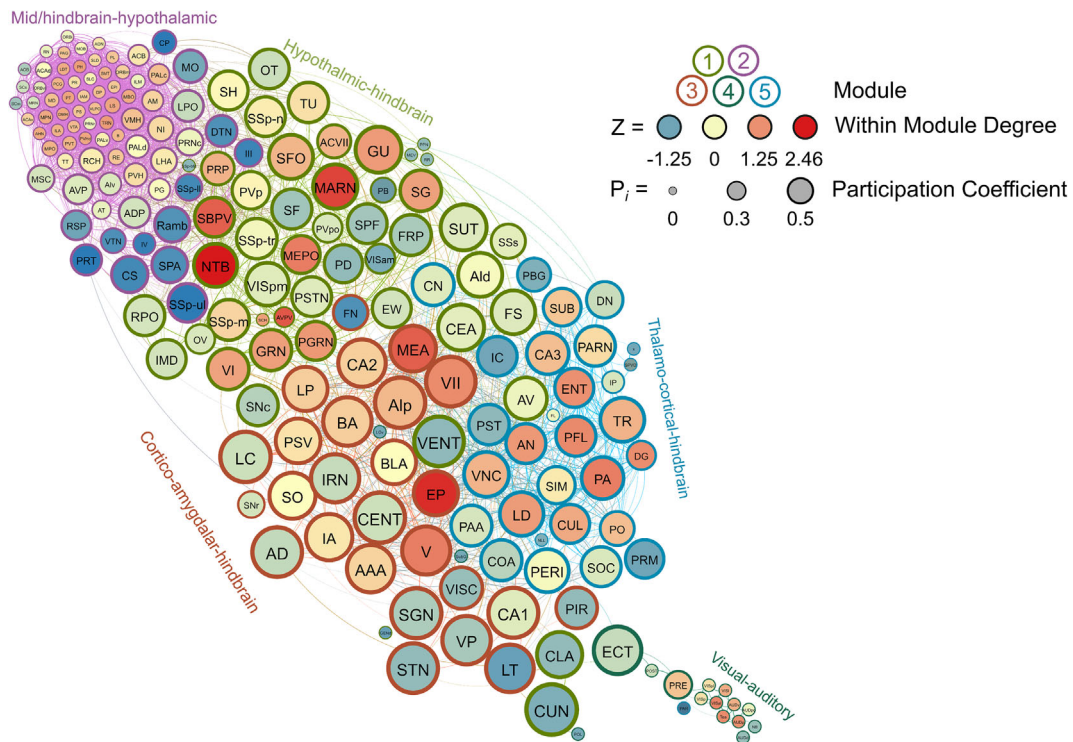


FIGURE 8 A visualized network of functional connectivity in female water drinkers.

#### 4.10 | Female frontloaders

Nine modules were identified in female frontloaders using the hierarchical clustering procedure. There were 1836 edges in this network. Six brain regions (ASO, CUN, LT, NLL, SOC and VISpm) did not have any connections above the 0.7 *R* value threshold as were thus excluded from this network. Module 1 was small (seven brain regions) and was driven by the orbital area, lateral part (ORBI) acting as a connector hub. Module 2 was driven by cortico-amygdala

connector hubs (e.g., PIR, CEA, MEA and BLA). Module 3 had one connector hub, the central lobule (CENT), and five provincial hubs which were also predominantly hindbrain regions (e.g., CN, CUL and FL). Module 4 was driven by thalamo-hippocampal connector hubs (e.g., CA3, CA1, LHA and DG). Module 5 was the second smallest module (five brain regions) and contained one connector hub, the RPO, and one provincial hub, the EW. Module 6 contained no connector hubs but had 21 provincial hubs which were primarily hypothalamic-thalamic regions (e.g., IAM, LS, AVP and PVHd).

Module 7 was the smallest module (four brain regions) and consisted of one connector hub (AON) and three peripheral nodes. This small node primarily consisted of sensory brain regions (AON and MOB for olfaction, LPO for vision), but interestingly also contained nucleus accumbens as a peripheral node. Module 8 contained three connector hubs and three provincial hubs from mid-hindbrain regions. Module 9 contained one connector hub and nine provincial hubs from mid-hindbrain regions. This female frontloading network is visualized in Figure 9. See also Table S8.

#### 4.11 | Binge alcohol drinking alters the network cartography of male, but not female, mice

Chi-square analyses indicated that male frontloaders displayed network cartography which differed from the male water group,  $\chi^2(4) = 120.4$ ,  $p < 0.0001$ . Similar results were found when comparing the male non-frontloaders to the male water group,  $\chi^2(4) = 178.9$ ,  $p < 0.0001$ . In contrast, female frontloaders and female water drinkers did not differ,  $\chi^2(4) = 2.941$ ,  $p > 0.05$ . Overall, male water drinkers had more connector hubs (with better distribution throughout modules), more non-hub connector nodes, and fewer ultra-peripheral nodes, which indicated more intermodular communication in water drinkers than non-frontloaders and frontloaders, Figure 10A–C. In contrast, female water drinkers and frontloaders had a strikingly similar network cartography, Figure 10D,E.

#### 4.12 | Brain regions that may drive frontloading

To consider which brain regions may be important in frontloading behaviour, lists of connector hubs (high WMDz and high participation coefficient), provincial hubs (high WMDz) and non-hub connector nodes (high participation coefficient) were compared within sex between groups. Brain regions in these categories, with overlap between frontloaders and non-frontloaders or frontloaders and water drinkers, were considered to not be uniquely important in frontloading behaviour. A list of connector hubs, provincial hubs, and non-hub connector nodes with no overlap between frontloaders and their within-sex control groups was generated. Graphs of those regions can be seen in Figure 11A,B for males and females, respectively.

## 5 | DISCUSSION

In males, alcohol frontloading increased co-activation in the striatum and hypothalamus compared to water drinking. In contrast, frontloading decreased the strength of correlation compared to both non-frontloaders and water drinkers in the cortical plate, midbrain, and hindbrain, suggesting that alcohol frontloading results in recruitment of brain regions divergent from binge drinking which does not use a frontloading pattern (Figures 2 and S4). Alcohol drinking (both frontloading and non-frontloading) decreased modularity and led to the recruitment of more ultra-peripheral nodes and fewer connector hubs

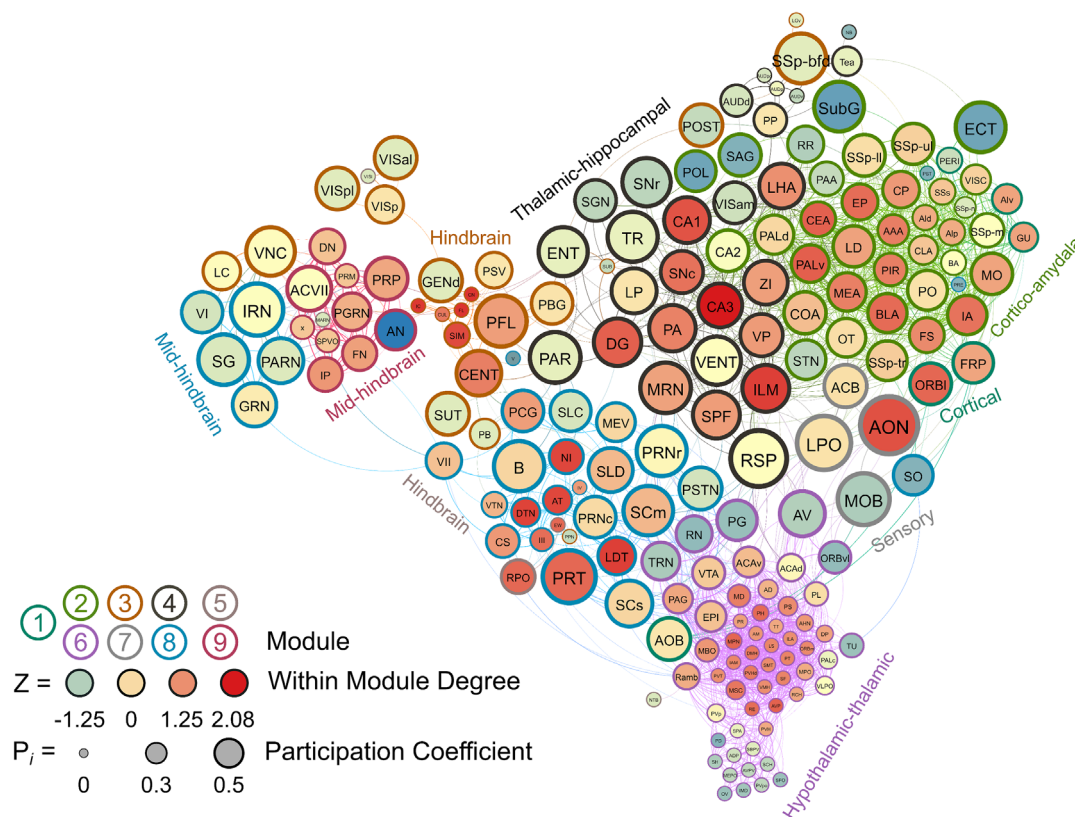
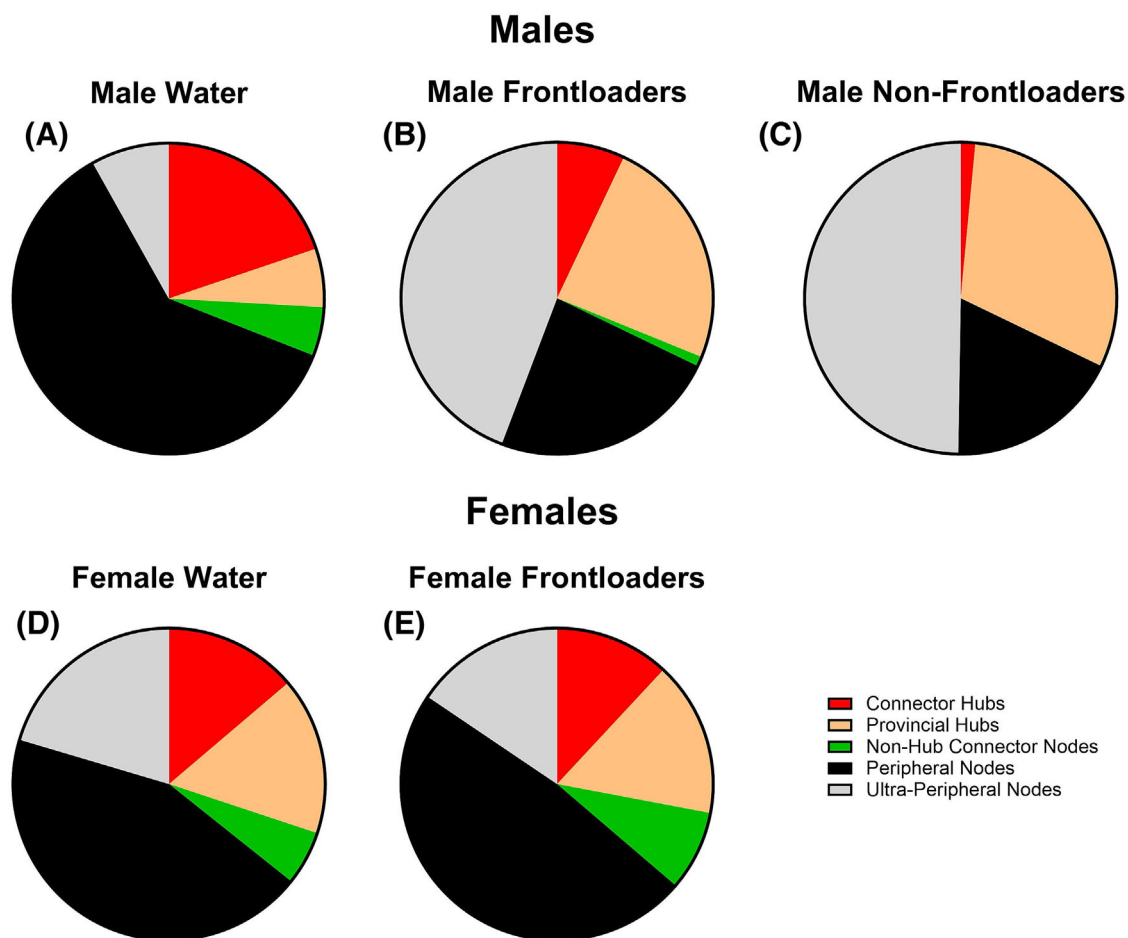


FIGURE 9 A visualized network of functional connectivity in female frontloaders.



**FIGURE 10** Network cartography. Male water drinkers (A) had more identified connector hubs and non-hub connector nodes—and fewer ultra-peripheral nodes—as compared to male non-frontloaders (B) and male frontloaders (C). These results suggest that water drinking mice have a more globally connected brain network. Female water drinkers (D) and female frontloaders (E) displayed a similar breakdown of types of hubs and nodes within their respective network.

as compared to water drinking (Figures 4 and 10). This difference in network cartography between alcohol drinkers as compared to water drinkers is similar to a recent MEG study which reported a loss of hub regions as non-human primates transitioned from early to chronic heavy drinking.<sup>34</sup> Although the same number of modules was identified in male frontloaders and non-frontloaders, these networks displayed some differences in key brain regions involved. Ultimately, four connector hubs and 17 provincial hubs were uniquely identified in male frontloaders (i.e., were brain regions that did not have this status in male non-frontloaders or water drinkers; Figure 11A).

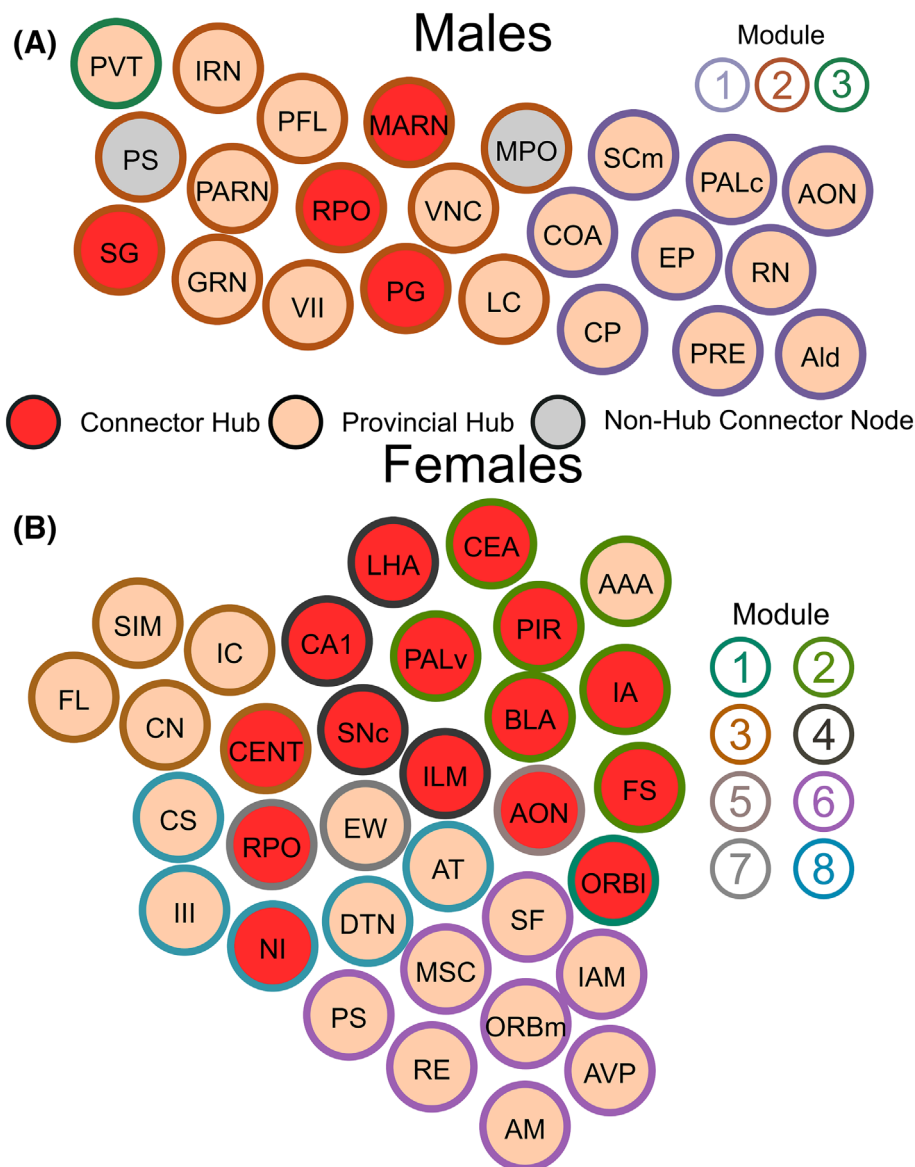
In female frontloaders, correlation strength was decreased as compared to water drinkers in all anatomical divisions except for the cortical subplate and thalamus (no differences) and the midbrain (where frontloading increased co-activation as compared to water drinking). Additionally, it was found that male frontloaders had greater co-activation in all anatomical divisions as compared to female frontloaders, Figure 3. A limitation in the current study is the inability to calculate network activity for female non-frontloaders due to a low *n* in this group. Therefore, the conclusions in females cannot be made about alcohol frontloading specifically compared to non-frontloading

alcohol drinking but do allow for conclusions about how alcohol binge drinking rearranges functional networks in females. The current results are similar to those of prior studies which have reported a decrease in correlation strength in isocortex, cortical subplate, striatum and pallidum in female alcohol drinkers as compared to both female water drinkers and male alcohol drinkers.<sup>6</sup> Prior work has also shown that female binge drinking mice display lower correlation strength in most brain regions as compared to water controls.<sup>7</sup> In the current study, it was found that alcohol binge drinking increased modularity compared to water consumption, which is similar to previous results.<sup>7</sup> Lastly, 16 connector and 17 provincial hubs were uniquely identified which were distributed across eight of the nine modules in the female alcohol drinker network, Figure 11B.

### 5.1 | Sex differences in frontloading: do males and females binge drink for different reasons?

The current study identified differences in functional network activation between the sexes. In males, the unique key brain regions

**FIGURE 11** Connector hubs, provincial hubs and non-hub connector nodes which were unique to male frontloaders (A) and female frontloaders (B). Each brain region is a circle. The colour inside the circle represents the role of the brain region in the male frontloader network. The colour on the outside of the circle represents the module. As these brain regions were not key brain regions in male non-frontloaders or male water drinkers, they may play a unique role in alcohol frontloading.



identified in frontloaders (Figure 11A) included overlap with brain regions known to play a role in drug seeking and withdrawal.<sup>35</sup> The paraventricular nucleus of the thalamus (PVT) was uniquely important in the male frontloading network as it was the sole provincial hub in the hypo/thalamic-mid/hindbrain module, suggesting that the PVT is responsible for this module's partition within the network. More generally, the PVT has recently been described as playing an integral role in regulating homeostatic behaviour in part through incorporating information about prior experience. A hypothesis which arises from the current findings is that male mice engage in alcohol frontloading to reach a desired set point of intoxication which is motivated from learned experiences with alcohol drinking. This set point may be regulated through the PVT, though further research is needed to assess what causal role, if any, the PVT plays in alcohol frontloading.<sup>36</sup> In this regard, the PVT and its circuitry may be of interest for future work aimed at manipulating frontloading behaviour, as it is established that alcohol frontloading is driven by prior experience with alcohol.<sup>28</sup>

Considering some of the circuitry involved, the PVT receives noradrenergic input from locus coeruleus (LC),<sup>31,37</sup> which was also a key brain region uniquely identified in male frontloaders. The noradrenergic system has been shown to play a role in alcohol use and addiction.<sup>30,38-40</sup> The nucleus raphe pontis (RPO) sends serotonergic input to the PVT,<sup>41</sup> with the RPO being another key brain region identified in male frontloaders. The RPO was the only unique connector hub with overlap in both male and female frontloaders, suggesting that serotonergic projections may play a role in frontloading in both sexes. Serotonergic projections have a role in regulating alcohol intake,<sup>42-44</sup> preference,<sup>45</sup> dependence,<sup>46</sup> and changes in plasticity following drinking.<sup>47</sup> Lastly, the cortical amygdalar area (COA) was identified as a key brain region in male frontloaders which may be of particular interest because the COA has been identified as a hub in two other recent alcohol iDISCO studies.<sup>8,9</sup> The COA processes both olfactory and emotionally salient stimuli associated with alcohol. This dual role is underscored by increased COA activity when exposed to alcohol-

related cues, suggesting its integration of sensory and emotional responses.<sup>9</sup> The anterior olfactory nucleus (AON) was also identified as a provincial hub in males in the same module as the COA, suggesting that these olfactory brain regions, in part, drive the partition of one of the three modules identified in male frontloaders. Together, these results suggest that alcohol frontloading results in the recruitment of brain regions which may comprise a circuit of serotonergic (RPO) and noradrenergic (LC) inputs to the PVT which then sends output to olfactory and cortical areas. Together, this circuit centred around the PVT may play a role in alcohol frontloading in male mice which drives, or is driven by, the desire to consume alcohol quickly for its rewarding effects.

In females, 16 connector and 17 provincial hubs were uniquely identified (Figure 11B). The Edinger-Westphal nucleus (EW) was identified as a provincial hub in the same module as the RPO. The RPO was the only unique connector hub with overlap between both sexes, and it has been shown that urocortin-positive neurons in the EW are important for escalation of alcohol intake.<sup>48</sup> Several amygdala brain regions were also uniquely identified as hubs in female frontloaders. These included the BLA and IA as connector hubs, with the AAA acting as a provincial hub. Of note, there was not a prominent group of amygdala regions identified as playing a hub role in male frontloaders. It is well established that the amygdala has a role in alcohol drinking. Both the BLA and CEA show dysregulation of corticotropin releasing factor (CRF) circuitry.<sup>49–57</sup> The CEA has known roles in regulating negative affective states, which has been shown to relate alcohol drinking and dependence.<sup>58</sup> It is possible that this recruitment of many amygdala regions in female frontloaders suggests a role of negative reinforcement in female binge drinking/frontloading. Our recent review discussed the idea that while negative reinforcement is not necessary for the development of alcohol frontloading, it does exacerbate it,<sup>1</sup> also see previous works.<sup>59,60</sup> Therefore, females drinking alcohol for negative reinforcement is a viable hypothesis, but future research is needed to determine the relationship between female binge drinking, frontloading and negative reinforcement.

An additional or alternative hypothesis that arises from the prominence of amygdala regions in females is that binge drinking is driven by stress or anxiety. In addition to their roles in addiction, the CEA and BLA are validated to regulate responses to anxiety and fear.<sup>54,61–63</sup> Recent work suggests that women are more likely to drink to cope with stress and anxiety as compared to men,<sup>64</sup> and women who experience social stress reach higher BECs in a subsequent open access drinking test as compared to men.<sup>65</sup> Though the current protocol did not measure cortisol levels or conduct any anxiety assays, the recruitment of many amygdala brain regions as hubs in female alcohol binge drinkers, but not males, raises the hypothesis that female C57BL/6J binge drinking may in part be driven by anxiety. This is an avenue for future research.

In terms of alcohol frontloading behaviour, few studies have assessed sex differences. A recent study in rats reported a main effect of total intake where female rats outdrank males during operant alcohol self-administration, with greater frontloading in females driving this higher total alcohol intake.<sup>22</sup> Notably, we found in the current study

that there were few female non-frontloaders on Day 8 when brains were harvested. We note that intake within the first 20 min increased over days in female non-frontloaders (Figure 1E), which may be a contributing factor for why more female mice ultimately engaged in a frontloading drinking pattern on the last day. Research from other labs similarly suggests that female C57BL/6J mice increase early DID session intake over days.<sup>66</sup> Sex differences in rodent binge drinking has been reviewed elsewhere,<sup>67,68</sup> but future work warrants more research on the alcohol drinking patterns of both females and males and how these may represent risk factors for the development of AUD.

## 6 | CONCLUSIONS

In conclusion, the current study identified sex differences in modularity and brain regions expressing co-activation following binge alcohol drinking. Together, these results indicate that binge alcohol drinking remodels the functional architecture of networks differently between the sexes, leading to fewer, but more densely connected, groups of brain regions in males but not females. These results suggest that alcohol frontloading leads to a reduction in network efficiency in male, but not female, mice. Further, in males, these results suggest that frontloading specifically differs from non-frontloading in terms of which brain regions displayed co-activation, leading to the recruitment of different brain regions as hubs when a frontloading drinking pattern is used.

### AUTHOR CONTRIBUTIONS

**Cherish E. Ardinger:** Conceptualization; methodology; data collection; writing—original draft; writing—review and editing; data curation; formal analysis. **Yueyi Chen:** Data collection; writing—review and editing; methodology. **Adam Kimbrough:** Funding acquisition; methodology; writing—review and editing; resources; software. **Nicholas J. Grahame:** Conceptualization; funding acquisition; writing—review and editing. **Christopher C. Lapish:** Conceptualization; funding acquisition; writing—review and editing; formal analysis; supervision.

### CONFLICT OF INTEREST STATEMENT

The authors have no conflicts of interest to disclose.

### DATA AVAILABILITY STATEMENT

Correlation matrix data and Fos+ cell counts are openly available via FigShare: [https://figshare.com/projects/Data\\_Sex\\_Differences\\_in\\_Neural\\_Networks\\_Recruited\\_by\\_Front-loaded\\_Binge\\_Alcohol\\_Drinking/189990](https://figshare.com/projects/Data_Sex_Differences_in_Neural_Networks_Recruited_by_Front-loaded_Binge_Alcohol_Drinking/189990). Additional data can be made available by request.

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## SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

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