Pharmacokinetics and Pharmacodynamics of Imipenem during Continuous Renal Replacement Therapy in Critically Ill Patients

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The pharmacokinetics of imipenem were studied in adult intensive care unit (ICU) patients during continuous venovenous hemofiltration (CVVH; $n = 6$ patients) or hemodiafiltration (CVVHDF; $n = 6$ patients). Patients (mean \pm standard deviation age, 50.9 ± 15.9 years; weight, 98.5 ± 15.9 kg) received imipenem at 0.5 g **every 8 to 12 h (total daily doses of 1 to 1.5 g/day) by intravenous infusion over 30 min. Pre- and postmembrane blood (plasma) and corresponding ultrafiltrate or dialysate samples were collected 1, 2, 4, and 8 or 12 h (depending on dosing interval) after completion of the drug infusion. Drug concentrations were measured using validated high-performance liquid chromatography methods. Mean systemic clearance (CL***S***) and elim**ination half-life ($t_{1/2}$) of imipenem were 145 ± 18 ml/min and 2.7 ± 1.3 h during CVVH versus 178 ± 18 ml/min and 2.6 \pm 1.6 h during CVVHDF, respectively. Imipenem clearance was substantially increased during both **CVVH and CVVHDF, with membrane clearance representing 25% and 32% of CL***S***, respectively. The results of this study indicate that CVVH and CVVHDF contribute to imipenem clearance to a greater degree than previously reported. Imipenem doses of 1.0 g/day appear to achieve concentrations adequate to treat most common gram-negative pathogens (MIC up to 2 g/ml) during CVVH or CVVHDF, but doses of 2.0 g/day or more may** be required to adequately treat and prevent resistance in pathogens with higher MICs (MIC $=$ 4 to 8 μ g/ml). **Higher doses should only be used after consideration of potential central nervous system toxicities or other risks of therapy in these severely ill patients.**

Imipenem-cilastatin is frequently used in critically ill patients due to its broad spectrum of potent antimicrobial activity against many common gram-positive and gram-negative pathogens, including *Pseudomonas aeruginosa*, that has been maintained through many years of clinical use (8, 20). A number of published studies have evaluated the pharmacokinetics of imipenem and cilastatin in critically ill patients with severe acute renal failure undergoing continuous renal replacement therapies (CRRT) (14, 19, 25, 32, 38, 43). However, there are important questions regarding the applicability of these previous studies to current clinical practice. These older studies are probably no longer useful as guides in the dosing of imipenem-cilastatin due to the current use of newer high-flux, largesurface-area hemofilters that were not available when these studies were performed (34). In addition, several of these older studies evaluated drug dosing during continuous arteriovenous procedures that are no longer routinely used in favor of the better tolerated and less invasive venovenous techniques, such as continuous venovenous hemofiltration (CVVH) (19, 32, 43). Even more recently published studies may no longer be adequate to guide imipenem-cilastatin dosing due to rapid advances in CRRT techniques (14, 38). For example, a study of imipenem pharmacokinetics during continuous venovenous hemodiafiltration (CVVHDF) utilized ultrafiltration rates of 60 to 180 ml/h (14). However, in two recently published studies of patients receiving CVVH at our institution, ultrafiltration rates of 700 to 1,400 ml/h were utilized (23, 24). Since ultrafil-

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tration rate is one of the primary determinants of drug clearance during CRRT (7, 12, 17), it is unknown whether the results of previous studies can be used to make accurate imipenem dosing recommendations during CRRT using current methods.

Current CRRT techniques have the potential to increase systemic drug clearance to a greater degree than anticipated based on previously published recommendations. Critically ill patients also often have larger volumes of distribution for antimicrobials than less severely ill or healthy persons due to a number of factors, including alterations in protein binding and increased total fluid volumes (1, 31, 40). The net result of these changes in critically ill patients may be plasma concentrations of antimicrobials that are substantially lower than expected. The lack of clinical data regarding imipenem-cilastatin dosing in patients receiving modern CRRT is thus of concern due to the potential for unanticipated pharmacokinetic alterations with associated poor clinical and microbiological outcomes.

The primary objective of the present study was therefore to more fully characterize the pharmacokinetic disposition of imipenem in critically ill adult intensive care unit (ICU) patients during currently used CVVH or CVVHDF regimens. The present study also evaluated the pharmacodynamic adequacy of prescribed dosing regimens by comparing imipenem concentrations achieved with MICs of pathogens isolated from study patients as well as those reported in the medical literature for typical ICU pathogens.

MATERIALS AND METHODS

Patient eligibility. This was a prospective open-label study of imipenem-cilastatin administered as the combination product in a fixed 1:1 ratio (Merck & Co., Inc., Whitehouse Station, NJ). All adult patients greater than 18 years of age who were hospital inpatients in a medical, surgical or burn/trauma ICU, who were prescribed imipenem-cilastatin as part of their required medical care, and who were receiving CRRT for treatment of severe renal failure were eligible for

inclusion in this study. Exclusion criteria included age less than 18 years or use of conventional hemodialysis rather than CRRT. The study was approved by the Institutional Review Board of the hospital where the study was performed, and written informed consent was obtained from all patients or their legally designated representatives prior to study entry.

Medications. Patients enrolled into the study received imipenem-cilastatin as part of their medical care. Dosing regimens were determined by the physicians caring for the patients and selected based on clinical indication, institutional dosing guidelines, and published dosing guides available to the medical house staff (10). Imipenem-cilastatin regimens thus consisted of 0.5-g doses administered intravenously every 8 to 12 h for total daily doses ranging from 1.0 to 1.5 g/day. Imipenem-cilastatin doses were infused over 30 min. Specific dosing regimens and times of administration were recorded for each study patient. Complete medical histories were obtained for each enrolled patient, and complete physical examinations and laboratory review of blood chemistry and hematology profiles were performed and reviewed prior to collection of samples for pharmacokinetic analysis.

CRRT technique. For all patients, CRRT was administered using a Hospal BSM-22SC machine (CGH Medical, Lakewood, CO) with a Multiflow60 AN69HF 0.60-m² polyacrylonitrile hollow fiber membrane (Hospal Industrie, Meyzieu, France). Vascular access was obtained by introduction of a 12 French, 20-cm double-lumen central venous catheter (Arrow, Reading, PA) into a femoral vein. CRRT was managed by the renal consult service caring for the patient, and parameters such as blood flow rate (Q_b) and dialysate flow rate (Q_d) for those receiving CVVHDF were adjusted as therapeutically necessary. Replacement fluids usually consisted of 0.9% sodium chloride alternating with 0.45% sodium chloride plus 75 meq/liter of sodium bicarbonate; these fluids were delivered postmembrane via a volumetric pump. During CVVHDF, dialysate fluids (Premixed dialysate for hemodiafiltration; Baxter Healthcare, Deerfield, IL) were also delivered via a volumetric pump into the dialysate compartment of the filter in a direction countercurrent to the blood flow. Additional electrolytes such as calcium and potassium were added to replacement and dialysate fluids as required. The extracorporeal circuit was anticoagulated as clinically indicated with heparin sodium at rates ranging from 100 to 1,100 IU/h. Data for parameters such as Q_b , Q_d , and ultrafiltrate flow rate (Q_{uf}) were obtained from the CRRT hourly monitoring logs kept for each patient. Urine output data were obtained from routine ICU patient monitoring data sheets.

Sample collection and storage. In order to obtain plasma imipenem concentrations at or near steady state, pharmacokinetic sampling was performed at least 24 h after initiation of the CRRT and drug therapy and after obtaining informed consent. Pre- and postmembrane venous blood samples were obtained at time zero (just before the beginning of the drug infusion), 1, 2, 4, and 8 h after the completion of the drug infusion in all patients. Samples were also obtained in all patients just before administration of the next dose (either 8 or 12 h after the previous dose, depending on specific dosing interval ordered) whenever possible. Samples (4 ml) were taken from the in-line blood access port in the extracorporeal circuit and collected into tubes containing EDTA as an anticoagulant. Because imipenem is rapidly hydrolyzed in plasma through a pH-dependent reaction (37), blood samples were centrifuged immediately after collection and aliquots of plasma were mixed 1:1 with 0.5 M morpholinoethanesulfonic acid (MES; Fisher Scientific, Pittsburgh, PA) buffer solution at a pH of 6.0 in labeled polyethylene vials. Dialysate and/or ultrafiltrate samples (20 ml) were obtained simultaneous with blood samples in order to determine sieving coefficients and filter clearances. Dialysate and/or ultrafiltrate samples were collected from the CRRT apparatus directly into labeled polyethylene containers containing 0.5 M morpholinopropanesulfonic acid (MOPS; Fisher Scientific, Pittsburgh, PA) buffer solution in a quantity sufficient to achieve a 1:20 buffer-sample mixture at pH 6.9. Buffered plasma, dialysate, and ultrafiltrate samples were frozen at -80°C immediately after processing and kept frozen until assayed.

Sample assay. Imipenem concentrations in plasma and dialysate/ultrafiltrate were determined using reversed-phase high-performance liquid chromatography (HPLC) with UV detection according to previously published methods with minor adaptations (13, 38). The HPLC system utilized a Novapak C_{18} 4.6-mm by 150-mm column with a guard column containing Novapak C_{18} inserts (Waters, Milford, MA), and the detector was set at a wavelength of 298 nm. The mobile phase consisted of 0.2 M boric acid-methanol (3:97 [vol/vol]) adjusted to a pH of 7.2. Analytical-grade imipenem powder for validation and quality control of the HPLC assay was supplied by Merck & Co., Inc. (Whitehouse Station, NJ). Ceftriaxone (Sigma, St. Louis, MO) was used as an internal standard. The extraction procedure for buffered plasma samples involved precipitation of proteins with methanol followed by centrifugation. After vortexing, the organic and aqueous phases were separated by centrifugation, and an aliquot of the aqueous phase was injected into the HPLC system. No extraction was performed on the dialysate/ultrafiltrate samples; these were injected directly into the system.

Coefficients of determination (r^2) for the plasma imipenem assay over the standard curve concentration ranges (0.25 to 200.0 μ g/ml) were 0.996 to 0.999 for the entire study. For this study, within-day coefficients of variation (CV) for plasma imipenem samples were 1.6%, 0.9%, and 1.1% at concentrations of 2, 50, and 150 μ g/ml, respectively. Between-day CV for plasma samples were 2.2%, 1.7%, and 1.3% at concentrations of 2, 50, and 150 μ g/ml, respectively. Coefficients of variation (r^2) for the ultrafiltrate/dialysate imipenem assay over the standard curve concentration ranges (0.25 to 100.0 μ g/ml) were in the range of 0.997 to 1.000 for the entire study. For this study, the within-day CV for dialysate/ ultrafiltrate samples were 3.3%, 2.5%, and 2.1% at concentrations of 1, 10, and 50 μ g/ml, respectively. Between-day CV for dialysate/ultrafiltrate samples were 3.0%, 2.6%, and 2.3% at concentrations of 1, 10, and 50 μ g/ml, respectively. The lower limit of imipenem quantitation in both plasma and ultrafiltrate/dialysate samples for this study was $0.25 \mu g/ml$, the lower limit of the standard curves.

Pharmacokinetic analysis. Plasma concentration-time data for imipenem were analyzed by standard pharmacokinetic methods. Imipenem has previously been demonstrated to follow a two-compartment open model during CRRT (38); however, curve fitting of data points obtained in this study (GraphPad Prism version 4.01 for Windows; GraphPad Software, San Diego, CA) demonstrated that a one-compartment open model with first-order elimination performed equally well in describing imipenem pharmacokinetics. Premembrane plasma drug concentrations were used to determine pharmacokinetic parameters. The apparent terminal elimination rate constant (k_{el}) was determined by least-squares regression analysis of the terminal portion (last three to four concentration-versus-time points) of the natural log concentration-time curve. Elimination half-life $(t_{1/2})$ was calculated as $0.693/k_{\text{el}}$. Maximum plasma drug concentration (C_{max}) was calculated as C_{first}/e^{-kt} , where C_{first} is the first measured plasma concentration (approximately 1 h postinfusion), k is k_{el} , and t is the time from the end of the drug infusion to C_{first} . Minimum plasma concentration (*C*min) was determined by direct measurement or, in some patients, calculated as $C_{\text{last}} \times e^{-kt}$, where C_{last} is the last measured plasma concentration, *k* is k_{el} , and *t* is the time from C_{last} to the end of the dosing interval. The area under the concentration-time curve from time zero to the end of the 24-h dosing interval (AUC_{0-24}) was calculated by the linear trapezoidal summation method. For patients in whom imipenem was administered every 12 h, the total 24-h AUC was calculated as $AUC_{0-12} \times 2$; for patients receiving imipenem every 8 h, the total 24-h AUC was calculated as $AUC_{0-8} \times 3$. Since true pharmacokinetic steadystate conditions could not be assumed in all patients, volume of distribution (*V*) was calculated by non-steady-state methods which take into account the number of doses previously administered (36) . Total systemic clearance (CL_S) was calculated by dose/ AUC_{0-r} , the AUC from time zero to the end of the dosing interval. Since C_{max} measured in this study represents total (bound plus free) drug, total drug concentrations were converted to maximum free concentrations $(C_{\text{max,free}})$ by measured $C_{\text{max}} \times 0.83$, the approximate free fraction of imipenem in human plasma. The time during which plasma concentrations of free drug are above the MIC of the infecting pathogen $(T >$ MIC) was then calculated as natural log $(C_{\text{max, free}}/C_{\text{MIC}})/k_{\text{el}}$, where C_{MIC} is the MIC for the organism. The percent $T >$ MIC was determined by $(T >$ MIC/ τ) \times 100, where τ is the dosing interval. The targeted goal for percent $T >$ MIC was $>$ 40 to 50% for clinical efficacy and prevention of resistance (3, 4, 6, 39). MICs of imipenem for isolated pathogens were determined by the clinical microbiology laboratory at the institution where the study was performed. Predicted $T >$ MIC for dosing regimens not actually observed in study patients (i.e., imipenem at 0.5 g every 6 h) were calculated based on pharmacokinetic parameters derived from individual patients within the CVVH and CVVHDF groups.

Principles of calculating drug clearances during CRRT are reviewed elsewhere (2, 33, 35). During CVVH, the only mechanism of drug removal is convection, the removal of plasma solutes by ultrafiltration of plasma fluid. The sieving coefficient (*S*), the ability of a drug to pass through the hemofilter membrane, was calculated as $2 \times C_{\text{uf}}/C_a + C_v$, where C_{uf} is the drug concentration in ultrafiltrate, C_a is the drug concentration in premembrane plasma, and C_v is the drug concentration in postmembrane plasma. Clearance of drug across the membrane during CVVH (CL_{CVVH}) was calculated by $S \times Q_{\text{uf}}$.

Drug clearance by CVVHDF occurs by diffusion across the filter as well as convection. The saturation coefficient (S_a) , the ability of a drug to diffuse through the membrane to dialysate fluid, was calculated in the same manner as the sieving coefficient: $2 \times C_{\text{uf}/d}/(C_a + C_v)$, where $C_{\text{uf}/d}$ is the concentration of drug in combined ultrafiltrate/dialysate. Drug clearance by CVVHDF (CL_{CVVHDF}) was calculated as $S_a \times (Q_{\text{uf}} + Q_d)$.

The percentage of CL_S contributed by CL_{CVVH} or CL_{CVVHDF} (% CL_S) is calculated as either $(CL_{CVH}/CL_S) \times 100$ or $(CL_{CVHDF}/CL_S) \times 100$, respec-

TABLE 1. Demographic and clinical characteristics of 12 critically ill study patients treated with imipenem-cilastatin

Patient	Age (yr)	Ht (cm)	Wt (kg)	Sex^d	APACHE II score ^a	Principal diagnosis ^b	Infectious diagnosis	Isolated pathogen (imipenem MIC in μ g/ml)	Outcome
	20	185	69.9	F	36	End-stage liver disease, sepsis	Intra-abdominal sepsis	$E. \, coli \, (0.5)$	Died
$\overline{2}$	48	182	79.4	M	29	Necrotizing pancreatitis, ARDS	Necrotizing pancreatitis	None	Died
3	55	162	89.0	M	31	AAA repair with complications	Abdominal surgical wound infection	None	Survived
4	53	172	111.3	F	28	End-stage liver disease, intra- abdominal sepsis	Intra-abdominal sepsis	Klebsiella oxytoca (0.5), $E.$ coli (0.5)	Survived
5	34	170	95.6	F	25	Acute liver failure, sepsis	Intra-abdominal sepsis	Enterobacter aerogenes (2), E. coli (0.5), Bacteroides fragilis ^c	Died
6	47	169	91.8	M	23	Sepsis, ARDS	Pneumonia	Klebsiella pneumoniae (1), P. aeruginosa (1)	Died
	71	169	88.4	M	26	Intra-abdominal sepsis	Intra-abdominal sepsis	None	Survived
8	72	178	125.3	F	28	Intra-abdominal sepsis	Intra-abdominal sepsis	None	Survived
9	59	175	86.0	F	30	End-stage liver disease, sepsis	Pneumonia	P. aeruginosa (1) , S. aureus ^c	Died
10	24	178	84.2	M	34	End-stage liver disease	Pneumonia	P. aeruginosa (4), E. cloacae (1)	Died
11	60	173	99.3	M	29	Liver transplant with chronic rejection	Pneumonia	Acinetobacter baumanii (1), K. pneumoniae (0.5)	Died
12	58	170	108.0	F	31	Idiopathic thrombocytopenia purpura, respiratory failure	Pneumonia	P. aeruginosa (2)	Survived

^a Score on admission to the intensive care unit. APACHE, Acute Physiology and Chronic Health Evaluation.

b AAA, abdominal aortic aneurysm; ARDS, acute respiratory distress syndrome.

^c Imipenem MICs not determined.

^d F, female; M, male.

tively. Since renal clearance was considered to be negligible in these patients with acute renal failure and minimal urine output, non-renal clearance (CL_{NR}) was calculated as $CL_S - CL_{CVVH}$ or CL_{CVVHDF} as appropriate.

All calculations were made by programming pharmacokinetic and CRRT clearance equations into Microsoft Excel 2003 (Microsoft Corporation, Redmond, WA) spreadsheets. Also using Excel, measures of central tendency and variability were evaluated for all patient and CRRT characteristics, pharmacokinetic parameters, and CRRT clearances.

Statistical analysis. Differences between demographic variables among patients receiving either CVVH or CVVHDF during administration of imipenem were assessed for statistical significance using the one-way analysis of variance fixed-effects model for continuous variables or two-way chi-square test for categorical variables. Differences among calculated pharmacokinetic parameters were assessed by two-tailed Mann-Whitney rank sum test for unpaired nonparametric data. Correlations between pharmacokinetic variables were determined using Spearman's rank correlation coefficient for nonparametric data. All statistical tests were performed using GraphPad InStat version 3.00 for Windows (GraphPad Software, San Diego, CA). *P* values of ≤ 0.05 were considered significant.

RESULTS

A total of 12 patients were enrolled into the study and completed the scheduled pharmacokinetic sampling. Detailed information regarding patient demographics and CRRT is given in Tables 1 and 2. There were no statistically significant differences in sex, age, weight, or APACHE II scores among patients receiving CVVH versus CVVHDF. Imipenem was apparently well tolerated in all patients, and no drug-related adverse effects were reported or detected during the study.

All patients were on imipenem for a minimum of 24 h before samples for pharmacokinetic analysis were obtained; five patients had samples drawn beginning ≥ 48 h after the start of imipenem therapy. Plasma pharmacokinetic parameters determined during administration of imipenem during CRRT are given in Table 3. Sampling of imipenem under steady-state

TABLE 2. Etiologies of renal failure and details of continuous renal replacement therapy

Patient	Etiology of renal failure ^{<i>a</i>}	Urine output/ 24 h $(ml)^b$	Type of CRRT	Blood flow rate $(ml/min)^b$	Dialysis rate $(m!/h)^{b,c,d}$	Ultrafiltration rate $(ml/min)^{b,d}$	Concomitant vasoactive $drug(s)$
	Hepatorenal syndrome	11	CVVH	150		19 ± 5	Dopamine
	Sepsis with MODS	43	CVVH	150		13 ± 10	Norepinephrine
3	Ischemic ATN	θ	CVVH	150		15 ± 7	None
	Hepatorenal syndrome	25	CVVH	150		20 ± 2	Dopamine
	Sepsis with MODS	29	CVVH	150		24 ± 4	Dopamine, norepinephrine
6	ATN 2° sepsis with MODS	$\left($	CVVH	150		22 ± 4	Dopamine, phenylephrine
	Sepsis with MODS	135	CVVHDF	150	956 ± 58	21 ± 2	Dopamine, norepinephrine
8	Sepsis with MODS	54	CVVHDF	200	1.018 ± 48	23 ± 4	Norepinephrine
9	Sepsis with MODS	θ	CVVHDF	150	986 ± 46	17 ± 11	Dopamine, norepinephrine
10	ATN 2° unknown etiology	60	CVVHDF	150	973 ± 34	17 ± 8	Norepinephrine, vasopressin
11	Sepsis with MODS	0	CVVHDF	150	944 ± 147	20 ± 2	Dopamine, norepinephrine
12	Idiopathic thrombocytopenia purpura	118	CVVHDF	150	961 ± 85	18 ± 6	None

^a ATN, acute tubular necrosis; MODS, multiple organ dysfunction syndrome.

^b During time of pharmacokinetic sampling.

^c Applicable only to patients receiving CVVHDF.

 d Rates shown as mean \pm standard deviation.

TABLE 3. Summary of imipenem pharmacokinetic parameters for patients receiving CRRT TABLE 3. Summary of imipenem pharmacokinetic parameters for patients receiving CRRT

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c Calculated values rather than directly measured.

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^d Means ± standard deviations calculated from means of the three or four parameter values determined within each patient.
^e Values determined during CVVH regimens *d* Means standard deviations calculated from means of the three or four parameter values determined within each patient. *e* Values determined during CVVH regimens versus CVVHDF regimens.

FIG. 1. Mean plasma concentrations of imipenem (μ g/ml) with various dosage regimens during CVVH and CVVHDF. The *x* axis represents postinfusion times. Error bars represent standard deviation.

conditions was confirmed by comparing the concentrations at time zero (just before the dose was administered) with observed or calculated C_{min} values, taking into account potential assay error and minor variations in ultrafiltration rates. Mean plasma concentration-versus-time profiles for imipenem with each different dosing regimen during CVVH and CVVHDF are shown in Fig. 1. Although certain pharmacokinetic parameters appeared to be influenced by whether patients were receiving CVVH or CVVHDF, no statistically significant differences were observed for most parameters. Patients receiving CVVHDF had significantly higher CL_S compared to patients receiving CVVH $(P = 0.01)$, but this difference was not significant when normalized for total body weight $(P = 0.477)$. Although CL_S was different between groups and was also significantly correlated with $t_{1/2}$ (Spearman's rank correlation coefficient of -0.685 ; $P = 0.014$), the observed $t_{1/2}$ was overall similar between patients receiving CVVH versus CVVHDF $(P = 0.860)$. Likewise, no significant differences in *V* (*P* = 0.884), *S* or S_a (*P* = 0.417), or ultrafiltration rates (*P* = 1.0) were noted between the CVVHDF and CVVH groups. Although drug clearance during CRRT (CL_{CRRT}) and %CL_S were increased 60% and nearly 30%, respectively, during CV VHDF compared to CVVH, these differences were also not significant ($P = 0.109$ and $P = 0.364$, respectively). It is interesting to note that differences in CL_S were observed despite the fact that neither CL_{CRRT} nor CL_{NR} ($P = 0.505$) were significantly different. These observations are likely explained by the small number of patients as well as the high degree of pharmacokinetic variability observed in this critically ill population. Values for C_{max} , C_{min} , and AUC_{0-24} during each dosage regimen also appeared to be somewhat dependent on whether

patients were receiving CVVH versus CVVHDF, but these differences were not consistently observed between regimens and the patient numbers in each group were very small.

Mean C_{max} , C_{min} , and AUC_{0–24} values in patients receiving 0.5 g twice daily (1.0 g/day) during CVVH versus CVVHDF were 17.5 μ g/ml versus 14.1 μ g/ml, 1.1 μ g/ml versus 1.0 μ g/ml, and 129.5 μ g · h/ml versus 110.3 μ g · h/ml, respectively. Mean C_{max} , C_{min} , and AUC_{0–24} values in patients receiving 0.5 g three times daily (1.5 g/day) during CVVH versus CVVHDF were 18.5 μ g/ml versus 17.1 μ g/ml, 1.9 μ g/ml versus 1.1 μ g/ml, and 183.3 μ g · h/ml versus 140.6 μ g · h/ml, respectively. Differences in these parameters again suggest potential differences in drug elimination between CVVH and CVVHDF despite the small patient numbers and lack of statistical differences.

Pharmacokinetic and CRRT parameters for imipenem are given in Table 2. The mean imipenem *S* during CVVH and *Sa* during CVVHDF were estimated at 1.21 ± 0.11 and 1.28 ± 0.17 , respectively, indicating that imipenem is extensively cleared across the CRRT membrane. These calculated values were quite consistent throughout the sampling periods, among all patients and across various ultrafiltration rates. Approximately 25% and 32% of imipenem CL*^S* were attributed to membrane clearance during CVVH and CVVHDF, respectively, indicating that the clearance of imipenem was substantially enhanced during both CRRT techniques.

Calculated $T >$ MIC during each dosing regimen is shown in Table 4. Most pathogens (12 of 13) isolated from patients in this study had imipenem MICs of \leq 2μ g/ml. Doses of 0.5 g twice daily (1.0 g/day) and 0.5 g three times daily (1.5 g/day) generally provided $T >$ MIC of at least 40 to 50% and 50 to 60%, respectively, levels of drug exposure that would be pre-

		Median $%$ (range) for regimen:							
$T >$ MIC		0.5 g/12 h	$0.5 \text{ g} / 8 \text{ h}$		0.5 g/6 h				
	CVVH	CVVHDF	CVVH	CVVHDF	CVVH	CVVHDF			
	$(n = 4)$	$(n = 3)$	$(n = 2)$	$(n = 3)$	modeled	modeled			
$MIC \leq 1 \mu g/ml$	$62(46-100)$	$64(56-100)$	(100)	$74(68-100)$	$97(78-100)$	$84(75-100)$			
$MIC = 2 \mu g/ml$	$46(35-92)$	$47(40-99)$	(78–92)	$56(51-93)$	$88(61-100)$	$76(68-100)$			
$MIC = 4 \mu g/ml$	$35(31-53)$	$29(26-53)$	$(53 - 58)$	$38(34-54)$	$71(49-81)$	$61(51-73)$			
$MIC = 8 \mu g/ml$	$14(14-22)$	$11(6-12)$	$(24 - 28)$	$16(15-19)$	$44(35-62)$	$36(34-46)$			

TABLE 4. Calculated pharmacodynamic parameters for imipenem with various dosage regimens during CRRT

dicted to be favorable for achieving clinical efficacy against these pathogens. One pathogen, a *P. aeruginosa* strain, had an MIC of 4 μ g/ml to imipenem. The predicted $T >$ MIC of free imipenem for this organism in this patient was only approximately 34% while receiving 1.5 g/day. This level of drug exposure would be considered suboptimal, and the patient infected with this pathogen in fact died with an unresolved pneumonia. Imipenem doses of 1.0 to 1.5 g/day during CRRT would achieve a $T >$ MIC of only 11 to 16% ($\lt 10\%$ in one patient) against intermediately susceptible organisms ($MIC = 8 \mu g/ml$) and would not be considered adequate for successful treatment.

Doses of 0.5 g every 6 h (2.0 g/day) were modeled based on the pharmacokinetic parameters observed in this study and the $T >$ MIC calculated (Table 4). At 2.0 g/day, organisms with a MIC of \leq 4 μ g/ml would be predicted to be adequately treated with a $T >$ MIC of at least 50 to 80%. However, intermediately susceptible organisms (MIC = $8 \mu g/ml$) were still not likely to be adequately treated in many patients with a predicted *T* MIC ranging from 34 to 62%.

DISCUSSION

The primary objective of this study was to determine whether recent advances in CRRT techniques have resulted in the need for new dosing recommendations for imipenem. This study demonstrates that CRRT contributes substantially to imipenem elimination in patients with severe acute renal failure. The mean imipenem half-life of approximately 2.6 h observed during CRRT in the present study was considerably shorter than half-lives of 3.7 h to 4.8 h previously reported in patients with severe renal insufficiency (creatinine clearance, 10 ml/min) (9, 41, 42). This difference can be at least partially explained by enhanced imipenem clearance during CRRT. Previous studies conducted before 1998 reported CL_{CRRT} ranging from 9 to 27 ml/min (14, 19, 25, 38, 43). In contrast, CL_{CRRT} observed in the present study ranged from 24 to 55 ml/min during CVVH and 30 to 108 ml/min during CVVHDF. Rates of CRRT clearance observed in this study are thus increased by up to two- to threefold compared to those reported in the most recent previous studies. The proportion of total clearance contributed by CRRT ($\%$ CL_S) was also increased by approximately 25% and 60% in patients receiving CVVH and CVVHDF, respectively, compared to these previous studies (14, 38).

Despite the apparently increased efficiency of drug removal of current CRRT techniques, the elimination $t_{1/2}$ and actual imipenem concentrations observed in the present study are similar to those previously reported (38). It thus appears that

the substantially increased CL_{CRRT} and $%CL_S$ observed with current CRRT techniques do not necessarily directly translate into increased dosing requirements for imipenem. This is perhaps explained by the fact that the contribution of CRRT to overall CL*^S* is still relatively small, representing only approximately 25 to 32% of CL*S*. Nonrenal mechanisms of drug elimination thus accounted for 70 to 75% of CL_S compared to only 25 to 45% of CL_S in healthy normal volunteers $(5, 28)$. Increased proportions of imipenem clearance due to nonrenal mechanisms have been previously reported in anuric patients and patients receiving CRRT (25, 38, 43), as well as for other antimicrobials in patients with severe renal insufficiency (16, 23). Although critically ill patients with severe acute renal failure are typically fluid overloaded, no apparent increase in the *V* of imipenem was noted in this study compared to that previously described in healthy volunteers and patients with renal insufficiency (14, 15, 22, 43). This may perhaps be explained by the fact that subjects in this study had already received at least 24 to 48 h of CRRT with removal of a large fluid volume prior to measurement of imipenem concentrations. Maximum concentrations of imipenem (C_{max}) observed in the present study were also within the range of reported concentrations obtained after 0.5-g doses in other populations (22, 38, 43).

Previous studies have determined that the most important pharmacodynamic predictor of clinical efficacy and risk of de $velopment$ of microbial resistance with β -lactam-type drugs is the time during which free plasma drug concentrations are above the MIC of the infecting pathogen $(T > MIC)$ (3, 4, 6, 39). Studies indicate that $T >$ MIC for carbapenems should be at least 40 to 50% of the dosing interval for maximum killing effects and reliable clinical efficacy (3, 4, 6, 39). Imipenem usually displays MICs of \leq $2 \mu g/ml$ against most common gram-negative aerobic pathogens found in the ICU setting, including most β -lactamase-producing strains of *Klebsiella*, *Escherichia coli*, *Enterobacter*, *Citrobacter*, and *Serratia* (8, 20). This study suggests that imipenem doses of 1.0 to 1.5 g/day during either CVVH or CVVHDF would be expected to achieve favorable plasma drug concentrations and good clinical efficacy against susceptible pathogens with a MIC of ≤ 2 μ g/ml, as judged by predicted values for $T >$ MIC greater than 40% and often as high as 90 to 100% (Table 4). While increased drug clearance during CVVHDF compared to CVVH has been reported elsewhere for other antimicrobials (11, 23, 24), the present study included too few subjects and too much variability was observed within the data to demonstrate this conclusively for imipenem. Based on available data, dosing of imipenem for treatment of most susceptible gram-negative pathogens should be similar during CVVHDF and CVVH.

Certain other pathogens, particularly *P. aeruginosa* and *Acinetobacter*, are more frequently less susceptible (MIC at which 90% of the isolates tested are inhibited $[MIC_{90}]$ of ≥ 4 μ g/ml (8, 20) or resistant to imipenem (18, 20, 21, 26, 27, 29, 30). As shown in Table 4, imipenem doses of ≥ 1.5 g/day would usually be required to achieve a $T >$ MIC of at least 40% during CRRT for organisms with a MIC of 4 μ g/ml. For infections caused by intermediately susceptible pathogens with a MIC of 8 μ g/ml, doses of even 2.0 g/day would achieve a $T >$ MIC, which would, in many patients, be only marginally adequate for successful treatment.

Based on these considerations, we would recommend imipenem doses of 2.0 g/day under most circumstances in critically ill patients receiving CRRT. This recommendation is due to frequent use of imipenem as empirical therapy, higher MICs of common nosocomial pathogens such as *P. aeruginosa*, unavailability of specific MICs in many institutions, and the variability in imipenem pharmacokinetics observed during CRRT. Imipenem regimens of ≤ 1.0 g/day, as often recommended by the manufacturer (Primaxin I.V. [imipenem and cilastatin], prescribing information; Merck & Co., Inc.) and other published sources for patients with severe renal dysfunction, with or without CRRT, would likely be subtherapeutic against all but the most highly susceptible pathogens (MIC, \leq 2 μ g/ml) when administered to patients receiving CRRT (10, 14, 43). Based on pharmacodynamic considerations discussed above, doses of 1.0 g/day would only be appropriately recommended for treatment of organisms with known or likely MIC of \leq 2μ g/ml. Previous recommendations would be inappropriate for infections caused by pathogens with higher MICs, for which approximately 2.0 g/day would be required to achieve optimal $T >$ MIC. A recent study by Tegeder et al. (38) also suggested that mean imipenem doses of 2.0 g/day are required during CVVH in order to effectively treat infections caused by pathogens with MICs of up to $8 \mu g/ml$. It is noteworthy that no central nervous system toxicities were observed in patients actually receiving imipenem at 2.0 g/day during CVVH in that study. However, such high doses of imipenem during CRRT should be used only after careful consideration of potential risks associated with such aggressive therapy. Whenever possible, it would be advisable to use alternative antibiotics in such patients due to variability in imipenem pharmacokinetics during CRRT, the possibility of concentration-related imipenem toxicities (specifically central nervous system toxicities), and the relative lack of clinical experience with high doses in patients with severe renal impairment with or without CRRT. Alternatively, if no other agents are considered more suitable, imipenem doses of 2.0 g/day should be considered for empirical therapy in patients with severe nosocomial infections while awaiting results of culture and susceptibility testing. This may be particularly true in institutions with a high incidence of nosocomial infections due to *P. aeruginosa*, *Acinetobacter*, or other pathogens with an imipenem MIC₉₀ of ≥ 4 µg/ml.

Limitations to this study include the relatively small number of subjects that received each dosage regimen during the different types of CRRT. This prevented more complete evaluations of relative drug clearances by CVVH versus CVVHDF as well as adequacy of each of the observed dosing regimens.

However, this study reflects more current CRRT techniques and is the only study thus far to evaluate both CVVH and CVVHDF. Another limitation is that this study did not include a control group of patients not receiving CRRT; thus relative alterations in pharmacokinetics must be compared with historical rather than study-derived data. In addition, the potential adsorption of drug to CRRT membranes and false increases in apparent drug elimination rate were not evaluated. Because differences in ultrafiltration rates influence drug removal rates, failure to control CRRT parameters by strict protocol may perhaps be seen as a further limitation to this study. However, these results are directly applicable to the clinical setting because subjects were studied as they actually received CRRT and antibiotics for clinical indications without protocol-driven alterations in practice. Finally, errors in pharmacokinetic calculations are possible since sample collection took place over relatively short periods of time in relation to the slow drug elimination rates and long half-lives.

Imipenem elimination in patients with acute renal failure is substantially enhanced by CRRT. Imipenem dosing regimens currently recommended for anuric patients or patients receiving CRRT are likely to be subtherapeutic in many patients. Imipenem should be dosed at 1.0 to 1.5 g/day for infections due to susceptible gram-negative pathogens with a MIC of ≤ 2 g/ml, including most *Enterobacteriaceae*. However, 2.0 g/day of imipenem appears to be required for pathogens such as *P. aeruginosa* with potentially higher MICs (4 to 8 μ g/ml) or for empirical treatment of serious nosocomial infections in patients receiving CVVH or CVVHDF. The MICs for suspected pathogens, desired plasma drug concentrations, and potential risks to the patient should in all cases be considered when choosing an appropriate dosing regimen.

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