

## LETTER TO EDITOR

# A Guide to Opportunities and Challenges of Developing a Virtual Reality Simulation for Disaster Medicine Courses: A Letter to Editor

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## Dear editor,

The advancement of technology has significantly impacted the student population, with many young people now spending a large portion of their time engaging with various forms of technology (1). As such, it is imperative for educational systems to adapt and integrate new technologies into their frameworks in order to meet the evolving needs of students (2). Virtual reality (VR) technology has gained substantial popularity among students and addressing its integration could be a crucial step towards bridging educational gaps (3). VR technology presents promising opportunities for the training and education of disaster medicine practitioners. VR simulations provide realistic, immersive environments that allow for frequent, cost-effective practice of disaster response skills, in contrast to traditional live drills (4). These simulations can be adapted to various scenarios, including infectious disease outbreaks like Ebola, and can incorporate physiological models to mimic patient conditions and treatment outcomes (5). The applications of VR in disaster medicine span basic education, professional training, and psychotherapy (6). Research has demonstrated that VR simulations can enhance knowledge acquisition, boost confidence, and realistically simulate clinical environments for different disaster scenarios (4). While VR technology shows potential as a competitive, cost-effective supplement to existing training approaches, further development is needed to cover a wider range of disaster scenarios in hospital settings (4).

However, this poses the question: does the current educational system possess the capacity to embrace this expansive platform? Extensive investigations have revealed that for an

educational system to effectively incorporate virtual reality technology, it must address key issues including educational needs assessment, defining clear educational goals, implementing effective game design patterns, assessing practicality and applicability within the system along with providing necessary support and opportunities, while also grappling with implementation challenges as well as ethical considerations related to integrating such advanced technologies into curricula (7). Consequently, this letter aims to delve deeper into these critical concerns surrounding designing virtual reality games specifically tailored for medical courses.

There exist three kinds of these gadgets, with the initial group pertaining to web browsers typically created by Adobe Captivate. The second type is reliant on mobile phones and the third category consists of desktop devices. Currently, mobile-centric headsets are widely used and highly conducive to individual learning. Nonetheless, they may not be ideal for educational use as they do not relay game information to educators and hinder effective feedback provision on students' performance along with their strengths and weaknesses (8). Nevertheless, there are methods for leveraging these devices in the context of learning.

Augmented reality (AR) and VR games need to be customized based on the skill level of the players. It is essential to assess the required infrastructure for designing and developing these games. If we have both the necessary infrastructure and skilled professionals, then we can proceed with producing such games; otherwise, efforts should be directed toward preparation and provision (9). It's important to note that a single VR device may not suffice for an educational center or classroom. Ultimately, substandard or insufficient infrastructure will have negative consequences as learning progresses.

Games hinge on competition, and without all students engaging in the same setting, it's unfeasible to foster this competitive spirit and assess its outcomes (10, 11). Many VR

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products have limited user accessibility and fail to facilitate student collaboration.

In the best type of VR model, characters play various roles including instructor/guide, learner/player, supporting characters, antagonists, experts/specialists, narrator, and bystanders (12). The guide can take the form of a teacher outside the system or be integrated as a character within it through artificial intelligence in VR. For instance, the CyberPatient™ simulator has successfully brought real-world scenarios to web platforms with accompanying Artificial Intelligence (AI) guides that assist students throughout patient evaluations. The learner is a crucial focal point closely tied to both content and interface within VR settings; their experience holds substantial influence over the effectiveness of VR applications. Meanwhile supporting characters add depth by embodying other roles in simulations like additional medical personnel thereby enhancing realism. Introducing antagonistic characters serves to create challenges and heighten complexity within virtual environments, while experts hold significant responsibility in evaluating student performance. Additionally, narrators provide essential explanations and guidance for learners, while bystanders contribute to creating a realistic environment by portraying other patients or individuals interacting within the simulation setting (12).

Advanced VR products offer a new level of user interaction and immersion. These cutting-edge technologies utilize advanced headsets such as HoloLens 2 Microsoft and Apple Vision Pro, which incorporate eye-tracking capabilities, providing valuable insights for analysts. For instance, educators can gain a deeper understanding of student engagement and decision-making processes within simulated scenarios, leading to more comprehensive assessments of the learners' behavior - akin to decoding the "body language" exhibited in real-world situations. However, this advancement also presents moral complexities. Potential concerns include students grappling with fear of failure or making mistakes even within virtual environments designed for learning and experimentation. Furthermore, depending on the nature of these VR experiences, researchers may encounter additional ethical dilemmas that must be navigated carefully (13).

When designing or implementing VR, it is crucial to prioritize evaluating the experience and satisfaction of learners before assessing their knowledge and performance. It is advisable to initially gather feedback from a small group of users to address any system issues and enhance user experience (14). Only after ensuring that the VR environment is user-friendly should measurements for knowledge and performance be conducted. A VR interface that poses challenges for learners or lacks adequate feedback can adversely impact their learning outcomes. Therefore, prioritizing the evaluation of user experience prior to other assessments is essential. Nonetheless, established VR systems with a track record of high user satisfaction may not require extensive assessment in this aspect unless they are being modified or replaced by new designs.

The incorporation of VR, AR and AI into the educational curriculum for students has been extensively discussed in numerous studies (7). However, these studies have not delved into the potential drawbacks of this integration. It is essential to consider various factors such as funding, expertise in relevant subjects and technology, academic support, and student motivation and familiarity with VR before implementing its use in education. As today's generation gravitates toward technology, it is important to recognize that utilizing VR devices requires proper training for students (2, 3). The procurement or development of high-quality AI-based VR technology would be prohibitively expensive for universities to undertake independently. Furthermore, many existing studies involving these devices have only engaged a limited number of users in training scenarios. Within university settings that encompass diverse fields including medical studies, emergency medicine, dentistry, nursing, and psychiatry among others; acquiring a sufficient quantity of devices to meet demand presents an ongoing challenge. Moreover, additional consideration involves securing dedicated resources for maintenance and updates on these devices. Incorporating VR into the curriculum could potentially lead to disruptions if equipment malfunctions arise, thereby compelling students to postpone their coursework. In this letter, we have meticulously incorporated a myriad of essential considerations for the design and implementation of VR simulations in Figure 1. We aim to provide valuable assistance in developing an educational framework tailored for professionals operating within this dynamic field.

## 1. Declarations

### 1.1. Acknowledgements

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### 1.2. Conflict of interest

The authors have no conflicts of interest.

### 1.3. Authors' contributions

All the authors met the standard criteria of authorship based on the recommendations of international committee of medical journal editors.

### 1.4. Financial support

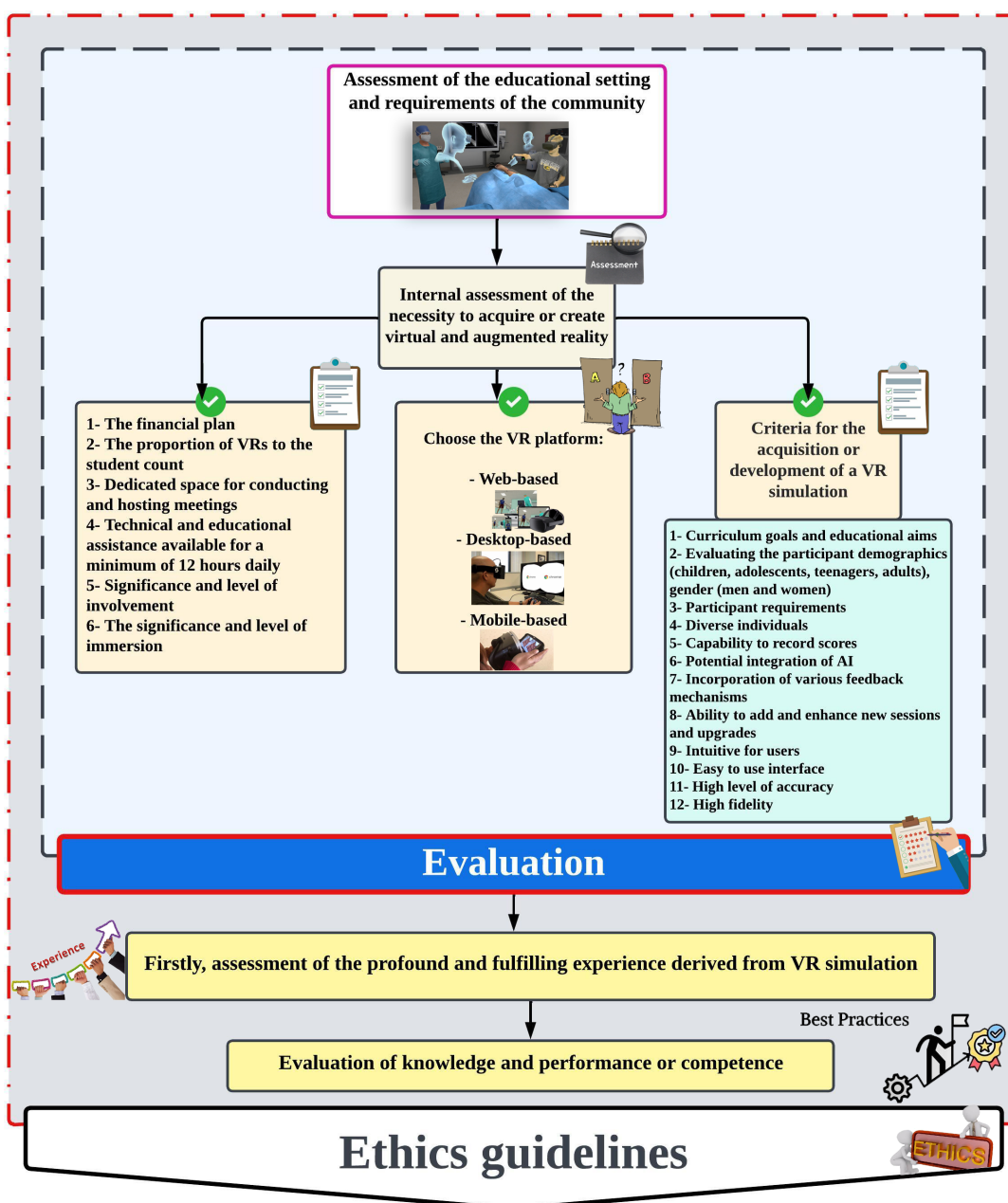
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### 1.5. Using artificial intelligence chatbots

The research process for this study, encompassing the writing and conceptualization stages, was conducted without the utilization of any artificial intelligence technologies.

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**Figure 1:** Essential considerations for the design and implementation of virtual reality (VR) simulations. When designing and implementing VR-based simulations, there are several key considerations. First, it is crucial to assess the institution's available facilities and whether there is a need to utilize these simulation tools. The institution's budget and the welfare need of the students should also be evaluated. Next, the selection of the appropriate platform should be based on the initial needs assessment. Additionally, the educational objectives should guide the design process. Before full implementation, it is recommended to conduct a pilot study to identify and address any system issues. Finally, ethical requirements must be carefully considered throughout all stages of the development and implementation. AI: Artificial Intelligence.