



# Neoadjuvant Therapy: Current Landscape and Future Horizons for ER-Positive/HER2-Negative and Triple-Negative Early Breast Cancer

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## Opinion Statement

Navigating the complex landscape of breast cancer treatment involves distinct strategies for luminal and triple-negative subtypes. While neoadjuvant chemotherapy historically dominates the approach for aggressive triple-negative tumors, recent evidence highlights the transformative impact of immunotherapy, alongside chemotherapy, in reshaping treatment paradigms. In luminal cancers, endocrine therapy, notably aromatase inhibitors, demonstrates promising outcomes in postmenopausal patients with low-grade luminal A tumors. However, integrating targeted therapies like CDK4/6 inhibitors in neoadjuvant setting remains inconclusive. Identifying predictive factors for treatment response, especially in luminal tumors, poses a challenge, emphasizing the necessity for ongoing research. A multidisciplinary approach, tailored to individual patient profiles, is crucial for maximizing efficacy while minimizing toxicity. As we strive to optimize breast cancer management, a comprehensive understanding of the distinct characteristics and treatment implications of luminal and triple-negative subtypes, including the transformative role of immunotherapy, is essential for informed decision-making and personalized care.

**Keywords** Breast cancer · Neoadjuvant chemotherapy · Neoadjuvant endocrine therapy · HER2-negative

## Abbreviations

AC	Doxorubicine + Cyclophosphamide	PARP	Poly-ADP Ribose Polymerase
AI	Aromatase inhibitors	PEPI	Preoperative Endocrine Prognostic Index
BC	Breast Cancer	pCR	Pathological Complete Response
cCR	Clinical Complete Response	RCB	Residual Cancer Burden
EBCTCG	Early Breast Cancer Trialists' Collaborative Group	RFS	Recurrence-free survival
EC	Epirubicin and Cyclophosphamide	RR	Relative risk
ER	Estrogen Receptors	RS	Recurrence Score
ET	Endocrine therapy	RT	Radiotherapy
FEC	5-Fluorouracil, epirubicin and cyclophosphamide	TN	Triple-negative
GBG	German Breast Group	TNBC	Triple-negative Breast Cancer
HR	Hormone Receptors		
ICI	Immune Checkpoints Inhibitors		
NAC	Neoadjuvant chemotherapy		
OS	Overall survival		

## Introduction

Over the past two decades, neoadjuvant chemotherapy has become a cornerstone in the management of early-stage breast cancer. Its primary objectives include enabling surgical intervention in cases of inoperable disease, then enhancing the feasibility of breast-conserving surgery even in operable tumors, at the cost of a heightened risk of local recurrence [1, 2]. Notably, there is no demonstrable survival advantage to administering the same chemotherapy before surgery compared to postoperative administration [2]. Furthermore, recent years have witnessed the neoadjuvant approach serving as a platform for evaluating novel

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therapeutics and predictive/prognostic biomarkers. This strategy has also facilitated the development and implementation of personalized treatment strategies, allowing for both therapeutic escalation and de-escalation based on individual response patterns. This review sequentially addresses the role and perspectives of neoadjuvant therapy in patients with early TNBC, emphasizing its significant impact. Additionally, it examines the nuanced considerations surrounding HER2-negative luminal tumors, where therapeutic decision-making is more intricate and may involve endocrine therapy in conjunction with or independently of neoadjuvant chemotherapy.

## Role of Neoadjuvant Therapy

### Breast Conservation

Neoadjuvant chemotherapy was initially employed in locally advanced inoperable BC. Subsequent investigations have underscored its value in augmenting rates of breast conservation, and yielding superior cosmetic outcomes [3]. In the NSABP B18 trial [1], 4 cycles of neoadjuvant AC as opposed to the same in adjuvant setting resulted in an increase in breast conservation rates from 59.8% to 67.8%. These findings are supported by a meta-analysis conducted by the EBCTCG, which synthesized individual data from 4756 patients from 10 randomized trials [2]. The meta-analysis revealed a breast conservation rate of 64.8% in the neoadjuvant arm compared to 49% in the adjuvant arm. However, this enhancement in breast conservation comes at the expense of a heightened risk of local recurrence, which escalates from 15.9% to 21.4%.

### Survival: Data From Major NAC Trials

In the U.S. NSABP B18 study, [4] 1523 patients underwent randomization between primary surgery followed by 4 cycles of AC and the same chemotherapy administered before surgery. HER2 status was not tested at the time, and 57% of the tumors were HR-positive (10% with unknown HR status). The pCR rate was 13% (yT0/is N0). However, no significant difference in survival was observed at the 16-year mark. Among patients achieving a pCR, RFS and OS at 9 years stood at 85% and 75%, respectively. In the NSABP B27 trial [4], encompassing 2411 patients with operable BC, randomization occurred between three arms: 4 cycles of AC followed by surgery (804 patients), 4 cycles of AC followed by 4 cycles of docetaxel and then surgery (805 patients), and 4 cycles of AC followed by surgery followed by 4 cycles of docetaxel. The pCR rate was 14% in the AC-alone arm (1492 patients), with 10% showing no tumor and 4% demonstrating the persistence of carcinoma

in situ. In contrast, the docetaxel group exhibited a higher pCR rate of 26%, comprising 19% with no tumor and 7% with carcinoma in situ ( $p < 0.001$ ). Updated published data indicate that the addition of docetaxel did not significantly enhance DFS or OS. The key takeaway from these studies is that pCR emerges as a prognostic factor associated with increased DFS and OS at 5 and 9 years. The EBCTCG meta-analysis, incorporating individual data from 4756 patients across 10 trials, also indicates no survival advantage for administering the same chemotherapy before surgery rather than after [2]. The distant recurrence rate increased to 38.2% compared to 38%, and overall mortality reached 40.9% compared to 41.2% with neoadjuvant and adjuvant treatments, respectively.

### Optimization of Neoadjuvant Treatment: Triple-Negative Breast Cancer

Neoadjuvant chemotherapy stands as the cornerstone in the medical management of TNBC exceeding 2 cm or displaying positive lymph nodes. However, primary surgery holds a preference in specific scenarios. Definitive pathological staging proves beneficial for cT1N0 tumors, where potential alternatives include either no chemotherapy [5] or less intensive chemotherapy options [6, 7]. This consideration is particularly applicable in patients involving comorbidities, fertility preservation concerns, or other medical constraints causing a delay in the initiation of NAC.

TNBC exhibits heightened sensitivity to cytotoxic chemotherapy, boasting the highest pCR rates among all BC subtypes. Notably, this subtype establishes the most pronounced prognostic impact between achieving a pCR (and the RCB score) and enhanced survival [8, 9]. The RCB score's assessment of residual disease is highly prognostic, delineating 5-year RFS rates of 91%, 80%, 66%, and 28% for RCB 0, 1, 2, and 3, respectively. [10, 11] Post-neoadjuvant escalation treatments have demonstrated improved survival outcomes in cases with residual disease [12, 13]. We will delve into how immunotherapy in the neoadjuvant setting has fundamentally altered practices while concurrently posing an array of questions.

Von Minckwitz et al. scrutinized several prospective studies within the GBG, encompassing 7 trials with 3332 patients. Their analysis delved into the impact of diverse neoadjuvant therapeutic modalities across different subtypes. In TN tumors, the probability of achieving pCR appeared to correlate with cumulative doses of anthracyclines ( $\geq 300$  mg/m<sup>2</sup> doxorubicin or equivalent) and taxanes ( $\geq 400$  mg/m<sup>2</sup> docetaxel or equivalent), rather than the number of cycles administered [14]. However, despite the excellent prognosis associated with patients achieving pCR, the outlook for those with residual disease remains bleak,

underscoring the necessity for ongoing investigations in this BC subtype.

### Increasing Dose Density in Triple-Negative Breast Cancer

TNBC exhibit a notably high responsiveness to chemotherapy, with a more pronounced reduction in induced mortality risk observed in ER-negative tumors compared to their ER+ counterparts [15]. The theoretical foundation for dose intensification lies in overcoming the development of resistant tumor clones [16] and adheres to Gompertzian kinetics, predicting tumor growth to be inversely proportional to size [17]. Intensified chemotherapy emerges as a viable strategy to elevate the pCR rate [18]. This can entail a reduction in the interval between cycles or the administration of sequential full-dose chemotherapy as opposed to concurrent reduced-dose regimens. Several research teams have proposed the potential benefits of augmenting the intensity of alkylating agents in TNBC [19–21]. The efficacy of intensified chemotherapy in the adjuvant setting for BC patients with lymph node involvement was investigated in a phase III trial, revealing survival benefits for this high-risk population [22]. Numerous meta-analyses of literature data underscore a survival advantage for TN tumors [23] and an enhanced pCR rate when this intensified strategy is employed preoperatively [24].

The most robust evidence stems from the analysis conducted by the EBCTCG, which compiled individual data from 37,298 patients across 26 randomized trials involving neoadjuvant or adjuvant anthracycline and taxane-based chemotherapy [25]. Notably, these trials display heterogeneity, especially concerning the definition of dose intensity. Among 10,004 patients, shortening the interval from 3 to 2 weeks with the same chemotherapy resulted in a relative reduction in the risk of recurrence by 17% and specific mortality by 14%. For 11,028 patients, offering sequential chemotherapy every 3 weeks (permitting dose escalation) *versus* concomitant chemotherapy yielded a relative reduction in the risk of recurrence by 13% and specific mortality by 11%. Across the entire cohort of 37,298 patients, dose-dense chemotherapy translated into a 10-year absolute reduction in the risk of recurrence by 3.4% (a relative risk reduction of 14%) and an absolute reduction in the risk of all-cause death by 2.7% (a relative risk reduction of 13%). No discernible differences were observed based on hormone receptor expression. The relative benefits of the dose-dense regimen on recurrence were 14% and 15%, and on specific mortality were 13% and 14% in ER+ and ER-negative populations, respectively. It is noteworthy that the HER2 status was rarely known, and if known, trastuzumab was not yet available. Consequently, a certain proportion of ER-negative patients did not fall into the TN category.

### Platinum-Based Chemotherapy

The prevalence of TNBC in women with a *BRCA1* mutation, the multitude of molecular alterations in TN tumors, and the histopathological similarities shared between TNBC and *BRCA1*-mutated BC (such as deficiencies in DNA repair systems and disruptions of homologous recombination) have sparked interest in platinum salts for this subtype [26]. Initial small retrospective series indicated the potential effectiveness of platinum salts [27, 28]. Encouraging results emerged from various phase II trials conducted by Spanish [29], German [30], and North American [31] groups. However, these trials highlighted increased toxicities, particularly hematological issues, and more frequent treatment interruptions in patients receiving platinum salts.

The phase III BrightTNess trial, which randomized 634 patients with TNBC into 3 arms (paclitaxel-carboplatin-veliparib, paclitaxel-carboplatin, and paclitaxel alone, followed by doxorubicin-cyclophosphamide for all), demonstrated that carboplatin, with or without veliparib, significantly increased the pCR rate (53% and 58%, compared to 31%) [32]. Updated data with a 4.5-year follow-up revealed that carboplatin had a substantial impact on RFS: 78% *versus* 68% (HR 0.57, 95% CI=0.36–0.91;  $p=0.02$ ) [33]. Overall, in most studies, the addition of platinum salts to anthracycline and taxane-based neoadjuvant chemotherapy significantly enhanced pCR rates in TNBC [34, 35].

A noteworthy phase III study presented at San Antonio Breast Cancer Symposium in 2022 demonstrated that the benefit of carboplatin on pCR is primarily observed in patients under 50 years old [36]. This advantage extended to RFS and OS, again specifically for patients under 50 years old. A comprehensive meta-analysis incorporating 9 randomized trials with 2,109 patients indicated that the addition of carboplatin increased pCR from 37 to 52%. [37] Updated survival data from 6 of these randomized trials revealed that adding carboplatin to standard chemotherapy significantly increased RFS (HR 0.70, 95% CI=0.56–0.89) and showed a non-significant 18% reduction in all-cause mortality (HR 0.92, 95% CI=0.64–1.04) [38]. The use of platinum salts has gradually become a standard neoadjuvant treatment for TNBC, with the potential for more pronounced benefits in younger patients. The Keynote-522 trial, presented in the section on immunotherapy, has significantly contributed to integrating the use of platinum salts in the neoadjuvant setting into common practice.

### PARP inhibitors

TNBC more commonly display homologous recombination deficiencies compared to other BC. A deeper comprehension of the biology of TNBC has unveiled new therapeutic targets, such as Poly-ADP Ribose Polymerase (PARP)

inhibitors [39, 40]. In patients with BC, particularly those with *BRCA1/2* mutations (primarily TNBC) [41], PARP inhibition compromises DNA repair, leading to cell death [21, 42]. Many TNBC belong to the "molecular basal" subtype, sharing characteristics with *BRCA1*-associated cancers, notably DNA repair deficiency. Various studies, outlined in Supplementary Table S1, have explored the role of PARP inhibitors in the neoadjuvant setting, yielding diverse outcomes.

The phase III BrighTNess trial, as mentioned earlier, underscores that the impact of the carboplatin-veliparib combination is solely driven by carboplatin, with no discernible contribution from veliparib on pCR or survival [32]. Additionally, talazoparib monotherapy underwent a non-comparative phase II trial: NeoTALA investigated the efficacy of 6 months of talazoparib monotherapy in 61 patients with a germline *BRCA* mutation and operable TNBC larger than 1 cm. [43] The pCR rate proved significant, reaching 45.8% in the evaluable population, comparable to conventional anthracycline and taxane-based chemotherapy [44]. It is noteworthy that 10 patients progressed during neoadjuvant treatment and subsequently switched to chemotherapy. Olaparib was pitted against carboplatin in the phase II GeparOLA trial, comparing the two in combination with paclitaxel, followed by EC [45]. Among 107 patients, 77 of them with TN tumors, harboring germline *BRCA* mutations or tumors exhibiting homologous recombination deficiency or somatic *BRCA* mutations, the pCR rate was 55.1% with olaparib compared to 48.6% with carboplatin. After 49.8 months of follow-up, the 4-year DFS rate was 76% with olaparib *versus* 88.5% with carboplatin. It is crucial to note the small sample size and the study's non-design for survival analyses. Niraparib is also under investigation in the neoadjuvant setting with promising results [46]. Despite these positive developments, the current evidence level is insufficient to recommend the use of PARP inhibitors in the neoadjuvant setting outside clinical trials.

## Immunotherapy

Recent technological advances, particularly in "omics" sciences, have significantly enhanced our understanding of the tumor microenvironment's heterogeneity in TNBC [47, 48]. This heightened comprehension of the interplay between cancer cells and the immune system has paved the way for innovative therapeutic approaches [49, 50]. The landscape of oncology, on a broader scale, has witnessed an expansion, prominently in recent years with immune checkpoint inhibitors (ICI). A subset of TNBC exhibits PDL-1 expression on both the tumor and tumor-infiltrating lymphocytes (TILs), [51] indicating a higher mutational burden compared to other BC subtypes [52]. Pembrolizumab and atezolizumab have undergone investigation in advanced-stage TNBC. In

monotherapy for advanced-stage cases, the response rate varies from 5 to 20%, contingent on PDL-1 expression [53, 54]. Several comparative trials have explored the potential of ICI in the neoadjuvant setting for TNBC [55–58].

Notably, in the case of durvalumab studied in GeparNuevo, it is intriguing to observe that, after 43.7 months of follow-up, there is a significant improvement in 3-year survival parameters (iDFS 85.6% *versus* 77.2%, HR 0.48, 95% CI=0.24–0.97; OS 95.2% *versus* 83.5%, 95% CI=0.08–0.72). This observation holds significance, even though the pCR rate did not see a significant increase (absolute difference of 9%,  $p=0.287$ ), and durvalumab was not continued post-surgery [59]. Two phase III trials have delved into this area. The IMpassion031 phase III trial randomized 333 patients between atezolizumab or placebo, added to a sequential chemotherapy of 12 weekly nab-paclitaxel followed by 4 cycles of dose-dense AC60 [56]. Atezolizumab was continued for up to one year. The addition of this anti-PD-L1 significantly elevated the pCR rate by 17% (41% *versus* 58%,  $p=0.004$ ). Unlike the metastatic context, the PD-L1 status did not appear predictive of a response. The most recent updated survival data presented at ESMO Breast 2023, after 40 months of follow-up, show no significant advantage in favor of the atezolizumab arm for DFS (HR 0.76, 95% CI=0.44–1.21) and OS (HR 0.56, 95% CI=0.30–1.04).

The Keynote-522 phase III trial encompassed 1174 patients with stage II or III BC, randomized in a 2:1 ratio to receive, in the neoadjuvant setting, immunotherapy with pembrolizumab or placebo with a sequential combination of carboplatin-paclitaxel followed by AC or EC every 3 weeks. [57] Patients continued pembrolizumab or placebo post-surgery for 9 cycles. The addition of pembrolizumab to chemotherapy significantly increased the pCR rate by 13.6% (64.8% *versus* 51.2%,  $p=0.00055$ ) and the 3-year DFS by 7.7% (84.5% *versus* 76.8%, HR 0.63, 95% CI=0.48–0.82;  $p<0.001$ ) [60]. The sponsor announced in May 2024 that a significant improvement in overall survival was demonstrated at a pre-specified interim analysis.

## Perspectives

These immunotherapy approaches have been integrated into clinical practice, particularly following the outcomes of Keynote-522, yet numerous inquiries linger. Given the potential for enduring toxicities associated with immunotherapy, it is imperative to discern which patients derive the greatest benefits and who might circumvent potential consequences. Notably, the absolute benefit in terms of pCR is more pronounced in cases of lymph node involvement (Keynote-522: 20.6% *versus* 6.2%, and IMpassion031: 26% *versus* 9% for N+ and N0 patients, respectively) [56, 57]. Strategies for de-escalation could be

contemplated for small N0 tumors or adaptive approaches involving immunotherapy supplementation in the absence of response during neoadjuvant chemotherapy monitoring. However, predictive markers of response, such as PD-L1 status, the presence of tumor-infiltrating lymphocytes, or genomic signatures, have thus far fallen short in accurately discriminating patients necessitating immunotherapy [56, 59, 61].

Another pivotal question pertains to post-neoadjuvant treatment. In the Keynote-522 and IMpassion031 studies, immunotherapy was continued irrespective of achieving pCR. In Keynote-522, 3-year DFS was comparable in cases of pCR, whether patients received pembrolizumab or placebo (94.4% *versus* 92.5%), whereas 67.4% *versus* 56.8% in case of residual disease (pembrolizumab *versus* placebo, respectively) [60]. In exploratory analyses, most of the benefits are driven by the RCB-2 subgroup (HR for EFS 0.52) [62]. The utility of maintaining adjuvant immunotherapy in the event of pCR is therefore a subject of debate, considering potential toxicities that have been described even after several months of treatment. Similarly, long-term data from the GeparNuevo study, where patients did not receive durvalumab after surgery, suggest that adjuvant immunotherapy may not be imperative in case of pCR [59]. The randomized non-inferiority phase III trial OptimICE-pCR (NCT05812807) is evaluating the omission of postneoadjuvant pembrolizumab in patients achieving pCR (with a noninferiority margin of 3% in 3y-RFS rate).

The anti-TROP2 conjugated antibody sacituzumab-govitecan has demonstrated its efficacy in the metastatic setting of TNBC [63]. Ongoing studies aim to assess the potential of this drug in the neoadjuvant setting (NeoSTAR, NCT04230109) and post-neoadjuvant settings in adaptive strategies based on the presence of residual disease (SASCIA, NCT04595565, and ASPRIA, NCT04434040). With residual invasive disease after NAC, other escalation studies are ongoing. ASCENT05/OptimICE-RD (NCT05633654) evaluates the efficacy of sacituzumab-govitecan plus pembrolizumab *versus* pembrolizumab ± capecitabine. Datopotamab-deruxtecan is another TROP2 IgG1 attached to a topoisomerase inhibitor, evaluated in TROPION-Breast-03 (NCT0562958) with or without durvalumab *versus* treatment of physician's choice in cases of residual disease.

Finally, de-escalation strategies seeking to minimize the use of anthracyclines are under investigation, such as the phase II NeoStop, which compared carboplatin docetaxel to a standard regimen including anthracyclines, with promising results (comparable efficacy with less toxicity), or the phase II NeoPACT (NCT03639948) evaluating pembrolizumab in an anthracycline-free regimen.

## Optimization of Neoadjuvant Treatment: Her2-Negative Luminal Breast Cancer

The sensitivity of luminal BC to chemotherapy is comparatively lower than that observed in cases with HER2 amplification or the basal-like subtype [64]. The indication for NAC in this population is not as well-established. Common indications encompass initially inoperable tumors (presenting with inflammation, T4 or N3 stage, or extensive N2 involvement), cases where surgery needs postponement, or situations where immediate breast-conserving surgery is unfeasible due to the tumor-to-breast size ratio. pCR rates in luminal cancers generally range from less than 10% to less than 30% [65], with a high level of ER expression considered a negative predictive factor for chemotherapy response [66]. Reassessment of pCR rates after NAC has been conducted based on subtype, distinguishing between luminal A and luminal B [8, 9, 67]. Despite lower pCR rates, luminal BC, especially in the first 5 years, exhibit a more favorable prognosis compared to other subtypes.

For luminal BC, especially lobular and low-grade luminal cancers, the individual prognostic value of pCR is considerably lower [8, 9]. In contrast to HER2-positive or TN cancers, the choice of adjuvant treatment for luminal cancers is not guided by the quality of histological response; it invariably involves endocrine therapy (ET). Evaluation tools, such as the RCB, have been developed to better consider the impact of NAC in this context. RCB incorporates classical histological response elements (infiltrating residue, lymph node involvement) with quantitative aspects like residual cellularity and the size of metastatic lymph nodes [10, 68]. RCB proves invaluable in assessing potential chemotherapy benefits even in the absence of a complete response. For luminal cancers, a more specific chemotherapy response score is the CPS EG score, developed by the MD Anderson Cancer Center team. This score amalgamates initial clinical stage ("C"), pathological stage after chemotherapy ("PS"), and biological elements at the end of treatment, including ER expression ("E") and nuclear grade ("G") [69]. Seven classes (ranging from 0 to 6 points) are defined to specify post-neoadjuvant chemotherapy prognosis.

## Chemotherapy and Histological Response

Around 20% of tumors in the Cortazar meta-analysis were HR +/HER2-, encompassing 2616 patients. Similar to TN or HER2-positive tumors, a noteworthy correlation has been established between pCR and survival parameters [9]. However, this correlation is less pronounced,

primarily attributed to more proliferative tumors. The pCR of grade 3 HR + tumors exhibits a stronger correlation with survival parameters compared to grade 1 or 2 tumors: an HR of 0.29 (95% CI = 0.13–0.65) versus an HR of 0.47 (95% CI = 0.21–1.07) respectively [9]. An RCB 0-I score is achieved in 21.9% of cases, contrasting with 55 to 80% in other tumor subtypes [11]. Nevertheless, RCB stands out as an independent prognostic factor for RFS: each one-point increase in the RCB score multiplies the risk of relapse by 1.55, compared to 2.16 for TN and 2.09 for HER2 amplification [11]. The pCR rate for grade 3 tumors was 16.2%, in contrast to 7.5% for grade 1 or 2 tumors. Similarly, the histological type was correlated with pCR, with rates of 15.5% and 7.8% for ductal and lobular tumors respectively. The pCR rate with NAC for luminal A tumors is estimated between 7.5% and 8.9%, compared to 15% for luminal B tumors without HER2 amplification [8, 67]. Apart from the indisputable indication for locally advanced or inflammatory tumors, the benefit of NAC remains unclear for HR + tumors without HER2 amplification. The sole identified benefit is the objective of tumor reduction to facilitate conservative treatment, posing challenges in identifying predictive factors for response.

### Predictive Factors for Response

Low expression (<50%) of the ER is linked to a higher pCR rate but correlates with a less favorable long-term prognosis [66, 70]. Likewise, the absence of progesterone receptor expression serves as an independent predictive factor for pCR in multivariate analysis (OR = 0.76,  $p < 0.001$ ) and represents an unfavorable and independent prognostic factor for RFS (HR 1.58, 95% CI = 1.306–1.912;  $p < 0.001$ ) and OS (HR 1.80, 95% CI = 1.406–2.308;  $p < 0.001$ ) [70]. This is also applicable to Ki-67. In the GeparTrio trial, pCR rates were 3.4%, 8.2%, and 18.5% for Ki-67 thresholds < 15%, between 15 and 35%, and > 35%, respectively [71].

In the adjuvant setting, recent years have witnessed the integration of molecular signatures as a decision-making tool for chemotherapy indication, particularly in a de-escalation strategy. The adjuvant RxPONDER study failed to demonstrate the benefits of adjuvant chemotherapy for postmenopausal patients with 1 to 3 invaded lymph nodes and a Recurrence Score (RS)  $\leq 25$  [72]. For such patients, justifying NAC with the aim of "downstaging" becomes challenging. This is where neoadjuvant ET could prove beneficial. The role of molecular signatures in the neoadjuvant setting is not firmly established and should not be recommended in routine practice today. However, consistent data indicate better responses to NAC with a high RS [73, 74]. Retrospective data suggest that neoadjuvant ET achieves superior response rates in cases of low or intermediate RS compared to high RS [75–77]. This information could aid in the choice

between primary ET and NAC in cases requiring downstaging or form the basis for future adaptive strategies allowing therapeutic de-escalation in selected patients. An example is the WSG-ADAPT-HR + /HER2- study, where the overlay of the response at 3 weeks of initial ET based on the variation of Ki-67 and the initial RS identified patients with lymph node involvement for whom ET alone was sufficient [78]. In the absence of robust data, the use of molecular signatures in the neoadjuvant setting is not recommended outside of clinical trials.

### Chemotherapy Type

In the context of HR + /HER- tumors, NAC protocol selection adheres to principles akin to those in the adjuvant setting. Typically, the chosen treatment involves the sequential combination of anthracyclines-cyclophosphamide and taxanes.

A phase III trial investigated the benefit of a dose-dense regimen in the adjuvant setting for BC patients with lymph node involvement. It demonstrated that this high-risk population, including the ER + subpopulation, experiences improved survival with dose-dense therapy [22]. An analysis of individual data from 37,298 patients across 26 randomized trials by the EBCTCG, encompassing adjuvant and neoadjuvant chemotherapy, revealed no discrepancy in the benefits of a dose-dense regimen between ER + and ER-negative populations [25]. The relative benefit on recurrence was 14% and 15%, and on specific mortality was 13% and 14%, in ER + and ER-negative populations, respectively. Consequently, this regimen is favored in this context.

In two randomized phase III trials, [79, 80] nab-paclitaxel was compared to paclitaxel in this population, yielding discordant results on pCR and showing no impact on survival [81]. Similar to TN tumors, investigation into immunotherapy with ICI is ongoing. The I-SPY2 study demonstrated that adding pembrolizumab could double the pCR rate. Initial results from the phase III Keynote-756 (NCT03725059) indicate that adding pembrolizumab to a standard chemotherapy sequence enhances the pCR rate (24.3% vs. 15.6%) in patients with grade 3, N +, or T3/T4 ER + /HER2- tumors [82]. Nivolumab is also under scrutiny in the phase III Checkmate-7FL trial (NCT04109066) and initial results are showing improvement in pCR rate from 13.8% to 24.5%, with nivolumab effect increasing with PD-L1 expression [83]. However, the relevance of this endpoint in ER + BC does not permit a definitive assessment of the strategy's value, and survival data are eagerly awaited. We must consider potential severe and/or lasting toxicities in this curative intent therapy and the recent integration of CDK4/6 inhibitors in adjuvant setting for high-risk early ER + BC. New molecular signatures for immunotherapy response, derived from the I-SPY-2 study, are currently under investigation

[84]. As previously mentioned, trastuzumab deruxtecan has demonstrated efficacy in metastatic setting for the HER2low population. The ongoing phase II trial TRIO-US B-12 TALENT (NCT04553770) is randomizing trastuzumab deruxtecan ± ET. Initial results suggest clinical activity in this population, but there is some disappointment regarding pCR [85].

### Neoadjuvant Endocrine Therapy

The objective of neoadjuvant ET aligns with that of chemotherapy. While ET has demonstrated its efficacy in ER + BC, its utilization in the neoadjuvant setting is less prevalent compared to chemotherapy, likely attributed to its relatively slower onset of action. Numerous studies have affirmed the clinical effectiveness of ET in ER + breast cancers, employing agents such as tamoxifen or aromatase inhibitors (AI) [64, 86]. These therapies yield response rates akin to chemotherapy but with a more favorable toxicity profile. In aggregate, neoadjuvant ET demonstrates a comparable increase in the rate of breast conservation to chemotherapy, contingent upon the duration of treatment being sufficiently extended (at least 16 weeks). Originally proposed primarily for elderly patients ineligible for chemotherapy or primary surgery, [87] this approach has proven valuable in achieving successful outcomes.

### Type of Endocrine Therapy

In the neoadjuvant context, 5 randomized phase III studies in postmenopausal patients, [88–92] detailed in Supplementary Table S2, have compared aromatase inhibitors (AI) with tamoxifen. A meta-analysis of data from these studies, encompassing 1345 patients, reveals a significantly increased clinical response rate under AI (OR = 1.9,  $p = 0.009$ ). Similarly, ultrasonographic response rates are increased (OR = 1.54,  $p = 0.001$ ) (OR = 1.62,  $p < 0.001$ ) [64, 93]. While a non-significant trend toward improved histological response is noted [64].

The IMPACT study, comparing tamoxifen and anastrozole and analyzing Ki67 expression variations, found no association between Ki67 and clinical or ultrasonographic response [89, 94]. However, post-treatment Ki67 values exhibited prognostic significance [95]. Building upon these findings, the Preoperative Endocrine Prognostic Index (PEPI) was developed, integrating histological (size, lymph node status) and biological (RE and Ki67 expression levels post-treatment) tumor characteristics after neoadjuvant ET. The PEPI score, derived from the P024 study comparing letrozole and tamoxifen for 16 weeks in the neoadjuvant setting, [96] assigns points to each variable, leading to a highly prognostic classification into 3 classes. Prospective validation is underway through the phase III ALTERNATE study, with extended follow-up [97].

Two studies in postmenopausal patients compared an AI, anastrozole, and fulvestrant, [98, 99] revealing no notable clinical differences or variance in breast conservation rates. The ACOSOG Z1031 study, comparing three AIs, showed no clinical differences but confirmed a substantial impact on proliferation, with a reduction in Ki67 in both luminal A and B tumors [100]. Notably, Ki-67 emerges as a prognostic marker during neoadjuvant treatment, predicting recurrence risk if Ki-67 remains > 10% after 2–4 weeks of neoadjuvant ET. The POETIC study underscores Ki-67's prognostic potential after 2 weeks of neoadjuvant AI, particularly in the HER2-negative population. A high-risk group for recurrence can be identified: if Ki-67 remains high (> 10%) after 2 weeks of AI, the 5-year recurrence risk is 21.5%, compared to 8.5% if Ki-67 transitions from high to low (< 10%) or 4.3%, if Ki-67 is initially low (< 10%) [101].

Exploring ET in premenopausal patients, a randomized study with 197 participants compared anastrozole *versus* tamoxifen, both combined with goserelin [92]. After 6 months of goserelin-anastrozole treatment, clinical response rates reached 70%, ultrasonographic response rates 58%, and MRI response rates 64%, surpassing outcomes with the tamoxifen-goserelin combination. Ki67 variations were more pronounced in the anastrozole arm [77].

### Comparison of Endocrine Therapy and Chemotherapy

Comparative studies between NAC and neoadjuvant ET have been conducted, with 3 randomized trials elucidated in Supplementary Table S3. These trials encompassed both premenopausal and postmenopausal patients, incorporating varying durations of ET ranging from 3 to 6 months [102–104].

In the feasibility study NeoCENT [104], which involved 44 randomized patients, the comparison of 6 cycles of FEC100 with letrozole (administered for 4.5 to 5.7 months) revealed a comparable rate of objective response (54% *versus* 59%, respectively), similar variations in Ki67, and an identical rate of breast conservation.

The comprehensive analysis of these 3 trials indicates no discernible difference between NAC and ET concerning clinical, radiological, and biological response in luminal BC. A meta-analysis, pooling data from 378 patients, [64] evaluated various odds ratios related to clinical response (OR 1.08, 95% CI = 0.50–2.35;  $p = 0.85$ ), radiological response (OR 1.38, 95% CI = 0.92–2.07;  $p = 0.12$ ), pCR (OR 1.99, 95% CI = 0.62–6.39;  $p = 0.25$ ), and breast conservation (OR 0.65, 95% CI = 0.41–1.03;  $p = 0.07$ ). This meta-analysis affirms the absence of any discernible benefit of neoadjuvant chemotherapy compared to neoadjuvant ET in patients with luminal BC.

## Duration of Neoadjuvant Endocrine Therapy

The principal investigations into extending neoadjuvant ET are outlined in Table 1.

Notably, pivotal trials in neoadjuvant ET have scrutinized preoperative treatment durations ranging from 3 to 4 months. [64] Emerging evidence indicates that the extension of treatment duration may lead to a heightened reduction in tumor volume. Substantiating these observations is a phase II trial involving 70 elderly patients: the median time to objective response was 3.9 months, and more than a third of responsive patients achieved maximal tumor volume reduction following a treatment duration of at least 6 months [107].

## Endocrine and Targeted Therapies

Various types of targeted therapies have undergone evaluation subsequent to findings in advanced phases, particularly in randomized phase II trials. These therapies include those targeting the mTOR pathway (everolimus), [113] growth factor pathways (gefitinib) [114], and the cell cycle (palbociclib, ribociclib, abemaciclib). Regrettably, the overall outcomes have been disappointing. In a trial comparing letrozole to a letrozole-everolimus combination, a more significant clinical response was observed in the everolimus arm, accompanied by a reduction in ER and cyclin D1 expression [113]. However, these trials do not reveal an increase in the pCR rate with targeted therapy, which typically remains below 10%, nor do they show consistent impacts on breast conservation rates, which are inconsistently evaluated and reported. The most intriguing findings from these studies pertain to biological aspects. The addition of everolimus to letrozole leads to a highly significant (90%) reduction in Ki67 expression

after 16 weeks of treatment, particularly in patients with tumors harboring a mutation in exon 9 of PIK3CA, while the variation is minimal in cases of mutations in exon 20 or the wild-type form [113]. Similarly, the incorporation of palbociclib, a CDK4/6 cell cycle kinase inhibitor, results in a rapid (as early as day 15) and profound (nearly 100%) decrease in Ki67 expression [115]. The key studies assessing the contribution of CDK4/6 inhibitors to neoadjuvant ET are summarized in Table 2.

The PALLET study, a phase II trial, randomized 307 patients between letrozole-palbociclib and letrozole alone. No significant differences were observed in terms of clinical response (54.3% vs. 49.5%) or progression during neoadjuvant ET (3.2% vs. 5%) [118]. In the NeoPAL study, another phase II trial, the letrozole-palbociclib combination was compared with conventional NAC (3 FEC100 followed by docetaxel) in 106 patients with luminal B or luminal A cancers with nodal involvement [117]. The study found no significant disparities in pCR rates (3.8% vs. 5.9%), histological response assessed by RCB 0-I (7.7% vs. 15.7%), clinical response (75%), or breast conservation rates (69%). Notably, a PEPI score of 0 was achieved in 17.6% in the ET arm *versus* 8.0% in the chemotherapy arm [117]. After 40 months of follow-up, survival data indicated comparable RFS, despite 43% of patients in the ET group not receiving adjuvant chemotherapy [122]. Similar studies on ribociclib [116, 120, 121] and abemaciclib [119] in the neoadjuvant setting have reported consistent results. However, the overall evidence suggests that the strategy of combining targeted therapies, particularly cell cycle inhibitors, with ET has not definitively demonstrated superiority over ET alone or chemotherapy. Consequently, routine clinical use is not currently supported [123].

**Table 1** Trials focusing on neoadjuvant endocrine therapy duration

Study	n	IA	Duration	pCR	CR	Breast conservation
Krainick-Strobel et al [105]	32	LET	4 m vs 8 m	N/A	55% 72%	76%*
Dixon et al [106]	182	LET	3 m to > 24 m	N/A	70% < 3 m 83% > 3 m	60% < 3 m 72% > 3 m
Llombart-Cussac et al [107]	70	LET	3 m à 12 m	0	77%	43%
Allevi et al [108]	120	LET	4 m vs 8 m vs 12 m	2% 5% 17%	45% 87% 95%	80% 85% 87%
Hojo et al [109]	52	EXE	4 m vs 6 m	0 4%	42% 48%	50% 48%
Carpenter et al [110]	139	LET	12 m max	N/A	85%	66%*
Fontein et al [111]	102	EXE	3 m to 6 m	1%	59% < 3 m 68% > 3 m	62% < 3 m 71% > 3 m
Rusz et al [112]	42	LET	12 m	13%	88%	45%

\*Requiring mastectomy at baseline

EXE, exemestane; AI, aromatase inhibitors; LET, letrozole; CR, clinical response; pCR, pathological complete response



**Table 2** Comparative studies evaluating the contribution of CDK4/6 inhibitors to neoadjuvant ET

Study	Phase	n	Treatment	ET duration	Endpoints	Results
Curigliano et al [116]	II	14	LET + RIBO 600 vs LET + RIBO 400 vs LET	14d	Mean decrease in Ki67 levels	92% vs 96% vs 69%
Ma et al [115] (NeoPalAna)	II	50	ANA + PAL vs ANA	5-6 m	CCCA at J14	87% vs 26%*
Cottu et al [117] (NeoPAL)	II	106	LET + PAL vs FEC × 3 + T × 3	19w	RCB 0–1 pCR Clinical response Breast conservation	7.7% vs 15.7% 3.8% vs 5.9% 76% vs 76% 69% vs 69%
Johnston et al [118] (PALLET)	II	307	LET + PAL vs LET	14w	CCCA at 14w Clinical response Ki-67 decrease	90% vs 59%* 59.5% vs 54.3% (ns) -2.2 vs -4.1*
Hurvitz et al [119] (NeoMonarch)	II	223	ANA + ABEMA vs ABEMA vs ANA	14w	CCCA at J14	68% vs 58% vs 14%*
Prat et al [120] (CORALEEN)	II	106	LET + RIBO vs AC × 4 + Pcl × 12	24w	PAM50 low ROR	46.9% vs 46.1%
Khan et al [121] (FELINE)	II	116	LET + RIBO vs LET	24w	PEPI 0	25.4% vs 25.8%

\* ( $p < 0.001$ )

A, doxorubicine; ABEMA, abemaciclib; ANA, anastrozole; C, cyclophosphamide; CCCA, complete cell cycle arrest (Ki-67 < 2.7%); E, epirubicine; EXE, exemestane; F, 5-fluorouracile; LET, letrozole; ns, non significant; PAL, palbociclib; PAM50 low ROR, low recidive risk by Prosigna signature; PEPI, Preoperative Endocrine Prognostic Index; RCB, Residual Cancer Burden; RIBO, ribociclib; Pcl, paclitaxel; T, docetaxel

## Recovery Strategies

### Capecitabine

Following a comparable post-neoadjuvant approach, the Japanese CREATE-X trial [12] randomly assigned 910 patients with non-HER2 amplified tumors and residual disease after neoadjuvant chemotherapy, including anthracyclines and taxanes, to receive either capecitabine for 6 months or a placebo. At the 5-year mark, capecitabine demonstrated a superior RFS (74.1% versus 67.6%, HR 0.70,  $p = 0.01$ ) and OS (89.2% versus 83.6%, HR 0.59,  $p = 0.01$ ). Notably, the OS benefit was not statistically significant in the HR + population (68%), but it was notable in patients with TN tumors (32%). The observed OS benefit in this subgroup was 78.8% versus 70.3% at 5 years (HR 0.52, 95% CI = 0.30–0.90). For residual disease after neoadjuvant chemotherapy in TNBC, the selection of post-neoadjuvant treatment remains open, given that immunotherapy was not a standard option when demonstrating the benefits of capecitabine. Capecitabine was not permitted in cases of residual disease in the Keynote-522 trial. Although not directly addressed, pembrolizumab exhibited superior 3y-RFS compared to a placebo in cases of residual disease (67.4% versus 56.8%) [60]. This means that pembrolizumab not only increased pCR rates but also improved EFS among non-responders, and it is therefore well-positioned to compete with capecitabine for this indication [62]. Currently, there is no evidence supporting the superiority of the pembrolizumab-capecitabine

combination for residual disease. Reassuringly, phase II trials in the metastatic setting affirm its safety, with no emergence of new toxicity signals [124, 125].

### Olaparib

Olaparib is approved for high risk TNBC and ER + BC in the scenario of a germline *BRCA* mutation. The phase III OlympiA trial, focusing on a high-risk recurrence setting in the *BRCA*-mutated population, particularly in TN tumors (82%), assessed the efficacy of 1 year of adjuvant olaparib [13]. Notably, capecitabine was excluded from OlympiA, and eligibility for patients who had undergone NAC was contingent on the presence of residual disease. Encouragingly, the 4-year results demonstrate significant outcomes in both RFS (87.5% versus 80.4%) and OS (89.8% versus 86.4%) [126].

When contemplating the optimal choice among pembrolizumab, capecitabine, and olaparib, or considering their concomitant or sequential use, current data suggest a potential preference for olaparib. The CREATE-X trial, which lacked sufficient *BRCA*-mutated patients, could not adequately assess the impact of capecitabine in this population, while OlympiA shows a survival benefit. The OlympiAD results in the metastatic setting can also be extrapolated with caution, where olaparib outperformed chemotherapy, including capecitabine for 45% of patients [127]. However, the olaparib-capecitabine combination appears overly toxic, particularly in terms of myelosuppression. While there is

currently no evidence supporting the superiority of combining immunotherapy and PARP inhibitors in BC, early-phase trials in the metastatic setting have not revealed new toxicity signals. [128, 129] Therefore, the combination of pembrolizumab and olaparib is frequently encountered in clinical practice in cases of residual disease and constitutional *BRCA* mutation.

## Conclusion

Neoadjuvant chemotherapy offers the prospect of enhancing breast conservation rates, albeit with an increased risk of local recurrence. In the realm of triple-negative breast cancers, the combination of anthracyclines and taxanes achieves a pCR rate of 25 to 40%. Dose dense chemotherapy schedules elevate this rate by 5%, significantly impacting survival, while platinum salts and immunotherapy each contribute to a 10 to 20% increase. Immune checkpoint inhibitors have demonstrated their survival impact in the neoadjuvant setting, particularly for younger patients, reshaping the treatment strategy. Open questions include those related to the duration of immunotherapy, choice of chemotherapy partner, and post-neoadjuvant strategies based on achieving complete response. Immunotherapy's potential to challenge the relevance of pCR as an surrogate endpoint for assessing survival in triple-negative breast cancers is a topic of ongoing exploration, and consensus on post-neoadjuvant treatment decisions in case of residual disease is lacking.

The decision-making process for a neoadjuvant treatment strategy for luminal tumors is complex, except for initially inoperable tumors. This strategy is recommended cautiously with the goal of preserving the breast when possible. Currently, no reliable predictive factors exist for neoadjuvant chemotherapy response in luminal tumors without HER2 amplification. Neoadjuvant chemotherapy's superiority over neoadjuvant endocrine therapy remains inconclusive in this population. In the case of luminal breast cancers ineligible for immediate conservative surgery, neoadjuvant endocrine therapy may be considered, particularly in postmenopausal women with low-grade luminal A breast cancer, ideally administered for over 6 months. Aromatase inhibitors in the postmenopausal population have demonstrated superiority in clinical and radiological response compared to tamoxifen. The combination of targeted therapies, such as CDK4/6 inhibitors with endocrine therapy, has not definitively proven its superiority. Biological markers and molecular analyses continue to be fundamental tools for evaluating response and understanding tumor biology in luminal cancers.

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