

Visualizing nuclear pore complex plasticity with Pan-Expansion Microscopy

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1 **Abstract**

2

3 Cell-type specific and environmentally-responsive plasticity in nuclear pore complex
4 (NPC) composition and structure is an emerging area of investigation, but its
5 molecular underpinnings remain ill defined. To understand the cause and
6 consequence of NPC plasticity requires technologies to visualize differences within
7 individual NPCs across the thousands in a given nucleus. We evaluate the utility of
8 Pan Expansion Microscopy (Pan-ExM), which enables 16-20 fold isotropic cell
9 enlargement while preserving the proteome, to reveal NPC plasticity. NPCs are
10 robustly identified by deep learning-facilitated segmentation as tripartite structures
11 corresponding to the nucleoplasmic ring, inner ring with central transport channel,
12 and cytoplasmic ring, as confirmed by immunostaining. We demonstrate a range of
13 NPC diameters with a bias for dilated NPCs at the basal nuclear surface, often in
14 local clusters. These diameter biases are eliminated by disrupting linker of
15 nucleoskeleton and cytoskeleton (LINC) complex-dependent connections between
16 the nuclear envelope (NE) and the cytoskeleton, supporting that they reflect local
17 variations in NE tension. Pan-ExM further reveals that the transmembrane
18 nucleoporin/nup POM121 resides specifically at the nuclear ring in multiple model
19 cell lines, surprising given the expectation that it would be a component of the inner
20 ring like other transmembrane nups. Remarkably, however, POM121 shifts from the
21 nuclear ring to the inner ring specifically in aged induced pluripotent stem cell
22 derived neurons (iPSNs) from a patient with *C9orf72* amyotrophic lateral sclerosis
23 (ALS). Thus, Pan-ExM allows the visualization of changes in NPC architecture that
24 may underlie early steps in an ALS pathomechanism. Taken together, Pan-ExM is a
25 powerful and accessible tool to visualize NPC plasticity in physiological and
26 pathological contexts at single NPC resolution.

27

1 Introduction

2 The nuclear envelope (NE) is a double membrane barrier that segregates the
3 nuclear genome from the cytoplasm. Bidirectional molecular communication across
4 the NE is mediated by nuclear pore complexes (NPCs), protein gateways that
5 facilitate the selective transport of cargo-bound nuclear transport receptors (NTRs)
6 while also imposing a size-restrictive diffusion barrier. It is well understood how the
7 majority of the key building blocks (nucleoporins or nups) are arranged to build the
8 iconic 8-fold radial architecture of the NPC with recent cryo-EM and cryo-ET
9 structures approaching atomic resolution (Akey et al., 2023; Akey et al., 2022; Bley
10 et al., 2022; Fontana et al., 2022; Huang et al., 2022a; Huang et al., 2022b; Kosinski
11 et al., 2016; Mosalaganti et al., 2022; Petrovic et al., 2022; Schuller et al., 2021;
12 Singh et al., 2024; von Appen et al., 2015; Zhu et al., 2022). These studies have
13 provided a blueprint for the NPC in multiple organisms, glimpses of its evolutionary
14 history and key insights into its assembly and function. They have also revealed that
15 the NPC structure is not monolithic. Indeed, there are numerous hints that NPCs are
16 surprisingly plastic in composition and structure, but the causes and consequences
17 of this likely plasticity are just beginning to come to light (Fernandez-Martinez and
18 Rout, 2021). A key challenge for the field is to be able to directly visualize this
19 plasticity on a single NPC level.

20
21 The recent discoveries that the NPC scaffold is dilated *in cellulo* compared to in
22 isolated NEs and can constrict in response to energy depletion or hyperosmotic
23 shock suggest that lateral strain on NPCs imposed by NE tension could modulate
24 NPC architecture and function (Akey et al., 2022; Schuller et al., 2021; Zimmerli et
25 al., 2021). It remains unknown, however, whether changing the diameter of NPCs
26 impacts their selective permeability (although there is emerging evidence that
27 supports this concept)(Elosegui-Artola et al., 2017; Feng et al., 2024; Klughammer et
28 al., 2024; Kozai et al., 2023). Further, it is unclear whether NPC diameter is
29 controlled by passive mechanisms or whether it can be actively modulated, perhaps
30 even in response to the local NE environment. Considering the latter, it is plausible
31 that mechanotransduction mechanisms that translate extracellular mechanical cues
32 to the NE through Linker of Nucleoskeleton and Cytoskeleton (LINC) complexes may
33 locally alter NE tension and NPC dilation. Consistent with this possibility, there is
34 evidence that mechanical strain on the nuclear lamina is higher at the basal versus

1 apical surface of the nucleus (Carley et al., 2021; Ihalainen et al., 2015). Whether
2 this asymmetry in lamina tension is reflected in the dilatatory state of NPCs is
3 unknown. Answering these questions will require facile and accessible methods to
4 examine NPC diameter, ideally at single NPC resolution, in multiple cell types and
5 tissues.

6
7 Similar methods are also required to tackle the question of whether NPCs are
8 compositionally (and functionally) different among cell types in both physiological
9 and pathological settings (Cho and Hetzer, 2020; Fernandez-Martinez and Rout,
10 2021). For example, it has been reported that there are at least two forms of NPCs in
11 budding yeast with either one or two nuclear rings (Akey et al., 2022). Moreover, the
12 nuclear basket is absent from many yeast NPCs and may be assembled as part of a
13 dynamic mRNA export platform (Bensidoun et al., 2022; Galy et al., 2004; Singh et
14 al., 2024). Whether there is such plasticity of the nuclear basket in human cells
15 remains unknown, but there are many hints that there is compositional heterogeneity
16 of NPCs in certain cell types driven by differential nup expression and/or turnover
17 rates, both of which may be influenced by age and disease (Cho and Hetzer, 2020).
18 Importantly, although cryo-ET may be amenable to uncovering broad classes of NPC
19 structures in scenarios where there is a total absence of a given nup, it will be less
20 valuable in cases where there may be changes in the relative stoichiometry of nups
21 within individual NPCs.

22
23 Another motivation for developing methods to visualize compositional heterogeneity
24 at the individual NPC level is exemplified by evidence that NPCs may be
25 compromised in neurodegenerative disease (Chandra and Lusk, 2022). Specifically,
26 an amyotrophic lateral sclerosis (ALS) pathomechanism caused by a hexanucleotide
27 repeat expansion in the *C9orf72* gene has been proposed to occur through an NPC
28 injury cascade resulting in the loss of a specific subset of nups from a fraction of
29 NPCs (Coyne et al., 2020). POM121, one of three transmembrane nups, is a key
30 linchpin whose disappearance precedes that of other nups that ultimately herald a
31 loss of nuclear compartmentalization (Baskerville et al., 2024; Coyne et al., 2021).
32 The underlying mechanisms that drive these changes to NPCs remains uncertain but
33 would clearly benefit from a methodology that can reveal the molecular and
34 morphological changes that occur within individual NPCs along the NPC injury

1 cascade. Moreover, the ideal method would couple quantitative immunolabeling with
2 the capacity to assess gross changes in NPC architecture.

3

4 Here, we explore the utility of Pan Expansion Microscopy (Pan-ExM) to robustly
5 visualize the molecular composition and structure of individual NPCs. Pan-ExM is
6 unique over other expansion microscopy methods as it preserves the total proteome,
7 which can be visualized at an ultrastructural resolution using a “pan” fluorescent
8 protein stain (M'Saad and Bewersdorf, 2020). We demonstrate that machine-
9 learning based segmentation of Pan-ExM images can robustly and comprehensively
10 identify individual NPCs. Not only can Pan-ExM reveal the compositional
11 heterogeneity of NPCs on an individual NPC level but it can also reveal local
12 differences in NPC diameter tied to cell polarity that depend on LINC complexes.
13 Further, we used Pan-ExM to make the unexpected discovery that, unlike the other
14 transmembrane nups, POM121 is asymmetrically distributed to the nuclear ring.
15 Most remarkably, although POM121’s nuclear ring localization is observed across
16 several human cell lines, in induced pluripotent stem cell derived neurons (iPSNs)
17 from a patient with the pathological *C9orf72* repeat expansion, we observed a shift in
18 the distribution of POM121 from the nuclear ring to the inner ring that we tie to
19 further loss of NPC density as revealed by the pan-stain. These data suggest that
20 discrete changes to NPC architecture in the *C9orf72* ALS NPC injury cascade that
21 were previously unappreciated are visible by Pan-ExM. Thus Pan-ExM is a valuable
22 discovery tool that will help illuminate NPC plasticity – an essential step towards
23 understanding its function across cells and tissues.

24

1 **Results**

2 **Pan-ExM permits visualization of whole cell proteinaceous ultrastructure** 3 **including NPCs.**

4 To visualize cellular ultrastructure and NPCs, we leveraged the Pan-ExM (M'Saad
5 and Bewersdorf, 2020) protocol and fixed and embedded samples in a series of
6 swellable hydrogels, enabling ~16-fold expansion (Supplementary Figure 1). A
7 schematic of the procedures and computational tools used in this study are
8 diagrammed in Figure 1. Briefly, to “pan” stain all cellular proteins, lysines across the
9 proteome were labeled with a fluorophore conjugated N-Hydroxysuccinimide (NHS),
10 DNA was labeled with SYTOX Green and proteins of interest were labeled with
11 antibodies (Figure 1a). Using confocal microscopy, we acquired images capturing
12 whole cell volumes. As expected (M'Saad and Bewersdorf, 2020), cellular organelles
13 like nucleoli, mitochondria, Golgi stacks and centrioles were identifiable by their
14 characteristic ultrastructural morphologies revealed by the pan-stain (Figure 1b).
15 NPCs were likewise visible at the edge of the nucleus (Figure 1b). We developed an
16 image analysis pipeline using Imaris software and the Fiji (Schindelin et al., 2012)
17 plugin LABKIT (Arzt et al., 2022), a machine-learning based random forest classifier,
18 to segment cellular structures in 3D (Figure 1c). Through manual labeling of image
19 voxels in all acquired channels, nuclei were segmented by iterative training. NPCs
20 were robustly identified in all axial orientations and automatically segmented by
21 training multiple datasets. To measure NPC diameter required training a different
22 classifier to accurately segment the nuclear ring of NPCs. This analysis was further
23 combined with segmentation of antibody labeling and annulate lamellae (AL).
24 Together, these in silico segmentation approaches enable a detailed ultrastructural
25 analysis of all NPCs in a given cell nucleus in virtually any cell line. Initially, we
26 examined three commonly used cell lines: HeLa cervical adenocarcinoma, A549
27 lung adenocarcinoma and SH-SY5Y neuroblastoma cells.

28

29 In axial sections of magnified views of the nuclear surface, each NPC (regardless of
30 cell line) was comprised of a single focus suspended between two rings (Figure 2a).
31 The former is best observed in cross section (Figure 2b). Consistent with a body of
32 prior work (Krull et al., 2010; M'Saad and Bewersdorf, 2020; Ou et al., 2017;
33 Schermelleh et al., 2008) supporting that NPCs engage euchromatin and/or exclude
34 heterochromatin, the nuclear rings were nestled within islands lacking detectable

1 SYTOX fluorescence (Figure 2a, bottom panels). A quantitative comparison of the
2 average NPC architecture derived from 2061 NPCs in Pan-ExM samples with those
3 derived from *in cellulo* cryo-ET of human NPCs (Mosalaganti et al., 2022; Schuller et
4 al., 2021) indicates that Pan-ExM results in expansion of the NPC ~2 fold more
5 along the nuclear transport axis compared to the radial axis (Supplementary Figure
6 2a). Indeed, comparing the relative dimensions observed in the expanded NPCs to
7 the average cryo-ET structure of NPCs in intact DLD-1 cell nuclei (Schuller et al.,
8 2021) supports that Pan-ExM maintains a faithful relationship between the diameter
9 of the nuclear and inner rings (Supplementary Figure 2b, c). Moreover, we can also
10 discern that the inner ring is more proximal to the nuclear ring than the cytoplasmic
11 ring, a prominent feature of the DLD-1 NPC model (Schuller et al., 2021)
12 (Supplementary Figure 2a, b, d). However, the dimensions along the nuclear
13 transport axis are exaggerated (Supplementary Figure 2a). Regardless, NPCs and
14 their substructure are easily visualized by Pan-ExM with the relative dimensions of
15 the nuclear, inner and cytoplasmic rings preserved.

16

17 The ability to segment NPCs and nuclear contours provided a facile approach to
18 automate counting all the NPCs of hundreds of HeLa, A549 and SH-SY5Y nuclei
19 and to correlate these values to nuclear surface and volume measurements. The
20 latter were normalized to an expansion factor calculated for each sample by
21 measuring the mean distance between the membranes of mitochondria cristae
22 (Supplementary Figure 1a) and centriole diameters (Supplementary Figure 1b); the
23 average of these two was then taken as the expansion factor for assigning pre-
24 expansion scale (Supplementary Figure 1c). There was remarkable consistency in
25 sample-to-sample expansion that ranged from 13.94 to 16.69 fold (Supplementary
26 Figure 1d). On average, the three cell lines had a similar mean number of NPCs with
27 considerable variability on an individual cell basis. HeLa cells displayed the largest
28 spread in values (over 7-fold) and SH-SY5Y cells, the least (Figure 2c). As such, SH-
29 SY5Y cells also had the highest density of NPCs that were closest to each other
30 (Figure 2d,e). To gain some insight into the mechanisms that may influence NPC
31 number, we further related NPC number to the nuclear surface area and nuclear
32 volume on an individual cell basis. Across all cells examined, NPC number was
33 correlated with nuclear surface area (Figure 2e-h) and nuclear volume (Figure 2i-l),

1 with modestly stronger correlations with nuclear volume. Thus, Pan-ExM is a
2 valuable and facile approach to count NPCs in relation to nuclear metrics.

3

4 **Local differences in NPC dimensions**

5 Emerging work has intimated that the NPC ring diameter adopts a range of dilation
6 states in response to NE tension, which in turn may be modulated by both cell-
7 intrinsic and extrinsic factors (Kalukula et al., 2022; Schuller et al., 2021; Zimmerli et
8 al., 2021). Although an exciting concept supported by cryo-ET (Akey et al., 2022;
9 Schuller et al., 2021; Zimmerli et al., 2021), we know little about the factors that
10 govern if NPCs in a single nucleus exist in different dilatatory states and, if so, if this is
11 biologically meaningful. The model of the mammalian NPC in DLD-1 cells suggests
12 that the outer ring diameters expand ~18% (from 89 to 105 nm) in intact nuclei
13 compared to isolated nuclear envelopes (presumably reflecting NE tension),
14 although the inner ring diameter of individual NPCs in cryo-ET preparations varies
15 substantially (Schuller et al., 2021). To test whether Pan-ExM could provide a tool to
16 readily evaluate relative NPC diameter within individual cells at high sampling
17 density, we measured the diameters of thousands of nuclear rings of computationally
18 segmented NPCs on a given HeLa nucleus. Using this approach, and in line with
19 prior observations (Schuller et al., 2021) we noted that there was a near two-fold
20 range in NPC diameter values across the nucleus (Figure 3a). Leveraging our ability
21 to comprehensively assess all NPCs, we further investigated whether shifts in this
22 range are likely to reflect bona fide local NPC diameter differences. To that end we
23 compared the diameters of NPCs on the top and bottom of the nucleus; there is
24 evidence that tension on the nuclear lamina is higher on the bottom of the nucleus
25 due to cell adhesion to the extracellular matrix (Carley et al., 2021; Ihalainen et al.,
26 2015). Consistent with the expectation that higher force transduction to the nuclear
27 lamina increases NE tension in a way that could enhance NPC dilation, we observed
28 a significant trend of larger NPC diameters on the basal surface of the nucleus
29 compared to the apical surface, although there is a marked variance across the NPC
30 population on both surfaces (Figure 3a). This NPC diameter bias between the basal
31 and apical aspects of the nucleus was mirrored in both A549 and SH-SY5Y cells
32 (Figure 3d; Supplementary Figure 3), supporting that this is a general phenomenon.
33 One interpretation of these data is that there are localized regions of high NE
34 tension, particularly on the basal nuclear surface.

1
2 Interestingly, when we binned the NPC diameters into quintiles, the distance to the
3 five nearest NPCs in the same diameter class was shortest for NPCs with the largest
4 20% of diameters (Figure 3b). Indeed, compared to a randomly selected 20%,
5 middle 20% or to the smallest 20%, the largest NPCs were significantly closer
6 together. Color-coding of NPCs at the basal nuclear surface according to NPC
7 diameter class revealed that larger NPCs appeared to locally cluster in apparent hot
8 spots (Figure 3c, purple). These results were mirrored in A549 cells (Figure 3e, f).
9 Thus, a generalizable principle appears that the largest NPCs cluster together in
10 local regions across the nuclear surface.

11
12 To investigate whether the measured biases in NPC diameter reflected the functional
13 integration of NPCs within a mechanoresponsive network (and to rule out expansion-
14 induced artifacts), we performed Pan-ExM and measured NPC diameters in
15 CRISPR-edited A549 cells lacking *Sun1* and *Sun2* (Supplementary Figure 4). SUN1
16 and SUN2 are integral components of LINC complexes (Chang et al., 2015)
17 necessary to transmit cytoskeletal forces from cell-matrix adhesions to the nuclear
18 lamina (Carley et al., 2021). Strikingly, the ablation of LINC complexes completely
19 disrupted the observed bias for larger NPC diameters on the basal surface of the
20 nucleus (Figure 3g), which were now also found to be uniformly distributed (Figure
21 3i). Indeed, we no longer detected a bias for the largest NPCs to cluster (Figure 3h,
22 i). Thus, Pan-ExM can detect LINC-complex dependent changes in relative NPC
23 diameter within single nuclei while also providing evidence for a putative
24 mechanoresponsive response that has yet to be directly documented.

25
26 Lastly, although we tied LINC complex function to increased NPC diameter, the
27 magnitude of the shift in the mean diameter at the top and bottom of the nucleus in
28 the Pan-ExM samples appeared to fall short of the 18% difference between the outer
29 ring diameters observed between mammalian NPCs *in cellulo* and in isolated NEs
30 (Schuller et al., 2021; Zimmerli et al., 2021). We reasoned that even in the context of
31 LINC complex ablation, there is likely remaining tension on the NE driven by other
32 mechanisms (e.g. compressive actomyosin networks or colloidal osmotic pressure)
33 that may prevent the complete relaxation of NPCs. We therefore investigated the
34 diameters of NPCs in Pan-ExM samples within annulate lamellae (AL), stacks of ER

1 sheets filled with NPCs that would not be predicted to be under tension. Consistent
2 with this idea, the NPC diameter in AL was markedly (35%) reduced compared to
3 NPCs at the NE (Figure 3a). When taken together, our findings reinforce that Pan-
4 ExM can reveal the conformation of individual NPCs and is therefore an invaluable
5 approach for detecting a range of relative NPC diameters that could reflect distinct
6 NPC states. Moreover, our observations suggest that while the NPC can adopt a
7 large range of diameters in cells, LINC-complex dependent tension states at the NE
8 meaningfully but only subtly shift NPC diameter.

9

10 **Nup antibody labeling defines NPC ultrastructure in Pan-ExM**

11 We next assessed whether individual nups could be localized within the Pan-ExM
12 ultrastructure by immunostaining of expanded cells with a battery of nup specific
13 antibodies. We tested antibodies directed against nups representative of all major
14 NPC architectural elements (Figure 4a, Supplementary Figure 5) including the
15 cytoplasmic and nucleoplasmic rings, the inner ring, the FG-rich central channel, the
16 nuclear basket, and the cytoplasmic filaments (Figure 4b). The anti-nup antibodies
17 specifically labeled one or more of the three substructures of the expanded NPCs in
18 a manner congruent with their established locations. For example, we observed anti-
19 NUP107 staining at both pan-stained rings confirming these to be the cytoplasmic
20 and nucleoplasmic rings (Figure 4a-c). By contrast, the pan-stained focus suspended
21 between the two rings was recognized by antibodies to the central channel FG-nups
22 NUP62 and NUP98, the inner ring component, NUP93, and the integral membrane
23 nucleoporins NDC1 and GP210. Thus, this middle focus represents the inner ring
24 with FG-network. Last, although the position of the nuclear basket (NUP50, NUP153,
25 TPR) and cytoplasmic filament (NUP358) labels also converged qualitatively on the
26 pan-stained cytoplasmic and nucleoplasmic rings, quantification of the label position
27 relative to the SYTOX stain (after normalization to the position of NUP107 to define
28 the “middle” of the NPC) supports that they do, as expected, extend away from the
29 rings into the nucleoplasm and cytoplasm, respectively (Figure 4c). Thus, the overall
30 position of nups within the NPC architecture is retained during fixation and expansion
31 of NPCs.

32

33 As the pan-stain identifies all NPCs and major architectural units, a major advantage
34 of this approach is the ability to directly assess antibody labeling efficiency – a

1 necessity to unambiguously detect potential changes in nup composition at the
2 individual NPC level. For the central channel FG-nups and the scaffold elements of
3 the NPC including the cytoplasmic, nucleoplasmic and inner rings, we observed
4 specific and near-comprehensive labeling of the pan-stained NPCs (Figure 4d). In
5 contrast, the labeling of the nuclear basket nups NUP50, TPR and NUP153 and the
6 cytoplasmic filament nup Nup358 was notably less efficient (64-82%). Thus, it is
7 possible there are sub populations of NPCs that lack these asymmetric elements, in
8 line with observations in budding yeast that the presence of the nuclear basket
9 reflects an mRNA export state (Bensidoun et al., 2022).

10

11 **Pan-ExM reveals organization of NPCs in AL**

12 We next assessed whether Pan-ExM could be used to provide insight into the
13 composition and 3D organization of AL, which were robustly observed in an iPSC
14 line and were occasionally present in HeLa and SH-SY5Y cells. As expected from
15 prior EM studies (Cordes et al., 1996; Kessel, 1983), the NPCs in AL were organized
16 in densely stacked arrays that we present in both an en face (top-down; Figure 5a)
17 and lateral (Figure 5b) orientations. While EM favors efficient labeling of membranes,
18 we expected that the total protein labeling in Pan-ExM could provide new insight into
19 putative interactions between NPCs that may underlie the biogenesis of AL. Indeed,
20 the outer rings of the NPCs appeared to directly connect to NPCs both above and
21 below in two conformations (Figure 5c). In one, the NPCs were stacked on top of
22 each other such that the transport channels aligned. In another, the NPCs were
23 offset in a brick-like pattern. Most AL comprised a mixture of these two
24 arrangements. In principle, the observed juxtapositions of NPCs could be driven by
25 interactions between asymmetric elements of NPCs i.e. the cytoplasmic filaments
26 and nuclear basket, or between symmetric elements (i.e. the outer rings).

27

28 To test these models of NPC stacking in AL, we immunolabeled cells with nup
29 antibodies (Figure 5d). Whereas antibodies directed towards the FG-nups, NUP62
30 and NUP98, robustly labeled AL, we only observed sparse labeling of the
31 cytoplasmic filament nup NUP358 and, surprisingly, the transmembrane nups
32 POM121, NDC1 and GP210. We were unable to identify the basket component
33 NUP153 in AL stacks, despite clear NUP153 staining at NPCs embedded in the NE
34 in the same expanded cell. Thus, our observations, when taken together with other

1 studies including proteomic analyses of AL from *Drosophila* embryos (Hampoelz et
2 al., 2016; Hampoelz et al., 2019; Rasala et al., 2008; Walther et al., 2003), support
3 that NPCs in AL have reduced levels of transmembrane nups and lack the
4 asymmetric elements of the NPC. Thus, we favor the hypothesis that direct outer
5 ring interactions facilitate the NPC stacking underlying AL formation.

6

7 **POM121 localizes specifically to the nuclear ring**

8 Given our surprising observation that antibodies to transmembrane nups poorly label
9 AL (Figure 5d) despite efficiently labeling NPCs embedded in the NE (Figure 4d), we
10 were prompted to take a closer examination of their position in NPCs by Pan-ExM.
11 Indeed, although we understand the position of virtually all soluble nups within the
12 NPC, there remains uncertainty over the distribution of the pore membrane proteins,
13 particularly POM121. POM121 is not observed in cryo-EM maps despite strong *in*
14 *vitro* evidence suggesting that it is capable of biochemically interacting with
15 components of both the inner and outer rings (Yavuz et al., 2010), perhaps in a
16 mutually exclusive manner (Mitchell et al., 2010). Thus, in principle we would expect
17 that POM121 could localize to either the inner or outer rings (or both). We therefore
18 used Pan-ExM to test the distribution of POM121 by immunolabeling of expanded
19 HeLa cells. Interestingly, unlike antibodies directed to the other transmembrane
20 domain-containing nups, GP210 and NDC1, which stained the inner ring (Figure 4),
21 POM121 antibodies exclusively labeled the nuclear aspect of the NPC (Figure 6).
22 This surprising result was not unique to HeLa NPCs, as we observed the identical
23 asymmetry in the POM121 labeling of A549 and SH-SY5Y cells (Figure 6a, c).
24 Importantly, labeling of POM121 at this biased position was equally efficient as the
25 other pore membrane nups (compare Figure 6b and Figure 4d), suggesting the
26 robustness of this observation. Moreover, the favored position of POM121 labeling
27 (Figure 6c) most closely mimics the position of the nuclear ring staining of NUP107
28 (Figure 4c). Thus, POM121 is unique amongst the transmembrane nups and is
29 asymmetrically distributed in the NPC on the nuclear ring.

30

31 **POM121 shifts position in model ALS iPSNs**

32 To further push the boundaries of Pan-ExM and to investigate the potential functional
33 significance of POM121's specific localization to the nuclear ring, we tested whether
34 Pan-ExM could distinguish compositionally unique NPCs in the context of a

1 neurodegenerative disease model. Recent work supports that there is an NPC injury
2 cascade in which POM121 plays a critical role in the characteristic loss of a subset of
3 nups from NEs in iPSC derived neurons (iPSNs) from patients expressing a
4 hexanucleotide repeat expansion in *C9orf72*, the most common genetic cause of
5 ALS (Coyne et al., 2020). The observed NPC injury occurs approximately 32 days
6 after differentiation into motor neurons in culture. We therefore prepared
7 differentiated iPSNs at day 18 (before NPC injury) and day 32 (after NPC injury)
8 post-differentiation for examination by Pan-ExM. In all samples, NPCs were readily
9 visible in the pan-stain. Notably, while the extent of immunolabeling of NUP62
10 (previously found to be unaffected in this disease model (Coyne et al., 2021; Coyne
11 et al., 2020)) showed no change between day 18 and day 32 iPSNs (Supplementary
12 Figure 6), we observed a marked reduction in the labeling of POM121 (Figure 7a, b)
13 from 92% of NPCs at day 18 to 73% at day 32 specifically in *C9orf72* HRE-
14 expressing iPSNs but not the WT iPSN matched control. Prior studies have
15 suggested that loss of POM121 is a hallmark of a broader disruption in NPC
16 composition including diminished levels of seven other nups across multiple
17 subcomplexes (Coyne et al., 2020). Consistent with this, we also observed that
18 NPCs lacking POM121 have a statistically significant decrease in pan-labeling within
19 the segmented NPCs compared to POM121-containing NPCs in the same nucleus
20 (Figure 7c). Thus, Pan-ExM allows the visualization of pathological changes to the
21 biochemical identity of individual NPCs.

22

23 Most strikingly, upon close inspection of the anti-POM121 staining in the day 32
24 *C9orf72* HRE-expressing iPSNs, it was clear that in NPCs that retained POM121 it
25 was no longer distributed along the nuclear ring (Figure 7a, bottom right panel).
26 Indeed, in virtually all the antibody-labeled NPCs, the POM121 stain was now
27 mispositioned instead to the inner ring while the anti-POM121 labeling in WT iPSN
28 controls at the same timepoint retained the normal localization at the nuclear ring
29 (Figure 7a, d). Thus, using Pan-ExM we have visualized a remarkable response in
30 the position of a key transmembrane nup from the nuclear ring to the inner ring in a
31 pathological condition. While the underlying mechanism driving these changes
32 remains uncertain, we suggest that this may be an important, but to this point
33 invisible, step along the NPC injury cascade that may contribute to an ALS
34 pathomechanism.

1 Discussion

2 We have investigated the ability of Pan-ExM to serve as an enabling tool for
3 exploring several pressing questions in the nuclear transport field. We suggest that
4 Pan-ExM fills an important niche between cryo-EM/ET and super-resolution
5 microscopy. The Pan-ExM approach overcomes the significant financial, technical
6 and intellectual resources required for cryo-EM/ET while also circumventing the
7 modality-specific limitations of super-resolution imaging that are compounded by the
8 need to access specialized microscopes. Pan-ExM particularly excels at providing
9 insight into the molecular composition and structure (at tens of nanometer resolution)
10 at the level of individual NPCs in a given nucleus. As it is possible to perform Pan-
11 ExM on virtually any cell type and, with protocol modifications, tissues (M'Saad and
12 Bewersdorf, 2020; M'Saad et al., 2022), it promises to reveal a broad spectrum of
13 NPC diversity that has previously gone underappreciated. The ability to confidently
14 visualize NPCs of unique molecular composition and structure, as demonstrated
15 here, is the first step to understanding their function in both physiological and
16 pathological contexts.

17
18 As an example of a pathological context in which Pan-ExM was illuminating, we
19 investigated how NPCs change in an iPSN model of *C9orf72* ALS. The data first
20 reinforce that Pan-ExM can be used to assess the presence/absence of individual
21 nups from single NPCs, recapitulating the observed loss of POM121 during a
22 *C9orf72* HRE-specific NPC injury cascade thought to be central to an ALS
23 pathomechanism (Coyne and Rothstein, 2021; Coyne et al., 2020). While making a
24 definitive conclusion from negative data (i.e. lack of immunolabeling) is always
25 fraught, Pan-ExM has several key advantages over classic immunofluorescence and
26 super-resolution approaches that allows one to arrive at more confident conclusions.
27 First, the pan-stain recognizes virtually all NPCs. This provides a facile and
28 quantitative approach to establish the labeling efficiency per NPC for a given
29 antibody in a manner that is challenging or impossible for other methods. Labeling
30 efficiency is also greatly enhanced by expansion itself, overcoming epitope masking
31 that can occur in crowded macromolecular structures and facilitating efficient
32 penetration of antibodies into the sample (M'Saad and Bewersdorf, 2020). Indeed,
33 we observed that the tested antibodies recognizing scaffold nups label virtually all
34 NPCs (Figure 4d). Second, Pan-ExM revealed a remarkable change to the

1 nanoscale distribution of POM121 that occurred specifically in the *C9orf72* HRE-
2 expressing iPSN line 32 days after differentiation into motor neurons (Figure 7). The
3 timing is remarkable: precisely when NPC injury has been described to begin, we
4 observe that POM121 shifts position from the nuclear ring to the inner ring. We
5 suspect that this change precedes the complete loss of POM121 from NPCs (Figure
6 7b), at which time we observe a decrease in the total bulk protein at the NPC (Figure
7 7c). Thus Pan-ExM revealed a new step in the NPC injury pathway; moreover, this
8 finding suggests that there are changes in biochemical interactions among nups that
9 likely precedes their loss from the NPC. This work thus also reveals an aspect of
10 NPC plasticity that was previously unappreciated.

11
12 The underlying mechanism driving the shift in POM121 distribution remains
13 unknown, but as there is evidence that POM121 can biochemically engage with both
14 NUP160 and NUP155 in a mutually exclusive fashion (Mitchell et al., 2010), it is
15 attractive to consider the hypothesis that POM121 moves from a NUP160-bound
16 state (at the nuclear ring) to a NUP155-bound state (at the inner ring). While there
17 are many plausible mechanisms that may contribute to such a change including
18 putative post-translational modifications (Nino et al., 2016), another possibility is that
19 POM121's location reflects its engagement with nuclear transport receptors (NTRs).
20 POM121 is unique among the integral membrane nucleoporins in that it engages
21 directly with the Kap α /Kap β 1 NTR complex through a nuclear localization signal in
22 its N-terminus (Rasala et al., 2008; Yavuz et al., 2010). This NLS is thought to be a
23 key functional element that helps to target it to the inner nuclear membrane during
24 early steps of NPC biogenesis (Funakoshi et al., 2011; Talamas and Hetzer, 2011).
25 Interestingly, a previous study indicates that under conditions where POM121 binds
26 Kap α /Kap β 1 it displays strong binding to NUP155 but not NUP160 (Yavuz et al.,
27 2010). The release of Kap α binding occurs at the nuclear basket, predominantly
28 through a mechanism requiring NUP50; the NUP50 orthologue in budding yeast,
29 Nup2, is also essential for NLS-dependent targeting of integral membrane proteins to
30 the inner nuclear membrane (King et al., 2006; Lokareddy et al., 2015). Interestingly,
31 loss of NUP50 appears to be a critical component of NPC injury in ALS (Freibaum et
32 al., 2015; Megat et al., 2023). Thus, it is plausible that the unexpected and surprising
33 steady-state association of POM121 with the nuclear ring in model mammalian cell
34 lines is tied to disrupted release of Kap α and a preference for binding to NUP155.

1 This and the ultimate function of POM121 at the nuclear ring will be topics of future
2 work that will be supported by the unique ability of Pan-ExM to reveal positional
3 information of POM121 and other nups at the nanoscale.

4
5 While our discovery of biased positioning of POM121 at the nuclear ring of the NPC
6 was entirely unexpected, the ability of Pan-ExM to reveal a range of NPC diameters
7 across the same nucleus fills a critical need in the field. Indeed, approaches are
8 needed to interrogate the contexts and consequences of NE tension on NPC form
9 and function. Changes in NPC diameter have been proposed for decades, but only
10 recently with “in cellulo” cryo-ET of NPC structures has definitive evidence
11 supporting this type of NPC plasticity come to light (Akey et al., 2022; Schuller et al.,
12 2021; Zimmerli et al., 2021). Here, we provide a more nuanced view of NPC
13 diameter that supports that there is a spectrum of NPC dilatory states with a bias for
14 the most dilated NPCs to be on the basal nuclear surface. The data further suggest
15 that there are local islands (hundreds of square nanometers in dimensions) of NPCs
16 that are more or less dilated. As both the local islands and basal bias of dilated
17 NPCs are abolished upon ablation of LINC complexes, it is most likely that NE
18 tension, driven at least in part by cytoskeletal forces, can in fact modulate NPC
19 diameter. Such an idea may provide a function for the long-observed association of
20 SUN1 with NPCs (Liu et al., 2007; Talamas and Hetzer, 2011), and may suggest a
21 direct mechanoresponsive mechanism to dilate or constrict NPCs. Although the idea
22 that NE tension may impact NPC dilation has been proposed (Elosegui-Artola et al.,
23 2017; Schuller et al., 2021; Zimmerli et al., 2021), this work reveals an additional
24 nuance: that this tension may be much more localized than previously thought. It
25 remains mysterious, however, whether these local NE tension differences can
26 manifest actual functional changes to these NPCs in their ability, for example, to
27 establish a selective transport channel and/or impact genome function, particularly
28 as the relative mean changes in NPC diameter at the NE in expanded samples
29 appears modest. Interestingly, recent studies have implicated SUN1 and LINC
30 complex components as contributors to ALS pathophysiology (Baskerville et al.,
31 2024; Sirtori et al., 2024). Specifically, SUN1 may be a critical mediator of passive
32 permeability of the NPC (Baskerville et al., 2024). Although the mechanisms
33 underlying these events remain unknown, our work suggests that Pan-ExM will likely
34 be a useful tool for providing insight into these neurodegenerative events.

1
2 Although one can easily measure NPC diameters in Pan-ExM samples, some
3 caution must be taken when using these measurements to calculate and compare
4 actual NPC diameters across samples as there are no perfect tools for precisely
5 calculating the experimental expansion factor, although the approach we take here
6 suggests that robust reproducibility is possible (Supplementary Figure 1).
7 Regardless, within a single sample one can quantitatively assess relative NPC
8 diameter changes. In this framework, the diameter differences that we observe at the
9 NE are quite modest, with mean diameters of NPCs on the bottom versus the top of
10 the nucleus differing by only <10%, somewhat less than the ~18% suggested to
11 reflect the sum effects of all drivers of NE tension in mammalian cells (Schuller et al.,
12 2021). The most profound effects on NPC dilation have been described in response
13 to energy depletion or osmotic shock of fission yeast NPCs (Zimmerli et al., 2021);
14 we observe such major changes in NPC diameter by Pan-ExM specifically in AL,
15 where the diameters of the NPCs are ~35% more constricted than those at the NE.
16 Thus, we posit that the dimensions of the NPCs in AL reflect a fully constricted state
17 akin to what has been observed for NPC structures in the context of perturbations
18 like energy depletion, hyperosmotic shock, or biochemical fractionation of NEs (Bui
19 et al., 2013; von Appen et al., 2015; Zimmerli et al., 2021). There are several
20 implications of this hypothesis. First, it is most likely that LINC-complex dependent
21 mechanotransduction mechanisms only modestly modulate NPC diameter. Second,
22 complete constriction of the NPC likely only occurs under extreme environmental
23 perturbation. In these scenarios, it may be logical for cells to attempt to attenuate
24 nuclear transport by “closing” their NPCs.

25
26 Another reason why NPCs may be fully constricted in AL is that they are in an
27 immature state. For example, NPCs in AL have also been suggested to lack key
28 components including the entirety of the nuclear basket (Hampoelz et al., 2016;
29 Hampoelz et al., 2019; Rasala et al., 2008; Walther et al., 2003). The underlying
30 mechanism for why AL NPCs are incompatible with nuclear basket assembly is not
31 understood. One possibility is that, as our data suggest, there are stacking
32 interactions between the outer rings of the NPCs in AL that preclude basket
33 assembly. An alternative model is that basket assembly may only occur in
34 membranes under tension. Such a concept aligns with work exploring the steps in de

1 novo NPC assembly where the basket is curiously added as a terminal step (Otsuka
2 et al., 2023). Further, during post-mitotic NPC assembly early intermediates are
3 assembled into a small nuclear pore before it dilates to complete assembly (Otsuka
4 et al., 2018). More broadly, this interpretation invites the idea that NE tension could
5 directly impact NPC composition. For example, during zebrafish embryonic
6 development NPCs are thought to mature from a constricted state lacking the
7 nuclear basket to a more mature, transport-competent form after the maternal to
8 zygotic transition (Shen et al., 2022). It also has implications for
9 mechanotransduction mechanisms – for example, the local modulation of tension
10 could favor/disfavor the stable incorporation of nuclear basket proteins, which could
11 direct RNA export, for example, to biochemically polarized NPCs. Our hope is that
12 Pan-ExM will provide a key tool to begin to test these and other hypotheses.

13

14

15

1 **METHODS**

2 **Cell culture**

3 HeLa cells were cultured in Dulbecco's modified Eagle medium (DMEM; Gibco,
4 11965092) supplemented with 10% fetal bovine serum (FBS; Gibco, A5256801),
5 penicillin-streptomycin mix (pen/strep; Gibco, 15140122) and sodium pyruvate
6 (Gibco, 11360070). A549 cells were cultured in DMEM F12 (Gibco, 11320032) with
7 10% FBS and pen/strep. SH-SY5Y cells were cultured in Eagle's Minimum Essential
8 Medium (EMEM; ATCC, 30-2003) with 15% heat inactivated FBS, pen/strep and 2
9 mM Glutamax (Gibco, 35050061). iPSCs were grown on Geltrex (Thermo Scientific,
10 A1413302) coated plates and cultured in mTESR1 media (Stem Cell Technologies,
11 85850). All cells were maintained at 37°C with 5% CO₂. Passaging was performed
12 using 1X PBS and 0.05% Trypsin (Gibco, 25300054) or 0.5 mM EDTA (Corning, 46-
13 034-CI) for iPSCs. 24 h before fixation, ~65,000 cells were seeded onto coverslips
14 coated with 50 µg/mL collagen (Corning, 354236).

15

16 **Direct-induced motor neuron differentiation**

17 *C9orf72* ALS patient and control iPSCs (Supplementary Table 1) were obtained from
18 the Answer ALS repository at Cedars Sinai and differentiated into spinal motor
19 neurons as previously described following a modified direct-induced motor neuron
20 differentiation protocol (!!! INVALID CITATION !!! (Baskerville et al., 2024; Coyne et
21 al., 2020)). iPSNs were cryopreserved in Cryostor CS10 media on day 12 of
22 differentiation. Briefly, iPSNs at day 12 of differentiation were thawed and grown on
23 Matrigel (Corning, CLS35623) coated dishes and cultured in stage 3 media
24 composed of 47.5% Iscove's modified Dulbecco's medium (IMDM; Gibco,
25 12440061), 47.5% F12 (Gibco, 11765054) with 2% B-27 (Gibco, 17504044), 1%
26 MEM Non-Essential Amino Acids (NEAA; Gibco, 11140050), 1% N-2 (Gibco,
27 17502048), pen/strep, 2.5 µM DAPT (Sigma-Aldrich, D5942), 0.5 µM all-trans
28 retinoic acid (RA; Sigma-Aldrich, R2625), 0.1 µM Compound E (Sigma-Aldrich,
29 565790) , 0.1 µM dibutyryl-cAMP (Santa Cruz Biotechnology, sc-201567), 0.1 µM
30 SAG (Cayman Chemical Company, 11914), 200 ng/mL Ascorbic acid (Sigma-
31 Aldrich, A4544), 10 ng/mL BDNF (PeproTech, 450-02) and 10 ng/mL GDNF
32 (PeproTech, 450-10). Media was exchanged every 3 days.

33

34

1

2 **CRISPR guide plasmid cloning**

3 Guides targeting *Sun1* and *Sun2* were cloned into the pSpCas9(BB)-2A-Puro
4 (PX459) plasmid (Addgene, 48139) as follows. Primers containing the guide
5 sequences flanked by BbsI (Bpil) cut sites were generated for each gene of interest.
6 Guide sequences for *Sun1* and *Sun2* (Supplementary Table 2) were selected from
7 the Toronto Knockout Library V3 (!!! INVALID CITATION !!! (Hart et al., 2017)). An
8 additional G nucleotide was added between the BbsI sequence and the guide
9 sequence if the guide sequence did not begin with a G or C. Primers were
10 phosphorylated using a T4 polynucleotide kinase reaction incubated at 37°C for 30
11 minutes and annealed by bringing the temperature of the reaction from 95°C to
12 25°C, decreasing by 10°C every minute. The pX459 plasmid was digested using
13 BbsI. The plasmid and guides were annealed using Quick Ligase and transformed
14 into DH5alpha cells. Plasmids were isolated and sequenced to confirm correct guide
15 integration.

16

17 ***Sun1*^{-/-}/*Sun2*^{-/-} double knock-out A549 cell line generation**

18 All eight guide plasmids (4 for *Sun1* and 4 for *Sun2*) were transfected into A549 cells
19 using the Amaxa Cell Line Nucleofector Kit T (Lonza Bioscience, VCA-1002)
20 according to the manufacturer's instructions and plated into a 10cm plate in
21 A549 media. 48 hours post-transfection, cells were selected using 0.5 µg/mL
22 puromycin in A549 media for 1 week, changing the media every 3 days. After
23 selection, cells were plated at a limiting dilution (0.5 cells / well) into 96-well plates
24 and assessed for colony formation over the following 7-14 days. Wells with single
25 colonies were subsequently expanded and tested for knock-out using a combination
26 of immunofluorescence staining, western blotting, and sequencing (see
27 Supplementary Figure 4).

28

29 **Cell line validation via gDNA sequencing**

30 Genomic DNA was harvested from clonal cell lines using QuickExtract (Lucigen,
31 QE09050) according to the manufacturer's instructions. Primers were designed to
32 amplify 400 – 600 bp regions containing the guide target site (Supplementary Table
33 3). Regions of interest were amplified using iProof High-Fidelity DNA polymerase

1 (Bio-rad, 1725301) and sequenced. Sequences were analyzed for the presence of
2 InDels using Synthego ICE analysis (<https://ice.synthego.com>).

3

4 **Pan-ExM**

5 Pan-ExM was performed as previously described (!!! INVALID CITATION !!! (M'Saad
6 and Bewersdorf, 2020)). Cells were fixed in 4% formaldehyde (FA; Electron
7 Microscopy Sciences, 15710) in 1X PBS for 1 h at RT. Samples were rinsed with 1X
8 PBS three times and post-fixed in 0.7% FA and 1% acrylamide (AAm; Sigma, 01697)
9 in 1X PBS for 6 h at 37°C. Next, samples were washed three times with 1X PBS for
10 15 min each on a rocking platform and embedded in the first gelling solution (19%
11 sodium acrylate (SA;), 10% AAm, 0.1% N,N'-(1,2-dihydroxyethylene)bisacrylamide
12 (DHEBA; Sigma, 294381), 0.25% Ammonium persulfate (APS; BioRad, 1610700)
13 and 0.25% tetramethylethylenediamine (TEMED; Sigma, T7024) in 1X PBS within
14 custom-constructed gelation chambers for 1.5 h at 37°C in a humidified container.
15 Samples were then incubated in denaturation buffer (200 mM sodium dodecyl sulfate
16 (SDS; Sigma, 75746) , 50 mM tris [hydroxymethyl] aminomethane (Tris; Sigma,
17 T6066), 50 mM sodium chloride (NaCl; JT Baker, 3627-07), pH 6.8 for 15 min at
18 37°C. Gels were then transferred to 1.5 mL Eppendorf tubes containing denaturation
19 buffer and incubated for 1h at 73°C, then washed three times with 1X PBS for 20
20 min each on a rocking platform at RT.

21

22 For the first expansion, gels were placed in MilliQ water twice for 30 min each then
23 for 1 h. Expanded gels were then incubated in a second gelling solution (10% AAm,
24 0.05% DHEBA, 0.05% APS and 0.05% TEMED) twice for 20 min each on a rocking
25 platform at RT. After removal of residual solution, gels were sandwiched between a
26 microscope slide and No. 1.5 coverslip, placed in a humidified degassing chamber
27 and perfused with nitrogen gas for 10 min. The chamber was then sealed and
28 incubated for 1.5 h at 37°C.

29

30 Next, gels were incubated in a third gelling solution (19% SA, 10% AAm, 0.1% N,N'-
31 methylenebis(acrylamide) (BIS; Sigma, 14602), 0.05% APS and 0.05% TEMED)
32 twice for 15 min each on a rocking platform on ice. After removal of residual solution,
33 gels were sandwiched between a microscope slide and No. 1.5 coverslip, placed in a
34 humidified degassing chamber and perfused with nitrogen gas for 10 min. The

1 chamber was then sealed and incubated for 1.5 h at 37°C. To dissolve DHEBA
2 crosslinks, gels were incubated in 200 mM NaOH (Macron, 7708-10) for 1 h on a
3 rocking platform at RT. Gels were then washed three times with 1X PBS for 20 min
4 each on a rocking platform at RT.

5

6 **Immunostaining of Pan-ExM samples**

7 For immunostaining, gels were incubated in primary antibodies (Supplementary
8 Table 4) diluted to 1:500 in antibody dilution buffer (2% bovine serum albumin (BSA;
9 Sigma, A9647) in 1X PBS) for 24 h. Gels were washed three times with PBS-0.1%
10 Tween (PBS-T) for 20 min each, then for 12 h. Next, gels were incubated in
11 secondary antibodies diluted to 1:500 in antibody dilution buffer for 12 h. Gels were
12 washed three times with PBS-T for 20 min each, then for 12 h. All steps were
13 performed on a rocking platform at RT.

14

15 **Pan-staining and SYTOX Green staining**

16 Gels were incubated in 20 µg/mL NHS ester CF568 (Biotium, 92131) in 100 mM
17 sodium bicarbonate solution (JT Baker, 3506-01) for 1.5 h on a rocking platform at
18 RT. Gels were then washed three times with PBS-T for 20 min each. Next, gels were
19 incubated in SYTOX Green (Thermo Scientific, S7020) diluted to 1:3,000 in calcium
20 and magnesium free HBSS buffer (Gibco, 14170112) for 1 h on a rocking platform at
21 RT. Gels were then washed three times with PBS-T for 20 min each.

22

23 **Pan-ExM second expansion and sample mounting**

24 Antibody labeled and stained gels were placed in MilliQ water twice for 30 min each
25 then for 1 h. Expanded gels were mounted on 30 mm No. 1.5 glass bottom MatTek
26 dishes with an 18 mm round coverslip on top, and sealed with a two-component
27 silicone (Picodent, 13001000). Samples were then stored in the dark at RT until
28 imaging.

29

30 **Image acquisition**

31 Data acquisition was carried out on a Dragonfly confocal microscope (Andor) with a
32 water immersion 60x 1.2 NA objective. Fusion software (Andor) was used to control
33 imaging parameters. SYTOX Green, CF568 Succinimidyl ester and ATTO647N were

1 imaged with 488-nm, 561-nm and 647-nm excitation, respectively. Entire cell
2 volumes were acquired by performing z-stack tile scans using a 0.25 μm step size.

3

4 **Image analysis and visualization**

5 3D reconstruction, volume rendering, and analysis of Pan-ExM images was
6 performed using Imaris versions 9.9-10.2 (Andor). Images and movies were
7 generated using the snapshot and animation tools. Cellular structures were
8 segmented as Imaris Surface, Spot or Cell objects depending on the parameters to
9 be calculated and the object-object statistics to be measured.

10

11 **Nuclei segmentation**

12 Nuclei were segmented as surface objects by LABKIT machine learning pixel
13 classification of all acquired channels (SYTOX, NHS ester Pan-stain and antibody
14 channels) by manual annotation of foreground and background pixels. A binary mask
15 nucleus channel was then created to account for SYTOX bleaching over large
16 cellular volumes and in stitched images. The masked nucleus channel was used to
17 generate a cell object to measure nuclear volume, surface area, object-orientated
18 bounding box lengths and sphericity.

19

20 **Total NPC segmentation**

21 To segment all NPCs, regions of interest (ROIs) of a subset of images containing
22 pan-stain and masked nucleus channels were manually annotated in LABKIT. NPC
23 nuclear ring structures were labeled as foreground pixels and iterative training
24 performed until the classifier was able to consistently recognize NPCs in all axial
25 orientations. Performance was assessed by manual inspection of segmentation
26 results and comparing the number of segmented NPCs and number of segmented
27 nup antibody surfaces identified at the NE. To enable quantification of average
28 distances to nearest neighbor objects, a binary mask total NPC channel was created
29 and spot objects with an estimated XY diameter of 0.75 μm (value not corrected for
30 expansion) automatically generated.

31

32 **NPC diameter segmentation**

33 Given that the total NPC classifier was optimized for robust identification of NPCs
34 across different cells, a separate classifier was trained in LABKIT to accurately

1 measure nuclear ring NPC diameter. ROIs of images containing pan-stain and
2 SYTOX channels were manually annotated, with NPC nuclear ring structures labeled
3 as foreground pixels. Iterative training was conducted until the classifier consistently
4 segmented the oblate spheroids surfaces corresponding to regions at the NE that
5 were intensely pan-stained and devoid of SYTOX. NPC diameter was quantified as
6 the average of the lengths B and C of the object-orientated bounding box
7 surrounding the segmented nuclear ring NPC surfaces. NPC position at the top or
8 bottom of the nucleus was determined by z-position values.

9
10 NPC diameter surface objects were then filtered and split into quintiles based on
11 size. A random 20% of NPC diameter surface objects class was also generated by
12 manual selection of object IDs via a random number generator in Excel. Binary mask
13 NPC diameter channels were created and spot objects with an estimated XY
14 diameter of 0.75 μm (value not corrected for expansion) automatically generated for
15 each NPC diameter class to enable quantification of average distance to nearest
16 neighbor objects. To visualize NPC clustering by size, NPCs were color-coded by
17 NPC diameter class and overlaid on 3D renderings of the nuclear surface. NPC
18 diameter was measured at AL by training a classifier to segment NPC rings visible in
19 top-down view AL stacks on the basis of the pan-stain channel only.

20

21 **Nup antibody segmentation**

22 Nup antibody signal was automatically segmented in Imaris as surface objects using
23 a background subtraction algorithm and the same manually determined threshold
24 and smoothing settings for each antibody within a set of experiments. Segmented
25 nup antibody surface objects of less than 5 voxels were filtered out. Nup antibody
26 signal was also automatically segmented as spot objects with an estimated XY
27 diameter of 0.75 μm (value not corrected for expansion) and background subtraction
28 selected. Segmentation was performed on entire images to enable identification of
29 antibody distributed at the NE and at AL.

30

31 **AL segmentation**

32 To segment AL, ROIs of pan-stain channel images were manually annotated in
33 LABKIT and surface objects created by iterative training.

34

1 **Nup antibody labeling of NPCs analysis**

2 To quantify nup antibody labeling efficiency, the shortest distance from the border of
3 each segmented NPC surfaces to the border of segmented nup antibody surfaces
4 was computed automatically in Imaris. NPCs were classified as labeled if antibody
5 signal was within 2 μm (value not corrected for expansion).

7 **Nup antibody position analysis**

8 To determine the precise location of nup antibody labeling at NPCs, the shortest
9 distance from the border of the segmented nuclear surface to the center of
10 segmented nup antibody spots was computed automatically in Imaris. Values were
11 normalized to the position of NUP107 to define the 'middle' of NPCs.

13 **Expansion factor measurement**

14 Expansion factors were determined for each experiment by averaging peak-to-peak
15 distances of line profiles drawn through centrioles and mitochondria in expanded
16 samples using the Spots Intensity Profile Imaris XTension in MATLAB (Mathworks).
17 These values were divided by the previously determined dimensions of structures
18 measured by EM to estimate the linear expansion factor.

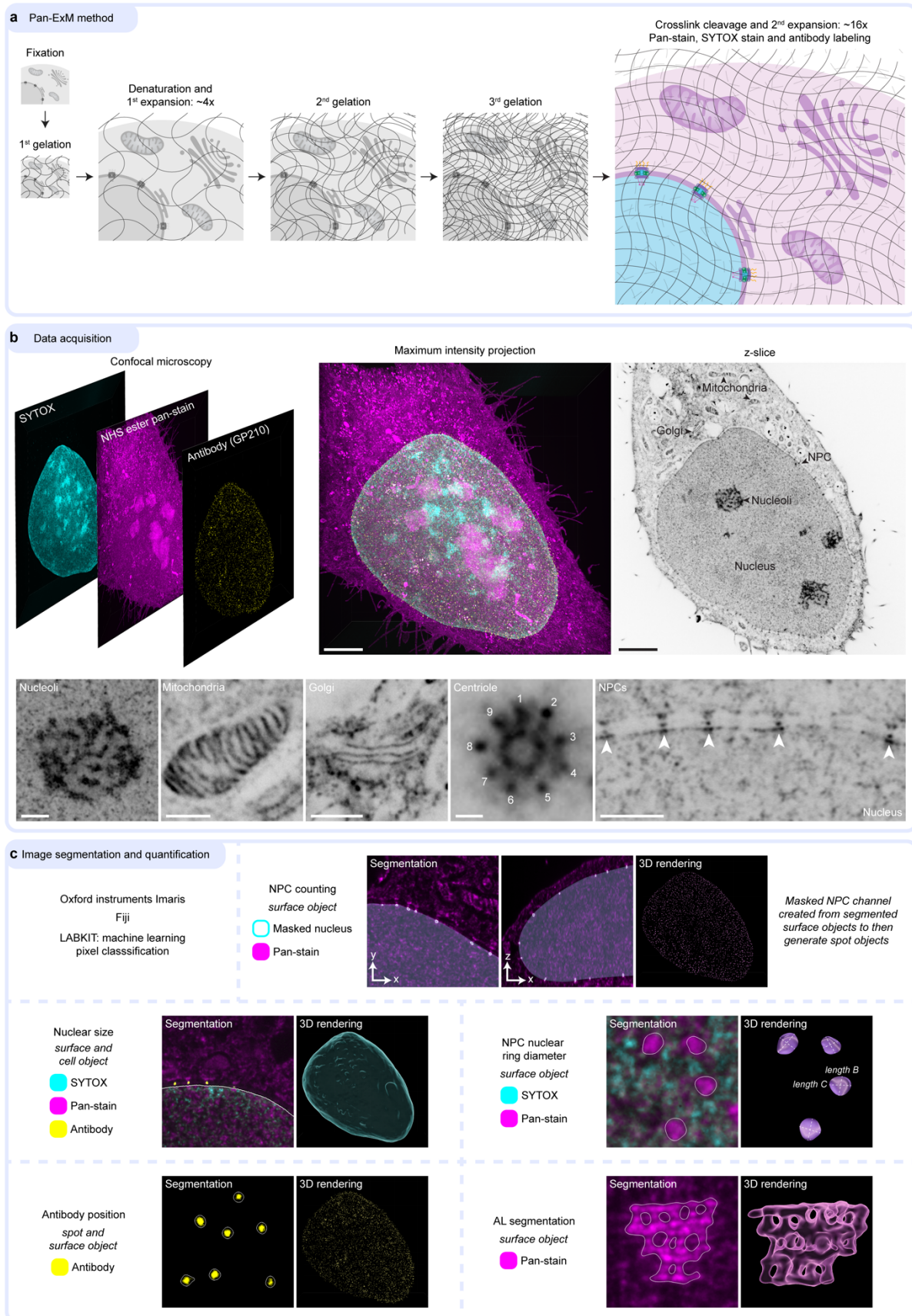
20 **Statistical analysis**

21 Statistical analyses were performed using Prism 9.4.1 software (GraphPad).
22 Unpaired t-tests, ordinary one-way ANOVA with Tukey's multiple comparisons test or
23 Kruskal-Wallis test with Dunn's multiple comparisons test were used, as denoted in
24 the figure legends, to assess significance, defined as $p < 0.05$.

26 **Acknowledgments**

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33 GM129308 (to MCK).

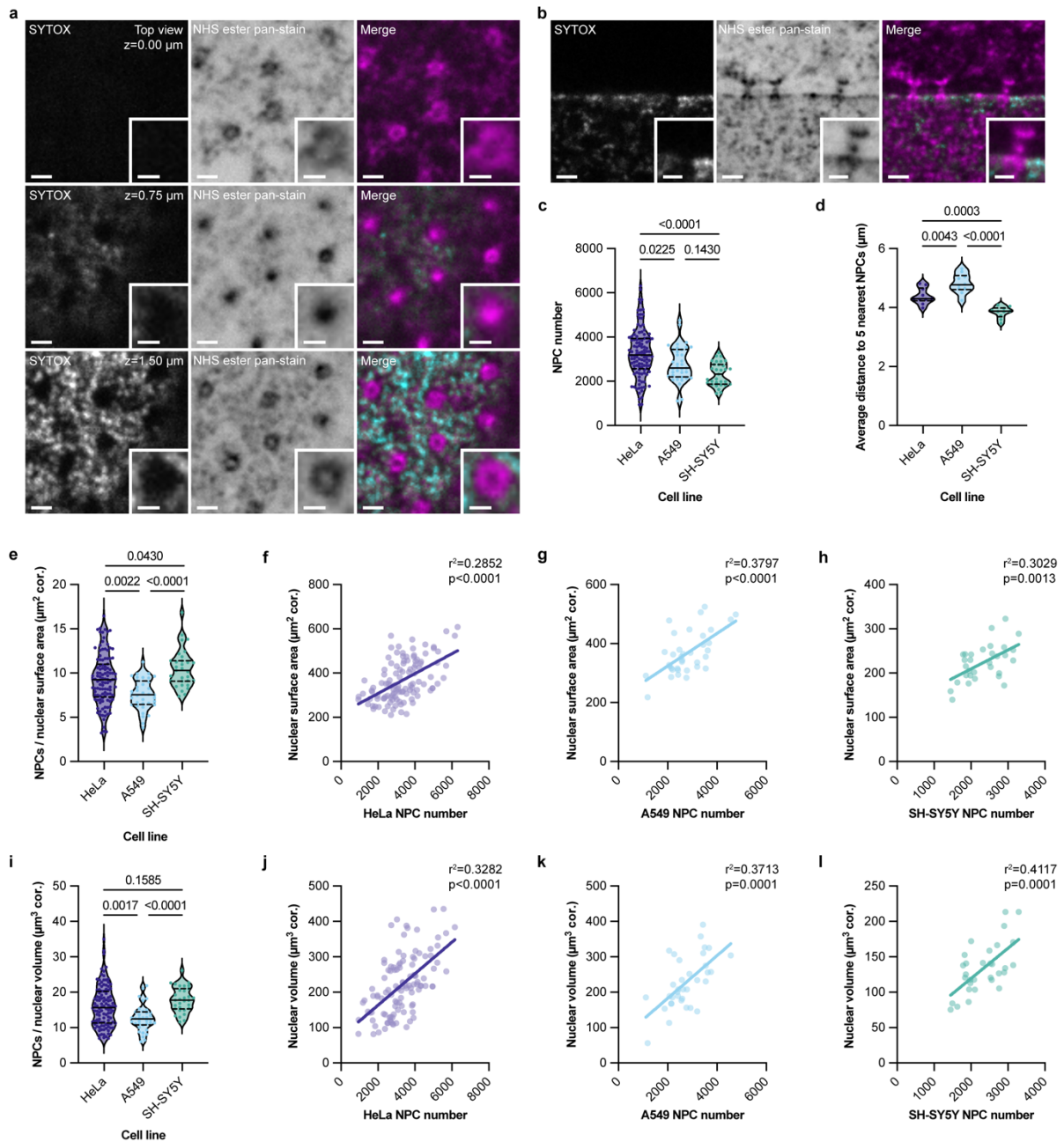
34



1

2 **Figure 1. Workflow and image analysis pipeline to visualize and analyze NPCs**
3 **using Pan-ExM**

1 **a.** Schematic of the Pan-ExM method adapted from M'Saad and Bewersdorf, 2020.
2 **b.** Overview of Pan-ExM data acquisition by confocal fluorescence microscopy with
3 representative single-channel images of an expanded HeLa cell stained with SYTOX
4 green, NHS ester pan-stain and labeled with an antibody against the nucleoporin
5 GP210. Whole cell volumes can be imaged and visualized as desired - a maximum
6 intensity projection merge and single channel z-slice (inverted) shown as examples.
7 Scale bars 30 μm . The ultrastructure of nucleoli, mitochondria, Golgi stacks,
8 centrioles and NPCs (arrows) are revealed by the pan-stain, shown with an inverted
9 color table. Scale bar 1 μm for centriole panel and 5 μm for all other panels. **c.**
10 Development of image analysis pipelines using Imaris software with the Fiji plugin
11 LABKIT to segment and visualize cellular structures in 3D. Utilizing the denoted
12 image channels and object creation modules (surface, spot and cell) in Imaris;
13 NPCs, nuclei, antibody signal and annulate lamellae (AL) were segmented.
14 Representative images of segmentation results are outlined in single z-slices and 3D
15 renderings are shown.
16
17

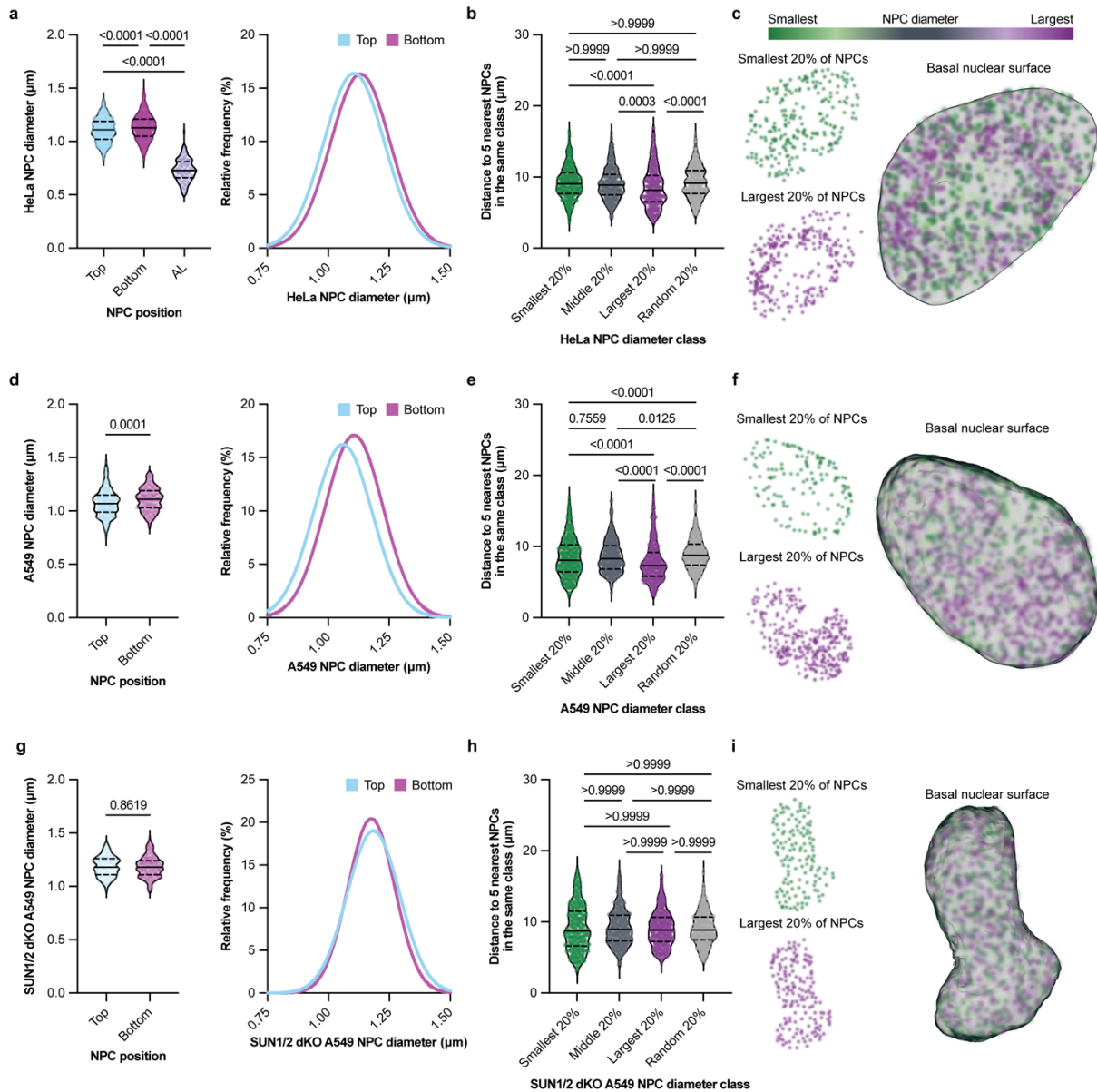


1

2 **Figure 2. Comprehensive visualization of NPCs with Pan-ExM reveals**
 3 **characteristic NPC density and distribution across representative cell lines**

4 **a-b.** Representative confocal fluorescence microscopy images of NPCs in expanded
 5 HeLa cells stained with SYTOX and NHS ester pan-stain at indicated axial positions
 6 (a) and in cross-section (b). Scale bars 2 μm . Insets show magnified view of the
 7 NPC, scale bars 1 μm . **c.** Total NPC number is variable and highest in expanded
 8 HeLa cells compared to A549 and SH-SY5Y cells. n=31 SH-SY5Y cells from 2
 9 independently expanded samples, n=36 A549 cells from 2 independently expanded
 10 samples, n=114 HeLa cells from 4 independently expanded samples. Median values
 11 shown as solid lines and quartile values shown as dashed lines. Ordinary one-way

1 ANOVA with Tukey's multiple comparisons test. **d.** NPCs are most clustered in SH-
2 SY5Y cells. Average distance to the five nearest NPCs measured in cells
3 representative of local NPC density in each cell line. n=10 cells per line. Median
4 values shown as solid lines and quartile values shown as dashed lines. Ordinary
5 one-way ANOVA with Tukey's multiple comparisons test **e.** Overall NPC density
6 (NPCs per nuclear surface area corrected "cor." for the determined expansion factor)
7 is variable across the population but highest in SH-SY5Y cells. Median values shown
8 as solid lines and quartile values shown as dashed lines. Ordinary one-way ANOVA
9 with Tukey's multiple comparisons test. **f-h.** Total NPC number trends with nuclear
10 surface area but with substantial variability. Lines represent a simple linear
11 regression with the coefficient of determination (r^2) indicated. **i.** Total NPC number
12 per nuclear volume (corrected for the determined expansion factor) is more
13 characteristic than NPC density on the nuclear surface. Median values shown as
14 solid lines and quartile values shown as dashed lines. Ordinary one-way ANOVA
15 with Tukey's multiple comparisons test. **j-k.** NPC number generally correlates better
16 with nuclear volume than nuclear surface area (compare to f-h). Lines represent a
17 simple linear regression with the coefficient of determination (r^2) indicated.
18
19

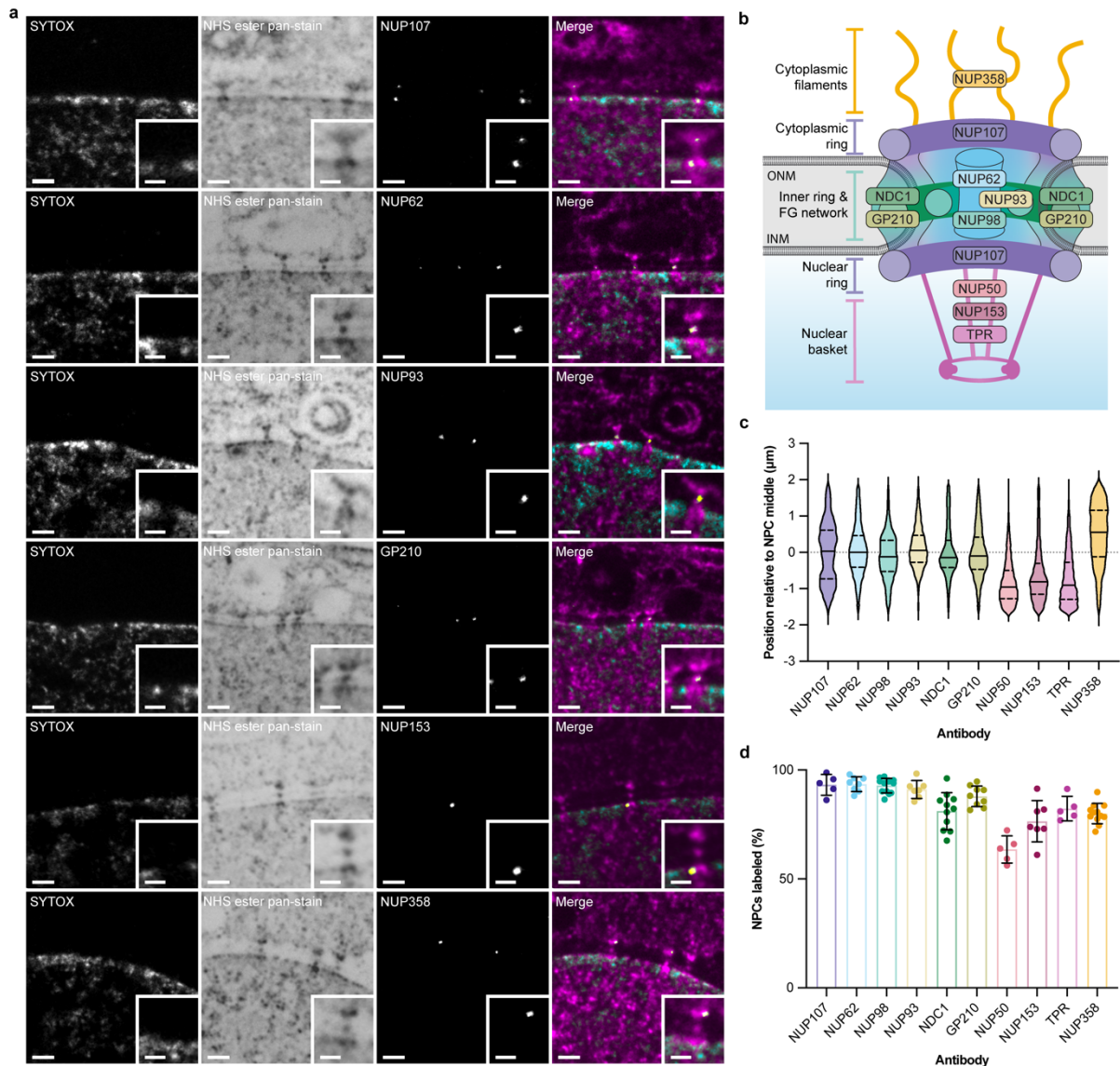


1

2 **Figure 3. Pan-ExM reveals LINC complex-dependent, local differences in NPC**
 3 **diameter**

4 **a.** The nuclear ring of NPCs at the bottom (closest to the basal cell surface) of the
 5 nucleus are dilated compared to those at the top, but all NE-embedded NPCs are
 6 dilated compared to those in AL. Diameter measured at the top and the bottom of the
 7 nucleus, and in AL, in HeLa cells. Results also shown as relative frequency
 8 distributions with Gaussian curve fitting. $n=2335$ NPCs in $n=10$ HeLa cells from a
 9 single expansion. **b.** NPCs are more likely to reside near neighboring NPCs of like
 10 diameter. Average distance to the five nearest NPCs within the same diameter class
 11 in a single HeLa nucleus. $n=1984$ NPCs. **c.** Visualization of NPC distribution
 12 according to dilation state at the basal nuclear surface of a HeLa cell by color-coding

1 according to NPC diameter class. The most constricted 20% of NPCs are shown in
2 dark green, and the most dilated 20% are shown in dark purple. All NPCs are
3 overlaid on a 3D rendering of the nucleus. **d, e, f.** The same trends in greater NPC
4 dilation on the bottom of the nucleus (n=709 NPCs in n=4 cells from a single
5 expansion) and clustering of NPCs (n=2412) of like diameter is also observed in
6 A549 cells. **g.** Disrupting LINC complexes by CRISPR ablation of *Sun1* and *Sun2*
7 (SUN1/2 dKO) leads to a loss of the bias for greater NPC dilation on the bottom of
8 the nucleus (n=521 NPCs in n=3 SUN1/2 dKO A549 cells from a single expansion).
9 **h, i.** Disrupting LINC complexes leads to homogenization of NPC diameter across
10 the nuclear surface (n=2296 NPCs). For all plots, median values shown as solid
11 lines and quartile values shown as dashed lines. Statistical analysis by ordinary one-
12 way ANOVA with Tukey's multiple comparisons test (a), the Kruskal-Wallis test with
13 Dunn's multiple comparisons test (b, e, h) or unpaired t-test (d, g).
14



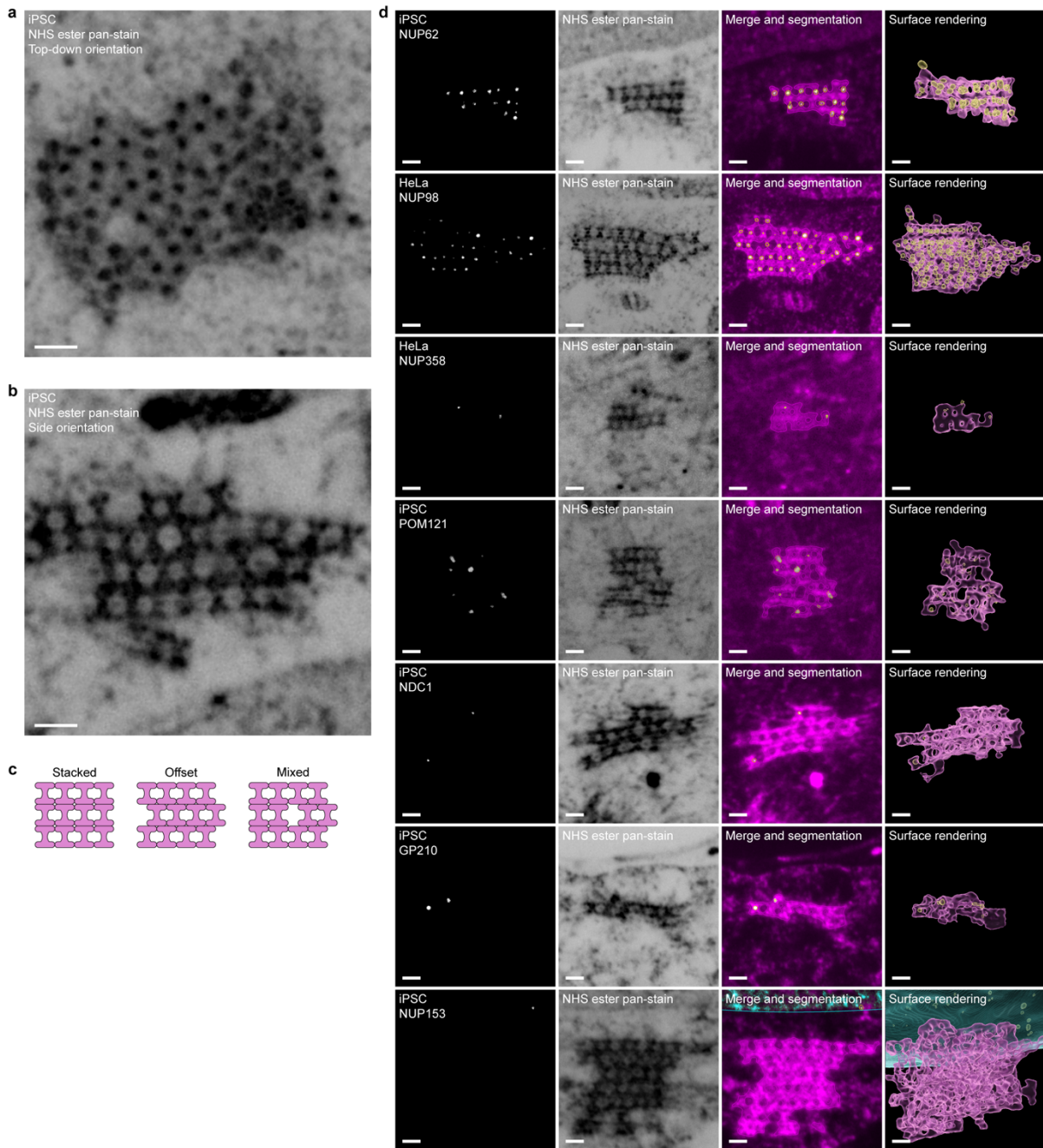
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2 **Figure 4. Nup antibody labeling establishes the ability of Pan-ExM to reveal**
 3 **nup position within the NPC ultrastructure**

4 **a.** Representative confocal fluorescence microscopy images of NPCs in expanded
 5 HeLa cells stained with SYTOX, NHS ester pan-stain, and labeled with antibodies
 6 against the indicated nups affirms their localization to the expected NPC subunit.
 7 Scale bars 2 μm . Insets show a magnified view of the NPC, scale bars 1 μm . **b.**

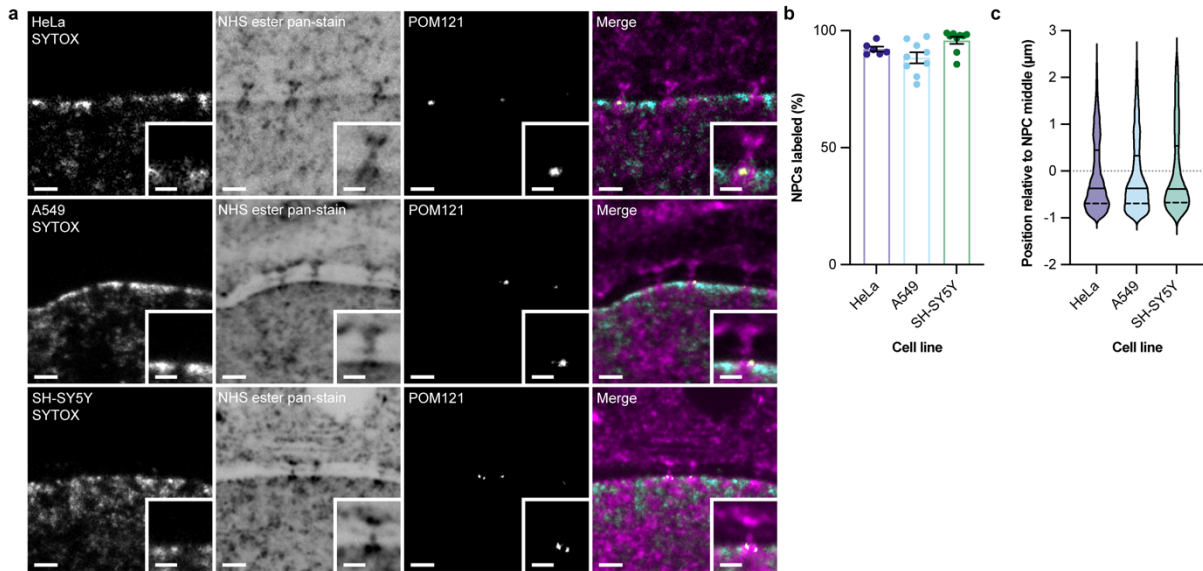
8 Schematic of the NPC with established nup positions and NPC architectural subunits
 9 indicated. ONM: outer nuclear membrane, INM: inner nuclear membrane. **c.** Spatial
 10 distribution of nup antibodies along the transport axis in HeLa cells relative to the
 11 NPC middle denoted by the dotted line reinforces the ability of PanExM to faithfully
 12 retain established NPC architecture. Median values shown as solid lines and quartile
 13 values shown as dashed lines. n=2451 segmented NUP107 spots in n=2 cells,

1 n=9676 segmented NUP62 spots in n=4 cells, n=4083 segmented NUP98 spots in
2 n=2 cells, n=1242 segmented NUP93 spots in n=1 cell, n=13831 segmented NDC1
3 spots in n=7 cells, n=12213 segmented GP210 spots in n=6 cells, n=2079
4 segmented NUP50 spots in n=5 cells, n=3988 segmented NUP153 spots in n=4
5 cells, n=7603 segmented TPR spots in n=5 cells, n=855 segmented NUP358 spots
6 in n=1 cell. Cells from 1-2 independently expanded samples. **d.** Nearly all NPCs
7 segmented based on the NHS ester-pan stain were labeled with antibodies to the
8 inner ring and nuclear/cytoplasmic ring components whereas the peripheral nups
9 were detected at most but not all NPCs. Percentage of NPCs per nuclei labeled with
10 nup antibody in HeLa cells. Bars and error bars are the mean and s.d., respectively.
11 n=82 cells from 4 independently expanded samples.
12



1
2 **Figure 5. Pan-ExM reveals organization of annulate lamellae**
3 **a-b.** Stacks of AL – NPCs embedded in the endoplasmic reticulum – can be readily
4 identified by their ultrastructure in Pan-ExM samples. Representative confocal
5 fluorescence microscopy images of AL of expanded iPSCs stained with NHS ester
6 pan-stain in top-down (a) and side view (b) orientations. Scale bars 2 μ m. **c.** The
7 organization of individual NPCs in AL ranges from stacked, to offset, or a mixture as
8 illustrated in the schematics. **d.** NPCs in AL are readily stained with antibodies to the
9 FG-nups but are sparsely labeled with antibodies to the transmembrane nups or
10 asymmetric NPC elements. Representative confocal fluorescence microscopy

- 1 images of AL in expanded iPSC and HeLa cells labeled with antibodies against the
- 2 indicated nups, and stained with NHS ester pan-stain. 3D surface renderings of
- 3 segmented structures are also shown. Scale bars 2 μm .
- 4



1
2 **Figure 6. POM121 localizes specifically to the nuclear ring of NPCs**

3 **a.** POM121 shows a biased distribution towards the nuclear ring of the NPC.

4 Representative confocal fluorescence microscopy images of NPCs in expanded cells
5 of the indicated cell line stained with SYTOX, NHS ester pan-stain, and labeled with
6 an antibody against POM121. Scale bars 2 µm. Insets show a magnified view of the
7 NPC, scale bars 1 µm.

8 **b.** Nearly all segmented NPCs were immunostained with the
9 POM121 antibody. Percentage of NPCs per nuclei labeled with an antibody against
10 POM121 in the indicated cell line. Bars and error bars are the mean and s.d.,

11 respectively. n=24 cells from 1-2 independently expanded samples per cell line.

12 **c.** The bias in spatial distribution of POM121 staining at the nuclear ring is observed
13 across the population of NPCs in all cell lines tested. The NPC middle is denoted by

14 the dotted line. Median values shown as solid lines and quartile values shown as

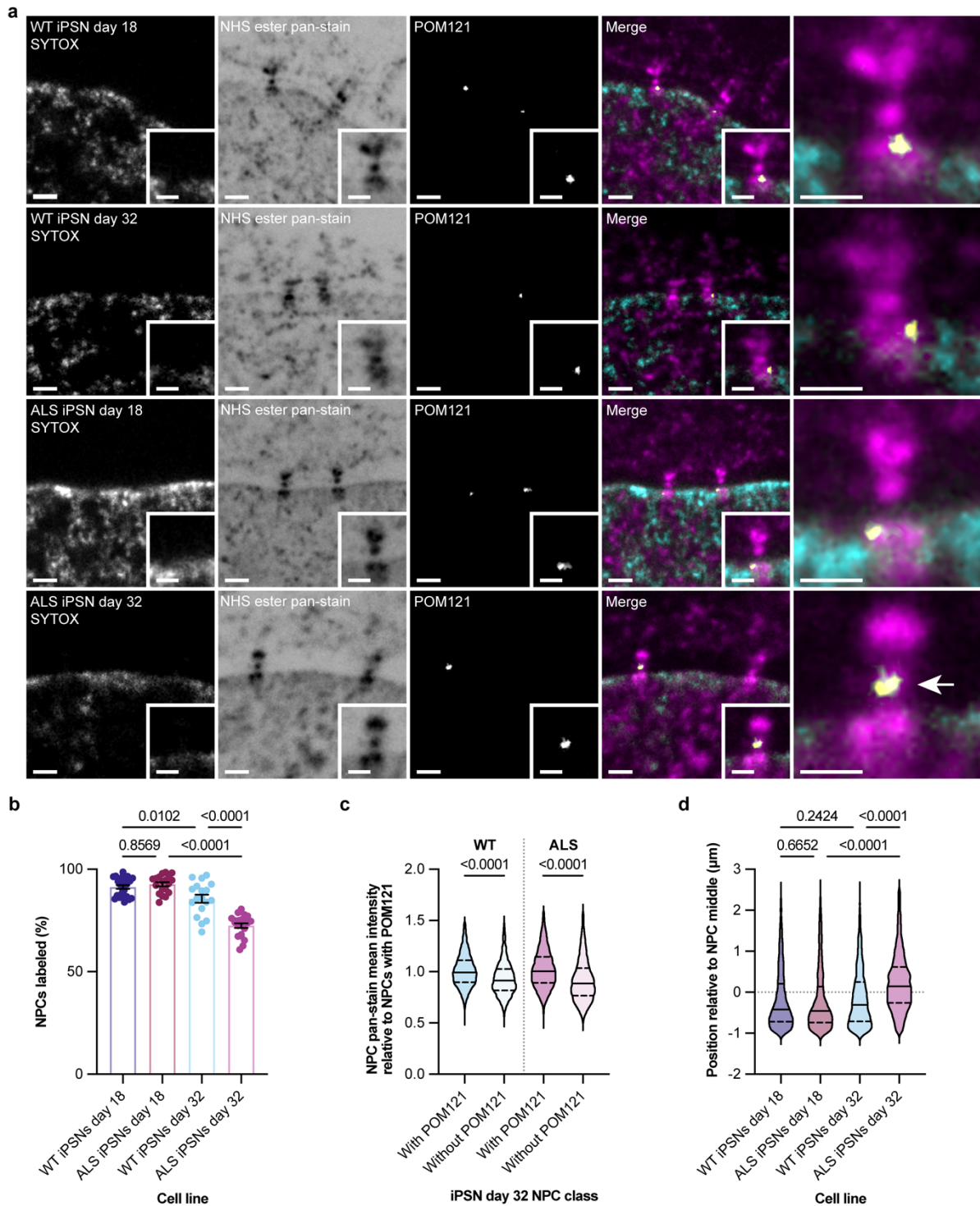
15 dashed lines. n=13831 segmented POM121 spots in n=6 HeLa cells, n=2314

16 segmented POM121 spots in n=4 SH-SY5Y cells, n=5300 segmented POM121

17 spots in n=10 A549 cells. Cells from 1-2 independently expanded samples per cell

18 line.

19

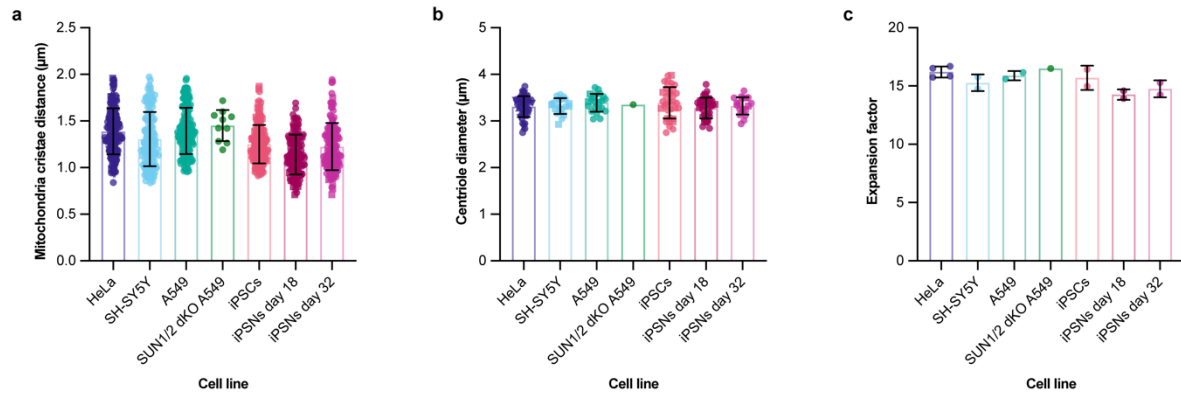


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2 **Figure 7. POM121 shifts to the inner ring and is ultimately lost from NPCs in**
 3 **aged model ALS iPSCs**

4 **a.** POM121 is detected at the inner ring rather than the nuclear ring in “aged” model
 5 ALS iPSCs after 32 days of differentiation. Representative confocal fluorescence
 6 microscopy images of NPCs in expanded iPSCs derived from a patient with ALS or a
 7 matched WT control at indicated number of days after differentiation stained with

1 SYTOX, NHS ester pan-stain, and labeled with an antibody against POM121. Scale
2 bars 2 μm . Insets and far right panel show magnified views of the NPC, scale bars 1
3 μm . **b.** The fraction of NPCs labeled with POM121 antibody declines subtly over
4 days of differentiation in WT iPSNs but dramatically in ALS patient-derived iPSNs.
5 Percentage of NPCs per nuclei labeled with an antibody against POM121 in iPSNs
6 of the indicated genotype and number of days after differentiation. Bars and error
7 bars are the mean and s.d., respectively. n=82 cells from 2 independently expanded
8 samples per cell line. Ordinary one-way ANOVA with Tukey's multiple comparisons
9 test. **c.** NPCs lacking POM121 staining have reduced overall pan-stain signal
10 compared to POM121-positive NPCs in the same preparations. Quantification of
11 pan-stain mean intensity at segmented NPCs relative to segmented NPCs with
12 POM121 in iPSNs of the indicated genotype at day 32 post differentiation. n=7215
13 segmented NPCs in n=8 WT iPSNs day 18 cells, n=2005 segmented NPCs spots in
14 n=8 ALS iPSNs day 18 cells, n=9681 segmented NPCs in n=10 WT iPSNs day 32
15 cells, n=3146 segmented NPCs in n=10 ALS iPSNs day 32 cells. Each cell line was
16 expanded at the same time. Unpaired t test. **d.** Antibody staining of POM121 is
17 shifted from the nuclear ring to the inner ring across the population of POM121-
18 positive NPCs specifically in "aged" model ALS iPSNs. Spatial distribution of the
19 indicated genotype and number of days after differentiation relative to NPC middle
20 denoted by the dotted line. n=2492 segmented POM121 spots in n=4 WT iPSNs day
21 18 cells, n=1145 segmented POM121 spots in n=3 ALS iPSNs day 18 cells, n=1647
22 segmented POM121 spots in n=3 WT iPSNs day 32 cells, n=3093 segmented
23 POM121 spots in n=4 ALS iPSNs day 32 cells. Cells from 2 independently expanded
24 samples per cell line. Median values shown as solid lines and quartile values shown
25 as dashed lines. Kruskal-Wallis test with Dunn's multiple comparisons test.
26



| Cell line | Expansion experiment | Average mitochondria cristae distance (µm) | Expansion factor assuming the average mitochondria cristae distance is 85 nm | Average centriole diameter (µm) | Expansion factor assuming the average centriole diameter is 210 nm | Average expansion factor |
|-----------------|----------------------|--|--|---------------------------------|--|--------------------------|
| HeLa | 1 | 1.46 | 17.22 | 3.39 | 16.16 | 16.69 |
| | 2 | 1.49 | 17.59 | 3.25 | 15.46 | 16.52 |
| | 3 | 1.36 | 15.99 | 3.30 | 15.72 | 15.86 |
| | 4 | 1.31 | 15.43 | 3.37 | 16.05 | 15.74 |
| SH-SY5Y | 1 | 1.20 | 14.16 | 3.23 | 15.37 | 14.76 |
| | 2 | 1.32 | 15.56 | 3.36 | 16.01 | 15.78 |
| A549 | 1 | 1.27 | 14.94 | 3.42 | 16.28 | 15.61 |
| | 2 | 1.38 | 16.20 | 3.38 | 16.12 | 16.16 |
| SUN1/2 dKO A549 | 1 | 1.45 | 17.08 | 3.35 | 15.94 | 16.51 |
| iPSCs | 1 | 1.18 | 13.94 | 3.40 | 16.19 | 15.06 |
| | 2 | 1.38 | 16.27 | 3.48 | 16.59 | 16.43 |
| iPSNs day 18 | 1 | 1.16 | 13.69 | 3.25 | 15.47 | 14.58 |
| | 2 | 1.02 | 12.04 | 3.33 | 15.84 | 13.94 |
| iPSNs day 32 | 1 | 1.26 | 14.77 | 3.32 | 15.79 | 15.28 |
| | 2 | 1.07 | 12.53 | 3.35 | 15.97 | 14.25 |

1

2 **Supplementary Figure 1. Approach to define the Pan-ExM expansion factor**
 3 **estimation and correction for each sample**

4 **a.** Mitochondria cristae distance in expanded samples of the indicated cell lines.

5 n=181 mitochondria in n=31 HeLa cells, n=132 mitochondria in n=27 SH-SY5Y cells,

6 n=154 mitochondria in n=31 A549 cells, n=10 mitochondria in n=2 SUN1/2 dKO

7 A549 cells, n=144 mitochondria in n=30 iPSCs, n=125 mitochondria in n=25 iPSNs

8 day 18 and n=128 mitochondria in n=26 iPSNs day 32. **b.** Centriole diameter in

9 expanded samples of the indicated cell lines. n=50 centrioles in HeLa cells, n=20 in

10 centrioles in SH-SY5Y cells, n=22 centrioles in A549 cells, n=1 centriole in SUN1/2

11 dKO A549 cells, n=34 centrioles in iPSCs, n=37 centrioles in iPSNs day 18 and

12 n=18 centrioles in iPSNs day 32. Cells from 1-4 independently expanded samples

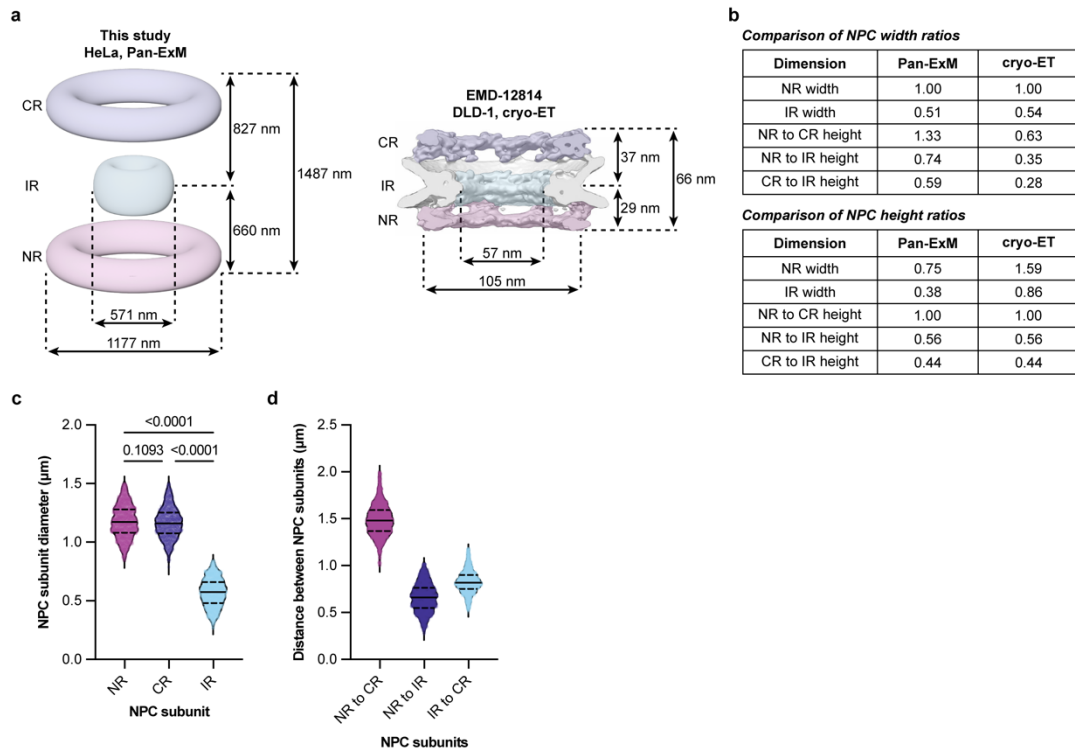
13 per cell line. **c.** Expansion factors are reproducible across cell lines and experiments.

14 Estimated expansion factors were determined by averaging mitochondrial cristae

15 distance and centriole diameter in cells expanded at the same time. n=15

16 independent expansion experiments. Bars and error bars are the mean and s.d.,

- 1 respectively. **d.** Summary of post-expansion measurements of cellular structures and
- 2 expansion factor calculations applied in this work.
- 3
- 4



1

2 **Supplementary Figure 2. NPCs in Pan-ExM compared to cryo-ET**

3 **a.** Average NPC dimensions in expanded samples compared to cryo-ET NPC

4 density map. CR: cytoplasmic ring, IR: inner ring, NR: nuclear ring. **b.** Summary of

5 NPC width and height ratio comparisons in Pan-ExM and cryo-ET samples. **c.**

6 Diameter of the indicated NPC subunits in a Pan-ExM expanded HeLa cell. n=1267

7 segmented NRs, n=1375 segmented IRs. n=802 segmented CRs. Median values

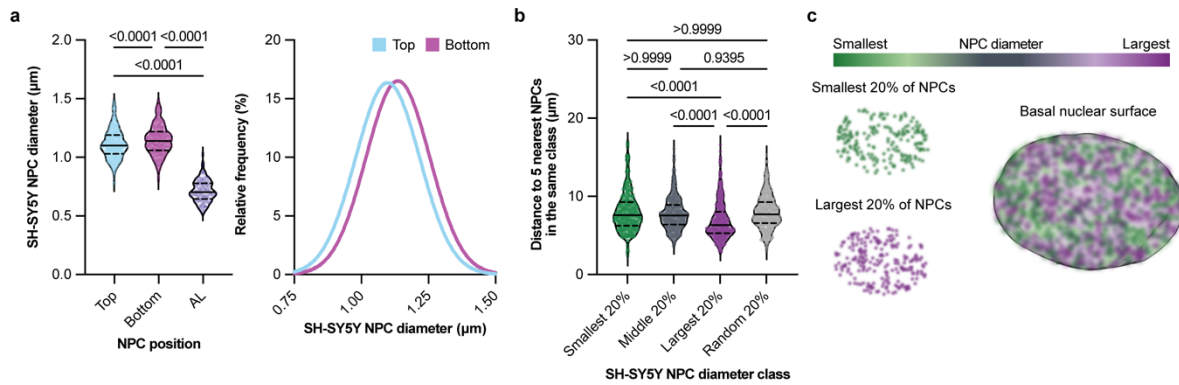
8 shown as solid lines and quartile values shown as dashed lines. Ordinary one-way

9 ANOVA with Tukey's multiple comparisons test. **d.** Distance between NPC subunits

10 in a Pan-ExM expanded HeLa cell n=2061 segmented NPCs.

11

12



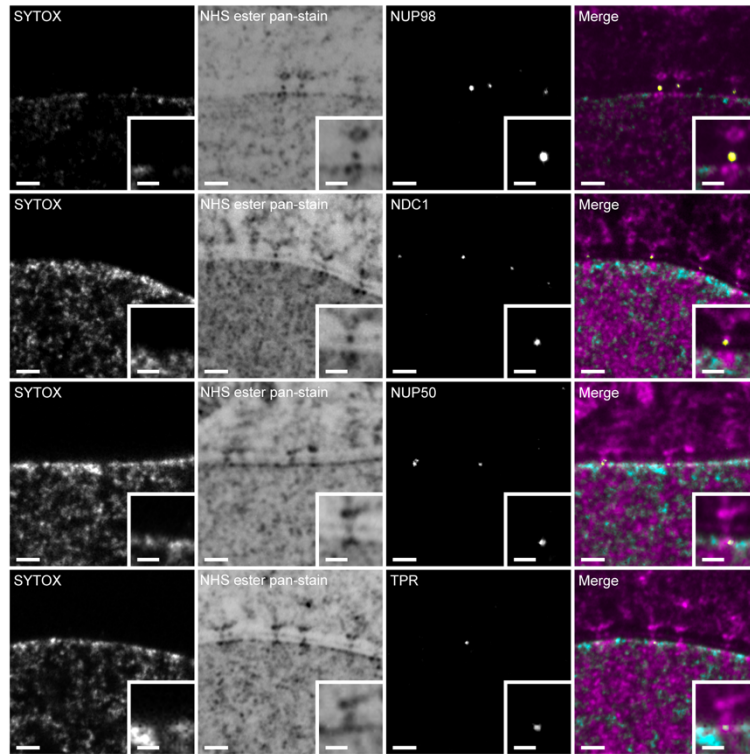
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2 **Supplementary Figure 3. Local differences in NPC diameter are also observed** 3 **in SH-SY5Y cells**

4 **a, b.** The same trends in greater NPC dilation on the bottom of the nucleus (n=1403
5 NPCs in n=5 cells from a single expansion) and clustering of NPCs (n=1648) of like
6 diameter described in Figure 3 are also observed in SH-SY5Y cells. Median values
7 shown as solid lines and quartile values shown as dashed lines. Statistical tests:
8 ordinary one-way ANOVA with Tukey's multiple comparisons test (a) and Kruskal-
9 Wallis test with Dunn's multiple comparisons test (b). **c.** Visualization of NPCs at the
10 basal nuclear surface of an SH-SY5Y cell in (b) are color-coded according to NPC
11 diameter class. The smallest 20% of NPCs are shown in dark green, and the largest
12 20% are shown in dark purple. All NPCs are overlaid on a 3D rendering of the
13 nucleus.

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15



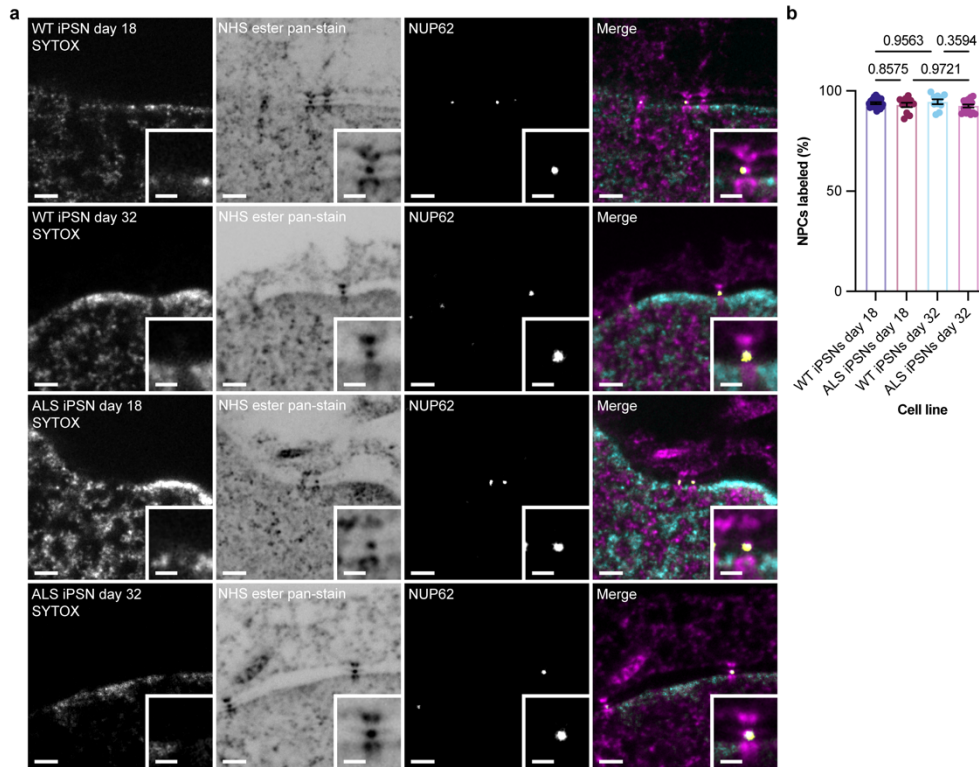
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2 **Supplementary Figure 5. Additional nup antibody labeling to support ability of**
3 **Pan-ExM to reveal Nup position within the NPC ultrastructure**

4 Representative confocal fluorescence images of NPCs in expanded HeLa cells
5 stained with SYTOX, NHS ester pan-stain, and labeled with antibodies against the
6 indicated nups. Scale bars 2 μm . Insets show a magnified view of the NPC, scale
7 bars 1 μm .

8

9



1

2 **Supplementary Figure 6. Nup62 is retained and its position is unaffected in**
3 **aged model ALS iPSNs**

4 **a.** Representative confocal fluorescence microscopy images of NPCs in expanded
5 iPSNs derived from a patient with ALS or a matched WT control at indicated number
6 of days after differentiation stained with SYTOX, NHS ester pan-stain, and labeled
7 with an antibody against NUP62. Scale bars 2 μm. Insets show a magnified view of
8 the NPC, scale bars 1 μm. **b.** Percentage of NPCs per nuclei labeled with an
9 antibody against NUP62 in iPSNs of the indicated genotype and number of days
10 after differentiation. Bars and error bars are the mean and s.d., respectively. n=57
11 cells from 2 independently expanded samples per cell line. Ordinary one-way
12 ANOVA with Tukey's multiple comparisons test.

13

14

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