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## Improving the Detection Specificity of Endogenous MRI for Reactive Oxygen Species (ROS)

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### Abstract

**Background:** The detection of tissue reactive oxygen species (ROS) using endogenous MRI methods has great potential applications in research and the clinic. We recently demonstrated that ROS produce a significant T<sub>1</sub>-shortening effect. However, T<sub>1</sub> or T<sub>1</sub>-weighted contrast is not specific, as there are many other factors that alter tissue T<sub>1</sub>.

**Purpose:** To investigate whether the presence of ROS alters tissue environmental conditions such as the proton exchange rate ( $K_{ex}$ ) to improve the detection specificity of endogenous ROS MRI.

**Study Type:** Prospective.

**Subjects/Phantom:** The ROS-producing phantoms consisted of fresh egg white treated with H<sub>2</sub>O<sub>2</sub> and healthy mice injected with pro-oxidative rotenone.

**Field Strength/Sequence:** T<sub>1</sub> mapping was performed based on fast spin-echo sequence and  $K_{ex}$  was evaluated using chemical exchange saturation transfer (CEST) MRI with varied saturation power (QUESP) on a 9.4 T animal scanner.

**Assessment:** Phantom experiments were conducted to evaluate the overall  $K_{ex}$  of CEST-expressing metabolites in fresh egg white treated with H<sub>2</sub>O<sub>2</sub> of various concentrations (0, 0.025, 0.05, 0.1, and 0.25 v/v%). The egg white phantom continuously produced ROS for more than 3 hours. Various experiments were performed to rule out potential contributing factors to the observed  $K_{ex}$  changes. In addition, in vivo MRI study was conducted with a well-established rotenone-exposed mouse model.

**Statistical Tests:** Student's t-test.

**Results:** Egg white phantoms treated with H<sub>2</sub>O<sub>2</sub> of various concentrations showed a 26–85% increase in  $K_{ex}$  compared with controls. In addition, the  $K_{ex}$  of egg white is negligibly affected by other potential confounding factors, including paramagnetic contrast agents (<11%), oxygen (2.3%), and iron oxidation (<10%). Changes in temperature (<1°C) and pH (pH <0.1) in H<sub>2</sub>O<sub>2</sub>-treated egg white were also negligible. Results from the in vivo rotenone study were consistent

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with the phantom studies by showing reduced  $T_1$  relaxation time (6%) and increased  $K_{ex}$  (9%) in rotenone-treated mice.

**Data Conclusion:** We demonstrate that the specificity of endogenous ROS MRI can be improved with the aid of proton exchange rate mapping.

**Level of Evidence:** 2

**Technical Efficacy Stage:** 2

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OXIDATIVE STRESS occurs when there is an imbalance between the production of free radicals and/or reactive oxygen species (ROS) and the antioxidant capacity of the body to counteract or detoxify their harmful effects.<sup>1</sup> ROS such as hydrogen peroxide ( $H_2O_2$ ), superoxide ( $O_2^-$ ), and hydroxyl radicals ( $\cdot OH$ ) are byproducts of oxygen metabolism and are therefore continuously formed in living organisms.<sup>1</sup> ROS possess strong oxidizing capabilities and can damage DNA, proteins, and lipids. As one of the most aggressive oxygen radicals,<sup>2</sup> hydroxyl radicals are believed to be the primary cause of oxidative tissue damage, despite having a very short lifetime.<sup>1</sup> Hydroxyl radicals as well as other ROS have been implicated in the aging process as well as in the development of many diseases, including Alzheimer's disease, stroke, cardiac arrest, cancer, and diabetes.<sup>3</sup>

There is an ongoing interest in the development of imaging techniques for studying tissue ROS. Current techniques include biochemical analyses,<sup>4</sup> optical redox scanning,<sup>5</sup> and magnetic-based methods such as electron paramagnetic resonance (EPR)<sup>6</sup> and Overhauser-enhanced magnetic resonance imaging (MRI) (OMRI).<sup>7</sup> Although these methods have advanced our understanding of ROS in many pathophysiological conditions, they are either invasive or require exogenous contrast agents that react with or trap radicals in the tissue, thereby changing the tissue ROS concentration under study. In addition, exogenous contrast-based approaches have limited applications for repeat or dynamic studies.

Recently, Berkowitz et al utilized a quench-assisted MRI method to study the  $T_1$  relaxation properties of the outer retinal layer in mice under excessive ROS production conditions.<sup>8</sup> Using an exogenous contrast agent (or an antioxidant), they observed that the overproduction of ROS produces a  $T_1$  shortening effect, suggesting that ROS are detectable by MRI. With the aim of developing an endogenous contrast-based ROS MRI technique, we studied the  $T_1$  relaxivity of hydroxyl radicals using a biological phantom of fresh egg white treated with  $H_2O_2$ ; this phantom continuously generates hydroxyl radicals for hours.<sup>9</sup> We confirmed that the hydroxyl ROS generated in this phantom were paramagnetic, with a  $T_1$ -relaxivity much higher than that of Gd-DTPA, enabling an in vitro detection sensitivity of hydroxyl ROS in the pM range.<sup>9</sup>

Despite this success, however,  $T_1$  relaxation time can be affected by many other factors, including dipole-dipole interactions, chemical shift anisotropy, molecular translation (such as flow and diffusion), chemical exchange, and scalar (J-coupling) and electric-quadrupole coupling.<sup>10-13</sup> Therefore, the use of  $T_1$ -weighted MRI contrast as an endogenous imaging biomarker for detecting ROS is relatively unspecific, prompting our investigation of other endogenous MR properties of ROS that may help to improve the detection specificity of ROS MRI.

Chemical exchange saturation transfer (CEST) is an emerging metabolic MRI technique that produces endogenous image contrast from exchangeable labile protons of metabolites or compounds containing amine ( $-\text{NH}_2$ ), amide ( $-\text{NH}$ ), hydroxyl ( $-\text{OH}$ ), or sulfidril ( $-\text{SH}$ ) groups.<sup>14-16</sup> In brief, CEST MRI excites the exchangeable protons by a presaturation RF pulse and the saturated magnetization is then transferred chemically to the bulk water, resulting in an attenuated water signal detected by MRI. In this study we investigated the proton exchange rate ( $K_{ex}$ ) during CEST MRI as an additional property of ROS that could be used to improve the specificity of endogenous ROS MRI.

## Materials and Methods

We performed CEST MRI on egg white treated with  $\text{H}_2\text{O}_2$  to produce hydroxyl radicals.<sup>9</sup> We also measured two endogenous MRI properties ( $T_1$ -shortening and the exchange rate enhancing), and determined whether ROS MRI specificity was affected by various potential confounding factors, including paramagnetic contrast agents, oxygen, temperature, pH, iron oxidation, protein oxidation and denaturing, and metabolite concentration changes (Fig. 1). Finally, in vivo detection of ROS using the proposed approach was demonstrated in mice receiving rotenone, a proven mitochondrial complex I inhibitor and a well-known pro-oxidant.<sup>17-19</sup>

### ROS-Producing Imaging Phantoms

The ROS-producing phantom consisted of fresh egg white mixed with  $\text{H}_2\text{O}_2$  as previously described.<sup>9</sup> Note that even though  $\text{H}_2\text{O}_2$  was added to phantoms, we aimed to detect endogenous MRI contrasts specifically from hydroxyl radicals or hydroxyl ROS [ $\cdot\text{OH}$ ]. In brief, egg white was manually extracted from fresh hen eggs and was gently stirred for 2–3 minutes. Samples were then placed into test tubes and were treated with a bolus of  $\text{H}_2\text{O}_2$  solution at a volume ratio of 1 ( $\text{H}_2\text{O}_2$  solution) to 11 (pure egg white). The  $\text{H}_2\text{O}_2$  solution was proportionally diluted from 30% hydrogen peroxide with a density 1.1 kg/L (Fisher Scientific, Hampton, NH) to have final concentrations of  $\text{H}_2\text{O}_2$  in egg white at 0, 0.025, 0.05, 0.1, and 0.25 v/v% equivalent to 0, 8.1, 16.2, 32.4, and 80.9 mM ( $n = 3$ , Fig. 2a).

Since  $\text{H}_2\text{O}_2$  solutions were added to the egg white, hydroxyl ROS was produced through Fenton reactions (Fig. 2b). The production of hydroxyl ROS was detected using a radical-activatable fluorescent reporter dye, 3'-(*p*-hydroxyphenyl) fluorescein (HPF, Sigma-Aldrich, St. Louis, MO),<sup>4</sup> with emission and excitation wavelengths of 528 and 485 nm, respectively. HPF has shown high specificity for hydroxyl radicals, with reactivity hundreds of times higher than for  $\text{H}_2\text{O}_2$  and superoxide.<sup>20</sup> Five  $\mu\text{M}$  HPF was added into 2 mL of untreated and  $\text{H}_2\text{O}_2$ -treated egg white samples ( $n = 3$ ) in a 24-well plate. Fluorescent signals from the samples were measured with a Synergy HT multiwell plate reader (BioTek Instruments, Winooski, VT). The background fluorescent signal from the untreated samples was subtracted from the signals of the treated samples.

The tissue proton exchange rate  $K_{ex}$  was quantified in five independent sets of egg white samples untreated or treated with the five different concentrations of  $\text{H}_2\text{O}_2$  for 1 hour (0, 8.1, 16.2, 32.4, and 80.9 mM). The dynamic changes in  $K_{ex}$  over time was studied in another three independent sets of egg white samples treated with 0.25 v/v%  $\text{H}_2\text{O}_2$  for various

durations up to 3 hours. These samples were prepared outside of the scanner and stored in seven different nuclear magnetic resonance (NMR) tubes. They were then scanned together. By the time of imaging, the H<sub>2</sub>O<sub>2</sub> had been added to the samples for 0, 0.5, 1, 1.5, 2, 2.5, 3 hours. The samples treated for 0 hour were controls that received no H<sub>2</sub>O<sub>2</sub>.

### MRI and Image Processing

All samples were scanned with a 9.4 T horizontal bore MRI scanner (Agilent, Santa Clara, CA) with a 39-mm quadrature proton RF coil at room temperature (~21°C). For T<sub>1</sub> mapping; a fast spin echo sequence with variable inversion times (TI = 0.1, 0.25, 0.5, 0.75, 1, 1.25, 1.5, 1.75, 2, and 5 sec) was used.<sup>9</sup> Other parameters included echo time / repetition time (TE/TR) = 5 msec/10 sec, echo train length = 8, field of view (FOV) = 25 × 25 mm<sup>2</sup>, and matrix size = 64 × 64.

CEST MRI was acquired using a customized FLASH sequence<sup>21</sup> preceded by a 4-second long saturation pulse at various saturation amplitudes: B<sub>1</sub> from 50 Hz (or 1.2 μT) up to 350 Hz (or 8.2 μT) at a step size of 50 Hz (or 1.2 μT), with saturation offsets of ±3.25, ±3.75, and + 100 ppm. Note that for proton MRI, 1 μT = 42.6 Hz. CEST data were linearly interpolated and B<sub>0</sub>-corrected in order to derive the signal at +3.5 ppm, the resonance for amide proton transfer,<sup>22</sup> as described in previous studies.<sup>14,21</sup> Percentage CEST contrast was calculated as the magnetization transfer ratio (MTR) asymmetry according to Eq. 1.

$$CEST(+3.5\text{ppm}) = S_{sat}(-3.5\text{ppm}) / S_0 - S_{sat}(+3.5\text{ppm}) / S_0 \quad (1)$$

where S<sub>sat</sub> and S<sub>0</sub> represent the signal intensity measured with saturation at ±3.5 and + 100 ppm, respectively.

QUantifying Exchange using Saturation Power (QUESP) dependence has been used for measuring the exchange rate of CEST-expressing metabolites.<sup>23,24</sup> This approach acquires CEST data under various saturation powers (B<sub>1</sub>) and the optimal RF power producing the maximum CEST contrast has been shown to correlate with the exchange rate, both in simulations<sup>25</sup> and in phantom imaging studies.<sup>24,26</sup> K<sub>ex</sub> in this study was assessed by fitting the CEST contrast dependency on saturation power, the QUESP data,<sup>27</sup> to the Bloch–McConnell equations modified for chemical exchange. Fitting was performed by minimizing the difference between the experimental and the model data using the MatLab routine “fmincon” (v. R2012b, MathWorks, Natick, MA). Bulk water T<sub>1</sub> was derived from experimental measurements as previously described.<sup>9</sup> The default values for the exchangeable protons were: offset frequency = +3.5 ppm, agent concentration = 0.5 M, water T<sub>1</sub> = 2.0 sec, T<sub>2</sub> = 1 μs. The K<sub>ex</sub> was initially set at 100 Hz and fitted with loose constraints between 1 Hz and 10 kHz. Based on our experience, to reach optimum fitting, T<sub>2</sub> of the exchangeable protons needs to be estimated simultaneously with constraints between 0.1 μs to 0.5 msec, even though the fitted values were highly consistent under different treatment conditions (0.169 ± 0.002 msec). In addition, to remove the nuclear Overhauser effect (NOE) from the CEST asymmetrical analysis, an exchange-relayed NOE proton pool<sup>28</sup> was included in the model with the following parameters<sup>14</sup>: offset frequency = -3.5

ppm,  $T_1 = 1.0$  sec,  $T_2 = 0.3$  msec, and proton concentration = 0.5 M. The mechanism for the NOE effect in the Z-spectrum is still under investigation by the researchers in the field and studying NOE and quantifying NOE proton properties are still hot research topics in the field.<sup>28,29</sup> The NOE parameters were heuristically determined in order to reach the best fit of the curves during the initial tentative fitting experiments.

Image processing and data analyses were performed using home-built programs developed in MatLab.

### Specificity Studies

To differentiate paramagnetic ROS from other paramagnetic agents, we tested the effect of a representative paramagnetic agent (Gd-DTPA) on the tissue  $K_{ex}$ . QUESP MRI data were collected on fresh egg white samples ( $n = 3$ ) mixed with various concentrations of Gd-DTPA (Sigma-Aldrich) (0, 0.095, 0.19, and 0.38 mM) and  $K_{ex}$  was estimated for each phantom as previously described.

pH and temperature are well-known factors that affect the tissue  $K_{ex}$ .<sup>15</sup> To exclude their contribution to the  $K_{ex}$  measurements by MRI CEST in the  $H_2O_2$ -treated egg white phantoms, we monitored pH and temperature variations in the treated egg white phantoms for up to 3 hours using a Hanna Instruments pH-meter (model HI 2211, Woonsocket, RI).

The impact of other confounding factors such as  $H_2O_2$  itself, molecular oxygen, and iron oxidation were also evaluated in pure bovine serum albumin (BSA) protein samples. BSA was selected due to its lack of transition metals that are the necessary catalysts for ROS-producing Fenton reactions in the egg white phantoms. Thus,  $H_2O_2$  treatment of BSA will not trigger Fenton reactions and will not produce ROS. The contribution from  $H_2O_2$  on  $T_1$  relaxation properties and proton exchange was studied by adding  $H_2O_2$  into 20 w/w% BSA. The effects from molecular oxygen were studied using BSA solutions bubbled with 100% oxygen gas (for 1 hour, 0.1 L/min) compared with samples without oxygen bubbling. Finally, the effects of adding 1 mM  $FeCl_2$  or  $FeCl_3$  (Sigma-Aldrich) into 20 w/w% BSA (Sigma-Aldrich) were determined to rule out the contribution from iron oxidation.

### Demonstration of In Vivo ROS MRI

An in vivo MRI study was conducted with the approval of the Institutional Animal Care Committee and with a well-established rotenone-exposed rodent model.<sup>19</sup> Rotenone selectively inhibits mitochondrial function at complex I, resulting in an increase in ROS production.<sup>17-19</sup> Similar to the previous studies,<sup>19</sup> rotenone dissolved in chloroform (>99%, Sigma-Aldrich) was mixed with 4% of carboxymethylcellulose (Sigma-Aldrich) to render a final concentration of 1.25 mg/mL. Healthy mice (CD-1, male, 12 weeks old) injected with rotenone (intraperitoneal injection [IP], 20 mg/kg body weight,  $n = 6$ ) were MRI scanned at baseline and 1.5 hours postinjection. Healthy mice received saline when serving as vehicle controls (IP 20 mg/kg body weight,  $n = 4$ ). Mice body temperature was maintained at 37° C using an MRI-compatible heating system (SA Instruments, Stony Brook, NY). The imaging parameters as well as the data analysis were the same as the previously described phantom studies.

## Statistical Analysis

Imaging signals or contrasts were averaged within manually drawn regions of interests (ROIs). One-tailed Student's *t*-test were performed to compared different groups with statistical significance prescribed when  $P < 0.05$ .

## Results

As assessed by HPF fluorescence, hydroxyl ROS production in egg white treated with  $H_2O_2$  increased linearly with increasing  $H_2O_2$  concentrations ( $R^2 = 0.98$ ) (Fig. 2c).

Sweeping the saturation power  $B_1$  revealed modulation of CEST contrast in egg white samples with and without  $H_2O_2$  treatment (Fig. 3a). The CEST contrast initially increased with RF saturation power, followed by a decrease at high RF power, thus identifying the optimal  $B_1$  value at which CEST MRI contrast was maximized. Treatment with higher  $H_2O_2$  concentrations led to increased optimal RF saturation power, indicating higher  $K_{ex}$  (Fig. 3a).<sup>23,25</sup> Fitting of QUESP data for  $K_{ex}$  quantification ( $R^2 = 0.93 \pm 0.01$ ) showed that  $K_{ex}$  increased 26–85% compared with baseline in the untreated samples (Fig. 3b). Differences from baseline were statistically significant ( $P < 0.05$ ) for samples treated with 0.05, 0.1, or 0.25 v/v%  $H_2O_2$ . A representative  $K_{ex}$  map is shown in Fig. 3c.  $K_{ex}$  correlated linearly with HPF fluorescence signals corresponding to hydroxyl radical concentrations ( $R^2 = 0.90$ ). In contrast, optimal RF saturation power and  $K_{ex}$  were not affected by treatment of egg whites with various concentrations of paramagnetic Gd-DTPA (<11%, Fig. 4a-c).

As a potential confounding factor,  $H_2O_2$  itself did not produce any significant changes in  $T_1$  in treated BSA vs. untreated BSA solutions ( $P > 0.05$ ), consistent with our previous study (Fig. 4d,e).<sup>9</sup>  $H_2O_2$  itself also did not increase  $K_{ex}$ , and instead slightly reduced the  $K_{ex}$  (data not shown). We also ruled out metabolite concentration changes as a confounding factor, as the numerical simulation of QUESP data with different metabolite concentrations showed an increase in  $K_{ex}$  of only 6.2% with a 10-fold increment in metabolite concentration.

In egg white treated with 0.25 v/v%  $H_2O_2$  for increasing lengths of time, posttreatment CEST contrast initially decreased and then progressively recovered toward the baseline value (Fig. 5a). Conversely, the saturation power for maximal CEST contrast, an index of exchange rate, increased initially, followed by a gradual recovery towards the baseline value (Fig. 5b,c). That CEST contrast and  $K_{ex}$  recovered back to baseline levels once Fenton reactions were complete suggested that protein oxidation and denaturation are negligible and make only minor contributions to the observed MRI contrast.

As described in the Fenton reactions, one molecule  $H_2O_2$  produces one hydroxyl radical ( $\cdot OH$ ) on average. Hence, the overall hydroxyl ROS production over time is equal to the total initial  $H_2O_2$ . The produced hydroxyl ROS concentration over time can be modeled with the pseudo-first-order reaction kinetics (Fig. 5c) as we reported previously.<sup>9</sup> Fitting of the experimental data allows us to estimate the concentrations of hydroxyl ROS produced over time. As labeled in Fig. 5c, the produced ROS concentrations are all in the pM range, even though the initiate  $H_2O_2$  (0.25 v/v% or 80.9 mM) is high.

Effects of other potential factors on CEST MRI contrast were also relatively small. Only minor fluctuations were found in pH ( $\text{pH} < 0.1$ ) and temperature ( $< 1^\circ\text{C}$ ) after treatment of egg whites with various concentrations of  $\text{H}_2\text{O}_2$  (Fig. 6). Molecular oxygen and iron oxidation also showed only minor contributions on CEST contrast and presented negligible impact on the  $K_{\text{ex}}$  in BSA solutions. Specifically, in oxygen-saturated BSA solutions,  $T_1$  was reduced by 14% compared with controls ( $P = 0.06$ ) (Fig. 7a,c). However, oxygen did not significantly enhance  $K_{\text{ex}}$ , producing a change of only 2% on average ( $P = 0.43$ ) (Fig. 7b,d). The BSA solutions mixed with 1 mM of either  $\text{FeCl}_2$  or  $\text{FeCl}_3$  also showed negligible differences in  $T_1$  ( $P = 0.30$ ) and  $K_{\text{ex}}$  ( $P = 0.29$ ) ( $< 10\%$ , Fig. 8).

Results from the in vivo rotenone study were consistent with the phantom studies in showing reduced  $T_1$  relaxation time ( $6.4 \pm 1.6\%$ )<sup>9</sup> and increased  $K_{\text{ex}}$  ( $9.2 \pm 3.7\%$ ) in mice treated with rotenone ( $P < 0.05$ ) (Fig. 9a). In comparison, control mice showed no changes in MRI contrasts (data not shown). Representative  $K_{\text{ex}}$  maps of brain before (Fig. 9b) and after (Fig. 9c) rotenone treatment were also shown.

To understand the mechanism underlying the fact that hydroxyl ROS promotes  $K_{\text{ex}}$ , we compared it with the mechanism on how pH affects  $K_{\text{ex}}$ . It is well known that pH modulates the proton exchange through a base-catalyzed mechanism (Fig. 10). The increase in hydroxide ions ( $\text{OH}^-$ ) stimulates the transformation of metabolites from  $\text{R-XH}$  to  $\text{R-X}^-$  when exchangeable protons ( $-\text{XH}$ ) dissociate from  $\text{R-XH}$  and react with additional  $[\text{OH}^-]$  to form  $\text{H}_2\text{O}$ . We hypothesize that hydroxyl ROS promote proton dissociation and exchange with water protons in a similar fashion through an oxidation catalyzed mechanism. In other words, free radicals or ROS stimulate hydrogen abstraction from metabolites to form water as an end product, hence promoting proton exchange between metabolites and water.

## Discussion

With the goal of developing an endogenous MRI method for specific ROS imaging, this study demonstrates, for the first time to our knowledge, that hydroxyl radicals possess a unique MRI property of enhancing the proton exchange rate  $K_{\text{ex}}$ . This property provides ROS with a distinctive MRI signature that makes it possible to differentiate endogenous ROS from other conventional paramagnetic contrast agents like Gd-DTPA, the most widely used paramagnetic MR contrast agent in clinics. We found that the detection specificity of MRI for endogenous ROS can be greatly enhanced by combining both its paramagnetic effect and proton exchange rate data. Given that  $T_1$ -weighted contrast is intrinsically unspecific in vivo, it is not a useful quantitative marker on its own for detecting paramagnetic ROS. Addition of proton exchange rate information would improve the ROS detection specificity of endogenous MRI. Furthermore,  $T_1$ -shortening may confirm ROS overproduction when proton exchange rate enhancement is observed. Finally, in vivo feasibility studies provide clear promise for preclinical and clinical translations.

CEST contrast is highly dependent on the RF saturation power. In fact, it has been suggested that the optimal RF for obtaining the maximal CEST effect reflects the proton exchange rate.<sup>23,24</sup> Our egg white phantom studies showed that with weak RF, the CEST contrast was lower in  $\text{H}_2\text{O}_2$ -treated samples compared with untreated samples. In addition, the

optimal RF power was higher in the treated samples vs. the untreated ones. Both of these results suggest that the proton exchange rate in the treated egg white phantoms was higher compared with the untreated samples. Fitting of the QUESP MRI data to Bloch–McConnell equations further confirmed and quantified the proton exchange rate enhancement due to the presence of ROS in the samples.

Imaging egg white samples treated with  $H_2O_2$  for different lengths of time also confirmed the influence of ROS on the proton exchange rate.  $K_{ex}$  significantly increased immediately after the addition of  $H_2O_2$  due to a large amount of ROS produced at the beginning of the treatment.  $K_{ex}$  then decreased progressively toward the baseline level as the Fenton reactions neared completion, indicating that the change in  $K_{ex}$  is reversible. It is important to note that significant coagulation, gelation, modification, and denaturation of egg white protein occurs when the  $H_2O_2$  concentration exceeds 1 v/v%,<sup>30</sup> which is far higher than the concentrations used in this study. The fact that the CEST contrast and the proton exchange rate in egg white samples recovered towards the baseline level 3 hours after  $H_2O_2$  treatment indicated that protein oxidation or denaturation plays an insignificant role in this study.

It is also notable that  $H_2O_2$  triggers Fenton reactions in egg white that lasts for hours, during which the  $H_2O_2$  is converted gradually to hydroxyl ROS at a 1:1 ratio. ROS production at any given time is estimated to be at the pM level, which is consistent with our previous study<sup>9</sup> and is well within physiological or pathological levels. CEST can be used to detect pH changes with a sensitivity of 0.1 unit,<sup>31</sup> corresponding to nM changes in  $OH^-$ . Hydroxyl ROS with very high reactivity could more efficiently affect proton exchange, likely through the oxidation catalyzed mechanism.

Although in this study we picked +3.5 ppm as the resonance under study, we did not specifically point to amide proton exchange given that amide, amine, and other exchangeable protons from varied metabolites are largely overlapped due to their broad width (typically >2 ppm).<sup>21</sup> ROS promotes proton exchange through an oxidation-catalyzed mechanism that should apply to other exchangeable protons. In addition, QUESP-based  $K_{ex}$  measurement utilizes signals acquired under multiple saturation  $B_1$  amplitudes, likely exciting varied exchangeable protons with slow to fast exchange rates. The obtained exchange rate is therefore an averaged value for all exchangeable protons.

In our  $H_2O_2$ -treated egg white studies, pH fluctuation was very small (<0.1), and its effect on the observed proton exchange was considered negligible. Temperature fluctuation due to the reactions was also small (<1°C) and was also considered to have little impact on the observed changes in  $K_{ex}$ . Taken together, our findings suggest that ROS modulate the proton exchange rate independent of pH and temperature. A more detailed mechanism of how this occurs requires further investigation.

The combination of the paramagnetic effect and the proton exchange rate enhancement effect of hydroxyl ROS helped rule out contributions of other factors such as  $H_2O_2$  itself, molecular oxygen, iron oxidation, and metabolite concentration changes. Our results demonstrated that the influence of  $H_2O_2$  itself on relaxation time  $T_1$  was minimal. Molecular oxygen moderately reduced  $T_1$  but not the proton exchange rate. We believe that as a



stable molecule, molecular oxygen's reactivity may not be high enough to stimulate the dissociation of metabolites' exchangeable protons in order to raise the proton exchange rate. It is important to note that molecular oxygen produced from H<sub>2</sub>O<sub>2</sub>-treated egg white samples may become trapped within the viscous egg white and create susceptibility artifacts<sup>32</sup> and signal variations, as can be seen in some of the presented images. In addition, oxidation of iron, the transition metal that catalyzes Fenton reactions, led to minor changes in T<sub>1</sub> and proton exchange rate, indicating that iron oxidation due to the addition of H<sub>2</sub>O<sub>2</sub> or the produced hydroxyl ROS is not a contributing factor to the observed MRI contrasts. Although it is well known that iron oxides can influence MRI relaxation times greatly,<sup>33</sup> in this case we are studying the transition of iron ions with different charges while maintaining iron concentration the same. Finally, simulations with Bloch–McConnell equations modified for CEST experiments<sup>21,23,34</sup> showed that changing the CEST-expressing metabolite concentration by 10 times led to a <10% change in the observed proton exchange rate. This is particularly important since metabolite changes are seen in many pathological conditions. An increase in the proton exchange rate may thus serve as a specific marker for ROS independent of other metabolite changes.

The feasibility of in vivo detection was demonstrated in a mouse model treated with rotenone. Rotenone as a mitochondrial complex I inhibitor can raise ROS production and therefore the rotenone-treated mouse model serves for the validation of the proposed endogenous ROS MRI. Consistent changes in T<sub>1</sub> and  $K_{ex}$  of the whole brain confirmed that ROS overproduction due to this pro-oxidant stimulus can be specifically detected with the novel endogenous ROS MRI. Although this preliminary experiment demonstrated T<sub>1</sub> and  $K_{ex}$  changes due to the overproduction of ROS in vivo, more thorough and systematic studies are needed to investigate the spatial distribution and the treatment dose dependency.

This study has a few limitations. In terms of terminology, ROS includes all oxygen radicals (such as hydroxyl radical, superoxide, hydroperoxyl, etc.) and nonradicals, such as molecular O<sub>2</sub>, H<sub>2</sub>O<sub>2</sub>, etc.<sup>20</sup> Of these species, the hydroxyl radical is the most reactive and destructive ROS in biological tissues.<sup>2</sup> This study only targeted the imaging of hydroxyl radical, and endogenous MRI applied to other ROS species remains to be studied. Regarding the H<sub>2</sub>O<sub>2</sub>-treated egg white phantom, the decomposition of H<sub>2</sub>O<sub>2</sub> may not be limited to Fenton reactions. Catalytic decomposition of H<sub>2</sub>O<sub>2</sub> due to natural enzymes, such as catalase, can also catalyze the direct decomposition of H<sub>2</sub>O<sub>2</sub>.<sup>35</sup> Its influence on the observed MRI contrasts and the contrast dynamics could be complicated and deserve systematic studies. We believe that the presence of catalytic enzymes may have contributed to accelerating the reaction rate. However, the nature of the reaction and the production rate of transient ROS should remain the same or similar. On the other hand, there may be a small amount of hydroxyl radicals produced in H<sub>2</sub>O<sub>2</sub>-treated BSA samples due to impurity. However, the production appears to be negligible and cannot be reliably detected, as we have shown in the T<sub>1</sub> measurements of BSA treated with different concentrations of H<sub>2</sub>O<sub>2</sub>.

Precise quantification of  $K_{ex}$  remains an unsolved challenge.  $K_{ex}$  was derived from saturation power-dependent CEST contrast at +3.5 ppm, but this contrast may be subject to contamination from the NOE and the RF spillover or direct saturation effects.<sup>26</sup> For instance, ROS may also affect the NOE effect or NOE properties that may influence the

results on contaminating factors. However, the net effect due to ROS is still much higher than what were observed due to other confounding factors. In addition, the choice of the fitting algorithm and the initial values of some parameters that are not experimentally measurable (eg,  $T_1$ ,  $T_2$ , and concentrations of exchangeable protons) may lead to slightly different results for the fitted  $K_{ex}$ . Nevertheless, a recent study showed that even with a saturation frequency close to water, QUESP analysis of  $K_{ex}$  from CEST data provides reliable measurements.<sup>25</sup>

In conclusion, we demonstrated that hydroxyl radical ROS possesses a unique MRI property of enhancing the proton exchange rate. Combining the  $T_1$ -shortening and proton exchange rate enhancing effects of ROS, the specificity of endogenous MRI for detecting ROS can be greatly enhanced by ruling out various potential contaminating factors. Considering that the detection sensitivity of ROS using endogenous MRI was found to be well below reported physiological concentrations,<sup>9</sup> the findings from this study help to pave the path toward development of in vivo endogenous ROS MRI. The increased production of ROS correlates with many important cellular events including proliferation, differentiation, apoptosis, and senescence.<sup>36</sup> The development of such endogenous MRI methods for ROS detection may have a tremendous impact on in vitro and in vivo biomedical research and clinical practice.

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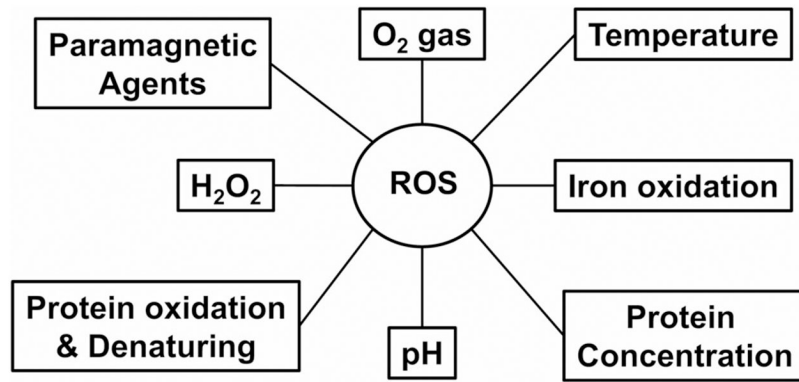
We acknowledge the valuable discussions with X. Joe Zhou from the Center for MR Research at the University of Illinois at Chicago and Dr. A. Dean Sherry from the Advanced Imaging Research Center at the University of Texas at Southwestern.

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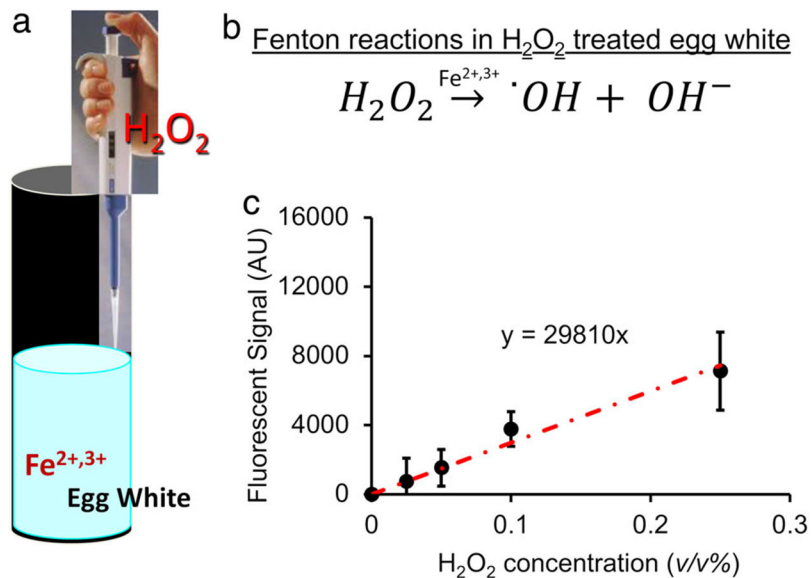
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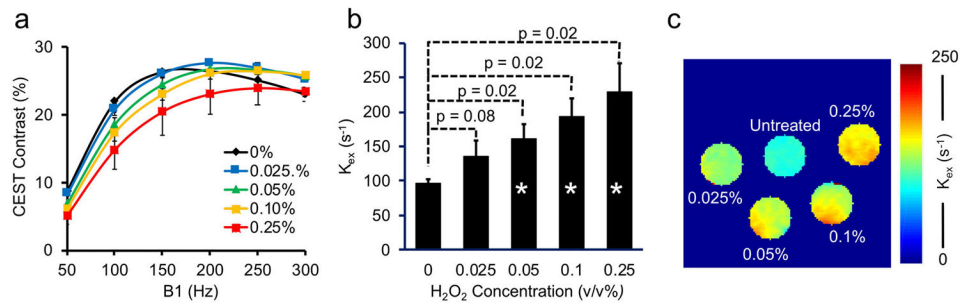
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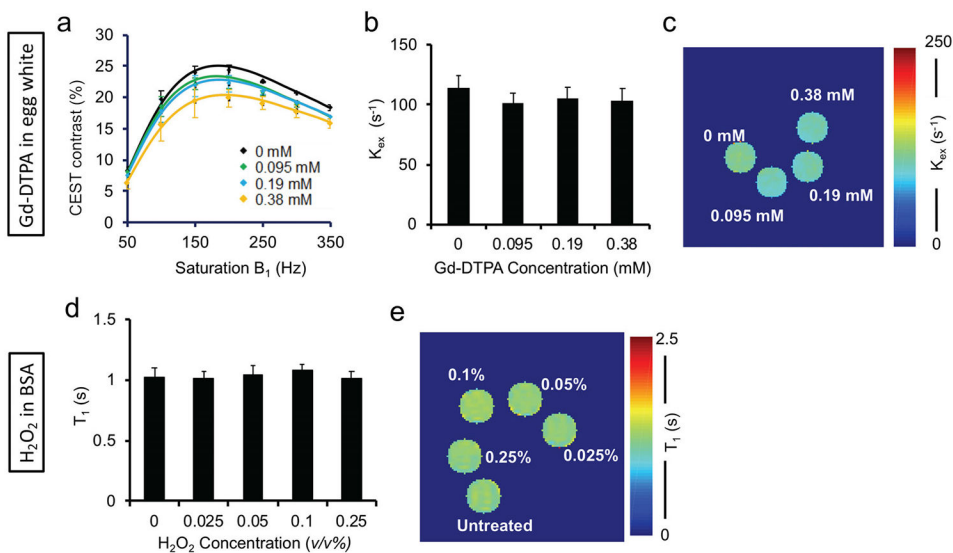
**FIGURE 1:**  
Potential factors that contribute to endogenous ROS MRI.

**FIGURE 2:**

An imaging phantom was created by adding  $H_2O_2$  to egg white samples, which continuously produce ROS for several hours (a) due to Fenton reactions (b) catalyzed by ferrous and ferric ions. (c) The production of hydroxyl ROS was confirmed using a radical-activated fluorescent dye, which showed that the ROS produced by the egg white samples is linearly proportional to the  $H_2O_2$  treatment concentration.

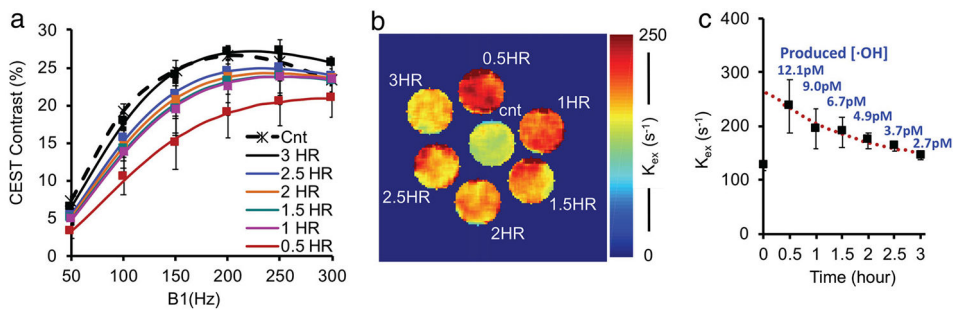
**FIGURE 3:**

**(a)** QUESP data, or the CEST contrast as a function of RF saturation power  $B_1$  ( $1 \mu\text{T} = 42.6 \text{ Hz}$ ), under different  $\text{H}_2\text{O}_2$  concentrations (treated for 1 hour) were fitted to determine the proton exchange rate ( $K_{ex}$ ). **(b)**  $K_{ex}$  derived from QUESP data fitting increases with  $\text{H}_2\text{O}_2$  treatment concentration. **(c)** Representative  $K_{ex}$  maps from egg white samples untreated or treated with different  $\text{H}_2\text{O}_2$  concentrations. \* $P < 0.05$ .

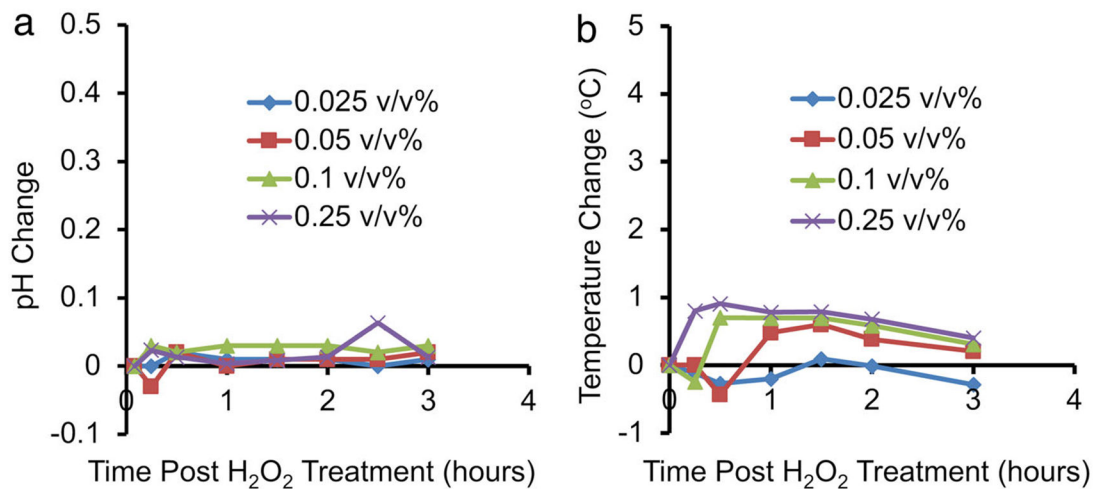
**FIGURE 4:**

Unlike hydroxyl ROS, paramagnetic Gd-DTPA and H<sub>2</sub>O<sub>2</sub> itself do not affect the proton exchange rate ( $K_{ex}$ ). **(a)** QUESP data fitted for  $K_{ex}$  from egg white samples treated with different concentrations of Gd-DTPA. **(b)**  $K_{ex}$  does not significantly change at different Gd-DTPA concentrations. **(c)** A representative  $K_{ex}$  rate map of egg white samples treated with different concentrations of Gd-DTPA. **(d)** A representative T<sub>1</sub> map from BSA phantoms treated with different concentrations of H<sub>2</sub>O<sub>2</sub>; **(e)** T<sub>1</sub> values from BSA phantoms treated with different concentrations of H<sub>2</sub>O<sub>2</sub> are similar.

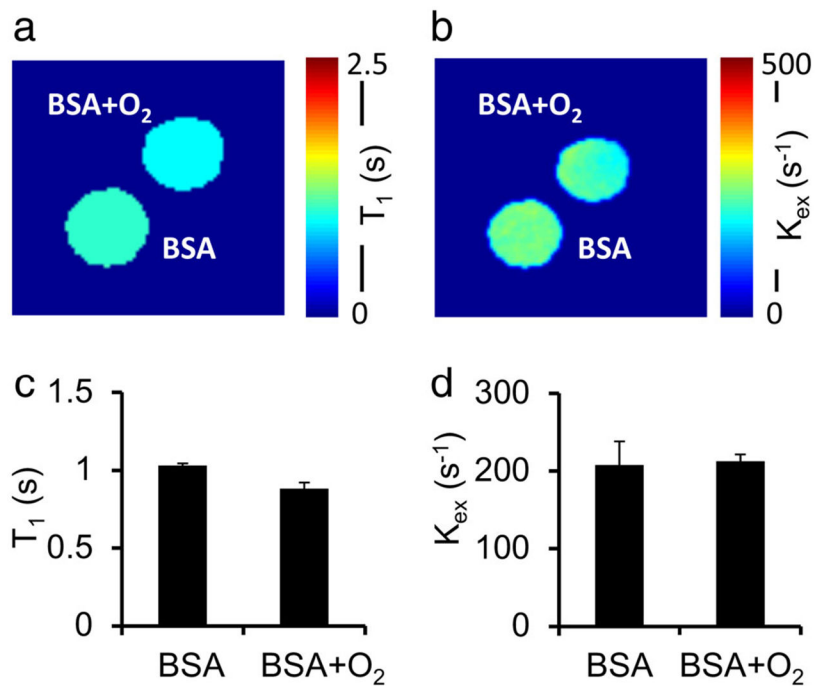




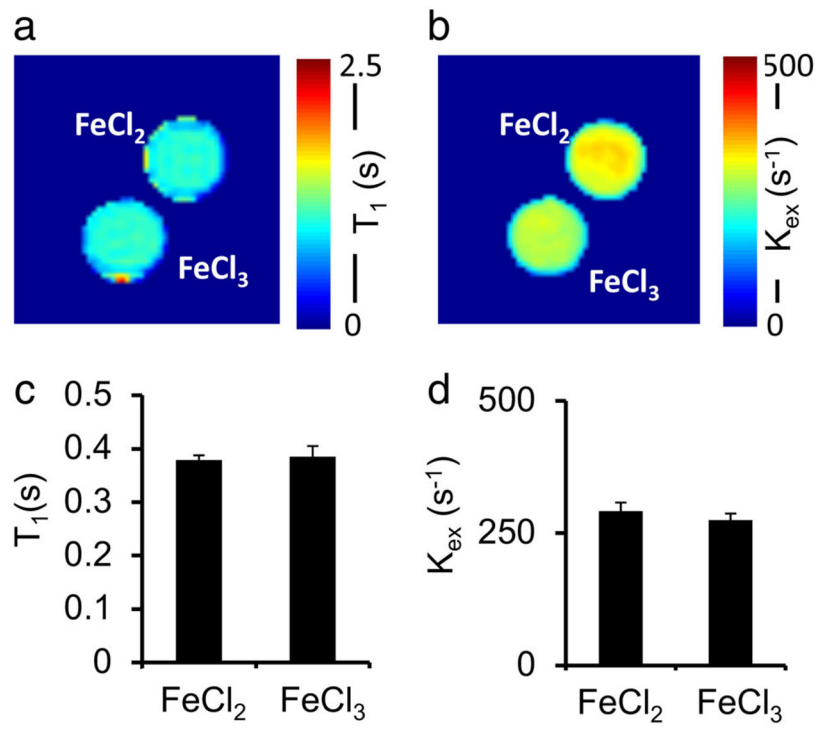
**FIGURE 5:** Longitudinal MRI study of egg white samples treated with 0.25 v/v% H<sub>2</sub>O<sub>2</sub> for different durations (0, 0.5, 1, 1.5, 2, 2.5, 3 hours). **(a)** QUESP data. **(b)** Representative exchange rate ( $K_{ex}$ ) map. **(c)**  $K_{ex}$  increases immediately after H<sub>2</sub>O<sub>2</sub> treatment and then decreases towards the baseline level over time. Longitudinal experimental data were fitted with first-order reaction kinetics (red dotted line), which allows us to estimate the produced hydroxyl ROS concentration over time (as labeled).

**FIGURE 6:**

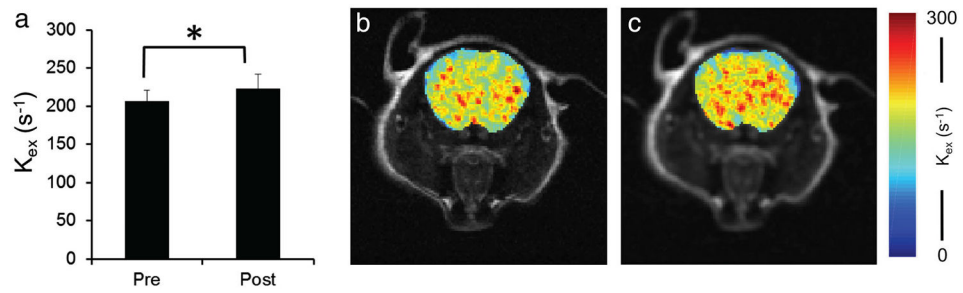
Temperature and pH changes in egg white phantom with H<sub>2</sub>O<sub>2</sub> treatment. **(a)** Egg white phantoms treated with different concentrations of H<sub>2</sub>O<sub>2</sub> showed no change in pH larger than 0.1 for up to 3 hours after treatment. **(b)** Temperature changes in the egg white phantoms did not exceed 1 °C for the same treatment duration.



**FIGURE 7:** BSA phantoms bubbled with 100% oxygen gas for ~1 hour compared with untreated BSA phantoms. Oxygenated BSA shows a slightly reduced T<sub>1</sub> compared with untreated controls (0.89 sec vs. 1.04 sec) (**a,c**). Proton exchange rate ( $K_{ex}$ ) of oxygenated BSA samples is negligibly different from that of the control samples (**b,d**).



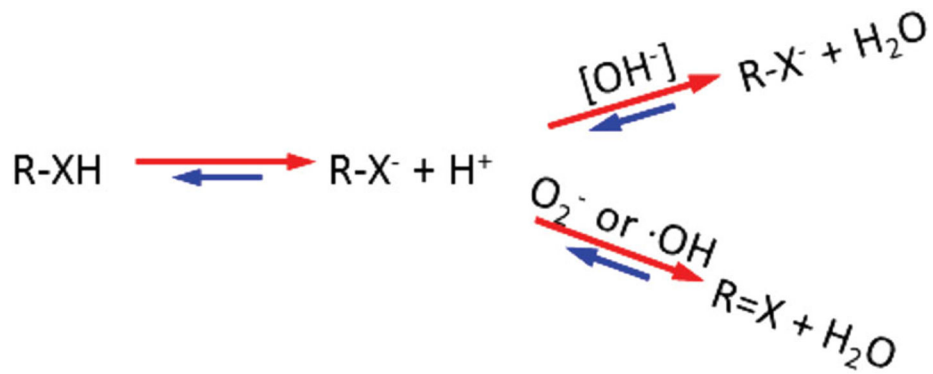
**FIGURE 8:**  
The oxidation of ferrous chloride to ferric chloride has a negligible contribution to T<sub>1</sub> (a,c) and K<sub>ex</sub> (b,d).



**FIGURE 9:**

In vivo MRI of mouse brain before and after pro-oxidant rotenone treatment. Rotenone-induced ROS overproduction in brain leads to an increase in  $K_{ex}$  (a) ( $P < 0.05$ ).

Representative  $K_{ex}$  maps of mouse brain before (b) and after (c) rotenone are also shown.

**FIGURE 10:**

Hypothesis that free radicals or ROS promote proton exchange through an oxidation-catalyzed mechanism. Free radicals may stimulate hydrogen abstraction and promote proton exchange between metabolites and water, producing water as an end product. R: the generic group; X represent O, N, or S, etc.