

# Seroprevalence and risk factors for Lassa virus infection in South-West and North-Central Nigeria: a community-based cross-sectional study

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### **Abstract**

**Background** Understanding the level of exposure to Lassa virus (LASV) in at-risk communities allows for the administration of efective preventive interventions to mitigate epidemics of Lassa fever. We assessed the seroprevalence of LASV antibodies in rural and semiurban communities of two cosmopolitan cities in Nigeria with poorly understood Lassa epidemiology.

**Methods** A cross-sectional study was conducted in ten communities located in the Abuja Municipal Area Council (AMAC), Abuja, and Ikorodu Local Government Area (LGA), Lagos, from February 2nd to July 5th, 2022. Serum samples collected from participants were analyzed for IgG and IgM antibodies using a ReLASV® Pan-Lassa NP IgG/ IgM enzyme-linked immunosorbent assay (ELISA) kit. A questionnaire administered to participants collected selfreported sociodemographic and LASV exposure information. Seroprevalence of LASV IgG/IgM was estimated overall, and by study site. Univariate and multivariate log-binomial models estimated unadjusted and adjusted prevalence ratios (aPRs) and 95% confdence intervals (CI) for site-specifc risk factors for LASV seropositivity. Grouped Least Absolute Shrinkage and Selection Operator (LASSO) was used for variable selection for multivariate analysis.

**Results** A total of 628 participants with serum samples were included in the study. Most participants were female (434, 69%), married (459, 73%), and had a median age of 38 years (interquartile range 28–50). The overall seroprevalence was 27% (171/628), with a prevalence of 33% (126/376) in Abuja and 18% (45/252) in Lagos. Based on sitespecifc grouped LASSO selection, enrollment in the dry season (vs. wet; aPR, 95% CI: 1.73, 1.33–2.24), reported

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inconsistent washing of fruits and vegetables (aPR, 95% CI: 1.45, 1.10–1.92), and a positive malaria rapid test (aPR, 95% CI: 1.48, 1.09-2.00) were independently associated with LASV seropositivity in Abuja, whereas, only a self-reported history of rhinorrhea (PR, 95% CI: 2.21, 1.31–3.72) was independently associated with Lassa seropositivity in Lagos.

**Conclusions** The LASV seroprevalence was comparable to that in other areas in Nigeria. Our fndings corroborate those from other studies on the importance of limiting human exposure to rodents and focusing on behavioral factors such as poor hygiene practices to reduce exposure to LASV.

**Keywords** Epidemiology, Lassa virus, Seroprevalence, Community-based study, Emerging infectious disease, Nigeria

#### **Background**

Lassa virus (LASV) causes Lassa fever (LF), an acute viral illness belonging to the group of viral hemorrhagic fevers (VHFs), including Dengue, Ebola, and Marburg fevers [[1\]](#page-16-0). Lassa virus is a single-stranded ribonucleic acid virus (RNA) belonging to the Arenaviridae family and is considered a zoonotic virus  $[2]$  $[2]$ . It was first identified in the town of Lassa in North-East Nigeria and surmised, by molecular dating, to have originated in Nigeria more than a thousand years ago and spread to neighboring West African countries including Guinea, Liberia, and Sierra Leone where it is now endemic  $[3-6]$  $[3-6]$  $[3-6]$ . Although dengue fever is the most common VHF, LF ranks second in global burden [\[7](#page-16-4)]. An estimated three million LASV infections and up to 67,000 deaths occur annually in endemic regions  $[8]$  $[8]$ . Despite the high burden, it was long considered a neglected tropical disease until a record 633 confrmed cases reported in 2018, marked it as the largest outbreak to have occurred in Nigeria. This led to the declaration of a public health emergency both nationally and by the World Health Organization (WHO) [\[9](#page-16-6), [10](#page-16-7)]. Due to its epidemic potential and limited medical countermeasures, in 2021, LASV was listed among the top ten priority pathogens on the WHO's research and develop-ment blueprint for a roadmap to outbreak response [\[11](#page-16-8)].

While LF cases are reported virtually all year, outbreaks peak annually in Nigeria during the dry season from December through April [\[4,](#page-16-9) [12\]](#page-16-10). Zoonotic transmission of LASV, primarily from *Mastomys* rodents, is the predominant mode of human infection. Transmission can occur via direct contact with infected animals, contact with contaminated household items or food, or inhalation of aerosolized viral particles from rodent droppings. However, person-to-person transmission also has been documented in situations with inadequate infection control practices  $[13, 14]$  $[13, 14]$  $[13, 14]$ . The incubation period for LF ranges from two to twenty one days [[15](#page-16-13)]. Most infections are asymptomatic with approximately 20% of infected persons experiencing nonspecifc symptoms such as fever, headache, sore throat, myalgia, and gastrointestinal symptoms also common to other VHFs and infectious diseases such as malaria and typhoid fever [\[16,](#page-16-14) [17](#page-16-15)]. Pregnant women are particularly vulnerable, with a high risk of maternal death and fetal loss in late pregnancy [\[18](#page-16-16)]. Although there are several candidate vaccines, there are currently no approved vaccines or immunotherapies to prevent or treat this illness [\[19](#page-16-17)]. Several laboratory tests like reverse transcriptase polymerase chain reaction (RT-PCR), antibody enzyme-linked immunosorbent assay (ELISA), antigen detection assays, and viral isolation in cell culture, can be used to defnitively diagnose LF infection [\[15](#page-16-13)]. Unlike antibody tests, these methods allow for early detection of acute LF during the frst week of symptoms by detecting the virus itself rather than the body's immune response [[20,](#page-16-18) [21\]](#page-16-19). In West Africa, where LASV exposure is common, LASV-specifc immunoglobulin M (IgM) antibodies without detectable viremia cannot be used for defnitive diagnosis of acute LF [[22\]](#page-16-20). IgM antibodies have been shown to persist for 532 to more than 800 days after initial LASV infection [\[22](#page-16-20), [23\]](#page-16-21).

Although the epidemiology of LF and exposure characteristics have been reported for several areas in Nigeria, there is little to no knowledge among healthy adult human populations in Abuja, the nation's capital, and Lagos, a major economic hub, despite the high volume of people moving in and out of these major cities [\[24](#page-16-22)]. National surveillance data suggests Lassa fever appears to be less prevalent in Lagos and Abuja compared to other parts of Nigeria  $[25]$  $[25]$ . The objectives of this study were to determine the seroprevalence of LASV infection and associated risk factors and co-infections in the Abuja Municipal Area Council (AMAC) and Ikorodu Local Government Area (LGA). The findings from this study provide useful information for future LASV vaccine development and implementation eforts.

#### **Methods**

#### **Study area and population**

We conducted a community-based cross-sectional study in rural and semiurban communities in AMAC, Abuja, the Federal Capital Territory (FCT), in North-Central Nigeria, and the Ikorodu LGA in Lagos State, South-West Nigeria (Fig. [1](#page-2-0)). Study sites in AMAC and Ikorodu LGA are hereon referred to as Abuja and Lagos, respectively. Nigeria is divided into six geopolitical



<span id="page-2-0"></span>**Fig. 1** Geographic map of Nigeria, with emphasis on Abuja Federal Capital Territory (FCT) and Lagos state, where recruitment communities and primary health care centers for the study were situated

regions (North-East, North-Central, North-West, South-East, South-South and South-West) with 36 states and a Federal Capital Territory, which are further divided into 774 LGAs and Area Councils, respectively, for ease of administration.

#### **Sample size and recruitment**

Enrollment for the study took place between February 2nd, 2022, and July 5th, 2022, at primary healthcare centers (PHCs) in Abuja and Lagos; an additional participant was enrolled on November 13th, 2022, to replace one who did not meet the screening criteria. The inclusion criteria were age≥18 years, ability to provide written consent, willingness to provide location and contact information, and willingness to participate in study procedures.

The target sample size was achieved through a multistage process. In the frst stage, we purposively selected the two LGAs due to their high population density, presence of a mix of urban and semi-urban communities,

existing infrastructure, and established collaborations. In the second stage, following onsite assessments of PHCs for criteria such as rural/semi-urban location, functionality, community reach, collaboration, and safety, we employed random sampling to select ten PHCs from Abuja  $(n=6)$  and Lagos  $(n=4)$ . Participants were recruited from communities surrounding selected PHCs and asked to meet at PHCs for study procedures. Study enrollment at each site was preceded by community engagement activities, including inaugural stakeholder meetings, advocacy visits to community heads and gatekeepers, the formation of community advisory boards, and community sensitization visits. A total of 1,271 adults in the communities were briefed about the study during the recruitment phase. In addition, individuals who routinely sought care at any of the selected PHCs were also engaged by the study staff and invited to participate. Enrollment in the study at each PHC proceeded on a sequential basis using a frst-in, frst-served approach. To detect city-to-city variations in Lassa seroprevalence

exceeding 5% in Nigeria from a previously estimated national prevalence of 21.3%, a sample size of 500 was needed to achieve 77% power  $[26]$  $[26]$  $[26]$ . To compensate for potential attrition of 20% due to missing data or sample loss, a target sample size of 630 was sought for an enrollment allocation of  $63$   $(630/10)$  per PHC. The study involved two visits. The first visit determined eligibility and enrolled participants. The second follow-up visit provided participants with their research laboratory results and an opportunity to discuss the results with the research team. Participants were provided with compensation for their time and travel.

#### **Ethics approval**

The study was approved as minimal risk human research by the Walter Reed Army Institute of Research (study # 2760) Institutional Review Board in the United States of America (USA) and the National Health Research Ethics Committee in Nigeria. Permission was obtained from FCT/AMAC and Lagos State/Ikorodu Primary Healthcare Boards and community stakeholders to visit the communities and PHCs and perform the study procedures. Participants provided written informed consent before any study procedures were conducted. The informed consent form was reviewed with participants in detail by trained and delegated study staff before written consent was obtained.

#### **Specimen collection and laboratory procedures**

Participants were screened for potential co-infections including human immunodeficiency virus (HIV), malaria, hepatitis B, hepatitis C, and relevant conditions like pregnancy. Blood (venous and capillary) and urine specimens were collected from each participant. Venous blood and urine specimens were labelled with unique identifers and transported under appropriate temperature conditions to the Clinical Research Centre (CRC) laboratory in Abuja or the 68 Nigerian Army Reference Hospital Yaba (68 NARHY) in Lagos for processing, testing, and storage. Routine urinalysis and malaria tests for all participants and urine pregnancy testing for female participants were performed at the CRC and 68 NARHY laboratories. Rapid HIV tests were performed on site at the PHCs. Results were provided to the participants on the same day and included pre- and post-HIV test counseling. Serum was separated and stored at -80 degrees Celsius until screening for LASV IgM and IgG antibodies, hepatitis B virus (HBV) surface antigen (sAg) and hepatitis C virus (HCV) total antibody was performed at The Defence Reference Laboratory (DRL), Abuja.

Rapid HIV testing was performed in accordance with Nigeria's national HIV rapid testing algorithm which comprised (1) Determine HIV-1/2 (Abbott, California (CA), USA) for screening followed by (2) Unigold HIV-1/2 (Trinity Biotech Plc., Ireland) for confrmation, and, (3) Statpak HIV-1/2 (Chembio Diagnostic Systems, Inc., New York, USA) if test results for (1) and (2) were discordant [\[27](#page-16-25)]. Malaria infection was detected with a USA Food and Drug Administration-cleared rapid diagnostic test (RDT; BinaxNOW™ Malaria, Abbott). The test also diferentiated malaria infection with *Plasmodium falciparum* from less virulent panmalarial infections due to *Plasmodium vivax*, *Plasmodium ovale*, *or Plasmodium malariae*. Urine specimens were tested with a Sure-Vue® STAT Serum/Urine hCG Test Kit (Fisher Scientifc, Waltham, Massachusetts, USA) for the detection of pregnancy status. Additionally, urine specimens were tested with Multistix<sup>®</sup> 10 SG reagent strips (Siemens Healthineers, Malvern, Pennsylvania, USA) for routine urinalysis.

All serum samples were screened for LASV IgG and IgM antibodies using a commercially available ELISA assay (Research Use Only (RUO), ReLASV® Pan-Lassa Combo NP/ Prefusion GP IgG/IgM ELISA Kit, Zalgen Labs, Frederick, Maryland, USA) [[28\]](#page-16-26). To detect a wider range of Lassa virus infections, the assay targets both prefusion glycoprotein (GP) and nucleoprotein (NP) antigens specifc to Lassa virus lineages II (Nigeria) and IV (Guinea, Liberia, and Sierra Leone) [[29](#page-16-27)]. Four lineages (I-III and VI/Kako strain) have been identifed in Nigeria [[30](#page-16-28)]. Both IgM and IgG are considered markers of prior exposure to Lassa virus since LASV-specifc IgM antibodies are not an independent surrogate marker for acute or recent infection and can persist in healthy populations for months to years after infection  $[22]$  $[22]$ . Thus LASV seropositivity was defined as positivity on either IgM or IgG testing. Assays were performed according to the manufacturer's guidance and methods used previously for assay evaluation for laboratory diagnostics for a vaccine development program [[28,](#page-16-26) [29\]](#page-16-27). Following established methodology from a prior Nigerian study, cutofs were determined based on the sample data set's optical density (OD) values [[29](#page-16-27)]. Consistent with the reference, the negative cutoff was set at the 95th percentile  $(OD < 0.250)$ , and the positive cutoff was set at twice the negative cutoff  $(OD \geq 0.500)$ . Samples with OD values between these cutofs were considered indeterminate. All other serologic assays were conducted with the following: GS HBsAg EIA 3.0 (BioRad Laboratories, Hercules, CA, USA) for screening for HBsAg, GS HBsAg Confrmatory Assay 3.0 (BioRad Laboratories) for confrmation of GS HBsAg EIA 3.0-reactive specimens, Ortho® HCV Version 3.0 ELISA (Chiron Corporation, Emeryville, CA) for screening for antibodies to HCV (anti-HCV),

and INNO-LIA™ HCV Score (RUO, Fujirebio, USA) for confrmation of anti-HCV reactive specimens.

#### **Data collection, management, and statistical analysis**

At enrollment, a physical examination was conducted, and questionnaires were administered to obtain information such as current sociodemographics, potential LASV exposures, and medical history including past and current symptoms [[31,](#page-16-29) [32](#page-16-30)]. Sociodemographic data included age, sex, tribe/ethnicity, marital status, occupation, level of education, and residence/housing information. Potential LASV exposures in the past 2 years included animal and other environmental exposures, food hygiene practices, hand hygiene practices, sick contacts, health worker or other occupational exposure, participation in funerals and travel history. For analysis, food and hand hygiene practices were collapsed to a two-level categorical variable ('Always' or 'Other') from the six-level ordinal variable (coded as 'never', 'rarely', 'sometimes', 'usually', 'almost always', 'always') in the questionnaire. For animal vector exposures in the past 2 years, specifc information was elicited about the presence of rodents at home, contact with rodents or rodent excreta, viewing rodent excreta on food and water/drink, rodent consumption, and history of rodent bites. Physical examination included vital signs (height, weight, body temperature, heart rate, blood pressure, and respiratory rate), whereas medical history intake included self-reported prior and current medical history and comorbidities, and self-reported prior and current LF-related symptoms. All the data collected from the hard-copy questionnaires were coded with a unique participant identifcation number and manually entered into a password-protected REDCap web-based database (Bethesda, Maryland) [[33,](#page-17-0) [34\]](#page-17-1).

Sociodemographic characteristics, LASV exposure and symptom history were described using frequencies and percentages. The seroprevalence of Lassa IgG and IgM, HIV, and HCV antibodies and HBsAg and malaria was calculated by dividing the number of participants with positive test results by the total number of participants tested. Univariate statistical testing was used to identify independent characteristics associated with Lassa seropositivity. For univariate analyses, we assessed associations between characteristics of interest and Lassa seropositivity by using prevalence ratios (PRs) with 95% confdence intervals (CIs) from log-binomial regression. We used prevalence ratios over odds ratios since odds ratios can infate estimates of the efects of variables when the prevalence is  $>10\%$  [\[35](#page-17-2)].

Because our study contained a total of 109 initial predictors of interest, variable selection was performed using grouped Least Absolute Shrinkage and Selection Operator (LASSO) regression analyses, performed separately by study site using the glmnet package in R. During the regularization procedure, grouped LASSO shrinks the beta coefficients of variables without predictive power toward zero. Characteristics with nonzero beta coefficients were then selected as predictors. Grouped LASSO expands upon LASSO by selecting or not selecting variables preselected to be in a group. Dummy coded variables were grouped together for the selection process including number of pregnancies, number of live births, pregnancy outcome (live birth, spontaneous abortion/miscarriage, still birth, terminated pregnancy), and age at enrollment and place of food preparation (indoor, outdoor, indoor, and outdoor). Because predictor selection is highly variable depending on fold randomization, we iterated the grouped LASSO across 100 randomly generated tenfold partitions. The value for lambda was selected using the minimum cross validation error (MCVE) method across each iteration. Using MCVE is more conservative and selects a smaller number of predictors than the method using one standard error above the MCVE. While neither of the lambda selection techniques demonstrate greater accuracy, the conservative MCVE approach reduces false discovery rates for predictors [\[36](#page-17-3), [37](#page-17-4)]. Predictors selected by grouped LASSO ffty or more times were included in a log-binomial generalized linear model (GLM) and adjusted for other selected variables by site for estimation of adjusted prevalence ratios (aPRs) [\[38](#page-17-5), [39](#page-17-6)]. All *p*-values less than 0.05 were considered to indicate statistical signifcance. All data were managed and analyzed using SAS® (SAS Institute, Cary, North Carolina, USA, version 9.4) or R Studio software (version 4.0.3, Boston, Massachusetts, USA).

#### **Results**

Among 630 participants enrolled in the study, 628 provided blood specimens for the assessment of Lassa IgG and IgM antibodies and were included in the analysis. The participants had a median age of 38 years (interquartile range (IQR) 28–50) and were predominantly female (434, 69%) or married (459, 73%). Almost half  $(294, 47%)$  had not completed secondary school. The most common occupations reported were commerce or business (176, 28%) followed by skilled trade (145, 23%). The participants came from low socioeconomic backgrounds. Their median weekly income was  $\text{H8,000}$  (IQR ₦5,000-₦15,000) (equivalent to roughly USD 6.20 (IQR 3.80–11.50) on April 26th, 2024). Typically, households had a median of 5 other occupants (IQR 4–7) living in a median of 2 rooms (IQR 1–3).

Overall, 27% (171/628) of participants were Lassa seropositive, with signifcantly more seropositive participants from Abuja (126/376, 33%) than from Lagos (45/252, 18%) (*p*<0.05, Table [1\)](#page-5-0). Abuja showed a seasonal

#### <span id="page-5-0"></span>**Table 1** Laboratory fndings for Abuja and Lagos, Nigeria, 2022



diference in seropositivity, with higher rates in the dry season than in Lagos, which did not exhibit seasonal variation (Fig. [2\)](#page-6-0). Compared to those in Lagos, the prevalence of *Plasmodium falciparum* malaria (12% vs. 0%) and HCV antibodies (11% vs. 2%) in Abuja was signifcantly greater (*p*<0.05, Table [1\)](#page-5-0). Conversely, HBsAg prevalence was greater in Lagos (10%) than in Abuja (8%) (*p*<0.05), while HIV prevalence was similar in both cities (Abuja



<span id="page-6-0"></span>**Fig. 2** Seroprevalence of Lassa IgG/IgM by month of sampling and by site, 2022

3%, Lagos 2%, *p*=0.3608). Urine pregnancy tests showed a positivity rate of 7% among women in Abuja, and 3% among women in Lagos (Table [1\)](#page-5-0). Overall, LASV seroprevalence was 23% (8/35) among the pregnant women tested (Table [1](#page-5-0)).

In Abuja, ethnicity, electricity in a residence, cleanliness and storage practices in the kitchen, seasonality, prior medical history of an upper respiratory tract infection (URI), and a positive malaria RDT were signifcantly associated with Lassa seroprevalence in unadjusted analyses  $(p<0.05)$  (Tables [2](#page-7-0), [3](#page-9-0) and [4\)](#page-11-0). Participants who reported ethnicities other than Hausa/Igbo/Yoruba had 33% lower seroprevalence of Lassa antibodies (PR, 95% CI: 0.67, 0.50–0.89) (Table [2\)](#page-7-0). Participants without electricity in their residence had a 40% greater Lassa seroprevalence (PR, 95% CI: 1.40, 1.00-1.94) than did those with electricity (Table [2\)](#page-7-0). Compared to participants who reported always cleaning their cooking environment or utensils after use, those who reported inconsistent or never cleaning had 40–44% greater prevalence of Lassa (PR, 95% CI: cooking environment 1.44, 1.04–2.01; cooking utensils 1.40, 1.02–1.93) (Table [3](#page-9-0)). Participants who reported inconsistently washing fruits and vegetables thoroughly before consumptions had a prevalence of Lassa that was 49% (PR, 95% CI: 1.49, 1.12–1.99) greater than participants who reported always washing fruits and vegetables before consumption (Table [3\)](#page-9-0). Compared to participants who reported that they stored food without a cover, those who reported storing food with a cover had a 36% lower prevalence (PR, 95% CI: 0.64, 0.44–0.91) (Table [3\)](#page-9-0). Participants enrolled in the dry season had 68% (PR, 95% CI: 1.68, 1.27–2.22) higher exposure to Lassa virus compared to those who were enrolled in the wet season (Table [3](#page-9-0)). No past or current symptoms were significantly associated with Lassa seroprevalence  $(p > 0.05)$ (Table [4](#page-11-0)). However, participants who had a self-reported medical history of URIs had a greater Lassa seroprevalence (PR, 95% CI: 1.83, 1.08–3.10) than did those who did not (Table [4](#page-11-0)). Additionally, participants who had a positive malaria RDT at enrollment had 60% (PR, 95% CI: 1.60, 1.15–2.22) greater Lassa seroprevalence compared to those who tested negative for malaria.

After variable down-selection by grouped LASSO regression and adjustment for other down-selected characteristics in the GLM, only dry season enrollment (aPR, 95% CI: 1.73, 1.33–2.24) compared to wet season, the practice of inconsistently washing fruits and vegetables before consumption (aPR, 95% CI: 1.45, 1.10–1.92), and a positive malaria test at enrollment (aPR, 95% CI: 1.48, 1.09-2.00) were independently associated with Lassa seroprevalence (Table [5\)](#page-13-0). Although marital status, ethnicity, electricity in a residence, food preservation by sun drying on the roadside or other surfaces, and food storage without a cover were selected in the grouped LASSO, these variables were not included in the fnal multivariate model because they did not meet the >50 selection criteria (Fig. [3](#page-13-1)A).

In Lagos, contact with a sick animal, food storage methods, and prior self-reported rhinorrhea symptoms were signifcantly associated with Lassa seroprevalence in unadjusted analyses  $(p < 0.05)$  (Tables [2](#page-7-0), [3](#page-9-0) and [4](#page-11-0)). Participants with contact with a sick animal had at least a twofold greater (PR, 95% CI: 2.04, 1.12–3.69) seroprevalence than participants without contact with a

<span id="page-7-0"></span>







<span id="page-9-0"></span>





<span id="page-11-0"></span>







<span id="page-13-0"></span>



<sup>a</sup> Prevalence ratio at Lagos was not adjusted for other covariates



<span id="page-13-1"></span>**Fig. 3 A** Variable selection for Abuja by LASSO regression analysis. **B** Variable selection for Lagos by LASSO regression analysis

sick animal (Table [3](#page-9-0)). Participants who reported having rhinorrhea (runny nose) in the past had more than two times greater (PR, 95% CI: 2.21, 1.31–3.72) Lassa seroprevalence than participants who did not report having a runny nose in the past (Table [4\)](#page-11-0). In grouped LASSO regression (Table [5\)](#page-13-0), only reported previous rhinorrhea was independently associated with Lassa seroprevalence, although contact with a sick animal was selected by grouped LASSO but did not meet the fnal selection criteria ( $>50$  times) (Fig. [3B](#page-13-1)).

#### **Discussion**

This community-based cross-sectional seroprevalence study was conducted to determine the extent of previous exposure to LASV and the risk factors associated with LASV infection. The overall seroprevalence was 27% and almost twofold greater in Abuja than in Lagos, with a prevalence of 33% and 18%, respectively. Seasonality, food washing before consumption, diagnosis of malaria at enrollment, and history of rhinorrhea were linked to LASV exposure.

The burden of LASV exposure estimated in this study is comparable to that in other reports from Nigeria. In 1988 the overall seroprevalence of LASV infection, measured by indirect immunofuorescence antibody testing, was estimated to be 21.3% (range of 13.4–37.5%) in the general population, hospital personnel and their contacts from areas such as Benue, Ondo, Plateau, and Gongola (present day Adamawa and Taraba states) in central, southwestern, and northeastern Nigeria [[26](#page-16-24)]. A review of LF outbreaks occurring in Nigeria from 1952 to 2020 indicated that North-Central states (which include the study site of Abuja) experienced outbreaks for more years (an average of 11 years) compared to 6.8 years in South-Western states (including Lagos) [[40\]](#page-17-7). Lassa virus has historically been found in the drier savannas of northern Nigeria [\[26\]](#page-16-24). However, LASV is prevalent in many countries in Africa with variations in population, exposure, and geographic region. A meta-analysis of 82 LASV prevalence studies in 25 sub-Saharan African countries revealed an overall prevalence of 8.7% (95% CI: 6.8– 10.8%) with only West African countries having deaths due to LASV [\[41](#page-17-8)]. In meta-analysis, the prevalence of LASV was based on studies using various diagnostic tests, such as immunofuorescence, complement fxation, viral culture, RT-PCR, or ELISA, and included acute and convalescent samples.

The seasonality of LF is well known with outbreaks mirroring the ecology of the zoonotic reservoir, the *Mastomys* rat [\[42](#page-17-9)[–44\]](#page-17-10). *Mastomys* populations fourish during the wet season, providing vegetation cover and facilitating increased reproduction [[45\]](#page-17-11). Human land-use practices such as clearing land for planting and harvesting crops increase human-rodent contact. The resulting food scarcity during the dry season heightens human-rodent contact, by driving rodents to seek nourishment inside human homes thereby increasing exposure to Lassa virus. This may explain the observed increase in prevalence of Lassa among participants enrolled in the dry season (versus the wet season) in Abuja compared to Lagos, where the wet and dry seasons are less distinct.

Food safety may be more of a concern for geographical areas where human land-use practices support rodent populations in homes. In Abuja, food hygiene practices (washing of fruits and vegetables) were associated with LASV seropositivity, which could be due to heightened contact with zoonotic vectors from seasonal variations in animal vector populations. However, in both cities, surprisingly, there was no connection between exposure to rodents (presence, contact, droppings, consumption, bites) and LASV infection. Unintentional and unsought contact with animal excreta has been associated with LASV seropositivity in cross-sectional population-based studies in Nigeria and Guinea. Houses with poor hygiene scores studied in a peri-urban settlement in Edo State in southern Nigeria had 50 times greater odds of reporting cases of LF than did houses with good hygiene scores [[46\]](#page-17-12). In Guinea, uncovered food storage along with other factors was associated with increased LASV seropositivity [[47\]](#page-17-13). Interestingly, in a cross-sectional LASV seroprevalence study in forested regions of Guinea, Kernéis et al. did not fnd that contact with rats or mice was a major risk factor  $[48]$ . Instead, two risk factors were identifed: receiving an injection in the past year and living with someone who had bleeding symptoms. The investigators hypothesized that person-to-person transmission, perhaps in healthcare settings or close household contact, might be more important than previously thought. Although food hygiene practices and certain living conditions may be associated with the risk of LF infection, the role of rodents in transmission remains unclear. This fnding might be due to limitations of our observational study design, and the established route of transmission through *Mastomys* rodents should not be discounted. The observed association between food hygiene and LASV seropositivity may be due to an indirect efect of food attracting rodents, rather than direct contact with them [\[49](#page-17-15), [50\]](#page-17-16).

Self-reported rhinorrhea was independently associated with Lassa infection in Lagos, but not in Abuja. Similar associations along with other indistinct symptoms such as fever, pharyngitis, and a clinical presentation with general systemic, respiratory or gastrointestinal symptoms have been reported in other LF studies conducted in West Africa [[51](#page-17-17), [52](#page-17-18)]. In a retrospective study analyzing surveillance data from Lassa patients identifed in 2018– 2019 from all 36 states and FCT in Nigeria, clinical presentations with general systemic, chest/respiratory, ear/ nose/throat, or gastrointestinal symptoms were associated with laboratory-confrmed Lassa diagnoses as were occupations in business, trading, farming or agriculture, and male sex [[53\]](#page-17-19). Since LASV infection does not have characteristic symptoms, rhinorrhea and other nonspecifc symptoms can be symptoms of LF infection as well as any other respiratory illnesses that occur in the region.

Malaria (*Plasmodium falciparum*) diagnosis at enrollment was independently associated with Lassa seropositivity in Abuja but not in Lagos. This may represent an incidental association since risk factors for malaria in Abuja likely overlap with those for Lassa infection, despite seasonal variation in malaria burden with higher prevalence in the wet season [\[54\]](#page-17-20). Notably, a prior study conducted in Southern Nigeria, reported a high prevalence (37%) of co-infection with malaria in LF patients, but no statistically signifcant impact of malaria on LF outcome was observed [\[55\]](#page-17-21). Risk factors for malaria include poverty, less education, and poor housing conditions [\[56](#page-17-22), [57](#page-17-23)]. People with lower socioeconomic status likely have limited access to preventive measures and live in housing that is not properly sealed or screened allowing mosquitoes to enter more easily, thus increasing the risk of malaria infection. Further investigation is needed to determine whether the observed association between malaria diagnosis and Lassa seropositivity in Abuja is due to confounding factors, such as socioeconomic status, which can infuence both malaria and LF risk.

Our study has a few limitations. The cross-sectional design and reliance on self-reported risk factors limit our ability to defnitively establish the temporal relationships between exposures and Lassa infection. Additionally, the lack of Lassa antigen/RNA testing prevents diferentiation between acute/recent and past infections. Consequently, the observed associations might include a combination of both types of infections. Furthermore, indeterminate results, potentially due to early infection, low-level antibody presence, non-specifc cross-reacting antibodies, or technical variability, were combined with negative results, which may underestimate the true prevalence of Lassa virus exposure. Similarly, while the ReLASV® Pan-Lassa Combo NP/ Prefusion GP IgG/IgM ELISA Kit is designed to detect a wide range of Lassa virus infections, it is important to note that four lineages (I-III and VI/Kako strain) have been identifed in Nigeria [\[30](#page-16-28)], which could potentially impact the assay's sensitivity and specifcity. Future studies may beneft from incorporating additional assays targeting these specifc

lineages. While this study observed a trend of higher LF seroprevalence among participants recruited during the dry season, the limited recruitment window (February 2nd, 2022 – July 5th, 2022) likely restricts defnitive conclusions regarding seasonality and necessitates further investigation across a full annual cycle to capture potential peak and trough periods. The voluntary nature of the study and purposive selection of LGAs raises concerns about its generalizability to broader LGA communities. Participation may be skewed toward individuals with a history of LF, those motivated by the offered compensation, or those who found participation convenient due to a coinciding healthcare facility visit. Future research could explore a broader range of LGAs and randomized selection of participants to enhance generalizability. Finally, restricting the study to adults only provides an incomplete picture of LASV exposure, transmission dynamics, and risk factors, potentially leading to skewed fndings. Children may play a role in transmission within households and communities and may have unique risk factors for LASV infection due to their behavior, immune system development, or reliance on caregivers who might be exposed.

#### **Conclusions**

Although LASV has long been endemic to countries in West Africa, it is of global consequence due to the ease of international travel and the potential for the use of LASV as a biological weapon. This study fills a knowledge gap for two major metropolitan areas in Nigeria where LASV exposure was previously unknown. By highlighting priority populations, geographic areas, and preexisting immunity levels, our fndings can inform LASV vaccine research and development, and vaccine design and testing strategies. Study fndings reinforce prior literature on limiting human-rodent contact to prevent LASV transmission, although our fndings focus on behavioral factors such as poor hygiene. Since proper food hygiene protects against various infectious pathogens, not just LASV, educational programs should emphasize this practice for broader public health benefts.

#### **Abbreviations**





#### **Supplementary Information**

The online version contains supplementary material available at [https://doi.](https://doi.org/10.1186/s12879-024-09954-1) [org/10.1186/s12879-024-09954-1](https://doi.org/10.1186/s12879-024-09954-1).

Supplementary Material 1.

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#### **Disclaimer**

The opinions or assertions contained herein are the private views of the author, and are not to be construed as official, or as reflecting true views of the Department of the Army or the Defense Health Agency or the Department of Defense. The investigators have adhered to the policies for protection of human subjects as prescribed in AR 70–25.

#### **Authors' contributions**

KM, MOI, ABT, LAE, PP, and ZFP initiated the study. ABT, AZ, EB, DB, KM, LAE, MM, MOI, OA, ORA, PP, SSM, SH, TM, YF, and ZFP designed the research. MJ created new software used in the study. ABT, AO, CA, CE, DE, EI, FA, JF, MA, MM, MOI, NA, NDC, NO, OA, ORA, PD, RA, SSM, TA, VA, YA gathered the data. KL, KM, LAE, NDC, NO, PP, and RA analyzed laboratory or other data. SH, OF, SF, and GS statistically analyzed all data presented in the manuscript. ABT, GS, KL, KM, LAE, NDC, VA, and SH interpreted the data. SH wrote the manuscript and MOI, ABT, AZ, EB, JF, LAE, MA, OA, ON, ORA, PD, SSM, TM, and ZFP contributed to revisions. All authors read and approved the fnal manuscript.

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#### **Availability of data and materials**

The anonymized data used in this study are publicly available from the Harvard Dataverse online data repository: https://dataverse.harvard.edu/dataset. xhtml?persistentId=doi:10.7910/DVN/9TN21Y.

#### **Declarations**

#### **Ethics approval and consent to participate**

Ethical approval was obtained from the Walter Reed Army Institute of Research Institutional Review Board in the USA and the National Health Research Ethics Committee in Nigeria. Administrative approval was obtained from the Federal Capital Territory/Abuja Municipal Area Council and Lagos State/Ikorodu Local Government Area Primary Healthcare Boards and community stakeholders. Written informed consent was obtained from each participant before any study procedures were conducted. The informed consent form was reviewed with volunteers in detail by trained and delegated study staff before written consent was obtained.

#### **Consent for publication**

Not applicable.

#### **Competing interests**

The authors declare no competing interests.

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