

1 Title: Postnatal Enrichment Corrects Deficits in Perineuronal Net Formation and  
2 Reversal Learning in Adult Mice Exposed to Early Adversity

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5 Running title: Enrichment Corrects Cognitive Deficits in LB Mice

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23 Key words: Limited bedding and nesting, early life adversity (ELA), Enrichment, reversal  
24 learning, orbitofrontal cortex, cognitive flexibility, perineuronal nets (PNN), parvalbumin cells,  
25 excitatory-inhibitory balance.

26 Word count: manuscript: 6142, abstract: 249

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34 **Abstract**

35 Childhood neglect is associated with cortical thinning, hyperactivity, and deficits in cognitive  
36 flexibility that are difficult to reverse later in life. Despite being the most prevalent form of early  
37 adversity, little is currently understood about the mechanisms responsible for these  
38 neurodevelopmental abnormalities, and no animal models have yet replicated key structural and  
39 behavioral features of childhood neglect/deprivation. To address these gaps, we have recently  
40 demonstrated that mice exposed to impoverished conditions, specifically limited bedding (LB),  
41 exhibit behavioral and structural changes that resemble those observed in adolescents who  
42 have experienced severe neglect. Here, we show that LB leads to long-term deficits in reversal  
43 learning, which can be fully reversed by briefly exposing LB pups to enrichment (toys) in their  
44 home cage from postnatal days 14 to 25. Reversal learning failed to induce normal c-fos  
45 activation in the orbitofrontal cortex (OFC) of LB mice, a deficit that was normalized by early  
46 enrichment. Additionally, LB decreased the density of parvalbumin-positive cells surrounded by  
47 perineuronal nets (PV+PNN+) and increased the ratio of glutamatergic to inhibitory synapse  
48 densities in the OFC, deficits that were also reversed by enrichment. Degradation of PNN in the  
49 OFC of adult mice impaired reversal learning, reduced c-fos activation, and increased the ratio  
50 of glutamatergic to inhibitory synapse densities in the OFC to levels comparable to those  
51 observed in LB mice. Collectively, our findings suggest that postnatal deprivation and  
52 enrichment impact the formation of PV+PNN+ cells in the OFC, a developmental process that is  
53 essential for cognitive flexibility in adulthood.

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75 **Introduction**

76           The Child Maltreatment Report issued by the Department of Health and Human Services  
77 documented 600,000 cases of early life adversity (ELA) in 2021 alone<sup>1</sup>. The majority of these  
78 cases were attributed to neglect (76%), followed by physical abuse (16%) and sexual abuse  
79 (10%). Childhood neglect increases the risk of various psychopathologies, including anxiety,  
80 depression, attention-deficit/hyperactivity disorder (ADHD), as well as social and cognitive  
81 deficits<sup>2-5</sup>. The cognitive impairments observed in neglected children, or in those who have been  
82 institutionalized and exposed to severe deprivation early in life, include reduced IQ and impaired  
83 executive functions in areas such as working memory and cognitive flexibility<sup>2, 5</sup>. Cognitive  
84 deficits in children exposed to neglect and deprivation are more pronounced than those seen in  
85 other forms of ELA, such as physical or sexual abuse, and are highly correlated with the  
86 duration of deprivation/neglect and the extent of cortical thinning — another unique structural  
87 abnormality observed in childhood neglect and deprivation<sup>2, 4, 5</sup>.

88           Cognitive flexibility is essential for adaptability, which is the ability to effectively regulate  
89 thoughts, emotions, and behaviors when confronted with new and uncertain situations<sup>6-8</sup>.  
90 Adaptability is now recognized as a crucial personal resource for ensuring well-being, protecting  
91 against psychopathology, and successfully navigating challenges in areas such as school, work,  
92 and social interactions<sup>6-9</sup>. Consequently, abnormal adaptability may be a core deficit responsible  
93 for many of the negative outcomes observed in individuals exposed to neglect or deprivation<sup>2, 10-</sup>  
94 <sup>12</sup>. While early adoption and enrichment strategies have been shown to improve IQ, language  
95 development, reward learning, and white matter volume and integrity, they have not been  
96 effective in addressing cortical thinning or deficits in cognitive flexibility or adaptability<sup>2, 4</sup>.  
97 Abnormal orbitofrontal cortex (OFC) development and function may explain deficits in cognitive  
98 flexibility and adaptability because childhood neglect and deprivation impair OFC development<sup>4,</sup>  
99 <sup>13-17</sup> and perturbation of OFC function causes deficits in cognitive flexibility and adaptability in  
100 humans and in animals<sup>18</sup>.

101           Even though neglect is the most prevalent form of ELA, it is the least studied<sup>1, 3, 19, 20</sup>, and  
102 no animal models have yet replicated the key structural and behavioral features associated with  
103 childhood deprivation and neglect<sup>21</sup>. Furthermore, existing enrichment research has primarily  
104 focused on adult animals<sup>22</sup>, with only a few studies investigating the effects of early enrichment  
105 on cognitive and structural deficits induced by ELA<sup>23-26</sup>. To address these gaps, we recently  
106 demonstrated that adolescent mice exposed to extended impoverished conditions—  
107 characterized by limited bedding (LB) from birth to postnatal day 25 (P25) — exhibit significant  
108 cortical thinning and hyperactivity, resembling the effects observed in adolescents subjected to

109 severe neglect and deprivation<sup>21</sup>. Using the Barnes maze reversal learning task as a model for  
110 adaptability, we assessed the impact of LB and postnatal enrichment on task performance and  
111 OFC function in adult mice. The experimental design included a control condition (CTL), mice  
112 exposed to LB from P0-25, and mice exposed to LB from P0-25 but also provided with toys in  
113 their home cage from P14 until P25, a condition we termed LB + toys (LBT). Adult LB mice  
114 exhibited profound deficits in reversal learning, which were completely mitigated by postnatal  
115 enrichment. Early enrichment also normalized c-fos activation and the formation of perineuronal  
116 nets around parvalbumin-positive (PV+PNN+) cells in the OFC of adult mice previously exposed  
117 to LB. LB increased the ratio of putative excitatory to inhibitory synapses (E-I balance) in the  
118 OFC, an abnormality that was reversed with early enrichment. Degradation of PNN in the OFC  
119 of adult CTL mice led to deficits in reversal learning, reduced c-fos activation, and an increased  
120 E-I balance in the OFC to levels comparable to those observed in LB mice. Collectively, these  
121 findings reveal a novel role for PNN formation in the OFC as a critical developmental process  
122 that guides cognitive flexibility and adaptability in response to early deprivation and enrichment.

123

## 124 **Methods**

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### 126 *Animals*

127 BALB/cByj mice (Stock # 001026, Jackson Laboratories) were kept on a standard 12:12 hr light-  
128 dark cycle (lights on at 7:00AM), with food provided *ad libitum*. Temperature and humidity were  
129 held constant ( $23 \pm 1^\circ\text{C}$  and  $43\% \pm 2$ ). All studies were approved by the Institutional Animal  
130 Care and Use Committee (IACUC) at Yale University and were conducted in accordance with  
131 the recommendations of the NIH Guide for the Care and the Use of Laboratory Animals.

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### 133 *Postnatal Manipulations*

134 The limited bedding (LB) procedure was performed as described previously<sup>21, 27</sup>. Briefly,  
135 breeding cages were set up using a 3:1 female to male harem in standard mouse Plexiglas  
136 cages with 2 cups corncob bedding and no nesting material. Visibly pregnant dams were  
137 transferred to 'maternity cages' containing 2 cups corncob bedding with no nesting material and  
138 3 chow pellets on the floor. At birth (P0), litters were culled to 5–8 pups and randomized to  
139 either control (CTL), limited bedding (LB), or limited bedding plus toys (LBT). CTL litters were  
140 provided with 500 cc of corncob bedding, 15cc of soiled bedding from the birth cage, and one  
141  $5 \times 5$  cm nestlet from P0-25. LB and LBT litters were provided with 125 cc corncob, 15 cc of  
142 soiled bedding from the birth cage, and no nestlet from P0-25. Bedding was changed on P7,  
143 P14, and P21. LBT litters were maintained under the same conditions as LB mice, except that

144 they were provided with toys in their home cage from P14 until P25. These include one safe  
145 harbor (Cat# K3583, Lab Supplies), 3 glass marbles ([Assorted-Classical-Colorful-Marbles](#),  
146 Amazon) and 2 wooden blocks (You & Me Block Chews for Small Animals, Cat# 2493929,  
147 Petco). See figure 1B-C. Mice were weaned on P26 and housed with 2-3 same-sex littermates  
148 per cage with 500cc of corncob bedding, no nesting material, and 2-3 chow pellets on the floor.  
149

#### 150 *Behavioral testing*

151 All behavioral tests were conducted between 9:00-13:00. No more than 3 mice per sex were  
152 tested from each litter, and all behavioral tests had at least 8 litters per sex and rearing group  
153 (the number of mice and litters for each study is available in the figure legends).  
154

#### 155 *Open Field Test*

156 Mice were allowed to explore a 50 × 50 cm arena (lux 60) for 5 min. Distance traveled and the  
157 time spent in the inner 15 cm area were measured using the Ethovision tracking system (Noldus  
158 Information Technology).

#### 159 *Barnes maze*

160 The Barnes maze task was employed to evaluate spatial learning and reversal  
161 learning/adaptability. A 20-hole gray circular Barnes Maze (Cat# 3601, Maze Engineers) was  
162 utilized, featuring an overhead light (600 lux) at the center to motivate escape, along with three  
163 visual cues positioned on the walls surrounding the maze. During a single habituation trial, the  
164 mouse was placed in an opaque cylinder at the center of the maze. After 10 seconds, the  
165 cylinder was removed, allowing the mouse to search for the escape hole for 1 minute. Mice that  
166 did not locate the target hole within this time frame were gently guided into the escape box  
167 using a long, thin wooden rod. All mice were kept in the escape chamber for 1 minute before  
168 being returned to their home cage. During the acquisition phase (Days 1-4), mice were placed in  
169 an opaque box positioned in the center of the maze for 10 seconds, after which they were  
170 allowed to search for the escape box for 3 minutes. Mice that failed to find the target hole were  
171 guided to it and permitted to remain there for 1 minute. Each mouse underwent training twice  
172 daily with a 30-minute inter-trial interval. Following the acquisition phase, mice were tested for  
173 90 seconds in a probe trial with the escape box removed (Day 5). After the probe test, the target  
174 hole was repositioned 180° from its original location, and mice were assessed for reversal  
175 learning (Days 6-9) using the same protocol as in the acquisition phase (e.g., 180 seconds per  
176 trial, 2 daily trials, 30-minute inter-trial interval). On day 10, mice were tested in the reversal

177 learning probe trial for 90 seconds. Between trials, the maze and holes were cleaned with 70%  
178 ethanol and randomly rotated to eliminate odor cues. Video tracking software (Ethovision XT,  
179 Noldus) was employed to calculate the latency to reach the target hole, and the time spent in  
180 the target quadrant. Learning indexes during the acquisition (Figures 1E & 4D) and reversal  
181 learning phases (Figures 1K & 4I) were calculated using mean escape latencies as follow: (first  
182 day – last day)/ (first day + last day).

183

#### 184 *Tissue Collection and Processing*

185 Tissue for immunohistochemistry was collected 90 minutes after the reversal learning probe  
186 trial. Mice were anesthetized and transcardially perfused with an ice-cold PBS/heparin (50 u/ml)  
187 solution (Bio-Rad, Cat #1610780; Sigma, Cat# H3393), followed by 10% formalin (Polyscience,  
188 Cat# 08279-20). The brains were post-fixed for 1hr with 10% formalin at room temperature and  
189 then stored in PBS at 4°C until processed for immunohistochemistry.

190

#### 191 *Immunohistochemistry*

192 Fifty-micron coronal sections were collected using a VT1000S vibratome (Leica) in 4 pools,  
193 each containing 3 slices, spanning the entire rostral-caudal axis of the orbitofrontal cortex. For  
194 perineuronal nets (PNN), parvalbumin (PV) and c-fos staining, one pool of slices was first  
195 washed (3 x15 min) with TBST (TBS with 0.5% Triton-X100) and then blocked for 2 hr. at room  
196 temperature using 5 % normal goat serum (NGS) (Cat# 005-000-12, Jackson Immuno  
197 Research laboratories) in TBST (American bio, CAS 9002-93-1). Sections were then incubated  
198 with WFA-biotinylated (1:200; Cat. #B-1355-2, Vector labs), guinea pig anti-PV<sup>+</sup> antibodies  
199 (1:2000; Cat. #195004, Synaptic System), and rabbit anti-c-fos antibodies (1:3000, Cat.  
200 #2250S, Cell Signaling Technology) in TBST and 3 % NGS. After 48 hr incubation, sections  
201 were washed with TBST 0.5% (3 x15 min) and then incubated for 2 hr at room temperature with  
202 the following 2 µg/ml secondary antibodies: Alexa488-conjugated streptavidin (Cat. #016-540-  
203 084, Jackson ImmunoResearch), Alexa-555 goat anti-rabbit (1:400; Cat. #A21428, Invitrogen),  
204 and Alexa 633 goat anti-guinea pig (1:400; Cat. #A21105, Invitrogen). Slices were then washed  
205 with TBST (3 x15 min) and mounted on glass slides with VECTASHIELD Vibrance antifade  
206 mounting medium with DAPI (Cat# 1800, Vector laboratories).

207 To assess the density of putative glutamatergic and GABAergic functional synapses,  
208 sections were washed with TBST and blocked as described above. For glutamatergic synapse  
209 density, sections were stained overnight at 4°C with guinea pig anti-Vglut2 antibodies (1:700,  
210 Cat. #AB2251-I, EMD-Millipore), and mouse anti-PSD95 antibodies (1:100, Cat. #MAB1596,

211 Merck-Millipore). For GABAergic functional synapses, sections were stained overnight at 4°C  
212 with rabbit anti-VGAT antibodies (1:1000, Cat. #131002, Synaptic System), and mouse anti-  
213 Gephyrin (1:1000, Cat. #147011, Synaptic System). Sections were then washed with TBST (3 X  
214 15 min) and incubated for 2 hrs at room temperature with the appropriate fluorescently labelled  
215 secondary antibodies: Alexa 555 goat anti-mouse (1:400, Cat. # A21422, Invitrogen), Alexa 633  
216 goat anti-guinea pig (1:400, Cat. # A21105, Invitrogen), and Alexa 633 goat anti-rabbit (1:400,  
217 Cat. #A21071, Invitrogen). Sections were washed with TBST and mounted on glass slides with  
218 VECTASHIELD Vibrance antifade mounting medium with DAPI (Cat# 1800, Vector  
219 laboratories).

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### 221 *Microscopy and Image Analysis*

222 To determine the total number of PNN-positive cells, PV-positive cells, and c-fos-positive cells,  
223 high-resolution (1024 x 1024) confocal Z stack images of the orbitofrontal cortex region were  
224 acquired using an Olympus FV-3000 microscope equipped with a 20X objective. Images were  
225 acquired at 0.30 µm intervals for a total thickness of 15-20 µm. The acquired images were  
226 deconvoluted and processed using Imaris version 10.1.1 (Oxford Instruments) equipped with  
227 artificial intelligence machine learning capabilities to reliably detect and count specific cell  
228 population using the following protocol. First, a 600 µm x 600 µm x10 µm region of interest was  
229 selected using the cropped 3D function with each channel adjusted using gaussian filter and  
230 background subtraction. PV+ cells were defined using the 'surface function' wizard box, with a  
231 surface of 1.99 µm and absolute intensity. PNN+ cells were defined using a 0.99 µm surface  
232 and a machine learning segmentation protocol that included a 0.3 µm slicer extended section  
233 and seed point 10 µm. The 'shortest distance to surface-surface PNN' filter was then used to  
234 count number of PNN+, PV+ cells, PNN+PV+, PNN-PV+, and PNN+PV- cells. The total  
235 number of c-fos+ cells was counted using the 'spot function' with a XY diameter of 10 µm and Z-  
236 axis elongation at 10 µm. Spots were selected based on the 'Quality' filter type with the center  
237 point and radius size set at 10. The total number of cells obtained from 4-6 pictures were  
238 averaged to determine the final count for each cell population.

239 To assess glutamatergic and GABAergic spine density, high-resolution (1024 x 1024), Z  
240 stack images of the OFC were acquired at 0.30 µm intervals for a total thickness of 15-20 µm  
241 using an Olympus FV-3000 microscope, 60X objective, and 2x digital zoom. The acquired  
242 images were deconvoluted and processed using the Imaris version 10.1.1 (Oxford Instruments)  
243 according to the following protocol. A 25 µm x 50 µm x10 µm region of interest was selected  
244 using the cropped 3D function with each channel adjusted using gaussian filter, automated



245 background subtraction, and gamma correction. A 3D reconstruction spots were created for  
246 each channel using the 'spot function' with an XY diameter of 0.2  $\mu\text{m}$  and Z-axis elongation at  
247 10  $\mu\text{m}$ . Spots were selected based on the 'Quality' filter type with the center point and radius  
248 size set at 10. Finally, the 'shortest distance to spot-spot' filter was used to determine the  
249 density of presynaptic and postsynaptic puncta that were less than 0-250 nm apart and  
250 therefore considered putative functional synapses. The densities obtained from 4-6 images  
251 were averaged to determine the densities of VGlut2 puncta, PSD95 puncta, putative functional  
252 glutamatergic synapses, VGAT puncta, GEPHYRIN puncta, and putative GABAergic synapses  
253 in the OFC of each mouse. The E-I balance was calculated by dividing the densities of putative  
254 glutamatergic and GABAergic synapses in the OFC for each animal.

255

### 256 *ChABC injections*

257 P84 adult CTL male mice were administered Ethiqx XR (3.25 mg/kg), anesthetized with  
258 isoflurane (1-3%), and placed in a stereotaxic apparatus (Cat# 51725D, Stoelting) equipped with  
259 a nose cone (Cat #50264, Stoelting). A sagittal midline incision was made using a sterile  
260 technique and the skull drilled using a high-speed drill. Protease-free Chondroitinase ABC  
261 (ChABC; Sigma Aldrich, St. Louis, MO) was dissolved in saline solution containing 0.1% BSA  
262 (Cat# A3294, Sigma Aldrich, St. Louis, MO) to 50 U/ml of concentration and filtered through a  
263 0.2-micron filter. For vehicle injections, saline 0.1% BSA was filtered as above. Initial  
264 characterization was done by injecting 1  $\mu\text{L}$  of ChABC (50 U/ml) into the right OFC and 1  $\mu\text{L}$  of  
265 vehicle injected into the left OFC (Figure S5). However, for studies reports in figures 4-6, 1  $\mu\text{L}$  of  
266 ChABC (50 U/ml) or vehicle were injected into the OFC bilaterally at 0.2  $\mu\text{L}/\text{min}$  with a 33-gauge  
267 needle using the following coordinates: anterior–posterior: +2.7, medial-lateral:  $\pm 1$ , and dorsal-  
268 ventral: - 2.4, all in mm from bregma. The needle remained in place for 3 min before being  
269 slowly withdrawn over 2 min. The incision was closed with Vet Bond, and the mice were allowed  
270 to fully recover prior to being returned to their home cage.

271

### 272 *Statistical Analysis*

273 The data were carefully screened for inaccuracies, outliers, normality, and homogeneity of  
274 variance using SPSS (IBM Corp. version 26) and visualized with GraphPad Prism (iOS, version  
275 10.0). Sample sizes were determined based on effect sizes obtained from preliminary studies,  
276 with  $\alpha = 0.05$ , and a power  $> 0.8$  and outliers removed if they were more than 2 standard  
277 deviations above or below the mean. Two-way ANOVA was used to assess the effects of  
278 rearing (CTL, LB, LBT), sex, and their interaction on exploration in the open field (Figure S1 A-



279 C), learning index (Figure 1 E & K), behavioral outcomes in the probe trial (Figure 1 F, G, L, M),  
280 cellular densities in the OFC (Figure 2 B-G), and synaptic densities in the OFC (Figure 3). Since  
281 similar outcomes were observed in males and females, significant rearing effects were further  
282 analyzed using Tukey's HSD post-hoc tests across the rearing conditions (e.g., CTL vs. LB, LB  
283 vs. LBT, and CTL vs. LBT). A repeated measures ANOVA (rmANOVA) was conducted to  
284 evaluate the effects of training days as a within-subject variable, with rearing and sex as  
285 between-subject variables, and the interaction among all three variables (Figure 1 D & J). Given  
286 that similar outcomes were noted in males and females, significant rearing effects were followed  
287 by Tukey's HSD post-hoc analyses as described above. Pearson correlation was utilized to  
288 examine the relationship between the number of PV+PNN+ cells, c-fos+ cells, and performance  
289 in the probe trial (Figure 2 H-J and Figure 5 H-J). An unpaired Student's t-test was employed to  
290 assess the effects of PNN degradation with ChABC on exploration in the open field (Figure S1  
291 D-F), learning index (Figure 4 D & I), behavioral outcomes in the probe trial (Figure 4 E, F, J, K),  
292 cellular densities in the OFC (Figure 5), and synaptic densities in the OFC (Figure 6). P-values  
293 of  $\leq 0.05$  (two-tailed for Student's t-tests) or those adjusted for multiple comparisons using  
294 Tukey's HSD were considered statistically significant.

295

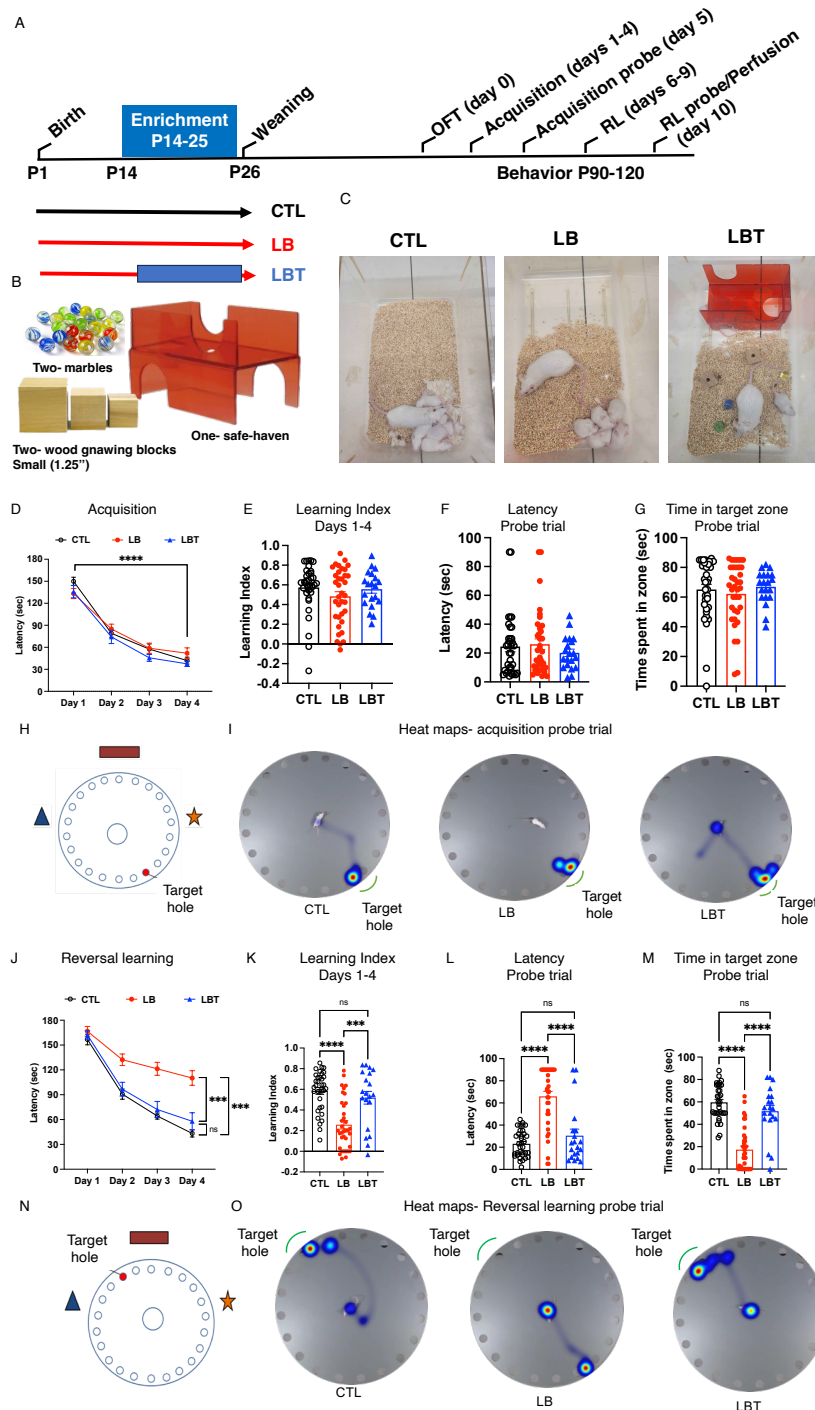
## 296 **Results**

### 297 **Postnatal Enrichment Corrects Deficits in Reversal Learning in Adult LB Mice**

298 We have previously shown that adolescent LB mice exhibit hyperactivity and significant  
299 cortical thinning, indicating that LB is a mouse model for early deprivation<sup>21</sup>. Given that  
300 childhood deprivation leads to substantial deficits in cognitive flexibility that are challenging to  
301 reverse through later adoption<sup>2, 4, 5</sup>, we investigated the long-term effects of LB and LB  
302 combined with postnatal enrichment on reversal learning in the Barnes maze. Specifically, we  
303 established three rearing conditions: mice raised under control conditions (CTL), mice subjected  
304 to LB, and mice exposed to LB while also provided with toys in their home cage from P14 until  
305 P25, a condition we abbreviated as LBT (Figure 1 A-C). This 12-day period, roughly equivalent  
306 to ages 1 to 10 years in humans<sup>28-31</sup>, was selected because it marks the time when mouse pups  
307 begin to actively explore their environment. Furthermore, several developmental processes,  
308 such as perineuronal net (PNN) formation, myelination, and synaptic pruning, which are  
309 essential for adult cognition and neuroplasticity, mature during this period in a manner that is  
310 highly sensitive to both deprivation and enrichment<sup>21, 32-35</sup>.

311 Mice were weaned at P26 and tested in adulthood (P90-120) using the open field test on  
312 day 0. This was followed by four days of training in the Barnes maze (acquisition phase, days 1-

313 4) and an acquisition probe trial on day 5. Subsequently, mice underwent reversal learning from  
 314 days 6 to 9, culminating in a reversal learning probe trial on day 10. Upon completion of the



315

316 **Figure 1. Early Enrichment Corrects Deficits in Reversal Learning Observed in Adult LB**  
 317 **Mice.** **A.** Experimental timeline. Acquisition D-I. Reversal learning (RL) J-O. **B.** Toys and objects  
 318 used for postnatal enrichment. **C.** images of CTL, LB and LBT cages at P15. **D.** Acquisition  
 319 (latency) days 1-4. rmANOVA, days:  $F(2.4, 204.4) = 214$ ,  $P < 0.001$ , rearing:  $F(2,84) = 0.45$ ,  $P =$   
 320  $0.81$ , sex:  $F(1,84) = 0.52$ ,  $P = 0.47$ , interaction:  $F(2,84) = 0.17$ ,  $P = 0.84$ . **E.** Acquisition (Learning

321 Index) days 1-4. ANOVA, rearing  $F(2, 84) = 1.50, P=0.23$ , sex  $F(1, 84) = 9.55, P= 0.0027$ ,  
322 interaction:  $F(2, 84) = 0.14, P=0.86$ . **F.** Acquisition (probe trial) latency to escape. ANOVA, rearing  
323  $F(2, 84) = 0.62, P= 0.53$ , sex:  $F(1, 84) = 8.92, P= 0.0037$ , interaction:  $F(2, 84) = 0.008, P=$   
324  $0.99$ . **G.** Acquisition (probe trial) time in target zone. ANOVA, rearing  $F(2, 84) = 0.46, P= 0.62$ ,  
325 sex:  $F(1, 84) = 2.91, P= 0.092$ , interaction:  $F(2, 84) = 0.34, P= 0.71$ . **H.** Schematic illustration of  
326 maze during acquisition phase. **I.** Representative heat maps of search strategy during acquisition  
327 probe trial. **J.** Reversal learning (latency) days 1-4. rmANOVA, days:  $F(2.35, 195.17) = 164.21$ ,  
328  $P < 0.001$ , rearing:  $F(2,83) = 20.62, P < 0.001$ , sex:  $F(1,83) = 0.27, P = 0.60$ , interaction:  $F(2,83) =$   
329  $0.12, P = 0.88$ . Post-hoc. CTL vs. LB:  $P < 0.001$ , LBT vs. LB:  $P < 0.001$ , CTL vs. LBT:  $P = 0.58$ . **K.**  
330 Reversal learning (Learning Index) days 1-4. ANOVA, rearing  $F(2, 84) = 18.40, P < 0.000$ , sex:  $F$   
331  $(1, 84) = 0.67, P = 0.41$ , interaction:  $F(2, 84) = 0.21, P = 0.81$ . Post-hoc. CTL vs. LB:  $P < 0.0001$ ,  
332 LBT vs. LB:  $P = 0.0004$ , CTL vs. LBT:  $P = 0.69$ . **L.** Reversal learning (probe trial) latency to escape.  
333 ANOVA, rearing  $F(2, 84) = 35.86, P < 0.0001$ , sex:  $F(1, 84) = 1.75, P = 0.18$ , interaction:  $F(2, 84)$   
334  $= 0.95, P = 0.39$ . Post-hoc. CTL vs. LB:  $P < 0.0001$ , LBT vs. LB:  $P < 0.0001$ , CTL vs. LBT:  $P = 0.44$ .  
335 **M.** Reversal learning (probe trial) time in target zone. Rearing  $F(2, 84) = 50.20, P < 0.0001$ , sex:  $F$   
336  $(1, 84) = 1.047, P = 0.30$ , interaction  $F(2, 84) = 1.536, P = 0.22$ . Post-hoc Sidak. CTL-LB  $P < 0.0001$ ,  
337 LBT-LB  $P < 0.0001$ , CTL-LBT  $P = 0.2607$ . **N.** Schematic illustration of maze during reversal  
338 learning. **O.** Representative heat maps of search strategy during reversal learning probe trial. CTL  
339 males  $n=18$ , CTL females  $n= 18$ , LB males  $n= 18$ , LB females  $n=18$ , LBT males  $n=10$ , LBT  
340 females  $n=10$ . From 7-9 different litters per group.  
341

342 reversal learning probe trial, mice were perfused to evaluate the effects of rearing conditions on  
343 c-fos activation in the OFC (Figure 1A). No main effects of rearing, sex, or their interaction were  
344 observed regarding the time spent in the center of the open field (Figure S1A). However, a  
345 significant interaction between rearing and sex was noted for distance traveled and velocity,  
346 attributed to the reduced velocity and overall distance traveled by LBT females compared to LB  
347 and CTL females (Figure S1 B-C). No significant differences in total distance traveled or  
348 average velocity were found among males (Figure S1 B-C). All groups exhibited a significant  
349 reduction in the latency to escape during the acquisition phase (rmANOVA,  $F(2.4, 204.4) = 214$ ,  
350  $P < 0.001$ ) with no significant effects observed for rearing, sex, or the interaction between  
351 rearing and sex (Figure 1D and Figure S2 A-D for male and female data). Similarly, there were  
352 no significant effects of rearing, sex, or their interaction on the acquisition learning index.  
353 Additionally, no significant effects of rearing, sex, or interaction were found for the latency to  
354 escape and the time spent in the correct target during the probe trial (Figure 1 F-I). Collectively,  
355 these findings suggest that adult LB and LBT mice exhibit normal hippocampal-dependent  
356 memory.

357 In contrast, a significant effect of rearing was observed in reversal learning ( $F(2, 83) =$   
358  $20.62, P < 0.001$ ), with no significant effect of sex or interaction (Figure 1J). Post-hoc analysis  
359 revealed significant deficits in LB mice compared to CTL and LBT mice, with no differences  
360 between CTL and LBT mice (Figure 1J and Figure S2 E-H for separate male and female data).  
361 A similar pattern was noted for the reversal learning index, with LB mice exhibiting significant

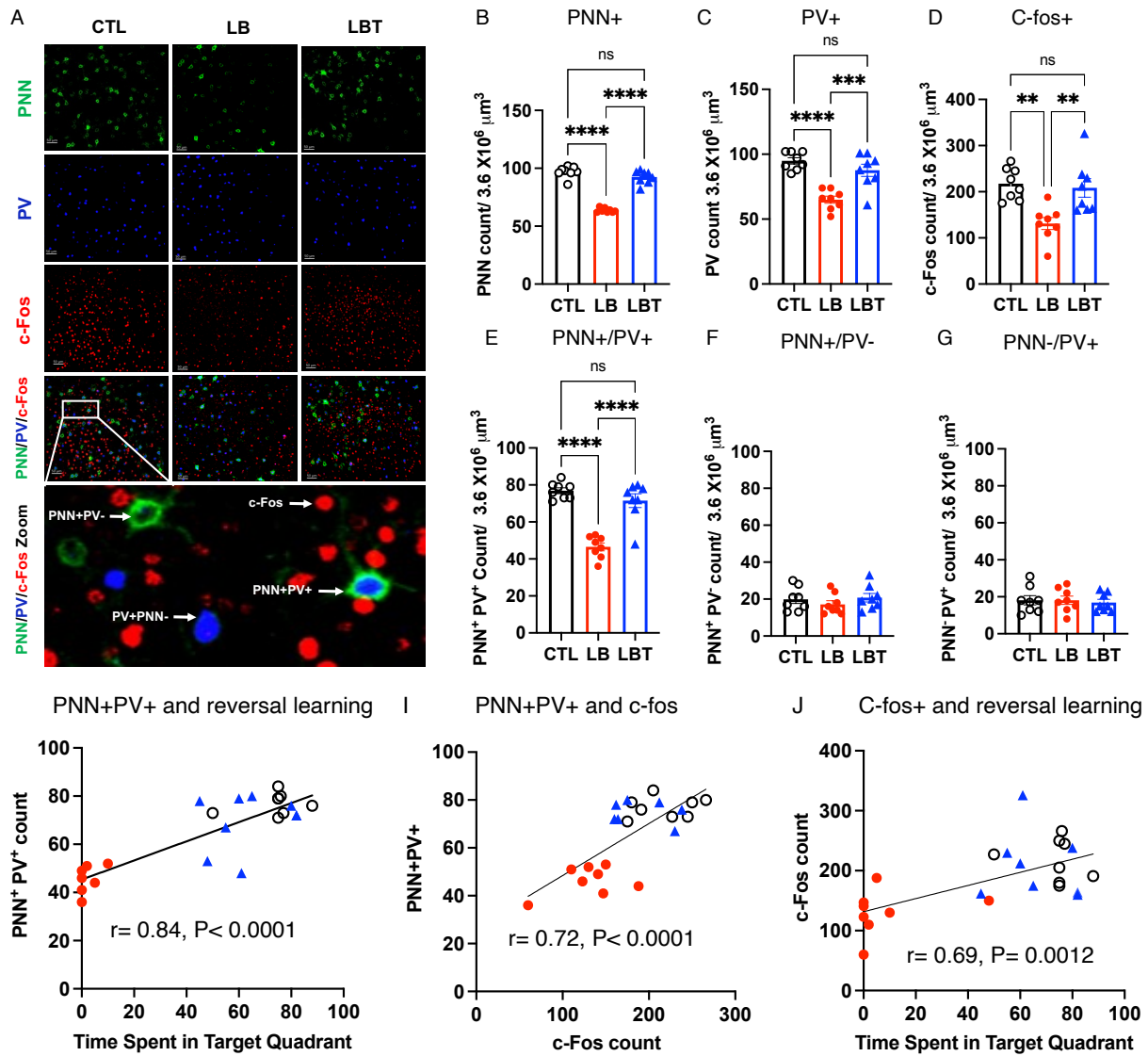
362 impairments compared to both CTL and LBT mice, while LBT mice performed at a level  
363 comparable to CTL mice (Figure 1K). During the reversal learning probe trial, LB mice took  
364 longer to locate the escape hole (Figure 1L) and spent less time in the target quadrant  
365 compared to CTL and LBT mice (Figure 1 M-O). LB mice predominantly searched around the  
366 old escape hole, indicating a failure to adopt a new search strategy (Figure 1 I & O). These  
367 findings reveal significant cognitive deficits in reversal learning in adult LB mice, which are fully  
368 reversed by 12 days of enrichment during the second and third weeks of life.

369

### 370 **Enrichment Normalizes PNN Formation and c-fos activation in the OFC of Adult LB Mice**

371 At the completion of the reversal learning, mice were perfused to assess PNN formation  
372 and c-fos activation in the OFC. We focused on the OFC because it is essential for reversal  
373 learning<sup>18, 36</sup>, and its development is compromised in individuals who have experienced  
374 childhood deprivation<sup>4, 13-17</sup>, with a significant correlation to the duration of that deprivation<sup>2, 4</sup>.  
375 PNNs are extracellular structures that primarily form around fast-spiking parvalbumin (PV) cells,  
376 facilitating activity-dependent plasticity and various forms of learning<sup>35, 37</sup>. PNN formation begins  
377 at P14 and peaks at P40 in the mouse OFC<sup>34</sup>. This developmental process is highly sensitive to  
378 both deprivation and enrichment<sup>35, 37, 38</sup>, making it a particularly compelling candidate for  
379 mediating the mitigating effects observed in LBT. Indeed, the total number of PNN+ cells in the  
380 OFC was significantly reduced in LB male and female mice compared to CTL and LBT groups,  
381 with LBT mice exhibiting similar levels of PNN+ cells compared to CTL mice (Figure 2 A-B and  
382 Figure S3A). Since PNNs predominantly form around PV+ cells—a process that appears to  
383 protect these cells from oxidative stress<sup>35, 37</sup>—we also examined the effects of rearing, sex, and  
384 their interaction on the density of PV+ cells in the OFC. A significant effect of rearing was  
385 observed, but there were no significant effects of sex or interaction. Post-hoc analysis revealed  
386 a significant reduction in the number of PV+ cells in LB mice compared to CTL and LBT groups,  
387 with no significant differences between CTL and LBT (Figure 2 A & C and Figure S3B). The  
388 density of c-fos positive cells in the OFC was significantly lower in LB compared to CTL and  
389 LBT, with no significant differences between CTL and LBT (Figure 2 A & C and Figure S3C).  
390 Using artificial intelligence and machine learning, we quantified the number of PNN+PV+,  
391 PNN+PV-, and PNN-PV+ cells in the OFC (see Methods section and Figure 2A). Consistent  
392 with previous studies<sup>35, 37</sup>, the majority of PNN+ cells were PV+ (compare Figure 2 E to F & G),  
393 and it was this population of PNN+PV+ cells that was significantly affected by LB and LBT  
394 (Figure 2E). No significant effects of rearing, sex, or interaction were found for PNN+PV- (Figure  
395 2F) and PNN-PV+ cells (Figure 2G). Significant correlations were identified between the number

396 of PNN+PV+ cells and performance in the probe trial of the reversal learning (Figure 2H), as  
 397 well as c-fos activation in the OFC (Figure 2I). Furthermore, c-fos activation in the OFC was  
 398 strongly correlated with performance in the probe trial of the reversal learning (Figure 2J). In  
 399 summary, postnatal enrichment increases the density of PNN+PV+ cells in the OFC of adult LB  
 400 mice to levels comparable to those observed in CTL mice, changes that may facilitate normal  
 401 OFC activation and reversal learning in adulthood.



402

403 **Figure 2. Postnatal Enrichment Mitigates Deficits in PNN Formation and Neuronal**  
 404 **activation in the OFC of LB Mice** **A.** Representative confocal images of PNN+, PV+, and c-  
 405 fos+ cells in the OFC. Higher magnification image at the bottom depicts examples of PNN+PV+,  
 406 PNN-PV+, PNN+PV-, and c-fos+ cells in the OFC. **B.** PNN+ cell density. ANOVA, rearing: F  
 407 (2,18) = 135.3, P < 0.0001, sex: F (1,18) = 0.034, P = 0.85, interaction: F (2,18) = 1.83, P = 0.19.  
 408 Post-hoc, CTL vs. LB: P < 0.0001, LBT vs. LB: P < 0.0001, CTL vs. LBT: P = 0.17. **C.** PV+ cell  
 409 density. ANOVA, rearing: F (2,18) = 18.55, P < 0.0001, sex: F (1,18) = 0.10, P = 0.75, interaction:  
 410 F (2,18) = 0.39, P = 0.67. Post-hoc, CTL vs. LB: P < 0.0001, LBT vs. LB: P = 0.0009, CTL vs.



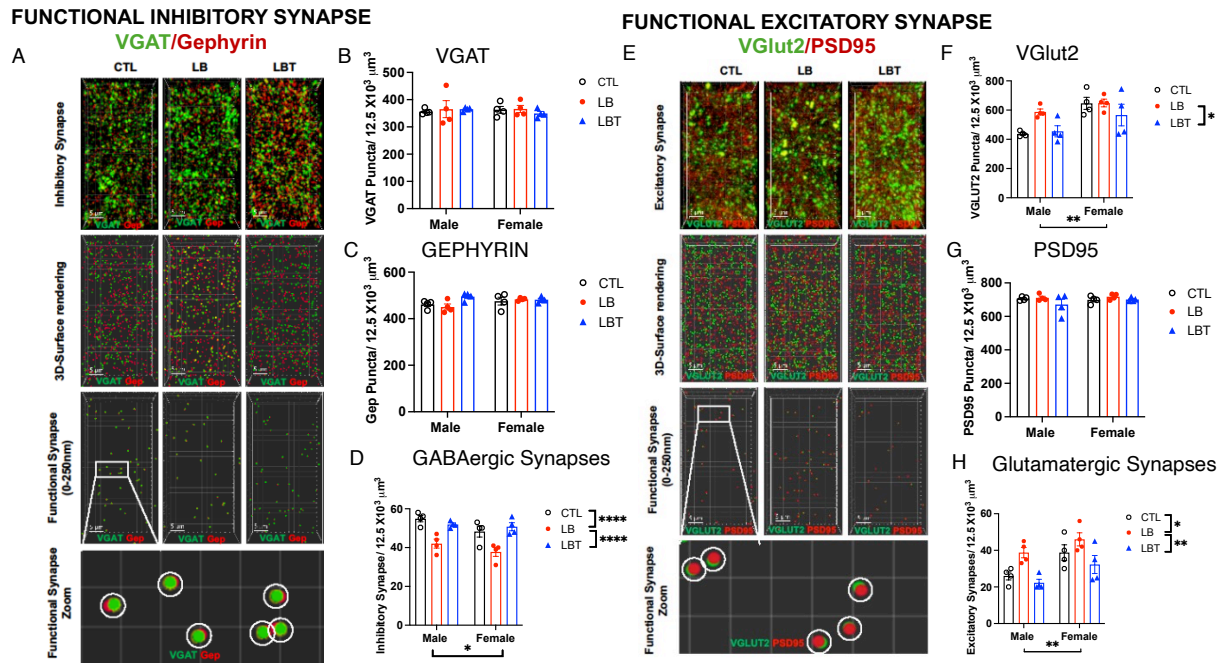
411 LBT:  $P=0.35$ . **D.** c-fos+ cell density. ANOVA, rearing:  $F(2,18) = 10.54$ ,  $P=0.0009$ , sex:  $F(1,18)$   
412  $= 5.65$ ,  $P=0.029$ , interaction:  $F(2,18) = 0.074$ ,  $P=0.93$ . Post-hoc, CTL vs. LB:  $P=0.0017$ , LBT  
413 vs. LB:  $P=0.0045$ , CTL vs. LBT:  $P=0.96$ . **E.** PNN+PV+ cell density. ANOVA, rearing:  $F(2,18) =$   
414  $36.65$ ,  $P<0.0001$ , sex:  $F(1,18) = 0.61$ ,  $P=0.44$ , interaction:  $F(2,18) = 0.67$ ,  $P=0.52$ . Post-hoc,  
415 CTL vs. LB:  $P<0.0001$ , LBT vs. LB:  $P<0.0001$ , CTL vs. LBT:  $P=0.35$ . **F.** PNN+PV- cell density.  
416 ANOVA, rearing:  $F(2,18) = 0.79$ ,  $P=0.46$ , sex:  $F(1,18) = 0.56$ ,  $P=0.46$ , interaction:  $F(2,18) =$   
417  $2.01$ ,  $P=0.16$ . **G.** PNN-PV+ cell density. ANOVA, rearing:  $F(2,18) = 0.12$ ,  $P=0.88$ , sex:  $F(1,18)$   
418  $= 2.05$ ,  $P=0.17$ , interaction:  $F(2,18) = 1.89$ ,  $P=0.18$ . Pearson correlation between PNN+PV+  
419 cell density and time spent in target quadrant (**H**), PNN+PV+ and c-fos+ cells (**I**), and c-fos+  
420 cells and time spent in target quadrant (**J**). CTL  $n=8$ , LB  $n=8$ , LBT  $n=8$ , half are females, from  
421 5-6 different litters per group.  
422

## 423 **LB Increases the Ratio of Excitatory to Inhibitory Synapses in the OFC, an Effect That** 424 **Was Reversed with Enrichment**

425 PNN+PV+ cells enhance GABAergic tone and alter the excitatory-inhibitory (E-I)  
426 balance<sup>37</sup>, prompting us to investigate the effects of rearing on the densities of GABAergic and  
427 glutamatergic synapses in the OFC. To achieve this, we first characterized the effects of  
428 rearing, sex, and their interaction on the densities of the presynaptic GABAergic marker (VGAT,  
429 Figure 3 A & B), the postsynaptic GABAergic marker (GEPHYRIN, Figure 3 A & C), and the  
430 density of putative GABAergic synapses, defined as sites where the two markers were in close  
431 proximity ( $< 250$  nm, Figure 3 A & D). No significant effects of rearing, sex, or their interaction  
432 were observed for the total densities of VGAT (Figure 3B) or GEPHYRIN (Figure 3C). However,  
433 the density of putative GABAergic synapses was significantly reduced in the LB group  
434 compared to the CTL and LBT groups, with no differences observed between the CTL and LBT  
435 groups (Figure 3D). Additionally, there was a significant effect of sex, attributed to a slight  
436 reduction in the density of GABAergic synapses in females (Figure 3D).

437 A similar approach was employed to evaluate the effects of rearing conditions and sex  
438 on the density of the presynaptic glutamatergic marker VGlut2 (Figure 3 E & F), the  
439 postsynaptic marker PSD95 (Figure 3 E & G), and putative glutamatergic synapses (Figure 3 E  
440 & H). For VGlut2, we found a significant effect of both rearing and sex, but no significant  
441 interaction. Post-hoc analysis revealed a significant reduction in VGlut2 density in LBT  
442 compared to the LB group, with no significant differences between the CTL and the LB or LBT  
443 groups (Figure 3F). No significant effects of rearing, sex, or interaction were detected for the  
444 density of PSD95 puncta (Figure 3G). Significant effects of rearing and sex, but no significant  
445 interaction, were identified for the density of putative glutamatergic synapses in the OFC. Post-  
446 hoc analysis indicated that the rearing effect was attributed to an increase in glutamatergic  
447 synapses in LB compared to CTL and LBT with no significant difference between CTL and LBT  
448 (Figure 3H). The ratio of excitatory to inhibitory synapses in the OFC was approximately two-

449 fold higher in the LB group compared to the CTL and LBT groups in both males and females,  
 450 with no differences observed between the CTL and LBT mice (Figure S4A). These findings align  
 451 with previous research indicating that PNN+PV+ cells reduce E-I balance<sup>37</sup> and suggest that  
 452 enrichment normalizes the elevated E-I ratio observed in the OFC of LB mice.



453  
 454 **Figure 3. Effects of LB and LBT on GABAergic and glutamatergic synapse densities in**  
 455 **the OFC. A.** Confocal images and Imaris models of VGAT and GEPHYRIN staining in the OFC.  
 456 **B.** VGAT puncta density. ANOVA, rearing:  $F(2, 18) = 0.16, P = 0.85$ , sex:  $F(1, 18) = 0.049, P =$   
 457  $0.83$ , interaction:  $F(2, 18) = 0.29, P = 0.75$ . **C.** GEPHYRIN puncta density. ANOVA, rearing  
 458  $F(2, 18) = 2.63, P = 0.099$ , sex:  $F(1, 18) = 1.80, P = 0.19$ , interaction:  $F(2, 18) = 2.53, P = 0.11$ .  
 459 **D.** GABAergic synapse density. ANOVA, rearing:  $F(2, 18) = 20.43, P < 0.0001$ , sex:  $F(1, 18) =$   
 460  $5.55, P = 0.03$ , interaction:  $F(2, 18) = 0.85, P = 0.44$ . Post-hoc, CTL vs. LB:  $P < 0.0001$ , LBT vs.  
 461 LB:  $P < 0.0001$ , CTL vs. LBT:  $P = 0.99$ . **E.** Confocal images and Imaris models of VGlut2 and  
 462 PSD95 staining in the OFC. **F.** VGlut2 puncta density. ANOVA, rearing:  $F(2, 18) = 3.72, P =$   
 463  $0.044$ , sex  $F(1, 18) = 14.88, P = 0.0012$ , interaction:  $F(2, 18) = 1.75, P = 0.20$ . Post-hoc, CTL vs.  
 464 LB:  $P = 0.20$ , LBT vs. LB:  $P = 0.048$ , CTL vs. LBT:  $P = 0.84$ . **G.** PSD95 puncta density. ANOVA,  
 465 rearing:  $F(2, 18) = 1.75, P = 0.20$ , sex:  $F(1, 18) = 0.65, P = 0.43$ , interaction:  $F(2, 18) = 0.79, P =$   
 466  $0.46$ . **H.** Glutamatergic synapse density. ANOVA, rearing  $F(2, 18) = 9.92, P = 0.0012$ , sex:  $F(1,$   
 467  $18) = 12.57, P = 0.0023$ , interaction:  $F(2, 18) = 0.32, P = 0.73$ . Post-hoc, CTL vs. LB:  $P = 0.025$ ,  
 468 LBT vs. LB:  $P = 0.001$ , CTL vs. LBT:  $P = 0.32$ . CTL n=8, LB n= 8, LBT n=8, half are females,  
 469 from 5-6 different litters per group.

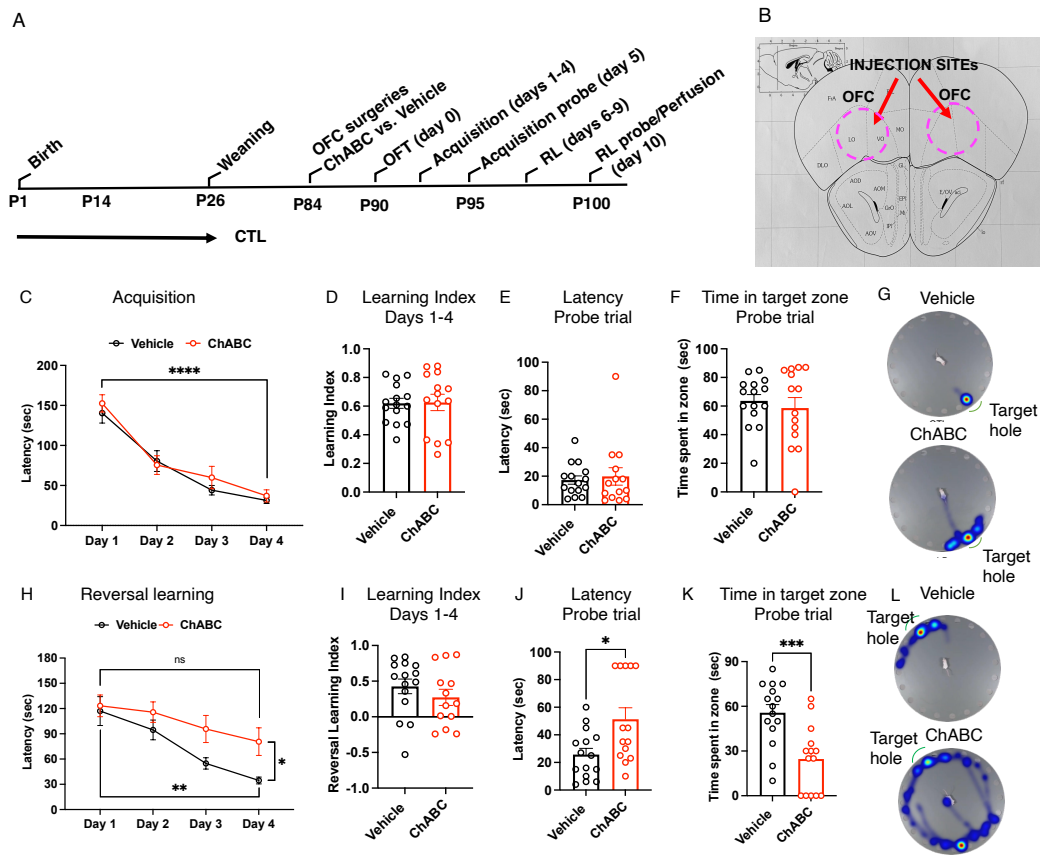
470

### 471 ChABC Degradation of PNN in the OFC Impairs Reversal Learning

472 Although PNN+PV+ cells have been shown to facilitate various forms of learning<sup>35, 37, 38</sup>,  
 473 it remains unclear whether PNN+PV+ cells in the OFC are essential for reversal learning. To  
 474 investigate this question, we first developed a protocol to reduce the number of PNN+PV+ cells  
 475 in the OFC to levels observed in LB mice. As an initial step, we injected ChABC into the right



476 OFC and a vehicle solution into the left OFC of adult CTL male mice (n=3). Seven days later,  
 477 the mice were perfused to compare the densities of PNN+, PV+, and PNN+PV+ cells in the  
 478 OFC (Figure S5). As expected, the densities of PNN+, PV+, and PNN+PV+ cells in the ChABC-  
 479 injected OFC were significantly lower compared to those in the vehicle-injected side (Figure S5).  
 480 Interestingly, ChABC treatment did not impact the density of PNN+PV- suggesting that it is  
 481 more effectively targeting PNN+PV+ cells (Figure S5 and figure 5). Next, we administered  
 482 ChABC or vehicle bilaterally into the OFC of adult CTL males (n=14-15 mice per group). After a  
 483 7-day recovery period, the mice were tested for exploratory behavior in the open field test, as  
 484 well as for acquisition and reversal learning using the same procedures applied to LB and LBT  
 485 groups (Figure 4A). ChABC treatment did not impact exploratory behavior in the open field test  
 486 (Figure S1 D-F) and had no effect on acquisition learning or performance in the probe trial  
 487 (Figure 4 C-G). In contrast, PNN degradation impaired reversal learning, with vehicle-treated  
 488 mice showing a significant reduction in the latency to escape, while ChABC-treated mice  
 489 showed no significant improvement over time (Figure 4H). The reversal learning index was  
 490 lower ChABC-treated mice, but this reduction was not significant (Figure 4I). In the probe trial,  
 491 the ChABC treatment significantly increased the latency to escape 4J) and the and reduced the  
 492 time spent in the correct target (Figure K-L).



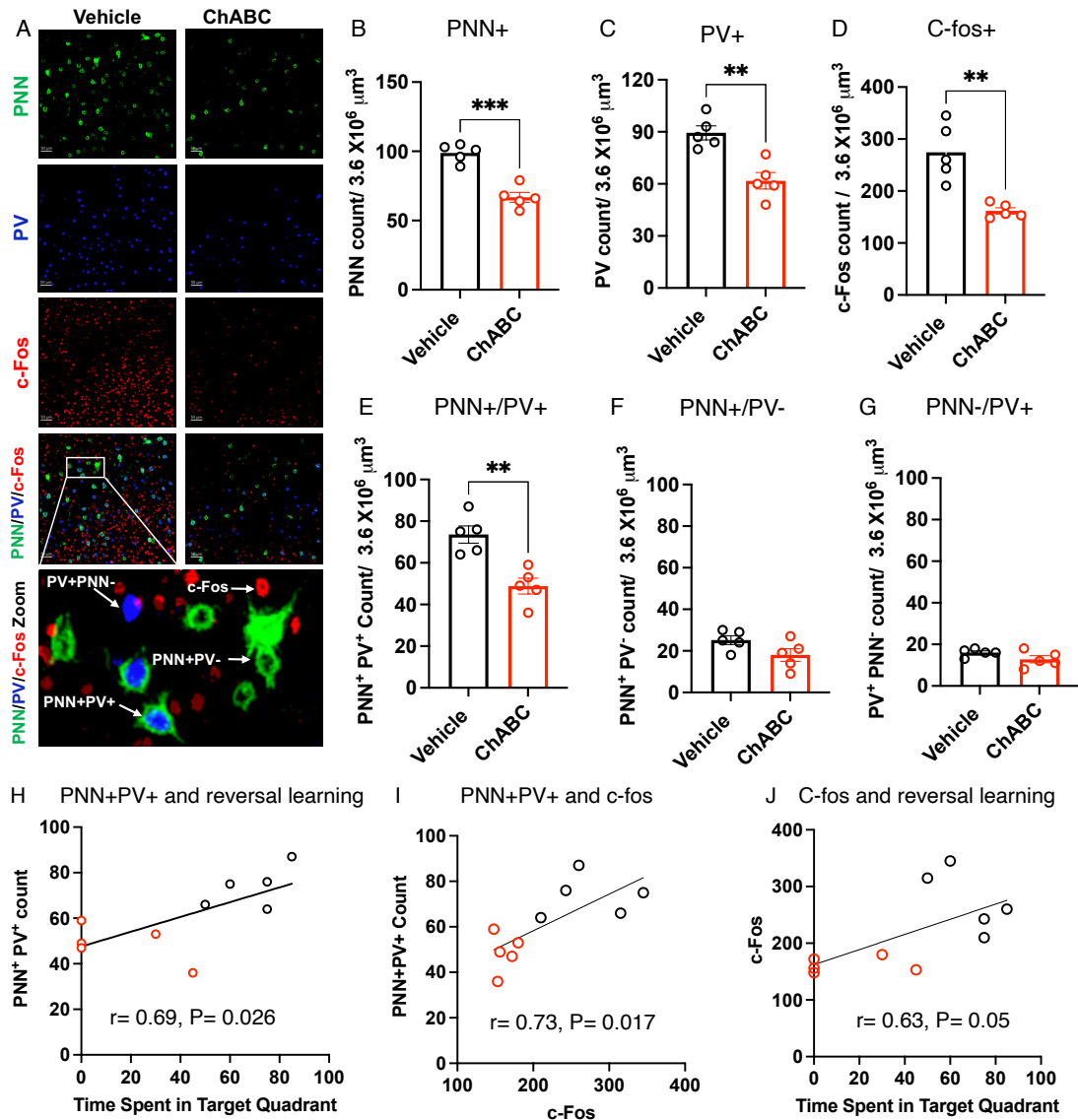
494 **Figure 4. PNN Degradation in the OFC Impairs Reversal Learning.** **A.** Experimental timeline.  
495 **B.** Schematics of OFC targeting. **C.** Acquisition (latency) days 1-4. Days of training:  
496  $F(2,296,61.98) = 78.09$ ,  $P < 0.0001$ , treatment:  $F(1,27) = 0.41$ ,  $P = 0.53$ , interaction:  
497  $F(3,81) = 0.67$ ,  $P = 0.57$ . **D.** Acquisition (Learning Index) days 1-4. Treatment:  $t(27) = 0.092$ ,  $P =$   
498  $0.93$ . **E.** Acquisition (probe trial) latency to escape. Treatment:  $t(27) = 0.39$ ,  $P = 0.69$ . **F.** Acquisition  
499 (probe trial) time in target zone. Treatment:  $t(27) = 0.58$ ,  $P = 0.56$ . **G.** Heat maps of acquisition  
500 probe trial. **H.** Reversal learning (latency) days 1-4. Days of training:  $F(2,172, 58.66) = 17.36$ ,  
501  $P < 0.0001$ , treatment:  $F(1, 27) = 4.31$ ,  $P = 0.048$ , interaction:  $F(3,81) = 1.84$ ,  $P = 0.15$ . **I.** Reversal  
502 learning (Learning Index) days 1-4. Treatment  $t(26) = 1.01$ ,  $P = 0.32$ . **J.** Reversal learning (probe  
503 trial) latency to escape. Treatment:  $t(27) = 2.74$ ,  $P = 0.011$ . **K.** Reversal learning (probe trial) time  
504 in target zone. Treatment  $t(27) = 3.824$ ,  $P = 0.0007$ . **L.** Heat maps acquisition probe trial.  
505 rmANOVA: C & H. Student-t-tests: D-F, I-K. Vehicle  $n = 15$ , ChABC  $n = 14$ , all males.  
506

### 507 **ChABC Administration Reduces PNN+PV+ and c-fos Activation in the OFC**

508 Ninety minutes after completing the probe trial, mice were perfused to evaluate the  
509 effects of ChABC treatment on PNN degradation, PV+ cell density, and c-fos activation in the  
510 OFC. ChABC treatment reduced the total number of PNN+ cells in the OFC by approximately  
511 40% (Figure 5 A & B), bringing levels in line with those observed in adult LB mice (Figure 2D).  
512 Additionally, ChABC treatment decreased the number of PV+ cells in the OFC (Figure 5C),  
513 which is consistent with previous studies suggesting a protective role<sup>35, 37</sup>. PNN degradation also  
514 led to a reduction in the densities of c-fos+ cells (Figure 5D) and PNN+PV+ cells in the OFC.  
515 However, the densities of PNN+PV- (Figure 5F) and PNN-PV+ cells (Figure 5G) remained  
516 unaffected, indicating that ChABC preferentially targeted PNN+PV+ cells. In line with our  
517 findings in LB mice (Figure 2 H-J), there was a significant correlation between the number of  
518 PNN+PV+ cells, performance in the probe trial, and c-fos activation in the OFC (Figure 5 H-J).  
519 These studies demonstrate that a high density of PNN+PV+ cells in the OFC is essential for  
520 normal c-fos activation and reversal learning.  
521

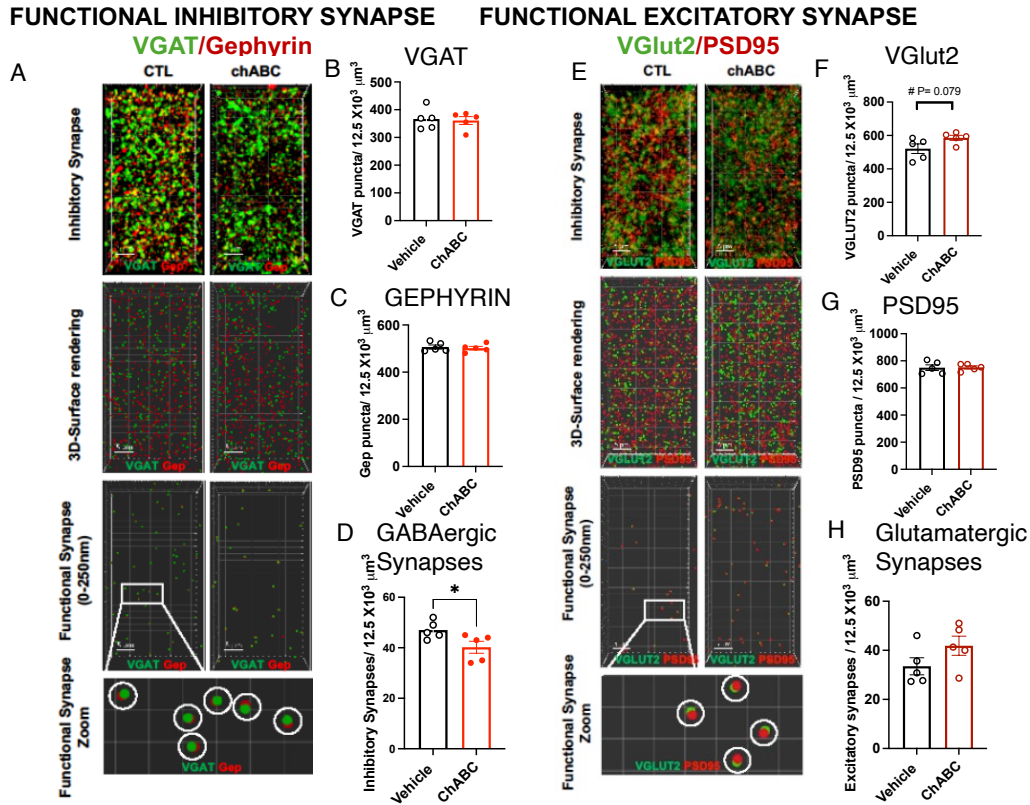
### 522 **ChABC Increases the Ratio between Excitatory and Inhibitory Synapses in the OFC**

523 ChABC treatment did not affect the total densities of VGAT (Figure 6 A & B) and  
524 GEPHYRIN (Figure 6 A & C), but it did reduce the density of putative GABAergic synapses  
525 (Figure 6 A & D). PNN degradation had no significant impact on the densities of VGluT2 puncta  
526 (Figure 6 E & F), PSD95 puncta (Figure 6 E & G), or the putative glutamatergic synapses in the  
527 OFC (Figure 6 E & H). The ratio of excitatory to inhibitory synapses in the OFC increased in  
528 ChABC mice, reaching levels comparable to those observed in LB mice (Figure S4B). In  
529 summary, PNN degradation and exposure to LB resulted in similar synaptic changes in the  
530 OFC.  
531



532

533 **Figure 5. ChABC Treatment Targets PNN+PV+ cells and impairs Neuronal Activation in**  
 534 **the OFC During Reversal Learning. A.** Representative confocal images of PNN+, PV+, and c-  
 535 **fos+ cells in the OFC. Higher magnification image at the bottom depicts examples of PNN+PV+,**  
 536 **PNN-PV+, PNN+PV-, and c-fos+ cells in the OFC. B.** PNN+ cell density,  $t(8)= 6.99$ ,  $P= 0.0001$ .  
 537 **C.** PV+ cell density,  $t(8)= 4.47$ ,  $P= 0.0021$ . **D.** c-fos cell density,  $t(8)=4.475$ ,  $P= 0.0021$ . **E.**  
 538 **PNN+PV+ cell density,  $t(8)= 4.433$ ,  $P= 0.0022$ . F.** PNN+PV- cell density,  $t(8)=1.93$ ,  $P= 0.090$ .  
 539 **G.** PNN-PV+,  $t(8)=1.677$ ,  $P= 0.132$ . Pearson correlation between PNN+PV+ cell density and  
 540 time spent in target quadrant (**H**), PNN+PV+ and c-fos+ cells (**I**), and c-fos+ cells and time spent  
 541 in target quadrant (**J**). Student-t-tests: B-G. Vehicle  $n= 5$ , ChABC  $n= 5$ , all males.  
 542



543

544 **Fig 6. PNN Degradation Reduces GABAergic Synapse Density in the OFC.** **A.** Confocal  
 545 images and Imaris models of VGAT and GEPHYRIN staining in the OFC. **B.** VGAT puncta  
 546 density,  $t(8) = 0.25$ ,  $P = 0.81$ . **C.** GEPHYRIN puncta density,  $t(8) = 0.42$ ,  $P = 0.68$ . **D.** GABAergic  
 547 synapse density,  $t(8) = 2.398$ ,  $P = 0.043$ . **E.** Confocal images and Imaris models of VGlut2 and  
 548 PSD95 staining in the OFC. **F.** VGlut2 puncta density,  $t(8) = 2.016$ ,  $P = 0.079$ . **G.** PSD95 puncta  
 549 density,  $t(8) = 0.099$ ,  $P = 0.92$ . **H.** Glutamatergic synapse density  $t(8) = 1.61$ ,  $P = 0.15$ . Student-t-  
 550 tests: B-G. Vehicle  $n = 5$ , ChABC  $n = 5$ , all males.

551

## 552 Discussion

553 Childhood neglect and deprivation are associated with abnormal development and  
 554 function of the OFC<sup>4, 13-17</sup>. The duration of deprivation correlates with the extent of volumetric  
 555 reduction in the OFC and is not reversed through adoption<sup>4</sup>. Given that the OFC plays a central  
 556 role in mediating cognitive flexibility and adaptability<sup>18</sup>, it is reasonable to speculate that  
 557 abnormalities in OFC function contribute significantly to the long-term and complex  
 558 psychopathology associated with neglect and deprivation. Despite being the most prevalent  
 559 form of ELA, little is currently understood about the mechanisms responsible for these  
 560 developmental changes, and no animal models have yet successfully replicated the key  
 561 structural and behavioral features associated with childhood deprivation and neglect. To  
 562 investigate these questions, we have recently demonstrated that adolescent mice raised in  
 563 impoverished conditions, characterized by limited bedding and no nesting (LB), exhibit

564 hyperactivity and significant cortical thinning, suggesting that LB serves as a valid mouse model  
565 of neglect and deprivation<sup>21</sup>. In this study, we further substantiate this assertion by showing that  
566 LB leads to severe long-term deficits in reversal learning, which can be fully mitigated by a brief  
567 enrichment protocol administered from P14 until P25. This is the first study to demonstrate that  
568 postnatal enrichment can reverse cognitive deficits associated with LB, one of the most  
569 commonly used rodent models of ELA<sup>39</sup>. Enrichment corrects deficits in neuronal activation  
570 during reversal learning probe trial and normalizes the number of PNN+PV+ cells in the OFC.  
571 The degradation of PNN surrounding PV+ cells in the OFC to levels observed in LB mice  
572 mimics the cognitive, c-fos activation, and synaptic deficits seen in the OFC of LB mice.  
573 Collectively, these findings suggest that early deprivation and enrichment regulate cognitive  
574 flexibility by altering the PNN+PV+ levels in the OFC.

575 To the best of our knowledge, only one additional study has examined the impact of  
576 limited bedding and nesting on reversal learning in adult mice<sup>36</sup>. Goodwill and colleagues  
577 utilized a shorter paradigm of limited bedding and nesting that extended from P4 to P11 in C57  
578 mice. They reported deficits in rule-reversal learning in adult female mice, which were not  
579 observed in their male littermates. These deficits were associated with a reduced number of  
580 PV+ cells in the OFC of females, but not males. Furthermore, optogenetic inhibition of PV+ cells  
581 in the OFC replicated the rule-reversal learning deficits seen in females<sup>36</sup>. These findings align  
582 with our own, as they link LB induced deficits in reversal learning to abnormal development and  
583 function of PV+ cells in the OFC. Our data extend these findings by demonstrating that  
584 abnormal PNN formation around PV+ cells is responsible for the deficits in reversal learning.  
585 We also show that LB increases GABAergic synapse density, increases E-I balance, and  
586 impairs c-fos activation in the OFC. Importantly, all these changes were reversed by postnatal  
587 enrichment and were mimicked by PNN degradation in the OFC. However, it remains unclear  
588 why only females were affected in the Goodwill et al. (2018) study, while our study found  
589 impacts in both males and females. We suspect that these divergent outcomes may be  
590 attributed to the shorter exposure to LB used by Goodwill and colleagues (P4-11 vs. P0-25),  
591 differences in the testing paradigms (e.g., attentional set shifting vs. Barnes maze), or variations  
592 in mouse strains (C57BL/6 versus Balb/cByj).

593 Three additional studies have investigated the impact of various versions of the LB  
594 paradigm on the density of PV+PNN+ cells<sup>35, 40, 41</sup>. Santiago et al. (2018) reported that juvenile  
595 rats (P22-23) exposed to limited bedding and nesting from P8 to P12 exhibited reduced PNN  
596 staining around PV+ cells in the anterior basolateral amygdala (BLA)<sup>40</sup>. In contrast, exposure to  
597 limited bedding from P1-10 increased the density of PV+PNN+ cells in the BLA of P28 males,

598 but not in female rats<sup>41</sup>. Exposure to LB from P2-9 in C57 mice resulted in an increased density  
599 of PNN+ cells in the medial prefrontal cortex of adult (P70) male and female mice<sup>35</sup>. These  
600 discrepancies are likely attributable to variations in the duration and developmental timing of LB  
601 exposure, the species studied, and the specific brain regions examined. The duration and timing  
602 of LB exposure appear to be critical factors, as PNN development typically begins around P14<sup>34</sup>  
603 and, as demonstrated in this study and by others, is highly sensitive to environmental  
604 enrichment and manipulations during the subsequent two weeks<sup>35, 37</sup>. Notably, Santiago and  
605 colleagues reported that exposure to LB from P8 to P12 led to a significant decrease in the  
606 density of PV+PNN+ cells in the BLA at P15, but not at P18<sup>40</sup>. We hypothesize that extending  
607 their LB exposure to P18 would result in a sustained reduction in the density of PV+PNN+ cells  
608 at this age. In other words, prolonging LB exposure to P25, as conducted in this study, may be  
609 necessary to induce a robust and sustained reduction in PNN formation. One human study  
610 examining the effects of early life adversity on PNN formation found a significant increase in the  
611 density of PV+PNN+ cells in the ventromedial prefrontal cortex<sup>42</sup>. However, this investigation  
612 focused exclusively on individuals who experienced severe physical and sexual abuse early in  
613 life<sup>42</sup>, and its findings may not be applicable to individuals who faced childhood neglect and  
614 deprivation.

615 Several observations highlight the appeal of PNN development as a cellular target for  
616 mediating long-term cognitive deficits associated with neglect and deprivation. First, PNN  
617 development is highly sensitive to both environmental deprivation and enrichment<sup>35, 37, 38, 43</sup>.  
618 Second, it is essential to limit earlier forms of plasticity and to stabilize synaptic organization<sup>35, 37,</sup>  
619 <sup>43</sup>. Third, it supports adult plasticity and learning by altering E-I balance and gamma  
620 oscillations<sup>35, 37, 38</sup>. In essence, PNN maturation facilitates the transition from an earlier form of  
621 postnatal plasticity, which relies on synaptic reorganization, to a different form of adult plasticity  
622 that is driven by GABAergic modulation of adult circuits.

623 In summary, our study implicates the formation of PNNs in the OFC as a crucial step in  
624 the ability of early enrichment to correct deficits in cognitive flexibility in a mouse model of early  
625 neglect and deprivation. These findings raise several follow-up questions that require further  
626 investigation. For instance, additional research is needed to clarify the mechanisms by which LB  
627 and LBT alter PNN formation in the OFC. One possibility is that deprivation and enrichment  
628 influence PNN formation by regulating the expression of the transcription factor OTX2<sup>43</sup> or the  
629 expression of key components of PNN synthesized by glial cells<sup>35, 37</sup>. Another possibility is that  
630 deprivation and enrichment affect PNN degradation through enzymes such as  
631 metalloproteinases or via direct microglial-mediated phagocytic activity<sup>35, 44</sup>. Additional studies



632 are also necessary to clarify how PNN+PV+ cells enhance c-fos activation in the OFC and how  
633 the activation of these putative glutamatergic neurons facilitates performance in reversal  
634 learning. Finally, it would be interesting to know whether administering a similar enrichment  
635 protocol in adult LB mice would be as effective in enhancing PNN formation in the OFC and  
636 correcting deficits in reversal learning. Clarifying this latter question will likely have important  
637 clinical implications regarding the optimal timing for interventions.

638

### 639 **Acknowledgements**

640 We would like to thank our funding sources: NIMH R01MH119164, NIMH R01MH118332, NIMH  
641 R01MH136490, and the Clinical Neuroscience Division of the VA National Center for PTSD.

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### 643 **Conflict of Interest**

644 The authors declare no conflict of interest.

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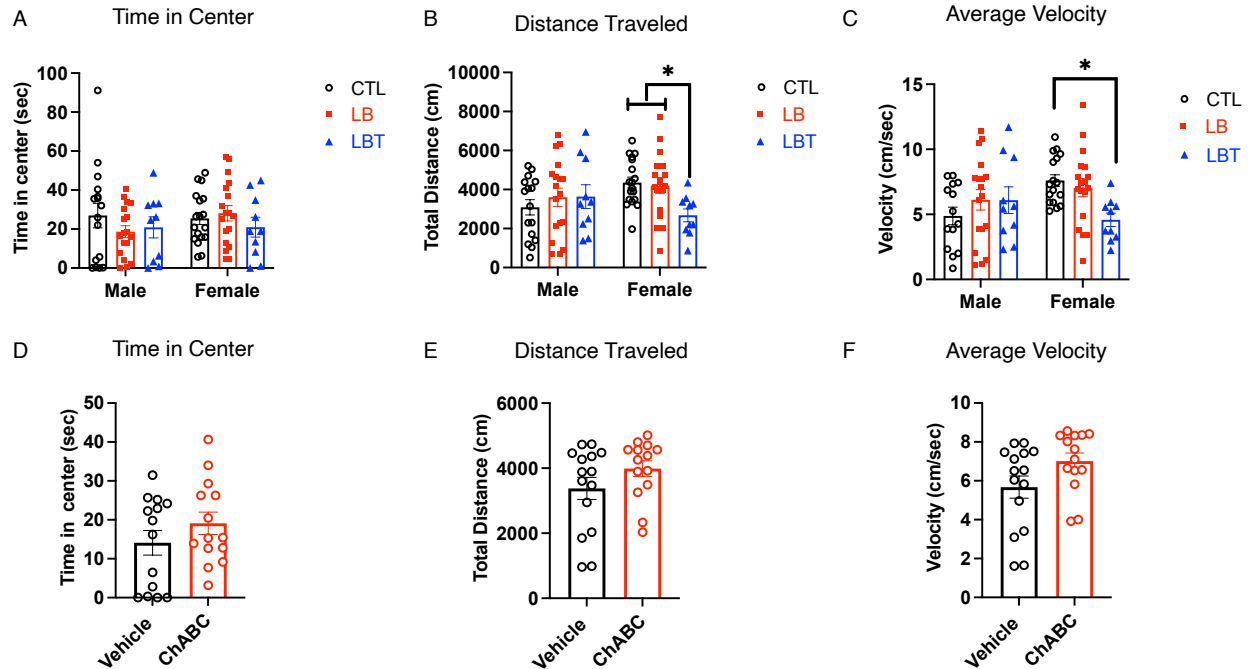


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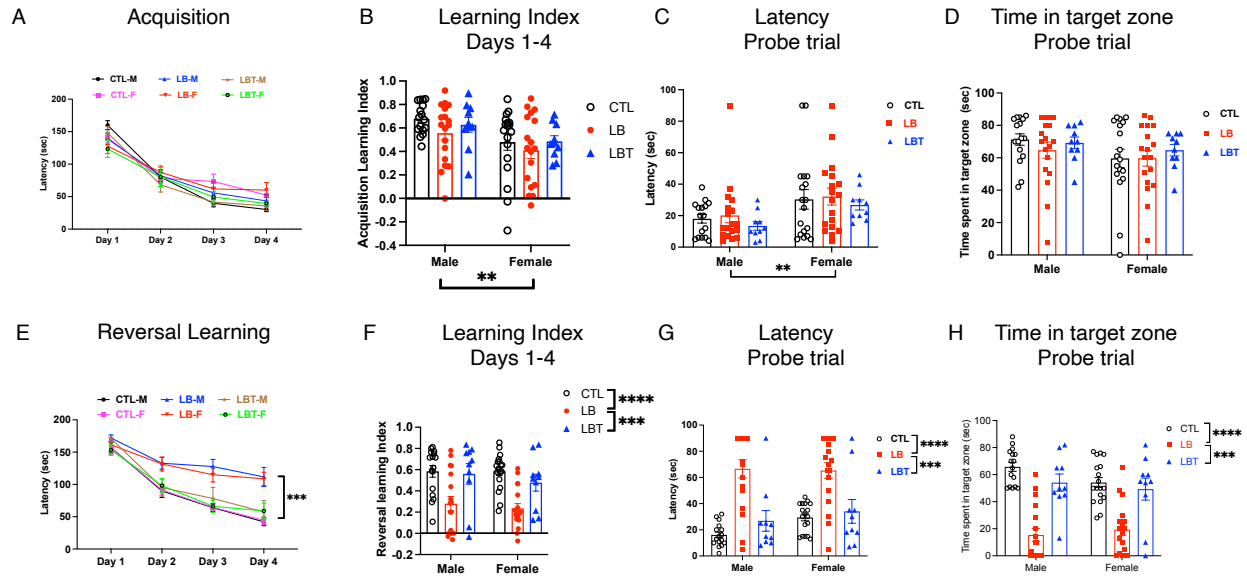
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## Supplemental Information (Figures S1-5).

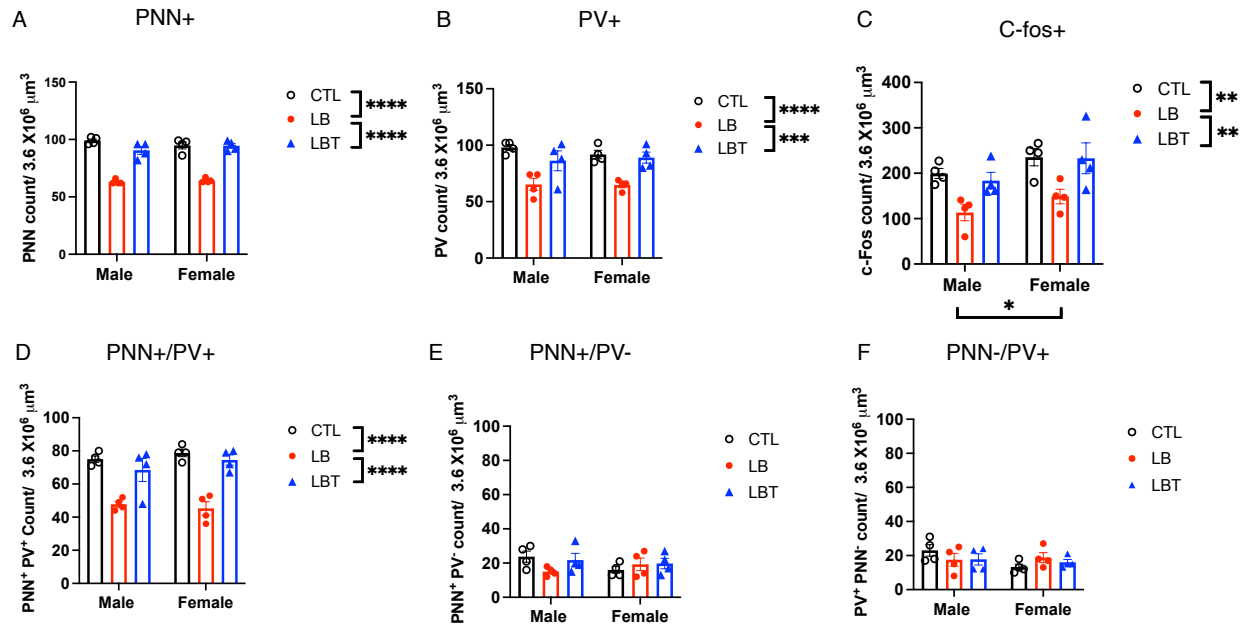


**Fig S1. Exploratory Behavior in the Open Field.** Effects of rearing conditions (A-C) and PNN degradation in the OFC (D-E). **A.** Time in the center, rearing:  $F(2, 84) = 0.61$ ,  $P = 0.54$ , sex:  $F(1, 84) = 0.50$ ,  $P = 0.48$ , interaction:  $F(2, 84) = 0.98$ ,  $P = 0.38$ . **B.** Distance traveled, rearing:  $F(2, 84) = 1.39$ ,  $P = 0.25$ , sex:  $F(1, 84) = 0.73$ ,  $P = 0.39$ , interaction:  $F(2, 84) = 3.00$ ,  $P = 0.054$ . Post-hoc analysis males: CTL vs. LB:  $P = 0.62$ , CTL vs. LBT:  $P = 0.67$ , LB vs. LBT:  $P = 0.99$ . Post-hoc analysis females: CTL vs. LB:  $P = 0.96$ , CTL vs. LBT:  $P = 0.027$ , LB vs. LBT:  $P = 0.049$ . **C.** Velocity, rearing:  $F(2, 81) = 1.38$ ,  $P = 0.26$ , sex:  $F(1, 81) = 1.42$ ,  $P = 0.23$ , interaction:  $F(2, 81) = 3.75$ ,  $P = 0.028$ . Post-hoc analysis males: CTL vs. LB:  $P = 0.41$ , CTL vs. LBT:  $P = 0.52$ , LB vs. LBT:  $P = 0.99$ . Post-hoc analysis females: CTL vs. LB:  $P = 0.81$ , CTL vs. LBT:  $P = 0.017$ , LB vs. LBT:  $P = 0.059$ . **D.** Time in center,  $t(26) = 1.17$ ,  $P = 0.25$ . **E.** Distance traveled,  $t(27) = 1.43$ ,  $P = 0.16$ . **F.** Velocity,  $t(27) = 1.88$ ,  $P = 0.07$ . A-C, two-way ANOVA, CTL males  $n = 18$ , CTL females  $n = 18$ , LB males  $n = 18$ , LB females  $n = 18$ , LBT males  $n = 10$ , LBT females  $n = 10$ . From 7-9 different litters per group. D-F, student-t-tests, Vehicle  $n = 15$ , ChABC  $n = 14$ , all males.

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**Fig S2. Effects of Rearing and Sex on Acquisition Phase (A-D) and Reversal Learning (E-H).** This is the same data shown in Figure 1 except that outcomes in males and females are shown separately. **A.** Acquisition (latency) days 1-4. rmANOVA, days:  $F(2.4, 204.4) = 214, P < 0.001$ , rearing:  $F(2, 84) = 0.45, P = 0.81$ , sex:  $F(1, 84) = 0.52, P = 0.47$ , interaction:  $F(2, 84) = 0.17, P = 0.84$ . **B.** Acquisition (Learning Index) days 1-4. ANOVA, rearing  $F(2, 84) = 1.50, P = 0.23$ , sex  $F(1, 84) = 9.55, P = 0.0027$ , interaction:  $F(2, 84) = 0.14, P = 0.86$ . **C.** Acquisition (probe trial) latency to escape. ANOVA, rearing  $F(2, 84) = 0.62, P = 0.53$ , sex:  $F(1, 84) = 8.92, P = 0.0037$ , interaction:  $F(2, 84) = 0.008, P = 0.99$ . **D.** Acquisition (probe trial) time in target zone. ANOVA, rearing  $F(2, 84) = 0.46, P = 0.62$ , sex:  $F(1, 84) = 2.91, P = 0.092$ , interaction:  $F(2, 84) = 0.34, P = 0.71$ . **E.** Reversal learning (latency) days 1-4. rmANOVA, days:  $F(2.35, 195.17) = 164.21, P < 0.001$ , rearing:  $F(2, 83) = 20.62, P < 0.001$ , sex:  $F(1, 83) = 0.27, P = 0.60$ , interaction:  $F(2, 83) = 0.12, P = 0.88$ . Post-hoc. CTL vs. LB:  $P < 0.001$ , LBT vs. LB:  $P < 0.001$ , CTL vs. LBT:  $P = 0.58$ . **F.** Reversal learning (Learning Index) days 1-4. ANOVA, rearing  $F(2, 84) = 18.40, P < 0.0001$ , sex:  $F(1, 84) = 0.67, P = 0.41$ , interaction:  $F(2, 84) = 0.21, P = 0.81$ . Post-hoc. CTL vs. LB:  $P < 0.0001$ , LBT vs. LB:  $P = 0.0004$ , CTL vs. LBT:  $P = 0.69$ . **G.** Reversal learning (probe trial) latency to escape. ANOVA, rearing  $F(2, 84) = 35.86, P < 0.0001$ , sex:  $F(1, 84) = 1.75, P = 0.18$ , interaction:  $F(2, 84) = 0.95, P = 0.39$ . Post-hoc. CTL vs. LB:  $P < 0.0001$ , LBT vs. LB:  $P < 0.0001$ , CTL vs. LBT:  $P = 0.44$ . **H.** Reversal learning (probe trial) time in target zone. Rearing  $F(2, 84) = 50.20, P < 0.0001$ , sex:  $F(1, 84) = 1.047, P = 0.30$ , interaction  $F(2, 84) = 1.536, P = 0.22$ . Post-hoc Sidak. CTL-LB  $P < 0.0001$ , LBT-LB  $P < 0.0001$ , CTL-LBT  $P = 0.2607$ . **N.** Schematic illustration of maze during reversal learning. CTL males  $n = 18$ , CTL females  $n = 18$ , LB males  $n = 18$ , LB females  $n = 18$ , LBT males  $n = 10$ , LBT females  $n = 10$ . From 7-9 different litters per group.

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73 **Fig S3. Effects of Rearing and Sex on PNN Formation in the OFC.** This is the same data  
 74 shown in Figure 2 except that outcomes in males and females are shown separately here.  
 75 Postnatal Enrichment Mitigates Deficits in PNN Formation and Neuronal activation in the OFC of  
 76 LB Mice **A.** PNN+ cell density. ANOVA, rearing:  $F(2,18) = 135.3, P < 0.0001$ , sex:  $F(1,18) =$   
 77  $0.034, P = 0.85$ , interaction:  $F(2,18) = 1.83, P = 0.19$ . Post-hoc, CTL vs. LB:  $P < 0.0001$ , LBT vs.  
 78 LB:  $P < 0.0001$ , CTL vs. LBT:  $P = 0.17$ . **B.** PV+ cell density. ANOVA, rearing:  $F(2,18) = 18.55, P <$   
 79  $0.0001$ , sex:  $F(1,18) = 0.10, P = 0.75$ , interaction:  $F(2,18) = 0.39, P = 0.67$ . Post-hoc, CTL vs. LB:  
 80  $P < 0.0001$ , LBT vs. LB:  $P = 0.0009$ , CTL vs. LBT:  $P = 0.35$ . **C.** c-fos+ cell density. ANOVA, rearing:  
 81  $F(2,18) = 10.54, P = 0.0009$ , sex:  $F(1,18) = 5.65, P = 0.029$ , interaction:  $F(2,18) = 0.074, P = 0.93$ .  
 82 Post-hoc, CTL vs. LB:  $P = 0.0017$ , LBT vs. LB:  $P = 0.0045$ , CTL vs. LBT:  $P = 0.96$ . **D.** PNN+PV+  
 83 cell density. ANOVA, rearing:  $F(2,18) = 36.65, P < 0.0001$ , sex:  $F(1,18) = 0.61, P = 0.44$ ,  
 84 interaction:  $F(2,18) = 0.67, P = 0.52$ . Post-hoc, CTL vs. LB:  $P < 0.0001$ , LBT vs. LB:  $P < 0.0001$ ,  
 85 CTL vs. LBT:  $P = 0.35$ . **E.** PNN+PV- cell density. ANOVA, rearing:  $F(2,18) = 0.79, P = 0.46$ , sex:  
 86  $F(1,18) = 0.56, P = 0.46$ , interaction:  $F(2,18) = 2.01, P = 0.16$ . **F.** PNN-PV+ cell density. ANOVA,  
 87 rearing:  $F(2,18) = 0.12, P = 0.88$ , sex:  $F(1,18) = 2.05, P = 0.17$ , interaction:  $F(2,18) = 1.89, P =$   
 88  $0.18$ . N=4 per rearing and sex group.

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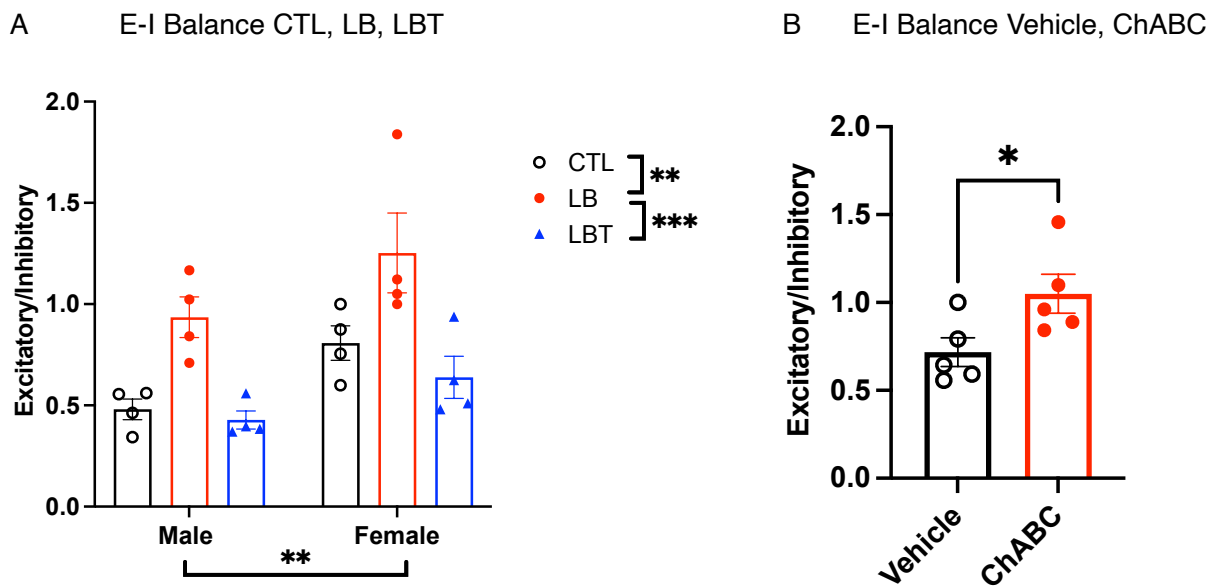
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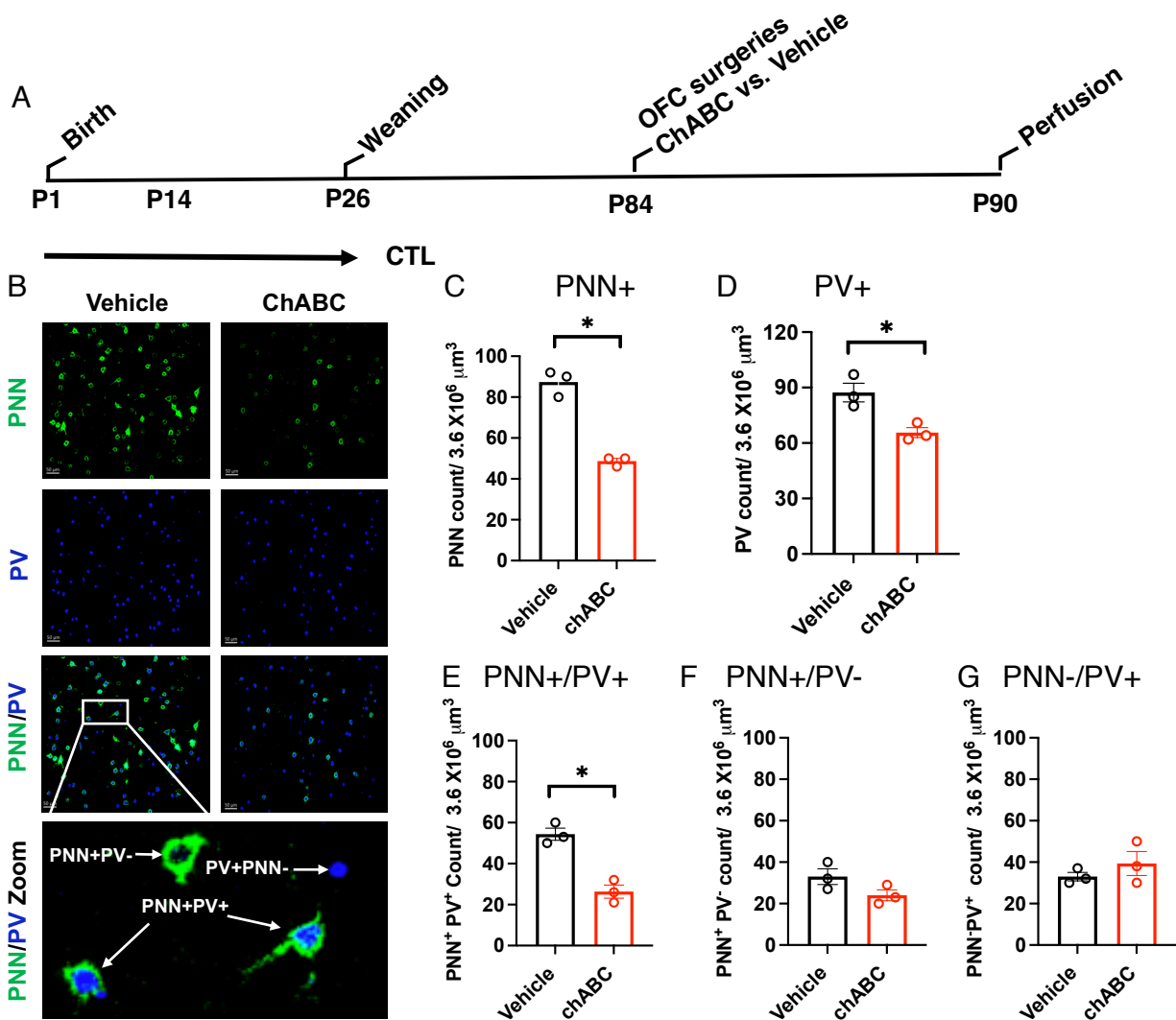


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**Fig S4. Effects of Rearing and PNN Degradation on the Ratio Between Excitatory and Inhibitory Synapses in the OFC.** **A.** Postnatal enrichment normalizes E-I balance in the OFC, rearing:  $F(2, 18) = 14.78$ ,  $P=0.0002$ , sex:  $F(1, 18) = 10.21$ ,  $P=0.0050$ , interaction:  $F(2, 18) = 0.17$ ,  $P= 0.84$ . Post-hoc Tukey's-HSD: CTL vs. LB:  $P= 0.0018$ , LBT vs. LB:  $P= 0.0002$ , CTL vs. LBT:  $P= 0.58$ . **B.** PNN degradation in the OFC increases E-I balance to levels observed in LB mice,  $t(8)= 2.42$ ,  $P= 0.042$ .



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**Fig S5. ChABC Treatment Reduces PNN+PV+ Cell Density in the OFC.** **A.** Three adult Balb/cByJ were administered ChABC into the right hemisphere and vehicle into the left hemisphere. Mice were sacrificed 7-days later to quantify levels of PNN+, PV+, PNN+PV+, PNN+PV-, and PNN-PV+ cells in the OFC (**B-G**). ChABC reduced the densities of PNN+ cells (**C**,  $t(2)= 8.29$ ,  $P= 0.014$ ), PV+ cells (**D**,  $t(2)= 7.31$ ,  $P= 0.018$ ) and PNN+PV+ cells (**E**,  $t(2)= 7.39$ ,  $P= 0.018$ ), but did not alter the densities of PNN+PV- cells (**F**,  $t(2)= 3.58$ ,  $P= 0.07$ ) or PNN-PV+ cells (**G**,  $t(2)= 0.91$ ,  $P= 0.45$ ). Paired student-t-tests C-G.