RESEARCH



Oxygen reserve index vs. peripheral oxygen saturation for the prediction of hypoxemia in morbidly obese patients: a prospective observational study



Kemal Tolga Saraçoğlu^{1*}, Gülten Arslan², Ayten Saraçoğlu³, Özlem Sezen², Paweł Ratajczyk⁴ and Tomasz Gaszynski^{4*}

Abstract

Background Pulse oximetry is a standart of anesthesia for perioperative monitoring. Due to the principles of Hb oxygen dissociation curve, peripheral oxygen saturation has an approximate sensitivity and specificity of 90% for the detection of hypoxemia.

Objectives The primary outcome of the study was to evaluate ORi[®] as an early parameter to determine hypoxia in morbidly obese patients. The secondary outcome was to compare the effectiveness of ORi[®] with SpO₂ in non-obese patients.

Design Prospective, observational study.

Setting Department of elective operating room at tertiary hospital.

Patients and methods Observational study included written informed consent from 51 patients with 19 < BMI < 25 kg/m² and 51 patients with BMI > 40 kg/m² undergoing an elective surgery requiring tracheal intubation. In addition to standard monitors, an ORi sensor was placed and baseline values were recorded. The patients were preoxygenated until end tidal expiratory oxygen concentration is reached to 90%. After anesthesia induction and tracheal intubation, the breathing circuit was not connected tracheal tube until the SpO₂ decreased to 95%. Shapiro-Wilk, Pearson Chi-square, t-test, and Mann Whitney U test were used for the study.

Main outcome measures Times of tolerable apnea, ORi[®] and SpO₂ values at the end of preoxygenation, beginning of intubation, beginning of the ORi alarm, when SpO₂ reached 95%, and when ORi reaches a plateau.

Sample size 102 patients.

Results The alert period: time to reach ORi[®] from 0.24 to a value of 95% SpO₂ was observed as 32 s in morbidly obese patients and 94 s in patients with a normal body mass index. The SpO₂ alert period was determined as time difference between 97% and 95% SpO₂. The data were recorded as 15 s and 36 s, respectively. It was observed that

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tolerable apnea, ORi[®], SpO₂ and added alert times were longer in patients with normal BMI compared to morbidly obese patients.

Conclusions As a result, ORi[®] can provide an early warning to prevent unexpected hypoxia before saturation begins to decrease in morbidly obese patients.

Limitations Inability to perform arterial blood gas sampling in the time periods when we looked at the parameters to determine the relationship between ORI[®] and PaO₂.

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Keywords Oxygen reserve index, Hypoxemia, Tolerable apnea time, Oxygen reserve index warning time, Percutaneous oxygen saturation warning time, Morbidly obese patients

Introduction

Background/rationale

Obesity is a chronic complex disease with a significant increasing rate globally. According to World Health Organization (WHO), 1 in 8 people were defined as obese in 2022 [1]. Obesity related respiratory changes include increased work of breathing and decreased chest wall compliance [2]. An additional decrease becomes remarkable in morbidly obese patients regarding the Total Lung Capacity, Vital Capacity, Forced Expiratory Volume in 1 s (FEV1) and Forced Vital Capacity (FVC) [3]. Moreover, they have high oxygen consumption rate due to their increased metabolism. Under general anesthesia they are prone to restrictive ventilation pattern that impairs diaphragmatic descent.

Pulse oximetry is a standart of anesthesia for perioperative monitoring. Due to the principles of Hb oxygen dissociation curve, peripheral oxygen saturation has an approximate sensitivity and specificity of 90% for the detection of hypoxemia [4].

Oxygen Reserve Index (ORi[®]) (Masimo Corp., Irvine, CA, USA) is a novel continuous and noninvasive parameter that serves as a relative indicator of the PaO₂. Regression analyzes report a correlation between ORi[®] and PaO₂, especially at PaO₂≤240 mmHg (r²=0.536), and ORi[®]>0.24 indicates PaO₂≥100mmHg [5–7]. ORi[®] ranges from 0 to 1 as PaO₂ increases from 80 mmHg to 200 mmHg [8]. On the other hand, a key limitation of SpO2 is its inability to reflect values above 100%, even when PaO2 surpasses 100 mmHg. The patient's oxygen status can be evaluated more precisely when used in conjunction with SpO₂ to prevent hypoxemia [9].

While the $ORi^{\ensuremath{\mathbb{R}}}$ cannot show us the actual, direct PaO_2 value, it can warn of impending PaO_2 decline even without a change in SpO₂. In particular, $ORi^{\ensuremath{\mathbb{R}}}$ monitoring may be useful in patients at risk for insufficient preoxygenation, such as difficult mask ventilation [10], aspirated hypoxemic patients [11], rapid sequence induction [12], obese patients [13], intubations in intensive care unit [14], intubation of hypoxic patients requiring non-invasive ventilation [15]. It has also been shown that in some patient groups, $ORi^{\ensuremath{\mathbb{R}}}$ provides an early warning

of desaturation, providing additional time to improve patient safety [16, 17]. However the number of comparative studies in morbid obese patients are quite limited. Therefore we aimed to compare $ORi^{\textcircled{B}}$ and SpO_2 in this unique population.

Objectives

The primary outcome of this prospective observational study was to evaluate $ORi^{(B)}$ as an early warning parameter in predicting hypoxemia. The secondary outcome was to compare the effectiveness of $ORi^{(B)}$ with SpO_2 in nonobese patients.

Materials and methods

Study design

This single-center prospective, observational study was approved by Institutional Ethics Committee (Decision No: 2022/514/222/9, Date:30/03/2022), was registered at ClinicalTrials.gov (NCT05480748) on 29th of July 2022, and was performed in accordance with the Declaration of Helsinki.

Setting and participants

Written, informed consent was obtained from 51 patients with BMI>40 kg/m2 (morbidly obesity) and 51 patients with $19 < BMI < 25 \text{ kg/m}^2$ (non-obese), 18-80 years aged, American Society of Anesthesiologists (ASA) physical status I-III, scheduled for an elective surgical procedure requiring general anesthesia with tracheal intubation. Patients with significant history of cardiopulmonary disease, difficult intubation, pregnancy, hemoglobinopathies and preoperative hemoglobin of less than 10.0 mg/dL were defined as exclusion criteria. Our University Hospital's surgical profile was consist of gynecologic procedures including hysterectomy, myomectomy and ovarian cystectomy with acute care surgery procedures including cholecystectomy, appendectomy and hernia repair. The data collection period was between August 1, 2022 and December 31, 2022.

Data sources and measurement

Standard monitors were routinely established for each patient, including heart rate (HR), noninvasive blood pressure measurements. In addition, an ORi[®] and SpO₂ were measured simultaneously at 1-s interval with a pulse oximetry sensor (Rainbow sensor, R2-25) applied to the finger and connected to a Masimo Root with Radical-7 pulse oximeter (Masimo Corp.). Data for analysis were downloaded from the Root monitor. Rainbow[®] technology uses Pulse CO-Oximetry sensors connected to rainbow[®]-enabled devices. By this way the operators can monitor the oxygen content noninvasively. ORi is a part of this package. Light absorption is performed to increase the resolution of changes in oxygenation via a Pulse CO-Oximeter sensor. This utilizes multiple wavelengths of light. ORi is trended together with SpO2 as a real-time, continuous, unitless index between 0.00 and 1.00. This allows monitoring of patients' oxygenation. Pulse oximeter uses spectrophotometry as its operating principle to determine oxyhemoglobin in peripheral arterial blood. The two wavelengths of light originating from oxygenated and deoxygenated hemoglobin in the blood are compared to each other.

Patients were admitted to the operating theatre without any premedication. A 20G cannula was used to establish intravenous access. Following the placement of monitors, baseline values were recorded. Patients were then preoxygenated with spontaneous ventilation and 100% FiO_2 at a flow rate of 8 L/min via a tight-fitting face mask until end tidal expiratory oxygen concentration (etO₂) reached to 90%. Anesthesia was induced by titrating intravenous propofol 2–3 mg/kg, fentanyl 1 mcg/kg, and rocuronium 0.6 mg/kg. The trachea was intubated after 3–4 min under direct visualization using a videolaryngoscope to confirm placement. The tracheal tube was not connected to the breathing circuit, and the patients remained apneic. The World Health Organization defines intraoperative $\text{SpO}_2 \ge 95\%$ as normal in its training materials, and treatment steps are mentioned for $\text{SpO}_2 \le 94\%$ [18]. However, since we included morbidly obese patients with limited functional residual capacities in our study and wanted to stay within the safe range, we allowed SpO_2 to decrease to 95%. At the same time, the alarm point for SpO_2 was applied as 95% in our clinic's protocol for morbidly obese patients. When SpO_2 reached to 95%, an oral airway was placed. Afterwards the patients were ventilated by face mask with two hands technique. As a resque method, proper sizes of second generation supraglottic airway devices were kept ready.

 $ORi^{\ensuremath{\$}}$ and SpO_2 values were recorded continuously. Subsequently, the anesthesia circuit was connected and etCO2 was confirmed. Patients were ventilated with 100% FiO₂, tidal volume targeted 6–8 mL/kg and 5 cmH₂O of positive end-expiratory pressure until ORi[®] plateaued. In order to keep etCO2 between 30 and 35 mmHg, the respiratory rate was adjusted. Thereafter, anesthesia maintenance was achieved by 2% inhaled sevoflurane with 1 MAC in 50% oxtgen and 50% air mixture. The steps are summarized in Timeline Diagram (Fig. 1).

 $ORi^{\ensuremath{\$}}$ and SpO_2 data were compared at five specific time points: (1) baseline; (2) at the end of pre-oxygenation (when the EtO₂ reaches to 90%); (3) at the beginning of intubation; (4) when SpO_2 reaches 95%; and (5) when the ORi reaches a plateau with 100% FiO₂.

We also recorded the tolerable apnea time defined as the time from the beginning of apnea until SpO₂ reached 95% and ventilation was reinstated. The ORi[®] alert period time was defined as the time between the onset of the ORi[®] alarm (the time at which the ORi[®] alarm would have started was also calculated using the manufacturer's proprietary algorithm and the ORi[®] alarm was set to ORi=0.24 to stay within the safe range) and the SpO₂ reaching 95%. We defined the SpO₂ alert period as the



Fig. 1 The Timeline Diagram of the clinical trial

time for SpO₂ to decrease from 97 to 95%. The added warning time provided by $ORi^{(m)}$ was defined as the difference between $ORi^{(m)}$ warning time and SpO₂ warning time.

Statistical analysis

SPSS version 25 statistical package program was used for statistical analysis. The data were summarized by using descriptive statistical methods (mean, median, frequency, percentile, minimum, maximum). Shapiro-Wilk test was used for normality tests of continuous variables. Pearson Chi-square Test of independence tests were performed for independence tests between two categorical variables. To investigate the differences between the two groups, t-test was used for continuous variables with normal distribution, and Mann Whitney U Test was used to compare data that did not. In addition, 95% confidence intervals were obtained with the Hodges Lehman median estimation in order to see the median changes.

The relationships between the classified variables forming the 2×2 crosstabs were investigated with Fisher's Exact tests. The significance level was taken as 0.05 for all tests performed.

Study size

Tsymbal et al. [19] found the mean and standard deviation of obese group for Oxygen Reserve Index Values 0.41 and 0.09 respectively, and the mean and standard deviation of normal group 0.57 and 0.26. When this information was given into Gpower program, d parameter which is effect size was calculated as 0.822 seen in window at the below with alpha 0.05 and power of 0.95. Tsymbal et al. [19] also mentioned that they had used sampling information given by Szmuk P et al. [20], with power of 0.80 and alpha 0.05.

Gpower found that 42 patients for both groups, totally 84 patients with d effect size 0,822. Closely, we have calculated 80 patients by using Medcalc program. According to calculation of Gpower, non-centrality parameter of t test is 3.68 which was calculated by using sampling sizes of two groups and effect size. For this research it was planned to include 51 patients for each group in case of data collection errors, thus 102 patients were totally enrolled in the research. In summary, we have used sampling information from Tsymbal et al. [19] and calculated the parameter of effect size and used it with alpha 0.05 and power of 0.95 as seen in Gpower window. The calculation screen shot of Gpower program can be seen in Fig. 2.

Results

Descriptive data

The total number of patients included in the study was 102, and the power of the test was calculated as 85.10%

according to this number. No patient was excluded from the study. Fifty one of the 102 patients were of normal weight according to their BMI values, and 51 were morbidly obese. Twenty-eight of the patients were male and 74 were female, and their ages ranged from 18 to 78 years.

Table 1 shows the differences in mean age, weight, height, BMI, frequency and percentage ratios, as well as gender and ASA values between patients with normal BMI and those with morbidly obese patients. According to the p values obtained as a result of the statistical tests, there was no difference between non-obese and morbidly obese patients in terms of age and ASA values distribution (p > 0.05). None of the patients showed desaturation with SpO₂ level fall below 95%.

There was a statistically significant difference between patients with normal BMI and morbid obesity in terms of gender, weight, height and BMI variables (p < 0.05). Although we observed that the gender frequency and percentage encountered in patients with normal BMI are close to each other, there were more morbidly obese cases in women than in men. Considering the average height, patients with normal BMI were approximately 10 cm taller than morbidly obese patients.

Outcome data

Table 2 shows the median, 25-75 percentiles and averages of the tolerable apnea, $ORi^{\$}$ alert period, SpO_2 alert period and added warning times of normal weight and morbidly obese patients. Since the p values obtained were less than 0.05, the difference between the groups was statistically significant for all periods. The Hodges Lehman median estimation and 95% confidence intervals also show that patients with normal weight parallel to the tests have a higher median.

In both groups, the ORi[®] alarm started before SpO₂ reached 97%, so the ORi[®] alert period was longer than the SpO₂ alert period. While ORi[®] alert period was observed as 32 s in morbidly obese patients and 94 s in patients with normal BMI, SpO₂ alert period was determined as 15 s and 36 s in these patients, respectively (Table 2). It was observed that non-obese patients have longer tole-reble apnea (p<0.000), ORi[®] (p<0.000), SpO₂ (p=0.007), and added warning times (p<0.000) than morbidly obese subjects (Table 2).

In Figs. 3, 4, 5 and 6 distributions of tolerable apnea, $ORi^{\$}$, SpO_2 and added warning time for normal weight and morbidly obese patients according to BMI values are given. Morbidly obese patients for all time shift to the left in the graph, took shorter times, and their distribution fitted into a narrower area than non-obese patients.

Values of SpO_2 at baseline, the end of pre-oxygenation and the beginning of intubation, and SpO_2 , $\text{ORi}^{\text{®}}$ during ventilation with 100% FiO₂ differed according to the



Fig. 2 The calculation of samole size using Gpower program

groups (p < 0.05). The mean values of SpO₂ at baseline, the end of pre-oxygenation, the beginning of intubation, and SpO₂ and ORi[®] during ventilation with 100% FiO₂ were found to be higher in patients with normal BMI. Hodges Lehman median estimations and 95% confidence intervals of the median difference between groups are given in Table 3 in order to examine the median change of the investigated parameters of normal and morbidly obese patients. According to the median confidence intervals, changes can be seen in Mann-Whitney test results for values of SpO_2 at the beginning of intubation, and SpO_2 and $\text{ORi}^{\$}$ during ventilation with 100% FiO₂. There was no location shift for values of SpO_2 at the beginning of intubation, and the upper limit of the confidence interval

Table 1 Patient characteristics

Variables	Normal BMI (18 <bmi<25 <br="" kg="">m2) (n=51)</bmi<25>	Morbidly obese (BMI > 40 kg/ m2) (n = 51)	p values
Age, years, mean (minmax)	49.86 (18–78)	49.78 (29–77)	0.975*
Sex, n, %			
Male	24 (47.10%)	4 (7.80%)	0.000**
Female	27 (52.90%)	47 (92.20%)	
Weight, kg, mean (minmax)	65.29 (48–83)	104.77 (85–126)	0.000***
Height, cm, mean (minmax)	168.49 (150–190)	158.08 (146–153)	0.000****
BMI, mean	22.88 (18–25)	41.91 (40-51.20)	0.000****
ASA, n 1/2/3	8/37/6	2/40/9	0.116****

*ttest **Fisher's ExactTest ***Mann-Whitney Test **** Chi-square Test of independence

BMI; body mass index, n; number, ASA; American Society of Anesthesiologists, cm; centimeters, kg; kilogram

was 0. There was a -1 median change for values of SpO₂ during ventilation with 100% FiO₂, obese patients had less values of SpO₂ during ventilation with 100% FiO₂, however the upper limit of the confidence interval was still 0. When the averages of ORi[®] during ventilation with 100% FiO₂ are examined, it is seen that normal weight patients had a higher mean value than morbidly obese patients, however the median difference was in favor of obese patients.

Discussion

Key results

In this prospective observational study we compared the $ORi^{\$}$ and SpO_2 values during apnea period in both morbidly obese and non-obese patients. While the $ORi^{\$}$ alert period was observed as 32 s in morbidly obese patients and 94 s in patients with a normal BMI, the SpO_2 alert

period was determined as 15 s and 36 s in patients, respectively.

Obesity may aggravate the morbid condition in patients by causing anatomical, functional and systemic changes. Therefore, morbidly obese patients are considered to be at high risk for anesthesia. In our study we found that ORi[®] provided an earlier warning of severe oxygen desaturation in both groups compared to pulse oximetry. Despite effective preoxygenation until etO2 reaches 90%, we found that morbidly obese patients with limited functional residual capacities had a shorter tolerable apnea period compared to patients with normal BMI.

Interpretation

Although pulse oximetry is an indispensable monitoring tool for detecting hypoxemia, the decrease in SpO₂ and PaO₂ is not always linear in the event of impending hypoxia. SpO₂ may not decrease before PaO₂ drops below 70 mmHg [21, 22]. This is one of the factors limiting its use in cases where early hypoxia should be detected, such as morbid obesity. Although many studies reported that $ORi^{(B)}$, a new generation pulse oximeter, provides early warning in predicting hypoxia, to the best of our knowledge, no studies have focused on morbidly obese patients. $ORi^{(B)}$ might have a significant difference in morbidly obese patients as they perform poorer gas exchange even at rest compared with normal-weight individuals [23].

Our study involved tracking the alert period when ORi^* falls below 0.24, as a lower ORi^* unit signifies a decrease in PaO2. It is already known that when the $ORi^{\$}$ diminishes to 0.24, PaO_2 is approximately below 100 mmHg [5]. Normal PaO_2 is approximately 75–100 mmHg. When the $ORi^{\$}$ reaches 0.00, it is accepted that PaO_2 is below 80 mmHg [20]. In other words, $ORi^{\$}$ is typically 0.00 when SpO_2 is less than 98%. It is possible that a fall in $ORi^{\$}$ could indicate PaO_2 decreases before SpO_2 reduces.

Table 2 Median, 25–75 percentiles, mean, mean difference test results, and Hodges Lehman median estimation and 95% confidence intervals of defined time periods in patients with normal BMI and morbidly obese

Time (seconds)	Normal BMI (18 < BMI < 25 kg/ m2) (n = 51)	Morbidly obese (BMI > 40 kg/m2) (n=51)	Difference 95%Cl	P values	Hodges Lehman Median difference	Hodges Lehman Me- dian differ- ence %95 Cl
Tolerable apnea time Mean, Median 25–75 percentiles	383 (364.61) 286–469	194 (195.43) 135–236	169.18 (126.83; 211.52)	0.000*	-173	(-218; -129)
ORi [®] warning time Mean, Median 25–75 percentiles	94 (97.25) 55–116	32 (38.80) 24–45	58.45 (41.20; 75.70)	0.000***	-51	(-67; -34)
SpO_2 warning time Mean, Median 25–75 percentiles	36 (49.53) 18–59	15 (27.06) 13–32	22.47 (6.54; 38.41)	0.007**	-11	(-22; -3)
Added warning time Mean, Median 25–75 percentiles	38 (54.08) 29–68	17 (21.82) 11–28	32.26 (18.01; 46.51)	0.000**	-24	(-33; -17)

*ttest **Mann-Whitney Test

BMI; body mass index, ORi[®]; oxygen reserve index, SpO2; percutaneous oxygen saturation



Fig. 3 Comparision of tolerable apnea time in normal BMI and morbidly obese patients



ORi Warning Time (Seconds)

Fig. 4 Comparision of oxygen reserve index (ORi) warning time in normal BMI and morbidly obese patients

On the other hand, a value of SpO_2 higher than 95% is considered normal by the American Lung Association. For this reason, we determined the period of peripheral oxygen saturation change from 97 to 95%. Due to the principle of Hemoglobin Oxygen Dissociation curve, the time for decrease of peripheral oxygen saturation from 97 to 95% is significantly rapid. Considering the relationship between arterial partial pressure of oxygen and SpO_2 is not linear, SpO_2 may be recorded as 98% even if the arterial partial pressure of oxygen is as low as 70 mmHg [5].



Fig. 5 Comparision of percutaneous oxygen saturation (SpO₂) warning time in normal BMI and morbidly obese patients



Fig. 6 Comparision of added warning time in normal BMI and morbidly obese patients

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Parameters	Normal BMI (18 < BMI < 25kg/m2) (n = 51)	Morbidly obese (BMI > 40 kg/m2) (n = 51)	<i>p</i> value	Hodges Lehman Median difference	Hodges Lehman Me- dian differ- ence %95 Cl			
SpO ₂ [#]	98,57	97,55	0,000**	-1	(-2; -0.5)			
ORi [#]	0,0155	0,0159	0,344**	0	(0;0)			
SpO ₂ ^{##}	99,98	99,88	0,051**	0	(0;0)			
ORi ^{##}	0,838	0,842	0,797**	0	(-0.01;0.05)			
SpO ₂ ^{###}	99,88	99,49	0,003*	0	(0.5;0)			
ORi ^{###}	0,69	0,66	0,373**	-0.04	(-0.10;0.04)			
SpO ₂ ####	95,00	95,00	All values are 95	0	(0;0)			
ORi####	0,00	0,00	All values are 0	0	(0;0)			
SpO ₂ ####	99,45	98,71	0,001**	-1	(-1;0)			
ORi ^{#####}	0,485	0,349	0,000*	-0.15	(-0.22;0.07)			

Table 3 Means and *p* values of parameters, Hodges Lehman median estimation, and 95% confidence intervals of patients with normal BMI and morbidly obese

*ttest **Mann-Whitney Test

*baseline, **at the end of pre-oxygenation, *** at the beginning of intubation, **** when SpO2 reaches 95%, ***** when the ORi reaches a plateau

ORi; oxygen reserve index, SpO2; percutaneous oxygen saturation

In our study, when ORi® was monitored, the difference between the monitors in non-obese patients was 58 s. In this manner, the anesthesiologist can notice and have more time to take action when the ORi[®] value reaches 0.24 which corresponds to 100 mmHg of PaO₂. ORi[®] provides real-time oxygenation monitoring. Highlighting the decline in PaO₂ enables the anesthesiologist to be alerted early to potential changes in the patient's oxygenation, providing extra time to respond. In this way, it can be intervened before the PaO₂ reaches a critical teshold level and patient safety can be increased. Moreover, to the best of our knowledge this is the first comparative study in morbid obese patients. This difference decreases up to 17 s in this population. This finding emphasizes the crucial significance of using ORi[®] in patients with restricted pulmonary oxygen reserve.

Fleming et al. [24], in patients undergoing cardiac surgery, determined the time of ORi®, SpO₂, added warning time and tolerable apnea time as 80.4 s, 29.0 s, 48.4 s, 9.6±2.2 min respectively. In the study of Cheng et al. [25], ORi[®] alarm triggers were adjusted according to the ORi[®] peak and ORi® 0.55 values, and it was reported to provide 300 s and 145 s of significant added warning time compared to SpO₂ (p < 0.0001). We are in the opinion that the reason why they found the added warning time so long, unlike us, may be due to the fact they performed the study in ASA I-II healthy individuals and that they had long (6 min) preoxygenation and ventilation times, which provide better oxygen reserve. Yoshida et al. [7] found that ORi® could predict reduced levels of oxygen 30 s before the SpO2 in patients undergoing rapid sequence intubation. In 2021, Tsymbal et al. [19] in their study in normal and obese patients, they determined the $ORi^{\mathbb{R}}$ alert period was longer than the SpO₂ alert period, and the added warning time provided by ORi[®] in obese patients was shorter (46.5 s vs. 87 s). The same researchers also found the tolerable apnea time as 256 s in morbidly obese and 381 s in patients with normal BMI. In our study, we found these values to be shorter, unlike Tymbal et al. We concluded that the reason for this was accepting 95%, not 94%, as the endpoint of alarm time for SpO₂ and included morbidly obese patients.

The $ORi^{\$}$ alarm times were declared as significantly shorter than SpO_2 in studies conducted on one-lung ventilation and pediatric patients [16, 20]. In our study, we determined the $ORi^{\$}$ alert period to be longer than the SpO_2 alert period in both groups, in line with the results of the researchers. At the same time, these values were observed to be shorter in morbidly obese patients.

Limitations

There are several limitations in our study. Morbidly obese patients were mostly women, so there were differences between the groups in terms of demographic characteristics. It would have added more meaning to our study if we had also been able to perform arterial blood gas sampling in the time periods when we compared our parameters to determine the correlation between $ORi^{(B)}$ and PaO_2 . Since PaO_2 has not been measured at the end point of study it did not objectively correlate with hypoxemia which depends upon PaO_2 levels than oxygen saturation. In addition, although the $ORi^{(B)}$ created an added warning time, the necessary interventions made during this period could not be recorded.

Conclusion

We observed that desaturation occurred more rapidly in morbidly obese patients than in non-obese patients, and ORi[®] provided significant added warning time before impending desaturation compared to SpO₂ during prolonged apnea in morbidly obese high-risk patients. We concluded that added warning time may be an important factor in our ability to better manage prolonged apnea periods due to difficult airway management, to perform constructive interventions, and thus to increase patient safety.

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Not applicable.

Author contributions

All authors contributed to the study conception and design. Material preparation, data collection and analysis were performed by [GA], [KTS], [AS], [ÖS]. The first draft of the manuscript was written by [GA], [KTS] All authors commented on previous versions of the manuscript. Editing and revision of manuscript [PR], [TG]All authors read and approved the final manuscript.

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Data availability

All data are publicly available or listed in the results of the paper.

Declarations

Ethical approval

Ethical approval from our University Hospital Ethics Committee was obtained prior to initiation of the research work. This study was approved by the Ethics Committee decision no: 2022/514/222/9, Date:30/03/2022. All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation and with the Helsinki Declaration of 1975 (in its most recently amended version).

Informed consent

Informed consent was obtained from all patients included in the study.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

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