The activation of protein degradation in muscle by Ca²⁺ or muscle injury does not involve a lysosomal mechanism

Koji FURUNO and Alfred L. GOLDBERG

Department of Physiology and Biophysics, Harvard Medical School, Boston, MA 02115, U.S.A.

By use of different inhibitors, we distinguished three proteolytic processes in rat skeletal muscle. When soleus muscles maintained under tension were exposed to the calcium ionophore A23187 or were incubated under no tension in the presence of Ca^{2+} , net protein breakdown increased by 50-80%. Although leupeptin and E-64 inhibit this acceleration of protein breakdown almost completely, other agents that prevent lysosomal function, such as methylamine or leucine methyl ester, did not inhibit this effect. A similar increase in net proteolysis occurred in muscle fibres injured by cutting, and this response was also inhibited by leupeptin, but not by methylamine. In contrast, all these inhibitors markedly decreased the 2-fold increase in protein breakdown induced by incubating muscles without insulin and leucine, isoleucine and valine. In addition, the low rate of proteolysis seen in muscles under passive tension in complete medium was not affected by any of these inhibitors. Thus the basal degradative process in muscle does not involve lysosomes or thiol proteinases, and muscle can enhance protein breakdown by two mechanisms: lack of insulin and nutrients enhances a lysosomal process in muscle, as in other cells, whereas Ca^{2+} and muscle injury activate a distinct pathway involving cytosolic thiol proteinase(s).

INTRODUCTION

The overall rate of protein breakdown in skeletal muscle increases in a variety of physiological and pathological states (Wildenthal, 1980). For example, lack of amino acids and insulin (Fulks et al., 1975; Tischler et al., 1982; Garlick et al., 1985; Millward et al., 1985) stimulate proteolysis in muscle, as in other tissues (Hershko & Ciechanover, 1982; Mortimore, 1982). Studies of perfused liver (Schworer et al., 1981), heart (Long et al., 1983) and cultured cells (Poli et al., 1981) suggest that lack of these nutrients leads to autophagicvacuole formation and protein degradation by lysosomal enzymes. In non-muscle cells, this enhancement of protein breakdown is sensitive to inhibitors of thiol proteinases, such as leupeptin or E-64, as well as weak bases, which can raise intralysosomal pH and prevent lysosomal function (Hopgood et al., 1977; Seglen et al., 1979; Ward et al., 1979). However, clear evidence for such a lysosomal mechanism in skeletal muscle is lacking.

In isolated skeletal muscles, protein breakdown can also be stimulated by treatments that increase intracellular Ca²⁺ (Etlinger et al., 1980; Baracos et al., 1984, 1986). For example, exposure of the cells to the Ca²⁺ ionophore A23187 (Kameyama & Etlinger, 1979; Sugden, 1980; Lewis et al., 1982; Rodemann et al., 1982) or membrane depolarization (Rodemann et al., 1982), which should increase intracellular Ca²⁺, causes a large increase in protein degradation. Furthermore, when rat muscles are incubated in vitro, they tend to shorten and show a large increase in protein breakdown, and this effect requires Ca²⁺ in the medium (Baracos et al., 1984, 1986; Baracos & Goldberg, 1985, 1986). This latter response can be prevented by maintaining the muscles under passive tension, i.e. near resting length (Baracos & Goldberg, 1985, 1986). In addition, the stimulation of muscle protein breakdown by interleukin-1, which seems responsible for muscle wasting during febrile disease (Fagan & Goldberg, 1985), requires Ca²⁺ in the medium (Baracos et al., 1983, 1984).

Rodemann et al. (1982) have reported that the activation of protein breakdown by Ca2+ is inhibited dramatically by leupeptin or Ep-475 (E-64C). These agents can enter intact muscle cells and inhibit lysosomal thiol proteinases, such as cathepsin B (Libby & Goldberg, 1978). A lysosomal site of action appeared likely, since these inhibitors, like various lysosomotropic agents (e.g. weak bases), can decrease protein breakdown in non-muscle cells deprived of serum (Seglen et al., 1979; Ward et al., 1979; Poli et al., 1981). An alternative possibility is that these inhibitors might be affecting some non-lysosomal thiol proteinases in the muscle, such as the Ca²⁺-activated proteinases calpain I or II (Waxman, 1981). Although these enzymes have frequently been proposed to play a role in the breakdown of myofibrillar proteins, Rodemann et al. (1982) and Baracos et al. (1986) found that treatment of diaphragms with mersalyl inactivated almost completely the major Ca²⁺-activated proteinases, but did not decrease the stimulation of proteolysis by Ca²⁺. These findings led to the suggestion (Rodemann et al., 1982; Baracos et al., 1984) that a rise in cytosolic Ca²⁺ promoted intralysosomal proteolysis. However, the present studies, which used other inhibitors of lysosomal function, indicate that Ca²⁺ and muscle injury activate protein breakdown in muscle by a non-lysosomal mechanism.

After these studies were completed, similar conclusions on the effects of Ca^{2+} were reported by Zeman *et al.* (1985).

MATERIALS AND METHODS

Methylamine and leucine methyl ester were purchased from Sigma Chemical Co., and the calcium ionophore A23187 from Calbiochem Behring. L-[U-¹⁴C]Phenylalanine was a product of New England Nuclear Corp. Leupeptin (Umezawa, 1976) was kindly provided by Dr. T. Aoyagi and Dr. H. Umezawa, Institute of Microbial Chemistry (Tokyo, Japan), and E-64 (Hanada *et al.*,

Table 1. Effect of leupeptin and methylamine on the increased proteolysis induced by Ca²⁺ ionophore A23187 in soleus muscles maintained under tension

Contralateral soleus muscles were pinned at approximately their resting length on to plastic supports and incubated in the absence or presence of A23187 (10 μ g/ml), which had been dissolved in dimethyl sulphoxide. The control muscles were incubated in medium containing the same amount of dimethyl sulphoxide (0.1%). Leupeptin (50 μ M) and methylamine (10 mM) were added to the preincubation and final incubation media. Values represent means ± S.E.M. for muscles from five rats. Data were evaluated with Student's *t* test for unpaired (**) and paired (*) observations: **P* < 0.001 compared with muscle with no ionophore; ***P* < 0.001 compared with ionophore-treated muscles with no inhibitor.

Inhibitor	Protein degradation				
	(nmol of tyrosine/2 h per mg of muscle)				
	-A23187	+A23187	Difference	Increase (%)	
None	0.111 ± 0.004	0.195 ± 0.007	$0.084 \pm 0.004*$	76	
Leupeptin	0.105 ± 0.005	$0.115 \pm 0.004 **$	0.010 ± 0.003	9	
Methylamine	0.108 ± 0.004	0.202 ± 0.009	0.094 ± 0.008	87	

Table 2. Effect of thiol-proteinase inhibitors and weak bases on Ca^{2+} -dependent proteolysis in unrestrained muscles

Contralateral soleus and extensor digitorum longus muscles were incubated without being pinned to a support in buffer prepared without and with 2.5 mm-CaCl₂. Leupeptin (50 μ M), E-64 (50 μ M), methylamine (10 mM) and leucine methyl ester (10 mM) were added to the preincubation and final incubation media. Values represent the means ± s.E.M. of muscles from five rats. Data were evaluated with Student's t test for unpaired (**) and paired (*) observations: *P < 0.001 for comparison of muscles with and without Ca²⁺; **P < 0.001 compared with muscles without the inhibitor.

Muscle	Inhibitor	Protein degradation				
		(nmol of t				
		Ca ²⁺ -free	+Ca ²⁺ (2.5 mм)	Difference	Increase (%)	
Soleus	None Leupeptin	0.126 ± 0.006 0.118 ± 0.005	0.219 ± 0.007 $0.132 \pm 0.004 **$	$0.093 \pm 0.012*$ 0.014 ± 0.004	74	
	Methylamine	0.129 ± 0.009	0.228 ± 0.011	0.099 ± 0.013	77	
Extensor digitorum longus	None E-64	0.119 ± 0.005 0.110 ± 0.004	0.181 ± 0.005 0.115 ± 0.003 **	$0.062 \pm 0.005*$ 0.005 ± 0.002	52	
	Leucine methyl ester	0.147 ± 0.009	0.285 ± 0.010 **	0.138 ± 0.006	94	

1978) by Dr. K. Hanada, Taisho Pharmaceutical Co., (Saitama, Japan). All chemicals used were of reagent grade.

Young male CD strain rats from Charles River Breeding Laboratories were maintained on Purina Lab Chow and water *ad libitum*. Animals weighing 60–80 g were killed by cervical dislocation, and the extensor digitorum longus and soleus muscles were dissected rapidly. These muscles were incubated either under no tension, where they shortened spontaneously, or under passive tension at resting length (or slightly longer). In the latter case, the tendons were fixed with stainless-steel needles to plastic supports at approximately the lengths seen on full extension of the muscles *in vivo*.

The muscles were incubated at 37 °C in Krebs-Ringer bicarbonate buffer, equilibrated with O_2/CO_2 (19:1), as described previously (Fulks *et al.*, 1975; Tischler *et al.*, 1982). Except where indicated, this buffer was supplemented with 5 mM-glucose, 0.1 unit of insulin/ml, 0.17 mM-leucine, 0.10 mM-isoleucine and 0.20 mM-valine, which are approximately the normal plasma concentrations of these amino acids. The tissues were preincubated for 60 min and then transferred to new flasks for a final 2h incubation. The composition of the preincubation medium, including the various inhibitors, was identical with that used in the final incubation.

Net protein degradation was estimated as described by Fulks et al. (1975) from the rate of production of free tyrosine from tissue proteins. Since muscle cannot synthesize or degrade tyrosine, its net production represents the net degradation of muscle proteins. Evidence documenting the validity of this approach has been reported elsewhere (Fulks et al., 1975; Tischler et al., 1982). Under the conditions studied here (e.g. treatment with Ca²⁺ ionophores or inhibitors), changes in net protein breakdown reflected primarily changes in protein breakdown and not protein synthesis (see below). Tyrosine was assayed by the method of Waalkes & Udenfriend (1957). To measure the intracellular pools of tyrosine, the individual muscles were homogenized in 10% (w/v) trichloroacetic acid and centrifuged (1700 g), and the supernatant was assayed for tyrosine.

The rate of protein synthesis was determined in the muscles by incubating with L-[U-14C]phenylalanine

Table 3. Effect of various inhibitors on the increased proteolysis induced by lack of insulin and amino acids in muscles maintained under tension

Contralateral soleus and extensor digitorum longus muscles were pinned at approximately their resting lengths on to plastic supports and incubated in Krebs-Ringer bicarbonate buffer (pH 7.4) containing 5 mM-glucose with or without 0.1 unit of insulin/ml and the plasma concentrations of branched amino acids. Leupeptin (50 μ M), E-64 (50 μ M), methylamine (10 mM) and leucine methyl ester (10 mM) were added to the preincubation and final incubation media. Values represent means ± s.e.M. for muscles from five rats. Data were evaluated with Student's t test for unpaired (**) and paired (*) observations: *P < 0.001 compared with muscle with insulin and amino acids; **P < 0.001 compared with muscle incubated without the inhibitor.

Muscle		Protein degradation				
	Inhibitor	(nmol of				
		Insulin and amino acids	Unsupplemented medium	Difference	Increase (%)	
Soleus	None Leupeptin	0.107 ± 0.002 0.104 ± 0.004	0.216 ± 0.009 0.143 ± 0.004 **	$0.109 \pm 0.009*$ 0.039 ± 0.002	102 37	
	Methylamine	0.110 ± 0.002	0.131 ± 0.007 **	0.021 ± 0.006	19	
Extensor digitorum longus	None	0.087 ± 0.003	0.207 ± 0.009	0.120 ± 0.010*	138	
	E-64	0.086 ± 0.005	$0.145 \pm 0.006^{**}$	0.059 ± 0.008	69	
	Leucine methyl ester	0.093 ± 0.006	0.110±0.003**	0.017 ± 0.005	18	

Table 4. Effect of leupeptin and methylamine on the increased proteolysis induced by injury to soleus muscles maintained under tension

Contralateral soleus muscles were pinned on to plastic supports in the usual manner. Two cuts were made across the muscle. Leupeptin (50 μ M) and methylamine (10 mM) were added to the preincubation and final incubation media. Values represent means ± s.e.M. for muscles from five rats. Data were evaluated with Student's t test for unpaired (**) and paired (*) observations: *P < 0.001 compared with the uninjured muscles; **P < 0.001 compared with muscle with no inhibitor.

Inhibitor	Protein degradation				
	(nmol				
	Uncut muscle	Cut muscle	Difference	Increase (%)	
None	0.108 ± 0.002	0.216±0.004	0.108±0.018*	100	
Leupeptin	0.103 ± 0.004	0.121 ± 0.003 **	0.018 ± 0.003	17	
Methylamine	0.112 ± 0.003	0.218 ± 0.017	0.106 ± 0.005	95	

(0.5 mm, $0.05 \,\mu$ Ci/ml) and measuring the rate of incorporation of the radioactivity into tissue proteins, as described previously (Rodemann *et al.*, 1982).

RESULTS

Effects of inhibitors on Ca^{2+} -stimulated protein break-down

When the soleus or extensor digitorum longus muscles were incubated under passive tension in the presence of insulin and branched-chain amino acids, net protein degradation (i.e. the net production of free tyrosine from tissue proteins) was minimal. These treatments have been shown previously (Baracos & Goldberg, 1986) to decrease maximally overall protein breakdown. Under these conditions, protein breakdown was not affected by the thiol-proteinase inhibitors leupeptin or E-64 (Tables 1 and 3), or by the presence or absence of Ca²⁺ (Baracos & Goldberg, 1985, 1986). Furthermore, neither the weak base methylamine (Seglen *et al.*, 1979) nor leucine methyl ester, which can inhibit intralysosomal proteolysis (Long et al., 1983), affected this basal proteolytic process (Tables 1 and 3). Therefore this process appears to occur by a non-lysosomal mechanism and does not require thiol proteinases.

Several groups have shown that Ca^{2+} ionophores can stimulate protein breakdown in unrestrained muscle (Etlinger et al., 1980; Sugden, 1980; Lewis et al., 1982; Rodemann et al., 1982). On exposure of the stretched soleus to A23187, a large increase in net proteolysis (Table 1) occurred, even though the tissue was fixed under passive tension and thus not able to shorten. This 76% increase in tyrosine release from the muscle must reflect enhanced protein degradation, since under these conditions the intracellular pool of tyrosine remained approximately constant and since overall rates of protein synthesis did not change (Rodemann et al., 1982). Furthermore, this effect seems to result from a rise in cytosolic Ca²⁺, since no increase in proteolysis was evident when the ionophore was added in the absence of extracellular Ca²⁺ (results not shown). In accord with prior findings of Rodemann *et al.* (1982), leupeptin caused almost a complete inhibition of the enhanced proteolysis without affecting protein synthesis in the tissue. By contrast, the weak base methylamine did not cause any inhibition of this Ca^{2+} -induced proteolysis (Table 2). Thus Ca^{2+} -activated proteolysis probably involves a non-lysosomal mechanism, in contrast with previous suggestions from our laboratory (Rodemann *et al.*, 1982; Baracos *et al.*, 1984).

Protein breakdown also rises when the incubated muscles are not restrained and shorten *in vitro*. Baracos & Goldberg (1985, 1986) have reported that this activation of protein breakdown is also dependent on extracellular Ca²⁺. When rat soleus and extensor digitorum longus muscles were incubated in an unrestrained state, they shortened spontaneously (whether or not Ca²⁺ was in the medium). In the presence of Ca²⁺, net protein breakdown was 74% greater in the soleus and 52% greater in the extensor digitorum longus than in contralateral muscles in Ca²⁺-free medium (Table 2). This enhancement in tyrosine release from the muscle must reflect increased protein degradation, since the presence of Ca²⁺ does not affect the rate of protein synthesis under these conditions (Baracos *et al.*, 1984).

As expected from prior work by Baracos et al. (1986), addition of thiol-proteinase inhibitors blocked this acceleration of protein breakdown. Leupeptin caused an 84% and E-64 an 89% inhibition of this effect (Table 2). However, neither the weak base methylamine nor leucine methyl ester caused any significant inhibition of the increased protein degradation. Methylamine also did not have any effect on protein synthesis in the muscles, as shown by [14C]phenylalanine incorporation into muscle protein (0.169 nmol/2 h per mg of muscle with methyl-)amine and 0.159 nmol/2 h per mg of muscle in its absence). Thus the Ca²⁺-dependent proteolysis that accompanies muscle shortening, like that induced with the ionophore, does not appear to involve the lysosomal apparatus. On the contrary, leucine methyl ester consistently increased protein breakdown in the shortened muscles, but not in ones under maintained tension (Table 3). The reasons for this interesting effect are unclear.

Enhanced protein degradation upon amino acid and insulin deprivation

In the isolated muscles, protein breakdown rises, and protein synthesis falls, when the medium lacks insulin or branched-chain amino acids (Fulks et al., 1975; Tischler et al., 1982; Garlick et al., 1985; Millward et al., 1985). Accordingly, a 2-fold rise in net proteolysis was observed when the soleus was incubated without these anabolic factors, but was maintained under passive tension. This increase in net proteolysis (Table 3) is much greater than the increase (about 25%) reported previously in muscles lacking these factors (Fulks et al., 1975; Tischler et al., 1982; Zeman et al., 1985). Presumably, our maintaining passive tension kept proteolysis low in the control muscles in these studies. The increase in net degradation on deprivation of insulin and amino acids was blocked almost completely by the addition of either methylamine or leucine methyl ester. This response was also markedly inhibited by leupeptin or E-64. Under these conditions, the rates of protein synthesis and the intracellular pool of tyrosine were not changed by methylamine or leupeptin (results not shown).

A similar decrease in protein breakdown was observed (results not shown) in muscles treated with ammonia, another weak base known to decrease lysosomal function. These results are consistent with a role for the lysosome in the activation of protein breakdown in poor media. The degree of inhibition by methylamine or leupeptin resembles that observed previously in various non-muscle cells deprived of amino acids and insulin (Seglen *et al.*, 1979; Ward *et al.*, 1979; Poli *et al.*, 1981; Gronostajski *et al.*, 1985). These observations suggest that skeletal muscle also has an autophagic degradation mechanism, although it is not involved in Ca²⁺-induced proteolysis.

Activation of protein breakdown by muscle injury

Seider *et al.* (1980) have shown that deliberate injury to skeletal-muscle fibres by cutting leads to a pronounced activation of protein breakdown. Such a process could be important in various types of muscle disease or trauma and may contribute to the high rate of proteolysis seen when muscles are incubated without intact tendons. Because this degradative process also may be initiated by the increased entry of Ca^{2+} into the cut fibres, we studied the injury-induced degradative process and its inhibitorsensitivity in muscles maintained under passive tension. A 2-fold rise in net tyrosine production occurred after two horizontal cuts were made across the muscle fibres with scissors (Table 4). This response to the injury was much larger (3-fold) if the muscles were allowed to shorten than if they were maintained at resting length. In these same muscles, overall protein synthesis decreased after cutting by only 15%, which is much smaller than the decrease observed by Seider et al. (1980) in cut muscles allowed to shorten. Surprisingly, when the injured muscles were maintained under tension, protein breakdown appeared to be independent of Ca^{2+} (results not shown), i.e. the injury-induced proteolysis was not affected by Ca²⁺ removal from the medium and treatment with EDTA and dantrolene, an inhibitor of Ca²⁺ release from sarcoplasmic reticulum (Ebashi, 1976).

Incubation of the injured muscle with leupeptin caused a large inhibition of this increased net protein breakdown, but the inhibitor of lysosomal acidification, methylamine, did not decrease this injury-induced proteolysis (Table 4). Thus muscle injury, like Ca^{2+} , seems to activate a non-lysosomal pathway for protein breakdown that requires thiol proteinases.

DISCUSSION

In accord with prior findings (Baracos & Goldberg, 1985), muscles maintained under passive tension in the presence of insulin and amino acids show very low rates of protein breakdown, and this basal process is independent of extracellular Ca²⁺ and does not require thiol proteinases. It thus resembles the basal protein breakdown seen in cultured hepatocytes (Hershko & Ciechanover, 1982; Mortimore, 1982) or fibroblasts during growth (Gronostajski et al., 1984, 1985). The nature of the proteinases responsible for this basal process in muscle, as in other cells, is an important unanswered question. Muscle cells contain several nonlysosomal proteinases (Pennington, 1977; Wildenthal, 1980; Kay et al., 1985). Several studies (Etlinger et al., 1981; Libby & Goldberg, 1981) suggest the presence within muscle of the soluble ATP-dependent pathway (Hershko & Ciechanover, 1982) as well as a high- M_r multifunctional proteinase (Dahlmann et al., 1985). Since neither of these activities is sensitive to leupeptin or E-64 (Tanaka *et al.*, 1984), they may possibly contribute to the basal degradative process in the muscle.

The ability of the weak base leucine methyl ester and thiol-proteinase inhibitors to block the enhancement of protein breakdown upon nutritional deprivation strongly suggests the involvement of the lysosome (Table 3). Under these incubation conditions, leupeptin and Ep-475 can inactivate intralysosomal cathepsin B and presumably other thiol proteinases, such as cathepsin H or L, within the muscle (Libby & Goldberg, 1978; Baracos & Goldberg, 1986). It is noteworthy that inactivation of these enzymes with leupeptin or E-64 did not decrease proteolysis as completely as did methylamine (Table 3). By raising the pH within the organelle, methylamine should inhibit nearly all acid hydrolases within the lysosome, and not just the thiol proteinases.

By contrast, these findings strongly argue that the effect of Ca²⁺ does not involve the lysosomal apparatus, as had been suggested previously. Etlinger and co-workers have come to a similar conclusion in analogous experiments (Zeman et al., 1985). The exact mechanism by which Ca^{2+} activates proteolysis in vitro, and the physiological significance of this effect in vivo, are uncertain. Under these incubation conditions, energy levels fall in the shortened muscles (Baracos & Goldberg, 1986), and microscopic studies by Harris et al. (1985) suggest ischaemic damage to internal regions of the muscle. Perhaps, therefore, Ca²⁺ permeability into these parts of the tissue may rise. It is noteworthy that passive tension prevents these biochemical and morphological changes, and prevents the stimulation of proteolysis by extracellular Ca²⁺ (K. Furuno, T. Okada, M. Karnovsky & A. L. Goldberg, unpublished work).

One simple attractive explanation of these effects would be that intracellular Ca²⁺ enhances protein breakdown in these muscles through an effect on the cytosolic thiol proteinases calpain I or calpain II. However, our prior experiments indicated that these proteinases could be selectively inactivated by mersalyl without any inhibition of the stimulation of proteolysis by A23187 (Rodemann et al., 1982) or extracellular Ca²⁺ (Baracos et al., 1984). Thus the actual mechanism of Ca²⁺-induced breakdown remains uncertain. This issue is of particular interest, because similar Ca²⁺-dependent phenomena may occur in certain diseased states. For example, protein breakdown appears to increase in dystrophic (Goldspink & Goldspink, 1977) and denervated muscles (Goldspink, 1976), which have been reported to show increased concentrations of Ca2+ (Engel et al., 1977; Emery & Burt, 1980; Jaffe et al., 1981). In addition, interleukin-1 and endotoxin-induced fever make protein breakdown in the tissue more sensitive to extracellular Ca²⁺ (Baracos et al., 1983; Fagan & Goldberg, 1985).

The accelerated degradation of muscle proteins seen on injury to the fibres was also sensitive to leupeptin, but not to the weak base (Table 4). This effect thus resembles that induced by a rise in cytosolic Ca^{2+} , and damage to the muscle membrane should cause a large influx of Ca^{2+} and Na⁺ ions. Although Ca^{2+} influx appears important in the response to injury in muscles allowed to shorten (K. Furuno, unpublished work), in muscles at resting length, cutting caused a similar increase in protein degradation in normal medium and in medium containing EGTA and dantrolene. Nevertheless, this type of tissue injury seems to activate a non-lysosomal proteolytic system (Table 4) similar to that stimulated by Ca^{2+} (Tables 1 and 2).

The finding that Ca^{2+} -induced and injury-induced proteolysis are susceptible to thiol-proteinase inhibitors, but not to other lysosomotropic agents, emphasizes that caution is necessary in interpreting experimental data obtained with these inhibitors in intact cells. Generally, inhibition by such agents has been taken as evidence for lysosomal involvement in protein breakdown. This conclusion seems valid for cultured cells or muscles during nutrient deprivation, but does not appear to be applicable to conditions in which protein breakdown may be activated by another mechanism.

These studies have been supported from grants from the National Institute of Neurological Diseases and Stroke and the Muscular Dystrophy Association of America. During the course of these studies, K.F. holds a postdoctoral fellowship from the Muscular Dystrophy Association of America.

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Received 21 January 1986/13 March 1986; accepted 9 April 1986

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