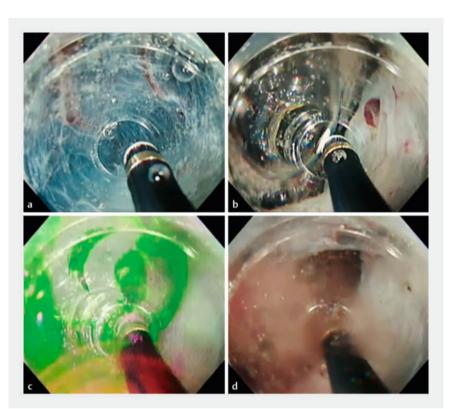
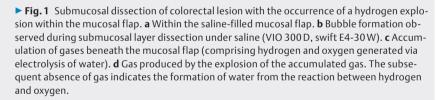
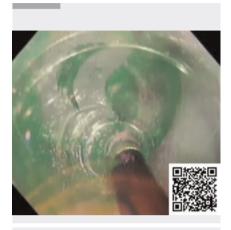
# Potential hazards of gas generation during underwater endoscopic submucosal dissection







It has been reported that endoscopic submucosal dissection (ESD) is performed under saline immersion for safer and more efficient resection [1,2]. However, the generation of bubbles during submucosal dissection poses a significant challenge by obstructing the endoscopic view. Therefore, we developed a gas-free immersion system, an advanced method enabling ESD to be conducted without compromising the visual field [3,4]. The bubbles generated during ESD are believed to consist of hydrogen and oxygen produced through the electrolysis of water. Therefore, if these gases accumulate in significant quantities without adequate dilution, the introduction of a highfrequency electrical current may induce a hydrogen explosion (▶ Fig. 1, ▶ Video 1). Upon exposure to high-frequency electrical energy from the device, these accumulated gases can initiate a hydrogen explosion, often accompanied by an audible sound. Fortunately, in this instance only submucosal oozing was observed following the explosion, with spontaneous hemostasis subsequently achieved. This report presents the first documented case of ESD in which muscular layer damage occurred as a result of a

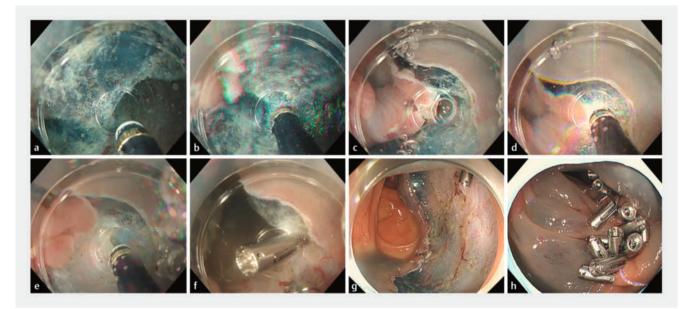


**Video 1** Colorectal endoscopic submucosal dissection complicated by an explosion due to gases generated during saline submucosal dissection.

gas explosion during saline-immersion dissection (> Fig. 2).

The patient presented with a 50-mm tumor located in the transverse colon. Following the resection of the majority of the tumor's central region, the peripheral margins were subsequently dissected. Unaware of the trapped gases, the endoscopist continued with the submucosal dissection, leading to a minor hydrogen explosion. While the hydrogen explosion did not directly damage the muscle layer, the force of the explosion caused oscillatory movement of the muscle layer, leading to minor trauma from the needle device. When dissection of the submucosal layer was completed, the damaged muscle area was closed using a single reopenable clip. After achieving full resection of the lesion, which resulted in a 65-mm mucosal defect, we employed the reopenable-clip over-the-line method to ensure complete defect closure [5].

Endoscopy\_UCTN\_Code\_CPL\_1AJ\_2AD\_3AD



▶ Fig. 2 Colorectal endoscopic submucosal dissection (ESD) under immersion, demonstrating muscle layer damage induced by hydrogen explosion. a Saline solution filling the mucosal flap. b Gas generated during submucosal dissection. c Small gas bubbles escaping from within the mucosal flap. d Gas ignition during mucosal incision, leading to hydrogen explosion. e Minor defect in the muscle layer resulting from electrosurgical cutting with needle device. f Repair of damaged muscle layer with a single reopenable clip. g Mucosal defect observed post-colonic ESD. h Defect post-ESD following complete closure using reopenable-clip over the line method.

## **Conflict of Interest**

Author Y. H. receives patent royalties of CAST hood from TOP corporation. The other authors declare that they have no competing interests.

#### The authors

## Tatsuma Nomura<sup>1,2</sup> Hiroaki Kumazawa<sup>1</sup>, Yoshiaki Isono<sup>1</sup>, Tomonori Saito<sup>1</sup>, Ayman Qawasmi<sup>2,3</sup>, Yoshikazu Hayashi<sup>2</sup> Katsumi Mukai<sup>1</sup>

- 1 Department of Gastroenterology, Suzuka General Hospital, Suzuka, Japan
- 2 Department of Medicine, Division of Gastroenterology, Jichi Medical University, Shimotsuke, Japan
- 3 Department of Medicine, Division of Gastroenterology, Samson Assuta Ashdod University Hospital, Ashdod, Israel

#### Corresponding author

#### Yoshikazu Hayashi, MD

Department of Medicine, Division of Gastroenterology, Jichi Medical University, 3311-1 Yakushiji, Shimotsuke, Tochigi, 329-0498, Japan hayashi@jichi.ac.jp

### References

- Despott EJ, Murino A. Saline-immersion therapeutic endoscopy (SITE): An evolution of underwater endoscopic lesion resection. Dig Liver Dis 2017; 49: 1376. doi:10.1016/j. dld.2017.08.035
- [2] Nomura T, Sugimoto S, Oyamada J et al. Gl endoscopic submucosal dissection using a calibrated, small-caliber-tip, transparent hood for lesions with fibrosis. VideoGIE 2021; 6: 301–304
- [3] Nomura T, Sugimoto S, Hayashi Y et al. Colorectal endoscopic submucosal dissection using a gas-free saline-immersion dissection technique. Endoscopy 2023; 55: E1039–E1040. doi:10.1055/a-2155-6107

- [4] Nomura T, Mitani T, Toyoda J et al. Gas-free immersion system with dual-channel scope for rapid hemostasis during gastric endoscopic submucosal dissection. Endoscopy 2024; 56: E734–E735
- [5] Nomura T, Sugimoto S, Temma T et al. Reopenable clip-over-the-line method for closing large mucosal defects following gastric endoscopic submucosal dissection: Prospective feasibility study. Dig Endosc 2023; 35: 505–511. doi:10.1111/den.14466

## Bibliography

Endoscopy 2024; 56: E872–E873 DOI 10.1055/a-2420-8029 ISSN 0013-726X © 2024. The Author(s). This is an open access article published by Thieme under the terms of the Creative Commons Attribution License, permitting unrestricted use, distribution, and reproduction so long as the original work is properly cited. (https://creativecommons.org/licenses/by/4.0/) Georg Thieme Verlag KG, Rüdigerstraße 14, 70469 Stuttgart, Germany

