



# OPEN Protection of HT22 neuronal cells against chemically-induced ferroptosis by catechol estrogens: protein disulfide isomerase as a mechanistic target

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Ferroptosis is a form of regulated cell death, characterized by excessive iron-dependent lipid peroxidation. Biochemically, ferroptosis can be selectively induced by erastin through glutathione depletion or through inhibition of glutathione peroxidase 4 by RSL3, which leads to accumulation of cytotoxic lipid reactive oxygen species (ROS). Protein disulfide isomerase (PDI) was recently shown to mediate erastin/RSL3-induced ferroptosis and thus also become a new target for protection against chemically-induced ferroptosis. The present study aims to identify endogenous compounds that can protect against erastin/RSL3-induced ferroptotic cell death. We find that 2-hydroxyestrone, 2-hydroxyestradiol, 4-hydroxyestrone and 4-hydroxyestradiol, four major endogenous catechol estrogens, are effective inhibitors of PDI, and can strongly protect against chemically-induced ferroptotic cell death in cultured HT22 mouse hippocampal neuronal cells. The CETSA assay showed that these catechol estrogens can bind to PDI in live cells. PDI knockdown attenuates the protective effect of these catechol estrogens against chemically-induced ferroptosis. Mechanistically, inhibition of PDI's catalytic activity by catechol estrogens abrogates erastin/RSL3-induced dimerization of nitric oxide synthase, thereby preventing the subsequent accumulation of cellular nitric oxide, ROS and lipid-ROS, and ultimately ferroptotic cell death. In addition, joint treatment of cells with catechol estrogens also abrogates erastin/RSL3-induced upregulation of nitric oxide synthase protein levels, which also contributes to the cytoprotective effect of the catechol estrogens. In conclusion, the present study demonstrates that the catechol estrogens are protectors of HT22 neuronal cells against chemically-induced ferroptosis, and inhibition of PDI's catalytic activity by these estrogens contributes to a novel, estrogen receptor-independent mechanism of cytoprotection.

**Keywords** Protein disulfide isomerase, Catechol estrogens, Nitric oxide synthase, Nitric oxide, Reactive oxygen species, Lipid reactive oxygen species, Cytoprotective action

Ferroptosis is a form of iron-dependent regulated cell death<sup>1–4</sup> and is morphologically distinct from apoptosis-associated changes<sup>1,2,5,6</sup>. Many studies have shown that ferroptosis is closely related to many human diseases, such as ischemic brain injury, ischemic heart disease, renal failure and drug-induced liver injury<sup>7–9</sup>. In addition, there is also evidence linking ferroptotic neuronal death to neurodegeneration<sup>10,11</sup>. Biochemically, ferroptosis is usually associated with glutathione (GSH) depletion and/or inhibition of glutathione peroxidase 4 (GPX4), which is an antioxidant enzyme that quenches phospholipid hydroperoxides<sup>12</sup>. Erastin, a selective inhibitor of the cystine-glutamate antiporter (system Xc<sup>-</sup>), induces ferroptosis by blocking the influx of extracellular cystine<sup>5</sup>. Depletion of cellular cystine leads to blockage of the cellular synthesis of cysteine and GSH, and ultimately, GSH depletion<sup>3,13–15</sup>. GSH depletion is associated with GPX4 inhibition and accumulation of iron-dependent lipid reactive oxygen species (lipid-ROS)<sup>11,16–19</sup>. In comparison, RSL3 induces ferroptosis by directly inhibiting GPX4, resulting in accumulation of lipid-ROS<sup>4,6,13,19</sup>. In addition, RSL3 can also directly inhibit the catalytic activity of thioredoxin reductase 1 (TrxR1)<sup>20</sup>. Recently, we have shown that inhibition of TrxR1 by RSL3 leads

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to activation (*i.e.*, formation of the disulfide bond in its active site) of protein disulfide isomerase A1 (PDI), which then contributes to RSL3-induced ferroptosis through activation of the PDI → NOS → NO → ROS/lipid-ROS pathway<sup>21</sup>.

Protein disulfide isomerase (PDI or PDIA1) is a ubiquitous dithiol/disulfide oxidoreductase of the thioredoxin superfamily<sup>22–24</sup>. Primarily localized in the endoplasmic reticulum of mammalian cells, a small fraction of PDI is also found in the nucleus, cytosol, mitochondria, plasma membrane and extracellular space<sup>25</sup>. PDI is involved in protein processing by catalyzing the formation of intra- and inter-molecular disulfide bridges in proteins<sup>26</sup>. PDI in its reduced state can be oxidized (*i.e.*, formation of a disulfide bond in its catalytic site), which is catalyzed by the endoplasmic reticulum oxidoreductin 1 (ERO1)<sup>27,28</sup>, and the oxidized PDI can be reduced by TrxR1<sup>29</sup>. Our earlier studies have shown that while inhibition of ERO1 (which inhibits PDI activation) partially protects against erastin-induced ferroptosis<sup>30,31</sup>, inhibition of TrxR1 (which favors PDI in its oxidized state) enhances RSL3-induced ferroptosis<sup>21</sup>.

Previous studies have shown that the accumulation of cellular ROS and lipid-ROS is a hallmark of chemically-induced ferroptosis<sup>32–34</sup>. In a recent study, we demonstrated that PDI plays an important role in driving chemically-induced ferroptosis in immortalized HT22 mouse hippocampal neuronal cells by catalyzing the dimerization of nitric oxide synthase (NOS) and subsequently nitric oxide (NO) accumulation, which then leads to accumulation of cellular ROS and lipid-ROS<sup>21,31</sup>. In addition, earlier we have also shown that PDI is required for nNOS dimerization during glutamate-induced GSH depletion, which ultimately leads to O<sub>2</sub><sup>•-</sup> accumulation and oxidative cytotoxicity in HT22 cells<sup>35</sup>. Inhibition of PDI effectively abrogated nNOS dimerization, which is associated with a strong protection against chemically-induced, GSH depletion-associated ferroptosis<sup>21,31,35,36</sup>. These lines of evidence highlight PDI as an important mediator of GSH depletion-associated ferroptosis and also an important target for protection against ferroptotic cell death.

Estrone (E<sub>1</sub>) and 17β-estradiol (E<sub>2</sub>) are major endogenous estrogens, and they are metabolized via hydroxylation to their respective catechol estrogen derivatives (*i.e.*, 2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> and 4-OH-E<sub>2</sub>)<sup>37,38</sup>. The metabolic reactions are catalyzed mostly by cytochrome P450 enzymes present in the liver (*e.g.*, CYP3A4 and CYP1A2) and in extrahepatic tissues (*e.g.*, CYP1A1 and CYP1B1)<sup>37</sup>. These catechol estrogens can be further *O*-methylated by catechol-*O*-methyltransferase (COMT) to form respective mono-methoxy metabolites, such as 2-methoxyestrone, 2-methoxyestradiol, 4-methoxyestrone and 4-methoxyestradiol<sup>37–39</sup>.

Previous studies have shown that some of the endogenously-formed estrogen metabolites, including those mentioned above, exhibit certain biological actions that are not mediated by the classical estrogen receptors α and β<sup>40,41</sup>. For instance, previously we have shown that 4-OH-E<sub>1</sub>, one of the catechol estrogen metabolites<sup>38</sup>, has a strong cytoprotective effect against glutamate-induced neuronal death<sup>42</sup> and erastin-induced ferroptosis<sup>36</sup>, and the cytoprotective effect of 4-OH-E<sub>1</sub> is independent of the estrogen receptors<sup>36</sup>. The strong cytoprotective effect of 4-OH-E<sub>1</sub> has also been demonstrated *in vivo*<sup>42</sup>. These earlier observations are the basis as well as impetus for our present study, which sought to study the protective effect of 2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> and 4-OH-E<sub>2</sub>, four endogenous catechol estrogens, against erastin/RSL3-induced ferroptosis in cultured neuronal cells, with a focus on determining the mechanism of their neuroprotective actions. We find that 2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> and 4-OH-E<sub>2</sub> each have a strong protective effect against erastin/RSL3-induced ferroptosis in HT22 cells. Mechanistically, these catechol estrogens selectively target and inhibit PDI's enzymatic activity, and abrogate PDI-mediated nNOS and iNOS dimerization and NO accumulation, which then leads to reduction in cellular ROS and lipid-ROS accumulation. In addition, these catechol estrogens also abrogate erastin/RSL3-induced increase in cellular nNOS and iNOS protein levels. It is believed that these effects of catechol estrogens jointly contribute to their strong protective effect against chemically-induced ferroptosis in cultured HT22 neuronal cells.

## Methods and materials

### Chemicals and reagents

2-OH-E<sub>1</sub> (#E1130-000), 2-OH-E<sub>2</sub> (#E2470-000), 4-OH-E<sub>1</sub> (#E1170-000), 4-OH-E<sub>2</sub> (#E2500-000), 2-methoxyestrone (#E1148-000), 4-methoxyestrone (#E1175-000), 2-methoxyestradiol (#E2490-000) and 4-methoxyestradiol (#E2510-000) were obtained from Steraloids Inc. (Newport, RI, USA). E<sub>1</sub> (#986888) was obtained from J&K Scientific (San Jose, CA, USA). E<sub>2</sub> (#3301) and cystamine (#108318) were from Sigma-Aldrich (St Louis, MO, USA). E<sub>1</sub>, E<sub>2</sub> and estrogen metabolites were dissolved in pure ethanol to prepare their stock solutions (usually at 20 mM). Erastin (#S7262), RSL3 (#SML2234), Ferrostatin-1 (#S7243), CPZ (#S5749) and SMT (#S3631) were purchased from Selleck Chemicals (Houston, TX, USA) and dissolved in dimethyl sulfoxide (DMSO). Diaminofluorescein-FM diacetate (DAF-FM-DA, #S0019) and diaminofluorescein-2 diacetate (DCF-DA, #S0033) were purchased from Beyotime Biotechnology (Shanghai, China), and C11-BODIPY-581/591 (#D3861) from Thermo Fishers (Waltham, MA, USA). The anti-PDI (#3501) and anti-β-actin (#4970) antibodies were purchased from Cell Signaling Technology (Danvers, MA, USA); anti-nNOS (#ab1376) and anti-iNOS (#ab3523) antibodies were from Abcam (Waltham, MA, USA). PDI-siRNAs and nNOS-siRNAs (their sequences described earlier<sup>31</sup>) were purchased from RuiBo Biotechnology (GuangZhou, China). iNOS-siRNAs (#SC36092) were purchased from Santa Cruz Biotechnology (Dallas, TX, USA).

### Cell culture and cell viability assay

The HT22 murine hippocampal neuronal cells were obtained from the Cell Bank of the Chinese Academy of Sciences (Shanghai, China), cultured in DMEM supplied with 10% (*v/v*) fetal bovine serum and 1% penicillin and streptomycin, and incubated at 37 °C under 5% CO<sub>2</sub>. Cells were sub-cultured when they reached approximately 80% confluence.

The MTT reduction assay was used to determine the change in gross cell viability. HT22 cells were usually seeded in 96-well plates at a density of 2000 cells/well 24 h prior to receiving various experimental treatments. To test the potential protective effect of a compound, the cells were jointly treated with erastin or RSL3 ± the

compound for 24 h. Afterwards, MTT at a final concentration of 0.5 mg/mL was added to each well, and incubated for 2.5 h at 37 °C under 5% CO<sub>2</sub>. After incubation, the MTT-containing medium was removed and 100 µL DMSO was added to each well to dissolve the MTT formazan. Absorbance of the MTT formazan was measured with a UV<sub>max</sub> microplate reader (Molecular Device, Palo Alto, CA, USA) at the 560-nm wavelength.

### Fluorescence microscopy

Fluorescence microscopy was used to visualize cellular accumulation of NO and ROS under different drug treatments. HT22 cells were seeded in 24-well plates at a density of  $5 \times 10^4$  cells/well, and then they were treated with erastin or RSL3 ± selected test compounds for indicated length of time. After the cells were washed with HBSS twice, they were stained with cell-permeant fluorescent probe DAF-FM-DA (10 µM, for detection of cellular NO) or DCFH-DA (10 µM, for detection of total cellular ROS) dissolved in 200 µL DMEM without of phenol red and serum, and incubated at 37 °C for an additional 20 min. Then the cells were washed twice with HBSS, and the fluorescence images were taken using a fluorescence microscope (AXIO, Carl Zeiss Corporation, Germany).

### Analytical flow cytometry

For quantitation of the cellular levels of NO, ROS and lipid-ROS by a flow cytometer, cells were plated in 6-well plates at a density of  $15 \times 10^4$  cells/well. Following drug treatment for indicated length of time, cells were trypsinized, collected and suspended in phosphate-buffered saline (PBS). Cells were then centrifuged, and the resulting cell pellets were resuspended in DMEM (without phenol red and serum) containing DAF-FM-DA (10 µM, for NO detection), DCFH-DA (10 µM, for ROS detection) or BODIPY-581/591-C11 (10 µM, for lipid-ROS detection). After 20-min incubation at 37 °C, the cells were washed three times with HBSS to remove any remaining fluorescent dyes. Levels of cellular NO, ROS and lipid-ROS were measured using a flow cytometer (Beckman Coulter, Brea, CA, USA) and the results were analyzed using the FlowJo software (FlowJo, LLC, Ashland, USA).

### Confocal microscopy

For visualizing subcellular localization of lipid-ROS, confocal microscopy was used. Cells were seeded at a density of  $5 \times 10^4$  per well on coverslips placed inside the 24-well plates. Twenty-four h later, cells were treated with different compounds as indicated. Coverslips were then washed in HBSS and incubated in HBSS containing BODIPY-581/591-C11 (10 µM) for 20 min at 37 °C under 5% CO<sub>2</sub>. Coverslips were then mounted on microscope slides for visualization. Slides were imaged using a LSM 900 confocal laser scanning microscope (LSM 900; Carl Zeiss, Oberkochen, Germany), and images were analyzed with the Zen software (Carl Zeiss).

### Immunoblot analysis

After treatment of cells with erastin or RSL3 for different durations as indicated, the cells were collected by trypsinization and centrifugation, and then lysed on ice for 30 min in the RIPA buffer containing 1% protease inhibitor cocktail. Protein concentrations were determined using the BCA assay kit (ThermoFisher, MA, USA). For analysis of total nNOS and iNOS (including both monomeric and dimeric forms of nNOS), samples were heated at 95 °C for 5 min with a reducing buffer before loaded onto the gel. To analyze the monomeric and dimeric forms of nNOS and iNOS, samples were prepared with a non-reducing buffer and were not heated, and the temperature of the gel was maintained at below 15 °C during electrophoresis. Proteins were then separated using 10% agarose gel (for analysis of total NOS protein) or 6% agarose gel (for analysis of monomeric and dimeric NOS proteins), and transferred to PVDF membranes. The membranes were then incubated for 1 h in 5% skim milk at room temperature and incubated with primary antibody overnight. Afterwards, the membranes were washed three times with TBST at room temperature (10 min each time). The membranes were then incubated with the secondary antibody (Tanon 5200, Shanghai, China).

Here it should be noted that for the detection of monomer and dimer NOS proteins, the full-length membranes were used for hybridization with the NOS antibody. Accordingly, the whole blot images were shown in the Supplementary File. In comparison, for the detection of total NOS, PDI and β-actin, the membranes were cut before hybridization with different antibodies; as such, only the corresponding areas of the membrane were shown for each of these three proteins.

### Cellular thermal shift assay (CETSA)

To determine the binding interaction of the cellular PDI protein with each of the catechol estrogens, CETSA was performed according to the published method<sup>43</sup>. Briefly, after the cells were treated with the test compound or the dissolving vehicle for 45 min, they were washed with ice-cold PBS, harvested by trypsinization, centrifuged, and re-suspended in PBS supplemented with the complete protease inhibitor cocktail and the same concentrations of the test compound. Equal amounts of cell suspensions were aliquoted into 0.2 mL PCR microtubes. Subsequently, the cell suspension aliquots were heated individually at the indicated temperatures for 3 min (Ristretto Thermal Cycler; VWR, Darmstadt, Germany), followed by cooling at room temperature for 3 min. Finally, the cells were lysed using three cycles of freeze-and-thawing, and the soluble fractions were isolated by centrifugation and analyzed for PDI protein by SDS-PAGE followed by Western blotting as described above. For isothermal dose-response CETSA (ITDR<sub>CETSA</sub>), the change in the levels of the PDI protein (normalized to the β-actin control) was plotted as a function of temperature to generate the PDI melting curves for the different treatments.

### siRNA transfection

For siRNA transfection, the procedures were described in our earlier study<sup>31</sup>. Briefly, the siRNAs (at a final concentration of 60 nM) for targeted genes (PDI, iNOS, and nNOS) were transfected into HT22 cells 24 h

after seeding with Lipofectamine RNA iMAX (Invitrogen). Twenty-four h after siRNA transfection, cells were treated with selected drugs, and subsequently processed for cell viability measurement, fluorescence imaging and immunoblot analysis.

### Statistical analysis

All quantitative experiments and data described in this study were repeated at least three times, and similar observations were made. The data were usually presented as mean  $\pm$  S.D. of multiple replicate measurements of one selected experiment. Statistical analysis and comparisons were performed with one-way ANOVA using the GraphPad Prism 7 (GraphPad Software, La Jolla, CA, USA). Statistical significance was denoted by  $P < 0.05$  (\* or #) and  $P < 0.01$  (\*\* or ##) for significant and very significant differences, respectively. In most cases, \* and \*\* denote the comparison for statistical significance between the control group (cells treated with vehicle only) and the cells treated with a chemical, whereas # and ## denote the comparison between the cells treated with the ferroptosis inducer alone (such as erastin or RSL3) and the cells jointly treated with a ferroptosis inducer + a modulating compound.

## Results

### Catechol estrogens protect against erastin-induced oxidative ferroptosis

**Cytoprotective activity** Earlier studies reported that erastin can induce ferroptotic cell death in HT22 mouse hippocampal neuronal cells in culture<sup>31,44</sup>. These observations were confirmed in this study by showing that erastin elicited a dose- and time-dependent reduction in cell viability in HT22 cells (Fig. 2A,B). Erastin-induced cell death in HT22 cells could be strongly rescued by Fer-1 (Fig. 2C), confirming that erastin induces ferroptotic cell death. We chose to use 0.8  $\mu$ M erastin for subsequent cytoprotective experiments as erastin at this concentration effectively reduced cell viability by 80–90% (some variations were noted from experiments to experiments which were conducted at different times).

Next, we determined the protective effect of four catechol estrogens (2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> and 4-OH-E<sub>2</sub>; structures shown in Fig. 1) against erastin-induced ferroptosis. We found that each catechol estrogen exerted a strong protection against erastin-induced ferroptosis in HT22 cells. For instance, joint treatment of cells with erastin + 2-OH-E<sub>1</sub> or 2-OH-E<sub>2</sub> (at 1.25–10  $\mu$ M) effectively rescued the cells from erastin-induced cytotoxicity (Fig. 2D,E), and the maximal protection (*i.e.*, cell viability reaching ~80% of the control group cell viability) was seen at 2.5–5  $\mu$ M concentrations. Similarly, joint treatment of cells with erastin + 4-OH-E<sub>1</sub> or 4-OH-E<sub>2</sub> (at 1.25–10  $\mu$ M) also exerted a strong protection against erastin-induced cytotoxicity (Fig. 2F,G), with maximal protection (cell viability reaching ~80% of the control) seen at 5  $\mu$ M. It is of note that these four catechol estrogens when present alone at concentrations  $\geq$  5  $\mu$ M also elicited significant cytotoxicity in the cells (Fig. 2D–G).

Different from the observations made with these four catechol estrogens, a similarly-strong protective effect was not observed when HT22 cells were jointly treated with the parent hormones E<sub>1</sub> and E<sub>2</sub> at the same concentrations (Fig. 2H,I). Moreover, three monomethoxy metabolites of E<sub>1</sub> and E<sub>2</sub> (*i.e.*, 2-methoxyestrone, 4-methoxyestrone and 4-methoxyestradiol; structures shown in Fig. 1) also did not display a similarly-strong protective effect against erastin-induced ferroptosis at the same concentrations (Fig. 2J–M), except 2-methoxyestradiol which exhibited approximately 50% protection against erastin-induced ferroptosis (Fig. 2K).

In this study, we also tested, for comparison, the protective effect of cystamine (a known PDI inhibitor<sup>45</sup>) against erastin-induced ferroptosis in HT22 cells under the same experimental conditions<sup>30</sup>. Cystamine had approximately 85% protection against erastin-induced ferroptosis when it was present at 6.25  $\mu$ M, and a complete protection was seen at 50  $\mu$ M (Fig. 2N). In addition, we found that CPZ (an nNOS inhibitor<sup>46</sup>) and SMT (an iNOS inhibitor<sup>47</sup>) each showed a strong protective effect against erastin-induced cell death (Fig. 2O).

**Effect on NO, ROS and lipid-ROS accumulation** Our recent studies have shown that erastin-induced ferroptosis is associated with accumulation of cellular NO, which is followed by accumulation of cellular ROS and lipid-ROS<sup>30,31</sup>. Using analytical flow cytometry, we confirmed the time-dependent change in cellular NO and ROS levels following treatment with erastin (Fig. 3A,G). It was confirmed that the erastin-induced increase in cellular ROS accumulation was slightly behind the rise in cellular NO accumulation.

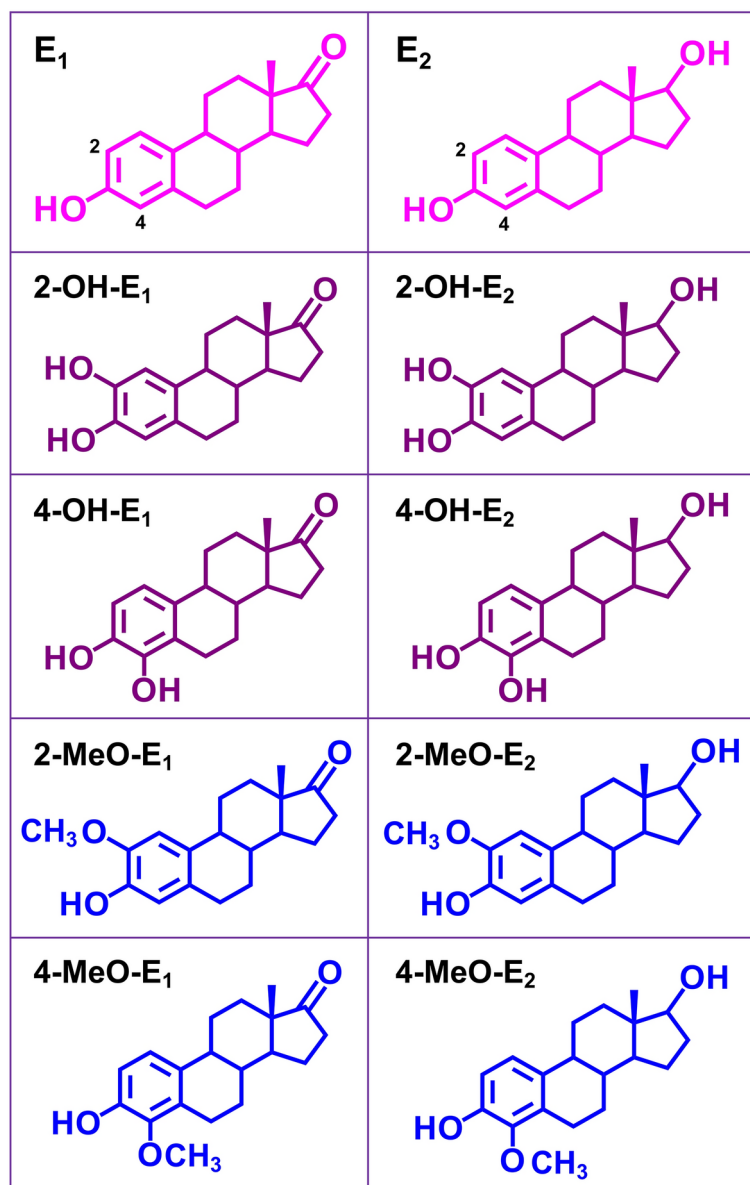
Next, we jointly used the analytical flow cytometry and fluorescence microscopy to determine the change in cellular NO levels in HT22 cells treated with erastin  $\pm$  a catechol estrogen (2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> or 4-OH-E<sub>2</sub>) (Fig. 3B–F). While treatment of cells with 0.8  $\mu$ M erastin alone increased cellular NO levels, joint treatment with each catechol estrogen strongly abrogated erastin-induced NO accumulation (Fig. 3B–F). Similarly, while the ROS levels in erastin-treated HT22 cells were significantly increased, joint treatment of cells with a catechol estrogen (2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> or 4-OH-E<sub>2</sub>) almost completely abrogated erastin-induced accumulation of cellular ROS (Fig. 3H–L).

Accumulation of cellular lipid-ROS is a hallmark of ferroptotic cell death<sup>6,16,48</sup>. Our earlier study showed that treatment of HT22 cells with erastin increased cellular lipid-ROS accumulation in a time-dependent manner<sup>31</sup>, and this observation was confirmed in this study (Supplementary Fig. S1A). In addition, we observed that erastin-induced accumulation of cellular lipid-ROS was completely abrogated by joint treatment of the cells with each of the four catechol estrogens (Fig. 4A–E).

In summary, we demonstrate that each of the four endogenous catechol estrogens can strongly protect HT22 cells against erastin-induced ferroptotic cell death, and this protection is associated with a strong abrogation of erastin-induced accumulation of cellular NO, ROS and lipid-ROS by catechol estrogens.

### Catechol estrogens protect against RSL3-induced ferroptosis

**Cytoprotective activity** RSL3 is another commonly-used ferroptosis inducer<sup>18,48</sup>. RSL3 induces ferroptosis by inhibiting GPX4 (which result in lipid-ROS accumulation<sup>4,6,19</sup>) and by inhibiting TrxR1 (which results in PDI

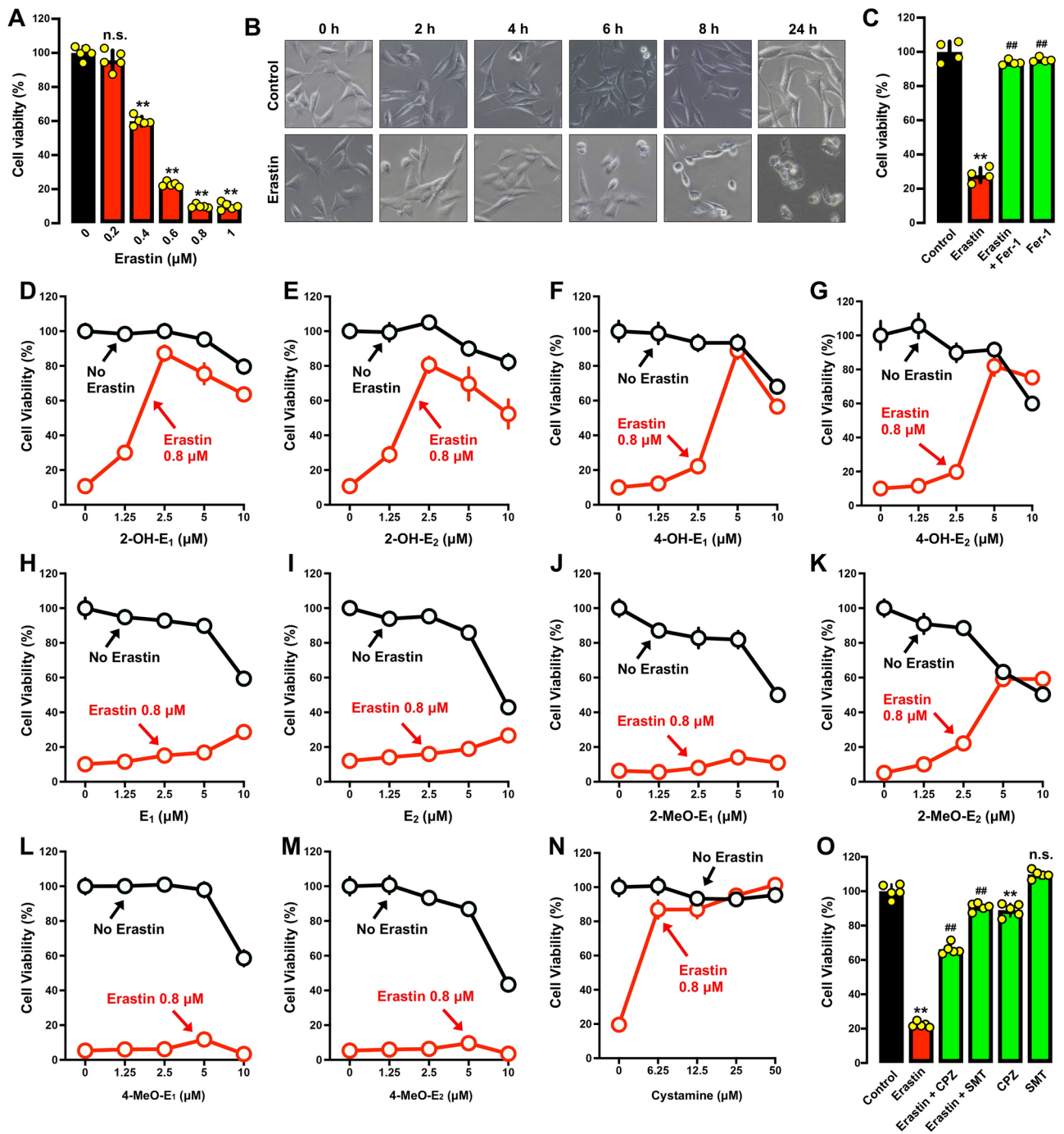


**Fig. 1.** Chemical structures of the four catechol estrogens (2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> and 4-OH-E<sub>2</sub>), their parent hormones (E<sub>1</sub> and E<sub>2</sub>) and the monomethoxy estrogen metabolites (2-MeO-E<sub>1</sub>, 2-MeO-E<sub>2</sub>, 4-MeO-E<sub>1</sub> and 4-MeO-E<sub>2</sub>) tested in this study. E<sub>1</sub> and E<sub>2</sub> can be hydroxylated to their catechol estrogens catalyzed by cytochrome P450 enzymes present in the liver (*e.g.*, CYP3A4 and CYP1A2) and extrahepatic tissues (*e.g.*, CYP1A1 and CYP1B1). These catechol estrogens can be further *O*-methylated by catechol-*O*-methyltransferase (COMT) to form respective monomethoxy metabolites.

activation and NOS dimerization)<sup>20,21</sup>. In this study, we also compared the protective effect of catechol estrogens against RSL3-induced ferroptosis in cultured HT22 cells.

Based on MTT assay and gross morphological analysis, we confirmed that RSL3 could induce cell death in HT22 cells in a dose- and time-dependent manner and with very high potency (Fig. 5A,B). RSL3-induced cell death was effectively rescued by Fer-1 (Fig. 5C), which is in agreement with ferroptotic cell death. The 80-nM RSL3 concentration was selected to evaluate the cytoprotective effect of catechol estrogens.

We found that each of the four catechol estrogens dose-dependently protected HT22 cells against RSL3-induced ferroptosis, with maximal protection (cell viability reaching ~80% of the control viability) seen at 5  $\mu$ M (Fig. 5D–G). Similar to the observations made with erastin, the parent hormones E<sub>1</sub> and E<sub>2</sub> failed to exert a similarly-strong protective effect against RSL3-induced cell death (Fig. 5H,I). Three of the monomethoxy estrogen metabolites (*i.e.*, 2-methoxyestrone, 4-methoxyestrone and 4-methoxyestradiol) had a markedly weaker protective effect against RSL3-induced cell death (Fig. 5J–M), except 2-methoxyestradiol which showed a relatively stronger protective effect against RSL3-induced cytotoxicity (Fig. 5K).



When cystamine was analyzed for comparison, it also displayed a strong protection against RSL3-induced ferroptosis (Fig. 5N). The apparent potency of cystamine in protection against RSL3-induced ferroptosis is lower than its protection against erastin-induced ferroptosis (compare Fig. 5N with Fig. 2N), indicating that PDI likely plays a more dominant upstream role in mediating erastin-induced cell death. In addition, we found that while CPZ exerted a modest protective effect against RSL3-induced cell death, SMT exerted a markedly stronger protective effect (Fig. 5O).

**Effect on NO, ROS and lipid-ROS accumulation** In this study, the change in cellular NO, ROS and lipid-ROS levels was also determined in HT22 cells treated with RSL3 alone or in combination with each catechol estrogen. It is of considerable interest to determine whether NO accumulation is also involved in RSL3-induced ferroptosis given the fact that NO accumulation is upstream of ROS and lipid-ROS accumulation based on observations with erastin-induced ferroptosis<sup>30,31</sup>. Flow cytometric analyses of RSL3-treated cells showed that RSL3-treated cells displayed a rapid time-dependent rise in cellular NO levels (Fig. 6A). Joint treatment of cells with RSL3 + a catechol estrogen (2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> or 4-OH-E<sub>2</sub>) strongly abrogated RSL3-induced accumulation of cellular NO (Fig. 6B–F). Similarly, flow cytometric analyses showed that treatment of HT22 cells with RSL3 also elicited a time-dependent increase in cellular ROS levels (Fig. 6G). Joint treatment of cells with RSL3 + each catechol estrogen abrogated RSL3-induced accumulation of cellular ROS (Fig. 6H–L).

◀ **Fig. 2.** Differential protective effect of catechol estrogens, their parent hormones and the monomethoxy estrogen metabolites against erastin-induced cell death in HT22 cells. **(A–B)** Effect of erastin on cell viability (MTT assay,  $n = 5$ ) **(A)** and gross cell morphology **(B)**. The cells were treated with different concentrations of erastin for 24 h **(A)**, or treated with 0.8  $\mu\text{M}$  erastin for different durations **(B)**. **(C)** Protective effect of Fer-1 against erastin-induced cell death (MTT assay,  $n = 4$ ). Cells were treated for 24 h with erastin (0.8  $\mu\text{M}$ )  $\pm$  Fer-1 (1  $\mu\text{M}$ ). Note that in this experiment (which conducted separately at a different time), the cells experienced a reduced sensitivity to erastin-induced cytotoxicity. **(D–G)** Cells were treated with erastin (0.8  $\mu\text{M}$ )  $\pm$  a catechol estrogen (2-OH- $E_1$ , 2-OH- $E_2$ , 4-OH- $E_1$  or 4-OH- $E_2$ ) at indicated concentrations for 24 h, and cell viability was determined by MTT assay ( $n = 5$ ). **(H, I)** Comparison of the protective effect of  $E_1$  and  $E_2$  against erastin-induced cytotoxicity. Cells were treated with different concentrations of  $E_1$  **(H)** or  $E_2$  **(I)** for 24 h, and cell viability was determined by MTT assay ( $n = 5$ ). **(J–M)** Comparison of the protective effect of the mono-methoxy estrogen metabolites (2-MeO- $E_1$ , 2-MeO- $E_2$ , 4-MeO- $E_1$  and 4-MeO- $E_2$ ) against erastin-induced cytotoxicity. Cells were treated with different concentrations of the estrogen metabolites for 24 h, and cell viability was determined by MTT assay ( $n = 5$ ). **(N)** Protective effect of cystamine against erastin-induced ferroptotic cell death (MTT assay,  $n = 5$ ). **(O)** Protective effect of CPZ and SMT against erastin-induced cell death (MTT assay,  $n = 5$ ). Cells were treated for 24 h with erastin (0.8  $\mu\text{M}$ )  $\pm$  CPZ (20  $\mu\text{M}$ ) or SMT (100  $\mu\text{M}$ ). Note that in this experiment (which conducted separately at a different time), the cells experienced a reduced sensitivity to erastin-induced cytotoxicity. The quantitative data are presented as mean  $\pm$  S.D. \* or #,  $P < 0.05$ ; \*\* or ##,  $P < 0.01$ . n.s., not significant. (\* or # denote statistical significance in comparison with the control group or the erastin alone group, respectively).

Analytical flow cytometry showed that treatment of HT22 cells with RSL3 increased cellular lipid-ROS accumulation in a time-dependent manner (Supplementary Fig. S1B). Confocal microscopic analysis confirmed that RSL3 markedly increased cellular lipid-ROS accumulation (Fig. 7E); moreover, RSL3-induced lipid-ROS accumulation was abrogated by joint treatment of cells with RSL3 + each catechol estrogen (Fig. 7A–D).

In summary, RSL3 induces ferroptotic death through induction of cellular NO, ROS and lipid-ROS accumulation in HT22 cells. Joint treatment of cells with each catechol estrogen abrogates RSL3-induced accumulation of cellular NO, ROS and lipid-ROS, and this effect contributes to the protective action of catechol estrogens against RSL3-induced ferroptosis.

### Catechol estrogens can bind directly to PDI in live HT22 cells

The results described above prompted us to identify the potential cellular target that might mediate the protective effect of catechol estrogens against chemically-induced ferroptotic cell death in cultured HT22 cells. Our earlier studies have shown that PDI is an important cellular protein that can mediate chemically-induced ferroptotic cell death<sup>30,31</sup>. In addition, our recent study showed that 4-OH- $E_1$  protects erastin-induced cell death through binding to PDI and inhibition of its enzymatic activity<sup>36</sup>. In the present study, therefore, we sought to determine whether these catechol estrogens can bind to PDI in HT22 cells to mediate the cytoprotective action against chemically-induced ferroptosis.

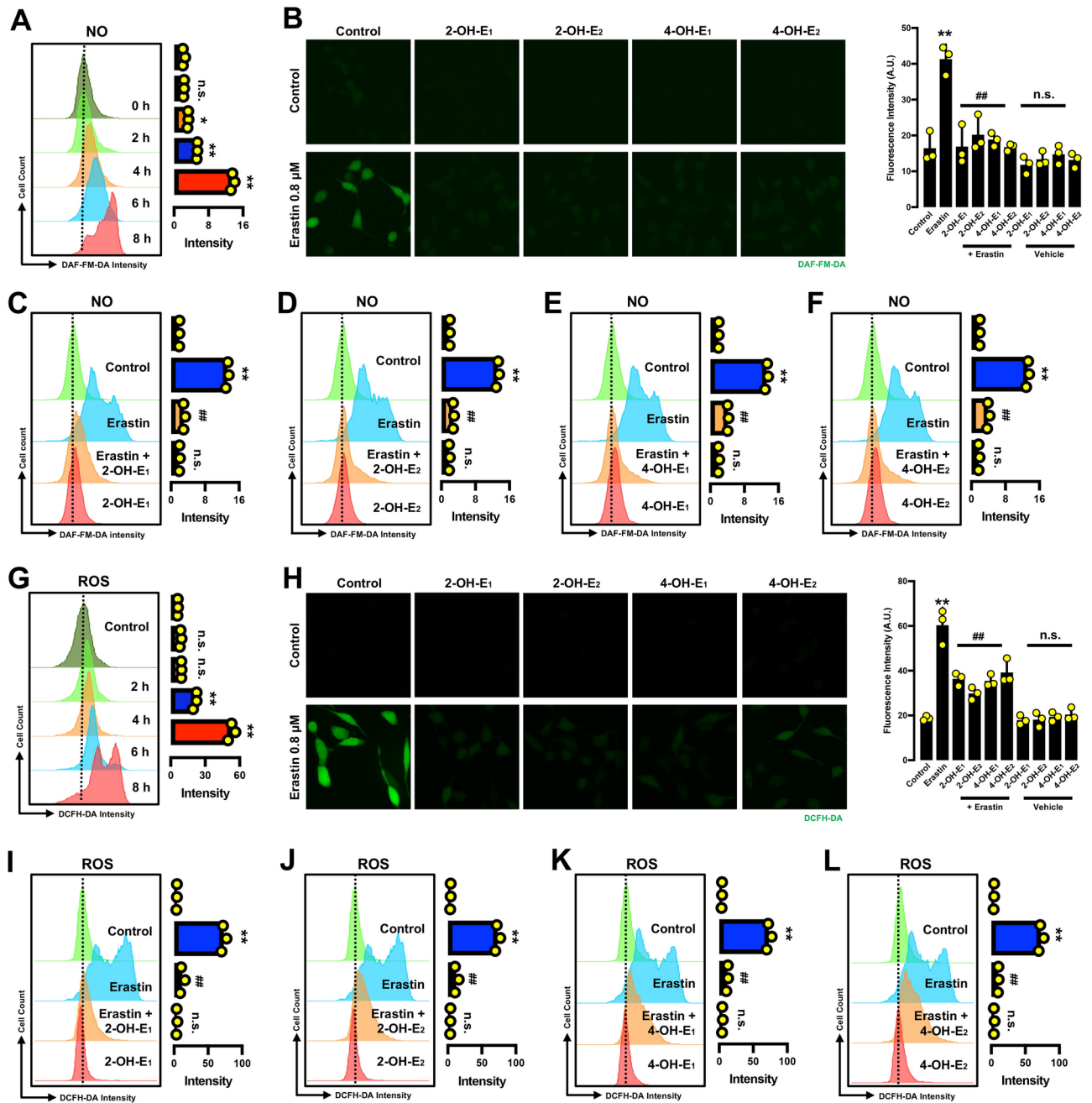
We performed the cellular thermal shift assay (CETSA) to evaluate the binding interaction between each catechol estrogen and PDI in live HT22 cells. Based on Western blot analysis of PDI stability, a thermal shift associated with PDI was observed in HT22 cells jointly treated with each catechol estrogen (2-OH- $E_1$ , 2-OH- $E_2$ , 4-OH- $E_1$  or 4-OH- $E_2$ ) compared to vehicle-treated control cells. The change in the  $T_{m50}$  values (the temperature at which 50% of the proteins are precipitated by thermal denaturation) was determined to reflect the relative binding affinity of catechol estrogens to PDI. In the absence of a catechol estrogen, PDI has a  $T_{m50}$  value of 55  $^{\circ}\text{C}$ , but the presence of each catechol estrogen increased its  $T_{m50}$  to varying degrees (Fig. 8A–E). Specifically, when 2-OH- $E_1$ , 2-OH- $E_2$  or 4-OH- $E_2$  was present, the  $T_{m50}$  values for PDI were increased to approximately 58  $^{\circ}\text{C}$ , but when 4-OH- $E_1$  was present, the  $T_{m50}$  value for PDI was increased to approximately 59  $^{\circ}\text{C}$  (Fig. 8A–E).

To provide further support for the above experimental observations, the isothermal dose–response CETSA (ITDR<sub>CETSA</sub>) was also performed. The isothermal stability of PDI treated with different concentrations of catechol estrogens at 60  $^{\circ}\text{C}$  further demonstrated that the PDI protein in live HT22 cells was stabilized by the presence of catechol estrogens in a concentration-dependent manner (Fig. 9A–E). The CETSA curves reached the plateaus and showed comparable stabilization patterns when higher concentrations of the catechol estrogens were present.

Together, these results demonstrate that the catechol estrogens can directly bind to PDI protein and increase its stability in live HT22 cells in culture.

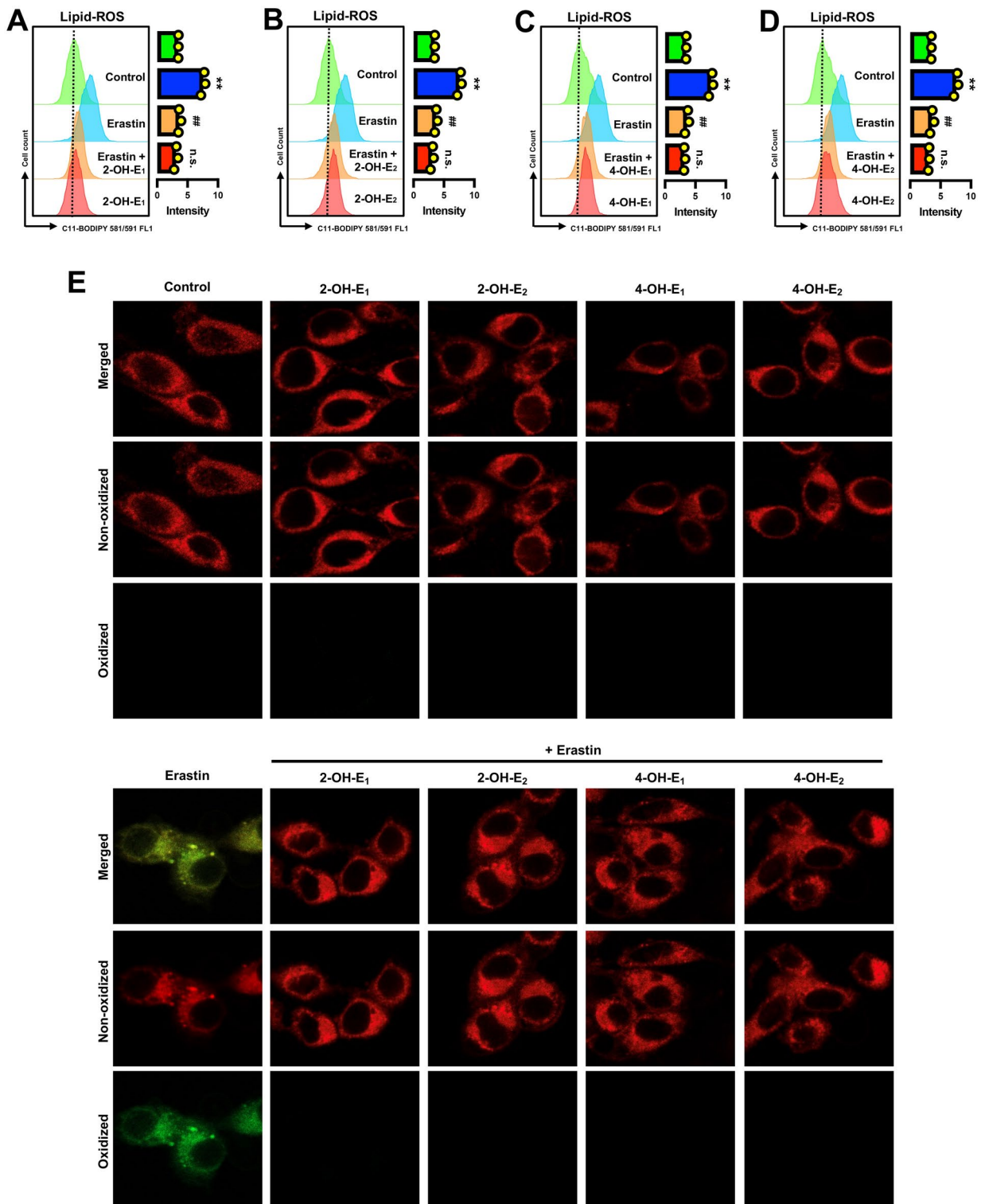
### PDI mediates the protective effect of catechol estrogens against chemically-induced ferroptosis

To provide support for the hypothesis that inhibition of PDI's catalytic activity by catechol estrogens plays an important role in protecting HT22 cells against chemically-induced ferroptosis, we transfected HT22 cells with the PDI-siRNAs to selectively knock down its expression (Fig. 10A–G). The effectiveness of PDI knockdown was assessed by Western blot analysis of cellular PDI protein levels (Fig. 10A). We found that PDI knockdown reduced erastin-induced ferroptosis in HT22 cells (Fig. 10C,F), and the cytoprotective action of each catechol estrogen was also partially abrogated by PDI knockdown (Fig. 10B,C,E,F). Selective PDI knockdown similarly reduced RSL3-induced ferroptosis (Fig. 10D,G), and the protective effect of catechol estrogens against RSL3-induced ferroptotic cell death was also diminished by PDI knockdown (Fig. 10B,D,E,G). Together, these results

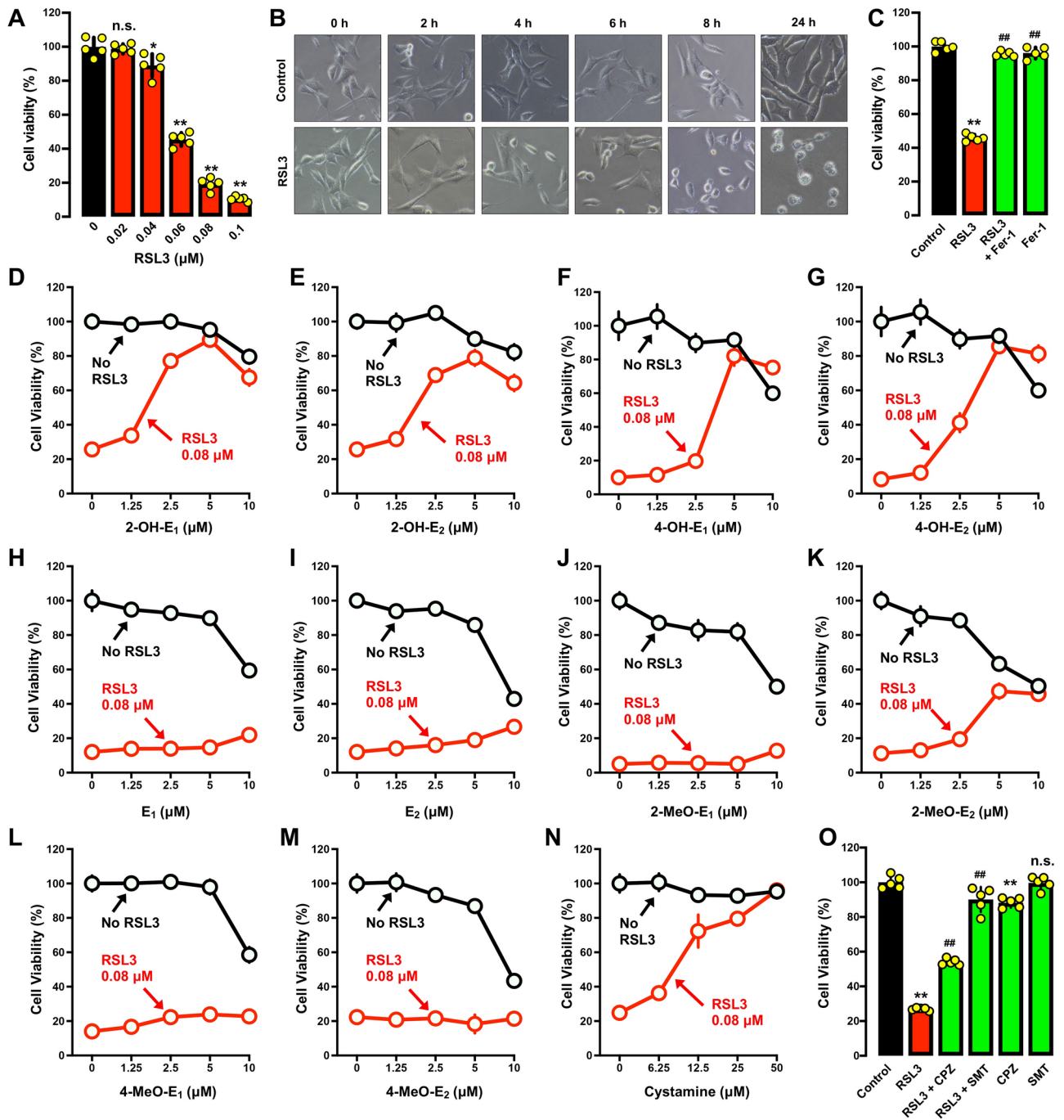


**Fig. 3.** Catechol estrogens abrogate erastin-induced accumulation of NO and ROS in HT22 cells. **(A)** Time-dependent accumulation of cellular NO after the cells were treated with 0.8  $\mu$ M erastin (flow cytometry). Each value is the mean  $\pm$  S.D. ( $n = 3$ ). **(B)** Abrogation of erastin-induced NO accumulation by catechol estrogens (fluorescence microscopy). The cells were treated with erastin (0.8  $\mu$ M)  $\pm$  each catechol estrogen (2.5  $\mu$ M 2-OH-E<sub>1</sub>, 2.5  $\mu$ M 2-OH-E<sub>2</sub>, 5  $\mu$ M 4-OH-E<sub>1</sub> or 5  $\mu$ M 4-OH-E<sub>2</sub>). **(C–F)** Abrogation of erastin-induced NO accumulation by each catechol estrogen at 8 h after erastin exposure (flow cytometry). The concentrations of erastin and each catechol estrogen metabolite used here were the same as in **(B)**. Each value is the mean  $\pm$  S.D. ( $n = 3$ ). **(G)** Time-dependent accumulation of cellular ROS after the cells were treated with 0.8  $\mu$ M erastin (flow cytometry). Each value is the mean  $\pm$  S.D. ( $n = 3$ ). **(H)** Abrogation of erastin-induced ROS accumulation by catechol estrogens (fluorescence microscopy). The cells were treated with erastin (0.8  $\mu$ M)  $\pm$  each catechol estrogen (2.5  $\mu$ M 2-OH-E<sub>1</sub>, 2.5  $\mu$ M 2-OH-E<sub>2</sub>, 5  $\mu$ M 4-OH-E<sub>1</sub> or 5  $\mu$ M 4-OH-E<sub>2</sub>). **(I–L)** Abrogation of erastin-induced ROS accumulation by each catechol estrogen at 8 h after erastin exposure (flow cytometry). The concentrations of erastin and each catechol estrogen metabolite used here were the same as in **(H)**. Each value is the mean  $\pm$  S.D. ( $n = 3$ ). The quantitative data are presented as mean  $\pm$  S.D. \* or #,  $P < 0.05$ ; \*\* or ##,  $P < 0.01$ . n.s., not significant. (\* or # denote statistical significance in comparison with the control group or the erastin alone group, respectively).





**Fig. 4.** Catechol estrogens abrogate erastin-induced accumulation of lipid-ROS in HT22 cells. (A–D) Abrogation of erastin-induced lipid-ROS accumulation by catechol estrogens at 8 h after erastin exposure (flow cytometry). The cells were treated with erastin (0.8  $\mu$ M)  $\pm$  a catechol estrogen (2.5  $\mu$ M 2-OH-E<sub>1</sub>, 2.5  $\mu$ M 2-OH-E<sub>2</sub>, 5  $\mu$ M 4-OH-E<sub>1</sub> or 5  $\mu$ M 4-OH-E<sub>2</sub>) for 8 h. Each value is the mean  $\pm$  S.D. (n = 3). (E) Abrogation of erastin-induced lipid-ROS accumulation by catechol estrogens (confocal microscopy). The concentrations of erastin and each catechol estrogen metabolite used here were the same as in (A–D). The quantitative data are presented as mean  $\pm$  S.D. \* or #,  $P < 0.05$ ; \*\* or ##,  $P < 0.01$ . n.s., not significant. (\* or # denote statistical significance in comparison with the control group or the erastin alone group, respectively).



suggest that PDI is a cellular protein involved in mediating the protective action of catechol estrogens against erastin/RSL3-induced ferroptosis.

Our recent studies have shown that treatment of cultured cells with erastin strongly induces total cellular nNOS and iNOS protein levels and the formation of respective dimers<sup>30,31</sup>. In this study, the change in total cellular nNOS and iNOS protein levels and their respective dimer formation was also observed in erastin-treated HT22 cells (Fig. 11A–H). In addition, we determined whether catechol estrogens can effectively abrogate chemically-induced increase in total cellular nNOS and iNOS protein levels as well as their respective dimer protein levels (Fig. 11A–H). The non-reducing SDS-PAGE which preserves the disulfide bonds in nNOS and iNOS homodimers was used to determine the change in nNOS and iNOS dimer levels. We found that erastin-induced increase in nNOS and iNOS homodimers was abrogated by joint treatment of the cells with catechol estrogens (Fig. 11A–H). Similarly, it was recently reported that treatment of HT22 cells with RSL3 can also lead to increases in total cellular nNOS and iNOS protein levels and their respective dimer formation<sup>21</sup>. These changes were confirmed in this study. We found that the total nNOS and iNOS protein levels were increased following exposure to RSL3 (Fig. 11I–P). In addition, joint treatment of cells with catechol estrogens effectively abrogated RSL3-induced nNOS and iNOS dimer formation (Fig. 11I–P).

◀ **Fig. 5.** Differential protective effect of catechol estrogens, their parent hormones and the monomethoxy estrogen metabolites against RSL3-induced cell death in HT22 cells. (A–B) Effect of RSL3 on cell viability (MTT assay; (A)) and gross cell morphology (B). Cells were treated for 24 h with different concentrations of RSL3 (A), or treated with 80 nM RSL3 for different durations (B). Each value is the mean  $\pm$  S.D. (n = 5). (C) Protective effect of Fer-1 against RSL3-induced cell death (MTT assay, n = 4). Cells were treated for 24 h with RSL3 (80 nM)  $\pm$  Fer-1 (1  $\mu$ M). Note that in this experiment (conducted separately at a different time), the cells experienced a reduced sensitivity to RSL3 cytotoxicity. (D–G) Cells were treated with RSL3 (80 nM)  $\pm$  a catechol estrogen (2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> or 4-OH-E<sub>2</sub>) at indicated concentrations for 24 h, and cell viability was determined by MTT assay. Each value is the mean  $\pm$  S.D. (n = 5). (H, I) Comparison of the protective effect of E<sub>1</sub> and E<sub>2</sub> against RSL3-induced cytotoxicity (MTT assay). Cells were treated with different concentrations of E<sub>1</sub> (H) or E<sub>2</sub> (I) for 24 h. Each value is the mean  $\pm$  S.D. (n = 5). (J–M) Comparison of the protective effect of the monomethoxy estrogen metabolites against RSL3-induced cytotoxicity (MTT assay). Cells were treated with different concentrations of the estrogen metabolites for 24 h. Each value is the mean  $\pm$  S.D. (n = 5). (N) Protective effect of cystamine against RSL3-induced ferroptotic cell death. The cell viability was determined by MTT assay. Each value is the mean  $\pm$  S.D. (n = 5). (O) Protective effect of CPZ and SMT against RSL3-induced cell death (MTT assay, n = 5). Cells were treated for 24 h with RSL3 (80 nM)  $\pm$  CPZ (20  $\mu$ M) or with RSL3 (80 nM)  $\pm$  SMT (100  $\mu$ M). Note that in this experiment (which conducted separately at a different time), the cells experienced a reduced sensitivity to erastin-induced cytotoxicity. The quantitative data are presented as mean  $\pm$  S.D. \* or #,  $P < 0.05$ ; \*\* or ##,  $P < 0.01$ . n.s., not significant. (\* or # denote statistical significance in comparison with the control group or the RSL3 alone group, respectively).

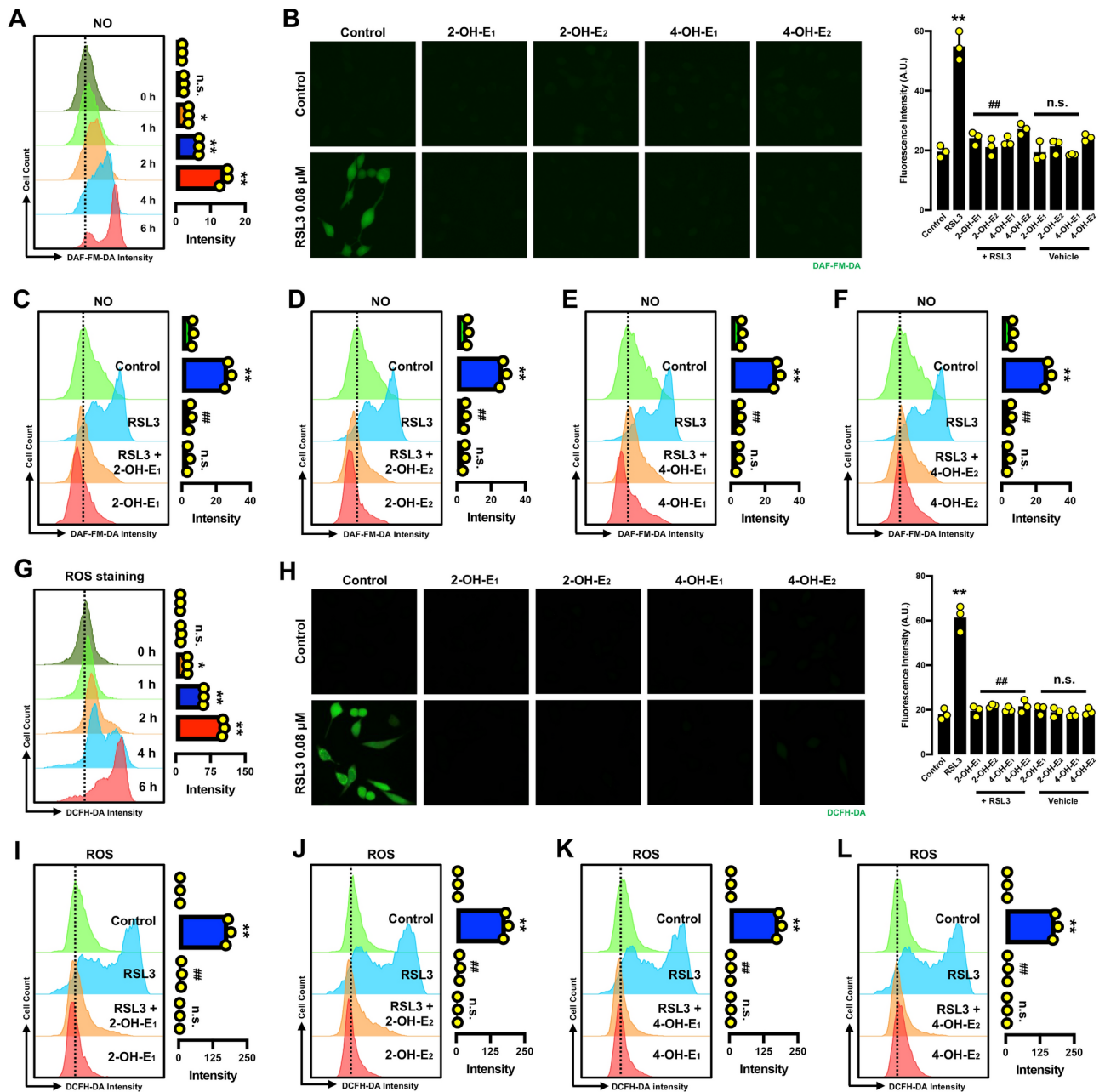
Together, these results indicated that catechol estrogens can directly inhibit PDI-mediated NOS dimerization, and this effect is reflected by the observations that catechol estrogens can abrogate chemically-induced accumulation of cellular NO, ROS and lipid-ROS and ferroptotic cell death.

## Discussion

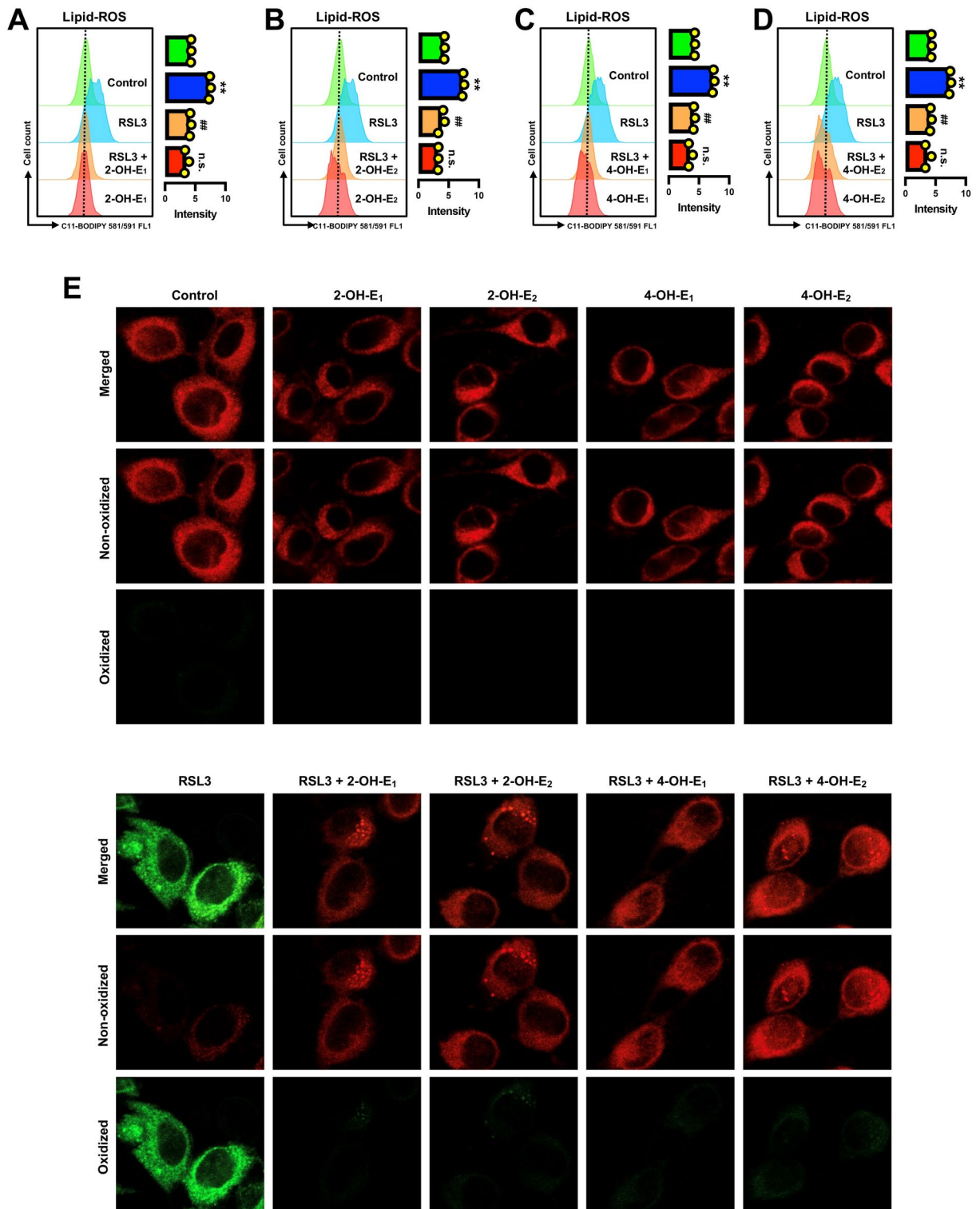
In a recent study<sup>31</sup>, we have shown that PDI plays an important role in mediating erastin-induced ferroptosis in HT22 cells through catalyzing the conversion of NOS monomer to its homodimer, which subsequently leads to accumulation of NO, ROS and lipid-ROS, and ultimately ferroptotic cell death. In addition, we have further shown that PDI also plays an important role in mediating RSL3-induced ferroptotic cell death in HT22 cells because RSL3 is a strong inhibitor of TrxR1<sup>20</sup>, and inhibition of TrxR1 activity would keep more PDI molecules in the catalytically-active oxidized form and thus facilitate NOS dimerization and ferroptotic cell death<sup>21,29</sup>. The discovery of an important role of PDI in mediating both erastin- and RSL3-induced ferroptotic cell death indicates that PDI may also be an important therapeutic target for protection against ferroptosis-related cell death<sup>21,30,31,36</sup>. Using the HT22 cells as an in vitro model, the present study seeks to determine whether some of the endogenously-formed estrogen metabolites are inhibitors of PDI and can protect against chemically-induced ferroptosis. We find that the four catechol estrogens tested in this study, *i.e.*, 2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> and 4-OH-E<sub>2</sub>, each exhibit a strong protection against erastin/RSL3-induced ferroptosis in HT22 cells. In comparison, E<sub>1</sub>, E<sub>2</sub> and their monomethylated metabolites did not exhibit a similarly-strong protective effect against chemically-induced ferroptosis when present at the same concentrations. Mechanistically, we find that catechol estrogens elicit their neuroprotection in HT22 cells by directly targeting PDI and subsequently inhibiting PDI-mediated conversion of nNOS and iNOS monomers to the catalytically-active homodimers, and ultimately, prevents chemically-induced ferroptosis. As discussed below, this mechanistic explanation is supported by some experimental observations:

First, by using the cellular thermal shift assay (CETSA), we show that catechol estrogens can directly bind to PDI in live HT22 cells by causing an increase in the Tm<sub>50</sub> values of PDI. In addition, the isothermal dose-response CETSA (ITDR<sub>CETSA</sub>) further shows that the PDI protein in HT22 cells is stabilized by the presence of each catechol estrogen in a concentration-dependent manner. These observations in live HT22 cells are in agreement with our recent surface plasmon resonance (SPR) assay showing that these catechol estrogens can bind to purified wild-type PDI-His256 with apparent K<sub>d</sub> in the low nM range (unpublished data). In addition, when the enzymatic activity of purified wild-type PDI-His256 and mutant PDI-Ala256 proteins is assayed in vitro, we find that the presence of each catechol estrogen can effectively inhibit the catalytic activity of the wild-type PDI-His256 but not the mutant PDI-Ala256 (unpublished data). Collectively, these results indicate that catechol estrogens can bind to PDI (through its His256) and then inhibit its catalytic activity.

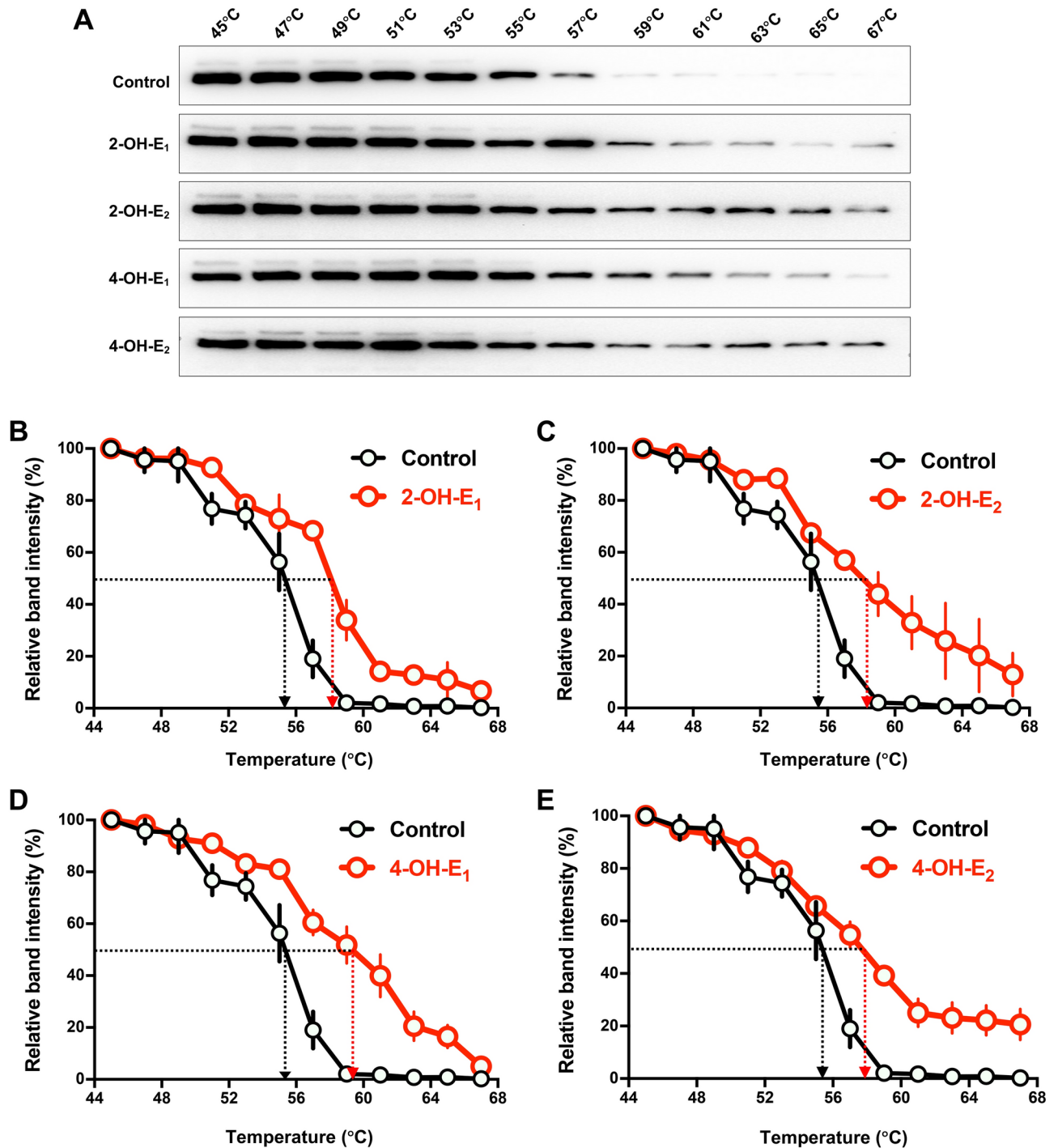
Second, our recent studies showed that pharmacological inhibition of PDI (such as the use of cystamine) can effectively suppress the formation of NOS dimers in erastin/RSL3-treated cells, and abrogates the subsequent NO, ROS and lipid-ROS accumulation<sup>30,31</sup>, which is accompanied by protection against ferroptotic death as observed in this study. In this study, it is confirmed that joint treatment of cells with cystamine can strongly abrogate both erastin—and RSL3-induced cell death (with close to 100% protection) in HT22 cells. Cystamine is a very simple chemical (*i.e.*, HN<sub>2</sub>-CH<sub>3</sub>-CH<sub>2</sub>-S-S-CH<sub>2</sub>-CH<sub>2</sub>-NH<sub>2</sub>) which is widely-used as a PDI inhibitor. The strong protective effect of cystamine against erastin/RSL3-induced cell death cannot be due to any of its free radical-scavenging activity since this small chemical is not a reducing agent at all; in fact, it is a weak oxidizing agent (like the oxidized glutathione GSSG). The inhibition of PDI activity by cystamine is due to its ability to covalently modify the free thiol group(s) in PDI's catalytic site, resulting in the formation of PDI-S-S-CH<sub>2</sub>CH<sub>2</sub>-NH<sub>2</sub> (*i.e.*, one of PDI's free thiol groups in the catalytic site is covalently modified). The dramatic protective effect elicited by cystamine not only highlights the important upstream role of PDI in mediating erastin/RSL3-induced ferroptotic cell death, but it also highlights its importance as a mechanistic target for ferroptosis protection.



**Fig. 6.** Catechol estrogen metabolites suppress RSL3-induced accumulation of NO and ROS in HT22 cells. **(A)** Time-dependent induction of NO accumulation in cells treated with 80 nM RSL3 for different durations as indicated (flow cytometry). **(B)** Abrogation of RSL3-induced NO accumulation by catechol estrogens (fluorescence microscopy). The cells were treated with RSL3 (80 nM)  $\pm$  each catechol estrogen (5  $\mu$ M) for 6 h. **(C–F)** Abrogation of 80 nM RSL3-induced NO accumulation by each catechol estrogen at 6 h after RSL3 exposure (flow cytometry). The concentration of each catechol estrogen used here was the same as in **(B)**. Each value is the mean  $\pm$  S.D. ( $n = 3$ ). **(G)** Time-dependent induction of ROS accumulation in cells treated with 80 nM RSL3 for different durations as indicated (flow cytometry). **(H)** Abrogation of RSL3-induced ROS accumulation by catechol estrogens (fluorescence microscopy). The cells were treated with RSL3 (80 nM)  $\pm$  each catechol estrogen (5  $\mu$ M). **(I–L)** Abrogation of RSL3-induced ROS accumulation by each catechol estrogen at 6 h after RSL3 exposure (flow cytometry). The concentrations of RSL3 and each catechol estrogen used here were the same as in **(H)**. Each value is the mean  $\pm$  S.D. ( $n = 3$ ). The quantitative data are presented as mean  $\pm$  S.D. \* or #,  $P < 0.05$ ; \*\* or ##,  $P < 0.01$ . n.s., not significant. (\* or # denote statistical significance in comparison with the control group or the RSL3 alone group, respectively).

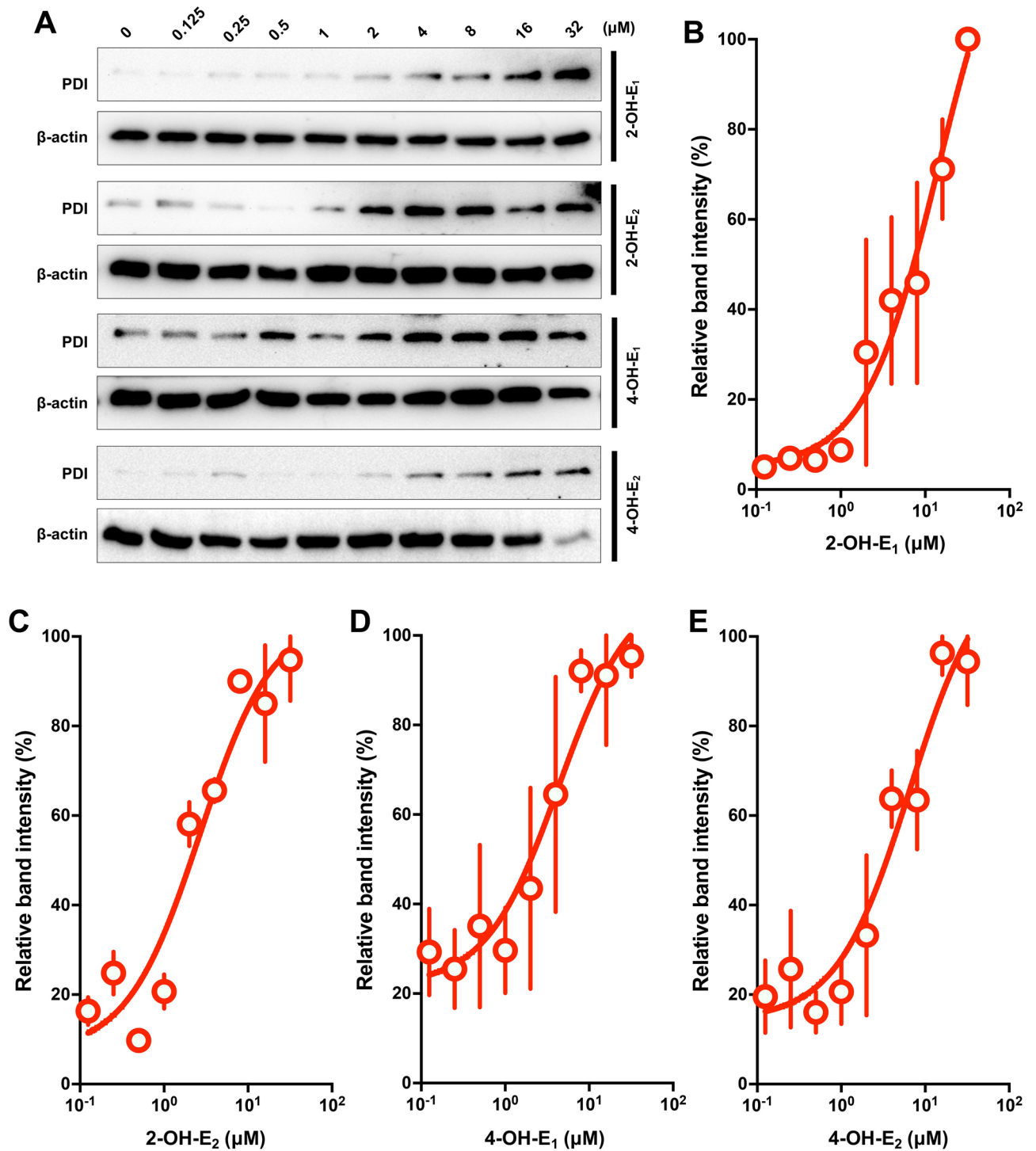


**Fig. 7.** Catechol estrogens abrogate RSL3-induced accumulation of lipid-ROS in HT22 cells. (A–D) Abrogation of RSL3-induced lipid-ROS accumulation by catechol estrogens at 6 h after RSL3 exposure (flow cytometry). The cells were treated with RSL3 (80 nM) ± each catechol estrogen (5 μM) for 6 h. Each value is the mean ± S.D. (n = 3). (E) Abrogation of RSL3-induced lipid-ROS accumulation by catechol estrogens (confocal microscopy). The concentrations of RSL3 and each catechol estrogen metabolite used here were the same as in (A–D). The quantitative data are presented as mean ± S.D. \* or #,  $P < 0.05$ ; \*\* or ##,  $P < 0.01$ . n.s., not significant. (\* or # denote statistical significance in comparison with the control group or the RSL3 alone group, respectively).



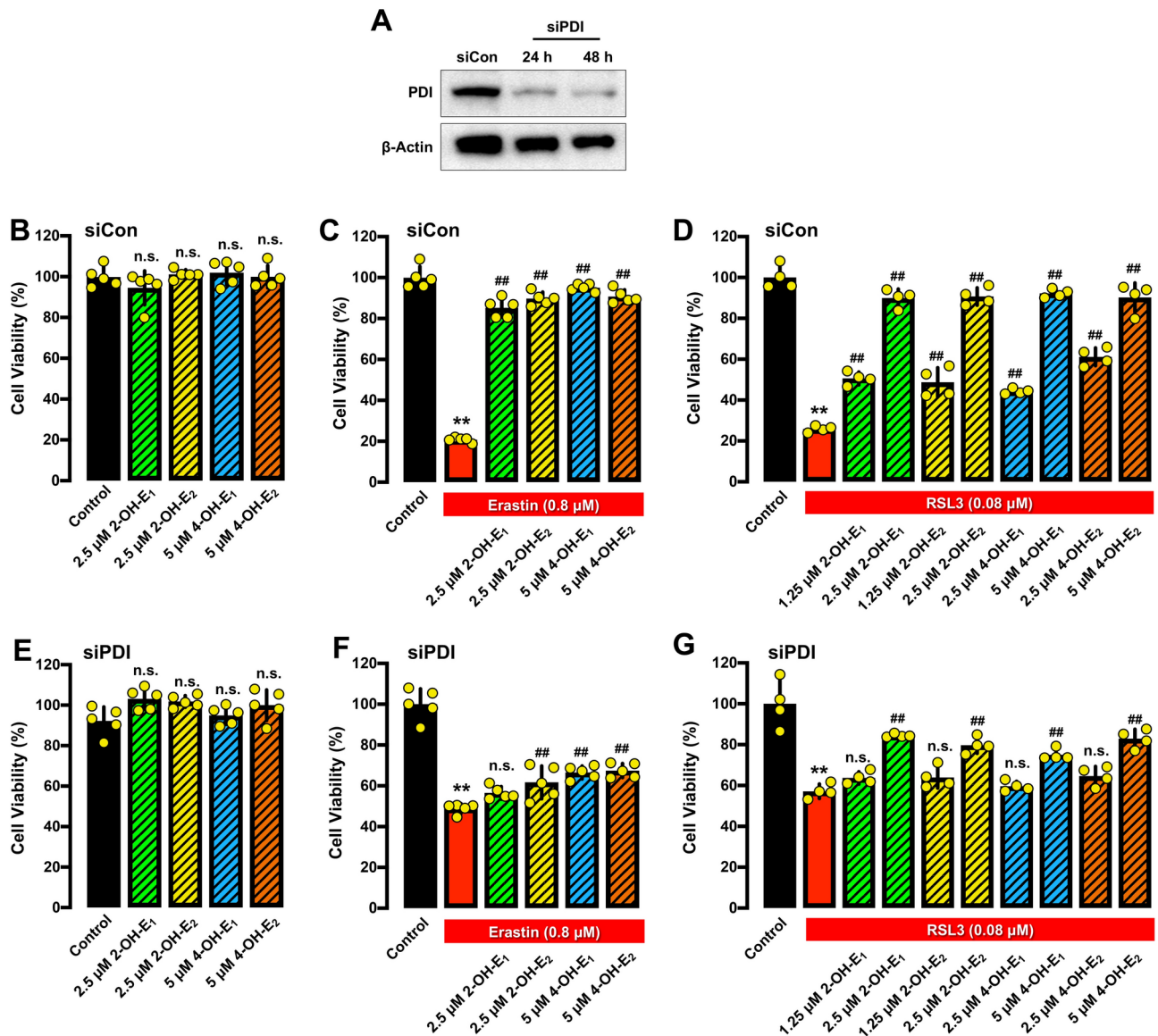
**Fig. 8.** Catechol estrogens increase the thermal stability of PDI. **(A)** The thermal stability of PDI (CETSA) in vehicle-treated control intact cells or in cells treated with each of the catechol estrogens (10  $\mu$ M,  $n=3$ ). The corresponding unprocessed Western blot images are shown in Supplementary Fig. S4. **(B–E)** The relative intensities of the protein bands in **(A)** were quantified using the ImageJ software. For the CETSA curves of each catechol estrogen, the band intensities were normalized to the respective controls at 45 °C. Each measurement had three replicates with similar observations.

Interestingly, the siRNA-mediated PDI depletion is only found to be associated with a partial protection against erastin/RSL3-induced ferroptotic death. Furthermore, PDI knockdown only partially abrogates the cytoprotective action of catechol estrogens. This rather modest protection by PDI knockdown against erastin/RSL3-induced cell death may be due to two factors: Firstly, it is observed that PDI knockdown per se (which involves the global reduction in cellular PDI levels) is associated with significant cytotoxicity. This cytotoxic effect may partially contribute to the blunted protective effect of PDI knockdown against erastin/RSL3-induced



**Fig. 9.** The ITDR<sub>CETSA</sub> analysis of PDI protein in intact cells treated with each of the catechol estrogens. (A) The ITDR<sub>CETSA</sub> analysis of PDI protein in intact cells at 60 °C in response to increasing concentrations of each of the four catechol estrogens (2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> and 4-OH-E<sub>2</sub>). The corresponding unprocessed Western blot images are shown in Supplementary Fig. S5. (B–E) The relative intensities of the protein bands in (A) were normalized to β-actin. Each measurement had three replicates, and the data is the mean ± S.D. (n = 3).

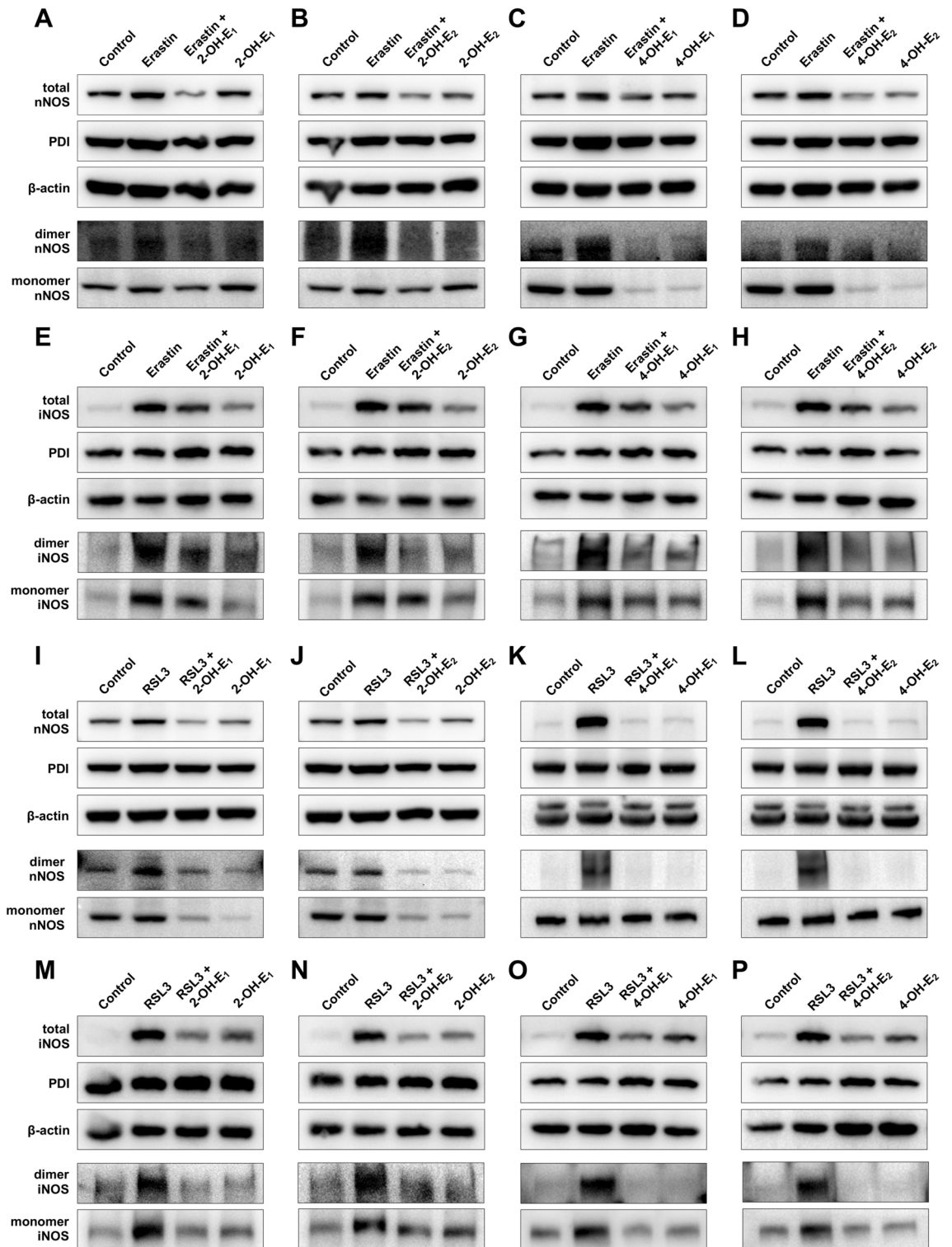
cell death. Second, the relatively low efficiency of the transient PDI knockdown may not last the whole duration of the cell viability assay (72 h in total). Consistent with incompleteness of PDI knockdown, it is observed that while the protective effect of 2-OH-E<sub>1</sub> and 2-OH-E<sub>2</sub> is markedly reduced by PDI knockdown, a small but significant protection is still seen.



**Fig. 10.** PDI knockdown attenuates the protective effect of catechol estrogens against erastin- or RSL3-induced ferroptosis. **(A)** The efficiency of PDI knockdown was confirmed by Western blotting analysis of cellular PDI protein levels. The corresponding unprocessed Western blot images are shown in Supplementary Fig. S6. **(B)** Effect of each catechol estrogen alone on cell viability in cells transfected with the control siRNAs (siCon). Cell viability was determined by MTT assay ( $n=5$ ). **(C, D)** Protective effect of four catechol estrogens (2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> and 4-OH-E<sub>2</sub>) against chemically-induced cell death in cells transfected with the control siRNAs (siCon). The cells were jointly treated with 0.8 μM erastin **(C)** or 80 nM RSL3 **(D)** ± each of the catechol estrogen for 24 h. Cell viability was determined by MTT assay ( $n \geq 4$ ). **(E)** Effect of each catechol estrogen alone on cell viability in cells transfected with PDI-specific siRNAs (siPDI). Cell viability was determined by MTT assay ( $n=5$ ). **(F, G)** Protective effect of four catechol estrogens (2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> and 4-OH-E<sub>2</sub>) against chemically-induced cell death in cells transfected with PDI-specific siRNAs (siPDI). The cells were jointly treated with 0.8 μM erastin **(F)** or 80 nM RSL3 **(G)** ± each of the catechol estrogen for 24 h. Cell viability was determined by MTT assay ( $n \geq 4$ ). The quantitative data are presented as mean ± S.D. \* or #,  $P < 0.05$ ; \*\* or ##,  $P < 0.01$ . n.s., not significant. (\* or # denote statistical significance in comparison with the control group or the erastin or RSL3 alone group, respectively).

Third, it is known that during the development of chemically-induced ferroptosis, the upregulated nNOS and iNOS proteins and PDI-mediated conversion of the NOS monomers to their dimers in HT22 cells would jointly contribute to elevated NO accumulation. We find that joint treatment of HT22 cells with catechol estrogens abrogates erastin/RSL3-induced upregulation of nNOS and iNOS and PDI-mediated dimerization of nNOS and iNOS.





**Fig. 11.** Effect of catechol estrogens on cellular total nNOS and iNOS levels and on their dimerization. (A–H) Abrogation of erastin-induced increase in total nNOS (A–D) and iNOS (E–H) protein levels (including both monomer and dimer NOS) and their respective dimers by each of the catechol estrogens. Cells were treated with erastin (0.8  $\mu\text{M}$ )  $\pm$  each catechol estrogen (2.5  $\mu\text{M}$  for 2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub> and 5  $\mu\text{M}$  for 4-OH-E<sub>1</sub> or 4-OH-E<sub>2</sub>) for 8 h. The corresponding unprocessed Western blot images are shown in Supplementary Fig. S7–S10. (I–P) Abrogation of RSL3-induced increase in total nNOS (I–L) and iNOS (M–P) protein levels (including both monomer and dimer NOS) and their respective dimers by each of the catechol estrogens. Cells were treated with RSL3 (80 nM)  $\pm$  each catechol estrogen (5  $\mu\text{M}$ ) for 6 h. The corresponding unprocessed Western blot images are shown in Supplementary Fig. S11–S14.

It was reported earlier<sup>35</sup> that iNOS was barely detected in untreated control HT22 cells. However, in the present study it was found that treatment of HT22 cells with erastin or RSL3 each elicited a strong induction of both nNOS and iNOS expression, and these increases are abrogated by joint treatment of cells with catechol estrogens. It is believed that iNOS may contribute more importantly to NO accumulation in HT22 cells treated with erastin or RSL3. Offering support for this hypothesis, we find that joint treatment of HT22 cells with SMT (an iNOS inhibitor<sup>47</sup>) exerts a stronger protection against erastin/RSL3-induced ferroptotic cell death in HT22 cells than does CPZ (an nNOS inhibitor<sup>46</sup>).

Fourth, our recent study has shown that erastin-induced ferroptosis in HT22 cells is driven by NO accumulation, which is followed by ROS and lipid-ROS accumulation<sup>51</sup>. A time-dependent sequential increase in cellular NO, ROS and lipid-ROS is confirmed in this study. In addition, we find that the catechol estrogens almost completely abrogate erastin-induced accumulation of cellular NO, ROS and lipid-ROS.

In the case of RSL3, it induces ferroptosis jointly through GPX4 inhibition<sup>18</sup> and TrxR1 inhibition<sup>20,21</sup>. Our recent study has shown that TrxR1 inhibition facilitates PDI activation and PDI-mediated NOS dimerization, which then leads to accumulation of NO, ROS and lipid-ROS, and ultimately ferroptosis<sup>21</sup>. As expected, the cellular NO, ROS and lipid-ROS levels are significantly increased in RSL3-treated cells, and these changes are almost completely abolished by joint treatment with catechol estrogens. In addition, the high-efficacy protection by cystamine (a covalent inhibitor of PDI) against RSL3-induced cell death as observed in this study as well as in our earlier study<sup>21</sup> also offers support for the notion that PDI is an important cellular target for the neuroprotective actions of catechol estrogens.

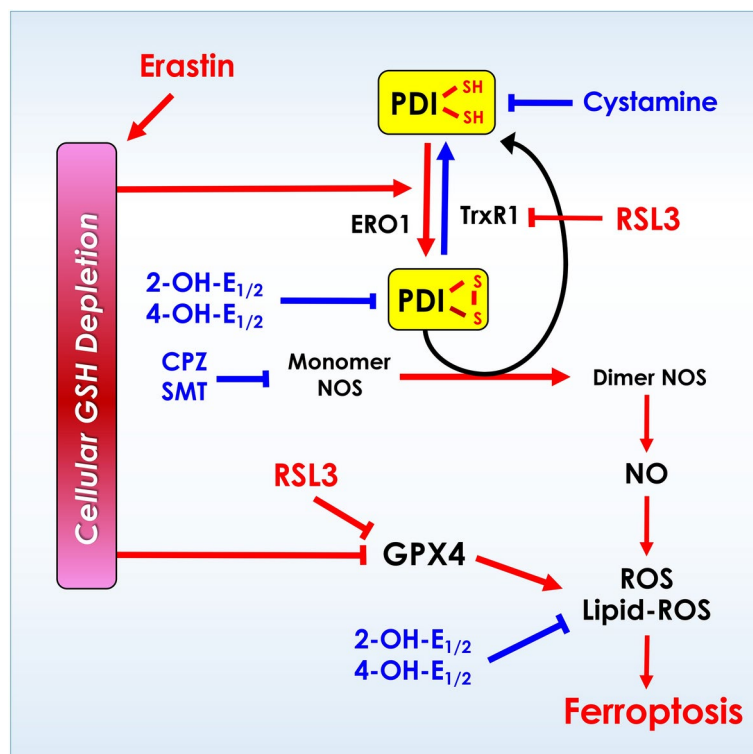
Fifth, it is of note that earlier studies have shown that catechol estrogens have antioxidant activity. For instance, catechol estrogens were reported to have antioxidant capacity due to their ability to bind iron or reduce peroxy radicals by donating hydrogen from their catecholic hydroxyl groups<sup>49–51</sup>. Lacort et al. reported that E<sub>1</sub> and 2-OH-E<sub>2</sub> and 4-OH-E<sub>2</sub> can reduce microsomal lipid peroxidation in rat liver<sup>52</sup>. In addition, E<sub>1</sub> and E<sub>2</sub>, which are the parent hormones of 2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> and 4-OH-E<sub>2</sub>, can modulate the activity and expression of various antioxidant enzymes, such as superoxide dismutase (SOD), catalase (CAT), and glutathione peroxidase (GPX), enhancing the cell's defense against ROS<sup>53</sup>. On the other hand, catechol estrogens are well known for their prooxidant potentials<sup>54</sup>. The cytotoxic effect of catechol estrogens is associated either with their ability to directly produce semiquinone/quinone radicals or indirectly through their redox cycling to produce ROS<sup>54</sup>. Therefore, while the antioxidant activity of catechol estrogens may partially contribute to their protective effect against chemically-induced ferroptosis, its overall contribution likely is relatively small. On the other hand, the prooxidant effect of catechol estrogens may contribute to the cytotoxicity which is readily seen when higher concentrations of these catechol estrogens are present alone.

It is of interest to note that we have observed in this study (Supplementary Figs. S2, S3) as well as in our recent study<sup>55</sup> that the use of a strong ROS scavenger (such as Trolox or Fer-1) can also lead to reduced NOS dimer formation. However, this effect does not negate the role of PDI in mediating GSH depletion-associated NOS dimerization and ferroptosis. Mechanistically, it is speculated that the presence of a strong antioxidant (e.g., Trolox or Fer-1) will be associated with reduced levels of cellular ROS and lipid-ROS, and this reduction would help restore cellular GSH levels. Higher cellular GSH levels would then keep more PDI proteins in the reduced state (i.e., PDI's disulfide bond in its active site will be in the reduced form), thereby reducing NOS dimerization. Since catechol estrogens have antioxidant activity, their ROS-scavenging ability is believed to also partially contribute to the reduced PDI activation and reduced NOS dimerization.

Lastly, it is of note that estrogens have recently been implicated in several earlier studies in displaying distinct physiological and pathophysiological functions via the ER-independent mechanisms<sup>36,42,56,57</sup>. For instance, some endogenous estrogen metabolites were reported to exhibit a distinct lipid-lowering effect that is not associated with their parent hormone E<sub>1</sub> and E<sub>2</sub> or with their binding affinity to ER $\alpha$  or ER $\beta$ <sup>56</sup>. Similarly, the results of our present study demonstrate that catechol estrogens can strongly protect cells against chemically-induced ferroptosis through inhibition of PDI and subsequent abrogation of cellular NO, ROS and lipid-ROS accumulation<sup>36</sup>. In addition, the protective effect of catechol estrogens is markedly stronger than their parent hormones E<sub>1</sub> and E<sub>2</sub>, despite that fact that these catechol estrogens have much weaker estrogenic activity at the ERs than E<sub>1</sub> and E<sub>2</sub><sup>56,58</sup>. Similarly, the catechol estrogens also have stronger neuroprotective effect than their respective O-methylated metabolites (i.e., 2-methoxyestrone, 4-methoxyestrone, 2-methoxyestradiol and 4-methoxyestradiol). It is of note that our earlier study showed that 4-OH-E<sub>1</sub> is more effective than E<sub>2</sub> in an in vivo animal model for protection against kainic acid-induced neuronal damage<sup>42</sup>. It will be of considerable interest to determine in the future whether alterations in the rate of metabolic conversion of endogenous E<sub>2</sub> and E<sub>1</sub> to their respective catechol derivatives are associated with an altered risk of developing neurodegenerative conditions in humans.

## Conclusion

As depicted in Fig. 12, the results of our present study demonstrate that PDI is a cellular target that mediates the protective effect of catechol estrogens against chemically-induced ferroptosis. Mechanistically, PDI is involved in catalyzing the activation of NOS, which then leads to accumulation of cellular NO, ROS and lipid-ROS, and ultimately ferroptosis. The mechanistic understanding gained in this study with the mouse hippocampal neuronal cells may also aid in understanding the ER-independent cytoprotective actions of endogenous estrogens and their metabolic derivatives in other cell types.



**Fig. 12.** Schematic depiction of the mechanism underlying estrogen receptor-independent cytoprotective action of catechol estrogens. It is proposed that PDI plays an important role in mediating erastin- and RSL3-induced ferroptotic cell death through PDI-mediated NOS dimerization (activation), which then leads to cellular accumulation of NO, ROS and lipid-ROS, and ultimately ferroptotic cell death. Inhibition of PDI by catechol estrogens (2-OH-E<sub>1</sub>, 2-OH-E<sub>2</sub>, 4-OH-E<sub>1</sub> and 4-OH-E<sub>2</sub>) mediates their protective action against chemically-induced ferroptosis in cultured HT22 neuronal cells.

### Data availability

All data generated or analyzed during this study are included in this article.

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### Author contributions

H.X.: Methodology, Validation, Formal analysis, Investigation, Writing—Original Draft, Visualization; H.M.J.: Formal analysis, Investigation, Visualization; Z.B.T.: Conceptualization, Methodology, Writing—Review & Editing, Supervision, Funding acquisition.

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### Declarations

#### Competing interests

The authors declare no competing interests.

#### Additional information

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