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Mammalian Esterase Activity: Implications for Peptide Prodrugs

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ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/xxxx.xxxxxx.

General information including safety considerations; instrumentation; atomic coordinates of Ac-Phe-Glu-Phe-NH₂ in complex with Glu-C; chemical synthesis and characterization of diazo compounds (Scheme S1–S4) and peptides (Scheme S5–S8, Figure S1–S6); preparation of stock solutions; screen of [Glu-C] for complete cleavage of **Opt** (Figure S7); validation of **Opt** cleavage by Glu-C at Glu↓Phe (Figure S8); stability of the esterified peptides in the presence of Glu-C (Figure S9); inner filter effect characterization and LOD (Table S1, Figure S10, eq S1); fold increase in fluorescence intensity upon **Opt** cleavage by Glu-C (eq S2, Figure S11); detailed experimental protocol for assaying esterified peptides for cleavage by PLE; mass spectrometry analysis of products formed within the PLE assay (Figures S12–S16); evaluation of the stability of esterified peptides to hydrolysis (Figure S17); assumptions and equations for converting fluorescence data into [P], curves (eqs S3–S5, Figure S18); ruling out Glu-C (Figure S19) and PLE (Figure S20) inhibition by **Opt-1**; primer on finding k_1 of intermediate decay and k_{cat}/K_M of esterase (Figures S21 and S22, eqs S6–S27) including proof that relationships in eq S21 and eq S22 are sufficient for accessing the first-order kinetics regime of the SIP model; identifying a “sufficiently large” [PLE] for evaluating k_1 (Figures S23 and S24); evaluating k_1 using optimal [PLE] (Figure S25, Table S2); detailed experimental protocol for measuring k_{cat}/K_M of PLE with **Opt-2**; assaying CES2 (Figure S26), CES1 (Figure S27), and the intestinal S9 fraction (Figure S28); statistical and error analysis (eqs S28–S35); NMR spectra (PDF).

Python Code Availability Statement

Python codes for plotting, computing k_1 and k_{cat}/K_M , and obtaining error bounds are freely available on GitHub together with respective raw datasets from the Glu-C assay: <https://github.com/yana-d-petri/Finding-ki-and-kcat-KM-using-fluorescence-data-from-Glu-C-assay>.

The authors declare no competing financial interest.

DEDICATION

This paper is dedicated to the memory of Christopher T. Walsh, who was a lifelong mentor to R.T.R.

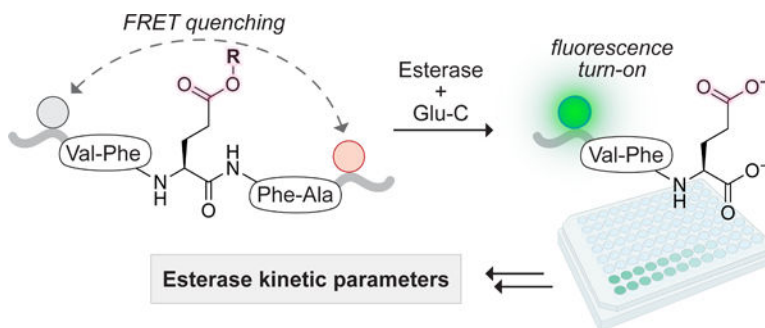
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Abstract

As a traceless, bioreversible modification, the esterification of carboxyl groups in peptides and proteins has the potential to increase their clinical utility. An impediment is the lack of strategies to quantify esterase-catalyzed hydrolysis rates for esters in esterified biologics. We have developed a continuous Förster resonance energy transfer (FRET) assay for esterase activity based on a peptidic substrate and a protease, Glu-C, that cleaves a glutamyl peptide bond only if the glutamyl side chain is a free acid. Using pig liver esterase (PLE) and human carboxylesterases, we validated the assay with substrates containing simple esters (*e.g.*, ethyl) and esters designed to be released by self-immolation upon quinone methide elimination. We found that simple esters were not cleaved by esterases, likely for steric reasons. To account for the relatively low rate of quinone methide elimination, we extended the mathematics of the traditional Michaelis–Menten model to conclude with a first-order intermediate decay step. By exploring two regimes of our substrate \rightarrow intermediate \rightarrow product (SIP) model, we evaluated the rate constants for the PLE-catalyzed cleavage of an ester on a glutamyl side chain ($k_{\text{cat}}/K_M = 1.63 \times 10^3 \text{ M}^{-1} \text{ s}^{-1}$) and subsequent spontaneous quinone methide elimination to regenerate the unmodified peptide ($k_1 = 0.00325 \text{ s}^{-1}$; $t_{1/2} = 3.55 \text{ min}$). The detection of esterase activity was also feasible in the human intestinal S9 fraction. Our assay and SIP model increase the understanding of the release kinetics of esterified biologics and facilitate the rational design of efficacious peptide prodrugs.

Graphical Abstract



Keywords

Protein Accession Codes; CES1; P23141; CES2; O00748; Glu-C; Q6GI34; PLE; Q29550

INTRODUCTION

Esterases, abundant in organisms from bacteria to mammals, play a key role in the metabolism of xenobiotics and endogenous compounds.^{1–4} These enzymes catalyze the hydrolysis of esters and other functional groups,⁴ including some amides and carbamates, to form component acids. In humans, esterases are found in many tissues,^{2,4} and their overexpression is often associated with cancer.^{4,5}

Among esterases, carboxylesterases (CESs; EC 3.1.1.1) from the serine hydrolase superfamily are known for their ability to activate ester-based prodrugs.^{4,6} This strategy improves the cell permeability of compounds by masking their anionic carboxylate groups as esters, which can be cleaved tracelessly by intracellular esterases.⁷ Of the five known human CESs, CES1 and CES2 are the most well-studied.⁶ CES1 favors substrates (*e.g.*, benazepril) with a small alcohol and a large acyl group, whereas CES2 exhibits the opposite preference (*e.g.*, aspirin). Notably, the specificity of these enzymes is not rigid, allowing them to act on the same substrates (*e.g.*, heroin). Most insights into the biology and scope of esterases come from traditional prodrugs and assays employing small-molecule probes. A broad arsenal of such assays has been developed,^{6,8–11} providing a platform for the discovery of narrow-spectrum antibiotics,^{12,13} proximity-based labeling reagents,¹⁴ and voltage-sensitive dyes.¹⁵

In recent years, the market for biologics has been expanding more rapidly than the market of small molecules, driving innovation across multiple therapeutic sectors.¹⁶ Yet, because most biologics do not naturally cross membranes, their use has been largely restricted to the extracellular space. The desire to engage intracellular targets with biologics spurred efforts to apply ester-based prodrug concepts toward peptides,^{17–22} proteins,^{23–28} and RNA.^{29,30} For example, several groups have installed esters in cyclic peptides,^{17–19,21} often to enhance cell permeability and pharmacokinetics. Others developed strategies for C-terminal esterification,^{20,22} advancing methods for peptide labeling in a reversible manner. To unlock the potential of protein prodrugs, our laboratory optimized α -aryl- α -diazoamides for the chemoselective esterification of carboxyl groups in proteins under mild aqueous conditions.²³ With the aid of these compounds, we^{24–26,28} and others²⁷ have delivered various proteins into live cells.

Research on esterified biologics has outpaced assay development for measuring their cleavage. To the best of our knowledge, no continuous esterase assay based on a carboxyl group within a biologic has been reported to date. This absence contrasts with the abundance of such assays based on probes designed to mimic small molecules^{6,8–11} and nanomaterials.^{31,32} Extant probes exhibit different steric constraints and structural complexity relative to biologics, which could result in differences in their interactions with esterases. The cleavage of esterified biologics is typically assessed through mass spectrometry, high-performance liquid chromatography, gel electrophoresis, or readouts based on changes in activity upon de-esterification. These methods rarely provide quantitative kinetic data such as k_{cat} , K_M , or rate changes in activity upon de-esterification. These methods rarely provide quantitative kinetic data such as k_{cat} , K_M or rate constants associated with the decay of short-lived intermediates. Further, the presence of several esters installed in different locations (*e.g.*, multiple esters on a protein) complicates comparative studies.

Here, we fill a gap. Specifically, we develop a continuous assay for esterase activity with peptide substrates having aliphatic carboxyl groups (Figure 1). Our assay deploys the *Staphylococcus aureus* V8 protease (Glu-C³³; EC 3.4.21.19) in a realm distinct from its conventional use in proteomic analyses.³⁴ Esterase-mediated hydrolysis of a glutamyl ester in the side chain of our optimal substrate results in the generation of a sequence (**Opt**) that

is cleaved by Glu-C into a fluorescent product (standard, **Std**) and a dark cleavage product (**Dcp**), generating fluorescence due to the loss of Förster resonance energy transfer (FRET). Our esterase substrate is an esterified peptide rather than a small molecule, contains a single Glu residue for “one-hit” kinetics, and permits variation of the alcohol portion of the ester.

Using a panel of four peptides with esters of varying sizes and release mechanisms, we validated the assay with pig liver esterase (PLE), CES1, and CES2. We find that esters formed directly with the Glu residue are not cleaved by any tested esterase. In contrast, esters and carbonates that are distal from the peptide main chain (which are designed to be tracelessly released via quinone methide elimination³⁵) are cleaved efficiently, showcasing the importance of self-immolative linkers. Similar findings were obtained when esterified peptides were screened for cleavage in a human intestinal S9 fraction. To account for the rate of the relatively slow stop of intermediate decay, we created a novel substrate \rightarrow intermediate \rightarrow product (SIP) kinetic model. By exploring two regimes of SIP, we measured the rate constant of quinone methide elimination, and, for the first time, the k_{cat}/K_M associated with esterase-catalyzed hydrolysis of an esterified peptide. Our assay is poised to enable the rational design of esterified peptide prodrugs for intracellular delivery.

RESULTS AND DISCUSSION

Assay Design.

Several considerations were taken into account in the assay design (Figure 1). To endow the assay with high sensitivity and low interference, we focused on the gain of fluorescence due to the loss of FRET. We installed donor and acceptor fluorophores at opposite ends of the peptide backbone and coupled proteolysis to ester hydrolysis. We selected Glu-C, which is a commercially available protease,³³ as the detection enzyme due to its specificity for cleaving on the C-terminal side of glutamate (and occasionally aspartate) residues.³⁶ Previous modeling suggested that the specificity of Glu-C relies on the formation of a hydrogen bond/ion pair between the anionic carboxylate of a glutamate side chain in a substrate and the cationic α -ammonium group of Val1 at the enzymic N-terminus.³⁷ That carboxylate-ammonium interaction locates the scissile peptide bond near the active-site nucleophile, the side-chain hydroxy group of Ser169.³⁷ This mechanism served as the foundation for our hypothesis that peptides esterified at the Glu residue would be stable in the presence of Glu-C until esterase-mediated “unmasking.” To maximize the catalytic efficiency of Glu-C, we chose an optimal sequence,³⁶ Val, Phe, Glu, Phe, and Ala in the P₃, P₂, P₁, P₁′, and P₂′ positions, respectively, as the basis for the substrate peptide, esterified **Opt** (Figure 1). Our computational model of the complex between Glu-C and a truncated peptide (Ac-Phe-Glu-Phe-NH₂) showed the expected salt bridge as well as a hydrogen bond between the glutamyl carboxyl group of the substrate and Thr164 (Figure 2).

As the FRET pair for the substrate, we selected Dabcyl and Edans due to their permissive Förster radius ($R_0 = 33 \text{ \AA}$)³⁸ and the bioorthogonality of Edans fluorescence ($\lambda_{\text{em}} = 490 \text{ nm}$).³⁹ We also flanked our peptide with D-arginine residues to improve its water solubility and discourage its binding to exopeptidases in complex mixtures. The final design considerations for **Opt** were the acetylation of its N terminus to prevent intramolecular

aminolysis of the ester and amidation of the C terminus to ensure that the sole carboxyl group is on the glutamate side chain.

Synthesis of a Panel of Esterified Peptides for Assay Validation.

To validate our assay, we designed a panel of four esterified peptides (Figure 3). Because we were curious about the impact of steric effects on the ability of esterases to cleave our substrates, we focused on varying the alcohol portion of the ester and on aspects of the traceless release mechanism.

To begin, we chose **Opt**-Et, which would enable us to explore the hydrolysis of an ethyl ester, which is prevalent in small-molecule prodrugs^{40–42} but novel in the context of a peptide. Adapting reported routes for amino acid esterification,^{43–45} we synthesized **Opt**-Et by adding EtOH and trimethylsilyl chloride to **Opt** in DMF (Figures 3 and S3 and Scheme S5).

Next, we wanted to compare the release kinetics of esters generated from α -aryl- α -diazoacetamides containing various functionalities in the *para* position of the aryl ring: a methyl group (**Opt**-1), an alkyloxycarbonyloxymethyl (**Opt**-2), and an α -cyclopropyl ester (**Opt**-3) (Figure 3). In contrast to **Opt**-1, peptides **Opt**-2 and **Opt**-3 feature a second, more sterically accessible site for esterase-mediated cleavage, which enables the traceless release of the carboxyl group through 1,6-quinone methide elimination. **Opt**-3 is inspired by the work of Lavis and co-workers,⁴⁶ who reported that α -cyclopropyl esters in fluorescein were efficiently cleaved in a variety of endogenous settings. Thus, we were intrigued to see if **Opt**-3 would be a better esterase substrate than **Opt**-2. To synthesize **Opt**-1, **Opt**-2, and **Opt**-3, we reacted **Opt** with diazo compounds **1**, **2**, and **3**, respectively, at pH 6.0 (Figures 3 and S4–S6, Schemes S6–S8). α -Aryl- α -diazoacetamides, preferentially label acids of higher pK_a in aqueous buffers where the pH is close to or larger than the pK_a of the target acid.^{47,48} Hence, under our reaction conditions, we expected diazo compounds to favor the esterification of the carboxylic acid of glutamate (pK_a 4) over the sulfonic acid in Edans. (The pK_a of the sulfonic acid moiety in *p*-toluenesulfonic acid is -2.8 .⁴⁹)

Preparation of Peptide Stock Solutions.

Using absorbance, we measured the concentrations of DMF stock solutions of **Std** ($\epsilon_{\text{Edans}} = 5438 \text{ M}^{-1} \text{ cm}^{-1}$ at 336 nm),³⁹ **Opt** ($\epsilon_{\text{Dabcyl}} = 15,100 \text{ M}^{-1} \text{ cm}^{-1}$ at 472 nm, where Edans does not absorb; Figure S8),³⁹ and esterified peptides (ϵ_{Dabcyl}), by diluting them into a buffer containing Triton X-100 (0.8% w/v). This nonionic detergent is commonly used in esterase assays (at 0.1–1% w/v)^{8,50,51} and, depending on the type of esterase and substrate, can have varying effects on enzymatic activity.^{52–54} We noticed that lower concentrations of TritonX-100 resulted in decreased apparent concentrations of all peptides except the more soluble **Std**. This decrease was more evident at larger dilutions, suggesting that additives prevent peptide loss from the solution due to undesirable peptide adherence to surfaces. Hence, in most subsequent experiments, we supplemented solutions with Triton X-100 at 0.8% w/v.

Optimization of Buffer, Glu-C Concentration, and Substrate Concentration.

To select a buffer compatible with our assay, we considered the pH optima for catalysis by both esterases (pH 6.5–8.0 for carboxylesterases)⁴ and Glu-C (two optima: pH 4.0 and 7.8).³³ We were also aware that monovalent anions inhibit Glu-C, possibly due to competing with substrate for binding to the enzymic active site.⁵⁶ Taking these constraints into account, we settled on using 10 mM HEPES–NaOH buffer, pH 7.4, for all assays.

Next, we sought to ensure that the signal from the detection step in our coupled assay is directly proportional to product concentration. This assumption holds if the rate of **Opt**→**Std** is much faster than that of **Opt** formation, making the rate of Glu-C-mediated proteolysis negligible. To find a condition in which catalysis by Glu-C is not rate-limiting, we evaluated the time course of 10 μ M (Figure 4A) or 1 μ M (Figure S7) **Opt** fluorescence after adding various amounts of Glu-C. In both experiments, the addition of 1 μ M of Glu-C resulted in the near-immediate onset of a fluorescence plateau, prompting us to use this concentration in subsequent assays.

To confirm that Glu-C cleaves **Opt** at its Glu[↓]Phe bond, we analyzed an early time point of the reaction using quadrupole time-of-flight (Q-TOF) liquid chromatography–mass spectrometry (LC-MS). Indeed, after 5 min of incubation with Glu-C, **Opt** was fully converted into **Dcp** (Figure 4B) and **Std** (Figure S8D).

Our next goal was to validate that esterification protects **Opt** from cleavage by Glu-C. Previously, glutamate methylation was shown to endow peptides with resistance against Glu-C.⁵⁷ After 5 min of incubation with Glu-C, **Opt**-Et (Figure S9B) and **Opt**-1 (Figure 4C) remained intact, whereas a small amount of **Opt**-2 (3%, Figure S9F) and **Opt**-3 (8%, Figure S9H) was cleaved to **Dcp**. In a separate experiment, after 40 min of **Opt**-3 incubation with Glu-C, 9% of the esterified peptide was cleaved to **Dcp** (Figure S13H). Overall, the esterified peptides were more stable to Glu-C than **Opt**, which was cleaved quickly and completely (*cf.* Figures 4B,C, S9B, and S13H).

Having validated Glu-C selectivity, we sought to optimize the working range of the assay. We were aware that the magnitude of the inner filter effect—a fluorescence suppression phenomenon arising from light reabsorption—depends on the concentration of quenching groups.⁵⁸ Upon measuring the fluorescence of **Std** in the presence of increasing concentrations of **Opt** (0–10 μ M), we found that fluorescence attenuation in this concentration range was <15% (Table S1 and Figure S10). Accordingly, the inner filter effect in the tested regime was minor and did not require any corrections.^{58–60} The limit of detection of our assay, estimated with eq S1, was 240 nM, and **Opt** cleavage by Glu-C resulted in an 18-fold increase in fluorescence (Figure S11). Taking these data into account, we performed our assays within a 240 nM–10 μ M range of **Opt**-based substrates.

Cleavage of a Panel of Esterified Peptides by PLE.

Having optimized our assay, we proceeded to characterize the cleavage of four esterified peptides (Figure 3) by PLE, which shares a high sequence identity with human CES1.⁶¹ To eventually construct a progress curve of the product (**Opt**) concentration, [P], we measured

the fluorescence associated with four blank-subtracted (blank: buffer alone) conditions (see additional discussion with eqs S3–S5): substrate incubated with both esterase and Glu-C ($F_t^{\text{esterase+Glu-C}}$), substrate incubated with esterase (F_t^{esterase}), substrate incubated with Glu-C ($F_t^{\text{Glu-C}}$), and **Opt** incubated with Glu-C (F_t^{max}). $F_t^{\text{esterase+Glu-C}}$ refers to fluorescence turn-on from product formation and other cleavage events that could lead to the loss of FRET. F_t^{esterase} is the turn-on from the background fluorescence of the substrate and any proteolytic activity of the esterase. $F_t^{\text{Glu-C}}$ partially accounts for the loss of FRET due to aqueous ester hydrolysis and proteolysis of the esterified substrate by Glu-C. F_t^{max} reflects the maximal turn-on from complete loss of FRET. We tested the cleavage of esterified peptides (10 μM) with a large amount of PLE (2 μM) to maximize conversion to product. The results of the screening are shown in Figure 5A. The two peptides with esters closest to the peptide main chain, **Opt-Et** and **Opt-1**, did not appear to get cleaved by PLE. In contrast, the two peptides with secondary release handles, **Opt-2** and **Opt-3**, were cleaved efficiently, with **Opt-3** getting cleaved slightly faster than **Opt-2**.

LC-MS Validation of the Assay and Detection of a Phenolic Intermediate.

To confirm the results of the PLE assay and discern the formation of any intermediates, we incubated the esterified peptides with PLE for 4 min and analyzed the samples via LC-MS. As expected, **Opt-Et** (Figure S16) and **Opt-1** (Figure S15) were intact, whereas **Opt-2** (Figures 5B and S14B) and **Opt-3** (Figure S13B) were mostly consumed. Intriguingly, **Opt** was not the major product of PLE-catalyzed hydrolysis of **Opt-2** and **Opt-3**. Instead, a dominant peak corresponding to a phenolic intermediate (Figures 5B, S13B, and S14B) was apparent in the chromatogram that was consistent with incomplete quinone methide elimination.^{26,48} At longer time scales (Figure S13C,D), most of the phenolic intermediate converted into **Opt**. From these findings, we inferred that, at high PLE concentrations, the rate-limiting step of the overall reaction was quinone methide elimination, not esterase cleavage.

Next, we explored the products of the reaction of **Opt-3** in the presence of both PLE and Glu-C (Figure S13E,F). We detected **Dcp** and the phenolic intermediate. Surprisingly, we also observed the slow formation of a peptide corresponding to **Dcp** without a C-terminal Phe residue, phenylalanine cleavage product (**Pcp**). We attributed this byproduct to proteolytic activity of PLE.⁴ Because this byproduct did not change the fluorescence readout and formed downstream of the Glu-C step, its formation is inconsequential.

LC-MS Evaluation of the Stability of Esterified Peptides in Aqueous Buffer at pH 7.4.

Peptides containing activated side-chain carboxyl groups can undergo spontaneous cyclization reactions and subsequent hydrolytic cleavage via aspartimide,⁶² glutarimide,⁶³ or pyroglutamyl imide formation.⁶⁴ The rates of such cyclization reactions are dependent on the amino acid sequence surrounding the ester, as can be gleaned from asparagine and glutamine deamidation rates.^{65,66} In some peptides, such cyclization reactions are fast on physiological time scales.⁶² Because cyclization reactions would be problematic for our analysis, we used LC-MS to discern the integrity of our esterified peptides after a 4-h incubation at pH 7.4 and 37 °C. Gratifyingly (Figure S17), **Opt-Et** and **Opt-1** were resistant

to hydrolysis, whereas **Opt-2** and **Opt-3** released only a small amount of **Opt**, which would be accounted for by measuring $F_t^{\text{Glu-C}}$. We note that pH-rate profiles^{67–69} for ester hydrolysis can be used to gain further insights into the stability of our esterified peptides at more acidic or basic conditions.

Mathematical Model for Analysis of Fluorescence Data.

To derive quantitative kinetic information from our FRET assay ($F_t^{\text{esterase+Glu-C}}$) and controls ($F_t^{\text{Glu-C}}$, F_t^{esterase} , and F_t^{max}), we developed a strategy to measure $[P]_t$ progress curves using controls associated with substrate (S) cleavage by esterase (e.g., Figure 5A). We established a simple formula (see eqs S3–S5 for the derivation and Figure S18 as an example):

$$[P]_t = \frac{F_t^{\text{esterase+Glu-C}} - F_t^{\text{Glu-C}}}{F_t^{\text{max}} - F_t^{\text{esterase}}} [S]_0 \quad (1)$$

Equation 1 is valid under the following three conditions: (1) Glu-C-mediated cleavage of **Opt** is not rate-limiting (see Figure 4A), (2) the esterase does not cleave the substrate (see Figure 5A), and (3) all reaction species upstream of $[P]_t$ have the same background fluorescence. To validate the use of eq 1, we ensured that neither Glu-C nor PLE is inhibited by **Opt-1**, which is a structural mimetic (OH→CH₃) of the phenolic intermediate, in the working range of the assay (Figures S19 and S20, respectively).

Michaelis–Menten Kinetic Model with an Intermediate.

The observed formation of an intermediate upon esterase cleavage of **Opt-2** and **Opt-3** (Figures 5B and S13B) raised questions about the speed, significance, and tunability of quinone methide elimination in physiological settings. Knowing its rate constant, k_i , is critical for addressing these questions as well as properly describing the kinetics of esterase-catalyzed hydrolysis.

To find the relevant kinetic constants, we constructed a kinetic model (Figure 6 and eqs S6–S11) of key steps leading to the product in our system: (1) formation of an E-S complex, (2) esterase catalysis to generate the intermediate (I), and (3) quinone methide elimination to generate **Opt**. The last step is assumed to follow first-order kinetics. Our model was inspired by a conceptually similar model, RIP, which also relied on the last assumption.⁷⁰ Though useful for studying the self-immolation of spacers activated by stimuli such as light, the RIP model did not encompass enzymatic catalysis. We call our model “SIP” (substrate → intermediate → product), where “S” implies the presence of enzyme.

To conceive an approach to measure k_i using our assay, we sought inspiration from a kinetic barrier diagram (Figure 7A). This diagram defines the barrier of a particular step as the presence of 2 μM of PLE, the rate-limiting step of product release was quinone methide elimination. Because all fluxes reciprocal of the flux, invoking a connection with G^\ddagger .^{71,72} From the LC-MS data (Figures 5B), we inferred that, in the presence of 2 μM of PLE, the rate-limiting step of product release was quinone methide elimination. Because all fluxes

before the rate-limiting step contribute to the overall observed flux, it was initially unclear how to isolate k_1 from other unknown parameters (e.g., k_{cat} , K_M , and $[I]_t$). We realized, however, that a sufficiently large $[E]_0$ would decrease the barriers associated with the first two steps, enabling us to isolate the rate of the last one. In a regime with sufficiently large $[E]_0$, our model would reduce to the first-order process: $I \rightarrow P$ (Figure 7B and eqs S12–S14). Hence, the formation of $[P]_t$ would follow the equation:

$$[P]_t = [P]_{\infty} - [I]_{t_x} e^{-k_1(t - t_x)} \quad (2)$$

where $[P]_{\infty}$ is the plateau of the $[P]_t$ curve at complete conversion, $t > t_x$, and t_x is chosen such that $[S]_{t_x} \approx 0$ but $[I]_{t_x} > 0$. Equation 2 can then be fitted to experimental $[P]_t$ data to find the value of k_1 .

Experimentally, a “sufficiently large” $[E]_0$ can be found by screening increasing esterase concentrations and identifying when the rate of product formation becomes independent of enzyme. In theory, accessing the first-order regime of the SIP model (Figure 7B) and applying eq 2 to measure k_1 demands that $k_1 < k_{\text{cat}}$ because, in contrast to the enzyme-catalyzed step, the spontaneous step cannot be accelerated by increasing $[E]_0$. Further, in the particular scenario when $k_1 \ll k_{\text{cat}}$, we can show that a “sufficiently large” $[E]_0$ needs to be

$$[E]_0 > \frac{k_1(K_M + [S]_0)}{k_{\text{cat}}} \quad (3)$$

(For proof that satisfying these two conditions, $k_1 \ll k_{\text{cat}}$ and eq 3, is sufficient, see the discussion following eq S21 and S22 in the Supporting Information.) After k_1 and k_{cat}/K_M are determined, it should be verified that the experiment did indeed satisfy $k_1 \ll k_{\text{cat}}$ and eq 3 in the large $[E]_0$ regime.

Once k_1 is determined, it becomes possible to calculate $[I]_t$ (eq S18) and even $[S]_t$ (eq S20). Then, k_{cat} and K_M of the esterase can be measured by transforming our model (Figure 7A) into the Michaelis–Menten model⁷³ (Figure 7C). This transformation can be accomplished by defining a new quantity, $[A]$ (see the discussion following eqs S23–S27 in the Supporting Information):

$$[A] = [I] + [P] \quad (4)$$

The rate of change of $[A]$ is described by the familiar Michaelis–Menten equation:⁷³

$$\frac{d[A]}{dt} = \frac{k_{\text{cat}}[E]_0[S]_t}{K_M + [S]_t}$$

(5)

which is solvable for k_{cat} and K_M when the steady-state approximation is valid, *i.e.*, $[E_0] \ll K_M + [S_0]$.^{74,75} In our particular setup, we will work in the initial-rate regime (when $[A]_t$ is linear with t) such that $[S]_t$ can be replaced by $[S]_0$ in eq 5.

Measuring k_i for Opt-2 and Opt-3.

Before proceeding to measure k_i , we first ensured that eq 2 describes our system. We used our assay to evaluate the conversion rates of **Opt-2** and **Opt-3** into products with PLE concentrations increasing from 2 to 16 μM (Figures S23 and S24). We expected that, if the simplified model in Figure 7B applies, these rates would eventually become indistinguishable (since **Opt-2** and **Opt-3** share a common intermediate) and stop depending on $[E]_0$. Indeed, we found that doubling PLE from 2 to 4 μM increased the rate of **Opt-2** conversion into product, whereas the rate associated with **Opt-3** did not change appreciably. Thus, already at 2 μM PLE, the rate of esterase-catalyzed hydrolysis of **Opt-3** was much faster than the rate of intermediate decay. At larger PLE concentrations, the rates of **Opt-2** and **Opt-3** conversion into product became even closer, but we noticed some fluorescence artifacts. Overall, 4 μM PLE appeared optimal for finding k_i as this condition allowed for the largest time window for fitting eq 2.

Using the optimal PLE concentration and **Opt-3**, we were equipped to measure k_i of quinone methide elimination. Upon converting the fluorescence data from four assay controls (Figure S25A) into $[P]_t$, we fitted $[P]_t$ to eq 2 (Figure 8). Our fitted k_i was $0.00325 \pm 0.00020 \text{ s}^{-1}$. The corresponding half-life ($t_{1/2}$) of the phenolic intermediate was $3.55 \pm 0.22 \text{ min}$, calculated with eq S15. Then, we plotted $[I]_t$ (eq S18), $[S]_t$ (eq S20), and $[A]_t$ (eq S25) using the determined value of k_i . As a self-consistency check, we ensured that, at the chosen t_x , $[S]_t$ was close to 0 (Figure 8), and the value of $[I]_{t_x}$ obtained from the fit was close to the one plotted (Table S2). Our measured values of k_i and $t_{1/2}$ (Figure 8) for **Opt-2** and **Opt-3** were comparable to values reported for scaffolds that release CO_2 (from carbamate fragmentation) or alcohols via quinone methide elimination.⁷⁰ Notably, the short-lived nature of this intermediate highlights the advantage of measuring rate constants with our continuous fluorescence assay rather than HPLC.

Measuring k_{cat}/K_M for PLE and Opt-2.

Once k_i was known, we applied eqs 4 and 5 and the simplified model in Figure 7C to find the k_{cat}/K_M of PLE. As a proof of concept, we decided to characterize the cleavage kinetics of **Opt-2** quantitatively because this substrate would provide an estimate of the lower limit for the k_{cat}/K_M of **Opt-3**. Qualitatively, it is possible to infer that k_{cat}/K_M of **Opt-3** $>$ k_{cat}/K_M of **Opt-2** from Figure S18 because (1) **Opt-3** and **Opt-2** transition through the same intermediate upon esterase cleavage, (2) experiments were performed under the same conditions, and (3) $[P]_t$ formation in Figure S18 is slightly faster for **Opt-3** than for **Opt-2**. Note that, when intermediates are involved, such qualitative differences are best detected in $[P]_t$ datasets that utilize $[E]_0$ values $<$ “sufficiently large” $[E]_0$.

Following the traditional Michaelis–Menten model, we measured product formation associated with PLE-mediated cleavage of various concentrations of **Opt–2** (0.8–10 μM) (Figure 9A). To apply eq 5 and satisfy the constraint that $[E]_0 \ll K_M + [S]_0$, we chose a PLE concentration of 25 nM. The initial lag phase in the resultant $[P]_t$ curves (Figure 9A) was expected because the substrate must first pass through the intermediate before getting converted into a detectable product. Using eq S25 and the measured k_1 (Figure 8), we converted $[P]_t$ into $[A]_t$ (Figure 9B). Gratifyingly, upon this transformation, the lag phase associated with $[P]_t$ disappeared, resulting in linear $[A]_t$ progress curves. Note that this change is mathematically nontrivial and sensitive to the input value of k_1 . In fact, as a self-check, we verified that significantly different values of k_1 result in the disappearance of the linear profile.

Finally, we computed the rate of change of $[A]$ for each progress curve and plotted the results as a function of $[S]_0$, producing a traditional Michaelis–Menten plot (Figure 9C). Because this plot is linear, we inferred that the K_M of **Opt–2** was $\gg 10 \mu\text{M}$. The value of k_{cat}/K_M of **Opt–2**, $(1.63 \pm 0.31) \times 10^3 \text{ M}^{-1} \text{ s}^{-1}$, was obtained from the slope of the line using eq S27. Note that, because the working range of our assay is within 240 nM–10 μM of $[S]_0$, it is challenging to measure k_{cat} and K_M separately for esterase substrates with $K_M \gg 10 \mu\text{M}$ using traditional methods. For example, fitting eq 5 to obtain k_{cat} and K_M separately requires reaching $[S]_0 \geq 10 \times K_M$,⁷⁶ and fitting the Lambert $W(x)$ function requires $[S]_0$ on the order of K_M .⁷⁷ The more complex Bayesian inference approach can accommodate virtually any combination of $[S]_0$ and $[E]_0$,^{78,60} and this approach could be used in future work to measure both k_{cat} and K_M of a substrate with our assay.

Confirming the Validity of Equation 3 and $k_1 \ll k_{\text{cat}}$ in the Large $[E]_0$ Regime.

Once we experimentally evaluated k_1 (Figure 8, $\sim 0.00325 \text{ s}^{-1}$) of **Opt–3** and **Opt–2** as well as k_{cat}/K_M (Figure 9C, $\sim 1.63 \times 10^3 \text{ M}^{-1} \text{ s}^{-1}$) of PLE and **Opt–2**, we were able to go back and verify that our $[E]_0$ (4 μM) for k_1 determination was indeed “sufficiently large” by checking the validity of the relationship in eq 3 for **Opt–2**. Because, for **Opt–2**, $K_M \gg [S]_0$ for even the largest tested $[\text{Opt–2}]_0$ (since $K_M \gg 10 \mu\text{M}$), it was easily verified that

$$[E]_0 = 4 \mu\text{M} > \frac{k_1(K_M + [S]_0)}{k_{\text{cat}}} \approx k_1 \left(\frac{k_{\text{cat}}}{K_M} \right)^{-1} \approx 2 \mu\text{M} \quad (6)$$

Further, because $K_M \gg$ “sufficiently large” $[E]_0$ (4 μM) in our experiments, $k_1 \ll k_{\text{cat}}$ can also be inferred from eq 6. Note that whereas k_1 was determined by using the $[P]_t$ curve of **Opt–3**, this curve was close to that of **Opt–2** at 4 μM $[E]_0$ (Figure S24).

Importance of a Self-Immolative Linker.

To gain insights into the fate of our esterified peptides in more translationally relevant settings, we assayed their cleavage to **Opt** by CES1, CES2, and the human intestine

S9 fraction. The results of the screening are summarized in Table 1. We found that the selectivity of CES1 mimicked that of its homologue, PLE (Figure 5A). **Opt-Et** and **Opt-1** were not cleaved under any of the tested conditions, whereas both **Opt-2** and **Opt-3** were efficiently cleaved by CES1 and CES2. Our assay also reported on the traceless cleavage of **Opt-3** in the cytosol and microsomes (S9 fraction) of the intestine, validating the utility of our approach in physiological environments.

We hypothesize that the esters in **Opt-Et** and **Opt-1** are not cleaved because these peptides are unable to bind to the active site of esterases, possibly due to sterics associated with the esterified Glu residue in the middle of the peptide sequence (Figure 2). In support of our hypothesis, 5 μM **Opt-1** does not inhibit PLE (4 μM or 25 nM) from cleaving 5 μM **Opt-3** (Figure S20). Altogether, our results suggest that self-immolative linkers connecting an exposed esterase-cleavable handle to a more hindered ester near the backbone are crucial for the design of esterified peptides with enhanced release properties.

Conclusions

We have advanced the development of peptide prodrugs in two ways. First, we reported a continuous fluorescence assay for esterase activity using an esterified peptide as a substrate. Our substrate is unique in the sense that, relative to small-molecule and nanomaterial-based esterase probes, it better recapitulates the interactions of esterases with esterified peptides. Second, we put forward the SIP kinetic model, which incorporates a first-order intermediate decay step into the traditional Michaelis–Menten model. By exploring a high and a low esterase regime of SIP, we were able to calculate, for the first time, the $k_{\text{cat}}/K_{\text{M}}$ for the esterase-catalyzed cleavage of an esterified peptide.

Our work opens the door for the rational design of esterified peptides with desirable attributes. One future direction would be to potentiate the traceless delivery of therapeutic peptides (perhaps cyclic^{79–82} or protein domain-mimetic^{83,84}) into the cytosol of live cells by esterifying them with diazo compound **3**, as **Opt-3** is efficiently cleaved by human CES1, CES2, and the S9 intestinal fraction (Table 1). Another direction would be to tune the rate of quinone methide elimination or another bioreversible (triggerable or spontaneous) self-immolative mechanism that could tracelessly release a peptidic carboxyl group.⁸⁵ As long as $k_1 \ll k_{\text{cat}}$ and eq 3 hold, our SIP kinetic model would be applicable to characterizing the decay of any intermediate by a first-order process. Our assay is also applicable to the study of other enzymes with esterase activity, including lipases, cholinesterase, paraoxonase, and even cytochrome P450.² Although we did not identify a mammalian esterase that can catalyze the hydrolysis of ester moieties in **Opt-Et** and **Opt-1**, such enzymes could exist in cells or tissues. Tuning the alcohol portion of the esters to target specific esterases (*e.g.*, intracellular human CES2 versus extracellular mouse CES1b) might be possible.^{12,13,46} Our assay could also be combined with the Bayesian inference approach^{60,78} to enable the measurement of both k_{cat} and K_{M} .

Together, our esterase assay, kinetic framework, and modular substrate create a platform for studying the release properties of esterified peptides, providing new insights for their rational design.

EXPERIMENTAL PROCEDURES

Proteins and Intestinal S9 Fraction.

Lyophilized bacteria-derived V8 protease Glu-C (product number: IBCTV8LY, 1 mg) was from Innovative Research (Novi, Michigan). Lyophilized PLE (product number: 46058-10MG-F, 50 U/mg) with lot number BCCJ5320 (lot activity result: 62.6 U/mg) was from Sigma–Aldrich (St. Louis, MO). Lyophilized human (HEK293, C-His) recombinant CES1 (product number: 30105-H08H) with specific activity >10,000 pmol/min/μg was from Sino Biological (Wayne, PA). Lyophilized human (HEK293, C-His) recombinant CES2 (product number: HY-P76192) with specific activity >20000 pmols/min/μg was from MedChemExpress (South Brunswick Township, NJ). Suspension of human intestine S9 fraction (4 mg protein/mL), phenylmethylsulfonyl fluoride-free, mixed gender, pool of 4, was from XenoTech (Kansas City, KS).

Supplies.

Low protein-binding microcentrifuge tubes (product number: 90410) from Thermo Scientific (Waltham, MA) or polymerase chain reaction (PCR) snapstrip II tubes from GeneMate were used in all manipulations with purified peptides. 96-well, half area, black, flat-bottom polystyrene nonbinding surface microplates (product number: 3993) from Corning (Corning, NY) were used in all fluorescence assays. Advantage polytetrafluoroethylene (PTFE) microspin centrifuge filters with polypropylene housing, pore size 0.2 μm, were from Analytical Sales and Services (Flanders, New Jersey). See the Supporting Information for a more extensive list of supplies.

Computational Modeling of Glu-C in Complex with a Peptide Substrate.

Molecular docking studies were performed with Autodock Vina.⁸⁶ The model Glu-C substrate (Ac-Phe-Glu-Phe-NH₂) was optimized using density functional theory at the M06–2X/6–31+g(d,p) level of theory^{87,88} with Gaussian 16.⁸⁹ The resultant atomic coordinates are listed in the Supporting Information. The optimized structure was then subjected to molecular docking into the active site of Glu-C (PDB ID 1qy6),³⁷ which was kept rigid.

Chemical Synthesis of Diazo Compounds and Peptides.

For experimental details on the synthesis and characterization of diazo compounds and peptides, see the Supporting Information.

Preparation of Stock Solutions of Glu-C, PLE, and Peptides.

A stock solution (80 μM based on a molecular weight⁹⁰ of 27 kDa) of Glu-C was prepared on ice by dissolving 1.0 mg of the enzyme in 463 μL of water. Stock solutions of PLE (typically in assay buffer, see the Supporting Information for more details) were prepared on ice by measuring their absorbance on the DS-11 UV–vis spectrophotometer from DeNovix (Wilmington, DE) and applying the Beer–Lambert law. The extinction coefficient of PLE ($\epsilon_{280\text{ nm}} = 87,000\text{ M}^{-1}\text{ cm}^{-1}$) was calculated from its amino acid sequence with the ProtParam program from Expasy (Swiss Institute of Bioinformatics).⁹¹ Stock solutions of all peptides were prepared in DMF. The concentration of stock solutions of **Std** ($\epsilon_{\text{Edans}} =$

5438 M⁻¹ cm⁻¹ at 336 nm),³⁹ **Opt** ($\epsilon_{\text{DabcyI}} = 15,100 \text{ M}^{-1} \text{ cm}^{-1}$ at 472 nm),³⁹ and esterified peptides (ϵ_{DabcyI}) were determined in 10 mM MES–HCl buffer, pH 6.0, containing Triton X-100 (0.8% w/v) and DMF (3% v/v) by measuring the absorbance of solutions with the DS-11 UV–vis spectrophotometer and applying the Beer–Lambert law. See the Supporting Information for more details.

Plate-Reader Setup for Fluorescence Measurements.

Fluorescence in relative fluorescence units (RFU) was measured with the Spark multimode microplate reader from Tecan (Männedorf, Switzerland) at 37 °C. Plates were shaken for 15 s before the first measurement. Readings were made from the top of the plate at $\lambda_{\text{ex}} = 340 \text{ nm}$ (bandwidth, 20 nm) and $\lambda_{\text{em}} = 490 \text{ nm}$ (bandwidth, 20 nm) for Edans,³⁹ typically every 20 s for continuous measurements. The sample volume in each well was 100 μL . The gain was set to 63, the z-position to 18547 μm , the settle time to 50 ms, the lag time to 0 μs , the integration time to 40 μs , the number of flashes to 30, and the mirror to “automatic” (50% mirror). See the Supporting Information for more details.

Screen of Glu-C Concentrations for Complete Cleavage of Opt.

2 \times solutions (20 μM and 2 μM) of **Opt** were prepared in 10 mM HEPES–NaOH buffer, pH 7.4, containing DMF (3% v/v) and Triton X-100 (0.8% w/v). 2 \times solutions of Glu-C (2 μM , 0.4 μM , and 0.2 μM) were prepared in the same buffer without DMF. To wells of a nonbinding 96-well plate were added aliquots (50 μL) of the 2 \times **Opt** solution. All solutions were pre-equilibrated to 37 °C for 10 min before measurements. After the indicated time, aliquots (50 μL) of the 2 \times Glu-C solutions were added to wells containing **Opt**, and fluorescence was recorded as described in the “Plate Reader Setup for Fluorescence Measurements” section above. See “Statistical Analysis: Computing Errors” for error propagation methods.

Q-TOF LC-MS Setup for Analyzing Peptide Transformations.

Due to the tendency of esterified peptides to stick to Eppendorf tubes in the absence of Triton X-100, all manipulations for LC-MS analysis involving dilutions of the peptide stock solutions in DMF were performed at 37 °C (all reagents were also pre-equilibrated to 37 °C) as this approach minimized analyte loss. Intact masses of peptides were analyzed with a Q-TOF 6530C mass spectrometer in electrospray ionization positive mode, equipped with a Poroshell 120 EC-C18 column from Agilent Technologies (Santa Clara, CA). Before analysis, samples were diluted (see the Supporting Information for details) and passed through PTFE filters. DabcyI and Edans absorbance³⁹ was monitored at 472 and 336 nm, respectively, with a 1290 Infinity II diode array detector FS (G7117A) from Agilent Technologies. The reference wavelength was set to 0. The following gradient with solvent C (100:0.1 water/formic acid) and solvent D (100:0.1 acetonitrile/formic acid) was applied for elution: 20% v/v D in C for 0–2 min, 20–80% v/v D in C for 2–17 min, and 95% v/v D in C for 17–19 min. See the Supporting Information for more details.

LC-MS Validation of Opt Cleavage by Glu-C at Glu↓Phe.

All manipulations were performed at 37 °C with prewarmed reagents. A 64 μM solution of **Opt** was prepared in 10 mM HEPES–NaOH buffer, pH 7.4, containing DMF (5% v/v). To 20 μL of the 64 μM **Opt** solution was added 16 μL of MeCN followed by 44 μL of solvent C (final MeCN concentration: 20% v/v). The diluted solution was then filtered and analyzed by Q-TOF LC-MS, as described previously. To 30 μL of the 64 μM **Opt** solution was added a aliquot (2 μL) of Glu-C (30 μM) in 10 mM HEPES–NaOH buffer, pH 7.4, and the resultant reaction mixture was incubated for 5 min on a shaker. The reaction mixture was then diluted, filtered, and analyzed by Q-TOF LC-MS, as described previously. See the Supporting Information for more details.

LC-MS Assessment of the Stability of Esterified Peptides in the Presence of Glu-C.

All manipulations were performed at 37 °C with prewarmed reagents. Solutions of **Opt-Et** (87 μM), **Opt-1** (72 μM), **Opt-2** (97 μM), and **Opt-3** (58 μM) were prepared in 10 mM HEPES–NaOH buffer, pH 7.4, containing DMF (5% v/v). To 20 μL of these solutions was added 16 μL of MeCN followed by 44 μL of solvent C (final MeCN concentration: 20% v/v). The diluted solutions were then filtered and analyzed by Q-TOF LC-MS as described previously. Next, to 30 μL of the solutions of esterified peptides were added aliquots (2 μL) of Glu-C (30 μM) in 10 mM HEPES–NaOH buffer, pH 7.4, and the resultant reaction mixtures were incubated for 5 min on a shaker. The reaction mixtures were then diluted with 25.6 μL of MeCN and 70.4 μL of solvent C (final MeCN concentration of 20% v/v), filtered, and analyzed by Q-TOF LC-MS as described previously. See the Supporting Information for more details.

Inner Filter Effect, LOD, and Fold Increase in the Fluorescence Intensity of Opt upon Cleavage by Glu-C.

For respective experimental procedures and discussion, see the Supporting Information.

Assaying Esterified Peptides for Cleavage by PLE.

2× 20 μM solutions of **Opt**, **Opt-Et**, **Opt-1**, **Opt-2**, and **Opt-3** were prepared in 10 mM HEPES–NaOH buffer, pH 7.4, containing DMF (3% v/v) and Triton X-100 (0.8% w/v). 4× solutions of PLE (8 μM) and Glu-C (4 μM) were prepared in the same buffer without DMF. To wells of a nonbinding 96-well plate were added aliquots (50 μL) of the 20 μM peptide solutions. Then, the following strips of PCR tubes were prepared: (1) strips containing 45 μL of 4× Glu-C solution, (2) strips containing 35 μL of 4× PLE solution, (3) strips containing 45 μL of reaction buffer without DMF, (4) strips containing 35 μL of 4× Glu-C solution, (5) strips containing 45 μL of reaction buffer without DMF, and (6) strips containing 35 μL of 4× PLE solution. All solutions were pre-equilibrated to 37 °C for 10 min. After the indicated time, using a multichannel pipet, 35 μL of PCR strip 1 was added to PCR strip 2, 35 μL of PCR strip 3 was added to PCR strip 4, and 35 μL of PCR strip 5 was added to PCR strip 6. Then, aliquots (50 μL) of resulting solutions of either PLE (4 μM) and Glu-C (2 μM), Glu-C alone (2 μM), or PLE alone (4 μM) were rapidly added to the 50-μL peptide solutions in the 96-well plate using a multichannel pipet. Fluorescence was recorded as described in the “Plate-Reader Setup for Fluorescence Measurements” section above. See the Supporting

Information for more experimental details and assumptions for converting fluorescence data into $[P]$, curves using eq 1. Note that F_t^{esterase} , $F_t^{\text{Glu-C}}$, F_t^{max} , and $F_t^{\text{esterase+Glu-C}}$ in eq 1 refer to blank (background buffer fluorescence) subtracted values. See “Statistical Analysis: Computing Errors” for error propagation methods.

LC-MS Detection of the Phenolic Intermediate upon Opt–2 and Opt–3 Incubation with PLE.

All manipulations were performed at 37 °C with prewarmed reagents. Solutions of **Opt–2** (40 μM) and **Opt–3** (40 μM) were prepared in 10 mM HEPES–NaOH buffer, pH 7.4, containing DMF (6% v/v). To aliquots (30 μL) of these solutions were added either an aliquot (30 μL) of PLE (8 μM) in 10 mM HEPES–NaOH buffer, pH 7.4, or an aliquot (30 μL) of buffer alone. The solutions were incubated for 0 and 4 min on a shaker. After the indicated times, 20 μL of the prepared solutions of esterified peptides were combined with 16 μL of MeCN and 44 μL of solvent C (final MeCN concentration: 20% v/v). The diluted solutions were then filtered and analyzed by Q-TOF LC-MS, as described previously. For LC-MS analysis of all esterified peptides in the presence of PLE, Glu-C, both PLE and Glu-C, or buffer alone (aqueous hydrolysis) at various time points, see the Supporting Information.

Ruling out Glu-C and PLE Inhibition by Opt–1, a Mimetic of the Phenolic Intermediate.

For experimental validation of these negative controls, see the Supporting Information.

Mathematical Primer on Finding k_i and Esterase k_{cat} and K_M .

For all equations describing the SIP model, additional derivations, formulas for computing $d[P]/dt$, $[I]$, $[S]$, and $[A]$, and proof that $k_i \ll k_{\text{cat}}$ and eq 3 are sufficient for accessing the first-order regime of the SIP model, see the Supporting Information.

Identifying a “Sufficiently Large” PLE Concentration for Evaluating k_i .

2 \times solutions (20 μM) of **Opt–2** and **Opt–3** were prepared in 10 mM HEPES–NaOH buffer, pH 7.4, containing DMF (3% v/v) and Triton X-100 (0.8% w/v). 4 \times solutions of PLE (64 μM , 32 μM , 16 μM , and 8 μM) and Glu-C (4 μM) were prepared in 10 mM HEPES–NaOH buffer, pH 7.4, containing Triton X-100 (0.8% w/v). Aliquots (50 μL) of the 2 \times peptide solutions were added to the wells of a nonbinding 96-well plate. The following strips of PCR tubes were prepared: (1) strips containing 45 μL of 4 \times Glu-C solution, and (2) strips containing 35 μL of 4 \times PLE solutions. All solutions were pre-equilibrated to 37 °C for 10 min. After the indicated time and using a multichannel pipet, 35 μL of strip (1) was added to strip (2). Then, aliquots (50 μL) of the resultant solutions (32 μM , 16 μM , 8 μM , or 4 μM of PLE and 2 μM of Glu-C) were added to peptide solutions in the 96-well plate. Fluorescence was recorded as described in the “Plate-Reader Setup for Fluorescence Measurements” section above. See “Statistical Analysis: Computing Errors” for error propagation methods.

Evaluating k_i of Opt–2 and Opt–3 Using the Optimal PLE Concentration.

The experiment described in the section “Assaying Esterified Peptides for Cleavage by PLE” was repeated with **Opt** and **Opt–3** except the final [PLE] in the assay was changed to

4 μM . The final [Opt] and [Opt-3] in the assay was 10 μM and the final [Glu-C] was 1 μM . Blank (buffer alone) subtracted fluorescence data was converted into $[P]_t$ using eq 1. See “Statistical Analysis: Computing Errors” for details on error propagation methods and statistical analysis. Using the method described in the Supporting Information section “Finding k_i as well as Intermediate and Substrate Evolution Curves”, $[P]_t$ data were fitted with Python’s `curve_fit` function (scipy library) to eq 2 with three free parameters (k_i , $[P]_\infty$, and $[I]_{t_x}$). For fitting, we selected a time window $t_x < t < t_y$, where $t_x = 250$ s and $t_y = 1500$ s and checked that the obtained value of k_i was not strongly dependent on this choice. As a further check, we ensured that, at the chosen t_x , $[S]_t$ was close to 0 (Figure 8), and the value of $[I]_{t_x}$ obtained from the fit was close to the one plotted (Table S2). For more details, see the Supporting Information. The raw datasets and Python code used for data plotting, fitting, and statistical analysis are freely available on GitHub (see “Python Code Availability Statement”).

Evaluating k_{cat}/K_M of PLE with Opt-2.

The method described in the Supporting Information section “Defining a New Term, “A”, and Finding Esterase k_{cat} and K_M ” was applied to find k_{cat}/K_M of PLE. The experiment detailed in the section “Assaying Esterified Peptides for Cleavage by PLE” was repeated with **Opt** and **Opt-2** except: (1) the final [PLE] in the assay was 25 nM and (2) instead of testing a single final 10 μM concentration of both **Opt** and **Opt-2**, a broader range of final concentrations was tested (10×0.7^0 , 10×0.7^1 , 10×0.7^2 , 10×0.7^3 , 10×0.7^4 , 10×0.7^5 , 10×0.7^6 , and 10×0.7^7 μM). Blank (buffer alone) subtracted fluorescence data was converted into $[P]_t$ using eq 1. See “Statistical Analysis: Computing Errors” for details on error propagation methods and statistical analysis. Using the previously calculated value of k_i , $[A]_t$ values were computed with eq S25. Only $[P]_t$ values $< 10\%$ of $[S]_0$ were used for computing $[A]_t$. The linearity of $[A]_t$ progress curves was sensitive to the value of k_i ($3\times$ higher and $3\times$ lower k_i values resulted in linearity loss). Using the `curve_fit` function (scipy library) in Python, $d[A]/dt$ was calculated for each $[A]_t$ versus t plot, assuming a linear fit. The resultant $d[A]/dt$ values were plotted as a function of $[S]_0$. The `curve_fit` function was once again applied to calculate the slope of the graph in Figure 9C with a linear fit to obtain k_{cat}/K_M of **Opt-2**. For more details, see the Supporting Information. The raw datasets and Python code used for data plotting, fitting, and statistical analysis are freely available on GitHub (see “Python Code Availability Statement”).

Assaying Esterified Peptides for Cleavage by Human Carboxylesterases.

Experimental protocols for assaying esterase activity of CES1, CES2, and the human intestinal S9 fraction can be found in the Supporting Information. Note that, in the case of CES1 and CES2, the final Triton X-100 concentration in the assay buffer was lowered to 0% w/v and 0.7% w/v, respectively.

Statistical Analysis: Computing Errors.

Errors were propagated using standard formulas. See the Supporting Information for additional details and strategy for error propagation on derivatives.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Abbreviations

AU	absorbance units
CES	carboxylesterase
CI	confidence interval
Dabcyl	4-(dimethylaminoazo)benzene-4-carboxylic acid
DMF	dimethylformamide
Edans	(5-((2-aminoethyl)amino)naphthalene-1-sulfonic acid)
FRET	Förster resonance energy transfer
HEPES	2-[4-(2-hydroxyethyl)piperazin-1-yl]ethanesulfonic acid
MES	2-(<i>N</i> -morpholino)ethanesulfonic acid
PCR	polymerase chain reaction, pig liver esterase
PTFE	polytetrafluoroethylene
Q-TOF	quadrupole time-of-flight
SIP	substrate → product → intermediate
LC-MS	liquid chromatography-mass spectrometry
HRMS	high resolution mass spectrometry
RFU	relative fluorescence units
SD	standard deviation

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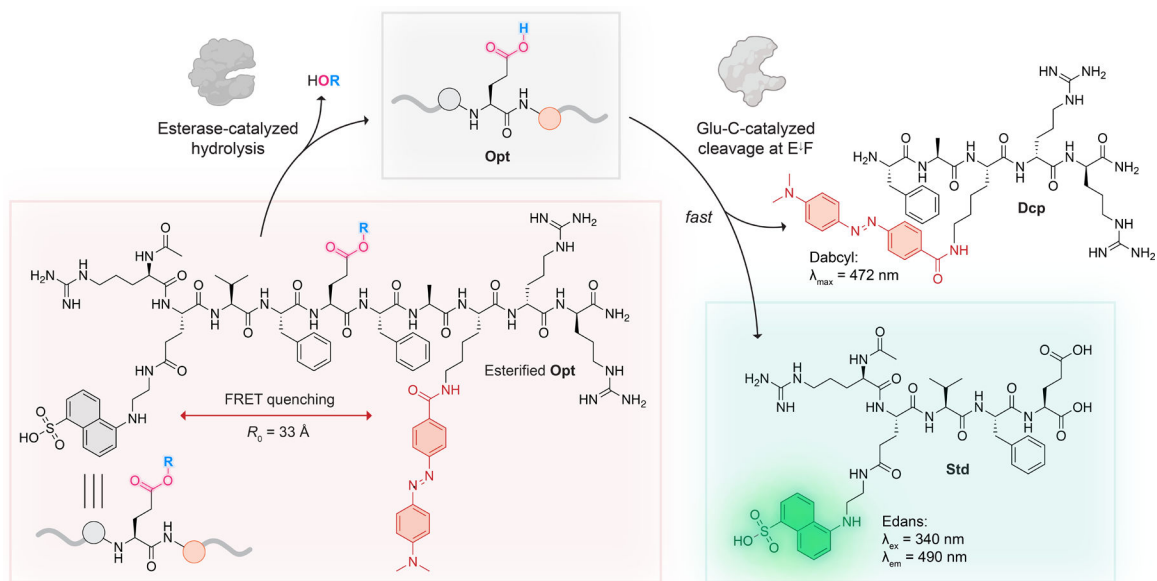


Figure 1. Basis of a continuous FRET assay for esterase activity coupled to enzyme Glu-C. R_0 refers to the Förster radius between Edans (fluorescence donor) and DabcyI (fluorescence quencher). The R group refers to either an ester formed directly with the Glu residue or a self-immolative, esterase-sensitive moiety distal from the peptide main chain (for examples of R, see Figure 3).

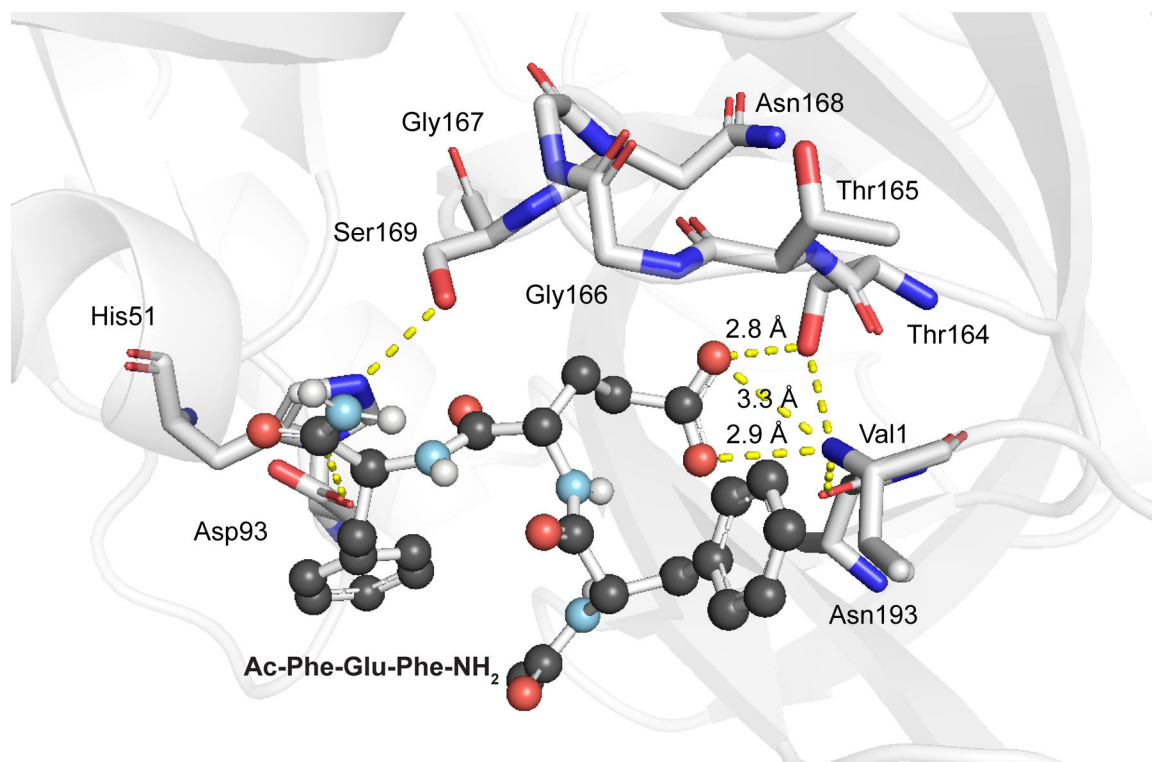


Figure 2. Computational model of a complex between Glu-C (PDB ID 1qy6)³⁷ and Ac-Phe-Glu-Phe-NH₂, which is deprotonated at the Glu residue and bound to the active site.



Reagent(s)	Conditions	Ester, R =
 30% v/v 40% v/v	30% v/v DMF rt, O/N	 Opt-Et, 33%
 1 (5.2 equiv)	52% v/v buffer ^a 48% v/v MeCN rt, O/N	 Opt-1, 57%
 2 (9.3 equiv)	33% v/v buffer ^a 67% v/v MeCN rt, 4 h	 Opt-2, 19%
 3 (7.0 equiv)	36% v/v buffer ^a 64% v/v MeCN rt, 4 h	 Opt-3, 21%

Figure 3. Conditions for the synthesis of a panel of esterified **Opt** peptides. ^a10 mM MES-HCl buffer, pH 6.0. For details on reagent concentrations, solid-phase peptide synthesis of **Opt**, synthesis of diazo compounds **1–3** based on established routes,^{26,46,55} and portionwise diazo compound addition, see Schemes S1–S8 and Figures S1–S6.

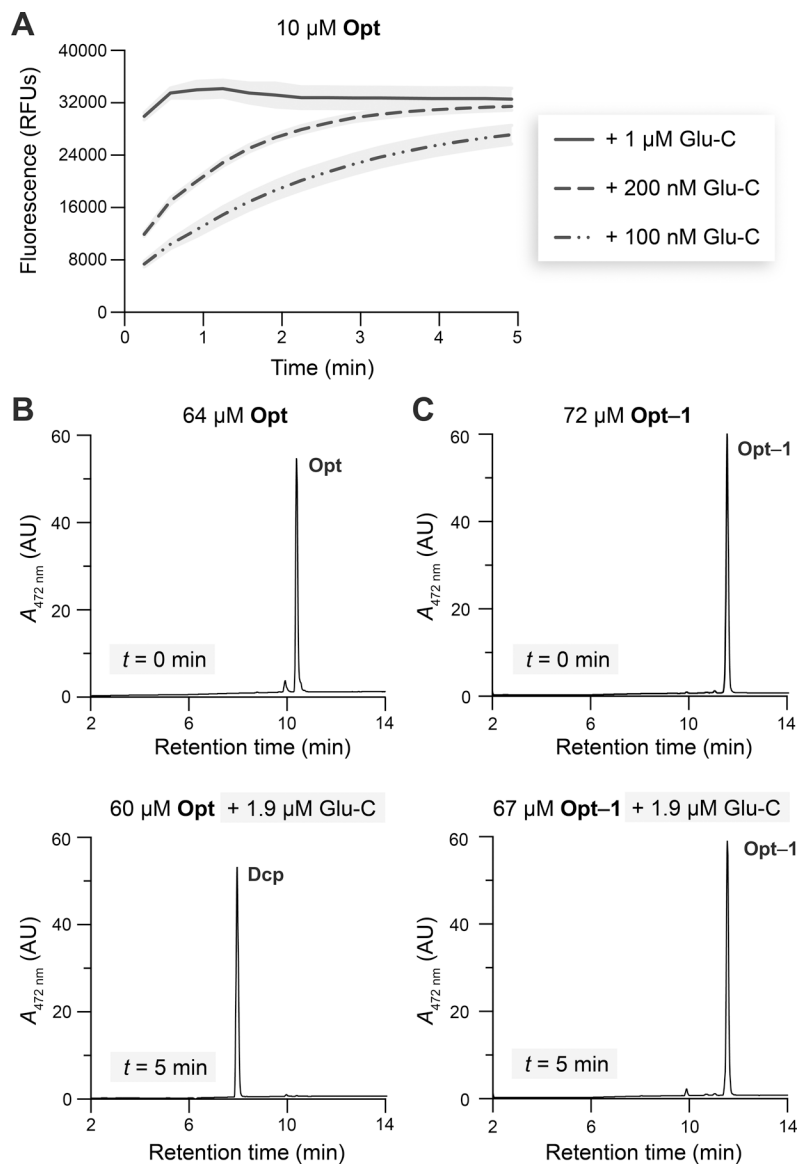
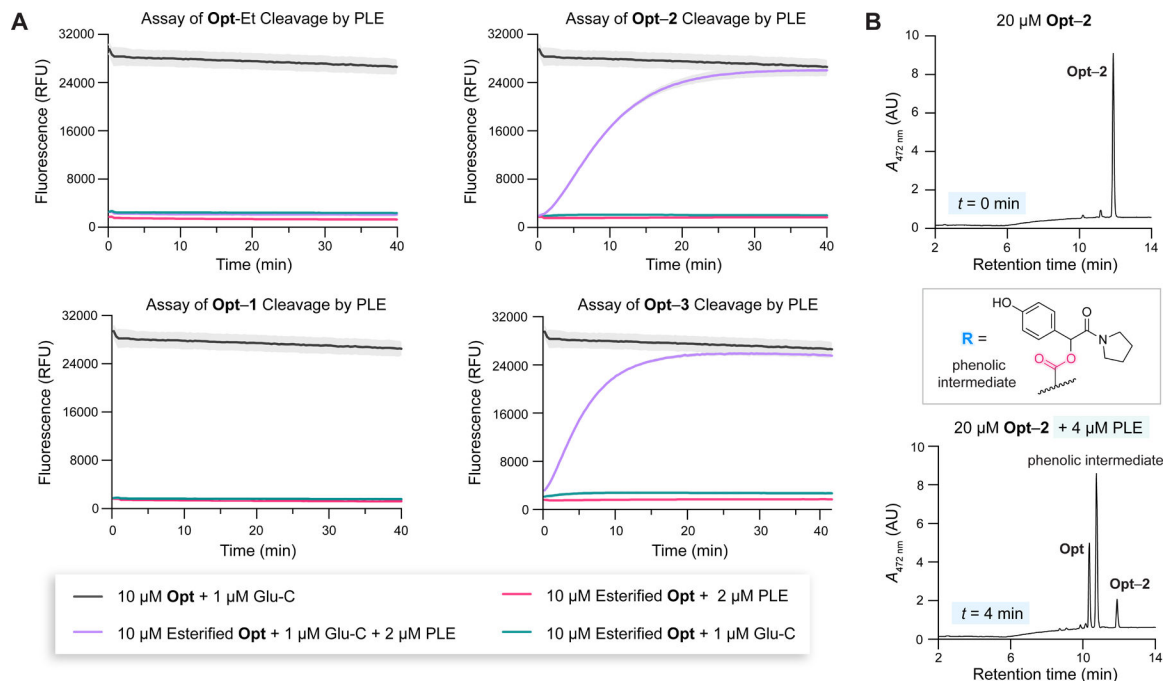


Figure 4.

(A) Fluorescence of **Opt** incubated with Glu-C. Gray areas represent the SD; $n = 2$ independent experiments, $n = 3$ technical replicates. (B) LC-MS absorbance traces of **Opt** and **Opt** incubated with Glu-C. (C) LC-MS traces of **Opt-1** and **Opt-1** incubated with Glu-C. Studies were performed in 10 mM HEPES–NaOH buffer, pH 7.4, containing DMF (1.5% v/v, assay; 5% v/v, LC-MS) and Triton X-100 (0.8% w/v, assay; 0% w/v, LC-MS) at 37 °C. See Figures S9 and S13G,H for LC-MS analyses of Glu-C incubations with all esterified peptides.

**Figure 5.**

(A) Fluorescence progress curves related to assaying PLE cleavage of esterified peptides. Gray areas represent the SD; $n = 1$ independent replicate, $n = 3$ technical replicates. (B) LC-MS absorbance traces of **Opt-2** and **Opt-2** incubated with PLE for 4 min. The R group refers to an ester formed directly with the Glu residue of **Opt**. Studies were performed in 10 mM HEPES–NaOH buffer, pH 7.4, with DMF (1.5% v/v, assay; 6% v/v, LC-MS) and Triton X-100 (0.8% w/v, assay; 0% w/v, LC-MS) at 37 °C. For LC-MS analysis of PLE incubation with all esterified peptides, see the Supporting Information.

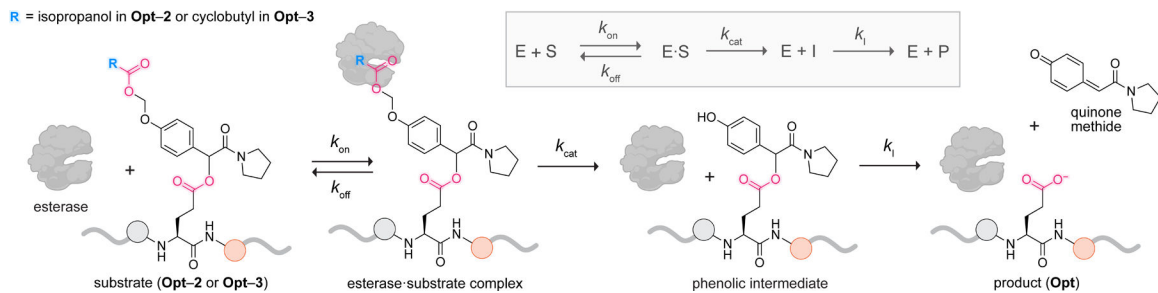


Figure 6. Substrate → intermediate → product (SIP) model that describes our system. This kinetic model is applicable when hydrolysis of a substrate by esterase (E) generates an intermediate that spontaneously converts into a product (**Opt**) via first-order kinetics (characterized by the rate constant k_1).

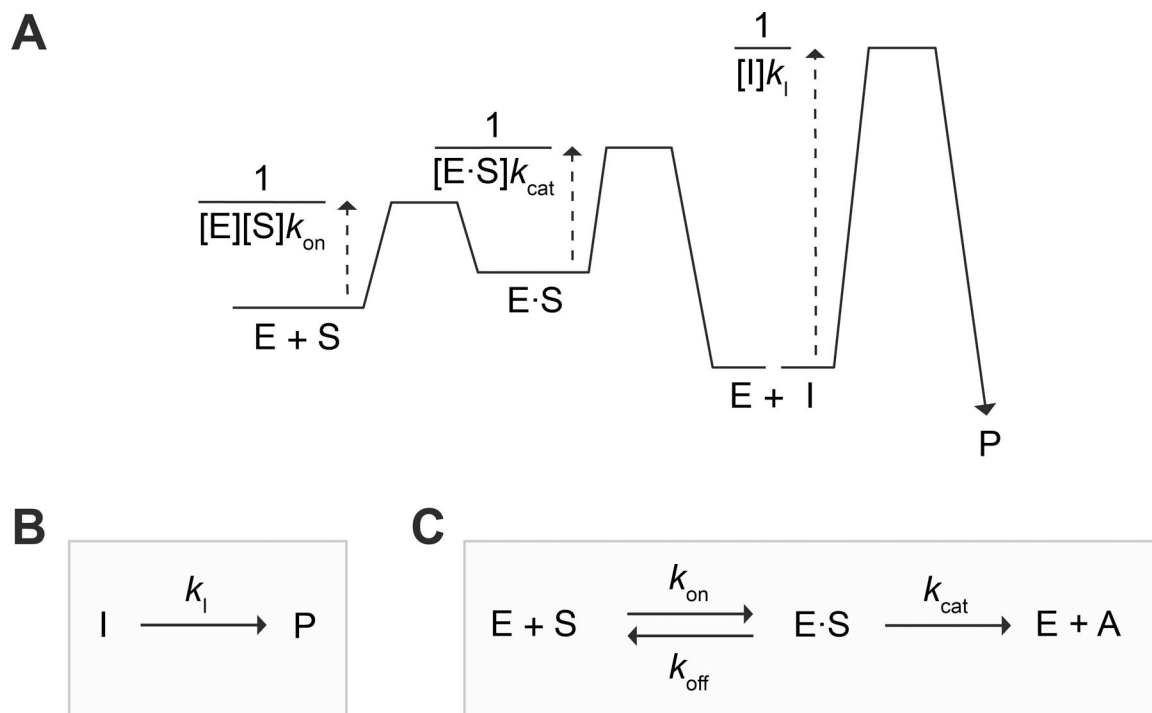
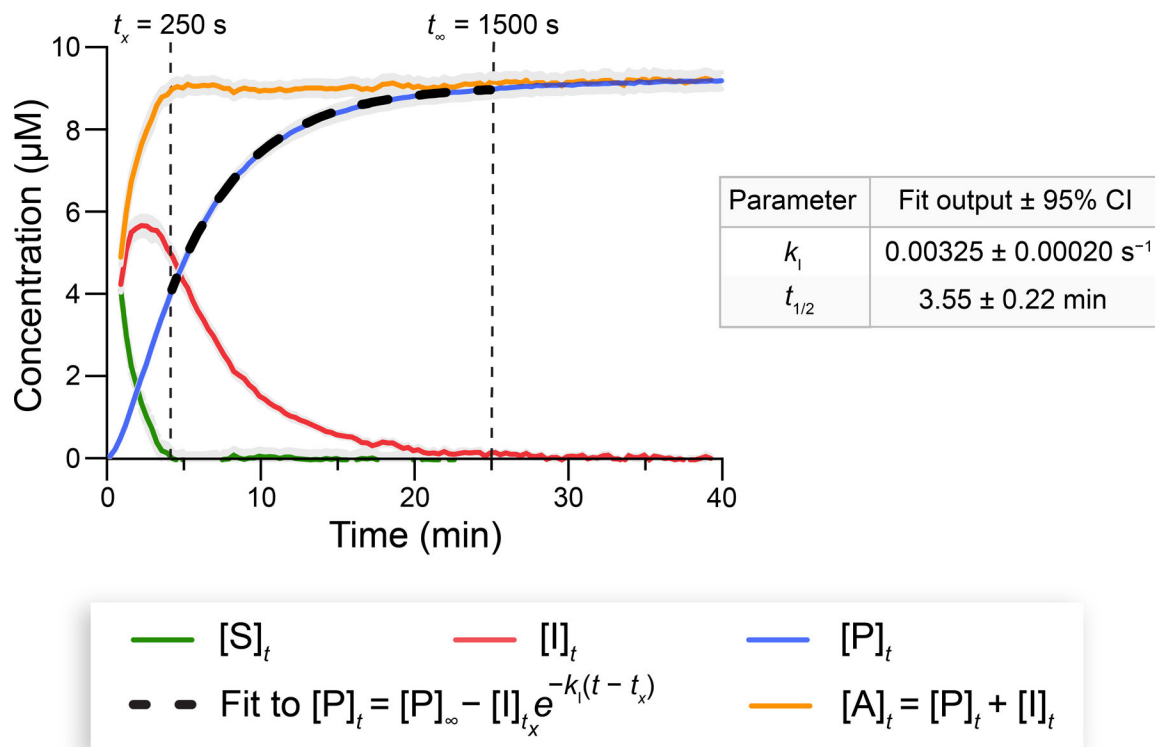


Figure 7. (A) Kinetic barrier diagram^{71,72} of the SIP model. (B) Large $[E]_0$ regime, which enables the determination of k_i . (C) Small $[E]_0$ regime, which enables the determination of k_{cat} and K_M once k_i is known. In panel C, $[A] = [I] + [P]$, as in eq 4.

**Figure 8.**

Progress curves of reaction species associated with **Opt-3** (10 μM) cleavage by PLE at 37 $^\circ\text{C}$. Fitting $[P]_t$ to eq 2 enabled the determination of the values of k_1 and $t_{1/2} = \ln 2/k_1$ ($\pm 95\%$ CI) for **Opt-2** and **Opt-3**. See Figure S25A for the corresponding fluorescence curves. The Glu-C assay was performed in 10 mM HEPES–NaOH buffer, pH 7.4, containing DMF (1.5% v/v) and Triton X-100 (0.8% w/v). Gray areas represent the SD; $n = 2$ independent replicates, $n = 3$ technical replicates. $[P]_\infty$ and $[I]_{t_x}$ fitting parameters are listed in Table S2.

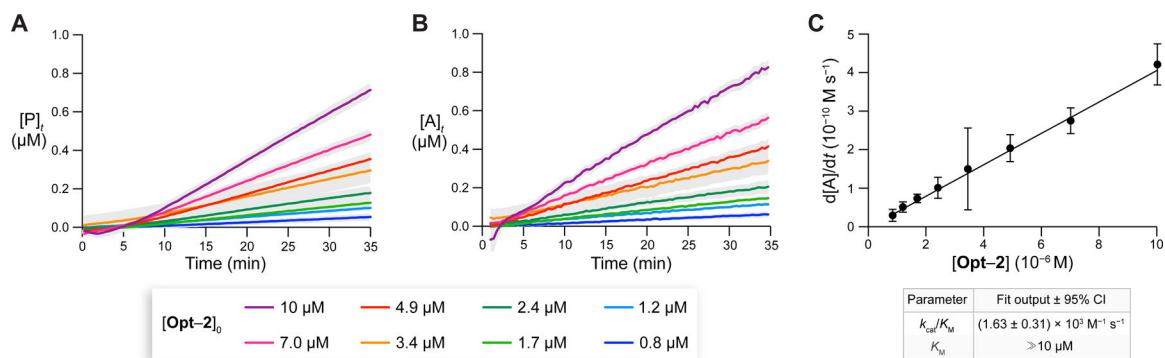


Figure 9.

(A) Time-dependence of [P] from **Opt-2** cleavage by PLE (25 nM) at 37 °C. (B) Corresponding time-dependence of [A] = [I] + [P]. (C) Michaelis–Menten plot for the initial rates of [A]_i formation as a function of [Opt-2]₀. A linear fit to eq 5 enabled the determination of the values of k_{cat}/K_M ($\pm 95\%$ CI) and a lower limit for K_M . Assays were performed in 10 mM HEPES–NaOH buffer, pH 7.4, containing DMF (1.5% v/v) and Triton X-100 (0.8% w/v). Gray areas represent the SD; $n = 2$ independent replicates, $n = 3$ technical replicates.

Table 1.Summary of Esters as Substrates for Esterases.^a

Esterase	Opt-Et	Opt-1	Opt-2	Opt-3
PLE	■	■	✓	✓
CES1	■	■	✓	✓
CES2	■	■	✓	✓
Intestine S9 fraction	■	■	■	✓

^aFor fluorescence data, see Figures 5A and S26–S28.

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