RESEARCH ARTICLE

Assessing the pharmaceutical residues as hotspots of the main rivers of Catalonia, Spain

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Received: 13 February 2024 / Accepted: 7 June 2024 © The Author(s) 2024, corrected publication 2024

Abstract

The global increase in pharmaceutical consumption, driven by factors such as aging populations and chronic diseases, has raised concerns regarding the environmental impact of pharmaceutical contaminants. Europe, and more specifcally Catalonia (Spain), exhibits high pharmaceutical consumption rates, potentially exacerbating environmental contamination. Pharmaceuticals enter rivers through various pathways, persisting after wastewater treatment plants and posing risks to aquatic organisms and human health. Llobregat and Besòs Rivers in Catalonia, crucial water sources, demonstrate detectable pharmaceutical levels, necessitating comprehensive analysis. Liquid chromatography-tandem mass spectrometry (LC–MS/MS) proves efective in detecting pharmaceutical residues, facilitating their risk assessment. This paper reviews the occurrence, fate, and risks associated with 78 pharmaceuticals and metabolite in Llobregat and Besòs Rivers, using LC–MS/MS for analysis. Understanding pharmaceutical impacts on Catalonian River ecosystems is essential for developing mitigation strategies.

Keyword Pharmaceutical residues; Risk assessment; Statistics; LC–MS/MS

Introduction

Pharmaceutical consumption is increasing worldwide due to the growing aging population, increased access to healthcare, and the rise of chronic diseases. Worldwide data indicates that pharmaceutical residues are detected in rivers across the globe, posing a problem for the environment (Wilkinson et al. [2022](#page-15-0)). However, Europe has been reported to have higher pharmaceutical consumption per capita than other continents (González Peña et al. [2021](#page-14-0)). Pharmaceuticals are emerging contaminants that have been detected in various environmental matrices, including surface water, groundwater, and soil (Samal et al. [2022\)](#page-15-1). Their presence in the environment has been associated with negative impacts

Responsible Editor: Hongwen Sun

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on aquatic organisms, such as fsh, and potential risks to human health (Schwab et al. [2005\)](#page-15-2).

According to data from the European Federation of Pharmaceutical Industries and Associations, Spain is included in the top five European countries with new medicines launched from 2016 to 2021 period (EFPIA [2022\)](#page-13-0). Moreover, in 2021, Spain had highly prescription rates than other European countries such as France, Portugal, or UK according to data from The Organization for Economic Cooperation and Development (OECD [2021](#page-14-1)). Catalonia, a region in north-eastern Spain, has one of the highest prescription rates of pharmaceuticals in the country. According to data from the Spanish Ministry of Health, Catalonia had a prescription rate of 928 doses per 1000 inhabitants in 2019, which is higher than the national average of 871 doses per 1000 inhabitants (SNS [2019\)](#page-15-3). This could be due to the region's aging population, as older individuals tend to have more health issues and require more medications, or because the region's high population density may contribute to a higher prevalence of health issues and, therefore, higher prescription rates (Gimeno-Miguel et al. [2019\)](#page-13-1).

Pharmaceuticals can enter rivers through various pathways, including excretion by humans and animals, disposal of unused medication, and release from manufacturing facil-ities (Gurgenidze and Romanovski [2023\)](#page-14-2). Despite efforts to

improve treatment processes, studies have found that many pharmaceuticals can persist through wastewater treatment plants (WWTPs) and enter the environment through effluent discharge (Adeleye et al. [2022\)](#page-13-2). Once in the environment, pharmaceuticals can pose potential risks to human and environmental health, or accumulate in aquatic organisms, disrupting hormonal balance, potentially leading to reproductive and developmental abnormalities (Hejna et al. [2022](#page-14-3)). Furthermore, pharmaceutical residues may also affect nontarget organisms, such as bacteria, algae, and invertebrates, causing imbalances in the natural ecosystem dynamics and biodiversity. In addition, pharmaceuticals can persist in the environment for long periods, potentially leading to chronic exposure and adverse efects (Narayanan et al. [2022\)](#page-14-4).

On the other hand, Llobregat and Besòs are two of the most important rivers in Catalonia. These rivers pass through highly populated and industrialized areas, which may increase the risk of contamination by various pollutants, including pharmaceuticals and play a crucial role in providing water resources to the region, including the city of Barcelona. Diferent studies have found detectable levels of pharmaceuticals in these rivers, highlighting the potential impact of human activities on water quality (Labad et al. [2023;](#page-14-5) Domínguez-García et al. [2023](#page-13-3)) and even though some studies are already published in Llobregat (Muñoz et al. [2009;](#page-14-6) Ginebreda et al. [2010\)](#page-14-7) River but very few have studied the huge number of pharmaceuticals and one metabolite present in this study (78), some of which are not even described in the literature yet.

Liquid chromatography-tandem mass spectrometry (LC–MS/MS) has been used to detect and quantify trace levels of pharmaceuticals in environmental samples. This technique has been proven to be highly sensitive and selective, making it an essential tool for the detection and quantifcation of pharmaceuticals in surface water of rivers (Gómez-Canela et al. [2021;](#page-14-8) He et al. [2022](#page-14-9); Yao et al. [2023](#page-15-4)). Furthermore, risk assessment of pharmaceuticals in surface water of rivers is critical to understanding the potential risks they pose to human health and the environment. Recent studies have highlighted the potential risks associated with exposure to pharmaceuticals, including endocrine disruption, antibiotic resistance, and chronic toxicity. Therefore, it is essential to evaluate the risks posed by pharmaceuticals in surface water of rivers to ensure the safety of human health and the environment (Sengar and Vijayanandan [2022\)](#page-15-5).

This paper aims to review the current state of knowledge on the occurrence and fate of 78 pharmaceuticals and one metabolite in surface water of diferent points in the Llobregat and Besòs Rivers which are the main contamination hotspots. It will also explore the use of LC–MS/MS for their detection and quantifcation, as well as the potential risks they pose to human health and the environment. The fndings of this study will help in understanding the impact of pharmaceuticals on the ecosystems of Catalonian rivers and provide a basis for developing efective strategies to manage and mitigate their risks.

Experimental section

Chemicals and materials

Sigma-Aldrich (St. Louis, MO, USA) provided all pharmaceutical standards of 98–99% purity. Table SI1 shows the target compounds with its anatomical therapeutic code (ATC) and its main pharmacology. HPLC grade methanol (MeOH) and acetonitrile were supplied by VWR Chemicals Prolabo (Leuven, Belgium), while ammonium hydroxide and ammonium formate came from Sigma-Aldrich (St. Louis, MO, USA). Fisher Scientifc Chemical (Bridgewater, MA, USA) supplied formic acid (HCOOH), and Panreac AppliChem (Darmstadt, Germany) supplied hydrochloric acid 37%. Finally, ultra-pure Milli-Q water was obtained through a Millipore purifcation system (Millipore, Bedford, MA, USA). To prepare stock standard solutions, a concentration of 1000 mg L^{-1} in MeOH was used, while working solutions were prepared at 10 mg L^{-1} , 1 mg L^{-1} , and 0.1 mg L−1 in 90% Milli-Q water and 10% MeOH in order to prepare the standard calibration points.

Sampling

Water samples were collected from two main rivers in Catalonia (Besòs and Llobregat) on diferent days between November 2021 and March 2022. Sampling points of both rivers were chosen for being in highly populated areas with many habitants per km^2 (hab km^{-2}) of territory or industrialized locations. The Besòs River has a length of 18 km and was divided into fve sampling points: Montmeló, Mollet del Vallès, Montcada i Reixach, Santa Coloma de Gramanet, and Sant Adrià del Besòs. Table [1](#page-2-0) displays the sampling locations, the coordinates, the flow of the river in each sampling point, the density of population, and the potential contamination that might contribute to the presence of contaminants of a nearby facility.

On the other hand, the Llobregat River has a length of 175 km and was divided into seven sampling points: Sallent, Manresa, Abrera, Martorell, Sant Vicenç dels Horts, El Prat de Llobregat, and Delta del Llobregat (see Table [1](#page-2-0)). All these areas represent hotspots of both Llobregat and Besòs basins, receiving the discharges of treated or untreated urban wastewaters via sewerage system, runoff of industrial wastes, or/and harbor activities and hospitals. Figure [1](#page-3-0) indicates the sampling points in Llobregat and Besòs Rivers via satellite.

Pretreatment, extraction, and analysis of pharmaceuticals by LC–MS/MS

To prevent the degradation of pharmaceuticals, water was collected in amber glass bottles (Vidrafoc, Barcelona, Spain) and immediately stored in the fridge. Furthermore, the extraction procedure started 1 day after the sampling campaigns. Initially, river water was fltered using 0.45 µm nylon flters (Phenomenex, Torrance, CA, USA) to remove solid particles and organic matter. The extraction method was adapted with minor modifcations from a previous publication on the characterization of 76 pharmaceuticals, including metabolites and transformation products in wastewaters (Gómez-Canela et al. [2021\)](#page-14-8).

Moreover, the instrumental analysis was performed using liquid chromatography coupled with a triple quadrupole mass spectrometer (LC–MS/MS, Xevo TQS, Acquity H-Class, Waters, Milford, CT, USA). For the chromatographic separation, a CORTECS T3 column (100 mm \times 2.1 mm, particle size 1.6 µm, Waters, Milford, CT, USA) was used. For more details, please refer to the subsection "Pretreatment and extraction of pharmaceuticals from river water and LC–MS/MS analysis*"* in the

Fig. 1 Geographical distribution of the sampling area in Besòs and Llobregat Rivers

supplementary information. One measurement per sampling point and date was performed injecting 10 µL of sample.

Quality parameters

The calibration curve range from 0.001 to 2.5 mg L^{-1} was evaluated by injecting calibration points into a solution of $H₂O/MeOH$ (90:10, v/v). To assess matrix effect (ME) and recoveries, a mixture containing the 78 target pharmaceuticals and one metabolite was added at a concentration of $4 \mu g L^{-1}$ to river water from Besòs and Llobregat being 1000 μg L⁻¹ in the final reconstitution volume (200 μL). The instrumental detection limit (IDL) was determined by analyzing the lowest standard concentration that produced a signal-to-noise ratio of 3. Meanwhile, the method detection limit (MDL) was calculated by analyzing spiked river water at 4 μ g L⁻¹ and establishing the minimum analyte concentration that resulted in a signal-to-noise ratio of 3 and a signal ratio of 10 for the quantifcation limit (LOQ). On the other hand, the ME, which can either enhance or suppress the signal due to the river matrix, was evaluated using Eq. [1](#page-3-1).

$$
ME(\%) = \frac{A - B}{C} \times 100\tag{1}
$$

where *A* represents the area of each pharmaceutical in river spiked water at 1000 µg L^{-1} , *B* represents the area of each target compound in non-spiked river water, and *C* represents the area of each pharmaceutical in the standard solution at 1000 µg L−1. Values above 100% indicate ion enhancement, while values below 100% indicate ion suppression caused by the matrix.

Statistical approach

The collected data comprises concentrations for the 78 pharmaceuticals and one metabolite studied, obtained from the three sampling dates at each of the sampling points (fve sampling points in Besòs River and seven sampling points in Llobregat River) (see Table [1\)](#page-2-0). When the best estimator for the concentration was below the limit of detection, the value was replaced with one-third of the detection limit (Fromberg et al. [2011](#page-13-4)). No further data imputations were performed.

To explore the data, boxplots were generated for each sampling point and date (McGill et al. [1978\)](#page-14-11). Additional boxplots were created to compare sampling points within each river. The distribution of concentrations for each sampling point was compared using a Kruskal–Wallis test (Kruskal and Wallis [1952](#page-14-12)). Pairwise Mann–Whitney tests were conducted to group the samples (Bergmann and Ludbrook [2000](#page-13-5)); two samples were considered in the same group if they were not distinguishable at the 5% signifcance level in the pairwise test. The same approach was applied to compare the sampling dates for each river.

The relevance of chemical in terms of risk assessment was determined by studying the distribution of concentrations. According to European Medicines Agency (EMA) guidelines (Whomsley et al. [2019](#page-15-6)), a pharmaceutical would be subject to a risk assessment if its median concentration exceeds 10 ng L^{-1} . To assess if the medians of the 78 tested substances could be considered above this threshold at the 5% signifcance level, Wilcoxon exact tests were conducted.

Additionally, the covariation of chemical concentrations was investigated using a correlogram (Friendly [2002](#page-13-6)). Pearson's product-moment correlation coefficients were employed in this analysis. In the correlogram, variables were organized based on their similarity. If distinct groups were identifed, clustering (Ward and Hook [1963](#page-15-7)) was performed to identify sets of chemicals that exhibited similar patterns exhibiting similar patterns. Hierarchical clustering, using Euclidean distance and Ward's linkage method, was applied to the logarithms of the concentrations to group the analytes. The number of clusters was determined in agreement with the Hubert index (Hubert and Arabie [1985](#page-14-13)) and validated by inspecting the resulting dendrogram (Sokal and Rohlf [1962\)](#page-15-8). The clustering results were presented in the form of boxplots.

Risk assessment

Half maximal effective concentration (EC_{50}) can be used to asses acute toxicity according to the Environmental Protection Agency (EPA 2023). EC₅₀ values were collected from literature for diferent organisms: *Daphnia magna, Danio rerio (zebrafsh)*, and Xenopus larvae which are organisms widely used for toxicological studies (Richards and Cole [2006;](#page-15-9) Martins et al. [2012](#page-14-14); Faria et al. [2021](#page-13-8)). Worst-case scenario was contemplated when different EC_{50} values were found in literature. The risk quotients (RQs) for individual pharmaceuticals surpassing EMA threshold (10 ng L^{-1}) in one or both rivers were calculated in river water for each river sampling point in Besòs and Llobregat Rivers by dividing the measured environmental concentration (MEC) by the predicted no efect concentration (PNEC) (Nika et al. [2020](#page-14-15)) using Eq. [2.](#page-4-0)

$$
RQ = \frac{MEC}{PNEC} \frac{MEC}{\left(\frac{EC_{50}}{1000}\right)}\tag{2}
$$

PNEC values can be obtained by dividing the EC_{50} by a security factor of 1000 for the scarce knowing chronic toxicity (Toma et al. [2021](#page-15-10)). Also, RQ summatory of every pharmaceutical in each sampling point was calculated.

RQ results were interpreted using the maximum probable risk for ecotoxicological efects from contaminated water applied to river water (Marcus et al. 2010) where $RQ < 1$ indicates no significant risk, values between $1 \leq RQ < 10$ indicate a small potential for adverse effects, values between 10≤RQ <100 indicate potential for adverse efects and finally, and $RQ \ge 100$ indicates huge potential for adverse effects.

Results and discussion

Mass spectral characterization

Table SI1 shows the mass spectral information of target compounds. Protonated molecular ions were observed in all cases as base peak. Fragmentation difered according to the compounds, given their very diferent chemical features, with compounds showing strong fragmentation and compounds forming very few ions.

Molecular fragmentation characterization can be visualized at Table SI2 for the new optimized compounds in this study. For the rest of pharmaceuticals, MS/MS parameters were obtained from a previous publication (Gómez-Canela et al. [2021](#page-14-8)).

Quality parameters

Table [2](#page-5-0) displays the quality parameters studied. All precursor ions were measured by positive electrospray $(ESI+)$. Linearity was assessed between 0.001 and 2.5 mg L^{-1} for the majority of pharmaceuticals. However, three diferent linearities beginning with the lowest point at 0.005, 0.025, and 0.05 mg L⁻¹ were also used for some target compounds (see Table [2](#page-5-0)). Correlation coefficients (R^2) range from 0.8911 (tiotropium) to 0.9994 (erythromycin). On the other hand, IDLs ranged from 0.0055 pg (tetracycline) to 50.3 pg (doxycycline). MDLs were between 0.20 ng L^{-1} (capecitabine) and 38 ng L−1 (guanylurea) as well as their LOQs which are ranged from 0.67 to 127 ng L^{-1} , respectively. Recovery rates vary from 10% (tamoxifen) to 161% (losartan). Recovery rates higher than 10% were considered for quantifcation as it is a method with huge variability due the diferent physicochemical properties. Finally, results of ME varied from 31% (atorvastatin) to 165% (diazepam).

Levels of pharmaceuticals in Besòs and Llobregat Rivers

Concentrations of the pharmaceuticals were calculated in both Llobregat and Besòs Rivers. Table SI3 shows the concentrations of target compounds in all sampling points studied and their dates. Furthermore, Table SI4 indicates the median values for all pharmaceuticals for all sampling dates and spots for each river. Values above 100 ng L^{-1} are candidates to be monitored because EU Watchlist regulation for surface waters is including more pharmaceuticals each year,

Table 2 Quality parameters for all 78 pharmaceuticals and one metabolite (*) studied ordered alphabetically. R^2 ; IDL (pg); MDL (ng L⁻¹); LOQ (ng L⁻¹); R.: recovery (%); ME (%)

Compound	ATC code	Linearity (ng μL^{-1})	R^2	IDL (pg)	MDL $(\text{ng } L^{-1})$	LOQ (ng L^{-1})	R (%) \pm RSD	$ME(\%)$
4-Aminoantipyrine	N02BB03	$0.001 - 2.5$	0.9946	0.236	3	9.8	36 ± 2	52
Acetaminophen	N02BE01	$0.001 - 2.5$	0.9854	0.641	\overline{c}	6.5	71 ± 5	149
Amiodarone	C01BD01	$0.001 - 2.5$	0.9932	0.279	4.6	15	$30 + 17$	45
Amitriptyline	N06AA09	$0.001 - 2.5$	0.9763	0.871	0.65	2.2	55 ± 8	95
Amoxicillin	J01CA04	$0.001 - 2.5$	0.991	2.95	3.2	11	36 ± 5	94
Amylmetacresol	R02AA03	$0.005 - 2.5$	0.9956	8.83	18	59	23 ± 2	43
Antipyrine	N02BB01	$0.001 - 2.5$	0.9772	0.279	3.7	12	82 ± 7	115
Atenolol	C07AB03	$0.001 - 2.5$	0.9976	1.16	0.63	2.1	70 ± 9	119
Atorvastatin	C10AA05	$0.001 - 2.5$	0.9991	0.89	$\mathbf{1}$	3.3	45 ± 2	31
Bicalutamide	L02BB03	$0.005 - 2.5$	0.9992	7.28	1.6	5.2	55 ± 4	133
Caffeine	N06BC01	$0.001 - 2.5$	0.9951	0.94	0.9	3	58 ± 12	77
Capecitabine	L01BC06	$0.001 - 2.5$	0.9946	0.74	$0.2\,$	0.67	44 ± 15	47
Chloroquine	P01BA01	$0.005 - 2.5$	0.9865	0.266	$\mathbf{1}$	3.4	33 ± 8	105
Chlorpheniramine	R06AB04	$0.005 - 2.5$	0.9903	0.267	20	68	$96 + 7$	67
Chlortetracycline	D06AA02	$0.001 - 2.5$	0.998	0.101	24	81	18 ± 4	89
Ciprofloxacin	J01MA02	$0.005 - 2.5$	0.9899	1.23	3.8	13	$89 + 131$	60
Citalopram	N06AB04	$0.001 - 2.5$	0.9932	0.21	0.47	1.6	49 ± 3	141
Clarithromycin	J01FA09	$0.005 - 2.5$	0.9784	0.198	0.21	0.71	68 ± 8	63
Cloperastine	R05DB21	$0.001 - 2.5$	0.9953	1.06	0.48	1.6	61 ± 14	62
Dexamethasone	H02AB02	$0.005 - 2.5$	0.9809	1.04	3.3	11	52 ± 14	143
Diazepam	N05BA01	$0.005 - 2.5$	0.993	0.458	0.72	2.4	72 ± 5	165
Diclofenac	M01AB05	$0.001 - 2.5$	0.9982	0.661	5	17	$98 + 4$	64
Diflubenzuron	QP53BC02	$0.001 - 2.5$	0.9937	0.997	3.2	11	154 ± 62	47
Donepezil	N06DA02	$0.001 - 2.5$	0.9802	0.418	0.48	1.6	51 ± 3	85
Doxycycline	J01AA02	$0.005 - 2.5$	0.9537	50.3	5.1	17	23 ± 7	31
Enrofloxacin	QJ01MA90	$0.001 - 2.5$	0.9864	0.233	0.91	3	30 ± 5	82
Erythromycin	J01FA01	$0.001 - 2.5$	0.9994	0.83	20	65	34 ± 2	47
Fenofibrate	C10BA03	$0.001 - 2.5$	0.9975	0.182	1.2	3.9	20 ± 12	69
Flumequine	J01MB07	$0.001 - 2.5$	0.9951	0.031	1.5	5	63 ± 7	64
Fluoxetine	N06AB03	$0.001 - 2.5$	0.9793	0.676	0.28	0.94	$47 + 15$	135
Fluticasone	R03BA05	$0.005 - 2.5$	0.9947	0.568	24	80	56 ± 12	48
Gabapentin	N03AX12	$0.001 - 2.5$	0.9877	0.143	1.2	$\overline{4}$	18 ± 3	46
Gemcitabine	L01BC05	$0.001 - 2.5$	0.9598	0.046	1.5	5.1	18 ± 2	63
Gemfibrozil	C10AB04	$0.001 - 2.5$	0.9877	0.917	32	108	44 ± 5	54
Guanylurea*	Metabolite	$0.001 - 2.5$	0.9376	2.31	38	127	55 ± 10	58
Hydroxichloroquine	P01BA02	$0.005 - 2.5$	0.9569	0.294	$2.2\,$	7.4	78 ± 7	114
Ibuprofen	M01AE01	$0.005 - 2.5$	0.9608	3.37	$10\,$	34	59 ± 17	75
Ifosfamide	L01AA06	$0.001 - 2.5$	0.8995	1.14	0.83	$2.8\,$	$73 + 7$	137
Levetiracetam	N03AX14	$0.001 - 2.5$	0.9904	0.167	1.3	4.2	$64 + 9$	70
Levofloxacin	J01MA12	$0.005 - 2.5$	0.987	5.52	$1.1\,$	3.7	39 ± 1	113
Lidocaine	C01BB01	$0.001 - 2.5$	0.9795	0.0557	0.28	0.92	$84 + 7$	119
Lopinivir	J05AR10	$0.001 - 2.5$	0.9908	0.292	0.46	1.5	58 ± 4	109
Losartan	C09CA01	$0.001 - 2.5$	0.9523	0.223	0.57	1.9	161 ± 25	115
Manidipine	C08CA11	$0.001 - 2.5$	0.9906	0.24	$1.2\,$	4.1	$39 + 20$	86
Megestrol	L02AB01	$0.001 - 2.5$	0.9958	0.172	$4.2\,$	14	74 ± 10	67
Memantine	N06DX01	$0.001 - 2.5$	0.9596	0.145	0.46	1.5	$48 + 36$	80
Metformin	A10BA02	$0.001 - 2.5$	0.928	0.21	6.8	23	16 ± 1	48
Mycophenolic acid	L04AA06	$0.001 - 2.5$	0.9558	0.887	$\rm 0.8$	$2.8\,$	83 ± 6	124
Naproxen	M01AE02	$0.001 - 2.5$	0.9901	0.286	\overline{c}	6.8	$59 + 21$	59

Table 2 (continued)

and 100 ng L^{-1} limit is common for most pharmaceuticals (EUR-LEX directive [2013](#page-13-9)).

In Besòs River, the pharmaceuticals that were above 100 ng L−1 (median values) were guanylurea (1640 ng L⁻¹), rasagilline (1198 ng L⁻¹), gemfibrozil (526 ng L⁻¹), naproxen (355 ng L⁻¹), metformin (272 ng L⁻¹), lidocaine (245 ng L⁻¹), tramadol (235 ng L⁻¹) memantine (235 ng L⁻¹), amylmetracresol (220 ng L⁻¹), losartan (220 ng L⁻¹), venlafaxine (212 ng L−1), ibuprofen (205 ng L−1), topiramate (194 ng L⁻¹), caffeine (193 ng L⁻¹), diclofenac (188 ng L^{-1}), norfloxacin (ng L^{-1}), and atenolol (122 ng L^{-1}) (see Table SI4).

On the other hand, in Llobregat River (median values), the pharmaceuticals were ibuprofen (1658 ng L⁻¹), guanylurea (1644 ng L⁻¹), amitriptyline (638 ng L⁻¹), acetaminophen (564 ng L⁻¹), merformin (478 ng L⁻¹), caffeine (329 ng L⁻¹), rasagilline (310 ng L⁻¹), tramadol (272 ng L⁻¹), gemfibrozil (265 ng L⁻¹), dexamethasone (235 ng L⁻¹), topiramate (189 ng L⁻¹), sulfapyridine (183 ng L⁻¹),

cloperastine (181 ng L⁻¹), gabapentin (163 ng L⁻¹), norfloxacin (144 ng L⁻¹), losartan (132 ng L⁻¹), venlafaxine (126 ng L⁻¹), naproxen (109 ng L⁻¹), and antipyrine (101 ng L^{-1}) (see Table SI4).

Comparing both rivers, they shared some pharmaceuticals with concentrations higher than 100 ng L^{-1} such as guanylurea, rasagiline, gemfobrozil, naproxen, metformin, losartan, ibuprofen, topiramate, cafeine, and norfoxacin.

Guanylurea which is a metabolite of metformin was found between 314 and 3615 ng L^{-1} in the Besòs River and 233 to 4094 ng L^{-1} in the Llobregat River. Previous studies indicate guanylurea as an extremely high concentrated compound. For example, Scheurer et al. [\(2012\)](#page-15-11), in a study about metformin and guanylurea in the environment reported levels of this metabolite in the range of 100 to 28,000 ng L−1 in Heilbronn and Krösch Rivers (Germany). Another pharmaceutical highly detected was rasagilline, used for the Parkinson disease, in a range of concentrations between 178 and 2859 ng L^{-1} in the Besòs River, and between 260 and

1930 ng L⁻¹, in the Llobregat River. Scarce information was found of rasagilline concentration in surface waters. Gómez-Canela et al. ([2021](#page-14-8)), in a study about the presence of 76 pharmaceuticals in wastewater, did not detect rasagilline. Surprisingly, the high concentrations found in the present study signifcate the urgency to monitor this contaminant. On the other hand, gemfbrozil was also found in both rivers at high concentrations. In the Besòs River, the concentrations were ranged from 196 to 2862 ng L⁻¹ and from 121 to 1968 ng L⁻¹ in the Llobregat River. Gemfibrozil which is prescribed worldwide for a treatment of high blood cholesterol has been widely detected in surface waters worldwide. Wang et al. ([2010\)](#page-15-12) reported mean values of 59.2 ng L⁻¹ of gemfbrozil in Hai River (China) in a study of occurrence and risk assessment for acidic pharmaceuticals in river waters, while Al-Ghafri et al. ([2023\)](#page-13-10) reported higher values of 500 ng L⁻¹ in surface waters in a study of zebrafish alterations caused by these pharmaceuticals. Finally, Reichert et al. ([2020](#page-15-13)), reported levels of 466 ng L⁻¹ in a study of subtropical urban rivers of Brazil (Ronda River). All these values were below the ones detected on this study which gave concentrations of 2862 or 1968 in Besòs and Llobregat Rivers, respectively, in determined sampling spots.

Moreover, naproxen was found between 50 and 1197 ng L^{-1} in Besòs River and 12 to 819 ng L^{-1} in Llobregat River. Naproxen which is a nonsteroidal anti-infammatory drug has been found at a very wide range of concentrations in river waters worldwide. Wojcieszyńska and Guzik ([2020](#page-15-14)), in a review about the occurrence of naproxen in surface waters, reported concentrations between 3 ng L^{-1} in Switzerland lakes and 753 ng L^{-1} in Poland rivers. Furthermore, Amos Sibeko et al. ([2019](#page-13-11)) reported high concentrations of naproxen (2300 ng L^{-1}) in Mbokodweni River (SouthAfrica) in a study of pharmaceuticals in river water. Metformin was found between 27 to 4576 ng L^{-1} in the Besòs River and 53 to 900 ng L^{-1} in the Llobregat River. Metformin is a widely used drug for diabetes, and its prescription has been increasing for the past years (Blackwell et al. [2022\)](#page-13-12). Briones et al. [\(2016\)](#page-13-13) indicated in a review about the global impact of metformin concentrations of this compound from 8.7 to 9240 ng L^{-1} in Michigan Lake (USA) to even the maximum ever reported in surface waters which was 20,000 ng L−1 in Tianjin (China).

Another pharmaceutical detected at high concentrations was losartan, which is used alone or together with other medicines to treat high blood pressure (hypertension). It was found between 2 and 767 ng L^{-1} in the Besòs River and between 59 and 1171 ng L^{-1} in the Llobregat River. Reque et al. ([2021\)](#page-15-15), in a study about the ecotoxicity of losartan reported that this pharmaceutical could be found in several water bodies because of its presence in infuents of WWTPs and sea waters. In this study, a maximum concentration of 1699.8 ng L⁻¹ was reported in Hudson River (USA). Ibuprofen was detected from 61 to 1150 ng L^{-1} in the Besòs River, and it was detected from 270 ng L^{-1} to 2844 in the Llobregat River. In a study of monitoring the presence of ibuprofen in Portuguese surface waters, concentrations of this pharmaceutical were reported from non-detected in some rivers to 3868 ng L⁻¹ in hospitals effluents (Paíga et al. [2013](#page-15-16)).

Topiramate was found between 24 and 960 ng L^{-1} in the Besòs River and 22 to 482 ng L^{-1} in the Llobregat River. Topiramate, which is a worldwide antiepileptic drug, has been reported at lower concentrations than the ones obtained in this study. Liu et al. ([2023\)](#page-14-17) reported levels up to 364 ng L^{-1} in Germany surface waters in a study of antiepileptic drugs in the aquatic environment. Cafeine was found between 5 and 1231 ng L^{-1} in the Besòs River and 36 to 551 ng L^{-1} in the Llobregat River. Several drugs contain a small percentage of caffeine, and therefore, it is daily consumed by millions in some drinks and food (Paíga et al. [2019\)](#page-15-17). A wide concentration range of this contaminants can be found worldwide. Li et al. ([2020](#page-14-18)), in a review about the occurrence of caffeine in the freshwater environment, reported mean levels from 36.8 ng L^{-1} in river water from Malaysia to Brazil which the highest mean concentrations found in river water (12,300 ng L^{-1}).

Finally, norfoxacin was found between 58 and 2792 ng L^{-1} in the Besòs River and 20 to 1069 ng L^{-1} in Llobregat River. Norfoxacin which is a highly used antibiotic used for bacterial infections has been reported widely at literature. India has the highest values of this pharmaceutical. Ranjan et al. ([2022\)](#page-15-18) reported levels of 250 µg L⁻¹ in a study of emerging pollutants in river waters. However, in European countries, the concentrations reported of norfoxacin were lower. Maghsodian et al. ([2022](#page-14-19)) reported values up to 544 ng L^{-1} in river waters.

Statistical approach by sampling point and date

A statistical study was conducted to discern the concentration of pharmaceuticals among sampling spots and time, highlighting the most concentrated spots and periods in both rivers. Figure [2](#page-8-0) illustrates the distribution of the concentrations of the pharmaceuticals by river, sampling point, and sampling date. Concentrations were presented on a logarithmic scale, and experimental results below LOQ were included to prevent misinterpretations. The boxplots suggested distinguishable distributions of pharmaceuticals at some sampling points.

In the Besòs River, the BSA sample exhibited the lowest pharmaceutical concentration, especially on sampling dates 1 and 2 (December 2021 and January 2022). In other Besòs sampling sites, concentrations were higher on dates 1 and 3 (December 2021 and February 2022). The Besòs River was selected in this study because it is a river with nearby

Fig. 2 Summary of pharmaceuticals concentration in each river point of Besòs and Llobregat Rivers (BSA-BSE, LLA-LLG) and the three diferent samplings dates (1–3)

industrial zones, including several pharmaceutical companies. In this study, comparing Besòs sampling points, it did not seem that there was a correlation between industrial zones and pharmaceutical concentrations. However, there was a correlation with population density, as BSA had the lowest pharmaceutical concentration and the second lowest population density among the sampling points (2198.2 hab km⁻²) (see Table [1](#page-2-0)). Moreover, the second lowest concentration point (BSC) was the one with the lowest population density (1562.2 hab km^{-2}). Notably, the sampling point with the highest concentrations was BSE, corresponding to Sant Adrià del Besòs near the river mouth with a highly density of population area. Furthermore, Besòs WWTP (see Table [1\)](#page-2-0) is nearby which can contribute to the high concentrations of some compounds found in this sampling point (Rúa-Gómez and Püttmann [2012](#page-15-19)). The pharmaceuticals with the highest levels at this sampling point (BSE) were guanylurea (8273 ng L⁻¹) in BS1E (December 2021), metformin (4576 ng L⁻¹), rasagiline (2132 ng L⁻¹), gemfibrozil (1393 ng L⁻¹), naproxen (1174 ng L⁻¹), and tramadol (1001 ng L⁻¹) in BSE3 (February 2022). The elevated concentration of guanylurea comes as no surprise, considering it is a metabolite of one of the most commonly prescribed antidiabetic drugs, metformin (Blackwell et al. [2022\)](#page-13-12). Notably, guanylurea has even found applications in certain therapies as a weight-loss agent (Yerevanian and Soukas [2019](#page-15-20)).

Additionally, the detection of high levels of rasagiline, gemfbrozil, naproxen, and tramadol is noteworthy. Rasagiline is employed in the treatment of Parkinson's disease, gemfbrozil is known for its role in reducing cholesterol levels, naproxen is a well-known painkiller (Ogbemudia et al. [2022](#page-14-20)), and tramadol is also used for pain management (Kiani et al. [2022](#page-14-21)). This diversity in pharmaceuticals and their varied applications highlights the complexity of the environmental impact of these substances, necessitating careful monitoring and assessment for potential risks to both ecological systems and human health.

These findings underscore the pressing need for the development and implementation of novel methodologies to eliminate pharmaceuticals from aquatic environments, particularly in rivers. In proximity to the sampling point (BSE), Besòs WWTP manages domestic and industrial wastewater, with treated water being discharged into the sea via submarine emissaries (AMB [n.d.](#page-13-14)).

Conversely, in the Llobregat River, the sampling point LLF exhibited the highest concentrations of target compounds. Situated in El Prat de Llobregat, a densely populated area near of two of Catalonia's most signifcant hospitals, the Catalan Institute of Oncology (ICO) and Bellvitge University Hospital, this location raises concerns. The Catalan Institute of Oncology sees approximately 3200 discharges and over 16,000 first visits annually, along with nearly 42,000 day hospital sessions and over 2500 external radiotherapy sessions (ICO [n.d.](#page-14-22)). Meanwhile, the University Hospital receives more than 37,000 new patients annually, with over 100,000 urgencies and more than 27,000 hospital day sessions (ICO [n.d.](#page-14-22)). These hospitals could contribute to the heightened concentrations observed at LLF. Comparing the concentration results of Llobregat River with the potential contaminants described in Table [1,](#page-2-0) the highly contaminated spot (LLF) is the second most populated among the Llobregat sampling points with 2070.4 hab km−2, while the least contaminated spot (LLA) had the lowest population density (104.3 hab km^{-2}). Once again, as in the Besos River, there is no clear correlation between industrial zones and pharmaceutical residues, except in LLF where the results were very high, likely due to the two nearby hospitals (Table [1\)](#page-2-0).

The highest concentrated pharmaceuticals in this point (LLF) were ibuprofen (4777 ng L^{-1}) and guanylurea (4094 ng L⁻¹) in LLF3 (March 2022), acetaminophen (3377 ng L⁻¹), tramadol (1456 ng L⁻¹) and metformin (900 ng L^{-1}) in LLF2 (February 2022) and rasagiline (1930 ng L⁻¹) and gabapentin (1110 ng L⁻¹) in LLF1 (November 2021). Here, it is emphasized the concentration of ibuprofen (Brillas [2022](#page-13-15)) and acetaminophen (Nunes et al. [2014\)](#page-14-23) which are world-wide used anti-infammatory and analgesic drugs respectively. Therefore, high concentrations of gabapentin (which is used for epileptic attacks) and losartan (reduce high arterial pressure) were found (Lin et al. [2022;](#page-14-24) Mattle et al. [2022](#page-14-25)). Despite the proximity of the oncological hospital to the sampled area, the results do not indicate an elevated presence of chemotherapy pharmaceuticals such as capecitabine, included in the present study.

To further investigate about this observed general differences, statistical tests were performed for both rivers, comparing sampling point and sampling dates. Figure [3](#page-9-0) A shows the distribution of pharmaceuticals in Besòs River. A Kruskal–Wallis test rejected the hypothesis of equivalence in medians ($p < 0.001$). Pairwise Mann–Whitney tests identifed two diferent groups; BSA median was lower than the medians in the rest of sampling sites. So, BSA was the less contaminated point in terms of pharmaceutical products. Figure [3](#page-9-0) B also shows the distribution of chemical in Besòs River per sampling date. A Kruskal–Wallis test rejects the hypothesis of equivalence in medians $(p < 0.001)$. Pairwise Mann–Whitney tests identify diferences among the three sampling dates which had an important impact in the present study being February 2022 the period with high concentration of pharmaceuticals. Figure [3](#page-9-0) C shows the distribution of chemicals in Llobregat River per sampling point. A Kruskal–Wallis test rejects the hypothesis of equivalence in medians $(p < 0.001)$. Pairwise Mann–Whitney tests indicate three groups: (1) LLA, LLB, and LLG; (2) LLD and LLE; and (3) LLF which is the point near the hospitals mentioned before. Sampling point LLC cannot tell a part neither from group (1) nor from group (2); it is however diferent than group 3. Group 3 has a higher median concentration of pollutants than groups 2 and 1. Group 2 has also a higher median concentration than group 1. Figure [3](#page-9-0) D also indicates the distribution of chemical in Llobregat River per sampling date. A Kruskal–Wallis test rejects the hypothesis of equivalence in medians $(p < 0.001)$, and pairwise Mann–Whitney tests identify diferences among the three sampling dates being March 2022 the date with most concentration of pharmaceuticals.

Secondly, the analytical data were studied looking at the outcomes for each pharmaceutical. Concentrations were compared to the EMA reference level of 10 ng L^{-1} (Whomsley et al. [2019\)](#page-15-6), and, afterwards, covariation of concentration are explored by correlational study and hierarchical clustering. Considering the chemicals which median concentration is above their LOQ, Wilcoxon tests show that 40 out of

Fig. 3 Pharmaceutical concentration in Besòs and Llobregat Rivers per sampling point in the 3 days sampled (**A** and **C**) and per sampling date in the fve and seven sampling points, respectively (**B** and **D**).

(1), (2), and (3) indicate the diferent groups generated according to the concentrations of pharmaceuticals in Besòs and Llobregat Rivers (using pairwise Mann–Whitney test)

the 78 chemical median concentrations exceed 10 ng L^{-1} in both rivers. Additionally, fve chemicals are over this limit only in Besòs and fve only in Llobregat. The study of the conjoint variations on the pharmaceuticals concentrations indicated that some chemicals have distribution patterns that are similar among them. These appear grouped in the correlogram shown in Fig. [4](#page-10-0). Therefore, a cluster analysis may help to distinguish these groups and to characterize these diferent patterns.

Hierarchical clustering of the concentrations allows to identify six different clusters of compounds. Figure [4](#page-10-0) show the results of the clusters, and Table SI4 indicates the pharmaceuticals in each cluster group. Cluster 1 corresponds to compounds which median consistently exceeds the limit of 10 ng L−1. As can be seen, the compounds of this cluster are the ones with highest concentrations in both Besòs and Llobregat Rivers which were commented at "Levels of pharmaceuticals in Besòs and Llobregat Rivers." These are compounds which can become an environmental threat and should be monitored. Cluster 2 compounds also tend to be in higher concentrations although they may occasionally show lower concentration values. Cluster 3 chemicals have also medians that commonly overpass the reference limit; however, the concentrations may be often below this limit. Concentrations are higher in Llobregat for the chemicals in this group. Cluster 4 and 5 are of less concern, and the included compounds will only occasionally be over 10 ng L^{-1} . Cluster 5 show the specifcity of grouping compound that have higher concentrations in Besòs that Llobregat. Cluster 6 compounds will just rarely reach concerning concentrations.

Risk assessment

A risk assessment was performed for pharmaceuticals with median concentration higher than 10 ng L^{-1} , in line with the threshold set by EMA for further risk evaluation (Whomsley et al. [2019\)](#page-15-6). A statistical analysis was carried out to identify pharmaceuticals signifcantly exceeding this threshold, and the median results are presented in Table SI4.

Table [3](#page-11-0) displays the EC_{50} and RQ values for pharmaceuticals in both Llobregat and Besòs Rivers, calculated from the median concentrations in each river. Individual values are available in Table SI5. All pharmaceutical exhibited RQ values below 1, indicating no potential risk to the environment. Nevertheless, amylmetacresol and chloroquine showed high values in both Besòs River (0.220 and 0.446) and Llobregat River (0.0942 and 0.591), approaching the threshold. Monitoring and further toxicological studies are warranted, particularly for guanylurea, which demonstrated very high median concentrations (1640 and 1644 ng L^{-1}) in Besòs and Llobregat Rivers, respectively. Concentrations of guanylurea in the literature have been reported at the μ g L⁻¹ level, making it a candidate for future monitoring (Scheurer et al. [2012](#page-15-11); Trautwein et al. [2014\)](#page-15-21).

The summation of RQ results for each pharmaceutical at each river point was also analyzed to assess diferences

Fig. 4 Correlogram of pharmaceuticals concentrations and results of the cluster analysis of pharmaceuticals concentrations

between sampling locations. Table [4](#page-12-0) shows the summatory of the RQ in each point of both Llobregat and Besòs Rivers. Sampling points LLA, LLB, LLC, LLD, LLG, BSA, and BSB recorded values below 0.5, signifying very low RQ, even when considering all pharmaceuticals. On the other hand, sampling points BSC, BSD, BSE, and LLE approached 1, indicating a small potential threat. Finally, LLF gave the higher value (1.20). Although it is below 10 which is the threshold for potential for adverse efects, further investigation will be needed in this point. The contribution in this point was highly caused by amylmetacresol (0.80) and chloroquine (0.09) (see Table SI6). Amylmetacresol use can be associated with winter season as it is used for throat and mouth infections (Morokutti-Kurz et al. [2017](#page-14-26)). For chloroquine, a possible hypothesis could be the increasing of consumption of this pharmaceutical due the COVID-19 pandemic in Catalonia (Vivanco-Hidalgo et al. [2021](#page-15-22)). Moreover, LLF sampling spot is near the Catalan Institute of

Oncology and Bellvitge University Hospital which may be one of the causes why the RQ is higher in this area.

Concluding remarks

High concentrations of guanylurea and metformin were detected in both rivers and nearly all sampling points, warranting further toxicity tests due to their alarming levels.

Besòs River presented signifcant diferences in median pharmaceutical concentrations of pharmaceuticals between the diferent sampling points. Additionally, notable diferences were observed among the three sampling periods (December 2021, January 2022, and February 2022), indicating clear time-dependent trends. February 2022 recorded the highest contaminant concentrations.

In Llobregat River, three distinct groups were identifed, with LLE and LLF exhibiting higher pharmaceutical presence. These points corresponded to high industrialized, and areas close to hospitals. Between the three sampling campaigns (November 2021, February 2022, and March 2022), some signifcant diferences have been reported, obtaining the highest values in March 2022.

Risk assessment highlighted the substantial environmental threat posed by one of the studied sampling points (LLF). Remediation measures should be implemented at this location, and additional samplings will be crucial to assess the broader impact of the studied pharmaceuticals. Furthermore, the efficiency of WWTPs in mitigating pharmaceutical contamination should be thoroughly investigated.

Supplementary Information The online version contains supplementary material available at<https://doi.org/10.1007/s11356-024-33967-7>.

Author contribution Pol Domínguez-García contributed to methodology, investigation, data curation, and writing and original draft preparation. Laura Fernández-Ruano contributed to data curation, formal analysis, visualization, and writing and review. Judith Báguena contributed to data curation, visualization, and writing and review. Jordi Cuadros contributed to data curation, formal analysis, visualization, and writing and review. Finally, Cristian Gómez-Canela contributed to formal analysis, resources, data curation, writing, review, editing, supervision, and funding acquisition. All the authors have read and agreed to the published version of the manuscript. The authors whose names appear on the submission have contributed sufficiently to the scientific work and therefore share collective responsibility for the results.

Funding This work was supported by the grant PID2020-113371RA-C22, funded by MCIN/AEI[/https://doi.org/10.13039/501100011033](https://doi.org/10.13039/501100011033), and TED2021-130845A-C32, funded by MCIN/AEI[/https://doi.org/](https://doi.org/10.13039/501100011033) [10.13039/501100011033](https://doi.org/10.13039/501100011033) and by the European Union Next Generation EU/PRTR.

Data availability The authors declare that the data supporting the fndings of this study are available within the paper and its Supplementary Information fles. Should any raw data fles be needed in another format, they are available from the corresponding author upon reasonable request. Source data are provided with this paper.

Declarations

Ethics approval This work has not been published previously, and it is not under consideration for publication elsewhere, and its publication is approved by all the authors. If accepted, it will not be published elsewhere in the same form, in English, or in any other language, including electronically without the written consent of the copyright-holder. The submission has been received explicitly from all the co-authors.

Consent to participate Not applicable, as there were no human participants in the study.

Consent for publication All the authors gave their explicit consent to publish the manuscript before it was uploaded to ESPR.

Competing interests The authors declare no competing interests.

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