

Premature ovarian aging in mice deficient for *Gpr3*

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Communicated by Etienne-Emile Baulieu, Collège de France, Le Kremlin-Bicêtre, France, May 9, 2005 (received for review February 14, 2005)

After becoming competent for resuming meiosis, fully developed mammalian oocytes are maintained arrested in prophase I until ovulation is triggered by the luteotropin surge. Meiotic pause has been shown to depend critically on maintenance of cAMP level in the oocyte and was recently attributed to the constitutive Gs (the heterotrimeric GTP-binding protein that activates adenylyl cyclase) signaling activity of the G protein-coupled receptor GPR3. Here we show that mice deficient for *Gpr3* are unexpectedly fertile but display progressive reduction in litter size despite stable age-independent alteration of meiotic pause. Detailed analysis of the phenotype confirms premature resumption of meiosis, *in vivo*, in about one-third of antral follicles from *Gpr3*^{-/-} females, independently of their age. In contrast, in aging mice, absence of GPR3 leads to severe reduction of fertility, which manifests by production of an increasing number of nondeveloping early embryos upon spontaneous ovulation and massive amounts of fragmented oocytes after superovulation. Severe worsening of the phenotype in older animals points to an additional role of GPR3 related to protection (or rescue) of oocytes from aging. *Gpr3*-defective mice may constitute a relevant model of premature ovarian failure due to early oocyte aging.

infertility | meiosis | cAMP | G protein-coupled receptor | fragmented oocytes

Meiosis in mammalian oocytes starts during embryonic life and pauses around birth in the diplotene stage of prophase I (1). Thereafter, oocytes are recruited continuously to reacquire meiotic competence at a follicular development stage, corresponding roughly to the appearance of the antrum (2). Meiotic arrest is maintained in competent oocytes until the luteinizing hormone surge (3), which causes ovulation and leads to progression of meiosis to metaphase II. Release from this second meiotic arrest occurs only upon fertilization (1). There is compelling evidence that concentration of cAMP in the oocyte is a key parameter for maintenance of meiotic arrest in competent oocytes (1, 4), probably via phosphorylation of specific proteins by protein kinase A (5–7). Direct implication of the balance between cAMP generation by adenylyl cyclase 3 isoform and degradation by phosphodiesterase 3 have been demonstrated (8–10). The steady-state concentration of cAMP in the oocytes is regulated by the interplay of signals originating both in follicular cells and the oocytes themselves (1, 11). Although some evidence indicates that cAMP from follicular cells can traverse gap junctions (12), several studies support the view that production of cAMP by the oocyte itself is essential to maintaining meiotic arrest. Microinjection of oocytes with antibodies neutralizing the activity of Gs (the heterotrimeric GTP-binding protein that activates adenylyl cyclase) causes meiosis resumption in intact follicles (13). Stimulation by insulin-like 3 of LGR8, a G protein-coupled receptor present in the oocyte, was shown to cause meiotic progression by activation of the inhibitory G protein Gi (14). Finally, GPR3, a G protein-coupled receptor (15) endowed with constitutive Gs signaling activity (16, 17), was recently shown to be expressed in the oocyte and to play a key role in preventing premature resumption of meiosis in antral follicles (18).

To address the physiological importance of this receptor, we generated mice lacking *Gpr3* and explored the consequences of GPR3 deficiency on reproduction. We found that, besides its contribution to meiotic arrest in antral follicles, GPR3 plays a key role in the establishment of embryonic developmental competence and maintenance of fertility in aging female mice.

Materials and Methods

Generation of *Gpr3*^{-/-} Mice. Mouse *Gpr3* was disrupted by using a gene-replacement vector that deleted the entire coding sequence (see *Supporting Text*, which is published as supporting information on the PNAS web site).

Production of Staged Embryos. For RNA extraction, all oocytes and embryos were collected from 6-week-old wild-type spontaneously cycling CD1 mice. Oocytes were obtained by hyaluronidase treatment (0.3 mg/ml) of cumulus masses the day of the vaginal plug [0.5 days postcoitus (dpc)]. Absence of follicular cells was carefully checked under a microscope. Two-cell stage embryos and morulae were collected by flushing oviducts on 1.5 and 2.5 dpc, respectively. Blastocysts were flushed from the uterus on 4 dpc. Oocytes/embryos were frozen and conserved in liquid N₂ until RNA extraction.

RT-PCR. Poly(A)⁺ RNA was extracted from 60–150 mouse embryos by using the Fast Tract RNA purification kit (Invitrogen) and reverse-transcribed with Superscript II (Invitrogen) by using oligo(dT) 12–18 primers. An equivalent of three to eight embryos was used for PCR. *Gpr3* and β -*actin* primers as well as PCR reaction parameters were as shown in Table 1, which is published as supporting information on the PNAS web site. PCR reaction products were analyzed by electrophoresis on 1.2% agarose gel stained with ethidium bromide to visualize products on a UV transilluminator. A single product of 612 and 243 bp was amplified for *Gpr3* and β -*actin* cDNAs, respectively.

Morphology. For conventional light microscopy, 6- μ m sections of 4% formaldehyde-fixed paraffin-embedded tissues were stained with haematoxylin/eosin. For immunofluorescence detection of GPR3, oocytes were fixed by using 4% paraformaldehyde PBS solution and then stored or processed in a washing blocking solution (19). The standard-labeling procedure was performed by using anti-GPR3 polyclonal antibody (diluted 1:100, Lifespan Biosciences) and FITC-conjugated donkey anti-rabbit IgG (diluted 1:200, Jackson ImmunoResearch Laboratories). Processing of oocytes/embryos for immunofluorescence detection of α -tubulin was performed as described (19) by using a monoclonal anti- α -tubulin (1:100 dilution; Sigma) followed by Alexa-fluor 488 goat anti-mouse IgG (1:200 dilution, Molecular Probes). DNA was counterstained with 1 μ M ethidium homodimer-2 (Molecular Probes) and oocytes/embryos were

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Abbreviation: GV, germinal vesicle.

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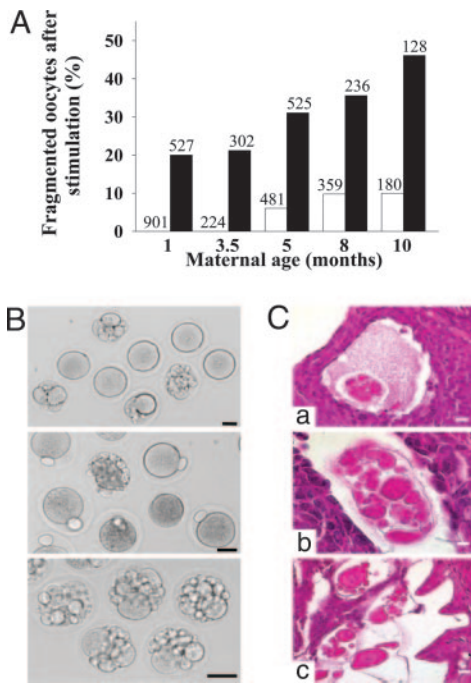


Fig. 3. Oocytes from superovulated *Gpr3^{-/-}* females display age-dependent increase in fragmentation. (A) Percentage of fragmented unfertilized oocytes collected in the ampullae of females at different ages after exogenous hormonal stimulation. Total number of oocytes analyzed is indicated above the columns (open columns, *Gpr3^{+/+}*; black columns and *Gpr3^{-/-}*, oocytes). Whereas both genotypes produced progressively more fragmented oocytes with age ($P < 0.001$), at all ages, *Gpr3^{-/-}* animals produced much more fragmented oocytes than *Gpr3^{+/+}* ($P < 0.001$). (B) Nonfertilized *Gpr3^{-/-}* oocytes observed in light microscopy by using Nomarski optics at time of harvest in the ampullae of superovulated females. Normally shaped unfertilized oocytes with or without polar body, fragmented oocytes, and oocytes exhibiting cytoplasmic condensation are observed. (Bar, 40 μm .) (C) Histology sections of *Gpr3^{-/-}* fragmented oocytes observed in follicles (a and b) and oviducts (c) after stimulation by human chorionic gonadotropin. [Bars, (a–c) 20 μm and (b) 10 μm .]

stage, implanted and developed into newborns with normal frequency. As seen for the reduction of fertility (Tables 2 and 3), the above results were independent of the genotype of the mating males (data not shown). They qualify *Gpr3* as a maternal effect gene displaying a major and increasing role in aging females and with its main impact on the zygote—two-cell transition. So far, only three maternal effect genes (*Hsf1*, *Zar1*, and *Npm2*) have been shown to have an effect at the zygote—two-cell transition (28–30). The asynchronous fragmentation of *Gpr3^{-/-}* zygotes is highly reminiscent of the *Zar1^{-/-}* and *Npm2^{-/-}* phenotypes (29, 30).

Aging *Gpr3^{-/-}* Females Display Increased Follicle-Stimulating Hormone (FSH) Levels in Serum and Shorter Estrous Cycles. Reproductive aging in the woman is associated with increased FSH levels and shorter menstrual cycle (31). As an index of ovarian function, FSH levels were assayed in serum of 8.5-month-old *Gpr3^{-/-}* and *Gpr3^{+/+}* females during diestrus. Distribution of values was significantly different between *Gpr3^{-/-}* and *Gpr3^{+/+}* animals, with the former displaying a shift toward higher values ($P < 0.001$ by Mann–Whitney test; see Fig. 5, which is published as supporting information on the PNAS web site). In the same way, we observed that *Gpr3^{-/-}* females experienced shorter estrous cycles (+/+, 5.3 days \pm 0.3; -/-, 4.3 days \pm 0.1, $P < 0.001$ by Mann–Whitney test). These data qualify *Gpr3^{-/-}* mice as a model of premature ovarian aging in women.

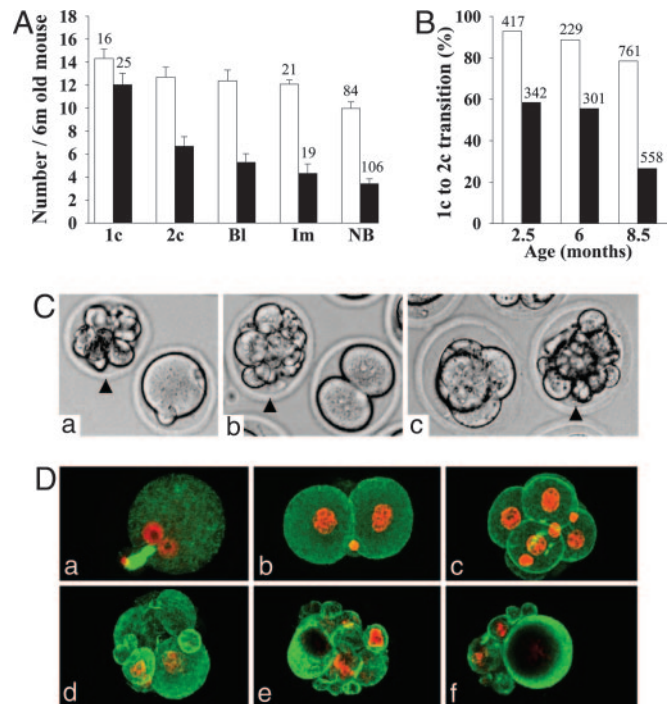


Fig. 4. Decreased fertility of aged *Gpr3^{-/-}* females is accounted for by reduction of zygote—early-embryo transition. (A) Number of zygotes produced by spontaneous ovulation (1c), embryonic preimplantation developmental capacity to the two-cell (2c) and blastocyst stages (Bl), number of implanted embryo (Im) and litter size (NB) are indicated for 6-month-old *Gpr3^{+/+}* (open columns) and *Gpr3^{-/-}* females (black columns) mated with males of the same genotype. Results are expressed as the mean \pm SEM, with the number of mothers tested indicated at the top of the columns. Transition from 1c to 2c stage was strongly decreased in *Gpr3^{-/-}* embryos ($P < 0.001$), as compared with *Gpr3^{+/+}* ($P = 0.400$), whereas the 2c-to-blastocyst transition was not significantly different for both genotypes (*Gpr3^{+/+}*, $P = 0.966$; *Gpr3^{-/-}*, $P = 0.492$). Similarly, the decrease observed between the number of implantation sites and litter size was not significantly different in the two genotypes (*Gpr3^{+/+}*, $P = 0.062$; *Gpr3^{-/-}*, $P = 0.404$). (B) The percentage of zygotes displaying progression to the two-cell stage in spontaneously ovulating females was much decreased in *Gpr3^{-/-}* animals at all maternal ages tested ($P < 0.001$), and the decrease was more important at 8.5 months of age. The total number of embryos analyzed is indicated above the columns (open columns, *Gpr3^{+/+}*; black columns and *Gpr3^{-/-}*). (C) Photomicrographs showing coexistence of normally shaped *Gpr3^{-/-}* one-cell (a), two-cell (b) and four-cell embryos (c) with *Gpr3^{-/-}* fragmented embryos (arrowheads), after spontaneous ovulation, in 6-month-old females. (D) Laser-scanning confocal microscopy of *Gpr3^{-/-}* preimplantation embryos after immunofluorescent staining for α -tubulin (green). DNA was counterstained with ethidium homodimer-2 (red). Normally shaped (a–c) and degenerated *Gpr3^{-/-}* embryos (d–f) are illustrated: (a) zygote with male and female pronuclei, each displaying a large nucleolus; only the second polar body is visible; (b) two-cell embryo; and (c) six-cell embryo. (d–f) Fragmented embryos with most of the fragments containing chromatin material.

Conclusion

Together, our results indicate that the age-related reproductive failure of *Gpr3^{-/-}* females can be fully explained by ovulation of a progressively increasing proportion of developmentally incompetent oocytes. They confirm that GPR3, probably via its ability to constitutively activate the cAMP regulatory cascade, plays an important synchronizing role during follicle development by contributing to the maintenance of meiotic arrest until the luteinizing hormone surge. However, the premature progression of *Gpr3^{-/-}* oocytes through meiosis does not account for the age-dependent decrease in fertility, because it affects only a proportion of

eggs, which remains constant throughout the life of the animals. These observations are compatible with GPR3 playing an additional role in protecting or rescuing oocytes of older females from what we propose to call “biochemical aging.” Considering the Gs signaling activity of GPR3, it is tempting to hypothesize that this effect would be mediated by PKA-dependent phosphorylation of still unknown proteins (7). Interestingly, sphingosine 1-phosphate, which has been proposed as a putative GPR3 agonist, was shown to prevent developmental death of oocytes and preserve ovarian function *in vivo* (17, 32).

Gpr3^{-/-} mice mimic, at an accelerated pace, the age-related decline of fertility in women, which manifests as a decreased monthly probability of conception, associated with increasing probability of pregnancy loss (33). In times when women

are more and more delaying childbearing, the *Gpr3*^{-/-} mouse model may become an invaluable tool for understanding the (patho)-physiology of ovarian aging in humans.

We thank L. Cuvelier, V. De Maertelaer, A. Delbaere, I. Huhtaniemi, F. Libert, P. Vanderhaeghen, and K. Van Wommel for helpful discussions and significant input and L. Nebreda for technical assistance. This study was supported by the Belgian Program of Interuniversity Poles of Attraction (IUAP/PAI P5/30), initiated by the Belgian State Prime Minister's Office, Science Policy Programming. This work was also supported by grants from the Fonds de la Recherche Scientifique Médicale and Fonds National de la Recherche Scientifique. C.L., I.D., and D.B. are “Chercheur Qualifié,” “Collaborateur Scientifique,” and “Chargé de Recherches” of the Fonds National de la Recherche Scientifique, respectively.

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